

## CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 29

WEDNESDAY, OCTOBER 4, 2017

NO. 41

INSIDE YOUR  
FORUM

## NEWS



## Day of the Dead

Explore the aspects of Day of the Dead through various forms of art

Page 2

## LIVING



## Explore Cuisine

Celebrate Columbus Day by exploring a new world of Italian cuisine

Page 5

## NEWS



## Sift the Sand

Teams of volunteers needed this Sunday to deep-clean the beach

Page 15

## INDEX

Classified Ads .....	12
Community Calendar ...	4
Crosswords .....	14
East Bay Living .....	5
Homes .....	9
Obituaries .....	14
Our Town .....	3
Seniors .....	6
Sports .....	8
Weather .....	2

PHONE: (510) 537-1792



PHOTO BY LARRY ROSA

BACK IN  
THE SWING  
OF THINGS

Ben Morrison of San Francisco (above) tees off at the first hole of Redwood Canyon Golf Course. The course is completely open now and work continues to improve the infrastructure after last winter's floods. Installation of an irrigation system (right) began last month and upgrades to buildings and equipment will take place in coming months. The number of golfers is down compared to this time last year, but staff is hoping that the warmer than usual fall weather will bring them back. **FULL STORY ON BACK PAGE.**



PHOTO BY BOB MADDOW

## ROBERTS RANCH

Bridge to New  
Crow Canyon  
DevelopmentBy Michael Singer  
CASTRO VALLEY FORUM

A massive crane lifted 102-foot long, 100,000-pound sections of a pre-fab bridge this past week, marking the beginning of a new single-family home development being built along Crow Creek in Castro Valley.

The new 21-unit development, called Roberts Ranch, sits at the end of Veronica Ave. just off Center Street.

The bridge is providing temporary access for the construction of the project, with first homes expected to be available early next year.

The entrance to Roberts Ranch will be on Crow Canyon Road. The bridge will eventually act as an emergency access point to the subdivision but it will not be available as a commute option or pass-through for residents.

The developer, Edenbridge Homes in Cupertino says the homes will range in size between 2,527 square feet and 3,066 square feet and have three layout versions with 4- and 5-bedroom options. Each home will still need individual permits from Alameda County.

The development includes 42 garage spaces and 59 on-street spaces. In addition to building the property, the developer is mandated to protect 188,000 square feet of Crow Creek and surrounding borders to the homes as well as two bioretention areas for protecting local trees and shrubs.

Initial applications for Roberts Ranch, which began back in 2007, have undergone at least two environmental impact reports. The latest report filed in 2016 found no additional conditions preventing the project from moving forward.

Marc Crawford, chairman of the Castro Valley Municipal Advisory Council, said Roberts Ranch is scaled back from its original proposal.

see **BRIDGE** on page 6

## CV Woman Aiding Puerto Rico Relief Effort

By Jim Knowles  
CASTRO VALLEY FORUM

A Castro Valley woman who's lived in the Caribbean wants to help the small island of Culebra, which is part of Puerto Rico, a United States Territory.

Kelly Marquez Johnson is of Puerto Rican descent, lived on St. Croix in the 1980s, and she visited Culebra many times. The small island, just off the main island of Puerto Rico, was devastated by both Hurricanes Irma and Maria.

All the hurricane assistance goes into Puerto Rico, but Johnson is afraid that little Culebra won't

get help until much later if at all. Johnson said she just has to do something to help the little island where people rely on tourism to make a living.

"I'm Puerto Rican and I've been going there for many years," said Johnson who was born in San Francisco. "They were hit by Irma and they were without power and then they got Maria."

She talked to a friend on the island who said people are being told to save rainwater to drink.

"They're not getting water," Johnson said. "They're saving rainwater because they don't have any other water. They're the poorest.

They don't get anything until last."

So she's trying to raise money for batteries, small flashlights, canned meat and water purification tablets. Johnson plans to collect the goods and get a flight to deliver the items herself as soon as regular air travel resumes to Puerto Rico in October.

Her friend, Guillen Pena, is a retired park policeman on the island. Today Pena runs a little water taxi and Johnson said she would trust him with anything, so she would let him distribute the items she brings. The electricity could be out for 4 to 6 months, so the restaurants and hotels will be without power. So the people will suffer without tourism,

Johnson said.

"If everyone reading donated one dollar we could be part of something fantastic," Johnson said. "We can collectively help. These are American citizens."

Johnson is contributing \$1,000 and has a goal of \$5,000 to help Culebra. She has set up a GoFundMe page for anyone who wants to contribute at [www.gofundme.com/culebra-puerto-rico-in-crisis](http://www.gofundme.com/culebra-puerto-rico-in-crisis).

Johnson asked that if anyone would like more information they can call her at 862-6555 or write to Kelly Johnson, 20885 Redwood Road, #272, Castro Valley, CA 94546.



PHOTO BY JIM KNOWLES

**Kelly Marquez Johnson is trying to help the island of Culebra, part of Puerto Rico.**



## Castro Valley Weather Oct. 4 - 8, 2017



Wednesday  
Sunny  
High 79° Low 51°



Thursday  
Sunny  
High 80° Low 53°



Friday  
Sunny  
High 83° Low 51°



Saturday  
Sunny  
High 80° Low 53°



Sunday  
Sunny  
High 82° Low 57°

### Almanac



Past Week's Rain: 00.00  
Season To Date: 00.13  
Normal To Date: 00.08  
Season Average: 21.22

### Moon Phases



Sun sets at 6:46 p.m. today, rises at 7:10 a.m. Thursday.

**Michele Markovich Antiques**  
20407 Santa Maria Ave. and 2510 San Carlos Ave.  
michele.estatesales@gmail.com

**ESTATE LIQUIDATION**  
Estate Sales & Consignments  
Cell- 882-3242

**GOT A NEWS TIP? CALL (510) 537-1792**  
OR EMAIL: fredz@ebpublishing.com

## ATTN: 4R STAR BUSINESSES

### CVSan is hosting its 4th Annual Employee Recognition Event.



On Friday, October 27th from 12:00 p.m. to 1:15 p.m. all current 4R Star businesses are invited to attend the 4th annual lunch time recognition event at CVSan offices, located at 21040 Marshall Street. **If you are a current 4R Star business, please think of which employees you would like to send to the event and RSVP by October 18th.** All employees will receive thank you gifts and a free lunch. Some will receive certificate awards as well!

To find a listing of all 4R Star businesses, please visit [www.cvsan.org/4RStarDirectory](http://www.cvsan.org/4RStarDirectory).

For more information on this event or to RSVP, please call 510-537-0757 ext. 117 or email [andrea@cvsan.org](mailto:andrea@cvsan.org).



### CASTRO VALLEY SANITARY DISTRICT

Effective Environmental Services since 1939  
510-537-0757 | [www.cvsan.org](http://www.cvsan.org)  
This ad was funded by Non-Residential Recycling



PHOTO COURTESY OF HAHS MUSEUM

This painting by Karla Lopez is one of many installations and artworks on view in the exhibition at the Hayward Area Historical Society Museum of History and Culture through Nov. 26.

## Day of the Dead Through Art

Each autumn, the Hayward Area Historical Society explores the various aspects of Day of the Dead through traditional and contemporary altars and art.

Interest in Day of the Dead has grown steadily over the years since Chicano community activists and artists introduced the celebration to California audiences in the 1970s.

The festive holiday is celebrated throughout Mexico, Central America, and much of the United States, but similar holidays exist in cultures through the world. It has become a fusion of traditional Mexican elements mixed with modern themes and materials.

This year's exhibition explores symbols and the items used or represented most often in Day of the Dead art and altars. Such items as sugar skulls, water, the arch, marigolds, candles, butterflies, papel

picado, and pan de muerto are just some of the things seen in Day of the Dead exhibitions, but it isn't always understood why they are used or what they represent.

The exhibition opened on Monday and will continue at the Hayward Area Historical Society (HAHS) Museum of History & Culture through Nov. 26.

"As a historian, I find the tradition and history of the celebration fascinating as it pertains to a particular culture," says HAHS Curator Diane Curry. "As a human, I find the meaning and beauty of the celebration captivating. As a curator, I find the exhibitions thought provoking and beautiful. As a California native with roots dating back to the Spanish and Mexican periods, I am learning about a part of my heritage."

Complementing the exhibition

are two programs.

- On Saturday, Oct. 14, families are encouraged to drop in between 10 a.m. and 1 p.m. for "History for Half Pints: Day of the Dead" where kids of all ages will have the opportunity to decorate their own sugar skulls to add their home altars. Other related crafts and activities will also be available.

- On Saturday, Oct. 28, Day of the Dead specialist Bea Carrillo Hocker will address the Pre-Hispanic concept of death as portrayed in the paintings and sculptures of Mexico's early artists.

She will discuss the impacts of Spanish Catholicism on indigenous funerary rites, and offer insights into the present-day pagantry of Day of the Dead along with the reclamation of these traditions by Mexican Americans.

Following the presentation will be a Jumping Jack Workshop where attendees will have the opportunity to create a toy similar to those sold during Day of the Dead festivals. Funding for the Day of the Dead programs is generously provided by Berty Nebenzahl and Ruth Talley.

The HAHS Museum of History & Culture, located at 22380 Foothill Blvd. in Hayward, is open 10 a.m. - 4 p.m. Wednesday through Sunday. Admission is free thanks to a grant from the Edward E. and Donna L. Martins Foundation.

For more information, please call 510-581-0223 or visit [www.HaywardAreaHistory.org](http://www.HaywardAreaHistory.org).



Law Office of  
**James D. Stein, PC**  
Attorney at Law

- Estate Planning for Individuals, Couples & Families
- Trusts & Wills
- Powers of Attorney & more

Service. Integrity. I am here for you.

**Call for a free consultation • 510-999-6054**  
[james@jdsteinlaw.com](mailto:james@jdsteinlaw.com) • [www.jdsteinlaw.com](http://www.jdsteinlaw.com)



**PATTI'S SWIM SCHOOL**

Where Swimming Happens

- Indoor Swim during Fall & Winter
- Ages 6 Months thru Adult
- Ideal for Children with Learning Differences
- Weekly and Intensive Lessons

**Sign Up Now & Save Big On Fall & Winter Lessons!**

VOTED BEST SWIM CLASSES BY BAY AREA PARENTS & PARENTS' PRESS

**TAKE ADVANTAGE OF OUR MORNING DISCOUNTS!**  
(Classes before 1:00 p.m.)

**We Have Taught Over 50,000 Individuals To Swim!**

**(510) 331-6610**  
4621 JAMES AVE. • CASTRO VALLEY • (OFF REDWOOD ROAD)  
[WWW.PATTISWIMSCHOOL.COM](http://WWW.PATTISWIMSCHOOL.COM)

## CROSSWORD PUZZLE ANSWERS

B	I	N	S	P	O	T	L	A	M	P
E	T	A	L	R	A	H	E	L	A	L
E	L	S	I	N	O	R	E	O	B	I
P	L	A	N	E	S	M	A	N	A	N
U	M	P	G	A	P	E	P	I	C	
F	A	I	R	R	A	P	E	R	I	E
O	W	N	E	D	D	A	Y	E	A	R
A	S	I	F	T	O	E				
R	E	F	U	S	E	T	H	I	R	T
A	T	O	M	T	H	E	O	D	O	R
S	U	R	E	C	U	R	E	L	U	L
P	I	E	D	H	E	N	R	E	E	L



## CV Parent University Is Oct. 21

By Linette Escobar  
SPECIAL TO THE FORUM

As a parent there are so many things to keep up on, from the latest social media apps kids obsess over, to the newest ways to approach math homework.

This is on top of the old challenges like having the "big talks" and just getting everyone out of the house with shoes on.

If there are times when you wish you had a few more tools in the parenting tool kit, mark your calendar and register now for Parent University. This year's annual event is Saturday, Oct. 21 from 8 a.m. to 12:30 p.m. at Castro Valley Adult & Career Education.

Parent University is a morning of informative workshops, inspiring conversations, and resources for parents, guardians and grandparents. This year, it will have 30 percent more workshop choices, based on participant feedback asking for even more information.

There are three different sessions with a variety of helpful information for all stages of parenting, whether you have a child in pre-school up to one about to finish high school.

Do you want tips on keeping your kids safe? A variety of workshops are available on helping  
*see UNIVERSITY on page 8*



PHOTO COURTESY OF TERESA VAZ GOODFELLOW

## CVHS Teachers' Birthday Reunion

Many Castro Valley residents may recall two former Castro Valley High School teachers, Ida Wheeler, on the left, who taught German, and Clementina Vaz, P.E. teacher and counselor. Both women taught at Hayward High before being transferred to CVHS in 1956 to open the doors to the brand new high school. Though long retired, both women spent decades teaching and enlightening countless students. In August, on the occasion of Clementina's 96th birthday, she flew in from Phoenix to celebrate with family and friends. Clementina had one wish – to see her dear friend Ida, who at 102, was also eager to see her friend of 61 years for an afternoon of reminiscing, laughing and hugging.

## SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



### Drug Paraphernalia

Sunday, October 1: at 8:30 p.m., Sheriff's deputies arrested a 33-year-old man from San Leandro on suspicion of possession of illegal drug paraphernalia. The man was traveling on Redwood Road near Redwood Court when deputies approached him for questioning and discovered his stash. Deputies handcuffed the man and took him into custody.

### Driving Without Interlock

Sunday, October 1: at 1:54 a.m., a 30-year-old man from Castro Valley was arrested on suspicion of driving without an interlock device that checks a person's breath for alcohol content. The man also was wanted as part of a warrant issued for his capture. Deputies pulled the man over on Castro Valley Boulevard near Redwood Road after running a license plate check. The man was handcuffed and taken to Santa Rita Jail pending \$5,000 in bail.

### Family Assault

Sunday, October 1: at 1:54 a.m., a 911 call about a loud and aggressive-sounding argument sent deputies to a home on East Castro Valley Boulevard near Five Canyons Parkway. There, they arrested a 30-year-old woman from Castro Valley on suspicion of assaulting a family member. The woman was also wanted as part of a warrant

issued for her capture. Deputies took the woman to Santa Rita Jail pending \$50,000 in bail. The victim was treated at the scene.

### Spousal Battery

Thursday, September 28: at 2:19 a.m., deputies arrested a 51-year-old man with no permanent address on suspicion of spousal battery. The man and his wife were hanging outside a gas station on Grove Way near Center Street when the two got into a large fight. Deputies arrived on the scene after the station attendant called for help. The man was handcuffed and taken into custody. The victim was treated at the scene.

### Carjacking Suspect Arrested

Friday, September 29: at 11:56 a.m., a 29-year-old man who refused to give an address was arrested on suspicion of carjacking, robbery, resisting arrest, driving while under the influence of alcohol and violating the terms of his parole. Deputies pulled the man over on Jamison Way near Redwood Road following a check of his license. The man was previ-

ously wanted as part of a warrant issued for his arrest. Deputies took the man to Santa Rita Jail pending \$160,000 in bail.

### Dangerous Weapons

Friday, September 29: at 10:28 a.m., deputies arrested a 31-year-old man with no permanent address on suspicion of illegal possession of a syringe, brass knuckles, and burglar tools. The man previously served time, making each one of these items illegal for him to carry. Deputies stopped the man for questioning in front of a business on the Boulevard near Baker Road when they discovered his contraband. The man was handcuffed and taken into custody.

### Methamphetamine Possession

Tuesday, September 26: at 9:09 p.m., a 37-year-old man from Castro Valley was arrested on suspicion of methamphetamine drugs and illegal drug paraphernalia. The man had previously been charged with possession of the drug prompting a warrant for his arrest. Deputies caught up with the  
*see REPORTS on back page*

## CV Garage Fire Extinguished

A one-alarm fire damaged the garage of a home in the 21700 block of Gail Drive in Castro Valley Thursday night. The Alameda

County Fire Department responded at about 11:30 p.m. and quickly extinguished the blaze. There were no injuries.

### Village Barber Shop

Made In The U.S.A  
An Old Fashioned Barber Shop

In The Village Shopping Center  
3372 Village Dr., Castro Valley  
881-9555  
Just Walk In

Open: Tuesday-Friday 9am - 5:30pm  
Saturday 8am - 4pm  
www.villagebarbershop.com

### HAPPY FALL!

#### Lovewell Team

(#00689931 & #01912817)

"Lovewell Team" is a dynamic, award-winning Real Estate team

Call 510-351-5555 or visit us at [www.Lovewellteam.com](http://www.Lovewellteam.com)  
— A team you can love and trust —  
Re/Max Accord Castro Valley

### Alan D. West

#### Attorney at Law

Specializing in Estate Planning

#### LIVING TRUSTS

...Avoid probate  
...Eliminate or significantly reduce estate taxes

## 510-889-6692

19992 Redwood Rd., Castro Valley, CA 94546

## Sofa & Love Seat Sale!

NOW ONLY \$749 BOTH PIECES

Available in 9 colors, 8 different ways and 72 combinations

**ASHLEY**  
FURNITURE INDUSTRIES, INC.

"Make your house a Dupree's home"

### Dupree's FURNITURE

EASY LAYAWAY & FINANCING AVAILABLE

43 Years Experience  
1900 E. 14th St. • San Leandro  
357-3000

www.Duprees-Furniture.com

OPEN MONDAY-FRIDAY 10AM-6PM • SATURDAY 10AM-5PM • CLOSED SUNDAY

### World Famous TURF CLUB

Hayward, California

## Live Music

### Karaoke

MON & WED 8PM

## Game Night

EVERY TUES 4PM

## DJ Music

FRI 10PM & SAT 9PM

### The Mark Banning Band

8PM, FRI, OCT 6

### Touch of Class

6PM, SAT, OCT 7

### BLUES JAM

### Alvon Johnson

3PM, SUN, OCT 8

Student I.D. Discounts • [WorldFamousTurfClub.com](http://WorldFamousTurfClub.com)  
22519 Main St, Hayward 510.881.9877

## CARPET REMNANT SALE!

50¢ Per sq. ft.

Bring samples of damaged rug area to match for repairs.

100's to choose from!

## WORLEY'S

### Home Design Center

"The One-Stop Decorating Store Since 1952"

• Flooring • Window Coverings • Upholstery

582-6400 • 2751 Castro Valley Blvd., Castro Valley  
[www.Worleyshdc.com](http://www.Worleyshdc.com)



## The Week Ahead

*Please Note: The Community Calendar is for publicizing the activities of non-profit organizations, local government agencies, charities and community groups. It is not intended to be used for the advertising of commercial events, whether admission is charged or free.*

*Items for the Community Calendar must be received by 6 p.m. Friday for inclusion in the following Wednesday's newspaper. Please send information in an email or doc attachment to: fredz@ebpublishing.com. We cannot use flyers or posters.*

### ● Wednesday-Saturday, Oct. 4-7: Home Craft Fair

Visit the Home Craft Fair today through Saturday at 1608 Via Sarita in San Lorenzo (follow signs on Bockman Road). Hours are 11-4 today, 10-6 tomorrow and Friday, and 10-4 on Saturday.

### ● Thursday, October 5: Parkinson's Support Group

Nutritional Biochemistry Specialist Steve Blake will be speaker at the next meeting of the San Leandro Parkinson's Support Group at 10 a.m. tomorrow at the San Lorenzo Community Church at 945 Paseo Grande. For information, call Lona White at 510-276-3119.

## CASTRO VALLEY FORUM

ESTABLISHED: 1989 • CIRCULATION 22,500

© 2017 EASTBAY PUBLISHING CORPORATION - ALL RIGHTS RESERVED

Published every Wednesday by EastBay Publishing Corp.  
2060 Washington Ave., San Leandro, CA 94577  
Corporate Address: P.O. Box 2897, Alameda, CA 94501  
Tel: 510-537-1792 • Fax: 510-814-9691

Fred Zehnder, Editor & Publisher  
fredz@ebpublishing.com

Howard Morrison, Assoc. Publisher  
howardm@ebpublishing.com

Helen Burkett, Advertising Design Mgr.  
helenb@ebpublishing.com

Moxie Morrison, Layout Design  
moxmore@yahoo.com

Claudette E. Morrison, Business Mgr.  
cm@ebpublishing.com

Patrick Vадnais, Classified Ads / Obituaries  
patrickv@ebpublishing.com

Mary Florence, Advertising Sales  
861-3270 Mpominville4582@aol.com

Linda Nakhai, Advertising Sales  
915-1513 lnakhai@comcast.net

Larry Rosa, Photo Editor  
larryrosaphoto@gmail.com

Amy Sylvestri, News  
amys@ebpublishing.com  
510-614-1561

Jim Carrizo, Sports  
jimcvsports@gmail.com  
510-967-3759

Reporters & Writers:

Linda Sandsmark

Michael Singer

Gene Osofsky

Carl Medford

Terry Liebowitz

Linette Escobar

### COLUMBUS DAY SCHEDULES

Monday, October 9, 2017

#### Government Operations

All Federal offices, except for emergency services, will be closed. State, county and city offices will be open.

#### Business Offices

Some banks will be closed. Stock exchanges will be open. Most business offices, including the Forum, will be open.

#### Stores & Restaurants

Nearly all will operate on a normal schedule.

#### Public Transportation

BART and AC buses will operate on a normal schedule.

#### Garbage Collection

Waste Management garbage pickup will operate as normal. Castro Valley Sanitary District offices will be open. Call 510-537-0757 with questions or for sewer emergencies.

### ● Friday, October 6: Eden Area Village

To learn about the virtual village of members and volunteers helping seniors remain active and engaged in the community, attend the next monthly informational meeting of Eden Area Village at 2 p.m. this Friday at Hayward City Hall (check at desk for room number). For more info, visit edenareavillage.org

### ● Saturday, October 7: Homework Volunteers' Orientation

Castro Valley Library is looking for dedicated and enthusiastic High School student volunteers, just a few hours a week, for its after-school Homework Assistance Center. Sign up for hours on Mondays, Tuesdays, Wednesdays, and Thursdays from 3:30 to 5:00 p.m. and help students tackle their homework, gain valuable experience, and have fun. An orientation for volunteers will be held at 11 a.m. this Saturday at the library. Call Nathan Silva at 510-608-1141 for more information, or stop by the library. Please be sure to bring a completed and signed Homework Center Volunteer application to the orientation.

### ● Saturday, October 7: Indoor Fall Flea Market

The Aitken Senior and Community Center at 17800 Redwood Road in Castro Valley will hold its annual Big Fall Flea Market from 9 a.m. to 1 p.m. this Saturday with more than 55 vendors selling one-of-a-kind items and unique treasures, plus a snack bar and bake sale with homemade goodies. This free event is rain or shine and takes place indoors. For more information, call 510-881-6738.

### ● Saturday, October 7: Intro to Tarot Board Game

Got a nagging issue? Join mystic Amber Jayanti, founder of the International School for Tarot & Qabalah Study, to play this fun-filled, educational tarot board game designed to open participants to problem solving and the basics of Qabalistic Tarot's Ageless Wisdom from 2 to 5 p.m. this Saturday at the Castro Valley Library. Beginners only, group size limited to nine.

### ● Sunday, October 8: Tri-Valley Cultural Jews Sukkot

Tri-Valley Cultural Jews will be building and raising a sukkah from 10:30 a.m. to 12:30 p.m. this Sunday at 19663 Fremery Court in Castro Valley. Enjoy a potluck brunch and activities for adults and kids. Bring a branch for the roof of the sukkah, a potluck brunch dish to share and a fruit to hang from the sukkah. Suggested donation for non-members is \$10 per adult.

### ● Sunday, October 8: Shir Ami Tot Talk Program

Congregation Shir Ami invites you to its free monthly Tot Talk program for children up to 5 years old and their parents/caregivers. Learn a little bit about being Jewish, socialize, and have fun from 11:30 a.m. to 12:30 p.m. this Sunday at 4529 Malabar Ave. in Castro Valley (off Redwood Road). We will get to play in and decorate our cozy tot sized Sukkah. RSVP to bonnie@congshirami.org if you'd like to attend. Visit www.congshirami.org or www.facebook.com/CongShirAmi for more information.

### ● Monday, October 9: Charity Bingo Luncheon

The Eagles Eden Auxiliary at 21406 Foothill Blvd., Hayward will hold a bingo luncheon (meatloaf, mashed potatoes & gravy, vegetables, beverage) Oct. 9 to benefit the Alameda County Food Bank. A donation of \$8 includes a bingo card. For info, call Glenda at 510-584-1568.

### ● Tuesday, October 10: Prostate Support Group Meeting

Prostate World, a support group for men and their significant others, holds meetings every second Tuesday of the month from 6:30 to 8 p.m. at St. Rose Hospital, Pavilion Room B, at 27190 Calaroga Ave. in Hayward. Guest speakers present the latest information on prostate cancer. For more information, email prostateworld@comcast.net or call Lonnie Silva at 510-783-5121.

### ● Tuesday & Wednesday, Oct. 10-11: Free Flu Shots

Free flu shots and screenings will be available to everyone ages 7 and above next Tuesday and Wednesday under the large white tent at St. Rose Hospital, 27200 Calaroga Ave. in Hayward, from 4 to 7 p.m. both days. The vaccinations are not available for pregnant women or those who have had allergic reactions. The Wednesday opportunity will occur during the Hayward Chamber of Commerce Business Expo at the same location.

### ● Thursday, October 12: School Board Meeting

The Castro Valley Board of Education will hold a regular open meeting beginning at 7 p.m. on Oct. 12 at the School District Headquarters, 4400 Alma Avenue. The complete agenda and board packet will be available on Oct. 9 at bit.ly/CVUSDBoardMeetings

### ● Friday, October 13: Hope Flight Foundation Dinner

The Hope Flight Foundation, which provides free medical flights for children with cancer and other life-threatening illnesses, will hold its 12th Year Anniversary buffet-style dinner of rice, beans, chips/salsa, bar, and fountain drinks from 5 to 9 p.m. Oct. 13 at Los Pericos Restaurant, 24369 Southland Drive in Hayward. First 20 guests receive a Hope Flight gift. For tickets or info, visit www.HopeFlightFoundation.org

### ● Saturday, October 14: Hearing Loss Association Meeting

Dr. Troy Cascia, UCSF Audiology Clinic, will speak on the Neuro-monics therapy for tinnitus (ringing in the ears), discussing the causes and tip to minimize the impact of tinnitus on one's quality of life. Refreshments at 9:30 a.m.; program at 10, at the Oakland Kaiser Permanente Hospital, Fabiola Bldg., 3801 Howe St., Lower Level, Room G26. Park free on Saturday in garage across Howe. Email: athos.artist@att.net or call Kay at 510/886-4717.

## Arts & Entertainment

### THEATRICAL & MUSICAL PERFORMANCES

● **"The Addams Family,"** a magnificently macabre musical comedy, will be presented by Chanticleers Theatre, opening Friday, Oct. 6 with the traditional complimentary hors d'oeuvres, desserts and beverage gala. In the kooky, upside-down world of the Addams Family, a grave crisis is brewing. It is every father's worst nightmare but in reverse. Curtain time for Friday and Saturday evenings is 8 p.m., and Sunday matinees start at 2 p.m. through Nov. 5 (no show on Oct. 8). For tickets (general-\$25, seniors and students-\$20, bargain night Oct. 7-\$18), call (510) seelive (733-5483) or visit chanticleers.org. Chanticleers is in Castro Valley Community Park at 3583 Quail Avenue.

### AT THE GALLERIES

● **Free Botanical Watercolor Demonstration** will be presented by Kate Hardwig from 2 to 4 p.m. on Saturday, Oct. 14 at the Adobe Art Center's Redwood Studio 1 at 20395 San Miguel Ave. in Castro Valley. Botanical artists are interested in creating paintings that are scientifically accurate and also have an artistic component, according to Hardwig who says "the little details count." She will show how she uses ink and watercolor to produce highly detailed works.

● **"Celebrate Women,"** an exhibit featuring the works of 50 artists from the members of Nor Cal Pen Women, will be on display Oct. 2 to Nov. 17 at the John O'Lague Galleria, Hayward City Hall, 777 B Street, sponsored by the Hayward Arts Council. An artists' reception will be held this Friday, Oct. 6, from 5:30 to 7:30 p.m. Gallery hours are Monday-Friday 9 a.m. to 5 p.m. Visit haywardartscouncil.org for info.

● **The Veterans Art Project** will be featured in the Ken Cook Room at Sun Gallery, 1015 E St. in Hayward, through Oct. 8, including visual storytelling, textile artworks, paintings, and collaborative community artworks. The goal is to provide Veterans with opportunities to express themselves in a supportive environment. The Vietnam Veterans "Then and Now" Photo Project features service photos, current photos and writing by 16 participants in two Vietnam Veteran counseling groups. The gallery is open Friday to Sunday from 11 a.m. to p.m.

● **The 40th Area Artists Annual** continues at the Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. The exhibit explore the relationship between process, materials and expression. Emphasis is placed on the essential connection between what the artists use to express themselves and how meaning is discovered through their hand. Open Thursday to Saturday from 11 a.m. to 3 p.m. and by appointment. The exhibit will continue until Nov. 11. Visit www.adobegallery.org for info.

● **Artist Open Studio Every Thursday:** Join this informal gathering of artists working together in a friendly and helpful atmosphere. Adobe Art Center hosts provides tables, chairs and easels. \$3. Thursdays 10 a.m. to 2 p.m. in the Redwood Studio 1 at the Adobe Art Center.

● **"Made By Hand" Photography,** an exhibition of handmade photographs featuring the artwork of nationally recognized practitioners of unique contemporary and historic processes, will run from Sept. 29 to Nov. 27 at the PhotoCentral Gallery, Lower Level, HARD Offices, 1099 E St. in Hayward. Info at www.photocentral.org/

● **Paintings by James Sayre,** an exhibition of original works by this Castro Valley artist, are currently on display at the Kenneth C. Aitken Community Center at 17800 Redwood Road in Castro Valley.

## It Takes More than a Sign to Bring in Customers!



To Advertise in the Castro Valley Forum call  
**Mary Florence: 510-861-3270**  
**Linda Nakhai: 510-915-1513**

**CASTRO VALLEY FORUM**  
www.castrovalleyforum.com

**San Leandro Times**  
www.sanleandrotimes.com





## Bridge: New Castro Valley Subdivision

*continued from front page*

"When we first reviewed the project in 2007, Edenbridge indicated that they wanted to build 27 homes on this 8-acre area," Crawford told the Castro Valley Forum. "The neighbors were not too happy about more homes being built along Crow Creek, but when we talked to them about it, we explained that it's now scaled back to 21 homes, so it should not have as much of an impact as it once would have."

The development is only a handful of options for new housing in Castro Valley as most of the open spaces around town are protected by East Bay Regional Parks.

The construction is also novel in that these are single family homes and not townhomes or apartments such as the 27 townhomes being built on Jamison Way.

Edenbridge has done similar developments in Napa, Mountain View, and Los Altos Hills.

To see what the new CV homes will look like, visit: [edenbridge-homes.com/robertsranch.htm](http://edenbridge-homes.com/robertsranch.htm)



PHOTOS BY HOWARD MORRISON

**Giant crane used to hoist 100,000-pound sections of bridge over creek at Roberts Ranch development in Castro Valley.**

## Open Enrollment: Find a Better Medicare Prescription Drug Plan

By Jim Miller  
SPECIAL TO THE FORUM

You can change your Part D prescription drug plan during Medicare's open enrollment period, which runs from October 15 through December 7.

During this time, beneficiaries can switch drug plans or join a drug plan if they didn't have one before. They can also switch from Original Medicare to a Medicare Advantage plan, or vice versa if they wish. Any changes to coverage will take effect January 1, 2018.

In September, you should also keep your eyes peeled for your "annual notice of change" from your drug plan. It will outline any changes in coverage, costs or service that will take effect in January.

If you take no action during open enrollment, your current coverage will continue next year. Yet even those who are happy with their coverage should review their plan for any changes to come.

### Change Medicare Plans

If you have Internet access and are comfortable using a computer, you can easily shop for and com



pare all Medicare drug plans in your area, and enroll in a new plan online.

Just go to Medicare's Plan Finder Tool at [Medicare.gov/find-a-plan](http://Medicare.gov/find-a-plan), and type in your ZIP code or your personal information, enter in how you currently receive your Medicare coverage, select the drugs you take and their dosages, and choose the pharmacies you use.

You'll get a cost comparison breakdown for every plan available in your area so you can compare it to your current plan.

This tool also provides a five-star rating system that evaluates each plan based on past customer service records, and suggests generics or older brand name drugs that can reduce your costs.

When you're comparing drug plans, look at the "estimated annual drug costs" that shows how much you can expect to pay over a year in total out-of-pocket costs, including premiums, deductibles and co-pays.

Also, be sure the plan you're considering covers all of the drugs you take with no restrictions. Most drug plans today place the drugs they cover into price tiers. A drug placed in a higher tier may require you to get prior authorization or try another medication first before you can use it.

### Need Help?

If you need some help choosing a new plan, you can call 1-800-MEDICARE and they can help you out over the phone. Or, contact your State Health Insurance Assistance Program (SHIP), which provides free one-on-one Medicare counseling. They also conduct seminars during the open **see ENROLLMENT on page 15**

## Q&A: What is an Ethical Will?

**Q:** *In connection with creating our estate planning documents, my husband and I would like to leave our children and grandchildren something more than just our money and assets. We would like to leave them a sense of our values. A friend mentioned something to us about an "Ethical Will". Do you have any thoughts on this?*

By Gene L. Osofsky, Esq.  
SPECIAL TO THE FORUM

**A:** Yes. An Ethical Will is a statement in your own words expressing your values, hopes for the future, family history, emotions, and anything else that you would like to pass on to your loved ones.

It deals with values, rather than with assets. It is really a very old concept: one of the earliest references is found in the Book of

Genesis, chapter 49, where Jacob gathers his 12 children around him and gives them his charge for their futures.

Initially, Ethical Wills were transmitted orally, but eventually they were written down. Although an ethical will is not a legal document, it can be a valuable complement to legal documents.

It can be an expression of love, a statement of personal or family history, a statement of lessons learned in life, a wish for the future of your loved ones, or anything else that you would like to pass on down as a personal legacy.

It is really a personal statement that carries your "voice" to future generations. It can be as simple as a one-page letter of love, or a novella length memoir detailing your life experiences.

In our family, we actually went a step further and videotaped my grandmother over a number of sittings, a project that ultimate-

ly took approximately 2 years to complete.

We began with her earliest memories of growing up in Europe and covered all the history forward, all in her own voice. At times she broke into song, especially when our young children toddled into the room. That videotape, since turned into a DVD for preservation, is now a cherished family heirloom and each member of the family has a copy. We view it from time to time at family gatherings.

If you wish, your "Ethical Will" can be shared with your loved ones during your lifetime, and you might even add to it from time to time. It is your spiritual legacy which can live on long after your will or trust has been permanently filed away.

*Gene L. Osofsky is an elder law and estate planning attorney in Hayward. Visit his website at [www.LawyerForSeniors.com](http://www.LawyerForSeniors.com).*

Is Your Store  
Empty when  
Others are  
Full?

Advertise in the  
Castro Valley Forum

THE ONLY LOCALLY OWNED NEWSPAPERS DELIVERED FREE  
TO 99% OF HOMES AND BUSINESSES IN CASTRO VALLEY!

Call: Mary Florence: 861-3270 or Linda Nakhai: 915-1513

CASTRO VALLEY FORUM  
[www.castrovalleyforum.com](http://www.castrovalleyforum.com)

### Landmark Villa Senior Residential & Assisted Living



- 24 Hour Care • Socializing
- Activities • Chef Prepared Meals
- Housekeeping • Laundry
- Quality of Life • Independence
- Legacy

Private and Shared Apartments Available!

Call today for a Free  
Lunch & Tour  
510-276-2872  
License#015601501



Yes, we are  
Pet Friendly!

21000 Mission Blvd., Hayward CA 94541

### WINKLER LAW OFFICES

Living Trusts &  
Trust Administration  
Probate • Wills  
Real Estate • Litigation

— Give Us a Call —  
Most Initial Consultations  
Are Free

(510) 357-3403  
1883 East 14th Street  
San Leandro





## Flu Shots Designed Specifically For People Over the Age of 65

By Jim Miller  
SPECIAL TO THE FORUM

There are two different flu shots available for seniors – the Fluzone High Dose and FLUAD – that are designed specifically for people age 65 and older (you only need to get one of them).

These FDA approved vaccines are designed to offer extra protection beyond what a standard flu shot provides, which is important for older adults who have weaker immune defenses and have a great risk of developing dangerous flu complications.

The Center for Disease Control and Prevention (CDC) estimates that the flu puts more than 200,000 people in the hospital each year and kills, on average, about 24,000 – 80 percent of whom are seniors.

You also need to be aware that these senior-specific flu shots cannot guarantee that you won't get the flu this season, but they will lower your risk. And if you do happen to get sick, you probably won't get as sick as you would without it.

Here's more information on the two vaccines:

**Fluzone High-Dose:** Approved for U.S. use in 2009, the Fluzone High-Dose (see Fluzone.com) is a high-potency vaccine that contains four times the amount of antigen as a regular flu shot does, which creates a stronger immune response for better protection. This vaccine, according to a 2013 clinical trial, was 24 percent more effective than the regular-dose shot at preventing flu in seniors.

**FLUAD:** Available in the U.S. since last year, the FLUAD

vaccine (FLUAD.com) contains an added ingredient called adjuvant MF59 that also helps create a stronger immune response. In a 2012 Canadian observational study, FLUAD was 63 percent more effective than a regular flu shot.

The CDC, however, does not recommend one vaccination over the other, and to date, there have been no studies comparing the two vaccines.

**THE CDC ESTIMATES THAT THE FLU PUTS MORE THAN 200,000 PEOPLE IN THE HOSPITAL EACH YEAR AND KILLS ABOUT 24,000 – 80% OF WHOM ARE SENIORS**

You should also know that both the Fluzone High-Dose and FLUAD can cause more of the mild side effects that can occur with a standard-dose flu shot, like pain or tenderness where you got the shot, muscle aches, headache or fatigue. And neither vaccine is recommended for seniors who are allergic to chicken eggs, or those who have had a severe reaction to a flu vaccine in the past.

Both vaccines are also covered 100 percent by Medicare Part B, as long as your doctor, health clinic or pharmacy agrees not to charge you more than Medicare pays.

### Pneumonia Vaccines

Two other important vaccinations the CDC recommends to seniors, especially this time of year, are the pneumococcal vaccines for pneumonia. Around a million

Americans are hospitalized with pneumonia each year, and about 50,000 people die from it.

The CDC is now recommending that all seniors, 65 or older, get two vaccinations – Prevnar 13 and Pneumovax 23. Both vaccines, which are administered just once at different times, work in different ways to provide maximum protection.

If you haven't yet received any pneumococcal vaccine you should get the Prevnar 13 first, followed by Pneumovax 23 six to 12 months later. But if you've already been vaccinated with Pneumovax 23, wait at least one year before getting the Prevnar 13.

Medicare Part B covers both shots, if they are taken at least one year apart.

To locate a vaccination site that offers any of these shots, visit Vaccines.gov and type in your ZIP code.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org.

## Free Flu Shots Next Week

Free flu shots and screenings will be available to everyone ages 7 and above for two afternoons next week at St. Rose Hospital in Hayward.

Except for pregnant women or those who have had allergic reactions, vaccinations will be given

from 4 to 7 p.m. on Tuesday and Wednesday, Oct. 10 and 11, under the large white tent at 27200 Calaroga Ave. in Hayward.

The Wednesday opportunity will occur during the Hayward Chamber of Commerce Business Expo at the same location.

## Misplaced Money?: How to Search for Forgotten 401(k)

By Jim Miller  
SPECIAL TO THE FORUM

If you think you may have lost track of a 401(k) retirement account, you aren't alone. As Americans jump from job to job, many leave scraps of their company sponsored 401(k) plans behind, believing they'll deal with it later, but never do.

To help you look for an old 401(k), here are some suggestions along with some free resources that can help you search.

### Contact Employer

The first way to find a previous 401(k) account is to contact your old employer's human resources department. Ask them to check their plan records to see if you ever participated in their 401(k) plan, and if so, how much it's worth.

You'll need to provide them your Social Security number and the dates you worked for them.

They should be able to either get you the forms necessary to roll over your retirement money to a different 401(k) or to an IRA, or to give you contact information for any outside financial institution overseeing the plan on your employer's behalf. By following the appropriate instructions you get, you'll be able to move your retirement money where you want.

If you don't have contact information for your old employer, check your old records to see if you kept an old 401(k) statement. Statements will typically have the information you need to get in contact with either your employer or a plan administrator.

If you need help tracking down your former employer because it may have moved, changed owners or merged with another firm, free help is available from sources like the Labor Department (AskEBSA.dol.gov, 866-444-3272) and the Pension Rights Center and Pension Action Center (PensionRights.org/find-help).



These services can tap into public databases that list incorporations and bankruptcies and may be able to help you dig up a plan's most recently filed Form 5500, the annual report that must be filed with the IRS, PBGC and the Labor Department.

This form contains the plan's contact information and the employer's identification number, which can be used to locate any plan that inherited the assets in a merger, acquisition or sale.

You can also find recently filed 5500s yourself at websites like FreeERISA.com.

### Search Tools

Finding a lost 401(k) account can be trickier if it's worth less than \$5,000, because your former employer can transfer the money to a default individual retirement account without consent. Your cash may go into an interest-bearing, federally insured bank account or to your state's unclaimed property fund.

To search for a lost plan, use the National Registry of Unclaimed Retirement Benefits at Unclai-

dRetirementBenefits.com. This website matches former employers with past employees who have unclaimed retirement funds. This is a secure and free service, but you'll need to provide your Social Security number to search.

It can also be challenging to track down a lost 401(k) account if your former employer goes bankrupt and abandons the plan. In this case, use the U.S. Department of Labor's Abandoned Plan Database at AskEBSA.dol.gov/abandoned-plansearch.

Starting in 2018, the Pension Benefit Guaranty Corporation (PBGC.gov) will start accepting transfers of missing participants' accounts from terminating 401(k) plans. When the participants are found, it will pay them that money plus interest.

The agency also plans to launch a registry of terminated 401(k) plans that sent money elsewhere, so missing participants can more easily find their accounts.

Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

1-844-MED-PROJ MED-PROJECT.ORG

## SAFELY DISPOSE OF UNWANTED & EXPIRED MEDICINES

Drop off expired or unwanted medications at a kiosk near you.

Free service for residents. We cannot accept medicines from businesses.

med-project.org/locations/alameda

- 1 Remove personal identifying information.
- 2 Keep original container or use a sealed plastic bag.
- 3 Safely deposit in the kiosk.

MED-Project is supporting a medication collection and disposal program. Residents are invited to bring their expired or unwanted medications for disposal at a local kiosk.

## Reverse Mortgage

**Live more comfortably today, and be better prepared for tomorrow.**

**HIGHTECHLENDING**  
THE NEW WORLD OF MORTGAGE BANKING

**If you (or your spouse) are 62 years or older, a reverse mortgage can be used to provide greater financial flexibility so you can live life to the fullest by:**

- Turning Home Equity into Cash
- Paying off existing Mortgage(s) and Other Debt
- Having No Monthly Mortgage Payments
- FHA Insured & HUD Regulated for Seniors

**510-583-8123**  
**Lori Reisfelt**  
Reverse Mortgage Consultant  
NMLS #291773

"I pledge to provide straight forward information and excellent service."

HighTechLending, Inc. Licensed by the Department of Business Oversight under the California Residential Mortgage Lending Act. NMLS #7147. Licensed in CA# 4130937.  
2030 Main Street #350, Irvine, CA 92614.

NMLS Consumer Access: [www.nmlsconsumeraccess.org](http://www.nmlsconsumeraccess.org)

**NRMLA**  
NATIONAL REVERSE MORTGAGE LENDERS ASSOCIATION



## ATHLETES OF THE WEEK



### CVHS JV Girls Water Polo Team Members

This week's Athletes of the Week are the members of the Castro Valley High School girls JV water polo team who finished with a perfect 3-0 record in the James Logan JV girls tournament on Sept. 23.

The team defeated American High 9-3 in the first game, beat James Logan 7-4, avenging two previous defeats to Logan, then won their final game against Mission San Jose 7-5. Nicole Schouten, CV's goalie, had a tremendous day,

holding opponents to an average of only 4 goals per game.

CV's scoring was led by Kayla Craft's 12 goals, Gianna Giovanonni's 7 goals, and goals by Olivia Gilman-Chun, Amy Baggott, Sonja Rasmussen, and Natalie Van Horn. Rucha Acholkar, Sarah Schmidt, Mary Singer, Zaria Maloof, and Anika Donovan also contributed with solid play and defense, for a total team effort, improving their season record to 5-6 overall.

## CASTRO VALLEY INDEPENDENT SPORTS LEAGUE

### Youth Baseball and Flag Football Programs

[www.CVSPORTSLEAGUE.org](http://www.CVSPORTSLEAGUE.org)

#### Battle of the Valley

The 19th Annual Battle of the Valley will be held on Friday, Oct. 20. Gates open at 5:30 p.m. and the game starts at 6:15 p.m. Creekside Middle School will host Canyon Middle School in this epic flag football game at CVHS.

#### Basketball

If you need to get ready for Middle School or High School basketball tryouts, Swag is providing an opportunity for basketball players to work out with their experienced coaches during 4 scheduled basketball camps. There is a

\$20 fee per camp. The basketball camps are held from 2-4 p.m. at Bancroft Middle School, 1150 Bancroft Ave. in San Leandro on the Sundays of Oct. 8 and 22, and Nov. 5 and 19. For more info please email: joseph@ebswag.com or dina@ebswag.com

## University:

*continued from page 3*

your kids set boundaries and keeping themselves safe in person and on social media.

Do you want to help them academically? There are workshops on understanding test scores and helping kids with math and reading strategies.

Are you dealing with an emotional teen? There are workshops to help both teens and caregivers manage stress better.

Other topics are as wide ranging as keeping a family calendar, learning natural remedies for allergies, understanding puberty and teen health in teens with disabilities, discussing gender, and much more.

Two workshops will be offered in Spanish. There's also a Parent Resource Fair to get connected to many parenting resources in our community. There really is something for everyone.

"Parents are the single greatest factor in a child's success, and we're thrilled to offer Parent University as a resource," said Susie Passeggi, Director of Castro Valley Adult & Career Education. "Most of the feedback we received from participants at our previous Parent University talked about how much valuable information they learned, and we're delighted to be adding even more options this year. We're looking forward to another great community event."

Advance registration is \$25 until next Tuesday, Oct. 10, and \$30 after, up Oct. 21, if space is available. Workshops are filling up fast.

For more information and to register, go to [www.cvadult.org](http://www.cvadult.org) or call Castro Valley Adult & Career Education at 510-886-1000. Childcare is available for children 2-10 (no diapers) with advance registration at \$5 per child or \$10 per family.

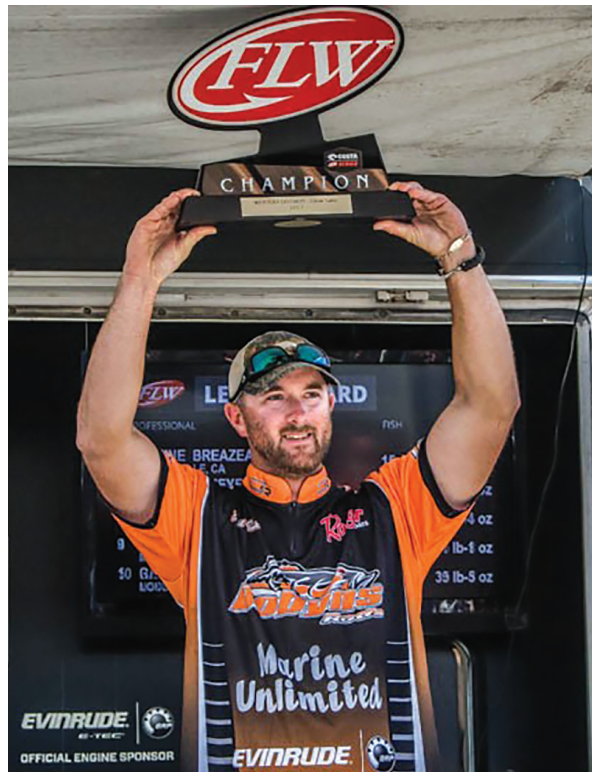


PHOTO COURTESY OF JOSEPH OPAGER

## CV'S BRYANT SMITH WINS PRO FISHING COMPETITION

Castro Valley resident, Bryant Smith, won the Costa Fishing League Worldwide (FLW) Series Western Division event held on Clear Lake, in Lakeport, on Saturday September, 30. Smith competed against 99 other boats to win his first career victory. He took a five-bass limit to the scale on Saturday weighing 12 pounds, 8 ounces to lead the event and finished with a three day total of 15 bass weighing 53 pounds, 15 ounces, which was enough to earn him the win by an 8-pound, 6-ounce margin and the first place prize package worth \$76,271, including a new Ranger Z521C with a 200-horsepower Evinrude outboard.

## CVHS TENNIS SCORES

**CASTRO VALLEY AT ALAMEDA  
ON THURSDAY, SEPTEMBER 28  
CASTRO VALLEY: 6, ALAMEDA 1**

#### SINGLES

1. Elena Lottich (CV) - Audrey Soo Hoo 7-5, 6-4
2. Rachel Dong (CV) - Madison Majors 7-5, 6-3
3. Kyra Yee (A) - Anya Mortensen 7-6, 6-2
4. Lauren Leong (CV) - Khaily Tran 4-6, 6-2, 6-3

#### DOUBLES

1. Gaby Madison / Victoria Vitton (CV) - Claire / Adeline 6-4, 6-2
2. Riley Powers / Paige Cason (CV) - Lauren / Kirsten 6-1, 7-5
3. Kele Fong / Alex Tam (CV) - Sammi / Chloe 6-2, 6-1

**HEAD ROYCE AT CASTRO VALLEY  
ON WEDNESDAY, SEPTEMBER 27  
CASTRO VALLEY: 6, HEAD ROYCE: 1**

#### SINGLES

1. Elena Lottich (CV) - Kacey Stoddard 6-0, 6-1
2. Rachel Dong (CV) - Lisa Kopelnik 6-0, 6-1
3. Lauren Leong (CV) - Emma Mears 6-1, 7-6 (2)
4. Gaby Madison (CV) - Lara Drinan 6-2, 6-0

#### DOUBLES

1. Annika Hoerner / Sydney Medford (HR) - Riley Powers / Victoria Vitton 7-6 (6), 6-4
2. Paige Cason / Sammie Lee (CV) - Mayfair Rucker / Anna Depetra 6-1, 6-1
3. Alex Tam / Lauren Fung (CV) - Julia Depetra / Joanna Fisch 6-2, 6-4



**Join Today!**

**Full Gym/Group Exercise Special**

**3 Months FREE**

*3 month Free offer only applies when you have been a member or 6 months with zero balance. Offer Expires 10/31/17*

**ONE TIME INITIATION FEE**

**Family - \$300** up to 6 members

**Single - \$150**

*Previous Members of 12 mo. or Less are Not eligible for this Promo. Can't be combined with other offers.*

**FREE TOURS**

*Come on down! No Appointment Needed!*

**INCLUDED IN MEMBERSHIP**

- Babysitting \$1 per Hour
- 7 Yoga & Pilates Classes Weekly
- 50 Fitness Classes Weekly
- New Pickleball Courts!
- Sauna, Hot Tub, Steam Rm.
- Spin-Cycle Classes
- GYM - Cardio w/ Machines & Free weights
- Kid Fit Kids Pools

**\$198 Family Monthly Dues includes the whole family up to 6 members. \$192 Monthly. Dues for singles.**

**Receive a 4th month FREE when you pay for 11 months 12th month will be free.**

**Bay-O-Vista** Family Fitness, Gym, Swim & Tennis Club, Inc.

1881 Astor Dr., San Leandro, Corner of Astor Dr. & Lake

**510-357-8366 • email: [swim@bovswim.com](mailto:swim@bovswim.com)**

Visit Our Website and Watch Our Video. [www.bovswim.com](http://www.bovswim.com)

## AUTOMOBILE CLASSIFIED ADS

# Sell Your Car Or Truck Now!

*Advertise your vehicle for 3 weeks in the San Leandro Times and 3 weeks in the Castro Valley Forum for...*



# only \$30

10 words maximum (\$1.00 for each additional word)

This offer is for private party ads only (no dealers). Items must be priced and only one item may be listed for sale. You may change the asking price at anytime (no other changes are allowed). You may cancel your ad at anytime (there are no refunds available on this \$30 special). Other restrictions may apply. For more information call Patrick at 614-1558.



# REAL ESTATE GALLERY



**HOME**  
of the  
**WEEK**



**Judy Grubb**

**Open House**  
**Saturday & Sunday**  
**Oct. 14 & 15**  
**from 1 to 4 p.m.**

**COLDWELL**  
**BANKER**  
RESIDENTIAL BROKERAGE



**4425 Cristy Way, Castro Valley • Offered at \$830,000**  
Wonderful Upper Castro Valley 4 bedroom, 2 1/2 Bath home. Hardwood floors, large master suite, remodeled baths, spacious family room and 1/2 bath downstairs. Professionally landscaped yards with sprawling deck.

**For more information please call...**  
**Judy Grubb, Broker Associate Lic. #01367593**  
**Direct 510-888-6388**  
Judy.Grubb@CAmoves.com | www.TheGrubbTeam.com

## Put Safety First When Out Doing Yard Work

By Samantha Mazzotta  
Special to the Forum

Often, we're in a hurry to just finish up with the yard work. Or, it's too hot or too aggravating to put on safety gear like impact-resistant goggles and sturdy gloves.

But spending a couple extra dollars to purchase the right equipment and safety gear, and taking time to put it on, can prevent injuries and even save your life.

In fact, there are a number of preventive measures to take before starting yard work. Topical Biomedics (which, handily, sells a pain relief and healing cream for those post-yard-work sore muscles) offers a few additional tips:

- Before doing any heavy yard work, warm up for at least 10 minutes with some lighter tasks.
- Cover any exposed skin with sunscreen to prevent sunburn.
- Sturdy gloves will protect your hands from blisters, scratches, insect bites, poison oak, the heat from gas-powered, handheld lawn-care tools, and flying debris.
- Sturdy boots with slip-resistant soles are critical when working around any power tool.
- Eye protection — goggles specifically made to resist



**Wear proper safety gear when doing yard work.**

high-impact strikes — will protect you from flying debris, accidental chemical spills, and many eye irritants and allergens.

- Face protection: a dust or filter mask should be worn when spreading fertilizer or spraying yard chemicals, and can be a big help to those with seasonal allergies while doing yard work.
- Wear long-sleeved shirts and pants to protect skin from scratches caused by low-hanging tree branches and other plants.
- Wear noise-reducing earmuffs, a hard hat and a steel mesh face visor when using a chainsaw.

© 2017 King Features Synd., Inc.



**3617 Christensen Ln.,  
Castro Valley**

Walk to Chabot elementary school and the newly opened Chabot Market. Craftsman style 3 bedroom, 1.5 bath home with a real formal living room and dining room, built-in China cabinets, hardwood floors, and a fireplace. The home also features side access, a huge tandem garage and downstairs rum-pus room. Nice backyard for gardening. **Asking 699,950**

**Coldwell Banker Real Estate**  
Call Trish Radovich: 510-367-7999/calltrish@comcast.net  
21060 Redwood Rd. Ste. 100, Castro Valley



## REAL ESTATE REALITY

By Carl Medford, CRS  
Special to the Forum

GUEST COMMENTARY



## Prepare for the Fall Season

With kids back in school and fall schedules locked in, now is the time to plan for winter.

Some fire their furnaces up as temperatures chill, only to discover things are not working as they should. Others wait until the rains to determine their gutters are full and the roof has sprung a leak.

It's best to prepare now — qualified trades are the most difficult to hire when everyone else is calling them at the same time.

Here is our 2017 Fall Prep List:  
✓ Check your furnace before it gets cold. Fire it up to make sure everything is working. Remember that furnaces sitting idle have an accumulation of dust that is burned off during the first run, resulting in that classic "ionization" smell.

Consider installing a new thermostat such as a NEST? Do it now. An HVAC technician can check your furnace and install a new thermostat to make sure all works as it should. Change your furnace filter. Sealing furnace ducting will also save energy.

✓ Replace drafty windows. When cold weather comes, old windows reward you with drafts and heat loss. Eliminate drafts — and lower heating costs — by replacing your old windows with new thermally efficient dual-pane products.

Check for available discounts for installing new windows out of the peak season. Use window shades to keep in heat, especially at night.

✓ Check your roof and gutters. A roof inspection is relatively inexpensive, yet can prevent hundreds of dollars in potential

damage. It's always best to catch potential issues before they cause harm.

For an extra fee, some roof inspection companies will also clean your gutters. If you need new gutters, beat the rush and do it now. Make sure your downspouts have diverters which carry water away from your home. Make sure nothing on the ground traps water or directs it towards your home.

✓ Trim vegetation away from the house. If you have tree branches, bushes or shrubs touching your home, trim them back. Tree branches can do extensive damage, especially to roofs, and vegetation close to the walls will trap moisture.

etation close to the walls will trap moisture.

✓ Check weather seals. Make sure your doors have adequate weather seals and door sweeps to close off all gaps. Caulk all gaps around windows. Close the fireplace damper.

Beat the season and while others are panicking, you will be snug and warm in your fully prepared home.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

## RECENT HOME SALES

### Castro Valley

21454 Bedford Drive	94546	\$650,000	3 BD - 1,462 SF - 1950
4346 Edwards Lane	94546	\$550,000	2 BD - 1,063 SF - 1920
1818 Knox Street	94546	\$670,000	2 BD - 1,224 SF - 1948
21151 Nunes Avenue	94546	\$783,000	3 BD - 1,578 SF - 1948
20115 Redwood Road #10	94546	\$458,000	2 BD - 866 SF - 1988
20111 West Ridge Ct #24	94546	\$577,000	2 BD - 1,602 SF - 1977
19428 Yuma Street	94546	\$850,000	4 BD - 1,906 SF - 1970
22600 Canyon Ridge Pl	94552	\$1,120,000	4 BD - 2,352 SF - 1998
18508 Mountain Lane	94552	\$691,000	5 BD - 2,039 SF - 1963
8309 Norris Canyon Road	94552	\$824,000	3 BD - 2,072 SF - 1928
20000 Shadow Creek Cir	94552	\$870,000	4 BD - 1,970 SF - 1999

**TOTAL SALES: 11**  
**LOWEST AMOUNT: \$458,000**  
**HIGHEST AMOUNT: \$1,120,000**  
**MEDIAN AMOUNT: \$691,000**  
**AVERAGE AMOUNT: \$731,182**

### San Leandro

338 Accolade Drive	94577	\$685,000	3 BD - 1,599 SF - 2002
2264 Belvedere Avenue	94577	\$528,000	3 BD - 1,740 SF - 1972
1316 Benedict Drive	94577	\$700,000	3 BD - 1,956 SF - 1951
1945 Bradhoff Avenue	94577	\$670,000	3 BD - 1,490 SF - 1946
2472 Dundee Court	94577	\$592,000	N/ABD - 1,723 SF - 1977
1079 Lee Avenue	94577	\$775,000	3 BD - 2,191 SF - 1935
750 St. Marys Avenue	94577	\$625,000	2 BD - 1,150 SF - 1926
1752 140th Avenue	94578	\$700,000	4 BD - 1,589 SF - 1947
15908 Berkshire Road	94578	\$661,000	2 BD - 1,104 SF - 1948
3921 Carmel Way	94578	\$641,000	3 BD - 1,216 SF - 1955
2020 Howe Drive	94578	\$780,000	4 BD - 2,074 SF - 1944
16106 Mateo Street	94578	\$470,000	2 BD - 904 SF - 1948
16110 Mateo Street	94578	\$819,000	5 BD - 2,390 SF - 1950
16409 Saratoga St #105W	94578	\$330,000	2 BD - 947 SF - 1981
16093 Selborne Drive	94578	\$640,000	4 BD - 2,179 SF - 1949
720 Fargo Avenue #7	94579	\$457,000	2 BD - 840 SF - 1965

**TOTAL SALES: 16**  
**LOWEST AMOUNT: \$330,000**  
**HIGHEST AMOUNT: \$819,000**  
**MEDIAN AMOUNT: \$651,000**  
**AVERAGE AMOUNT: \$629,563**

## OPEN HOMES SATURDAY & SUNDAY OCTOBER 7TH & 8TH

CITY	SAT	SUN	ADDRESS	PRICE	BDRMS/BATHS	REALTOR	AGENT	PHONE
C	—	1-4	35600 Palomares Road	\$1,259,000	4/3	J. Rockcliff Realtors	Peixoto Team	925-251-2536
C	—	1-4	33803 Palomares Road	\$1,395,000	3/2 (40 acres)	J. Rockcliff Realtors	Peixoto Team	925-251-2536
SR	—	1-4	5655 Bruce Drive	\$2,999,888	5/3.5	J. Rockcliff Realtors	Debra Allen	925-251-253

### CITY GUIDE

A = SAN LEANDRO • B = SAN LORENZO • C = CASTRO VALLEY • D = DUBLIN • F = FREMONT • H = HAYWARD • K = KNIGHTSEN  
O = OAKLAND • P = PLEASANTON • S = SHEFFIELD VILLAGE • SR = SAN RAMON • W = WALNUT CREEK • Z = ALAMEDA

All real estate advertised in the Castro Valley Forum is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, marital status, national origin, or intention to make any such preference, limitation or discrimination. The Castro Valley Forum will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

## SPECIAL OCTOBER OPEN HOUSE TREAT! One FREE Pumpkin per Family - As long as they last.



**Three Open Home Locations on Sunday, October 8th**

5655 Bruce Drive, San Ramon	\$2,999,888	Open 1-4
33803 Palomares Rd., Castro Valley	\$1,395,000	Open 1-4
35600 Palomares Rd., Castro Valley	\$1,259,000	Open 1-4

### KRISTY PEIXOTO & COMPANY

*Estates, Ranches and Land Realtors...*



Kristy Peixoto  
Nancy Valett  
Kimberly Stainley  
Rannie Greer  
Dannie Baker

925.251.2536 | EstateandRanches.com

Serving the San Francisco Bay Area





## Bell Peppers, Pole Beans Show Signs of Leaf Curl

By Buzz Bertolero  
The Dirt Gardener

**Q** I started a compost pile and was amazed at how fast everything decomposed once the pile got going. I used food scraps and yard clippings, including the pruning from my peach tree that had leaf curl. Before planting this spring, I added the compost to my vegetable garden. Now, my bell peppers and pole beans have what looks to me to be leaf curl. Is my soil contaminated?

**A** As a general rule, we don't compost diseased plant parts. The internal temperature of a compost pile doesn't get hot enough to destroy the disease organisms or weed seeds. Diseased plant trimmings should be disposed of in your garden trimmings container for weekly pickup with the other household solid waste and recyclables.

Although, in this case, the diseased leaves have done no harm and your soil is not contaminated. The leaf curl on peaches is called Peach Leaf Curl. It's a water-ac-

tivated fungus that attacks only peach and nectarine trees. It will not affect any other species. Also, the fungus spores overwinter above ground not in the soil.

Curly leaf on plants can be caused by many different things such as insects, herbicide damage, and changes in temperatures, along with fungus diseases.

On apple, cherry and plum trees, aphids are the primary cause of leaf curl. Aphids are sucking insects, and you'll find them on the new growth. They cause the leaves to curl up like an Italian cookie.

In addition, the herbicides in "Weed and Feed" turf products can cause curly leaves on mulberries and other shade trees planted in and near a lawn. The leaf curl is a reaction to the chemicals absorbed by the roots.

Citrus leaves curl up from cool temperatures in the winter months. So, again, there are many reasons for leaf curl.

The good news is that Peach Leaf Curl hasn't contaminated the compost or vegetable garden soil. I'd take a few samples of the curly leaves on the peppers and

beans to your local garden center and have a nursery professional help identify the problem(s).

My guess would be that you have some type of sucking insect problem.

Buzz Bertolero is an Advanced California Certified Nursery Professional and Senior Gardening Professional at Sloat Garden Centers. His web address is [www.dirtgardener.com](http://www.dirtgardener.com). Email questions to [dirtgarden@aol.com](mailto:dirtgarden@aol.com) or go to [Facebook.com/Buzz.Bertolero](https://www.facebook.com/Buzz.Bertolero).



## Mortgage Rates Hold Flat

Average long-term mortgage rates last week were unchanged from the previous week, according to Freddie Mac's weekly survey.

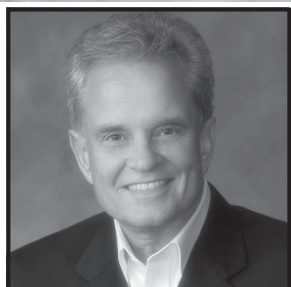
The 30-year fixed-rate mortgage averaged 3.83 percent last week, the same as the previous week. A year ago at this time, the 30-year rate averaged 3.42 percent.

Fifteen-year rates last week averaged 3.13 percent, also the same as last week.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.20 percent last week, up from the week before.

FOR EXPERT ADVICE CONTACT ONE OF OUR LOCAL...

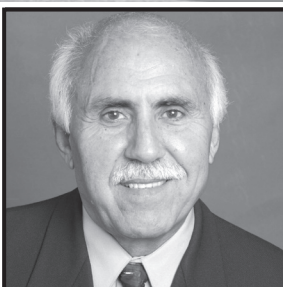
## AGENTS IN ACTION



**Graig Cahill**, Broker/Owner  
**CAHILL & CO. REAL ESTATE**  
[grag@cahillandco.com](mailto:grag@cahillandco.com)  
510-881-7500



**Lisa Ferraris**, GRI  
**Turning Houses into Homes**  
510-304-1271  
J. Rockcliff Realtors



**Masoud Dehdari**  
**Berkshire Hathaway Home Services**  
[www.askmasoud.com](http://www.askmasoud.com)  
510-909-0507



**Marilyn & Bill Swisher**  
**Re/Max Accord REALTY**  
[www.homesbyswisher.com](http://www.homesbyswisher.com)  
510-888-3300



**Ted Von Roll & Liz Dunbar**  
**ReMax Accord Von Roll Real Estate Group**  
[tedvonroll@gmail.com](mailto:tedvonroll@gmail.com)  
510-919-1234



**Liz Lucero**, Realtor  
Senior Real Estate Specialist  
**Coldwell Banker**  
[lizzilucero@sbcglobal.net](mailto:lizzilucero@sbcglobal.net)  
510-583-5444



**Sharon Luther**  
Senior's R.E. Consultant  
**ReMax Accord**  
[Sharon.Luther@comcast.net](mailto:Sharon.Luther@comcast.net)  
510-435-8842



**Lynn Levin**  
**Berkshire Hathaway Home Services**  
(Formerly Prudential)  
[www.lynnlevin.com](http://www.lynnlevin.com)  
510-593-7377



**Jill Gregori**  
**Gregori Group RE, Inc.**  
Realtor®/Owner  
510-909-4888  
[GregoriGroup.com](http://GregoriGroup.com)



**Don Morris**  
30 Years Experience  
**Re/Max Accord**  
510-220-7796



**Kenneth A. Kremer**  
**Results Guaranteed!**  
There is no substitute for experience.  
**Kremer & Company, Realtors®**  
510-301-1957



**Stella Hui**  
**Coldwell Banker-Castro Valley**  
**Deliver Stellar Service**  
[www.StellaRealtor.com](http://www.StellaRealtor.com)  
510-604-3816



**Mario A. Reyes**  
**Coldwell Banker**  
[www.marioreyesrealtor.com](http://www.marioreyesrealtor.com)  
[mario.reyes@cbnorcal.com](mailto:mario.reyes@cbnorcal.com)  
510-329-7644



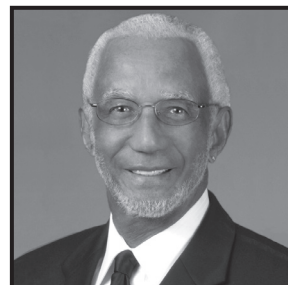
**Carrie Miles**  
Realtor®  
**RINETTI & CO. REALTORS**  
[milescarrie@yahoo.com](mailto:milescarrie@yahoo.com)  
510-735-5223



**Brian Cooney**  
Listing Specialist, C.V. Team  
**Re/Max Accord**  
[Brian@ReMaxAccord.com](mailto:Brian@ReMaxAccord.com)  
510-690-1111



**Nick Asturias** Realtor®  
**Coldwell Banker Realty**  
[www.NickAsturias.com](http://www.NickAsturias.com)  
925-344-5506



**Willie M. Campbell**  
**Coldwell Banker Realty**  
Real Estate Broker DRE#00546586  
[wmc0030@sbcglobal.net](mailto:wmc0030@sbcglobal.net)  
510-888-6326



**Rebecca Sayami** Realtor®  
**Coldwell Banker** • 510-888-6330  
CalBRE#01461001  
[www.RebeccaSayami.com](http://www.RebeccaSayami.com)



**Kristy Peixoto**  
**J. Rockcliff Realtors**  
[kpeixoto@rockcliff.com](mailto:kpeixoto@rockcliff.com)  
925-251-2536



**Leslie Peterson**  
**ReMax Accord**  
[leslie@lesliepetersonsteam.com](mailto:leslie@lesliepetersonsteam.com)  
[www.lesliepetersonsteam.com](http://www.lesliepetersonsteam.com)  
510-697-1208



**Trish Radovich**  
Top Selling Agent • Lic. since 1975  
**Coldwell Banker Realty**  
510-367-7999



**Cathy Brent**  
**Berkshire Hathaway Home Services**  
510-381-1065



**Wayne Licsak**  
**Berkshire Hathaway Home Services**  
510-303-7765



**Kathi Townsend**  
**Berkshire Hathaway Home Services**  
510-333-9404





FOR EXPERT ADVICE CONTACT ONE OF OUR LOCAL...

# AGENTS IN ACTION



**Otto Catrina** CRS, GRI, SRES  
Catrina Real Estate & Investments  
email:otto@ottocatrina.com  
NAR Hall of Fame  
510-507-8226



**Cindy Goodman**, Realtor  
Senior Real Estate Specialist  
Coldwell Banker  
cindygoodman@comcast.net  
510-697-9400



**Judy Rose**-CRS, SRES  
ReMax Accord  
Serving the East Bay 38 Years  
judy@judyrose.com  
510-220-6206



**Stuart Anderson**  
Berkshire Hathaway  
Home Services  
stuart.anderson@bhhsdrysdale.com  
510-421-8200



**Tim Fiebig**  
Re/Max Accord  
Realty  
www.timfiebig.com  
510-728-2900



**Murline Monat** Realtor®  
Paragon Realty Group, Inc.  
www.murlinemonat.com  
Mmonat@paragon-re.com  
925-523-9852



**Michael Otto**  
Berkshire Hathaway  
Home Services  
Drysdale Properties  
Cell 510-432-0517



**Susan Jones**  
Re/Max Accord  
Teamjoneslistings.com  
Jsusan984@comcast.net  
510-690-9690



**Peter Wardhana**  
RE/MAX Accord  
Castro Valley Specialist  
www.FiveCanyons.com  
510-701-6789



**Tim Ambrose**  
"Results with Integrity"  
Berkshire Hathaway  
timambroserealtor@timambrose.com  
510-258-8909



**Lannie Mok** 莫太  
Intero Real Estate Services  
Executive's Circle Award  
Lannie.Mok@gmail.com  
510-889-6888



**Michael Tacconi**, NMLS 241403  
BAY EQUITY  
www.michaeltacconi.com  
Your Local Lender on Redwood Rd.  
510-838-0595



**Linda Neff**  
Berkshire Hathaway  
Drysdale Properties  
linda@lindaneff.com  
510-557-9185



**Lourdes Beaty**  
RE/MAX Accord  
RE/MAX Hall of Fame  
www.HomesbyLourdes.net  
510-289-9171



**Serean Kimmel**  
RE/MAX ACCORD REALTY  
serean@remaxaccord.com  
510-512-2145



**Jon & Leslie Foster**  
J & L Real Estate Group  
www.jonandlesie.com  
510-397-0696



**Chris Garcia**  
J. Rockcliff Realtors  
cgarcia@rockcliff.com  
www.chrisgarciairealty.com  
925-785-5414



**Julie Keys**, Realtor  
CALDECOTT PROPERTIES  
Sales & Leasing Specialist  
julie@caldecott.com  
510-225-9244



**Wayne A. Blackard**  
Berkshire Hathaway  
Home Services  
www.homesbywblackard.com  
510-888-9466



**Tere Lee**, CRS  
"Trust A Professional Who Cares"  
United Brokers Real Estate  
www.tereleehomes.com  
510-305-8827



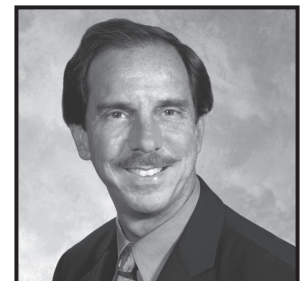
**Maribeth Delucchi**  
Venture Sotheby's  
International Realty  
mdelucchi@venturesir.com  
510-209-5837



**Sam Chiu** 趙  
Active in the East Bay since 1989  
Berkshire Hathaway  
Home Services  
510-305-5767



**Bob Frey**  
Broker Associate  
Re/Max Accord  
BobFreyHomes@gmail.com  
510-220-8459



**Craig Ragg**  
CRAIG RAGG REAL ESTATE  
www.craigraggre.com  
craggre@pacbell.net  
510-889-7709



## ATTENTION REAL ESTATE AGENTS & BROKERS - YOUR PICTURE COULD BE HERE

How would you like your face and message to be delivered to households and news racks in Castro Valley, San Leandro, Sheffield Village, San Lorenzo, Hayward, Oakland and Alameda?

*This Monthly Section will run the first Wednesday and Thursday of every month in the Castro Valley Forum and the San Leandro Times.*

**For more information about advertising call:**

**Mary Florence: 510-861-3270 or  
Linda Nakhai: 510-915-1513**



**Barb Montalbo**, CalBRE#01194113  
San Joaquin & Stanislaus Counties  
TLC Real Estate Re/Max Exec.  
Barb.TLCRealtors.com  
209-938-8140



**Suzanna Chew** Realtor®  
Serving the East Bay since 2004  
J. Rockcliff Realtors  
schew@rockcliff.com  
510-326-4125



# ADVERTISE WITH EAST BAY PUBLISHING AND REACH OVER 65,000

## TO PLACE A CLASSIFIED AD

**CALL** 510-614-1558  
**FAX** 510-483-4209  
**EMAIL** Classifieds@ebpublishing.com  
**ONLINE** www.ebpublishing.com

## TO VIEW THE CLASSIFIED ADS

Visit our Websites 24 hours a day  
**www.sanleandrotimes.com**  
**www.castrovalleyforum.com**  
2060 Washington Ave., San Leandro, CA 94577

## CLASSIFIED AD DEADLINE

New ads, cancellations or ad changes:  
**MONDAY BY 5:00 P.M.**  
Call 510-614-1558 (Mon. - Fri., 9 a.m - 5 p.m.)  
VISA, MASTERCARD & DISCOVER ACCEPTED

**AUTOS / TRUCKS**  
**\$35** 10 words  
(3 weeks)

**GARAGE SALES**  
**\$30** 10 words  
(1 week)

**HELP WANTED**  
**\$35** 10 words  
(1 week)

**MISC. FOR SALE**  
**\$30** 10 words  
(3 weeks)

**RENTALS**  
**\$35** 10 words  
(1 week)

**SERVICES**  
**\$30** 10 words  
(1 week)

ALL CLASSIFIED ADS ALSO RUN FREE ONLINE! • AD MUST BE PREPAID WITH CASH, CHECK OR CREDIT CARD • ADDITIONAL WORDS ARE \$1.00 EACH  
CLASSIFIED ADS RUN EVERY WEDNESDAY IN THE CASTRO VALLEY FORUM AND EVERY THURSDAY IN THE SAN LEANDRO TIMES

**PLACE YOUR CLASSIFIED AD ON OUR WEBSITE AND SAVE \$5 PER WEEK OFF THE ABOVE PRICES!**

## ANTIQUES WANTED

**RECORDS WANTED:**  
Jazz, Rock & Soul. Also Reel to Reel Tapes. Call 510-969-8988 or slsouth467@gmail.com

## AUTOMOBILES/TRUCKS CYCLES/TRAVEL TRAILERS

1986 BMW 325i, parting out or for sale. Call 510-861-3270.

1995 GMC Safari 8 passenger van. Runs excellent. Dual AC. New tires etc. \$3,250. Also 1997 Mercury Grand Marquis. Full power. Runs excellent. 112K miles. Cold AC \$2,950. 510-538-1309/ 510-493-8226.

2003 Infiniti G35, V-6, 4-dr, good condition. \$5,000 o.b.o. Call 510-567-3205.

**NEED - MUSIC LESSONS or PIANO TUNING?**  
Check the Classified Ads under "MUSICAL SERVICES" for help.

## CONCRETE SERVICE

\*AFFORDABLE CONCRETE. Driveways, Walkways, Patios, Retaining Walls, etc. Lic.#868589. 510-575-1163

\*MP CONCRETE. Driveway, Patio, Retaining Wall, Asphalt, Hauling. Lic.#1004427. Milo 510-502-9336.

**CASTRO VALLEY CONCRETE.** FREE Estimates. Excellent Quality Work. All Types. 25-years experience. Lic.#870781. 510-772-2537.

**We REEAALLLY appreciate our many Readers who support our Advertisers! Patrick V.**

**IF YOUR GARAGE SALE IS RAINED OUT, WE'LL RUN YOUR AD AGAIN FOR NO EXTRA CHARGE. SLTimes**

## CONTRACTOR SERVICE

### NOTICE TO READERS

California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State Law also requires that contractors include their license number on all advertising. Advertisers appearing on this page without a license number indicate that the contractor is not licensed. You can check the status of your licensed contractor at www.cslb.ca.gov or (800) 321-2752. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

**Advertise your Home for rent** in the San Leandro Times & Castro Valley Forum **DON'T LET ANOTHER WEEK SLIP BY!** - A vacancy day is money lost forever - To place an ad call 510-614-1558

## ELECTRICAL SERVICE

\*NEIL ELECTRIC. Commercial/ Residential/ Remodels. No Job to Small. Lic.#882448. Troy 510-470-2695/ 510-584-7810.

## EMPLOYMENT WANTED

### \*LOOKING FOR WORK?

Check the **Help Wanted** ads on the next page of this newspaper. **Also: Limited Time Offer!** You can run a FREE 15 word "Employment Wanted" ad. Ad runs in the San Leandro Times & Castro Valley Forum. Call 510-614-1558 to place an ad or for more info. (Some restrictions may apply)

**LANDLORDS** - Advertise your units! - A vacancy day is money lost forever - R. Bowman

## FENCES/DECKS

A.T. WOOD FENCES & DECKS Fence, Concrete, Tree, Lawns, Painting, Cleanups. 510-507-1457/ 510-507-0968.

**FENCE LEANING?** Don't replace... repair and save! Call Randy 510-706-6189.

*Help for the homeowner means business for you!*



**San Leandro Times HOME SERVICES GUIDE**  
**Call 614-1558**

## GARAGE SALES



### CASTRO VALLEY

**MULTIFAMILY YARD SALE** 10/7, 8am-3pm. 5064 Seaview Avenue, Castro Valley.

**HUGE GARAGE SALE** 10/7 & 10/8, 8am- 5478 Troost Court (off Cavendish) Castro Valley.

**CLASSIFIED AD DEADLINE:**  
Monday 5:00 p.m.

# HOME SERVICES DIRECTORY

## Fences/Decks

**Fence Leaning? Don't Replace... Repair & Save!**

**CALL NOW FOR YOUR FREE ESTIMATE!**

**510-706-6189**  
Randy McFarland

## Fireplaces/Stoves

**THE ORIGINAL RADIANT GAS FIREPLACE**  
**Valor**

Call 510-483-6600

TOP NOTCH ENERGY  
23 DUTTON AVENUE  
SAN LEANDRO  
Email: topnotchenergy@sbcglobal.net  
www.topnotchenergy-spas.com

## REACH OVER 60,000 READERS

Advertise your services in both of our newspapers... at one low price!

CASTRO VALLEY FORUM  
San Leandro Times

**HOME SERVICES DIRECTORY**

For More Information, Call 614-1558

## Gardening/Landscaping

**KATSURA LANDSCAPING**

- Landscape Design/Install
- Professional Hand Pruning

ISA Certified Arborist | Contractor Lic. #858145  
**510-828-4854**  
www.arboristbayarea.com  
mike@arboristbayarea.com  
Serving the East Bay for Over 10 Years

## Landscaping

**Oakland Landscaping**  
ESTABLISHED 1976

**COMMERCIAL & RESIDENTIAL IRRIGATION SYSTEMS/DRAINAGE**  
BRICK • CONCRETE • MASONRY  
**DROUGHT-TOLERANT LANDSCAPES**  
GARDEN LIGHTING • FENCING • SOIL LAWNS  
**EROSION CONTROL**  
RETAINING WALLS: ROCK • STONE • WOOD • BLOCK

**FREE ESTIMATES**  
CA Lic. #662406  
SINCE 1976

**510-917-8033**  
5900 COLISEUM WAY • OAKLAND, CALIFORNIA

## Painting

**Diego Painting**

- Residential/ Commercial
- Interior/ Exterior
- Power Washing

**FREE ESTIMATES**  
Lic. #855054 • diegopainting@comcast.net  
www.diegopainting.com  
**(510) 331-6152**

## Roofing

Lic. #311818

**K REED ROOFING**  
Complete Residential & Commercial Roof Systems

**(510) 357-5116**

**Call Now For A Free Written Roof Analysis & Estimate**  
Serving San Leandro & The Entire Bay Area. For Those Who Demand Superior Personalized Attention.  
SINCE 1975 / FULLY INSURED

## Roofing / Gutters / Solar

**RIDOUT ROOFING CO.**  
~ SINCE 1922 ~

**ALL TYPES OF ROOFING & GUTTERS P.V. SOLAR / SKYLIGHTS**

**FREE ESTIMATES SENIOR DISCOUNTS**  
**(510) 351-1922**  
621-A WILLIAMS • SAN LEANDRO  
STATE CONTRACTORS LICENSE NUMBER 260176

# HOME SERVICES DIRECTORY

Utilize the best tool in your box...  
**Advertise!**  
Reach over 60,000 readers for one low price!

CASTRO VALLEY FORUM  
San Leandro Times

For more information on how to advertise in this section, call Patrick at 614-1558.



## Landscaping

**Oakland Landscaping**  
ESTABLISHED 1976

**COMMERCIAL & RESIDENTIAL IRRIGATION SYSTEMS/DRAINAGE**  
BRICK • CONCRETE • MASONRY  
**DROUGHT-TOLERANT LANDSCAPES**  
GARDEN LIGHTING • FENCING • SOIL LAWNS  
**EROSION CONTROL**  
RETAINING WALLS: ROCK • STONE • WOOD • BLOCK

**FREE ESTIMATES**  
CA Lic. #662406  
SINCE 1976

**510-917-8033**  
5900 COLISEUM WAY • OAKLAND, CALIFORNIA

## Painting

**Diego Painting**

- Residential/ Commercial
- Interior/ Exterior
- Power Washing

**FREE ESTIMATES**  
Lic. #855054 • diegopainting@comcast.net  
www.diegopainting.com  
**(510) 331-6152**

## Roofing

Lic. #311818

**K REED ROOFING**  
Complete Residential & Commercial Roof Systems

**(510) 357-5116**

**Call Now For A Free Written Roof Analysis & Estimate**  
Serving San Leandro & The Entire Bay Area. For Those Who Demand Superior Personalized Attention.  
SINCE 1975 / FULLY INSURED

## Roofing / Gutters / Solar

**RIDOUT ROOFING CO.**  
~ SINCE 1922 ~

**ALL TYPES OF ROOFING & GUTTERS P.V. SOLAR / SKYLIGHTS**

**FREE ESTIMATES SENIOR DISCOUNTS**  
**(510) 351-1922**  
621-A WILLIAMS • SAN LEANDRO  
STATE CONTRACTORS LICENSE NUMBER 260176

# REACH OVER 60,000 READERS

Advertise your services in both of our newspapers... at one low price!

CASTRO VALLEY FORUM  
San Leandro Times

**HOME SERVICES DIRECTORY**

For More Information, Call 614-1558



**Thank-You...**

Perez Gardening for advertising with us for over 12 years!

**PEREZ Gardening & Maintenance**

**TREE SERVICE**

Pruning, Topping, Removing, Synthetic Grass Installation, Planting, New Lawns & Lawn Care, Sprinkler Systems, Lots & Hill-sides Cleaned & Planted, Drainage/Gutters, Fences, Decks, Patios, Arbors, Concrete, etc.

**CALL 510-385-2122**

**FREE ESTIMATES**  
EXCELLENT REFERENCES / SINCE 1994  
INSURED / ALL WORK GUARANTEED / UNLICENSED

**We truly appreciate all of our advertisers!**

San Leandro Times / Castro Valley Forum



## GARAGE SALES

**ESTATE/ GARAGE SALE** 10/7, 7:30am-. 17731 Buti Park Court, Castro Valley.

## SAN LEANDRO

## SAN LEANDRO CITYWIDE GARAGE SALE

The City of San Leandro is hosting a Citywide Garage Sale on SAT., OCT. 7, 8am-1pm. Over 200 homes will sell clothing, housewares, furniture, and one-of-a-kind treasures. [Look](#) for our full-page ad on page 5 of this weeks San Leandro Times for a map & listing of participating addresses.

**SALE** 10/7, 8am-2pm. Computers printers electronics, tools, camping, clothing, MORE! 695 Dowling Blvd. www.695DowlingBlvdSanLeandroCA.com

**GARAGE SALE** 10/7, 8am-5pm. Furniture, Home decor, Home fixtures, Clothing, Shoes, Bathroom items, etc. 2544 Benedict Drive (Bay-O-Vista) San Leandro.

## SAN LORENZO

**MOVING SALE** 10/7, 8am-4pm. Power and hand tools, sports (fishing/ camping), etc. 1157 Via Dolorosa, San Lorenzo.

## SHEFFIELD VILLAGE

**SHEFFIELD VILLAGE GARAGE SALES** (off Dutton, above Hwy 580)

**Saturday** 10/7, 8am-2pm  
Covington Street: 157, 326, 332, 339  
Marlow Drive: 145, 157, 273, 387  
Revere Ave: 3040, 3201, 3378, 3460  
Old, NEW and Collectible items!!!!

## GARDENING

**\*ANY YARD WORK.** Cleanups & Maintenance. Free Estimates. Call 510-798-1833.

## GARDENING

**\*BEAUTY GARDEN LANDSCAPING** Design - Construction - Maintenance. Cleanups, New Lawn, Irrigation, Patios, Pathways, Brick, Stone, Concrete Fence/Decks. Free Estimates! Lic.#925130. 510-691-8852

**\*NAVA'S COMPLETE LANDSCAPING:** Mowing, trees, cleanup/hauling. FREE estimates. 510-512-5857/ 510-356-8166.

**AL'S Keep It Green But Trim.** Yard Maintenance. Weekly/ Biweekly. Since 1995. FREE Estimates. 510-927-6663.

**GARCIA'S FENCE & TREE SERVICE & LANDSCAPING.** Lic# 524226. Free Estimate Call Anytime 24/7. All Work Guaranteed. Call 510 210-2716

**JAIME'S GARDENING** Maintenance, Trimming, Cleanups, Hauling, Sprinkler Repair/ Timers. FREE Estimates. Insured. 510-299-9583

**LOSOYA TREE SERVICE** Residential/ Commercial. 18-years experience. Pruning, Removal, Cleanups, etc. Free Estimates. Insured. Gustavo 510-302-9675, unlicensed.

**LUIS GARDENING & HAULING SERVICE.** Maintenance, Mowing, Weeding, Cleanups, Hauling, etc. Insured. Unlicensed. 510-499-5453

## GIVEAWAYS

**FREE** - Firewood for camping (all cut and ready to go). Also redwood logs (already cut & split). Also Construction leftovers. Large truck loads only. Call 7am - 7pm, 7 days a week 510-909-6182, San Lorenzo. Will not accept restricted phone numbers.

## HANDYMAN SERVICE

**BOBBY'S HANDYMAN.** No Jobs to Small. Reasonable Rates. Call 510-934-1251.

**ENRISA CONSTRUCTION.** Remodeling, Kitchens, Baths, Drainage, Foundations, Retaining Walls, Painting/ Landscaping. Lic.#1022942. FREE Estimates. Hablamos Español. Juan 510-798-2959 EnrisaConstruction@gmail.com

**KING CONSTRUCTION,** a Father & Sons Remodeling and Plumbing Company since 1972. Construction and Plumbing Specialists. Room Additions, Baths, Kitchens, Decks, Seismic Retrofits, Furnace, Hot Water Heaters, and ALL Home Repairs. Lic.#273546. Bonded/Insured. Call George King 510-483-7126 or 510-882-5169. gwconstruction@gmail.com

**TORRES, A PERFECT HANDYMAN** •Honest •Dependable •Responsible Painting, Plumbing, Retaining Walls, Fences, Tiles, etc. FREE Estimates. 510-305-3205

## HAULING SERVICE

**\*SMALL/LARGE JOBS.** Wood, trash, concrete, furniture. Low rates. 510-268-1412/ 510-631-5463.

**HAULING:** Small and Big Jobs. Furniture, Concrete, Wood, Trash, Metal, Demolition. Also house inside/ outside cleanups. 510-715-1578.

## HELP WANTED

**Teacher needed** PT/FT for qualified applicants at Kids Care Plus. Must pass background check. 510-538-7577.

**CLASSIFIED AD DEADLINE:**  
Monday 5:00 p.m.

## HELP WANTED

## GENERAL



The City of San Leandro will be accepting online applications starting October 4, 2017 for:

**Recreation Leader II/Recreation Specialist I** (part-time) - \$12.61-\$20.53/hour

For more detailed information, please visit [www.sanleandro.org](http://www.sanleandro.org) EOE

**Hiring** full-time AM & PM workers in thredUP retail warehouse. \$12/hr AM, \$12.50/hr PM. Text thredUP to 97211 or email hireme@thredUP.com

## HEALTH CARE

**Carlton Senior Living NOW HIRING** Caregivers AM/PM/NOC. Apply online [CarltonSeniorLiving.com](http://CarltonSeniorLiving.com) Walk-ins Welcome! 1000 E. 14th Street, San Leandro.

**Caregiver & Live-in Care Giver** needed in San Leandro. Must speak English. Call at 510-529-6039.

## HOUSE CLEANING

**\*CONNIE'S NATURAL CLEANING** Licensed/ Insured/ Bonded Make Your Home a Pleasant and Healthy Environment [www.conniesnatural.com](http://www.conniesnatural.com) Call 510-506-5053

**Cristina House Cleaning,** free estimates, senior discount. Bus.-Lic. #121121. 510-825-0459.

**Dolly's House Cleaning.** Free Estimates. Reliable/ Licensed/ Bonded & Insured. Call 510-969-4611.

## HOUSE CLEANING

**EDITH'S HOUSE CLEANING** Excellent references. Free estimates. Low rates. 510-314-7030.

**WALTON'S JANITORIAL** Licensed / Bonded / Local

For a **SPARKLE CLEAN OFFICE** or Home  
Windows • Floors  
• Carpets • Restrooms  
**Phone 352-7948**  
Member of S.L. Chamber of Comm.

## MISC. FOR SALE

## SPORTS

**4-pc** St. Croix 9' fly rod. \$40. 510-398-8276.

**Currie Electric** 10-speed Mountain bike, like new, extras. \$499. Leave message at 510-537-2781.

## MUSICAL SERVICES LESSONS

**EAST BAY MUSICIAN** - Lessons, Good with Kids. Call 510-427-3955.

## PATENTS

For Inventors\Small-Biz!  
Invention, idea, brand?  
SaveMoneyOnPatents.com  
e-mail questions to us!

## REAL ESTATE AGENTS



Are you interested in buying or selling a home or property?

Would you like the help of a Professional Agent?

For assistance call ...

**\*SCOTT HARRISON** - Realtor  
Coldwell Banker 510-388-4536

## RENTALS

## APARTMENTS

**Castro Valley** 2-bedroom, 1-bath, Walk to BART and Village. Gated, laundry, pool, fitness. \$1,995. 510-582-8389.  
[www.bartplazaapartments.com](http://www.bartplazaapartments.com)

**Hayward** 1-bedrooms \$1,325 - \$1,425, 2-bedrooms \$1,595 - \$1,695 (check availability). Patios, balconies, pool, ample parking, storage, spacious. 510-887-6633.

**Hayward** clean 1-bedroom, 1-bath. Near BART, shopping/ freeway. \$1,150. 510-276-5363.

**Hayward** spacious 1-bedroom \$1,200+, 2-bedroom \$1,500+. Balcony, patio, pool. 510-581-4702.

**LANDLORDS** - Advertise your units! A vacancy day is money lost forever ... R. Bowman

## SERVICES

**SELL YOUR CAR OR TRUCK** with a Classified Ad  
For more info or to place an ad call 510-614-1558  
San Leandro Times/Castro Valley Forum

## TREE SERVICE

**\*A CAREFUL TREE SERVICE.** Certified. Arborist. Lic.#694067. Trimming, Removals. **FREE** Estimates. Bonded. Call 510-581-7377.

## YOUR INFO

**Advertise** your Home for rent in the San Leandro Times & Castro Valley Forum **DON'T LET ANOTHER WEEK SLIP BY!**  
- A vacancy day is money lost forever -  
To place an ad call 510-614-1558

**CLASSIFIED AD DEADLINE:**  
Monday 5:00 p.m.

## YOUR INFO

**VIEW the CLASSIFIED Ads Online at**  
[sanleandrotimes.com](http://sanleandrotimes.com) or  
[castrovalleyforum.com](http://castrovalleyforum.com)  
For help or for more info call  
**510-614-1558.** E.B. Publishing

All real estate advertised in the CASTRO VALLEY FORUM and SAN LEANDRO TIMES is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination because of race, color, religion, sex, handicap, marital status, national origin or intention to make any such preference, limitation or discrimination.



**EASTBAY PUBLISHING, INC.** will not knowingly accept any advertisements for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

BUY, SELL & SAVE  
HERE IN YOUR LOCAL  
MARKETPLACE

[CastroValleyForum.com](http://CastroValleyForum.com)

[SanLeandroTimes.com](http://SanLeandroTimes.com)

PLACE YOUR  
CLASSIFIED  
ADS ONLINE!

[CastroValleyForum.com](http://CastroValleyForum.com)

[SanLeandroTimes.com](http://SanLeandroTimes.com)



**Help for the homeowner means business for you!**



**ADVERTISE YOUR BUSINESS IN OUR HOME SERVICES DIRECTORY**  
**CALL 614-1558**

**Need Remodeling?**  
**How about a new kitchen or bath?**



**CHECK OUT OUR CLASSIFIED ADS & HOME SERVICES FOR HELP!**

**THANK-YOU** for supporting the Castro Valley Forum and San Leandro Times!



We greatly appreciate our many advertisers who make it possible for us to publish these newspapers.

## HOME SERVICES DIRECTORY

## Gardening / Tree Service

**PEREZ Gardening & Maintenance**  
**TREE SERVICE**  
Pruning, Topping, Removing, Synthetic Grass Installation, Planting, New Lawns & Lawn Care, Sprinkler Systems, Lots & Hill-sides Cleaned & Planted, Drainage/Gutters, Fences, Decks, Patios, Arbors, Concrete, etc.  
**CALL 510-385-2122**  
**FREE ESTIMATES**  
EXCELLENT REFERENCES / SINCE 1994  
INSURED / ALL WORK GUARANTEED / UNLICENSED

## Handyman

**HANDYMAN SERVICES**  
Serving Castro Valley & San Leandro for 28 Years  
**Big or Small — We Do It All!**  
**(925) 548-4202**

## Hardwood Flooring

**FERREIRA'S HARDWOOD FLOORING**  
Sand • Install • Refinish  
Glista • Oil Base  
25 Years Experience  
**FREE ESTIMATES**  
Call Jeff Today!  
**510-366-6491**  
Lic. #803455

## House Cleaning

**Tender Loving Care**  
House Cleaning Service  
Family Owned Since 1980  
WEEKLY • BI-WEEKLY • MONTHLY  
EMPLOYEES COVERED BY WORKERS' COMP STATE DISABILITY INSURANCE  
Specializing in detailed cleaning tailored to your home  
**FREE ESTIMATES**  
Email: [PATTYATTLC@AOL.COM](mailto:PATTYATTLC@AOL.COM)  
[www.tlc-housecleaning.com](http://www.tlc-housecleaning.com)  
**510-481-9193**  
BONDED & INSURED • ALL TAXES PAID

## Plumbing

**CAPELLI PLUMBING & DRAIN CLEANING**  
Compare Our Prices!  
FREE ESTIMATES 24/7 SERVICE  
**BBB** Military & Senior Discounts  
Family Owned & Operated  
**510-969-4358**  
LIC. #904794

## Plumbing

**Z AND Z PLUMBING**  
Specializing in all your plumbing needs with very affordable rates.  
— LICENSED & INSURED —  
License #896116  
**(510) 708-4237**  
FAX (510) 351-3300  
[www.ZandZplumbing.com](http://www.ZandZplumbing.com)

## Roofing

**Wonderlin ROOFING SYSTEMS**  
Castro Valley Lic. #642517 • Insured/Bonded  
FAMILY OWNED & OPERATED  
Over 25 Years Experience  
Reroofs • Repairs • Inspections  
Dry Rot Repair • Seamless Gutters  
(Pre-painted)  
**FREE ESTIMATES**  
**\$200.00 OFF**  
COMPLETE REROOFING WITH TEAR-OFF  
One Coupon Per Customer • Expires 11/30/17  
**(510) 538-1530**  
We Specialize in Residential Roofing

## Thank-You...

**Katsura Landscaping for advertising with us for over 16 years!**

**KATSURA LANDSCAPING**  
• Landscape Design/Install  
• Professional Hand Pruning  
ISA Certified Arborist | Contractor Lic. #858145  
**510-828-4854**  
[www.arboristbayarea.com](http://www.arboristbayarea.com)  
[mike@arboristbayarea.com](mailto:mike@arboristbayarea.com)  
Serving the East Bay for Over 10 Years

**We truly appreciate all of our advertisers!**

**San Leandro Times / Castro Valley Forum**





The Bay East Association of Realtors Foundation raised more than \$18,000 at its "Cheers to the Future" Event in September.

## Realtors Raise \$18,000+ For Local Scholarships

In a single evening the Bay East Association of Realtors Foundation raised more than \$18,000 for its scholarship program for local students.

The "Cheers to the Future" event on Sept. 23 at 3 Steve's Winery in Livermore hosted 120 participants who enjoyed wine, gourmet food trucks and live music.

"The people came in droves and had a really good time," said Foundation President Richard Fitzmaurice. "The success of 'Cheers to the Future' will allow the Foundation to take their scholarship program to another level.

In 2017, the Bay East Foundation recognized 20 students from the East Bay with \$1,000 scholarships. Recipients were selected based on their academic achievements, extracurricular activities, and community involvement.

"In the last three years we've given out \$70,000 in scholarships to East Bay students. That program will continue and continue on an even grander scale," Fitzmaurice continued.

The stated mission of the nonprofit Bay East Foundation is to provide financial support for education and charitable needs within the East Bay.

**LETTERS TO THE EDITOR** must include writer's first and last names, phone number, city of residence, and must be under 300 words. Email Letters to: fredz@ebpublishing.com, or mail to: The Forum, P.O. Box 2897, Alameda, CA 94501.

## Obituaries

**CASTRO VALLEY FORUM OBITUARIES**  
may be emailed to: obits@ebpublishing.com or faxed to 510-483-4209. Include a phone number. For help, call Patrick Vadnais at 510-614-1558

**DeLORE, Elizabeth Rooney STELLY, Joseph, Jr.**

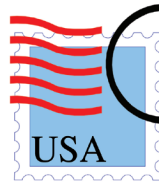
■ **DeLORE, Elizabeth Rooney** (January 3, 1924 – August 22, 2017) will be missed by many but especially by Dennis, Diane, Joseph, Marilyn and their families.

■ **STELLY, Joseph, Jr.** passed away suddenly at home on September 24, 2017. Funeral will be held on Friday, Oct. 6, at 11 a.m. at the Church of the Transfiguration, 4000 E. Castro Valley Blvd., in Castro Valley. He will be missed.

# LETTERS

TO THE EDITOR

FREDZ@EBPUBLISHING.COM



### Urges a Vote for an Elected Municipal Advisory Council

Editor:

Castro Valley residents want more accountability and local control of an elected government. This includes the ability to elect members to the Castro Valley Municipal Advisory Council (MAC).

Currently, the Alameda County Board of Supervisors appoints members to the Castro Valley MAC. In order to change this process and allow CV residents to directly vote for MAC members, please attend a meeting tomorrow, October 5 at 6:00-7:30 PM at the San Lorenzo Library (395 Paseo Grande, San Lorenzo).

This Eden Area Livability Initiative (EALI) Governance meeting will include an agenda item for an elected Castro Valley MAC. Castro Valley residents need to attend this meeting (wear green and gold!) to show support for an elected MAC and urge the Alameda County Board of Supervisors to put it to a vote on the 2018 ballot.

The Castro Valley MAC gives crucial advice to the Board of Supervisors on decisions that affect everyday life, from the choice of businesses, where you shop and dine, how the downtown looks, parking, and much more.

Electing Castro Valley MAC members will give residents a voice in Castro Valley's future.

Vote for a Vote for an Elected Castro Valley MAC on Thursday  
—Carey Sanchez Para  
Castro Valley

### A Life and a Dog

Editor:

You walk your dog in the neighborhood. As you pass a house, your dog decides to do his duty. For whatever reason, you ignore it. You don't pick it up. You continue your walk.

Or maybe you just let your dog out of the house without a leash, to do his/her thing in the neighborhood. He/she came back and you continued on with your day.

The elderly man who lived in the house didn't just let it lie though. He bent down to pick it up because you didn't. Only he lost his balance and fell over. He has diabetes and hurt his leg. The fire department came and an ambulance took him to the hospital. He never came home again. Today he died, still in the hospital.

Are you walking your dog today?  
—Betty Enoch  
Castro Valley

### Values 'Americans Who Don't Take Advantage of their Rights'

Editor:

I'm sure glad we have citizens such as Flo Wiley ("Thinks GOP Should Be Chanting 'Lock Him Up'," Letters, Sept. 27) to tell us just what "American values" are.

I am actually crazy enough to value the fact that Americans are so optimistic about their future that my daughter's retirement plan is up over 20% so far this year. This same plan earned her all of 6% last year.

I value those Americans who don't take advantage of their rights but instead try to do what is right. Sure, football players have the right to kneel down during the National Anthem but it doesn't mean it's the right thing to do.

I'd be willing to bet that if they had a relative who came home a wounded veteran of war they'd think twice and show respect to the flag and what it represents.

I value a President who is willing to fight North Korea or whoever else threatens true American values. The last administrations just about gave up the ranch to appease our enemy.

But I do not value those who cowardly wear black masks and promote violence toward those who simply voice an opinion different from theirs.

Finally I encourage Ms. Wiley to pick up the October 2nd edition of Time magazine, turn to page 40 and you'll see just how few Americans have the same values as yours and why the Democratic party is such a mess right now.

—Cliff Mason  
Castro Valley

### Says There's Too Much 'Breaking News' on the TV

Editor:

This is for the TV channels 2-4-5-7 news and "breaking news" stations. We love you all. But we love our daytime programs and soap operas.

We are seniors, handicapped, aged, unemployed, bed-ridden. We get upset when Breaking News stops our programs. You make us watch Breaking News on all the stations. Then we see it all again at 4 p.m., 5 p.m., 6 p.m. and so on.

Once we had to watch the police going after a SUV all over Oakland. We do have feelings for the hurt and injured, but please make Breaking News short, and don't go on and on.

—Martha Soto

## HOROSCOPE by Salomé

© 2017 King Features Synd., Inc.



**ARIES (March 21 - April 19):** Someone has some suggestions to offer regarding your new project. You might find them helpful. Remember to avoid speculation and to stick with just the facts, Lamb.



**TAURUS (April 20 - May 20):** An old friend suddenly reappears. Whether this proves to be a boon or a bane in the Bovine's life depends on the reason for this surprising reappearance. Be cautious.



**GEMINI (May 21 - June 20):** Vital information finally emerges, allowing you to make that important personal decision. You can now move your focus to an upcoming professional development.



**CANCER (June 21 - July 22):** You might not like seeing so many on-the-job changes. But some of them could open new opportunities for the Moon Child's talents to shine to your best advantage.



**LEO (July 23 - August 22):** An apparently solid-gold opportunity beckons the Lion. But check to see if all that dazzle isn't just a sprinkling of surface glitter. Check it out before making a commitment.



**VIRGO (August 23 - Sept. 22):** A close friend could offer advice on how to handle a difficult family matter. But in the end, the decision has to be made based on what is best for you and those you love.



**LIBRA (Sept. 23 - October 22):** Family problems are best worked out with all those concerned contributing suggestions that will ease tensions. Stay with it until a workable solution is found.



**SCORPIO (October 23 - November 21):** Expect to hear more about an offer that has piqued your interest. You earn respect for insisting on solid facts, not just a fancy talk about potential opportunities.



**SAGITTARIUS (Nov. 22 - Dec. 21):** What seemed to be a reasonable workplace request might need to be defended. Don't fret. You have both the facts and a surprise ally on your side.



**CAPRICORN (Dec. 22 - Jan. 19):** A bit of capriciousness might be just what you need. Plan to kick up your heels in a round of fun and games with family and friends this weekend.



**AQUARIUS (Jan. 20 - Feb. 18):** Although some of your plans might have to be put on hold, things do begin to take a turn for the better by midweek. Your financial crunch also eases.



**PISCES (Feb. 19 - March 20):** Your financial picture begins to brighten by week's end. There also are favorable changes in your personal life. Someone you care for has good news to report.

## THE FORUM CROSSWORD

1	2	3	4	5	6	7	8	9	10	11
12				13			14			
15				16			17			
18						19	20			
			21			22				
23	24	25		26		27		28		29
31			32		33		34		35	
36				37		38		39		40
			41		42		43		44	
45	46					47			48	49
51					52	53				
54					55			56		
57					58			59		

### ACROSS

- 1 Recycling containers
- 5 Cauldron
- 8 Aladdin's
- 12 And others (Abbr.)
- 13 "Go, team!"
- 14 Israeli airline
- 15 Hamlet's castle
- 17 Theater award
- 18 Aircraft
- 19 Tomorrow, in Tijuana
- 21 Space
- 22 Grand tale
- 23 Ref
- 26 Energy
- 28 Ancestor of Noah
- 31 Equitable
- 33 Knock
- 35 Great Lake
- 36 Possessed
- 38 24 hours
- 40 Corn spike
- 41 "Yeah, right!"
- 43 Pirouette pivot
- 45 Just say no
- 47 Senator's minimum age
- 51 Fermi's particle
- 52 One of Alvin's cohorts
- 54 Certain
- 55 Mangy mutt
- 56 Hebrew month
- 57 The \_\_\_ Piper of Hamelin
- 58 Coop dweller
- 59 Rod partner

### DOWN

- 1 Honk
- 2 "\_\_\_ have to do"
- 3 Houston acronym
- 4 David's weapon
- 5 Flourish
- 6 Skull tool
- 7 Central subject
- 8 Strong and regal
- 9 Tuna type
- 10 Primary
- 11 Entreaty
- 16 Tide type
- 20 Mimic
- 23 E.T.'s craft
- 24 Gullet
- 25 Ship in a Gilbert & Sullivan work
- 27 Cushion
- 29 Spy org.
- 30 Yon maiden
- 32 Picked up where you left off
- 34 Seamstress' aid
- 37 Insult (Sl.)
- 39 Pirate's refrain
- 42 Command to Fido
- 44 Duck down
- 45 Grate
- 46 Needle case
- 48 Portrayal
- 49 Verifiable
- 50 Holler
- 53 Coloration

ANSWERS ON PAGE 2

Since 1965  
**Jess C. Spencer**  
Mortuary & Crematory  
21228 Redwood Rd.,  
Castro Valley  
581-9133

*In Our Care*

**Joseph M. Duran**  
Born  
March 8, 1934  
Entered into Rest  
October 10, 2017



FD 1168 CR49

**SARA L. ENNOR**  
**LAWYER**

- Wills & Trusts
- Benefits, ERISA
- QDROs

**510-633-9985**





Signs are posted on all Park District trails that are covered by the E-Bike pilot program.

## E-Bike Pilot Program

A year-long pilot program for electric-motor-assisted bicycles, called “e-bikes,” is now underway on three paved East Bay Park District Regional Trails – the Alameda Creek Trail in Alameda County, the Iron Horse Trail in both Alameda and Contra Costa counties, and the Contra Costa Canal Regional Trail in Contra Costa County.

E-Bikes will continue to be prohibited on all other Park District trails.

Only Class 1 & 2 electric motor-assisted E-Bikes are allowed by the pilot program.

Class 1 E-Bikes are pedal assisted and can only be activated through pedaling.

Class 2 E-Bikes can be activated through a throttle. Both Class 1 & 2 E-Bikes are limited to low speeds.

All E-Bikes have fully operable pedals and electric motors with less than 750 watts.

As part of the pilot program the Park District will monitor usage, and conduct surveys on the trails.

“There has already been lots of interest from the community, especially among those with physical limitations,” said Dan Cunning, the District’s Manager for Regional Trails. “E-Bikes are likely to further increase bicycle commuting on paved regional trails. The trails play an important role in transportation by providing alternative, non-vehicle options that are environmentally friendly.”

The East Bay Regional Park District Board of Directors authorized the pilot program at their July 5 board meeting.

## Enrollment: Prescription Drug Plans

*continued from page 6*

enrollment period at various locations throughout each state.

To find the contact information for your local SHIP visit [Shipta-center.org](http://Shipta-center.org), or call the eldercare locator at 800-677-1116.

### Low-Income Assistance

If you find yourself struggling to pay your medication costs, check out Medicare’s “Extra Help” program. This is a federal low-income subsidy that helps pay Part D premiums, deductibles and copayments. To be eligible, your income must be under \$18,090 or \$24,360 for married couples living together, and your assets must be below \$13,820 or \$27,600 for married couples.

For more information or to apply, call Social Security at 800-772-1213 or visit [SSA.gov/medicare/prescriptionhelp](http://SSA.gov/medicare/prescriptionhelp).

Other resources that can help include RxAssist.org, which maintains a comprehensive database of patient assistance programs, set up by drug companies for those who have trouble affording their medications.

And NeedyMeds.org, a national nonprofit organization that maintains a website of free information on programs that help people who can’t afford their medications or other health-care costs.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org).



PHOTO BY EAST BAY REGIONAL PARK DISTRICT

The first large-scale effort to remove tiny bits of plastic debris from East Bay beaches will be conducted this Sunday using static-charge filtration screens at the Albany waterfront.

## Volunteers Needed for ‘Sift the Sand’ Beach Filtration Sunday

This Sunday, teams of volunteers will deep-clean an East Bay Beach by sifting harmful microplastics out of the sand to prevent them from leaching into the marine habitat of San Francisco Bay.

This technique, using static-charge filtration screens to attract tiny microplastics, is being used on beaches around the world. Sunday’s “Sift the Sand” project at Albany Beach will be the first large-scale effort in the East Bay.

Volunteers will learn hands-on beach restoration techniques from Marc Ward of Sea Turtles Forever, an Oregon-based nonprofit devoted to the conservation of marine turtles and the protection of their nesting and foraging habitats.

Ward is the inventor of the patented “static-charge filtration screen” that will be used at the event. The events a great opportunity for volunteers to help improve wildlife habitat and connect with nature.

A 2015 survey conducted by Clean Oceans International found that plastics and polystyrene foam made up the largest percentage of debris on beaches around the San Francisco Bay.

Volunteers are needed from 10 a.m. to 1 p.m. and 1 p.m. to 4 p.m. on Sunday, Oct. 8. To sign up, email [albancycadogs@gmail.com](mailto:albancycadogs@gmail.com) or call 510-473-2626.

More than 50 people, many of them students, have already signed up to volunteer.

## District Attorney Launches ‘Justice Restoration’ for Young Offenders

Alameda County District Attorney Nancy O’Malley and several other county agencies are launching a special program to benefit youths who are in the criminal justice system.

The “Alameda County Justice Restoration Project” takes young adults ages 18 to 24 who have been charged with felonies or are on felony probation and enters them in counseling, individualized coaching and other programs in an attempt to reduce recidivism.

Now in its pilot phase, the project will serve 29

young adults, and the full program, which starts in January will serve an additional 150 people.

“This project provides a pathway for a better life,” said O’Malley in a written statement. “We understand that recidivism is a problem that affects communities throughout the county, the state, and the nation. Repeatedly jailing low-level offenders without providing supportive services and opportunities for employment and education is not the answer. The criminal justice system and our citizens are best served when we

embrace new ideas and approaches to addressing crime, punishment, and rehabilitation.”

A key partner is La Familia Counseling Services, a community based organization

that will support young adults returning to their neighborhoods in Alameda County through its

individualized coaching. Clients will be paired for 18 months with coaches with similar life experi-



### Tender Loving Care Pet Grooming

25 years Experience

Walk-Ins Welcome

**DOG GROOMING: Just**  
Sm. Dog \$40 / Med. Dog \$45 / Lrg. Dog \$55  
Includes: Bath, Haircut, Ear Cleaning, Anal Cleaning, Nail Trimming, Brush Teeth

**BATH: Only**  
Sm. Dog \$25 / Med. Dog \$30 / Lrg. Dog \$40  
Nail Trimming Only, \$5 to \$8

**CAT GROOMING: \$55** (Exp. 10/31/17)

To make an appointment call:  
**510-589-6801**  
Sat. - Thur.: 9am-5pm  
Closed Friday

**16242 E. 14th Street, San Leandro**

### Health Day Spa

FACIAL .....\$40

HOT STONE  
60 minutes....\$50

FOOT & BODY TREATMENT  
70 minutes....\$40 • 90 minutes....\$45

510-889-0268 • 10am - 9:30pm Daily  
20660 Redwood Rd., Castro Valley  
(Wells Fargo Plaza)

Bring In Ad Get  
**\$5 Off**  
On All Services  
over \$35  
Exp. 10/10/17

Cannot be combined with any other offers.

### Beauty Salon & Day Spa

15100 Hesperian Blvd. • #102 • San Leandro • 510-481-7888  
10-MINUTE DRIVE FROM CASTRO VALLEY

**Services:** Skin Care, Hair Cut, Color, Highlights, Perm, Permanence Straightening, Waxing, Pedicure, Manicure, Shellac, Fake Nails, Foot Reflexology, Body Massage, Body Scrub

**OUR CUSTOMERS' #1 CHOICES:**

- Oil Body & Shoulder Massage & Stone Foot Massage  
\$50 (90 minutes) • \$65 (120 minutes)  
You can also request warm stones for your whole back
- Sea Salt Body Scrub & Stone Foot Massage • \$60 (90 minutes)
- Deluxe Pedicure & Warm Stone Massage • \$35

Trimming, shaping and cuticle grooming. Paraffin treatment with mask and warm towels. Nourishing, buffing and polishing. Callous treatment with sugar scrub or sea salt. Hot stone massage and warm lotion massage.





- Basic Facial: .....\$50/70 minutes
- Men's Haircut: .....\$12 & up
- Women's Haircut: .....\$20 & up
- Eyebrow Wax: .....\$10 & up
- Basic Pedicure & Manicure: .....\$30/person
- Gel Manicure (Shellac Manicure): .....\$25/set

PRICES MAY CHANGE AT ANY TIME

[www.BeautySalonDaySpa.com](http://www.BeautySalonDaySpa.com) • [www.sanleandrofootspa.com](http://www.sanleandrofootspa.com)

On Sale in October!

### New Chapter Vitamins

**25% OFF**



Since 1969

**HEALTH UNLIMITED**

— NATURAL FOODS —

**San Leandro**  
182 Pelton Center  
(510) 483-3630



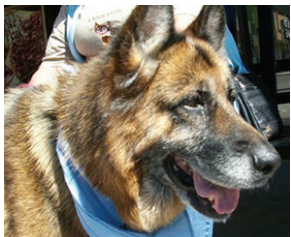
## ADOPT-A-PET



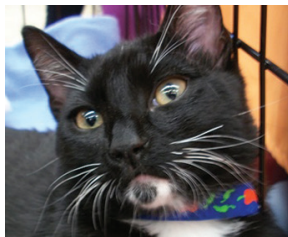
**JUICY** is an 8-years-young poodle who loves being your sidekick. She's social and does well with other dogs. Good with kids of all ages. Info: Hayward Animal Shelter. (510) 293-7200.



**FANCY** is a 5-month-old, happy-go-lucky kitten who is spunky and curious. She loves chasing toy mice and catching cat naps. Info: Hayward Animal Shelter. (510) 293-7200.



**JUANITA** was found as a stray. She is about 10 years old and 64 lbs. (she could use a few more pounds and is working on that in her foster home). More info., visit: [dustypawsrescue.org](http://dustypawsrescue.org)



**PATCH** is one of a litter of 4 kittens born in April and discovered in a dumpster at only 3 weeks old. Patch love to play and has had his first set of vaccinations. visit: [dustypawsrescue.org](http://dustypawsrescue.org)

## Reports: CV

*continued from page 3*

man on Castro Valley Boulevard near John Drive. The man was taken to Santa Rita Jail pending \$20,000 in bail.

### Busted for Narcotics Drugs

Tuesday, September 26: at 7:25 p.m., deputies arrested a 44-year-old man with no permanent address on suspicion of possession of illegal narcotic drugs. The man was walking along the Boulevard near Wisteria Street when deputies stopped the man for questioning and discovered his stash. The man was taken into custody.

### Shoplifter with Drug Pipe

Tuesday, September 26: at 11:58 p.m., a 52-year-old man with no permanent address was arrested on suspicion of shoplifting, violating the terms of his probation, and possession of a pipe used for smoking drugs. Deputies were called to a grocery store on Redwood Road near Castro Valley Boulevard following a report of a shoplifter apprehended with an unspecified amount of merchandise. The man was handcuffed and taken into custody.



PHOTO BY BOB MADDOW

Installation of an irrigation system began last month and upgrades to buildings and equipment at the Redwood Canyon Golf Course will take place in coming years.

# Redwood Canyon Course Gets a New Lease on Life

By Linda Sandsmark  
CASTRO VALLEY FORUM

Redwood Canyon Golf Course is undergoing a renaissance of sorts, having recently inked a 15-year lease with its interim steward, Touchstone Golf.

Players on the links are already taking notice.

"Real work on the irrigation system is now starting — not just installation of repair clamps," says golfer and longtime Castro Valley resident Bob Maddow. "I think this is an important sign that this wonderful local golf course is finally coming back to what it can be, and I'm more optimistic about it than I have been in years."

Touchstone was awarded Redwood Canyon's management lease last month by the East Bay Regional Park District (EBRPD) after competitive bidding.

The company has managed Redwood Canyon on an interim basis since December 2014. (The previous operators — Baldock Pacific Properties/Willow Park Public Golf Course Corporation — had a 50-year sublease that expired November 2014.)

"The untold story is that the East Bay Regional Park District has saved the golf course two times now," says Touchstone's President and CEO Steve Harker. "When the previous tenant left, there was talk that it might have to close, but the park district didn't let that happen. Then this year, when the golf course was closed for 65 days due to flooding, they worked side-by-side with our folks to get it back up and running."

Of the course's 22 bridges, 17 had been damaged or dislodged by extensive rains and water overflow. Drainage systems were clogged, and silt covered parts of the course. All that is beginning to change. In the next six to 12 months most repairs should be done, with improvements ongoing.

"The park district orchestrated help from FEMA (Federal Emergency Management Agency) and the insurance company. We're getting what we need with this partnership. Their focus and support have been fantastic," Harker says.

**"Real work on the irrigation system is now starting. I think this is an important sign that this wonderful local golf course is finally coming back to what it can be, and I'm more optimistic about it than I have been in years."**

—Bob Maddow  
CASTRO VALLEY RESIDENT

Redwood Canyon is a lovely setting with a creek running through it, but its location between the Upper San Leandro Reservoir and Lake Chabot exposes it to water overflow issues. According to Park District press releases, the 150 acres comprising the golf course facilities and surrounding areas are leased by the East Bay Municipal Utilities District to the Park District, which in turn entered into the management lease with Touchstone.

Harker says Touchstone is grateful for the support of Jim O'Connor and Mimi Waluch of EBRPD, and trustee Dennis Waespi.

"We're still recovering from the flood, but we're going in the right direction, and our loyal customers in Castro Valley have been very understanding," adds Harker. He says over the next three to five years extensive upgrades are planned for the irrigation system, buildings, and equipment. New golf carts are coming in October and renovations are planned for the grill and clubhouse.

Bob Maddow, who has lived in Castro Valley for 45 years, is pleased with what he sees so far. He and his wife have been golfing for 15 years, and are enthusiastic about the future of the scenic course.

"It's not going to be easy, but Redwood Canyon's General Manager, Jake Stewart, has just the right temperament for the job," says Maddow. "He's the calm in a storm. We're overjoyed with what we're seeing there. It's a quiet, beautiful location when the playing surfaces are in good shape."

Touchstone Golf manages 34 golf courses in 10 states. Nine of these courses are operated in conjunction with government or municipal agencies, including the cities of Oakland and Mountain View, and the Presidio Trust in San Francisco.

Redwood Canyon Golf Course is located at 17007 Redwood Rd., Castro Valley. Call 537-8001 or visit [www.redwoodcanyongolf.com/](http://www.redwoodcanyongolf.com/) for more information.

## SIGN UP FOR CVSan EMAILS



Stay informed of CVSan programs and events all year by subscribing to updates sent directly to your email. To sign up, go to [www.cvsan.org/EmailLists](http://www.cvsan.org/EmailLists) and select the type of information you'd like to receive, such as:

- Education Opportunities (LeaR<sup>4</sup>n Workshops)
- Commercial Business or Multi-Family Updates
- Events (collection, give-aways, etc.)
- Volunteer Opportunities and more!

## REDUCE REUSE RECYCLE ROT

**CASTRO VALLEY SANITARY DISTRICT**  
Effective Environmental Services since 1939  
510-537-0757 | [www.cvsan.org](http://www.cvsan.org)  
This ad was paid for by WMAC Pub Ed Funds



**GOT A NEWS TIP? CALL (510) 537-1792**  
**OR EMAIL: [fredz@ebpublishing.com](mailto:fredz@ebpublishing.com)**