

August
2022

Lascassas Baptist Preschool

TO KNOW. TO GROW. TO SERVE.

HAPPY
First
WEEK OF
SCHOOL

Hello to all of our returning students and welcome to all of our new students. We have many great things planned and we know that everyone will have another fantastic year!



Thank you all so much for all of the items that have purchased from our Wish List! We are overwhelmed by your generosity. We will continue to update the list throughout the year and we'll let you know when we do.



Add us to your email address book!

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Join our text messaging service!

To receive messages, text @lbp1273 to 81010. More info can be found in your Parent Handbook and also online at www.LascassasBaptistPreschool.com.

Important Reminders!

- The Daily Take Home Folder needs to come to school EVERY DAY!!!
- Keep your child's bag FREE from medicines; only non-prescription diaper rash cream and sunscreen are allowed. Also provide diapers/pull-ups and wipes every day if your child isn't potty trained. Remember a full change of clothes in every child's bag every day.
- Pacifiers with stuffed animals attached are forbidden. Same for any type of necklace for any aged child, including teething necklaces.
- Lunches from home should be USDA ready. You have a reference in your folder of guidelines to follow. Lunches are not refrigerated. Use cool packs and Thermos' when necessary and use a child-sized school lunch box.
- Tuition is due on the 1st and late on the 5th, unless otherwise noted. Tuition for this month is due by **Friday, August 12th!**



Monthly Mission Project

Each month, we participate in philanthropic activities to help our community and to spread the love of Christ through these endeavors. We have decided to partner with The Lascassas Giving Box each month of our school year. The Giving Box is the creation of one our very own sweet LBP families! Located beside the playground at the Lascassas Lions' Club, this community-driven box is for families to glean from whenever a need arises. They accept all manner of non-perishable foods, laundry/cleaning supplies, and personal care items. For the month of August, we are accepting the following items for this ministry:

Granola Bars

Nutri Grain Bars

Poptarts

You can put any donation in your child's bag and we will make sure it lands at The Giving Box. THANK YOU!



September Sneak-Peek

- September 6th - LBP Closed - Labor Day
- September 11th - Grandparents' Day



Lascassas Baptist Preschool Monthly Devotion

Blessings for the New School Year

When my kids were young, I loved taking them to pick out their new backpacks, school supplies, clothes and shoes for school. We would spend the day knocking it all out at once as we store-hopped on a determined buying mission. We checked it all off our lists as we braved the trenches of school supply aisles in the local supercenter. We would be armed and ready for whatever the new school year would bring.

As the first day of school closed in on us, endless questions plagued my anxious mind. Would the kids like their new teachers? Would they get to be in the same classroom as their best buddies? We would all have to get into a new routine, back to making those bagged lunches and after-school snacks. There would be rides to practices and piles of homework. Of course, there would always be a few extra trips to the school to schlep the carelessly forgotten gear, lunches and assignments.

He can and will be there to pick up the slack for us weary, anxious parents. We can trust Him to always be there when we cannot. Whether our kids are coloring at the first-grade art table or 500 miles away from us on a college campus, we can trust that Almighty God is watching over them and He will never leave them nor forsake them (see Hebrews 13:5). That's why I like to start my mornings, coffee and Bible in hand, sitting on my back patio with my dog curled up next to me. It's where I have my morning prayer time with God. It is where I hand it all over — my concerns, fears and worries — and ask Him to amazingly bless the days of my children. I ask for His ultimate protection over them. I visualize them covered in the full, securing armor of God. I pray that His perfect will be done in their lives and that they would make wise choices according to His word. I ask for His unceasing favor and noble grace to be upon them. I ask for Him to send a legion of His heavenly angels to surround my children continuously and to pluck them out of harm's way. I pray for wonderful Christian friends and teachers to surround them. I visualize the mighty hand of God holding them up, so safe and protected, so strong, changeless and unfailing. Then, as I continue on in my day, I know that my words will not return to me void (Isaiah 55:11). I know God has heard me and if it is His will, He will honor my requests.

So, as we begin this and all new school years and as we are diligently packing up the school gear, waking the kids up early and sending them out the door, let's send them securely wrapped in the Lord's arms with an abundance of favor and blessings heaped upon them, dressed in their new shoes and of course in the full armor of God!

Adapted from: www1.cbn.com/blessings-new-school-year

Healthy Recipe of the Month - Thermos Noodle Soup

1 1/2 cups spaghetti	2 cups boiling water
2 teaspoons beef bouillon	2 teaspoons vegetable bouillon
1 teaspoon instant minced onion	1/2 teaspoon parsley

Directions: Add all ingredients to 1 quart thermos that has been heated with additional boiling water. Seal and tilt jar for 15 minutes. This stays warm for 24 hours in a glass or metal thermos, so it can be made in the morning for lunch or dinner. Egg noodles would hold up better during longer "cooking" times.

Adapted from: www.food.com/recipe/thermos-noodle-soup-461686

Healthy Tips - Developing Screen Time Rules

Managing a child's screen time is challenging for families. Your child is never too young for a screen-time plan. Consider the following as a guideline:

- Until 18 months of age limit screen use to video chatting along with an adult (for example, with a parent who is out of town).
- Between 18 and 24 months screen time should be limited to watching educational programming with a caregiver.
- For children 2-5, limit non-educational screen time to about 1 hour per weekday and 3 hours on the weekend days.
- Turn off all screens during family meals and outings.
- Learn about and use parental controls.
- Avoid using screens as pacifiers, babysitters, or to stop tantrums.
- Turn off screens and remove them from bedrooms 30-60 minutes before bedtime.