

## INTAKE FORM FOR PARENT AND ADOLESCENT

This intake form requires information on **BOTH** parent and adolescent. Please **read each section carefully** to understand which section pertains to you and which selection pertains to your adolescent.

<b>CUSTODIAL PARENT/GUARDIAN INFORMATION</b> (Who has legal custody of this adolescent)	
___ Both Parents ___ Mother ___ Father ___ Other (complete info. in box)	
First Name: _____	MI: _____ Home PH: _____
Last Name: _____	Work PH: _____
Address: _____	DOB: ____ / ____ / ____
City: _____ State: _____ Zip: _____	___ Male ___ Female
Relation to Client: _____	

### PARENT INFORMATION

Mother

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

D.O.B. (mm/dd/yyyy) \_\_\_\_ / \_\_\_\_ / \_\_\_\_ SSN: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address: \_\_\_\_\_ Home PH: \_\_\_\_\_

\_\_\_\_\_ Cell PH: \_\_\_\_\_

Occupation: \_\_\_\_\_ How Long: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Education (highest grade or degree completed): \_\_\_\_\_

Other Education or Training: \_\_\_\_\_

MARITAL STATUS: \_\_\_ Married \_\_\_ Single \_\_\_ Divorced \_\_\_ Widowed \_\_\_ Co-Habiting

If married: wedding date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ How many previous marriages? \_\_\_\_\_

If spouse is step-parent or if you are co-habiting:

Name: \_\_\_\_\_

Get along with client? \_\_\_ Yes \_\_\_ No

Father

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

D.O.B. (mm/dd/yyyy) \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_ SSN: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address: \_\_\_\_\_ Home PH: \_\_\_\_\_

\_\_\_\_\_ Cell PH: \_\_\_\_\_

Occupation: \_\_\_\_\_ How Long: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Education (highest grade or degree completed): \_\_\_\_\_

Other Education or Training: \_\_\_\_\_

MARITAL STATUS: \_\_\_\_ Married \_\_\_\_ Single \_\_\_\_ Divorced \_\_\_\_ Widowed \_\_\_\_ Co-Habiting

If married: wedding date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_ How many previous marriages? \_\_\_\_\_

If spouse is step-parent or if you are co-habiting:

Name: \_\_\_\_\_

Get along with client? \_\_\_\_ Yes \_\_\_\_ No

**ADOLESCENT/CLIENT INFORMATION**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Gender: \_\_\_\_ Male \_\_\_\_ Female D.O.B. (mm/dd/yyyy): \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Physician(s) of ADOLESCENT: \_\_\_\_\_

**ADOLESCENT'S MEDICATIONS**

Current Medications

Medication	Dosage	Frequency

Past Medications

Medication	Dosage	Frequency

**List all persons living in the home with adolescent:**

Name	Age	Sex	Relationship to adolescent

**List other children not in the home:**

Name	Age	Sex	Relationship to adolescent

CHECK ANY OF THE FOLLOWING BEHAVIORS THAT ARE TRUE OF YOUR TEEN

- Affectionate
- Angry
- Argues, "talks back", smart-alecky, defiant
- Blames others for his/her actions
- Bored
- Bullies/intimidates, teases, inflicts pain on others, is bossy to others, picks on, provokes
- Cheats
- Clings to you too much
- Cruel to animals
- Concern for others
- Conflicts with parents – over persistent rule breaking, money, chores, homework, grades, choices in music/clothes/hair/friends
- Complains
- Confused
- Cries easily, feelings are easily hurt
- Dawdles, procrastinates, wastes time
- Difficulty with parents' new marriage/new family
- Dependent, immature
- Developmental delays

- \_\_\_\_\_ Disrupts family activities
- \_\_\_\_\_ Disobedient, uncooperative, refuses, non-compliant, doesn't follow rules
- \_\_\_\_\_ Distractible, inattentive, poor concentration, daydreams, slow to respond
- \_\_\_\_\_ Dropping out of school
- \_\_\_\_\_ Drug or alcohol use
- \_\_\_\_\_ Eating – poor manners, refuses, appetite increase or decrease, odd combinations, overats
- \_\_\_\_\_ Exercise problems
- \_\_\_\_\_ Extracurricular activities interfere with academics
- \_\_\_\_\_ Failure in school
- \_\_\_\_\_ Fearful
- \_\_\_\_\_ Fighting, hitting, violent, aggressive, hostile, threatens, destructive
- \_\_\_\_\_ Fire setting
- \_\_\_\_\_ Friendly, outgoing, social
- \_\_\_\_\_ Guilty
- \_\_\_\_\_ Hard time making and keeping friends
- \_\_\_\_\_ Headaches
- \_\_\_\_\_ Hypochondriac, always complains of feeling sick
- \_\_\_\_\_ Immature, "clowns around", has only younger playmates
- \_\_\_\_\_ Imaginary playmates
- \_\_\_\_\_ Independent
- \_\_\_\_\_ Interrupts, talks out, yells
- \_\_\_\_\_ Lacks organization, unprepared
- \_\_\_\_\_ Lacks interest in things he/she used to like
- \_\_\_\_\_ Lacks remorse
- \_\_\_\_\_ Lacks respect for authority, insults, dares, provokes, manipulates
- \_\_\_\_\_ Learning disability
- \_\_\_\_\_ Legal difficulties: truancy, loitering, panhandling, drinking, vandalism, stealing, fighting, drug sales
- \_\_\_\_\_ Likes to be alone, withdraws, isolates
- \_\_\_\_\_ Lying
- \_\_\_\_\_ Low frustration tolerance, irritability
- \_\_\_\_\_ Moody
- \_\_\_\_\_ Mute, refuses to speak
- \_\_\_\_\_ Nail biting
- \_\_\_\_\_ Nervous
- \_\_\_\_\_ Nightmares
- \_\_\_\_\_ Need for high degree of supervision at home
- \_\_\_\_\_ Obedient
- \_\_\_\_\_ Obesity
- \_\_\_\_\_ Overactive, restless, hyperactive, out-of-seat behaviors, fidgety, noisiness
- \_\_\_\_\_ Oppositional, resists, refuses, does not comply, negativism
- \_\_\_\_\_ Prejudiced, bigoted, insulting, name calling, intolerant
- \_\_\_\_\_ Pouts
- \_\_\_\_\_ Recent move, new school, loss of friends
- \_\_\_\_\_ Relationships with siblings and/or peers are poor – competition, fights, teasing, assaults
- \_\_\_\_\_ Responsible

- Runs away
- Sad, unhappy
- School problems
- Sees or hears things that aren't there
- Self-harming behaviors – biting or hitting self, head banging, scratching self, cutting, hair pulling
- Speech difficulties
- Sexual – sexual preoccupation, public masturbations, inappropriate sexual behaviors
- Shy, timid
- Sleeping trouble: too much or too little
- Stomach aches
- Strange thoughts
- Stubborn
- Suicide talk or attempt
- Swearing, foul language
- Temper tantrums, rages
- Thumb sucking, finger sucking, hair chewing
- Tics – involuntary rapid movements, noises, or word productions
- Teased, picked on, victimized, bullied
- Truant – school avoiding
- Underactive – slow-moving, slow-responding, lethargic
- Uncoordinated, accident-prone
- Vomits often
- Wetting or soiling the bed or clothes
- Will not eat
- Withdraws
- Work problems – employment, workaholism/overworking, can't keep a job
- Rocking or other repetitive movements

Other:

Is there anything causing your family stress right now?  Yes  No

Explain: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Has this teen been subject to neglect, physical, sexual, or emotional abuse?  Yes  No

If "yes", what form? \_\_\_\_\_

Is this child at risk for out-of-home placement because of behavior problems?  Yes  No

If "yes", please explain: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

What are your teen's assets or strengths? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What have you found to be satisfactory ways to help your teen? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**COMMENTS:** *(Please write anything else you want us to be aware of in this space)*

How were you referred to this center? \_\_\_\_\_

\_\_\_\_\_

Have you sought counseling before? (Y N) If "YES", Where and When? \_\_\_\_\_

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**THE FOLLOWING PAGES: "Adolescent Confidential Questionnaire"**

**ARE TO BE COMPLETED BY ADOLESCENT**

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## Adolescent Confidential Questionnaire

Please fill out the following questions about yourself as completely as possible by writing, checking, or circling the correct answer. This will help the counselor get to know you better.

Name: \_\_\_\_\_

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address: \_\_\_\_\_

Birthday: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

\_\_\_\_\_

Age: \_\_\_\_\_

Home Phone: \_\_\_\_\_

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Whose idea was it for you to come here?

Mine

Parent(s)

other – who? \_\_\_\_\_

How do you feel about being here?

It's fine with me

I don't care either way

I'm against it

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Briefly describe what is happening in your life that brings you to counseling.

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How long has this been a problem?

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**SCHOOL INFORMATION**

What school do you attend? \_\_\_\_\_ Grade: \_\_\_\_\_

What do you like about school?

What do you dislike about school?

What activities (if any) are you in at school?

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**ACTIVITIES & INTERESTS**

What do you do for fun?

What kind of music do you listen to?

Who are 3 of your favorite artists/groups?

Do you attend a church? \_\_\_\_\_ Yes \_\_\_\_\_ No

If "yes", what is the name of your church? \_\_\_\_\_

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**HEALTH**

How would you rate your overall health? \_\_\_\_\_ excellent \_\_\_\_\_ good \_\_\_\_\_ fair \_\_\_\_\_ poor

Have you had any recently weight gain or loss? \_\_\_\_\_ Yes, weight gain \_\_\_\_\_ Yes, weight loss \_\_\_\_\_ No

If "yes", how much? \_\_\_\_\_

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**FRIENDS**

How much time do you spend with friends?    \_\_\_ a lot    \_\_\_ some    \_\_\_ not much

Do you have a best friend?    \_\_\_ Yes    \_\_\_ No

If "yes," how long have you known him/her? \_\_\_\_\_

Do you have a boyfriend/girlfriend?    \_\_\_ Yes    \_\_\_ No

If "yes," how long have you been dating? \_\_\_\_\_

Do people at school tend to label your group of friends (skaters, preps, etc.)?    \_\_\_ Yes    \_\_\_ No

If, so, what label are they usually given? \_\_\_\_\_

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**FAMILY**

List all the people living with you (excluding yourself).

Name	Age	Sex	Relationship
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Describe your relationship with your father:

Describe your relationship with your mother:

If you have brothers or sisters, describe your relationship with them:

If you have step-parents, describe your relationship with them:

What relative (not including your parents, brothers, or sisters) are you closest?

Why?

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### FEELINGS

Check all the feelings you often have:

- |                                  |                                    |  |  |
|----------------------------------|------------------------------------|--|--|
| <input type="checkbox"/> happy   | <input type="checkbox"/> irritable | <input type="checkbox"/> confused        | <input type="checkbox"/> hyper/energetic |
| <input type="checkbox"/> worried | <input type="checkbox"/> sad       | <input type="checkbox"/> anxious/nervous | <input type="checkbox"/> confident       |
| <input type="checkbox"/> guilty  | <input type="checkbox"/> lonely    | <input type="checkbox"/> angry           | <input type="checkbox"/> bored           |
| <input type="checkbox"/> shy     | <input type="checkbox"/> depressed | <input type="checkbox"/> worthless       | <input type="checkbox"/> hopeless        |

Check all the FEARS that you often have:

- |                                      |   |  |
|--------------------------------------|---|--|
| <input type="checkbox"/> Dark        | <input type="checkbox"/> New situations | <input type="checkbox"/> Spending the night away from home |
| <input type="checkbox"/> Being alone | <input type="checkbox"/> Death          | <input type="checkbox"/> Separation from parent            |
| <input type="checkbox"/> School      | <input type="checkbox"/> Animals        | <input type="checkbox"/> Visiting a friend's home          |
| <input type="checkbox"/> Strangers   | <input type="checkbox"/> Other: _____   |  |
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### DRUG and ALCOHOL USE

- |                                    |                                |                                   |                                 |                                  |                                 |                                |
|------------------------------------|--------------------------------|-----------------------------------|---------------------------------|----------------------------------|---------------------------------|--------------------------------|
| How often do you drink?            | <input type="checkbox"/> never | <input type="checkbox"/> tried it | <input type="checkbox"/> rarely | <input type="checkbox"/> monthly | <input type="checkbox"/> weekly | <input type="checkbox"/> daily |
| How often do you smoke cigarettes? | <input type="checkbox"/> never | <input type="checkbox"/> tried it | <input type="checkbox"/> rarely | <input type="checkbox"/> monthly | <input type="checkbox"/> weekly | <input type="checkbox"/> daily |
| How often do you smoke marijuana?  | <input type="checkbox"/> never | <input type="checkbox"/> tried it | <input type="checkbox"/> rarely | <input type="checkbox"/> monthly | <input type="checkbox"/> weekly | <input type="checkbox"/> daily |
| How often do you use other drugs?  | <input type="checkbox"/> never | <input type="checkbox"/> tried it | <input type="checkbox"/> rarely | <input type="checkbox"/> monthly | <input type="checkbox"/> weekly | <input type="checkbox"/> daily |
- 

### OTHER INFORMATION

List any major changes in your life over the last 5 years:

If there is any other information you believe would be helpful for the therapist to know, please use the space below to provide it (use back if you needed).