



Dr. Rachelle B. Janush, DO

Dr. Janush, the owner of The Center for Physical Medicine & Pain Management, was recruited to Montgomery in 1996 from The University of Texas San Antonio for her expertise as an outpatient pain management

physician in physical medicine and rehabilitation. At that time, she was the only one in her specialty for outpatient pain management from south of Birmingham to Mobile. Currently, she is still the only clinical pain physiatrist in the area.

Dr. Janush frequently tells her patients that, "I am a southerner by choice" since she grew up in Michigan and had elected to establish her practice and family here in The River Region. Her father, Walter D. Janush Jr., who passed away last year, began a long line of entrepreneurial businesses with her mother's help. Dr. Janush inherited her dad's business acumen. Her parents taught her to work hard with discipline and to persevere to reach her goals.

In the 3rd grade, Dr. Janush knew she wanted to be a physician. Despite many obstacles along the way, she has been caring for and treating patients for over 20 years.

Dr. Janush enjoys a well-run, efficient and pleasant office. Her husband, Henry Hernandez, had been essential to establishing the foundation of her practice. The clinical evaluation and interaction with her patients still enthalls her. Correctly diagnosing, treating patients *without surgery* and getting to know her patients and their life stories fascinates her.

In about 1998, Montgomery Chamber of Commerce elected The Center for Physical Medicine & Pain Management as one of the "Emerging Thirty". Their office recently moved to their newest location at 2227 Taylor Road, Montgomery. In the new facility, Dr. Janush and her staff are excited to begin offering new services as state of the art ultrasound guided pain procedure injections. The office's hours of operation are Monday through Thursday 8:00am-4:30pm. 334-260-8988.

Dr. Janush is on staff with both Jackson Hospital and Baptist Medical Center East.