## Spiritual Disciplines for New Life Bible Background: Colossians 4:2-17 Printed Text: Colossians 4:2-6 KJV/NLT Devotional Reading: 1 Corinthians 9:19-27

### Aim for Change:

- **RECOGNIZE** the importance of spiritual disciplines in maintaining a Christian life.
  - 1. How do others **RECOGNIZE** the spiritual disciplines in me as I maintain a Christian life?
- **REFLECT** on people in our lives who mentor us in faith.
  - 2. Who can mentor me in faith whose lifestyle *REFLECT's* Jesus?
- ACCEPT the role of mentor for new Christians we may encounter.
  - 3. How can I ACCEPT the role of a mentor for new Christians?

# Devotional Reading: All Things to All People – 1 Corinthians 9:19-27; Galatians 5:13-15; Philippians 3:13-21

- 1. In what ways can I be all things to all people?
- 2. How am I preparing for the race? How confident am I to receive the prize?

#### Focal Verses – Devotion and Conduct – Colossians 4:2-6

- Continue in Prayer (vv. 2-4) Romans 12:9-21; Ephesians 6:13-20
  - 1. How consistent am I in prayer? How do I pray? Am I selfish in prayer?
  - 2. Am I praying to be used as a vessel using the gift(s) God gave me to edify His church?
- Speak with Grace (vv. 5-6) Ephesians 4:29-32; 5:15-21
  - 1. Are my attitude, actions, and behavior reflective of being freed from sin by Jesus dying on the cross?
  - 2. Do I make the most of every opportunity to share the Gospel?
  - 3. Do I think before speaking? Am I troubled when others speech is so negative?

## **Daily Readings:**

- Monday: Following Jesus Matthew 20:29-34; Matthew 8:14-17; Ephesians 4:25-27
  - 1. When was the last time I was specific in prayer about healing?
  - 2. When being rebuked by others, am I lashing out, or crying out to Jesus for help?
- Tuesday: Devoted to Prayer Acts 1:6-14; Acts 4:23-31
  - 1. Am I too impatient to wait on God? Am I taking time out to pray before reacting?
- Wednesday: Living in Harmony Romans 15:1-6; Galatians 6:1-10
  - 1. Am I strong enough to bear the infirmities of the weak?
  - 2. How like minded am I with the body of Christ?
- Thursday: Living to Please God 1 Thessalonians 4:1-12; 1 Peter 1:13-25
  - 1. How has God called me into holiness?
- Friday: Guarding Your Words Ecclesiastes 5:1-6; Numbers 30:2; Deuteronomy 23:21-25
  - 1. How am I ensuring to not make false promises/commitments?
- Saturday: Supporting Others in the Faith Colossians 4:7-17; Romans 16:5
  - 1. How can I help bring church to the Sick and Shut-In?
- \*\*Note Sunday School Lessons originate out of the Precepts for Living w/Commentary 2022-2023\*\* <a href="https://store.urbanministries.com/collections/precepts-for-living/products/precepts-for-living-2023">https://store.urbanministries.com/collections/precepts-for-living/products/precepts-for-living-2023</a>