

## ~ Testimonial ~

4-9-17

I remember walking into Victory clinic with one thought on my mind, "Tell these people whatever they need to hear so I can get well" and that's exactly what I did. I got on the program that day thinking I had fooled them all. I didn't need counseling or help of any kind, I just needed to physically feel better & keep everyone out of my business so I could quit looking out because being ill was the problem. Not me.

Following the rules at the clinic was a pain in my ass. I knew what I was doing & I didn't need people who did not know me or what I'd been through telling me what I needed or how to live. So I fought the staff, my counselor & everyone in between. Once I was on the program awhile & the fog started to lift I had to really deal with myself, I hated knowing I had no-one to blame & those feelings gave me the perfect excuse to use. Life for me, for a long time became excuses & anger outburst's daily. After awhile I ended up with a counselor I surely thought I could get over on. Lucky for me she helped to turn me around. Together, we worked with the Pathways to Peace workbook, Talk about where you're & how my anger works how it affects me & others.

She lets me know when i am wrong when others will not. Its been 12 yrs since I walked through the doors at victory clinic. I celebrated 15 yrs of marriage, we have a son, bills & I struggle everyday with my addiction & anger. I learned that in the beginning everything seems so crazy & insurmountable. I had to get sick & tired of trusting no one and take it one day at a time. you have to put a little trust in the nurses, counselors, & all the staff at the clinic. I am thank full everyday for my new life thx to the clinic.

Tasha V.