

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

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THURSDAY, FEBRUARY 20, 2020



A 100-year-old oak fell on the house in Hayward where Teresa and Tony DeCoteau live during the wind storm.

Wind Brings Down Oak on House

By Jim Knowles San Leandro Times

A lot of people heard the wind rattling the windows and trees on Feb. 8, but one the house they're renting, a house that was couple heard a little more.

Teresa and Tony DeCoteau heard a crack and then a loud crunching sound.

That crack was a big, 100-year-old oak right on the side of their house on Russell DeCoteau. "Luckily, it fell against that red-

The trunk crushed the roof on the side of the house sustained major injuries. The roof built in 1918. The branches of the oak fell against a redwood at the back of the house, which may have slowed the falling tree.

"I heard it falling, crunching," said Tony

Way in Hayward as the tree came toppling wood or it would have been much worse." Fortunately, nobody was injured, though

was caved in above the kitchen and a back bedroom that was vacant at the time. Last week, a tree crew made way for a

PHOTO BY JIM KNOWLES

big crane that was coming to remove the tree. The tree trimmers had to cut down see OAK, page 8

City Joins Grocery Distribution Program

By Mike McGuire San Leandro Times

One in five Alameda County Leandro Families program, held services director. at the Senior Community Center.

eration of the Food Bank and plan to reach twice as many peothe City of San Leandro, aims ple next year. at getting food from the food bank distributed to community shopping bags full of fresh food organizations serving low-in- to those served by the Center come individuals and families, for Elders' Independence (CEI), at the Senior Community Center, Children, children at library sto-13909 East 14th Street.

Last year, a pilot program residents is hungry or in danger got 10-and-a-half tons of fresh of going hungry, Alameda Coun- and healthy food to children, ty Food Bank Program Director seniors and low-income families Artrese Morrison said at the Feb. in the city, according to Jeannette 13 kickoff of the Food For San Dong, city recreation and human

The City of San Leandro and The program, a joint op- the Alameda County Food Bank

Last year, the program gave see GROCERIES, page 14



or having those groups pick it up Building Futures For Women and Mayor Pauline Cutter, Artrese Morrison of the Alameda County Food Bank, and City Manager Jeff Kay announce the kickoff of Food For San Leandro Families.

SAN LEANDRO • CALIFORNIA

State Bond Measure Would Fund Construction

Bond to modernize state schools, kindergarten through universities; opponents say cost too high

Bv Mike McGuire San Leandro Times

This year's Proposition 13 on the statewide ballot would sell \$15 billion worth of bonds to fund sue, but would then have to pay construction, repair and mod- a share of the costs. According ernization at California schools from pre-kindergarten through universities.

Local school districts would get to pick which projects to pursee PROP. 13, page 16

The total cost including interest to repay the measure would be \$26 billion.

The new Proposition 13, which sends money to the schools, has no connection to the famous 1978 Proposition 13, which limited property taxes and thus limited local school sport thus limited local school spending. In fact, the chief opposition to the new Proposition 13 is the Howard Jarvis Taxpayers Association, whose founder led the town San Leandro will be closing effort to pass the old Prop 13.

This year's Prop 13 would give \$9 billion to K-12 schools and \$6 billion to college and the state's general fund.

Prop 13 proponents say in lapidated, unsafe and unhealthy.

least 70 years old, and and some attraction. 75 percent are more than 25 years old, Prop 13 proponents say.

Englander **To Close**

By Jim Knowles San Leandro Times The Englander Pub in down-

next week.

The pub has been the go-to place downtown since it opened 25 years ago. It's the meeting universities, but the new Propo- place for the Kiwanis Club, the sition 13 would be repaid out of Rotary Club and about every other civic club in town.

The current owners bought the official voter guide that the the pub from the original owner money would fix school buildings Jot Mangat in 2014. Mangat throughout the state that are di- opened the pub in the 1990s with assistance in financing from the Some 10 percent of the state's City of San Leandro, which wantschools and classrooms are at ed a sports pub as a downtown

The pub's owners confirmed see ENGLANDER, page 5

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ICIDE VAUD TIMES

OF THE WEEK San Leandro Times An independent hometown newspape

serving San Leandro, Ashland, San Lorenzo and Sheffield Village **EDITORIAI**

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Timothee

The Pets of the Week at the of all sizes and okay with older Hayward Animal Shelter, 16 children. Barnes Court in Hayward, are a good pair to go to the same family.

attention and warms up to you call the Hayward Animal Shelter quickly. He's good with dogs at 510-293-7200.

Natives Garden Tour Plant Event

10 a.m. to 4 p.m.

A percentage of all purchases tives Garden Tour. Green Thumb and greet at 2 p.m.



Minnie

Minnie is a timid, 10-yeartwo senior dogs, Timothee and old Min-Pin mix who needs a Minnie. Perhaps they would be patient family willing to give her TLC to help bring her out of her shell. She loves treats and does **Timothee**, a 10-year-old well with other dogs. Okay with chihuahua, is sweet, albeit a bit teens and older. For more inforshy at first. He loves toys, human mation on Timothee or Minnie,

Ana Mahiri, Rob Rich, Jean Hom, Gayle Thomas, Liz Varela, Michael Thanos, Deni Adaniya, Miriam Delagrange, and Autumn Baeza celebrate the gift to Building Futures at Forbidden Island tiki lounge.

Tiki Dollars Donated to Building Futures

Building Futures received a last week.

Since 2006, tiki enthusiasts World War II, when sailors would leave a dollar at their local bar beto buy a drink.

Having run out of space on ing guests to keep the tradition check for \$2,600 from Forbidden the ceiling, patrons even started going. Island owner Michael Thanos pinning money to the walls and furniture.

When Forbidden Island ownpinning dollar bills to the ceiling, time to take down all the loot, he signature, Building Futures staff a tradition that originated during and his staff found themselves and board members raised their with over \$10,000 in cash. They rum cocktails to celebrate the decided to donate almost \$9,000 fore shipping out to the Pacific - a of it to local nonprofit organizapromise that they would be back tions and return the remaining the Alameda community keeps \$1,400 to the ceiling, encourag-

So while some folks might be disappointed not to find the multiple layers of dollar bills that recent sweep.

"We are very grateful that see DONATE, page 5

FOR SAN LEANDRO SCHOOLS

5 FACTS about MEASURE N

FACT #1

Measure N is a local school bond measure on the March 3, 2020 ballot to fund essential improvements and address critical facility needs in San Leandro schools, several of which are more than 90 years old.

FACT #2

Every penny from Measure N stays in San Leandro to benefit the children in our public schools, and cannot be taken away by the state or used for administrator or teacher salaries.

FACT #3

The state does not provide funding for school construction and renovation absent a local match of funds. Without Measure N, the district could lose out on obtaining state matching funds.

FACT #4

Measure N will enable the school district to complete the renovation of our schools. Delaying facility improvements will only increase future costs.

FACT #5

Measure N creates an independent Citizens' Oversight **Committee** and independent audits to ensure all money is spent properly.



Learn more at www.sanleandransforgreatschools.com

Local nurseries specializing Works, 20095 Mission Blvd. in at the Alameda bar have taken to er Michael Thanos decided it was had become Forbidden Island's in California native plants will be Hayward, will host a pop-up sale open on Saturday, Feb. 22, from of hard-to-find California native plants.

Handmade soaps and pottery made on Feb. 22 will go to sup- for sale plus solar oven cooking port the Bringing Back the Na- demonstration. Beekeeper meet

POLICE & FIRE

Bill Lets District Attorneys Enforce PG&E Fire Safety

Alameda County District O'Malley. Attorney (DA) Nancy O'Malley is the sponsor of a bill authored circumstances. Four of the five force PG&E to run an electricby several local legislators that largest wildfires in California's ity grid that protects lives and would let local district attorneys history have happened in the property from wildfires when the as well as the state attorney-general bring actions to enforce fire blymember Bauer-Kahan. and safety laws involving electrical utilities such as PG&E.

lic Utilities Commission (PUC) not be endured again. has that authority.

among others, Assemblymember regulations, we aim to stop the Rebecca Bauer-Kahan (D-Orin- next disaster before it starts. This California must be held acda) and State Senators Steve is a statewide crisis, and this bill countable, and this important Glazer (D-Orinda) and Jerry Hill will help defend our communities (D-San Mateo). They joined DA from negligent utilities." O'Malley in announcing the bill's introduction on Feb. 18.

ality that climate change will con- Toxic Substances Control, which Counties. tinue to pose massive threats of also shares enforcement authority wildfires throughout the state. We cannot afford to be complacent.

"This bill allows local District Attorneys and the Attorney General to enforce laws requiring utilities to take all necessary measures to ensure their equipment authority of the CPUC to enforce Bauer-Kahan for her leadership is safe and well maintained. As and take action against electrical on this legislation and am proud District Attorneys, our job is to companies," added Bauer-Kaensure the safety of our com- han. "This bill simply adds the munities.

the tools to prevent further cata- team so they can act to protect bers David Chiu (D-San Francisstrophic loss of life and property and ensure the safety of Califor- co), Tim Grayson (D-Concord), by ensuring utility companies nians against utilities that have a Marc Levine (D-Marin County) abide by the laws," stated DA long track record of neglecting and Buffy Wicks (D-Oakland).

"Our state is facing dire past seven years," said Assem- wind blows.

loved ones, homes and in some lowing the Attorney General and Currently, only the state Pub- cases, entire communities must local district attorneys to enforce

"By empowering local juris-AB 2356 is authored by, dictions to enforce existing safety

with local district attorneys to our state attorney general and bring actions against companies our county prosecutors can also and individuals who violate state initiate cases against bad-acting safety regulations.

es the primary responsibility or CPUC. I thank Assemblymember Attorney General and District Senator Scott Wiener (D-San "This legislation gives us Attorneys to the enforcement Francisco) and Assemblymem-

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our safety."

"We must do all we can to

This bill gives California a "The devastating loss of new tool to keep us safe by alutility safety standards," added Senator Steve Glazer.

"Bad actors among the utilities that are supposed to serve legislation by Assemblymember Bauer-Kahan provides our state AB 2356 is modeled after the with stronger tools to do so,' current enforcement authority said state Senator Jerry Hill, "California must face the re- of the California Department of D-San Mateo and Santa Clara

'This bill makes it clear that utilities - in addition to any "This bill in no way diminish- regulatory case pursued by the to coauthor her bill."

Other Bay Area authors are

(#00689931 & #01912817)

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Fire On Burkhart Avenue Is Quickly Extinguished

Firefighters responded to a They were able to put it out in house suffered smoke damage, fire on Feb. 12 at 12:42 p.m. in the three minutes with no injuries. said fire department spokesman 1100 block of Burkhart Avenue. Fire damage was limited, but the Brian Centoni.





NEIGHBORS



Lorraine Zamira, Long-Time San Leandro **Resident, Celebrates Her 100th Birthday**

on March 1, celebrating with her family and friends. Lorraine was born and raised in Oakland and lived there with her husband George Zamira and son Greg. In 1970, the family moved to San Leandro, just a block away from her twin sister Marie.

bookkeeper at Albert's Menswear in Ala- Lorraine enjoys spending time with her meda, Lorraine's greatest joy was being a "grammy-nanny" to her grandchildren Alexandria and Jake.

Lorraine remained in her San Leandro home for nearly forty years until she and Lorraine has instilled in all of those who love her sister Marie moved to Baywood Court her is her conviction that "family is every-Retirement Community in Castro Valley. thing.'

Lorraine (Souza) Zamira will turn 100 Although her beloved twin passed away in 2014, Lorraine continues to enjoy her life at Baywood Court.

Lorraine likes to play bingo, listening to music, do crossword puzzles, read, and go on excursions planned by the Baywood staff. She loves to laugh and still has a razor-sharp While she worked for many years as a sense of humor. But most importantly, family, and especially treasures visits from her great-grandchildren Leo and Lorraine (Rai).

Leading by example, the greatest gift that

HOROSCOPE by Salomé © 2019 King Features Synd., Inc. ARIES (March 21 to April 19) There could be some negative reaction to your tough stance when making a recent decision. But overall, your efforts result in well-earned recognition and all that can follow from that. **TAURUS (April 20 to May 20)** Your financial situation seems confusing, even for the fiscally savvy Bovine. Maybe it's the conflicting advice you're getting. Check it out before things get too tangled to unknot. GEMINI (May 21 to June 20) A relaxed attitude goes a long way in helping you deal with any of life's irritants that might be popping up this week. You're also a reassuring role model for others in the same situation CANCER (June 21 to July 22) Your aspect favors creativity, which should persuade you to work on your artistic projects. If time is a problem, prioritize your commitments so that your work isn't compromised LEO (July 23 to August 22) Scrutinize all the job offers that interest you. Most are honest and worth considering. But a few might not be completely forthcoming about what the job is and what the salary and benefits are. VIRGO (August 23 to September 22) An unexpected snafu could delay the completion of a project you're eager to finish. Find out what's causing it, fix it, and if you need help, don't be shy about asking for it. Good luck.

LIBRA (September 23 to October 22) An idea that could be helpful to you comes from an unlikely source. Listen to it. Discuss it. If necessary, adjust it. If it looks as if it might work out quite well, go ahead and use it.

SCORPIO (October 23 to November 21) Be careful about allowing someone to share a very personal secret with you. This could cause problems down the line with others who are involved in that person's private life.

SAGITTARIUS (November 22 to December 21) A cooling down of a relationship could be the result of neglect, unintended or not. To save it from icing over, you need to warm it up with a large dose of hot Sagittarius passion.

CAPRICORN (December 22 to January 19) This is a good time to get involved with a number of family matters that involve money and other issues that might jeopardize the closeness between and among family members.

AQUARIUS (January 20 to February 18) Cheer up. That difficult person who appears to be deliberately stalling your project might just need to be reassured of the value she or he brings to it.

PISCES (February 19 to March 20) Good news! Expect to feel reenergized now that you've gone through that stressful energy-depleting period involving a lot of changes. Now, go out there and show them what you can do.

Chanticleers Theatre **Presents** Steel Magnolias

Steel Magnolias opens at the Chanticleers Theatre, 3683 Quail Ave. in Castro Valley, runs through March 1. The show plays on Fridays and Saturdays at 8 p.m., and Sundays at 2 p.m. Tickets are \$22 to \$27 and may be purchased online at chanticleers.org or by calling 510-SEE-LIVE (510-733-5483). Group discounts also available.

Steel Magnolias is a stage play by American writer Robert Harling, a comedy-drama about the bond among a group of Southern women in northwest Louisiana. The title suggests the female characters are as delicate as magnolias but as tough as steel. The magnolia specifically references a magnolia tree they are arguing about at the beginning. Harling based this play on his experience with his sister's death. Director, actor, and designer spanning four decades in West Coast theatre, Kendall Tieck will make his Chanticleers Theatre directing debut with Steel Magnolias.

COMMUNITY CALENDAR

Deadline for Calendar Items is Friday for the Following Week

***** Hill and Valley Club Flea Market

The Hill and Valley Club, 1808 B St. in Hayward will hold its annual Flea Market on Saturday, Feb. 22, from 9 a.m. to 2 p.m., featuring household goods, clothing and accessories, jewelry, linens, appliances and electronics, books, toys, sewing and craft materials, and miscellaneous items. Lunch will be served in the café. Funds raised benefit several local charities. This is an indoor sale with plenty of parking available.

* Friends of Library CD Sale

The Friends of the San Leandro Library will hold a CD Sale on Saturday, Feb. 22, from 10 a.m. to 3 p.m. in the Trustees Room at the Main Library, 300 Estudillo Ave. Buy three CDs and get one for free. Jazz, classical, R&B, film scores, rock 'n' roll, rap - some of the world's greatest bands, symphonies and recording artists - will all be available at just \$2 per single-disc CD. All proceeds benefit the programs and services of the San Leandro Library.

***** Castro Valley Center for the Arts

Come see Chicago the Tribute on Saturday, Feb. 22, at the Castro Valley Center for the Arts, 19501 Redwood Road. Enjoy listening to "Saturday in the Park," "Does Anybody Really Know What Time It Is?" and their many other legendary hits, at 7:30 p.m. Tickets are from \$38 to \$40 and can be purchased at www.cvcfa.com: or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays from 3 to 5 p.m. (phone 510-889-8961), or at the Castro Valley Adult School, 4430 Alma Avenue.

San Leandro Schools Planning Meetings

The San Leandro Unified School District is planning for the future. Attend one of the district's upcoming Local Control Accountability Plan (LCAP) community forums. These meetings will also include details about the facilities improvement bond, Measure N, which is on the ballot for March 3. The meetings will be on Tuesday, Feb. 25, from 6:30 to 8 p.m. at Bancroft Middle School, presented in Spanish; on Wednesday, Feb. 26, from 6:30 to 8 p.m. at John Muir Middle School, presented in Chinese; and on Saturday, Feb. 29, from 9 to 10:30 a.m., at the Barbara Lee Health Center (2251 Bancroft Ave.), presented in English.

* Eden Cancer Support Groups

Eden Medical Center, 20101 Lake Chabot Road in Castro Valley, continues a partnership with Cancer Support Community in 2020 by offering free cancer support groups and quarterly cancer workshops. The Gentle Restorative Yoga workshop will be held on Thursday, Feb. 27, from 5:30 to 7:30 p.m. Learn how breathing and gentle movements promote healing and restores the body. If you are going through cancer treatments, are on the road to recovery, or are a caregiver, this class is for you. Madelyn Kimball is a certified yoga trainer and will share her knowledge in this free workshop. Registration is encouraged by calling 925-933-0107. All Cancer Support Groups are held on the first and third Wednesday of each month from 6 to 8 p.m, also held at the address above, but no registration is needed for these drop-in groups.

* Celebrate African American History Month The Manor Branch Library, 1241 Manor Blvd. in San Leandro celebrates African American History Month with a fun family event. Samba Samba Kids with music with James Henry on Saturday, Feb. 29, at 2:30 p.m. For more information, call 510-577-7971.

* I.D.E.S. St. John Crab Feed

I.D.E.S. St. John, 1670 Orchard Ave. in San Leandro, will have its annual Crab Feed on Saturday, Feb. 29, from 6 to 10 p.m. The dinner comes with salad, pasta, garlic bread, and dessert. Tickets are \$55 per person, and \$25 for children 6 to 12 years old. For more information or tickets, call Darlene at 510-589-6536, Willie at 510-207-6326 or Frances 510-886-1568.

***** Stage 1 Theatre Auditions

Stage 1 Theatre in Newark seeks boys and girls to perform this summer in the musical, Matilda, the Musical. Auditions will be held on Sunday and Monday, March 1 March 2, from 6 to 9 p.m. at Newark Memorial High School. Sign up for auditions on the website: stage1theatre. org. Rehearsals will be held at Newark Memorial High School on Saturdays and on two evenings a week from 6:30 to 8:30 p.m. beginning on May 18. After June 15, rehearsals will be held four nights a week and will end at 10 p.m. Performances will run from July 11 to July 26 (3 weekends). Evening shows are at 8 p.m. and Sunday matinees are at 2:30 p.m. Casting four boys and four girls who appear to be between 7 and 12 years old. Double casting the role of Matilda. Looking for a diverse cast.

* Buon Tempo Club Dinner

The Buon Tempo Club is having a family dinner on Tuesday, March 3, at 7 p.m. at Mt. Tabor Hall, Transfiguration Church, 4000 E. Castro Valley Blvd. in Castro Valley. Everyone is welcome. Chef Joseph Sotello and crew will serve a 5-course, family-style dinner of corned beef and cabbage, along with red and white wine. Happy hour is 6 p.m. The dinner is \$15 for members, \$20 for non-members. Make reservations by Friday, Feb. 28, by calling the Buon Tempo dinner line at 510-483-6929.

***** Volunteers Needed for Family Support

Eden is looking for volunteers to build its Family Support Services group to serve as a liaison between family, physicians and other medical staff and concentrate on providing comfort and emotional support to family members at the hospital. Volunteers will be based in the emergency room. Candidates who qualify will display friendly, positive, helpful and professional attitude; work well with patients, family members and staff; ability to display compassion and have a caring nature; and ability to make a one-year commitment. To apply, contact: Meri Johnson-Wicks at johnswm@sutterhealth.org or 510-727-3124.

***** Umpires Needed

The Hayward Softball Umpires Association is recruiting year-round to work paid Hayward Area Recreation and Park Distrcit (HARD) softball games - men's, women's and co-ed slow pitch. The umpires association trains all age groups. It's a great way to earn some extra money. For more information, call the association's educational director at 510-586-8592 between 9 a.m. and 9 p.m.

* American Legion 4th Sunday Breakfast

Come one, come all to the American Legion Post 117, 4th Sunday Breakfast, on Sunday, Feb. 23, from 8 to 11 a.m., at the San Leandro Veterans Memorial Building, 1105 Bancroft Ave. in San Leandro. The menu consists of eggs-to-order, bacon, sausage or ham, hash browns, toast, and coffee, tea or hot chocolate, and fruit. A donation of \$9 for non-veterans and \$7 for veterans will be greatly appreciated. All donations benefit American Legion veteran programs.

Englander: Sun sets on The Englander Pub

continued from front page this week that the popular spot will have to close. They said they tried to sell the business, but the building's owner didn't agree. Their lease was up and the landlord didn't want to renew it.

Property owner Rob Scribner has yet to be reached for comment. His office said he would be back later this week.

"We had a meeting with our staff on Saturday," said Cheryl Thies, who owns the pub with her husband Rod Thies and her

I want to thank everybody, all our customers and friends.

- Cheryl Thies, co-owner of The Englander

brother Roy Childress.

Childress has been working for the 25 years of its existence. "I've been here since day

one," he said.

SL Players to Hold Auditions

Auditions for San Leandro Open auditions; appointments Players Spring production of *The* possible. Performances will be be held on Monday and Tuesday, May 17. Feb. 24 and Feb. 25, at the San Leandro Museum/Auditorium, 320 West Estudillo Ave.

Ensemble cast, no pay, non-AEA. Male and female roles, all ages and ethnicities are encouraged.

Rehearsals will be evenings Monday through Thursday, beginning on Monday, March 2.

Donate: Dollars for women's shelter

continued from page 2 coming out to support us - and we receive a lot of community support from individuals, businesses, definitely a first," says Executive Director Liz Varela.

Building Futures was founddeserve safe overnight refuge. Formerly known as Building Futures with Women and Children, the organization now also serves individuals of all genders through its homeless outreach program, five emergency shelters including Alameda's Midway Shelter for homeless women and children, Alameda Warming Shelter, Bessie Coleman Court, domestic Attorney for petitioner: Rachael N. Phillips violence education and advocacy work, and housing services, in the city of Alameda.



At the party on the 29th all the

be on sale. The pub will probably

The Englander Pub on Parrott Street in downtown San Leandro will close at the end of the month with a going away party on Saturday, Feb. 29.

next Friday, Feb. 28, and have a before they had to be out. going-away party on Saturday, Feb. 29, from noon to whenever. 90 days," Thies said. at The Englander and tending bar The comedy show is still on for that night at 8 p.m.

Thies said they plan to close court to try to get another 90 days

NOTICE OF PETITION

TO ADMINISTER ESTATE OF

"But we lost, we don't get the memorabilia and TV screens will

Thies said there are about be operating on limited hours 25 local clubs that meet regu- through the remaining week, private meetings. A painting party is every Monday night, and comedian Michael Booker has his monthly comedy nights at the pub.

"I want to thank everybody in the community who has support-Man Who Came to Dinner will on weekends from April 18 to ed The Englander, all our customers and friends," Thies said.

FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and Professions Code

By

Sections 17900-17930 The name of the business(es): BLACK MEN LIFE Insurance Foundation located at 1972 Quebec Ave., San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): BLACK MEN LIFE Insurance Foundation, 1972 Quebec Ave., San Leandro, CA 94579. This business is conducted by a corporation. This business commenced 1/29/2020. /s/ BLACK MEN LIFE Insurance Foundation This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above

Expires JANUARY 29, 2025 FEB 13, 20, 27, MAR 05, 2020 0222-SLT

| FILED JANUARY 16. 2020 |
|--------------------------------|
| MELISSA WILK |
| County Clerk ALAMEDA COUNTY |
| By, Deputy |
| FILE NO. 567616 |
| |

NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930

FICTIT

I he name of the business(es) "E" and "L" Property located at 862 Evergreen Ave., San Leandro, CA 94577, in Alameda County, is hereby registered by the following owner(s): (1) Christine Soledad Ortega Max (2) Edwin Stanley Barahona, 862 Evergreen Ave., San Leandro, CA 94577, This business is conducted by a Married Couple. This business commenced 01-16-20.

/s/ Christine Soledad Ortega Max, Edwin Stanley Barahona This statement was filed with the County

Clerk of Alameda County on date indicated by file stamp above Expires JANUARY 16, 2025

JAN 30, FEB 06, 13, 20, 2020

0215-SLT

Lunch Menu at **The Senior Center**

Lunch provided by Spectrum Community Services

A low-cost senior lunch seasoned broccoli, whole wheat provided by Spectrum Commu- roll, apple. nity Services is served on weekdays at the San Leandro Senior den salad, cornbread, fruit mix. Center, 13909 East 14th St.

refused for lack of funds. (\$10 salad and grapes. for those under 60.)

or sign up at the Senior Center. rice, orange.

The menu for lunch next week, Feb. 24 to Feb. 28, is:

potato cabbage soup, lemon pineapple fruit cup.

Tuesday - Turkey chili, gar-

Wednesday - Barbecued Everyone age 60 and up chicken sandwich on a whole can have lunch. A suggested wheat bun with lettuce, tomato donation is \$3.75, but no one is and onion, broccoli cranberry

Thursday - Baked south-Call 24 hours ahead to re- western cod on a bed of spinach, serve a lunch (1-510-825-9793) split pea soup, carrots, brown

Friday - Glazed meatloaf, mashed potatoes and gravy, peas Monday - Paprika chicken, and carrots, whole wheat roll,

Buon Tempo Club Dinner

FILED

, Deputy

MELISSA WILK

County Clerk

The Buon Tempo Club is having a family dinner on Tuesday, dinner is \$15 for members, \$20 March 3, at 7 p.m. at Mt. Tabor for non-members. Make reser-Hall, Transfiguration Church, vations by Friday, Feb. 28, by 4000 E. Castro Valley Blvd. in calling the Buon Tempo dinner Castro Valley.

Happy hour is 6 p.m. The line at 510-483-6929.

LEGAL NOTICE

JANUARY 22, 2020 ALAMEDA CÓUNTY

FILED

JANUARY 29, 2020

ALAMEDA CÓUNTY

FILE NO. 568025

MELISSA WILK

County Clerk

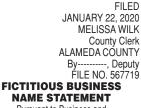
--, Deputy

FILE NO. 567713 **FICTITIOUS BUSINESS** NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930

By∙

The name of the business(es): Cummings Construction located at 3937 39th Avenue, Oakland, CA 94619, in Alameda County, is hereby registered by the following owner(s): Constructive Building Services, Inc., 3937 39th Avenue, Oakland, CA 94619. This business is conducted by a corporation. This business commenced 11/18/1999. /s/ Constructive Building Services, Inc. This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires JANUARY 22, 2025

FEB 20, 27, MAR 05, 12, 2020 0226-SLT



Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es) Concrete Rock Stamp Rental and More located at 16530 East 14th Street, San Leandro, CA 94578, in Alameda County, is hereby registered by the following owner(s): Wendy Karina Nunez, 424 Pacifica Ave., Baypoint, CA 94565. This business is conducted by an individual. This business commenced N/A. /s/ Wendy Karina Nunez

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires JANUARY 22. 2025 FEB 06, 13, 20, 27, 2020 0218-SLT

FILED FEBRUARY 04, 2020 MELISSA WILK County Clerk ALAMEDA CÓUNTY ---, Deputy By-FILE NO. 568238

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): P.E.A.C.E. located at 1650 152nd Avenue, San Leandro, CA 94578, mailing address P.O. Box 32443, Oakland, CA 94604 in Alameda County, is hereby registered by the following owner(s): The Peoples' Eclectic and Aware Church of Enlightenment, 1650 152nd Avenue, San Leandro, CA 94578. This business is conducted by a corporation. This business commenced Feb. 1, 2020. /s/ The Peoples' Eclectic and Aware Church of Enlightenment

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires FEBRUARY 04, 2025

FEB 20, 27, MAR 05, 12, 2020 0229-SLT

> FILED JANUARY 30, 2020 MELISSA WILK County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 568102

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business(es)

Pediatric Language Therapy Associates located at 2242 Washington Ave., San Leandro, CA 94577, in Alameda County, is hereby registered by the following owner(s): Claire Ibrahim, 8033 Farl St., Oakland, CA 94605. This business is conducted by an individual. This business commenced N/A. /s/ Claire Ibrahim

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires JANUARY 30, 2025 FEB 06, 13, 20, 27, 2020 0221-SLT

Case Number: RP20050801 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: Barry Lamont Thompson. A Petition for Probate has been filed by Michael Herrera, Sr. in the Superior Court of California, County of Alameda. The Petition for Probate requests that Michael Herrera, Sr. be appointed as personal representative to administer the estate of the decedent. The PETITION requests authority to administer the estate under the Inde-

pendent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on March 18, 2020, 9:31 a.m., and faith communities, this is Dept. 201, at 2120 Martin Luther King Jr. Way, Berkeley, CA 94704.

> IF YOU OBJECT to the granting of the petition you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

ed in 1986 with the belief that IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you homeless women and children deserve safe overnight refuge must file your claim with the court and mail a copy to the personal represen-tative appointed by the court within the **later** of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

> YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Law Offices of Ann Marshall Robbeloth

31 East Julian Street, San Jose, CA 95112 (408)371-5206 LEGAL 0219-SLT RP20050801 02/06/20, 02/13/20, 02/20/20

Thies said their lease was larly at The Englander, which she said. up on Dec. 31 and they went to has a separate dining hall for

LEGAL NOTICE

Barry Lamont Thompson

AUTOMOTIVE

Ford Explorer Hybrid Just a Bit Greener

By Steve Schaefer San Leandro Times

The ed or blamed for the rise of the the B&O 12-speaker sound little above the others, at 4,969 SUV, depending on your point system was a joy. The fat leath- pounds versus the base vehicle of view. The first generation er-wrapped steering wheel was at 4,345 and the V6 at 4,727. appeared in 1990 as a 1991 a very pleasant place to touch. That's presumably because of model, popularizing the tall, truck-platform-based family transmission shifts often to battery. Two-and-a-half tons is hauler that is now ubiquitous keep in the heart of the power pretty massive no matter which on American roads. Although band and works through a styltoday's "crossover" versions ish dial on the center console-of the sport utility vehicle, in- an upscale touch. cluding the Explorer, are based on unibody car platforms, they likely very similar between cle and 436 for the popular V6. still sit tall, haul a lot of peo- models, while the emission dif- And with higher mpg, annual ple and stuff, and sell in large ferences between the Hybrid fuel costs will be less. The funumbers.

Explorer in its Hybrid form. As a Combined score of 24 mpg. any Explorer you can buy.

proportions look like an Ex- would possibly move upwards plorer-and its many competi- over a longer period. tors—there's much to like from

a vehicle that can commodations, and high-tech SUV drivers demand. be either celebrat- interface buyers crave. And

and the other models are incre- eleconomy.gov stats show the still give a nod to its environ- 4-cylinder-equipped model, four-cylinder will cost \$750 the new, sixth-generation Ford mpg City and 28 Highway, with \$2,500 above average. part of the widest range of of- The powerful 3.0-liter Eco- range of models and options, model and 4 for the V6. ferings in the model's three-de- Boost V6-powered model, like- pricing varies. My tester, with cade history, the Hybrid com- ly the big seller, gets 18 City, 24 optional 20-inch polished alu- the Ford Explorer Hybrid probines an electric motor with a Highway, with 20 mpg Com- minum wheels and a twin-pantraditional 3.3-liter V6, which bined. The Hybrid bests them a el moonroof, came to \$55,665 still burning a lot of gas every increases fuel economy and bit, with 27 City, 29 Highway, with destination and delivery time it hits the road. It puts out provides the greatest range of and 28 mpg Combined. During charges. Explorers start at 322 parts per million (ppm) of my test week, I averaged a dis- \$37,770 for the base XLT and CO2 every mile, against 370 2020 marks a major re- appointing 23.1 mpg, below head northward to \$59,639 for ppm for the four-cylinder and

Blue tester looked obviously However, it does represent a 40 fake, but during the trip I took percent improvement over the to visit my grandkids over the thirstiest version, and the drivlegendary holidays the Explorer delivered ing experience still delivers the Ford Explorer is the smooth ride, spacious ac- robust power and performance

> The Hybrid tips the scales a The 10-speed automatic adding the electric motor and way you slice it.

> Range wise, per EPA tests, the Hybrid wins, with 540 The driving experience is miles vs. 461 for the base vehi-

Considering environmen- mental. tal impact, there are no truly

collects a 6 for Greenhouse As with any vehicle with a Gas against 5 for the 4-cylinder

The real point, then, is that

If you truly need a big haul-

If you want to have all of the mental. Looking at EPA fuel hybrid costing owners \$250 a sus 13.7 for the 4-cylinder and time this decade, perhaps with sport and utility of an SUV and economy, for example, the base year below average while the 16.5 for the V6. While all three the promising drivetrain from tro Valley. He has been reviewmodels earn a middling 5 in the the upcoming Mustang EV. ing new cars in the Times for 28

Steve Schaefer lives in Casvears.



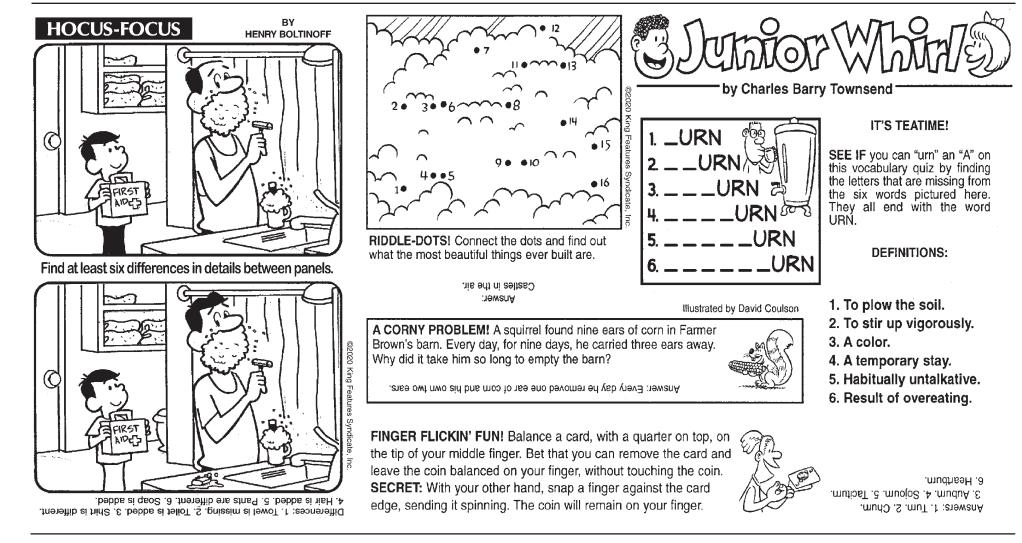
or feels up to date. The textured 50+ mpg Prius territory or the In barrels of oil consumed per plug-in hybrid and maybe even The driving experience still delivers the robust power and

mental impact, you can opt for with rear-wheel drive, gets 21 above average and the V6 EPA Smog rating, the Hybrid Stay tuned.

vides some improvement, but is

design, so while the overall the EPA official figures, but it the Platinum top-level offering. 446 ppm for the big V6. Incre-Twenty-eight miles per "green" cars with Explorer er like this, the Explorer will an aesthetic point of view. The gallon is a little above the av- nameplates on them, but the surely provide a worthy solusides are attractively sculpted, erage of all cars sold today, Hybrid provides a difference, tion. But if you don't there are the face is fresh, and the interi- but still doesn't approach the although it's not monumental. other options. I expect to see a

pseudo-wood trim in my Atlas higher mpg equivalents of EVs. year, the Hybrid uses 11.8 ver- an all-electric Explorer some- performance SUV drivers demand.



The driving experience is likely very similar between models, while the emission differences between the Hybrid and the other models are incremental.

Blend together eggs, salt and

gether flours and baking powder in

large bowl. Whisk in egg mixture.

Add melted butter and mix well,

but do not overmix. Let stand 15

to 20 minutes. Batter will be thick.

lightly greased griddle and cook

until underside is lightly browned

and top is starting to bubble. Turn and cook other side until browned

and dry. Makes about 30 pancakes

BLUEBERRY SYRUP

Combine ingredients in small

saucepan. Bring to a boil. Crush

berries with back of spoon. Sim-

mer 2 to 3 minutes. Serve hot.

(8 servings).

1 cup blueberries

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1/4 cup sugar

1/4 cup water

Drop by scant 1/4 cupful onto

LIFESTYLE



Fluffy Pancakes to Flip Over

ext Tuesday is Mardi 1 egg at room temperature the last day to feast before 3/4 cup all-purpose flour lent. It has also come to be known 1/2 teaspoon sale as "Pancake Day," so what better 1 teaspoon baking soda way to celebrate than to get out the griddle and cook up a batch of homemade flapjacks.

Making good pancakes depends on only three factors - mixing the batter to the right consistency, heating the griddle properly, and recognizing when to turn the cakes.

The batter should be stirred just enough to moisten the dry ingredients and should remain lumpy. Overmixing makes pancakes tough. For best results, cover the batter and refrigerate an hour or so (or overnight) so the flour expands and absorbs the moisture.

Preheat the griddle over medium heat. It's ready when a few drops of cold water sizzle and dance when sprinkled onto the surface. It the water sits and boils, the griddle isn't hot enough. If it evaporates instantly, reduce the heat.

Pancakes are best served right from the griddle, but you can keep them warm in a 200°F oven.

OLD-FASHIONED PANCAKES

- 1-1/2 cups all-purpose flour 3-1/2 teaspoons baking
- powder
- teaspoon salt
- 1 tablespoon sugar 1-1/4 cups milk
- 1 egg
- 3 tablespoons butter, melted

In a large bowl, sift together the flour, baking powder, salt and sugar. Make a well in the center and pour in the milk, egg and melted butter; mix until smooth.

Heat a lightly oiled griddle or frying pan over medium high heat. Pour or scoop the batter onto the griddle, using approximately 1/4 cup for each pancake. Brown on both sides and serve hot. Yields 6 servings.

10AM - 8PM

MON-FRI 12PM - 8PM

FLUFFY BUTTERMILK PANCAKES

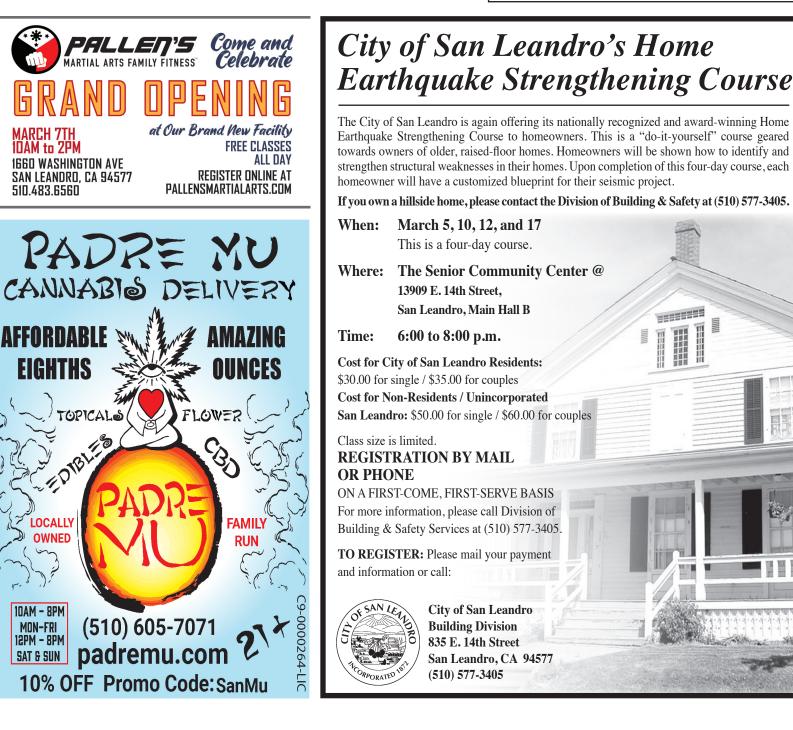
1 cup buttermilk

Gras, or Shrove Tuesday, 3 tablespoons butter, melted

melted butter in a mixing bowl. Stir briskly until smooth and blended.

soda; blend well. Add to liquid ingredients, stir only until dry bits of flour disappear. A few lumps are OK.

Heat a pancake griddle or cast-Combine buttermilk, egg and iron skillet to medium-hot. Grease it lightly. Spoon out about 3 tablespoons of batter per pancake. Spread batter with back of spoon Combine flour, salt and baking to thin it out a little. Cook until a on-off 6-8 times, just until ingredi-



few bubbles break on top. Turn ents are mixed. pancakes and cook briefly. Transfer pancakes to a platter and place moderate heat. Lightly grease the in preheated 200°F oven. Continue with remaining batter. Yields about 14 three-inch pancakes.

For blueberry pancakes, immediately after pouring batter onto griddle, sprinkle 1 tablespoon fresh or well-drained canned or fast. Turn the pancakes over and frozen blueberries over each pancake.

POTATO, CHIVE & BACON PANCAKES

4 thin strips of bacon

- cup + 1 teaspoon of flour teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/3 teaspoon salt
- 1/8 teaspoon pepper
- 1-1/2 cups buttermilk

1 large egg 3 tablespoons mild olive oil 3/4 cup mashed potatoes

1/4 cup snipped fresh chives

Cook bacon until crisp in skillet, drain on paper towels and crumble

Put the flour, baking powder, baking soda, salt and pepper into a food processor. Process briefly to mix. Add buttermilk, egg and oil; process a few seconds to blend well. Scrape down the sides. Add mashed potatoes, chives and crumbled bacon. Turn the machine

Heat griddle or skillet over sugar in bowl. Stir in milk. Sift togriddle. For each pancake, pour 1/8 cup batter onto the griddle. Cook 3 to 4 minutes, until bubbles appear on the surface and the undersides are golden brown. Adjust the heat if the pancakes brown too cook 1 to 2 minutes longer. Yields about 20 3-inch pancakes, about 6 servings

BUCKWHEAT PANCAKES

- 3 eggs
- teaspoon salt
- 2 tablespoon sugar
- 2-1/2 cups milk
- 2 cups cake flour
- 2 cups buckwheat flour

- 1/4 cup butter, melted



- 2 tablespoons baking powder

City to Host Climate Action Plan Workshop Tonight at Senior Center

The City of San Leandro is climate effects. hosting a Climate Action Plan East 14th St. The public is invited be available. Doors open at 6:30 to learn about the city's Climate Action Plan and help envision a resilient, equitable, and sustainable San Leandro.

The workshop will start with an open house and dinner with time for the public to circulate between several stations and learn about the Climate Action Plan components.

group discussions will follow to at 7 p.m. RSVP at https://slcapshare ideas on how everyone can workshop.eventbrite.com. work together to address local

Dinner will be served. Transpublic workshop tonight (Thurs- lation will be provided in Chi- sanleandro.org or 510-577-3421, day) from 6:30 to 8:30 p.m. at the nese and Spanish. Childcare for or see the City's website: https:// Senior Community Center, 13909 children ages 4 and up will also www.sanleandro.org/depts/pw/

We are working very hard to address the threats of climate change.

- Mayor Pauline Cutter

A presentation and small- p.m., and the presentation begins

Dr. Hoi-Fei Mok, Sustainability Manager at SustainableSL@ sust.

"The City of San Leandro is dedicated to being a sustainable, livable city and we are working very hard to address the threats of climate change by reducing pollutants, conserving precious resources, and strengthening our community's resilience to a changing climate and rising sea levels," noted Mayor Pauline Russo Cutter. "Partnership and collaboration with a broad spectrum of the public will be a key For more information, contact step as we move forward."



Tony and Teresa DeCoteau stood by as a tree crew removed the tree in their front yard to make way for a crane to lift the oak tree off their house.

Oak: Crane called in to lift tree

San Leandro Schools Planning Meetings trict's upcoming Local Control community forums.

The San Leandro Unified clude details about the facilities Wednesday, Feb. 26, from 6:30

Accountability Plan (LCAP) Tuesday, Feb. 25, from 6:30 to 10:30 a.m., at the Barbara Lee These meetings will also in- School, presented in Spanish; on Ave.), presented in English.

School District is planning for improvement bond, Measure N, to 8 p.m. at John Muir Middle the future. Attend one of the dis- which is on the ballot for March 3. School, presented in Chinese; The meetings will be on and on Saturday, Feb. 29, from 9 to 8 p.m. at Bancroft Middle Health Center (2251 Bancroft



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continued from front page another tree in the front yard in damaged that it can't be saved.

order to make room for the crane. the tree off the house. The back bedroom sustained even more damage when the tree was removed because the branches were supporting the ceiling, said Teresa's father, John Quintell of

San Leandro. Teresa DeCoteau said it's been a tough year.

They have renters insurance Beverly Lane as secretary.

that will help cover hotel ex-



The house on Russell Street is

District board of directors has in- Leadership positions rotate annu-'We lost our mom last March ducted Ellen Corbett as president, ally. and then Tony had a heart attack the Dee Rosario as vice president, day before her funeral," she said. Colin Coffey as treasurer, and Leandro and a former majori-

penses until the house is rebuilt, bers are Dennis Waespi, who was elected to the board in 2016. which might take a while. It's represents Castro Valley, Ayn Her term expires later this year.



possible that the house is so badly just across from the Japanese Tea Garden.

"We liked it here, it's just like This week, the crane lifted in a woodsy area next to a creek, living in the country," Teresa said.

The East Bay Regional Park Wieskamp and Elizabeth Echols.

Corbett, former mayor of San ty leader of the state senate and The additional Board mem- member of the state sssembly,

Waespi was elected to the Board in 2014. He will serve as chair of the legislative committee. He was a park supervisor at the Park District for 36 years before retiring in 2016. His term expires in 2022.

Mulford Gardens Meeting Feb. 25

The Mulford Garden Neighborhood will host a neighborhood watch meeting on Tuesday, Feb. 25, from 6 to 7 p.m. at Frank's Sports Bar and Grill, 2014 Marina Blvd. in San Leandro.

A San Leandro police officer will be speaking about crime and car break-ins in the neighborhood and what to do about it. For more information, contact Rob at rob. trabert@vahoo.com.

Become a Hayward Softball Umpire

The Hayward Softball Umpires Association is recruiting year-round to work paid Hayward Area Recreation and Park District (HARD) softball games - men's, women's and co-ed slow pitch. The umpires association trains all age groups. It's a great way to earn some extra money. For more information, call the association's educational director at 510-586-8592 between 9 a.m. and 9 p.m.

SENIORS

New Law Makes Big Changes to IRA's

plans. Can you comment?

By Gene L. Osofsky, Esq. Special to the Times

20, 2019, and effective January 1, ferred over the course of the ben-2020, is called the "Setting Every eficiary's life and to be passed on (1) the surviving spouse of the nuities in 401(k) plans by elim-Community Up for Retirement to his or her own beneficiaries, account owner; (2) Children of Enhancement Act" or the "SE- potentially "stretching" the pay-CURE Act" for short.

It was designed to promote it may require seniors to rethink some of their estate plan- SECURE Act requires beneficianing. Following are the major ries who inherit retirement acchanges:

• Stretch The biggest change eliminates owner's death. "stretch" IRAs for many benefi-

new law which makes Designated Beneficiary (DB) the beneficiary's highest tax new law, individmajor changes to IRAs could choose to take distributions years, meaning that the elimina- uals can now wait and other retirement over his or her lifetime and to tion of the "stretch" option is ef- until age 72 to begin taking dispass what was left, after the DB's fectively a tax increase for many tributions. death, onto future generations beneficiaries. (called the "stretch" option).

tributions were then withdrawn plans on or after January 1, 2020. IRA after age 70-1/2, eliminating Sure. The new law, each year based upon the bensigned by President eficiary's life expectancy. This For Certain Beneficiaries: The Trump on December allowed the IRA to grow tax-de-

IRAs Limited. within 10 years of the original

In many cases, these with-

I heard that there is a ciaries. Under former law, your drawals will now occur during 70-1/2. Under the

The required minimum dis- those who inherit retirement ers to contribute to an • Stretch IRAs Still Available the former age cap. "stretch option" is still permitted removes roadblocks that made for the following beneficiaries: employers wary of including anthe owner, but only until they out over two or more generations. reach age 18; (3) Disabled per-Unless the beneficiary is a sons; (4) Chronically III persons, could be included in a plan. more saving for retirement, but member of one of five (5) fa- and (5) Beneficiaries not less vored categories (see below), the than 10 years younger than the account owner.

counts to withdraw all the money butions. Under prior law, the event of the birth of a child or an now be reviewed to determine wishes to thank Harry Margolis,

• No Age Cap on Contribu-This provision will apply to tions. The new law allows work-

• Annuities. The new law inating some of the fiduciary requirements used to vet companies and products before they

allows an early withdrawal of



A new law designed to promote more saving for retirement may require seniors to rethink some of their estate planning.

they relied upon "stretch" options to make changes. • Withdrawals. The new law as an estate planning tool.

up to \$5,000 from a retirement name a trust as the beneficiary of in Hayward. Visit his website at • Required minimum distri- account without penalty in the their IRA. Those trusts should www.LawyerForSeniors.com. He owner was required to begin tak- adoption. Formerly, there was a if they need to be reformed to Esa, of MA for permission to use ing distributions from his IRA 10 percent penalty for early with- conform to the new law. If an and modify his original article on beginning when he reached age drawals in most circumstances. IRA "stretch option" is part of topic.

Given these changes, retire- your estate plan, you may wish to ment plan owners should review consult with your attorney or tax their estate plans, especially if advisor to determine if you need

Gene L. Osofsky is an estate One way some did this was to *planning and elder law attorney*

When Should Dementia Patients Stop Driving?

By Jim Miller Special to the Times Is there a good rule of thumb on when dementia patients should stop driving? Mv 82-vear-old mom has early stage Alzheimer's disease but still drives herself around town just fine

Most doctors agree that people with moderate to severe dementia should never get behind the wheel, but in the early stages of Alzheimer's, driving performance should be the determining factor of when to stop driving, not the disease itself.

With that said, it's also important to realize that as your mom's driving skills deteriorate over time from the disease, she might not recognize she has a problem. So, it's very important that you work closely with her doctor to monitor her driving and help her stop when it is no longer safe for her to drive. Here are some additional tips that can help you.

Watch for Warning Signs The best way to keep tabs on

your mom's driving is to take frequent rides with her watching out for key warning signs. For example: Does she have trouble

remembering routes to familiar places? · Does she drive at inappropri-

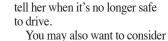
ate speeds, tailgate, drift between

make poor driving decisions? Also, has your mom had any fender benders or tickets lately, or have you noticed any dents

If you need some assessment

Through your assessments, if you believe it's still safe for your mom to drive, you should start recommending some simple adjustments to ensure her safety, like driving only in daylight and on familiar routes, and avoiding busy roads and bad weather.

Also, see if she will sign an Alzheimer's "driving contract" (see ALZ.org/driving to print one) that designates someone to



getting a GPS car tracking device (like MotoSafety.com or Auto-Brain.com) to help you keep an eye on her. These devices will let you track where she's driving and allow you to set up zones and speed limits that will send you alerts to your smartphone when she exits an area, or if she's driving too fast or braking harshly. Time to Quit

When your mom's driving gets to the point that she can no longer drive safely, you'll need to talk to her. It's actually best to start having these conversations in the early stages of the disease, before she needs to quit driving, so she can prepare herself.

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You also need to have a plan for alternative transportation (including a list of family, friends and local transportation options) that will help your mom get around after she stops driving.

For tips on how to talk to your mom, the Hartford Center for Mature Market Excellence offers a helpful guide called "At the Crossroads: Family Conversations About Alzheimer's Disease, Dementia and Driving" that you can get at TheHartford.com/Publications-on-Aging. **Refuses to Quit**

If your mom refuses to quit,

you have several options. First,

suggest a visit to her doctor who can give her a medical evalua-

tion, and prescribe that she stops

driving. Older people will often

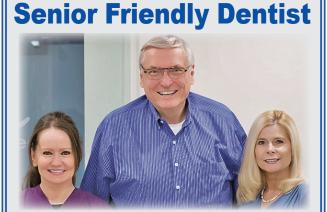
ay Area!

listen to their doctor before they

will listen to their own family. If she still refuses, contact your local Department of Motor Vehicles (DMV) to see if they can help. Some states require doctors to report new dementia cases to the DMV, who can revoke the person's license.

If these fail, consider hiding her keys or just take them away. You could also disable her vehicle by disconnecting the battery, park it in another location so she can't see it or have access to it or sell it.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



Dr. Bruce Stephenson, Terí and Línda

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lanes or fail to observe traffic signs? Does she react slowly or

or scrapes on her vehicle? All of these are red flags.

help, hire a driver rehabilitation specialist who's trained to evaluate older drivers. See AOTA. org/older-driver or ADED.net to locate one in your area. **Transition Tips**

EAL ESTATE GALLER

REALI ESTATE By Carl Medford, CRS



There May Be Trouble Ahead

long with death and marriage, selling a home is one of life's most stressful events. Now a new Harris poll confirms issues which cause tension. what many have known all along. It is not only a taxing experience, it can produce

conflict. The survey, using data culled from real estate transactions over 10 years, reveals that 77% of homebuyers and 71% of sellers have argued with a loved one as a result of the buying/ selling process.

As an agent who has worked with countless couples, I have seen firsthand how nerve-wracking it can actually be.

I've seen couples almost come to blows over disagreements and, in one extreme case, I recommended that a couple stop searching for a home and start looking for a marriage counselor. They took my advice: it would have been a



real tragedy to help them buy a house only to sell a short while later due to a divorce.

The survey also reveals those • 54% of couples disagreed over the style or size of a property,

• 47% clashed over what constituted "must haves" or 'deal breakers,"

• 42% argued over location and neighborhood,

• 37% quarreled over budget issues and • 29% sparred over the

condition of the home they were willing to buy.

Age was also a significant factor, with Millennials topping the "Willing to Argue" leader board at a whopping 85%. The numbers were much lower for older couples – either because they had learned to negotiate at a higher level or had previous buying/selling experience and consequently had different expectations.

On the listing side of the equation, the highest percentage disagreement was no surprise at all: 69% of couples disagreed over the list price. Personally, I've lost count of the number of times I've sat through those 'animated discussions.'

I'm often asked which transactions have the most disagreements.

The answer: couples negotiating divorces. Selling a home because of divorce is always a lose-lose proposition: frequently one party either does not want the divorce or wants to stay in the family home.

While some couples manage to keep it civil, others use the selling process to "get back" at the other party. In some cases, both sellers, totally frustrated with each other, turn and vent their frustrations at their Realtor, moving it from lose-lose to lose-lose-lose.

Buying or selling will be stressful. Nat King Cole's advice? "There may be trouble ahead ... let's face the music and dance."

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.







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Water Stress Keeps Plants from Growing

By Buzz Bertolero Special to the Times Last spring, I planted two staked Star Jasmine into a container about the size of a 5-gallon pot. I wanted them to climb over and cover an arbor. They were watered weekly, but have shown almost no new growth, and the foliage is a dull green color with brown spots. Boy, was I disappointed! How do I go about pruning them now for more

Pruning is not the answer to your problem; increasing the water frequency and nutrients is. Your watering schedule wasn't adequate last year during the summer and fall months. Water stress, from going dry in between watering, hampered your plants'

growth this year?

growth potential.

When temperatures are over 75°F, new plantings are typically watered every other day. This year I would water daily. The water must flow out the bottom of the container otherwise root rot becomes a problem.

This assumes that the pot size is adequate for the plant. In your case, it's not. Star Jasmine become root-

bound quickly in a 5-gallon pot. The pot size is critical as this is not a short-term planting.

There is a direct relationship between the amount of top growth and the root mass necessary to support itself. The bigger the root mass the less soil there is in a container. With less soil, water stress becomes more severe when the days grow longer and warmer. I would replant the Star Jas-

mine into pots the size of a wine

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barrel or larger. A container with detachable sides would be ideal; however, it would have to be custom-built. The removable side container allows you to keep the plants thriving, indefinitely in the same container.

Every two to three years, you would remove the sides, reduce the root mass by root pruning and add fresh soil. It's nearly impossible to root prune a Star Jasmine or any other vining, container plant without cutting off all the top growth. How else would one be able to slide the plant out of the existing pot?

I would also revisit if you nee two plants. For nutrient replen-

ishment, I would apply Osmocote twice a year four months apart. Osmocote will release a little bit of fertilizer with every watering.

There are many other fertilizers that will work, but you need to be diligent with the follow-up applications. Nutrients, along with soil, will leach out the bottom of the containers when you water.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com and questions can be sent by email to buzz@ dirtgardener.com or on Facebook at Facebook.com/Buzz Bertolero



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Tips to Get your House Ready for Entertaining

Whether hosting family and room, bathroom and guest friends for your first or fifteenth time, you want your home to be home feel clean and fresh. Be ready to impress. Here are five simple ways to make sure your home is refreshed and ready for any entertaining occasion.

1. Refresh kitchen counters Since the kitchen is where

people mingle the most, don't leave old, dirty caulk to be the focal point behind your delicious spread! Spruce up your countertop and backsplash by removing and replacing the old caulk. Consider using a caulk that's formulated specifically to ward off dirt and mold.

2. Repair imperfections and paint on walls

It's inevitable that scuffs and scratches will appear on walls over time. A fresh coat of paint in key areas, like the living

WEEKEND GARDENER

Plant a Tree Arbor Day is celebrated in California in March, so make a plan-and pick a spot-to plant

a tree. **Before it Rains Again**

If the weather is nice this weekend, get out and do some serious work. Finish pruning roses, grapes and deciduous fruit and nut trees. (If you want more grape vines, stick a few of the pruned cuttings into the ground-they root easily.) Put any bulbs that haven't been planted into the ground right away. Pull weeds while the ground is still very moist and before they take over everything.

Repot Cymbidiums

If your cymbidium orchids are bulging out of their containers, repot them from now until the end of June. Remove the old bark, discard dead roots and rotted bulbs, and transfer the entire plant into a larger container filled with cymbidium mix or bark. You can also split up the plant into groups of three to five bulbs with leaves and repot each division individually.

bedroom, will help the entire sure to first prep walls by filling holes and cracks with spackling compound for a smooth finished surface. DAP DryDex Spackling takes the guesswork out of drying time with an indicator that goes on pink and dries white so you know when it's ready to sand and paint.

3. Clean and prep the floors

If you have the time, schedule a carpet cleaning before your guests are scheduled to arrive. And, consider applying a fast-drying polish to hardwood floors for a squeaky-clean finish. It's also a good idea to keep a multi-surface vacuum in an easy-to-access location for quick spot cleans and pick-ups.

4. Salvage broken décor Don't fret when you notice a décor item has cracked or

broken. Instead, grab a strong, fast-setting glue to make simple, long-lasting repairs before guests arrive. DAP RapidFuse All Purpose Adhesive sets in 30 seconds and is two times more durable than other super glues - there's even a plastic primer available that will help with hard-to-fix plastic décor.

5. Update decorative accessories

Small updates like adding plants, rugs and throws to your space are low-cost but high impact. Lighting is another quick change that can really help warm a space. Consider swapping out the shades on your lamps or installing updated light fixtures for an entirely new look, but for a fraction of the cost.

With these easy tips, your home will feel fresh and welcoming year-round.

The best option is to use a

specific moss-control-for-lawn

product. There are several avail-

able, but be sure to read the label.

Survey: Many Homeowners are not Prepared for an Emergency

If emergency officials in your community issued a mandatory evacuation order to get out of the path of a wildfire, hurricane or other natural disaster, would you know what to take with you, the evacuation route you would take and where you would go until it was safe to return home?

Do you have a personal evacuation plan in place? If you answered "yes,"

you're like 49% of the 1,795 respondents Mercury Insurance recently surveyed for its emergency preparedness quiz. However, if the question was rephrased to inquire about "having an evacuation plan and practicing it at least once a year," the results show only 23% meet this criteria.

"Safety should be your first priority in any situation involving a possible disaster or emergency event, and you should respond to mandatory evacuation orders immediately," said Christopher O'Rourke, vice president of property claims at Mercury Insurance. "Your first instinct might be to panic, so having an evacuation plan in place and practicing it regularly will help ensure you and your family are ready to go at a moment's notice. And it will also help alleviate some of the stress and anxiety that will undoubtedly be a part of such a nerve-wracking situation."

The survey also revealed that 39% of homeowners were unsure if they have enough coverage to rebuild if their home is damaged or destroyed by a natural disaster, and 34% don't have a home inventory they - Brandpoint could provide to their insurance

company to help get these items replaced. "Homeowners and renters should make a point of touching base with their insurance agents at least once a year to reassess coverage needs," said O'Rourke. "It's a good idea to make sure you have enough coverage as you accumulate more belongings, make changes unusable; to your home or your family expands - these details may affect your policy limits, as well as create a need for endorsements

* A first aid kit; * A whistle to signal for help;

- * A can opener;
- * Blankets;

* Tools to turn off utilities; * \$200 in cash in small bills, as power may be out, making ATMs, debit and credit cards

* Fully charged battery packs so you can recharge your cell phone; and

* Prescriptions for you and



you might want to consider adding to your policy."

There is some good news, said they have an in-home emergency kit stocked with essential items they will need if disaster strikes. If you don't have a kit, here is a list of the items you may want to include in your kit:

* A three-day supply of water (one gallon per person), non-perishable food items and pet food, if applicable;

* A battery-powered or hand-crank radio (and extra

batteries); * A flashlight;

your pets.

The bottom line is that extreme weather events are however, as 88% of respondents anticipated to increase, and you can never be too cautious or over-prepared to protect against Mother Nature. "It's a bit alarming to discover that, although natural disasters are in the news on a seemingly regular basis, many Americans still aren't properly preparing themselves if one happens in their neighborhood or city," said O'Rourke. "These events can have serious repercussions and adopting a wait-and-see attitude is not an option."

- Brandpoint

Use Specific Moss Control Product

By Buzz Bertolero Special to the Times I have moss growing in my lawn. Will a weed killer be effective in killing it?

If the moss is mixed in with desirable grass, then the answer would be no. If it's in open or bare spaces then you could use a non-selective herbicide and spot treat the areas. You'll need to protect the desirable grass with a cardboard plant shield.

Bug

The rose has been used throughout history as a powerful symbol for concepts and causes. It is found in writings of the ancient Greeks

It is found in writings of the ancient Greeks

and Romans. In Christianity the rose

became associated with the Virgin

Mary; it also is found in poetry

and designs of the Middle East

and its religions. It figures in

cultural traditions, social and

political movements, and has

against tyranny. — B. Weaver

Source: britannica.com

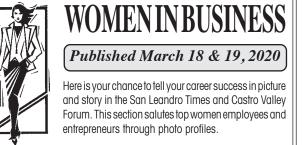
wikipedia.org

resistance movements

symbolised armies in battle and

You want one that can be applied to turf. Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is www. dirtgardener.com and questions can be sent BUZZ BERTOLE by email to buzz@ Ð dirtgardener.com or on Facebook 523 THE DIRT GARDENER at Facebook.com/ Buzz.Bertolero



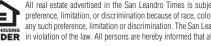


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Groceries: Food given out at several locations

continued from front page rytelling programs, students at the city's Kiddie Kollege pre-school at Halcyon Park, the CALICO abused-child nonprofit, and La Clinica at the REACH Ashland Youth Center, according to Dong. The latter is just outside the city limits, but serves many city residents, she said.

Those who attended the kickoff got to help bag some food and

Given how expensive it is to live here it's a big help that you can get a healthy meal someplace. - Kiddie Kollege teacher

Linda Garcia

load it into vans waiting to take it to some of those local nonprofits.

"Given how expensive it help," Barnett said. is to live here, it's a big help teacher Linda Garcia.

details on that. It costs a family of four some \$90,000 a year just far less than that.

'I thought people might be ful," Linda Garcia said.

ent Edward Barnett to say a few moments of joy," Hays said.



Bags of food were prepared for local nonprofits at the Feb. 13 kickoff of the Food For San Leandro Families program.

words, and Barnett did.

Andrew Hays, activity and that you can get a healthy meal volunteer programs manager with someplace," said Kiddie College CEI, said that elders had been the only expense to the city for tried to combat with our own nudelighted with the fresh food help the program is use of city vans Artrese Morrison gave some last year and have kept asking for for some food deliveries to nonmore of it this year.

"We found how important it to meet basic needs in Alameda was for seniors to be able to make and city staff on their own time last August about the pilot pro-County, and many residents earn a contribution to their families," Hays said.

'Seniors often worry about too proud to take anything, but being a burden, after a lifetime gram for being aware of the the health needs of the most unpeople saw that their dignity was of contributing, and with this respected, and were quite thank- program they're able to contribute fresh, healthy food to their City Manager Jeff Kay, who families and to their grandchilemceed the event, asked CEI cli- dren. It's great to give them these

the food bank to get more food to health. those who need it.

profits.

Both community members pitch in as volunteers to do much the work involved.

CEI's Hay lauded the propractical side of fresh food for derserved people in society. We older people.

"Raw vegetables require a added.

Mayor Pauline Cutter said lot of preparation," he said, "But "Thank you. This is a big the city was proud to partner with healthy eating is part of their "Food insecurity was some-

According to Jeannette Dong, thing we're aware of and have trition program, but there's only so much we can do about such a big problem," Hays said.

When the city contacted them gram, Hays said, they joined it right away.

This program is addressing want to be part of that," Hays

Early Voting and Vote By Mail for March 3 Primary

Presidential Primary Election is to you. available at the Alameda County Registrar of Voters' Office. Office online Vote by Mail application at hours are 8:30 a.m. to 5 p.m., Monday through Friday.

this election is from Monday, Feb. 25, by 5 p.m. Feb. 3, through Tuesday, Feb. 25.

by Mail ballot at any time from a Vote by Mail ballot. An applica-Election by one of the following the registered voter is a criminal ways: completing the application on the back of their Voter via fax to 510-272-6982, by mail to the Registrar of Voters' Voters at 510-272-6973, to re- Voters at 510-272-6973.

Chabot and Lafayette reservoirs

The maps provide informa-

tion about a hypothetical failure

of a dam or its spillway to assist

in emergency preparedness and

acted following the Oroville Dam

spillway failure in 2017, Califor-

nia dam owners are required to

EBMUD relies on 26 dams to

store much of the water it supplies

to customers, and regularly assess-

As part of state regulations en-

Dams' website.

planning.

a dam failure.

Early Voting for the March 3 quest for a ballot to be mailed

Voters may also complete the www.acvote.org/vbm. All Vote by Mail ballot requests must be The Vote by Mail period for received no later than Tuesday,

Only the registered voter Voters may request a Vote himself or herself may apply for Feb. 3 through Feb. 25 for the tion for a Vote by Mail ballot that March 3 Presidential Primary is made by any person other than offense.

The Alameda County Regis-Information Pamphlet, sending trar of Voters' Office is located at: an email, send a written request 1225 Fallon Street, Room G-1, Oakland.

For more information, visit Office, or call the Registrar of acvote.org or call the Registrar of

Flood Maps for Lake Chabot Now Available

Inundation maps for East Bay ensure they are safe. Municipal Utility District's Lake

Engineers monitor dams using instruments, monthly visual inare now publicly available on the spections, and periodic dam safety California Division of Safety of reviews to protect the public, prevent personal injury, and prevent property damage from dam failures

> The 135-foot high earthen Chabot Dam was initially constructed in 1875 and subsequently upgraded and re-graded in 1892, 1967, and 1980.

EBMUD releases water from the Chabot reservoir into San submit these maps showing poten- Leandro Creek below the dam. tial flooding that could result from Two emergency spillways drain into San Leandro Creek in the event of high lake levels after heavy rainfall.

To learn about EBMUD's es, upgrades and improves its East Dam Safety Program, visit: eb-Bay and Sierra foothills dams to mud.com/damsafety

'American Pickers' Coming To the East Bay in March



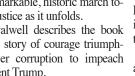
Swalwell describes the book

"It's my inside account of

JAY SPENCER "And while Donald Trump's 40+ Years Experience Senate fixers rigged his 'acquittal,'

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curity and our elections' integrity.

our effort to hold him accountable his corrupt presidency." The 256-page hardcover book is listed at \$27.

The reality TV show on the History channel, "American Pickers," will be coming to California and will film episodes in

this area in March. The pickers hunt for valuable iques and they are interested in finding unique collections and learning the interesting stories behind the items.

Mike Wolfe, Frank Fritz, and their team hope to give historically significant objects a new lease accumulation of antiques that on life, while learning a thing or two about America's past along the way. They're always looking was the beginning of the end for to discover something they've never seen before.

American Pickers is looking for leads and would love to



explore your hidden treasure. If you or someone you know has a large, private collection or

the Pickers can spend the better part of the day looking through, send your name, phone number, location and description of the collection with photos to: ameri canpickers@cineflix.com or call 855-OLD-RUST.



Swalwell Book on Trump Due Out in April

Abrams Press has announced the April 7 publication of "Endgame: Inside the Impeachment of Donald J. Trump" by Rep. Eric Swalwell, who represents the 15th Congressional District.

According to the publisher's announcement, the book will take readers behind the scenes of Congress' courageous defense of the rule of law, following the investigation and impeachment of a rogue president.

With details and stories from inside the Democratic caucus and committees, "Endgame" follows

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ward justice as it unfolds. as "the story of courage triumphing over corruption to impeach

President Trump. America's public servants stepping up and Congress taking action to rein in a president who put his own interests over national se-

CEI Names Dr. James Mittelberger as Chief Medical Officer

Drive in San Leandro.

Mittelberger has brought a lations, especially senior patients, telberger. for more than 30 years.

Linda Trowbridge, CEI chief Highland Hospital (Alameda

James Mittelberger, MD, executive officer. "His genuine County Medical Center). a nationally known physician passion for improving the lives leader in geriatric medicine, of seniors coupled with an ex- Mittelberger served as CMO of within the United Healthcare Care. Now in its 37th year in has been replicated in 263 PACE hospice and palliative care, has ceptional commitment to geriatric Hospice by the Bay. He also has Group, where he was responsi- the East Bay, CEI helps at-risk centers in 31 states. For more been named Chief Medical Offi- care will be outstanding contricer (CMO) at Center for Elders' butions to our continued success Independence (CEI), on Fairway in providing quality services for seniors."

"I am extremely excited to depth of experience and dedica- join CEI and its exceptional tion to serving vulnerable popu- PACE model of care," said Mit-

His extensive leadership ex-"I am thrilled that Dr. Mittel- perience began as Medical Direcberger has joined CEI's leader- tor at the Over 60 Health Clinic ship team during these challeng- in Berkeley, followed by 20 years ing times in health care," said in a variety of roles at Oakland's



CMO of Optum Center for Palliative and Supportive Care where he developed programs for vulacross the country.

In addition to his physician the UCSF School of Medicine as 1 to March 27.

worked nationally as CMO for well as Secretary of the Califor- PACE (the Program of All-inclu-Prior to joining CEI, Dr. Ovations/Medicare Solutions nia Coalition for Compassionate sive Care for the Elderly). PACE ble for oversight of all Medicare seniors live at home, rather than information about Center for Elprograms throughout the Western in nursing homes, through its ders' Independence, visit elders. United States. He later became national model of care known as org or call (510) 433-1150.

Adult School Art Students Showing nerable elders in multiple states Watercolors at the Main Library

The San Lorenzo Adult

Many of the artists are longexecutive positions, Dr. Mittel- School Watercolor Class, Stu- time residents of San Leandro, berger maintained a geriatric dio 820, will exhibit students' San Lorenzo, Castro Valley, clinical practice for 25 years and watercolor paintings at the San Hayward and Fremont, and many is currently a Clinical Professor at Leandro Main Library from Feb. of their original watercolor paintings will be for sale.

OPINION

LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and must be under 300 words. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

The Cost of Measure N Editor:

Yes, as advertised Measure N may do some good for schools, but its cost is way too high at \$45 per \$100,000 assessed value against your house, and the financing sucks.

No adjustments were made for assessment disparity, so that a \$700,000 home pays an additional \$315 while a \$100,000 assessment only pays \$45.

Since the California treasury surplus is now said to exceed \$10 billion it only makes sense that had our mayor driven our city lobbyist to Sacramento rather than flying him off to Washington all the time, that \$198 million would be sitting in our general fund by now instead of gnawing a hole in our pockets as a bond issue.

While elected officials acquire wealth, power, and position, the average working citizen has watched his wages slide downhill against accelerating taxation and inflation. Distressed citizens always find avaricious politicians such as Mayor Cutter or Ellen Corbett cluttering up their mailboxes when votes or money are needed but never around when they are threatened by the loss of a home or business.

Even the most jaded San Leandran knows that over the past five years more of his neighbors have been forced to pack up and leave town than over the course of the past 30 years. Instead of allowing these politicians to hitch up a vacuum cleaner to your bank account, you could put in a no vote this time and demand a better deal before you say yes to the next bond go-round. David F. Sigel

Money, Money, Money Editor:

Unfortunately I just can't support voting yes for Measure N on March 3. Measure N is for \$198 million, wow that's a lot of moolah.

San Leandro

I assume it's go big or go home and it looks like they are trying to hit one out of the ballpark and land it on the moon.

Including this proposed tax with the

other four that we are already paying for, this new school tax will increase to \$515 million or \$58,000 per student. This new tax will add \$179 per \$100,000 in assessed value and with the average value in San Leandro being \$358,735 the total will rise to \$642 per household per year in school taxes alone.

Using the same assessed value of what other cities are currently paying in school taxes, the city of Sunol is paying \$416 a year, Pleasanton \$323 and Antioch \$215. Why are we being asked to pay double of what Pleasanton is paying and three times more than Antioch?

A recent editorial in the East Bay Times reviewed five cities with school bonds on the upcoming ballot and the only one that they said should be voted down is San Leandro. It is out of line with what others in the East Bay are paying in school taxes.

San Leandro was one of the first cities in California to raise the sales tax to 9.75 percent when the current average sales tax in California is 8.37 percent. Who out there has been drinking the Kool-Aid and listening to Abba sing their top tune Money, Money, Money and think this should become the theme song of San Leandro residents?

Brent Heath San Leandro

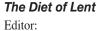
Taking Care of Least Fortunate Editor:

I was greatly impressed and fascinated by what Brent Heath wrote in his letter "Expensive Shuttle" (The Times, Jan. 30)

My personal efforts failed on July 11, 2013 when I first wrote requesting elimination of the enrollment fee of \$20 for seniors riding the Flex Shuttle. It would really be a great gratification for all seniors in San Leandro because they really deserve it.

Brent's article deserves our city's utmost attention. There is no doubt that San Leandro should take good care of the

least fortunate that need assistance.



February 26th marks the beginning of Lent, the period leading up to Easter, when devout Christians abstain from animal foods in remembrance of Jesus' 40 days of fasting in the wilderness.

The call to abstain from eating animals is as traditional as Genesis 1:29, yet as current as the teaching of evangelical leader Franklin Graham. Earlier religious leaders like Methodist founder John Wesley, Salvation Army pioneers William and Catherine Booth, and Seventh-day Adventist Church founder Ellen White, all abstained from animal flesh.

A plant-based diet is not just about Christian devotion. Dozens of medical studies have linked consumption of animal products with elevated risk of heart failure, stroke, cancer, and other killer diseases. A United Nations report named meat production as the largest source of greenhouse gases and water pollution. Undercover investigations have documented routine mutilation, deprivation, and beating of animals on factory farms.

Today's supermarkets offer a rich array of plant-based meats, milks, cheeses, and ice creams, as well as traditional vegetables, fruits, and grains. Entering "vegan" in our favorite search engine provides lots of suitable products, recipes, and transition tips. -Kurt Champler

San Leandro

Pipeline Opposed

Editor:

An oil company wants to build the Atlantic Coast Pipeline on Indigenous homelands in North Carolina as well as the African American community of Union Hill, Virginia. The pipeline carry gas up to 67 million tons of pollution which can harm both of these groups. I urge the majority of Americans to stop the construction of the Atlantic Coast Pipeline on both Indigenous and African American communities.

-Billy Trice Jr.

Oakland

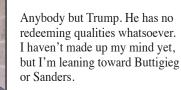
-Alfred Kwok Send a Letter to the Editor San Leandro Letters@ebpublishing.com

INQUIRING REPORTER Which presidential candidate will you vote for? - Asked downtown

If I vote I will vote for Sanders. My grandmother was an immigrant. He's trying to make sure everybody is equal in some way. He makes me feel like there is going to be hope. Hope for every race, everybody.

Destiny Uribe-Garcia Oakland, works in San Leandro





Paul Morris San Leandro

Definitely not for Trump. I think I'll vote for Buttigieg or Warren. Buttigieg because I would like to see a gay president in my lifetime, and Elizabeth Warren because of all her plans.

> Julie Castle-Scott San Leandro



of a big political revolution. I like his plans to cancel student debt, and health care for all, and he makes an effort to stay connected with younger people. Jameson Vinoya

Alameda

I don't know. I don't like any of the candidates. I guess after Trump I don't trust anybody. Hopefully there will be a better candidate. I'll decide before the election, probably one of the Democrats.



Shamiki Rew San Leandro



The California Teachers Association supports Proposition 13.

Prop. 13: State bond on ballot

continued from front page districts would meet this cost facilities." by seeking to pass local bond issues. While state-issued bonds proposition in the voters' guide are repaid out of the state's gen- was signed by the presidents of eral fund, local bond issues are the California Professional Fireusually repaid by raising property fighters, the California Teachers was signed by retired teacher taxes.

According to the legislative School Nurses Association. analyst, the measure also allows

prioritize "life-safety and certain problems, with added interest

Association and the California

Opponents of the proposischool districts to issue more tion question why schools are debt in the form of bonds than still dilapidated, unsafe and is currently allowed. New rules unhealthy after several statewide would also be set by the measure bond measures were passed to for which university projects fix those problems. They also could be funded by state bonds. question why one would need to In particular, they would have to borrow \$15 billion to fix school

to the legislative analyst, some other deficiencies with existing costs, when the state currently has a \$21 billion surplus that The argument in favor of the could be spent directly to solve those problems.

> The voter guide's argument against passage of the proposition Larry Sand, State Senator Brian Coupal, president of the Howard Jarvis Taxpayers Association.

Main Library to Screen 'Last Black Man in SF'

screening of the film, "The Last Black Man in San Francisco," on Francisco" (Rated R), won the Saturday, Feb. 29, from 5:30 to 8 2019 Sundance Film Festival p.m. Adults 18 years old and over Best Directing award.

The San Leandro Main Li- may attend this after-hours event brary, 300 Estudillo Ave., invites in celebration of Black History the community to enjoy some Month. Refreshments will be soul food from local restau- provided from 5:30 to 6 p.m., rant Southern Café and a free and the film runs from 6 to 8 p.m.

"The Last Black Man in San

communities as San Lorenzo, Ashland, Cherryland and Castro Valley repay the bonds over their eswill vote on the measure and pay timated 31-year life would be the additional tax if passed.

the department's website that 80 R. Ziegler in the official county by issuing \$90 million in bonds. percent of fire department 911 voter guide. To repay the bond, the avercalls are now for medical emergencies, not structure fires. He said that upgraded fire stations the voter guide. Those signing the ties would rise by an estimated would help reduce 911 emergen- argument in favor of the measure cy medical response times.

ment would also use the funds businesspeople from the unincorfrom the measure to address porated areas. priorities identified by the public, such as enhanced wildfire protec- measure is available at www. Voters in such unincorporated tion and disaster response.

The estimated total cost to about \$160 million, according to Rocha said in a statement on Alameda County Counsel Donna

There was no argument against Measure D submitted for in the voting guide included Rocha said that the depart- firefighters, homeowners and

> More information on the acgov.org/fire.

Alameda County Sales Tax Measure Would Fund Child Care

By Mike McGuire

By Mike McGuire

. San Leandro Times

Measure D on the March 3

According to county Fire

San Leandro Times half-cent sales tax for 20 years -Jones from El Cajon and Jon to raise \$150 million a year - to fund more child-care openings for children of low-income families.

The measure designates 20 fully staffed. percent of the money raised to Alameda County sales tax pediatric health care and the vide money for higher pay for issue, Measure C, would levy a other 80 percent to child care, early childhood educators. preschool and early education programs.

> whose website is www.care- retain skilled educators, which 4ourkids.org, include health in turn undermines stable, concare professionals, parents, early tinuous relationships essential to childhood educators and senior children," states one passage in citizen advocates. In their ballot the measure's text. argument, they say that over half of Alameda County children do kept up with the rising cost of not get the high-quality care they living in the Bay Area," another need to arrive at kindergarten ready to learn.

> sure C will expand access to public assistance to get by, the high-quality early education and measure's text says. child care; attract and retain exincrease access to pediatric health voter guide. care; and ensure that Children's Trauma Center stays open and www.care4ourkids.org.

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Measure C would also pro-

"Low compensation of early educators drives turnover and Backers of the measure, hampers the ability to attract and

"Early educators' pay has not section reads. Some one-third of full-time early childhood educa-Proponents say that Mea- tion teachers use some form of

No argument against the cellent early childhood educators; measure was submitted for the

A "detailed investment plan" Hospital's Level 1 Pediatric is on the proponents' website,

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