

JANUARY
2019

2019
Happy New Year

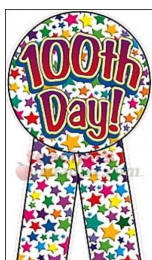
We hope everyone enjoyed Christmas Break and was able to reflect on the season's true meaning! Be sure to check out the back of the newsletter for doable New Year's Resolutions for you AND your little ones!

Tuition statements for tax purposes will be **EMAILED** beginning on **Monday, January 14th**!



LBP will be closed on **Monday, January 21st** to observe MLK Day. Enjoy your day off!

Our 100th day of school is **Monday, January 28th**. We will have yummy treats, dress-up days, and activities planned for this week, so stay tuned for more information!!



POLICY REMINDER



Remember the Health Policy found in our Parent Handbook. Please do not send your child to preschool if he/she exhibits any of the following symptoms 24 hours prior to attending preschool:

Unexplained rash, vomiting, diarrhea, eye infection, heavy and discolored nasal discharge, fever or frequent deep cough

Your child must be free of fever or symptoms and/or taking antibiotics for at least 24 HOURS before returning to preschool. If a child becomes ill during the day, parents will be notified and will be asked to pick up the child as soon as possible. Medication is not administered by the staff, except in life-threatening emergency. Non-prescription diaper ointment and sunscreen can be brought from home and must be labeled with your child's name. If you do not provide diaper ointments or sunscreens, we reserve the right to use what we have on hand.

OH, THE
WEATHER
OUTSIDE IS ...



INCLEMENT WEATHER POLICY

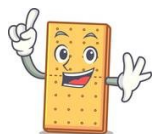
Remember that we follow Rutherford County school system for all weather-related closings. This is also true if Rutherford County opens late for inclement weather. We model our times after Lascassas Elementary School. Remember - there is no Before Care on late opening days. As stated in our Parent Handbook:

* If Rutherford County opens one hour late, LBP will open at 8:30 a.m.

* If Rutherford County opens two hours late, LBP will open at 9:30 a.m.

If the weather calls for early dismissal, we will close at the time Rutherford County chooses to do so. So, as the weather gets yucky, stay tuned to your local TV stations for closing updates, as well as on our website and Facebook page. Doing this will help keep all of our families and staff members safe from hazardous driving conditions. Thank you for your cooperation!

MONTHLY MISSION PROJECTS



Each month, we participate in philanthropic activities to help our communities and to spread the love of Christ through these endeavors. Our classes have done so well at collecting water! So much so that the Lascassas Volunteer Fire Department is in bottled water overload!!! Soooo, we are asking families in our Jr. Pre-K Classroom to bring them **SNACKS** - crackers, granola bars, chips, etc! You can leave your donations in the bin outside of our office.



Stepping Stones Safe Haven is on a mission to provide special programs and resources for the homeless sector of Rutherford County, specifically women with children. Resources include clean showers & restroom facilities, kitchen areas for preparing meals, washer and dryer access, and a media center for those individuals searching for employment opportunities. We are accepting the following items for this ministry:

pull-ups new hair ties paper towels toilet paper coffee

Place all your donations in the bin outside of our office.

REGISTRATION BEGINS ON WEDNESDAY, JANUARY 16TH

It is time for current students and church members to register for the summer and fall semesters at LBP! These forms will be available **Wednesday, January 16th** on the table outside of our office. It will be your responsibility to gather these forms yourself. If you intend for your children to remain at LBP, it is **imperative** that you return these forms ASAP. All registration forms for current students are due by **Wednesday, February 20th**. We will offer any available spots for the summer and fall to those on our waiting list and to the public. Please do not delay.

wishlist

Kleenex

Lysol spray

Washable stamp/ink pads

Fun stickers



February Sneak-Peek

Monday, February 4th - Keeping Kids Safe Begins

Thursday, February 14th - Valentine's Day!

Monday, February 18th - Closed for President's Day

LASCASSAS BAPTIST PRESCHOOL

Lascassas Baptist Preschool

Five New Year's Resolutions for a Christ-Centered Family

New Year's resolutions are worth pursuing, especially when it involves something as significant as your faith or your family. While resolutions themselves aren't mentioned in Scripture, the Bible does have a lot to say about second chances and new beginnings (Psalm 51:10-11). Here are five resolutions to put more focus on your family in a Christ-centered way:

1. Read the Bible with your child, each day. It's never too early to begin this, and there are plenty of board storybook Bibles for toddlers.
2. Get home from work earlier, each day. This one is for me. I'm as guilty as anyone of trying to do one more thing, send one more email, finish one more task. Those five-minute chores add up, and pretty soon, I'm leaving work 30 minutes late. For an entire week, that's two and a half hours of missed family time.
3. Say more positive words around your child, each day. Do you spend hours throughout the day telling your child what not to do—correcting them, reminding them, disciplining them? There are certainly moments when that's needed, but this year, try doing less of that. "Encourage one another and build one another up" (1 Thessalonians 5:11). Use positive words more each day. "Great job." "I'm proud of you." "Smile more. Laugh more. It's a guaranteed relationship-booster and it lessens stress.
4. Spend less time on your smartphone, each day. A 2014 study by Ericsson predicted that by 2020, 90 percent of the world's population age 6 and older will have a cell phone. That's nothing to celebrate. Face it: Smartphones are addictive, delivering right into the palms of our hands nearly every temptation you and I deal with. Remember those hobbies you once enjoyed? They've been replaced by Facebook. This year, set boundaries. No smartphones at the kitchen table. No smartphones after a certain time. And no smartphones in bed. Your family will thank you.
5. Love your spouse more in front of your children, each day. Sadly, too many children in today's culture rarely see their own parents displaying godly love. And they definitely don't see godly love portrayed on television. The Bible says a marriage is to be the ultimate form of earthly love (Ephesians 5), but do my children see that love modeled in my home? This year, hug and kiss your spouse more and more in front of your kids. It can just be a "peck," and they'll think it's disgusting, but they'll walk away knowing that mommy and daddy love one another. And if you aren't married to your child's other parent, be very aware of what you say about that parent in front of them and how you treat that person when you have interaction with them. Take the high road every time - the view is better.

<https://michaelfoust.com/2015/01/09/5-new-years-resolutions-for-a-more-christ-centered-family/>

Easy New Year's Resolutions for Kids!

1. Less Screen Time: Start by turning off the television during dinner and agreeing that no phones or electronics are allowed at the table. Dinner is a special time for parents and their children to bond, discuss the day's events, ask questions, and catch-up. We all lead extremely busy lives and dinner is the perfect place to join together for some quality time and conversation.
2. Get Active: This resolution is one that a lot of people make at the beginning of each New Year, but if you're making a resolution with your child to be more active, be sure not to emphasize weight loss.
3. Make Better Food Choices: Our children look to us for guidance, support, and an example. Setting a good example for your child means teaching them healthy habits. Together, you can work on making better food choices.
4. Take Care of the Earth: This is a great resolution for parents and children alike and can be achieved with just a few simple changes to your regular routine. Add a small recycling bin to your kitchen. This allows for your child to place empty water bottles, milk cartons, and other recycled materials directly in the bin.
5. Be Kind: This should go without saying, but it never hurts to get a little reminder in being kinder both to ourselves and others. This is a perfect resolution where you can lead by example.

<http://redtri.com/5-simple-new-years-resolutions-kids-can-set-achieve-for-themselves/>