

Relationship Therapy
Timespan: 45 mins
Cost: \$90



So often we hear men and women detail the reasons behind why they are arguing with the boss, colleague, spouse, kids, neighbors or parents. When in fact, a pattern is in play, a neural network of synaptic familiarity.

Once it becomes clear what is implicitly (unconsciously) happening, a powerful and peaceful replacement piece is introduced. We cannot number the times, we hear, "why did I wait so long to do this?" We tend to believe people procrastinate the most when they feel the least powerful and it is the most pressing reason to not procrastinate! It is darkest before the dawn.

**THIS DETAILED, STRATEGIC PSYCHOEDUCATIONAL FORMAT IS
VIRTUAL AND BY APPOINTMENT.**