



AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 26 • NO. 47

THURSDAY, NOVEMBER 24, 2016

**SAN LEANDRO • CALIFORNIA** 



Trained volunteers with SunWork Renewable Energy installed solar panels on the roof of All Saints Episcopal Church on Dowling Boulevard last week.

## **Church Receives Power from Above**

By Jim Knowles

San Leandro Times

When Fr. Justin Cannon needed to provide power for his church, he knew where to find it.

He sought help from above.

it came to pass that the panels were installed on the church roof last week.

panels will make enough electricity to cover committed to rebuilding communion with the church's entire electricity bill.

The solar panels were installed by Sun-All Saints Episcopal Church on Dowl- Work Renewable Energy Projects, a nonprofit we use," said Fr. Justin. "I'm just excited ing Boulevard decided the time had come to company that specializes in smaller projects about how it's all come together." let solar power come into their lives. And so with the help of trained volunteers.

Fr. Justin says he's an advocate for environmental causes. He's the founder The 9 kilowatt solar power system of 33 of Holy Hikes, which is an eco-ministry all of God's creation.

"It's going to cover all the electricty

see ELECTRICITY, page 8

# **Downtown Tax District Asks** City for a Loan

Special tax district that already collects \$380,000 a year says it needs to 'speed things up'

> By Amy Sylvestri San Leandro Times

to continue its work of making paying the tax now. downtown more appealing.

munity benefit district" in 2013 when downtown property owners voted to assess themselves an additional tax to pay for things like beautification, additional security, and public-relations work.

of San Diego-based New City America, gave a presentation at Monday night's City Council Monday night's City Council meeting. Li Mandri's company created the SLIA and dozens of other such districts around the country.

presentation item on the agenda streets last Thursday. and it will be put to a vote at an upcoming meeting.

get projects done now.

could be funded with the loan of the San Leandro police. would be the installation of a bocce ball court in Root Park and collision, they found two cars ping pong tables at Casa Peralta. with major damage. One of the

SLIA collected \$383,000

The San Leandro Improve- this year and expects to collect ment Association (SLIA) is ask-\$425,000 next year since the tech ing the city for a \$300,000 loan campus opened up and will be

At Monday night's meeting, SLIA was created as a "com- Li Mandri gave the council a see LOAN, page 9

# **Cars Crash** Marco Li Mandri, president After Wild

By Amy Sylvestri San Leandro Times

An elderly couple were seri-The council thanked Li Man- ously injured and remain hospidri for his work but didn't com- talized following a car crash that ment on the loan, as it was just a resulted from a shoot-out on city

At around 12:30 p.m. on Nov. 17, police received calls about Even though the district takes shots fired in the area of MacArin about \$400,000 in taxes annu-thur Boulevard and I-580. Moally, LiMandri says SLIA needs ments later, they began receiving the loan to "speed things up" and 911 calls about a car crash on the 300 block of Dowling Boulevard, Among the projects that according to Lt. Robert McManus

When officers arrived at the see CRASH, page 9

## **Food Bank Bustles for the Holidays**

By Amy Sylvestri

workers making sure that there is holiday season. a hot meal on everyone's Thanksgiving table.

No. 1 food bank in the nation, according to the spokesman Michael Altfest.

are among their busiest periods, like booze or soda. with plans to distribute over 30 million meals now through the

The Alameda County Food end of the year. The food bank Bank was bustling with activity also receives about 60 percent of last week, with volunteers and its annual donations during the

Some of that comes from non-perishables donated during The Alameda County Food food drives - especially those Bank, which was just named the barrels you see in grocery stores.

Last week, volunteers sorted supplies nourishment for an as- the individual donations from tounding 1-in-5 county residents, the barrels. They have to toss out anything that's past its expiration date, has been opened, or isn't up And of course the holidays to nutritional standards - things

Those barrels are where the of Oakland volunteer every Wednesday, sorting food do $see\ FOOD, page\ 14$  nations to make sure they're safe and nutritionally sound.



Donna Mastronarde or San Leandro and Laura Goderez

#### **INSIDE YOUR TIMES NEWS**

Big rig catches on fire on Davis Street.

NEIGHBORS

San Lorenzan aboard the Ike in the Mediterranean. Page 4

What are you thankful for?

Page 15

38,500 EVERY THURSDAY THE LARGEST FREE-DELIVERED NEWSPAPER IN THE EAST BAY

Auto6
Health & Fitness7
Calendar4
Classified Ads 12
Crime3
Crossword11
Homes 10
Home Services 12
Letters 15
Lifestyle5
Obituaries 14
Theater2

#### San Leandro Times

An independent hometown newspape serving San Leandro, Ashland, San Lorenzo and Sheffield Village

Fred Zehnder

#### Jim Knowles

jimk@ebpublishing.com

#### Amy Sylvestri

amys@ebpublishing.com

Steve Schaefer

#### **PRODUCTION**

**Howard Morrison** 

**Greg Benson** 

**Moxie Morrison** 

#### **OPERATIONS** Claudette Morrison

#### Display Advertising

**Claudette Morrison** Jerry Olson

Classified Advertising

#### **Patrick Vadnais** HOW TO REACH US

San Leandro Times 2060 Washington Ave. San Leandro, California 94577

Office hours: Weekdays, 9 a.m. to 5 p.m.

(510) 614-1555 Main Office: (510) 614-1557 Newsroom: Sports: (510) 614-1561 **Advertising:** (510) 614-1555 (510) 614-1558 Classified: (510) 483-4209

Email: jimk@ebpublishing.com www.ebpublishing.com



©2016 East Bay Publishing Corporation

## **Annual Downtown Holiday Celebration** To Kick Off on Dec. 3

Downtown Plaza.

families will be able to take pho- enjoy. tos with Santa Claus in the plaza. The downtown will become a ported to the historic Casa Peralta winter wonderland with holi- grounds for the whole community day entertainment, dancers and to enjoy throughout the holiday singers, holiday games, cookie season. decorating, interactive arts and crafts for kids and horse-drawn installing holiday décor and street carriage rides. Holiday movies corner displays—over a dozen

"Winter Wonder Walk," a row carry the holiday spirit through of artificial holiday trees do- the whole season.

Downtown San Leandro's nated by the San Leandro Imannual holiday celebration, "It's provement Association (SLIA), A Wonderful Night," will kick off decorated by local San Leandro with a tree-lighting ceremony at schools and lined up to create a 5:30 p.m. on Friday, Dec. 3, in the path of holiday trees between Washington Avenue and East Once the Holiday Tree is lit, 14th Street for everybody to

Later, the trees will be trans-

In addition, the SLIA will be will also be screening outdoors. life-size nutcrackers—through-New this year will be the out downtown to beautify and



ter Jennifer.

While often appearing to- accompaniment. gether, this season they are both separate local holiday productions, each with a similar and and fresh starts.

*Play* opening Dec. 1 at the Doug- appropriate for families.

Andrea Lea Martzipan, Danny Martin and Alicia von Kugelgen appear in It's a Wonderful

Life: A Live Radio Play at the Douglas Morrisson Theatre in Hayward Dec. 1 through Dec. 11.

Matt is currently on stage in A 5 p.m., or by calling 881-6777. playing multiple roles in two Christmas Carol at Chanticleers Theatre in Castro Valley. Based Chanticleer's Theatre can be on the Charles Dickens' tale, this seen at 8 p.m. Fridays and Saturuniversal theme of redemption adaptation of the classic holiday days and 2 p.m. Sundays - now favorite is told in a clever new through Dec. 11. Judy will appear in It's a way, also with music of the

idents Judy and Matt Beall have ward. This unique production Radio Play opens at the Douglas been performing on Bay Area of the heartwarming well-loved Morrisson Theatre on Dec. 1 at stages since 2003 - after being story is performed as a live 8 p.m. and runs through Dec. 11 inspired by watching their daugh- 1940's radio broadcast with on- at 2 pm. Tickets available online stage sound effects and musical at www.dmtonline.org, in person Tuesday through Friday from 1 to

A Christmas Čarol at the

Tickets available online at Wonderful Life: A Live Radio season. Both productions are www.chanticleers.org or by calling 733-5483.

PAID ADVERTISEMENT

## Post Office, Banks Closed Thursday Open on Friday, **BART on Sunday Schedule**

All San Leandro schools, office will be closed Thursday also be closed Thursday and Thanksgiving. Friday, as will all Alameda County offices.

open Friday. Banks will also be BART stations. They return open on Friday.

The San Leandro Times on Friday.

Damage?

symptoms:

Lightheadedness

Constipation

symptoms:

Weakness

Paralysis

Muscle atrophy

Dry eyes and mouth

Bladder dysfunction

Sexual dysfunction

city offices and libraries will and Friday, Nov. 24 and 25, for

AC Transit and BART will both be running on Sunday United States Post offices schedules on Thanksgiving will be closed on Nov. 24 and Day with free parking at all to regular weekday schedules



Your nerve system is involved in everything your body does, from regulating your breathing to controlling your muscles and sensing heat and cold. Because your nerve system is so critical for your health when things go wrong with it you may experience **EXCRUCIATING PAIN and/or some** 

very strange symptoms...













fee of \$100 to just \$20.



Sensory nerve damage may produce the following symptoms:

- Pain
- Sensitivity
- Numbness Tingling or prickling
- Problems with positional awareness

In some instances, people with nerve damage will have symptoms that indicate damage to two, or even three, different types of nerves. For instance, you might experience weakness and burning of your legs at the same time. To further complicate matters we don't all develop the same way and different un-expected nerves can cause similar problems. This has made it very difficult to diagnose disorders caused by nerve damage based on which nerve "should" cause what

Recent advances in technology that detects nerve damage has led to more precise diagnosis for those people suffering with nerve damage disorders.

And more precise diagnosis leads to better re results which have been published in major medical journals. With data published in 2014 showing success rates as high as 88% some back surgeons are recommending their patients try this treatment first before having back surgery (for nerve damage that leads to back pain and sciatica).

In Pleasanton, you can get your body scanned for nerve damage at Intero Chiropractic.

Your invitation for a comprehensive consultation and examination to pinpoint the cause of your nerve

All you have to do to receive a thorough diagnostic examination with the most advanced technology in the world and a comprehensive easy to understand report on your state of health is call (925) 255 5805.

limited offer – with only 100 reader consultations available at this exclusively discounted rate. Don't suffer a moment longer...

Mention this article (CODE: LOS49NVP4) and

they will happily reduce their usual consultation

But hurry, for obvious reasons - this is a time

Find out what is causing your nerve damage, book a consultation now by calling (925) 255 5805, they are waiting to take your call today.

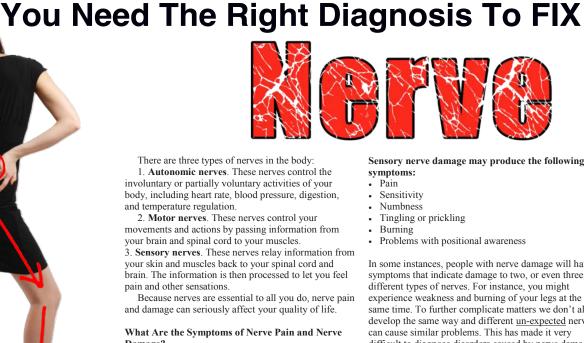
Over the years, they've treated hundreds of patients with nerve damage. The vast majority of them have enjoyed superior, lasting relief. In fact, many who've suffered and have tried other remedies have told them they gave them back their lives!

Call them now and get a full and thorough examination to pinpoint the cause of your problem for just \$20, the normal cost of such an exam is \$100 so you will save \$80!

Call them now on (925) 255 5805 and cut out or tear out this article and take it to your appointment. You'll be entitled to a comprehensive examination to diagnose the cause of your problem – and you'll be on your way to safe, lasting relief! Don't delay your important diagnosis and treatment another moment!

You can even call on the weekend and leave a message on their answer machine to secure your spot as they promise to return all calls; and during the week they are very busy, so if they don't pick up straight away do leave a message. So call now on (925) 255 5805 and quote this special discount code: LOS49NVP4.

For obvious reasons they can't help everyone at this reduced price, so please call soon to secure your special opportunity.



With nerve damage there can be a wide array of

symptoms. Which ones you may have depends on the

location and type of nerves that are affected. Damage

also occur in the peripheral nerves, which are located

Too much sweating or too little sweating

Twitching, also known as fasciculation

throughout the rest of your body.

can occur to nerves in your brain and spinal cord. It can

Autonomic nerve damage may produce the following

Damage to motor nerves may produce the following



PHOTO COURTESY ACFL

## **Blaze on Davis Street**

Alameda County firefighters responded to a report of a commercial structure fire on the 2500 block of Davis Street on Nov. 16 at just after 2:30 p.m. Firefighters arrived to find a big-rig on fire with flames going into a commercial building. The one-alarm fire produced a lot of smoke and was quickly extinguished. No one was injured and the cause of the fire is under investigation.

## SL Man Charged in Gang Killing

gang member in San Mateo in courthouse last week. September.

A San Leandro man is one Leandro and Louis Mercado, 20, killed Sureno gang member of two alleged gang members of Hayward both pleaded not Daniel Corono, 31. charged with murdering a rival guilty to the crime in a San Mateo

Police say the men are Norte-PetSmart at 3520 El Camino

## Man Convicted of Sexual **Assault After Years on the Run** On Nov. 3, a jury found for- mother with a knife and a gun, in custody without bail and their

mer San Leandro resident Fesuiai and promised to make Janet Doe Soli Fuimaono guilty of seven his wife if anything 'happened' February. felony counts of molesting a child to his current wife. and sexual assault, according Attorney's Office

started molesting her while bath- cal father's funeral. ing and showering her. Janet Doe

cousin in order to get her to com- Attorney's office in April 2015. ply with his orders. Fuimaono had also threatened Janet Doe's sentenced on Dec. 6.

In 2012, Janet Doe's biologito the Alameda County District cal father died and she wanted to attend his funeral. The only way When 'Janet Doe' was nine she could get there was to obtain years old, her biological mother a ride with Fuimaono. Fuimaono married Fuimaono in Samoa and made her go to a hotel with him then moved to the United States. and have sex with him before she Within months, Fuimaono was allowed to go to her biologi-

About a month later, Janet disclosed the molestations to her Doe came forward and disclosed family and she was removed from everything that had been happening while she was living with her When she was a sophomore biological mother and Fuimaono. in high school, Janet Doe's bio- The case was investigated by San logical mother had surgery and Leandro police, and they inter-Janet moved back in. Fuimaono viewed Fuimaono, who then fled continually molested Janet Doe back to Samoa where he was exfor the next three years, threaten- tradited as a fugitive from justice ing to do the same to her younger by the Alameda County District

Fuimaono is scheduled to be

**WE BELIEVE:** "It is the right of every

pregnant woman to give birth... and the right of every child to be born."

## Birthright Of San Lorenzo

A non-profit CRISIS PREGNANCY CENTER helping women to identify life-affirming resources and receive guidance in planning for her and her baby's future.

- Free Pregnancy Tests
- Volunteer Opportunities
- Medical Referrals
- Housing Referrals
- Free Maternity / Baby Clothes (as available) 24-HOUR HOTLINE

1-800-550-4900 • Friendship for Life 1048 GRANT AVENUE • SAN LORENZO • 510-481-9677

Check us out at: www.birthrightofsanlorenzo.com Text and Email: info@birthrightofsanlorenzo.com

San Francisco.

## **SL Teen Girl Lured to Motel by** Alleged Phone App Predator

tives have arrested a 40-year old them what happened. man who posed as a 14-year-old boy on a smartphone app and withheld due to her age, met who back home and left. lured a 13-year-old girl to leave home with him.

Police are asking for the public's assistance, as they believe that there are additional teenage victims in the Bay Area and Central Valley.

The case began a few weeks ago when a 13-year-old San Leandro girl was reported missing by her parents, according to Lt. Robert McManus of the San Leandro police.

Investigating officers learned that she had left for school, but had never arrived.

Hours later, she came home

she thought was a teen boy on

guised himself as the 14-year also recovered evidence linked old-boy built a level of trust with to the case. the girl, he drove from his home in Patterson, CA to San Leandro be others in the area that the susand met with her.

The suspect was able to conand go with him. He drove the mation to call 577-3230. teen to the Quality Inn Motel in and took her inside.

San Leandro Police detec- had been kidnapped and later told occurred in the motel room between the teen and man, police The girl, whose name is being said. He eventuality drove her

> The same day, detectives "KIK" – a popular social media were able to identify the suspect smartphone application used by and obtain an arrest warrant for him and arrested him at his Once the suspect, who dis- home in Patterson, where they

> > Police believe that there may pect has victimized in the past.

Investigators ask anyone with vince the girl to get into his car a similar story or additional infor-

Police say that there are many Oakland where he rented a room resources about online dangers available to parents and The investigation determined teens. One site is aliciaproject. and told investigators that she that several felonious sex crimes org, founded by a survivor who was held captive when she was 13 after meeting a man online.

## **Suspect Injured by Marshals**

rant shot at and injured a suspect Sgt. Ray Kelly of the sheriff's last week. On Nov. 17 at around department. 3 p.m. Alameda County Sheriff's deputies responded to the 2800 The suspects allegedly shot for a report of an officer involved Corono in the parking lot of a shooting.

Members of the US Marshal Alejandro Deleon, 22, of San no gang members who shot and Real in San Mateo on Sept. 6 and task force were on scene when then led police on a car chase that they encountered a wanted 26 reached speeds of up to 90 m.p.h. year old male suspect. The fugion Highway 101 that ended in tive was wanted out of the state of Louisiana for weapon and drug Deleon and Mercado remain related charges.

> While attempting to take the next hearing is scheduled for fugitive into custody, a deputy marshal fired at the suspect who

US Marshals serving a war- was in a vehicle, according to **CROSSWORD ANSWERS** 

The suspect was struck by either a grazing bullet or flying block of Romagnolo Street in debris. He suffered a superficial the unincorporated Fairview area injury and was treated and released from the hospital and taken into police custody. No officers were injured during this incident.

Nearby Fairview Elementary School was placed on lock down for about an hour, Kelly said.

J	Α	В		D	Α	F	Т		Р	0	S	Е
0	L	Ε		0	D	0	R		Ε	W	Ε	R
С	Α	L	Α	М	Α	R	Τ		Т	Ε	Α	R
Κ	Τ	Т	В	Α	G		Μ	В	Α			
			Н	Ι	Е		М	Α	L	Α	D	Υ
М	Α	S	0	Ν		J	Е	Т		Т	0	Е
U	S	Ε	R		S	0	D		Π	0	Т	Α
М	Ι	L		Е	W	Е		Α	С	Μ	Е	S
S	Α	L	Α	М	Τ		Τ	R	Е			
			Ν	U	N		S	С	Α	Μ	Р	Т
Α	М	Ε	N		G	Α	L	Α	Χ	Τ	Е	S
L	Ī	Ε	U		Е	٧	Е	Ν		L	Е	Τ
Ι	Т	L	L		R	Α	Т	Е		0	K	S

Caregiving?

## Give Joy

Support Adults with Significant Disabilities in reaching their community access, recreation, education and health goals.

Part time: Mon - Fri 9 a.m. - 1 p.m. \$14.75/hr. *plus* Health Benefits Hayward, Newark, Fremont, Union City area

Position involves personal care and driving. CNAs, COTAs, DSPs and home health care workers welcome.

Requires CA Driver License, car and good driving record. Must be able to pass Department of Justice clearance, meaning no criminal record.

To Apply: resumes@arcofcc.org or fax (925) 370-2048 www.WorkARC.org

16242 E. 14th Street, San Leandro

Nail Trimming Only, \$5 to \$8

Tender Loving Care

**BATH:** Only

Walk-Ins DOG GROOMING: Just

Pet Grooming 25 years Experience

Includes: Bath, Haircut, Ear Cleaning,

Anal Cleaning, Nail Trimming, Brush Teeth

Sm. Dog \$40 / Med. Dog \$45 / Lrg. Dog \$55

Sm. Dog \$25 / Med. Dog \$30 / Lrg. Dog \$40

**CAT GROOMING:** \$55 (Exp. 11/30/16)

## **AUTOMOBILE CLASSIFIED ADS**

## Sell Your Car Or Truck Now!

Advertise your vehicle for 3 weeks in the San Leandro Times and 3 weeks in the Castro Valley Forum for...



10 words maximum

(\$1.00 for each additional word)

To make an

appointment call:

510-589-6801

Sat. - Thur.: 9am-5pm

Closed Friday

This offer is for private party ads only (no dealers). Items must be priced and only one item may be listed for sale. You may change the asking price at anytime (no other changes are allowed). You may cancel your ad at anytime (there are no refunds available on this \$30 special). Other restrictions may apply. For more information call Patrick at 614-1558.

## **VOLT IS HIRING**

(For A Top Energy Efficient Car Company)

For the Following Positions:

- Assembly Associates
- Materials Handlers
- Forklift Operators
- General Warehouse
- Pay Rate for Full time is \$17.50 per hour for contingent positions.
- Candidate must be comfortable in working in a warehouse environment.
- Due to production running 24/7, candidate must have open availability with no previous commitments to other jobs, school, etc.
- Qualifications: High School Degree. Warehouse and Forklift experience A PLUS.

## /OLT

510-505-0560 Walk-Ins: 10 a.m.- 2 p.m.,

Workforce Solutions Mon.-Sat. 2201 Walnut Ave., Ste.# 110, Fremont THURSDAY, NOVEMBER 24, 2016 San Leandro Times

## **NEIGHBORS**



PHOTO BY U.S. NAVY SEAMAN NEO GREENE III

## **Clear for Take-Off**

Seaman Emily Suy, from San Lorenzo, logs aircraft launches and recoveries in primary flight control in the Arabian Gulf this month on the aircraft carrier USS Dwight D. Eisenhower (CVN 69) (Ike). Ike and its Carrier Strike Group are deployed in support of Operation Inherent Resolve, maritime security operations and theater security cooperation efforts in the U.S. 5th Fleet area of operations.

# ARTS & ENTIERTAINMENT

#### **\*** Chanticleers Theatre

will enjoy this Christmas classic

A Christmas Carol, a classic General admission tickets are at 8 p.m. on Dec. 1, 2, 3, 8, 9, holiday favorite will be presented \$25,\$20 for seniors and students, 10, and at 2 p.m. on Dec. 3, 4, at the Chanticleers Theatre, 3683 and \$10 for children 12 and unand 11, at the DMT Theatre, Quail Ave. in Castro Valley der. To purchase tickets or for 22311 North 3rd Street in Hay-

Sundays shows begin at 2 p.m. the Douglas Morrisson Theatre until Dec. 11. The whole family more information, call 733-5483. ward. An Opening Reception will be held on Thursday, Dec. told in a unique way, along with **Douglas Morrisson Theatre** 1. For tickets (\$27-\$29), visit www.dmtonline.org or call 881-6777. Enjoy the holiday classic that puts the "heart" in heartwarming.

The Douglas Morrisson Theatre

Chorus presents a Holiday Con-

cert under the musical direction

of Cesar Cancino Thursday

through Saturday, Dec. 15 to

Dec. 17, at 8 p.m.; and on Sun-

day, Dec. 18, at 2 p.m. at the

Douglas Morrisson Theatre,

22311 N. Third St. in Hayward.

The Holiday Concert will feature

a selection of classical sacred

works, popular holiday songs

and jazz, as well as audience

sing-a-long pieces. Tickets are

\$18 adult, \$15 for adult H.A.R.D.

resident, \$15

music of the season. Friday and It's a Wonderful Life: A Live Saturday shows begin at 8 p.m., Radio Play will be presented by

HOROSCOPE by Salomé © 2016 King Features Synd., Inc. **❖** Douglas Morrisson Theatre



ARIES (March 21 - April 19): This is a good time to let that intrepid Aries temperament take charge. Your strong leadership will help settle those still-unresolved situations. Support comes from a surprising source.



TAURUS (April 20 - May 20): Your problem-solving talents shine as you move to cool down heated emotions. You also inspire trust in all parties when you act with careful consideration of their feelings GEMINI (May 21 - June 20): That long-delayed commitment begins



to look better to you. But there's still a crucial fact or two you need to know about it. A health problem needs to be taken care of. CANCER (June 21 - July 22): Don't waste time trying to learn why someone you relied on is wavering in his or her support of your stand on a



workplace issue. Move on with the help of more steadfast allies.



LEO (July 23 - August 22): Relationships enter a brighter period, both at home and in the workplace. Prospects also look good for single Leos and Leonas, who can expect a welcome visit from Cupid. VIRGO (August 23 - Sept. 22): Those mixed signals that were

complicating your life are giving way now to clear, definitive guidelines. This



LIBRA (Sept. 23 - October 22): Ask your partner for an explanation s to be a sign of strain in your relationship. The sooner you understand the problem, the sooner you can both act to resolve it.



SCORPIO (October 23 - November 21): A new challe workplace holds an exciting promise for the future. But he aware of the fact that you haven't been told about all the demands you might have to meet.



SAGITTARIUS (Nov. 22 - Dec. 21): Your financial picture brightens as you get into sorting out realistic goals and those that are not reachable at this time. "Caution" remains your fiscal watchword. CAPRICORN (Dec. 22 - Jan. 19): You're deep into your new project,

and that's just fine. But don't neglect your family and friends. Spending time



with people you care for is always a wise investment. AQUARIUS (Jan. 20 - Feb. 18): Past feelings are suddenly reawakened. This could make you emotionally vulnerable. Be careful about decisions you might be asked to make at this time.



PISCES (Feb. 19 - March 20): You've come to a place where you'll be facing important decisions that can affect your future. Rely on your strong moral compass to guide you toward making the right choices.



#### ALLPHIN JEWELERS

Since 1923

**155 Parrott Street** San Leandro • 357-3442

# COMMUNITY CALENDAR

#### **❖** Thanksgiving Dinner at Badarikashrama

Badarikashrama, a spiritual and cultural center at 15602 Maubert Ave. in the foothills of San Leandro, will offer a concert and international vegetarian dinner this Thanksgiving day Thursday, Nov. 24, at 3 p.m. This year's dinner will include a South Indian Veena concert. For reservations, call 278-2444. The dinner and concert is free and open to all. No one turned away.

#### ❖ San Leandro Democratic Club

The San Leandro Democratic Club will meet on Tuesday, Nov. 29, from 6:30 to 8:30 p.m. in the Trustees Room of the San Leandro Main Library, 300 Estudillo Ave. The club will have a Christmas party on Thursday, Dec. 15, from 6 to 8 p.m., also at the Main Library.

#### **❖** Holidays with Lenny Williams

Keep Music Rockin' Foundation will host the annual "Holidays with Lenny Williams" on Thursday, Dec. 1, at 7 p.m. at the San Leandro High School Arts Education Theater, 2250 Bancroft Ave. to benefit the San Leandro public school's music programs. This year the program will feature a tribute to Rick Richards, founder of Keep Music Rockin' Foundation, who died last year. Tickets are \$15 general admission, or \$30 for VIP tickets that includes the reception at 5:30 p.m. Tickets can be purchased in advance at www.brownpapertickets.com.

#### **\*** Annual Sports Collectors Show

The Meridians of St. Leander's host its 32nd Annual Sports Collectors Show on Saturday, Nov. 26, from 9 a.m. to 4 p.m at Ryan O'Connell Hall, 575 Estudillo Ave. in San Leandro. A variety of sports memorabilia from 1880 to the present will be for sale. Proceeds benefit St. Leander's parish and local charities. Admission is \$4, or \$2 for under 10 or over 65. For more information, call Mark at 538-6245.

#### **\*** Eden Garden Club

The next meeting of the Eden Garden Club will be Monday, Nov. 28, at 9:30 a.m. at the Moose Lodge, 20835 Rutledge Road in Castro Valley. The speaker will be Lori Caldwell, Stopwaste educator, and master composter. She will talk about native plants and their many benefits. Meetings are free and guests are always welcome. For more information, call 397-1268.

#### Hayward Area Historical Society

The Hayward Area Historical Society, 22380 Foothill Blvd. in Hayward, presents Local Botanical Beauties, Then and Now guest curated by Mary L. Harden School of Botanical Illustration in the Community Gallery until Jan. 8, during the museum's hours, Wednesday though Sunday from 10 a.m. to 4 p.m. This exhibit of watercolors shows the variety of plant life that once dominated the landscape of the Hayward area as well as plants that are still seen in the foothills and gardens. Meet the artists at a reception on Friday, Dec. 2, from 5:30 to 7:30 p.m.

#### **❖** James Madison Holiday Boutique

James Madison Elementary School, 14759 Juniper St. in San Leandro, is having a holiday boutique art and craft sale on Saturday, Dec. 3, from 10 a.m. till 3 p.m. If you're interested in a table to sell, email sl.jamesmadison.pto@ gmail.com

#### **\*** Corvallis School Holiday Boutique

Corvallis Elementary School, 14790 Corvallis St. in San Leandro will have its annual Holiday Boutique on Saturday, Dec. 3, from 9 a.m. to 3 p.m. Lots of homemade crafts and goodies at reasonable prices by local artists. Receive one free ticket at the door and additional free tickets for every toy, canned food item, or clean used coat you bring. Door prize drawings every half hour. Door prize drawing tickets will be on sale the day of the boutique. Admission is free. Food and drinks for sale. Proceeds benefit Corvallis Elementary School. New vendors are welcome. For booth information or additional information regarding the boutique, call Karen Webb at 461-2290.

#### **❖** Soroptimist Holiday Boutique

Soroptimist of the East Bay will have its 12th Annual Holiday Boutique, Saturday, Dec. 3, from 10 a.m. to 4 p.m at the Hill and Valley Club House, 1808 B St. in Hayward. Crafts, jewelery, hats, wardrobe accessories, garden items, stained glass, soaps and lotions and much more will be on sale. Lunch and refreshments will also be available. All proceeds help support the goal of Soroptimist - improving the lives of women and girls. For more information, call Donna Whitehouse at 924-7622 or at: rambosmom@ comcast.net.

#### **Second Section 2** Bancroft School Family Science Night

Bancroft Middle School, 1150 Bancroft Ave., is having its annual family science night on Thursday, Dec. 8, from 6 to 8 p.m. See science demonstrations and interactive fun on topics of energy, chemistry, engineering, experimentation and invention. See the science magic show and enjoy liquid nitrogen ice cream. This free event is co-sponsored by Xtreme Science Magic, The Lawrence Hall of Science, and The American Chemical Society.

#### ❖ Alta Mira Club Holiday Tea

Alta Mira Club 561 Lafayette Ave. in San Leandro, invites everyone to the Lucille Kline Holiday Tea on Saturday, Dec. 10, at noon. Tickets are \$25. For tickets, call Linda Klass 914-5684.

#### **❖** All Saints Winter Wine & Dine

All Saints Episcopal Church, 911 Dowling Blvd. in San Leandro, will have its Winter Wine & Dine fundraiser on Saturday, Dec. 10, from 5 to 9 p.m. Foods from around the world will be featured including Scottish, Japanese, Nigerian, Italian, and more. Fine Russian River Valley wines, and other tasty beverages will be offered. Fabulous prizes will be raffle off. Enjoy both a live and silent auction, and live entertainment. Tickets are available online at tinyurl.com/ Dec10WineDine.

#### ❖ Bob Grazzini Memorial Crab Feed

The Buon Tempo Italian Club presents the Bob Grazzini Memorial Crab Feed on Saturday, Dec. 17, at the Transfiguration Catholic Church, 4000 E Castro Valley Blvd. in Castro Valley. No host cocktails from 5 to 6 p.m. dinner will be served at 6 p.m. Tickets are \$45 per person paid in advance, no tickets sold at the door. Make your reservations on the Buon Tempo dinner line at 483-6929 or send your check to Rick Martens, PO BOX 2625, Fremont, CA 94536. Make your check payable to: Buon Tempo Club.

#### ❖ St. Gerard Women's Club Bake Sale

The members of St. Gerard Women's Club will hold its Christmas bake sale on Saturday, Dec. 17, at St. John the Baptist Catholic Church, 264 E Lewelling Blvd. in San Lorenzo. Bake sale begins after the 4:30 p.m. Mass and after all the Masses on Sunday, Dec. 18 starting at 7:30 a.m. A continental breakfast will also be available on Sunday along with the raffle after the 11:30 a.m. Mass.

Calendar items should be submitted at least one week prior to the desired edition of the Times, which is published Thursdays. Space limitations require we print items of the most general interest.

# Leftovers – Why We Really Love Thanksgiving

s the song says about love, Thanksgiving, too, is lovelier the second time around.

The turkey, side dishes and desserts all have a tasty second life – either cold right out of the fridge, or remade into a variety of sandwiches, salads and casseroles.

#### **TURKEY CLUB SANDWICHES FOR 8**

- 1 (8-ounce) carton sour cream 2 tablespoons prepared horseradish
- 2 teaspoons honey mustard
- 1/4 teaspoon garlic salt 1/8 teaspoon white pepper
- 3/4 pound thinly sliced ham
- 12 slices whole wheat bread 4 slices Swiss cheese
- 8 lettuce leaves
- 3/4 pound thinly sliced leftover turkey
- 8 slices tomato
- 4 slices bacon

Combine sour cream, horseradish, honey, mustard, garlic salt, and white pepper; stir well. Place 3 ounces of ham on each of 4 slices of bread. Top each with 1 teaspoon sauce, 1 slice cheese, a lettuce leaf, and another slice of bread. Place 3 ounces of turkey on each slice, and add 1 teaspoon sauce, lettuce leaf. 2 slices tomato, and 1 slice bacon. Top with remaining slices of bread.

Cut each sandwich into halves or quarters (if quartered, secure each segment with a toothpick.) Serves 8.

#### TURKEY TETRAZZINI

- 1 (16-ounce) package linguine pasta
- 1/2 cup butter
- 3 cups sliced mushrooms
- 1 cup minced onion
- 1 cup minced green bell pepper
- 2 (10.75-ounce) cans condensed cream of mushroom soup
- 2 cups chicken broth
- 2 cups shredded sharp Cheddar cheese
- 1 (10-ounce) package frozen green peas
- 1/2 cup cooking Sherry
- 1 teaspoon Worcestershire sauce
- 1 teaspoon salt
- 1/4 teaspoon black pepper

4 cups chopped cooked leftover turkey

cup grated Parmesan cheese

Paprika to taste

Bring a large pot of lightly salted water to a boil. Add pasta and cook for 8 to 10 minutes or until al dente; drain and set aside.

Preheat oven to 375°F.

Meanwhile, melt butter in a large saucepan over medium heat. Add fresh mushroom slices, onion and bell pepper, and saute until tender. Stir in cream of mushroom soup and chicken broth; cook, stirring, until heated through. Stir in pasta, Cheddar cheese, peas, sherry, Worcestershire sauce, salt, pepper and chicken.

Mix well and transfer mixture to a lightly greased 11x14 inch baking dish. Sprinkle with Parmesan cheese and paprika.

Bake in the preheated oven for 25 to 35 minutes, or until heated through.

#### **LEFTOVER STUFFING BURGERS**

1 egg to every 2 cups of leftover stuffing Onion rolls Mayonnaise, ketchup Lettuce, sliced tomatoes, sliced onions

OPEN THANKSGIVING DAY 12:00 NOON - 7:00 P.M.

Special Dinner

*Call for Reservations* 

Beat egg slightly and mix with stuffing. Form into patties and sauté **3333333333** 

over medium heat until golden

Place on toasted onion roll with lettuce, tomato and onion slices and your favorite condiment. Makes a quick and delicious lunch.

#### **SCALLOPED TURKEY**

- 3 to 4 cups cooked turkey 1 stick butter, (4 ounces)
- 1/2 cup flour

brown and crispy.

- 1/2 teaspoon salt, or to taste 1/8 teaspoon pepper
- 2-1/4 cups chicken broth cup milk
- 2 cups toasted bread cubes 2 small onions, chopped
- 1/2 cup chopped celery 1/2 teaspoon salt
- 1/2 teaspoon sage, crumbled 1/4 cup butter, (2 ounces)
- 1 (4-ounce) can sliced mushrooms

Melt 1/2 cup butter or margarine in saucepan; blend in flour, 1/2 teaspoon salt and pepper. Cook over low heat until bubbly, stirring. Slowly stir in broth and milk; boil 3 minutes, stirring constantly.

Taste and add salt, if necessary;



set aside. In a mixing bowl, lightly orated milk and flour in a mixing Bread crumbs toss bread, onion, celery, 1/2 tea- bowl with an electric mixer. Blend spoon salt, sage and 1/4 cup melted butter; arrange in lightly buttered 2-quart casserole baking dish. Top with chicken then cover with sauce and mushrooms. Mix well with fork to moisten the dressing. Bake for about 1 hour at 350°F. Serves 4 to 6.

#### **CREAMY TURKEY SOUP**

- 3 cups chopped leftover turkey
- 8 cups turkey broth
- (12-ounce) can evaporated

2/3 cup flour

- pound small new potatoes
- 4 stems celery, finely chopped
- bunch green onions, finely chopped
- carrots, finely chopped
- teaspoon salt
- 1 teaspoon white pepper
- teaspoon thyme
- 1/2 teaspoon sage

Bring turkey broth to a boil in a large pot. Add potatoes, carrots, and celery, and cook for about 20 minutes, or until potatoes are almost tender. Add leftover turkey, green onions, salt, pepper, thyme, and sage, stir well, and return to a boil. Cook over medium heat for another 5 minutes. Meanwhile, mix evapmilk mixture into soup. Cook, stirring constantly, until thickened (approximately 8 to 10 minutes) Serve hot. Makes 4 servings.

#### **OVEN-FRIED MASHED POTATO PANCAKES**

- 2 cups any kind of leftover mashed potatoes
- 2 tablespoons butter or margarine, softened Dash of Tabasco sauce
- 3 tablespoons finely ground cracker crumbs
- 3 tablespoons minced chives
- 1/2 teaspoon salt 1/2 teaspoon pepper
- 2 eggs 1 teaspoon water

Preheat oven to 375°F. In a medium bowl, combine potatoes, butter, Tabasco, cracker crumbs, chives, salt and pepper. Beat eggs well and add all but 2 tablespoons to mixture. With a fork, stir potato mixture well to blend thoroughly.

Butter a cookie sheet. With your hands, shape potato mixture into pancakes ab out 1/4 inch high and 2-1/2 inches in diameter. Place them on cookie sheet.

Mix reserved egg with 1 teaspoon water and paint top of each pancake with egg wash. Sprinkle each pancake with a light dusting of bread crumbs.

Bake for 25 minutes or until golden brown on top. Makes about



# San Leandro Times **PRESENTS** The Senior Guide

The bi-monthly Senior Guide is one of the San Leandro Times' most popular Advertising sections. The San Leandro area's sizeable senior population always makes this guide a great advertising vehicle.

**CIRCULATION • 37,500** 

**DEADLINE FOR SPACE RESERVATIONS:** FRIDAY, DECEMBER 2, 2016, 5 P.M.

**NEXT SECTION WILL RUN ON DECEMBER 8, 2016** 

For more information, call:

Melody Morrison 510-912-1761 • Claudette Morrison 510-912-1490

San Leandro Times
2060 Washington Avenue • San Leandro, California 94577 FAX (510) 483-4209 (510) 614-1555

# Roast Tu. Mashed Potatoes / Dress.. Honey Baked Ha.. Sweet Potatoes / Mashed Potatoes / Vege.. Dessert: Homemade Pumpkin Bic. Also featuring our dinner menu (\$17.5. for your holiday enjoyment! Prime Rib / Steak / Chicken / Pork / Lamb / Seafood 1148 Ballena Blvd. • Alameda • 865-5088

#### THURSDAY, NOVEMBER 24, 2016

## AUTOMOTI

## **Ford Focus Electric: Fun But Flawed**

San Leandro Times

with taut steering, responsive engine performance, and a suspen- miles. sion that lets you feel the road.

engine with an electric motor, 2016. The black and tan interior, the Focus retains much of that with silvery accents, is no longer Highway, and 105 MPGe comdriving experience, but introduc- fresh but still evokes some kinet- bined. Use these figures to comes three major issues — cargo ic energy. With electric power pare EVs — and note that they space, battery range and price.

the rear seats. Those seats fold the previous version. forward (although not completely flat), so you can stash somehaul an upright bass, however.

The 2016 Focus Electric I tested mented these chairs. for a week had an official EPA fig-

enjoyable to drive, upcoming Chevrolet Bolt's 238 miles or even the new Leaf's 107

When you replace the car's tive Kona Blue, a new shade for portly 3,622 pounds. Because the Focus wasn't cus Electric is blissfully silent cars. The Focus Electric earns designed to be an electric car, inside when the audio is off. On Smog and Greenhouse gas numthe battery ended up in the cargo the center screen, Ford Sync 3 is bers of twin 10s, but of course, area, so there's a big lump behind simplified and easier to use than the cleaner the plant that generat-

In the basic car, the seats are car is. covered in REPREVE fabric, thing long and wide but not thick made from 100-percent recycled — like a painting, perhaps, or a materials. My tester, with Light you to drive gently and conserve garment bag. Forget using it to Stone leather seats, looked a lit- your battery charge. The Focus, you keep tabs on your vehicle The second concern is range. is not easily impressed, compli-

The Focus Electric uses a

ure of just 76 miles, which makes 107-kW electric motor tucked it competitive with first-genera- under the hood where a four-cyltion electric vehicles such as the inder gas engine would normally he compact Ford original Nissan Leaf and the cur- live. Working with a 23-kWh liq-Focus is a favorite rent Volkswagen e-Golf. How- uid heated and cooled lithium-ion around the world, and ever, it can't compare with the battery, it spins out 143 horsepower and 184 lb.-ft. of torque, good for quick acceleration and magically silent cruising. With its My test car came in an attrac- big battery, the EV weighs in at a

> EPA numbers are 110 City, 99 and solid construction, the Fo- are more efficient than gasoline

Like all electrics, the Focus provides displays to encourage tle more elegant. My wife, who unlike other cars, lets you earn charge or precondition the car blue butterflies in the right side of the instrument panel. When but because I didn't own or lease I ventured downtown from my my test car, I couldn't make the fluttered in. Then, on the way up real time. the hill to my house, I lost them. But the next day, I earned 11 but- \$29,170, plus a few options. With terflies on the way to work.

Brake Coach, a couple of spinning circles, which shows how ly consumed was recovered by parison, you can buy a perfectly SE regenerative braking. I often got nice gas-powered Focus SE start-100 percent or near that, so I must ing at about \$20,000. be doing something right.

(240-volt) charger at work. If you the \$7,500 federal tax credit and all-electric car, with appropriate es — including the 2017 Focus.



Based on the fuel-powered Focus, Focus Electric's all-electric powertrain and single-speed automatic transmission deliver responsiveness and smooth acceleration.

ed the electricity, the cleaner your try using standard household current, plan on 20 hours to replenish, but if you're just topping off, overnight should do it.

The MyFordMobile app lets remotely. I downloaded the app, house, I saw that two butterflies connection to watch it work in

My tester had a base price of leather chairs (\$995), the "Exte-The Focus' display includes rior Protection Package" (\$245), a snappy charge door graphic (\$60), and \$875 destination, it



The cluster display in Focus Electric uses blue butterflies to represent surplus range.

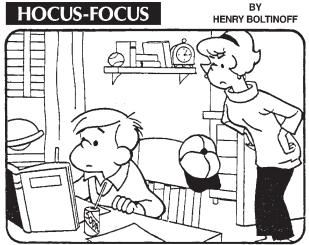
\$2,500 state rebate. Suddenly, stickers, in the carpool lane and much of the energy you recent- came to \$31,345. Just for com- it's not that much more than the get half off on bridge tolls.

any EV. Electricity is cheaper Focus Electric, built in Wayne, Of course, depending on than gasoline, especially at home Michigan in a plant that uses so-You can recharge the battery where you live, there are some in off-peak hours. Maintenance lar power, may work for you. But from empty in 3.6 hours, per tax breaks and rebates. In Cali- is minimal. In the San Francis- if you wait, the near future has Ford. That's easy at a Level 2 fornia, you should benefit from co Bay Area, you can drive an models coming with longer rang-

If you have access to anoth-There are positives to driving er car for longer trips, the Ford



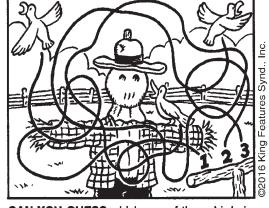




Find at least six differences in details between panels.

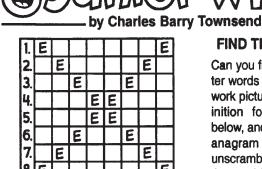


4. Cap is missing, 5. Chest of drawers is smaller, 6. Arm is moved Differences: 1. Blind is raised. 2. Soda can is missing. 3. Clock is missing.



CAN YOU GUESS which one of these birds is not a chicken when to comes to scarecrows?

Answer: Crow number 2 is the brave one.



Illustrated by David Coulson

FIND THE BIG WORDS!

Can you find the eight eight-letter words that fit into the framework pictured on the left? A definition for each is provided below, and the letters in the two anagram words must be unscrambled and used to form the word for the grid.

#### THE FIVE-WILL-GET-YOU-EIGHT WAGER!

Draw figure 1 on a sheet of paper. Then challenge your friends to add five straight lines to the drawing so that the result will give you eight equal-size triangles. Our solution is shown in figure 2.

CHAIN REACTION! Take the seven letters printed below our diagram and place them in the circles so that eight four-letter words can be read, top to bottom, along the connecting lines. All the words will begin with the letter in the top circle.

seet' seeu

Answers: Top to bottom, left to right: Scud, scum, scam, scar, sear,

DEFINITION:	ANAGRAM:
A sports announcer	
wears one.	hope + neal
2. Where birds and bells	
hang out.	ribs + feel
3. Great mixers.	serb + lend
4. Concealed with a	
decorative overlay.	need + vee
<ol><li>Favorably regarded.</li></ol>	teed + seem
6. The winning burger was	. fees + bite
7. Toast and egg dishes (sl).	yeas + deed
8. To twist into a confusing	•
mess.	gent + lane

5. Esteemed. 6. Beefiest. 7. Deadeyes. 8. Entangle. 1. Earphone. 2. Belfries. 3. Blenders. 4. Veneered.

# **HEALTH & FITNESS**

# Sleep Is Key To Helping Teens Recharge for Success in School

best ways to find success performance." in school is to get enough

When well rested, teens are best in school and at home.

"It's important to make sleep Prevention (CDC). a priority," said Dr. Ronald teens can do for their health, acgrades to safety.

or most teens, one of the ademic achievement and athletic

#### Lack of Sleep Jeopardizes Grades, Health and Safety

more likely to be healthy, ener- high school students in the U.S. Centers for Disease Control and

Chervin, president of the Amer- of surveyed students in grades 9 cine. "Setting and sticking to a eight hours on an average school possible is one of the best things can impact everything from brain and body.

in school than their well-rested hours are more likely to be overpeers. Studies show that teens weight and develop hypertenwho are sleep deprived may be sion and diabetes. Additionally, More than two-thirds of more easily distracted and recall insufficient sleep in teenagers information more slowly. Sleep- has been found to increase the getic and have a positive attitude are failing to get enough sleep ing fewer than the recommend- risk of depression and is assotoward life in general - helping on school nights, according to ed hours is also associated with ciated with increased risk of them be their best and do their a 2016 study published by the attention, behavior and learning self-harm, suicidal thoughts and problems.

Lack of sleep may also af-Results show that 69 percent fect teens' athletic performance. nificantly increases teens' risk When teens sleep, hormones are for drowsy-driving accidents. ican Academy of Sleep Medi- to 12 reported sleeping less than released that help them grow taller and develop muscles. routine to get as much sleep as night. Insufficient sleep in teens Sleep helps restore energy to the

Studies show that teens who

Sleepy teens may fare worse sleep less than the recommended suicide attempts.

Insufficient sleep also sig-

A 2014 study found that teen their teens. drivers who start class earlier in the morning are involved in significantly more motor vehicle accidents than those with later start times. Motor vehicle crashes are the leading cause of death laptops, smartphones and game much should consult a board-cerfor teens in the U.S., according consoles late into the night rath- tified sleep medicine physician to the CDC.

#### Parents, Caregivers Play **Crucial Role**

to recharge. Parents and caregiv- biological preference for a late- -North American Precis Synd., Inc.

Most teens, research suggests, lack sufficient sleep, putting them at risk for health and behavioral

sleep habits, promoting a consisa quiet sleep environment for Additionally, setting re-

bed is key to helping teens get to sleep on time. Teens may be tempted to keep using their er than going to sleep.

of the body's internal "circadi- nearby. Teens should be encouraged an" clock occurs during puberto get enough sleep every night ty, causing most teens to have a sleepeducation.org/healthysleep.

ers can help by modeling healthy night bedtime.

It is also important that partent sleep schedule and creating ents and local school boards work together to implement high school start times that allow teens to get the healthy sleep strictions on screen time before they need to meet their full po-

Parents concerned that their teen is sleeping too little or too or visit www.sleepeducation.org A natural shift in the timing to find an accredited sleep center

For further facts, visit www.

## **Keep Seniors with Alzheimer's Safe from Wandering**

ne of the most frightening scenarios for families caring for seniors living with Alzheimer's is a loved one wandering or getting lost. It can understandably cause immediate panic and concern and, unfortunately, happens all too often. In fact, nearly 50 percent of surveyed family members have experienced a loved one with Alzheimer's wandering or getting lost, according to a new survey conducted by Home Instead, Inc., franchisor of the Home Instead Senior Care franchise network.

Anyone living with Alzheimer's or another form of dementia is at risk for wandering and it can happen at any time. If not found injury or death, according to the wandering. Alzheimer's Association.

age loved ones from doing so.

"Wandering can be a huge families living with a loved one with Alzheimer's," said Monica Moreno, director of Early-Stage Initiatives at the Alzheimer's Association. "It's best to be proactive in addressing the issue before it becomes a crisis."

To help families cope, Home Instead is offering free resources to help family caregivers keep their loved ones safe, including information on these common triggers that can lead to wandering:

- Delusions or hallucinations. Those living with Alzheimer's or another form of dementia may misinterpret sights or sounds, causing them to feel fearful and wander to escape their environment.
- Overstimulation. Individuals living with dementia can become easily upset in noisy or crowded environments, triggering them to look for an escape from the chaos.
- Fatigue, especially during late afternoons and evenings. People living with dementia may



Understanding what triggers wandering and taking precautions can keep seniors living with dementia safe at home.

• Disorientation as to place workplace.

• Change in routine. Those Network.com. challenge and major concern for living with dementia may become — North American Precis Synd., Inc.

within 24 hours, up to half of these become tired, potentially causing confused following a change of missing persons may be at risk for restless pacing and, eventually, routine, wandering in an effort to return to a familiar place.

To explore additional resourc-To help prevent this, it is crit- and time. Individuals may not es, visit www.PreventWandering. ical for families to understand the recognize that they are already com or call a Home Instead Senior common triggers for wandering home and seek to return to a fa- Care franchise office. To sign up and steps they can take to discour- miliar place, such as a former for the free Missing Senior Network, visit www.MissingSenior-

#### GOBBLE UP YOUR GOALS

## Join today for \$9.95/month

Bring in coupons by 11/30 to redeem.

1-DAY PASS

**FREE** 

## FREE HYDROMASSAGE® SESSION

177 Lewelling Blvd • San Lorenzo, CA • 510.924.4200 • Crunch.com

A ZILLION CLASSES • HEART-RACING CARDIO • HEAVY LIFTING WORLD-CLASS TRAINERS ● TANNING & HYDROMASSAGE® ● NO JUDGMENTS



#### **MEMORY DAYBYDAY** A NEW MODEL OF CARING

Your Memories Are Fragile. Promise To Hold Them Gently.

**Services Offered:** 

Memory Screening Mental Activities & Support Groups for Early Dementia

Save Your Brain

Memory Cafe in San Leandro (Call 931-9336 for more info.)

111 Jackson St., Hayward • <u>876-5880</u> tricia@memorydaybyday.org • www.memorydaybyday.org

NEW EXTENDED HOURS: M,T,TH,F 10AM-9PM • W 6-9PM • S/S 2-6PM

#### **Private, Personal Care**

(We don't store your records on the internet) Sorry, no insurance contracts

20100 Lake Chabot Road · Castro Valley Across the street from

THURSDAY, NOVEMBER 24, 2016

#### San Leandro Times

## Electricity: Solar panels will cover all of church's electricity costs

continued from front page

The 9.4 kw solar power system will pay for the church's entire electricty bill, said Greg Stark, a solar consultant who helped the church with the proj-

When the sky is cloudy and at night, the church will get its power from PG&E. But when the sun is shining, the panels will produce more than enough power for the church, so the system will sent power out to "the grid" and the church will get credit for that.

#### **Grant from Episcopal Church Funds the Panels**

Usually, it would take a decade or longer for the savings to pay for the solar panels. But All Saints will save immediately, because the panels were bought with money from the United Thank Offering, a Lutheran Church organization that funds projects.

els would be around \$30,000 but SunWork does the job for around a third less, Fr. Justin said.

of the church are excited about

The cost of installing the pan- Ruben Veek, founder of Sun Work Renewable Energy, hands a solar panel up to workers on the roof of All Saints Episcopal Church.

Fr. Justin said some members the project, and some have a more "wait and see" attitude about it. homeless services and runs a

All Saints also supports local monthly food pantry with free

groceries for those in need. Sunday church services are held at 8 a.m. and 10:30 a.m.

Fr. Justin is in favor of more do not care for God's creation." Dec. 8, from 6 to 8 p.m. Learn Most classes begin on Jan. 9.

PHOTO COURTESY OF ALL SAINTS EPISCOPAL CHURCH

Fr. Justin Cannon of All Saints Episcopal Church helped install the new solar panels.

#### **Career Technical Education Classes** Offered by San Leandro Adult School

San Leandro Adult School, about the certificated training

recycling and energy-efficent 1448 Williams St., will host programs in fields such as medprograms at the church, saying a Career Technical Education ical, business, accounting and We can't honor the Creator if we (CTE) Open House on Thursday, computers. Meet the instructors.



Year End Special! 3 Months FREE Nov., Dec. & Jan. Don't Pay Until Feb., 2017 Exp. Nov. 30, 2016

#### ONE TIME INITIATION FEE

Family - \$300 up to 6 members Single - \$150

**Best Deal for Families & Singles** in the EastBay

Previous Members of 12 months or Less are Not eligible for this Promo. Can't be combined with other offers.

**NEW YOUTH & ADULT** (Members Only)

**SWIM LESSONS PROGRAMS** o long-term Contracts

Come on down! No Appointment Needed! Sign Up After Tour!

5 Aqua-Aerobic Classes Weekly

Sauna & Hot Tub, Steam Room

Yoga & Pilates Classes

Personal Training

Massage Therapy

 Spin-Cycle Classes Family Orientated

• 50 Fitness Classes Weekly

New Pickleball Courts!

Visit Our Website for more information and Watch the Video. WWW.BOVSWIM.COM

GYM

• \$1 Hour

**Babysitting** 



**Bay-O-Vista** 

Family Group Fitness, Gym, Swim & Tennis a Private Club

510-357-8366 • Fax 510-357-1009 • Email: swim@bovswim.com

Corner of 1881 Astor Dr. & Lake Chabot Rd, on the Castro Valley, San Leandro Boarder



## Crash: Dodge Caravan gets away after running shoot-out on Dowling

continued from front page

holes in it and was determined to have been involved in the initial from the severely damaged car. shooting, McManus said.

suffering from a non-life-threat- in critical condition. ening gunshot wound in the yard say he is a 33-year-old Oakland tween the Altima and Prius. resident.

the hospital for treatment of is a black Dodge Caravan. the gunshot wound and he was reckless driving.

collision was a dark-grey Toyota video for evidence. Prius, which came to a rest partially on top of a parked car at the about the case is asked to call scene of the crash. Emergency the police at 577-3230 or the responders found an elderly department's anonymous tip line couple, Paul and Susan Doran, at 577-3278.

trapped inside and Alameda cars, a Nissan Altima, had bullet County Fire personnel used the "jaws of life" to free the couple

The Dorans remain hospital-Police then found a man ized this week, with Paul Doran

Police believe that people in of AB's Preschool and Daycare the Nissan Altima and another Center across the street from the unidentified vehicle began shootcrash scene. Police are withhold- ing at each other and chased one ing the man's identity because another through the city streets the investigation is ongoing but before the crash occurred be-

The other suspect vehicle not The suspect was taken to yet been located but police say it

Police are asking anyone that eventually arrested for suspicion lives between Durant and Dutton of involvement in a shooting and avenues and MacArthur Boulevard to Bancroft Avenue to please The other car involved in the check their home surveillance

Anyone with information



One of the cars in a shoot-out crashed into another car and sent it into a parked car on Dowling Boulevard last Thursday.

## Loan: An obelisk will be erected downtown to complement the statue

continued from front page rundown of what SLIA has accomplished in the past few years, been turned back on though some of the money came from other grant funding:

• new chairs and tables in the downtown plaza, and removing read about it in a publication all benches

• the monarch butterfly mural east of the downtown BART station

• the musical art installation San Leandro a "buzz."

in the downtown plaza

• the fountain in the plaza has

Li Mandri also talked about the public relations success of the "Truth is Beaty" statue, saying he the way over in Washington D.C. The statute was funded by the owners of the tech campus, not SLIA, but Li Mandri says it gives

Electronic garbage cans will tell you when the cans are full.

As for the future, Li Mandri and SLIA will need to "activate" said the downtown area will the downtown even more. be dramatically changed when a developer builds at the CVS 14th Street and Callan Avenue. The city owns the land and says it will eventually be used for mixed housing and retail.

Li Mandri estimates that 200 new residents will be in the area changed. once those apartments are built

**High-Tech Garbage Cans** 

SLIA is also working on getproperty at the corner of East ting a grant from Waste Manage- loan would be the erection of an ment for ornamental metal trash cans. Those trash cans could even be high tech. Li Mandri says they could have sensors to tell workers light up in different colors. Li when they are full and need to be Mandri says it could be "iconic

Similarly, trees could be is iconic.'

outfitted with sensors to tell the landscapers when they need to be watered, Li Mandri said.

Another project funded by the "obelisk" in the plaza in front of the Sizzler restaurant which will say "San Leandro" and could in the way Truth is Beauty statue











# EAL ESTATE GALLERY



## REAL ESTATE REALIT

By Carl Medford, CRS

**GUEST COMMENTARY** 



## Let's Bring Thanksgiving Home

ing. Not this year.

in history when that final bastion to live here. of marketing sensibility bit the Father's Day?

sons we are thankful.

Freddie Mac's national survey.

week, up from 3.57 percent a week earlier.

3.07 percent last week, up from 2.88 percent.

he once immutable law the world and are surrounded by every month. of merchandising used to so many blessings. Home prices cases, literally the very next morn- a level of prosperity seldom seen it signals a change in the weather. before - so much so that the Chalk up 2016 as the moment world is beating down our doors

However, this level of securidust. I was flabbergasted a few ty and wealth comes with a price weeks ago to enter stores already tag. Housing prices have soared in full Holiday bloom. What's due to the lack of inventory. Many next? Halloween decorations on buyer wannabes have been priced out of owning a home in this area. With visible reminders all Rentals have become scarce and changes dramatically for the around that the Holiday Season is exceedingly expensive. Traffic is indeed upon us, it's time to pause at a standstill on most of our freeand remember some of the rea- ways in big chunks of every day. And, the gap between the haves We live in such a great part of and have-nots is growing wider

Which brings me to my primabe, "Christmas advertising are at record highs and the econory point. Not only does Thanks-AFTER Thanksgiving." In many my is doing well. We're enjoying giving remind us of our blessings,

This is the time of year the rains start falling, temperatures plunge and we batten down the hatches for the winter season.

While most of us fire up our furnaces for the first time and give thanks for roofs with no leaks, the homeless have no such option.

This is the time of year life homeless around the Bay Area as they try to find shelter that is dry and provides some modicum of warmth.

For those of us with so much to be thankful for, the Realtors of the Central County want to re-Average fixed mortgage rates moved significantly higher follow- mind you of the others who need ing the post-election sell-off in the Treasury market, according to our support.

As we leave our jobs and The 30-year fixed-rate mortgage averaged 3.94 percent last head for our homes, it's easy to others less fortunate. I personally partner with an organization that has an extensive outreach to the homeless, and I urge you to do Air" day in the Bay Area (visit

> Together, we can bring thanksgiving home... to those who have place is safe to use. If it was inno homes to call their own.

> Carl Medford is a licensed Realtor with Keller Williams Realty if it hasn't, or you don't know and a licensed general contractor. when it was last inspected, con-This article is sponsored by the Central County Marketing Association at www.ccmgtoday.com.



#### **Prestigious Palomares Hills**

If where you live is important, this four bedroom, three bath home in Palomares Hills may be perfect for you. Located in a private setting with no rear neighbors, this home features new bamboo floors, kitchen with granite counters, stainless 20655 Glenwood Dr., Castro Valley • Offered at \$928.000

appliances and a convenient bedroom and full bath downstairs. Retreat to the spacious master bedroom suite with fireplace, large bathroom and walk in closet. Award winning Castro Valley schools make this area "in demand". Desirable neighborhood features club house, Olympic sized swimming pool, basketball and tennis

courts, parks, picnic facilities, miles of walking trails, private security and more.



510-697-1208

leslie@lesliepetersonteam.com www.lesliepetersonteam.com





## **Be Safe When Using Fireplace for First Time**

By Samantha Mazzotta

BRE #01452724

a nice fire going in the fireplace if you've never done it forget that we are surrounded by before, and there are some safety tips you need to follow as well.

> make sure it isn't a "Spare the or a firestarter stick. sparetheair.org/).

spected and cleaned when you tact a chimney cleaning service.

Make sure the area around the fireplace is safe: move fur-

niture, rugs, boxes, paper and extinguisher nearby, get one and place it in an accessible spot.

To light a fire, you'll need

first-time fire, as they're medi- when lit. moved in, you're good to go; but um-size and usually cut to fit most fireboxes. You should also starting near the back of the log go out for a walk and collect an stack and working your way armful of fallen, dry twigs and small branches.

> when opened allows air to flow to repeat the process. up the chimney and outward.

paper into a cylinder. Holding is in place. Remember to nevit inside the firebox, light one er leave a fire unattended. And, end. Hold the burning end a few once the fire is out, don't remove inches underneath the damper for the cinders until they are comabout 30 seconds or until you see pletely cold, and dispose of them smoke from the burning paper in a fire-resistant container, away flowing freely upward into the from the house or garage. chimney flue.

Stack your firewood prior to other flammable items several lighting the fire. Opinions vary t can be a little tricky to get feet away. If you don't have a fire on how to build the stack, but it's important to make sure air flows freely between the logs.

I prefer stacking four smallseveral pieces of wood in various to medium-sized logs in a square First, be sure to check and sizes, along with old newspaper or triangular pattern. Tuck an assortment of twigs, shredded The small bundles of fire- newspaper and small branchwood sold in grocery stores and es between and underneath the Then, make certain the fire- home-improvement stores are logs. Don't go overboard — the expensive, but they'll do for a kindling can flare up too high

> Carefully light the kindling, forward. Once the initial flame has died down somewhat - but With your fuel ready, it's time before it disappears — carefully to get started. Open the fireplace feed in more twigs and branches. damper fully - this flap is locat- Properly seasoned logs should ed at the top of the firebox (the catch within a few minutes, but area in which the fire burns) and don't be disappointed if you have

Once a good fire is going, Twist a half-sheet of news- make sure the protective screen

© 2016 King Features Synd., Inc.



Fifteen-year loans averaged 3.14 percent, up from 2.88 percent.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged

Mortgage Rates Spike





10% OFF WITH THIS AD • EXPIRES 12-31-16





AVAILABLE IN PDF FORMAT.



Antonio & Alexia Cardenas "Realtors in Motion"

"The Agents with the Visual Tours"

(510) 351-5728

Visit us @ www.ListedbyAntonio.com R.E. eBroker Inc. • A Virtual Real Estate Brokerage



# **Bark on Roses Peels Off; Mealybugs Hit House Plants**

By Buzz Bertolero The Dirt Gardener

several bare-root bluevery well, and nearly doubled in touch the ground. size but have grown very leggy. Should I prune them back now to encourage branching or wait basal shoots that develop late in until January?

popular today, as they're easy to grow and require little care to be successful. However, an annual pruning is recom- the soil on the acidic side. True mended in order to maintain their Blue from GreenAll is one of size, shape and productivity.

While they could be pruned today, I'd wait to do them in mid years, pruning helps train blue- er monthly, starting in March. berries into the desired shape for fruit production. So, yes I'd prune back the leggy branches to shape the plant.

any crisscrossing branches to allow more sunlight into the Last winter, I planted center of the plants, increasing the air circulation along with berries. They've done any branch whose berries would

In addition, remove any damaged canes or twigs, and the soft the season. It's also recommended to remove two of the oldest Blueberries are very and usually least-productive canes each year.

After pruning, make one application of an acidifier to keep several available at your favorite garden center.

And, finally, apply an azalea, to late January. In the first two camellia, rhododendron fertiliz-

I'd like to plant an evergreen shrub in a redwood planter that is You'll also want to remove 11 inches wide, 12 inches deep



Blueberries are popular these days because they're easy to grow and require little care to be successful.

and 46 inches long. It needs to grow. screen off a neighbor's porch, so I'd like it to grow to six feet. ing Sasanqua Camellias, Escal-What would you suggest?

planting any shrub in a other suggestions. rectangular planter of this size. It's simply the wrong answer to your privacy issue.

for any type of permanent plant- grow, because there will be less ing. It will not thrive in the long and less soil and more and more term. The plant(s) will quickly outgrow the available root space will need to be watered more and struggle to survive.

Long, narrow planters are best used for shallow-rooted twice a year, in March and July, annuals, perennials and vegetables. Basil, parsley, strawberries, radishes, carrots, pansies, would do well.

My suggestion would be and move them apart as they Buzz.Bertolero.

lonia, Dodonaea or Nandina. The nursery professional at your I would not recommend local garden center may have

issue will be the watering schedule. While it's not a problem The planter is much too small today, it will be as the plants roots. Therefore, the containers frequently each year.

> Also, fertilize the containers with Osmocote, a time-released fertilizer.

violas, marigolds and impatiens the plants will remain lush year are a few examples of plants that round and the vegetative screen will meet your expectations.

Buzz Bertolero is an Adto purchase several containers vanced California Certified about the size of a half of a wine Nursery Professional and Senior barrel. Besides wood, I'd con- Gardening Professional at Sloat sider plastic, some type of con- Garden Centers. His web adtainer from recycled material or dress is www.dirtgardener.com. decorative pots. I'd place them Email questions to dirtgarden@ next to one another to start with aol.com or go to Facebook.com/

I would reccommend plant-

Going forward, the critical

With nutrients and moisture,



#### Feed Flowers and Vegetables

Feed a high-nitrogen fertilizer to cool-season annuals and vegetables planted last month, to ground covers, and to shrubs and trees that will bloom in January and February. If azalea and gardenia foliage is light or yellowish, water plants with a solution of chelated iron.

#### Lawn Help

A pre-winter application of fertilizer now will help out almost any lawn; ask your local garden center expert for more infor-

#### **New Roses?**

If you plan to add new rose bushes in the next few months, now is the time to remove the old bushes.

There Are No Open Homes This Weekend Happy Thanksgiving!



# Robert Jones and Associates Selling San Leandro Since 1964 • www.RobertJonesandAssociates.com

Happy Thanksgiving to all!





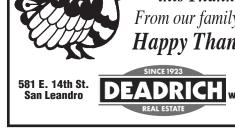


42 JOAQUIN AVE. • SAN LEANDRO • 357-0120





NOVEMBER 26TH & 27TH



# here Are No Open Homes This Weekend Happy Thanksgiving!

One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25. For more information and a listing form, call 614-1558. DEADLINE: TUESDAY AT NOON.



A = SAN LEANDRO • B = SAN LORENZO • BW = BRENTWOOD • C = CASTRO VALLEY • D = DUBLIN • E = EMERYVILLE • F = FREMONT • H = HAYWARD • K = BERKELEY • L = LIVERMORE N = NEWARK • O = OAKLAND • P = PLEASANTON • PH = PLEASANT HILL • S = SHEFFIELD VILLAGE • SR = SAN RAMON • U = UNION CITY • W = WALNUT CREEK • Z = ALAMEDA



All real estate advertised in the San Leandro Times is subject to the Federal Fair Housing Act, which makes it An real readire down insection of machine and on make as subject to the receitar an indicating which makes in illegal to advertise any preference, illimitation, or discrimination because of race, color, religion, s.w.h.a.handicap, maritat status, national origin, or intention to make any such preference, limitation or discrimination. The Sant Laintstein Times will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis

FAX YOUR OPEN HOME LISTINGS 24-HOURS A DAY 483-4209 CONTRACTED DISPLAY ADVERTISERS RECEIVE OPEN HOME LISTINGS AT NO CHARGE. CALL PATRICK AT 614-1558 FOR FURTHER DETAILS.

1257 Pearson Avenue \$438,000 94577 2001 Reynolds Street 94577 \$465,000 1551 136th Avenue \$628,000 94578 1390 148th Avenue 94578 \$580,000 13816 Bancroft Avenue 94578 \$335,000 16736 Cowell Street \$675,000 94578 3411 Del Monte Way \$605,000 94578 \$520,000 1252 Dorothy Avenue 94578 16250 Lyle Street 94578 \$635,000 2175 San Remo Court 1108 Bodmin Avenue 94579 \$575,000 15589 Calgary Street 94579 \$589.000 15208 Galt Street 94579 \$450,000

San Leandro

329 Best Avenue

510 Dolores Avenue

893 Hutchings Drive

**TOTAL SALES:** \$253.500 LOWEST AMOUNT: **HIGHEST AMOUNT:** 

**MEDIAN AMOUNT:** \$565,500 \$795,000 **AVERAGE AMOUNT:** \$535,389

\$432.500 3 BD - 1.164 SF - 1941

3 BD - 1,928 SF - 1939

3 BD - 2,100 SF - 1941

2 BD - 1,155 SF - 1942

3 BD - 1,024 SF - 1943

3 BD - 1,040 SF - 1951

3 BD - 1,397 SF - 1947

2 BD - 1,791 SF - 1939

2 BD - 811 SF - 1970

3 BD - 1,784 SF - 1975

4 BD - 1,565 SF - 1956

3 BD - 1 317 SF - 1947

3 BD - 1,160 SF - 1953

4 BD - 1,688 SF - 1965

3 BD - 1,156 SF - 1950 3 BD - 1 100 SF - 1958

3 BD - 1,114 SF - 1950

4 BD - 1,651 SF - 1999

#### San Lorenzo

1174 Via Coralla

Neither California Resource nor the San Leandro Times guarantees the accuracy or completeness of the information. Direct questions to: CalREsource@aol.com.

\$795,000

\$253.500

94577

94577

94577

#### Castro Valley

3455 Arcadian Drive \$885,000 3 BD - 1,823 SF - 1957 19686 Bernal Street 94546 \$720,000 3 BD - 1,552 SF - 1961 19020 Clemans Drive 94546 \$791,000 4 BD - 1,800 SF - 1953 2703 Darlene Court 4 BD - 1,900 SF - 1964 18467 Plymouth Drive \$639,000 3 BD - 1,000 SF - 1951 94546 5293 Proctor Road 94546 \$745.000 3 BD - 1.637 SF - 1962 4128 Ravenwood Place \$539,000 4 BD - 1,453 SF - 1970 94546 3 BD - 1.913 SF - 1966 5206 Reedley Way 94552 \$600,000 4 BD - 1,476 SF - 1952 4974 Heyer Avenue 4 BD - 2 262 SF - 1978 18815 West Cavendish Dr 94552 \$845.000

**TOTAL SALES:** 10 LOWEST AMOUNT: \$539,000 **HIGHEST AMOUNT:** \$885,000

MEDIAN AMOUNT: \$732,500 AVERAGE AMOUNT: \$723,300

#### THE TIMES CROSSWORD

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15			16						17			
18							19	20				
			21				22			23	24	25
26	27	28				29				30		
31					32		Ī		33			
34				35				36				
37			38				39					
			40				41			42	43	44
45	46	47			48	49						
50					51		$\top$			52		
53					54		T			55		

#### **ACROSS**

- Poke
- Crazy
- Take a stance?
- Bullring bravo
- Bloodhound's clue 13
- 14 Basin accessory
- Squid, on a menu
- 17 Rend Knapsack 18
- 19 Biz deg.
- 21 Waste no time
- 22 Ailment Actor Burr's role
- Lustrous black
- 30 Pirouette pivot
- 31 Addict
- 32 Turf Tittle
- Wire measure
- 35 Lamb's mama
- 36 Pinnacles
- 37 Antipasto ingredient
- 39 Rage
- Conventual 41 Shrimp recipe
- 45 "So be it"
- Milky Way et al. 48
- 50 Stead
- 51 Deadlocked
- Muumuu accessory
- "\_\_ have to do"
- Utility bill datum 54
- 55 Sanctions

#### **DOWN**

- Athlete
- Jai follower
- Sash
- Realm Saw
- Supporting
- Decorated
- "Loves me (not)" factor
- Leave unpaid
- 10 Vast expanse 11
- Blunder Detest
- Baseball need Fermi's bit
- Shower affection (on)
- Favorable votes
- the word"
- One side of the Urals
- Coffee, slangily
- 32 Monkey, at times
- Mountaineering tool 33
- 35 Flightless bird
- Esoteric
- Cancel Archipelago component 39
- Actor O'Shea 42
- Quick look 43 44 Fertility goddess
- "The Greatest"
- Cambridge sch. Moray, for one 47
- 49 Ms. Gardner

**ANSWERS ON PAGE 3** 

#### **ADVERTISE WITH EAST BAY PUBLISHING AND REACH OVER 65,000**

TO PLACE A CLASSIFIED AD

CALL

**1510-614-1558** 1510-483-4209

**EMAIL** Classifieds@ebpublishing.com

#### TO VIEWTHE CLASSIFIED ADS

Visit our Websites 24 hours a day

www.sanleandrotimes.com www.castrovalleyforum.com

2060 Washington Ave., San Leandro, CA 94577

#### **CLASSIFIED AD DEADLINE**

New ads, cancellations or ad changes: **MONDAY BY 5:00 P.M.** 

Call 510-614-1558 (Mon. - Fri., 9 a.m - 5 p.m.)

VISA, MASTERCARD & DISCOVER ACCEPTED

AUTOS / TRUCKS 10 words (3 weeks)

GARAGE SALES 10 words (1 week)

HELP WANTED 10 words (1 week)

MISC. FOR SALE (3 weeks)

**RENTALS** 10 words (1 week)

**SERVICES** 10 words

ALL CLASSIFIED ADS ALSO RUN FREE ONLINE! • AD MUST BE PREPAID WITH CASH, CHECK OR CREDIT CARD • ADDITIONAL WORDS ARE \$1.00 EACH CLASSIFIED ADS RUN EVERY WEDNESDAY IN THE CASTRO VALLEY FORUM AND EVERY THURSDAY IN THE SAN LEANDRO TIMES

#### **AUTOMOBILES/TRUCKS** CYCLES/TRAVEL TRAILERS

HONDA Accord 1999, Auto, runs excellent, New Trans, Sensors, Battery, Alternator, Starter, Red. Smogged. \$3,800 o.b.o. Call 510-692-5084 or 510-917-3474.

#### **CONCRETE SERVICE**

AFFORDABLE CONCRETE. Driveways, Walkways, Patios, Retaining Walls, etc. Lic.#868589. 510-575-1163

CV CONCRETE. FREE Estimates. Excellent Quality Work for over 25 years. Lic.#870781. 510-772-2537.

MP CONCRETE. Driveway, Patio, Retaining Wall, Asphalt, Hauling Lic.#1004427. Milo 510-502-9336.

NAI CONCRETE & LANDSCAPING. Patios, Driveways, Walkways, Asphalt, Stamp Concrete, Retaining Walls, Landscaping, Sprinklers, Tree Service, Drainage, Fencing, etc. Lic.#\_\_\_\_. Call 510-967-2447/ 510-512-5612.

#### **CONTRACTOR SERVICE**

#### NOTICE TO READERS

California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State Law also requires that contractors include their license number on all advertising. Advertisers appearing on this page without a license number indicate that the contractor is not licensed. You can check the status of your licensed contractor at www.cslb.ca.gov or (800) 321-2752. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board

**VIEW the CLASSIFIED Ads** Online at sanleandrotimes.com or castrovalleyforum.com

For help or for more info call 510-614-1558. E.B. Publishing

#### **ELECTRICAL SERVICE**

RABBOTT POWER COMPANY "Residential Specialist." Minimum charge just \$89. CA-Lic.#571675. Call 510-582-8556, 7:00am-7:00pm

#### EMPLOYMENT WANTED

Care Giver w/22years experience available. Housekeeping, cooking, dementia, have car, and tender loving care. Excellent references. 510-992-9085.

LOOKING FOR WORK? (Some restrictions may apply)

Limited Time Offer! You can run a FREE 15 word "Employment Wanted" ad. Ad runs in the San Leandro Times & Castro Valley Forum. Call 510-614-1558 to place an ad or for more info We really hope you find work!

#### FENCES/DECKS

A.T. WOOD FENCES & DECKS Fence, Concrete, Tree, Lawns, Painting, Cleanups. 510-507-1457/ 510-507-0968.

FENCE LEANING? Don't replace... repair and save! Call Randy 510-706-6189.

#### **GARAGE SALES**



#### **GARDENING**

\*\*D.A.'s LANDSCAPING\* Design/Installation Landscape Irrigation, Drip System, Concrete Cleanup, etc. Bus. Lic.#30229 Dominic 510-478-2448.

\*ANY YARD WORK. Cleanups Maintenance. Free Estimates. Call 510-798-1833.

\*BEAUTY GARDEN LANDSCAPING Design - Construction - Maintenance. Cleanups, New Lawn, Irrigation, Patios, Pathways, Brick, Stone, Concrete Fence/ Decks. Free Estimates! Lic.#925130. 510-691-8852

\*NAVA'S COMPLETE LANDSCAP-**ING:** Mowing, trees, cleanup/hauling. FREE estimates. 510-512-5857/ 510-356-8166

GUTTER CLEANING, Tree Trimming, Gardening Maintenance, Yard Cleanups, etc. FREE Estimates. Dale 510-506-8921.

#### GARDENING

(1 week)

JAIME'S GARDENING Maintenance, Trimming, Clean ups, Hauling, Sprinkler Repair/ Timers. FREE Estimates. Insured

510-299-9583 LUIS GARDENING & HAULING

**SERVICE.** Maintenance, Mowing Weeding, Cleanups, Hauling, etc. nsured. Unlicensed. 510-499-5453

#### **GIVEAWAYS**

2 patio wooden chairs with cushions in good condition. Call 510-258-6537

BALDWIN upright piano (black) in good condition with bench. Call 415-596-5372, San Leandro.

FREE - BALDWIN Organ in good condition. Also free office chair and white wicker chest of drawers. 510-677-7127.

## **HOME SERVICES DIRECTORY**

#### **Construction**

#### **BUILDERS UNLIMITED INC. General Contractor**

- Residential & Commercial
- O New Construction O Remodels / Additions
- O Bathrooms / Kitchens
- O C-8 Concrete License Tenant Improvements
- Soft Story Seismic Retrofits Free Estimates

#### 510-783-1979

builders-unlimited.com LIC. #894212

#### **Earthquake Retrofitting**

#### **AVANT-GARDE**

Your Local FEMA **Trained Earthquake** Brace + Bolt Specialist

> Also Additions Remodels & New Construction

FREE ESTIMATES 510-881-6573

LICENSE #1005420 www.Avant-GardeCE.com

#### Fences/Decks

## **Fence Leaning?** Don't Replace... Repair & Save!

**CALL NOW FOR YOUR** FREE ESTIMATE!

#### **Gardening / Tree Service**

#### PEKEZ Gardening & Maintenance TREE SERVICE

Pruning, Topping, Removing, Synthetic Grass Installation, Planting, New Lawns & Lawn Care, Sprinkler Systems, Lots & Hillsides Cleaned & Planted, Drainage/Gutters, Fences, Decks, Patios, Arbors, Concrete, etc.

#### CALL 510-385-2122

**EXCELLENT REFERENCES / SINCE 1994** 

INSURED / ALL WORK GUARANTEED / UNLICENSED

#### \* \* \* \* \* \* \* \* \* \* \* Heating & A/C

DynaTherm for advertising with us for over 3 years!

Thank-You...

#### Your Local HEATING EXPERT

- Repair What's There
- System Replacement
- Quality & Qualified • Safe & Reliable
- Reasonable Rates
- Old-fashioned

DynaTherm

436-5000

#### We truly appreciate all of our advertisers!

San Leandro Times / Castro Valley Forum

会会会会会会会会会

510-706-6189

Randy McFarland

Your Local

HEATING EXPERT

Repair What's There

• System Replacement

• Old-fashioned Service

DvnaTherm

Lic# 807462

436-5000

• Quality & Qualified

Reasonable Rates

• Safe & Reliable

## FREE ESTIMATES

#### *lender Loving Gare* House Cleaning Service

**House Cleaning** 

Family Owned Since 1980

WEEKLY • BI-WEEKLY • MONTHLY 🦟 Specializing in detailed cleaning tailored to your home NSURANCE FREE ESTIMATES

Email: PATTYATTLC@AOL.COM www.tlc-housecleaning.com 510-481-9193 BONDED & INSURED • ALL TAXES PAID

#### Roofing



Complete Residential & Commercial Roof Systems

#### (510) 357-5116 Call Now For A Free Written **Roof Analysis & Estimate**

Serving San Leandro & The Entire Bay Area. For Those Who Demand Superior Personalized Attention. SINCE 1975 / FULLY INSURED

#### |Roofing / Gutters / Solar



ALL TYPES OF ROOFING & GUTTERS P.V. SOLAR / SKYLIGHTS

FREE ESTIMATES SENIOR DISCOUNTS (510) 351-1922

621-A WILLIAMS • SAN LEANDRO STATE CONTRACTORS LICENSE NUMBER 260176

## **HOME SERVICES DIRECTORY**

*Utilize the best tool in your box...* Advertise!

Reach over 60,000 readers for one low price!

For more CASTRO VALLEY FORUM information San Leandro Times on how to advertise in this section, call Patrick at 614-1558.

#### **Roofing & Painting**

#### San Leandro Painting & Roofing

Family Owned Since 1966 • Bonded & Insured • Lic. #883326

Residential and Commercial Roofing
 Re-roofing
 Certified Roof Inspections

 Roof Repair • Rain Collection Systems • Attic Ventilation • Gutter Installation and Cleaning



#### **GIVEAWAYS**

FREE - Firewood (Plum tree), San area). U-haul. Call at 510-414-7607.

FREE - Foster & Co. 100 year old upright Player Piano. Player mechanism needs work but regular keyboard works great and is in tone. Call 510-582-5019.

Full size (14" thick) memory foam mattress in excellent condition. Call 510-247-3364

New wood flooring (appr. 150 sq.ft.) Call 510-537-8920

#### HANDYMAN SERVICE

CRUZ TREE SERVICE - Since 1994. Pruning, Topping, Removing, Synthetic Grass Installation, Planting, New Lawns and Lawn Care, Sprinkler Systems, Lots & Hillsides Cleaned and Planted, Weed Whacking, Drainage, Gutters, Fences, Decks, Patios Arbors, Concrete, Maintenance etc. Call Jose 510-294-9017.

HONEST RELIABLE HANDYMAN. Everything from garden prep to tile work. Deck refinishing a speciality. 510-385-1544.

TORRES, A PERFECT HANDYMAN •Honest •Dependable •Responsible Painting, Plumbing, Retaining Walls, Fences, Tiles, etc. FREE Estimates. 510-305-3205

#### HAULING SERVICE

\*SMALL/LARGE JOBS. trash, concrete, furniture. Low rates. 510-268-1412/ 510-328-8616

HAULING: Small and Big Jobs. Furniture, Concrete, Wood, Trash. Metal, etc. 510-715-1578.

at one low price!

**CASTRO VALLEY FORUM** 

San Leandro Times

DIRECTORY

**Painting** 

<u>Diego Painting</u>

FREE ESTIMATES

Lic. #855054 • diegopainting@comcast.net

(510) 331-6152

www.diegopainting.com

Residential/

Interior/

Exterior

Commercial

Power Washing

HOME SERVICES

#### **HEALTH CARE SERVICES**



LIFE ElderCare Inc.

Do you need VIP rides? Do you navé mobility, frailty, vision, or other impairments that hinder you rom shopping or seeing your doctor? See if you qualify for our VIP Rides Program. Trained drivers can provide you a ride and help you get to your destination. Call 510-856-9010 or email to: info@lifeElderCare.org Donations requested but no one is turned away for inability to pay.

#### **HELP WANTED**

Rep/ Customer Service Family Fitness Club needed to meet, greet and sign customers, office work, etc.

Also: Club Attendant / DSR needed to Observe and Maintain facility for Members, etc.

Also: Babysitters needed parttime to full-time. You must be experienced, reliable, responsible and be 18 or older. Required ackground check.

Apply in person at

1881 Astor Drive. San Leandro or get application at: www.BOVSWIM.com employment

Caregiver needed for Alzheimers patient. 24-hr shift, 1 or 2 days a week. Must speak English. Nonsmoker. Call 510-621-9245.

#### GENERAL

TRUCK DRIVER/ WAREHOUSE person needed for furniture store. Call 510-357-3000.

**HOME SERVICES DIRECTORY** 

#### **HELP WANTED**

Part-time work taking survey. Paid daily. Call Ron 661-522-2253.

#### Dignity.

S LIFE WELL CELEBRATED™ &

re you looking for a New, Powerful and Rewarding Career Path? We are HIRING for Sales

Professionals throughout the Bay Area Market! Excellent Sales Opportunity

while Assisting Families ~ Paid Training/Full Benefits, Earn Great Income/Set Your Schedule Please Email your Resume with Interest to:

marcella martinez@sci-us com Or Call: 408-795-2051 www.sci.jobs.com

#### **HEALTH CARE**

Direct Care Staff / DSP, to work with D.D. Adults in care home in San Leandro. Overnights, weekends and afternoons available. 6 months experience. Salary+benefits. 510-

#### House Cleaning

\*CONNIE'S NATURAL CLEANING Licensed/ Insured/ Bonded Make Your Home a Pleasant and Healthy Environment www.conniesnatural.com Call 510-506-5053

Cristina House Cleaning, free estimates, senior discount. Bus.-Lic. #121121. 510-825-0459.

**VIEW the CLASSIFIED Ads** Online at sanleandrotimes.com or castrovalleyforum.com

For help or for more info call 510-614-1558. E.B. Publishing

#### **HOUSE CLEANING**

#### WALTON'S JANITORIAL Licensed / Bonded / Local

For a SPARKLE CLEAN OFFICE or Home Windows • Floors • Carpets • Restrooms

Phone 352-7948

Member of S.L. Chamber of Comm.

#### MISC. FOR SALE

Batman Forever very rare full-size (new) 27"x41" theatre poster \$19 o.b.o. Call 925-735-1901.

#### **ELECTRONICS**

SAMSUNG 26" Color flatscreen TV in good condition. \$50. 510-581-2843.

#### FURNITURE

Sofa and Loveseat (dark green) cloth, exellent condition. Also color TV... all for \$350, 510-693-1193.

3 seat couch (1 seat reclines) brown leather, in excellent condition. \$50 o.b.o. Call 510-258-6537.

Corner shaped oak desk \$50, office chair (new) \$50 o.b.o. 510-882-0227.

Vibrating Massage Chair (heavy duty from head to toe) ... Built to last a lifetime. \$100 o.b.o. Call 510-258-6537

#### **HEALTH & FITNESS**

PROFORM 585TL treadmill with manual (excellent condition) \$850. Call 510-538-6541.

#### HOUSEHOLD

ESTATE/ MOVING SALE. Selling Everything! Call 510-258-6537 or 510-407-1533 for appointment.

Bone China 6-place setting for 12. \$275. Call 510-582-1134.

#### MISC. FOR SALE

#### **S**PORTS

X Games Freestyle (Rotate) Scooter \$15. Call 510-677-2829.

#### Various Items

Attention hobbyists and modelers: CARBON SURPLUS - Rods, tubes, plates, sandwich panels, laminates, and fiberglass ply. 510-576-9984.

#### MUSICAL Services Lessons

EAST BAY MUSICIAN - Lessons,

#### **REAL ESTATE AGENTS**



Are you interested in buying or selling a home or property? Would you like the help of a Professional Agent?

For assistance call ...

\*SCOTT HARRISON - Realtor Coldwell Banker 510-388-4536

#### RENTALS

#### **CWP**

Property Management 510-352-6310 www.cwpmgmt.com 198 Juana Avenue, S.L. Need a rental property before the holidays? We can assist you!

FREE RENTAL LISTINGS FREE Online Tenant/Owner Access

#### **APARTMENTS**

Castro Valley 2-bedroom, 1-bath, Walk to BART and Village. Gated, laundry, pool, fitness. \$1,795. 510-582-8389

www.bartplazaapartments.com

Hayward 1-bedrooms \$1.245 -\$1,345, 2-bedrooms \$1,545 & up (check availability). Patios, balconies pool, ample parking, storage, spacious. 510-887-6633.

\$1,100+, 2-bedroom \$1.400+. Balcony, patio, pool. 510-581-4702.

LANDLORDS - Advertise your units! A vacancy day is money lost forever ... R. Bowman

#### RENTALS/ROOMS

San Leandro 2-rooms available near S.L. BART. Background check. 510-693-1193.

#### RENTALS/WANTED

WANTED: Room/ studio w/private bath for couple w/excellent references. 510-638-3682.

#### **S**ERVICES

**SELL YOUR CAR OR TRUCK** with a Classified Ad For more info or to place an ad call 510-614-1558

San Leandro Times/Castro Valley Forum

#### TREE SERVICE

\*A CAREFUL TREE SERVICE. ming, Removals. FREE Estimates. Bonded. Call 510-581-7377.

#### Your Info

Advertise your Home for rent in the San Leandro Times & Castro Valley Forum DON'T LET ANOTHER WEEK SLIP BY! A vacancy day is money lost forever – To place an ad call **510-614-1558** 

LANDLORDS - Advertise your units! - A vacancy day is money lost forever -

#### Attention Classified & **Home Services** Directory Advertisers

**VIEW the CLASSIFIED Ads** Online at

sanleandrotimes.com or

castrovalleyforum.com

For help or for more info call

**510-614-1558.** E.B. Publishing

Classified & Home Service ads run in both the Castro Valley Forum and San Leandro Times.

**TOTAL CIRCULATION** 60,500

Call Patrick at 614-1558 for details and rates.

**BUY, SELL & SAVE** 

HERE IN YOUR LOCAL MARKETPLACE

CastroValleyForum.com



Help for the homeowner means business for you!



ADVERTISE YOUR BUSINESS IN OUR **HOME SERVICES DIRECTORY** 

CALL 614-1558

#### **ATTENTION LANDLORDS**



You may rent your property with a sign in the window or with an ad on the internet... But why not also advertise your rental in both the San Leandro Times & Castro Valley Forum for as little as \$25, and reach over 60,000 readers! TO PLACE AN AD, CALL 614-1558

#### Need Remodeling? How about a new kitchen or bath?



CHECK OUT OUR **CLASSIFIED ADS** 

HOME SERVICES **FOR HELP!** 

## **THANK-YOU**

for supporting the Castro Valley Forum and San Leandro Times!



We greatly appreciate our many advertisers who make it possible for us to publish these newspapers.

#### Roofing

**REACH OVER 60,000 READERS** 

For More Information, Call 614-1558

Advertise your services in

both of our newspapers...



BBB

FAMILY OWNED & OPERATED

Plumbing

**CAPELLI PLUMBING** 

& DRAIN CLEANING

Compare
Our Prices!
FREE ESTIMATES

Military & Senior Discounts
Family Owned & Operated

510-969-4358

LIC. #904794

24/7 SERVICE

Over 25 Years Experience
Reroofs • Repairs • Seamless Gutters
Dry Rot Repair • Seamless Gutters (Pre-painted)
FREE ESTIMATES

\$200.00 OFF COMPLETE REROOFING WITH TEAR-OFF One Coupon Per Customer • Expires 12/31/16

(510) 538-1530

We Specialize in Residential Roofing

Serving Castro Valley &

**Big or Small** — We Do It All!

### Handyman

# HARDWOOD FLOORING

San Leandro for 28 Years

(925) 548-4202

## **FERREIRA'S**

Sand • Install • Refinish Glista • Oil Base

**Hardwood Flooring** 

25 Years Experience **FREE ESTIMATES** Call Jeff Today!

510-366-6491 Lic. #803455

## **Plumbing**

## Service 4 Plumbing

www.service4plumbing.com (510) 614-5887

Bonded & Insured • CA License #1004766 24-Hour Service FREE ESTIMATES • Se Habla Español



## Low Water Pressure?

25 Years in Business!

MEMBER Re-Piping Old Galvanized Pipes With Copper Type "L"

MENTION THIS AD AND RECEIVE 15% OFF YOUR NEXT PLUMBING SERVICE

#### Roofing

#### BANNER ROOFING CO.

★ New Roofs ★ Re-Roofs \* Roof Repairs ROOFING TYPES RESIDENTIAL ASPHALT SHINGLES COMMERCIAL

FIREPROOF TILE & SLATE CEDAR SHINGLES METAL ROOF SYSTEMS TAR & GRAVEL PROFESSIONAL SINGLE-PLY SYSTEMS

ALL TYPES OF **GALVANIZED 5". 6" & 7"** ROOF REPAIRS **CLEANING & REPAIRS** WORKMANSHIP

LICENSED / BONDED / INSURED • 2424 CLEMENT ST., ALAMEDA

LIC # 657692 FREE ESTIMATES SENIOR DISCOUNTS 5-4433

## **GUTTER TYPES**

Your Local

Plumber!

SEAMLESS ALUMINUM, PREPAINTED IN 20 COLORS COPPER GUTTER SYSTEMS **OVERHANG SOFFIT & FASCIA** 

San Leandro Times THURSDAY, NOVEMBER 24, 2016

## **Food:** Donations can include personal favorites

continued from front page

bank in bulk, so people wind shelters, and programs. up with the same food over and giving ethnic food and personal produce. favorites.

unteers take carts just like a food because of deals they have shopper and go though the food bank's large warehouse on Edgewater Drive in Oakland near the

what they'd like to have in their balanced," said Altfest. "That's also what we like to try to get the word out on for donations – focus to eat yourself."

bank gets its "variety" says Alt- is boxed and distributed to 240

The food bank uses monetary over, but the individual donations donations to buy perishable items mation on the bank's "share our are more diverse, with people such as meat, milk, and fresh

The bank can turn one dollar After the food is sorted, vol- in cash into six dollars worth of set up with farms and food companies, Altfest said.

food bank's website allows peo-"They pick out food based on ple to shop and choose individual Alameda County or make an items at an online grocery store own cupboard and try to keep it and then pay with a credit card, so they can choose exactly what or by sending a check to the Althey want to give.

The food bank says the groon nutrition and what you'd want cery items they need the most are canned fruits and vegetables,

butter, pasta and tomato sauce, visit the accfb.org website. Altfest. Most food is bought by the Alameda County soup kitchens, beans, rice, soups, cereals and fest says that individuals, church powdered milk.

> The website also has inforholiday" program which allows people to link their friends and be referred to a source that can family to give a donation to the provide groceries and hot meals, food bank in lieu of holiday gifts.

If you are interested in donating, you can drop nonperishable over 3,000 referrals each month. foods in one of the 300 barrels A "virtual food drive" on the that have been placed in grocery stores and other shops all over online contribution at the food bank's website (www.accfb.org), ameda County Community Food Bank, P.O. Box 2599, Oakland,

If you would like to volunteer 2 to 6 p.m.

After "shopping," the food canned meat and fish, peanut to help pack and distribute food, groups, schools, and companies are all welcome to volunteer.

And if you need food, call (800) 870-FOOD and you will usually the same day. The Alameda County Food Bank makes

#### **Memory Cafe Open Every Thursday**

or 876-5880.

Memory Cafe, 294 Broadmoor Blvd. in San Leandro, is a Community Center of St Peter's dementia and their caregivers to teers of the nonprofit, Memory and awards. come for a cup of coffee and time DayByDay and help celebrate to share stories and a sense of everyone's history and life. For community every Thursday from more information, call 931-9336

#### Club Winter Basketball The Boys and Girls Club of and competitive basketball expe-San Leandro is now taking sig-rience. Each player is evaluated nups for its Winter 2017 instruc- prior to being assigned to a team tional basketball program for all so that all teams have a balanced

Sign Up for Boys & Girls

6. The league begins Jan. 18.

is designed to give players a fun they will have an opportunity to

boys and girls in grades 3 through number of veterans and rookies. All players are required to The Boys & Girls Club of play two quarters per game, so San Leandro basketball program no matter the child's ability level,

the action. The basketball program fee The cafe rents space in the is \$85 for current "After School" registered members or \$95 for comfortable place for people with Lutheran Church. Join volun- all others and includes uniforms

be on the court and be a part of

The club is also looking for volunteer coaches for the program. For more information, call Ross Lim, at 483-5581.

## LOCAL DEATHS

#### SANTOS-ROBINSON MORTUARY

Supporting Local Churches and Families for Over 80 Years —

#### **FUNERAL AND CREMATION PROFESSIONALS**

Traditional Services • Cremation Options Pre-Arrangements

Serving All Faiths and Cultures

510-483-0123 www.santos-robinson.com CA LIC. FD-81



**BISBIGLIA**, Anthony FARIA, Lorraine K. HOLDEN, Herbert A., M.D. HOWARD, June PAGANO, Erminia RAMIREZ, Blanca E. SOUSA, Annie Rego

2016 at age 96. A celebration of life was held at San Leandro Funeral Home on Nov. 22.

■ RAMIREZ, Blanca E. (Oc-

TIMES OBITUARIES may be faxed to 510-483-4209 or emailed to: obits@ebpublishing.com. Include a phone number. For help, please call Patrick at 510-614-1558.

■ FARIA, Lorraine K., a life-tober 24, 1953 – November 18, dent of San Lorenzo passed away and spending time with family Park in San Mateo.

> ■ SOUSA, Annie Rego, (July 22, 1919 – Nov. 17, 2016) a resi- in Danville at 11 a.m.

San Leandro

**Funeral Home** 

407 Estudillo Ave.,

San Leandro, CA 94577

510.483.5300

www.sanleandro-fh.com

**Serving All Faiths** 

Reception Room & Kitchenette

Dignity<sup>\*</sup>

Large Chapel

long resident of San Leandro, 2016), a resident of Castro Valley, on Nov. 17, 2016. In loving mempassed away n November 16, passed away peacefully on No- ory of a kind and thoughtful spirit, vember 18, 2016, surrounded by Annie, a Financial Analyst at NAS family and friends. Blanca loved Alameda for 32 years, was martraveling, gardening, reading, ex- ried to Richard Rego, Sr. for 41 ercising, shopping at Nordstrom years until his passing, and to John Sousa for 10 years. She is survived and friends. She left us too soon by her 3 children, Beverly, Richard and she will be missed greatly by and Steven; 5 grandchildren, Sherall those who knew her and loved ri, Cory, Ben, Jesse and Vanessa; her. Memorial services were held and 8 great-grandchildren, Zachaon Nov. 22 at Skylawn Memorial ry, Max, Taylor, Samantha, Randy, Debra, Roman and Lily. A ceremony of her life will be held on Saturday, Nov. 26, at St. Isidore's

New Location - Stanton House



CREMATION SERVICES

Funerals at Your Place of Worship **Jay Spencer - Director** 

Call for appointment (510) 317-7890

1700 Norbridge Ave., Ste. D, Castro Valley www.DeerCreekCremation.com

**LAWYER** ■ Wills & Trusts ■ Benefits, ERISA QDROs 510-633-9985

SARA L. ENNOR

friends and family informed with a subscription to the Times! ■ Did you know that the Times will

Keep your out-of-town

mail the paper to anyone in the

Call 614-1555 for details!

## Herbert A. Holden, M.D.

Herbert A. Holden, M.D. was born on January 7, 1920. He established a family practice with his medical school colleague, Michael Corbett, and his partner, Dr. John Simpkin. Finding this busy practice focused on women and children very satisfying, he served the San Leandro community for 45 years, until 1995.

Early in his practice of medicine, Dr. Holden became a leader in the medical community. Partnering with several other young physicians, they established and developed a badly needed 100-bed general hospi-

tal, Doctors Hospital of San Leandro, which was later acquired by the Humana hospital organization. Dr. Holden retired to Palm Desert in 1995 and enjoyed golf, travelling, family and his faith. Dr. Holden passed away on August 8, 2016 in Rancho Bernardo, California.

He is survived by 4 daughters, 8 grandchildren, 11 great-grandchildren and 5 great-grandchildren.

Dr. Holden's professional accomplishments included: 1948 President San Leandro Kiwanis Club, 1960 First Chief of Staff at Doctors Hospital San Leandro, 1969 President of Alameda-Contra Costa Medical Association, 1967 President of California Academy of General Practice, 1974 National President of the 60,000-member American Academy of Family Practice, 1974 National President of the certifying Board of Family Physicians. Also Member of the AMA Delegation from California, Director of Blue Shield – Member Medical Liability Commission, Director of the American Board of Family Practice and a Member of the Council of Medical Specialty Societies.

In lieu of flowers, the family is requesting that donations be made to the Seventh Day Adventist Church of Palm Springs, 620 S Sunrise Way, Palm Springs, CA 92223.

## Erminia P. Pagano

Erminia (Babe) Pagano of San Leandro passed away November 4, 2016 at age 90. She is survived by her sons, John (wife Linda) and Robert; grandchildren, Kevin (fiancée Cori), Tommy (wife Madie), Jacqui (husband Chris) and Kirsten (husband Andy); great-grandchildren, Marissa, Gwendolyn, Madeleine, Ryan and Nicholas; cousins, Mary Ann Orlando and Marjorie Pagano; and brother-in-law, Eli Tonini.



Preceding her in death were her Italian immigrant parents, Erminio and Palmira Bertero; her brother, Cesare (Chea) Bertero; her sister, Theresa (Elsie) Tonini; and her husband, Domingo Pagano.

Erminia was born on March 30, 1926, grew up in San Lorenzo and graduated from Hayward High in 1944. She worked for Bank of America and married Domingo on November 2, 1947 at St. John's Catholic Church in San Lorenzo. Babe was a member of Buon Tempo Club, San Leandro branch of ICF and St. John's parish. She was an avid Oakland Raiders fan and was a season ticket holder for many years. She was also a member of the Southern Alameda County Raiders Boosters and traveled to several out-of-town games.

Our family is most appreciative of the wonderful care that Babe received these past three years from Marymount Villa's Memory Care staff in San Leandro and Vitas Hospice Care.

In lieu of flowers, the family requests donations be made to the Dementia Society of America, P.O. Box 600, Doylestown, PA 18901, www.dementiasociety.org) or the Brain & Behavior Research Foundation, 90 Park Ave., 16th Floor, New York, NY 10016, www.bbrfoundation.org (for Schizophrenia).

#### **Serving Families In Our Community** With Compassion and Service Excellence June G. Howard wife of the late Robert W. How-

ard, lived in San Leandro since 1954. Born on Sept. 9, 1921, June passed peacefully surrounded by family on November 18, 2016.

She is survived by her 3 children, son Gary Howard, daughter Bonnie Howard and son Kenneth Howard; 4 grandchildren, Kelley, Kimberly, Robert, Jenna; and 6 great-grandchildren, Josh, Tara, Mathew, Charlotte, Aiden and Aleana.

At her request, no services will be held. If donations are desired, please send them to: "Best Friends" Animal Sanctuary, 5001 Angel Canyon Road Kanab, Utah 84741, or local shelter if pre-

## Anthony (Tony) Bisbiglia

April 16, 1954 - November 18, 2016 • Resident of San Leandro

Tony passed at St. Rose Hospital on the morning of November 18, 2016 at the age of 62, due to complications from multiple strokes. He was a native of Oakland and attended Skyline High School.

He was in the graduating class of 1972. Tony's career in the electrical distribution industry spanned over 35 years. He moved to San Leandro and lived with his mother for 20 years before it became necessary for him to move to a board-and-care home in San Lorenzo due to medical needs. Tony loved sports, especially the New York Yankees and San Francisco 49ers. Tony was

His father, Vincent, and mother, Madeline Bisbiglia, preceded Anthony in death. Tony is survived by his brother, John Bisbiglia of Sacramento; his cousins, Frank and Nick Lima of San Leandro, and Al and Gary Russello of

Service was held at Santos Robinson Mortuary, 160 Estudillo Ave., in San Leandro on Nov. 23. Burial immediately followed at Holy Sepulchre Cemetery in Hayward. In lieu of flowers donations to a favorite charity can be

## PINION

## LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and must be under 300 words. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

#### Why Did City of San Leandro Kick Football Team Off of its Field?

Last week the San Leandro Parks and Recreation Department kicked the San Leandro Crusaders youth football team off of the fields that they have used for almost 50 years. There were two weeks left in the season and it seemed no one cared.

The team was forced to use the field at Madison school, a field that doesn't have lights, and isn't in proper, safe conditions for the players and cheer leaders. We had provide the lights and remove them after each practice. The reason given to us was the field was closed for maintenance.

I haven't seen any maintenance at the Pacific field the past week. To move a few hundred kids 7 to 14 years of age to an unsafe facility doesn't make any sense.

Many of our kids go on to play for San Leandro High School and neighboring high schools When the city needed the bond to upgrade the facility, they had no problem coming to us and have our organization sign on and promote the bond. But once the upgrade was completed we have had to beg and fight for the space.

We don't get the fields for free. We pay for the use of the practice field and Burrell Field, a major cost to us. We get no funding from the city.

When we contacted council members and the mayor's office asking for 10 more days to finish the season we were told the field was closed for maintenance.

The Crusaders program has served thousands of kids since 1968. I would think the city would be a better partner with a organization serving the city's youth.

> —Dennis Neal San Leandro

#### **Proud of City for Putting OSI** Statue in a Public Place

Editor:

I was fortunate enough to be at the dedication of Truth is Beauty last month and see her lit for the first time in San Leandro.

The inscription at the base of this work says "what would the world be like if women were safe." Sadly, women are not safe and even this beautiful work of art is not safe.

I keep hearing her described as "the naked statue in San Leandro." She is not naked. She has her own skin of mesh with steel bones and light glowing from the inside out. She is comfortable in her own skin; just as all women should be.

For those who look at her and see "pornography" I am wondering if you have ever seen real porn? I wonder if you have seen the ugliness of someone whose skin cannot cover the pain which leaks from inside of them from having been abused by a person with power over them.

I am glad Truth is Beauty is here and find nothing offensive about her. She is joyful to me and having had

the opportunity to hear her model sing helped me understand the joy of being safe and strong in your own body. I am also very proud of my City and OSI for placing THIS art in a public place. I am just glad it was not a statue of some **Police Use of Force a Character** guy on a horse raising a sword...

> -Moira Fry San Leandro

#### Wants a Cap on Rent Hikes For Low Income People

Editor:

As a concerned citizen of San Leandro, affordable housing should be accessible to people with low income. Gentrification is a plague as we know it in the Bay Area. The residents of Trailer Haven are working class people just barely making ends meet. The rent hike is absurd as we can see that residents are struggling to pay it.

San Leandro is one of the last places in the Bay Area that low income people can afford to live.

If new management increases rent and people are forced out there will be consequences. People will likely end up on the streets and homelessness will be prevalent. Since there is no rent control, city council members should put a cap so that property owners cannot increase it. Thus, renters will not have to deal with rent hikes in the future just because a new owner comes in and tries to push residents out due to low income.

> -Kris Marco B. Ramirez San Leandro

#### Does City Need a Better **Training Program for Police**

I wonder if, as Mayor Cutter put it, the "new exciting and innovative projects" funded by NN, OO, and PP include the \$175K settlement for the excessive force lawsuit.

As I have said before, police officers have a disagreeable and often dangerous job that most folks, including me, wouldn't have under any circumstances. I can't image the anxiety that the officers and their families face on a day-to-day basis. However, anytime a problem surfaces or is litigated, part of the remedy includes training, or additional, training.

It makes me wonder what is included in the police academies' curriculum. Could some of this money be used to ensure a complete training program?

I also wonder if NN, OO, and PP funds, plus the anticipated "weed money," can be used to provide toothbrushes, toothpaste, soap, socks, and underwear for the homeless. In addition to these items, I'm certain that Chinese, or some Third World country-made washcloths and towels can be purchased at Walmart for relatively low prices. Perhaps the leftover money from this windfall could be used to support the warming shelters.

It always seems that when local, state, and federal governments fail to address the needs of their citizens the "hat gets passed around." Along with the Davis Street Family Resource Center, Building Futures (which provides

help for battered women and their kids, as well) is truly worthy of any and all donations throughout the year. Their needs persist all year, not just at Thanksgiving or Christmas time.

I'm all for public art and efforts to make downtown San Leandro as appealing as B Street in Hayward. But before we get too excited or innovative, we might re-examine our priorities.

—Jeff Sturm San Leandro

Editor:

Regarding "City to pay 175,000 dollars for Cops use of force.'

A person sitting in a vehicle ,minding his own business is approached by the Police and ends up battered arrested and charged with a number of serious crimes. The bogus charges are dismissed and the City has to clean up

When is this madness going to end? When are the Police who abuse their authority and citizens, going to be held accountable for these continuing outrages? When are the individuals, who violate peoples, rights then lie on official documents, going to be charged themselves and punished?

This is not a training issue. This is a character issue. The Cops who are doing these things are unfit and need to be gotten rid of.

> -Vernon S. Burton San Leandro

#### Trump Victory: Can't Amend the Constitution Retroactively

Editor:

Mr. Capo ("On Trump Victory: 'We Have to Undo This Fiasco ASAP." Letters, Nov. 17), retroactively amending the constitution because your candidate lost is absurd because both candidates ran their respective races with winning the electoral vote in mind. Had they run solely for the popular vote the final tallies would have looked drastically different.

How many Trump voters abstained in CA, OR, NY, WA (etc.) because they knew their vote was irrelevant? Likewise, how many Hillary voters abstained in TX and the south for the same reason? Asking the Electors to flip their vote is ridiculous.

Second, in your listing of Presidential quotes you left a few out – most notably "I did not have sexual relations with that woman...Ms. Lewinsky." -Bill Clinton. Nor did you mention the fact that Thomas Jefferson had upwards of 200 slaves at Monticello. Lincoln was perhaps the most hated President in history (rightly or not) while he served.

The point is this; no candidate is perfect so to throw stones whilst living inside the proverbial glass house is risky business. How about Obama's labeling of that "JV" team over ther in Syria, or the abomination that is the ACA, or the current state of civil unrest being at its worst since the '60s? You blame trickle-down economics while conveniently omitting the catastrophe that is NAFTA.

Third, tossing around judgmental catch phrases is losing its bite. Suddenly, if you're a citizen concerned with the proper vetting and background checks on undocumented immigrants you're a racist xenophobe. The world we live in is hostile towards freedom

and democracy, the borders must be regulated and monitored. It's not PC, it's just reality. Has nothing to do with "hating" people from other countries.

Blind partisanship is intellectually dishonest and tired. Trump was elected, in large part, because of his candor regarding issues that aren't popular to talk about.

> —Dale Stricker San Leandro

#### An Open Letter to **FBI Director Comey**

Dear Director Comey:

I am a private citizen writing you to express my dismay and horror that you would interject yourself into the past general election cycle!

You may have done a service for your agency; however you have done a much greater disservice to your country!

The time is passed for petty politics; now is the time to come to the aid of your country and safeguard the liberty and freedoms fought so hard since our creation of our nation-state.

You still have a chance to redeem and savage what reputation that you may still have...

The choice is up to you, sir!

-Robert DelRe San Leandro

## INQUIRING REPORTER

#### What are you thankful for?

— Asked at Estudillo Center on MacArthur Boulevard

I'm thankful for my family - my husband, brother, sister and my nieces and nephews. We do a pot luck. I do the turkey and potatoes, my sister makes the string beans and yams, and my brother-in-law brings dessert.

> Jan Kayler Oakland





Just for life and a family that stays united as a team, and staying united as a country. Keep fighting for a better life.

Oscar Jauregui Oakland

I'm thankful for being alive. I had open-heart surgery. I'm blessed to be alive.

> **Ron Mouton** Oakland





I'm thankful for friendship for all the friends I have. We eat, drink and laugh.

Mary Lillevand San Leandro

We're thankful for our family and our health. We're just happy we can all get together.

Sheila Balthasar and Ann San Leandro



San Leandro Times

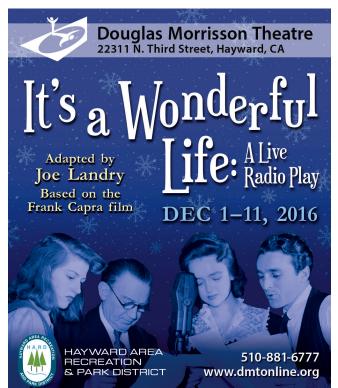
## Pets of the Week





Malani

**Pixie** 



The Pets of the Week from the Hayward Animal Shelter, 16 Barnes Court in Hayward, are Malani the bunny and Pixie

Malani is an outgoing and curious bunny. She does well with handling and enjoys hay and vegetables. She's spayed and ready to go to a loving family.

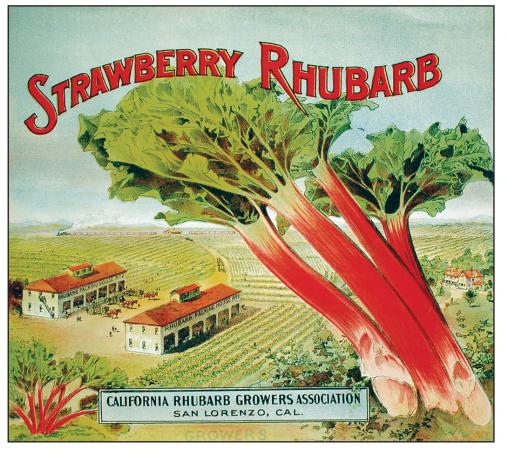
Pixie is a young gal who can be a bit timid when first meeting new people. She warms up with a little TLC and enjoys being held and getting her chin scratched.

For more information on Malani or Pixie, call the Hayward Animal Shelter at 293-7200.

### **Holiday Concert** At the DMT

The Douglas Morrisson Theatre Chorus presents a Holiday Concert under the musical direction of Cesar Cancino Thursday through Saturday, Dec. 15 to Dec. 17, at 8 p.m.; and on Sunday, Dec. 18, at 2 p.m. at the Douglas Morrisson Theatre, 22311 N. Third St. in Hayward.

Hear classical sacred works, popular holiday songs and jazz, as well as audience sing-a-long pieces. Tickets are \$18 adult, \$15 for under 30/over 60 and \$12 for vouth/student. For more information, go to www.dmtonline.org or call 881-6777.



## San Lorenzo Heritage **Society to Host Open House**

The San Lorenzo Heritage sociation, 377 Paseo Grande in San Lorenzo and San Leandro. Society will have historical items, San Lorenzo. original produce box labels, and Nov. 29, from 10 a.m. to 6 p.m. more items for sale. at the San Lorenzo Homes As-

They will also have handrecipe books for sale at its annual made Christmas gifts, ornaments, were shipped out on the Southern Holiday Open House on Tuesday, potholders, aprons and many Pacific Railroad. The boxes had

Rhubarb fields once covered available at the open house.

The harvest was in March and April and thousands of boxes colorful labels like the one above,

