



Welcome to the Quentin Road Christian Preschool

Welcome to the Quentin Road Christian Preschool! We would like to share some helpful tips:

- Please bring a backpack with a complete change of clothes each day that your child attends school. Put your child's name on the backpack. Spills do happen! If your child is not potty trained, please send enough pull-ups for each day. There is an extra charge of \$15 per week for kids who aren't potty trained.
- Please apply sunscreen to your child before dropping them off at school. If needed, we will reapply it in the afternoon. You do not need to send sunscreen to school. We will provide it.
- Tuition is required one week in advance (Ex. Tuition for the week of August 17th will be due on Monday, August 10th. Payments can be made at school with cash or check. Credit/debit payments can be made at camp or online but do have a 2-3% convenience fee added. There is a tuition box in the lobby for your convenience.
- Birthdays are a special part of the school year. You are welcome to bring in treats if you would like. We do have students with severe food allergies. Please help us keep the children safe by not sending any nut products to school.
- Check your emails and turn on your Brightwheel app notifications – this is how we will communicate any pertinent school information to you.
- We require a three-week written notice for any schedule changes. You can submit these changes online [at www.qrcp.org/schedule-change-form](http://www.qrcp.org/schedule-change-form).
- We can only administer medication if we have a medicine authorization form filled out by your doctor. These forms are available in the school lobby and on our website.
- Make sure your child has breakfast – a hungry child is not able to focus! (Please let us know if your child has any food allergies). We do provide breakfast before 8am, lunch and two snacks for kids enrolled in the full day program. Lunch and one snack are provided for the half day program, and one snack is provided for the 2.5-hour preschool program. Children are welcome to bring their own lunch from home if it doesn't contain any nut products and is in a

disposable bag. Due to time constraints, please keep in mind that we do not provide refrigeration or microwave use for lunches.

- Please don't send your child to school if they aren't feeling well. Please notify us right away by filling out the school absence form at www.qrcp.org/absenceform.html. They need to be fever free without the use of fever-reducing medications, vomiting or diarrhea for at least 24 hours before they return to school and should bring a doctor's note if they exhibited any signs of COVID-19.
- It is normal to be nervous as you send your little one off to school but remember that you are giving them a gift by teaching them independence. Starting school is one of the most exciting times, but drop-off can be hectic and sometimes teary. It may not help your child for you to say things like, "I'll miss you" and might even make them feel more anxious if you prolong your goodbye. Stay positive and let them know that you are going to do some "mommy/daddy" work while they stay here and play, and that you will be back later. You can also watch them from the monitors in the preschool office, and we will call you if we need you. Your child is in loving, caring hands!
- Remember that preschool is all about learning through play. Many times parents focus on teaching their children to read and write, but doing puzzles, learning shapes, painting and playing in groups, are all very important (and oftentimes overlooked) steps on the ladder to reading and writing, and eventually, success in elementary school. We don't expect a baby to walk before he learns to crawl, so we shouldn't push our kids before their ears, eyes, minds and fine motor skills are ready!
- Please do not leave your cars running unattended in the parking lot. Also, please observe the posted speed limit in the lot and driveway.
- All portable games systems, electronic devices and cell phones should be left at home.
- Every child is required to submit an Illinois Certificate of Child Health Examination Form before they attend.

COVID-19 Prevention:

- Class sizes will be limited to 15 kids. We will do our best to prevent interaction with other classes and to keep the same teachers with the class to limit exposure to more people.
- We are not going to use drinking fountains at school, but we will provide disposable cups of water. Your child is welcome to bring a water bottle from home as long as it goes home daily to be cleaned.
- Meals will be served in the classrooms instead of the cafeteria to keep classes separate.
- Only one class at a time will occupy the playgrounds and gymnasiums.
- Social Distancing – we will try to keep the kids spread out when practical (lunchtime, nap time, story time, craft time), but we don't want them to be anxious about this or get upset because we won't let them play with their friends. They will interact with only the 15 kids in their classroom, but not with

any other classes. We have 43 acres and we plan on using all of them to give everyone space.

- We are asking parents to drop off/pick up children from the lobby rather than walking through the building. Feel free to send us a Brightwheel message when you are on your way and we can have your child waiting for you in the lobby.
- We will take temperatures for all kids upon arrival and have them clean hands and shoes before entering the classroom. We will clean hands before and after each activity throughout the day.
- We do have a nurse on staff to do health checks and make sure that we are all washing our hands correctly.
- We would like to encourage the kids to wear their face mask while indoors at camp as much as possible throughout the day. They are allowed to take them off if they can't tolerate them.

Face Masks:

Here are the Governor's Office of Early Childhood Development guidelines:

- When possible, and at the discretion of the parent or guardian of the child, programs should encourage wearing face coverings for children age 2 and older who can safely and appropriately wear, remove and tolerate masks.
- Face coverings should not be worn while children are napping, but physical distancing should be practiced instead.
- Face coverings need not be worn while engaging in active outdoor play as long as children are able to keep physical distance from others.
- If wearing the face covering causes the child to touch their face more frequently, staff should reconsider whether the face covering is appropriate for the child.

With these guidelines in mind, this is what we are striving for at Quentin Road:

- All children will be encouraged to wear masks in the common areas where they may come in contact with children from other classrooms (ex. hallways and lobbies). Preschool children can take them off while in their own classroom if they need a break from them, in the playland, in the gym, and while outdoors. There are hooks for them to hang their masks on when they are not wearing them. Grade school children (Kindergarten and up) will be encouraged to wear their masks while in the classrooms since they come from a variety of classrooms at their other school and on the buses.

Thank you for your cooperation. We are looking forward to an awesome school year!