

**Resource List: Women with Children**

**The Next Door (A/D treatment)**

402 22nd Avenue N., Nashville, TN

Services offered:

- Affordable housing for Women and Children
- Family therapy
- Life Skills Classes
- Individual and Group Counseling
- Psychiatric Evaluation
- Medication Management
- Recovery Work
- Educational Groups
- Trauma Work

Accepts most major insurance plans including TennCare, Magellan, Amerigroup, BlueCare, United Healthcare, Blue Cross Blue Shield, Aetna, Humana, Cigna, Beacon, and ComPsych. The Next Door also offers scholarships.

Contact at (615) 251-8805. Clients can be referred at (855) 863-4673.

**Renewal House (A/D Issues)**

3410 Clarksville Pike, Nashville, TN

Services offered:

- Recovery Housing with Children
- Pregnant & Postpartum Outpatient Treatment
- Parenting Classes
- Children's Mental Health Services
- Case Management
- Children Developmental Assessments
- Parent-Child Interactive Therapy
- Life Skills
- Employment Support Services
- Peer Support

Must meet individual program eligibility requirements.

Contact (615) 255-5222 for more information.

**Nashville Mission**

1716 Rosa L. Parks Blvd., Nashville, TN

Services offered:

- Emergency Shelter
- Clothing
- Food
- Case Management
- Counseling
- Spiritual Classes
- Parenting Enrichment
- Education Assistance
- Work Therapy

Contact at (615) 255-2475.

### **The Rainbow Program (A/D Issues)**

Lloyd C. Elam Mental Health Center at Meharry Medical College

Services offered:

- Residential, Intensive Outpatient, and Outpatient Treatment
- Parenting Classes
- Mental Health Services
- Medication Management
- Transportation
- Referrals for Necessities (i.e. food, clothing, shelter)
- Family Counseling
- Family Planning Services
- Childcare

Contact (615) 327-6808 for more information.

### **Mending Hearts (A/D issues)**

1000 43rd Ave. North, Nashville, TN

Services offered:

- Affordable Housing
- Recovery Community
- Relapse Prevention
- Individual and Group Therapy
- Support Services

Contact (615) 385-1696 for more information.

**The F.I.N.D. Design (For Parents & Children 13-18)**

Antioch, TN

Services offered:

- Parenting Education
- Life Skills & Developmental Skills for Child
- School Performance Assistance
- Preventative Measures for Court System Interaction for Child

Must make appointment! Call (615) 647-8222 for more information.

**Winter Shelter Information (Nov. 1-March 31)**

**Room in The Inn (Women/Men)**

705 Drexel St., Nashville, TN 37203

o Shelter for Women- arrive daily by 2:30 p.m. Contact by phone first for families.

Contact (615) 251-7019 for more information.

**Nashville Rescue Mission (Women)**

1716 Rosa L. Parks Blvd., Nashville, TN 37208, New guests may arrive at any time; otherwise check-in is from 3:00-6:30 p.m. Contact (615) 312-1574 for more information.