



St Paul African Methodist Episcopal Church * Rev. Ellis I. Washington, Pastor/Teacher
ADULT CHURCH SCHOOL

SERVE * SURVIVE * SURMOUNT!

Battle Ready Review!

JUNE 2021

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SERVE, SURVIVE, & SURMOUNT... THIS PRESENT AGE!

Put on all of God's armor so that you will be able to stand firm against all strategies of the devil."
Ephesians 6:11 (NLT)

ARMOR OF GOD QUIZ

What book and scripture verse does the belt of truth come from?

- Mark 5:11
- Ephesians 6:14
- Ephesians 6:15
- Ephesians 8:14

What did Jesus use when Satan tempted him in the wilderness?

- Sword
- Knife
- Axe
- Magic

How do you put on the whole armor of God?

- When you protect the ones you love and love yourself
- When you save money to give to the poor
- When you do a good deed with no one else telling you to
- When you give yourself to Jesus and 'put on' His righteousness

How many pieces of armor do you have to put on to be saved by God?

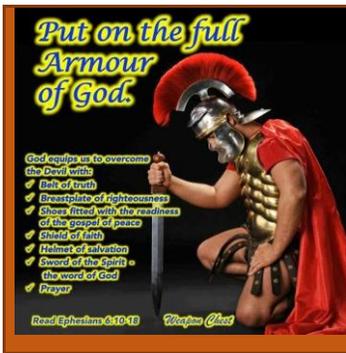
- 6
- 7
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What is the armor of God in order?

- Sword of the Spirit, Belt of Truth, Shoes of the Gospel, Breastplate of Righteousness, Shield of Faith, and Helmet of Salvation.
- Belt of Truth, Breastplate of Righteousness, Shoes of the Gospel, Shield of Faith, Helmet of Salvation, and Sword of the Spirit
- Breastplate of Righteousness, Belt of Truth, Shield of Faith, Shoes of the Gospel, Helmet of Salvation, and Sword of the Spirit
- Helmet of Salvation, Sword of the Spirit, Breastplate of Righteousness, Belt of Truth, Shield of Faith, Helmet of Salvation, and Shoes of the Gospel

What does the Belt of Truth mean?

- The truth of God's love is forever
- The truth is that God's love and salvation has set us free from sin and death
- The truth will set you free from temptations
- The truth has a price of good and evil



THE WHOLE ARMOR OF GOD & BELT OF TRUTH



EPHESIANS 6:10-20

1. **Mention all the pieces of the armor?**
2. **What did Jesus say about armor?** Luke 11:21-23
3. **Why is the armor important?** Ephesians 6:12-13
4. **Whose responsibility is it to put the armor on?** Ephesians 6: 12-13
5. **Who or what is our warfare against?** Ephesians 6:12, 2 Corinthians 10:3-6, Matthew 16:17-19
6. **Is it possible to "put on" only part of the armor?** Ephesians 6:13
7. **What role does a belt play?**
8. **What does living in truth mean?** James 4:17, Luke 12:35-48 (emphasis verses 47 & 48), 1 Corinthians 5:8
9. **Were Peter and Simeon "living in truth" in the following examples?**
 - a. **Peter** - Galatians 2:11-21

10. What was wrong with Peter and Simeon's actions in the above cases? Could we fall into the above error?

11. Is it possible to be a Christian and not live in truth?

12. How can we keep ourselves "living in truth"? James 1:21-27



PRAYER: Heavenly Father, may your truth rule in my heart and be in my mind and on my lips today. Amen.

“With the Breastplate of Righteousness in place.”

Righteousness is something God gives us - we are not righteous on our own.

Righteousness guards against direct attacks on our heart.

When Jesus has control of our heart, it is protected from attack.

“Above all else, guard your heart, for it is the wellspring of life.” Proverbs 4:23

“Abraham believed God, and it was credited to him as righteousness.” Romans 4:3

“You have been set free from sin and become slaves to righteousness.” Romans 6:18



BREASTPLATE OF RIGHTOUSNESS

&

PREPARATION OF THE GOSPEL OF PEACE

“With your feet fitted with the Readiness that comes from the gospel of peace.”

Ready to fight for what we know is true.

Assume the “ready stance”

Ready for His kingdom to be advanced

Readiness implies that when we wait on the Lord, we wait **ACTIVELY** and not **PASSIVELY**

Ready to do **ANYTHING** to serve the God we love!

Ready to flee from something or someplace that we shouldn't be.

Ready to share the truth with anyone God puts in our paths.



EPHESIANS 6:14 – 15

(Read these verses in the Amplified version if possible)

What part of us does the breastplate of Righteousness cover?

Righteousness means right standing with God. How did we become righteous with God? 2 Corinthians 5:21, 1 Corinthians 1:30-31

Righteousness also means living right before God. How is this possible? Romans 6:16-23, Romans 8:1-11

Can you explain how Satan could take advantage of our not appreciating our righteousness in Christ?

What advantage do wearing shoes on our feet give us? Ephesians 6:15

In the light of your answer to the above question, what advantage should the preparation or readiness of the gospel of peace give us? Ephesians 6:15 (Amplified version), Colossians 4:5-6, John 15:3-5

Why is the preparation or readiness of the gospel part of our armor?

How do we prepare or make ourselves ready with the gospel of peace? 2 Timothy 2:15, Psalm 119: 97-104, James 1: 21-25



PRAYER: Dear God, apart from you there is no righteousness, but through Jesus I have been “born again” and made righteous in your sight. I desire to live as a righteous person, through the help of the Holy Spirit. May I reflect the Gospel in my words and actions, that through me, with my every encounter, others may be drawn one step closer to you. Amen

“Take up the Shield of Faith, with which you can extinguish the flaming arrows of the evil one.”

Faith isn't static. It becomes more beautiful and strong as time goes on.

Faith saves us

Faith heals

Faith in God shields us (1 Peter 1:5)

This fire can be used to refine my faith

Faith doesn't just protect us from the arrows...It puts them out!

Faith yields good deeds or else it is dead

Faith is both an offensive and a defensive weapon

A small amount of faith can move mountains

“Faith is being sure of what we hope for and certain of what we do not see.” (Hebrews 11:1)

SHIELD OF FAITH

&

HELMET OF SALVATION

“Take the Helmet of Salvation..”

Protects your head from injury

Salvation is what saves us from death.

“Salvation belongs to our God, who sits on the throne.” Revelation 7:10

“I am not ashamed of the gospel, because it is the power of God for the salvation of everyone who believes...” Romans 1:16

“NOW is the day of salvation.” 2 Corinthians 6:2

Salvation is a gift from God!

“For you are receiving the goal of your faith, the salvation of your souls.” 1 Peter 1:9

EPHESIANS 6:16 - 17

1. **What role does a shield play?**

2. **What's the importance of our faith?** -1John5:4, Hebrews11:1-3, Luke18:35-43

3. **How do we get faith?** Romans10:17, Jude20-21, 2Timothy3:16-17

4. **How do we use our faith?** Mark11:22-24, Romans 10:6-13

5. **What can hinder our faith?** Hebrews12:1-4

6. **Can you explain 1 Timothy 6:12?**

7. **What part of our body does a helmet cover?**

8. **Mention some occupations that require the wearing of helmets today?**

9. Can you mention why helmets are essential in these occupations?

10. Why do we as Christians need to cover our heads (or minds) with the helmet of salvation? Romans 12:1-2, Ephesians 4:17-18

11. Different thoughts always come to our minds. Where do these thoughts originate from?

- a) Mark 2:6-7, Luke 3:15
- b) John 13:2, Acts 5:3
- c) Luke 2:25-28, Acts 29-30

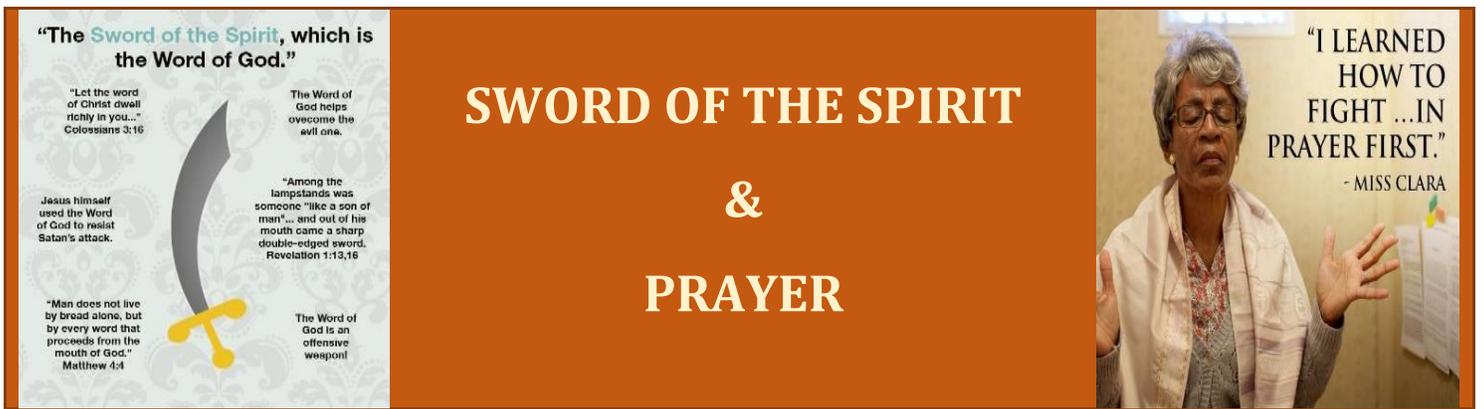
12. How can we determine where our thoughts are coming from? Hebrews 4:11-13, James 3:13-18

13. What should we do with thoughts or words that come from Satan? 2 Corinthians 10:3-6

14. Can you explain, in two sentences, what the helmet of salvation is? (Hint Ephesians 4:21-24)

PRAYER: Heavenly Father, may I take you at your word concerning promises about the present and future—promises of everlasting love, abundant life, and so much more. Remind me that nothing can separate me from your love and that I've been saved by grace. In Your grace, help me to say "no" to all ungodliness and worldly passions, and to live a self-controlled, upright, and godly life. Amen

"It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, while we wait for the blessed hope—the appearing of the glory of our great God and Savior, Jesus Christ,"
Titus 2:12-13



EPHESIANS 6:17 - 18

What are swords used for? (Hint Luke 22:48-50)

What is the Christians sword? Ephesians 6:17

How do we use our sword? Psalm 149:5-9, Matthew 4:1-11, Revelations 12:11

What can make our swords blunt or useless? Acts 19:11-17, Matthew 17:14-21, Hebrews 12:12-17

How can we make our swords effective?

How often should we pray? Ephesians 6:18, 1 Thessalonians 5:16-18, Romans 1: 8-10

What are the benefits of persistent (or constant) prayer? Acts 12:1-11

Mention the different types of prayer? 1 Timothy 2:1

What is intercession? Genesis 18: 20-33, James 5:16-18, 1 Kings 18: 41-46

How is intercession different from other types of prayer? James 5:13-15, Matthew 18: 19-20, Romans 8:26-27

What does it mean to watch (be alert or on guard)? Luke 2:8, Mark 12:41-42, Matthew 27:62-68

What should we "watch" in our Christian life? Matthew 26:36-41, Matthew 24:43-51, 2 Timothy 4:1-5, 1 Thessalonians 5:5-8

How can we be watchful of spiritual things? 1 Corinthians 16:13-14, Colossians 4:2-3

Would you notice if your prayer life or study of the word decreased?

Are you aware of the things that Satan often uses to tempt you? Hebrews 12:1-2

REMEMBER: Being watchful means making sure you have your armor on! 1 Thessalonians 5:5-8

PRAYER: Daddy God, may Your Holy Spirit reign in my life and bring to my mind just the right Bible verses to be in my heart and on my lips. May I be "filled with the Spirit" and ready with Scripture as you were, Jesus, when the devil tempted you. Remind me to "pray in the Spirit on all occasions." Cause me to be alert and always praying for the saints; to be joyful and to give thanks in everything. Amen

"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."

1 Thessalonians 5:16-18

SCRUPLES: How may you apply the Armor of God to the following scenarios?

You are at your best friend's wedding just an hour before the ceremony is to start. Earlier that day, you came across definitive proof that your best friend's spouse-to-be is having an affair with the best man/maid of honor, and you catch them sneaking out of a room together looking disheveled. If you tell your friend about the affair, their day will be ruined, but you don't want them to marry a cheater.

You are an eyewitness to a crime: A man has robbed a bank, but instead of keeping the money for himself, he donates it to a poor orphanage that can now afford to feed, clothe, and care for its children. You know who committed the crime. If you go to the authorities with the information, there's a good chance the money will be returned to the bank, leaving a lot of kids in need.

Your family is vacationing alone on a private stretch of beach with no lifeguard. Your daughter and your niece, both 7, are best friends and eager to get into the water. You caution them to wait until the water calms some, but they defy you and sneak in anyway. You soon hear screams of distress and find them both caught in a strong current. You are the only swimmer strong enough to save them, but you can only save one at a time. Your niece is a very poor swimmer and likely won't make it much longer. Your daughter is a stronger swimmer, but only has a 50% chance of holding on long enough for you to come back for her.

You are in charge of the petty cash at the office. However, a co-worker is responsible for making a weekly trip to the bank to make the business deposit and obtain petty cash for the following week. In a conversation with your mutual supervisor, you are asked if the increase in the petty cash amount was enough. You, however, have not seen any additional money. You realize your co-worker has been pocketing the additional money.

Your friend tells you that they committed a crime. They explain that they are having trouble sleeping at night and feel you are the only one they can trust with their confession. A few days later, you read in the paper that someone has been arrested for your friend's crime.

Your friend has a great sense of humor. However, sometimes his jokes involve making fun of others in inappropriate ways. He will point out a physical flaw or look for something odd or different about a person and make an unkind comment. You feel uncomfortable when your friend does this. Do you say something or just laugh along with him?

You understand the importance of team work in your job. You share ideas and responsibilities with your team members on a daily basis. In your weekly team meeting with your supervisor, one of your co-workers takes credit for a time and money saving change in operating procedures you devised. Your supervisor erroneously thinks your co-worker came up with the change and your co-worker does not correct the misinterpretation, but allows the boss to not only commend him, but offer a bonus. Do you go to your co-worker and demand he correct the situation, go to your supervisor and explain you should receive the commendation and reward, or keep quiet as you do not believe in ownership of ideas?

You really like your neighbors and they are a great couple. The only problem is that they throw wild parties occasionally. You think they are into drugs, maybe even dealing. What do you do?

"Your new boss says there needs to be cutbacks. He asks you to recommend someone to fire. Do you?"

A new neighbor moves in next door and hangs three confederate flags. How do you react when you inevitably run into each other? What do you do when their kids want to play with your kids?

You're at a hotel and conference center. You've arrived to your meeting early, and have not have a chance to eat breakfast yet. On your way to your meeting room, you walk by another meeting and there's a table full of food and beverages outside the room. Your meeting has no food. Would you help yourself?

Your manager congratulates you for a brilliant suggestion and hints at a promotion. Your employee gave you the idea. Do you mention this to the manager?

"The person in front of you in line accidentally drops a \$100 bill. You pick it up. They have no idea they've dropped it and it appears they have several \$100 bills in their billfold and you are certain nobody else saw the dropped money. Do you keep it or tell the person?"

A colleague is out of her office. You notice her paycheck stub on her desk. Do you glance at it?

Your manager demands to know what a co-worker is saying behind her back. It's not flattering. Do you tell her?