

INSIDE YOUR FORUM

NEWS



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LIVING



Cowboy Food
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PHONE: (510) 537-1792

AFTER 43 YEARS

Dried and Tied Set To Close

By Michael Singer
CASTRO VALLEY FORUM

After 43 years in business, long-time Castro Valley retailer Dried & Tied is closing its doors this spring.

The store began humbly in 1976 when co-owners Kathy Rousey and Jan Gonsalves came together to serve an open niche of offering dried flowers and specialty gifts.

Current owner, George Mathai announced his retirement earlier this year. The remaining managers said they could not continue without a strong partner like Mathai and are now preparing to close the shop in a month or so.

"Although bittersweet, the time is right for us to move on," Mathai says.

An announcement posted on the store entrance and a posting on the Dried & Tied Facebook page mentioning the closure caught customers by surprise.

"So sad to hear this. This is where I go to buy gifts for my friends for any occasion," Castro Valley resident, Kathi Wilson Finley posted on Facebook. "My husband shops for gifts for me there because he knows he can always find something I'll love. I'm really, really going to miss this store a LOT!!!"

Dried & Tied customers will agree that the store was more than a retail outlet. It was a place where people would go to have a shopping experience – get decorating advice, and visit with employees that ultimately became friends.

"We have some customers come in to shop with us while their family members are at Eden Hospital. Rousey told the Castro Valley Forum. "They talk to us while they shop. It gives them a feeling of being grounded. They feel better in a place that has nice things that may remind them of simpler times and of home."

Over the years, the store built a strong brand and following, becoming a destination in Castro Village Shopping Center for generations.

see CLOSE on page 14



PHOTO BY FRED ZEHNDER

Watching the Parade Go By

Hundreds of people lined the Boulevard Saturday morning for the Annual Rowell Rodeo Parade, but this little girl, holding a flag, got a close-up view from the median. The parade is sponsored every year by the Rotary Club of Castro Valley. The winning entries can be found on page 12

CV Mourns the Passing of 'Dobie' Gelles

Donald L. "Dobie" Gelles, one of Castro Valley's most respected and beloved citizens, passed away at his home on Thursday, May 2, 2019.

Mr. Gelles was born on July 3, 1938 at Johnstown, Pennsylvania. He graduated from Johnstown Catholic High School and then joined the Army, where his buddies called him "Dobie," a name that stuck with him for the rest of his life. He served an additional eight years as a reservist.

After his stint on active duty, Mr. Gelles attended the University of Pittsburgh, where he earned a Bachelor of Arts degree in Science and Math.

He moved to Livermore in 1964 and later to Castro Valley, obtaining a lifetime teaching credential and earning a Masters Degree in Counseling from Cal State Hayward.

He worked as a teacher, counselor, principal and director of the Castro Valley Adult School and was a member of the Castro Valley School Board. He served on many other local boards including Eden Hospital and the Castro Valley Sports Foundation, and was president for the Kiwanis and Rotary clubs.

He was a longtime trustee of the Chabot-Las Positas Community College District and served as board president twice during his tenure.

He was honored as a recipient of the Fulfilling the Trust Award conferred by the Community College League of California, for his two decades of service as a California community college trustee.

His dedication to students and his communities was evident through his service. For many years, he took graduating



Donald L. "Dobie" Gelles
1938 - 2019

eighth-graders to Washington D.C., on his "Dobie's Proud to be an American" trip.

Bruce Johnson, Superintendent Emeritus of Redwood Christian Schools, called Gelles a "friend to

MAC MEETING

Medical Office to Be Built

By Amy Sylvestri
CASTRO VALLEY FORUM

A developer got the go-ahead to raze three old buildings and construct a new two-story 25,000-square-foot medical office near the 3-Crosses Church at Monday night's meeting of the Castro Valley Municipal Advisory Council (MAC).

The site, at 20630 John Drive, doesn't have a tenant yet, but it will be used for medical purposes, according to the developers.

The developers also included plans to build a large "Welcome to Castro alley" sign, as the site is near the freeway and faces traffic Castro Valley Boulevard, but the MAC had reservations about the design and told them to come back for further discussion on the specifics of the sign.

Also at Monday's meeting, the MAC postponed a decision on whether to allow an indoor children's recreation facility at the see MAC on page 5

Castro Valley Weather May 15-19, 2019



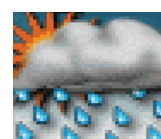
Wednesday
Cloudy, Rain
High 65° Low 54°



Thursday
Rain, Wind
High 60° Low 53°



Friday
Showers
High 62 Low 49°



Saturday
Cloudy, Rain
High 60° Low 53°



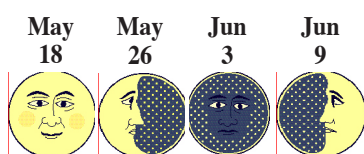
Sunday
Rain
High 63° Low 51°

Almanac



Past Week's Rain: 00.00
Season To Date: 21.89
Normal To Date: 20.48
Season Average: 21.22

Moon Phases



Sun sets at 8:12 p.m. today, rises at 5:59 a.m. Thursday.

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EARTH DAY 2019



CVSAN PHOTO

Volunteers from Castro Valley Mothers' Club planting trees at Adobe Park for Earth Day.

Donate Hair to Children on Memorial Day

Memorial Day won't be a day off for Yumi Pearson, Jennie Welcor and the stylists at Studio W Salon and friends.

They'll all be working from 10 a.m. to 5 p.m. on May 27 at Studio W Salon, 2848 Castro Valley Blvd. cutting hair for the first Annual Hair Donation Day.

Style cuts will be given free for all donated hair 8-inches or longer, which will be given to Children With Hair Loss, a non-profit organization that provides human hair

replacement at no cost to children and young adults facing medically related hair loss.

When a child's hair is lost due to Cancer treatments, alopecia, trichotillomania, and burns, the painful effects are far deeper than just cosmetic. Each year the number of children requesting hair replacements increases and with your support we can help increase the number of children we can help.

Tax-deductible monetary donations will also be accepted and

refreshments will be given at the Event. A raffle with prizes will also be held, with all proceeds going to Children With Hair Loss.

Donated hair must be at least 8-inches in length, clean, dry and in ponytails or braids. All types of hair can be donated — gray, color-treated, highlighted, bleached and permed — as long as it is in good condition.

For more info or to schedule a Memorial Day appointment call 510-862-5525 or 510-407-0436.

CVSan's Contractors Meeting on June 5

Castro Valley Sanitary District (CVSan) will host its annual Contractors Meeting from 8 to 10 a.m. on Wednesday, June 5, in the Board Room at CVSan's main office, at 21040 Marshall Street.

Topics to be discussed include

planned projects for this year and next, the Private Sewer Lateral Program, CVSan's Lateral Replacement Grant Program, and Alameda County code updates.

A finalized agenda will be available at www.cvsan.org/acm or by

email request to evan@cvsan.org on May 29. Coffee and breakfast pastries will be served. Space is limited, and all contractors are urged to pre-register to secure a spot. For more info, contact Evan Choy at (510) 537-0757 ext. 131.



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PHOTO BY ELIZABETH COKE

Girl Scout Troop 30774 celebrated their fourth anniversary at Build a Bear at Stoneridge.

Bear Essentials: Girl Scout Troop Celebrates Their 4th Anniversary

Girl Scout activities are primarily funded through their twice-a-year cookie sales. Since Troop No. 30774 began, the Castro Valley community has supported the girls through purchasing nuts, chocolates and cookies.

These sales have not only funded the educational and exciting activities the girls have participated in, but they have also taught the girls valuable lessons about hard work and leadership.

Golden Oak Montessori school has graciously opened their doors as a free venue for the Girl Scout

Troop, allowing over a dozen girls age 5-10 to come together as a group, as they build skills and relationships that will impact their lives forever.

The troop has compiled a list of their favorite Girl Scout activities — learning about animals during their Penguins and Pajamas Sleepover at the California Academy of Sciences, experiencing nature during camping trips, and enjoying fun activities like crafting.

The girls say being part of the troop has helped them face challenges like overcoming fears of

the dark and learning to cooperate and get along with others.

Members of Troop 30774 want to thank everyone for their support and remind you to be on the lookout for them near your favorite grocery store this September and February with treats for sale that help make this troop possible.

If you have a girl age 5-18 in your life who would like to participate in a local Girl Scout troop, or you would like to volunteer to help, visit gsnorcal.org for information on how to get involved.

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



Storage Wars

Sunday, May 12: at 11:10 a.m., Sheriff's deputies arrested two people in connection with a stolen property charge at a storage facility on Redwood Road near the Interstate 580 freeway. A 45-year-old woman from Dublin was arrested at the scene for possession of stolen property and possession of illegal narcotics. Her accomplice, a 29-year-old man from Hayward was additionally charged with drug possession and violating the terms of his probation. Deputies transported the couple to Santa Rita Jail.

Multiple Drugs in Car

Monday, May 13: at 1:13 a.m., four people were arrested for possession of a combination of cocaine, heroin, methamphetamine drugs and their associated paraphernalia in a grocery store parking lot on Redwood Road near Castro Valley Boulevard. Deputies responded to a call about a suspicious vehicle. Upon inspection and interviews, deputies found the drugs on display on the dashboard or on the floorboard of the vehicle. Arrested at the scene was a 30-year-old man from Mountain House (San Joaquin County), a 30-year-old woman from San Ramon, a 25-year-old man from Ceres (Stanislaus County), and a 29-year-old woman from Danville. All four were taken into custody.

Breaking & Entering, Battery

Saturday, May 11: at 7:22 p.m., deputies arrested a 48-year-old woman with no permanent address on suspicion of breaking into private property and battery. The woman was spotted behind a grocery store on Redwood Road near Grove Way. When deputies arrived, they found the woman had attacked a passerby and was trying to gain entrance into a restricted area. The woman was handcuffed and taken into custody.

Drugs in Pocket

Saturday, May 11: at 6:33 a.m., a 32-year-old man from Oakland was arrested on suspicion of possession of illegal narcotics and drug paraphernalia. The man was also wanted as part of a warrant issued for his arrest. Deputies stopped the man for questioning at the intersection of Castro Valley Boulevard and Redwood Road and discovered his stash. The man was taken to Santa Rita Jail pending \$12,500 in bail.

Four Arrests at Grow House

Tuesday, May 7: at 11:39 a.m., deputies arrested four people in connection with an illegal marijuana grow house that caught fire on Santa Maria Avenue next to the Unity Church. After fire crews extinguished the flames, deputies questioned three men in connection with the activities at the home.

A 34-year-old man from San Leandro, a 49-year-old man from CV, and a 40-year-old man from San Leandro were all charged with illegal growing, cultivating and processing of marijuana plants. The trio was taken into custody. The fourth man, a 49-year-old from San Francisco, was arrested a few blocks away outside a coffee shop on Rustic Drive in the Castro Village Shopping Center. The man had a warrant issued for his capture and had been previously charged with grand theft, breaking and entering, burglary, providing false identification and driving under the influence of alcohol. Deputies took the last suspect to Santa Rita Jail and held him without bail.

She Coughed Blood, He Walked Away

Tuesday, May 7: at 4:04 a.m., a 47-year-old man from San Lorenzo was arrested on suspicion of possession of illegal drug paraphernalia. Deputies arrived at a business on Grove Way near Center Street after reports of a woman coughing up blood in the parking lot. The woman reportedly pointed to the suspect and said that she wanted to buy methamphetamine drugs from him but he had none. Deputies determined that the two people did not know each other previously. The man did not have drugs in his possession but did

see **REPORTS** on page 15

Jenny Lin Memorial Set for Next Friday at CV Library

On the 25th anniversary of the loss of Jenny Lin, her family is hosting a memorial service at 6:15 p.m. on Friday, May 24th, at the Castro Valley Library to honor the teenage girl.

Alameda County District Attorney Nancy O'Malley and Sheriff Greg Ahern will both be present to deliver their remarks to the family and friends of Jenny.

A candlelight walk in downtown Castro Valley will follow at 7 p.m., to remind the public of the unsolved murder and to raise awareness of child safety.

A young, talented musician and

a straight-A student, Jenny was murdered in her own home on May 27, 1994, at the age of 14. This brutal death devastated her family, but Jenny's parents, John and Mei-lian Lin, vowed to continue working with the police until the case is solved, and to carry on Jenny's dreams to see her life extended in a unique fashion.

For over 20 years, the Jenny Lin Foundation has offered music scholarships and free music programs to the community each year, and has organized safety fairs, workshops and contests to raise awareness of child safety issues.

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The Week Ahead

● Wednesday, May 15: East Bay Rose Society Meeting

Agriculturist Roger Kubalek, former Rosarian at the Berkeley Rose Garden, will give an overview of the garden's history and development including archive photos, at the next meeting at 7:30 p.m. today at the Lakeside Garden Center, 666 Bellevue, Oakland. Kubalek oversaw a major restoration and rejuvenation of the garden. Come and learn more about one of the Bay Area's key public rose gardens, enjoy snacks and enjoy the show. More info at www.eastbayroses.org

● Friday, May 17: Souper Supper

Faith Lutheran Church at 20080 Redwood Road invites you to enjoy a variety of delicious homemade soups and salads, and bid on scrumptious desserts this Friday evening from 5:30 to 8 p.m. Come meet our scholarship recipient and hear her inspiring story of overcoming hardships, resilience, and hope. RSVP by tomorrow, May 16, to Linda Slater 510-435-6150.

● Saturday, May 18: Eden Village Monthly Coffee

Join us for coffee at the Cannery Cafe, 22380 Foothill Blvd. in Hayward at 9 a.m. Saturday and learn how we are working together to help seniors remain in their homes, active and engaged in the community. Website: edenareavillage.org, email: info@edenareavillage.org

● Saturday, May 18: Arroyo High Boosters Car Show

The 18th Annual Arroyo High Athletic Boosters Car Show benefiting student athletes will be held from 9 a.m. to 3 p.m. on May 18 at Arroyo High School, 15701 Lorenzo Ave., San Lorenzo, featuring hot rods, customs, classics, street rods and trucks plus BBQ, live music, raffles and prizes. Admission is \$5 at the gate, kids under 12 free. Our goal is to keep the student-athletes on the fields, in the gyms, and on the courts.

● Saturday, May 18: Sale of Musical Instruments & More

Castro Valley School Of Music will hold a 1-day-only sale of musical instruments, books, sheet music and more, from noon to 4 p.m. this Saturday at 3300 East Castro Valley Blvd., phone 510-397-0721.

● Saturday, May 18: Trinity Christian Fellowship Picnic

Join an outdoor picnic and meet your neighbors and local community for a fun-filled afternoon with free games, hot dogs and a jumper from 11 a.m. to 2 p.m. on May 18! Volunteers from our English, Spanish and Chinese churches will be on site to facilitate. Free and open to all! Trinity Christian Fellowship Church is located at 20307 Marshall St. in Castro Valley. For more info, call 510-581-2480 or visit trinitycv.org

● Sunday, May 19: Big Gardens in Small Spaces

If you don't have a lot of space but want to grow your own food, join Lori Caldwell (the Compost Gal) for this excellent class in container gardening from 2 to 3:30 p.m. May 19 at the Castro Valley Library. She will cover such topics as maintaining soil fertility, choosing the best plants for container gardens, and rotating crops. The program is free and no advanced registration is required.

● Sunday, May 19: Stroke Prevention Fair

Eden Medical Center will host a free Stroke Prevention Fair from 2 to 5 p.m. on May 19 at the Ashland Community Center, 1530 167th Ave. in San Leandro, which will include diabetes education, carotid ultrasound, cholesterol testing, blood pressure monitoring and more. Open to all members of the community. For more information, visit www.sutterhealth.org/eden/services/neuroscience/stroke-neurovascular

● Tuesday, May 21: Rotary Topic: Healthy Eating

Nutritionist Shan Wu will explain why you don't need ketos and how to shop and prepare food nutritionally to achieve better health at the next buffet lunch meeting of the Castro Valley Rotary Club from noon to 1:30 p.m. on Tuesday at Redwood Canyon Golf Course, 17007 Redwood Road. The cost of lunch is \$15 and reservations must be made by 9 p.m. on Sunday, May 19, by contacting Rotary at cvrotary@iCloud.com or 510.402.5123. More info is available at castrovalleyrotary.org

● Wednesday, May 22: School Board Meeting

The Castro Valley Board of Education will hold a regular open meeting at 7 p.m. next Wednesday in the boardroom at 4400 Alma Avenue. For the agenda and board packet, visit bit.ly/CVUSDBoardMeetings

● Wednesday, May 22: Seminar: How to Spot a Stroke

Join the Eden Medical Center Community Outreach Program for a free educational lecture about stroke, how to identify it and what you can do to prevent it, from 11 a.m. to noon at the Aitken Senior & Community Center, 17800 Redwood Road in Castro Valley.

● Thursday, May 23: The Science of Magic

Human history is littered with liars and grifters of every sort, from pickpockets to thieves to scam salesmen to televangelists to politicians. These charlatans knowingly take advantage of our weakness to be deceived. The Science of Magic is a neuroscience talk where a dynamic trio: a neuroscientist, a physicist and a magician, will explain this human frailty, our ability to be deceived, with live magic demonstrations at 6:30 p.m. May 23 at Center for the Arts. Register at bit.ly/cvmagic8

● Thursday, May 23: CASA Annual Fundraiser

Join us at Chabot Space & Science Center for a night full of joy, inspiration, and fun with our special guest speakers and a complimentary planetarium show from 6 to 9 p.m. on May 23 at the annual fundraiser for CASA (Court Appointed Special Advocates). Proceeds go to help every abused or neglected child to be safe and have a permanent home. Registration, ticket sales and info about sponsorship opportunities and raffle prizes can be found at casaofalamedacounty.org. The Chabot Space & Science Center is at 10000 Skyline Blvd., Oakland.

● Saturday, May 25: Castro Valley Pride 2019 Fundraiser

Enjoy performances by Sweet & Sticky, Quiet Des, Fresno Fab, Ava LaShay and DJ & MC Billy Ray at the World Famous Turf Club, 22519 Main Street in Hayward. Also a BBQ, amazing raffle prizes and dancing. Tickets (over 21 please) \$20 in advance at castrovalleypride.org or \$25 at the door.

Arts & Entertainment

CASTRO VALLEY CENTER FOR THE ARTS

Tickets for Center for the Arts events listed below are available online at www.cvcfa.com; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. (phone 889-8961), or at the Castro Valley Adult School, 4430 Alma Avenue.

● **Castro Valley High School Spring Band Concert** will be presented at 7 p.m. tomorrow, May 16. *For advance tickets (\$5-\$10) see above (Price go up at the door).*

● **Castro Valley High School Orchestra Spring Concert** will be presented at 7 p.m. this Friday, May 17. *For advance tickets (\$5-\$10) see above (Prices go up at the door).*

● **CV Adult School Orchestra Concert** will be presented at 2 p.m. this Sunday, May 19. *For tickets (\$5-\$10) see above.*

● **An Instrumental Concert**, will be presented by Creekside Middle School 6th Grade on Monday, May 20, at 7 p.m.. Join the Concert Band and Orchestra for their final performance of the year, with selections by Beethoven, Richard Meyer, Michael Sweeney and more! *For tickets (\$5-\$7) see above.*

● **"Blast from the Past,"** presented by Canyon Middle School's 7th and 8th Grade Orchestras, Canyon's Intermediate and Advanced String Orchestras, under the direction of Heidi Dahms. This annual Spring Concert and Awards Program, at 7 p.m. on Tuesday, May 21, takes the audience in a musical timer machine to enjoy hits from modern film scores all the way back to the 1700s. *For tickets (\$5-\$7) see above.*

● **Canyon Middle School Spring Concert** will be presented at 7 p.m. next Wednesday, May 22, featuring movie music and more by Canyon's Jazz Band, Intermediate Band, and Advanced Band. *For advance tickets (\$5-\$7) see above (Prices go up at the door).*

● **"We'll Rise Up,"** a Spring Concert, will be presented by the Creekside Middle School Choir at 7 p.m. on Tuesday, May 28. *For tickets (\$5-\$7), see above.*

● **"Ignite,"** a Canyon Middle School Pops Concert, will be presented at 7 p.m. on Wednesday, May 29. The Treble Choir and Choral Ensemble light up the stage with their spring concert music. *For tickets (\$5-\$7), see above.*

OTHER THEATRICAL & MUSICAL PERFORMANCES

● **"Other Desert Cities,"** a funny and searing play by Jon Robin Baitz and one of the hottest tickets on Broadway, will be presented by Chanticleers Theatre through May 26, with shows at 8 p.m. on Fridays and Saturdays, and 2 p.m. on Sundays. For tickets (\$25 general; \$20 Seniors/Students) visit chanticleers.org or call 510-733-5483. Chanticleers Theatre is in Castro Valley Community Park at 3683 Quail Ave.

ART GALLERIES & ART INSTRUCTION

● **"7+1 Collective,"** will be on public display through Aug. 2 at the John O'Lague Galleria in Hayward City Hall, 777 B Street, sponsored by the Hayward Arts Council.

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ESTABLISHED: 1989 • CIRCULATION 22,500
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Published every Wednesday by EastBay Publishing Corp.
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ARIES (March 21 to April 19) An unexpected development could change the Arian's perspective on a potential investment. Keep an open mind. Ignore the double talk and act only on the facts.



TAURUS (April 20 to May 20) A surge of support helps you keep your long-standing commitment to colleagues who rely on you for guidance. Ignore any attempts to get you to ease up on your efforts.



GEMINI (May 21 to June 20) Family continues to be the dominant factor, but career matters also take on new importance. You might even be able to combine elements of the two in some surprising, productive way.



CANCER (June 21 to July 22) A realistic view of a workplace or personal situation helps you deal with it more constructively once you know where the truth lies. Reserve the weekend for someone special.



LEO (July 23 to August 22) As much as you Leos or Leonas might be intrigued by the "sunny" prospects touted for a potential investment, be careful that you don't allow the glare to blind you to its essential details.



VIRGO (August 23 to September 22) A friend's problem brings out the Virgo's nurturing nature in full force. However, don't go it alone. Allow others to pitch in and help share the responsibilities you've assumed.



LIBRA (September 23 to October 22) A business decision might need to be put off until a colleague's personal matter is resolved. Use this time to work on another business matter that you've been anxious to get to.



SCORPIO (October 23 to November 21) Relationships (personal or professional) might appear to be stalled because of details that keep cropping up and that need tending to. Be patient. A path begins to clear soon.



SAGITTARIUS (November 22 to December 21) A promotion could cause resentment among envious colleagues. But others recognize how hard you worked to earn it, and will be there to support you if you need them.



CAPRICORN (December 22 to January 19) Handling a delicate personal matter needs both your wisdom and your warmth. Expect some setbacks, but stay with it. The outcome will more than justify your efforts.



AQUARIUS (January 20 to February 18) Resist the temptation to cut corners just because time is short. Best to move ahead step by step so you don't overlook anything that might later create time-wasting complications.



PISCES (February 19 to March 20) Use the good will you recently earned with that well-received project to pitch your ideas for a new project. Expect some tough competition, though, from an unlikely source.

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Lost Pet

Fred, the Cockatiel, is missing from his home on Proctor Road, up the street from Proctor School in Castro Valley. Please call 510-828-3051 with info if you see Fred.

MAC: General Plan Implementation Project

continued from front page

corner of Castro Valley Boulevard and Chester Street — the site of the former Trader's sporting goods store.

Several members of the MAC told applicant Mary Ann Dones that she had a good business idea and they'd like to see the facility open for the kids of the community, but there is no dedicated parking for the store and that's a problem.

The lack of parking for that stretch of the Boulevard (which includes Lucca's Deli and ABC Music) wasn't a major issue for Trader's which had a couple of customers at a time, but the MAC foresaw Dones's play facility having dozens of customers at once during birthday parties and other events.

MAC member Ted Riche said the parking issue will only get worse once the Castro Valley Marketplace opens up a couple of blocks away this summer.

Other MAC members said they couldn't give Dones permission to move forward with a lack of parking, as it wouldn't be fair to the

many applicants who've had their projects turned down or modified because of parking problems in the past.

MAC Chair Marc Crawford directed Dones to talk with surrounding business and see if they could be persuaded into committing to give up their parking spots during their off-hours or when they aren't too busy. The item was continued to a non-specified meeting in the future.

"I can't support this with the parking demand that it has," said Crawford. "The need is there — I'm sure it would be very popular — but that would just increase the parking problem. The applicant needs to do some homework."

Phi Kappa Phi Initiates Two

Two local students were recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline collegiate honor society.

Michael Carter of Castro Valley was initiated at U.C. Davis.

The MAC also heard an update on the county's ongoing General Plan Implementation Project. During the discussion, Pastor Jake Metcalf of the First Presbyterian Church on Grove Way told the MAC that mixed use housing should be a priority as long-term plans are made in the area.

First Presbyterian has non-official plans for a large housing development on their site, with the idea of having the Trader Joe's market on the first floor and affordable apartments on the upper floors.

That proposal upset several members of the MAC, as they had just recently voted to allow tiny homes on the property after more than a year of discussion.

CVSAN'S 40 UNDER 40 AWARD WINNER



CVSan Zero Waste Supervisor Naomi Lue, a veteran of more than 15 years with the district, has won the 4th Annual 40 Under 40 Award that recognizes innovative professionals under the age of 40 whose work in recycling and zero waste has made a significant contribution to the industry.

LEGAL NOTICE

FILED
MARCH 27, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 557022

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Malakoff & Associates located at 20444 Redwood Road, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Master Wealth, LLC, 1527 Asterbell Drive, San Ramon, CA 94582. This business is conducted by a limited liability company. This business commenced on 1/1/2018.

/s/Master Wealth, LLC

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 27, 2024

**APR. 24, MAY 1, 8, 15, 2019
0067-CVF**

FILED
APRIL 16, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 558002

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

CLC Tile located at 335 Hampton Rd., Hayward, CA 94541, in Alameda County is hereby registered by the following owner(s): Carlos L. Cardoso, 335 Hampton Rd., Hayward, CA 94541. This business is conducted by an individual. This business commenced on 6-2-03.

/s/Carlos L. Cardoso

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires APRIL 16, 2024

**APR. 24, MAY 1, 8, 15, 2019
0071-CVF**

FILED
APRIL 11, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 557776

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Baywood Court Residents Association located at 21966 Dolores St., Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Baywood Court, 21966 Dolores St., Castro Valley, CA 94546. This business is conducted by a corporation. This business commenced on 06-18-1990.

/s/Baywood Court

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires APRIL 11, 2024

**MAY 8, 15, 22, 29, 2019
0075-CVF**

FILED
APRIL 23, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 558284

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Tavo's Minerals N More located at 20948 Chester St., Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Octavio Huizar, 20948 Dolores St., Castro Valley, CA 94546. This business is conducted by an individual. This business commenced on 03-09-12.

/s/Octavio Huizar

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires APRIL 23, 2024

**MAY 8, 15, 22, 29, 2019
0080-CVF**

FILED
APRIL 11, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 557750

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Alameda Engineering located at 18857 Almond Road, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Lance D. Capilla, 18857 Almond Road, Castro Valley, CA 94546. This business is conducted by an individual. This business commenced in 1989.

/s/Lance D. Capilla

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires APRIL 11, 2024

**MAY 8, 15, 22, 29, 2019
0084-CVF**

FILED
APRIL 25, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 558414

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Retail Center Maintenance located at 4682 Chabot Dr., Pleasanton, CA 94588, in Alameda County is hereby registered by the following owner(s): WDC management, LLC, 20869 Ashfield Ave., Castro Valley, CA 94546. This business is conducted by a limited liability company. This business commenced in N/A.

/s/WDC management, LLC

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires APRIL 25, 2024

**MAY 8, 15, 22, 29, 2019
0085-CVF**

FILED
APRIL 15, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 557901

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:

Vy's Hair & Nails located at 15291 Hesperian Blvd., San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Trinh Thingoc Phan, 20253 Concord Ave., Hayward, CA 94541. This business is conducted by an individual. This business commenced on 04/15/2019.

/s/Trinh Thingoc Phan

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires APRIL 15, 2024

**MAY 15, 22, 29, JUNE 5, 2019
0089-CVF**

NOTICE TO NATALIE REAGAN and JASON REAGAN as an heir of CHARLES ELMER REAGAN, who died in Winston, Oregon, on August 19, 2018. Testate probate proceedings, bearing the clerk's file number 19PB07585, have been commenced and are now pending in the Douglas County, Oregon, Circuit Court. Your rights may be affected by this proceeding. Larry L. Reagan was duly appointed on October 8, 2018 and is now serving as personal representative. Additional information may be obtained from the court records or the personal representative, Larry Reagan, c/o Sarah Wolf, Attorney, 727 SE Cass Ave. #318, Roseburg OR 97470.

**MAY 8, 15, 22, 2019
0079-CVF**

JUSTICE COURT
CLARK COUNTY, NEVADA
CASE NO. 19C005513 DEPT. NO. 6

ALLSTATE INSURANCE COMPANY as subrogee of Amado Ombao, Plaintiff,
v. STEPHEN DE LA CRUZ; ALISA REGO; and DOES I through X, inclusive, Defendants.

SUMMONS

NOTICE! YOU HAVE BEEN SUED. THE COURT MAY DECIDE AGAINST YOU WITHOUT YOUR BEING HEARD UNLESS YOU RESPOND WITHIN 20 DAYS. READ THE INFORMATION BELOW. TO THE DEFENDANTS: STEPHEN DE LA CRUZ; ALISA REGO A Civil Complaint has been filed by the plaintiff against you for the relief set forth in the Complaint. Object of Action: This is a Subrogation Action. 1. If you intend to defend this lawsuit, within 20 days after this Summons is served on you exclusive of the day of service, you must do the following: a. File with the Clerk of the Court, whose address is shown below, a formal written response to the Complaint in accordance with the rules of the Court. b. Serve a copy of your response upon the attorney whose name and address is shown below. 2. Unless you respond, your default will be entered upon application of the plaintiff and this Court may enter a judgment against you for the relief demanded in the Complaint, which could result in the taking of money or property or other relief requested in the Complaint. 3. If you intend to seek the advice of an attorney in this matter, you should do so promptly so that your response may be filed on time. CLERK OF COURT, s/ Suzan Baucum, DEPUTY CLERK, Date 4/15/2018, County Courthouse, 200 South Lewis Ave., Las Vegas, Nevada 89155. Issued at direction of: LISA A. TAYLOR, ESQ., Nevada Bar No. 008283, 5664 N. Rainbow Blvd., Las Vegas, Nevada 89130, (702) 645-0150, Lisa@Ltaylorlaw.com, Attorney for Plaintiff
Published in Castro Valley Forum, Castro Valley, CA

0070-CVF APRIL 24, MAY 01, 08, 15, 2019

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Recipes from the Ranch House

While cattle drives still exist in parts of the Western United States, the images of cowboys cooking over campfires are becoming pictures of a largely bygone era.

But cowboy meals – using basic ingredients and simple techniques – are as popular today as ever, and with this weekend's Rowell Ranch Rodeo coming up in Castro Valley, what better time to try some of these distinctly "Old West" recipes, some of which have been updated for convenience.

RANCH HOUSE STEW

- 4 tablespoons vegetable oil
- 3/4 cup all-purpose flour
- 2 teaspoons onion powder
- 1 tablespoon garlic powder
- 1 teaspoon salt
- 1 teaspoon black pepper
- 2 pounds beef chuck, cubed
- 12 small boiling onions, blanched and peeled
- 1 bay leaf
- 1 dried chipotle pepper
- 1 (10-ounce) can condensed

- onion soup
- 3 (10-1/2 ounce) cans beef broth
- 1 teaspoon liquid smoke
- 1 pound potatoes (Yukon Gold), cut in 2-inch chunks
- 6 carrots, peeled, cut into 2-inch chunks
- 3 stalks celery, cut into 1-inch chunks
- 3 tablespoons flour mixed with 1 tablespoon cold water

In a large pot, heat oil over medium-high heat.

In a plastic bag, mix together flour, onion powder, garlic powder, salt and pepper. Add a small handful of meat at a time and shake until well coated.

Brown meat in hot oil, in batches, about one minute per side. Remove meat, reduce heat to medium and add onions. Brown onions, about 3 minutes total, then remove from pot and set aside.

Drain excess fat from pot. Add browned meat, bay leaf, chipotle pepper (if using), onion soup and beef broth to the pot. Stir and bring to a boil. Reduce heat to low, cover and simmer 1

hour, stirring occasionally.

Add liquid smoke, potatoes, carrots, browned onions and celery. Slowly stir in the flour-water mixture into stew. Cook 30 minutes more. Season finished stew with salt and pepper to taste. Makes 6 to 8 servings.

CORN MUFFINS

- 4 cups milk, heated to boiling
- 2 cups fine cornmeal
- 1 tablespoon butter
- Salt
- 1 cup wheat flour
- 2 eggs, well-beaten

Pour boiling milk over cornmeal. While the mixture is still hot, add one tablespoonful of butter and a little salt, stirring the batter thoroughly.

Let it stand until cool, then add wheat flour and the two well-beaten eggs.

When mixed sufficiently, put the batter into well-greased shallow tins (or, better yet, into gem pans) and bake in oven for one-half hour, or until richly browned. Serve hot.

—Farmer's Almanac 1885

SHEPHERD'S PIE

- 1-1/2 pounds Yukon gold potatoes, cut into 1-inch cubes
- 1/2 cup milk
- 2 tablespoons butter
- 2 tablespoons fresh cilantro, chopped
- 1 teaspoon salt, divided
- 1 teaspoon black pepper, divided
- 1 pound lean ground beef
- 2 cloves garlic, minced
- 1/2 cup onion, chopped
- 1 (16-ounce) can black beans, drained and rinsed
- 1 (14-ounce) can diced tomatoes
- 1-1/2 cups corn kernels, (thawed, if frozen)
- 1/2 cup shredded Cheddar cheese

Preheat oven to 350°F.

Place potatoes in a large saucepan and add enough water to cover. Cover and bring to a boil over high heat. Reduce heat and simmer for about 15 minutes or until potatoes are just tender.

Drain potatoes, return to the pot and add milk, butter, cilantro, half the salt and half the pepper; mash until smooth.



Meanwhile, in a large non-stick skillet, over medium-high heat, cook beef, garlic and onion, breaking beef up with the back of a spoon, for 8 to 10 minutes or until beef is no longer pink. Drain off fat.

Stir in beans, tomatoes and the remaining salt and pepper; bring to a boil. Reduce heat and simmer, stirring often, for 5 to 7 minutes or until heated through.

Spread beef mixture in 11- by 7-inch glass baking dish. Spread corn evenly over meat. Spread mashed potatoes over corn. Sprinkle with cheese.

Bake in oven for 20 minutes or until top is golden. Serves 6.

FRIED CHICKEN

- 2 cups flour
- 1-1/2 pounds frying chicken, cut into pieces (or breasts, thighs, legs, etc)
- 1 tablespoon seasoning salt
- 1 tablespoon garlic powder, 1 tablespoon salt
- 1 teaspoon white pepper
- 1 cup buttermilk
- 2 eggs, whisked together
- 1/4 cup flour (to dip chicken in before milk mixture)
- 1 tablespoon baking powder
- Oil for frying

Combine dry ingredients, except leave the 1/4 cup flour on the side. Mix eggs and milk well (with a whisk) in a bowl.

Preheat cooking oil to 340°F in a deep pot. Do not fill more than half way with oil, it's best to do less than half full.

Dip chicken pieces into dry batter, cover lightly, then dip chicken into wet batter, coating thoroughly

and then dip it back into dry mixed batter and coat.

Drop chicken into heated oil and cook until chicken is done, about 8 to 12 minutes each side. Use tongs to remove chicken and let dry on paper towel.

COWPOKE QUICK BREAD

- 2 cups flour
- 1-1/3 cups sugar
- 1/2 teaspoon salt
- 1/2 cup butter or shortening plus 1 tablespoon
- 1-3/4 teaspoons baking powder
- 1/2 teaspoon soda
- 1/2 teaspoon cinnamon
- 1/2 teaspoon nutmeg
- 1 cup buttermilk
- 2 large eggs

Preheat oven 375°F. Blend flour, sugar, salt and butter (shortening) together until crumb-like. Remove 1/2 cup and save for topping.

Add to crumb mixture the baking powder, soda, cinnamon and nutmeg, mix thoroughly. Add buttermilk and eggs and mix until smooth. Pour into greased 9x13-inch pan. Sprinkle reserved crumbs over top of batter. Bake 20 minutes.

SAUSAGE & TATERS

- 12 pounds sweet potatoes
- 1/2 cup sugar
- 1/2 cup brown sugar
- 1/4 cup water
- 2 tbs. butter
- 1 tsp. salt
- 1 pound sausage

Boil the sweet potatoes for 15 minutes to soften. Peel and cut into strips, then place in a greased dutch oven.

Mix the sugars, butter, salt, water and boil in a sauce pan.

Pour the syrup over the potatoes and bake for about 40 minutes at 375-degrees F. Place cut sausages on top and bake for an additional 30 minutes.

COWBOY COBBLER

Crust:

- 5 cups all-purpose flour
- 1 teaspoon baking powder
- 1 cup shortening
- 1 cup cold water

Cobbler:

- 1 cobbler crust
- 1 cup granulated sugar
- 6 cups peaches, drained and juice reserved
- 1 cup butter, melted
- 1 cup brown sugar
- 1 teaspoon cinnamon
- 1/2 cup half-and-half
- 1 cup drained peach juice
- 1/2 cup Black Jack Daniels

For the crust:

Mix dry ingredients and add shortening. Cut in with a fork. Mixture should look like coarse meal. Add cold water gradually to make a ball.

Divide into 2 balls, top and bottom, and refrigerate for 30 minutes.

Roll out one ball and line a 14-inch pan or 14-inch Dutch oven. Roll out remainder and cut into 1-inch slices for latticework on top.

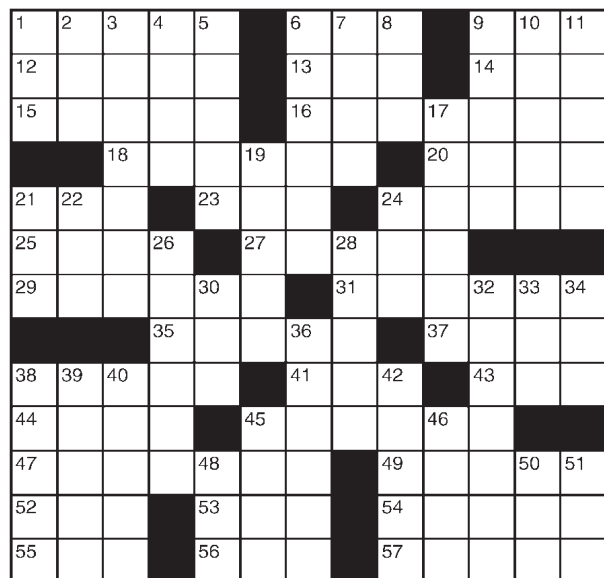
For the cobbler:

Melt butter in saucepan. Add peaches, brown sugar, cinnamon, sugar and half-and-half. Mix well.

Line pan or Dutch oven with crust. Pour in fruit mixture. Cover top with strips of crust in lattice-work pattern.

Bake for 45 to 50 minutes. Moisten strips with water before baking and sprinkle sugar on latticework for a crispy finish.

THE FORUM CROSSWORD



ACROSS

- 1 Snapshot
- 6 America's uncle
- 9 Go back
- 12 Dawn
- 13 Pirouette pivot
- 14 "7 Faces of Dr. ___"
- 15 Foolish
- 16 Current
- 18 Use mouthwash
- 20 Stirred
- 21 Service charge
- 23 Exist
- 24 Nervous
- 25 Screws up
- 27 Point of view
- 29 Horseradish cousin
- 31 Medal earners
- 35 Mottled mount
- 37 Break suddenly
- 38 Went on all fours
- 41 Kreskin's claim
- 43 Have a go at
- 44 In the pink
- 45 Daughter of Muhammad
- 47 Oppressive
- 49 Danger
- 52 [Uncorrected]
- 53 Work with
- 54 Skip a sound
- 55 Superlative ending
- 56 Roulette bet
- 57 Rose

DOWN

- 1 Tire pressure stat
- 2 Barbarian
- 3 Asian wild asses
- 4 With 46-Down, cheese-topped sandwich
- 5 Phantom's bailiwick
- 6 "Hot"
- 7 Top-rated
- 8 "Family Guy" daughter
- 9 "Cats" inspirer
- 10 Money lenders
- 11 One over par
- 17 Deed holders
- 19 Wheat or rye
- 21 A handful
- 22 Geological period
- 24 Brewery product
- 26 Demolitions specialist
- 28 Specter
- 30 Morsel
- 32 Easternmost Great Lake
- 33 Corn spike
- 34 Agent
- 36 Ribbed
- 38 Opted for
- 39 Indian royals
- 40 Vote in
- 42 They're calling Danny Boy
- 45 Blend together
- 46 See 4-Down
- 48 "___ American Cousin"
- 50 Altar affirmative
- 51 Started

ANSWERS ON PAGE 3

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Al Hearne II earned a Doctor of Philosophy in Educational Leadership from Columbia International University on May 4. Hearne actively volunteers at Redwood Chapel Community Church as well as the Castro Valley/Eden Area Chamber of Commerce, and the Castro Valley Rotary Club. He is the Superintendent of Redwood Christian Schools. He and his wife Megan have two sons, Oscar and Stephen, both of whom attend Redwood Christian Schools.

Garden Club Plant Sale This Saturday

The Eden Garden Club holds its annual plant sale from 9 a.m. to 3 p.m. this Saturday, May 18, in the Moose Lodge parking lot at 20835 Rutledge Road, Castro Valley.

A variety of plants will be available, including annuals, perennials, succulents, orchids, vegetables, natives, shrubs, and trees. Baked goods and garden art and accessories will also be on sale.

Alameda County Masters Gardeners will have a plant doctor booth to answer questions regarding gardening and pest control. The public is asked to bring photos to help them make a better diagnosis.

Proceeds from the sale go to garden grants awarded to more than 20 schools in the Castro Valley and Hayward school districts. Schools request grants for projects, which are reviewed by club members.

The Eden Garden Club, founded in 1947, has evolved with the times and interests of club members.

2019 CHILI COOKOFF AND MAC & CHEESE WINNERS



Eden Medical Center group wins for best chili.

PHOTOS BY MURLINE MONAT

BEST CHILI:

FIRST PLACE: EDEN MEDICAL CENTER

SECOND PLACE: ALAMEDA COUNTY INDUSTRIES

THIRD PLACE: MB'S PLACE CATERING, SAN CARLOS

PEOPLE'S CHOICE CHILI: ALAMEDA COUNTRY FIREFIGHTERS

BEST BOOTH: EDEN MEDICAL CENTER

PEOPLE'S CHOICE MAC & CHEESE: ASTRA BIRZNIKS



Astra Birznies with her award

ALL STORES OPEN DURING CONSTRUCTION



EXCITING CHANGES UNDERWAY

Pardon our dust as we make some exciting changes at Castro Village. All shops are open during construction, so be sure visit the friendly faces that have provided you with the eateries, stores and services for over 60 years! This summer, think local, shop familiar and stop by Castro Village Shopping Center.

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LINDA'S NAILS
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MERLE'S HALLMARK SHOP
MOD PIZZA
MOUNTAIN MIKE'S PIZZA
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SAYANG HOLIDAYS
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SHARI'S RESTAURANT
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Food Stamps for SSI Recipients?

Q We have a dear, elderly neighbor who lives on SSI and, to my surprise, I learned that she is not eligible for food stamps. However, I hear that a new law was passed that will soon make her, as well as other persons on SSI, newly eligible for food stamps. Is that so?

By Gene L. Osofsky, Esq.
SPECIAL TO THE FORUM

A Indeed it is! To the surprise of many, California residents on SSI have traditionally not been eligible for food stamps.

The reason is buried in prior state legislative history going back to 1974. But the good news is that, under newly passed Assembly Bill 1811, Californians on SSI will soon now be eligible.

Under AB 1811, and beginning in the Summer of 2019, persons receiving SSI will be newly eligible for Cal Fresh, the California nutrition program, formally known as "Food Stamps."

While the new law will mostly increase the numbers of persons eligible for food stamps, there will

be some households that may be negatively affected by the change, principally those with both SSI eligible and non-SSI eligible persons sharing meals and food purchases in the same household.

However, even as to them, those "mixed" households can still apply for enhanced nutrition benefits under supplemental food programs, all designed to increase access by all households to good nutrition.

The new law kicks in as of June, 2019, but those who may be eligible to have their Cal Fresh re-evaluated are urged to contact their County eligibility worker now.

Here are some contact points:

(1) on the web, click on "Get-CalFresh.org,"

(2) by phone, call the Cal Fresh Benefits Helpline at 1-877-847-3663 or

(3) personally visit your County Department of Social Services and apply.

Thanks for being the good neighbor and I hope this information helps your friend.

Gene L. Osofsky is an estate planning and elder law attorney in Hayward. Visit his website at www.LawyerForSeniors.com

Adaptive Gardening: Tips, Tools for Seniors

By Jim Miller
SPECIAL TO THE FORUM

Aches, pains and injuries are not uncommon among older gardeners. Because gardening is such a physical activity that often requires a lot of bending and stooping, squatting and kneeling, gripping and lifting, it can be extremely taxing on an aging body.

Back pain and knee injuries are most common among older gardeners, along with carpal tunnel syndrome and tennis elbow.

To help keep your mom injury-free this summer, here are some tips and gardening equipment ideas that can make gardening a little easier.

• **Warm Up**

With gardening, good form is very important as well as not overdoing any one activity.

A common problem is that gardeners often kneel or squat, putting extra pressure on their knees. Then, to spare their knees, they might stand and bend over for long stretches to weed, dig and plant, straining their back and spine.

To help protect your body, you need to warm up before beginning. Start by stretching, focusing on the legs and lower back. And keep changing positions and activities.

Don't spend hours weeding a flowerbed. After 15 minutes of weeding, you should stand up, stretch, and switch to another activity like pruning the bushes or just take a break.

It's also important that you recognize your physical limitations and doesn't try to do too much all at once. And, when lifting heavier objects, you need to remember to use your legs to preserve her back.



• **Labor-saving Tools**

The right gardening equipment can help too. Kneeling pads can protect knees, and garden seats or stools are both back and knee savers.

Lightweight garden carts can make hauling bags of mulch, dirt, plants or other heavy objects much easier. And long-handled gardening tools can help ease the strain on the back by keeping you in a standing upright position versus bent over. There are also ergonomic gardening tools with fatter handles and other design features that can make lawn and garden activities a little easier.

• **Easier Watering**

The chore of carrying water or handling a heavy, awkward hose can also be difficult for older gardeners.

see GARDENING on page 15

Understanding Medicare's Different Enrollment Periods

By Jim Miller
SPECIAL TO THE FORUM

The rules for signing up for Medicare can be quite confusing, especially if you plan to work past age 65. But it's critical to understand the ins and outs of enrolling because the consequences of missing a deadline can be costly and last a lifetime.

Here's what you should know about Medicare's three different enrollment periods.

• **Initial Enrollment Period**

At age 65, the Initial Enrollment Period is the first opportunity that most people are eligible to enroll in Medicare.

If you're already claiming Social Security benefits at least 4 months before age 65, you are au-

tomatically enrolled in Medicare, with coverage starting the first day of month you turn 65.

If you're not receiving Social Security benefits, it's up to you to enroll in Medicare either online at SSA.gov/Medicare, over the phone at 800-772-1213 or through your local Social Security office.

You can enroll any time during the Initial Enrollment Period, which is a seven-month period that includes the three months before, the month of, and the three months after your 65th birthday.

It's best to enroll three months before your birth month to ensure your coverage starts when you turn 65.

If, however, you plan to keep working and have health coverage from your employer, or from

a spouse's employer, you may want to delay Medicare Part B, which covers outpatient services, and Part D, which covers prescription drugs. But first check with the human resources department to see how your employer insurance works with Medicare.

Typically, if your employer has fewer than 20 employees, Medicare will be your primary insurer and you should enroll.

But if you work for a company that has 20 or more employees, your employer's group health plan will be your primary insurer as long as you remain an active employee.

If this is the case, you don't need to enroll in Part B or Part D when you turn 65 if you're satisfied with the coverage you are getting through your job.

But in most cases, unless you're contributing to a Health Savings Account, you should at least sign-up for Medicare Part A, which is free and covers hospital services.

• **Special Enrollment Period**

If you delay Part B and Part D past age 65, you can sign up for Medicare during the Special Enrollment Period.

Once you (or your spouse) stop working and you no longer have group health coverage, you have eight months to enroll in Part B. But if you miss that deadline, you'll pay a late-enrollment penalty *see MEDICARE on page 15*

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THE 99TH ROWELL RANCH

PRO RODEO

4 PAGE
PULL & GO
GUIDE

FRIDAY TO SUNDAY

MAY 17-19

Rowell Ranch Rodeo Park
9725 Dublin Canyon Road
(BETWEEN CASTRO VALLEY & DUBLIN)

PHOTO BY PHIL DOYLE

The 99th Rowell Ranch Pro Rodeo

DEAR FRIENDS:

Please join us for the 99th Rowell Ranch Pro Rodeo May 17-19. The rodeo is part of our community, entwined with our rich history, it goes back to the early Spanish Ranches that became the ranches, orchards and city centers of today.

On behalf of the rodeo committee, volunteers and sponsors who help make the rodeo possible, we extend our appreciation to each of you. It's because of your support that we are able to give back to our community and other non-profits and charities.

A special thanks to the Hayward Area Recreation District (HARD) board of directors and staff for always working with us, and helping us make sure the legacy of Harry and Maggie Rowell continues.

We've worked hard to plan a great rodeo for you this year. There'll be plenty of champion cowboys and cowgirls along with some great bucking stock.

We'll start with the Rockin' Bull Bash on Friday night with two days of full rodeo action to follow. This year's rodeo will include the Riata Ranch Cowboy Girls trick riders, barrel man Charlie Too Tall West and the return of bull-fighters Rick Moffat and Donnie Castle to keep our riders safe.

Be sure and come visit us down at the Cowboy Experience before each rodeo performance. We don't always do a good job of talking about rodeo and this is our time to show you the equipment and the stock up close.

You'll find we're an open book, please ask us any questions you may have about our rodeo, we want to make sure you have the right answers.

Know that the health and safety of our livestock is always our first priority.

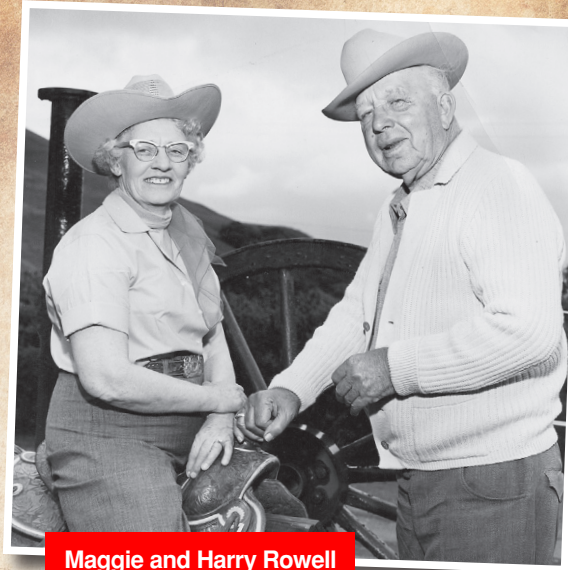
Our rodeo stock is valuable to us far beyond just the dollar amount. The Rowell Ranch Pro Rodeo is proud to be a sanctioned rodeo of the Professional Rodeo Cowboys Association. As such, it doesn't matter if it is a professional event or not, all events are under their strict animal welfare guidelines.

Look forward to seeing you at the rodeo. If this is your first Rowell Ranch Pro Rodeo, you're in for quite a show!

If you're already one of our good friends who comes back year after year, welcome back.

Our heartfelt thanks to the community for celebrating with us. We're proud of our rodeo and are looking forward to turning 100. We're determined to do our part to make sure those western traditions and values that built our town aren't forgotten.

—Russ Fields, President
Rowell Ranch Pro Rodeo Committee



Maggie and Harry Rowell

A 'Love Affair' With the West

For Harry Rowell, the Rowell Ranch Rodeo represents a time for "The old and the young, those who bring memories with them and those for whom the day's events are new to come together. A time for individuals, groups and communities to bond together with a common purpose — the Rowell Ranch Rodeo does all this and more."

For a man who had a "love affair" with the west, there could be no greater job than rodeo stock contractor. A pioneer, Harry saw the sport of rodeo as an American tradition that had to be preserved.

From the first "cowboy show" he put on in 1921 for the community at the Burbank School in Hayward, he built a career as a sought after rodeo stock contractor. And he built the rodeo as a

see WEST on page 11

Honoring Ranching Traditions

Rodeo has become a popular professional American sport that honors the ranching traditions of roping and riding, which continue to be a part of life for many here in the East Bay, who raise cattle on some of the country's most historic ranches.

A sport born out of the everyday activities ranchers still use to safely check their stock, doctor animals, rope stray cattle, train young horses and load animals for shipment and sale across the country.

What once was a friendly competition amongst ranches to see who had the best cowboy, or the best horse, has become a part of one of the fastest growing professional sports in the United States.

During this time of year there are a series of professionally-sanctioned rodeos in California and Nevada that see some of the sport's best athletes make a stop with the hope of winning a piece of the more than \$350,000 in added prize money from the SIXPAC Rodeo series.

This coming weekend more than 100 cowboys and cowgirls will compete for their share of the prize money during this weekend's leg of the California rodeo

see TRADITIONS on page 12

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Angie's list 2011



"The best way to get a cowboy to do something is to suggest he is too old for it."

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James Thomas Jimenez

Local Cowboys Set to Ride at Rodeo

The Rowell Ranch Pro Rodeo is just one stop on the road to the National Finals Rodeo for most professional cowboys. A time to add to their winnings and their hopes, of making it into the top 15 in the nation for their event.

At the rodeo this coming weekend you'll see local cowboys, world champion cowboys and up and coming cowboys along with a few cowgirls.

For local cowboy James Thomas Jimenez, the annual rodeo is time for him to excel at a sport where he has found friends, fans and you might say, an extended family.

James Thomas' parents, Santiago and Vanessa will be the first to tell you that their son has had a rough road to travel.

After spending his first two weeks of life in the Neonatal Intensive Care Unit of the hospital they brought home their baby boy.

His rocky start was compounded when he was diagnosed with

Pituitary Dwarfism at the age of two. James Thomas lives life on a slower growth pattern than other children his age. He is also autistic and suffers from Attention Deficit Disorder (ADD) and Attention Deficit Hyperactivity Disorder (ADHD).

But this young cowboy, and his family, don't give up easily.

He developed a love for all things country while watching music videos with his grandfather.

During a visit to the Rowell's Saddlery in Castro Valley for a new pair of boots before the rodeo a couple of years ago, James Thomas and his parents heard about the mutton busting event and how it was a chance for young cowboys to experience rodeo. Learning about the sport and how to safely ride an animal.

The visit led to him being signed up for his first mutton busting competition and a chance to be a cowboy.

James Thomas took to mutton

busting like he was born for the sport. His parents said it was the first time their son had done something where no one looked at him as the different, autistic boy. They looked at him like a cowboy.

He loves mutton busting so much he now travels the circuit - Oakdale, Springville, Red Bluff - wherever he can catch a ride.

Watch for this young cowboy, James Thomas, at this year's Rowell Ranch Pro Rodeo. His parents and family will be in the stands cheering him on as he takes his ride and jumps off with his fist in the air, a "yee-haw" for the crowd and anticipates receiving a winning belt buckle to add to his collection.

Santiago and Vanessa will tell you mutton busting is what he loves and excels at - they'll keep finding rodeos for James Thomas as long as he can ride because it's a chance for their son to show everyone, he has the heart of a cowboy and the spirit of a champion.

West: How The Rodeo Came to Be

continued from previous page
time for his community to gather together to celebrate their history and traditions.

Inspired by those that came before them, the all-volunteer, not-for-profit Rowell Ranch Pro Rodeo Association was formed in 1977 and works all year long to carry on the tradition and coordinate the three-day rodeo along with many other events such as the parade and chili cook-off which are presented by the Castro Valley Rotary Club.

All opportunities for their community to come together and celebrate their history with the proceeds benefiting many local charitable organizations.

The Hayward Rotary did an official estimate in 2018 noting that their 68-year old partnership with the rodeo has given back in excess of \$1.35 million to the community.

Proceeds from the annual rodeo and related events provide much needed funding to many local charitable organizations including Special Olympics, Tough Enough to Wear Pink Breast Cancer Awareness Program, local 4-H Clubs, Future Farmers of America (FFA), Hayward Rotary and the Castro Valley Breakfast Lions Club.

Be a part of your community's tradition and join the Rowell Ranch Pro Rodeo excitement May 17-19 at the Rowell Ranch Rodeo Park off of Highway 580 in Castro Valley/Hayward.

Tickets are on sale now and range in price from \$17 to \$30. General admission and reserved seating is available. Visit rowell-ranchrodeo.com to get your tickets today. Tickets can also be purchased at the gate the day of the performance.



RODEO SCHEDULE

SATURDAY, MAY 18 "ARMED SERVICES DAY"

10 a.m.	Gates Open
10:30 a.m.	Special Partners Event, for children with special challenges
12 Noon	Cowboy Experience
1:30 p.m.	Rodeo Grand Entry
5 p.m.	Tri-Tip BBQ & Live Music

SUNDAY, MAY 19 "TOUGH ENOUGH TO WEAR PINK" (Show support in battle against breast cancer)

10 a.m.	Gates Open
12 Noon	Cowboy Experience
1:30 p.m.	Rodeo Grand Entry

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1st Place: Reagan Bedard, 1st Grade, Redwood Christian Schools (RCS)
2nd Place: Shealynn Bedard, 1st Grade, RCS
Honorable Mention: Hazel Marin, 1st Grade, RCS
Honorable Mention: Mariana Gonzalez, 1st Grade, RCS

2ND & 3RD GRADE:

1st Place: Nori Dania, 2nd Grade, RCS
2nd Place: Yadani Dibaba, 2nd Grade, Marshall School
Honorable Mention: Isaac Warner, 3rd Grade, RCS
Honorable Mention: Vivian Duncan, 2nd Grade, Marshall School

4TH & 5TH GRADE:

1st Place: Kaitlyn Hoang, 5th Grade, RCS
2nd Place: Malayka Gobena, 5th Grade, RCS
Honorable Mention: Izabella Hernandez, 5th Grade, RCS
Honorable Mention: Joshua Seganish, 5th Grade, RCS

ART WINNERS

KINDERGARTEN & 1ST GRADE:

1st Place: Juliana Troche, 1st Grade, RCS
2nd Place: Masyn Simpson, 1st Grade, RCS
Honorable Mention: Alexandra Landavende, 1st Grade, RCS

2ND & 3RD GRADE:

1st Place: Ezra Rodriguez, 3rd Grade, RCS
2nd Place: Judith Huerta, 3rd Grade, RCS
Honorable Mention: Melodie Chock, RCS
Honorable Mention: Tirzah Burke, 3rd Grade, RCS

4TH & 5TH GRADE:

1st Place: Leia Kremer, 4th Grade, Marshall Elementary
2nd Place: Azure Young, 5th Grade, RCS
Honorable Mention: Jasmine Ball, 4th Grade, RCS
Honorable Mention: Mia Mejia, 5th Grade, RCS
Honorable Mention: (tie) Viviana Cecchi, 5th Grade, RCS

Traditions: The Cowboy Experience

continued from page 10

circuit in our own community.

At one end of the arena fans can watch the roughstock chutes that host the bull riding, saddle bronc and bareback events seen in rodeo.

A competition where the bucking stock's abilities are just as important as those of the rider against an 8-second clock.

The rider competes for a score of 50 points and the bucking stock has a score of 50 for a combined total possible of 100. Whereas the timed events such as steer wrestling, team roping, tie-down roping and barrel racing are a contest where the ability of the rider and horse are challenged against the clock.

How they ride, manage the stock and do their job as a cowboy or cowgirl against the clock decide their place in the competition.

Great care is taken to protect the livestock at the professionally sanctioned Rowell Ranch Pro Rodeo where the strict animal welfare guidelines of the Professional Rodeo Cowboys Association (PRCA) must be followed for all animals, and in all events.

The Rowell Ranch Pro Rodeo is committed to the safety and health of all livestock involved in the rodeo. There are more than 70 rules governing all aspects of livestock care and handling at PRCA rodeos including the equipment used, the time allowed for competition and the condition of the facilities. These rules were born from a partnership with the competitors and stock contractors who own these valuable animals, and in consultation with knowledgeable veterinarians who understand the various rodeo events.

Want to learn more about rodeo, the events and the equipment used. Rodeo fans are encouraged to attend the Cowboy Experience at 12 noon prior to the Saturday, May 18 and Sunday, May 19 performances.

Everyone is welcome to go down into the rodeo arena and see firsthand the equipment used in the sport of rodeo, livestock and chutes. Cowboys and committee members will be on hand to answer questions about the sport of rodeo and help set the record straight.

The Rowell Ranch Pro Rodeo encourages everyone to learn about the sport of rodeo from those who are responsible for making sure all rules and regulations are followed.



2019 Rowell Ranch Rodeo Parade

EQUESTRIAN

The Dale Yearian Memorial Equestrian Sweepstakes
Escaramuza Dalia Mexiquense

CLASS

FUTURE HORSEMAN

First: Presley Pilkington (almost 3 years old!)

MOUNTED GROUP OPEN

First: Hayward Hills Charro

HORSE OR PONY DRAWN

First: Art and Essay Contest Winners
Second: Grand Marshal
Third: Sponsor Wagon

NOVELTY COSTUME

First: Escaramuza Dalia Mexiquense

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Sweepstakes, Rowell Ranch Pro Rodeo

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Second: Jr. Rodeo
Third: Castro Valley Masonic Family

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Second: Pride of Hayward High School Marching Band
Third: Deputy Sheriff's Activity League's Rhythm Cadets Drumline

COMMUNITY - YOUTH

First: Castro Valley Independent Sports League
Second: Palomares 4-H of Castro Valley
Third: Cub Scout Pack 722

COMMUNITY - OPEN

First: Hayward Area Recreation Department
Second: Alameda County Fire Department
Third: Alameda County Supervisor Nate Miley

VEHICLES

First: The Perry Family
Second: Acorn A's
Third: Shamrock Realtors

Results of the May 11, 2019 parade submitted by Bruce Johnson, Rotary Club of Castro Valley and will be posted on www.rowellranchrodeoparade.com and Robert Souza of Castro Valley News captured the entire parade which can be seen "live" on Facebook at "Castro Valley News." Questions? Please email Bruce Johnson at BruceJohnson@rcs.edu Photographs by Mike Kady and Castro Valley Photo Club Photographers, Gil Badilla, Steve Johnson, and Winnie Wright.



LONE TREE CEMETERY'S 116th Memorial Day Program MAY 27th, 2019

Donuts, Coffee and Juice starting at 9 a.m.
Helicopter Flyover at 10:15 a.m.
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By Carl Medford, CRS
Special to the Forum

GUEST COMMENTARY



Skilled Labor Shortages Affecting The Housing Market

As HGTV increasingly saturates the ether with home improvement shows, homebuyer tastes are becoming increasingly particular.

Buyers, recently visiting an open house, were overheard saying, "We cannot live with the Corian kitchen counters and the popcorn ceilings."

Thinking they were concerned the 'popcorn' texture might contain asbestos, the agent pointed out that the home had been built after the 1978 ban on asbestos-related products. The buyers responded, "We just hate the way it looks."

As buyer tastes tighten, new norms are emerging, and sellers are struggling to facilitate the upgrades homeowner wannabes anticipate.

A side-by-side comparison between the way homes were marketed 10 years ago and current trends provides a shocking contrast. Not so long ago it was normal to provide a fresh coat of paint, clean the carpets, do a few minor upgrades and then put the home on the market.

Today's buyers, however, are looking for completely updated kitchens and baths, new laminate or hardwood flooring throughout, retextured ceilings with popcorn removed, stone counter tops, stainless steel sinks and appliances and so much more.

All of this would be fine except for two fundamental issues.

First, due to wildfires and trade wars, building material costs have skyrocketed, forcing home improvement budgets skyward.

Secondly, we are facing a skilled construction labor crisis in the Bay Area, and there are simply not enough tradespersons available to keep up with the current demand for home improvements.

Additionally, since Bay Area residents are becoming increasingly resistant to doing work themselves, the demand for construction workers is exploding at a rate far exceeding the local labor pool's abilities to cope.

In a recent conversation, Brian Rose of Watermark Builders, stated "We have a key employee retiring soon - we're not sure what we're going to do as we've been unable to locate a replacement. It's a huge concern."

Rose is not the only one troubled. Realtors, struggling to find trades ranging from handymen, painters and more, are seeing delays in getting homes on the market. Another short-term effect is the quality of work performed on homes being prepared for the market is often visibly substandard compared to a few short years ago.

The National Association of Realtors concurs and, in a recent report*, stated the construction job gap is also holding back housing starts. The lack of qualified labor is a very real problem that may be coming soon to a home near you.

*<http://economistsoutlook.blogs.realtor.org/2019/05/01/construction-and-housing-starts-outlook-for-2019-2028/>

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

Bay Area Soil Fungus Causes Black Japanese Maple Limbs

By Buzz Bertolero
Special to the Forum

We have a six-year-old Coral Bark Japanese Maple. Last year, a few of the smaller branches turned black, and we pruned them off. Now one of the three main branches is doing the same thing, and the leaves are shriveling. The shape of the plant will be ruined if we remove it. What should we be doing?

It's never good news when the stems of a Japanese Maple turn black.

The black coloration is a primary indicator of a vascular disease called verticillium wilt, a soil-borne fungal disease that's common in our Bay Area soils.

When the infected stems are cut, you'll find black streaking through the tissue. It attacks a wide range of ornamental and herbaceous plants including, tomatoes, peppers, roses, pistache and camphor trees.

The fungus works its way up the plant from the roots disrupting the vascular tissue that is responsible for transporting water and nutrients throughout the plant. Unfortunately, we have no controls for this problem. The disease attacks without warning.

Our poorly draining, heavy clay soil and excessive summer watering doesn't help. It's particularly frustrating when verticillium wilt attacks established and thriving ornamentals. With tomatoes and other vegetables, we can plant

resistant varieties, but that's not the case with Japanese Maples.

I'd removed the infected limb because it is not going to recover and encourage the new growth by feeding it a Japanese Maple Fertilizer. A replacement branch can be selected from the new growth.

When the temperatures are over 80°F, I'd water Japanese Maples weekly. If they are in a shady lo-

cation, they can go longer in between watering, every ten to fourteen days.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com and questions can be sent by email to buzz@dirtgardener.com or on Facebook at [Facebook.com/Buzz.Bertolero](https://www.facebook.com/Buzz.Bertolero)



OPEN HOMES

SAT. & SUN.
MAY 18th & 19th

CITY	SAT	SUN	ADDRESS	PRICE	BDR./BA.	REALTOR	AGENT	PHONE
H	—	1-4	2390 D St.	\$483,000	3/2	Re/Max Accord	Lovewell Team	510-351-5555
H	—	1-4	3906 Arbutus Ct.	Call	4/3	J. Rockcliff RE	Kristy Peixoto	925-251-2536
A	1-4	1-4	109 Dorchester Ave.	\$599,950	2/1	CRH Group Inc.	Ruty Magidish	510-978-1200
A	—	2-4	800 Bancroft Ave.	\$975,000	3/2.5	Rinetti & Co. RE	Carrie Miles	510-735-5223
A	—	1-4	1500 Daily Dr.	\$1,098,000	3/2.5	Coldwell Banker	Laurie Pfohl	510-851-3551
S	2-4	2-4	11753 Cranford Way	\$749,000	3/2.5	Compass RE	Michelle Miller	510-701-3442

One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25. For more information and a listing form, call 614-1558. DEADLINE: TUESDAY AT NOON.

CITY GUIDE

A = SAN LEANDRO • B = BERKELEY • C = CASTRO VALLEY • D = DUBLIN • F = FREMONT • H = HAYWARD
L = LIVERMORE M = MODESTO • S = SHEFFIELD VILLAGE • P = PLEASANTON • SLZ = SAN LORENZO • Z=ALAMEDA



All real estate advertised in the Castro Valley Forum is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, marital status, national origin, or intention to make any such preference, limitation or discrimination. The Castro Valley Forum will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

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Coming Soon!

Lovely Fairmont Terrace Neighborhood
16017 Berkshire Rd., San Leandro

You'll fall in love with this single level 3 bdr, 2 ba. rancher on a quiet tree-lined street that is move in ready. Freshly painted throughout with newly refinished hardwood floors. Featuring a fireplace and formal dining area. Remodeled kitchen and baths, dual pane windows, central heat and a/c. Pretty backyard. **Asking \$680,000.**

Coldwell Banker Real Estate
Call Trish Radovich: 510-367-7999/calltrish@comcast.net
21060 Redwood Rd. Ste. 100, Castro Valley

Gracious Executive Home on Jensen Road



5695 Jensen Road, Castro Valley (Price Upon Request)

Custom luxury living in this gated home with over 3,480 Sq. Ft., 5 bedrooms, 4 baths and 1.21 Acres. This home has a vaulted front door with high ceilings. The master bedroom has its own fireplace. There is a formal living room, gourmet style kitchen with lots of cabinets and storage room.

There are beautiful views from almost every room. The backyard has a large deck area with a fire pit for family gatherings or special occasions. There are fruit trees, a garden area, bocce ball court and a hot tub. There is a three car garage with garage openers. The views are tranquil and just breathtaking of the Castro Valley Canyon lands.

Give the Kristy Peixoto Team a call for more information at 925-251-2536

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RECENT HOME SALES

Castro Valley			
19465 Santa Maria Avenue	94546: \$485,000	3 BD - 1,198 SF - 1960	
3639 Pinon Canyon Court	94552: \$520,000	2 BD - 918 SF - 1996	
1985 170th Avenue	94546: \$525,000	2 BD - 1,365 SF - 1946	
5235 Proctor Road	94546: \$680,000	2 BD - 954 SF - 1952	
18976 Thornbury Avenue	94546: \$850,000	3 BD - 1,272 SF - 1955	
3214 Keith Avenue	94546: \$870,000	3 BD - 1,476 SF - 1952	
20283 Crow Creek Road	94552: \$929,000	3 BD - 2,358 SF - 1992	
3939 Alexia Place	94546: \$1,181,000	5 BD - 3,071 SF - 2004	
5336 Pacific Terrace Court	94552: \$1,450,000	3,526 SF - 2000	
5613 Lynwood Court	94552: \$1,556,500	4 BD - 2,833 SF - 1981	
TOTAL SALES:	10		
LOWEST AMOUNT:	\$485,000	MEDIAN AMOUNT:	\$860,000
HIGHEST AMOUNT:	\$1,556,500	AVERAGE AMOUNT:	\$904,650
San Leandro			
1470 Thrush Avenue #19	94578: \$410,000	2 BD - 820 SF - 1994	
16844 Los Reyes Avenue	94578: \$460,000	3 BD - 1,054 SF - 1944	
1593 Thrush Avenue	94578: \$575,000	2 BD - 768 SF - 1942	
1712 Liberty Pointe Way	94578: \$590,000	2 BD - 1,227 SF - 2008	
2461 Croyden Court	94577: \$620,000	1,659 SF - 1977	
13416 Doolittle Drive	94577: \$637,500	3 BD - 1,472 SF - 1946	
3433 Monogram Street	94577: \$645,000	3 BD - 2,014 SF - 2000	
314 Lille Avenue	94577: \$660,000	3 BD - 1,306 SF - 1941	
15388 Edgemoor Street	94579: \$720,000	5 BD - 1,638 SF - 1950	
923 Joaquin Avenue	94577: \$754,500	3 BD - 1,615 SF - 1954	
2261 Longview Drive	94577: \$900,000	3 BD - 1,874 SF - 1960	
TOTAL SALES:	11		
LOWEST AMOUNT:	\$410,000	MEDIAN AMOUNT:	\$637,500
HIGHEST AMOUNT:	\$900,000	AVERAGE AMOUNT:	\$633,818

ATHLETE OF THE WEEK



David Tang

This week's Athlete of the Week is David Tang, an eighth grader at Canyon Middle School. Tang is a high level wrestler for the Tri-Valley Elite Wrestling Club and competed in the San Joaquin Wrestling Association (SJWA) Championships in Tracy, on Saturday, May 4.

This is a tough tournament consisting of high level competitors from the Tracy and Stockton areas and signifies the end of the Freestyle and Greco Roman spring season.

Tang finished the day with a 7-0 record, winning gold with 4 wins in Freestyle and 3 wins in Greco Roman. He dominated his bracket to achieve gold, but was also awarded 2 SJWA Championship singlets, one for each style.



The Dried and Tied crew: Antoinette Streeter, Kathy Rousey, Dawn Altman, Marsha Stowe.

Close: Dried and Tied Saying Goodbye

continued from front page

"We bring with us many memories and are so grateful to the community and loyal customers for their support over the years," Rousey adds. "I had a customer come in recently with a stroller who said she loved coming to the store when she was a little girl and her mother brought her in to shop."

Starting out of their own homes, Rousey and Gonsalves answered requests by friends and family to have home parties. They expanded quickly and at the height of its success, the partners managed a 2-story 4,000 square foot space. The brand was built around elegance. Just as Tiffany's has its blue box; Dried & Tied has its gift bow, gold sticker, and fragrance spray.

"Our motto has always been, 'If you don't see it here, you don't need it,'" Rousey quips.

At the time, there were not as many shopping choices for home decor. Dried & Tied made a name for itself by decorating the store every holiday including Christmas and Halloween. Since then, online retailers and jumbo home furnishings chains have displaced locally owned stores like Dried & Tied.

Rousey and Gonsalves "retired"



PHOTOS BY MICHAEL SINGER

GET IT BEFORE IT'S GONE: Dried and Tied customers old and new have been shopping for bargain-priced gifts ever since the shop announced it was closing.

once before in 2005 when they sold the store to George Mathai, who said he wanted to invest in a local business. Rousey returned to work in partnership with Mathai in 2011 right up to current day. The store is expected to continue with sales until its final day.

CASTRO VALLEY INDEPENDENT SPORTS LEAGUE

Youth Baseball and Flag Football Programs

www.CVSPORTSLEAGUE.org

SIGNING LETTERS OF INTENT

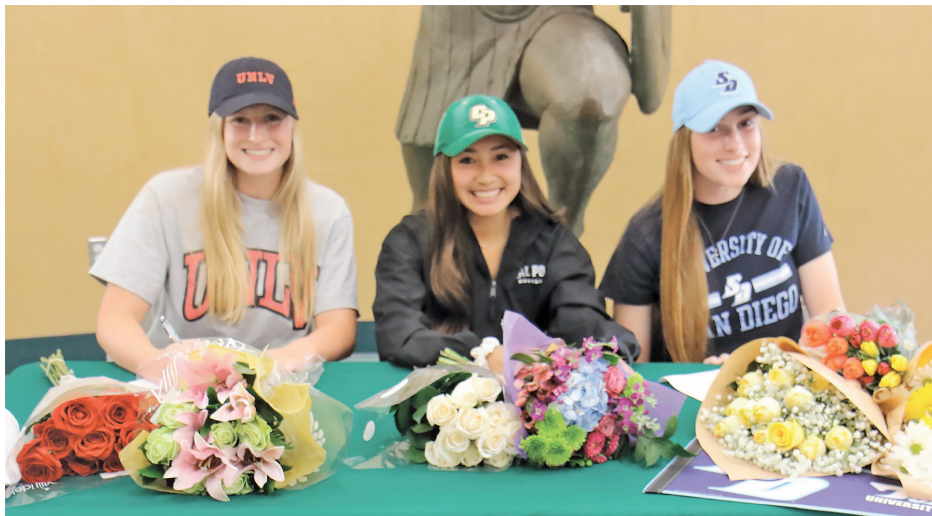


PHOTO BY CHRIS MATTHEWS

Seniors, from left, Jacklyn Scheberries, Kylie Rojas, and Courtney Rose each recently signed their letter of intent at the Castro Valley High School's Auxiliary gym. Scheberries will be swimming at UNLV, Kylie Rojas will play soccer at Cal Poly San Luis and Courtney Rose will play softball at the University of San Diego.

Huge Annual Neighborhood GARAGE SALE!

LAKE CHABOT NEIGHBORHOOD

Saturday, May 18
8 a.m. to 1 p.m.

Maps Available at
Garage Sales the
Day of the Event

Directions:
Enter at Corner of Brookdale
and Lake Chabot Road
Then Follow the Signs



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LIFE SUMMER CAMP

REGISTRATION CLOSES MAY 19th!



Safiyah is a 12 year old singer songwriter from Hayward, she will be performing the 23rd & 25th of May

This Week at Smalltown

● **Thursday, May 23: THE LAB:** Songwriter and Poet Showcase & Workshop. THE LAB is a monthly gathering that allows songwriters and poets to workshop and collaborate on new and existing pieces through exercises and brief performances, in front of and among friends. Everyone is welcome! Sign-ups for performances by email only: info@smalltownsociety.com. This month's featured artist is Safiyah Hernandez 7-9 p.m.

● **Saturday, May 25:** Pampas Cafe Presents Smalltown Society Art Sessions. Join Smalltown and Pampas Cafe in the parking lot at Pampas, highlighting local art and the music of singer/songwriter Safiyah Hernandez. Free, 10 a.m. - 1 p.m., 3483 Castro Valley Blvd.

● **Friday, May 31: Smalltown MAY Gathering:** Connect with your community, hear from local artists, musicians and advocates, and experience the developing narratives of your neighborhood! The music of the Tyler Harlow Quartet. Plethos Productions, food, beer, wine & more! Free (suggested contribution \$10) 7:30-10 p.m. doors open at 7 p.m.

More details on these events and others visit www.smalltown-society.com or text "Smalltown" to 797979. Smalltown Society is located at 22222 Redwood Road, Castro Valley.

Gardening: Options for Older Adults

continued from page 8

Some helpful options include lightweight fabric hoses instead of heavy rubber hoses; soaker or drip hoses that can be snaked throughout the garden; thin coil hoses that can be used on the patio or small areas; a hose caddy and reel for easier hose transport around the yard; and a self-winding hose chest that puts the hose up automatically.

There are also a variety of ergonomic watering wands that are lightweight, easy to grip, and reach those hard-to-get-to plants.

To find ergonomic gardening tools and the recommended watering aids, check with local retail stores that sell lawn and garden supplies or try online retailers like Gardeners.com or RadiusGarden.com.

• Container Gardening

If your backyard garden has become too much to handle, consider elevated garden beds or container gardening – using big pots, window boxes, hanging baskets, barrels or tub planters.

This is a much easier way to garden because it eliminates much of the bend and strain of gardening but still gives you the pleasure of making things grow. Trellises are another nice option that would allow you to garden vertically instead of horizontally.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org.



Big Praise for Small Business

Assemblyman Bill Quirk, at left, honored Pete's Hardware owners Linda and Jeff Roak last week with a Small Business Award of Recognition as Castro Valley's third generation and oldest business. The award was made in partnership with Ashley Strasburg, at right, Executive Director of the Castro Valley/Eden Area Chamber of Commerce. California's small businesses employ half of the state's private workforce, Quirk noted.

Medicare: The General Enrollment Period

continued from page 8

ty for the rest of your life. The penalty increases your premiums by 10 percent for each 12-month period that you don't have coverage.

The window for Part D is shorter. You must sign up for Part D within two months of losing drug coverage.

If you go 63 days or more without drug coverage, you'll pay a

lifetime late-enrollment penalty that equals 1 percent of the monthly base premium (about \$33 in 2019) times the number of months you don't have Part D of other creditable coverage.

General Enrollment Period

If you miss either of these first two enrollment periods, you'll have to wait until the General Enrollment Period, which is January 1 through March 31 of each year,

but your Part B and Part D coverage will not begin until July 1. And you'll be subject to late-enrollment penalties.

There is, however, no penalty for late enrollment for Part A. You can sign up anytime with coverage beginning the first day of the following month.

Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

Reports: Wanted Couple Behind Store

continued from page 3

have a pipe for smoking meth in his sweatpants. Deputies took the man into custody.

Wanted Couple Behind Store

Monday, May 6: at 11:20 p.m., deputies arrested two people from CV behind a grocery store on East Castro Valley Boulevard in the 580 Market Place shopping area. Store security called in a report of a suspicious vehicle parked in the loading area. Deputies discovered both people in the car had warrants issued for their capture. A 42-year-old woman was charged with two counts of possession of stolen property. A 43-year-old man at the scene was charged with possession of illegal narcotics and illegal drug

paraphernalia. Deputies took the couple to Santa Rita Jail for processing.

Found Heroin

Monday, May 6: at 10:32 p.m., a 32-year-old man from Oakland was arrested on suspicion of possession of illegal narcotics at a

grocery store on the Boulevard near Redwood Road. Deputies responded to the scene after receiving a shoplifting call from store managers that identified the man as the suspect. The man turned out his pockets and revealed he had heroin in a bit of tin foil. The man was taken into custody.

Eden Medical Scholarships

Eden Medical Center Auxiliary in Castro Valley is offering scholarships to eligible students who are currently enrolled in — or who have been accepted into — medical related programs at the college level for the following academic school year.

Applicants must reside in the Eden Township District, which includes Castro Valley, Hayward, San Leandro, San Lorenzo, Cherrylund and Ashland. Applications are available at the Eden Medical Center concierge desk. The application deadline is May 31.

NEW! CURBSIDE TEXTILE RECYCLING



RESIDENTS: RECYCLE YOUR TEXTILES

CVSan will begin accepting textiles curbside from all residents during the first full week of June and October.

UPCOMING COLLECTION: June 3-7, 2019.

INSTRUCTIONS: Between June 3rd-7th, place bagged textiles on the curb next to the blue recycling cart for no additional fee. Single-family residents, set out textiles on your normal collection day. Multi-family residents, check with the property manager for your textile collection day.

WHAT ARE TEXTILES? Textiles include items such as clothing, towels, linens, bath mats, curtains, stuffed animals, etc.

NOT ACCEPTED: Textiles that are wet, moldy, or have human biowaste, blood, toxic chemicals, or motor oil on them. No light-up shoes or clothes.



Textiles will also be accepted at CVSan's Recycles Day events.

Customers will not receive a tax deductible receipt.

Questions? Call Alameda County Industries at 510-483-1400.

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San Leandro Times/Castro Valley Forum

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GARAGE SALES



CASTRO VALLEY

NEIGHBORHOOD YARD SALE 5/18, 8am-1pm. Clothing, household items, tools, and much more! Cohoe Court at Tye Court and Norbridge, Castro Valley.

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GARAGE SALES

COMMUNITY WIDE YARD SALE at 5 Canyons Parkway, Sat. 5/18 and Sun. 5/19, 8:00am-4:00pm. Rain or Shine. Over 900 homes - 5 Canyons Parkway, Castro Valley. For a listing of participating homes please go to: www.fivecanyonshoa.org

SAN LEANDRO

SAN LEANDRO CITY WIDE GARAGE SALE

The City of San Leandro is hosting a **Citywide Garage Sale** on **SATURDAY, MAY 18, 8am-1pm.** Hundreds of homes will sell clothing, housewares, furniture, & one-of-a-kind treasures. **Look for our full-page ad on pg. 5 in this weeks San Leandro Times (5/16 issue)** for a map & listing of participation addresses.

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GARAGE SALES

HUGE YARD SALE 5/18, 9am-318 Harlan, San Leandro.

GARAGE SALE 5/18 & 5/19, 9am-6pm. Clothes, household items, tools & more! 1267 Lillian Avenue, San Leandro.

*SPRING CLEANUP!!!

Time to clean out your Attic, Garage, Basement (House)!!! Get your items together and place a **GARAGE SALE** ad in the San Leandro Times and the Castro Valley Forum for as little as \$30. To place an ad **Call 510-614-1558**

HUGE GARAGE SALE 5/18, 8am-2pm. Hand/ power tools, Ladder, Photography, Clothes, Signboards, Kitchen Appliances, Electrician Supplies. Metrocart, Computers, Monitors, Laptops, Smart-UPS, Stereos, Speakers, Guitars, Amps. 695 Dowling/ Kenilworth, San Leandro.

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GENERAL

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LETTERS to the Editor

"Dobie" Gelles — He Touched Our Lives

Editor:

When I learned that Donald "Dobie" Gelles recently passed away, I am sure hundreds if not thousands in the Castro Valley Community immediately remembered some way that Dobie had touched their lives.

He served so many of us in so many ways, always ensuring that all things — no matter how minor or major — were handled with kindness and sensitivity. He modeled joy and patience to everyone.

He was friend to everyone, and one who could always be counted on for a positive word of encouragement.

In 2013, Dobie received the Redwood Christian Schools highest recognition for any community member as he was presented with

the RCS Lifetime Recognition Award.

Dobie always wanted the best for every child, regardless of where he or she went to school. He was one of the first within the community to congratulate me being named Superintendent at RCS in 1986, and through the years blessed me with multiple letters of encouragement — always at just the right time!

To many he will be remembered as a long-time supporter of so many causes, a public school administrator, and an elected official.

He was all that and so much more. I will miss my friend.

—Bruce D. Johnson, Castro Valley

Christianity Called "Most Persecuted Religion in the World"

Editor:

We see Billy Bradford is at it again, using the public schools as grounds for his agenda-driven crusade.

The word "inclusion" for Mr. Bradford sounds more "exclusive." So let me ask, how about we have a Christian Pride month and hang

the Christian flag one month to show solidarity for the most persecuted religion in the world.

Facts by opendoorsusa.org shows in the top 50 countries a 14% rise from 2018 till now 245 million Christians persecuted (1 in 9), 4,136 Christians killed (11 every day), 2,625 detained, arrested, imprisoned, 1,266 churches or Christian buildings attacked.

So I ask who has it worse and what other freedoms do the "LG-BQT" want that every American already has? And shouldn't the posters in CV read, Castro Valley Stands United Against "ALL" Hate?

Let's have inclusion and be exclusive to all walks of life.

—Manny Morales, Castro Valley

Accessible Bench Needed at Castro Valley BART Station For People with Disabilities

Editor:

I see with recent letters to the editor, that we are getting some traction on the bench. Unfortunately I too have contacted BART representative, Jim McPartland, about the bench that was gifted by Paratransit, for use by BART patrons who are disabled; I have not received any response from Mr. McPartland.

I contacted him April 9th, via email, left several voice mails, regarding the overlooked and terribly ableist problem with the bench.

The bench is located at the Castro Valley BART blue curb drop-off zone and Paratransit bus stop. This zone and bus stop are completely inaccessible to people with disabilities.

Why are we insisting on putting lipstick on a pig? Rearranging the tiles on the bench is like changing deck chairs on the titanic, it does not make Castro Valley BART ADA accessible or any safer for patrons for disabilities? We need an accessible bench in an accessible BART station - *now*! It is not ADA compliant!

—Mo Gilhooly, AAC Educator, Castro Valley

Calls on Democrats to End Trump "Temper Tantrum"

Editor:

It's about time our congressman, Eric Swalwell, and all of his democratic constituents start doing the work that matters to the American people and stop the temper tantrum they seem to all have towards President Trump.

Look, I think we can all agree, President Trump is no angel. And liberals are up in arms they didn't get what they wanted out of the Mueller report. But this current debacle over Trumps taxes is nothing but political grandstanding.

If President Trump makes money, he's a bad guy. If President Trump loses money, he's a bad guy. He can't win in the eyes of the liberal-socialist establishment.

Why doesn't the president reveal all his tax returns? The same reason neither you or I would if Congressman Swalwell called you up and asked for your tax returns. We all have a right to privacy and frankly, last time I checked it was the duty of the IRS, not congress, to be the watchdog over making sure we all pay our fair share.

It's just politics as usual and I, for one, am sick of it.

—Scott Thomasson, Castro Valley

New Economic Data a Problem for Democrats to Run Against Trump

Editor:

Some very interesting facts and economic data came out recently that is going to make it very hard for Democrats to run against President Trump in 2020.

Fact: Unemployment lowest in 49 years

Fact: Hispanic unemployment lowest ever in history

Fact: Unemployment rate among women lowest since 1953

Fact: GDP growth is at 3.2%. Liberals said growth could never get above 2% under President Trump.

Because our liberal and socialist constituents in congress cannot deals with cold, hard facts they continue the old and tired act of criticizing the character of President Trump.

Popularity of President Trump is climbing again according to recent polls (higher than President Obama at the same point in his term) while poll numbers for congress continue to decline.

Just the Facts, please.

—Charles Scott, Castro Valley

Obituaries

Laverne Brittain

December 21, 1929 - May 4, 2019

On Saturday, May 4, 2019 Laverne passed away at the age of 89. She was born on December 21, 1929 in Sparks, Nevada where she lived in many towns in Nevada until 1937 when she moved to California.

Laverne worked for 23 years at Southern Pacific Railroad in San Francisco as a clerk. She also worked 11 years as a Police Dispatcher at various Police Departments in the Bay Area.

She had a passion for bingo, trips to Reno and loved her many visits to the casinos to play the slots. To quote Laverne, "I'll be going to that great bingo parlor in the sky."

Laverne is survived by her son Lon Kransky, wife Denise, grandsons John Kransky, Jason Watkins Hanson, wife Julie, Granddaughter Wendy McDonald and great-grandchildren Rita, Toby and Jase.

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**Richard Sherwin Tubbs**

Richard "Dick" Sherwin Tubbs passed away on April 20, 2019, in Burlingame, California surrounded by his wife and daughter after a brief hospitalization. He was 84 years old and would have turned 85 on June 21st.

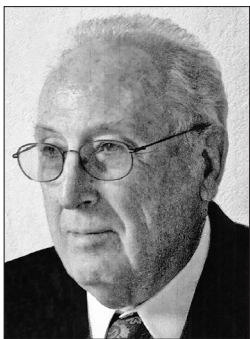
Dick grew up in the Belmont Shore neighborhood of Long Beach, California, graduating from Wilson High School in 1952 and then Long Beach State College where he earned a BS in biological sciences. In 1957, he was drafted by the U.S. Army, working in biological research at Letterman Army Hospital in San Francisco and virus research for the Naval Biological Laboratories at UC Berkeley. That same year, Dick married Joyce Schinnerer and they moved to the San Francisco Bay Area.

His 34-year career in education began in 1960 at Castro Valley High School where he taught life science, biology and was president of the teachers union. During this time he earned a MS in School Administration. In 1965 he became an assistant principal at Castro Valley High School. The following year he was appointed principal, a role he served for 7 years. From 1973-1978, Dick was principal at San Mateo High School. Dick then worked as the superintendent for Santa Paula Union High School District in Ventura County from 1978-1982. In 1982, he assumed the role of Superintendent for the Cabrillo Unified School District in Half Moon Bay. In 1988, Dick was appointed Superintendent of San Leandro Unified School District where he worked until he retired in June 1994. Dick was deeply committed to public education and always based his decisions on "what was best for the students." Even in retirement, Dick remained a passionate educator consulting with school districts and mentoring new administrators.

Dick lived a life he was proud of. He had the kind of personality and character that earned him the respect, esteem, and affection of everyone he met. He valued integrity and honesty and expected the same of others. He was charismatic and good-natured with a wry and witty sense of humor. Always with a smile on his face, he loved sharing a good story and was known as jokester to many. He touched the hearts and lives of many people throughout his lifetime.

Dick and Joyce shared a love and friendship that is remembered by all. During their 61 years of marriage, Dick and Joyce loved to travel around the world. To enjoy their years in retirement, Dick and Joyce moved to the Peninsula Regent in San Mateo in 2010.

Dick is preceded in death by his father Sherwin, mother Bernice and brother Donald. He is survived by his wife Joyce, daughter Lisa MacLean of Castro Valley, son Tyler Tubbs of Portland, Oregon, and granddaughters Jenevieve Garcia, Madison Tubbs, Ashley Tubbs, and niece Donna Tubbs Pompei of Long Beach, California. A private family service was held on May 6th at Skylawn Memorial Park in San Mateo. A celebration of life will be held in June.

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SERVICES

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Transfiguration Church
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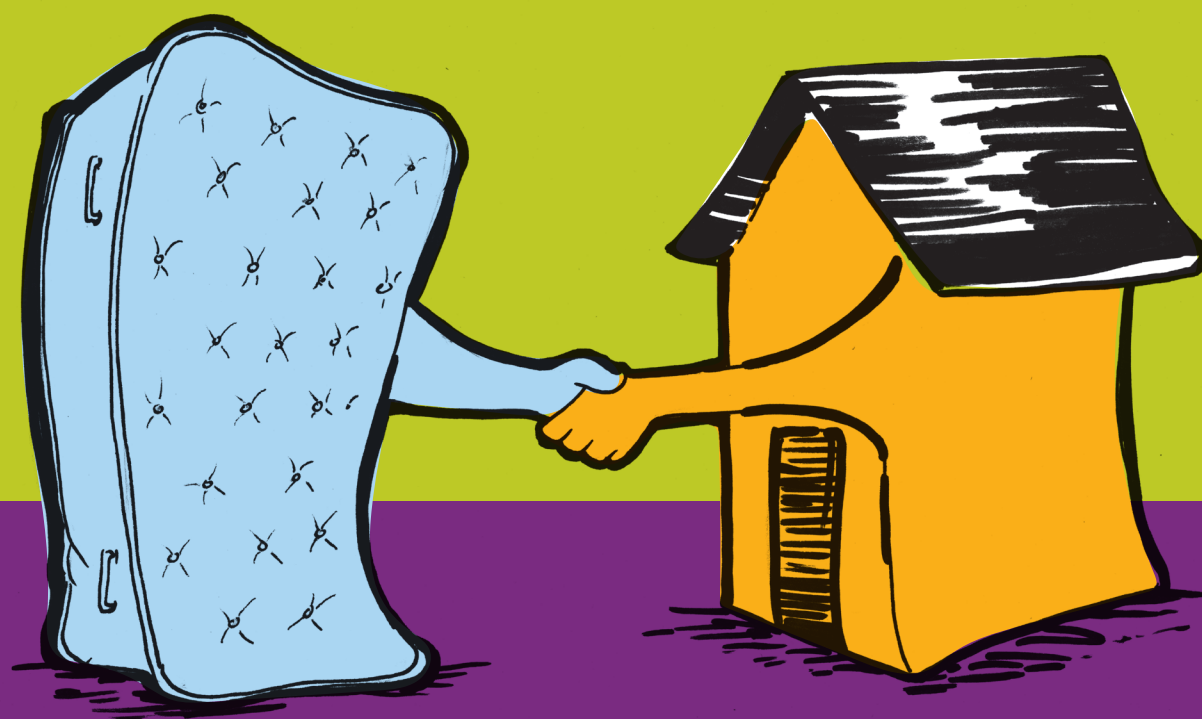
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OBITUARIES

may be emailed to: obits@ebpublishing.com or faxed to 510-483-4209. Include a phone number. Brief notices are published free. Longer obituaries, including pictures, are available for a fee. For help, call Patrick Vadnais at 510-614-1558

LETTERS TO THE EDITOR

must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit. We do not withhold names. Email letters to: fredz@ebpublishing.com or mail to: The Forum P.O. Box 2897, Alameda, CA 94501.

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Influx of Senior Kittens in Need of Loving Forever Homes

The Hayward Animal Shelter recently had an influx of senior kittens who suddenly found themselves homeless through no fault of their own. The timing isn't ideal because kitten season is in full swing.

The trickle of kittens arriving at the shelter is turning into a torrent and, too many times, adult and senior pets are overlooked by potential adopters as a result.

The shelter is putting out an all points bulletin looking for families to adopt, and help these wonderful senior kittens live out their golden years with lots of love, care and attention.

We know there are pet parents out there who have huge hearts and room in their homes for these sweet fur kids. The hope is to find you so you can find them! Here is some info for four of them.

These sweet seniors are desperately holding out hope that you will find them, fall in love and take them home! For more information, please contact the Hayward Animal Shelter at (510) 293-7200.

Kitties and Oliver arrived at the shelter together, reportedly found at a local park. While both were microchipped, for some reason their guardian never came to get them. Their chips suggest that



Gretchen

they are 18 and 17 yrs old respectively, though neither act their age!

Oliver, a handsome orange and white tuxedo, is constantly letting people know that he is around. He likes to talk and get his fur stroked.

Kitties, with her luxurious medium-length black and white fur, is a bit shy, but is quite fond of Oliver – and he definitely brings out her sweet side. They are a bonded pair. Both are altered and up to date on vaccinations. They truly deserve to live out their lives with a caring family.

Gretchen arrived at the shelter looking a little ragged due to hyperthyroidism and being on her own. She is currently on medication and will need to be reassessed annually by a vet regarding her thyroid. Gretchen, a buff-colored kitty, which is not as common for females, is 13-years-old. She has perked up since arriving at the shelter and we know she will continue to shine in her new home. It's amazing what meds and some TLC can do for a little old lady! Gretchen is up to date on vaccinations and may be spayed.

Gabby Girl is a sweet 11 year old torbie whose guardian passed. Although her name is Gabriella, her guardian would call her Gabby Girl and she would respond with a meow.

While a bit shy at first, she loves head and cheek scratches and will purr. She was used to being a lap kitty and is looking for a quiet home with a lap to warm. Gabby Girl has lived with other cats and a cat-friendly dog. She's spayed, up to date on vaccinations and ready to be a beloved family member!

ADOPT-A-PET



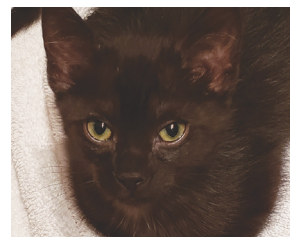
MOLLY came to the shelter as a stray. He's a bit unsure of people due to lack of socialization. Now he's learning people can be his friend and he needs a family willing to spend time with him to make him comfortable and confident. Spayed. Hayward Shelter, 510-293-7200.



DUFIE is a 12-year-old Maine Coon mix who needs a second chance. Sadly, her person had to give her up. Devastated, Dufie became a bit of a wall flower but is starting to blossom again. She enjoys soft treats and can be talkative! Spayed. Hayward Shelter, 510-293-7200.



GABRIELLA is a 3-month-old Siamese tabby mix with big beautiful blue eyes, came to her foster home as a tiny, 3 day old kitten. She is a very playful and affectionate bundle of joy. Spayed, chipped, vaccinated and FIV/FelV negative. Email: Loveallpawzrescue@gmail.com.



SHANNON is a 3-month-old black kitten with an undertone of tabby stripes. She loves to leap for her feather toy and snuggle with her sister, Hannah. She will be ready for her forever home after spay surgery on 5/21. FIV/FelV negative. Email: Loveallpawzrescue@gmail.com.

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