

ELECTION DAY
IS NOVEMBER 3

VISIT: [VOTERSTATUS.SOS.CA.GOV](https://voterstatus.sos.ca.gov)

REGISTRATION DEADLINES

ONLINE: OCT. 19 AT [REGISTERTOVOTE.CA.GOV](https://registertovote.ca.gov)
BY MAIL: POSTMARKED BY OCT. 19
IN PERSON: NOV. 3

ABSENTEE BALLOT DEADLINES

REQUEST: OCT. 27
RETURN BY MAIL: POSTMARKED BY NOV. 3
RETURN IN PERSON: NOV. 3 BY 8 P.M.

VOTE
2020

CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 32

WEDNESDAY, OCTOBER 14, 2020

NO. 42

INSIDE YOUR FORUM

NEWS

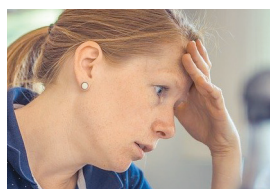


Dog Days

After many months, dog rules are back to normal in Regional Parks

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HEALTH



Stress Less

Learn to manage stress, stay healthy and cope with life's challenges

Page 4

LIVING



This is Nuts!

You're sure to be stuck on these recipes that incorporate peanut butter

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PHONE: (510) 614-1560



Pearl Harbor survivor Mickey Gantich with his photo on the new and improved Veterans Memorial in Castro Valley.

Veterans Memorial to be Rededicated on Nov. 11

Over five years ago the veterans of Castro Valley realized that they were running out of space to honor veterans at the local Veterans Memorial located at the Castro Valley community Park located on Lake Chabot Road at Quail Ave., and so a new adventure was undertaken.

This dream will be fulfilled this November 11 on Veterans Day, thanks to the dedication of the Castro Valley community, organizations, families and the veterans who have defend our country past, present, and future.

The new improvements being added are six new benches: three honoring medal of honor

recipients, and three more in the upper section honoring those who have received the Silver Star, Bronze Star, and Purple Heart, along with five new granite stones honoring veterans.

The public is encouraged to visit the memorial at any time, and a wheelchair ramp has been added along with a safety railing allowing easier access to the new section.

Please join your Castro Valley veterans on Veterans Day November 11 at 11 a.m. for the Veterans Day services, and rededication. For more info, contact VFW commander Stephen West at 510-432-4346, or Jim Uhlik at 510-593-6703.

3Crosses Church Cuts Ties With Food Pantry Partner

By Michael Singer
CASTRO VALLEY FORUM

Families picking up donated groceries at 3Crosses Church may see different faces this week-end after the church announced last week that it has terminated its 20-year relationship with CrossStreets, its current food pantry coordinator.

A text sent out on Oct. 6 by CrossStreets director Tom Green announced the termination. An email on Thursday said 3Crosses has "tentatively scheduled to distribute prepackaged boxes of food for 1,100 families on Saturday, Oct. 17th."

"After 20 years of serving as a ministry within 3Crosses, CrossStreets is starting the journey

to become an independent entity. We are all excited to see the work of CrossStreets grow and expand in the coming season," read a joint statement to the Forum from Green, 3Crosses Senior Pastor Danny Strange and John Tounger, a board member of both entities.

Nearly 2,400 families and 10,500 individuals have received

see PANTRY on page 6

RCS Reopens Its Classrooms

By Michael Singer
CASTRO VALLEY FORUM

Elementary students at Redwood Christian Schools in Castro Valley returned to their classrooms this week following last week's guidance from Alameda County Health officials.

One-way traffic was directed in through the two entrances at the Redwood Road campus on Tuesday morning.

Students enrolled in Transitional Kindergarten through Fifth Grade were not allowed to exit the car until a staff member verified the student was fever free and passed a daily health screening that was recorded into an online tracking application.

Students were escorted to classrooms in small cohorts of 15 or fewer students. As part of a new dress code, K-12 students and employees are required to always wear a double-lined gaiter around their neck even if the student or staff member chooses to wear another type of cloth face covering. Redwood Christian said it purchased 800 double-lined neck gaiters to be given to elementary students and staff.

School officials say no one will be allowed on campus with a temperature of 100 degrees or above.

All teachers and employees are required to self-screen before coming to campus and are required to test for the coronavirus every two months.

Parents of approximately 75 percent of the Elementary campus voted to return their students to class now that Alameda County has deemed it safe for schools to open. Redwood Christian Elementary says 169 out of 246 students would be returning to its Elementary classes. The rest would be taught online.

In addition, the school said it will have about 44 staff members on campus. Middle school students are expected to return to campus in learning pods starting on Oct. 19. High school students are expected to remain online.

see RCS on back page

Castro Valley
Confirmed Cases = 603

Alameda County
Confirmed Cases = 22,170
Deaths = 436

California
Confirmed Cases = 859,028
Deaths = 16,591

as of October 12, 2020

Francis Street Subdivision Gets Approval from MAC

By Amy Sylvestri
CASTRO VALLEY FORUM

The Castro Valley Municipal Advisory Council (MAC), unanimously approved a plan on Monday to subdivide a nearly 18,000-square-foot lot into two at 20934 Francis Street, in what the owner promises will be an owner-occupied home.

Applicants Roger Keller and Eva Poon want to build a home with a father-in-law unit in back, a trend that is being encouraged statewide.

"I think it will be an asset to the community and raise property values," said Keller.

The MAC gave then the go-

ahead with the conditions that the rear property be a single-family dwelling and that the paving up Francis St. from Kerr St. to the property line be paid for by the owners.

The plan for the property first came before the MAC in August and was put off until the applicants made some changes. Under the new plans, no variances are needed.

As is common with any land-use matter, neighbors opposed it, citing concerns over parking and traffic.

"The traffic is ridiculous," said one neighbor during the Zoom virtual MAC meeting.

see MAC on page 6

Castro Valley Weather Oct. 14-18, 2020



Wednesday
Sunny & Warm
High 86° Low 61°



Thursday
Sunny & Warm
High 89 Low 64°



Friday
Sunny & Hot
High 97° Low 61°



Saturday
Mostly Sunny
High 87° Low 58°



Sunday
Mostly Sunny
High 78° Low 55°

Almanac

Moon Phases



Past Week's Rain: 00.00
Season To Date: 00.00
Normal To Date: 00.00
Season Average: 21.22



Oct 16



Oct 23



Oct 31



Nov 8

Sun sets at 6:33 p.m. today, rises at 7:18 a.m. Thursday.

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NEWS BRIEFS

Income Tax Deadline is Tomorrow

Tomorrow, Oct. 15, is the deadline for filing 2019 state personal income tax returns to avoid penalties. By Oct. 3, Californians filed more than 18.1 million personal income tax returns, 16.7 million of them electronically. E-filing provides faster refunds, increased accuracy, and immediate confirmation that tax return was received. For quick refunds, FTB encourages taxpayers to opt for direct deposit to their bank accounts. So far, the state has issued refunds totaling more than \$14.8 billion.

Rotary to Hear from MAC Chair

Ken Carbone, Chair of the Castro Valley Municipal Advisory Council, will explain the work of the MAC and update club members on the town's master plan at its meeting via Zoom at noon next Tuesday, Oct. 20. More info is available at castrovalleyrotary.org.

School Board Meets Today

The Castro Valley Board of Education will hold a meeting today, Oct. 14, with the open session beginning at 5:30 p.m. Because of the public health emergency, board members will attend virtually. The complete board packet is available at www.cv.k12.ca.us/. To observe the meeting by video conference, click on "Link" on the agenda at the noticed meeting time. To listen to the meeting by phone, call 1-669-900-6833 at the noticed meeting time, then enter the meeting ID on the agenda, then press #.

Seven Receive County Arts Leadership Awards

Alameda County Supervisors will honor the seven recipients of this year's Alameda County Arts Leadership Awards at 10:45 a.m. at their meeting next Tuesday morning. The winners, selected by the Alameda County Arts Commission, are Jean Marie Durrant, Ron Lytle, Michael Socrates Moran, Usha Shukla, Anuradha Suresh, and the team of Tetiana Taganska and Olga Tymoshchuk. The ceremony will be available to the public by teleconference. For info, please visit the Supervisors' website at www.acgov.org/board.

Micah Jue Named to Dean's List

Micah Jue of Castro Valley, has been named to Biola University's Dean's List for academic excellence. Biola students are placed on the dean's list to honor those with a GPA of 3.6 or higher while enrolled in 12 or more credits and whose cumulative GPA is at least 3.2. Biola is a nationally ranked Christian university in Southern California.

Astronomer to Discuss Search for Extraterrestrials

A special Castro Valley Science online interactive program, "Looking for Aliens in the Dark," will take place at 4 p.m. this Saturday, Oct. 17, when world-renown astronomer Dan Werthimer of the U.C. Berkeley SETI Research Center will describe searches underway to find intelligent life in the universe. Register now at bit.ly/aliens-101 and you will be notified of the conference link.



REGIONAL PARKS

Dog Rules Back to Normal

Dog rules have returned to normal in Regional Parks, with dogs being allowed off-leash in designated areas once again.

Since March, the Park District requested that all dogs be kept on-leash to prevent crowding and unsafe interaction between unrelated park visitors. Unleashed dogs tend to group together, making it difficult to maintain social distancing.

Dog owners are one of the District's largest user groups. A recent survey showed that "dog walking" is the preferred activity for 39 percent of park users, second only to hiking.

"The return of normal dog rules is a reminder that dog owners need to be responsible and share the parks with others," said General Manager Robert Doyle. "Dog owners need to bag and bin their dog's poop, leash their dogs in designated areas, including parking lots, trailheads, and paved trails, and keep their dogs on-leash around cattle and horses."

When off-leash, dogs must be kept in view and under voice control, and must return to owners when called. Dogs are not under control when they threaten, harass or chase other dogs or wildlife, display threatening behaviors, or touch or jump on park users who have not invited or engaged in interaction with the dog.

Failure to control a dog is a violation of the Park District's Ordinance 38. The harming or harassment of wildlife is also a violation of state and federal law and subject to penalties and fines. For more information, visit www.ebparks.org/PupPro.

Del Valle Park Reopened

Limited day use, boating, and camping have returned to Del Valle Regional Park south of Livermore, however strict capacity restrictions are in place to limit overcrowding and maintain social distancing.

A Blue-Green Algae (Cyanobacterial) Danger Warning has been issued for Lake Del Valle as recent tests showed elevated levels of toxins in the water. Water contact is discouraged, especially for small children and pets, who are most likely to be affected by toxins.

Camping is by reservation only and can be made at www.ebparks.org/activities/camping.

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Monica Perkins is a Seasoned Veteran in Baywood's Kitchen

By Linda Sandsmark
CASTRO VALLEY FORUM

Castro Valley's Baywood Court retirement community has a special bond with its Executive Chef, who considers the residents her "proxy grandparents."

Monica Perkins, who started waitressing there part-time after school in 2001, not only worked her way up through the kitchen ranks. During her employment she also earned a Bachelor's degree in Cellular and Molecular Biology from Cal State East Bay. She now applies her knowledge of nutrition to the menus at Baywood.

"I fell in love with the science behind the food," says Perkins. "I could have worked in a laboratory, but I fell in love with cooking, too."

The focus on food and personal safety is more important than ever in these COVID-19 times.

"We have contactless meal pickup now, because the dining rooms are obviously closed at this time," says Perkins. "But we don't severely limit the independent living residents socially. If they like, they can take their meals outside to the patios for outdoor dining."

Baywood Court serves 700 meals on a typical day. The menus Perkins has developed over the years address dietary needs and taste preferences of seniors.

Popular menu items include pizza, steak Diane, shrimp and beef kabobs, handmade crab cakes, and Cuban sandwiches made on a Panini press.

Dietary restrictions of residents are incorporated. The menu is rotated on a 5-week cycle and has been developed with a staff dietician. Perkins also earned her Certified



PHOTO COURTESY OF BAYWOOD COURT

Chef Monica Perkins at Baywood Court in Castro Valley.

fied Dietary Manager credential in 2018. She's been Executive Chef since 2016.

Baywood uses smaller local vendors for most meat, seafood and baked goods in order to control quality. Perkins adds that her goal is to have a balance of American favorites and modern, healthy options as well.

"We make the majority of our entrees in-house from scratch. We're not a Kosher kitchen, and our residents are aware of that, but we do special recipes for occasions such as Rosh Hashanah and Passover. One of the favorites is a honey cake that we've been serving for 10 years."

Over her 19 years at Baywood, Perkins has come to view the residents there as family.

"I was 16 when I started here, and they've seen me grow up," says Perkins. "I've heard about their lives and have maintained friendships with them over the years. I've known many ever since they arrived here, including one who is 104 years old now. They know I put everything into my work here for them."

Baywood Court is located at 21966 Dolores St., Castro Valley.

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



Making Death Threats

Saturday, October 10: at 3:45 p.m., Sheriff's deputies arrested a 22-year-old man from Castro Valley on suspicion of making death threats. The man was at a home on Crow Canyon Road near Beacon Hill Drive when deputies arrived following a tip about a loud and aggressive-sounding argument. Deputies took the man into custody.

Public Intoxication

Saturday, October 10 at 3:19 a.m., a 21-year-old man from Castro Valley was arrested on suspicion of public intoxication. Deputies stopped the man for questioning outside a home on Virgil Street near Grove Way. The man failed his field sobriety test and was taken to a sobering center.

Wanted Man

Friday, October 9: at 5:56 p.m., deputies arrested a 60-year-old man as part of a warrant issued for his capture. The man was previously charged with breaking and entering into private property. Deputies served the warrant in the parking lot of a grocery store on Castro Valley Boulevard near Redwood Road. The man was taken to Santa Rita Jail pending bail.

Drug Bust

Thursday, October 8: at 6:58 p.m., a 42-year-old man from Castro

Valley was arrested on suspicion of possession of illegal narcotics. Deputies were called to a storage facility on Grove Way near Idena Avenue following a security call about suspicious activity. The man was handcuffed and taken into custody.

One Too Many

Thursday, October 8: at 10:41 p.m., deputies arrested a 26-year-old man with no permanent residence on suspicion of public intoxication. The man was spotted outside a gas station on Grove Way near Center Street unable to stand up straight. Deputies report the man failed his field sobriety test. The man was taken into custody.

Warrant Served

Thursday, October 8: at 7:41 a.m., a 46-year-old man from Castro Valley was arrested as part of a warrant issued for his capture. Deputies served the warrant at an apartment complex on Redwood Court near Redwood Road. The man had previously been charged with driving with a suspended license. Deputies took the man to Santa Rita Jail pending bail.

Over the Limit

Wednesday, October 7: at 10:40 a.m., deputies arrested a 45-year-old man on suspicion of public intoxication. The man was sitting outside a business on the Boulevard near Strobbridge Avenue when deputies stopped him. The man failed his field sobriety test and was taken to a sobering center.

Mail Theft

Wednesday, October 7: at 9:28 p.m., a 35-year-old man from Castro Valley was arrested on suspicion of mail theft and petty theft. Deputies stopped the man for questioning at the intersection of Redwood Road and Grove Way when they discovered packages that were not addressed to him. The man was taken into custody.

Suspended License

Monday, October 5: at 8:00 a.m., deputies pulled over and arrested a 47-year-old man from Castro Valley on suspicion of driving with a suspended license and an expired registration. The man was traveling on Castro Valley Boulevard near John Drive when deputies stopped him. The man was taken into custody.

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Tel: 510-614-1560 • Fax: 510-814-9691

Fred Zehnder, Editor & Publisher
fredz@ebpublishing.com

Howard Morrison, Assoc. Publisher
howardm@ebpublishing.com

Kayla Steinorth, Advertising Design Mgr.
kayla@ebpublishing.com

Moxie Morrison, Layout Design
moxmore@yahoo.com

Claudette E. Morrison, Business Mgr.
cm@ebpublishing.com

Patrick Vadhais, Classified Ads / Obituaries
patrickv@ebpublishing.com

Mary Florence, Advertising Sales
861-3270 mpominville4582@aol.com

Linda Nakhai, Advertising Sales
lnakhai@comcast.net

Contributors:

Linda Sandsmark
Michael Singer
Amy Sylvestri
Jim Knowles
Gene Osofsky
Carl Medford
Terry Liebowitz
Debbie Tee
Linette Escobar
Thomas Lorentzen
Buzz Bertolero
Bruce Roberts

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Staying Healthy in Stressful Times

You may be feeling stressed during these challenging times, but stress can affect your physical and emotional health. Learning how to manage stress helps you to stay healthy and cope with life's challenges.

What is stress?

Stress is how your brain and body respond to a challenge. Any type of challenge — such as performance at work or school, a significant life change, or a traumatic event — can be stressful.

Your body reacts by releasing hormones which make your brain more alert, cause your muscles to tense, and increase your pulse.

In the short term, these reactions are good because they can help you handle the situation causing stress. This is your body's way of protecting itself. However, too much stress all at once or over time (chronic stress) can threaten your health.

Everyone experiences stress from time to time, but your response to stress may be different. Some people may experience headaches or an upset stomach. Others may get muscle aches or chest pain.

Stress can also disturb your sleep, reducing your energy and making it tough to keep active



Consuming healthy meals, beverages, and snacks can be a great way to protect yourself against stress.

when awake. In addition, stress can lead to weight loss or weight gain. Over time, it can contribute to serious health problems, such as heart disease, high blood pressure, diabetes, and other illnesses, including mental disorders such as depression or anxiety.

Managing Stress

Regular physical activity, healthy food and beverages, and other positive activities may help

you relieve stress and stay on track with improving your health.

Physical activity may help you start feeling better right away. It can help boost your mood and improve your sleep. In addition, physical activity adds to strength and stamina, which can help you manage stressful situations.

Physical activity doesn't have to mean long workouts. Short workouts, such as a set of sit-ups

or stretches, can help relieve stress. Try adding a new activity to your daily routine, such as walking around the block or up and down stairs a few times. Partner with a friend or neighbor to help you stay on track.

Consuming healthy meals, beverages, and snacks in moderation can be another way to protect yourself against stress. Preparing or purchasing foods such as whole grains, fruits and vegetables, low-fat proteins, and foods without added sugars or fats can give you energy and keep you feeling good.

Learn to recognize what triggers your stress response and identify ways to help you manage it.

Other ways to help you manage stress may be to meditate, engage in your favorite hobby, limit your time on social media, volunteer, or connect with people who can provide emotional support.

Visit the National Institute of Diabetes and Digestive and Kidney Diseases website to learn more about physical activity, healthy eating, adequate sleep, and other behaviors to help you manage your stress.

Visit the National Institute of Mental Health website at www.nimh.nih.gov to learn more.

—North American Precip Synd., Inc.

Integrated Network Makes For Improved COVID Care

Since the beginning of the pandemic, Sutter Health's network of 22 hospitals has reduced the stays for COVID-19 patients from an average of 20 days to just eight days because of its integrated healthcare system.

Examples of the effectiveness of this type of network include the ability to increase care capacity by up to 300% in the midst of the pandemic, expanding telehealth from serving 20 to 7,000 patient visits per day, and reallocating crucial resources to get personal protective equipment and ven-

tilators where they were needed most.

"The COVID-19 pandemic has placed intense pressure on our community," said Pat Ryan, CEO of Eden Medical Center. "But the benefit of being part of the Sutter integrated network is we have the resources we need to meet the needs of residents."

Integrated networks also allow easier sharing of best practices, which can help improve clinical outcomes such as minimizing the need for ventilators for patients by using other appropriate therapies.

Get Free Flu Shot at CV Adult School

Everyone from age 3 and older can get free flu vaccinations from noon to 7 p.m. on the Fridays of Oct. 23 and Nov. 6 at the Castro Valley Adult & Career Education, 4430 Alma Avenue. Drive through or walk up! For drive-through shots, enter at the Seven Hills Road parking lot. For walk ups, park on Alma Avenue and follow signs to the MultiPurpose Room.



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Stuck on Peanut Butter

Peanut butter is a staple in most American homes and for good reason. Besides being tasty, it is an excellent source of protein and healthy fat that comes in natural creamy or chunky forms.

It finds its greatest use in sandwiches where it is usually paired with jam or jelly. But it can be combined with many snacks including apples, celery, carrots, bananas, and many more.

And, of course, there are peanut butter cookies, sauces, cakes, pies,

ice cream and hundreds of other desserts.

PEANUT BUTTER COOKIES

3 cups all-purpose flour
2 teaspoons baking soda
3/4 teaspoon salt
2 sticks butter, at room temperature
3/4 cup sugar
1-1/4 cups packed dark brown sugar
2 large eggs

1-1/2 teaspoons vanilla extract
1 cup creamy or crunchy peanut butter

Position racks in upper and lower thirds of oven and preheat to 350°F. Butter 2 large baking sheets.

Whisk together flour, baking soda and salt in a medium bowl.

With an electric mixer on medium-high speed, beat butter with both sugars for about 3 minutes, until light and fluffy. Reduce speed to medium and add eggs and vanilla; beat until smooth and well combined.

Beat in peanut butter. Scrape down sides of bowl. Reduce speed to low and beat in flour mixture in 2 batches, until just combined.

Form dough into 1-inch balls and place on baking sheets. Flatten each ball by pressing with tines of a fork in a crisscross pattern.

Bake, 14 to 16 minutes, switching pans halfway through, or until cookies are golden brown on bottom and barely colored on top. Cool on pans on wire racks for 5 minutes. With a spatula, carefully transfer cookies to a wire rack and allow to cool completely. Repeat with remaining cookie dough. Yields about 80 cookies.

CREAM OF PEANUT SOUP

1 medium onion, chopped
2 stalks celery, chopped
1/4 cup butter
3 tablespoons flour
2 quarts chicken stock
2 cups smooth peanut butter
1-3/4 cups light cream
Peanuts, chopped, for garnish

Saute onion and celery in butter until soft. Do not brown. Stir in the flour until well blended. Add chicken broth/stock, stirring constantly and bring to a boil.

Remove from heat. Let cool for 10 minutes. Puree in a food processor or blender. Add peanut butter and cream, stirring to blend thoroughly. Return to low heat and heat just until hot. Do not boil.

Serve garnished with chopped peanuts. Yields 10 servings

CHICKEN WITH PEANUT SAUCE

1/2 cup water
2 tablespoons creamy peanut butter
4 teaspoons soy sauce
4 teaspoons white wine vinegar

Dash crushed red pepper flakes
3/4 pound boneless skinless chicken breasts, cut into 1-inch strips
4 garlic cloves, minced
2 teaspoons minced fresh ginger root
2 teaspoons canola oil
1 cup hot cooked rice

In a small bowl, combine the first five ingredients; set aside. In a large skillet, saute the chicken, garlic and ginger in oil for 5 minutes. Add peanut butter mixture. Bring to a boil. Reduce heat; simmer, uncovered, for 5 minutes or until chicken juices run clear, stirring frequently.

Serve with rice; sprinkle with thinly-sliced green onions if desired. Yield: 2 servings.

HEALTHY PEANUT BUTTER MUFFINS

2 ripe bananas
1/3 cup honey
1/3 cup natural peanut butter
2/3 cup plain Greek yogurt
1 teaspoon vanilla extract
1 teaspoon baking soda
1 teaspoon baking powder
1/4 teaspoon salt
1/2 teaspoon cinnamon
1 tablespoon ground flax seed



1/4 cup sugar
1 cup all-purpose flour
3/4 cup whole wheat flour
Cinnamon sugar

Preheat the oven to 375°F. Line muffin tins with baking cups or lightly spray with canola oil.

Mix the wet ingredients together, mashed banana, honey, peanut butter, yogurt, and vanilla.

In a separate bowl, combine the dry ingredients (flours, salt, baking powder, baking soda, flax seed, sugar and cinnamon). Add the wet and dry together and stir until just combined.

Using a large ice cream scoop or spoon, add the batter into the muffin tin until the cups are 3/4 full, sprinkle with a bit of cinnamon sugar on each muffin, and bake on the middle rack of the oven for 15 to 20 minutes. Yields: 12-16 muffins, depending on size.

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An Artist's View of the pandemic: Photo by Ruey Syrop, part of a gallery sponsored by the Rotary Club of Castro Valley and A.R.T., Inc.

Pandemic: An Artist's View

To capture the pandemic that has drastically changed our lives in a very short time, the Rotary Club of Castro Valley and A.R.T., Inc. asked local artists to submit original art, photographs, and poems that presented their perspective on the medical, economic, and social effects of living in a pandemic.

You are invited to view the gallery at photos.app.goo.gl/aY7broP4isjjjBZaA.

Click on each entry for the name of the artist, and the title of the piece. Contact information is provided for some artists. If the information does not automatically display, please click on the information icon (the "i" in the circle on the upper right).

Thanks to everyone who contributed to the show and to every-

one at A.R.T., Inc. and the Rotary Club of Castro Valley to make this show possible.

The Rotary Club of Castro Valley is currently meeting online on Tuesdays at noon. Speakers and links to the meetings are posted at: castrovalleyrotary.org. The Club welcomes individuals who want to make a positive impact locally, nationally, and internationally.

Pantry: Remaining Items were Donated

continued from front page

fresh and packaged groceries through the church's Food Pantry in collaboration with the Alameda County Food Bank. Green says CrossStreets delivered nearly a million meals to people struggling to feed their families during the economic crisis as a result of the pandemic so far this year.

In June, Pastor Strange asked Green to either operate CrossStreets under the church's Neighborhood Resource Center or become independent of 3Crosses as a non-profit partner that would be supported financially.

Unable to leave the church as an independent entity or meet the church's requirements, Green said the remaining option was to fold up the operation and donate any remaining items to nearby churches and community resource centers.

"CrossStreets' non-profit status was set up to allow access to resources that were not available directly to the church, which enabled 3Crosses to partner with external community organizations, such as the Alameda County Community Food Bank, and serve a much broader range of people in need," Green said.

In addition to supporting the Food Pantry at 3Crosses, Green said CrossStreet was instrumental in distributing school supplies for kids prior to the new school year and coordinating gift donations with the Alameda County Fire Department, as well as providing meals and showers to the homeless.

"We have these dozen or so women who were previous recipients of our outreach who have now dedicated themselves to helping

others through our CrossStreets program," Green said. "We love 3Crosses and change is hard, but we will take a break for a bit and figure out our next steps."

Several other community outreach programs, including CityTeam and Shepherd's Gate, were spun-off after originating at 3Crosses.

To learn more about 3Crosses, visit 3crosses.org/neighborhood. To follow the future of CrossStreets, visit crossstreets.org/future.

What's Up at Smalltown

● **Friday, October 16th:** CV Street Eats! The Chabot has partnered with The Food Truck Mafia and Smalltown Society to bring food trucks and live music every Friday night in October to the First Presbyterian Church of Hayward parking lot behind Trader Joe's. These are safe and socially-distant events with a portion of the profits supporting The Chabot. You can also donate directly at these events; \$50 donations receive a complimentary movie pack!

● **Saturday, October 17th:** Live Riff-Along: This week's movie is the 1978 Italian Sci-Fi film "War of the Robots," in which an alien civilization facing imminent extinction kidnaps two famous genetic scientists from Earth, a troop of human soldiers is dispatched to combat the humanoid robots and rescue the victims. You can watch and comment along at 8 p.m. with your community at thechabot.com or from our Facebook page!

MAC: Townhomes on San Miguel Avenue

continued from front page

MAC Chair Ken Carbone said he wished the property owners well going forward with the neighborhood.

"Good luck with your project, Roger, and hopefully you can mitigate it with your neighbors," said Carbone.

The MAC also heard an informational item regarding a larger land use project — the application to allow construction of five two-story townhomes at 20109 San Miguel Avenue. The project is ongoing and the MAC took no vote at this week's meeting.

Neighbors once again expressed concerns about traffic and parking, as well as trash collection and privacy issues with the fence-line.

One neighbor said she was concerned about an influx of new residents.

"What you are proposing would be right in our backyard," said the woman. "I'm worried about people moving in there and making lots of noise. Affordable housing is lower income people and I'm afraid there would be more theft and police activity that I would not appreciate."

Both the applicant and MAC

member Dolly Adams then stressed that the proposed development was not planned to be low-income housing.

Meeting spectator Frank Mellon who is an elected board-member of the East Bay Municipal Utility District, took Adams to task for having a "Dolly Adams for Castro Valley Unified School District" 2020 campaign sign in the background of her Zoom chat window.

"If she wants to campaign, she's entitled to, but not in a public meeting," said Mellon. The sign was on a wall in Adams' home.

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REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Forum

GUEST COMMENTARY



Fall Market Still Going Strong

As evenings cool and leaves change color, real estate sales typically slow as everyone settles into fall. While we frequently see a resurgence in September as those back from vacations pick up end-of-summer bargains, normally Halloween signals a reduction in both listings and sales.

By the time Thanksgiving rolls around, we begin telling sellers to pull out their pumpkin pie and put a fork in it – the peak selling season is done.

It looks, however, like this year may be different.

There is no doubt we saw a slowing in Alameda County sales as a result of COVID-19.

Limited by an extreme shortage of inventory, sales outpaced supply at the beginning of the year, peaking in March. Sales dipped in April and May, but then soared again in June. Once we entered the summer, buyers were racing to find homes, resulting in multiple offers reappearing and prices heading upwards again.

In July, 2019, we saw 1,125 homes come on the market, 867 go pending and 910 close. August, 2019 saw 1047 new listings, 794 pendings and 882 closed sales. September listings jumped to 1,152, pendings declined to 692 and 746 homes closed escrow.

In 2020, however, same month numbers were dramatically different. Instead of the market falling apart as many had assumed would happen due to the coronavirus, the exact opposite happened. The difference was in the abundance of inventory in 2019 versus the dramatic lack of homes for sale in 2020. New listings in July, 2020 were 709, a decline of 37% from 2019. Continuing the trend, August and September

2020 were down 34.9% and 39.3% respectively.

While inventory was down, pending sales actually shot up. 7/2019 – 867 vs 7/2020 – 1038, up 19.7%. 8/2019 – 794 vs 8/2020 – 957, an increase of 20.5%. 9/2019 – 746 vs 9/2020 – 1019 – a whopping 36.6% increase year over year.

Closed sales were also up in 2020. 7/2019 – 910 vs 7/2020 – 955, up 4.9%. 8/2019 – 882 vs 8/2020 – 928, a rise of 5.2%. The big story is in September, however: 9/2019 – 692 vs 9/2020 – 1019 – a massive jump of 36.6%.

Will this continue until the end of the year? At the current rate, we do not foresee any immediate change. There are still thousands of buyers out there hoping to score while interest rates are low, and as long as they keep writing offers, winter may not be able to chill this current market.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

Patience Required for Bay Laurel

By Buzz Bertolero
Special to the Forum

Q I'm planting a Bay Laurel for a tall hedge. Being a patient person, I know these plants will fill in to make a lush, thick hedge, but it will take time. How far apart do you recommend planting them? The planting distances are not listed in my resource books. I'm thinking about spacing them three to four feet apart.

A Most gardening books are somewhat vague when it comes to the planting distances for hedges. Three to four feet apart is very acceptable, so is four to five feet.

Keep in mind, it takes patience to establish a mature hedge that is solid from the ground up. Unfortunately, many people are in a hurry, so they're disappointed with the results.

The closer the plants are spaced, the faster they'll fill. This requires more plants, and the hedge will be slower in reaching the desired height, because the bottom of the hedge needs to develop first. All too often, hedges are allowed to reach their maximum height first, leaving holes or gaps throughout the hedge.

It's assumed that the plants will naturally fill in, which may or may not happen. The planting distance determines the number and the size of the gaps, along with the time it takes to become a solid wall.

The hedge must be pruned often to force the development

of the lateral shoots. This lateral growth is how a hedge becomes and remains dense over time. It should take several growing seasons to establish a mature hedge. Ultimately, the correct answer as to the planting distance is both a trade-off and a judgment call on your part.

Q I am told that my Autumn Sunset rose should be pruned in the spring. Do you agree?

A I don't disagree, but at the same time, I do agree with pruning roses in the spring. Pruning roses is a year-round activity. I consider it pruning when you remove the spent flowers or when you shape the plant.

You do your heaviest pruning in the winter or early spring, January through March. You can prune later, and the only consequence is you delay the first flush of blooms. You would expect the first set of flowers in April, and they continue to bloom throughout the summer and fall.

There are some very old varieties such as Cecil Brunner that only bloom in the spring. These varieties should be pruned after the blooming period.

Autumn Sunset is a newer climbing rose, introduced in 1998 and blooms throughout the year. It was one of the first to hybridized to bloom both on the old and new canes or wood. This allows gardeners to prune

at any time of the year without the fear of removing the flowering wood.

I would do the heaviest pruning while it's dormant, January or February. With a minimal amount of leaves, you easily identify the deadwood and thin out the denser growth developed over the past growing seasons. I'd continue to prune or better said, shape the plant

after every flush of flowers. So, pruning in the spring is okay.

Buzz Bertolero is an Advanced California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com and questions can be sent by email to buzz@dirtgardener.com.



Mortgage Rates Remain Flat

The 30-year fixed-rate mortgage averaged 2.87 percent last week, down slightly from 2.87 percent the week before, according to Freddie Mac's national weekly survey. A year ago at this time, the benchmark mortgage rate averaged 3.57 percent.

Fifteen-year fixed-rate mortgage averaged 2.37 percent, slightly up from 2.36 percent a week earlier. Five-year hybrid adjustable-rate mortgages (ARMs) averaged 2.89 percent, slightly down from 2.90 percent.

"The year-long slide in mortgage rates seems to be ending as rates have flattened over the last month and the economic rebound has slowed," said Sam Khater, Freddie Mac's Chief Economist. "But with near record low rates, buyer demand remains robust with strong first-time buyers coming into the market. The demand is particularly strong in more affordable regions of the country such as the Midwest, where home prices are accelerating at the highest rates over the last two decades."



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RECENT HOME SALES

Castro Valley

21925 Vergil Street 94546: \$500,000 2 BD - 864 SF - 1949
21595 Orange Avenue 94546: \$705,000 2 BD - 1,564 SF - 1942
21740 Orange Avenue 94546: \$735,500 3 BD - 1,542 SF - 1948
4242 David Street 94546: \$850,000 3 BD - 1,106 SF - 1952
19742 Carnation Lane 94546: \$851,000 3 BD - 1,396 SF - 1964
4263 Circle Avenue 94546: \$866,000 3 BD - 1,149 SF - 1954
18396 Lake Chabot Road 94546: \$905,000 3 BD - 1,462 SF - 1955
21493 Justco Lane 94552: \$957,500 4 BD - 1,741 SF - 1989
3456 Marques Court 94546: \$980,000 4 BD - 1,998 SF - 1954
3113 Sunshine Place 94546: \$1,090,000 4 BD - 2,308 SF - 1987
5672 Sun Ridge Court 94552: \$1,200,000 4 BD - 2,141 SF - 1973
3969 Sugarbush Lane 94546: \$1,200,000 4 BD - 2,511 SF - 1977
4232 Heyer Avenue 94546: \$1,375,000 3,738 SF - 1947
6615 Crow Canyon Road 94552: \$1,788,000 6,616 SF - 2007
TOTAL SALES: 14

LOWEST AMOUNT: \$500,000 MEDIAN AMOUNT: \$931,250
HIGHEST AMOUNT: \$1,788,000 AVERAGE AMOUNT: \$1,000,241

San Leandro

896 Victoria Avenue 94577: \$400,000 2 BD - 943 SF - 1925
121 Dorchester Avenue 94577: \$464,500 2 BD - 1,170 SF - 1942
660 Fargo Avenue 94579: \$530,000 3 BD - 1,136 SF - 1965
15020 Juniper Street 94579: \$600,000 3 BD - 1,121 SF - 1954
381 Leo Avenue 94577: \$645,000 2 BD - 850 SF - 1941
463 Nabor Street 94578: \$650,000 2 BD - 1,078 SF - 1947
1266 145th Avenue 94578: \$668,000 2 BD - 825 SF - 1923
15206 Galt Street 94579: \$670,000 3 BD - 1,114 SF - 1950
1823 Lawndale Avenue 94579: \$800,000 3 BD - 1,387 SF - 1958
1547 Boxwood Avenue 94579: \$830,000 3 BD - 1,517 SF - 1954
1950 Evergreen Avenue 94577: \$832,000 3 BD - 1,940 SF - 1956
16728 Winding Boulevard 94578: \$850,000 4 BD - 1,992 SF - 1971
2217 Buena Vista Avenue 94577: \$897,000 4 BD - 1,738 SF - 1941
1628 Graff Avenue 94577: \$935,000 4 BD - 2,526 SF - 1956
TOTAL SALES: 14

LOWEST AMOUNT: \$400,000 MEDIAN AMOUNT: \$669,000
HIGHEST AMOUNT: \$935,000 AVERAGE AMOUNT: \$697,964

LETTERS
TO THE EDITOR
FREDZ@EBPUBLISHING.COM**Stand for What is Right**

Editor:

My name is Rosabel. My husband and I have lived here 9 years with our two vivacious children. Before COVID-19, you might have seen us at the playgrounds, visiting the library, collecting donations with Cub Scouts, or serving breakfast to our neighbors in need at First Presbyterian.

How do you picture me? What if you knew my full name? Rosabel Chang.

Do you think of me differently now?

As an ethnically Chinese person, I've often heard: "Where are you really from?" or "You speak English so well." I wonder: Would it matter if I didn't? With my bi-racial children at a Castro Valley playground, I was asked: "Are you their nanny?"

None of this prejudice prepared me for the painful racism my parents encountered in their housing search. My parents, excited to finally live close to their grandchildren, have ethnic names and speak fluent but accented English.

Roughly 10 rental properties never returned their repeated voice-mails. The units remained available, but no call backs. To test, we asked my husband to leave voicemails. My white husband has an Anglo-Saxon name (David Moler) and impeccable English.

The results were disappointingly predictable. David received prompt call backs. Clearly, rental properties in the heart of Castro Valley do not abide by fair housing laws. When called-out by David and my father on their visits, the managers hemmed, hawed, and sidestepped their discriminatory practices.

Before George Floyd, and Trump's racist labeling of COVID-19 as "China plague," I may have remained silent. Many of us who have suffered discrimination have survived by staying silent.

No more. This is my community. My family is staying. Castro Valley is changing for the better. Many of you are equally disgusted and outraged by racism. To all those in our community who are: Stand with me for what is right. Use your voices. Use your pens. Use your social media platforms. You have power! Do not be silent. There is no place for racism in Castro Valley.

—Rosabel Chang, Castro Valley

Coach Brosnan's 'Rich Legacy'

Editor:

Thank you for honoring "Coach" John Brosnan as the Athlete of the Week last week! I was blessed by his recognition as he was a great coach, friend and man.

His passing has left a rich legacy in the lives of all he touched with his kind heart. He will always be remembered as a member of the first class of the Castro Valley Sports Foundation Hall of Fame elected in 2010.

But I have another memory of this great man. I came to Redwood Christian Schools in 1974 as the Director of Athletics, PE Teacher and Coach. Our little Christian School Athletic League wanted to have a Track and Field Day, and Castro Valley Unified approved our facility use request.

It was a great day for the ten to twelve Christian schools, made successful in large part by a couple of men who "showed up," stayed in the background, and knew where everything was that was needed to run a great event.

I thought that they were school district personnel sent to make sure we had a good event. I realized later that it was, in fact, Coach John Brosnan and Coach Norm Guest, who simply showed up to make sure

we had everything we needed and helped move equipment and help clean up.

What a *great* memory of Coach Brosnan (and Coach Guest) of doing everything possible to ensure that the boys and girls from the Christian Schools Athletic League had a successful Track and Field Meet! And we did!

They never sought credit, and never shared with anyone who they were. Right up to locking the gate, they asked if we needed anything else as they were putting away all of the equipment we used!

Forty-six years later, I will never forget the kindness shown by him and Coach Guest.

—Bruce D. Johnson, Superintendent Emeritus
Redwood Christian Schools, Castro Valley**Thanks to All Who Supported Dusty Paws Rescue**

Editor:

The Board of Directors of Dusty Paws Rescue has made the difficult decision to retire from animal rescue work and dissolve the group. Dusty Paws Rescue has been active since 2007.

Because of our adopters, foster parents, volunteers, donors and those that supported our fundraising events, we were able to re-home 655 dogs and 347 cats. In addition, we provided medical attention that was needed for many animals to live a full, healthy life.

Please accept our sincere thank you and gratitude for making Dusty Paws Rescue such a success. A special thanks to Dr. Bercovitz and Dr. Gandolfi of Companion Animal Hospital for their continued support and help throughout the past 13 years.

—Diane Meranda, Board of Directors
Dusty Paws Rescue, Inc., Castro Valle**'Where is the School Board?'**

Editor:

Alameda County is finally allowing schools to reopen in some fashion on October 13th. However, CVUSD's Superintendent refuses to reopen our schools.

Why? They "continue to plan and work with ... employee groups." It has been months since the schools closed. From the beginning, the administration should have been planning for a return to in-person instruction.

With the global experience and data gained in the past half-year, there is no excuse for lacking a plan for immediate implementation.

The only conclusion is that CVUSD's superintendent never intended to reopen the schools during this semester nor, indeed, likely for the entire school year.

Where is the school board in all of this? What an utter fiasco.

Reopen the schools. Now.

—David Nierengarten, Castro Valley

Supports Parker for School Board

Editor:

Six candidates for the CVUSD school board, over a hundred years of collective experience between them – and only one candidate explicitly says she will listen to and represent the concerns of parents regarding classroom curriculum. Ms. Parker, you will be getting all my vote.

—Stacy Spink, Castro Valle

Supports Kusiak for School Board

Editor:

I first met Michael Kusiak through a small group of parents of students in Special Education earlier this year. He graciously agreed to meet with us and answer our questions about his background, priorities, and goals in running for CVUSD School Board.

We wanted to learn more about him as a candidate and understand how the needs of Special Education students fit in with his priorities.

Micheal took it a step further. He didn't just give us a standard speech or say things that sounded good, without backing them up.

Michael took the time to hear our stories and understand our concerns.

He asked for resources to learn more about Special Education, followed up with questions, and continues to reach out to discuss related current events or topics in an effort to understand the unique challenges and needs of our students.

Through his actions, Michael Kusiak has shown that he genuinely cares about our community and I believe that he will speak up for all students. I hope you will join me in voting for him for CVUSD School Board member this November.

—Sarah Fetter, Castro Valley

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HOROSCOPE by Salomé

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ARIES (March 21 - April 19): Some flashes of Aries ire might erupt as you confront an unusually bewildering situation. But you should be able to keep your temper under control as you work through it.



TAURUS (April 20 - May 20): That marriage 'twixt the arts and practicality that Taureans excel at once again highlights your enjoyment of much of the week. However, you need to watch any sudden urge to splurge.



GEMINI (May 21 - June 20): Even with all the plusses apparently outweighing the minuses, you still might want to defer an important decision to make sure you have all the facts you need.



CANCER (June 21 - July 22): One or two problems might threaten to derail otherwise smoothly running situations at work or at home. But a few well-placed words should help get things back on track quickly.



LEO (July 23 - August 22): This could be a good time for all you Leos and Leonas in the spotlight to open your generous Lion's hearts and share the glory with those who helped you accomplish so much along the way.



VIRGO (August 23 - Sept. 22): You might want to get advice from someone who's been there and knows these situations better than you do, before investing time or money (or both) in a questionable matter.



LIBRA (Sept. 23 - October 22): Be careful how you handle a workplace matter that seems out of place in the schedule you've prepared. Before you act, one way or another, find out who set it up and why.



SCORPIO (October 23 - November 21): Your entertainment aspect is strong this week. Besides providing a wonderful break from everyday obligations, sharing fun times brings you closer to those you care for.



SAGITTARIUS (Nov. 22 - Dec. 21): Having a weekend fun fest? Your friend or relative who's down in the emotional dumps could perk up if you find a way to include him or her in your plans.



CAPRICORN (Dec. 22 - Jan. 19): If you're in one of those "the Goat knows best" periods, you might want to ease up and try listening to what others have to say. You could learn something.



AQUARIUS (Jan. 20 - Feb. 18): That new challenge is getting closer, and you should be out there now showing facts and figures to potential allies to help persuade them to rally to your support. Good luck.



PISCES (Feb. 19 - March 20): Getting a head start on holiday plans could help free up some time later to spend on other projects. Meanwhile, a colleague has some ideas that you might find worth discussing.

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must include writer's first and last names, phone number, city of residence, and must be under 300 words. Not all letters can be published. We reserve the right to edit as necessary. We do not withhold names or publish unsigned letters. Email letters to: fredz@ebpublishing.com or mail to: The Forum
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Turn Your Old Mattress Into Something New



The Habitat for Humanity ReStore
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When you drop off your old mattress or box spring at the Habitat for Humanity ReStore, the Mattress Recycling Council's Bye Bye Mattress program recycles it. The steel, foam, fibers and wood become something new like carpet padding, construction rebar, insulation or mulch. In return, you can use your cash or in-store credit for something new to you and support Habitat's mission to build affordable housing in the Bay Area.

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ATHLETE OF THE WEEK

Ajayzee Zaballos

Castro Valley High School Senior Ajayzee Zaballos is our Athlete of the Week. On September 25, Ajayzee received and accepted an athletic scholarship to wrestle for Menlo College in Atherton, CA. After three seasons under her belt at CVHS, she has compiled a varsity record of 87 wins and 36 losses. She is a two-time California State qualifier, two-time WACC League Champion, and two-time NCS Third place finisher with one more season to go. She plans to major in Business Management with a focus on Entrepreneurship and Innovation.



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CVSAN REPAIR & REHAB
PROJECT UPDATE

Castro Valley Sanitary District's (CVSan's) Aerial Pipeline and Pump Station Rehabilitation Project (Project) will start in the next few weeks! The Project includes the rehabilitation of CVSan's eight pump station locations and four high-priority aerial pipeline locations. An aerial pipeline is a pipe that is installed above ground and usually passes over certain geographical features, such as creeks or streams. A pump station is a facility designed to lift wastewater from lower elevations to higher elevations.

The Project was released to bid on August 18, 2020 and was awarded to Mountain Cascade, Inc. at the CVSan Regular Board meeting on October 6, 2020. The Project construction is anticipated to start in late October and includes work all over Castro Valley.

If you have any questions regarding future CVSan repair projects, please visit cvsan.org/ConstructionProjects for more information.

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RCS: Open

continued from front page

Even with a pandemic with infection rates that have not stabilized, and while facing a recession, Redwood Christian Superintendent Al Hearne said the school is focused on "rebuilding" instead of reopening campuses.

"The simple answer is, RCS was never closed. Therefore by definition RCS does not need to reopen," Hearne said in a statement.

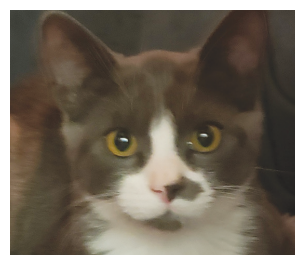
Hearne said classrooms are set up with students physically distanced 6 feet apart, and students will not be allowed to share supplies. The school is being cleaned and disinfected nightly by an outside company especially in high-touch areas. Gatherings will not be allowed. Assemblies and parent conferences will be conducted via Zoom.

If a student or a teacher in a cohort test positive for the virus, that cohort classroom would be closed, followed by 14 days of quarantine. If 5 percent of the entire elementary campus tests positive, the school would shut down and return to online instruction, according to Hearne.

ADOPT-A-PET



KENDALL is a sweet, active 6 month old dark tabby who's ready for a loving family with another playful cat or kitten to be her buddy. Email Loveallpawzrescue@gmail.com.



DRUMSTICK is a very handsome 4 month old gray and white tuxedo boy who is playful, friendly and loves chasing toy balls. Email Loveallpawzrescue@gmail.com.



BRAVEHEART is a social boy who loves exploring and is not afraid to let you know what's on his mind. Please call Hayward Animal Shelter, 510-293-7200.



SIR THUMPSALOT is a male bunny who is quite the gentleman. He is friendly, curious, and neat and enjoys being brushed. Call: Hayward Animal Shelter, 510-293-7200.

Sups. Support Community Reparations

By Nate Miley
SPECIAL TO THE FORUM

At its Oct. 6, meeting, the Alameda County Board of Supervisors unanimously approved a resolution co-sponsored by Supervisors Nate Miley and Keith Carson which sought support of community reparations for African Americans.

The Board of Supervisors will be developing an action plan to help manifest this resolution into a reality. This resolution builds upon a previous resolution, approved by the Board in 2011, which formally apologized for the enslavement and racial segregation of African Americans.

The Resolution approved last week was developed in response to the transformative social change

echoing across the nation, and reaffirms the 2011 Resolution.

Both Resolutions offer an official apology and remorse for the enslavement, segregation, and discrimination of African Americans. With the most recent action, the Board of Supervisors further detailed the oppressive and lasting effects of racist local policy, including loss of economic stability and gain, comparably worse medical outcomes and life expectancies, and psychological suffering.

Last week's affirmation calls on all cities, law enforcement agencies, organizations, institutions and individuals across the country that have advanced and benefitted from racial inequity to join in apologizing for complacency as well as call for them to combat racism

and discrimination by initiating policy and providing funding for community reparations.

It ends with a promise to take steps beyond an apology by creating an action plan to specifically address legislative, social, and economic inequities faced by African Americans.

"I am proud and humbled that the Board of Supervisors supported this Resolution to better address the history of racial inequality and inequity in our County and across our Country, said Supervisor Miley. "I hope this marks the first unified public step on a focused, intentional road towards deep systemic change."

Nate Miley is a member of the Alameda County Board of Supervisors representing District 4, which includes Castro Valley.

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By-----, Deputy
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FICTITIOUS BUSINESS
NAME STATEMENT

Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business(es):
ANGLIN, TODD DOUGLAS located at 2877
Grove Way, Castro Valley, CA 94546, in Alameda County, is hereby registered by the following owner(s): Todd Douglas Anglin, 3316 Monika Lane, Hayward, CA 94541. This business is conducted by an individual. This business commenced N/A.

/s/ Todd Douglas Anglin

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires SEPTEMBER 01, 2025

SEPT 23, 30, OCT 07, 14, 2020
285-CVF

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FICTITIOUS BUSINESS
NAME STATEMENT

Pursuant to Business and
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Sections 17900-17930

The name of the business(es):
BED ZONE located at 3959 East Castro Valley Blvd., Castro Valley, CA 94552, in Alameda County, is hereby registered by the following owner(s): MMM ZONE INC., 2140 Cristina Way, Brentwood, CA 94513. This business is conducted by a corporation. This business commenced N/A.

/s/ MMM ZONE INC.

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires SEPTEMBER 01, 2025

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289-CVF

FILED
SEPTEMBER 25, 2020
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FILE NO. 573268

FICTITIOUS BUSINESS
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The name of the business(es):
Riff Rafts located at 17539 Via Rincon, San Lorenzo, CA 94580, in Alameda County, is hereby registered by the following owner(s): (1) Jesse Cervantes and (2) Lisa Cervantes, 17539 Via Rincon, San Lorenzo, CA 94580. This business is conducted by a married couple. This business commenced N/A.

/s/ Riff Rafts

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Expires SEPTEMBER 25, 2025

OCT 14, 21, 28, NOV 4, 2020
292-CVF