

OVDDBA YOUTH MOOSLETTER

President: Santiago Lizarraga | Vice President: John Paulin | Treasurer: Jeff Reusser | Secretary: Melody Harmon | Youth Director: Janelle Soja

OVDDBA Show Recap

The annual OVDDBA show is over, and summer has begun! Did you attend the 2025 show? Every year the OVDDBA gives away a heifer and a steer to an

OVDDBA youth. This year the Dexter heifer, Royal Fare's Licorice, was won by Isaac Harmon. All OVDDBA youths who complete projects throughout the year receive entries to the heifer drawing.



Brighton Soja won the 2025

Dexter steer, JK Mr. Milton. All youths who enter and show in showmanship have a chance to win



the steer. All the OVDDBA youth that showed did a fantastic job! Did you show? What was your favorite memory? One of my favorite memories from the show was

watching the kids and adults ride the mechanical bull! - Mrs. Renae Lizarraga did a great job planning that fun activity.

Cows in Costume

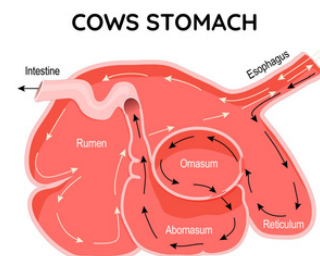
Another fun aspect of the annual OVDDBA show is the costume class. I

love seeing the creative costumes you all come up with! I am also very impressed with how well your cows behave in costume. Well done to all the contestants!



How Many Hours a Day Do Cows Eat?

Have you ever sat out in the field or in the barn with your cow, watching them eat? It is so relaxing to hear them calmly chewing their cud. What is cud? Well, cows are ruminant animals, which means they have four stomachs! Can you imagine how hungry you would be if you had 4 stomachs to fill? One of those stomachs is for storing food they get while out grazing, which they burp back up later (yes, cows are allowed to burp at the dinner table). The food they burp back up is called cud. Cows spend 4-5 hours a day grazing, and about 8 hours a day chewing their cud! Once they have fully chewed their cud, it goes through the other 3 stomachs, and finally through the small intestines until it is fully digested. Any waste that isn't digested is eliminated out onto the field and fertilizes the soil.



Meet the new OVDDBA Youth Director

Hi, my name is Janelle Soja and I am the new OVDDBA youth director. I am a mom to three boys, I help with my family

Dexter farm, and I have a flock of sheep. I am looking forward to getting to know the OVDDBA youth better. If you have any suggestions for the OVDDBA youth program, I would love to hear from you! Send me an email at youthdirector@ovdba.com. I hope you all have a great summer!





SUMMER BUCKET LIST

Have fun completing this summer bucket list! Snap a photo while doing the activities below, and email or text a photo to the OVDBA youth director for credit

- youthdirector@ovdba.com or (216) 315-6489

Give your Dexter a bath

Promote and/or show Dexters at a show, fair or other event

Write and send a thank you note to someone who helped you with Dexter(s) over the past year

Make ice cream. Bonus point if you use Dexter milk/cream

Help a friend, family member, or neighbor complete a farm chore

Draw a picture, write a short story, song, or poem about your favorite Dexter cow

