

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

WEDNESDAY, JULY 3, 2019

### **YEAR 31**

### **INSIDE YOUR FORUM**

### **NEWS**



**Clipper Cards** BART paper tickets being replaced by reusable Clipper Cards Page 3

### **SENIORS**

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**In-Home Care** The first step is to determine the level of care needed Page 7

### LIVING



Let's be Frank Celebrate Independence Day with an American tradition: hot dogs Page 8



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PHONE: (510) 614-1560



PHOTO COURTESY OF ALAMEDA COUNTY FIRE DEPT.

Firefighters work to extinguish a two-alarm garage fire that damaged two houses in the 3000 block of Keith Avenue in Castro Valley Friday night. A total of five people and two dogs were evacuated from the homes. There were no injuries. The fire is under investigation.

## **Two Families Evacuated as Garage Erupts in Flames**

Quick action by two off-duty police officers and a retired Alameda County Fire Department neighboring residence, according Armstrong, who lived near by, ate two residents and a dog who were asleep in a house in the 3000 burst into flames and spread to the house.

The fire, which broke out around Aisha Knowles.

block of Keith Ave. in Castro Val- of the garage, a second alarm re- Department and another off-du- and-run cellphone thefts that are recommendations/warnings from ley Friday night after their garage sponse was requested and addi- ty officer, who wished to remain considered robberies because they Alameda County Sheriff Greg tional fire units responded to the anonymous. blaze.

Before firefighters arrived, re-9:30 p.m., extended to a second tired Fire Department Capt. Bruce the Bay Area population grew and racial profiling, immigration incaptain managed to safely evacu- to Fire Department Spokesperson ran to the scene. He was joined the system. by two off-duty police officers, Due to the full involvement J. Kalsbeek of the San Leandro crease has been driven by snatch- lots of boisterous meetings and

see FLAMES on back page the report said.

## Grand Jury Report Critical of BART, **County Missteps**

### **By Michael Singer** CASTRO VALLEY FORUM

The Alameda County Grand Jury Final Report, issued last week, criticizes regional leadership in the handling of key civic proving cleanliness, reducing fare issues, including BART passenger safety, and losing out on \$5.6 million of federal funds for Urban would not only improve BART Shield.

evant to our readers, the Castro Valley Forum did pick up on a few specific areas that do impact our area in the 148-page report. **BART Safety** 

tered on passenger safety within rescue teams would descend on the BART system. Violent crime 32 different locations around the on BART - including robberies Bay Area including Castro Valley and aggravated assaults - in- to learn how to best approach dancreased by 115% over the last five gerous situations and hone their years, according to the report.

During the same time, BART lost 8% of its ridership, even as this year following complaints of several new stations were added to volvement (ICE), and militariza-

'Much of the violent crime ininvolve the use of force or fear," Ahern and others, the report said

To combat these trends, BART has been asked to add more police over the next five years and better educate riders on crime prevention.

**NO.26** 

The Grand Jury also found imevasion, and working with groups that specialize on homeless issues rider satisfaction, but would also While not every issue is rel- curb the amount of crime on the trains and the stations.

Urban Shield

Urban Shield was an annual gathering of first responders who train for all types of emergencies. The most scathing critiques cen- More than 100 police, fire, and skills.

> The program was suspended tion of law enforcement.

After a two-year process with see REPORT on page 14

## **Double Homicide: Suspect Identified**

Office has identified a suspect and in the 20500 block of Forest Ave. one of the victims in the double near Castro Valley Blvd. homicide discovered in Castro Valley last week.

ven Michael Carlson, a resident of ber for several days, according to Castro Valley and Pleasanton. One Sheriff's Sgt. Ray Kelly. of the victims, a woman, was idenof Pleasanton.

en were found — slain from gunshot wounds — at about 10:15 dead for several days. a.m. last Wednesday by Alameda County Sheriff's deputies during iff's Office at: 510-667-3636.

The Alameda County Sheriff's a welfare check at a guest house

The welfare check was requested by a relative who said they The suspect is 49-year-old Ste- hadn't heard from a family mem-

When deputies arrived at the tified as Lisa Deanne Carlson, 45, address they received no response so they walked to a cottage in the The bodies of a man and wom- rear of the lot and discovered the bodies, which had apparently been

Anyone with info, call the Sher-



### PHOTO BY LINDA SANDSMARK

CRIME SCENE: Yellow tape surrounded a home in the 2500 block of Forest Avenue for several hours last Wednesday as Sheriff's deputies investigated the slaving of a man and women in a rear cottage. Police have named Steven Michael Carlson as the suspect.

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### CASTRO VALLEY FORUM 2

### Wednesday, July 3, 2019

#### **Castro Valley Weather** July 3 - 7, 2019 Wednesday Thursday Friday Saturday Sunday Mostly Sunny Clouds then Sun Partly Sunny Mostly Sunny Sunny High 73° Low 57° High 71° Low 56° High 71° Low 55° High 74 Low 54° High 76° Low 54° **Moon Phases** Almanac Past Week's Rain: 00.00 July July July July Season To Date: 24.80 16 24 31 Normal To Date: 21.22 <del>a</del>c Season Average: 21.22 Sun sets at 8:35 p.m. today, rises at 5:52 a.m. Thursday. CASTRO VALLEY FORUM **Got Your Castro Valley Forum**, Got Your Coffee, Life is Good! **PUBLISHED EVERY WEDNESDAY**

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## **BART** Paper Tickets Being Replaced by Clipper Cards

The day of the familiar BART paper ticket is coming to an end. The transit agency is expanding the number of stations where the only ticket available for purchase is the reusable Clipper card.

Starting Monday, BART will eliminate the sale of paper magstripe tickets at the downtown Berkeley station, the first of four stations to end paper ticket sales over the summer. The others are the 19th St. Station on July 22, Embarcadero on Aug. 19 and Powell Street on Sept. 3.

While the magstripe tickets will no longer be available for all-in-one transit card, acpurchase at these stations, riders can still use paper tickets to enter or exit through fare gates and can also add fare to a paper ticket to exit a station using the Add Fare Pittsburg Center Station and An- percard.com. For other informamachines.



The Clipper card will eventually become the Bay Area's cepted by nearly all transit agencies in the region.

The BART to Antioch stations 18 and under, visit www.cliptioch Station, which opened last tion, visit bart.gov/clipper.

year, have never had paper-ticket vending machines.

The Clipper card will eventually become the Bay Area's all-in-one transit card, accepted by nearly all transit agencies in the region. Many other agencies offer discounted fares when using Clipper.

Because Clipper cards are not inserted at fare gates, riders are able to move through fare gates faster, avoiding jam-ups caused by tattered or worn paper tickets.

Clipper cards can be purchased at every BART station and at many retail outlets throughout the region.

To get Clipper online or for details about obtaining a discount card for Senior/Disabled or Youth

## PG&E Urges Residents: Update **Contact Info for Blackout Alerts**

PG&E is sending postcards to couraging them to update their cell information so we can do our best phone number, email and other to reach them in advance of a pokey information so they can be no- tential Public Safety Power Shut- wildfires and discuss it with their tified in advance should it become off event," said PG&E chief cusnecessary to temporarily turn off power for safety this fire season.

PG&E's service area, they either tional precautionary safety meahave incomplete or no contact information on file.

It is important that all customer can share important wildfire safety through social media, TV and ra- shutting off power. dio, and the pge.com website.

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more than 240,000 customers en- be sure we have their latest contact Safety Power Shutoffs, PG&E tomer officer Laurie Giammona.

Though these customers live in off program is one of many addi- need to evacuate; and sures in response to the 2017 and 2018 wildfires.

Although extreme weathinformation is up to date so PG&E er threats can change quickly, PG&E's goal is to send customer alerts. In addition to notifying cus- alerts through automated calls, tomers directly, PG&E also will texts and emails at 48 hours, again provide outage updates and info at 24 hours, and again just prior to

Besides updating their contact 1-866-743-6589.

"We are asking our customers to information to prepare for Public wants customers to:

friends, family and neighbors; · Update or create a go bag or The Public Safety Power Shut- 72-hour kit that can be used if you

· Have an emergency plan for

 Clear defensible space around your home or business.

More than 390,000 customers have taken action to receive wildfire safety alerts in the past year.

For customers who have not yet confirmed or updated their contact information, PG&E asks that you do so by visiting www.pge.com/ mywildfirealerts or by calling



## 'Big Red' Back at His CV Home

A giant metal rooster was returned to its Castro Valley home last week, following a day of intense social media attention.

"Big Red," a work of art standing 7-and-a-half feet tall and weighing 50 pounds, could normally be seen greeting motorists on Crow Canyon Road.

Apparently too attractive for a thief to resist, he was stolen from the front of his owner's house on June 23.

"Be on the look out for a 7-foot stolen chicken. You can't miss it," tweeted the Alameda County Sheriff.

Local news outlets went into a frenzy of coverage, from radio and print to television and online outlets. Less than 48 hours later, an alert citizen in unincorporated Hayward noticed a large rooster matching Big Red's description in his neighbor's yard.

"We have located the missing 7-foot chicken in a backyard in Hayward. Working with the victim to get it home," read the sheriff's next update. "Big Red is going home with his owner. A special thank you to our very alert community for the tip."

The alleged thief was reportedly already in jail for unrelated warrants at the time of Big Red's recovery.

( )

PHOTO COURTESY OF THE ALAMEDA COUNTY SHERIFF'S OFFICE *–Linda Sandsmark* **BIG RED, a 7-foot metal rooster, is back home in CV.** 



COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM

**Barricaded the Door** Sunday, June 30: at 6:21 p.m., woman was also wanted as part of Boulevard near Anita Avenue Sheriff's deputies arrested a a warrant issued for her capture. after the store manager reported 26-year-old man from CV on sus- Deputies took her to Santa Rita the man was harassing customers, picion of violating a court-issued Jail pending \$50,000 in bail. The which resulted in an altercation. restraining order. The man was victim was treated at the scene. stopped for questioning outside a home on Sweet Lane near Strobridge Avenue. The resident inside Saturday, June 29: at 10:12 a.m., called to say the man barricaded deputies arrested a 33-year-old the door preventing her from leav- man with no permanent residence ing. Deputies reported the man was making suicidal threats during questioning. The man was taken to John George Psychiatric Hospital for evaluation before being booked into Santa Rita Jail.

### **Aggressive Assault**

Sunday, June 30: at 3:25 a.m., into custody. a 911 call about a loud and aggressive-sounding argument sent deputies to an apartment on the Friday, June 28: at 3:52 p.m., a Friday, June 28: at 12:46 p.m., a Boulevard near Park Way. There, 56-year-old man with no perma- 46-year-old woman with no perthey arrested a 32-year-old woman from Hayward on suspicion of assault on a family member. Dep- flow of a business and assault and sued restraining order against her. uties determined the woman to be battery charges. Deputies respond-

### **Deadly Weapon**

on suspicion of threatening people Friday, June 28: at 8:15 a.m., depwith a deadly weapon. The man was hanging outside a business on Castro Valley Boulevard near Anita Avenue when deputies arrived. A store manager put the man under citizen's arrest hoping to prevent an incident. The man was taken possession. Deputies handcuffed

### Assault and Battery

nent residence was arrested on manent residence was arrested on suspicion of interfering with the suspicion of violating a court-is-

the aggressor in the argument. The ed to a business on Castro Valley The man was also wanted as part of a warrant for his arrest. Deputies took the man to Santa Rita Jail pending \$10,000 in bail.

### **Breaking and Entering**

uties arrested a 63-year-old man with no permanent residence on suspicion of breaking and entering into a business on Knox Street near Redwood Road. The man was also found with stolen property in his the man and took him into custody.

### Can't Stay Away

see REPORTS on page 15





## The Week Ahead

### • Thursday, July 4: Fourth of July Celebration

Join a free community celebration of Independence Day from 10 a.m. to 2 p.m. tomorrow at historic Meek Park at 240 Hampton Road in Hayward, where you'll learn about the Meek Family history and get a peek inside this local landmark. Grab a hot dog and listen to the music of Johnny Mahalo and the Wild Coconuts. Bay Area BikeMobile will give free bake repairs to the first 20 sing-ups that day.

### • Friday, July 5: Eden Area Village Meeting

Eden Area Village will hold its next Member Forum and Public Outreach Meeting at 2 p.m. this Friday at Hayward City Hall, 777 B Street where you can hear about how we help seniors remain active and engaged in the community. More info at edenareavillage.org

### • Saturday, July 6: Community Garden Open House

See what your neighbors are growing at Paradise Community Garden, 20095 Mission Blvd. in Hayward from 10 a.m. to 3 p.m. this Saturday. Free speaker series at 11 a.m. "Healthy Eating: How to ferment and pickle vegetables" by Dustin Passalalpi. Snacks and drinks throughout the day. Visit vendors for native plants, body work, handmade soaps, community booths, urban farming info. Rent your own garden box. Questions? Call Rick Hatcher 510-909-4077.

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Fred Zehnder, Editor & Publisher fredz@ebpublishing.com

Howard Morrison, Assoc. Publisher

howardm@ebpublishing.com Helen Burkett, Advertising Design Mgr.

helenb@ebpublishing.com Moxie Morrison, Layout Design

moxmore@yahoo.com

Claudette E. Morrison, Business Mgr. cm@ebpublishing.com

Patrick Vadnais, Classified Ads / Obituaries patrickv@ebpublishing.com

Mary Florence, Advertising Sales 861-3270 Maryflorence798@gmail.com

HOROSCOPE by Salomé

Gene Osofsky Carl Medford Terry Liebowitz Amy Ramos Linette Escobar Thomas Lorentzen

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INDEPENDENCE DAY SCHEDULES Thursday, July 4, 2019

### **Government Operations**

All Federal, State, County and City offices will be closed on Friday, except for emergency services.

#### **Business Offices**

Financial institutions and stock exchanges will be closed. Most business offices, including The Forum, will be closed.

### Stores & Restaurants

Some will be open but may be operating on reduced schedules so check ahead to be sure.

#### Public Transportation BART and AC Trans

BART and AC Transit buses will operate on a Sunday schedule on July 4.

### **Garbage Collection**

Recycling, organics, and garbage collection services will occur as scheduled by Alameda County Industries (ACI). Please call ACI at (510) 483-1400 with billing and customer service questions.

Castro Valley Sanitary District (CVSan) offices will be closed on Thursday, July 4th in observance of Independence Day. Please call (510) 506-5821 for sewer emergencies. Visit www.cvsan.org for information regarding CVSan services and programs.

### • Saturday, July 6: History & Mystery of Tarot

Time-travel through the Tarot's history and mystery from 1:30 to 4:30 p.m. this Sunday, July 6, at the Castro Valley Library. Join Amber for a fascinating and educational slide show and narrated journey through the tarot's long and mysterious history. Visit places such as ancient Egypt, Palestine, Rome and Greece, Renaissance Italy, pre and post World War II Europe and the United States. Discover the tarot's links with numerous academic, social, cultural, political, religio-spiritual movements and events. To register (required), call 510-667-7900.

### • Tuesday, July 9: Rotary Topic: Long-Term Senior Care

David Scharff of Silver Transitions will talk about long-term care options for seniors, during the next buffet lunch meeting of The Rotary Club of Castro Valley Tuesday from noon to 1:30 p.m. at Redwood Canyon Golf Course,17007 Redwood Road. The cost of lunch is \$15 and reservations must be made by 9 p.m. on July 7, by contacting Rotary at cvrotary@iCloud.com or 510-402-5123. More information is available at castrovalleyrotary.org

### • Wednesday, July 10: Sons in Retirement Luncheon

Sons in Retirement (SIR) Branch 26, an organization of retired men, will meet July 10 for a social hour at 11 a.m. and lunch at noon at the Fairview Event Center at Metropolitan Golf Course, 10051 Doolittle Drive, Oakland. Truman Howard, a docent at Blackhawk Museum, will speak on changes being made at the Museum. Luncheon is \$25, payable by check. Sponsored guests are welcome at meetings on the second Wednesday of each month. Call Ken at 510-537-4804 for information.

### • Thursday, July 11: Ice Cream Social Luau

Come and enjoy an ice cream sundae with your friends and family at the Aitken Senior & Community Center, 17800 Redwood Road from 1:30 to 3 p.m. on July 11. \$1.50 per sundae, please bring exact change.



### 20121 Santa Maria Ave., Castro Valley • cvrev@aol.com

### • Saturday, July 13: Music with the James Henry Quartet

Enjoy live music with the James Henry Quartet at 2 p.m. Saturday, July 13, at the Castro Valley Library. Henry, a master percussionist, songwriter and producer, will take you on a global journey from Afro funk to Urban Caribbean, World Beat, R&B, Reggae and Soca. Expect the unexpected. Expect music for your soul!

### • Saturday, July 13: Castro Valley Pride

Castro Valley Pride returns for their 9th year, once again transforming the Castro Valley High School Redwood Road parking lot into a fun-filled space with food trucks, vendors, and live entertainment on two stages. Join the fun from noon to 5 on July 13 as they create a safe and welcoming space for the LGBTQ community, their friends, family, neighbors, and allies to enjoy a beautiful summer day together. For booth opportunities please visit www.castrovalleypride.com

### • Saturday, July 13: At Sulphur Creek: Eagle Tactics

Searching and soaring on powerful wing beats are an eagle's survival tactics. A pairing of wing design and vision makes them the master of their chosen terrain. Find out how to differentiate an eagle from a hawk or falcon as you meet some of Sulphur Creek's resident diurnal (or daytime) raptors up close at a special adults-only presentation on Saturday, July 13, from 4 to 5:30 p.m. at Sulphur Creek Nature Center, 1801 D Street, Hayward. Space is limited and advance registration is required (\$20). Register online at www.haywardrec.org or by calling 510-881-6700. More info at 510-881-6747.

### • Sunday, July 14: Democratic Club Summer Picnic

The Castro Valley Democratic Club Summer Potluck Picnic will be held from noon to 4 p.m. on July 14 at Castro Valley Community Park in picnic area 2. Come meet your local elected officials. Also fun raffles.

### • Monday, July 15: Castro Valley Night of Honor

Redwood Chapel Community Church will be hosting the 20th Annual Castro Valley Night of Honor at 6:30 p.m. on July 15, to thank our local first responders for their daily service and sacrifices for us. Uniformed first responders and their immediate families who attend will receive a free meal and thank you gift. The cost for community members to attend is \$10/adult and \$5/child (10 and under).

## Arts &

## Entertainment

### CASTRO VALLEY CENTER FOR THE ARTS

Tickets for Center for the Arts events listed below are available online at www.cvcfa.com; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. (phone 889-8961), or at the Castro Valley Adult School, 4430 Alma Avenue. Tickets for the Center's entire 2019-2020 Series are available for \$173 to \$209.

• "The Great American Sh\*t Show," monologues on life in the age of Trump, written by Brian Copeland and Charlie Varon and performed by them at 7 p.m. on Saturday, Aug. 17, at the Center for the Arts as a therapy session for progressives who've been quietly going insane. Developed with and directed by David Ford. For more info or tickets (\$40), visit www.cvcfa.com

### **OTHER THEATRICAL & MUSICAL PERFORMANCES**

• "Newsies," the Disney musical, will begin the 53rd season of the Woodminster Summer Musicals July 5-7 and 11-14 at Woodminster Amphitheater in Joaquin Miller Park in the Oakland Hills. The play was inspired by the real-life "Newsboy Strike of 1899," when newsboy Kid Blink led a band of orphan and runaway newsies on a two-week-long action against Pulitzer, Hearst and other powerful newspaper publishers. Filled with one heart-pounding number after another, it's a high-energy explosion of song and dance you don't want to miss. All performances at 8 p.m. For tickets or more info, visit www.woodminster.com

• **"Born Yesterday,"** the Broadway hit that many consider to be the funniest American comedy of the 20th Century, will be presented by Chanticleeers Theater, opening with the traditional complimentary hors d'oeuvres, desserts and beverage gala on July 19 and continuing through Aug. 11, with performances at 8 p.m. on Fridays and Saturday, and Sunday twilight matinées at 6 p.m. (no show July 21). For tickets (\$25 adult, \$20 seniors, students and military) visit www.chanticleers. org or call 510-733-5483. Chanticleers Theatre is located within the Castro Valley Community Park at 3683 Quail Ave. in Castro Valley.

### **ART GALLERIES & ART INSTRUCTION**

• Artist Open Studio Every Thursday: Join this informal gathering of artists working together in a friendly and helpful atmosphere. Adobe Art Center hosts provides tables, chairs and easels. \$3. Thursdays 10 a.m. to 2 p.m. in the Redwood Studio 1 at the Adobe Art Center, 20395 San Miguel Ave, Castro Valley.

# ARIES (March 21 - April 19): Your Aries leadership qualities can help bring order out of all that confusion, whether it's on the job or in the home. But be careful to guide, not goad, others into following you. TAURUS (April 20 - May 20): Applying a more personal view to a job-linked issue could help provide better insight into those persistent problems. Use your keen Taurean logic to cut through the double-talk. GEMINI (May 21 - June 20): Taking some time off could be the best way to get through that seemingly endless round of demands. You'll return refreshed and ready to tackle things from a new perspective.

CANCER (June 21 - July 22): Restoring a sagging professional relationship takes a lot of effort. By all means, state your position. But also make sure you pay close attention to the other person's point of view.

LEO (July 23 - August 22): A hot prospect intrigues the Big Cat, who is always on the prowl for a promising investment. But be careful that this "promise" has a chance of being kept. Check it out more carefully.

VIRGO (August 23 - Sept. 22): A friend could use some of your compassion and concern. If he or she doesn't ask for help, be sure you step up and make the first move. Also, check out a new career possibility.

LIBRA (Sept. 23 - October 22): You might have difficulty getting your opinions heard because of all the noise being made by the other side. But hang in there. Others should line up with you once they learn the facts.

SCORPIO (October 23 - November 21): Offering to help a colleague is commendable. But before you commit your time and effort, check to see if that person's situation is all that he or she has led you to believe it is.

SAGITTARIUS (Nov. 22 - Dec. 21): You soon should be seeing positive results from your recent efforts on behalf of a family member. On another matter, check that you have all the facts regarding a job assignment.

CAPRICORN (Dec. 22 - Jan. 19): Your aspects favor closer family relationships this week. Take time for visits, whether in person, by phone, by mail or in cyberspace. Let them know how important they are to you.

AQUARIUS (Jan. 20 - Feb. 18): A missed opportunity isn't always a negative. Maybe your instincts are telling you not to rush into something you "thought" was worthwhile. Make time for family this weekend.

**PISCES (Feb. 19 - March 20):** Your sense of humor helps you get through a tricky situation. But some stick-in-the-muds might not be so willing to make the changes that you and others agree are necessary.

Linda Nakhai, Advertising Sales Thomas Lorentze 510-915-1513 Inakhai@comcast.net Buzz Bertolero

### amys@ebpublishing.com 510-614-1561 Jim Carrizo, Sports jimcvsports@gmail.com 510-967-3759 Contributing Writers: Linda Sandsmark Michael Singer Gene Osofsky Carl Medford

Amy Sylvestri, News

FII FD

JUNE 05, 2019

MELISSA WILK

ALAMEDA CÓUNTY

FILE NO. 559948

By

**FICTITIOUS BUSINESS** 

NAME STATEMENT

Pursuant to Business and

Professions Code

Sections 17900-17930

Seven Hills Baking Co. located at 3295

Castro Valley Boulevard, Castro Valley,

CA 94546, in Alameda County is hereby

registered by the following owner(s): Julien

Wagner, 746 Dolores Ave., San Leandro,

CA 94577. This business is conducted by

an individual. This business commenced on

This statement was filed with the County

Clerk of Alameda County on date indicated

JUNE 19, 26, JULY 3, 10, 2019

0107-CVF

The name of the business:

6/18/18.

/s/Julien Wagner

by file stamp above.

Expires JUNE 05. 2024

County Clerk

--. Deputy



PHOTO COURTESY OF SEN. WIECKOWSKI

State Sen Wieckowski with Andrea and Josh Hunter, owners of Crush Comics in Castro Valley.

## Crush Comics Honored as Small Business of the Year

Castro Vallev comic book store Chabot Cinema, has been serving Crush Comics was honored in the customers since 1990, selling a State Capitol last month by State large variety of new comics, back Senator Bob Wieckowski as the Small Business of the Year for card games, sport cards, statues, District 10.

"Superheroes are seemingly more popular than ever and small business owners are some of the for this award," said Josh Huntreal superheroes in our state," er. "We love our community and Wieckowski said. "Josh and An- strive as always to be your friendly drea Hunter, the owners of Crush neighborhood comic shop.' Comics, are no different. Their passion for comics and their busi- is an annual event organized by the ness skills have enabled their store California Small Business Associoriginal owner."

Crush Comics, located next to nized during the ceremony.

issues, trade paperbacks, manga, posters and toys.

'We're so very honored to be selected by Senator Wieckowski

California Small Business Day each legislative district are recog-

to continue to serve the commu- ation to honor the contributions of ceipt of an alert, the system will nity since they bought it from the small businesses. Awardees from continue to attempt to reach the

## Coming Next Week to Smalltown Society

• Sat., July 13: Eden Community Land Trust Convening

ty Land Trust from noon to 3 p.m.! We will be discussing the creation of a land trust for the Eden Area community.

CHAMBER NOTES

**RENEWING MEMBERS** 

Fast-Teks On-Site

Computer Services

European Wax Center

Hodges Řealty

**NEW MEMBERS** 

**EVENTS** 

Mckinney & Company CPA

Law Öffices of Alan D. West

Gloria Amaral - Mary Kay

Kevin L. Hinkley Auto Tech

Castro Valley Animal Hospital

Rubicon Programs/Eden Area

• Food Trucks – Every first and

from 5 to 8 p.m. at Adobe Park

The Castro Valley / Eden area Chamber of

Commerce is located in Suite 224 at 3160

Castro Valley Blvd., phone 510-537-5300

third Tuesday of the month,

Eden Healthcare District

Alameda County Deputy

Sheriff's League

Please join us for the very first Trusts (CLT) as a viable model for benefit of the community! Follow convening of the Eden Communi- preserving affordable housing and us on Facebook @CLTeden preventing displacement.

op all sorts of assets, such as com- Castro Valley.

People all over the country are munity gardens, shops, communilooking towards Community Land ty and recreation centers, all for the business commenced on N/A

More details on these events A CLT is a type of non-profit, and others visit www.smalltowndemocratic membership organi- society.com or text "Smalltown' - how to become a member, and zation that develops and maintains to 797979. Smalltown Society is future projects happening in our affordable homes. CLTs can devel- located at 22222 Redwood Road,

## Fairview 'AC Alert' System

The Fairview Fire Protection District is introducing a new mass notification alert system in partnership with Alameda County called AC Alert.

Effective this past Monday, AC Alert replaced the former "CodeRED" alert system in Hayward and the Fairview Fire Protection District.

The new service provides a quick way to alert the public of a local emergency and steps people may need to take to keep themselves and their families safe.

The service is free, but requires subscribers to opt-in by emailing eso@hayward-ca.gov or by calling the Hayward Fire Department Emergency Service Office at 510-583-4948.

Residents should be aware that subscriber data from the old CodeRED system cannot be transferred to the new AC Alert service. AC Alert users can subscribe for notifications based on multiple locations-for any residence, workplace, school or other location in Alameda County.

If a safety hazard or concern arises in the area, a notification will be sent to whatever device the subscriber chooses.

Once an AC Alert message is received, a subscriber can confirm receipt and the system will stop sending the initial notification. If a subscriber does not confirm resubscriber using all contact data provided.

LEGAL NOTICES

FILED

MAY 16, 2019

County Clerk

--. Deputy FILE NO. 559263

FILED

JUNE 10, 2019

MELISSA WILK

ALAMEDA CÓUNTY

By

**FICTITIOUS BUSINESS** 

NAME STATEMENT

Pursuant to Business and

Professions Code

Sections 17900-17930

JUNE 19, 26, JULY 3, 10, 2019

0108-CVF

The name of the business:

/s/Tyler Judkins

by file stamp above

Expires JUNE 10, 2024

County Clerk

-, Deputy FILE NO. 560109

MELISSA WILK

ALAMEDA CÓUNTY

By-

**FICTITIOUS BUSINESS** 

NAME STATEMENT

Pursuant to Business and

Professions Code

Sections 17900-17930

Al's Market located at 3550 Somerset Ave.,

Castro Valley, CA 94546, in Alameda County

is hereby registered by the following own-

er(s): Al's Food Market, Inc., 3550 Somerset

Ave., Castro Valley, CA 94546. This business

is conducted by a corporation. This business

This statement was filed with the County

Clerk of Alameda County on date indicated

JUNE 12, 19, 26, JULY 3, 2019

0105-CVF

The name of the business:

commenced on N/A.

by file stamp above

Expires MAY 16, 2024

/s/Al's Food Market, Inc.

FILED JUNE 04, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY By----. Deputy

FILE NO. 559898 **FICTITIOUS BUSINESS** NAME STATEMENT Pursuant to Business and

Professions Code Sections 17900-17930 The name of the business: Beefront located at 16470 Foothill Boulevard, San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Ji Sun Choi, 16470 Foothill Boulevard, San Leandro, CA 94578. This business is conducted by an individual. This business commenced on N/A.

/s/Ji Sun Choi This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires JUNE 04, 2024

JUNE 19, 26, JULY 3, 10, 2019 0106-CVF

FILED MAY 22, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY By--, Deputy FILE NO. 559475 FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and

Professions Code Sections 17900-17930 The name of the business: Arizona Care Home Inc located at 33051 Arizona Street, Union City, CA 94587, in Alameda County is hereby registered by the following owner(s): Arizona Care Home Inc, 33051 Arizona Street, Union City, CA 94587. This business is conducted by a corporation.

/s/Arizona Care Home Inc This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above Expires MAY 22, 2024

JUNE 19, 26, JULY 3, 10, 2019 0109-CVF

FILED

JUNE 19, 2019

MELISSA WILK

ALAMEDA CÓUNTY

FILE NO. 560411

By-

**FICTITIOUS BUSINESS** 

NAME STATEMENT

Pursuant to Business and

Sections 17900-17930

Long's Concrete located at 21287 Kahlert

St., Castro Valley, CA 94546, in Alameda

County is hereby registered by the follow-

ing owner(s): Dan Long, 21287 Kahlert St.,

Castro Valley, CA 94546. This business is

conducted by an individual. This business

This statement was filed with the County

Clerk of Alameda County on date indicated

JUNE 26, JULY 3, 10, 17, 2019 0115-CVF

The name of the business:

commenced on 11/21/2006.

/s/Dan Long

by file stamp above.

Expires JUNE 19, 2024

County Clerk

--. Deputy

FILED JUNE 12, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 560232 **FICTITIOUS BUSINESS** NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930

The name of the business: M.A. Services General Contractor located at 3979 Alexia Place, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Michael A. Kolokithas, 3979 Alexia Place, Castro Valley, CA 94546. This business is conducted by an individual. This business commenced on 02/11/1999. /s/Michael A. Kolokithas This statement was filed with the County

Clerk of Alameda County on date indicated by file stamp above Expires JUNE 12, 2024 JUNE 19, 26, JULY 3, 10, 2019

0110-CVF

FILED JUNE 19, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY

. Deputy By FILE NO. 560422 **FICTITIOUS BUSINESS** 

#### NAME STATEMENT Pursuant to Business and

Sections 17900-17930

The name of the business: SUNFLOWER DAYCARE located at 4227 Omega Ave., Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Ruobing Liu, 4227 Omega Ave., Castro Valley, CA 94546. This business is conducted by an individual. This business commenced on 01/02/2019. /s/Ruobing Liu

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires JUNE 19, 2024

JULY 3, 10, 17, 24, 2019 0116-CVF

and the ALAMEDA COUNTY PLANNING DEPARTMENT Will hold a Public Hearing on CASTRO VALLEY GENERAL PLAN IMPLEMENTATION PROJECT -(PHASE I) - Continue to review and discuss the Public Review Draft Zoning Ordinance Amendments - discussion of Zoning Map changes. On Monday, July 08, 2019, the Council will discuss and take public testimony

on the Draft Zoning Ordinance Amendments. The Castro Valley Municipal Advisory Council hearing will be held at 6:00 p.m. on Monday, July 08, 2019, in the Castro Valley Library, Chabot Room, 3600 Norbridge Avenue, Castro Valley, California.

**NOTICE OF PUBLIC HEARING** NOTICE IS HEREBY GIVEN

that the CASTRO VALLEY MUNICIPAL ADVISORY COUNCIL

you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the Planning Director at or prior to the public hearing, or at the Planning Commission hearing to be held at a later date, yet to be determined.

All interested parties are welcome to attend the hearing and present oral or written testimony. You may also submit written testimony to the Council at the Planning Department offices prior to the hearing date to be considered in the Council's discussion, and eventual recommendation to decision makers. For questions regarding the hearing or the project, or if you would like a copy of the neeting materials, please contact Christina Horrisberger by telephone at (510) 670-5400 or by e-mail at christina.horrisberger@acgov.org.

For more information on the Implementation of the Castro Valley General Plan please visit http://www.cvgpimplementation.com JULY 03, 2019

If you challenge the proposed Draft Zoning Ordinance Amendments in Court,

0118 - CVF

The name of the business:

meda County is hereby registered by the following owner(s): Russell W. Fochler, 18675 Sheffield Road, Castro Valley, CA 94546. This business is conducted by an individual. This business commenced on N/A. /s/Russell W. Fochler This statement was filed with the County

Clerk of Alameda County on date indicated by file stamp above. Expires JUNE 17, 2024

JUNE 26, JULY 3, 10, 17, 2019 0114-CVF

FILED JUNE 17, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY By- Deputy FILE NO. 560335 **FICTITIOUS BUSINESS** ns Code

NAME STATEMENT Pursuant to Business and Sections 17900-17930

Insights and Courage located at 18675 Sheffield Road, Castro Valley, CA 94546, in Ala-

ABC Yard and Lawn Care located at 1772 Knox Street, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Tyler Judkins, 1772 Knox Street, Castro Valley, CA 94546. This business is conducted by an individual. This This business commenced on N/A. This statement was filed with the County Clerk of Alameda County on date indicated

## How Seniors Can Spot Fake News

are the number one purveyor of because of the Internet and social claims in the headline sound unbefake news on the Internet. Is this networking, which enables it to true, or is it fake news too? If it's true, how can seniors go about spotting fake news?

### By Jim Miller

SPECIAL TO THE FORUM

A: Yes, it's true. According to push a political agenda or cause a recent study published in the confusion and can often be a profitjournal Science Advances, people able business for online publishers. aged 65 and older are almost four times more likely to share fake aren't completely false, but rather news on social media than younger people.

Why do older users share fake news more often? There are two says, or even claim that something more. theories. The first is that seniors, that happened long ago is related who came to the Internet later, to current events. sometimes lack the digital literacy skills of their younger counterparts to identify false or misleading ternational Federation of Library content. The second is that many older people experience cognitive decline as they age, making them spot fake news stories. more likely to fall for hoaxes.

What is Fake News?

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CVSan

Recycles

spread like wildfire.

hoaxes or propaganda created to be a warning sign of false news. deliberately misinform or deceive Many false news sites mimic readers.

Usually, these stories are created to either influence people's views, Also note that some fake stories

distortions of real events. These deceitful claims can take a legitimate news story and twist what it

### How to Spot Fake News

Here are some tips from the In-Associations, Harvard University and Facebook that can help you

False news stories often have signs. Fake news is not new, but it is catchy headlines in all caps with

**CANYON MIDDLE SCHOOL** 

From 8:00 a.m. to 2:00 p.m.

Free event for Alameda County residents!\*

Bring photo ID or utility bill. 125 lb./15-gal

19600 Cull Canyon Road

Saturday, August 3, 2019

Q: I recently read that seniors more prevalent than ever before exclamation points. If shocking lievable, they probably are.

• Look closely at the Web link: Fake news is false news stories, A phony or look-alike link may authentic news sources by making small changes to the link, for example "abcnews.com.co" (an illegitimate site) versus the actual "abcnews.com."

• Investigate the source: Make sure the story is written by a source that you trust with a reputation for accuracy. If the story comes from an unfamiliar organization, check their "About" section to learn

You can also find a list of websites that post deceptive and fake content at FactCheck.org - type "misinformation directory" in their search feature to find it.

· Watch for unusual formatting: Many false news sites have misspellings or awkward layouts. · Be skeptical of headlines: Read carefully if you see these

Pharmaceuticals

Prescription/Non-

Prescription Drugs. Sharps

in approved containers.

One free container/

resident at CVSan offices

Textiles

Bath Mats, Clothing,

Curtains, Linens, Shoes

Towels. No light-up

clothes/shoes or wet/

moldy textiles.

see FAKE on page 7

## ATHLETES OF THE WEEK



### CV Little League's Minor A Yankees Team

members of the Castro Valley Little League's Minor A Yankees. They finished their regular season with a 17-3 record, then went on to TOC (Tournament Of Champions), representing Castro Valley. These Yankees dominated in TOCs, finishing 3-0, shutting out all of their opponents.

They defeated Union City National 11-0,

This week's Athletes of the Week are the Lorenzo Little League 10-0, capturing the District 45 Championship flag.

ABOVE: Front row from left: Keeghan Senft, A.J. Retodo, C.J. James, Vedant Naik, Arthur Sims, Joshua Jacquez. Back row from left: Manager Aden Anderson, Mateo Phan-Quang, Dominic Bolender, Xavier Thompson, Jacob Smith, Caleb Anderson, Coach Shawn Smith, Coach



## Sports Hall of Fame Nominations

The Castro Valley Sports Founnominations for its sixth Sports Hall of Fame class, which will be honored Sunday, April 26, 2020, at final. a banquet at the Redwood Canyon Event Center.

Candidates for the Castro Valley Sports Hall of Fame must have five classes. participated in athletics, coached or officiated athletics, served in an athletic administrative position, or otherwise significantly contributed to athletics at a Castro Valley school or athletic organization, or must have resided in Castro Valley for a significant period of time.

2020 Hall of Fame class, go to tion Series at no cost to residents 6377 Clark Ave. in Dublin. Free the Sports Foundation's website in the East Bay. (castrovalleysportsfoundation. of this month.

A committee appointed by the 2010, with a subsequent class indation is continuing to accept Sports Foundation will review all ducted every two years since then. nominations and make its selec- The list of Hall of Fame members tions. All committee decisions are

The Castro Valley Sports Hall of Fame currently includes 80 Valley Sports Foundation is a members, 16 from each of the first non-profit organization promoting health and fitness and supporting

The first class was inducted in youth athletics in the community.

Hope Hospice Offers Free Family Caregiver Classes

Hope Hospice in Dublin is of- Classes take place at the Hope To nominate someone for the fering a Family Caregiver Educa- Hospice office in Suite 100 at

org), click on the Hall of Fame variety of topics and provides Caregiver," which includes basic link, print and fill out a nomination training and resources relevant to skills, will be held from 10 a.m. to form and mail the completed form family caregivers. Anyone who noon on Saturday, July 13. to the address listed on it. Nomina- is anticipating becoming a family tions must be received by the end caregiver is encouraged to partic- Emerson, debbiee@hopehospice. ipate.

parking is available. The first class, The 14-class series covers a "Essential Skills for the Family

is included on the website with

Founded in 2003, the Castro

short biographies of each.

Please pre-register with Debbie com or (925) 829-8770.

## **Sports Submissions to The Forum**

Sports stories and pictures intended for publication should be emailed to Jim Carrizo at: jimcvsports@gmail.com



Additives, Latex Paint, Oil Paint, Shellac, Solvents, Stain, Thinners









510-537-0757 | www.cvsan.org

his ad was funded by ACI Collection Events

## Seniors

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Fake: News

continued from previous page · Inspect the dates: False news

stories may contain timelines that

make no sense, or event dates that

the author's sources to confirm

that they are accurate. Lack of evidence or reliance on unnamed

experts may indicate a false news

· Look at other reports: If no

other news source is reporting the

same story, it may indicate that the

story is false. If the story is report-

ed by multiple sources you trust,

• Is the story a joke? Some-

times false news stories can be

hard to distinguish from humor or

satire. Check whether the source is

known for parody, and whether the

story's details and tone suggest it

• Do some fact checking:

There are many good websites,

like PolitiFact.com, Snopes.com

Jim Miller is a contributor to

JORDAN LAW

**WINKLER LAW** 

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of "The Savvy Senior" book.

it's more likely to be true.

may be just for fun.

· Check the evidence: Check

have been altered.

story.

## Hiring an In-Home Caregiver

#### By Jim Miller SPECIAL TO THE FORUM

Finding an in-home caregiver for an elderly parent can be challenging. How can you find one visits or a full-time aide? that's reliable and trustworthy, as well as someone your parent likes there are two ways in which you and is comfortable with?

Here are some tips that can help. Know Your Needs

Before you start the task of own. looking for an in-home caregiver, your first step is to determine the level of care needed. For exam- more expensive, costing anywhere services at home too. But, if you ple, if you only need help with between \$14 and \$25 an hour de- are in a certain Medicare Advandaily living tasks like shopping, cooking, doing laundry, bathing or dressing, a "homemaker" or "personal care aide" will do.

care services, there are "home ing appropriately trained and prehealth aides" that may do all the screened staff to care for you, and things a homemaker does, plus finding a fill-in on days your aide they also have training in admin- cannot come. istering medications, changing wound dressings and other medi- ever, are that you may not have hire someone on your own, you happen. If you choose this option vices like Care.com or CareLinx. cally related duties. Home health much input into the selection of aides often work under a nurse's the caregiver, and the caregivers no agency support to fall back on references thoroughly, and do a care expert (see AgingLifeCare. supervision.

Once you settle on a level of can cause a disruption. care, you then need to decide how

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haps bathe? Or do you need more fordable Care.' continuous care that requires daily

After you determine your needs, can go about hiring someone. Either through an agency, or you

Hiring through an agency is the safest and easiest option, but it's pending on where you live and the qualifications of the aide.

You pay the agency, and they handle everything including an pendent caregiver on your own is But, if your needs are health assessment of your needs, assign-

Some of the drawbacks, how-

To find a home-care agency in many hours of assistance you'll your area ask for referrals through paying payroll taxes and any need. For example, do you need friends, family or doctor's offices, worker-related injuries that may rais or try eldercare-matching ser- nior.org.

need someone to come in just or use the home-care locator sera few mornings a week to help vice tool at PayingForSeniorCare. cook, clean, run errands or per- com - click on "Find Quality, Af-

> In addition, Medicare offers a home health compare tool at Medicare.gov/HomeHealthCompare to help you find and compare home health care agencies.

You also need to be aware that can hire someone directly on your original Medicare does not cover in-home caregiving services unless you are receiving doctor-ordered skilled nursing or therapy tage plan you may be eligible for some coverage.

Hiring Directly: Hiring an indethe other option, and it's less expensive, typically ranging between \$12 and \$20 per hour. Hiring directly also gives you more control over who you hire.

But, be aware that if you do become the employer so there's make sure you check the aide's com. Or, for a fee, an aging life may change or alternate, which if a problem occurs or if the aide doesn't show up.

You're also responsible for Source.com.



Before you start the task of looking for an in-home caregiver, your first step is to determine the level of care needed.

criminal background check, which org) can help you find someone. you can do sites like eNanny-

Send your senior questions to: To find someone, ask for refer- man, OK 73070, or visit SavvySe-

and FactCheck.org that can help you fact check a story to help you identify fact versus fiction. the NBC Today show and author

Savvy Senior, P.O. Box 5443, Nor-

Living Trusts & **Trust Administration** Probate • Wills **Real Estate** • Litigation Give Us a Call -Most Initial Consultations Are Free (510) 357-3403 1883 East 14th Street

## Purchasing Your Cemetery Plot in Secondary Market

Q: As a part of our "bucket nia as Cemetery list," my wife and I have decided Brokers, to purchase cemetery plots for the Department each of us in advance of need. But of Consumer Afin doing our inquiries to cemeter- fairs, Cemetery & ies, we were quite surprised by the Funeral Bureau. prices of these plots. We heard that that there may be a way to pur- employees of the chase plots in the cemetery of our cemeteries, but work closely with choice at a "wholesale" price. Do them to assist individuals re-sell you know anything about that?

#### Bv Gene L. Osofsky, Esq. SPECIAL TO THE FORUM

purchasing cemetery plots in the able for resale in most of the existsecondary market, such as through ing cemeteries, and you are likely independent "cemetery brokers." These folks are independent dealers who assist individuals to re-sell 60% less than the prices for which their previously purchased cem- similar plots would sell if sold dietery plots when they no longer rectly by the cemetery. intend to use them, whether because of relocations, divorces, or also include other burial options, changed burial preferences.

These independent brokers are licensed by the State of Califor- who wish to sell their unwanted

under They are not

their unwanted plots. They fill a very important need as the cemeteries, themselves, often will not re-purchase previously sold plots.

These brokers typically have an A: Yes. I believe you refer to existing inventory of plots availto find they have just what you are looking for, often at prices 40% to

> The brokers' inventories usually such as crypts and niches.

> By the same token, for those



cemetery broker may also be a wise move.

for sale, sellers should check with Brokers." One example of an in- For any questions, call the Bureau the cemetery to make sure they dependent cemetery broker listing directly at 1-800-574-7870, or have the legal right to sell their plots in the Bay Area is: www. email it at: emailcfb@dca.ca.gov. plot and to ask about the fees the LowCostGraves.com. Another, cemetery will charge to transfer with a national inventory is www. planning and elder law attorney the burial rights to a new buyer. FinalArrangementsNetwork.com.

Also, if the original plots were purchased together with other on sites such as ebay and Craigfamily members, sellers will need slist. the consent of their co-purchasers

plots, contacting an independent before listing the plots for sale. For more information, try a Google internet search using However, before listing plots words such as "Cemetery Plot Funeral Bureau: www.dca.ca.gov.

Consider, also, the offers of sale

For more info, visit the follow-



not approved by HUD, FHA or any other government agency.

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Castro Valley's Baywood Court is a caring multi-level retirement community. Our sociable, nonprofit community features independent living, assisted living and skilled nursing health center options-all in one beautiful place that feels like home.



baywoodcourt.org (510) 733-2102

白島 RCFE #011440776/Health Center #550000793

San Leandro

maintained by the Department of Consumer Affairs, Cemetery and

Gene L. Osofsky is an estate in Hayward. Visit his website at www.LawyerForSeniors.com.

## <u>East Bay Living</u>

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## Wherever You're From, there's a Hot Dog for You!

The National Hot Dog and Sausage Council estimates that over seven billion hot dogs will be eaten by Americans between Memorial Day and Labor Day. On a typical July 4th, the biggest hot-dog holiday of the year, 155 million will be downed. And every city has its favorite recipe.

Most of us don't give much thought to cooking hot dogs. After all, they're already fully cooked when you buy them. So the question isn't how to cook them, but how to warm them.

Forget the microwave.

kinds of ways to heat hot dogs, but in a small bowl stir together pickfor maximum flavor and consistency, wieners should be poached pickles, onion, cucumber and for about 10 minutes in water (or mustard. Makes 8 servings. beer) heated to around 155°F, measured with a thermometer.

If you must grill them, that should be done for only a few sec- 4 hot dogs onds after they have been heated 1 package hot dog rolls, sliced 2 tablespoons red wine – just long enough to get a nice 1 char. Grilling them right out of the 1 (10-ounce) can chili sauce package will generally result in hot dogs that are dried out and split.

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Mammoth occasion?

**ANSWERS ON PAGE 16** 

Room to maneuver

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Exchange premium

San Francisco's \_\_\_ Hill

One of the Three Bears

The same, in a bibliography

Long skirt

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CLASSIC CALIFORNIA **HOT DOGS** 

8 hot dogs 1/2 cup coarsely chopped bread and butter pickles

1/4 cup coarsely chopped dill pickles

8 hot dog buns

1/4 cup finely chopped red onion

1/2 cucumber cut into wedges

Preheat broiler. Place hot dogs on baking sheet lined with foil. Broil 4 to 5 minutes, turning often, The following recipes call for all until heated through. Meanwhile, les. Serve hot dogs in buns with

### **CONEY ISLAND DOGS**

**THE FORUM CROSSWORD** 

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Stereo setup

Opening comment

Rehab goings-on

Carpeting fabrics

Medicinal plant

Manhandle

Endearing

Big bother

product

Hearty brew

Mix up

As well

Spree

Places

Roscoe

9-Down makeup

Mendes or Longoria

Cribbage scorekeeper

Literary collection

Longtime Hostess

Michele of "Glee"

Broadway backer

Cow-headed goddess

Antelope's playmate

Common Mkt., once

"The Music Man" setting

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Buzzing pest

Attention getter

the ramparts ...'

Historic period

Domesticate

Squeeze

Shrill bark

- small onion, diced
- without beans

4 tablespoons yellow mustard

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47 48

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Preheat an outdoor grill for me- and simmer, stirring occasionaldium-high heat.

Place hot dogs on the grill; cook until browned, 5 to 8 minutes, turning once, or until done to suit a deep-sided skillet. Add hot dogs, your taste. Lightly grill hot dog reduce heat, keeping water at a rolls.

Meanwhile, place the chile sauce in a small microwave-safe bowl; cook 1 minute. Stir, and layers of cheesecloth and place cook 1 minute more.

Place hot dogs on buns. Top each with chile sauce, onion, and cheesecloth, cover pot, and steam 1 tablespoon mustard, or to taste. buns, 2 minutes. Yields 4.

### **NEW YORK CITY HOT DOGS**

2 tablespoons olive oil 1 medium yellow onion, finely

- chopped 1/4 teaspoon salt
- garlic clove, minced
- tablespoon tomato paste
- vinegar
- 1/2 teaspoon hot sauce

1 teaspoon granulated sugar 6 beef hot dogs

6 hot dog buns Spicy brown mustard

Sauerkraut

Heat oil in a small saucepan let over medium-high heat. Add over medium-high heat. When oil shimmers, add onions and salt and cook, stirring occasionally, until soft and golden brown in places, 8-10 minutes. Add garlic and con-

FURNITURE

**A**A Years Experi

ly, until onion relish is thick and glossy

Bring 1 inch of water to a boil in bare simmer, and heat through at least 10 minutes.

Line a steamer basket with three inside a pot with 1/2 inch of boiling water. Place hot dog buns on

Assemble by placing hot dogs inside buns, top with onion relish, spicy brown mustard, and sauerkraut and serve immediately. Yields 6.

### **SEATTLE DOGS**

2 hot dogs

2 hot dog buns 1 onion, halved and thinly

sliced

1 teaspoon oil

1 teaspoon butter 1/2 teaspoon brown sugar Salt

Pepper 3 ounces cream cheese

Heat the butter and oil in a skilthe onion and sugar, cook for 20 minutes or until onions are cara-

melized, stirring regularly. Season with salt and pepper to taste. As the onions are caramelizing,

STORE HOURS

T-F 10AM-6PM / SAT 10AM-5PM

**CLOSED SUNDAY & MONDAY** 

SAIAHO

**MATTRESSES** 

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dog and onions. Yields 2 dogs.

### **CHICAGO HOT DOGS**

8 all-beef wieners 8 poppyseed hot dog buns Yellow ballpark mustard Chopped cucumber Pepperoncini, chopped Chopped onion Chopped red ripe tomato Celery salt Dill pickle spears

Fire up the grill, bringing the temperature to high (1 to 2 seconds with the hand test).

Grill the wieners uncovered for 3 to 5 minutes over high heat until and add peppers and onions. Cook deeply browned, rolling to crisp all surfaces.

on the edge of the grill.

Place the dogs on the toasted buns and top each with a good

the package directions and toast in approximately equal portions, generous spoonfuls of cucumber, each warm bun. Top with a hot peppers, onion and tomato. Sprinkle celery salt over each

bulging bun. Serve with dill pickle if desired. Serves 8.

### **ITALIAN HOT DOGS**

1 each, yellow and green bell pepper

- 2 medium large onions, sliced 3 tablespoons olive oil
- 3 cloves garlic, chopped
- 3 ounces sliced mushrooms
- Salt, pepper and basil to taste
- 8 to 10 hot dogs
- 8 to 10 torpedo rolls

Stem and seed peppers and cut into long narrow strips. In a large skillet, heat oil over medium heat slowly about 5 minutes, then add garlic and mushrooms and cook Toast the buns at the same time another 15 minutes or until peppers are very soft. Season to taste.

Grill hot dogs, put in buns and spoon some of the pepper and squiggle of mustard. Then pile on, onion mixture over each one.





## EAL ESTATE GALLER

REAL ESTATE REALIT By Carl Medford, CRS Special to the Times





## The Most Misunderstood Word In Real Estate

recent post by the National Association of Realtors confirms what many have been sensing: the market is slowing.

We have now seen 17 consecutive months where national monthly pending sales have been lower than the previous year.

One of the hallmarks of a slowdown is increased Davs on the Market (DOM). DOM numbers for 2018 averaged 15 days, while May, 2019 DOM increased to 20.

With the market visibly slowing, buyer behaviors are shifting. When buyers sense a slowing market, a percentage pull out, believing they can score lower prices down the road if they wait.

They frequently continue visiting open houses, but will not write offers, driving up active listing's DOM numbers. Another group, seeing homes staying on the market for longer periods of time, start writing offers significantly lower than list.

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Sellers, watching streams of buyers parading through their open houses every weekend, are frustrated that while activity seems good, offers are not forthcoming as quickly as

anticipated.

Grappling for solutions, they frequently resort to the most misunderstood word in real estate. Calling their listing agent, they state, "Tell everyone we are 'motivated."

Ironically, at the same time on the other side of the table, buyer agents are calling listing agents and using the same word: "How 'motivated' are the sellers?""

Which brings up an interesting question: what exactly does the word 'motivated' mean, anyway?

It usually means totally different things depending on which side of the transaction you are on. For most sellers, "motivated' means they are willing to look at reasonable offers. When a buyer or buyer's agent asks the question, however, they are looking to ascertain how deep a cut the seller might be willing to endure. Think, 'lowball' offers.

It goes without saying that differences in the way the word is used can cause frustration especially on the listing side.

A seller, hoping to get an offer, will use the word to get some activity going. Buyers, on the other hand, seeing the word as a sign of weakness, go in for the kill. Neither part is happy

with the result.

Sellers summarily dismiss lowball offers and buyers, thinking this was their opportunity to get a bargain, end up feeling like a dog that tried chasing a parked car.

I think we should do away with the word 'motivated' altogether. Perhaps, as an alternative, we could substitute with 'reasonable.' Whatever that means

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

### **Mortgage Rates Drop Again**

The **Esmeyer** Team

Shamrock Realtors - Going Above and Beyo James Esmeyer, Broker Associate - DRE#01363681

seventh time in the last nine weeks, die Mac's chief economist. according to Freddie Mac's weekly nationwide survey. "While averaged 3.73 percent last week, the industrial and trade related down from 3.84 percent a week economic data continues to dom- earlier. A year ago at this time, the inate the news, the drop in mortgage rates over the last two months cent. is already being felt in the housing market. Through late June, home purchase applications improved by five percentage points comfrom both a sales and price per- cent.

Fixed-rate mortgages fell for the spective,' said Sam Khater, Fred-Thirty-year fixed-rate mortgage

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30-year FRM averaged 4.55 per-

Fifteen-year fixed-rate loans averaged 3.16 percent, down from 3.25 percent.

Five-year hybrid adjustable-rate pared to the previous month. In the mortgages (ARMs) averaged 3.39 near-term, we expect the housing percent, down from the week bemarket to continue to improve fore when it averaged 3.48 per-



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## **Find Out About Grants** for Home Repairs at a Workshop on July 24

Don't let your property fall into disrepair! Alameda County has grants available for qualifying homeowners for health and safety repairs. Learn more about the grants available in Castro Valley, Cherryland, Ashland, San Lorenzo, Fairview and other unincorporated areas at a free, two-hour workshop at 1 p.m. on July 24 at the Castro Valley Library at 3600 Norbridge Avenue.

Owner-occupied and rental homes may be eligible for grants for minor home repairs, mobile home repairs, accessibility improvements, lead-hazard and other healthy housing repairs.

*For more information, call* 510-667-7903, or see Events





One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25. For more information and a listing form, Call 614-1558. DEADLINE: TUESDAY AT NOON.

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State     State     State       3017 Grove Way     94546:     \$\$515,000 2 BD - 1,042 SF - 1992       2698 Vegas Avenue     94546:     \$\$650,000 3 BD - 1,016 SF - 1948       20340 Forest Avenue     94546:     \$\$690,000 4 BD - 1,700 SF - 1993       3254 Keith Avenue     94546:     \$\$725,000 2 BD - 1,178 SF - 1945       19462 Redwood Road     94546:     \$\$725,000 3 BD - 1,505 SF - 1960       20171 Leroy Drive     94546:     \$\$785,000 3 BD - 1,022 SF - 1954       4872 Larimer Way     94546:     \$\$950,000 4 BD - 1,202 SF - 1959       22220 West Lyndon Loop     94546:     \$\$950,000 4 BD - 2,240 SF - 2000       19157 Almond Road     94546:     \$\$950,000 3 BD - 1,312 SF - 1950       19092 Schuster Avenue     94552:     \$\$1,100,000 4 BD - 2,240 SF - 1996       19311 Edwin Markham Dr     94552:     \$\$1,100,000 4 BD - 2,327 SF - 1996       19311 Edwin Markham Dr     94552:     \$\$1,162,000 4 BD - 2,327 SF - 1996       19312 Sep Fairweather Court     94552:     \$\$1,162,000 4 BD - 2,318 SF - 1997       18715 Mount Lassen Drive     94552:     \$\$1,175,000 4 BD - 2,328 SF - 1997       18715 Mount Lassen Drive     94552:     \$\$1,162,000 4 BD - 2,328 SF - 19
LOWEST AMOUNT: \$515,000 MEDIAN AMOUNT: \$952,500 HIGHEST AMOUNT: \$1,395,000 AVERAGE AMOUNT: \$958,611

### 10 CASTRO VALLEY FORUM Wednesday, July 3, 2019

Homes

## **Recycling Graywater May Be Impractical for Most Homes**

By Buzz Bertolero Special to the Forum

With the water rates creates increasing, I'm thinking about recycling the household wastewater to water our backyard garden. Are the chemicals in the water from the soap, shampoo, etc., harmful to plants?



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idea; however, as with solar panels, it's not the ideal answer for everyone.

Household wastewater is called graywater because of its cloudy appearance as it comes from baths, showers, hand basins or a washing machine. ("Blackwater" refers to any water containing human waste, while fresh or "potable" water is called white water). Since graywater hasn't been

a common sense approach to eliminate any potential hazard. Shower and bathroom sink water is the best to recycle.

Food particles and grease are the biggest concerns with kitchen water from cooking, dishpan, and food preparation. For plants, traditional soaps and detergents pose the biggest threat. Biodegradable soaps appear to have the least harmful effect.

tally friendly products available that reduce this risk. With recycled washing machine water, avoid all modern detergents that whiten, brighten, soften or have

"enzymatic powers." Also, avoid bleach and Borax products and anything containing chlorine and boron. Although these are secondary plant nutrients, they can quickly build up to toxic levels in soils. Graywater is applied to

shrubs along with turf with no ill effects. However, it's used sparely on Azaleas, Begonias, Camellias, Rhododendrons, Blueberries, and other acid-loving shrubs as the soil can become more alkaline from the chemicals.

It can be used on containers and with edibles with precautions. Graywater is always applied directly to the ground. You should avoid splashing it

not recommended for root crops such as radishes, carrots, beets, etc.

Besides, you should avoid edibles that mature close to the ground such as cucumbers, strawberries, squash, and leafy vegetables like spinach, Swiss Chard, and lettuce.

Graywater is best used on those crops that mature above the ground like beans, tomatoes, peas, corn, and eggplant.



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## Homes

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## Graywater: Requires planning, resources

continued from page 9 The biggest hurdle you need to address is the collection, storage, and distribution of the graywater.

The answer to that question will more than likely make what seems like a good idea, impractical for most.

You should also check with your local water agency for any incentives for installing a graywater system at a residence. Here are several other points

to remember: Fresh water is

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rotated with gray water to flush or leach out any harmful buildup. Mulching plants along with cultivating is encouraged, as the naturally occurring microorganisms break down the wastewater residue or bacteria.

Plants should be fed with organic type fertilizers containing and mycorrhizae, such as Dr. Earth, FoxFarm, Happy Frog, and other similar brands. Again, these products can break down harmful residues.

In summary, the recycling of household water is an effective water-wise technique for general ornamental landscape plants, however, it does require a fair amount of planning and resources to set it up efficiently.

Buzz Bertolero is an Advance California Certified Nursery the naturally occurring microbes Professional. The Dirt Gardener's website is www.dirtgardener.com and questions can be sent by email to buzz@dirtgardener. com or on Facebook at Facebook.com/Buzz.Bertolero

## WEIEKEND GARDENER

### Using Shade

Hot weather is on its way, so when transplanting, space seedlings so that the leaves of the mature plant will shade the soil between plants. This keeps the soil cooler and cuts down on evaporation. When transplanting, gently loosen the rootballs of the seedlings before planting them so roots can quickly reach out into surrounding soil to establish themselves.

### Vegetables

If your vegetable garden space is limited, try growing some varieties in hanging baskets. Bushtype cucumbers, zucchini, cherry tomatoes, and a variety of herbs work well. For great yields, feed eggplants, peppers, squash and tomatoes when they blossom.

### Flowers

Everything that's in bloom at your garden center is a good buy this week. Look for annuals, including marigolds, petunias, impatiens (good for color is shady spots) and zinnias in jumbo packs.



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12 CASTRO VALLEY FORUM Wednesday, July 3, 2019 Classified Advertising



Classified Advertising

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### CASTRO VALLEY FORUM

## LETTERS to The EDITOR

### A Trailing Leash that Saved the Day... And Maybe Pheobe's Life

Editor:

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Two months ago we were able to catch a miniature rat terrier that had been running in the streets of our San Leandro neighborhood for at least a week. After failing to find her owner while taking care of her and getting her spayed, chipped, and vaccinated, we were ready for obedience training.

Last Sunday, June 30, while my husband and I were waiting outside the enclosed pen for dog obedience training to begin at Pet Food Express on CV Boulevard, my husband dropped her leash while we were passing jackets to each other.

I looked down a moment later to see "Phoebe" running through the parking lot to the Boulevard. I ran after her to Wilbeam, where a Pet Food Express customer joined me. He ran ahead to the Chipolte parking lot, where she circled, then she headed down Wilbeam.

All the way I was calling for her but she was in flight mode (no doubt frightened by all of us chasing her). I went back to get my car and husband and the man said he would continue to follow Phoebe.

We arrived to find her running back up Wilbeam and then behind the new Marketplace. Behind us was another Pet Food Express customer in her car, trying to help us.

Phoebe ran up the west side of the Marketplace and was turning the corner at CV Blvd. when two men and a women saw her running towards them. One of the men jumped out and stepped on Phoebe's leash and she was stopped! Without the leash he wouldn't have been able to catch her, and his quick response ended the chase.

I truly didn't think we'd catch her, and was so worried about her getting hit by a car, but at least she had a harness, leash, collar, chip, and three types of ID on her collar so, eventually, someone would know how to contact me.

Probably 10-12 people, plus more concerned citizens, tried to help us catch our dog and while I was able to thank some of them in person, I want to again express my sincere thanks to the all of the Good Samaritans. Thank you, again, for all your efforts. You are the best of what it means to be a community.

Phoebe will be safely walked on a double leash with our other dog (who will act as a boat anchor if anything happens), and next week we'll be back at Pet Food Express to continue our training.

-Gayle Hudson, San Leandro

### Says LGBTQ Trying to 'Redefine Language Itself'

Editor:

The LGBTQ machine has been very successful at redefining cultural norms. Now they wish to redefine language itself.

The definition of bigot I learned was "someone who forms an opinion without facts or knowledge." I looked it up recently and it's "a person who is intolerant toward those holding different opinions." Close enough. On controversial issues a diversity of

opinions is normal and expected, maybe even good. I know what I believe and have logical reasons for doing so. I know others of equal intelligence can look at the same information and come to different conclusions.

No human has a monopoly on truth. I would also dare to think that given new (objective, biological) evidence, I am capable of changing my mind. How many LGBTQ proponents can say that? Survey says "zero."

Dot Theodore ("Bigotry Revealed in Overt Ways, Letters, June 12) says the flag means "All are welcome." With all respect to her and her position, the flag says the same thing her letter says: "Support the LGBTQ agenda or be labeled a bigot." Abandon any critical thinking skills at the flagpole, please ....

Historical definition of bigot - see beginning of this letter Definition from LGBTQ supporters: "Anyone who disagrees with us." This is their idea of tolerance? Bold, but not surprising. There is only one "right" way to think in California. So says the flag .. and its supporters. -Stacy Spink, Castro Valley

LETTERS TO THE EDITOR must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit as necessary. Email Letters to: fredz@ebpublishing.com, or mail to: The Forum, P.O. Box 2897, Alameda, CA 94501.

**CASTRO VALLEY** 

FORUM

## New Requirements for **Property Sales in Effect**

Beginning July first, all residen- icate. These certificates are availtial, commercial, and industrial properties within Castro Valley Sanitary District (CVSan) bound- certificates on file are required to aries are required to have a sew- replace their sewer lateral or comer lateral compliance certificate when they are sold.

This certificate ensures that the the property sale. property's sewer lateral is in good working order.

such a certificate on file because proved by an authorized CVSan their sewer laterals were built less inspector before the property is than 30 years ago or, where at least sold. half of the sewer lateral was replaced after July 1, 2009.

portal where property owners can to Engineering Technician Evan see if their property currently has Choy at evan@cvsan.org or by a sewer lateral compliance certif- calling 510-537-0757 ext. 131.

able at: www.cvsan.org/Permits. Properties that do not have plete a closed-circuit television sewer lateral inspection prior to

If the inspection shows that the sewer lateral needs to be repaired Certain properties already have or replaced, that work must be ap-

For more info on these new requirements, visit www.cvsan.org/ CVSan has developed an online PSL. Questions can be directed

## Center Street Sidewalk Project Now Underway

Work has begun on the Center Street Sidewalk Improvement will continue through September. Project from Paradise Knolls to When completed, Center Street Heyer Ave. in Castro Valley.

The project is designed to im- curbs and gutters. prove pedestrian accessibility and bicycle safety for school children cross walks, and a shared bicycle walking to and from Creekside lane (sharrow) are being installed Middle School, according to the along the length of the project. Alameda County Public Works Improved stormwater treatment Agency.

"We wanted to begin construction on Center Street in the sum- ment locations include Santa Mamer to lessen impacts to neighbor- ria Ave., currently in progress, and hood residents and students going the Stanton Ave., Anita Ave., and back and forth to the school," said Bill Lepere, Deputy Director of in the design phase. Construction and Development for the agency.

Work began last month and will have new concrete sidewalks,

Pedestrian ramps, high visibility measures are being made as well.

Other CV sidewalk improve-Somerset Ave. projects, which are

Visit www.acpwa.org or call 510-670-5591 for more info.

## **Report:** County Missteps

continued from front page an independent review.

The result was a loss of \$5.6 milcase of attack or mass incident.

ty Board of Supervisors failed in should be adopted countywide. managing this process. As one The Grand Jury report finalgrant, I will have nobody to blame but myself.""

### Independent Living

ley, residential care facility rates Camp Wilmont Sweeney, which currently range from about \$4,000 is situated near the Juvenile Hall to \$12,000 or more per month, de- facility on Fairmont Drive. The and level of care.

In addition to being unaffordable, there are now significantly reviews Alameda County's polifewer licensed residential care cies and practices to ensure transfacilities in Alameda County. The parency and efficiency in law and Grand Jury found the tipping point justice, social services, governoriginated following the shutdown ment, and education.

of the Valley Manor Residential

On a brighter note, the Grand is messy," the Grand Jury wrote. and that its procedures to identify "However, the Alameda Coun- and respond to group living issues

supervisor put it, 'If we lose this ly reviewed county oversight of Community-Based Organization (CBO) contracts, Santa Rita Jails' intake, release and grievance For older adults in Castro Val- procedures, and an inspection of pending on facility size and loca- report did not make any new rection, single or double occupancy, ommendations, nor did it require official responses from officials.

Every year, a hand-picked jury

Alameda County's Board of Su- Care home in Castro Valley in Depervisors mishandled the negoti- cember 2013. The event triggered ations did not state their require- an investigation of independent livments clearly and listened to a ing facilities in Alameda County. biased ad hoc committee without The report referred to the standards

in our area as the "Wild West." lion in federal funds and a lapse in Jury did find that Supervisor Nate first responder training that would Miley's Group Living Facilihave helped prepare the area in ties Working Group (GLFWG) was effective within the district's "Representative government Eden Area Livability Initiative



be a Celebration of Life on Sunday, July 7th at 1pm, at 20933 Nunes Ave. in Castro Valley. Harold will be greatly missed.

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## Obituaries

## **Carl Sumner**

### December 18, 1921 - June 2, 2019

Carl Hammond Sumner passed away peacefully on Sunday, June 2nd. He touched many lives with his kindness, positive attitude and sense of humor.

Carl was born in Herrin, IL, graduated from Herrin High School and graduated from University of California Pharmacy School. Carl was enlisted in the Navy as a Pharmacy Assistant in the South Pacific from 1942 to 1944 where he earned two bronze stars. Carl graduated from pharmacy school in 1950 and owned Carl's Pharmacy in Castro Valley, Pleasanton and San Ramon for 45 years. While owning Carl's Pharmacy, Carl was V.P. of the Chamber of Commerce, member of Kiwanis Club and President of the Redwood Chapter of Boy Scouts. In his retired years, Carl was a member of Foothill Baptist Church and was ordained Pastor Emeritus. His favorite hobbies were motorcycling, race car driving, scuba diving and Cruising (Alaska, Hawaii, Panama Canal and The Caribbean).

Carl is survived by his loving wife of 36 years, Sue; his devoted daughters Carleen Hansen (Chris) of Castro Valley and Donna Janet of Lomita, and grandchildren Benjamin Hansen (Maya Childress) of Placerville, Stefanie Hansen (Jason Totten) of Volcano, and great-grandchild Jayleen Totten of Volcano. He is also survived by his nephew Thomas Hallman (Barbara Woodward) of Castro Valley, sister-in-law Linda (Adrian) (George) of Saugus, brothers-in-law James Locke (Janice) of Placerville and Robert Locke (Monica) of Somerset. Carl was preceded in death by his first wife of 37 years Norine Sumner, loving son Timothy Sumner, sister Louise Lochlear and mother in law C'Bel Locke. He is also survived by many loving nieces and nephews.

Friends and family are invited to a memorial service Saturday 7/6/19 at (11:00am) at Foothill Baptist Church, 2962 Somerset Ave, Castro Valley, CA 94546. In lieu of flowers the family prefers donations to the Foothill Baptist Church Missionary Fund, 2962 Somerset Ave, Castro Valley, CA 94546.



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Since 1965

### Harold Eugene Bailey

Longtime Castro Valley resident Harold Eugene Bailey, CVHS class of '68, passed away on June 18th, 2019. He is survived by his wife Kathie of almost 48 years. Four children: Sean (Paige), Tim (Gigi), Tiffany (Aaron), and Ryan. 7 grandchildren: Jessica, Amanda, Sierra, Tiara, Chase, Ethan, and Liam. And 5 great-grandchildren: Harley, Zoren, Ryder, Reyna, and Rikher, and many other family members. There will



## **Environmental Scholarship Winners** Announced by CV Sanitary District

Two Castro Valley High School students have won this year's Environmental Leader in Waste Reduction Scholarships from the Castro Valley Sanitary District.

Chelsea Chan and Alayna Chinn received certificates of recognition from CVSan's Board of Directors and each will each receive a \$1,000 cash scholarship

Chan demonstrated her environmental leadership by serving as co-president of the Smart Environment Club at Castro Valley High where she helped educate students about recycling, and reducing waste, and where she organized recycling and organics containers around campus.

In her scholarship essay, Chan described environmental stewardship as recognizing and prioritizing this precious relationship we have with the Earth.

minute or unimpactful it may seem, has a lasting effect on our planet," she wrote.

ronmental leadership by creating, Reconnect Inc., a non-profit organization that refurbishes and donates computers for students without one at home. She created this again at CVHS.



"Every action, no matter how CVSan Board Member Daniel M. Akagi with scholarship winners Alayna Chinn, and Chelsea Chan (right).

She was also part of the group Chinn demonstrated her envi- of Canyon Middle School students who started the food scrap recycling program at the school and helped improve waste diversion

club while in middle school and greener homes, greener cars, and reduction within their school and fied the suspect. The man was also ultimately, greener lives," Chinn's community.

scholarship essay explained. This is the sixth year CVSan has offered the scholarship to high school seniors as a way to recognize those students who are taking action and encouraging environ-"We can make choices for mental awareness through waste near Columbia Drive and identi-

## **Reports:** Robbery & Battery; Elder Abuse

### continued from page 3

an as she was loitering outside a storage company on Redwood \$30,000 in bail. Road near Interstate 580. Deputies confirmed the woman's identity and noted that this was not the Wednesday, June 26: at 8:57 a.m., first time she was in contempt of court. The woman was taken into custody.

### **Robbery and Battery**

Thursday, June 27: at 11:21 p.m., deputies arrested a 36-year-old on suspicion of assault and battery on an Uber driver, two counts of public fighting, and robbery from a store on Redwood Road near Grove Way. The man was seen leaving the store with unpaid merman was also wanted as part of a warrant issued for his capture. Deputies took him to Santa Rita Jail pending \$10,000 in bail. The victim was treated as the scene.

### **Elder Abuse**

Wednesday, June 26: at 9:13 p.m., a 30-year-old man from CV was arrested on suspicion of violating a restraining order. Deputies responded to a suspicious person report at a home on Medallion Court wanted as part of a warrant issued

for his capture related to a convic- family member. Deputies respond-Deputies caught up with the wom- tion of elder abuse. Deputies took ed to an emergency call about an the man to Santa Rita Jail pending altercation on Leroy Drive near

### **Shoplifter Arrested**

deputies arrested a 28-year-old man from Oakland on suspicion of petty theft from a grocery store on the Boulevard in the 580 Market on suspicion of damaging private Place. The man was also wanted property, possession of illegal naras part of a warrant issued for a previous stolen property charge. man with no permanent residence Deputies stopped the man and found two bottles of illegal narcotics and illegal drug paraphernalia. The man was taken to Santa Rita Jail pending \$5,000 in bail.

### **Domestic Assault**

chandise but became hostile when Wednesday, June 26 p.m., a trying to make the getaway. The 45-year-old man from CV was arrested on suspicion of assault on a

Jeanine Way. The man was handcuffed and taken into custody.

### He Fought the Law

Tuesday, June 25: at 2:55 p.m., deputies arrested a 56-year-old man with no permanent residence cotics, violating the terms of his parole, and resisting arrest. The man was hanging out in a grocery store on the Boulevard near Redwood Road when he became agitated and became belligerent. When security asked him to leave, the man began trashing the business. When deputies arrived, the man put up a fight. The man was subdued and taken into custody. see REPORTS on back page



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## Get your hearing ready for the sounds of summer.

The unique sounds of summer, like crashing waves on the beach or food sizzling on the BBQ, are all around us. Here are 3 signs it's time to see a hearing care provider to ensure that you or a loved one experience all of the sounds of summer:

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### **ADOPT-A-PET**



**KITTEN SEASON AT HAYWARD ANIMAL SHELTER** It's that season again and what started as a trickle of incoming kittens has turned into a flood. The shelter has many kittens of all ages, colors, personalities and energy levels just waiting and hoping for a loving family to adopt them and take them home. For more info, please call Hayward Animal Shelter at: 510-293-7200.



CHELSEA is a sweet and MAMAMIA is a great mom to playful 3-month old kitten that Chelsea and her siblings, but is is in a foster home with her a bit shy with strangers at first. Mama and 3 siblings. For more She just needs a little patience information, please email: Love- and TLC. Please email: Loveallallpawzrescue@gmail.com.

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pawzrescue@gmail.com.

### Reports: CV

continued from page 15 **Deputies Stop Car Thief** 

Tuesday, June 25: at 4:30 p.m., a 34-year-old man from Oakland was arrested on suspicion of driving a stolen car, possession of stolen property, and evading capture during a police pursuit. The man was also wanted as part of a warrant issued for his capture related to assaulting a police officer and evading arrest. Deputies caught up with the man near the intersection of Stanton Avenue and Somerset Avenue after a brief chase. The man was taken to Santa Rita Jail pending \$380,000 in bail.

### **Girlfriend Bit Her Boyfriend's Hand**

Monday, June 24: at 11:28 p.m., deputies arrested a 19-year-old woman from Castro Valley on suspicion of assault on her boyfriend. An anonymous call to the Sheriff about a loud argument at a home in the Bay Area for the long four- that gas prices have fallen signifion Emerald Street sent deputies to day holiday weekend will be from cantly in the last six weeks. the scene. The woman was determined to be the aggressor in the argument after she reportedly bit her day travelers. boyfriend on the hand and leaving visible marks. Deputies took the woman into custody.



## Heavy Traffic Today For July 4th Holiday

AAA predicts the worst traffic 1:30 - 2:30 p.m. today, as commuters begin to merge with the holi-

are expected to travel today through Sunday, 200,000 more Golden State drivers are still paythan in 2018. Of those, about 4.4 million will be driving.

The good news for motorists is

for regular was \$3.75 last week, falling nearly 30 cents in a month Some 5,688,620 Californians and just 10 cents higher than Californians paid last summer. But ing the highest prices in the U.S. for gasoline.

Flames: CV Garage Fire

### continued from front page

The three attempted to wake the occupants by yelling and knocking on windows and doors. When that didn't work, Kalsbeek threw a flower pot through a window to rouse them. Armstrong and Kalsbeek then entered the home and quickly assisted the occupants out of the house.

Armstrong was also able to rescue Samie, a one-year-old family dog that was hiding under a bed.

In the neighboring home, three occupants and a dog were also able to safely exit their home prior to the arrival of firefighters.

The cause of the fire is under investigation. There were no reports of injuries.

Between the two homes damaged by the fire, a total of five people and two dogs were temporarily displaced. Assistance from the Red Cross was declined by both fami-The average price in the state lies as they were able to secure alternate housing arrangements with family members nearby.

> The Castro Valley office of the California Highway Patrol, the Alameda County Sheriffs Office, Paramedics Plus and PG&E crews also responded to offer assistance.

## NEW PROPERTY SALE REQUIREMENTS

Beginning on Monday, July 1st all residential, commercial, and industrial properties within Castro Valley Sanitary District (CVSan) boundaries will be required to have a sewer lateral compliance certificate when they are sold. This certificate ensures that the property's sewer lateral is in good working order.

Some properties already have a sewer lateral compliance certificate on file because they fall into one of these two categories:

Properties with sewer laterals built less than 30 years ago Properties where at least 50% of the sewer lateral was replaced after July 1, 2009

CVSan has developed an online portal where property owners can see if their property currently has a sewer lateral compliance certificate. These certificates can also be downloaded and printed through the portal, which is available at www.cvsan.org/Permits.

Properties that do not have certificates on file are required to replace their sewer lateral or complete a closed-circuit television (CCTV) sewer lateral inspection prior to the property sale. If the CCTV inspection shows that the sewer lateral needs to be repaired or replaced, the completed repair work must be approved by an authorized CVSan inspector before the property is sold. After the property has passed its CCTV inspection or has completed the necessary repair work, a sewer lateral compliance certificate will be issued.

For more information on these new property sale requirements, visit www.cvsan.org/PSL. Questions can be directed to Engineering Technician Evan Choy at evan@cvsan.org or (510) 537-0757 ext. 131.

CASTRO VALLEY SANITARY DISTRICT Effective Environmental Services since 1939

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able on flexible schedules at least every patient who checks into the teers the opportunity to talk or read once a week. These volunteers help to build and visitors to the registration desk stronger communities by lending from the Lobby. their time, talent and voice to make a difference in the lives of patients, Medical Center benefit from six performing one four-hour shift per visitors and caregivers. They perform a number of du-teer. After three to four months, a.m. to 1 p.m. or 1 p.m. to 5 p.m.

Eden Medical Center is looking stations, running errands, putting friends. Eden also offers a patient hospital, and escorting patients to the patients.

Volunteers Sought at Eden Medical Center

weeks shadowing another volun- week, Monday through Friday 9 ties to help patients, visitors and they are eligible to perform family caregivers, working in the gift support in the Emergency Room, tion, contact Eden's Auxiliary at shop, filling the hospital's hygiene helping patients' family and 510-727-3080.

for volunteers who would be avail- together the "welcome" bags for support group that allows volun-

Volunteers must be over the age of 18 and be willing to com-Auxiliary volunteers at Eden mit to at least one year of service

To apply, or for more informa-

