

**Cosmos & Consciousness VIII**  
**Life Energy**  
**In Science, Medicine & Healing**  
*The Foundation of A New Worldview*

Saturday, September 18, 2010  
10 am—5 pm  
at  
The Rangeley Inn, Rangeley, Maine



Featured Speakers  
Ron A. Bryan, PhD  
Physicist, Texas A&M

Conny Huthsteiner, MD  
Psychiatrist, Medical Organomist

Beverly Rubik, PhD  
Director, Institute for Frontier Science

Trish Corbett and Michael Mannion  
Co-Founders, The Mindshift Institute

Special Guests  
**Dr. Paul Bernstein, Dr. Ken Hamilton, Dr. Rudy Schild**  
**Anthony Bernini, Poet**

# Life Energy

The concept of a Life Energy is one of the oldest ideas explored through the ways of knowing we call religion and science. It can be traced back to the earliest written records of our civilization.

The diverse physical and metaphysical descriptions of the primordial Life Energy have been considered irreconcilable for millennia. But, in recent decades, many thinkers in science and religion have been moving toward the view that the words "God" and "Life Energy" are describing the same thing—the fundamental natural law or principle underlying reality. Today, the concept of Life Energy is once more playing an important role in science, medicine and healing. This oldest of truths is re-emerging in a new form and is a central aspect of the new worldview that is developing.

The evidence being compiled about Life Energy suggests that all living things resonate and interact with one another's energy fields, and with planetary and cosmic energy fields. It is becoming clear that mind, thought, sensation and emotion are all energy phenomena. A new generation of scientific researchers and medical practitioners is focusing on Life Energy.

What is needed—and what may be at hand already but unrecognized—is a comprehensive approach to energy medicine that moves us beyond both ancient spiritual healing concepts, and mechanistic scientific dogma, to an understanding of *an actual tangible, physical, measurable and usable Life Energy*. So far this has eluded science and medicine. In large part, this is because most human beings have lost their connection with Nature.

Our distant ancestors were intimately connected to Nature in daily life and felt part of the natural cycles of the planet and the universe. In our technological society, that bond is almost completely severed. In general, the vast majority of men and women do not feel the Life Energy moving in their bodies, do not perceive the energy in other living things and the environment, and so do not feel their energetic connection with Nature. This fact is a great obstacle to understanding and studying the Life Energy, as well as using it practically.

## What Is A Worldview?

A worldview is not merely a collection of unrelated beliefs. Rather, it is a *system* of beliefs that are intertwined, interrelated and interconnected. Prof. Richard Dewitt, author of *Worldviews*, says that these beliefs are “interconnected in something like the way pieces of a jigsaw puzzle are interconnected.” In one sense, each person has her or his own set of beliefs or worldview. But we are looking at the larger worldview we share, which some call our “consensus reality.”

Each era has its worldview, with core and peripheral beliefs, that it mistakenly thinks *is* reality when it is really only a *model of reality*. And many of the basic “facts” supporting these worldviews are not facts at all but are, instead, beliefs. It turns out that we believe what we do largely because of the worldview we hold. Not all beliefs are of equal value. Peripheral elements of a worldview can be let go of without difficulty (e.g., until recently, there were nine planets in the solar system, now there are eight). But core elements cannot be removed without changing the whole system of

beliefs (e.g., Earth is not the center of the solar system).

It is crucial to understand precisely the basic beliefs of our current worldview in order to see clearly the consequences of this picture of reality. Core beliefs are intertwined with most of the other beliefs in the system and change only under great pressure.

And it is equally critical to communicate clearly the key insights of the emerging worldview so that we can see how this new consciousness can solve the crises we face and prevent others from occurring. There is always powerful resistance to the acceptance of new core elements in a changing picture of our reality.

### Life Energy and a New Worldview

Life Energy is a core belief that stirs up much opposition from contemporary scientists. The worldview of Western mechanistic materialism rejects the concept of a Life Energy as superstition, primitive animism, or vitalism, all views long ago surpassed as useful descriptions of nature by physics and biochemistry.

Those with a spiritual or metaphysical worldview generally embrace the concept of a Life Energy, life force, vital energy or "God." But these thought systems invariably place Life Energy in a parallel realm "beyond" the physical world in some kind of immaterial or spiritual plane. To them, Life Energy is not physical in nature.

Mechanistics and metaphysics both agree that there is no Life Energy present in the physical world of our senses. And both agree that this energy is not objectively demonstrable or knowable through scientific experiment or through our five senses.

The mechanist-vitalist debate dominated Western medicine at the beginning of the 20th century and, for nearly 100 years, it has seemed that vitalism was soundly defeated. But now, in the early 21st century, the debate has flared up again. It appears that the concept of a Life Energy or a vital force may be supported not only by the majority of people and a wide range of integrative practitioners and healers, but also, by credible scientific research. The evidence being gathered is convincing even some conventional medical practitioners and scientists to re-think their objections to the existence of a physical Life Energy.

The very process of coming to a practical understanding of the reality of Life Energy could bring about a transition from our present mechanistic-metaphysical worldview to a picture of reality that is fundamentally different. A worldview without Life Energy and one with Life Energy lead to vastly different ways of knowing and living.

### The Conference

The morning will be devoted to exciting presentations by our three guest speakers. After lunch, the afternoon will open with a talk by Mindshift co-founders Trish Corbett and Michael Mannion about the nature and importance of worldviews. After their talk, we will gather in small groups for an interactive session in which we will work together to answer a serious question: *How would we*

*structure our major social institutions if we came from a worldview of interconnectedness instead of a worldview of separateness?* Our guest speakers, and some speakers from past Mindshift conferences, will join us at these conversational tables.

At the completion of the interactive session each group will report to the audience on the ideas they explored and the conclusions they came to about shaping a new science, medicine, spiritual practice, government, education, business and other vital areas of life.

The day will conclude with a panel discussion with the presenters and an audience Q&A session with the speakers.

## Our Exciting Speakers



**Dr. Ron A. Bryan** has been Professor of Physics at Texas A&M University from 1973 to the present. He has also been working in frontier science for decades, combining the tools of science with other ways of knowing to explore anomalous phenomena.

Dr. Bryan is interested in the possibility that distant healing, remote viewing, chi and other such phenomena are actually mediated by a physical field, not unlike the electromagnetic field, but one which does not weaken over long distances and is not impeded by obstructions like mountains, oceans, or even time translations. Dr.

Bryan has proposed an experiment to look for such a higher-dimensional field.

For Dr. Bryan, the Life Energy is not electromagnetic in nature. It is crucial to understand that the electromagnetic field and the proposed Life Energy field are not the same. This insight is at the root of the new worldview that is emerging. It leads to a conclusion with far-reaching implications and consequences: The electromagnetic field is *the informational energy of matter*. The higher-dimensional field is *the energy of life*.



**Dr. Conny Huthsteiner** is a practicing psychiatrist and orgone therapist, and a past president of the Institute of Orgonomic Science. With her patients, she works to unblock energetic armoring by encouraging the free flow of movement and expression in the individual. She has used orgone energy devices, as well as infrared light, and is herself sensitive to electromagnetic fields. She has practiced meditation on light and sound for 27 years.

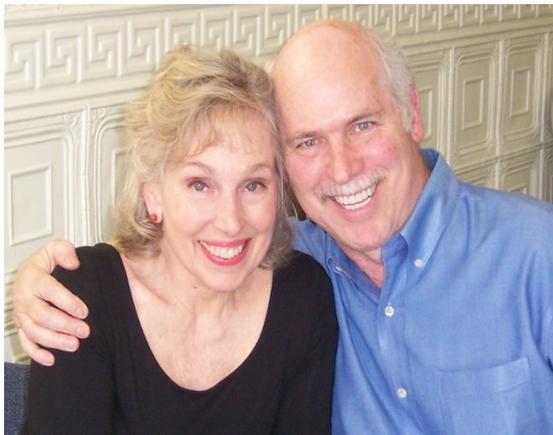
Dr. Huthsteiner has her BA from Yale in art history, and studied medicine at the University of Munich, Germany. She trained at the Mayo Clinic, Boston University, and has worked as a staff member at Beth Israel Deaconess Medical Center at Harvard Medical School. She has written on orgone physics and weather research.



**Dr. Beverly Rubik** is the founder of the Institute for Frontier Science. Dr. Rubik earned her Ph.D. in biophysics at the University of California at Berkeley. She is internationally renowned for her pioneering work in frontier science and medicine. Her main area of focus is research on the subtle energetics of living systems, including the human energy field and the body-mind-spirit in health and healing.

She has published over 80 papers and 2 books. In 1996, Dr. Rubik founded the Institute for Frontier Science (IFS), a nonprofit corporation for research and education. Dr. Rubik presently serves on the editorial boards of *Journal of Alternative & Complementary Medicine*; *Evidence-Based Integrative Medicine*; and *Integrative Medicine Insights*. She is core professor in the doctoral programs in Interdisciplinary Studies at Union Institute and University, Cincinnati, OH, and adjunct professor in Integrative Health Studies at California Institute for Integral Studies in San Francisco. Dr. Rubik has won several awards for her research, including the Alyce and Elmer Green award for her pioneering science, presented to her in 2009 by the International Society for the Study of Subtle Energies and Energy Medicine.

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**Trish Corbett** studied Life Energy as a student for five years at the IM School of Healing Arts in New York City, after a career as president of an international distribution corporation. She was also vice-president of the New York City affiliate of the Institute of Noetic Sciences for seven years and director of the Anomalous Phenomena Research Center.

**Michael Mannion** is a novelist and medical writer. For over 30 years, he has written for major conventional and complementary medical organizations and practitioners. He has been a student of Life Energy for over 40 years and has used orgone energy medicine self-care as his primary form of medical care since 1971.

These presenters have understandings of energy that are outside of the present mechanistic concepts of Western medicine and science. However, their insights are key contributions to the creation of the new worldview we need today.

## **The Conference Presentations**

### **The M-Field and The Energy of Life:**

#### **A Scientific Hypothesis**

**Ron A. Bryan, PhD**

Several serious investigators have conjectured that there are fields that link all matter, non-living as well as living. Robert Monroe reports on an M-Field that can be modulated by human thought. Seth (or Jane Roberts) tells of “EE units” that carry energy and emotion and likewise affect all matter. Rupert Sheldrake hypothesizes a morphogenetic field that conveys skills learned by animals in one locale to similar animals in a distant locale. Swejen Salter speaks of a five-dimensional life-energy field which links all matter, living and non-living, in all space-time.

Dr. Bryan proposes that these are all aspects of a single field that he calls the M-field. In his presentation, he will describe a proposed experiment to test for this field, namely, one in which an individual, through conscious intent alone, causes a single electron to reverse the direction in which it is pointing. This has significant scientific, philosophical and practical implications for us all.

### **Experiencing Energy Medicine As Physician and Patient**

**Conny Huthsteiner, MD**

Exciting research is underway into the medical uses of energy in healing. Laser light, infrared light, sound waves, magnetic stimulation, low grade electrical stimulus and orgone energy ( i.e., biologically-based life energy, as described by Dr. Wilhelm Reich) have all been shown to have healing effects. There is also attention being paid to the relationship of certain of these energy sources to the onset of illness and disease. Scientists are learning more about how biological tissue is significantly impacted by the radiation that surround us.

Dr. Conny Huthsteiner, M.D., who has studied and worked with orgone energy in her practice as a psychiatrist and physician, will discuss recent research and news in these various arenas, with a particular focus on orgone energy and its relationship to other energy forms. She will also address the role of consciousness and energetic patterning in healing.

## **Intelligent Energy**

### **Beverly Rubik, PhD**

Dr. Rubik will tell us about her exciting research into a form of energy that seems to go beyond that of electromagnetism, carries information essential to life, is directed by conscious intent, and may be fundamental to life itself.

She will illustrate her presentation with specific examples from her research and that of others, which indicate the existence of such an energy. Dr. Rubik will also discuss the relationship between this energy and the biofield, the organizing field underlying each organism that is hypothesized to be the overarching regulator of life. In her view, we are not dealing with just energy, but with an intelligent energy that is responsive to and directed by consciousness. This profound insight is not yet part of conventional Western science.

## **Worldviews and Social Change:**

### **Love and Interconnectedness**

#### **Trish Corbett and Michael Mannion**

Trish Corbett and Michael Mannion will give a presentation that focuses on worldviews. In their talk, Trish and Michael will examine the core elements of our present Western model of reality; their impact on how we live our lives; and the importance of the concept of Life Energy in the new worldview that is now emerging. They will create a new context in which to better understand who we are and what we need to do to create a life-positive world.

For centuries, under the sway of a mechanistic worldview, we have believed that we are essentially separate beings. But we now know that we are all deeply interconnected. Today, science is confirming the correct understanding of many mystics and indigenous peoples about our interconnectedness. All life is interdependent and interpenetrating. Wholeness pervades all existence and is the key to self and world understanding. This is in sharp contrast to the mechanistic-materialist picture of reality in which everything in nature is separate.

There are new developments today in science and society that make it possible for Love to become the organizing principle of our lives. What would science, religion, medicine, government, and education look like if Love was their guiding force? How can we solve the many life-threatening problems that confront us while simultaneously creating new life-positive ways of living personally and as a community? Trish and Michael remind us that

Love calls us to a higher vision, one with the potential to guide us in making positive choices regarding our personal and social existence.

*Premium Weekend Package*

**COSMOS AND CONSCIOUSNESS VIII:  
Life Energy in Science, Medicine & Healing  
*The Foundation of a New Worldview***

An Exciting Weekend in Rangeley, Maine  
September 17-19, 2010

The Mindshift Institute is presenting an exciting day-long conference with a deeper weekend experience from **September 17-19, 2010**. The first seven **Cosmos and Consciousness** conferences have demonstrated that participating in this weekend is indeed a special opportunity. In addition, Rangeley provides a wonderful setting for expansive thinking and exploration.

While the one-day conference on Saturday, September 18 is open to the public, we want to invite you to join us for an extraordinary weekend with the Mindshift speakers — **Ron A. Bryan, PhD; Conny Huthsteiner, MD; and Beverly Rubik, PhD** — and our other special guests, **Paul Bernstein, PhD; Kenneth Hamilton, MD and Rudy Schild, PhD**. You will have a rare opportunity to spend one-on-one time with these creative individuals who are making important contributions to the new worldview now emerging.

Because we want to ensure that each participant has time to connect with the presenters, there are only *a limited number of places available* for the Premium Weekend Package. All activities will take place at The Rangeley Inn and include:

- A special evening Friday with the speakers and fellow guests; including dessert, coffee, tea, soft drinks and wine
- Admission to the Saturday conference itself
- An excellent dinner on Saturday night with much stimulating conversation
- Sunday breakfast together and a thought-provoking morning session with the presenters and the weekend guests

**We are well aware that many people have suffered because of the downturn in the economy over the past two years. As a result, we have lowered the cost for the weekend by just about 25%, from \$395 to \$295.** This does not include lodging. We recommend that the weekend participants stay together at The Rangeley Inn. After you sign up with us for the weekend, you will need to call **The Rangeley Inn at 1-800-MOMENTS** to reserve your room.

The reservations for the weekend will be filled on a *first-come, first served* basis. Some reservations have already been made. We encourage you to **call us soon** or email us at [Info@mindshiftinstitute.org](mailto:Info@mindshiftinstitute.org). We look forward to seeing you for a special weekend!

Trish Corbett and Michael Mannion  
The Mindshift Institute