



CASTRO VALLEY FORUM

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YEAR 29

WEDNESDAY, JULY 5, 2017

NO. 28

INSIDE YOUR FORUM

OUR TOWN



Taking the Reins

Jim Negri named new president of the Castro Valley Rotary Club

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Eyes on BART

All BART cars are now equipped with working security cameras

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NEWS



Model Behavior

Trains were a fascination to all ages at Model Train show in San Leandro

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Sheriff Ahern Defends Immigration Policies During Heated Town Hall

By Amy Sylvestri
CASTRO VALLEY FORUM

A standing-room-only crowd gathered at the Hayward Adult School Friday to discuss the Alameda County Sheriff's Office's policy on immigration enforcement.

It was held the same day the House of Representatives passed a crack down on immigration called "Kate's Law" which now moves on to the Senate.

The town hall meeting often became heated, with several members of the audience shouting over Sheriff Greg Ahern's explanations about how his department works with Immigration and Customs Enforcement (ICE) in dealing with undocumented people who have been arrested in the county.

Ahern said it wasn't his department's purview to "hand over" people to ICE, but they do work with the federal government in dealing with serious offenders. And the sheriff's office informs ICE when inmates are released from their facilities where ICE officials are often waiting for offenders as they leave jails.

"We are obligated to follow the law," said Ahern. "We don't give the exact time of the release of individuals. We wouldn't even know that because over 40,000 people are in our jails annually, but we do provide information to ICE about released dates."

Last year, 215 people held in Alameda County jail were taken into custody by ICE.

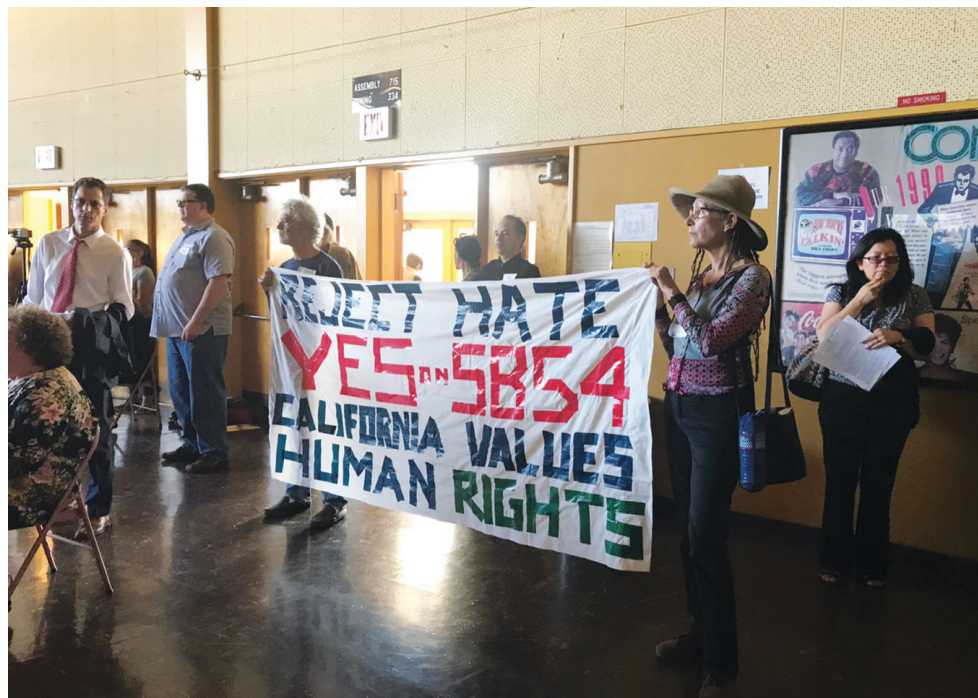


PHOTO BY AMY SYLVESTRI

Friday night's town hall on immigration brought out a standing-room-only crowd to confront Sheriff Greg Ahern on his office's policies.

Ahern says he doesn't give ICE the addresses of illegal residents because that could create a raid scenario and he feels it is safer if people are taken into custody on jail property.

"A peaceful transfer from a jail setting is preferable to ICE going into homes," said Ahern, a statement that triggered a round of "boos" from the crowd as well as chants of "No raids! No deportations! No fascist USA!"

Ahern said that those picked up

by ICE have been arrested for serious crimes, including murder and sexual assault. He said that those accused of misdemeanors and less serious crimes are usually bailed out and "long gone" before ICE is even aware of their presence.

Friday evening's forum was organized by People Power, a group created by the ACLU earlier this year. ACLU attorney Julia Mass asked Ahern why he felt compelled to cooperate with ICE at all, considering that law enforcement

agencies in "sanctuary cities" have declined to do so.

Ahern responded that, if his department doesn't cooperate with federal authorities, they risk losing federal funding which would be a major detriment to county law enforcement.

Ahern added that such a policy of withholding federal money was created under the Obama administration, which drew more outraged shouts from the crowd.

see **AHERN** on back page

First Phase Of Measure G Projects

A groundbreaking ceremony will be held Monday marking the beginning of work on several Castro Valley school projects funded by Measure G, the \$123-million bond approved by voters on June 7, 2016.

The first phase, scheduled to begin this summer, includes a Wellness Center, the Career Technical Education Building for Engineering, and modernization of several buildings at various schools.

The Wellness Center at Castro Valley High School will provide dedicated space where district professionals can support students through individual and group counseling. A lack of available space has been a significant barrier for the school district and partner agencies to meet the mental health needs of students.

To prepare for the modernization, portables will be delivered and installed at several schools to house students during construction.

In addition, the School District staff is working with the Hayward Area Recreation District to finalize designs for athletic fields at Canyon and Creekside middle schools. This collaborative effort will result in updated facilities to meet the growing need for sports facilities during school as well as outside school hours by community organizations and clubs.

The public is invited to the groundbreaking ceremony, which will be held at 9 a.m. Monday, July 10, at Castro Valley High School.

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PHONE: (510) 537-1792

The Art, Science of Pinball at Chabot Science Center

Ever since pinball came of age during the Great Depression with the production of the first coin-operated machine in 1931, it had been viewed by many as a menace to society.

The physics, engineering, design, whimsy and style covering nearly 200 years of the evolution of pinball is being featured in a new exhibition at Chabot Space & Science Center in the Oakland Hills.

Thirty-five pinball machines—most of which the public can use—are being featured, includ-

ing early flipperless games. The classic machines are on loan from the Pacific Pinball Museum in Alameda.

In addition, a see-through lucite machine, models and diagrams that de-mystify and explain how the machines work, and a full complement of public activities and programs are being presented through the exhibition run, which will close Sept. 24.

Before the advent of flippers in 1947, pinball was a considerably different game from what it is today.

Except for bumping and tilting the machines in order to sway the ball's gravity, players were at the mercy of the random bounce of the ball.

Players gambled on games, and operators handed out prizes—from free games and chewing gum all the way up to jewelry and chinaware.

While law enforcement and civic groups looked askance at pinball for its gambling connections, churches and school boards also argued that it corrupted the morals of America's children by encour-

aging them to steal coins, skip school in order to play, and even go hungry by wasting their money on the frivolous pursuit.

It seems hard to believe today, but major American cities actually banned pinball machines between the 1940s and 1970s out of concern about the arcade game's effect on crime and juvenile delinquency.

In New York City, Mayor Fiorello La Guardia was responsible for that city's ban. The mayor spearheaded major raids throughout the city, collecting thousands of machines.

A special weekend celebration of the exhibition and all things pinball will highlight the Chabot Center's "\$5 First Fridays" this Friday, July 7, from 5 to 10 p.m., and will continue throughout the day Saturday and Sunday, July 8 and 9.

The Chabot Space & Science Center is located at 10000 Skyline Blvd., Oakland. For more information including admission prices, visit chabotspace.org/ or call 510-336-7300.

Much of the historical information in this story was excerpted from *The History Channel*.

Castro Valley Weather July 5-9, 2017



Wednesday
Clouds then Sun
High 74° Low 57°



Thursday
Clouds then Sun
High 77° Low 65°



Friday
Clouds then Sun
High 76° Low 56°



Saturday
Clouds then Sun
High 78° Low 58°



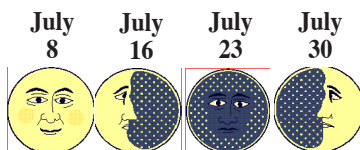
Sunday
Clouds then Sun
High 83° Low 60°

Almanac



Past Week's Rain: 00.00
Season To Date: 00.00
Normal To Date: 00.00
Season Average: 21.22

Moon Phases



Sun sets at 8:34 p.m. today, rises at 5:54 a.m. Thursday.

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Before Taking Summer Drive...

With the Bay Area's recent heat-wave, AAA reminds motorists to prepare their cars and themselves before setting out on a trip anytime during the summer.

Make Sure Your Engine Keeps its Cool

It's the cooling system's job to protect the engine from overheating. In addition, additives in the coolant protect the radiator and internal engine components against wear and corrosion. Without proper cooling system maintenance, the odds of long-term engine damage increase.

Rubber cooling system components also are susceptible to deterioration from extreme heat. Inspect hoses and drive belts for cracking and soft spots. Worn parts are more susceptible to failure in hot conditions and should be replaced.

Minimize Blowout Risk

Driving on underinflated tires not only affects the handling and braking of a vehicle, it also can cause tires to overheat and increase the likelihood of a blowout. This problem becomes even more of a concern when road temperatures are high.

Tires should be inflated to the pressure recommended by the vehicle manufacturer — not the number molded into the tire sidewall.

Stay Hydrated

Engine fluids are essential to keeping a vehicle running smoothly. Most fluids lubricate and serve as coolants by helping carry heat away from critical components. When fluid levels are low, the possibility of overheating increases.

Check all fluids including motor oil, transmission fluid, power

steering fluid and brake fluid to ensure they are filled to appropriate levels.

Keep the Cold Air Coming

During extreme summer heat, a properly operating air conditioning system can be more than just a pleasant convenience. If a car's air conditioning is not maintaining the interior temperature as well as it did in the past, it may mean the refrigerant level is low or there is another problem. Have the air conditioning system checked by a certified technician.

Even with proper preventive maintenance, breakdowns can still occur, so have a well-stocked emergency kit in their vehicle. The kit should include water, non-perishable food items, jumper cables, a flashlight with extra batteries and basic repair tools.

Woodminster Season Opening On Friday With 'Mamma Mia'

The 51st season of the Woodminster Summer Musicals opens with "Mamma Mia!" which will be performed this Friday July 7 through July 16 at Woodminster Amphitheater in Oakland's Joaquin Miller Park.

The popular musical follows the adventures of Sophie, a young woman who, before her own wedding, wants to discover the identity of her father.

Her mother, Donna, has never been forthcoming, so Sophie secretly invites three men from her mother's past to her own wedding, on the sunny Greek island where she was conceived 20 years before.

"Mamma Mia! is packed with upbeat songs including "Dancing Queen," "Super Trouper," "Gimme Gimme Gimme," and "Take a Chance On Me."

"Mamma Mia is a really light-hearted show, and it's going to be a very fun way to start the season," says director Joel Schlader. "The music is so upbeat and infectious that even people who don't have a fond memory of disco music will dance their way out of the theater."

The inquisitive Sophie is played by Amanda Farbstein, and her father



PHOTO BY KATHY KAHN

Joy Sherratt (center) plays Donna Sheridan, mother of the inquisitive Sophie, in Woodminster's "Mamma Mia!" Singing "Super Trouper" with her are her best friends Tanya (Leandra Ramm) and Rosie (Krista Wigle). The musical opens on July 7 in Oakland's Joaquin Miller Park.

ancé Sky is played by Romar De Claro. The role of Donna is played by Bay Area actor Joy Sherratt. Her best friends Tanya and Rosie are played by Leandra Ramm and Krista Wigle.

The three men who might be Sophie's father are played by Geoffrey Blaisdell, Dwight Mahabir, and Robert Moorhead.

Performances are July 7, 8, 9, 13, 14, 15, and 16, all at 8 p.m.

For information about tickets, and details about discount programs, check www.woodminster.com or call 510-531-9597.

Woodminster Amphitheater is located on Joaquin Miller Road at Upper Sanborn Drive in the Oakland Hills.

AC Transit Increases Bus Fares, Passes

For the first time since 2011, AC Transit increased the cost of it bus fares and passes on Saturday.

The fare hike was originally scheduled to go into effect a year ago, but was deferred by the transit agency's board of directors.

On local single rides, cash fares increased from \$2.10 to \$2.25

for adults (ages 19-64), and from \$1.05 to \$1.10 for youth (5-18), seniors (65 and up), and disabled people.

Cash fares on transbay single rides increased to \$4.50 and \$2.20, respectively.

Local day passes remained at \$5 and \$2.20.

When using Clipper cards, fares are \$2.15 and \$1.05 on local single rides, and \$5 and \$2.50 for a local day pass. Clipper transbay single rides are \$4.50 and \$2.20.

For complete information on fare changes that went into effect on July 1, visit www.actransit.org/rider-info/fares-tickets-passes/



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Free Tech Classes at CV Library

If you have a new iPhone or iPad and want to learn more about it, the Castro Valley Library is offering free classes this month to help you get the most from your mobile device.

A two-part class titled "iPad/iPhone 101" will be held from 10:30 a.m. to 12:30 p.m. on the next two Saturdays, July 8 and 15, when you'll learn how to use screen gestures, customize your device, use Siri, the virtual keyboard, shortcuts, manage and use apps, and how to surf the web.

Another course, "There's an App for That," from 1:30 to 3:30 p.m. this Saturday will teach you the most popular and useful apps that come on your iPhone or iPad.

Learn how to download, install and use new apps from the App Store to make your iPhone/Pad experience rewarding and fun.

A class on "Google Tools & Apps" will be available from 1:30 to 3:30 on Saturday, July 15 covering advanced Google search techniques and other cool Google features that are available for your computer or as free apps for your smartphone or tablet.

For each of the classes, bring your fully charged tablet, smartphone or laptop and your app store credentials to class.

Registration is required on any or all of these free classes. Register at the Library Information Desk or call 510-667-7900.



PHOTO BY CATHY BRESLOW OF BRELOS IMAGIN

Former School Superintendent Jim Negri became president of the Castro Valley Rotary on July 1.

New Rotary President

Jim Negri, who retired as the Superintendent of the Castro Valley School District in June 2015 after 41 years in education, officially becomes the President of the Rotary Club of Castro Valley on Saturday.

Negri has been a member of the club since 2010 and has served as secretary and president-elect.

"As an educator, I was strongly influenced by the philosophy of Servant Leadership, which aligns perfectly with the Rotary belief of 'Service Above Self,'" said Negri, who has lived in Castro Valley with his wife, Rina, since 1985. The Negris have a son, Jason, who

is in the entertainment business in Los Angeles.

Castro Valley Rotary hosts and sponsors many events throughout the year, including the Chili Cookoff and the Rowell Ranch Rodeo Parade. Negri has coordinated the ticket sales for the Chili Cook-off and the equestrian staging area for the Parade.

The Rotary Club meets Tuesdays from noon to 1:30 p.m. at The Meadows at Redwood Canyon Golf Course. The Club kicks off President Negri's year on July 11.

More info about the Rotary, its speakers and events, available at: www.castrovalleyrotary.org.

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



Driving Under the Influence

Monday, July 3: at 1:28 a.m., Sheriff's deputies arrested a 21-year-old man from Hayward on suspicion of driving while under the influence of alcohol. The man was traveling on Castro Valley Boulevard near Forrest Avenue when deputies stopped him for a traffic violation. The man failed his field sobriety test and was taken into custody.

Assault Leads to Observation

Saturday, July 1: at 1:00 a.m., a 911 call about a loud and aggressive-sounding argument sent deputies to a home on Sandy Road near Seaview Avenue. There, they arrested a 26-year-old man from Castro Valley on suspicion of assault on a family member and resisting arrest. The man continued to act erratically and was taken to John George Pavilion for a 72-hour evaluation. The victim was treated at the scene.

Twice the Legal Limit

Saturday, July 1: at 3:34 a.m., deputies arrested a 28-year-old man from Richmond on suspicion of driving under the influence of alcohol and driving without a court-mandated interlock device. The man was traveling on Strobbridge Avenue near the Boulevard when deputies pulled him over. The man's blood-alcohol content registered twice the legal limit. The man was taken into custody.

Emergency at Eden

Thursday, June 29: at 1:35 p.m., a 36-year-old man from San Lorenzo was arrested on suspicion of assault on a family member, attempted burglary, violating a court-issued restraining order, child endangerment, and violating the terms of his probation. Deputies were called to the emergency room at Eden Medical Center to assist with the man who had barged into the hospital to talk to a family member and became belligerent after being asked to leave.

The man was handcuffed and taken into custody. The victim was treated at the scene.

Suspected Rapist Arrested At BART Station

Wednesday, June 28: at 9:15 a.m., deputies arrested a 28-year-old man from San Francisco as part of a warrant issued for his arrest. The man was suspected of three counts of sexual crimes against a person or persons without their consent. Deputies passing just outside **see REPORTS on page 8**

Sheriff's Office Seeks Clues In '16 CV Drive-by-Shooting

The Alameda County Sheriff's Office is asking the public's help in solving the fatal drive-by shooting of a Castro Valley man last fall.

Caesar Plascencia, 37, was killed in a hail of gunfire around 6 p.m. on Nov. 28 as he stood in front of his home in the 4100 block of Wilson Avenue.

Deputies responded to calls of shots fired on Wilson Ave. near Redwood Road and found the victim suffering from multiple gun-

shot wounds. He was pronounced dead at the scene moments after emergency responders arrived.

Alameda County Sheriff's Sgt. Ray Kelly said at the time that there was no known motive for the homicide. Plascencia was known as a respected union construction worker.

Anyone with info is asked to call the sheriff's anonymous tip line at 510-667-3266 or Detective Anthony Moschetti at 510-667-7477.

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The Week Ahead

● Thursday, July 6: Ice Cream Social Luau

The Aitken Senior & Community Center will hold its annual Ice Cream Social Luau from 1:30 to 3 p.m. tomorrow. Beat the summer heat and enjoy an ice cream sundae with your friends and family. Dress in Hawaiian attire and watch the center's Ukulele and Hawaiian Hula Dance Class perform. All ages welcome. Sundaes cost \$1.50 (please bring exact change or small bills). A special thanks to the sponsor, the St. John Kronstadt Health Care Center.

● Friday, July 7: Eden Area Village

Eden Area Village is developing a non-profit membership based neighborhood "Village" that will help people in the Castro Valley, Hayward, and the San Lorenzo areas stay in their homes as they age. Public outreach meetings are held the first Friday of each month at 2 p.m. at Hayward City Hall. Next meeting is this Friday, July 7th.

● Saturday, July 8: Join in the Musical Fun

Come and sing your heart out, play an instrument, and move to the beat at a special event from 11:30 a.m. to 12:30 p.m. this Saturday at the Castro Valley Library with Music for Minors II Executive Director Carol Zilli leading families in song. MFM II is the nonprofit keeping music in children's classrooms and lives since 1988. For more information, visit www.musicforminors2.org, email mfm2recruitment@gmail.com or call 510-733-1189.

● Saturday, July 8: Getting Rid of Weeds in Your Garden

Master Gardener Sherry Dunn will give a free talk on Weeds in Your Garden at 10 a.m. this Saturday at the Alameda County Demonstration Garden in Quarry Lakes East Bay Regional Park, 2100 Isherwood Way, Fremont. Master Gardeners will be on site from 9 to noon to answer your questions. The garden is at the far end of the parking lot to the right as you come in the main gate. The park district charges a parking fee. Visit www.ebparks.org/parks/quarry_lakes for maps and info.

● Saturday, July 8: Amador Valley Quilters

Mel Beach, a self-taught quilter from New York, will share her innovative designs at this Saturday's meeting of the Amador Valley Quilters from 1:30 to 4 p.m. at Pleasanton Middle School, 5001 Case Ave., Pleasanton. Guests are welcome!

● Saturday, July 8: Castro Valley Pride Celebration

Castro Valley Pride returns for its 7th year from noon to 5 p.m. this Saturday, once again transforming the Castro Valley High School Redwood Road parking lot into a fun-filled space with food trucks, vendors, and live music on two stages, as it creates a safe and welcoming space for the LGBTQ community and gives its friends, family, neighbors, and allies a place to enjoy a beautiful summer day together. For vendor or group booth opportunities, visit www.castrovalleypride.com.

● Saturday, July 8: St. Gerard's Country Hoedown

Polish those boots and shake out them jeans this Saturday for St. Gerard Women's Club Country Hoedown, beginning with a no-host bar at 5:30, followed by a Texas Roadhouse dinner at 7:30 p.m., dancing and a lot of prizes, at St. John's Church, 264 E. Lewelling Blvd., San Lorenzo. Dress is country casual. For tickets (\$20 advance, \$25 at the door), contact Pat Forsythe "Marshall" at 510-278-4161.

● Saturday, July 8: Raptors Catching the Currents

Explore the dynamics of raptors in flight as they compile barometric

and weather-vane statistics to utilize the air currents for maneuverability and speed in capturing prey. Learn how to identify California's raptors as you meet Sulphur Creek's hawks, falcons and eagle at this exclusive adult nature presentation from 3:30 to 5 p.m. Saturday at Sulphur Creek Nature Center, 1801 D St. in Hayward. Advance registration (\$18) required, by calling 510-881-6700 or visiting www.haywardrec.org

● Saturday, July 8: Tech Tools for Family Caregivers

"Technology Tools for the Family Caregiver," a free class on staying on top of technical advances, will be presented from 9:45 a.m. to noon this Saturday at Hope Hospice, 6377 Clark Ave., Suite 100, Dublin (2nd floor conference room). Light refreshments will be served. Register online at HopeHospice.com or contact debe@hopehospice.com

● Saturday & Sunday, July 8-9: Ashland Holy Ghost Feste

The Ashland Holy Ghost Association invites you to a Feste this weekend at 6490 Kent Ave. in San Lorenzo, with the presentation of the queen, a chicken dinner and a dance with music by Victor Silve Saturday night at 7 p.m. A parade will line up at the Hall at 10:30 a.m. Sunday to go to 11:30 a.m. Mass at St. John's Church, followed by soup and meat. For tickets (\$20) or info, call Rubin Leandro at 510-387-4656.

● Sunday, July 9: CV Democratic Club BBQ Potluck

Join the local Democratic Club from noon to 3 p.m. this Sunday for food and fun at Castro Valley Community Center Park near the water park on Quail Ave. in Picnic Area No. 3. Meet your local elected officials and club members. Donation: \$15 adults, children free. A-L names bring appetizer or dessert, M-Z salad or side dish. RSVP to mary.swain10@gmail.com or call Sonya Howes at 582-4818.

● Monday, July 10: Eagles Auxiliary Bingo Luncheon

Carla will serve a fettucini Alfredo lunch at noon on Monday at 21406 Foothill Blvd., Hayward – a benefit for local charities. Join us for an afternoon of fun, food & prizes. Call Glenda at 510-584-1568.

...and Beyond

● Wednesday, July 12: Sons In Retirement Meeting

SIRs, an organization of retired men, meets on the second Wednesday of each month in the Wedgewood Center at the Metropolitan Golf Links, 10051 Doolittle Drive in Oakland. Happy Hour at 11 a.m., followed by lunch at noon. Guests are welcome. Come and meet new friends. For more information call Mel at 510-357-0601.

● Saturday, July 15: Redwood Chapel Car Show

Redwood Chapel Community Church presents its annual Classic Car Show beginning at 9 a.m. on Saturday, July 15 at 19300 Redwood Road in Castro Valley.

● Saturday, July 22: Summer Gospel Concert

The 4th Annual Summer Gospel Concert by Oakland Interfaith Community Choir will feature over 100 singers of various religions, races, ages, and backgrounds lifting their voices in joyful harmony at 7 p.m. July 22 at First Congregational Church of Oakland at 2501 Harrison Street. For tickets (\$10-\$15) visit www.brownpapertickets.com/. For more info, visit www.oigc.org

● Sunday, July 23: Exotic Orchid Workshop

Many orchids end up in compost bins after the first bloom fades. Learn how to care for common orchids from 2 to 3:30 p.m. on July 23 at the Castro Valley Library. Understand how orchids grow and how to help them bloom again. Bring your orchid if you have a specific question. This workshop is presented by Sung Lee, past president of the Diablo View Orchid Society. No tickets are required.

● Tuesday, July 25: Sizzling Summer Pool Tournament

Join us in either the beginner or advanced bracket for this fun pool tournament from 10 a.m. to 3 p.m. on July 25 at the Aitken Community Center, 17800 Redwood Road, Castro Valley. \$5 entry fee, prizes to top players in each division.

● Saturday, July 29: "Bark for Life" Fundraiser

The Hayward Relay for Life is hosting a "Bark for Life" at the Hayward Dog Park at Eden Greenway on Saturday, July 29. This is an American Cancer Society fundraiser where we have some fun while we honor our caregiving loving dogs. For more information, please visit www.relayforlife.org/BarkHaywardCa

REGULAR GOVERNMENT MEETINGS

- Castro Valley Municipal Advisory Council (MAC) meets on land-use issues on the 2nd and 4th Mondays of the month, and holds general purpose meetings on most 3rd Mondays. Meetings are at 6 p.m. at the Castro Valley Library Chabot Room, 3600 Norbridge Avenue.
- Castro Valley School Board usually meets at 7 p.m. on the second and fourth Thursdays of the month at 4400 Alma Ave.
- Castro Valley Sanitary District (CVSan) meets at 6:30 p.m. on the first Tuesday of the month at the District Headquarters, 21040 Marshall St.
- Alameda County Board of Supervisors meets every Tuesday at 10:45 a.m. in the Supervisors Chambers in Oakland.

Arts & Entertainment

CASTRO VALLEY CENTER FOR THE ARTS

Tickets for Center for the Arts events listed below are available online at www.cv.k12.ca.us/cfa; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. phone 889-8961; or at the CV Adult School, 4430 Alma Ave.

● "Wizard of Oz, Jr." will be presented by the Castro Valley Theater Academy at 7 p.m. on Friday, July 28, and at 1 p.m. on Saturday, July 29. For tickets (\$5-\$10-\$12), see above.

● "Winnie the Pooh Kids," will be presented by the Castro Valley Theater Academy at 3 p.m. on Saturday, July 29 and at 3 p.m. on Sunday, July 30. For tickets (\$5-\$10-\$12), see above.

● "Chorus Line High School Edition," will be presented by the Castro Valley Theater Academy at 5 p.m. on Saturday, July 29, and at 1 p.m. on Sunday, July 20. For tickets (\$5-\$10-\$12), see above.

● Season Tickets on Sale

Tickets for the Castro Valley Arts Foundation 2017-2018 Series are now on sale. If subscribers wish to keep their same seats, please go to the box office by June 30th. Seats will be blocked out for new series subscribers until July 14. The series includes: "The Filharmonic" on Aug. 19, "The Spouse Whisperer" on Sept. 16, "New Year's Eve Cabaret" on Dec. 31, "Super Diamond: The Neil Diamond Tribute" on Jan. 27, "Wake the Dead" on Feb. 24, and "Franc D' Ambrosio's Broadway" on March 31.

THEATRICAL & MUSICAL PERFORMANCES

● "Elvis Has Left the Building," a comedic farce, will be presented by Chanticleers Theatre, 3683 Quail Avenue in Castro Valley through July 23. It is December 20, 1970 and Elvis Presley has disappeared. No one, not even his wily manager "The Colonel," knows of his whereabouts. Hi-jinks abound as the Colonel takes desperate measures to replace a man who is irreplaceable. This hilariously funny story will keep you guessing until the end. General admission is \$25 (\$20 for seniors 60+ and military). For more information or tickets, call 510-733-3483 or visit chanticleers.org

● "Mamma Mia!," the stage musical, will be presented by Producers Associates, Inc. with a live orchestra at 8 p.m. on July 7, 8, 9, 13, 14, 15 and 16 at the Woodminster Amphitheater in Joaquin Miller Park, Joaquin Miller Road at upper Sanborn Drive, Oakland. For tickets, call 510-531-9597 or visit www.woodminster.com

● "Flavors of Latin America," a summer concert, will be presented by the Morrisson Theatre Chorus under the direction of César Cancino at 8 p.m. on Friday and Saturday, July 21-22, and at 2 p.m. on Sunday, July 23, at the Douglas Morrisson Theatre, 22311 North 3rd St. in Hayward. For tickets (\$18-\$15-\$12), call 510-881-6777 or visit www.dmtonline.org

ART GALLERIES & EVENTS

● "Wake, Sleep, Repeat: Repetition in the Everyday," an exhibition open to all Bay Area artists and featuring a variety of media is on display at the Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. For more information, call 510-881-6735, or visit adobegallery@haywardrec.org

● Artist Open Studio Every Thursday: Join this informal gathering of artists working together in a friendly and helpful atmosphere. Begin something new or work on an unfinished art project. Adobe Art Center hosts provides tables, chairs and easels. \$3. Thursdays 10 a.m. to 2 p.m. in the Redwood Studio 1 at the Adobe Art Center.

● "Unmentionable: The Indiscreet Stories of Artifacts," an original exhibition exploring topics and artifacts that we, as a society, find uncomfortable to talk about, including race, lifestyle, politics and personal adornment, will be on exhibit thru July 30 at the HAHS Museum, 22380 Foothill Blvd., Hayward.

● "Welcome Home Project" and "In My Own Backyard," a dual exhibition, continues at the John O'Lague Galleria in Hayward City Hall, sponsored by the Hayward Arts Council. "The Welcome Home Project" is a collection of 20 stories and photos of formerly incarcerated Alameda County residents who were able to turn their lives in a positive way. "In My Own Backyard" features digital prints of 35 Hayward landmarks by Jeanne Bertolina.

● San Leandro Art Association members' paintings are on display at Zocalo Coffeehouse, 645 Bancroft Ave., San Leandro.

● Sally Lampi will demonstrate her method of mix/media art work at the next meeting of the San Leandro Art Association at 7 p.m. Tuesday, July 11 at the San Leandro Library, 300 Estudillo Ave. Free admission.

CASTRO VALLEY FORUM
CASTROVALLEYFORUM.COM

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Submissions to The Forum
To submit Calendar listings or news stories for possible publication, send information by the prior Friday in an email, or attach a document with photos to: fredz@ebpublishing.com, or fax information to 510-814-9691.

ATHLETES OF THE WEEK

Extreme Baseball's 11U-Foreman Team

This week's Athletes of the Week are the members of the Castro Valley based Extreme Baseball 11U-Foreman team.

They went undefeated and won 5-2 in the Championship game, to win the Mid-Summer Classic tournament, in Brentwood, on the weekend of June 24-25.

In pool play on Saturday they beat Fresno Sox 3-1, behind solid defense and great pitching from AJ Boyles. In the second game it took a walk off single from Alex Llanos to take down The Bank from Riverbank 5-4.

In bracket play on Sunday Extreme once again got solid pitching, timely hitting and great defense, with no errors over the 4 games.

Micah Billings threw a complete game in a



13-3 win in the semi-final game, then JP Manzo pitched in the Championship game and also threw a complete game, in a 6-2 victory, on Sunday to secure Extreme's fourth straight Tournament Championship.

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'Arts and Letters' Exhibit Opens Next Month at Foothill Gallery

By Winda Shimizu
SPECIAL TO THE FORUM

Hayward Arts Council presents "Arts & Letters," the upcoming exhibit in the new location of the Foothill Gallery at the Hayward Area Historical Society Museum of History and Culture, 22380 Foothill Boulevard in Hayward.

This juried exhibit will feature art with at least one word or words of text in any language. A variety of media including acrylic, pastel, oil, photography, sculpture, wire, repurposed books, mixed media, textiles, jewelry, ceramics, poetry and more will be on display.

Participants are members from Sun Gallery, Hayward Arts Council, and A.R.T., Inc., and students from Cal State, Chabot College, Mt. Eden High, Tennyson High, and Ochoa Middle schools.

"Arts & Letters" will be on display from July 7 through September 10, Wednesday to Sunday, 10 a.m. to 4 p.m.

Cash awards for first, second, and third places and 2 honorable mentions will be selected.

Join us for the artists' reception and awards presentations from



"Java" by Castro Valley abstract artist Carol Jones Brown will be on display during the "Arts & Letters" exhibition at the new location of the Foothill Gallery at the Hayward Area Historical Society Museum of History and Culture at 22380 Foothill Blvd. opening Friday, July 7.

5:30-7:30 p.m. Friday, July 7 at the Hayward Area Historical Society Museum of History and Culture, 22380 Foothill Blvd. in Hayward.

A free demonstration on Chinese calligraphy by Ruey Syrop will be conducted during the reception.

The Hayward Arts Council

stimulates community interest in the arts, promote opportunities for artists to exhibit, and encourages public participation in free art demonstrations.

Winda Shimizu is Hayward Arts Council's Executive Director. Visit www.haywardartscouncil.org for local art exhibits and events.

CVHS Senior Wins CVSan Scholarship

The Castro Valley Sanitary District has announced that Vianca Zavala is the winner of the CVSan Environmental Leader in Waste Reduction \$500 cash scholarship.

The award to Zavala was made at CVSan's Board of Directors meeting on June 6, recognizing her environmental leadership by serving as an active member of the Smart Environment Club at Castro Valley High School, participating in CVSan's Earth Day Clean-Up multiple times, and by volunteering four hours a month as a Restorative Ranger with Hayward Area Recreation District cleaning up litter and debris at the Hayward Shoreline.

Zavala's scholarship essay described how the 4R's (Reduce, Reuse, Recycle, and Rot) are important to her:

The 4R's are vital because they decrease the amount of waste in our ecosystem, and offer creative ways to reuse items, recycle your



CVHS senior Vianca Zavala (center) was this year's winner of the CVSan Environmental Leadership Award. She is shown with CVSan Board President Melody Appleton and General Manager Roland Williams.

waste, and create rich soil for one's garden.

This is the fourth year CVSan has offered the scholarship to high school seniors as a way to recog-

nize those students who are taking action and encouraging environmental awareness through waste reduction within their school and community.

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DES	ROSE	LETS

Powers of Attorney Are Not All Same; A List of Variations

Q My friends and I were recently discussing powers of attorney. It seems that we have different understandings as to what they look like and how they can be used. Can you provide me with a short lesson which I can share with them?

By Gene L. Osofsky, Esq.
SPECIAL TO THE FORUM

A Sure. Powers of attorney are very important legal documents. In their basic structure you (the principal) delegate to someone whom you trust (your agent or "attorney-in-fact") the power to engage in financial transactions in your name, using your assets, with the same legal effect as if you had signed the transaction documents yourself.

But all powers of attorney ("POA") are not the same. Here is a short list of some variations:

Is It Durable?

Unless the document expressly so provides, a POA expires when the principal loses mental capacity. However, this feature may be overcome if the document provides that it is "durable," meaning that it survives the principal's incapacity.

In almost every case, you will want a power of attorney to recite that it is durable, as that is usually when it is needed most.

Is It a "Springing" Power?

A POA can either be immediately effective or it can be effective only upon the occurrence of a future event, such as incapacity.

If triggered by a future event, we refer to this as a "springing power," because it only springs into life upon the occurrence of that future event. Example: Many POA's are designed to spring into life only when a physician certifies that the principal has lost mental capacity.

Is It Limited Or General?

A POA can either be limited in scope (e.g. authorizing an agent to sign a deed and other documents to close a specific sale escrow) or be limited in time with a fixed expiration date, or it can be very general and comprehensive in nature.

Does It Permit Modification of Trust?

If you have complete confidence in your agent, you may wish to authorize your agent to make future modifications to your "Living Trust" in order to address changes in family circumstances, changes in tax law and/or to engage in public benefits planning on your behalf.

But in order for these powers to be effective, there must also be reciprocal provisions in your trust, a legal requirement too often overlooked. However, your agent may not make a Will for you.

Does it Permit Gifting and/or Long Term Care Benefits Planning?

By California law, an agent cannot use the principal's assets to make gifts, unless that power is expressly granted in the POA. Further, even if this power is expressly granted, the agent cannot make gifts to himself unless the right to "Self Deal" is also expressly stated.

Sometimes the power to make gifts can be very important, such as for tax planning or planning for eligibility under the Medi-Cal or Veterans Pension programs to help with long term care expenses.

Unfortunately, we find that very few POA's contain these important powers, or impose limits upon exercise, which reduce the planning opportunities available to the agent.

In every case, the POA can only be created when the principal has mental capacity to understand what he or she is signing and all expire upon the death of the principal.

Lastly, a POA for financial matters cannot authorize health care decisions: for that another document is necessary, called an Advance Healthcare Directive.

Gene L. Osofsky is an elder law and estate planning attorney in Hayward. Visit his website at www.LawyerForSeniors.com.



Q: Do you know of any auto safety products that can help seniors with older cars? My 80-year-old father, who drives his beloved 2004 Toyota Avalon, is still a good pretty driver but he has limited range-of-motion, which makes looking over his shoulder to back-up or merge into traffic very difficult.

By Jim Miller
SPECIAL TO THE FORUM

A: To help keep your dad safe and extend his driving years, there are a number of auto aids and new safety technology products that can be added to his car to help with various needs. Here are several to consider.

• Backup Aids

To help your dad increase his visibility when backing up, a simple product that can be added to his car is an AllView Mirror (\$60, AllviewMirror.com).

This is an oversized rear-view mirror that attaches to his existing



mirror to widen his rear visibility and eliminate blind spots so he can see traffic without significant neck or body rotation. It also helps during parking.

Another option is a backup camera. These come with a weather-proof, night vision camera, which

attaches to the license plate on the rear of the car.

When the car is in reverse, it sends live images wirelessly to a small monitor that mounts to the dash or windshield. The Yada Digital Wireless Backup Camera (\$140, Amazon) with 4.3-inch

Dash Monitor is a good option.

Or, if your dad doesn't want a monitor in his car, the Auto Vox Wireless Backup Camera (\$140, Amazon.com) is one that displays the images in a rearview mirror.

• Blind Spot Helpers

To help your dad see better when switching lanes or merging into traffic, purchase your dad some "blind spot mirrors."

These are small convex mirrors that would stick to the corner of his side view mirrors to improve side and rear vision. They can be purchased in any store that sells auto supplies for a few dollars.

Or, for a high-tech more comprehensive solution, there's the Goshen Blind Spot Detection System (\$239, Goshers.com). This system uses small sensors installed on each side of the rear bumper that monitor the sides of the vehicle, and will alert your dad with a light indicator, installed inside the car, if any object detected within 10 feet.

see SENIORS on page 15

New Medicare Cards Debut Next Year

By Jim Miller
SPECIAL TO THE FORUM

Many people new to Medicare are surprised to learn that the ID number on their Medicare card is still identical to their Social Security number (SSN).

After all, we're constantly warned not to carry our SSN around with us, because if it gets lost or stolen, the result could be identity theft.

But the card itself tells beneficiaries to carry it with you when you are away from home so you can show it at the doctor's office or hospital when you need medical care. Here's what you should do to protect yourself.

New Medicare Cards

For starters, you'll be happy to know that the government is in the process of removing SSNs from Medicare cards, but with 58 million beneficiaries, it's a huge undertaking that will be implemented gradually.

The Centers for Medicare and Medicaid Services will start sending the new cards in April 2018, but it will take until December 2019 before SSNs are removed from all cards.

Under the new system, a randomly generated 11-character Medicare Beneficiary Identifier will replace the SSN-based health claim number on your new Medicare card, but your Medicare bene-

fits will not change.

You will receive information in 2018 letting you know about the new Medicare card, with an explanation of how to use the new card and what to do with your old one.

You can start using your new Medicare card with the new number as soon as you receive it, and there should be a transition period in 2018 and 2019 when you can use either the old card or the new card.

Protect Your Identity

Until your new Medicare card is issued, here's what you can do to

protect your SSN on current card.

The Privacy Rights Clearinghouse, a national consumer resource on identity theft, recommends that you carry your Medicare card only when you visit a health care provider for the first time, so the provider can make a copy for their files. Otherwise, make a photocopy of your card and cut it down to wallet size. Then take a black marker and black out the last four digits of your SSN, and carry that instead in case of an emergency.

see MEDICARE on page 15

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New Castro Valley Gym Keeps The LaLanne Legacy in Shape

By Michael Singer
CASTRO VALLEY FORUM

Castro Valley's newest fitness gym has a new face but a long family legacy of health behind it.

Chris LaLanne and his wife Maribel opened LaLanne Bootcamp on Redwood Road this month offering a boutique fitness experience without the pressure of a personal trainer.

The LaLanne name should sound familiar to Bay Area fitness enthusiasts. Jack LaLanne was a regular fixture on TV from the mid-1950s till the early 2000s where his daily exercise regimes and popular juicer products promoted health and wellness.

Learning about personal fitness on the knee of the so-called Godfather of Fitness, grandnephew Chris LaLanne said he took what he learned and expanded on it with a bachelor's degree in kinesiology from San Diego State University.

"I have been blessed with a legacy from Uncle Jack," LaLanne told the Castro Valley Forum. "I realized what that meant when I graduated high school and pursued a degree in exercise science. The advice I got from him was to study exercise and become an example."

LaLanne had previous experience with his own cross-fit gym in San Francisco, but opted to open this gym on Redwood Road because it was closer to his home in Castro Valley.

"My wife and I met in Castro Valley" LaLanne says. "She was a dental hygienist and I was a personal trainer. We decided to stay in Castro Valley because of the community. We wanted this gym to begin in our hometown and develop



PHOTO BY MICHAEL SINGER

Two students of LaLanne Boot camp sweat it out during a spin-bicycle segment.

a community and be a part of the community."

The boot camp structures its classes after the popular high-intensity interval training (HIIT), like cross-training or street training fitness methods.

The music is booming, your heart is racing, your body is moving and then you have two minutes to cool down before you jump onto the next exercise. The result

is what LaLanne calls an "after-burn effect."

The 3,000-square-foot space includes treadmills, spinning exercise bicycles, and various free-weights. Up to 28 members at a time can attend 30 to 60-minute classes and rotate between the equipment stations.

The studio opened to the public on July 1 and is now booking classes at: lalannebootcamp.com.

Man Arrested for Kidnapping; Carjacking

A man was arrested last week for allegedly stealing a truck with the owner's 14-year-old daughter still inside.

The 2016 Chevy Tahoe was stolen from the 22000 block of Redwood Road just after 11 p.m. last Wednesday, according to the Alameda County Sheriff's Office. The daughter told the suspect,

who police identified as 22-year-old Frank Williams, to get out of the truck, but he refused and drove off, according to Sheriff's Sergeant Ray Kelly, who said the girl then jumped out of the moving vehicle.

Deputies used the truck's GPS tracker to locate the vehicle in Fremont and police arrested Williams

at a gas station in that city about two hours later.

Williams was arrested for car theft, kidnapping, and carjacking. He is being held without bail at Santa Rita Jail in Dublin and is scheduled to be arraigned at the Hayward Hall of Justice later this week.

—by Amy Sylvestri

Reports: Wanted; Stolen Vehicle; Drugs

continued from page 3

side the Castro Valley BART station on Norbridge Avenue noticed the man and identified him as part of the warrant. The man was taken to Santa Rita Jail and held on \$250,000 bail.

Wanted Man

Wednesday, June 28: at 3:11 p.m., a 37-year-old man from Castro Valley was arrested on suspicion of possession of methamphetamine drugs. The man was also wanted as part of a warrant issued for his capture. Deputies stopped the man for questioning while he

was walking around Anita Avenue near Castro Valley Boulevard, discovered his stash, and issued the warrant. The man was taken to Santa Rita Jail pending \$5,000 in bail.

Stolen Vehicle

Tuesday, June 27: at 2:02 p.m., deputies arrested a 50-year-old man who gave no home address on suspicion of possession of a stolen vehicle. The man had just pulled into an apartment complex on Center Street near Grove Way when deputies ran the license plate and found the car to have been re-

ported stolen. The man was also wanted as part of a warrant issued for his arrest. Deputies took the man to Santa Rita Jail and held without bail.

Drug Activity

Monday, June 26: at 9:54 a.m., a 49-year-old woman from Castro Valley was arrested on suspicion of possession of illegal drug paraphernalia. Deputies stopped the woman outside a commercial storage business on Castro Valley Boulevard near Marshall Avenue. The woman was handcuffed and taken into custody.

FROM THE BOULEVARD

Hayward's Monumental Moment

"The axis of the earth sticks out visibly through the center of each and every town and city."
—Oliver Wendell Holmes, Sr.

By Thomas E. Lorentzen
CASTRO VALLEY FORUM

John Steinbeck once wrote of the "good soul" of his favored Monterey. His observation that a town can have a soul is important to note. From my view, it has validity, for towns are extended expressions of human gatherings and activities.

The soul of a town, however, is not tangible or quantifiable. But, it can possess palpability. It is something many of us recognize in Castro Valley. Where there is a soul, there is also a spirit.

These thoughts are applied in this article with respect to our good neighbor — Hayward.

Hayward is a good town where good people are ubiquitous. It has great assets, such as location, weather and fertile soil. Once an agricultural center, it was also once an educational center. It established one of earliest Bay Area high schools in 1886.

Twenty-five years later Hayward moved forward as a leader in architecture. In 1911 a magnificent high school was constructed. It became a foremost center of education in the East Bay.

Dominated by powerful pillars, the Greco-Roman design represented growing community confidence centered upon the importance of erudition. Other than Oakland, Hayward had become perhaps the lead city in the East Bay.

The elegance and significance of the school captured the zeitgeist of the era, and became representative of the soul of the area.

Given the momentum of the time, Hayward was moving forward in a thoughtful and progressive manner. The elegance of the high school was the pride of Hayward — a feeling shared in Castro Valley and other neighboring towns it served.

It was "big time" to attend the school and "good times" were had. Even Hollywood recognized its beauty and value by using it for settings in several movie scenes.

Then, slightly more than 50 years ago, it was demolished.

The pain is still felt by those who recall the magnificence of the architecture, as well as the soul, spirit and pride it represented. The purpose of its destruction was portrayed as being progressive for economic development and for safety because of its placement atop the Hayward Fault.

Yet, when the bulldozers arrived and the wrecking balls swung, the proud pillars refused to topple and fought back with courageous spirit. They were perhaps attempting to protect the buildings behind it from attack. They may have also been trying to protect the community it represented and its spirit.



HAYWARD AREA HISTORICAL SOCIETY

Hayward High School, constructed in 1911, became a foremost center of education in the East Bay.

Finally, through overwhelming force, the pillars fell to the ground. It proved it could have survived a potent earthquake, but not an assassination from wrongful human determinations.

Once defeated and buried to memory the tragic decision to destroy and replace moved forward. A "civic center" would be constructed, including the tallest building in Hayward. It would also become city hall.

In constructing the building, inadequate attention was paid to the seismic concerns used to justify demolishing the high school. Then, the 1989 earthquake happened, and the building was declared unsafe and abandoned.

With that, confirmation was birthed about the poverty of the decision to build it in the first place. Given the difficulty of destroying the school, it also perhaps provided confirmation that it was structurally sounder than the building that replaced it upon the Hayward earthquake fault.

Now, in 2017, that abandoned building — the tallest in Hayward, still stands. It is a vacuous monolith, devoid of spirit

and soul. Yet, it has a presiding presence.

In a way, this monolith (commonly referred to as the "toaster") has become a monument to the tragedy of past wrongs. The magnificence of the old high school cannot be restored, but the wound that was caused by wrongs of the past, need healing.

The monument that the monolith has become deserves a fitting death of its own. Its dominance as a structure should not be allowed to continue to preside over the town. If anything, it provides a haunting adumbration to downtown Hayward.

It is time for this building to be torn down and given a fitting burial. As a bonfire of past vanities, its decimation and cremation could also perhaps emancipate new spirits for the future of Hayward and the fine people who make up its citizenry.

Tom Lorentzen lives in Castro Valley. He formerly served on the board of the Institute of Museum & Library Services and the Advisory Board to Southern Oregon University, and has served three Presidential Administrations.

CVSAN FINANCIAL REPORTING AWARD



Castro Valley Sanitary District General Manager Roland Williams and Financial Specialist Kiki Bian display the Certificate of Achievement for Excellence in Financial Reporting, the highest recognition for governmental accounting and reporting given by the Government Finance Officers Association of the U.S. and Canada. This is the second year CVSan has received the award.

REAL ESTATE GALLERY



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Judy Grubb



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Store-bought window cleaning solutions can work well but are not necessary for great results. Old-fashioned household cleaners are plentiful in most homes and inexpensive.

Experts at Andersen Windows have some suggestions on how to clean your windows to the envy of your neighbors.

First, begin with the right stuff: rubber gloves, two buckets or one bucket with two wells; sudsy ammonia cleaner; white vinegar; rubbing alcohol; several clean, dry rags; a squeegee; coffee filters; and a ladder, if necessary.

Now follow these steps to a great view:

1. Read and follow manufacturer's instructions on each cleaning agent and tool before beginning.

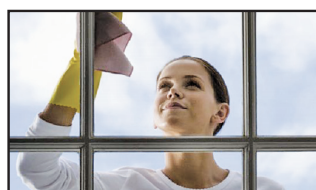
Use extreme caution when using ladders and working around open windows to maintain safe operation and avoid injury. Don't stand on furniture; use only equipment intended for that purpose, including ladders, scaffolding and step stools.

2. Fill both buckets with one to two gallons of the hottest water your gloved hands can stand, but use caution to avoid scalding.

3. In one bucket, add one cup each of ammonia and vinegar. In the other bucket, add two tablespoons of rubbing alcohol, which helps water evaporate quickly and gives windows that twinkle factor.

4. To avoid dripping on your work, start at the top — on the top floor of the building and at the top of the window.

5. Wipe the entire surface with the sudsy solution. Bugs, stickers and other stubborn marks may be removed using a synthetic scraping tool. Avoid straight-edge met-



al blades, as they can damage the window.

6. Rinse the window using clean water and immediately squeegee any remaining. Start at the top, pressing firmly in a vertical motion and drying the squeegee with each stroke. This reduces streaks from wet lines forming at the squeegee's edge and limits drips.

7. Use a clean cloth to wipe only the corners and sill. If lint is a problem, use a coffee filter — they're lint free — to touch up these areas.

Some extra tips:

• Never leave a window unat-

tended, especially when children are present. Falls may result in serious injury or death.

• Swipe in only one direction, horizontal or vertical, on the inside of the house and the other direction on the outside. If you find streaks, you'll know which side needs touching up. Coffee filters are good for this, too.

• Change water often to limit or eliminate streaks.

• Tie a rope to your squeegee and secure it to the ladder or your belt in case you drop it.

• Clean windows on cloudy, dry days. Sunlight may dry the solution too quickly, making streaks more likely.

For more information on the care of windows, visit www.andersenwindows.com.

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REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Forum

GUEST COMMENTARY



Celebrating Our Freedom to Own Land

We've just celebrated the 4th of July — our reminder that we fought to separate from tyrannical governmental oversight. Our founding principles are embedded in the Declaration of Independence: "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the Pursuit of Happiness."

We sought freedom from England, a country with no written constitution ruled by a monarch where most land was aristocratically owned. Consequentially, one of our Constitution's core tenets was the belief that not only could any person own property, but that the government could not take that property nor dictate or limit any person's control over that property. Our Founding Fathers believed that liberty and property rights were enmeshed.

I believe our country's view on property rights has taken a few detours along the path to the 21st century. Governments now have the right to eminent domain, can impose CC&Rs (Covenants, Conditions, and Restrictions) and more.

One of the most disputed exercises of governmental authority over individual landowner's rights is the propagation of Rent Control. I can see both sides of the issue. I own residential income properties, both single-family homes and multi-family units, so I totally understand a landlord's position of owning property as an investment. I understand that most investors

want a good return on their investment and desire market-level rents. Owners are the ones who are taking all the risks by putting their resources on the line to provide housing for others.

On the other side, I understand that we have a local housing crisis.

I've encountered many struggling to locate affordable rentals. I agree that we need appropriate rents for those at every level of the economic scale. I'm aware of the problems that arise when lower income individuals are forced out of communities.

see LAND on page 10



Add Color, Shade

The first week in July is a good time to add color and shade to the yard. Look for bargains in hibiscus, gardenias, bougainvilleas, white and yellow marguerites, and patio trees in 5-gallon containers. Brighten up the midsummer months with flowering vines, such as trumpet vines in red, orange or lavender, star jasmine and Hall's honeysuckle.

Roses

Lightly prune, feed and water roses on a weekly or biweekly basis to encourage them to flower continuously into late fall. Trim faded blooms down to the first 5-part leaf or further to gently shape the plant. New blooms should appear in about three weeks.



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Land: Some are bailing out of the business

continued from previous page
nities in which they can no longer afford to live.

There must be more effective solutions. Governmental control of private owner's rights is not the answer and, in some ways, could be considered unconstitutional. Landlords, faced with escalating controls, see no incentive to continue or acquire additional properties. Some are bailing out of the business by converting their properties to condos.

It's a real problem and needs real solutions. Having just celebrated our freedom, it's critical to

remember that ALL have rights which must be protected at ALL levels.

Carl Medford is a licensed Re-

altor with Keller Williams Realty. This article is sponsored by the Central County Marketing Association at www.ccmgtoday.com.

Thirty-year Mortgage Hits 2017 Low

Long-term fixed mortgage rates dropped to new 2017 lows last week, according to Freddie Mac's nationwide survey.

The 30-year fixed-rate mortgage averaged 3.88 percent, down from 3.90 percent a week earlier. A year ago at this time, the 30-year FRM averaged 3.48 percent.

Fifteen-year fixed rates this week averaged 3.17 percent, the same as the prior week. A year ago at this time, the 15-year FRM averaged 2.78 percent.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.17 percent, up from 3.14 percent.

OPEN HOMES SATURDAY & SUNDAY JULY 8TH & 9TH



CITY	SAT	SUN	ADDRESS	PRICE	BDRMS/BATHS	REALTOR	AGENT	PHONE
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H	—	1-4	175 Mero Street	\$549,000	3/1.5	Re/Max Accord	Louise Lovewell	510-351-5555
O	2-4	2-4	78 Montell Street	N/A	2/1	Pacific Union Int.	Amy Robeson	510-828-3478

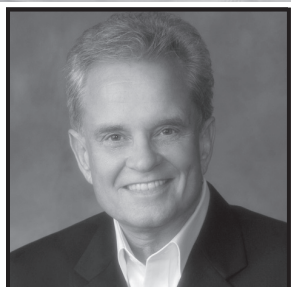
One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25. For more information and a listing form, call 614-1558. DEADLINE: TUESDAY AT NOON.

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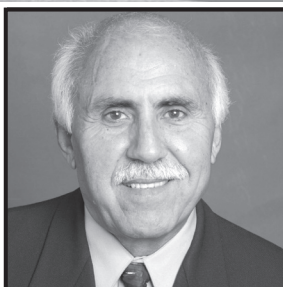
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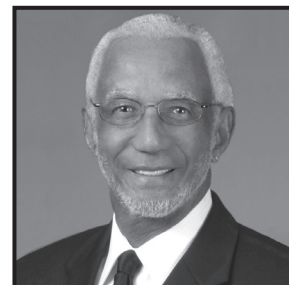
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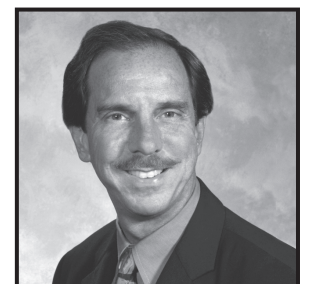
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Stone art cascade electric water fountain from Costco. \$45. Call 510-886-2946.

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sanleandrotimes.com or
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For help or for more info call
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All real estate advertised in the **CASTRO VALLEY FORUM** and **SAN LEANDRO TIMES** is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination because of race, color, religion, sex, handicap, marital status, national origin or intention to make any such preference, limitation or discrimination.

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HOROSCOPE by Salomé

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ARIES (March 21 - April 19): Be prepared to face some challenges stirred up by an envious colleague. Your best defense is the Arian's innate honesty. Stick with the truth, and you'll come out ahead.



TAURUS (April 20 - May 20): Your sensitivity to the needs of others is admirable. But be careful to avoid those who would take unfair advantage of your good nature, especially where money is involved.



GEMINI (May 21 - June 20): Having an optimistic attitude is fine, as far as it goes. But don't be lulled into a false sense of confidence. There still are problems to deal with before you can totally relax.



CANCER (June 21 - July 22): You might feel somewhat "crabby," as you fuss over plans that don't seem to work out. Maybe you're trying too hard. Ease up and let things happen without forcing them.



LEO (July 23 - August 22): Heed that keen Leonine instinct. It's trying to tell you to delay making a decision until you're sure there are no hidden problems that could cause trouble later on.



VIRGO (August 23 - Sept. 22): This is a good time to reach out to those who might be nursing hurt feelings over recent events. Best advice: Ignore any pettiness that could delay the healing process.



LIBRA (Sept. 23 - October 22): Your understanding helps a colleague get through a difficult period. Although you didn't do it for a reward, be assured that your actions will be repaid down the line.



SCORPIO (October 23 - November 21): You score some high marks in the workplace, which will count in your favor when you face the possibility of changing direction on your current career path.



SAGITTARIUS (Nov. 22 - Dec. 21): Your goal lies straight ahead. Stay focused on it and avoid distractions that could throw off your aim and cause potentially detrimental delays.



CAPRICORN (Dec. 22 - Jan. 19): Keep that burst of exuberance in check and resist pushing through your new project before it's ready. In your personal life, a family member again needs help.



AQUARIUS (Jan. 20 - Feb. 18): Paying attention to your work is important this week. But so are your relationships with those special people in your life. Make time for them as well.



PISCES (Feb. 19 - March 20): Good news. Someone is about to repay a long-standing debt. But be warned. That same someone could try to charm you into lending it back unless you say no and mean it.

LETTERS TO THE EDITOR

FREDZ@EBPUBLISHING.COM



'Stop Classifying People for Their Heritage'

Editor:

I agree very strongly with Kevin Welsh ("In Response to Nate Miley's Open Letter," *Letters*, June 28). As Mr. Welsh stated so well, "We are all Americans" when we become sworn citizens or are born in this great nation of ours!

We are not Swedish American, German American, or whatever some like to call us. I have many friends of Mexican heritage and they are American.

Let us stop classifying people for their heritage! I am proud that I have good friends from all walks of life! I can remember back to the late 1940s when I heard racial slurs for the first time. I could not understand why some spoke in such a manner.

We are what we are taught at home! Prejudice begins at home! It is what we hear from our parents. As youngsters growing up, we believe

what we hear our parents say is truthful. Sometimes it is just hate!
—Richard "Dick" Purdee, *Castro Valley*

Says 'MAC Should Step Aside'

Editor:

I have one thing to say to MAC: You should step aside and let people who can make a decision run MAC. Daughtrey building joke — oh another Halloween store this year.

You can't even make a decision on a cell tower that the church that owns the property says is not a problem. But let's let another hamburger place to move in, or an apartment complex.

I think there are kick backs because your interests are not the people's. Might as well call us "Little Tracy" — all we have is fast food. Put a truck stop up.

—Tom Mash, *Castro Valley*

LETTERS TO THE EDITOR must include writer's first and last names, phone number, city of residence, and must be under 300 words. Email Letters to: fredz@ebpublishing.com, or mail to: The Forum, P.O. Box 2897, Alameda, CA 94501.

Obituaries

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CASTRO VALLEY FORUM OBITUARIES may be faxed to 510-483-4209 or emailed to: obits@ebpublishing.com. Include a phone number. Brief notices are published free. Longer obituaries, including pictures, are available for a fee. For help, call Patrick Vadnais at 510-614-1558

GUST, Merritt Beldin
HOUSTON, Cornelius
PEEK, Barbara Manter

■ **HOUSTON, Cornelius** passed away on June 6, 2017 after complications related to a stroke. Cornelius was born in Berkeley on October 15, 1955.

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Barbara (Bobbie) Manter Peek

Barbara (Bobbie) Manter Peek passed away on Monday, June 26, 2017. A proud graduate of Hayward High School, class of 1943, she was a descendant of several pioneer families in the Hayward/Castro Valley area. Barbara was born on November 2, 1925, and lived in the Hayward/Castro Valley area all of her life.

She is survived by Thomas Peek, her husband of 70 years; her sons, Roy A. Peek and Ken S. Peek, and their respective wives, Gayla and Elizabeth; grandchildren, Christine Peek, Ben Peek, Scott Peek and Aaron Peek; and great-grandchild, Mackenzie Peek. She also is survived by her sister, Muriel Knickerbocker; and nephew, Chad Knickerbocker.

Bobbie served at Shoemaker Hospital during World War II, then worked as School Secretary at Burbank School while raising her family. During the 1960s and 1970s, she enjoyed her work in the library at Cal State University at Hayward, as it was known then. After retirement, Bobbie enjoyed volunteering for the Hayward Historical Society at the McConaghy House and at the Corner Store.

Bobbie loved gardening and tending to her vegetable patch. A loyal Giants fan, she attended games throughout the team's tenure in the Bay Area. Most of all, she enjoyed the out of doors — hiking, camping and waterskiing all over California and the West. She was a gracious hostess, a loving wife, mother and grandmother, a trustworthy friend, and a great role model.

Interment is at Lone Tree Cemetery. Memorial contributions in her name may be made to Stanford Cancer Center Palo Alto at stanfordmedicine@stanford.edu (650) 497-6410.



Merritt Beldin Gust

January 4, 1929 – June 9, 2017

Merritt Beldin Gust, 88, passed away peacefully on June 9, 2017 in Pleasanton. He was born in Leonard, North Dakota on January 4, 1929. After graduating from high school, he enlisted and spent 18 months in the United States Army. After his return, he attended North Dakota Science School in Wahpeton. Merritt then moved to Fargo, North Dakota, where he embarked on a career in sheet metal. In October 1951, he married his sweetheart, Margaret Haire, in Kent, Minnesota. The two lived in Fargo for five years whilst children Barbara and Tom were born. Merritt and his growing family then moved and settled in Sioux Falls, South Dakota for 18 years, where his children Joel, Jon and Dan were born.

In 1973, Merritt and Margaret moved the family to Castro Valley. He continued his career in sheet metal until 1985, and retired at the age of 56. After retiring, Merritt earned his contractor's license and he and Margaret built their own home in Castro Valley in 1990. After many years of family, travels and tinkering, Merritt suffered a stroke in October 2014. Soon after, he moved to Creekview Assisted Living while Margaret moved nearby to Stoneridge Retirement Community in Pleasanton.

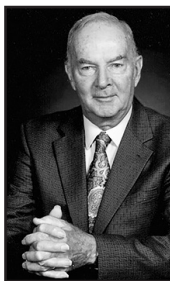
Merritt and Margaret traveled extensively, making numerous trips to Europe, Canada and Mexico, in addition to all 50 states. They were active members of Transfiguration Catholic Church for more than 40 years. Merritt and Margaret were married for an astounding 66 years!

Merritt is survived by his beloved wife, Margaret; his sons, Tom, Joel (Shelly), Jon (Nancy) and Dan (Lori); his grandchildren, Brian (Jessica), Andrew, Scott, Jon Jr., Daren and Matthew; and step-grandchild, Jeffrey. Merritt was looking forward to the arrival of his first great-grandchild (Brian and Jessica) in October.

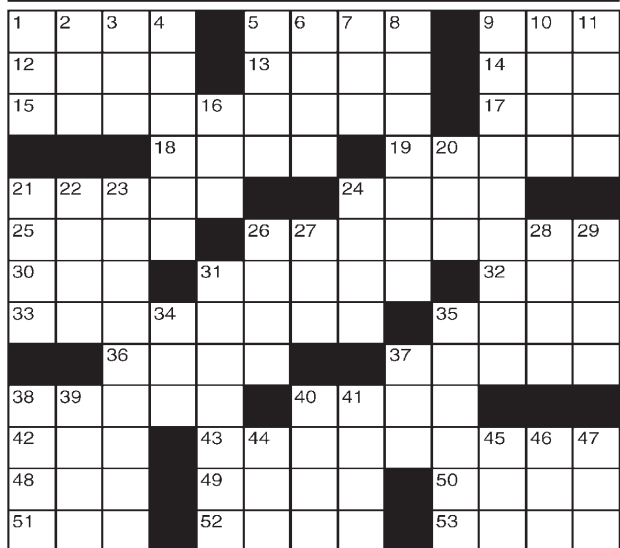
Merritt is preceded in death by his parents, Henry and Gena Gust; his daughter, Barbara; and brother, Duane.

A Mass will be held at Transfiguration Catholic Church in Castro Valley on Wednesday, July 12, at 10:30 a.m. A reception will follow. Interment will be private at Holy Sepulchre Cemetery in Hayward.

In lieu of flowers, memorial donations may be directed to: Hope Hospice, 6377 Clark Ave., Suite 100, Dublin, CA 94568 or Society of St. Vincent de Paul.



THE FORUM CROSSWORD



ACROSS

- Finished
- Western state
- Netflix rental
- Tragic
- Mexican money
- Debtor's letters
- Doctor's determination
- Beer cousin
- Family member
- Hides
- Contribute to the mix
- "Galloping dominoes"
- Destroy
- Proud birds
- Alias (abbr.)
- "No man is an island" writer
- Cravat
- Maryland city
- Ill will
- Wedding shower?
- Breakfast side dish
- Part of Hispaniola
- Tolerate
- Recede
- Vibrating part of a microphone
- Honest politician
- Rim
- Always
- ___ Moines
- American Beauty, e.g.
- Allows

DOWN

- Peculiar
- Half of XIV
- Historic period
- Get back
- "Once ___ a time ..."
- Examination
- "___ was saying, ..."
- Monastery lodging
- Science of logic
- Chevrolet model
- Union payment
- Sister
- "Foucault's Pendulum" author
- Bedouin
- Noble title
- Bitter speeches
- Carvey or Delany
- Sit for a shot
- Conclusion
- Narc's measure
- Spotted
- Tie-breaking game, e.g.
- Smack
- Keg
- "Humbug!"
- Leader
- French cleric
- Luggage
- Duel tool
- Altar affirmative
- Rd.
- Understand
- Wife's address

ANSWERS ON PAGE 5



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BART PHOTOS

All 669 BART cars now have working security cameras on board. At right, BART technician Jay Clemons installs one of the final cameras last Wednesday. Above, images from each of the four cameras in every BART car are digitally recorded. Any rider who witnesses a crime should take note of their car's number (posted above the end doors of each car) to enable investigators to quickly track down the video associated with that criminal occurrence.



All BART Cars Now Equipped With Working Cameras, DVRs

Last week, BART technicians installed cameras on the last of its 669 rail cars, bolstering the system's security network which includes cameras on platforms, inside and outside stations, and on police officers themselves.

Now, every car has four cameras on board that are linked to digital recording devices which can provide high quality on-board images.

"These cameras will be an effective tool for solving crimes that occur on the BART system by helping investigators to identify suspects," said BART Police Chief Carlos Rojas. "The devices will

also serve as a deterrent to prevent some crimes from ever occurring in the first place."

The cameras have a useful life of six to seven years. That coincides with the time it will take for the aging train cars to be retired from service as BART welcomes its "Fleet of the Future." The incoming fleet has been designed with built-in cameras.

BART's Board of Directors approved the contracts to purchase the cameras, recorders, and housing units last August after testing various models. The full cost of the project including labor was \$1.42 million with the money

coming from BART's operating budget.

The original in-train camera deployment included a mix of real and decoy cameras that were installed in the late '90s and early 2000s to discourage vandalism.

With every BART car outfitted with a working camera, any rider who becomes the victim of a crime should take note of the number of the car they were in. That number is posted above the end doors of each car. Having that number will make it much easier for investigators to track down the video associated with any report of criminal activity.

Seniors: Safety Devices for Older Cars

continued from page 7

For extra safety, you may also want to consider a collision warning/lane departure device for your dad's vehicle like the Mobileye 630. This is a smart camera that attaches to the windshield and will alert your dad if he speeds, drifts out of his lane, gets too close to the car in front of him, or gets too close to a pedestrian or cyclist.

Sold only through retailers (see Mobileye.com/en-us/find-a-retailer), this device can be purchased and installed by a Mobileye-certified technician for around \$1,100.

If you're interested in something a little less expensive, there are also dashboard cameras that can double as collision warning systems. Garmin's Dash Cam 35 (\$129, Amazon.com), for example, monitors up to 130 feet in front of the vehicle, so if your dad is going 30 mph or faster, it will issue audio and visual alerts of impending collisions.

Another product that can help keep your dad safe in emergency situations is the Hum (Hum.com).

This nifty device will automatically call emergency services if your dad has been in an accident. It also sends alerts to drivers' phones if there's a mechanical problem and lets driver's press a button if they need roadside assistance.

Hum works in cars built in 1996 or later, and costs \$10 per month with two-year required subscription, and one-time set-up and activation fees totaling \$50.

Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

Medicare: New Cards Debut Next Year

continued from page 7

If your Medicare card does happen to get lost or stolen, you can replace it by calling Social Security at 800-772-1213 or contact your local Social Security office.

You can also request a card online at SSA.gov/MyAccount. Your card will arrive in the mail in about 30 days.

If your Medicare card that contains your SSN gets lost or stolen, you'll need to watch out for

Medicare fraud. You can do this by checking your quarterly Medicare summary notices for services or supplies you did not receive. You can also check your Medicare claims early online at MyMedicare.gov (you'll need to create an account first), or by calling Medicare at 800-633-4227.

If you spot anything suspicious or wrong, call the Inspector General's fraud hotline at 800-447-8477.

Also, watch for other signs

of identity theft. For example, if someone uses your Social Security number to obtain credit, loans, telephone accounts, or other goods and services, report it immediately to the Federal Trade Commission at IdentityTheft.gov (or 877-438-4338). This site will also give you specific steps you'll need to take to handle this problem.

Send questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org.



CANYON MIDDLE SCHOOL
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From 8:00 a.m. to 2:00 p.m.

Event is free to Alameda County residents! Bring photo ID. 125 lb./15 gallon limit per resident. www.cvsan.org/hhw

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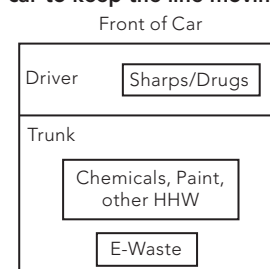
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Comment on the Proposal Designs for the Community Identifier Project in Castro Valley!

View the proposals online or in-person and submit your comments!
Don't miss this opportunity! Comment period closes August 27th!
Your input is very important!

The Community Identifier Project involves designing and hand-painting the name of the community along with other simple design elements on freeway overpasses in Castro Valley, San Lorenzo and Ashland/Cherryland.

Castro Valley Proposal Display (Castro Valley proposals only)

June 26 - July 26: Castro Valley Library, 3600 Norbridge Ave, Castro Valley
Hours: Sun 1-5pm, Mon & Tues 12-8pm, Wed & Thurs 10am-6pm, Sat 10am-5pm.
Closed Fridays and July 4.

ONLINE - View all of the Proposals and Submit Your Comments

Now through August 27, view the proposals for all 3 sites and submit comments online at: bit.ly/CIPProjectsPD

For more information, visit: Alameda County Arts Commission at www.acgov.org/arts ("What's New")

CASTRO VALLEY SANITARY DISTRICT

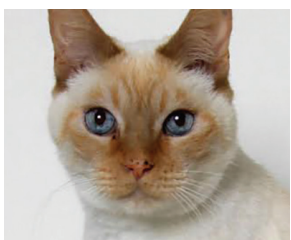
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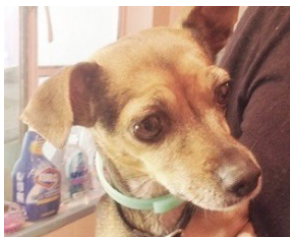
ADOPT-A-PET



SNOWBALL is a 10 years young Siamese mix who's very affectionate and a total lap kitty. Look into his gorgeous blue eyes and fall in love! Info: Hayward Animal Shelter. (510) 293-7200.



THUMBELINA is a sweet and social 2 year old gal. Although she had a rough start in life, she still has a gentle and sunny disposition. Info: Hayward Animal Shelter. (510) 293-7200.



TINY Tiny is a sweet little dog who appears to be a Chihuahua mixed possibly with Dachshund. She is about 6 years old and weighs about 10 lbs. For more, visit: dustypawsrescue.org



ALISTAIR is a smart, inquisitive Dachshund mix. He is most likely around 2 years old and weighs 17 lbs. He is house trained and good in the home. Visit: dustypawsrescue.org

Ahern: Town Hall Meeting

continued from front page

A moderator asked the crowd not to shout and to be respectful, to which one man responded, "Why the hell should we be respectful, he (Ahern) is ripping families apart?"

During public comments, one woman took the podium to present Ahern with the "Adolf Eichmann Award for leadership in the field of deportation of undesirables."

She then announced that President Trump was on hand to give Ahern the award and a man in Trump Halloween mask approached the sheriff but was quickly escorted outside.

One of the speakers was Leo West, who quickly had the crowd on his side when he began speaking. West has an accent and the crowd assumed that he would be saying something in favor of undocumented immigrants. Instead he said, "People are here supporting criminals. That can't be tolerated. Jobs for U.S. workers, not illegal scabs."

The crowd then booed West nearly as vigorously as they did Ahern.



PHOTOS BY FRED ZEHLER

The Southern Pacific passenger and freight depot, built in 1898, houses the San Leandro Historical Railway Society and its model train museum. The depot was moved to its present location on Orchard Ave. after being saved when it was purchased for \$1 by the society.

Big Crowd at Model Train Show

Hundreds of model railroad fans packed the historic Southern Pacific Depot in San Leandro all day Saturday for the Fourth of July Model Train Show.

And there was plenty to see to delight young and old alike – dozens of miniature G-gauge, O-scale and smaller HO scale trains, all operating in realistic early-20th Century settings.

The event was sponsored by the San Leandro Historical Railway Society who accepted donations for their continuing efforts to restore, preserve, and maintain the old Davis Street passenger and freight depot.

The Society is housed in the depot, which was built in 1898 by the Southern Pacific Railroad, replacing the original depot built by the Central Pacific Railroad in 1865.

Officially opened in June of 1898, the Depot contributed to the agricultural and industrial growth of San Leandro and the surrounding area.

It was in use as a passenger facility briefly before the Second World War, when the passenger agency was closed down as a "non-essential service."

The Depot was downgraded and used as a break facility for switch crews working the San Leandro area through the 1960s.

A local group of railroad enthusiasts saved the Depot from demolition by purchasing it for \$1.00 in 1988 and negotiating a lease with San Leandro to house it in Thrasher Park.

Later that year, the building made the short journey to its current site at 1302 Orchard Ave. and work began on its restoration. In



Trains were a fascination to all ages (above) during Saturday's Model Train show in San Leandro, where dozens of scale models operated throughout the day. A passenger train (below) rumbles through a small California town, accurate in its tiniest detail.



June, 1989, the museum and Depot were officially reopened to the public by the newly incorporated San Leandro Historical Railway Society. At that time the building was also designated a San Leandro Historical Site and has a bronze

plate affixed to the front of the building.

For more on events and visiting hours, or to contribute to the non-profit society, visit: slhrs.org which supplied the historical background information for this article.

Three Waste Management Drivers Honored

Castro Valley Sanitary District hosted its biannual Waste Management of Alameda County Driver Appreciation Breakfast and Awards Ceremony at Waste Management's offices in Oakland on June 21.

Driver Michael Alarid was recognized for Fewest Missed Pick-Ups on his Recycling Route for the past six months.

Driver Darren Woods was recognized for Outstanding Customer Service for his Garbage Route.

Driver Jesus Loza was recognized for Excellent Cart Handler (fewest Carts Down and Lids Open) on his Recycling Route.

All Waste Management drivers and staff were thanked for their services.

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