

Elks



Tracks

West Covina Elks Lodge #1996

841 W. Merced Ave., West Covina, CA 91790



WEST COVINA ELKS LODGE #1996

ELKS OF THE YEAR

ARE SPONSORING THE

JULY 4TH, 2021

INDEPENDENCE DAY BREAKFAST

AT THE

WEST COVINA LODGE

841 W. MERCED AVE.

WEST COVINA, CA. 91790

PANCAKES, SCRAMBLED EGGS,
SAUSAGE, COFFEE, JUICE, MILK, WATER

8:00 AM - 12:00 NOON

DONATION \$5.00

LOUNGE WILL BE OPEN

LODGE OFFICE: (626) 962-0113

West Covina Elks Lodge

"WELCOME BACK TO YOUR LODGE FUNDRAISER"

Help US get up and running. Come and enjoy a night with your friends and great music. Music by Rhythm Jukeboxx 8pm-12am and DJ Cesar 6pm-8pm. All proceeds will go to reopening our lodge. Tickets only \$15.00. Bring your own feasts. (BYOF) and celebrate your July birthdays here at the lodge.



RHYTHM JUKEBOXX

Sat. 07.10.21

DOORS OPEN: 6pm

START SHOW: 8pm

841 W. Merced Ave West Covina

For Tickets Contact Lodge Officers or Sandie (626) 675-6565

Come Join Us Every Friday Night For Dining & Dancing in The Lounge.

Pre-paid Dinner Reservations a must.

~July Friday Menu~

July 2nd - Ribs or Salmon

July 9th - New York Steak or Chicken

July 16th - Pork Chops or Salmon

July 23rd - Ribeye Steak or Chicken

July 30th Steak and Lobster or Chicken

Lodge Office (626) 962-0113

WEST COVINA ELKS LODGE #1996

Committee Chairman 2021 - 2022

Accident Prevention Manager	Angel Vasquez	909-210-3707
Activities Reports	Robert Leon	909-227-7935
Alternate Delegate PER	Robert Hollis-Brau PDDGER	909-622-9861
Americanism	Julie Walker	626-222-2935
Audio/Lighting	VACANT	
Auditor	Robert Burke	626-209-5660
Bingo	VACANT	
BLT	Judith Lumbreras, PAVP	626-587-6489
Charity/Major Project	Vivian Salinas	562-298-3247
Christmas Tree Lane	John Kemp	626-963-3921
Community Public Relations	Robert Leon	909-227-7935
Crab Crack	Ben Ortega, DDGER	626-926-4046
Crab Crack	Mike Salazar, PER	626-827-6700
Cribbage Club	VACANT	
Drug Awareness	William Garcia	323-707-2862
Elks National Foundation	Robert Hollis-Brau PDDGER	909-622-9861
Elks Memorial Service	Charlene Rasmussen	626-622-8485
Flag Day	Kelli Ishikawa	626-893-9756
Funeral Service	Michael Salazar, PER	626-827-6700
Grants Coordinators	Dee Varela	626-705-2763
Grants Coordinators	Veronica Aslan	323-646-3317
Greeters	Christina Carter	626-646-3490
Government Relations	Maria Ortega	626-806-7003
Hoop Shoot	Julie Walker	626-222-2935
House Rules	Chuck Dalool, PER	626-332-6945
Indoctrination	Michael Salazar, PER	626-827-6700
Investigations	Michael Salazar, PER	626-827-6700
Lapsation/Membership	Dee Varela	626-705-2763
Laughlin Trip	Ben Ortega, PER	626-926-4046
Co-Chairman	Joanna Howard	909-392-2685
Lodge Activities	Robert Leon	909-227-7935
Mail Out	Chuck Dalool, PER	626-332-6945
Major Project	Vivian Salinas	562-298-3247
Major Project 50/50	Robert Burke	626-209-5660
Mediator	Ben Ortega, PDDGER	626-926-4046
Membership/Lapsation	Dee Varela	626-705-2763
Mobile Pancake Maker	Vince McCauley	626-422-2812
Mothers Day	Charlene Rasmussen	626-622-8485
Newsletter Editors	Ben Ortega	626-926-4046
New Years Eve	Ben Ortega, PDDGER	626-926-4046
Paper & Cans	Chuck Sawyer	909-599-4890
PER Association Pres.	Robert Hollis-Brau PDDGER	909-622-9861
Photographer	Robert Leon	909-227-7935
Presiding Justice	Michael Salazar, PER	626-827-6700
Public Relations	Robert Leon	909-227-7935
Ritual Coach	Rick Dana PER	626-484-4165
Asst: Ritual Coach	Chuck Dalool PER	626-332-6945
Roamin Elks	Bill Zeason	951-903-4192
Saturday Night Entertainment	Sandie Sesanto	626-675-6565
Scholarships	Michael Salazar, PER	626-827-6700
Scouting Boys/Girls	Don & Patricia Best	626-272-5799
Sickness & Distress	Vivian Salinas	562-298-3247
Super Bowl	Robert Burke	626-209-5660
Veterans	Chris Abeyta	626-482-5182
Volunteers	Vivian Salinas	562-298-3247
Web Site Webmaster	Ben Ortega, PDDGER	626-926-4046
Youth Activities	Ben Ortega PDDGER	626-926-4046



Elks Tracks Newsletter

NonProfit Bulletin Published monthly by
West Covina Elks Lodge No. 1996
841 W. Merced Ave., West Covina Ca. 91790
Lodge Lounge(626) 338-8111
Lodge Office: (626) 962-0113

Lodge Office Hours
Tuesday through Friday. 10:00am-5:00pm

Lodge Office Email:
1996wcelks@gmail.com

Hall Rental & Lease Info:
O(626) 962-0113
FAX: (626) 960-3512
The Elks Lodge Website is:
www.westcovinaelks.org

2021-2022 LODGE OFFICERS

Exalted Ruler	Dannie Parker	818-371-5232
Leading Knight	Vivian Salinas	562-298-3247
Loyal Knight	Ben Ortega	626-926-4046
Lecturing Knight	Christina Carter	626-646-3490
Treasurer	Veronica Aslan	323-646-3317
Secretary	Dee Varela	626-705-2763

LODGE TRUSTEES

1st Year	Joe Chavez	213-500-3216
2nd Year	Gerardo Pompa	626-674-7364
3rd Year	George Alcala	626-472-3485
4th Year	Lucy Ibarra	626-485-3624
5th year	Angel Vasquez	909-210-3707

APPOINTED OFFICERS

Esquire	Michael Salazar	626-827-6700
Chaplain	Charlene Rasmussen	626-622-8485
Inner Guard	Kelli Ishikawa	626-893-9756
Organist	VACANT	
Tiler	Keith Kelley	

2020-2021 HONORED ELKS

Elk of the Year - Veronica Aslan
Tall Elk - Robert Burke
Officer of the Year - Joe Chavez
Citizen of the Year - Becky Castillo
Spirit of Elkdon - Wanda Horton/Cheryl Grimm
Shirley & Dan Parker
Exalted Ruler Award - Vivian Salinas





Hello once again to all of our Elks brothers and sisters,

I want to say how much I appreciate the efforts and response from all of our volunteers who helped us have some successful events so far this year. We have started having dinners every Friday night now on a reservation prepaid basis and will continue with this for now. This process helps us to order what we need and not over purchase and overstock. With the restrictions being lifted we are now able to put barstools back at the bar so people can come in and just have a drink if they want. Friday night we will have music and dancing so we can start getting back to normal. We are going to try a happy hour on Friday from 4 to 6 with discount on tap beer, bottle beer and one specialty drink to be determined by our bartender.

I want to say a big thank you to all of our members who have paid their dues for this coming year. I know there are some members who have not been able to pay their dues yet for this year. I just want to let you know that we really appreciate you and would love to have you come back in pay your dues and help us make this a very successful Lodge.

In late June we just started doing karaoke on Wednesday nights again. On June 15th we had a beautiful Flag Day ceremony. Kelli Ishikawa did a wonderful job setting that up. Our core of officers did a wonderful job. Dana played the music and videos for us, the Color-Gaurd, the Boy Scouts and Girl Scouts all helped to make it a great event. All of the volunteers helped make it a very beautiful and successful event.

Dan Parker, Exalted Ruler

Leading Knights Station

HAPPY 4TH OF JULY
Members,

Please come and join us in the send-off celebration on Friday July 2nd at 6pm in the Elk Cove to wish our Exalted Ruler, Dan Parker and 1st Lady Shirley for a wonderful trip to Tampa for this year's convention.

Hope everyone was able to make it to the pancake breakfast we held here at the lodge on the 4th of July. Everyone who was able to join us had a great meal! We continue to have Friday night dinners and would like to expand to Saturday's and other nights also but to do so we need your help. We can make these events happen with VOLUNTEERS. Come out and help once a month and see old friends and meet new ones. We have summer events being planned to include music so Please call me to VOLUNTEER.

I would like to thank everyone for turning in their Purple Pigs. Please keep them coming in. If you need a new pig please see me on Tuesday and I will get you one, or just come in to the office and they will gladly provide one for you.

Let's remember to keep our members who are ill or unable to come out at this time in our prayers. Some would appreciate a phone call or text to say hello.

I look forward to seeing everyone.

Thank you,
Vivian Salinas
Leading Knight

Loyal Knights Station

Members and Friends,

Both Terry and I wish you a Happy 4th of July. This year we are having our Annual Elks of the Year Independence Day Breakfast at the West Covina Lodge in the comfort of our main hall. For a donation of \$5.00 you'll get a pretty nice breakfast so we hope that you support our Lodge for this annual event. It was normally at Hurst Ranch but this year we are back home in our Lodge, so spread the word.

Well Exalted Ruler Dan Parker, First Lady Shirley, are heading to Tampa Bay, Florida for our annual Grand Lodge (National) Convention July 4th - 7th. Please join us on July 2nd for the Exalted Rulers Bon Voyage Party as we send Dan & Shirley off to Tampa. the party is 6-9PM in the Elkove.

Members we welcome the return of Karaoke on Wednesday evenings 6-10PM. Our calendar is starting to fill up with new events and dinners however we must operate responsibly and within our means. The Summer months are amoung us and the utility bills will be spikeing at 4, 5, \$6,000.00 dollars monthly therefore we must be responsible and work together to keep our cost down. Your support and participation along with keeping our labor and food cost down is crucial to our sustainability.

If you have a team and would like to throw on a dinner on Saturdays or simply volunteer your time please contact Vivian Salinas our Leading Knight. (562) 298-3247

Be Safe, Stay Healthy and
May God Bless You!

Ben Ortega, PDDGER
Loyal Knight

Lecturing Knights Station

We are now entering the middle of the year, July 2021 with a big bang. It's Hot! Summer has arrived and we are ready to shake up this summer. Elk's 1996 Lodge is reopening. Our Exalted Ruler, Dan Parker, has made it possible for our lodge to reopen, as we assist him by volunteering, cleaning up tables and chairs, restrooms, and sanitizing. We appreciate his leadership. Thank you Dan! Teamwork is what we have. We all have put in our share of time of volunteering to make sure our events are a great success.

We are having Friday night dinners. Saturday events are rolling in and are being booked and we are ready to celebrate. Don't forget we are having a 4th of July Breakfast. Let's start off the morning with a great breakfast!

Being an elk is showing me how important our American Flag is, and to support our veterans.

Please everyone, keep washing your hands and wear a mask if it makes you feel safe. I would like to wish you a beautiful and safe 4th of July. See you all soon.

Christina Carter
Lecturing Knight

In MEMORIUM

The Faults Of Our Members We Write Upon The Sands, Their Virtues Upon The Tablets Of Love And Memory....

Terry C. Mace

Member No. 5409

Born: August 26, 1942

Initiated: October 20, 1987

Passed Away: June 7, 2021

Pete Ramirez

Member No. 7248

Born: August 7, 1940

Initiated: November 22, 2016

Passed Away: May 29, 2021

Memorial Services July 5th, 2021
at West Covina Elks Lodge

Fill your Piggy banks up & bring 'em in!
California-Hawaii Elks - Major Project, Inc.
Helping Children Since 1950
Ask About Reccuring Donations!
All Major Project "Purple Pig" Donations are
100% Tax Deductable
Donors for June, 2021

Carmen Gabaldon



LOCAL SCOUTS WILL LOVE SOME PRAISE

By Michael T. Ohren

Committee Member, Scouting Coordinator

For more than a century, the Boy Scouts and Girl Scouts of America have combined leadership skills and educational activities to shape our nation's future leaders and set them up for a lifetime of success.

Each year, hundreds of our future leaders are honored with either the Boy Scouting Eagle Scout Award or Girl Scout Gold Award. These are the two most distinguished awards in Scouting and are the most difficult to earn. However, over this past year COVID-19 has restricted a great number of troops in obtaining these awards. I encourage you to contact your local scouting council to see if your Lodge could assist troop members with a project which will help them get either of these awards.

The Scouts Law states "A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent." As we work through COVID-19 restrictions, we as Elks should be ready to assist troop members in obtaining their goals. Your Lodge can do this by working with your local Scouting councils, which can provide you with many ideas to support the troops in your community and reach their scouting goals. This support could be as little as a safe meeting place or a project in which they can obtain scouting badges or scouting awards.

Lodges can help their local Scouts by donating their facilities for special events, such as hosting the Cub Scout Pinewood Derby, Father/Daughter dance, Mother/Daughter brunch, Arrow of Light Ceremony, Eagle Scout Court of Honor, or Girl Scouts Gold and Silver Award Ceremony.

Save The Date!

Saturday August 7, 2021

BACK BY POPULAR DEMAND

Yesterday's Dream

Band plays 8pm - 12am



West Covina Elks Lodge
841 W. Merced Ave., West Covina, Ca 91790
(626) 962-0113

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**MORE DETAILS PRICE INFORMATION FOR YESTERDAYS
DREAM EVENT IN THE AUGUST NEWSLETTER, YOU CAN
ALSO CHECK WWW.WESTCOVINAELKS.ORG**

PAST EXALTED RULERS

Ralph Gaither* 1956-57
 Hugh M. Bagley* 1957-58
 William T. Tanking* 1958-59
 Albert E. Lindbeck* 1959-60
 James R. Yost*, Jr. 1960-61
 James L. Morgan* 1961-62
 Harold Z. Dobbs* 1962-63
 Laurence R. Tillman* 1963-64
 Enrico (Hank) Salvo* 1964-65
 Thomas E. Curtis 1965-66
 Jack Cleveland* 1966-67
 J. Paul Studer* 1967-68
 Roy Williams, Jr.* 1968-69
 Raiden V. Peterson* 1969-70
 Donald M. Huff 1970-71
 Albert D. Davis* 1971-72
 Milo G. Summerhays* 1972-73
 Robert E. Carlson *1973-74
 H. Richard Harbert* 1974-75
 James J. Andert* 1975-76
 Anthony R. Mickols* 1976-77
 John Asmundson 1977-78
 James E. Smith* 1978-79
 Larry Henderson* 1979-80
 Frank Rehor* 1980-81
 Carl Mou 1981-82
 Richard Marble* 1981-82
 Robert E. Gubrud 1982-83
 James Moseley* 1982-83
 Al Putman* 1983-84
 Dick Delauder *1983-84
 Manny Zamudio* 1984-85
 William Heller* 1984-85
 Art Willard* 1985-86
 Renee LaRose* 1986-87
 Fidel Nieto Jr.* 1986-87
 Charles Dalool 1987-88, 2011-12
 Michael Sirchia 1987-88
 Walt Doran* 1988-89
 David La Sage* 1988-89
 Bob Hollis-Brau 1989-90
 Jerry Kober 1989-90
 Ernie Gilbert 1990-91
 Pat Shea* 1990-91
 Ron Conger* 1991-92
 Dave Southard* 1991-92
 Gary Holmes* 1992-93
 Roy Simes 1992-93
 Bob Schachner* 1993-94
 WM Ziegenbein *1993-94
 Rick Dana 1994-95
 Matt Jessup 1994-95
 Roy Long* 1995-96
 Tim LaMarca 1995-96
 Ed Lima* 1996-97
 Bernie Auld* 1997-98
 Benjamin L. Ortega 1998-99, 2012-13, 13-14
 Vern Campion* 1999-00
 George Lunsford *2000-01
 Phil Hawkins 2001-02
 Don McMahon* 2002-03
 Scott Matthews 2003-04
 Ralph Garcia 2004-05
 Willie Koskela 2005-06
 Juan Diaz 2006-07
 Lisa Ryken* 2007-08
 Patricia Gilliland 2008-09
 Michael J. Salazar, Jr. PER 2009-10-11, 18-19
 Judith Lumbreras 2014-15
 Mario Arellano 2016-2017
 Dana Williams 2015-16, 17-18, 19-20
 Sandra Mendoza* 2018-19
 William Salinas 2020-2021

By Affiliation: Judge Al Miller*, Orville Miller,
 Robert Cortez*, Joe Lozier, Frank Berry PER,
 Jess Nelms, Charles Lein
 (*Deceased)

Propositions For Membership / Affiliation / Transfers Demits / Reinstatements / Life Membership

PROPOSER	APPLICANT	TRANSFER DEMIT
Joe Chavez	Carlos A. Virgen	
Joe Chavez	Angelica Virgen	
William J. Zeason Jr.	Rhonda Lynn Henry	
William J. Zeason Jr.	Tanya Michelle Szemes	
Robert Leon	Martha Gamboa	
Tony Pelaez	John W. McCormick	
Hank Loyola	Helen M. Genis	

Sickness and Distress

Danny Hughes had heart bypass surgery. He is doing well.
Collette Lewis as been in and out of the hospital these last few months. Please keep her in our prayers.
Pat Bryant is still dealing with Covid after effects. Keep her in our prayers.
Esther Agnes Piel will be having Cataract removal and lens implant. She cannot drive and will be staying home for now.
Gary Lawson fell and fractured bones in his back. He is home recovering.
Don Holtz's wife, Sharon passed away on Tuesday, June 22, 2021.
Jay Lindsay had surgery to remove a mass from the colon. Pray that it is not cancerous.
Ron Brockman a member from Lake Havasu was in emergency with pain. He has been staying in our RV area and is back recooperating. Please keep our members and their families in your prayers. If you know of any member who is ill, please notify the office
 (626) 962-0113

Net new Members with online invites

Has your Lodge promoted the online Membership application for signing up new Members?

A current paid-up Member of the Order, using the Elks website, can forward a membership invitation to family and friends. Invitees can complete and submit the application online.

GRAND SECRETARY
 Bryan R. Klatt

Lodge Secretaries will be notified of these applications via the "Alerts" screen of CLMS2, then can process the electronic version the same as a paper application. All data provided by the applicant will be imported into the Lodge's CLMS2 database with the simple click of a button.

What better way to gain a Member than by using technology to its fullest?

Grow
Elkdom

IMPORTANT NOTICE FOR RV'ers



**DUE TO THE UPCOMING
 CAR SHOW's in JULY**
**All RV's Will have to leave
 the Lodge Parking Lot
 by 5:00 AM Saturday July
 17th and Sunday July
 25th. RV'ers May return
 after 6:00 PM those days.**
**We Apologize
 for this inconvenience**

Bon Voyage

Party

Please join us

Friday July 2nd, 2021 6:00PM

In The Elkové

as we send

Exalted Ruler Dan Parker &

First Lady Shirley Parker

off to Tampa Bay, Florida for

Grand Lodge Convention

Contact Vivian Salinas for Information (562) 298-3247



KARAOKE
WEST COVINA ELKS LODGE
KARAOKE IS BACK!

EVERY WEDNESDAY
6:00 PM TO 10:00 PM

LOUNGE OPENS AT 4:00 PM WITH
BEVERAGE SPECIALS

FOOD WILL BE AVAILABLE
HAMBURGER OR 2 HOTDOGS & BAG OF CHIPS \$8.00

THEREFORE NO OUTSIDE FOOD PERMITTED
LODGE OFFICE (626) 962-0113
LOUNGE (626) 338-8111



Jaime Aragon	1
Ronald Henderson	1
Lynn Loufek	2
Susan Luna	2
Gerardo Macias	2
John Gourley	3
Alicia Avalos	4
Eric Grijalva	5
Richard Pedersen	6
Cynthia Yates	6
Andy Rodriguez	7
Will Valdez	7
Javier Alvarez	8
Erlinda Martus	8
Carmen Aguilar	9
Amparo Madrigal	9
David Northrup	9
Dannie Parker	10
Richard Staples	10
Christine Costantino	12
Roberta Lindsay	12
Livier Becerra	13
Lawrence Howard	13
Donald Navarrette	13
Sara Varela	13
Stephanie Norman	14
Carmen Gabaldon	16
Francisco Briseno	18
Howard Letzkus	18
Wilbur Clark	19
Richard Howard	19
Teresa Gonzalez	20
Christina Berumen	20
Daniel Romo	22
Diana Casato	24
Raul Martinez Jr.	26
Asher Cordes Jr.	28
Donald Huff, PDDGER	28
Michael Olin	28
Joel Andrews	29
George Alcala	30
Robert Hollis-Brau, PDDGER	30
Anthony Maddox	31

West Covina Elks Veterans Corner

West Covina Elks #1996
Veterans Committee



We are now shopping and planning our events of deliveries for the Veterans at Palo Verde housing facility. With the Focus Grant Funding.... first event is scheduled for July 10, 2021, from 2:00 PM to 5:00 PM., serving pizza and salad and drinks. Delivery will consist of Pots/Pans, Cooking Sheets and Stove Top Utensils and possible undergarments once we receive proper sizing. Activity will be Bingo for this event. Music entertainment provided by our very own PER Dana Williams. Next event will be August 21, 2021...with BBQ Hamburgers and Hot Dogs, chips, drinks, also 2:00 PM to 5:00 PM. Volunteers are welcome call Linda Abeyta (626) 482-5183. Just come out and shake these Veterans hands. October and November dates TBD.

Team AmVets have been busy delivering our last year's Welcome Home Baskets. Great partnership!

We also donated a check in the amount of \$250.00 to Erik Baney, Son of a Veteran from Palo Verde that has left to Basic Training going into the National Guard. He needed to purchase supplies on his own in case of another Covid 19 outbreak and could be quarantined from 14 to 38 Days. Funding \$125.00 from Veterans Account and \$125.00 from 2 very generous Elk Members. Thank You!

Soon we will continue again with this year's Welcome Home Baskets with our Partners Team AmVets.

As always, we are blessed to serve our Veterans and fulfill their needs. Thank you to ENF for the Grants providing the funding and thank you to all our volunteers.

God Bless our Veterans and keep our active Soldiers safe.... Thank you for your Service.

Sincerely
Chris Abeyta
WC Elks/District Chair
Committee Members
Linda Abeyta
Kelli Ishikawa
Lucy Ibarra
Angel Vasquez
Robert Hollis-Brau
Keith Kelley
Mike and Beth Zook
Dana Williams



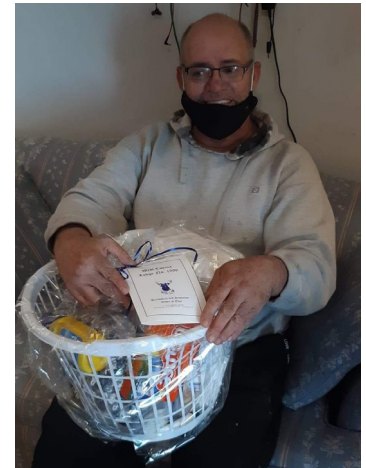
*Land of the free
because of the brave*

Veteran John Lee Norman (USMC) pictured on right receiving his Welcome Home Basket.

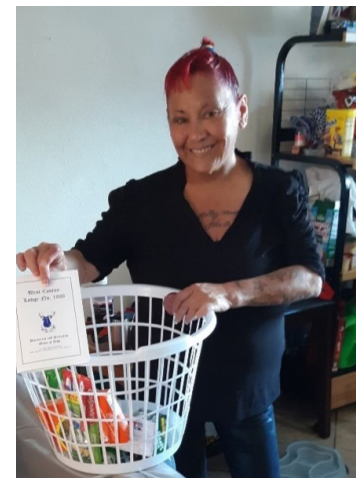
Others receiving Welcome Home Baskets not pictured here were:
Patrick Bryan (US Navy & USMC)
Don Deberry US Army 10 Years



Veteran Jose Gutierrez (USMC)



Veteran David Allen (US Air Force) receiving Welcome Home Basket



This delivery was for Veteran John Burton (US Navy) 17 years his wife Melinda Burton accepted the Welcome Home Basket for John.

WEST COVINA ELKS #1996
EXALTED RULER DAN PARKER
PROUDLY ACKNOWLEDGES



TERRY ORTEGA
ELK OF THE MONTH
FOR JUNE 2021



I wish to thank all the volunteers, Valley Veterans Honor Guard, Boy Scouts and Girl Scout Troops that participated in the Flag Day ceremony again this year. I also wish to thank all the Officers and members for their support and participation. We look forward to next years Flag Day ceremony.

Again Thank You,

Kelli Ishikawa

Some Proceeds will Benefit Elks Lodge BPOE West Covina

No Outside
Alcohol Beverages
Allowed



No Outside
Alcohol Beverages
Allowed



2ND ANNUAL



\$25

ENTRY FEE

ALCOHOL
WHEELBARROW
RAFFLE



COVID RESTRICTIONS ADVISED
*AIR CONDITIONED BANQUET
ROOM WILL BE OPEN FOR FOOD &
DRINK SERVICES

TRAVEL
TEAM

MUSIC * FOOD * DRINKS * BAR LOUNGE

West Covina Elks Lodge #1996
841 W. Merced Ave. West Covina, CA 91790

SAT July 17th, 2021

Time: 10 AM - 5 PM

Contact: Tomas Vazquez
(909) 419-0282



No Outside
Alcohol Beverages
Allowed

No Outside
Alcohol Beverages
Allowed

FRIDAY & SATURDAY
DRESS CODE ENFORCED



Members and Friends, as we begin opening our Lodge more and more with more events and dinners let's not forget that we have a Dress Code for Friday & Saturday evenings after 5:00 PM you must wear a collared shirt for men and no tank tops, flip flops, or cutoff shorts. Polo shirts and neat casual shorts are acceptable. Please make sure to inform your guest of our dress code or you may be asked to leave to change. Members are responsible for their guest. Guest must be signed in by the sponsor so when you leave they must leave. Please read your House Rules and By-Laws

SEEKING DONATIONS FOR WHEELBARROW RAFFLE
CONTACT DAVID MONTES 626-377-1364

Emblem Club #299 Corner

Dear Elk Brothers and Sisters,

Well, our community is now open! Masks, No Masks it is up to you now, in most cases. July is going to be hot, heat wave is here, so keep cool and stay hydrated. Looking forward to the 4th of July celebrations, at the Elks and at home. If you are traveling, God speed.

Emblem is incredibly happy to partner with the Elks, for Friday night dinners. We provide desserts, the Elks provide good company. Hope to see more people coming out for dinner at the Elks. Thank you to all who support our fundraising efforts.

Please Mark your calendars for October 15, For the Kids Golf Tournament, now accepting reservations. This is Emblem's largest fundraiser of the year, monies collected are for children's charities, including Scholarships. Emblem needs Door prizes, silent auction items, if you have any to donate, please call Olivia 626-377-2767, thank you.

I am sure you have heard long time Elk Member; Terry Mace has passed away. His wife of 57 years, Carol is requesting prayers for herself and her family at this difficult time.

Happy Fourth of July, please stay safe, continue to wash your hands.

Emblem Love,

Olivia Pompa
Emblem President



50/50

MAJOR PROJECT RAFFLE

The 50/50 Major Project Capsule Raffle Money is due for this new year April 2020 - March 2021.

If you have numbers, take or mail \$12.00 for each number you have to Dee Varela at the lodge office. If you're not sure what numbers you have or would like to buy numbers for the monthly raffle, contact Robert Burke - robertburke64@gmail.com - 626.209.5660

Check or cash only, checks payable to West Covina Elks Lodge.

Thank you for your support!!!



**ONLY CURRENT DUES PAYING
MEMBERS CAN PARTICIPATE IN
LODGE ACTIVITIES**

DRUG AWARENESS PROGRAM

Study finds dangers in pot use during pregnancy

By WILLIAM J. BRYAN
Assistant National Director

Tetrahydrocannabinol (THC), the psychoactive ingredient in marijuana, remains in breast milk for up to six weeks and may be harmful to infants, a new study warns.

"Just as we now caution mothers to avoid tobacco and alcohol in pregnancy, we recommend that all clinicians counsel women who are pregnant or considering pregnancy to abstain from marijuana throughout pregnancy and in the postpartum period," said senior investigator Dr. Maya Bunik. She is the medical director of the Child Health Clinic at the University of Colorado School of Medicine, in Aurora.

Because of marijuana legalization, it is important to recognize that pregnant and breastfeeding women and their babies are a vulnerable population, and that "exercising caution is imperative,"

she explained.

The study included 25 women who had used marijuana during pregnancy and gave birth between Nov. 1, 2016 and June 30, 2019. Of those, seven women stopped using pot for more than five weeks during the study period. The women who used marijuana told researchers they did so to cope with stress, to sleep better or to relieve pain. Most were using marijuana at least three times a week.

Although THC concentrations varied from woman to woman, it was excreted in their breast milk for up to six weeks after they stopped using marijuana. All had detectable levels of THC in their breast milk when the study ended. THC in breast milk may have serious consequences for infants.

The Elks DAP have long held that research from decades ago showed significant concerns related to marijuana use during pregnancy and breastfeeding. Those concerns include effects on

childhood brain development and learning issues, including attention, impulse control, and early signs of anxiety and depression.

"We here at the DAP have been warning for many years now that today's marijuana products are five to six times more potent than when those studies were initiated," said DAP National Director Kent Gade, "leading to the recommendations by the American Academy of Pediatrics, American College of Obstetricians and Gynecologists and the Academy of Breastfeeding Medicine to abstain from marijuana use during pregnancy and breastfeeding."

The study was published online March 8 in JAMA Pediatrics.

For more on marijuana and pregnancy, head to the U.S. Centers for Disease Control and Prevention: <https://www.cdc.gov/marijuana/factsheets/pregnancy.htm>

Pancake Machine Crew Schedule



Sunday, July 4, 2021

West Covina Elk's Lodge

Thursday, August 19, 2021

Mount Sac Academy

Please call Vince McCaully for times.

We appreciate your help!

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Contact Vince McCaully 626-422-2812

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Saturday June 5th



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July 2021 Elktivities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lodge Office Open Tuesday - Friday 10AM - 5PM				1	2 Dinner Served Reservations Required Ribs or Salmon	3 CRV Bottles & Cans Drive 8:00 AM - Noon
4 Independence Day Breakfast 8:00 AM - 12:00 Lounge Open	5 Investigations 7:30 PM	6 Lodge Meeting 7:30 PM Lounge Open 4:00 PM	7 PER Meeting Karaoke 6-10PM Lounge Open 4:00 PM Food Available	8	9 Dinner Served Reservations Required NY Steak or Chicken	10 Rythm Jukeboxx Lodge Fundraiser 6:00 PM \$15 Admission BYOF
11 Lodge Closed	12	13 Lodge Meeting 7:30 PM Balloting Lounge Open 4:00 PM	14 800 Mtg. 6:00 PM Karaoke 6-10PM Lounge Open 4:00 PM Food Available	15	16 Dinner Served Reservations Required Pork Chops or Salmon	17 Car Show Fundraiser 10:00 A - 5:00 P Lodge Open
18 Lodge Closed	19	20 Lodge Meeting 7:30 PM Lounge Open 4:00 PM	21 Karaoke 6-10PM Lounge Open 4:00 PM Food Available	22	23 Dinner Served Reservations Required Ribeye Steak or Chicken	24
25 Car Show Fundraiser 10:00 A - 5:00 P Lodge Open	26	27 Lodge Meeting 7:30 PM Initiation Lounge Open 4:00 PM	28 Karaoke 6-10PM Lounge Open 4:00 PM Food Available	29	30 Dinner Served Reservations Required Steak & Lobster or Chicken	31
		Lounge Open 4:00 PM Every Tuesday			Dinner Reservations Required for Friday (626) 962-0113	Calendar Subject to Change with Events Added. Last Minute Updates by Email