

High Conflict in Divorce and Post Co-Parenting Issues



VISTA PSYCHOLOGICAL &
COUNSELING CENTRE, LLC

1201 South Main Street Suite 100
North Canton, Ohio 44720

Phone: 330.244.8782
Fax: 330.244.8795

Established in May 2008 by Julia Appleby,
Dr. Bob Humphries and Sandy Lombardi,
our experienced staff are committed to
helping you achieve greater emotional
wellness and adjustment by providing
the very best in psychological
and counseling services.

Vista Psychological &
Counseling Centre, LLC
1201 South Main Street Suite 100
North Canton, Ohio 44720

Phone: 330.244.8782
Fax: 330.244.8795
www.vistapcc.com

COST OF SERVICE

will be discussed at the time
of the first visit

COVERS

2 initial individual intake sessions

3 joint sessions

THREE STEP PROCESS

1 EDUCATE

Educate parents regarding the impact of parental conflict on the child's development.

Educate parents regarding anger management, communication skills, negotiation skills and children's issues when parents divorce.



2 ASSESS

Assist parents in shifting from being former spouses to parenting their children as co-parents. Reduce emotional attachment to the marital relationship.

Help parents to identify their contribution to the conflict that occurs.

Identify impasses to effective communication and design interventions to overcome these impasses.

Identify and reduce behaviors that create parent alienation.

Recognize the therapeutic needs of the family members and make appropriate referrals.

Communicate with the attorneys of the two parties.

3 MEDIATE

Advocate for and safeguard the emotional and physical needs of the children.

Maintain appropriate parental behaviors.

Ensure parental access to the children.

Monitor time sharing arrangement, assess the necessity to modify or adjust arrangements as a means to reduce parental conflict.