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CASTRO VALLEY FORUM

WEDNESDAY, JANUARY 29, 2020

NO. 5

INSIDE YOUR **FORUM**

YEAR 32

NEWS



Tiny Change

The grand opening for the Tiny Homes program has been rescheduled

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LIVING



Super Bowls

Regardless which team you root for, serving these dishes are a win

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NEWS



Power of Color

Artist Azar Vaghefi will demonstrate importance of colors and values

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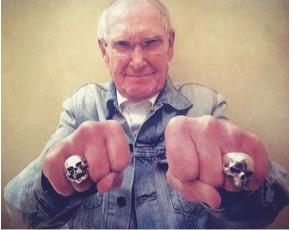
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PHONE: (510) 614-1560

CLIFF BURTON DAY 2020





PHOTOS COURTESY OF ANDRE G. MELLADO

Metallica legend Cliff Burton (left) and his late father, Ray, will be honored in Castro Valley on February 10.

Remembering Cliff and Ray

By Michael Singer CASTRO VALLEY FORUM

A memorial next month honoring Castro Valley legend and former Metallica bassist Cliff Burton will now include a tribute to his father, Ray, who passed away this past Jan. 15 at the age of 94.

The third annual Cliff Burton Day event was already scheduled for Feb. 10 when word that the elder Burton had died.

In addition to often attending Metallica shows, Ray Burton was on hand when the group was inducted into the Rock and Roll Hall of Fame in 2009. Cliff died on Sept. 27, 1986, in a bus accident while on tour in Sweden. He was 24.

In addition to supporting his son's legacy, Ray Burton is remembered by the Castro Valley community for supporting budding musicians. In August 2017, Ray announced that Cliff's music royalties would be donated to the Castro Valley High School music programs.

Robert Souza, who gathered more than a thousand signatures and helped establish the Cliff Burton Day celebration, said this year's remembrance is being called "Cliff and Ray Day" to celebrate Ray and

"Last year was amazing, we had Ray come up from Los Angeles for one year before he passed away," Souza told the Castro Valley Forum. "And Cliff, even though he passed decades ago, reunited Ray and (his daughter) Connie, last year. They had apparently not spoken for over 20 years."

Connie Burton is expected to be on hand for the Feb. 10 celebration. The event is scheduled to start at 6:30 p.m. in the Castro Valley High School cafeteria.

Fans across the world on Souza's Castro Valley News Facebook page helped see BURTON on back page

FOUR CHANNELS

TV Stations To Change Frequencies

Bay Area TV viewers who watch overthe-air television with an antenna, will need to rescan their TV sets to continue receiving KTVU Channel 2, KKPV Channel 65, KPJK Channel 60 and KCNS, Channel 38.

These four TV stations are scheduled to change frequencies by March 13, 2020 to make room for expansion of 5G and other mobile broadband services in the Bay Area.

The stations are changing frequencies on a rolling basis, so consumers will likely need to rescan their television more than

By far, most East Bay homes receive local TV stations by cable or satellite (DirecTV, Dish, AT&T, Comcast, Xfinity etc.) and won't be affected by the changes.

Those who receive local stations with an outdoor or indoor antenna, can visit www. fcc.gov/TVrescan, where they will find an instructional video showing how to rescan their TV. The FCC says most viewers won't need any new devices, equipment, or services to rescan.

For further assistance, TV viewers can call the FCC consumer help line at 1-888-225-5322 and press "6" to speak with a representative, seven days a week, from 5 a.m. to 10 a.m. (PST).

BYE BYE MATTRESS PROGRAM

5 Million Mattresses Recycled Statewide

Some five million mattresses

California to Hawaii and back.

By recycling, the Bye Bye Matnia save more than 6 million cubic yards of landfill space.

Mattress collection events in Hampton Road in Hayward.

"California is a global leader in have been recycled by the Bye mattress recycling, as evidenced Bye Mattress program since the by this significant milestone state's program began in 2016, ac- achievement," said Mike O'Doncording to the Mattress Recycling nell, managing director of MRC, which operates the program. we Laid end-to-end, that many continue to build on this leadership mattresses were would span nearly by growing no-cost mattress recy-6,000 miles, or the distance from cling options statewide and helping ensure a greener California."

More than 80 percent of a mattress program has helped Califor- tress can be recycled and turned into new consumer and industrial products.

The five million mattresses rethe East Bay have taken place on cycled to date in the California the third Saturday of the month at program equate to more than 168 the corner of Mission Blvd. and million pounds of material kept



PHOTOS COURTESY OF THE MATTRESS RECYCLING COUNCIL

Mattresses are transported from collection sites to regional recyclers that dismantle and recycle the mattress components. Recycling through Bye Bye Mattress is offered in all 58 see MATTRESSES on page 3 California counties.



Wednesday Partly Sunny High 60° Low 47°



Mostly Cloudy High 63° Low 50°



Partly Cloudy High 66 Low 47°



Saturday Partly Sunny High 67° Low 47°



Partly Cloudy High 58° Low 39°

Almanac

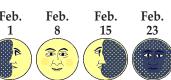
Moon Phases



Season To Date: 05.51 Normal To Date: 10.56 21.22

Feb. Feb.

Sun sets at 5:29 p.m. today, rises at 7:17 a.m. Thursday.



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CV SPORTS HALL OF FAME

John Willits Had Many Shoes to Fill at Castro Valley High School

Eighth in a series profiling the 16 new members of the Castro Valley Sports Hall of Fame. The induction banquet will take place Sunday, April 26, at Redwood Canyon Event Center. For details, please visit www.castrovalleysportsfoundation.org.

> By Dave Del Grande SPECIAL TO THE FORUM

f the name hadn't already been taken in the town bearing the same name about 150 miles to the north, Castro Valley might have considered renaming its high school Willits High in the 1990s.

That's how powerful an impact the Willits family had on the school's sports at the time.

cross country and track. Then Jeff and Joe, both of whom played football and soccer. Then Brad, who starred in swimming while also juggling soccer and track. And finally John, who had some awfully big shoes to fill.

When all was said and done, school records were broken, championship banners were raised and the youngest of the five, John, was rewarded with selection to the 2020 class of the Castro Valley Hall of Fame.

"I wanted to be just like my older brothers," John, now 37, admitted recently. Turns out, he often was better.

The 2000 graduate was your classic Castro Valley athlete. He started in soccer and Little League while attending Chabot Elementary, then added basketball, wrestling and track while at Canyon Middle School.

TIREWORX-

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John Willits

First there was Dan, who ran High, just as brother Jeff had. Same position (running back). at the same time. It was incred-Same number (34).

"All the other sports, I pretty much didn't care about," he noted. "I just wanted to play football." And that he did, starting on the freshman team, but promoted to the varsity by season's end.

he earned Hayward Area Athletic League Offensive Player of the Year honors, as well as two-way all-league status at running back and linebacker. All while serving as the team's punter and chief kick returner.

for a Willits boy, and John wasn't about to let his brothers down.

He opted for soccer over basketball and wrestling (Uncle Albert's sport) in the winter of his freshman year because, of course, that's where his brothers had shined.

Most important, he wanted loved my brothers," John recalled. NFL Combine. to play football at Castro Valley "I wasn't a soccer player, but I was

an athlete, so I played soccer. That was the Willits way."

And in the spring, he chose track over baseball . . . after giving swimming a fling as a freshman.

"That was my brother Brad's sport," John explained. "He challenged me. He'd say, 'You can't swim.' So I swam for one year and it just about killed me. It was extremely tough. It was like a double-day when you compare it with football. After my freshman experience, I just stuck to track."

One of John's most vivid sports memories came after he decided to take his football talents to Chabot College. That's where he found himself lining up alongside brothers Jeff and Joe, both of whom had decided to resume their education at the Hayward campus.

"All three of us were on the field ible," assured John, who played safety as a freshman at Chabot.

Jeff's return to football came as a defensive lineman, Joe's as an outside linebacker.

"It was really cool because it felt like the old days playing out In his three-plus varsity seasons, on the street. But instead of playing together, we were on the field together. It was an extraordinary experience. Not many people get that experience."

That lasted one season, after which only John returned to the Gladiators for a second year. This But one sport wasn't enough time, he was back at his favorite position — running back — and once again winning Offensive Player of the Year honors.

John continued his collegiate career at Benedictine College, an NAIA school in Atchison, Kansas, where he won a national rushing "The soccer coach (Al Peacock) title and earned an invitation to the

see FAME on back page



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Mattresses: Recycled Into New Products

continued from front page

million tons of steel.

Other recyclables includand other fibers, nearly 22,000,000 pounds of wood and some 8,883,028 pounds of cardboard, through a statewide network of plastic and other materials.

When a mattress is recycled, it collection events and collabora- www.ByeByeMattress.com

is cut open, the layers separated tions with solid waste providers, out of state landfills and recycled and interior materials organized nonprofit organizations, and small into new products or diverted for by type for reuse. The foam is and minority-owned businesses. other uses including more than 42 recycled into carpet padding, the springs into new appliances or oth- through a recycling fee collected er steel products, the fabric can be ed 26,344,803 pounds of foam, turned into industrial filters and the 26,853,401 pounds of cotton, quilt wood from box springs is chipped free drop-off locations and collec-

for use as mulch or biomass fuel. Bye Bye Mattress operates

Bye Bye Mattress is funded when a mattress or box spring is sold. The fee is used to establish tion events throughout the state, to combat illegal dumping, and to find new uses for the recycled mapermanent collection sites, public terials. For more information, visit Jail pending \$5,000 in bail.

'Racing Extinction': Science Movie Night

"Racing Extinction" is an Emmy-nominated documentary about journalists to document it.

p.m. on Tuesday, Feb. 4, though the combined efforts of Castro Valley Science, the CV Educational Foundatdion and Wonderfest.

This important film deals with several examples of the overarch- ulation, globalization and animal the ongoing Anthropogenic mass ing theme that humans, through extinction of species and the ef- such issues as global warming and forts from scientists, activists and poaching, have caused the greatest mass extinction since the sudden It will be brought to the screen extinction of three-quarters of the of the Castro Valley Library at 6:30 plant and animal species on Earth some 66 million years ago, and the efforts of scientists, photographers and volunteers to protect endangered species.

The film implicates overpopagriculture as leading causes of extinction.

The screening will be followed by expert commentary and Q&A with conservationist and tropical month, you can help us keep science events like this going in our community on a continuous basis. subdued and taken into custody.

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



Family Fight

a.m., Sheriff's deputies arrested a 30-year-old man from Castro and violating the terms of his probation. An anonymous tip about rity called for backup after the man near Rockhurst Road. The homea loud and aggressive-sounding argument sent deputies to a home on Center Street near Grove Way. Deputies report the husband delivered "corporal injury" on his wife and was throwing things in the home in front of the children. The man was taken to Santa Rita Jail and held on \$152,500 in bail.

Drove Drunk and Drugged

Sunday, January 26: at 12:22 a.m., a 50-year-old man from Alameda was arrested on suspicion of driving under the influence of drugs and alcohol. Deputies pulled the man over on the Boulevard near Park Way after observing him driving erratically. The man was also wanted as part of a warrant tody. issued for his capture. Deputies transported the man to Santa Rita

Threats with Hunting Knife

Saturday, January 25: at 10:50 p.m., a 911 call about a woman waving a large knife sent deputies to a home on Santa Maria Avenue near Somerset Avenue. There they arrested a 28-year-old woman who refused to give her address on suspicion of assault with a deadly weapon and making death threats. A man at the scene showed injuecologist Dr. Rodolfo Dirzo. Reg-ries to his face and arms. Deputies ister at bit.ly/extinct4. For just \$1 a report the woman threatened to slit the man's throat with a hunting knife she held. The woman was

Assault at Eden Hospital

deputies arrested a 27-year-old man from Hayward on suspicion got into an altercation with an ascourt issued warrant. The man was \$100,000 bail.

She Can't Stay Away

24-year-old woman with no per- a 55-year-old man with no permanent residence was arrested on manent residence was arrested on suspicion of violating a court-is- suspicion of possession of illegal sued restraining order and the narcotics. Deputies stopped the terms of her parole. Deputies were man as he was standing in the called to a trailer park on Castro middle of Park Way and San Car-Valley Boulevard near Marshall los Avenue and not responding to Street to investigate a suspicious cars passing him by. The man was person report. The woman fitting found to be under the influence the description was taken into cus- and was taken into custody.

Illegal Stimulants

Monday, January 27: at 12:56 Sunday, January 26: at 4:26 p.m., Thursday, January 23: at 9:00 p.m., deputies arrested a 24-yearold woman with no permanent Valley on suspicion of assault on of physical assault on another residence on suspicion of posseshis spouse, child endangerment, person at Eden Medical Center on sion of an illegal stimulant drug Lake Chabot Road. Hospital secu- outside a home on Reedley Way owner called to report a suspicious sociate of his. Deputies also report stranger on the front porch. Depthe man was wanted as part of a uties determined the woman had been taking the stimulant and was taken to Santa Rita Jail and held on unaware of where she was. The woman was taken into custody.

Standing in Street on Drugs

Friday, January 24: at 1:41 p.m., a Friday, January 24: at 2:53 a.m.,

see REPORTS on back page

Tiny Homes Grand Opening Rescheduled to February 13

The grand opening celebration be the first residents and the comfor the Tiny Homes program at munity leaders, church official and First Presbyterian Church has key representatives who helped been rescheduled from February 1 to Thursday, February 13 at 9

Included in the ceremonies will Road, behind Trader Joe's.

make the project reality.

The church is located at the corner of Grove Way and Redwood





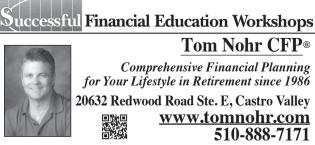
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Community Calendar

The Week Ahead

● Wednesday, January 29: Outsmarting Investment Fraud

Learn how to protect yourself from investor fraud at a free presentation by the Better Business Bureau from 11 a.m. to noon today, Jan. 29, at the Castro Valley Library. The workshop will focus on different investment opportunities and tips to avoid becoming a victim.

● Saturday, February 1: Soroptimist Crab Feed

Celebrate Superbowl 50 at the Soroptimist International of the East Bay Annual Crab Feed, silent auction and raffle, at 6 p.m. this Saturday at the Hayward-Castro Valley Moose Lodge, 20835 Rutledge Road in Castro Valley. All-you-can-eat crab, pasta, bread, salad, dessert, coffee and iced tea for \$55, plus a no-host bar. For tickets, call Bonnie Mertz by at 510-886-7010 or email bonniemertz5844@gmail.com

• Sunday, February 2: Drop-In Knit & Crochet Club

Calling all knitters and crocheters! The Castro Valley Library invites you to practice yarn arts on the first Sunday of the month from 1 to 2 p.m. (new time) on Feb. 2, March 1, and April 5. You can work on your own projects and create hats and scarves to donate to the homeless. All experience levels welcome. Castro Valley resident Beverly Fields will be on hand to teach basic crochet. No registration is required for this free drop-in event for adults and teens. Please bring your own supplies.

CASTRO VALLEY FORUM CASTRO VALLEYFORUM.COM

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● Tuesday, February 4: Documentary: "Racing Extinction"

Register now to see the Emmy-nominated movie "Racing Extinction" about the ongoing mass extinction of species and the efforts of scientists, activists and journalists to document it. The film, which implicates global warming, poaching, overpopulation and animal agriculture as leading causes of extinction, will be shown at 6:30 p.m. on Feb. 4 at the Castro Valley Library. The screening will be followed by expert commentary and Q&A with conservationist and tropical ecologist Dr. Rodolfo Dirzo. Register now at bit.ly/extinct4.

● Tuesday, February 4: Buon Tempo Pasta Dinner

Chef Jessica Gorham Pacheco and crew will be serving a five-course family style dinner of Chicken Pasta with Sun-dried Tomatoes at the next Buon Tempo Club dinner, at 7 p.m. on Feb. 4 at Mt. Tabor Hall, Transfiguration Church, 4000 E. Castro Valley Blvd. Everyone is welcome. Happy hour at 6. The dinner is \$15 for members, \$20 for others. Red and white wine, and soda are included. Make reservations by this Friday, Jan. 31 by calling 510-483-6929 (option 1). For more info about events, or to see how we're supporting the George Mark Children's House, visit www.buontempoclub.org

● Tuesday, February 4: Ohlone Audubon Meeting

Alvaro Jaramillo will speak on "Birding Wine Regions of the World California, Chile, South Africa and Beyond" at the next meeting at 7:30 p.m. at Niles Discovery Church, 36600 Niles Blvd. in Fremont. Come find out what makes Mediterranean-type climates like ours tick and the great birding to be enjoyed. Maybe we will even talk a bit about the wine! No admission charge and refreshments served. For more information, visit www.ohloneaudubon.org

● Tuesday, February 4: Rotary Wine-Tasting & Food-Pairing

The Rotary Club of Castro Valley invites you to a Wine Tasting & Food Pairing Event, hosted by Ehrenberg Cellar Wines & Chef Alejandro Ramirez, from 6-9 p.m. Tuesday, Feb. 4, at 346 Earhart Way, Livermore. For tickets (\$50) and reservations (required) visit bit.ly/36A58lr

● Thursday, February 6: Age Well, Drive Smart

Driving helps older adults stay mobile and independent, but the risk of being injured in a car crash increases as you age. Nationally, some 712 older adults are injured every day in crashes. You may be a good driver, but as you age you may begin to experience changes in reflexes or medical conditions that can affect your ability to drive safely and react to hazards. Learn how to monitor these changes and refresh your knowledge of rules of the road from the California Highway Patrol at a free class from 1 to 3 p.m. on Feb. 6, at the Eden Medical Center Conference Center (2nd Floor) at 20101 Lake Chabot Road Castro Valley. Please RSVP to 510-727-8485.

• Saturday, February 8: Crab Feed Fundraiser

Silver Oaks High School is holding its First Annual Crab Feed fundraiser from 5:30 to 9 p.m. on Feb. 8 at the Hayward Veterans Hall, 22737 Main Street. Enjoy bidding on items in the silent auction. Tickets (\$50) are available at the school, 12100 Princeton St., Hayward.

• Sunday, February 9: Sneak Peek of "Black Comedy"

Enjoy a scene from Douglas Morrisson Theatre's production of

Arts & Entertainment

Douglas Morrisson Theater.

"Black Comedy," then talk with the actors and director about the show

and their craft, from 2 to 3:30 p.m. on Sunday, Feb. 9, at the Castro Val-

ley Library. In show, Brindsley, hoping to impress his fiancée's father,

dresses up his apartment with art "borrowed" from an absent neighbor.

Hilarity ensues when the lights go out and he frantically tries to return

the items before he is found out. Attendees of this sneak peek will re-

ceive a two-for-one coupon for a full performance of the show at the

CASTRO VALLEY CENTER FOR THE ARTS

Tickets for Center for the Arts events (unless otherwise listed) are available at www.cvcfa.com; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. (phone 510-889-8961), or at the Castro Valley Adult School, 4430 Alma

"Chicago the Tribute," with a group of 9 musicians, creates the powerful horns, rich vocals and the rockin' rhythm section needed for "Saturday in the Park," "Does Anybody Really Know What Time It Is?" and their many other legendary hits, at 7:30 p.m. on Saturday, February 22 at the Castro Valley Center for the Arts. For tickets (\$38/\$40), see

OTHER THEATRICAL & MUSICAL PERFORMANCES

- Madagascar Jr., a musical adventure that follows all of your favorite crack-a-lackin' friends as they escape from their home in New York's Central Park, will be presented at these schools on these dates by the Bay Area Children's Theater:
- Creekside on Feb. 4 at 8 p.m. and Feb 8 at 8 p.m.,
- Canyon on Feb. 5 at 8 p.m. and Feb. 8 at 5 p.m.,
- Proctor on Feb. 6 at 7 p.m. and Feb. 8 at 11 a.m., • Palomares on Feb. 7 at 7 p.m. and Feb. 8 at 2 p.m. For ticket (\$10-\$20) visit BACTheater.com
- "Steel Magnolias," Robert Harling's poignant comedy-drama, will open Friday, Feb. 7 and continue through March 1 at Chanticleers Theatre, 3683 Quail Ave., in the Castro Valley Community Center Park. Through the clouds of hairspray and the buzz of blow dryers, six Southern spitfires swap gossip, wisecracks, and wisdom in this hilarious and heartwarming comedy that explores the bonds of friendship and the strength of women. Performances are Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. For tickets (\$22-\$27), visit chanticleers.org/ or
- "The Great American Sh*t Show," with solo performers Brian Copeland and Charlie Varon teaming up to present monologues on life in the Age of Trump, at 7:30 p.m. on Friday, Jan. 31, at San Leandro Performing Arts Center, 2250 Bancroft Ave. This special show benefits Resistance Action East Bay, Indivisible Berkeley and Flip the West. For tickets (\$45-\$75), visit www.brownpapertickets.com/event/4477324

ART GALLERIES, RECEPTIONS & ART INSTRUCTION

- A.R.T., Inc. Members' Show will be presented through Feb. 1 at the Adobe Art Gallery, 20395 San Miguel Ave., Thursdays through Saturdays from 11 a.m. to 3 p.m., sponsored by A.R.T., Inc. and the Castro Valley School District.
- Studio 820, the San Lorenzo Adult School Watercolor Class, will exhibit students' watercolor paintings at the San Leandro Main Library from Feb. 1 to March 27, with a public reception from 1-3 p.m. on Saturday, Feb, 8, to meet the artists.
- PhotoCentral Gallery Annual Juried Exhibition continues thru March 7 at the gallery (part of the Hayward Area Recreation District) at 1099 E Street in Hayward. A closing party will be held on Saturday, March 7, from 2 to 4 p.m. The exhibit is in both galleries. For more nfo, visit www.photocentral.org

AT THE CHABOT CINEMA Wed 1/29 - Tue 2/4

Dolittle (PG)

other

offers. Exp. 2/4/20

Wed 1/29 - 3:55, 6:40

Thu 1/30 - 3:55

• 1917 (R)

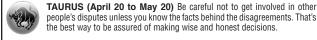
Thu 1/30 - 7:00Fri 1/31 to Sat 2/1 - 1:00, 3:55, 7:00, 9:55

Sun 2/2 - 1:00, 3:55, 7:00Mon 2/3 to Tue 2/4 - 3.55, 7:00



HOROSCOPE by Salomé

© 2018 King Features Synd., Inc. ARIES (March 21 to April 19) You need to be certain that all the right conditions are in place before you take that first step. It can't hurt to listen to good advice from those who have your best interests at heart.



people's disputes unless you know the facts behind the disagreements. That's the best way to be assured of making wise and honest decisions. GEMINI (May 21 to June 20) You still need to be careful about how you're going to spend those energy reserves you finally got around to restoring. Best advice: Avoid overdoing it. Let things take their course.



CANCER (June 21 to July 22) Your aspect continues to favor travel -- alone or with that special person. So if you've been putting off making those

getaway plans, it's still a good time to get started on them



LEO (July 23 to August 22) Those so-called golden opportunities that continue to dazzle the Lion still need to be carefully checked out. Be suspicious about anything that looks like the "perfect" prospect.



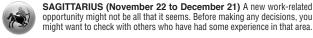
shows some flexibility could find it paying off in a big way. LIBRA (September 23 to October 22) You might want to check out the explanation you were given for a sudden shift in your duties. There's a possibility

that you haven't been told all the facts that you deserve to know.

VIRGO (August 23 to September 22) Changes at the workplace could make it more difficult to do things the way you prefer. But the wise Virgo who



ORPIO (October 23 to November 21) Having confidence in your abilities is important, especially when you could be facing a new challenge, whether it's in the workplace or in a personal relationship. Good luck.



opportunity might not be all that it seems. Before making any decisions, you might want to check with others who have had some experience in that area.



CAPRICORN (December 22 to January 19) A situation involving someone close could benefit from your timely intervention. Avoid being judgmental. There'll be plenty of time later for those "little talks" you like to have.



AQUARIUS (January 20 to February 18) Travel could be a surprise element in that new project. Be prepared for other previously undisclosed aspects that also might come to light as you proceed with the work. **PISCES (February 19 to March 20)** Try to balance your work-related responsibilities with the time you're spending on your recently revived social life. An old friend might be planning to return after a long absence.





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Super Bowl LIV

astro Valley pizza parlors will be operating on overdrive this Sunday afternoon, turning out the most popular ready-made snack for football's big event of the year as the 49ers take on Kansas City in Florida.

While the Super Bowl isn't a national holiday, that doesn't stop more than 130 million Americans from treating it like one. It is the second-biggest food consumption event after Thanksgiving each

Here are some other Super Bowl favorites.

GUACAMOLE

- 2 ripe avocados
- teaspoon salt
- 1-1/2 teaspoons lime juice
- 1 teaspoon Worcestershire sauce
- 3 cloves garlic
- 1/3 teaspoon red pepper
- 1/2 tablespoon grated onion 2 dashes hot pepper sauce

Wash, peel, pit and mash avocados. Finely mince the garlic.

In a small cup, add salt, minced garlic and lemon juice. Set aside to soak for 15-30 minutes. This takes the "edge" off the garlic. Add remaining ingredients.

This can be made in a food processor or using a blender.

Serve with crackers and tortilla chips. Makes about 1-1/2 cups.

DEVILED EGGS

- 12 hard-cooked eggs 4 tablespoons Italian dressing
- teaspoon yellow mustard
- 2 (2-ounce) jars chopped pimientos, drained
- 2 tablespoons chopped green

Carefully cut eggs in half lengthwise; remove yolks and set whites aside. Mash yolks with fork. Stir dressing and mustard into yolks. Stir in pimientos and green pepper. Refill whites using 1 heaping tablespoon yolk mixture for each egg half. Chill to blend

Makes 6 servings.

BUFFALO (HOT) WINGS

- 10 chicken wings (cut into sections)
- Oil (for frying)
- 1/4 cup butter
- 1/4 cup hot sauce
- 1 dash black pepper
- 1 dash garlic powder
- 1/2 cup flour
- 1/4 teaspoon paprika
- 1/4 teaspoon cayenne pepper
- 1/4 teaspoon salt

In a bowl mix together flour, Drain on paper towels.



paprika, cayenne pepper, and salt.

Place chicken wings in a large bowl and toss with the flour mixture until evenly coated. Cover the

Heat deep fryer to 375°F and. fry chicken wings in batches for from heat. 10-15 minutes until golden brown.

While wings are frying, in a sauce pan combine hot sauce, butter, black pepper and garlic powder over medium heat. Stir dish and refrigerate for 30 minutes. until butter is melted and the Salt and pepper to taste sauce is well blended. Remove

> Place wings in a serving bowl, add the sauce and toss to coat 1/2 large tomato, diced

evenly. Serve with ranch dressing and celery. Serves 2 or 3.

RANCH DRESSING DIP

- 1/2 cup mayonnaise 1/2 cup sour cream 1/2 cup buttermilk
- 1 tablespoon garlic powder
- teaspoon dried oregano teaspoon dried dill weed
- tablespoon dried chives
- tablespoon dried parsley
- tablespoons grated Parmesan cheese
- dash hot pepper sauce tablespoon Worcestershire sauce
- teaspoon white pepper

Combine the mayonnaise, sour cream, buttermilk, garlic powder, oregano, dill weed, chives, parsley, Parmesan cheese, hot sauce, Worcestershire sauce, pepper and refrigerate for at least 1/2 an hour. If the dressing is too thick, add a little extra buttermilk to thin.

NACHOS

- 2 cloves garlic, crushed 6 green onions, sliced, white parts and tops separated
- tablespoons canola oil
- shredded, cooked, whole chicken breast
- 1 cup salsa 1/2 pound shredded Cheddar and Jack cheese blend

Preheat oven to 350°F.

In a 12-inch skillet over medium heat, cook and stir the garlic and white parts of the green onions in canola oil until tender. Mix in shredded chicken, salt and pepper. Toss until well coated with oil. Stir in the salsa.

Arrange tortilla chips on a large baking sheet. Spoon the chicken mixture over tortilla chips. Top with cheese blend and tomato. Bake in the preheated oven 10 minutes, or until cheese has melted. Remove from heat and sprinkle with green onion tops before serving. Serves 6.

CHEX PARTY MIX

- 6 tablespoons butter
- 2 tablespoons Worcestershire sauce
- 1-1/2 teaspoons seasoned salt
- 3/4 teaspoon garlic powder 1/2 teaspoon onion powder
- 3 cups Corn Chex cereal
- 3 cups Rice Chex cereal
- 3 cups Wheat Chex cereal
- cup mixed nuts
- cup pretzels
- 1 cup garlic-flavor bite-size bagel chips

Heat oven to 250°F. Melt butter in large roasting pan in oven. Stir in seasonings. Gradually stir in remaining ingredients until evenly coated. Bake 1 hour, stirring every 15 minutes. Spread on paper towels to cool. Store in airtight container. Yields 12 cups.

LEGAL NOTICES

DECEMBER 17, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 566576

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Paris Flea Market at 535 Leisure St., Livermore, CA 94551, in Alameda County is hereby registered by the following owner(s): (1) Irma Violet Hernandez, (2) Joseph Hernandez, 1037 Division St., Pleasanton, CA 94566. This business is conducted by a married couple. This business commenced N/A. /s/ Irma Violet Hernandez, Joseph Hernandez This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires DECEMBER 17, 2024 JAN 08, 15, 22, 29, 2020

DECEMBER 26, 2019 MELISSA WILK County Clerk ALAMEDA CÓUNTY -, Deputy FILE NO. 566892 **FICTITIOUS BUSINESS**

NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business(es):

Communication LINKs at 3137 Castro Valley Blvd., #214, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Linda S. Kenny, 18492 Carlton Ave., Castro Valley, CA 94546. This business is conducted by an individual. This business commenced N/A /s/ Linda S. Kenny

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires DECEMBER 26, 2024

JAN 08, 15, 22, 29, 2020

FILED JANUARY 03, 2020 MELISSA WILK County Clerk ALAMEDA COUNTY -, Deputy FILE NO. 567097

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Dream Catcher Images at 22427 Moyers Street, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Bruce Finocchio, 22427 Moyers Street, Castro Valley, CA 94546. This business is conducted by an individual. This business commenced February 10, 1994. /s/ Bruce Finocchio

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires JANUARY 03, 2025

JAN 15, 22, 29, FEB 05, 2020 0205-CVF

FILED JANUARY 09, 2020 MELISSA WILK County Clerk ALAMEDA CÓUNTY Deputy FILE NO. 567388

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business(es):

F&F Enterprises at 20883 Redwood Road, Castro Valley, CA 94546, in Alameda County, mailing address PO Box 5610, San Francisco, CA 94083 is hereby registered by the following owner(s): (1) Frank Fragomeni, (2) Brenda Fragomeni, 212 James Court, San Francisco, CA 94080. This business is conducted by a married couple. This business commenced 1-1-2020

/s/ Frank Fragomeni, Brenda Fragomeni This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires JANUARY 09, 2025

JAN 15, 22, 29, FEB 05, 2020 0206-CVF

NOTICE OF INTENT TO ADOPT

an Initial Study and Mitigated Negative Declaration

County of Alameda Nike Site Demolition Project

As the Lead Agency overseeing this project's environmental review, the County of Alameda is soliciting comments on the Draft Initial Study and Mitigated Negative Declaration for the proposed Nike Site Demolition Project. The project would involve the demolition of two of the structures within the Lake Chabot Nike Missile Base, or SF-31. The site is in the foothills of the Fairmont Ridge, approximately 0.3 miles west of Lake Chabot in unincorporated Alameda County. Constructed in 1955, Site SF-31 was a part of the Nike Missile Program. The site comprises the Control area, SF-31C, which hosted the command and control functions of the missile base and was one of three functional areas. The Lake Chabot Nike Missile Base was decommissioned 1974, and most of the structures have been vacant since then, except the HIPAR Building.

The project would involve the demolition of the Quarters Building (Building D) and the Radar Storage Shed portion of the Corridor Building (Building B). The HIPAR Building, radar pads, Guard Station, Generator Building (Building C), original 100 square-foot Corridor Building, and the foundations of the demolished structures would be retained. In addition to demolition, the project would also include the stabilization, removal, and proper disposal of loose and peeling lead-based paint. All project activities, including demolition and removal of debris, would be expected to take one week. There are no current redevelopment plans for the site.

All issue areas were found to have no physical environmental effects, a less than significant environmental effect or a less than significant environmental effect with incorporation of mitigation measures.

Comments on the Draft IS-MND should be directed in writing to: Jason Garrison, Environmental Program Manager, Environmental Department-Capital Programs. 1401 Lakeside Drive, Suite 800, Oakland, CA 94612, or jason.garrison@acgov.org. Comments on the Draft IS-MND must be received on or before February 28, 2020.

Copies of the Draft IS-MND are available for review at County of Alameda General Services Agency office. In addition, an electronic (PDF) version of the Draft IS-MND can be obtained by contacting Jason Garrison at jason.garrison@acgov.org.

FILED DECEMBER 27, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY --. Deputy FILE NO. 566942

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930 The name of the business(es):

The Music Company dba TMC Productions and Fura Bodyworks at 20825 Nunes Avenue Ste. B, Castro Valley, CA 94546, in Alameda County, is hereby registered by the following owner(s): (1) Mel Speed (2) Dayna Speed 4236 Omega Avenue, Castro Valley, CA 94546. This business is conducted by a married couple. This business commenced N/A. /s/ Mel Speed, Dayna Speed

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires DECEMBER 27. 2024

JAN 22, 29, FEB 05, 12, 2020 0207-CVF

JANUARY 03, 2020 MELISSA WILK County Clerk ALAMEDA CÓUNTY --, Deputy FÍLE NO. 567111

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and **Professions Code** Sections 17900-17930 The name of the business(es):

Desserts First at 19774 Louise Ct., Castro Valley, CA 94546, in Alameda County, is hereby registered by the following owner(s): (1) Amanda Rose (2) Deborah Rose, 19774 Louise Ct., Castro Valley, CA 94546. This business is conducted by Co-partners. This business commenced in 2012.

/s/ Amanda Rose, Deborah Rose This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires JANUARY 03, 2025

JAN 22, 29, FEB 05, 12, 2020 0209-CVF

JANUARY 3, 2020 MELISSA WILK County Clerk ALAMEDA COUNTY --. Deputy FILE NO. 567104

FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and **Professions Code** Sections 17900-17930 The name of the business(es):

Math Matters Mentoring at 5259 Proctor Road, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Kristine Humphreys, 5259 Proctor Road, Castro Valley, CA 94546. This business is conducted by an individual. This business commenced N/A. /s/ Kristine Humphreys

This statement was filed with the County Clerk of Alameda County on date indicated Expires JANUARY 3, 2025

JAN 29, FEB 05, 12, 19, 2020 0214-CVF





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less than a three-day supply of an appointment to give blood or from 8 a.m. to 2 p.m. type O blood available for patient platelets now using the Red Cross Blood Donor App, visiting Red-CrossBlood.org, calling 1-800-Type O positive blood is the RED CROSS (1-800-733-2767) most transfused blood type and or enabling the Blood Donor Skill

The next Castro Valley blood from 10 a.m. to 4 p.m.

While just 7% of the U.S. pop-drive will be from 10 a.m. to

Other opportunities to donate

- Alameda, St. Joseph High Donors of all blood types - School, 1109 Chestnut St, on Satespecially types O positive and urday, Feb. 1, from 10 a.m. - 4 Currently, the Red Cross has O negative – are urged to make p.m. and on Wednesday, Feb. 5,
 - · Berkeley, Haas School of Business, 2220 Piedmont Ave. on Tuesday, Feb. 11 from 11 a.m. to
 - Dublin, Dublin Civic Center, 100 Civic Plaza, on Friday, Feb. 7,

ATHLETES OF THE WEEK

Taylor Matthews and Kyla Dolorfino

This week's Athletes of the Week are Castro Valley High School girls' varsity soccer players Taylor Matthews, senior, and Kyla Dolorfino, junior who were recently recognized in the CVHS Olympian for their participation in Girls Soccer Worldwide. The organization sends U.S. students to emerging countries to promote sports and education.

Last November, the students spent a week in Coronel Bogado, Paraguay teaching girls how to play and experiencing their daily lives. Both girls expressed their gratitude for the experience and say they'll apply what they learned to their own lives.

Matthews is one of two team captains and a presence on the team's defensive squad. She was twice named player of the game in 2017 and is a member of the so-called Notorious Nine seniors on the team.

Dolorfino says she's been playing soccer ever since she was 3 years old. She says she wants to attend a college that will not only allow her to play soccer, but that will also allow her to pursue her major (as yet

Both are expected to be playing home games on Feb. 5 against Hayward and Feb. 11 versus Piedmont as part of Senior Night.



Taylor Matthews



Kyla Dolorfino

Art Demonstration on Importance of Colors

Painter and ceramicist Azar session. Vaghefi will explain the impor-

Vaghefi will help you create her paintings. your own painting with supplies

Azar graduated from the Tehran tance of colors and values during Academy of Art and received her these strong, still-life composia demonstration at the Adobe Art PhD in Istanbul. She continued tions and will discuss the import-Center on Saturday, Feb. 8, from 2 her creative artistry in California, ant of colors and values as shown depicting nature, color and light in in the paintings above.

she'll provide during what prom- flows easily across the canvas, located at 20395 San Miguel Ave. ises to be an enjoyable two-hour the colors blending smoothly and in Castro Valley.

complimenting each other.

She will explain how to create

This public art demonstration The movement of her designs is a free. The Adobe Art Center is

CASTRO VALLEY INDEPENDENT SPORTS LEAGUE



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Explosions of Color at Castro Valley Library

ley teacher, volunteer, and artist her paintings.

Using mixed media, pastels, and to create a different look.

Art fans everywhere should watercolors, Winnie's paintings visit the Castro Valley Library are mostly explosions of abstract are used to add texture to an othbetween now and April 7. That's color, bright and vivid yellows, or- erwise flat canvas where Winnie Thompson — well- anges, whites, reds, golds. There's bining several different materials local art.

Even spackle, plaster and glue

The Castro Valley library is known Hayward and Castro Val- nothing gloomy in this vibrant dis- open every day but Friday. Call play. Her mixed media works are 510-667-7900 to check hours and has brightened the walls with 12 of a testimony to her creativity, com- take in this wonderful display of

-Bruce Roberts

Send Your Sweetheart & Loved Ones a Special Valentine Message ONLY Published in the February 12th issue of the Castro Valley Forum and the February 13th issue of the San Leandro Times! 🕆 DEADLINE: MONDAY, FEBRUARY 10, 2020 • 11AM TO MY VALENTINE JOAN SMITH Thank You For Being My True Love For All These Years! Ronnie, Andrew & Ashleigh 🖊 (JOAN ŠMITH) 💙 Happy Valentine's Day! To the world's most terrific kids. All our love, Mama and Denny Happy Valentine's Day To My Love We'll Be Together Always — RJ ALL MY LOVE ROBERT JONES Robert Jones STYLE #3 STYLE #4 STYLE #2 STYLE #1 Line of hearts • First line bold Up to 20 words ☑ I am enclosing a check, for the total amount, made out to the San Leandro Times. Please charge my credit card. USA MC ACCT#: CHECK STYLE FROM ABOVE: $\square \#1 \square \#2 \square \#3 \square \#4$ TOTAL CIRCULATION: 60,500 PRINT YOUR MESSAGE BELOW, ONE BOX FOR EACH WORD Ordered by: Signature Address City: Zip: Phone: CLIP AND MAIL WITH CHECK TO: San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577 FAX TO: (510) 483-4209 (Credit Card Orders Only)

RECYCLE BULBS AND PAINT CANS





PAINT: As a PaintCare drop-off site, Kelly-Moore Paints (3090 Castro Valley Blvd.) accepts up to ten gallons per customer per day of interior and exterior paints (latex, acrylic, water-based, oil-based, enamel, deck coatings, primers, sealers, stains, shellacs, lacquers, varnishes, metal coatings, and rust preventatives). For any questions, call Kelly-Moore Paints at (510) 690-9249.

FLUORESCENT BULBS: Pete's Ace Hardware (2569 Castro Valley Blvd.) accepts up to eight fluorescent bulbs from residents. For any questions, call Pete's Ace Hardware at (510) 581-7633.

HHW FACILITY: Fluorescent bulbs and paint may also be taken to the closest Household Hazardous Waste facility.

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Vote for Schools Measure 1

Editor:

Over 30 years ago, I moved to Castro Valley because of the reputation of the schools. Perhaps you did, too. But lately we have a problem with funding.

Because of the way the state tries to proportion the money to districts with higher numbers of disenfranchised youth, we simply are not getting the funding that School District once received, thus the need for a parcel tax.

The parcel tax is less than \$97 per year, has a senior exemption, and will give teachers and support staff a much needed 1% raise. Our schools are good and strong because of the teachers/staff that are committed to excellence for the best outcomes for students.

Many other school districts have much larger parcel taxes on the March 3rd ballot. Our proposal is rather modest, and no funds go to administration.

Vote for Measure I, this March 3rd, because we want to retain and attract highly qualified teachers- preserve strong academic programs in reading, writing, math and science — and if for no other reason, to increase your property values.

-Dolly Adams, Teacher Castro Valley Unified School District

Castro Valley's Sports Hall of Fame

Editor:

For the past seven weeks, Lowell Hickey and Dave Del Grande have been capturing the stories of the 2020 Inductees for the Castro Valley Sports Foundation Hall of Fame (April 26, 2020). The remaining nine inductees will be featured in upcoming CV Forum articles.

Each article captures not only the achievements of the inductee, but also the impact each has had on the Castro Valley Community. Both Lowell and Dave are experienced, recognized sports writers, well-known throughout the sports world. We are so blessed!

The April 26 event is open to the public. Tickets are available by calling Ted Riche at 510-537-2048.

Past articles are available on-line at www.castrovalleyforum.com. Articles and Banquet information is also available at www.castrovalleysportsfounda-

Thank you, Lowell and Dave, for your commitment to Castro Valley!

> -Bruce D. Johnson, Castro Valley CV Sports Foundation Board Member

Trump: A Wide Range of Offenses?

In their struggle to reinvent anything that doesn't fit their world view, the pundits that Mr. Hauer ("No Crimes Committed?" Letters, Feb. 15) seems to listen to failed to bother opening a dictionary to check the definition of the word "misdemeanor" as a requirement for an impeachable offense.

They talk about bribery and obstruction of justice as if it doesn't rise to the super high standard of "high crimes and misdemeanors." Yet a misdemeanor is really just "any lesser criminal act" under the law. It literally means "bad behavior toward others."

With its inclusion there is a very wide range of offenses for which a President can be impeached.

OK, now about that dictionary. It's a hard thing to deal with, because it states things unequivocally as fact. While it has been a habit of the president's side of the aisle to eschew facts, even laughing off their president's 15,413 (as of last month) documented falsehoods, the operation of any society requires facts, however good made up stuff might sound.

One very important fact: the Founding Fathers didn't want people who lacked respect for our laws running our country.

One Founding Father was keenly aware of the corrosive effects power and money have on human morality (which stands up to modern laboratory tests). When early Americans pressed him to accept the role of King, he subverted their efforts by limiting his own Presidency to only two four-year terms, lest the American Revolution wind up merely trading one tyrant for another.

—Karl Hodges, Castro Valley

Wants Democrats 'at All Levels'

I have to differ with some of the statements made by Ms. Jane Mason in her letter, "On Re-electing a President," (Letters, Jan. 22).

Requesting foreign governments to intervene



BLAZING SUNSET: Nancy Farrell of Castro Valley captured this dramatic photo of the winter sky just before 5:30 p.m. last Thursday evening.

and assist in our democratic elections is a significant threat to our national security. These illegal acts open the door to all manner of favors owed to foreign dictators and criminals.

Withdrawing us from the Iran Nuclear Deal that was negotiated by the Nobel Peace Prize-winning President Obama with our NATO allies is also a serious threat to national security.

Besides the national shame of canceling negotiated agreements, we have further destabilized the Middle East, inflamed our enemies and the baseless recent assassination of an Iranian leader has emboldened foreign enemies to take violent action against us.

Endless wars in the Middle East seems to be a specialty of Republican administrations and a war with Iran is a long sought desire that the current Republican President may be willing to implement before he is done. None of this makes us safer.

Perhaps worst of all, ignoring proven science and gutting progress on environmental protections in the midst of the Climate Catastrophe will cause severe political and social unrest across the earth, a massive threat to national security.

Protecting national security, the environment and having good health care for all is far more important than endless economic growth.

It is time to vote for Democrats at all levels of government to stop the current plan to benefit already rich corporations at the expense of the rest of us. Only then can we protect what is really important to the American people.

-David Siegel, Castro Valley

LETTERS TO THE EDITOR must

include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit as necessary. We do not print unsigned or anonymous

Email to: fredz@ebpublishing.com, or mail to: The Forum, P.O. Box 2897, Alameda, CA 94501.

Obituaries

Clifton Edgar Davidson Jr.

September 18, 1925 - January 9, 2020

Clif is survived by his wife Lu after 72 years of marriage, his four children Clifton Davidson III, Deborah Woychik, Lynn Daugherty, and Ronald Davidson, his 12 grandchildren, and 27 great-grandchildren.

Clif attended Castlemont High School in Oakland and at 18 enlisted in the U.S. Army. He was part of General Patton's 3rd Army where he

received two Purple hearts and was engaged in the Battle of the Bulge. He was known to remark to his family and friends I am a World War II guy who should have been dead four times... Clif maintained a successful construction and plastering business for 65 years, doing major projects all over the Bay Area. He adored his wife Lu, referring to her as his bride, and was extremely proud of his children, grandchildren, and great-grandchildren. Clif lived and died in the house he built for his family in 1957.

He is remembered by all for his enthusiastic, infectious manner, exuberant greetings, and joyful positive spirit. A patriot, Clif was known for his friendliness to everyone he met, often striking up conversations with people he didn't

A committed Christian, he was a leader, choir member, deacon, and organizer freely committing his time to others. Clif will be remembered for his happy, easy-going, optimistic and generous nature.



January 3, 1944 - November 19, 2019

Gerald E. Brundage, a resident of Fremont for 30 years and lifelong resident of Alameda County, Jerry died peacefully in his sleep in his own home. He was 75 years old. Jerry was born in Texas but moved to California as an infant.

He was raised in San Lorenzo and attended San Lorenzo High School. Soon after, he joined the Navy and

served during the Vietnam War. He married Janet Bowman in 1967, and later divorced.

He retired from Applied Materials in 2004 as a senior purchasing manager and was highly esteemed by his peers. and Carolyn.

He also leaves behind his brother Jim (Debbie), sister Joan (Chris deBar), two nieces, two nephews, five grandchildren, and three great-grandchildren. He is preceded in death by his beloved mother Searlla, father Fred, and youngest brother Robert. Jerry loved Chardonnay wine, Buddy Holly, cooking spaghetti, and working on various projects around the house. His family will miss him deeply and will always cherish their memories of him.

A private, invite only, memorial service took place on Jan. 5, 2020 in San Leandro.





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Smart Home Technology Rapidly Increasing

s smart home technology increases, the options are exploding. With devices hitting the market, we are seeing a corresponding rise in homebuyer expectations.

While completely automated homes are still mostly reserved for luxury homes, as the number of smart devices increases, price number of devices is almost points are lowering and devices once reserved for the Jetsons or the wealthy are available to all.

Devices fall into approximately 5 categories:

Hubs. As devices multiply. the need to connect them to a single controller is increasing. Rather than using separate remote controls or apps for each device, hubs such as Amazon's Alexa or Logitech's Harmony Elite allow control from a single hub, either with a voice command or remote control.

Security. The mainstay of smart technology has always been security, and we've long had access to connected doorbells with facial recognition technology, door locks, garage door openers, video cameras,



Flower Bulbs

February is the month to start planting gladioluses. Select bulbs now and follow up with additional plantings at threeweek intervals to extend the blooming season. Other bulbs for spring and early summer bloom that can be planted now include achimenes, agapanthus, amaryllis, tuberous begonias, calla lilies, canna lilies, dahlias, daylilies and irises.

Vegetables

Although nighttime temperatures continue to drop to the low 30s, seeds in the garden will germinate, but very slowly. Sow beets, celery, carrots, chard, chive, collards, garlic, leafy lettuce, mustard, parsley, peas, radishes, spinaches and turnips. Keep an eve out for snails and slugs as the seeds germinate.

Weeds

While the ground is wet from our latest rains, pull weeds before they form seeds. Be sure to remove the entire root system so they don't sprout again. Avoid using weed-killing chemicals, as they just add pollution to your yard's soil.

comprehensive security systems just have smart refrigerators and more.

While we have seen Nanny Cams hidden in stuffed animals or books, we are seeing an increase in devices with hidden cameras designed to secretly monitor homes. These include smoke detectors, light fixtures, clocks, wall outlets ... the limitless.

Heating and cooling. Devices in this category fall into two categories: controllers such as the Nest Thermostat or actual devices such as standalone air conditioners that can be activated by voice commands or a mobile device.

Lighting. Not only are we seeing a wholesale shift to LED lighting, we are seeing lightbulbs that can be dimmed from remote devices and, in many cases, can be adjusted to any desirable color. Smart switches are also appearing, some with Alexa capability built in.

Appliances. No longer do we

that can order groceries for us and washers and dryers we can control from our phones, we have sous vide cooking devices, smart barbecues, vacuum cleaners and a microwaves - one even has a door that is a display monitor.

For those who do not fancy dealing with trash, there are now smart trash cans that handle everything for you - apparently the only thing they will not do is carry it to the curb.

We are living in an increasingly connected environment and in addition to becoming connected to one another, we are also increasingly connected to our homes and growing extremely dependent on our devices. Let's just hope the power never goes out.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.



RECENT HOME SALES

Castro Valley

LOWEST AMOUNT:

HIGHEST AMOUNT:

19764 Stanton Avenue 94546: \$435,000 2 BD - 1,000 SF - 1970 22639 Canyon Terrace Dr. 94552: \$550,000 2 BD - 984 SF - 1997 94546: \$807,000 2 BD - 1,744 SF - 1955 18631 Laredo Road 94546: \$940,000 4 BD - 1,968 SF - 1980 18658 Crest Avenue TOTAL SALES:

LOWEST AMOUNT: \$435,000 MEDIAN AMOUNT: HIGHEST AMOUNT: AVERAGE AMOUNT: \$940,000

San Leandro 15335 Washington Ave 94579: \$399,000 2 BD - 895 SF - 1985 1644 Brockton Way 94578: \$426,000 2 BD - 815 SF - 1991 94577: \$468,500 3 BD - 1,308 SF - 1974 2489 Fairway Drive 1801 Campbell Avenue 94577: \$553,500 4 BD - 1,416 SF - 1952 1750 150th Avenue 94578: \$575.000 3 BD - 1.480 SF - 1977 14255 Seagate Drive 94577: \$575.000 2 BD - 1.338 SF - 1984 94577: \$600,000,2 BD - 912 SF - 1942 883 Douglas Drive 1358 Castro Street 94577: \$603,500 3 BD - 1,115 SF - 1952 261 Farrelly Drive 94577: \$605,000 2 BD - 1,002 SF - 1941 14623 Wyman Avenue 94578: \$620.000 2 BD - 957 SF - 1946 94578: \$630,500 3 BD - 1,486 SF - 1953 417 Bradrick Drive 94578: \$649,000 2 BD - 1,178 SF - 1938 1437 166th Avenue 2421 Fairway Drive 94577: \$700,000 3 BD - 1,217 SF - 1965 16338 Ridgehaven Dr \$745,000 94579: \$775,000 3 BD - 1,096 SF - 1953 1548 Beechwood Ave 2011 Howe Drive 94578: \$796,000 4 BD - 2,087 SF - 1954 16878 Selby Drive 94578: \$825,000 2 BD - 1,464 SF - 1960 94577: \$880,000 2 BD - 1,500 SF - 1957 2148 Renedict Drive TOTAL SALES:

\$880 000

\$399,000 MEDIAN AMOUNT:

AVERAGE AMOUNT:







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One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25. For more information and a listing form, call 614-1558. DEADLINE: TUESDAY AT NOON.

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\$612,500

\$634,777

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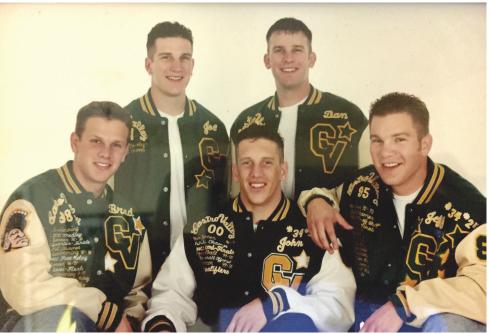
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The Willits brothers: Back row, from left, Joe and Dan. Front row, Brad, John and Jeff.

Fame: 'It Was the Best Decision of My Life'

continued from page 2

snow. It was the exact opposite of I was.' what I knew and grew up with.

"It was the best decision of my Everyone in the town went to our with no regrets. "I try to look at the life," he now says of his college football games. Kids coming up to positive side: No knee injuries or choice. "I loved the lifestyle... me in the locker room wanting my head problems," he boasted. the outdoor life, the cornfields, the autograph. Everybody knew who

He wound up turning down the based Dettaglio Construction.

MOVIE NIGHT!

WHO PAYS THE PRICE FOR OUR CLOTHING?

THE TRUE COST

I became a part of Atchison. opportunity to attend the combine,

John Willits works today as a superintendent for Walnut Creek-

Reports: CV

continued from page 3 Art Critic Gets Violent At Eden Medical Center

Wednesday, January 22: at 11:21 p.m., deputies arrested a 49-yearold man from Oakland on suspicion of vandalism at Eden Medical Center on Lake Chabot Road. Hospital security called deputies to assist after the man ripped a picture off the wall of one of the waiting areas and threw it across the room. Deputies report the man was already on medical hold to determine his mental state. The man was taken to John George Pavilion for further evaluation.

She Fought the Law

Wednesday, January 22: at 10:34 p.m., a 48-year-old woman from Castro Valley was arrested on suspicion of public intoxication and resisting arrest. Deputies responded to a call about a woman who drank too much outside a business on Rutledge Road near Castro Valley Boulevard. The woman became agitated that deputies were helping and refused to cooperate. Deputies handcuffed the woman and took her into custody.

Wanted to Stay in Hospital

Monday, January 22: at 6:20 p.m., a 26-year-old woman who refused of illegal narcotics. Deputies were care. During the scuffle, the womto give a home address was arrest- called to Eden Medical Center af- an fought with deputies and "doned on suspicion of interfering with a business, assaulting a peace offi-

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a home with another young cat. friendly kitten who loves to Spayed, vaccinated and microchipped. Email Loveallpawzrescue@gmail.com.

pect refused to leave even after she put in the squad car. Deputies took cer, resisting arrest, and possession was fully discharged from their the woman into custody. **Burton:** Event Has Grown Exponentially

ter hospital security said the sus- key kicked" one as she was being

continued from front page

compel the Castro Valley MAC and Alameda County Board of Supervisors to approve the proclamation of Feb. 10 being Cliff Burton Day. The event has grown exponentially each year, prompting larger and larger venues in Castro Valley.

Word of Ray Burton's death spread quickly among music fans and elsewhere. Metallica frontman James Hetfield, drummer Lars Ulrich, guitarist Kirk Hammett, and bassist Robert Trujillo also posted individual tributes to Burton.

Hetfield posted a poem on his social media account entitled "Mr. Ray Burton" (at right).

Burton was even an influence on All Elite Wrestling (AEW) star Chris Jericho; a fan of Burton the musician and his father. In addition to his wrestling skills, Jericho Fozzy.

"Mr. Ray Burton"

"Mr. Ray Burton is a hero of mine In earthly form, his end of the line He weathered many a difficult storm A strong compass true and gracefully worn, To his last breath, I've not met a more positive man And to his son there was not a more loyal fan So he leaves the material world to be with his sons and wife I feel so very blessed to have had him grace my life, *In earthly form, his end of the line* Mr. Ray Burton is a hero of mine. May peace be yours. Love and Respect, James"

gracious to myself and all fans gy into any room he was in!!" and musicians I saw him meet," and preserving his legacy & he al- 28.

GOT

"He was always so friendly and ways brought a real positive ener-

Metallica is scheduled to per-Jericho wrote on his social media form a benefit for its All Within account. "He took great responsi- My Hands Foundation at the Mais the frontman in the metal band bility in representing #CliffBurton sonic in San Francisco on March

CDOCCMODD

Join CVSan in exploring the true cost of fast fashion!

Friday, February 7th, 6:30 - 8:30 p.m. When: Where: Castro Valley Library - Chabot Room 3600 Norbridge Ave, Castro Valley

The True Cost is a documentary about the impact of the clothing industry on society and the environment. CVSan will facilitate a short discussion after the film. Refreshments will be provided. All ages welcome. This film is rated PG-13; children under 13 must be accompanied by an adult.

Register for this free event at cvsan.org/ZeroWasteWeek or contact CVSan at 510-537-0757 by February 6th. This is part of CVSan's Zero Waste Week 2020.

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