

 $(\mathbf{0})$ 

**YEAR 30** 

### WEDNESDAY, JULY 18, 2018

Andre Ward Hosts First Amateur Boxing

**NO.29** 

### **FORUM OUR TOWN**

**INSIDE YOUR** 



**Showing Pride** Young and old celebrate at Castro Valley's 8th Annual Pride event Page 3

### LIVING

۲



### Just Peachy Pies and desserts that feature the worlds most versatile stone fruit Page 5

NEWS



**Need iHelp?** CV Library offering free classes on tech devices in month of August Page 16

### INDEX

Classified Ads 12
Community Calendar 4
East Bay Living5
Homes 11
Horoscope14
Obituaries14
Our Town 3
Seniors9
Sports 8
Weather 2
PHONE: (510) 537-1792

Tourney with Sheriff's Deputies' Academy The noon-time line was long on Saturday but the fans didn't seem to mind in the least. After all, it was a chance to meet and talk to

a real hometown hero — five-time World Boxing Champion and 2004 Olympic Gold Medalist Andre S.O.G. Ward. Ward was at Hayward Adult School to host his first amateur boxing event Saturday afternoon in conjunction with the Alameda

County Deputy Sheriff's Activities League Boxing Academy (DSAL Boxing) program. "Amateur boxing is where I got my start and it's extremely important to me to stay connected with

the young boxers currently competing in the sport and to provide any knowledge and inspiration I can give them," Ward said.

"Competitive opportunities are vital for a young boxer and I want to give them a platform to showcase their skills and I'm looking forward to being ringside to cheer them on."



Recently retired professional boxing champ and hometown hero Andre S.O.G Ward autographs a pair of boxing gloves during a meet-and-greet before Saturday afternoon's Generation NEXT Showdown at Hayward Adult School. A long line of fans waited to meet the down-to-earth Ward, who shook hands and chatted with them, and posed for scores of see WARD on page 8 photos with their family members.

### Castro Valley Car Show Takes Final Lap

**By Michael Singer** CASTRO VALLEY FORUM

After 20 years of hosting classic Cadillacs, Thunderbirds, Camaros, and Woody Wagons, the Redwood Chapel Car Show rallied its final event this past Saturday.

Jerry Gamez, who started the show back in 1998, said the goal was always to reach out to the community and promote the values of service to others.

Gamez said he is grateful for the outpouring of support over the vears and said he could not have done it without the help of nearly 100 volunteers to keep the show's engine running smoothly.

'It takes many, many hands to put this all together throughout the year," Gamez told the Castro Valof the local sponsors and business people, it's the only car show that I know of that doesn't charge [for retiring from the show five years tive in two other car clubs and in Show started with 23 cars and registration] yet provides coffee earlier but felt it was time to take a his volunteer work with Redwood quickly grew into the hundreds as 15-year-old boy and two adult and donuts as well as lunch to our guests. Everywhere I go, people mark after a meeting with church tell me there is not another car officials. show like ours."



ley Forum. "But through the luck Hundreds turn out for the Redwood Chapel Car Show's final event this past Saturday.

Gamez said he had planned on mez says he will still be very acvictory lap at the 20th anniversary Chapel.

Despite the show's closure, Ga- tered their classic cars for free.

۲

ed. More than 319 people regis- in the church lot over the last 20 gation by the California Highway

word got around. Gamez estimates men were taken to the hospital. The final event was well attend- more than 5,000 cars have parked see SHOW on page 10 Patrol.

PHOTO BY MICHAEL SINGER

### MAC MEETING **AC Transit Rolls Out** Campaign

**By Amy Sylvestri** CASTRO VÁLLEY FORUM

AC Transit District updated its efforts to get more people out of their cars and onto public transportation at Monday night's Castro Valley Municipal Advisory Council (MAC) meeting.

The transit agency is rolling out "AC Go," a system-wide campaign to increase the frequency of buses to no more than 30 minutes at most stops and to have longer running hours. AC Go also breaks some loop routes into easier-to-understand linear routes.

AC Transit runs 151 bus lines and 5,500 stops in the East Bay (in addition to the popular Transbay lines), transporting 171,300 people daily and over 52 million people annually.

But bus services still isn't the most popular way to get around town for most Castro Valley residents. To entice more riders with convenience, AC Transit introduced the Flex shuttle a few years ago.

see MAC on back page

### **REDWOOD ROAD**

### Two Dead **After CV Car Crash**

Two women were killed and three others were injured in a single vehicle crash on Redwood Road on Saturday night.

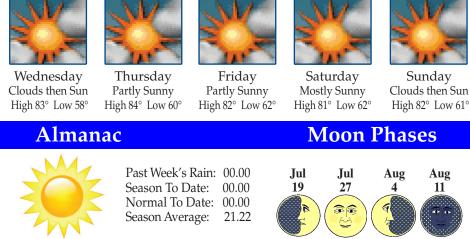
The accident was reported shortly after 10:30 p.m. on a northern stretch of the road near Anthony Chabot Regional Park and the Upper San Leandro Reservoir.

The car, a red Mazda, over-The Redwood Chapel Car turned. The two women were pronounced dead at the scene. A

The accident is under investi-

#### CASTRO VALLEY FORUM Wednesday, July 18, 2018

### July 18 - 22, 2018 **Castro Valley Weather**



Sun sets at 8:29 p.m. today, rises at 6:03 a.m. Thursday.

Míchele Markovích Antíques 20407 Santa Maria Ave. and 2510 San Carlos Ave. michele.estatesales@gmail.com

### GOT A NEWS TIP? CALL (510) 537-1792 OR EMAIL: fredz@ebpublishing.com

### **TRANSFER STATION TOUR:** SPOTS STILL AVAILABLE



CASTRO VALLEY SANITARY DISTRICT (CVSan) has opened registration to CVSan adult residents and business owners to attend a tour of the Davis Street Transfer Station (DSTS) in San Leandro. Learn how your curbside materials are sorted, separated, and packaged on this engaging three-hour tour

Register at www.cvsan.org/dststour or call 510-537-0757 for the Saturday, July 28, 2018 tour from 9 a.m. to 12 p.m.

Please take into consideration that this is a walking tour (min. age 10) consisting of uneven surfaces, obstacles, up and down steep stairs (72 steps total), inclines, and elevated areas. Please contact CVSan if you are not physically able to participate to discuss an alternate tour option.

CASTRO VALLEY SANITARY DISTRICT Effective Environmental Services since 1939 510-537-0757 | www.cvsan.org This ad was funded by WMAC Public Education Funds

### 2018 County Fair: Stats Are In!

As with all good things that made the Fair a part of their sumcome to an end, so goes the 18 mer celebration.' days of summer fun at the 2018 Alameda County Fair, with total stage in 2018 with the addition of attendance at 423, 418.

Concluding its 106th year last Ride, offering riders a bird's-eye week, the Fair offered a full final day of excitement with live horse racing, the popular RV Demolition show and Rock/R&B legends thrill-seekers was the Turbo, a su-WAR bringing down the house at the Amphitheater.

"The 2018 Fair was indeed ciate everyone who came out and the Clothing Drive.

**ESTATE LIQUIDATION Estate Sales & Consignments** 

Cell-882-3242

The Fair's carnival took center the brand new, cross-grounds Sky view of the Fair. More than 22,000 took that ride

Also new this year just for per fast, spinning adrenaline-rush ride at 120 feet in the air.

For the annual Food Drive, crowned Smokehouse Tots the the perfect way to welcome in 6,362 took advantage of free adsummer," said Fair CEO Jerome mission by bringing a donation, Hoban. "Every day offered some- amounting to a total of some 14 thing fun and special. We appre- tons of food. And 5,473 donated to

As in year's past, the statistics of what fair-goers consumed seemed to draw the most interest:

Corn Dogs - 31,688 BBQ Turkey Legs – 11,998 Burgers-6,183 Funnel Cakes - 29,997 Cotton Candy - 4,235 Candy Apples – 708 Deep Fried Twinkies - 658

The 5th Annual Snackdown new Grand Champion. Other top winners included the Texas Tater Dog, Fruity Pebbles Shrimp on a Stick, Strawberry Shortcake Milkshake and Crazy Cake.

### CVSan Earth Day Donation to Food Bank

hosted its 16th Annual Earth Day this year. Clean-Up event on April 28, and for the seventh consecutive year County Community Food Bank provided each volunteer the opportunity to select one of four local charities to receive \$5 on their behalf.

whose Events Manager, Kathryn Weber, was presented with a donation of \$1,370 at the CVSan Board CVSan would provide 3,260 of Directors meeting on July 3.

As a result, CVSan donated a In thanking the District, Weber niors in need.

Cannot be use with any other offer.

Castro Valley Sanitary District total of \$2,050 to those charities said the Food Bank "serves one in five members of the community... One of them was the Alameda that mean the equivalent of 20% of Alameda County residents need our services.'

Weber said the check from meals to children, adults and se-

**ANNIVERSARY SPECIAL** 60 Years of Serving Local Families & Communities Kids & Adults Can Exercise & Play All in One Place! Full Gym • Over 40 Group Exercise Classes • Open Lap Swim Water Exercise Classes • Kids Pool • \$1 Babysitting • Kid Fit-plus & More! NO INITIATION FEE! Save \$400 - \$800 \*When you join you pay prorated dues for July, August and September to qualify for NO INITIATION FEEs. Subject to change without notice.

Offer expires July 31, 2018. HERE THIS SUMME LIMITED SLOTS AVAILABLE Monthly Dues for Monthly Dues for *Membership includes the whole family* Singles = \$201up to 6 members. Lockers \$9. Families = \$207

**Bay-O-Vista** Private Family Fitness, Gym, Swim & Tennis Club Visit Our Website and Watch Our Video, www.bovswim.com Located on corner of 1881 Astor Dr. & Lake Chabot Rd., San Leandro 510-357-8366 • email: swim@bovswim.com

### Our Town

### CASTRO VALLEY FORUM Wednesday, July 18, 2018 3



PHOTO BY FRED ZEHNDER

"Standoff," a band made up of Castro Valley High School students, entertained the midday crowd at the 8th Annual Castro Valley Pride celebration Saturday on the school campus.

### Young, Old Celebrate CV Pride

#### By Michael Singer CASTRO VALLEY FORUM

The 8th Annual Castro Valley Pride event this past Saturday was ly age that happiness came from resources booths. a celebration of not only diversity of gender but age as well. More than 73 booths lined the Castro vendors and food trucks.

sunshine and festivities, much of will be for the rest of my life."

۲

the focus was in helping people answer questions and provide sup- er, there were more questions than port.

following a personal path and not fitting strictly into gender rules.

Valley High School upper parking when I realized I am who I am and bers of the high school LGBTQ uties arrested a 47-year-old man lot including music, entertainment, that made me happy," Singleton community, performance groups, told the Castro Valley Forum. "I health resources, and others joined And while the nearly 2,000 at- told myself that I needed to be true alongside the arts and crafts ventendees were there to enjoy the to how I am because that is who I dors, community resource groups, of his parole. An anonymous tip

As a young LGBTQ+, howevanswers, which is why Singleton Isaiah Singleton knew at an ear- was happy to be among several

About a dozen stands were designed for a young person's jour-"I was about seven or eight ney towards their own pride. Mem- Friday, July 13: at 11:11 p.m., dep-

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM Switchblade Outside Starbucks ing outside a home on Somerset from Castro Valley on suspicion

SHERIFF'S REPORTS

Sheriff's deputies arrested a deputies to the scene. There, they on Grove Way near Center Street. 28-year-old man from Castro Val- handcuffed the man and took him A report of a fight at the home ley on suspicion of possession of into custody. an illegal switchblade. The man was hanging outside a Starbucks on Center Street near Grove Way Friday, July 13: at 10:30 p.m., a ed at the scene. when deputies stopped him for 911 call about a loud and aggresquestioning. The man revealed he was carrying a knife but deputies custody.

#### **Graffiti at BART**

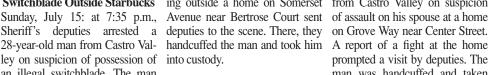
37-year-old man with no permanent address was arrested on suspicion of vandalism outside a BART station. Deputies stopped the man for questioning when they noticed him crouched in the parking lot on Friday, July 13: at 4:00 p.m., dep-Norbridge near Redwood Road with markers and stickers he was attempting to tag private property. The man also had an outstanding warrant issued for his arrest. Deputies took the man to Santa Rita Jail pending \$5,000 in bail.

### Can't Stay Away

from Castro Valley on suspicion of violating the terms of a warrant issued for his capture and the terms see PRIDE on page 15 about a suspicious person hang-

sive-sounding argument sent dep-\$50,000 in bail. The victim was treated at the scene.

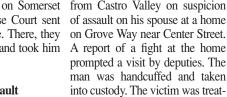
#### **Spousal Battery**



#### **Family Assault**

uties to a home on Gem Court near Friday, July 13: at 2:45 p.m., a determined it was an illegal ver- Gem Avenue. There, they arrested 40-year-old man from Castro sion. Deputies took the man into a 31-year-old man from Castro Valley was arrested on suspicion Valley on suspicion of assault on a of possession of illegal narcotics, family member. The man was also illegal drug paraphernalia, and wanted as part of a warrant issued violating the terms of his parole. Saturday, July 14: at 7:28 p.m., a for his capture. Deputies took the Deputies stopped the man for man to Santa Rita Jail pending questioning outside a motel on

uties arrested a 39-year-old man



**Illegal Drugs** East Castro Valley Boulevard near the 580 Market Place shopping center when they discovered his stash. The man was taken to Santa Rita Jail pending \$10,000 in bail. see REPORTS on page 10



### By Rob Rosas

lower back pain and sciatica, you of five Americans who will suffer with

this crippling spinal condition. Shooting, stabbing and burning pains from the lower back region, often teamed with pain through the buttocks and down the legs are all classic symptoms of Sciatica or "pinched nerves".

In severe cases, it often leads to muscle wasting and or numbness with a constant tingling down to the tip of the toes. Left untreated, the intense pain can rapidly wear you down and drain the joy out of life.

#### New Treatment Discovery

Recent advances in the treatment of sciatica and lower back pain have led to the development and huge success of Non-Surgical Re-Constructive Spinal Care.

nt results of this treatme have been published in major medical journals. Success rates as high as 90% now have some leading back surgeons recommending their patients to try this treatment first before considering back surgery.

In Pleasanton, you can try Non-Surgical Re-constructive Spinal Care at the Intero Chiropractic - the office of the man who has dedicated helping hundreds of people with low back pain and sciatica.

Jerry, D.C. and his team of fully trained spinal care specialists have helped hundreds of patients find relief from their agonizing back pain and sciatica.

IF YOU suffer from are among four out

Got a Painful Nerve? Is your Sciatic nerve causing you crippling leg and lower back pain?

Special CASTRO VALLEY FORUM Reader Offer

According to Jerry, D.C.,"We use a combination of ultra-advanced technology, not found elsewhere in Pleasanton, for precisely diagnosing the cause of your lower back pain and sciatica. From this, a unique program for reconstructing the damaged area causing the pain is designed; this means superior long-term results for most people."

#### Personal Tailored Recovery Plan

Because the treatment is nonsurgical, safe and easy, most patients report an almost immediate relief from their pain.

Patient Hector H. says, "My back pain was unbearable but the worst was the searing burning

felt in my buttock and leg. I couldn't work or do anything useful and the drugs my GP prescribed hardly did anything.

My wife insisted I respond to one of these ads, I thought it would be a total waste of time, but I'm so glad she kept on at me.

Thank goodness I called your number, I'm so much better in just a couple of weeks.3

Your invitation for a

comprehensive consultation and examination to pinpoint the cause of your lower back pain and sciatica...

Rossmoor News has teamed up with the spine therapy team at Intero Chiropractic to help readers find relief from their persistent back and sciatic

pain. All you have to do to receive a thorough diagnostic examination with their advanced technology and a comprehensive easy to understand report on your state of health is call (925)255-5805.

• Mention this article CODE: BOS20SCMS7b and Jerry, D.C. will happily reduce his usual consultation fee \$100 to just \$20.

- That's a saving of \$80 So hurry, due to obvious reasons - this is a time limited offer
- Only 100 reader consultations able at this discounted rate.

My advice, don't suffer a moment longer.. Find out if Non-Surgical Re-

Constructive Spinal Care can help vou. book a consultation with Jerry, D.C. and his team now by calling (925)255-5805 they are waiting to take your call today. They actually treat the cause of your health problem, not just your symptoms.

That's why hundreds of grateful patients tell them "You gave me back my life!"

Over the years, they've treated hundreds of patients with back PAID ADVERTISEMENT problems and sciatica. The vast majority of them have enjoyed a superior, lasting relief. In fact, many who've suffered and have tried other remedies have told them they gave them back their lives!

#### Why Prolong Your Agony?

Call them now and get a full and thorough examination to pinpoint the cause of your problem for just \$20, the normal cost of such an exam is \$100!

Don't suffer from the pain and immobility any longer. Discover the natural treatment that can eliminate the cause of your problem and give you the safe, lasting relief you deserve. Call them now at (925)255 and cut out or tear off this valuable article to take to your appointment. You'll be entitled to a comprehensive examination to diagnose the cause of your problem - and you'll be on your way to lasting relief! Don't delay your important diagnosis and

treatment another moment! Please note, if you call during the week, they are very busy, so if they don't pick up straight away leave a message. You can even call at the weekend and leave a message to secure

your spot.



Dr. Jerry Hsieh, DC says," as effective as Non-Surgical **Re-Constructive Spinal Care** for patients with sciatica or lower back pain."

They can't help everyone at this reduced price, so please call NOW to secure your special opportunity. **Special Reader Opportunity is** limited to the first 100 reader consultations. Don't delay, call (925)255-5805 and Quote Special Offer Code BOS20SCMS7b.

# The Week Ahead

### Wednesday, July 18: Senior Financial Abuse Workshop

The Aitken Senior Center at 17800 Redwood Road in Castro Valley will present a Financial Abuse Awareness Workshop from 10 to 11 a.m. today when a representative from Wells Fargo will help you identify and protect yourself against elder financial abuse. Learn how your identity can be compromised, ways to protect your information and what to do if you experience identity theft or fraud. To sign up for this free seminar, or for more information, call 510-881-6738.

### • Thursday, July 19: Downtown Hayward Street Party

The Hayward Street Party season continues its 19th year from 5:30 to 8:30 p.m. tomorrow with bands, car shows, street entertainers, and face-painters and rides for kids.

### • Saturday, July 21: Eden Area Village

Join us for coffee at the Cannery Cafe in the HAHS Museum, 22380 Foothill Blvd. at 9 a.m. this Saturday and learn how we are working together to help seniors remain in their homes and engaged in the community. Visit edenareavillage.org or email info@edenareavillage.org

### CASTRO VALLEY FORUM CASTROVALLEYFORUM.COM

ESTABLISHED: 1989 • CIRCULATION 22,500 © 2018 EASTBAY PUBLISHING CORPORATION - ALL RIGHTS RESERVED

Published every Wednesday by EastBay Publishing Corp. 2060 Washington Ave., San Leandro, CA 94577 Corporate Address: P.O. Box 2897, Alameda, CA 94501 Tel: 510-537-1792 • Fax: 510-814-9691

Fred Zehnder, Editor & Publisher fredz@ebpublishing.com	Amy Sylvestri, News amys@ebpublishing.com 510-614-1561			
Howard Morrison, Assoc. Publisher howardm@ebpublishing.com Helen Burkett, Advertising Design Mgr. helenb@ebpublishing.com	Jim Carrizo, Sports jimcvsports@gmail.com 510-967-3759			
Moxie Morrison, Layout Design moxmore@yahoo.com	Contributing Writers: Linda Sandsmark			
Claudette E. Morrison, Business Mgr. cm@ebpublishing.com	Michael Singer Gene Osofsky			
Patrick Vadnais, Classified Ads / Obituaries patrickv@ebpublishing.com	Carl Medford Terry Liebowitz			
Mary Florence, Advertising Sales 861-3270 Mpominville4582@aol.com	Amy Ramos Linette Escobar Thomas Lorentzen			
Linda Nakhai, Advertising Sales 510-915-1513 Inakhai@comcast.net	Buzz Bertolero			



CAPRICORN (December 22 to January 19) You might be quite alone right now in deciding to support a major workplace shift. But others will join you as new information supports your bold move.

AQUARIUS (January 20 to February 18) A former co-worker returns with news that could persuade you to reassess recently made plans. Be sure to consult with a trusted colleague before you act.

PISCES (February 19 to March 20) Your motives behind a recent decision could be called into question by a rival. But once you present the facts, all doubts will be resolved. Enjoy an arts-rich weekend

### • Saturday, July 21: Karaoke Night

Castro Valley School Of Music at 3300 East Castro Valley Blvd. is holding a free "Karaoke Night" from 6 - 8 p.m. this Saturday. Adults and kids come take the center stage and enjoy a selection of over 30,000 songs. For info, call 510-397-0721 or visit www.cvsom.com

#### • Saturday, July 21: Showtime in San Lorenzo

This is a free family event which will include a fun-filled day of artisan craft vendors, a car show, tours of the San Lorenzo Theater, and ending with an outdoor movie, "Cars 3." The California Dept. of Toxic Substances Control will host a lead testing booth at Showtime, from 2 to 6 p.m. on July 21 at 16080 Hesperian Blvd. in San Lorenzo. Stop by the booth to learn more about the hazards of lead and get items tested for lead content. Info at www.showtimeinsanlorenzo.org/index.html

#### • Saturday, July 21: Paranormal Investigation

Experienced investigators will lead you through the historic Meek Mansion at 17365 Boston Road, Hayward at 7 p.m. on July 21 to explore the paranormal. Data previously collected includes electronic voice phenomena (EVP), cold spots, touches, apparitions, and much more. Investigations for ages 18 and older. Tickets (\$75) must be purchased in advance at haywardareahistory.org/explore-the-paranormal

#### • Monday, July 23 & Continuing: Furniture Restoration Class

The Aitken Senior Center at 17800 Redwood Road in Castro Valley is offering a Caning and Furniture Refinishing/Restoration Class on Mondays from 9 a.m. until noon. This ongoing class accommodates beginners through advanced and costs \$1.50 per day. If you are interested, stop in and bring your project with you for evaluation.

#### • Tuesday, July 24: Current Trends in Social Media

The Rotary Club of Castro Valley will host Kern Lewis from KO Websites in Castro Valley speaking on Current Trends in Social Media. The program and a buffet lunch take place at Redwood Canyon Golf Course in Castro Valley from noon to 1:30 p.m. The cost of lunch is \$20 and reservations must be made by 9 p.m. on Sunday, July 22, by contacting Rotary at cvrotary@iCloud.com or 510-402-5123. More information is available at castrovalleyrotary.org.

#### • Thursday, July 26: Pirate Escape Room Adventure

Can you beat the clock? The Castro Valley Library presents, Pirate Escape Room Adventure, where you'll work as a team and use your wits to solve puzzles, unlock clues and escape the room to get the treasure. This is a program designed for teens, ages 13-19. Registration is required — sign up for you and your friends for up for one of two time tickets (\$18, \$15, \$12), visit www.dmtonline.org or call 510-881-6777. slots. For more information or to register, call the Library at (510) 667-7900 or visit www.aclibrary.org

#### • Friday, July 27: Jenny Lin Concert

Enjoy the free Jenny Lin Foundation Summer Concert at 7:30 p.m. on July 27 at the Buffington Performing Arts Center on the Chabot College campus, 25555 Hesperian Blvd. in Hayward. This year, some 300 young musicians from around the Bay Area took part in the Summer Music Program.

#### • Saturday, July 28: Elders Take the Mic

Whether it's childhood mischief, moments of hardship and triumph, or reflections on the retired life, hear stories that are a touching and nuanced exploration of the human experience from 3 to 5 p.m. on July 28 at the Hayward Area Senior Center, 22325 North 3rd Street. If you've been thinking of writing your story, this is the perfect sampler event. Come hear some student-writers' stories and get inspired to join the class and write your own story! It's free, but please RSVP to the Hayward Area Senior Center (510) 881-6766 or www.haywardrec.org

### • Tuesday, July 31: Rotary: "Maintaining a High Profile"

The Rotary Club of Castro Valley will host Tim Smith from Logoboss who will speak on "Getting and Keeping a High Profile for a Business or Organization." The program and a buffet lunch take place at Redwood Canyon Golf Course in Castro Valley from noon to 1:30 p.m. The cost of lunch is \$20 and reservations must be made by 9 p.m. on Sunday, July 29, by contacting Rotary at cvrotary@iCloud.com or 510.402.5123. More information is available at castrovalleyrotary.org

#### • Tuesday, July 31: Sizzling Summer Pool Tournament

Join the fun at the Aitken Senior & Community Center as it hosts its Sizzling Summer Pool Tournament on Tuesday, July 31st at 10 a.m. With beginner and advanced brackets, all levels are encouraged to par- paintings by each artist can be viewed at www.sfbotanicalartists.com ticipate. Prizes will be given to the top player in each division and their • The Magic of Collaboration, an exhibit showcasing an array of names will be added to our perpetual plaque. Coffee and pastries will be provided. Players must be registered by Friday, July 27. Call 510-881-6738 for more details.

#### • Friday, August 3: Hot Summer Luau Dinner & Dance

Put on your dancing shoes and dance the night away with music by the Len & Rich Band from 5:30 to 10 p.m. at the Hayward Area Senior Center, 22325 North 3rd Street. Admission is \$20 advance, \$25 at the door.

### • Sunday, August 5: Art Class at the Castro Valley Library

Join us for the Library's own version of a Paint Party from 3 to 5 p.m. on Aug. 5 as Christie's Creative Cupboard helps you paint like Georgia art for your home. All materials will be provided and no experience is 581-4050 or visit www.SunGallery.org

necessary. Christie will help you understand the style and techniques. This class is for adults only. Space is limited and registration is required. Register at the Library Information Desk in person or by calling 510-667-7900.

#### • Friday-Sunday, Aug. 17-18-19: Hayward High Alumni

Hayward High School will host an All-Alumni Weekend Aug. 17-19, to celebrate the opening of its brand new lighted athletic field, starting with an all-alum tailgate party behind the HHS gym from 3 to 7 p.m. on Friday, Aug. 17. Campus tours, led by current students, will be available during this time. Following the tailgate will be the school's first varsity home football night game under the new lights (admission \$8).

# Arts & Entertainment

#### **CASTRO VALLEY CENTER FOR THE ARTS**

Tickets for Center for the Arts events listed below are available online at www.cvcfa.com; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. (phone 889-8961), or at the Castro Valley Adult School, 4430 Alma Avenue.

#### Castro Valley Arts Foundation 2018-2019 Series

From Country to Classics, tickets are on sale now for six concerts-Led Zepagain, Mark Mackay, Pasquale Esposito, Vox Fortura, Johnny Cash Tribute and The Sun Kings, plus the New Year's Eve Cabaret. Buy season tickets and save \$5 per ticket, free ticket exchange and best seat selection. See ticket info above.

#### THEATRICAL & MUSICAL PERFORMANCES

• Concert: Six Continents of Music," will be presented by the Morrisson Theatre Chorus under the direction of César Cancino, featuring lively, tropical, and romantic rhythms from around the world, at 8 p.m. this Friday and Saturday, July 20-21, and at 2 p.m. on Sunday, July 22, at the Douglas Morrisson Theatre, 22311 N. Third St., Hayward. For

• "The Mousetrap," by Agatha Christie, will be presented by the San Leandro Players from July 21 to Aug. 19 at the San Leandro Museum/Auditorium, 320 West Estudillo Ave. in San Leandro. A group of strangers trapped by a snowstorm discovers that a murderer is among them. Show times are Saturdays at 8 p.m. and Sundays at 2 p.m., plus the Fridays of Aug. 10 and 17 at 8 p.m. Tickets are \$20 general, \$15 seniors. For more information or for reservations, call 510-895-2573 or visit www.slplayers.org

• "Joseph and the Amazing Technicolor Dreamcoat," with a cast of 70 and a live orchestra, will be presented by Woodminster Summer Musicals at 8 p.m. on Aug. 3, 4, 5, 9, 10, 11 and 12 at Woodminster Amphitheater, Joaquin Miller Park, Joaquin Miller Road at 3540 Sanborn Drive) Oakland. This family favorite is a lively musical retelling of the Biblical tale of Joseph and his coat of many colors. For tickets or info, call 510-531-9597 or visit www.woodminster.com

#### AT THE GALLERIES

• "Elevate," Adobe Art Gallery's Inaugural Fundraiser and Silent Auction Exhibition Preview Party will be held from 1 to 3 p.m. on Saturday, August 11, with the work of more than two dozen artists. Proceeds will go toward improving the exhibition space with new mobile walls for the visual display of artists' work and additional lighting. The exhibition will continue through Sept. 29 at the gallery, 20395 San Miguel Avenue. For more info, visit adobegallery@haywardrec.org

• 'Teachers Exhibit' Watercolors, featuring botanical works by artists who have taught in Castro Valley and Hayward - Pat Anderson, Beverly Dahlstedt, Pat Doyne, Kate Hardwig, Mary Harper, Nancy Jacobson, Brenda Purchio, and Janet Steidel - are currently on display at the Castro Valley Library. The exhibition continues until Sept. 6. More

collaborators from family members to artist collectives co Adobe Art Gallery, 20395 San Miguel Ave. in Castro Valley. For more information, visit adobegallery@haywardrec.org or call 510-881-6735.

• "Black & White in Black & White: Images of Dignity, Hope, and Diversity in America," a collection of early 20th Century portraits of African Americans in Nebraska printed from glass plate negatives, will be on display in the Community Gallery at the HAHS Museum of History & Culture, 22380 Foothill Blvd. in Hayward through Aug. 19. The images were taken between 1910 and 1925.

• #Climate Change: An Unfolding Emergency featuring the works of more than 20 artists is being presented by Sun Gallery, 1015 O'Keeffe. Enjoy painting like one of the masters and creating a piece of E St. in Hayward. For more info on the exhibit, call the Sun Gallery at



A volunteer coach (above) checks an old-fashion cuckoo clock while a restaurant-style milkshake maker gets repaired (below) at the 7th annual Fixit Clinic at the Library last month.

### Milkshake Machine Repaired, Cuckoo Clock Cuckoos Again

CVSan presented Castro Valley's seventh Fixit Clinic at the Castro Valley Library last month. The clinics are "pop-up" activities where participants bring

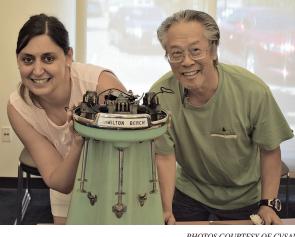
in non-functioning items and are provided tools to learn how to fix their item. Residents brought all kinds of

broken, inoperative items to the June 23 event — wristwatches, blenders, lamps, sewing machines, and even a bicycle!

۲

Eleven Fixit Clinic volunteer coaches were on hand to help attendees assess the problem with their items and provide expertise to assist in fixing them.

Charles Glorioso, Dave Coleman, nating their time to the event! Domilyn Wickum, James Hauk,



A special thank you to 10 local Robert Fong, Sarah Foster-Peck, tal of 274 pounds of potential waste volunteer coaches: Bill DeVore, and Shreya Annamaneni for do-More than half of the items were

Joe McGiffin, Matthew Sanders, repaired, which translated into a to-

PHOTOS COURTESY OF CVSAN that was diverted from landfill. Visit www.fixitclinic.org for upcoming Fixit Clinic events throughout the Bay Area.

### From the Boulevard... 'Old Castro Valley' Tends to Reside With Spirit of Its Own

By Thomas E. Lorentzen

"The sky is the daily bread of the eyes." -Emerson

owns and humans have much in common. They have experiences of their own and develop their own personalities. They have ups and downs and age with time. They have their own histories and tell their own stories based upon what has happened to them or is now happening.

Having resided for most of my life in Castro Valley a sense of the past, present and future of our town tends to flow within me. As an aging person, I find that a sense of the past surprises me now and then with a brief visit.

Although I focus on the present and future, the visitor comes not as a ghost, but a friend. Like a good cup of coffee or glass of wine it gifts me with a mood of calm and reflection. Yet, to appreciate the experience, one must welcome it, and sometimes invite it to happen.

It is within this context that I have found a street in CV that, like our town, has its own subtle personality. It is here, that "Old Castro Valley" tends to reside with a spirit of its own, but only reveals itself if it is strolled and visited as an old friend.

The street goes for only one block. It is nondescript, with no neon signs or palpable personality. Its most common use is as a link between Stanton Avenue and Lake Chabot Road.

To be appreciated, however, exploration is required. Its name is San Carlos Avenue.

Using it as a link myself, I recently stopped in two small antique stores located there. One is A.J.'s Attic, where interesting items from the past invite attention.

The owner, Arnie, has a good grasp of the character and history of the East Bay, having graduated from Oakland High about 1960. He also conducted business for many years in Reno and Lake Tahoe.

It was during those same years that I lived in Reno, enabling us to share stories of the past characters and experiences of that area as well as here in our home towns in the East Bay.

To visit his store and with him makes me appreciate the present with greater value because of our ability to share our common pasts with each other. The items within his store dance to music from their prior lives. Yet, they look fondly upon visitors and seek adoption from caring souls for new futures for themselves.

Upon leaving A.J.'s Attic I stopped a few doors down to visit another interesting antique store, which is titled "Restore & Rework." The new owner, Micaiah, is passionate about taking aged items and restoring them. She has developed the skills of a master crafts-person

She is a native of CV, but much younger than A.J. and myself. Yet, she loves the past, as she lives in the present and builds a future for herself and her family. As an entrepreneur, and as a crafts-person, she is an artist.

Visiting with her and watching her repurpose the old store and its guest items on San Carlos gave me a whole new sense of the present and future here in CV.

These experiences are shared with you as a reader, for it was through a visit with the past - of old items in two old stores on an old street in CV that a new sense of appreciation was birthed within me. The investment of time was one hour, yet it added tangibly to the spiritual uplift of my morning coffee and evening wine on that day.

On the day after these visits I compose this column. The past provided a nice visit yesterday by walking down San Carlos Street and walking in two small antique stores. My visits with both A.J. and Micaiah were interesting and heart-warming. Through them and their interesting stores I felt that I had a wonderful visit with the past, but one that enhanced my appreciation for the present as well as for the future.

Through befriending the past, both A.J. and Micaiah befriend us in the present and create new value for the future. Even if nothing is purchased, a visit to these stores and with them has value of its own.

Tom Lorentzen lives in Castro Valley. He formerly served on the board of the Institute of Museum & Library Services and the Advisory Board to Southern Oregon University, and has served three Presidential Administrations.



CASTRO VALLEY FORUM 7 Wednesday, July 18, 2018

# Alameda County, don't dump it, recycle it!

۲

**Recycle your mattress for FREE** at any of these collection events.

### COLLECTION EVENT: Saturday, July 28th 9AM-1PM · ASHLAND SQUARE 16640 E. 14TH STREET, SAN LEANDRO, CA 94578

### **UPCOMING COLLECTION EVENTS:**

Saturday, Sept. 22 9am-1pm Mission & Hampton 20095 Mission Blvd. Cherryland, CA 94541

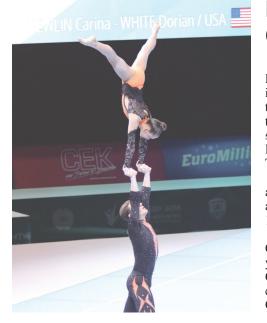
Program of the Mattress Recycling Counci

Saturday, Oct. 13 12:30-3:30pm After FamFest at REACH Ashland Youth Center 16335 E. 14th Street San Leandro, CA 94578

**Supervisor Delivering Service to You** 

### **ByeByeMattress.com**

### ATHLETES OF THE WEEK



### **Dorian White and** Carina Newlin

This week's Athletes of the Week are Dorian White and Carina Newlin, partners in Acrobatic Gymnastics. They competed in the Fédération Internationale de Gymnastique (F.I.G.) World Age Group Championships for Acrobatic Gymnastics in Antwerp, Belgium, from Wednesday, April 4 through Tuesday, April 10.

The pair competed over three days, against 32 mixed pairs, from 25 countries, and placed eighth in the world for their 12-18 Junior Elite age group.

They have been training together at West Coast Training Center in Livermore for 4 years and this was their first trip to the World Championships. White and Newlin will be competing this month in the USAG National Championships in Greensboro, N.C.

CASTRO VALLEY INDEPENDENT SPORTS LEAGUE **Youth Baseball and** Flag Football Programs www.CVISPORTSLEAGUE.org SPORTS LEAGUE



Find Your Crunch Time.

### Join today for \$10.95/month!

SIGN UP ONLINE (OR JUST STOP BY).



awesome classes • tons of weights • personal & group training miles of cardio • tanning & HydroMassage<sup>®</sup> • **#NO**JUDGMENTS

177 Lewelling Blvd • San Lorenzo, CA 510.924.4200 • CrunchSanLorenzo.com

Offer valid at the specified location only and expires 7/31/2018. Amenities and pricing vary by membership level and location. Guest pass valid for 1st time guests with local ID and must be used for consecutive days. Additional fees and restrictions may apply. See club for details. © 2018 Crunch IP Holdings, LLC



The Chabot Marlins Swim Club

PHOTO COURTESY OF DAVID D'ANTONIO

The Marlins have two compe-

This season 18 swimmers have banovic. High point scorers at the

Caleb Enos, Lily Enos, James titions remaining and will be held

thew Jewell, Sally Jewell, Ha- Castro Valley Crocodiles, then

Morgheim, Jordan Morgheim, Chabot College on Saturday, July

Castro Valley 18 Gold is a highly competitive travel softball team that

Fall Tryouts for Synergy 18 Gold will take place at Castro Valley

If you would like more information about the team or are in need of a

# 'Best Season' for the Marlins

Arakawa, Kassidy Cutler, Eme- Willits.

The Chabot Marlins Swim Club is reaching the end of its season done the difficult job of setting meets have been Sam D'Antonio, and dozens of swimmers have personal bests in three events Kai Ford, Sally Jewell, Brayden been improving their times on a at one meet. They are Corinne Lima, Elma Sabanovic and Gavin weekly basis.

Coached by Madison Faulkner, line D'Antonio, Ethan Dinh, a recent swimmer and graduate of Cal State East Bay, the Marlins Fitzgerald, Alex Jerome, Mat- on Saturday, July 21, against the compete in the upper division of the East Bay Swim League. This ley Johnson, Ava Kinser, Ethan the League Championships at year's team of 135 swimmers has been particularly dedicated.

Isabelle Nicole, Tommy Ryken, 28, where 1,200 swimmers will "This is by far one of the best Edvin Sabanovic and Elma Sa- compete. seasons I have seen from the Marlins," Faulkner told the Forum. CV Synergy Gold Tryouts "We have come together and are racing as a team and for the team. I am super proud of my coaching staff, along with the swimmers for strives to give its players the best opportunities in order to achieve their putting in the work thus far." goals and play at the next level, all at an affordable price.

The Marlins compete on Saturdays against teams from Castro High's Varsity Field on: Valley, Hayward, San Leandro, • Thursday, August 2 from 5:30 - 8:00 p.m. Newark and Fremont. Swimmers • Thursday, August 9 from 5:30 - 8:00 p.m. compete in individual events, • Saturday, August 11 from 10:30 a.m. to 1:00 p.m. including freestyle, backstroke, breaststroke, butterfly and Individual Medleys and relays.

personal workout please call Mike Adami at 415-308-4712 Ward: Proceeds Benefit Boxing Academy

continued from front page Male and female boxers as

East Bay.

in the program, which provides

through elite division athletes are and scholarships.

• Sunday, August 12 from 10:30 a.m. to 1:00 p.m.

free coaching, fitness and mento- will showcase competitive oppor- forth their best effort no matter ring for underserved youth in the tunities from youth throughout what they strive for in life." the state of California," said Ser-The nonprofit DSAL was geant Oscar Perez of the Alameda



founded in 2005. Deputies vol- County Sheriff's Office. "This unteer time to coach youth and to event creates self-confidence for young as eight-years-old on up raise money to pay for equipment our youth, which helps them learn and perform at a fast and higher "This amateur boxing event level, while teaching them to put

Long before racking up five world titles in two different weight divisions, a nine-year-old Andre Ward was taken to a boxing gym by his father. Frank, who asked trainer Virgil Hunter to teach his son "to hit and not get hit." Hunter, now Ward's Godfather, more than delivered on his promise, helping to develop his pupil into one of the most skilled technicians in boxing.

Known for his strong character and integrity outside the ring, Andre S.O.G. (Son-Of-God) Ward has visited numerous schools, prisons and youth facilities to share his inspirational success story.

All proceeds from Saturday's event go to benefit the Alameda County DSAL Boxing Academy.

For more information about the Academy, visit www.acdsal.org. For more information about Ward, visit and resogward.com.

WWW.PATTISSWIMSCHOOL.COM

### Seniors

( )

# Buying Home With Parent to Provide Care

Q. My 88 year old father still lives in his own home, alone. We worry about him falling and injuring himself. My husband and I have suggested that we sell both of our homes, and together purchase a larger home for all of us. He is on Medi-Cal and we wonder whether he could retain his Medi-Cal once he sold his own home. Any other considerations?

By Gene L. Osofsky, Esq. SPECIAL TO THE FORUM

A. Your plan is both commendable and "doable", but needs to be thought through carefully. Here are some of the considerations:

· Once he sells his home he will have significant cash proceeds, which would normally make him ineligible for Medi-Cal by reason of the \$2,000 resource cap for a single individual.

However, Medi-Cal allows a six-month grace period between the sale of one home and the purchase of another before the proceeds are counted. The proceeds should be clearly segregated for this purpose. Also, your father must receive an ownership inter-

est in the new home equal to the value of his contribution, and this must reflect on the deed.

• Medi-Cal Estate Recovery: To avoid Medi-Cal "payback" upon his death for benefits received during life, his interest in the home would need to pass to his designated beneficiaries without probate, e.g. via a Living Trust or other non-probate transfer. Make sure that he creates an estate plan which does this.

۲



### WORKSHOP: CARING FOR AGING PARENTS

**N** ometimes called "the Sandwich Generation" are those adult children who often find themselves between caring for both their own younger families and their aging parents.

These added responsibilities may become a challenge when decisions regarding elder care and the need for independence arise.

At those times, finding information and resources can sometimes feel like

you are walking in the dark. Eden Health District is offering a free two-part program to shed some light on the issue on Tuesday, July 31, at the San Leandro Main Library.

From 5 to 6 p.m. the district will hold a "Let's Get Connected" resource fair where community agencies that serve Alameda County will provide information about their services for seniors and answer any questions. The resource fair is open to all. Registration is not required.

From 6 to 7:30 p.m. a panel will discuss keeping parents independent and safe, adult day programs, community resources, and more. Seating is limited. Call 510-538-2035 to register. Both sessions will be held in the Karp Room at the San Leandro Library, 300 Estudillo Avenue. To learn more about the Eden Health

District. visit www.ethd.org

### Can Social Security Benfits be Garnished?

By Jim Miller SPECIAL TO THE FORUM

hether your Social Security benefits are garon whom you owe. Banks and other financial creditors, for example, can't touch your Social Security checks. But if Uncle Sam is collecting on a debt, some of your benefits are fair game. Here's what you should know.

**Creditor Protections** 

If you have credit card debts, medical bills, unpaid personal loans or pay day loans, you'll be happy to know that your Social your creditors.

a bankruptcy court from dipping stance). into your bank account to take Soof paying off what you owe.

employee and civil service retiretouched either.

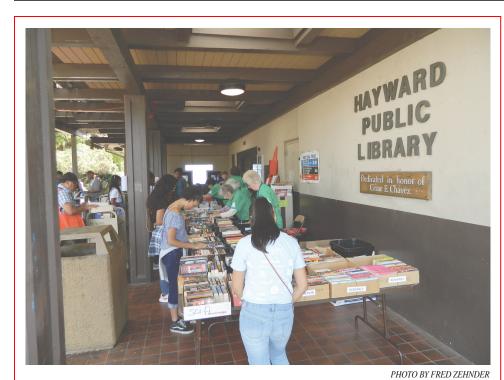
But be aware that your creditors can still take legal action against you to recover what you owe them, and depending on your state's law, they may be able to garnish your nishable or not depends wages and tap into other allowable assets, if you have any.

### **Government Garnishment**

If, however, you owe money to Uncle Sam, it's a very different story. The federal government can garnish a portion of your Social Security benefits for repayment of several types of debts, including federal income taxes, federal student loans, state-ordered child support and alimony, nontax debt owed to other federal agencies, Security benefits are safe from defaulted federal home loans and certain civil penalties. (If you re-Section 207 of the Social Secu- ceive SSI, those benefits cannot rity Act prohibits debt collectors or be garnished under any circum-

How much can actually be takcial Security money for purposes en depends on the type of debt you owe. In most situations, the Supplemental Security Income government can pull 15 percent (SSI), veterans benefits, federal of your benefits to cover your debt, but under the Debt Collecment benefits, and benefits admin- tion Improvement Act of 1996, it istered by the Railroad Retirement must leave you at least \$750 each Board Administration can't be month. That is, unless the levy is see BENEFITS on back page





## Closing the Book

The old Hayward Library invited patrons to visit on Saturday and to bid the building a fond farewell with a little ceremony and a pop-up book sale. But the library will be around for a little while longer, until the new library just across the street opens in September, after which the old building will be torn down.



### Show: Holds its Final Event After 20 Years

continued from front page years. The event is part of the Redwood Chapel Community Church, but it is not a fundraising endeavor.

The Car Show judges handed out 32 trophies based on the class and condition of the vehicles, among other categories.

"We had a gentleman that started his car years ago that we gave a 'Work-in-Progress' award to," Gamez said. "This year, that car is complete, so we'll be acknowledging his accomplishment.'

Restoring the car involves time, passion, and a whole lot of money. A \$15,000 custom paint job is not unheard of and the sky is the limit when it comes to restoring engine parts, rebuilding interiors, and adding personal touches.

"You have to appreciate the craftmanship that goes into these cars." Gabe Cardenas from Castro Valley said. "My family has a '64 Chevy Impala that they are restoring. Currently, it's in parts around the garage, so I know how much work it takes to make these cars ready for a show."



PHOTO BY MICHAEL SINGER

NICE WHEELS: Gabe Cardenas from Castro Valley checks out a vintage roadster at the classic car show

### Count Me In: Showing Respect

#### **By Amy Ramos** SPECIAL TO THE FORUM

I'm there. I'm at the age where people start calling you ma'am. But it's nice when young men and women are polite! It's a common phrase, or it used to be ...

I know there is a time when growing up, some kids are less than thoughtful. I get it. I understand, but I still believe in empathy and respect. I still think we all should have it at any age. Recently while eating breakfast in a local spot we noticed a woman eating alone. I wanted to sit with her and chat but didn't want to make her uncomfortable

so instead I did what my father would have done and I paid her bill without her knowing. The next time we went in the restaurant the waitress remem-

bered and told us how delighted the woman was. She described her smile as beaming and how she kept her smile all the way out of her sight.

I liked hearing it and thought about how I would have liked my grandparents or parents to feel that way.

Castro Valley Rocks is another example of this kind of community connection. It's fun to find and hide rocks, the excitement is contagious! It's a nice, fun and friendly way of building our space into one we delight to be in and engage with. What if we, in our little town,

could say hi, hold doors open, and be polite just a bit more often? We don't have to all speak the same language, have the same religion or come from the same place, but we all share this little space named Castro Valley.

Let's make the effort to respect one another. Wave to someone or stop and have tea with a stranger. Buy a fellow CVer lunch and support a local gathering. Try it, I'm sure it will put a smile on your face.

You never know, your neighbor could be your next best friend!

Amy Ramos is a resident of Castro Valley, and president of Stanton Parent Club and a School District parent. You can contact her at adramos@mac.com

### **Reports:** Petty Theft; Drugs; Trespassing

#### continued from page 3 **Petty Theft**

Thursday, July 12: at 1:35 p.m., deputies arrested a 29-year-old man with no permanent address on Rita Jail pending \$5,000 in bail. suspicion of petty theft and possession of illegal narcotics. The man

rere called to the scene after store man was taken into custody.

#### Doing Drugs in a **Mortuary Parking Lot**

Thursday, July 12: at 1:39 a.m., possession-related charges in a mortuary parking lot on Redwood Road near the Interstate 580 Freeway off ramp. Deputies found the pair in possession of illegal drug Monday, July 9: at 12:57 p.m., ication but found the illegal drugs paraphernalia and methamphet- a 55-year-old man from Con- in his pockets. The man put up a amine drugs. A 27-year-old wom- cord was arrested on suspicion fight before he was handcuffed an from Hayward was handcuffed of trespassing in a restricted area. and taken into custody.

۲

#### Night Biker Busted

the Boulevard near Yeandle Ave- deputies arrested a 31-year-old nue with an unspecified amount man from CV on contempt of court of unpaid merchandise. Deputies charges stemming from a warrant issued for his arrest. The man was Monday, July 9: at 8:55 p.m., dep security detained the man. The riding his bicycle on Lake Chabot uties arrested a 39-year-old man Road near Congress Way when with no permanent address on deputies pulled him over for riding suspicion of disorderly conduct without a front headlamp, without in public, possession of illegal a rear red reflector, and failing to narcotics, and resisting arrest. The stop at a pedestrian crosswalk man was hanging outside a busitwo people were arrested on drug when the lights were flashing. The ness on Castro Valley Boulevard man was taken to Santa Rita Jail near Wilbeam Avenue and prepending \$500 in bail.

### Trespassing Behind Store

and taken into custody. A 36-year- Deputies investigated reports of a old man from San Jose was also man sleeping in an employee-onfound to have a warrant issued for ly section behind a grocery store his capture. He was taken to Santa on Castro Valley Boulevard near Redwood Road. The man was also wanted as part of a warrant issued for his capture. Deputies took the was seen leaving a drug store on Tuesday, July 10: at 9:17 p.m., man to Santa Rita Jail pending \$5,000 in bail.

### **Drugged and Disorderly**

senting a danger to people passing by. Deputies found the man was under the influence of some med-

\$980,000 4 BD - 2,017 SF - 1971 \$987,500 4 BD - 2,077 SF - 1961

\$885,000 3 BD - 1,512 SF - 1962

\$638,000 3 BD - 1,602 SF - 1987 \$645,000 2 BD - 924 SF - 1948

\$700,000 2 BD - 1,144 SF - 1947

94546: \$1,017,500 2 BD - 1,980 SF - 1951 \$930,000 3 BD - 1,521 SF - 1963

# **REAL ESTATE GALLER**

### **Top Seven Exterior Features Buyers Are Looking For**

#### By Carl Medford, CRS Special to the Forum

ith summer in full swing, the focus on outdoor living has increased. While buyers looking for homes in the winter months are looking for cozy properties, those looking during the summer are interested in any property's ability to provide a stimulating outdoor experience.

Savvy sellers can capitalize with well-prepared yards and exterior amenities.

While a significant feature has been a swimming pool, these are growing less attractive. A pool can take up most of a home's rear yard and is expensive to operate.

Families now are looking for outdoor features that make it possible to live outside for prolonged periods.

۲

always been the focal point of outdoor living, and many homeowners are looking for additional features to enhance their experience. Here are the top 7 outdoor features buyers are looking for:

Lighting: With the recent advent of LED exterior lighting, lighting options have increased dramatically and have moved into the No. 1 spot for adding both beauty and safety.

Seating: If you have paid any attention to exterior furniture, you will have noticed a recent renaissance. Entire catalogues are now dedicated to exterior furniture as the push for outdoor living is increasing.

Think exterior family and dining rooms. Additionally, permanent seating is in vogue including built-in benches, ledges, wall seats and the like.

Conversation areas: Fire has become the focal point in many back yards, with firepits, exterior fireplaces and accompanying seating.

Food Prep Areas: While the barbecue or grill has long been the staple of exterior food prep, it is now being joined with upscale amenities like sinks, refrigerators, counters, storage areas and more

The humble grill has also seen a transformation into full-blown exterior cooking venues.

**Entertainment** systems: Bluetooth connectivity coupled with the internet has ushered in a new era of exterior entertainment options including stereo systems, projection screens and more.

**Comfort:** It is no secret that



provide an increased level of access. comfort.

into many yards - the big sur- more large window walls than nitely increase a home's value. prise here are cooling systems, can opened to blend interior and fans and misting capabilities to exterior areas by providing direct altor with Keller Williams Realty

Carl Medford is a licensed Reand a licensed general contrac-

Access: Many want the barrier has prompted the emergence of the Central County Marketing The patio and/or deck has between the interior and exte- exterior space design companies Association.

The push for outdoor living tor. This article is sponsored by

OPEN HOMES   SATURDAY & SUNDAY     JULY 21 <sup>st</sup> & 22 <sup>ND</sup>								
CITY	SAT	SUN	ADDRESS	PRICE	<b>BDRMS/BATHS</b>	REALTOR	AGENT	PHONE
Н	_	1-4	2141 Oak Creek Pl.	\$538,000	3/1	Re/Max Accord	Lovewell Team	510-351-5555
Α	_	1-4	3442 Monterey Blvd.	\$629,000	3/2	Re/Max Accord	Lovewell Team	510-351-5555
Α	2-4:30	2-4:30	2273 Sitka St.	\$659,000	3/1	Marvin Gardens RE	Greg Novak	510-472-4770
D	_	1-4	200 Jewel Ter.	\$660,000	2/2.5	Coldwell Banker	Trish Radovich	510-583-5400
В	—	1-4	953 Bevilacqua St	\$570,000	2+/1	Coldwell Banker	Scott H.	510-388-4536
CITY GUIDE A = SAN LEANDRO • B = SAN LORENZO • C = CASTRO VALLEY • D = DANVILLE • F = FREMONT • H = HAYWARD • K = CONCORD L = LIVERMOREO = OAKLAND • P = PLEASANTON • S = SHEFFIELD VILLAGE • SR = SAN RAMON • W = WALNUT CREEK   All real estate advertised in the Castro Valley Forum is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, marital status, national origin, or intention to make any such preference, limitation or discrimination. The Castro Valley Forum will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.								
						2183 GF	ROVE	WAY



۲

	0.0.0.	φ. σσ,σσ	0200 .,	0
18328 Joseph Drive	94546:		0 3 BD - 1,206	
16994 Lamont Court	94546:		00 3 BD - 2,18	
2342 Reading Avenue	94546:	\$630,00	0 2 BD - 1,018	3 SF - 1948
19580 San Miguel Avenue	94546:	\$790,00	0 3 BD - 1,135	5 SF - 1950
18444 Vineyard Road	94546:	\$1,200,000	) N/A BD- 2,74	8SF - 1981
25330 Buckeye Drive	94552:	\$1,190,00	0 4 BD - 2,234	4 SF - 1997
18048 Columbia Drive	94552:	\$1,230,000	N/A BD-2,235	5 SF - 1980
19351 Edwin Markham Dr	94552:	\$1,301,00	0 4 BD - 2,639	9 SF - 1984
6037 Mt. Rushmore Circle	94552:	\$725,00	0 2 BD - 1,32	4 SF - 1988
5151 Salvia Drive	94552:	\$1,405,00	0 4 BD - 3,526	6 SF - 1999
5315 San Simeon Place	94552:	\$695,00	0 3 BD - 1,540	6 SF - 1982
TOTAL SALES:	19			
	15,000	MEDIAN	AMOUNT:	\$868,500
HIGHEST AMOUNT: \$1,08	30,000	AVERAG	E AMOUNT:	\$871,500
•				
San Lorenz	<b>o</b> —			
935 Lynn Court	94580:	\$588,000	2 BD - 832	SF - 1950
16084 Paseo Largavista	94580:	\$720,000	5 BD - 1,802	SF - 1944
17729 Via Arriba	94580:	\$695,000	3 BD - 1,068	SF - 1947
17356 Via Chiquita	94580:	\$768,000	3 BD - 1,661	SF - 1951
16120 Via Del Robles	94580:	\$725,000	4 BD - 1,582	SF - 1955
17277 Via El Cerrito	94580:	\$755,000	4 BD - 1,787	SF - 1950
TOTAL SALES:	6			
LOWEST AMOUNT: \$58	38,000	MEDIAN	AMOUNT:	\$722,500
HIGHEST AMOUNT: \$70				
	58,000	AVERAG	E AMOUNT:	\$708,500
	68,000	AVERAG	E AMOUNT:	\$708,500

94546:

94546:

94546

94546:

94546:

94546:

94546:

**Castro Valley** 





Shamrock Realtors - Going Above and Beyo James Esmeyer, Broker Associate - DRE#01363681

(510) 909-8344

car garage. Remodeled with rustic hardwood floors, dual pane windows, A/C, upgraded kitchen and baths. Assoc. features pool, sauna and clubhouse. To 680 fwy, Danville Livery and downtown. \$660,000. FHA & VA acceptable.

**Coldwell Banker Real Estate** Call Trish Radovich:510-367-7999/calltrish@comcast.net 21060 Redwood Rd. Ste. 100, Castro Valley



12 CASTRO VALLEY FORUM Wednesday, June 18, 2018 Classified Advertising





LICENSED / BONDED / INSURED 2424 CLEMENT ST., ALAMEDA

510-895-4433

⊁

San Leandro Times / Castro Valley Forum



### Worried that Castro Valley Will Become a Major Hub For Marijuana Operations in the County Editor:

Castro Valley is likely to be the site of major cannabis (marijuana) operations in the near future if we don't speak up *now!* 

The Alameda County Board of Supervisors recently adopted ordinances to increase retail sales and begin cultivation of cannabis within our county. In the works... done deal.

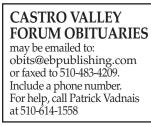
Now they are deciding whether *manufacturing*, *distribution*, *testing labs* and/or *micro-businesses* (including kitchens to infuse edibles) will be allowed in the unincorporated area (and *where* they will be allowed).

Supervisors Haggerty and Chan have indicated that they do *not* support allowing additional cannabis operations in their districts (Livermore and San Lorenzo). The areas that are then up for grabs are Ashland/Cherryland and *Castro Valley*.

Our Supervisor Nate Miley has been very vocal in favor of embracing the industry. If you have concerns about bringing these operations to the valley, tell him at district4@acgov.org —Vicki Stadelman

-Vicki Stadelman Castro Valley

### <u>Obituaries</u>



Since 1965

Jess C. Spencer

Mortuary &

Crematory

21228 Redwood Rd.,

Castro Valley

581-9133

Offering

Personalized

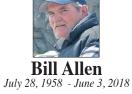
Memorial and

Gremation

Services.

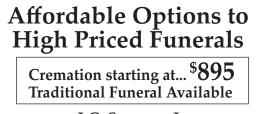
FD 1168 CR49

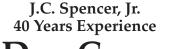
۲



Family and Friends are invited to join us Saturday, July 28th at 1 p.m. at Earl Warren Park for a Celebration of Bill's Life. Lunch will be served promply at 1:30 p.m. Hope you can join us. Jo Anne and Carrie 510-209-6466.







DEERCREEK Cremation & Traditional Services 510-317-7890 • Castro Valley www.DeerCreekCremation.com

### What the U.S. Flag Stands for ... and Where it Stands Editor:

The subject that I am about to write concerns our National Colors, our Flag!

There are many, perhaps thousands, that do not know how to display our flag. At the church that I attend, I have spoken with and emailed, both of our clerics, about the proper placement.

Our nations flag, that thousands of men and women of our country had died protecting, our flag and the people of our nation, should never be placed in a corner. Federal Statute's, explain exactly how our flag should be displayed in public buildings, out in the open, any place you can think of.

Our flag has even been placed on the moon! However, after several weeks of finding our flag in the corner, I move it to be properly placed to the left of the main entrance door to our church!

You would think my message would sink in, however, it has not! I am at loss as to what action to take, to assure the proper place. So, I am asking you that are reading my "Letter to the Editor" know who I am and what church we all attend, please help me! Ask our cleric's why our flag is in the corner. Perhaps, just perhaps, we can get them to understand what our national flag stands for. *Freedom!* —**Dick Purdee** 

Asks What Rowell Ranch Rodeo President's Definition of 'Success' is

#### Editor:

Rowell Ranch Rodeo Committee President Russ Fields omits some crucial points in his letter (*"Thanks to All Who Make Annual Rowell Ranch Pro Rodeo Celebration a Success," Letters, June 27).* 

Mr. Fields claimed on a June 18 KGO-TV segment that, "No, they don't feel fear They're *animals!*" The mind boggles. Mr. Fields, please define "success." Would that include the saddle

Mr. Fields, please define "success." Would that include the saddle bronc Savina who suffered a broken back and had to be euthanized at the June 19 rodeo? Or the brutal "wild cow milking contest" (in which a cow was killed at the 2014 rodeo), or the children's "mutton busting" event in which kids, often in tears, ride terrified sheep, dangerous for all concerned? Or the sale of toy AK-47 assault weapons on the rodeo grounds?

Mr. Fields claims that all the rodeo events are done "every day on working ranches throughout our country." Patently false! *Real* working cowboys never routinely ride bulls, or wrestle steers, or ride bareback, or practice calf roping as a timed event (babies!). Nor do they put flank straps on the animals, or work them over with painful "hotshots" in the holding chutes, or cruelly spur them. It's all hype.

Rodeo is a macho exercise in *domination*. For nearly all the animals involved, rodeo is merely a detour en route to the slaughterhouse. *True* "sport" involves willing, equally-matched contestants. Rodeo does not

qualify. Simple "tradition" justifies nothing.

As for all those worthy charities, it is unethical to abuse one group of sentient beings to benefit another. "Blood money," some would call it. Where's the local religious community on this moral issue, pray?

Suggestion: The Rowell Ranch Rodeo annually costs HARD some \$20,000 of taxpayers' monies. HARD should donate the ranch property to the East Bay SPCA or other non-profit, and turn it into a Farm Animal Sanctuary and Education Center for Bay Area school children, perhaps with a riding stable. And the cowboys could come and teach *humane* ranching practices. Win/win.

—**Eric Mills**, coordinator Action for Animals, Oakland

Castro Valley

### On Hatred and False Hatred

#### Editor:

I can only assume that Gin Graydon ("Doesn't Need the Media to Tell Her Why to Dislike Trump," Letters, July 4) will not be joining many of us in Castro Valley who stand "United Against Hate." I count no fewer than four times that the word "hate" is used to describe Mr. Graydon's feeling toward to President of the United States.

And, sorry to say, but fellow letter writer Peter Hauer must be proven wrong also with his claim of "false hatred" among liberals. See above.

> —Jane Mason Castro Valley

### Blames 'Mass Media' for Failure to Follow Up On 'Fake Hate Crimes'

Editor:

A+ Rated

BBB.

ACCREDITED BUSINESS

FD 1505 FDK 651 In my previous letter, I advised people to do a Google search ("fake hate crimes") to see that many of these so called "hate crimes" are really fake. Apparently Ms. Kay Athos did not bother doing a Google search on this subject. Instead, she simply refused to believe that fake "hate crimes" even exist. Ms. Athos even asked, "Who are these people? Does Peter Hauer have anyone in mind?" Well, here are a few:

In the late October 2016 (a week before Trump's election) in Greenville Miss., a black anti-Trumper named Andrew McClinton spray painted "Vote Trump" on his own church. Then he set the church ablaze. Police charged him with arson.

۲

Last year, a Muslim professor at Indiana State U. named Azhar Hussein falsely claimed he was attacked by anti-Muslim thugs. Police charged him with making a false report.

Last September, a white anti-Trump activist named Andrew King (from upstate NY) secretly painted a swastika on his own house. Then he called the press, and claimed to be a victim of anti-semitism. It turns out he was not even Jewish.

Immediately after Trump's election, an anti-Trumper named William Tucker sprayed painted "white supremacist" graffiti, in Philadelphia. He even combined the world "Trump" with a swastika. The suspect (who was black) was eventually caught.

In Ann Arbor Michigan, an anti-Trumper named Hally Bass claimed that she had been violently attacked by an evil Trump supporter, in a "hate crime." Her story was fake.

There are many more such incidents. But limits of space in this fine paper restrict me to these few. The really sad part is the mass media eagerly gives wide coverage to any charge of "hate crime," but later they provide very little coverage if it turns out to be fake.

> -Peter Hauer Castro Valley

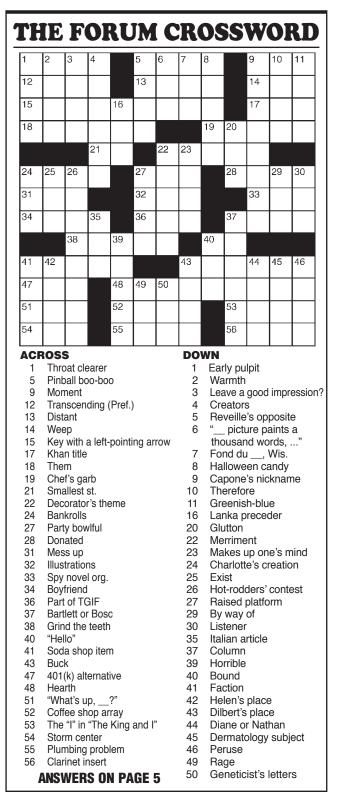
### LETTERS TO THE EDITOR

must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit as necessary. We do not withhold names or publish unsigned letters.

Email letters to: fredz@ebpublishing.com or mail to: The Forum

P.O. Box 2897,

Alameda, CA 94501.





Poet Nicia De'Lovely performing at Smalltown Space.

### This *At Smalltoren*

### • Thursday, July 19 - The Lab: Open Mic

The Lab is a monthly Open Mic that allows musicians, poets, and other artists to workshop pieces they are working on, in front of and among friends. Everyone is welcome! Sign-ups start at 6:50. First performances start around 7:15 p.m. Sets run between 10-15 minutes (depending on number of performers).

#### • Saturday, July 21, 2-6 p.m. Smalltown Open Studio

Come connect with other Eden area artists in a shared and informal studio environment. We provide tables and chairs, you bring your art to work on. Free

#### • Thursday, July 26, 2-6 p.m. Open Door

۲

It's about People. It's about community. It's about Collaboration. It's about random strangers and random events that somehow always seem to connect with you. It's about good stories, from good people, from all walks of life. It's about fun and creativity, justice and meaning. It's about the good things that bind us together. Every Thursday night Smalltown Society opens the door to "THE SPACE." Occasionally there's a film, a workshop, or planned discussions, more often there are unplanned connections and creations. A free and open workspace, a place to kick up your feet, a place to build a better narrative. Free Wi-Fi. Bring some food, drink, a project you're working on, a book your reading, or a thought to share. Anyone is welcome. Come Join the Song. Free.

#### • Saturday, July 28, 10 a.m.-1 p.m. Smalltown Art Sessions

Join Smalltown and Pampas Café in the Pampas parking lot at 3483 Castro Valley Blvd. highlighting local art and the music of singer/songwriter Clay Bassard. Free

More details on these events and others: www.smalltownsociety.com. Smalltown Society is located at 22222 Redwood Road, Castro Valley

### Pride: Draws Large Crowd

### continued from page 3

and interfaith organizations. CV Pride organizer, Billy Ray Bradford, was overwhelmed with joy with the turnout and the community support.

"We were setting up for the event the night before and this woman approached us and let us know that she referred her LGBTQ friends to Castro Valley's Pride first because of our family-friendly atmosphere." Bradford said.

Support for all ages was mirrored back in June as San Francisco Pride celebration's theme this year was "Generations of Strength."

"There are times when it seems overwhelming, but if we can help that 13- or 14-year-old and let them know that there is somewhere safe that they can go, it is completely worth putting on an event like this," Bradford said.

In addition to the community support, this year's CV Pride event featured many talented performers including MC CharmAlina, The Kippy Marks Band, House of Fab, Joanne LeBlanc and the Fugitive Blues Band, East Bay Digital Sound and Standoff.

A Trans-visibility rally was held this past Friday at the intersection of Castro Valley Boulevard and Redwood Road to commemorate the Pride Event. The festivities on Saturday kicked off with an interfaith prayer and the prominent dis-National AIDS Quilt.



play of a two-by-six section of the John Payton-White (from left), P.J. Myers, and Will Payton-White admire a section of the National AIDs quilt.

### Local DMV To Be Open Saturdays

Beginning next month, the Hayward's DMV office at 150 East Jackson Street will expand its service by opening on Saturdays from 8 a.m. to 5 p.m. to help ease customer wait times.

In addition, The Oakland Claremont office on Monday began opening at 7 a.m. four days a week - Monday, Tuesday, Thursday and Friday. It will continue to operate from 9 to 5 on Wednesdays and will also be open from 8 a.m. to 5 p.m. on Saturdays.

In all, 60 field offices statewide will offer the new Saturday service starting Aug. 4. Behind-the-wheel driving tests will not available on Saturdays.

Appointments can be scheduled up to 90 days in advance using the DMV's website or calling 1-800-777-0133. There is no charge for scheduling an appointment to visit a Department of Motor Vehicles field office.

Beginning Oct. 1, 2020, the federal government will require California driver's licenses or identification cards to be REAL ID compliant to use as identification to board a domestic flight or enter military bases and most federal facilities.

Customers applying for a REAL ID should visit REALID. dmv.ca.gov to make sure they have the required documents to apply for the federal compliant driver's license or ID card.

Alan D. West Attorney at Law Specializing in Estate Planning NEW EXTENDED HOURS: M,T,TH,F 10AM-9PM • W 6-9PM • S/S 2-6PM LIVING TRUSTS ...Avoid probate (We don't store your records on the internet) ...Eliminate or significantly reduce estate taxes 510-889-6692 19992 Redwood Rd., Castro Valley, CA 94546



German Navarro Great Customer Service!

**INTERO REAL ESTATE SPOTLIGHT Castro Valley Small Business Of The Week** 

3430 Castro Valley Blvd., Castro Valley 510.886-9500 Please support local small businesses

**FULL SERVICE REALTOR INTERO REAL ESTATE SERVICES** DAVID S. WILHITE SERVING CASTRO VALLEY AND SURROUNDING COMMUNITIES FOR OVER 38 YEARS

510.886.1100 DRE#00759835



**Private, Personal Care** 

Sorry, no insurance contracts

### Free Classes For iDevices

If you have a new iPhone or iPad and want to learn more about it, the Castro Valley Library is offering free classes during the month of August to help you get the most from your mobile device.

iPad/iPhone 101 is a 2-part class from 10:30 a.m. to 12:30 p.m. on the Saturdays of Aug. 4-11, where vou'll earn how to use screen gestures, customize your device, use Siri, the virtual keyboard, shortcuts, manage and use apps learn how to surf the web.

On Saturday, Aug. 18 from 10:30 a.m. to 12:30 p.m. in a class on iPad/iPhone Photography, you'll earn how to capture and share stunning photos with your iPhone or iPad.

Then, from 1:30 p.m. to 3:30 p.m. on Aug. 18, get to know the most popular and useful apps that come on your iPhone or iPad and how to download, install and use new apps from the App Store.

Bring your fully charged device, iTunes credentials and device passcode to class. Registration is required at the Library Info Desk or by calling 510-667-7900.

۲



ADOPT-A-PET

SYLVESTER is an easygoing DUDLEY is a friendly 1-year-2-year-old. Quite the charmer in old pup. He knows the command his black and white tuxedo, he people. Info: Hayward Animal Shelter. (510) 293-7200.



er tolerant cats and small dogs More at: dustypawsrescue.org



MACKENZIE is a beautiful, LILLIE is an 8-year-old, 10-14-lb. Himalayan mix. A gentle lb. Chihuahua. She is well becat, she even allows you to give haved and doesn't chew or bark her a bath. She is okay with oth- excessively. She also appears to





be house trained. More info at: www.dustypawsrescue.org



### LATERAL REPLACEMENT GRANT PROGRAM

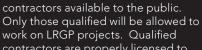
Castro Valley Sanitary District (CVSan) is pleased to announce the continuance of the Lateral Replacement Grant Program (LRGP) for the 2018/19 Fiscal Year. \$50,000 in total funding has been approved and the program is scheduled to start Monday, August 13, 2018 at 7:30 a.m. Financial assistance is available for replacement or repair of more than 50% of the lateral, up to 50% of the total cost of the lowest bid, up to a maximum of \$2,000 per lateral (subject to availability of funds).

### **IMPORTANT INFORMATION:**

#### Condition Rating

Laterals are to be video inspected by the property owner's contractor and witnessed by CVSan. CVSan will evaluate the condition of the lateral and assign a condition rating. Only those laterals with a rating above a certain designation will be eligible for the grant.

For information, please contact Castro Valley Sanitary District 21040 Marshall Street, Castro Valley, CA 94546 (510) 606-1300 | www.cvsan.org/grants



CVSan will make a list of qualified

Qualified Contractors

contractors are properly licensed to replace sewer laterals, have no outstanding matters with CVSan, and have not presented misleading or confusing print media to the community about the program.



### MAC: AC Transit FLEX Service Discussed As Well as Sidewalk Improvement Projects

continued from front page

The FLEX service allows riders shuttle bus from any bus station a FLEX bus at the Castro Valley in Castro Valley to any other bus BART station at half past the hour. station.

You can use a smart phone, tablet, or computer any time to make a reservation or by calling 510-891-5470 Monday through Friday from 6 a.m to 7 p.m., or weekends 9 a.m. to 5 p.m. You can book rides under-served by bus routes, such avenues are in the planning stages. days or weeks in advance. Just re- as the northern part of Castro Valmember to cancel if you find you ley. won't be using the service.

nect to other major routes for a to have to keep going," said Crawtransfer to another AC Transit bus ford. or BART. About 80 people use Valley.

Cost of the FLEX service is the ects. same as other bus rides, youth,

go even smaller to compete with and last several months. ride-sharing services like Lyft

AC Transit FLEX buses con- right direction, but you are going to say, Public Works is listening.

The MAC also heard from Alathe FLEX service daily in Castro meda County Public Works about tion of a MAC Chair at this meettwo sidewalk improvement proj-

passengers with disabilities, and constructed on Center Street from ley Library.

seniors over 65 are eligible for Paradise Knoll to Heyer Avenue, discounts. Even if you don't make as well as on Santa Maria Avenue to request a pick-up in a smaller a reservation, you can still catch from Castro Valley Boulevard to Wilson Avenue.

Both projects are being put out MAC Chair Marc Crawford to bid in the coming weeks with said that AC Transit might have to construction set to begin in the fall

Public Works also said that imor Uber. He suggested vans and proved and additional sidewalks more pick up locations in areas on Stanton, Anita and Somerset

"There has been a lot of clamoring for sidewalks in this com-"I think FLEX is a step in the munity," said Crawford. "I've got That's a lot of sidewalks coming, especially by schools."

No action was taken on the elecing, but that matter is posted on the agenda for next week's meeting, New, wider sidewalks will be July 23 at 6 p.m. at the Castro Val-

### **Osofsky:** Anticipate Sale or Borrowing

Anticipate future

#### continued from page 9

• Plan for Disposition of his In- events, such as terest Upon his Demise: If you and your desire to your husband are his only estate sell the home one beneficiaries, then the job is easier. But if he has other children whom against it for mahe'd wish to share in his estate, then the matter becomes tricky.

You should have a plan to value and purchase back his interest other needs. If he is then unable to in your joint home when he dies, sign transaction documents, you so that his other beneficiaries may could be in a pickle. thereby receive their fair shares of his estate. Also, there may be a Durable Power of Attorney estate plan which anticipates his property tax implications to you, ("DPOA") with comprehensive possible incapacity, his need for depending upon how this plan is powers and that both this DPOA higher levels of care in the future, arranged.

· Co-Tenancy Agreement: It such events. would be wise to create an agreement, setting forth your respective Needs: What if your father later be wise to engage an attorney with responsibilities for home repairs, mortgage payments, utilities, insurance and use of the common Home for care that you cannot law and estate planning attorney premises.

• Anticipate Sale or Borrowing: care be financed?

### **Benefits:** Will Social Security be Raided?

### continued from page 9

case, the government isn't re-The other exception is for child support or alimony payments. Decourt may be able to take half of your benefits or more to pay your obligations to your children or exspouse.

If you think your Social Securi- financial assistance programs. ty benefits might be raided to pay overdue bills, you need to a work with you on resolving the situation so long as you're willing to work with them.

The government typically sends several letters about a debt before it takes action. The final letter will Social Security payments, and contact the agency and work out a payment plan. Get Help

To get a handle on your debt 3rd Street.



and Trust are in sync and allow for and which fairly divides his estate

• Plan for His Future Care needs to move to an Assisted Living Facility ("ALF") or Nursing provide at home? How will that

Remember: Medi-Cal generally does not cover the cost of care in an ALF. Will you commit to then buying back his interest in your home in order to create funds for his care? These are just some of the con-

siderations that would be in play. Essentially, you will need to think through this joint venture and anticipate change as you go along.

To facilitate your good inten-So, make sure that he creates tions, your father will need a solid upon his demise.

> To assist in this effort, it would special skill in working with elders. Gene L. Osofsky is an elder

in Hayward. Visit his website at www.LawyerForSeniors.com

quired to leave \$750 behind.

cost services on managing financial problems. To locate a credible agency pending on your state laws, the in your area, use the National Foundation for Credit Counseling

website at NFCC.org or call 800-388-2227. You also need to make sure you're not missing out on any

The National Council on Ag- of "The Savvy Senior" book.

### the problem – don't ignore it. Most government agencies are happy to Seniors Take the Mic at Hayward Senior Center

Whether it's childhood mis-

problems, consider contacting ing's website (BenefitsCheckup. for federal income taxes. In that a nonprofit financial counseling org) contains a database of more agency, which offers free and low- than 2,500 federal, state and local programs that can help seniors with prescription drug costs, health care, food, utilities, and other basic needs. The site will help you locate programs that you may be eligible for and will show you how to apply. Jim Miller is a contributor to

the NBC Today show and author

If you've been thinking of chief, moments of hardship and writing your story, this is the perinform you of the intent to levy triumph, or reflections on the re- fect sampler event. Come hear tired life, hear stories that are a some student-writers' stories and after that, you have 30 days to touching and nuanced exploration get inspired to join the class and of the human experience from 3 to write your own story! It's free, but 5 p.m. on July 28 at the Hayward please RSVP to the Hayward Area Area Senior Center, 22325 North Senior Center (510) 881-6766 or www.haywardrec.org