

SUNDAY  
APRIL 12

WISHING YOU A  
*Blessed Easter*



# CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 32

WEDNESDAY, APRIL 8, 2020

NO. 15

## INSIDE YOUR FORUM

### OUR TOWN



#### Door Drop Meals

Longtime East Bay caterer now delivering family-style dinners

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### HEALTH



#### Move More

Follow these simple tips to help make walking one of your healthy habits

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### NEWS



#### Got Questions?

Rep. Eric Swalwell to hold a Facebook Live Q&A tomorrow

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## Getting Tested for COVID-19 At Hayward Testing Station

Members of the general public must be symptomatic for COVID-19 infection and have a fever over 100 degrees in order to be tested. COVID-19 symptoms include a cough and shortness of breath.

People who present themselves at the testing center by car or on foot will go through a two-step screening process before being administered a test, which involves swabbing of the nasal cavities and back of the throat.

At curbside check-in points, people are screened for COVID-19 symptoms and suitability for testing. Lines to curbside check-in

and screening will be regulated to maintain safe distancing, traffic control and to not exceed the maximum of tests that can be performed per day.

People initially approved for testing will be directed to an intake tent for verification of symptoms and suitability. People deemed not in need of testing will be directed away from the testing center location down Lustig Court.

Once verified, people to be tested will move to a testing tent for COVID-19 testing and afterward receive discharge instructions.

Most test results will be available within 24 hours, depending

on volume.

The Testing Center, at Fire Station No. 7, 28270 Huntwood Ave. in South Hayward, is free and open to members of the general public regardless of where they live or immigration status. It is scheduled to operate from 9 a.m. and 6 p.m. Tuesdays through Sundays or until the number of tests available for the day have been exhausted. The Center will be closed on Mondays.

To get to the Center, members of the general public should enter Huntwood Ave. at Industrial Blvd., then proceed north to curbside screening locations or backs of lines that lead to them.

## Volunteer to Make Hospital Masks

By Debra A. Collins  
SPECIAL TO THE FORUM

Eden Area Interfaith Council (EAIC) has taken on the task of sewing face masks for our area's hospitals. Currently, Eden Medical Center, Saint Rose Hospital, South Hayward Parish and First Presbyterian's Homeless Shelter are accepting all that we can offer.

By Friday, more than 560 masks had been made.

The project was started by Diana Ryan, Council Representative from Holy Cross Church in Castro Valley.

After hearing about the need at an Eric Swalwell meeting, Diana called upon other representatives in our council to send out the word that we would be making masks

for healthcare workers in our area. I quickly said I'd help her with this project.

With the blessings of our President, Julie Greenfield, we went to work. So far we have about 30 volunteers. Some come from the various religious groups that make up the EAIC, others are friends and previous co-workers, see MASKS on page 11

## COVID-19: New Health Guidelines, Support in County

By Michael Singer  
CASTRO VALLEY FORUM

As the world continues to fight against the coronavirus, Alameda County officials have expanded their list of health precautions and community support, while businesses and neighbors reach out to help each other.

As of Monday, April 6, there were 661 new reported cases of COVID-19 in Alameda County, including Berkeley, with 13 related deaths from complications.

Alameda County joined six other Bay Area public health jurisdictions to extend its current shelter-in-place order to May 3 in attempts to slow the spread of infections.

While a surge in new infections are anticipated, the City of Fremont opened a COVID-19 testing center at its Fire Tactical Training Center on Stevenson Boulevard. The center is equipped to handle about 100 tests per day.

No doctor's referrals are required, but priority is given to healthcare professionals and first responders. This is the second

major testing center in the county after Hayward Fire Department opened a site in March.

### Doctor's Orders: Infected Homes Under Quarantine, Masks in Public

If you tested positive for COVID-19 or are awaiting test results, the other people in your home are asked to isolate and quarantine themselves as well. This includes people visiting you in person without protective gear.

Previously, health officials required only the individual was asked to isolate. The County says its new "Blanket Order" was initiated because individuals are considered infectious from 48 hours before their symptoms began.

see COVID-19 on page 11

Alameda County  
Confirmed Cases = 566  
Deaths = 12

California  
Confirmed Cases = 16,363  
Deaths = 387

as of April 7, 2020

## Thank You

We want to take this opportunity to thank our advertisers and all of the people who sent donations to The Forum, which enabled us to print and distribute this week's edition.

Thanks, too, for your many thoughtful notes of support.

Like most other locally-owned weeklies, the immediate future for this newspaper is unknown due to the COVID-19 crisis and the resulting precipitous but understandable drop in advertising revenue.

It looks likely that we may have to suspend the print edition temporarily. If you do not receive a copy of next week's Forum delivered to your home, please log on to castrovalleyforum.com.

As owners of The Forum for the past 20 years, we have been proud to serve the Castro Valley community. We hope to continue in the weeks, months and years ahead.

—Fred Zehnder, Publisher



## Castro Valley Weather April 8-12, 2020



Wednesday  
Partly Sunny  
High 64° Low 50°



Thursday  
Possible Showers  
High 64° Low 50°



Friday  
Partly Sunny  
High 64° Low 50°



Saturday  
Partly Sunny  
High 66° Low 48°



Sunday  
Mostly Sunny  
High 71° Low 50°

### Almanac

### Moon Phases



Past Week's Rain: 01.59  
Season To Date: 08.39  
Normal To Date: 17.91  
Season Average: 21.22



Sun sets at 7:39 p.m. today, rises at 6:43 a.m. Thursday.

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## MAC Chairman Moving to County Planning Commission

By Michael Singer  
CASTRO VALLEY FORUM

Marc Crawford, chairman of the Castro Valley Municipal Advisory Council, is leaving the MAC for a position on the Alameda County Planning Commission. Crawford had served as chairman for the last eight years and had been a member of the CV MAC since 2010.

The Alameda County Board of Supervisors made the announcement as part of the March 31 meeting agenda. Crawford will replace Commissioner Richard Rhodes who is terming out this year.

Supervisor Nate Miley said he nominated Crawford to the post based on his construction background and public policy expertise, saying he believes Crawford "will fill this seat with the advocacy and attention that the Castro

Valley community deserves." The new term will be up for reevaluation in March 2024.

"I want to thank my fellow council members (past and present), Supervisor Miley and county staff for their leadership and service to Castro Valley," Crawford told the Castro Valley Forum. "While my new position will deal with matters of county-wide significance, I will remain active in Castro Valley issues. I am looking forward to continuing to help make Castro Valley a very special place to live."

Crawford's departure now leaves two openings on the seven-member MAC board. Sheila Cuhna's term expired in June 2019. Miley is expected to make both appointments later this year as the MAC has not held a General Purpose meeting since March 9.

Since he joined the MAC 10 years ago, Crawford noted his greatest achievement was revitalizing the Castro Valley Marketplace project. When it opens later this year, the former Daughtrey's department store is expected to bring even more people to the Castro Valley Boulevard shopping district.

"This reincarnated structure will transform Castro Valley Boulevard, giving us all a glimpse into what our downtown is truly capable of," Crawford said.

PG&E

## Support for Customer Hardships

PG&E is offering additional support for customers experiencing hardships as a result of the COVID-19 pandemic.

The company is implementing a series of billing and service modifications effective immediately to ensure the lights stay on and the gas continues to flow for customers experiencing financial challenges.

Customers having trouble paying their bills due to the economic impact of COVID-19 can call PG&E at 1-800-743-5000 to arrange flexible payment plans.

In addition, the utility has implemented a moratorium on service disconnections for non-payment. This suspension applies to both residential and small business customers and will remain in effect until further notice.

PG&E will also provide additional support for low-income and medical baseline customers.

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## DOOR DROP MEALS

# Longtime East Bay Caterer Now Delivering Family-Style Dinners

By Linda Sandsmark  
CASTRO VALLEY FORUM

With businesses and families scrambling to deal with the COVID-19 pandemic, everyone in the food industry has had to adjust to the new "shelter-in-place" reality.

Miraglia Catering of San Leandro took the past few weeks to re-imagine its possibilities, and is now ready to deliver "Door Drop Meals" in Castro Valley, San Leandro and San Lorenzo.

"We're not a restaurant, but we can deliver family-style dinners perfect for four to six people," says owner Cheryl Miraglia, who lives in Castro Valley. "People are having such a hard time going to the grocery store. We hope to help the community, help people stuck at home, and help our employees."

Miraglia Catering has been in business for 72 years, and had 24 full-time employees before the virus hit. Most of them had worked there for 10 to 30 years. Now there's only enough work for a third of them.

"This pandemic has been off the charts for small businesses," says Miraglia. "There was the recession of 2008, and 9/11, but this time we've effectively lost all our

see MEALS on back page



PHOTO COURTESY OF MIRAGLIA CATERING

Catering company owner Cheryl Miraglia bagging a dinner for door-drop home delivery.

## SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



### Made Too Much Noise

Sunday, April 5: at 6:36 p.m., Sheriff's deputies arrested a 28-year-old man from Castro Valley as part of a warrant issued for his capture. The man was at a home on Ray Avenue near Center Street when deputies responded to a noise complaint and found the man damaging personal property. Deputies served the warrant and took the man to Santa Rita Jail pending bail.

### Spousal Assault

Friday, April 3: at 6:07 p.m., a 911 call about a loud and aggressive-sounding argument sent deputies to an apartment on Anita Avenue near the Boulevard. There, they arrested a 25-year-old woman from Castro Valley on suspicion of assaulting her partner. Deputies handcuffed the woman and took her into custody. The victim was treated at the scene.

### Public Intoxication

Friday, April 3: at 4:38 p.m., deputies arrested a 36-year-old man from Castro Valley on suspicion of public intoxication. The man was at a home on Bellhurst Lane near Columbia Drive when deputies were called to investigate a noise complaint. Deputies report the man's blood-alcohol content was twice the legal limit. The man was taken into custody.

### Caught Driving

#### Under the Influence

Friday, April 3: at 5:33 p.m., a 34-year-old man from Hayward was pulled over and arrested on suspicion of driving under the influence of alcohol. Deputies stopped the vehicle on Castro Valley Boulevard near the 580 Market Place shopping area. The man failed his field sobriety test and was taken into custody.

### Suspected Burglar Caught

Friday, April 3: at 4:56 p.m., deputies arrested a 53-year-old man from CV as part of a warrant issued for a previous felony burglary charge. The man was hanging out in a parking lot on Redwood Road near the Boulevard when deputies made a positive identification and served the warrant. Deputies took the man to Santa Rita Jail pending \$10,000 in bail.

## Chanticleers Announces Tentative Reschedulings

Castro Valley's Chanticleers Theatre has announced a tentative rescheduling of some productions due to the COVID-19 pandemic.

"The Bridges of Madison County," previously set to open May 1, will now open Oct. 16 and run through Nov. 15. "The Foreigner" will open as planned on July 17, running through Aug. 9. "Mamma Mia" will open the 2021 season in February 2021.

Those who have purchased tickets and reserved a specific day for either of the rescheduled shows will have their tickets moved to the same day within the new time

frame, or they may change days, or request a refund. Contact the box office staff at reservations@chanticleers.org or call 510-733-5483. Flex Pass holders will be sent a separate email with additional information regarding their options.

Prior to re-opening the theatre, the facility will be cleaned and disinfected to ensure the safety of audiences, staff and performers, according to Jacklyn L. Wilferd, Ph.D., President of the Chanticleers Board of Directors who expressed Chanticleers thanks to all for their patience and support.

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## 'MOVE MORE' MONTH

# Tips to Help Make Walking One of Your Healthy Habits

By Dr. John Chang  
and Diana Nyad

SPECIAL TO THE FORUM

With an increased focus on practicing healthy habits – such as washing hands frequently and staying home when sick to help avoid spreading COVID-19 – it's important to remain mindful about the importance of daily walking.

In fact, a report from Harvard Medical School concluded that walking can help boost the immune system, ease joint pain and curb cravings for high-sugar foods, which may contribute to inflammation and disease.

Plus, studies have shown walking more and sitting less may help people maintain a healthier weight.

April is Move More Month, an annual celebration established to encourage people and communities to walk for at least 30 minutes\* each day and put themselves on the road to a healthier lifestyle.

With that in mind, here are three tips people in California can consider to help make walking part of your daily routine during April and year-round:

● **Stay Active at Home:** Even if you are spending more time at home, it is crucial to still stay active and not fall into the trap of only binging the latest TV series or movie.

Remember to take short walks frequently throughout the day, aiming for six separate "mini-walks" of at least 300 to 500 steps. To enhance cardiovascular fitness, aim for at least one "brisk walk" of at least 2,000 to 3,000 steps within 30 minutes each day. To help build endurance, work toward 8,000 to 10,000 aggregate steps per day.

## New CEO Of Eden Health

Mark Friedman has been appointed new chief executive officer of the Eden Health District in Castro Valley. He is the former CEO of the Thomas J. Long Foundation and First 5 of California, and serves on the East Bay Community Foundation Board.



**MOVE MORE:** Studies have shown walking more and sitting less may help people maintain a healthier weight.

● **Start Small, Dream Big:** If those targets seem daunting, remember it helps to start slowly and build up over time. And don't discount walking compared to running:

Maintaining a quick walking pace has been shown to be on par with running when it comes to lowering the risk of high blood pressure, high cholesterol and diabetes. If you are in good health and want to push yourself, think about someday planning a trip (once the global pandemic ends) to explore one of our nation's top "bucket list" hikes, such as the Kalalau Trail in Hawaii or the Grand Canyon "Rim to Rim."

While it might seem mundane to only walk around your home or immediate neighborhood for the time being, studies show that setting — and writing down — long-term goals may help promote a healthier lifestyle.

● **Identify "Intrinsic" and "Extrinsic" Motivators:** In general, people are motivated by a combination of "intrinsic" factors, such as wanting to maintain a healthy weight, and extrinsic ones, such as financial rewards.

Walking likely offers several intrinsic motivators given research has shown consistent movement may help ward off depression and prevent issues like heart disease.

Following these tips may help you achieve those daily step goals during these turbulent times, while encouraging seemingly small healthy habits that can eventually translate to meaningful improvements.

\*Check with your doctor to determine what activity level is right for you.

Dr. John Chang is chief medical officer of UnitedHealthcare, Diana Nyad is founder and executive director of EverWalk



## ATHLETE OF THE WEEK

### Valery Piachonkina

Our Athlete of the Week is Valery Piachonkina, a Castro Valley native who is a Sophomore at Austin College (the Kangaroos).

Piachonkina was named the Collegiate Water Polo Association Defensive Player of the Week on March 13 after making 26 saves and helping the team go 4-0 in conference matches.

Piachonkina has been the women's water polo goalie for every game of the program's two-year history. This is her third time winning the award.



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# REAL ESTATE GALLERY



## REAL ESTATE REALITY

By Carl Medford, CRS  
Special to the Forum

GUEST COMMENTARY



## Real Estate Services Deemed Essential with Severe Restrictions

As we progress deeper into the coronavirus crisis, mandates and rules continue to change. Of primary significance is the new directive from the County of Alameda stating the COVID-19 Shelter in Place Order has been extended through May 3, 2020.

This is new territory for all. Hunkered at home, we are seeking ways to keep each day fresh. While some are continuing to work from home, it has proved difficult for many to accomplish tasks surrounded by circumstances far from ideal.

Our thoughts and prayers go out to parents with children at home who, while trying to continue their kid's education, are still required to accomplish other tasks. We are also mindful of seniors living alone who cannot be visited in person at this time and for whom loneliness is taking on a new dimension.

Of deepest concern are those who have lost the ability to work and consequently have no income.

With regard to real estate, things are a mixed bag.

As of last week, real estate services were upgraded to essential, but with severe restrictions. While we are still seeing purchases and sales, Tricia Thomas, CEO of Bay

East Association of Realtors clarifies, "It's not business as usual. Six Bay Area Counties and the City of Berkeley issued new Shelter in Place Orders on March 31, 2020 that permit limited real estate practices."

She continues, "Service providers that enable residential transactions (including rentals, leases, and home sales), are considered essential businesses for limited purposes only. This applies to residential transactions, not commercial or industrial. Service providers include real estate agents, escrow agents, notaries, and title companies."

Consequently, the following guidelines are in place:\*

No Open Houses or Broker Opens. Whenever possible, all aspects of a transaction should be completed through virtual interaction.

In-person contact is discouraged. Properties may be shown if strict guidelines are followed and only if the property is vacant.

Persons performing cosmetic services for a property, such as staging and landscaping are not considered service providers subject to the exception.

Access to residential properties is restricted to services necessary to maintaining habitability, sanitation, and residence operation, or to address safety of residents, employees or the

public (eg. fire safety or tree trimming to prevent dangerous conditions). Examples include plumbers, electricians and exterminators. Landscaping is not considered essential.

The Central County Realtors implore you to follow the directives and be safe.

\*Information provided by Bay East Association of Realtors

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.



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## County, State Defer Evictions During Pandemic

By Michael Singer  
Special to the Forum

Renters who've been laid off, are temporarily out of work, or see their hours slashed due to the coronavirus pandemic are getting some relief.

California Governor Gavin Newsom issued eviction protections last week for tenants who are unable to pay their rent because of loss of income as a result of the outbreak.

The executive order follows decisions by the Alameda County Board of Supervisors to take a humane approach

to evict tenants. Evictions already filed in Alameda county will also be on hold, for now. County superior courts and the sheriff's office say ongoing evictions won't be enforced during the shelter-in-place order.

However, April's rent is due if you can pay it. According to Newsom's order, if a tenant cannot pay the rent because of COVID-19, the tenant's rental payment is deferred for a reasonable period but not waived.

When the crisis is over, you are expected to repay back rent. If not, you must submit in

writing the reason you cannot pay and provide documents showing why you cannot pay within seven days of when the rent is due.

The California Apartment Association said it will work with local agencies to support the executive order and urges rental property owners and managers to act with compassion in dealing with residents who face coronavirus-related hardships in all locations, regardless of whether a moratorium on evictions is in place.

If you are threatened with an eviction during this time,

you may contact the East Bay Community Law Center: 510-548-4040, ext. 629 or the Centro Legal de la Raza: 510-437-1554.



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# You Can Help to Keep Parks Open

By Ned MacKay  
Special to the Forum

With measures in place made necessary by the coronavirus pandemic, many of the East Bay Regional Parks are still open to the public. But we all need to help to keep them that way.

At this writing, five regional parks are completely closed: Ardenwood Historic Farm in Fremont, Bay Point Regional Shoreline in Pittsburg (for construction), Castle Rock Regional Recreation Area in Walnut Creek, Pt. Isabel in Richmond, and Sunol Regional Wilderness in southern Alameda County.

At other regional parks, trails are generally open but other park features are closed. Closures include the Tilden Little Farm, all visitor centers, picnic areas, restrooms, water fountains, some parking lots, swim areas, playgrounds, campgrounds, backcountry campsites, kiosks, sports fields, and reservable facilities.

The district's 300 miles of paved, regional inter-park trails are open. These include the Del-

ta-DeAnza and Marsh Creek Regional Trails in East Contra Costa, the Contra Costa Canal Regional Trail in central Contra Costa, the Iron Horse Trail through the San Ramon Valley, and the Alameda Creek Regional Trail in Newark and Fremont.

For a detailed and up-to-date list of what is open and closed, visit the Park District website at [www.ebparks.org](http://www.ebparks.org), and click on "COVID-19 Updates & Closure Information" at the top of the home page. To avoid disappointment, I recommend that you always do that before venturing out to a park.

Because coronavirus is highly contagious and can be spread by overcrowding, all these measures are intended to secure the safety of both the general public and the staff who maintain, operate and police the regional parks. As a result, although there are rangers on duty, staffing is at a lower level. Like all of us, many staff are sheltering in place and caring for their families.

If the spread of coronavirus

increases, more restrictive measures may have to be taken. But we can all help to prevent that by observing some specific precautions:

- Maintain a six-foot distance from other people.
  - No picnicking, groups, gatherings or meetups. Only immediate households should be together.
  - Use gloves or hand sanitizers at high use contact points such as trail gates.
  - Keep dogs on leash at all times. When dogs congregate, so do their owners.
  - Pack out all trash, including dog waste bags. Because of lower staffing, trash collection will be limited.
  - Do not use single-use plastic water bottles. Bring your own water in a permanent-use container. Water fountains have been closed.
  - Use the toilet at home before you visit the park. Park toilets are locked shut.
  - Park safely; please do not block fire road gates or obstruct park access roads.
- All the regional park natural-

ist programs have been cancelled. However, you can still enjoy some Park District nature programs online. The district naturalists have put together a series of Facebook video programs called "Creature Features," each highlighting a natural history topic. You can access these on your Facebook page by typing in a search for "East Bay Regional Park District Creature Features." The first four "creatures" featured are a newt, wildflowers, a gopher snake, and skull detectives, and there are more to come.

East Bay Regional Park District's staff and board are in constant contact and in compliance with all local and state health departments. The coronavirus pandemic is by nature rapidly evolving, with changes on a daily basis. The hope is that if we all work together, these changes will be for the better, and we will be able to resume our normal way of living sooner rather than later. The Park District board and staff offer thanks to the public for its understanding and cooperation.



## WEEKEND GARDENER

### Vegetables

As soon as garden beds are able to be worked after the April rains have passed, you can begin setting out vegetables, including radishes, eggplants, green peppers, beans, cucumbers and squash. Buzz Bertolero recommends waiting until May to set out tomatoes.

### Flowers

Summer annuals and perennials can also be planted this month to brighten up flower beds. Look for petunias and zinnias—two of the most popular annuals—available in a wide range of colors, shapes and sizes to fulfill any requirement, whether for dramatic massed beds and borders, window boxes or planters on the patio.

**Light needs for plants**

Low light	Medium light	High light
Peace lily	Asparagus fern	Cactus
Snake plant	Boston fern	Hibiscus
Philodendron	Spider plant	Ti plant
English ivy	Jade plant	Gardenia
Diffenbachia	African violet	Geraniums

Source: extension.umn.edu

**Jon & Leslie**  
J&L Real Estate Group

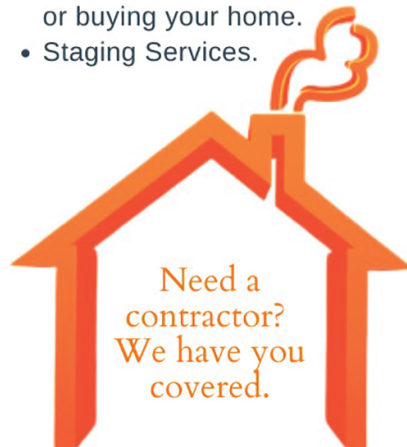


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## LETTERS to the EDITOR

### Apology Owed

Editor:

I was shocked and indignant, when I read Mr. Warner's letter ("A Dismayed and Disappointed Veteran," Letters, April 1) describing Supervisor Keith Carson's outburst of calling Mr. Warner "racist," in response to the Castro Valley Veterans Memorial Library Foundation's goal to save the old library.

One person recently said it best, when he stated: "...the media has shaped our social culture to deem terms such as patriotism and nationalism as racist terms..." It is unfortunate that Supervisor Carson has bought into that culture.

At this time of Covid-19 crisis in our country, we already have more than enough hate going around — we certainly don't need one of our County Supervisors contributing to the problem.

Not only did Supervisor Carson disregard the fact that thousands of Castro Valley voters wanted to see the old library used to benefit the community and its veterans, but in accusing Mr. Warner and the Foundation for not supporting the homeless, Keith Carson also showed his ignorance by his misuse of the word "racist" and the fact that the Foundation is working with Eden Housing and

First Pres Church to address the issue.

I have written to ask Supervisor Nate Miley to "enlighten" his colleague and to ensure that this type of unacceptable behavior does not get repeated in the future. Supervisor Carson seems to forget that he is a public servant of Alameda County — regardless of district — and as such, he needs to be respectful, especially when discussing issues with those who have an opposing view.

As a native Californian, whose ancestors have resided in this Golden State for over a hundred years, members of my family have proudly served in the Navy, Army, and Coast Guard branches of the military and although I am not a member of the Foundation, I applaud Mr. Warner and the members of the Foundation for its efforts and goal for the old library. At a minimum, Mr. Carson owes Mr. Warner and the community of Castro Valley an apology.

—Aileen Chong-Jeung  
Former CV MAC Member  
Castro Valley

### Old Library Can Still Serve

Editor:

I am much more than disappointed by the lack of comity shown to my fellow Castro Valley neighbor, Kasey Warner. I seem to remember voting on this issue a while ago and it being approved by the voters here.

As to the former library being "a building from hell," far from it. The building in question is a good example of Civic architecture and served our community for many years. It could still be of service if we had the cooperation of the County.

We pay taxes to the County but is this what we get? Being called racist because the Supervisors

## CVSan Hosting a COVID-19 Community Toilet Paper Pantry

Castro Valley Sanitary District is teaming up with Smalltown Society to host a Community Toilet Paper Pantry.

Public reaction to COVID-19 has created a shortage of toilet paper. The impact of this shortage is felt by all but especially by those who are underserved in our community.

This Saturday, April 11, CVSan staff will be on-site at Smalltown Society, 22222 Redwood Road, next to Trader Joe's from 2 to 4 p.m. to distribute rolls of toilet paper for those in need.

CVSan is also asking members of the community to stop by and donate extra new unopened rolls of toilet paper to help those in need. Social distancing guidelines and practices will be enforced during this event.

The distribution rules are: One roll of toilet paper per person, while supplies last. For more information contact CVSan at (510) 537-0757.

## BART Runs Every 30 Minutes on Week Days

As the Bay Area counties have now extended mandatory shelter-in-place orders, BART service is being reduced to match demand, save costs, and maintain reliable service based on staffing levels.

Starting yesterday, April 8, Monday-Friday service is running every 30 minutes until further notice. Ridership data shows social distancing remains possible on all trains with this change. Effectively, every other train is being canceled Monday-Friday.

Weekend service will remain unchanged.

PDFs of the new schedule will be available on bart.gov.

think they know what is better for us than we do? I am only sorry I was not at that meeting to support our veterans and their plan for this community space.

—Matthew Clowry  
Castro Valley

### Disrespect Not OK

Editor:

I wish to send my support to Mr. Kasey Warner who felt traumatized at the Board of Supervisors meeting. I believe you are owed a public apology by Supervisor Carson. I am dismayed and embarrassed that some people feel it is OK to disrespect others. We are all humans and should treat others as we would like and expect to be treated.

—Gail Lawton, Castro Valley

### Well Done, Trader Joe's

Editor:

I'd like to thank Trader Joe's for their response to the COVID-19 pandemic.

They have effectively encouraged social distancing by limiting the number of people inside the store at any one time. They have provided senior shopping hours.

I do worry about whether their public-facing employees (cashiers, cart cleaners, crowd control) have enough protection. Their decision to ban reusable shopping bags (to help stem the epidemic) was softened by not charging extra for the paper bags they are providing as a substitute. Well done, TJ's

—Marilyn Rumble  
Castro Valley

## Elaine Mary Wicker

March 15, 1928 - March 27, 2020

Resident of Castro Valley nearly 50 years and  
The Masonic Home, Union City nearly 10 years

Elaine Wicker passed away peacefully at the Masonic Home in Union City. She was born Elaine Cook in Lincoln, Nebraska where she met the love of her life, Richard. Elaine always looked on the bright-side of life. We were blessed to have celebrated her 92nd birthday with family and friends just a few days before the shelter-in-place order. To her grand-children Brendan and Lauren (and their friends) she was known as "Nama." She was lovingly involved in their daily lives as she lived just a few blocks away.

In her younger days, she worked at Mills Insurance Agency, Lincoln General as the Assistant to the Director, and Veteran's Services Center as a Counselor Advocate. She spent Sunday mornings at church and afternoons as a "trophy girl" riding laps in a convertible handing out roses and trophies to winners of the stock car races. In 1959 Elaine and Rich moved to the Bay Area, settling in Castro Valley. They were happily married 52 years until Rich passed away in July of 2010. Soon thereafter, Elaine moved to her "castle on the hill," the Masonic Home in Union City.

Elaine faithfully attended 3 Crosses Church in Castro Valley (Pastors Jacob and Larry) and the Church at the Masonic Home (Pastor Joel). Elaine was a member of Eastern Star, San Lorenzo Chapter. She loved to sing and write poetry. She enjoyed watching sports, and she and Rich were devoted Oakland Raiders season-ticket holders and boosters for many years. She loved bowling in leagues with Rich at Holiday Bowl, golfing at Willow Park, and participating in water aerobics at the Hayward Plunge. Elaine enjoyed traveling with family — especially a trip to Asia, weekend trips to wine and gold country, visits with family in Nebraska, Disneyland, and annual trips to Maui for more than 10 years running. Elaine loved animals, keeping dogs, cats, birds, fish, and bunnies as pets.

In her later years at the Masonic Home she formed loving relationships with staff and made many dear friends. She loved it there! Even this past year alone, while battling breast cancer (diagnosed at age 91), she went on every outing and to every activity possible: Cloverleaf Bowl, Oakland A's game, musicals, plays, festivals, fine dining, performances, Aquarium by the Bay at Pier 39, Ice Creamery in her hometown, parties, ceramics, bingo, trivia, Wii bowling, horse shoes, Reminiscing, Walt Disney Family Museum, and more! Often her family met-up and joined her. Elaine is survived by her daughter and only child, Michelle Korbas; grandchildren, Brendan and Lauren Korbas; and "son," Adam Korbas.

There will be a Celebration of Life to honor Elaine after these unprecedented events of recent times have settled. As Elaine always said, "Everything will be alright." Please contact daughter, Michelle, if you wish to keep informed. Elaine's final resting place will be alongside Richard at Arlington National Cemetery. Contributions in honor of Elaine's memory may be made in her name to the Masonic Home for Adults, 34400 Mission Blvd., Union City, CA 94587. Elaine, you are in our hearts always and we will see you in Heaven!



## HOROSCOPE by Salomé

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**ARIES (March 21 - April 19):** A problem in getting a workplace project up and moving might upset the Lamb, who likes things done on time. But be patient. The delay could turn out to be a blessing in disguise.



**TAURUS (April 20 - May 20):** Your instincts are usually on the mark, so if you feel uneasy about being asked for advice on a certain matter, it's probably a good idea that you opt not to comply with the request.



**GEMINI (May 21 - June 20):** You might have two minds about a proposed change (which often happens with the Twins), but once all the facts are in, you'll be able to make a definitive decision. Good luck.



**CANCER (June 21 - July 22):** The Crab's frugal aspect dominates, so while you might be reluctant to pay for technical repairs, the time you save in getting things back on track could be well worth the expense.



**LEO (July 23 - August 22):** While you Leos and Leonas continue to concentrate on doing well in your work-related ventures this week, consider reserving the weekend for sharing good times with family and friends.



**VIRGO (August 23 - Sept. 22):** This is a good week to take stock of the important personal, professional or familial relationships in your life and see where you might need to do some intense shoring up.



**LIBRA (Sept. 23 - October 22):** Your sense of justice makes you the likely person to help deal with a work- or family-related grievance. But you need to have any doubts about anyone's true agenda resolved first.



**SCORPIO (October 23 - November 21):** The Scorpio passion for getting things done right and on time might rankle some folks. Never mind them. Others will be impressed, and they're the ones you want in your corner.



**SAGITTARIUS (Nov. 22 - Dec. 21):** Finances could be a mite tight this week. And, while things will ease up soon enough, you savvy Sagittarians will want to keep a prudent eye on your expenses at this time.



**CAPRICORN (Dec. 22 - Jan. 19):** Although a technical malfunction could cause a temporary delay in getting things up and running, you could use the time to recheck your operation and make changes where necessary.



**AQUARIUS (Jan. 20 - Feb. 18):** You might find it difficult to resist making a snap judgment about a colleague's behavior. But stick with your usual way of assessing situations and wait for the facts to come out.



**PISCES (Feb. 19 - March 20):** Asking for help with a family situation might be the wisest course to take right now. Just be sure you turn to someone you can trust to do and say the right thing for the right reasons.

## LETTERS TO THE EDITOR

must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit. We do not withhold names or publish unsigned letters. Email letters to: fredz@ebpublishing.com or mail to: The Forum PO Box 2897, Alameda, CA 94501.

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## Masks: More Volunteers Are Still Needed

*continued from front page*  
deliver cut- to-size pieces to our doorsteps.

Right now I believe we have about 18 volunteers, but at the pace we're all working, fatigue will set in. So we definitely need more volunteers. I'm worried about the surge that is supposed to happen soon.

If someone does want to volunteer, they need just some basic sewing skills. All the step-by-step directions are posted online. We even have a link to a YouTube video. Of course they will need a sewing machine, thread, scissors, and an iron.

Because of safety concerns, all delivered fabric is put into a drier at the hottest setting for at least 40 minutes. We've heard that the virus dies at 133°F. Then with disinfected hands, the fabric is put into a ziplock bag. We deliver the bag to a seamster's doorstep so we are socially distanced.

Once the seamster finishes a mask or cutting fabric, the work is put back into the ziplock. When it gets back to my or Diana's home, we repeat the drier technique and repackage in a clean ziplock. We are really trying our best not to infect our volunteers or the healthcare workers that will eventually wear the masks. The fabric masks, while not as good as a N95, are better than nothing and can be reused.

We know that some nurses are wearing fabric masks over their N95 ones to try to keep them sterile and lasting longer. We also know that some of the facilities



**GOT A SEWING MACHINE? Put your skills to work making masks for our area's hospitals.**

using them are also giving them to patients to prevent infecting staff members.

We don't care who uses them, so long as they help anyone in need. I like to think that every stitch we sew will soothe an anxious heart. That's enough to keep me going.

Most amazing to me is the mix of people we're working with; all economic levels, a mix of nationalities and accents, and of course religions. One of our volunteers, Miranda, doesn't sew for us. She translates the directions for her two friends, Zhen and Mei. There's a brother and sister, who created over 80 masks and won't share their names. They are that modest.

Most of these people I've never met face to face. I'm always wearing a mask, and they are safe behind their doors. I mainly get to

know a little about them by their emails, text and their neighborhoods. I'm traveling all over the Eden Area. God bless who ever invented GPS. All of our volunteers have put in so many hours and have done such quality work. We have gotten compliments on the quality from an administrator from St. Rose hospital.

So if someone wants to donate or volunteer, they should go to edeninterfaith.weebly.com. Or they can call 510-206-6035 and speak with Diana. Monetary donation can be made on Eden Area Interfaith Council's Facebook page.

I'll tell you this has made the quarantine time fly by. So much more satisfying than doing Facebook or watching TV all day.

*Debra Collins is a local artist and Vice President of Communications for the Eden Area Interfaith Council.*

## Swalwell to Hold Another Q&A Tomorrow

Rep. Eric Swalwell announced he will hold a Facebook Live Q&A tomorrow, April 9, with special guest Colleen Chawla, Director of the Alameda County Health Care Services Agency.

Chawla joined the agency in December 2017, coming to

Alameda County from the San Francisco Department of Public Health, where she had spent 13 years, the last six of which serving as its Deputy Director.

Her experience in the health sector goes back 25 years and includes positions in non-profit HIV/

AIDS services and publicly-traded biotechnology organizations.

The Q&A will take place at 1:30 p.m. Pacific Time. Join at: Facebook.com/CongressmanEricSwalwell. Participants are encouraged to submit questions in advance on the event Facebook page.

## CV Rotary's Annual Art & Essay Contest Will Be Held This Year

The Rotary Club of Castro Valley is pleased that their annual Art & Essay Contest is being held again this year to encourage our young authors and artists to use their skills to remember our history and help bring our community together.

These are difficult times for all and the need to keep physical separation makes it all the more important to bring us together as a community.

In that spirit, we are not making this year's Art & Essay a "contest" with individual rewards, but rather an expression of how we survive by uniting together by thinking of others.

All of your artwork and essays will be posted online for the community to recognize your contributions.

No individual awards will be presented.

There are several significant changes for this year, including on-line submissions to RowellRanchRodeoParade@gmail.com where they will be separated by category (Art or Essay) and by grade (K-1, 2-3, 4-5). Submitted essays will also include the name of the student's first name, grade, and school or homeschool.

All entries will be posted on RowellRanchRodeoParade.com as they are received, listed by first name only, grade and school.

The description you've received remains the same. It's just the end game that's changed. Help us unite with your creations and ideas.

It's been more than 100 years since the 1918 pandemic, and we

have learned a lot since. History, whether it is yesterday, 100 years or 1,000 years ago, gives us important lessons to learn so those following you will benefit. Please keep that in mind as you have fun, enjoy and create!

For details, see the Art & Essay Guidelines at: [www.rowellranchrodeoparade.com/wp-content/uploads/2020/04/2020-Art-Essay-Guidelines-2020-1.pdf](http://www.rowellranchrodeoparade.com/wp-content/uploads/2020/04/2020-Art-Essay-Guidelines-2020-1.pdf)

Please email any questions to RowellRanchRodeoParade@gmail.com.

The Rotary Club of Castro Valley's desire is to bring us even closer together during these challenging times.

—Dawn Ortiz  
Art & Essay Contest Coordinator  
Rotary Club of Castro Valley

## COVID-19: Business, Healthcare Support

*continued from front page*

"These orders are a necessary next step and work in hand-in-hand with the shelter-in-place order to help slow COVID-19's spread, protect vulnerable individuals, and prevent the healthcare system in Alameda County from being overwhelmed," Alameda County Health Officer Dr. Erica Pan said in a statement.

In anticipation of a spike in the number of infections, Governor Gavin Newsom announced that California may require up to 50,000 additional hospital beds to ensure there is enough capacity for the medical system to handle the surge of COVID-19 cases.

The state is working with public health officials, including in Alameda County, to evaluate appropriate sites.

Bay Area health officials are also recommending residents cover their nose and mouth with cloth when leaving home for essential

travel such as to doctor appointments, grocery shopping or pharmacy visits. Homemade versions that block the nose and mouth are acceptable under the recommendations.

Officials ask that medical-grade respirators such as the N95 masks be reserved for hospital workers.

### Support for Healthcare Workers

In collaboration with the Rotary Club of Castro Valley and the Castro Valley/Eden Chamber of Commerce, Castro Valley Matters is coordinating an effort to feed healthcare workers at Eden Hospital during the surge of COVID-19 cases. Donations for this effort can be made online at [Castrovalleymatters.org/feededen](http://Castrovalleymatters.org/feededen).

### Business Support Available

While businesses are finding ways to pitch in against the COVID-19 pandemic, economic help is on its way, say county of-

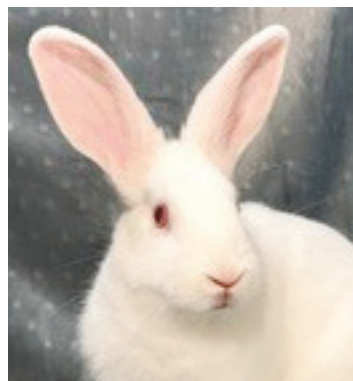
ficials.

Congress passed three relief packages in response to the crisis, amounting to trillions of dollars which will go to businesses and workers. County Supervisor Nate Miley says he is, "acutely aware of the economic stress put on the Eden Area community during this emergency."

"My office is working diligently to connect constituents with available resources," Miley told the Castro Valley Forum. "If you need support, please reach out to my office."

For example, the Alameda County Community Development Agency's Economic and Civic Development Department (ECD) is actively working with small businesses in the county's unincorporated areas to connect them with available programs. They are also working with the Chamber of Commerce to post and share information resources.

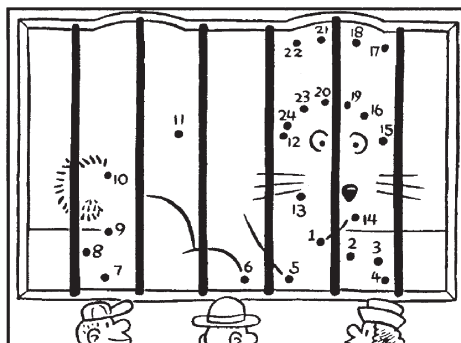
## ADOPT-A-PET



**Pansy** is a fluffy white bunny with tons of personality and confidence. She knows what she likes and lets you know! Since arriving as a stray, she has learned to better trust people. She loves to explore her surroundings. Info: Hayward Animal Shelter, 510-293-7200.



**Pharaoh**, about 8 years young, is a big fan of tennis balls and is willing to share them with you! When his guardian passed away, Pharaoh became a bit of a nomad, but was eventually surrendered to the shelter. OK with teens. Hayward Animal Shelter, 510-293-7200.



**IS THIS THE NEW KING OF BEASTS?** Join the dots and find out.

Answer: No, it's only a Giant Bolivian Bashful Bunny.

**READ THE FOLLOWING** sentence once and state how many "f's" are in it.  
"To be genuine, every package of Kellogg's Corn Flakes must bear the signature of W. F. Kellogg."

Answer: There are four "f's" in the sentence. The "f's" in "of" are often missed.

**DOUBLE TROUBLE!** Below are six partially spelled words. Four letters are missing from each word. In each case you must find a two-letter word that can be used to fill in the missing letters. Below you'll find some hints.

1. A favorite food.
2. A king or prince.
3. An Asian disease.
4. Type of headgear.
5. Used for cooking.
6. A crucial situation.



1.				
2.				
3.				
4.				
5.				

### BIG TOP BAFFLERS!

**IN THE GRID**, at left, there is room to enter five five-letter words pertaining to the circus world. The following definitions should help you:

1. To put up a circus tent.
2. What acrobats do.
3. Type of clown pants.
4. Performers in the World's Smallest Circus.
5. Found in animal cages.

There is a dark frame around the center column of letters. If you correctly solve the puzzle, the letters in this frame, top to bottom, will spell out the name of a circus animal.

The center column word is "tiger".  
Answers: 1. Pitch, 2. Flips, 3. Baggy, 4. Fleas, 5. Straw.

Answers: 1. (AS) Pastas, 2. (AH) Maharajah, 3. (BE) Benben, 4. (HA) Hardhat, 5. (HI) Hibachi, 6. (IS) Crisis.



ROTARY CLUB, CHAMBER OF COMMERCE, CV MATTERS



## Feeding Healthcare Workers

In collaboration with the Rotary Club of Castro Valley and the Castro Valley/Eden Chamber of Commerce, Castro Valley Matters is coordinating an effort to feed healthcare workers at Eden Medical Center during the surge of COVID-19/Coronavirus cases. Donations for this effort can be made online at <https://castrovalleymatters.org/feed-eden>. For accurate news and information about Eden's response efforts, please visit: [www.sutterhealth.org/covid19](http://www.sutterhealth.org/covid19)

## Meals: Prepared Under Strict Sanitation Guidelines, Delivered Right to Doorstep

*continued from page 3*

business for March, April, May and June."

With weddings, conventions and corporate events canceled or postponed, Miraglia and her crew have researched home delivery, including new methods of packaging, labeling, portioning and choosing a good online ordering program. The new meal service has been up and running about 10 days. Results have been encouraging, with favorable customer reviews. The delivery area may be expanded in the future.

Currently Miraglia's Door Drop Meals has approximately 25 menu items and combinations to choose from, including gluten-free and

vegetarian dishes. Chicken, beef, pasta, salmon, salads, soup and side dishes are available on the Door Drop menu.

Orders must be placed by noon for next-business-day delivery. Deliveries are made Monday through Friday from 1 to 5 p.m. (Monday orders must be placed by noon on the prior Friday.)

Food is prepared under strict sanitation guidelines, says Miraglia. Her staff delivers right to the doorstep, without person-to-person contact. They ring the doorbell and text to make sure recipients know the order has arrived. Orders over \$100 are delivered free; otherwise there is an \$8 delivery fee. Minimum order is \$50.

See Miraglia's Door Drop Meals website, [www.cateringandmore.com/home-meal-delivery](http://www.cateringandmore.com/home-meal-delivery), or phone 510-483-5210.

In the meantime, Miraglia Catering is preparing food for "essential services" personnel who are working long hours. At this time these are mostly box lunches. Large quantities may still be ordered from Miraglia's more extensive online catalog, although the Door Drop home meal delivery items serve from four to six.

"Our office staff is still helping people plan weddings and other events," says Miraglia, "because eventually this craziness will end and people will want and need to celebrate."

## 2020 Census Is Underway

Nearly all Californians have received invitations to participate in the 2020 Census from the U.S. Census Bureau, as the historic count begins that will determine the distribution of billions of dollars in federal funding as well as state and political representation in the next 10 years.

All residents can now respond to the Census online at: [2020census.gov](http://2020census.gov) and by phone by calling one of these numbers: English 844-330-2020, Spanish 844-468-2020, Chinese (Mandarin) 844-391-2020, Chinese (Cantonese) 844-398-2020 or Telephone Display Device (TDD) 844-467-2020.

The Census encourages all residents to participate as soon as possible and is providing culturally sensitive and in-language support.

The mailed invitation includes information on how to fill out the Census form and includes a unique Census ID linked to a physical address. Californians will need to use their customized Census ID when responding online or by phone. All residents can respond to the Census online at: [my2020census.gov](http://my2020census.gov) and by phone.

### What You Need to Know:

- The Census is a simple, confidential 9 question survey
- Questions include: name, address, sex, race, ethnicity, age, and whether you own or rent the home
- Californians should self-identify in regard to race, ethnicity and gender
- Make sure you count everyone in your home, including any friends or family members who are living and sleeping there most of the time
- The Census Bureau will never ask about your citizenship status, or for sensitive information like your social security number, bank accounts, or payments/donations.
- The Census Bureau will never reach out to you on behalf of a political party
- Your responses to the Census are protected by law and cannot be shared with, or used by, any other government agencies.
- For more info and answers to frequently asked questions, please visit [californiacensus.org](http://californiacensus.org)

## Spectrum Senior Lunches

Low-cost lunches are available at the following Castro Valley locations at noon on the listed days. For lunch reservations, please call 24 hours in advance. Suggested donation is \$3.75. No registered senior over 60 will be refused a meal due to lack of funds. All senior dining sites have switched to take-away meals.

• **United Methodist Church**  
19806 Wisteria Street  
Tuesdays  
510-581-3486

• **Aitken Senior Center**  
17800 Redwood Road  
Monday thru Wednesday  
510-881-6738

### MENU

#### Monday, April 13

*Baked Jerk Chicken with Creamy Cucumber Sauce, Tossed Vegetable Salad, Coleslaw, Jamaican Brown Rice, Orange*

#### Tuesday, April 14

*Cod on Bed of Spinach with Sun-dried Tomato Sauce, Carrot Soup, Whole Wheat Roll, Grapes*

#### Wednesday, April 15

*Pork Chops with BBQ Sauce, Corn on the Cob, Green Beans, Brown Rice, Pineapple Cup*

## Need Emotional Support?

It is likely that the emergency declaration over COVID-19 has left many with increased levels of stress, anxiety, worry, and fear.

The Mental Health Association of San Francisco is making immediate, free non-emergency emotional support available to anyone in the state via telephone or instant messaging through the California Peer-Run Warm Line, a toll-free service that operates 24/7.

The Warm Line can be reached

at 1-855-845-7415 or on Web Chat at: [www.mentalhealthsf.org/peer-run-warmline/](http://www.mentalhealthsf.org/peer-run-warmline/)

The Warm Line is staffed by trained peers with specialized training in supporting mental health challenges that people can use to seek support before they've reached the crisis point. The staff can also help link callers to local emergency, mental health, or social services. All calls are free and confidential.

## CVSan Extends Suspension Of Non-Essential Services

To ensure the health and safety of its customers and employees and to limit possible COVID-19 exposure and comply with the most recent shelter-in-place (SIP) order, walk-in services at the Castro Valley Sanitary District (CVSan) office at 21040 Marshall St. and its Capital Improvement Projects Office at 20211 Patio Drive, Suite 200 will continue to be suspended until further notice.

CVSan will continue to provide essential wastewater services and will respond to sewer emergencies during the current SIP.

Report sewer emergencies to

510-537-0757 Monday – Friday, 7 a.m. to 4 p.m. or after hours at 510-506-5821.

Current scheduled collection services for recycling, organics, and garbage provided by Alameda County Industries (ACI) have not been affected. Residential customers should have their containers ready for service between the hours of 6 a.m. and 6 p.m.

As the impact of COVID-19 to the community continues to develop, CVSan will provide further service updates as needed. Contact CVSan with questions at: (510) 537-0757 or [contact@cvsan.org](mailto:contact@cvsan.org).



James J. Phillips\*

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Katelyn M. Phillips

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Residents & Natives of Castro Valley

\*Certified Specialist in Estate Planning, Trust, and Probate Law  
State Bar Board of Legal Specialization  
LL.M. in Taxation

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FILED  
FEBRUARY 27, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By \_\_\_\_\_, Deputy  
FILE NO. 569029

#### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): BODI'S JAVA at 3803 E. Castro Valley Blvd., Castro Valley, CA 94552 in Alameda County is hereby registered by the following owner(s): (1) Ki Hoon Han and (2) Hyang Sook Han, 20147 Waterford Place, Castro Valley, CA 94552. This business is conducted by a married couple. This business commenced 12/01/16.

/s/ Ki Hoon Han, Hyang Sook Han

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 27, 2025

MAR 18, 25, APR 01, 08, 2020  
0248-CVF

FILED  
MARCH 09, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By \_\_\_\_\_, Deputy  
FILE NO. 569449

#### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Sisters With A Purpose at 20074 Rawhide Way, Castro Valley, CA 94552 in Alameda County is hereby registered by the following owner(s): (1) Alona Ward, 20074 Rawhide Way, Castro Valley, CA 94552 (2) Donna Rosby, 29 Klondike Ct., Sacramento, CA 95835. This business is conducted by a general partnership. This business commenced N/A.

/s/ Alona Ward, Donna Rosby

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 09, 2025

APR 08, 15, 22, 29, 2020  
0258-CVF

## Starting a New Business?

The SL Times reaches  
99% of homes in  
San Leandro

File your Fictitious  
Business Name  
Statement with us  
Today

Stop by or call Patrick V.  
at (510) 614-1558

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Leandro, CA 94577