

UNIVERSITY FAMILY MEDICINE CENTER, PA.
Adult Medical History

Name _____ Date of Birth _____ Age _____

1). Last time you had a complete physical? (Including EKG, X-ray, Lab Work) _____
List any other physicians who provided you with routine medical care _____

2). Please circle if you now have (or in the past had) any of the following:

- | | | | |
|-------------------------|---------------------------------|------------------------------|------------------------|
| Epilepsy | Pulmonary Emboli | Colon/ Bowel Trouble | Bleeding Disorder |
| Fainting Spells | _____ | Gallbladder Disease/ Surgery | Easy Bruising |
| Migraine/ Headaches | Eczema/ Skin Cancer | Hemorrhoids/ Piles | _____ |
| Stroke | _____ | Hepatitis/ Liver Disease | Arthritis |
| _____ | Angina | Stomach/ Duodenal Ulcers | Broken Bones |
| Allergies/ Hayfever | Bypass Surgery | _____ | Neck/ Back Problems |
| Glaucoma/ Cataracts | Circulatory Problems | Bladder Infections | _____ |
| Hearing Trouble | Heart Trouble | Kidney Infections | Drug/ Alcohol Problems |
| Recurring Ear Infection | Heart Murmur | Kidney Stones | AIDS/ HIV Positive |
| Sinus Trouble | Palpitations | Prostate Trouble | Cancer |
| _____ | Rheumatic Fever | _____ | Depression |
| Asthma | Pacemaker | Diabetes mellitus | Anxiety |
| Emphysema | High Blood Pressure | Gout | Suicide |
| Recurring Bronchitis | Mitral Valve Prolapse | Thyroid Problems | Chronic Fatigue |
| Tuberculosis/ +TB Test | High cholesterol/ Triglycerides | _____ | _____ |

Previous Surgery _____

3). **FEMALES ONLY:**

Pregnancies _____ Children _____ Miscarriages _____ Abortion _____
Last Pap Smear _____ Last Mammogram _____

Please circle if you now have (or in the past had) any of the following:

- | | | | |
|----------------|--------------------------------|------------------------|----------------|
| Breast Surgery | Fibrocystic Breast Disease | Menstrual Difficulties | PMS |
| D & C | Gonorrhea/ Syphilis/ Chlamydia | Ovarian Cysts | Tubal Ligation |
| Endometriosis | Hysterectomy | PID/ Pelvic Infections | Abnormal Paps |

4). **ALLERGIES:** Circle any of the following allergies you have:

Penicillin Erythromycin Sulfa Tetracyclines Codeine Aspirin
Ibuprofen (NSAI's) Other _____

5). **MEDICATIONS:**

List ALL the medications you are currently taking or have taken in the past month.

6). **SOCIAL HISTORY:**

Do you smoke? YES NO How Much? _____ If you quit, when? _____
Do you drink alcohol/ beer? YES NO How Much? _____ If you quit, when? _____
Do you drink coffee tea? YES NO How Much? _____ If you quit, when? _____
Do you or have you ever abused prescription drugs or used street drugs? YES NO What drugs? _____

7). **DIET:**

Regular _____ Low fat/ Low Cholesterol _____ Vegetarian _____ Diabetic _____ Low Salt _____
Weight Reduction _____ Other Type _____

8). **EXERCISE:**

Regularly _____ Occasionally _____ Not at all _____

9). **FAMILY HISTORY:** Circle if the following health problems occur in your family:

Alcoholism	Bleeding Disorders	Emphysema	High Blood Pressure	Suicide
Allergies	Cancer	Epilepsy/ Seizures	High Cholesterol	Ulcer Disease
Anemia	Depression	Heart Attacks	Leukemia	Other _____
Asthma	Diabetes	Heart Trouble	Strokes	_____

	Age	Deceased Age	List Any Health Problems	Cause of Death
Father				
Mother				
Brother				
Sister				

