

Lassiter Cheerleading FAQs

When will tryouts be? Can we have virtual tryouts now?

Per GHSA all sports are on hold. No spring sports can practice, play, or gather and no fall sports can meet or have tryouts. Until GHSA gives us the go ahead on sports going back to normal we have to put tryouts on hold for the foreseeable future. GHSA has made it very clear there are to be NO VIRTUAL TRYOUTS while sports are on hold. This means most likely tryouts for cheerleading will be happening at some point this summer. At this time I cannot say whether it will be June, July, or August but as soon as we get the go ahead we will give everyone dates to plan for tryouts.

GHSA, Cobb County Athletics, and Lassiter Cheer coaches hope that come early summer we will be back to normal. GHSA has said they are planning for a normal fall, but if the science and guidance of the CDC were to indicate any change coaches would be notified as soon as possible and we would notify our program as soon as possible after that.

What if I have a vacation planned during tryouts?

We plan to give the Lassiter Cheer community notice in advance of when tryouts will be and hope everyone will make accommodations to be present for those dates. However, Lassiter coaches will do their best to be flexible with preplanned vacations if they fall during tryouts. We will explore the possibility of doing a video tryout for those with preplanned vacations. More details will come on this, once tryouts have been officially planned.

I haven't been able to tumble during this pandemic, how will that affect my tryout?

Coaches are well aware gyms are shut down and not everyone has access to a safe space to tumble. We don't want any cheerleader practicing skills in an unsafe space or attempting skills they don't feel comfortable with. Coaches will be flexible with cheerleaders on their skills. Please be aware though that if you show a video of a previous skill you had or say you can throw a certain skill you will be asked to do this skill on whatever performance surface your team

performs on, ie. Competition cheerleaders will need to be able to tumble on dead mat and football cheerleaders will need to be able to tumble on the track/football field.

Will Camp Lassiter still happen?

Camp Lassiter is very well known in the community, a great opportunity for future cheerleaders to interact with Lassiter Cheerleaders, and a huge fundraiser for our cheerleading program. We are exploring options of potentially having Camp Lassiter later in the summer depending on science and guidance provided by the state and CDC. Cheerleaders will still be expected to participate and these dates will be released once GHSA gives the go ahead on sports to pick up as normal.

Are you still planning on making all the same squads?

Yes, we will still plan on having a Varsity Football, JV Football, and Freshman Football team. Like I stated at the Pre-tryout meeting if there is no Freshman football team the JV Cheerleaders and Freshman Cheerleaders will combine and cheer for the JV Football Team on Thursday nights. But the football coaches have assured me that they will have a Freshman Football team.

We still plan on having a Varsity Competition team and if numbers allow we will have a JV Competition team. Much is unknown of the timeline of the competition season, but this is our first year in a new division and new region and I plan on showing 6A what Lassiter Cheerleading is about.

What can I do right now to prepare for tryouts?

This is a great time to be staying in shape and working on your flexibility, jumps or motions. Try to get a ~30 minute workout or run in everyday, work on your splits, and practice your motions in the mirror. If you are new to Lassiter Cheerleading or a Freshman and want to start learning Cheers or band dances the links are below. You could facetime a friend or zoom with a friend and do it together!

Band Dances: <https://youtu.be/UtkczG9Zgbs>

Chants: <https://youtu.be/hJ8bgpzFO5E> & <https://youtu.be/k0xk4b86XNA>