

Art Collier is a licensed physical therapist, certified/licensed athletic trainer and owner of Progressive Step Rehabilitation. Art has been a physical therapist and involved in community athletics for over 35 years. Even though many of his clients aren't athletes, he finds his genuine sports medicine approach to the rehabilitation process works for everyone. He understands an athlete's frame of mind and values the importance of returning competitively to their sport as quickly as possible. Whether you are a patient returning to work, someone with chronic pain or a competitive athlete, Art will work to get you back to your active lifestyle. Art has special post graduate training in the evaluation and treatment of Balance and Vestibular disorders as well as Manual Therapy. Art is a Gate Rive Run Streaker and has participated in multiple, national marathons. He enjoys weekends with his family and friends at UF Gators sporting events and attending his son's baseball games.

BS- Physical Therapy, University of Florida

Member: APTA, Sports Medicine and Orthopedic Sections, NATA & ATAF

Continuing Education- Balance Disorder and Training, Running Injuries, Sports Medicine, Manual Therapy, Knee & Shoulder Injuries & Injury Prevention