Sex Addiction Recovery Consent & Privacy Agreement

Help for Couples
James Gallegos, LMFT

Welcome

Recovery begins with honesty, courage, and hope. This agreement explains your rights and privacy protections.

Nature of Recovery Therapy

Treatment focuses on compulsive sexual behavior, pornography addiction, relapse prevention, integrity, and healthy relationships.

Confidentiality

- Protected by HIPAA and Washington law.
- Exceptions include imminent danger, abuse reporting, court orders, and written authorization.

Couples Therapy Considerations

If you are also in couples therapy with me, I generally do not maintain significant secrets that directly affect the therapeutic process.

HIPAA Privacy

Records are maintained in secure HIPAA-compliant systems.

Electronic Communication

Please use email and text primarily for scheduling and administrative matters.

Telehealth

Virtual sessions are conducted through a secure HIPAA-compliant platform.

Fees & Payment

Payment is due at the time of service. Superbills are available when appropriate.

Emergencies

Recovery counseling is not emergency care. Call 911 or 988 if needed.

Ending Therapy

We will regularly review progress and determine together when treatment is complete.

Client Acknowledgment

By signing, you consent to treatment and acknowledge the limits of confidentiality.

Client Name: _____

Signature: _____

Date: _____

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