

February
2020

Lascassas Baptist Preschool

Safety Classes



Our child safety curriculum, Keeping Kids Safe, begins on **Monday, February 3rd** for children 3 and up.

Party Time!



Our Valentine's Day parties will be held on **Friday, February 14th**. Speak with your child's teacher about what the class will be doing and be sure to check out the snack sign-up sheets outside of the classroom doors.

Survey Time!



We are taking our parent survey online again this year! You will receive an email with the link to complete the survey. We have gotten lots of great feedback from our families in the past and I'm sure this year will be the same! You can also remain anonymous. Please complete the survey by **Friday, February 21st**.



Heart Health Month

February is Heart Health Month! To kick it off, everyone wear RED for Women **Friday, February 7th**.

School Closure!



LBP will be closed on **Monday, February 17th** so we can observe Presidents' Day. Enjoy your day off!

Summer and Fall Registration



Please turn in your registration forms for your child's summer and fall spots. Registration ends for all current students on **Wednesday, February 12th**. Any spots that are not accounted for will be up for grabs. All fees are due by **Wednesday, March 25th**. Fees not paid by this date could result in losing your child's spot. This also includes children that have yet to be born.



Walk It Out!

February is the month for love and we are sharing our love with the American Heart Association by having our Fourth Annual Walk-a-Thon. It will be on **Thursday, February 20th**. We will have music, special snacks, and more! Head over to www.heart.org if you feel led to make a donation to this worthy organization.



Make the Pledge

UNPLUG & Read encourages adults, families, and children to unplug from TV, computers, and video games and enjoy the pleasures of reading. So, come on guys, put down those devices and take time out to READ to your kids! They'll love it!

www.readtosucceed.org

Monthly Mission Projects



Each month, we participate in philanthropic activities to help our communities and to spread the love of Christ through these endeavors. We are asking families in our **Pre-K One** to donate shelf stable snacks for the Lascassas Volunteer Fire Department – crackers, granola bars, etc.! You can leave your donations in the bin outside of our office.



For our schoolwide project, we will be "*Blessing Someone's Heart*" at NHC - Murfreesboro. For many of our oldest family members, friends, and loved ones, the nursing home is a place of constant care and their only home. While many of us with loved ones in these facilities take great care and thoughtful consideration in visiting them and providing them with additional items they may need or want, not all residents have such loyal family members. We are "*Blessing Someone's Heart*" by donating simple items that not every resident may have access to in their day-to-day life. Consider men and women in most of these categories. Please place all donations in the bin outside of our office.

Chapstick
Puzzles/word searches

Lotions
Nail polish

Body wash
Socks

Shampoo
Candy/gum/mints

wishlist

Lysol spray!!!



MARCH SNEAK PEEK

- Tuesday, March 3rd - Closed for Election Day
- Sunday, March 8th - Daylight Savings Time Begins (Wooo Hoo!)
- Monday, March 16th - Celebrating National Potato Chip Day
- Tuesday, March 17th - Spring Pictures (individuals, groups, graduates)
- Monday, March 30th - Friday, April 3rd - Closed for Spring Break



Lascassas Baptist Preschool Monthly Devotion

***“If we don’t have God’s kind of love,
we miss the very point of living.”***

Of all the feelings we experience, love is supreme. It makes life worth living here on earth and will one day be fully enjoyed in heaven. When Paul wrote his treatise on love in 1 Corinthians 13, he didn’t offer a definition but instead described how it acts: unselfish, unconditional, and always looking out for the other person’s best interest. And because love speaks the truth, sometimes it can feel as soft as velvet, or rough like sandpaper, depending on what’s needed.

If we don’t have God’s kind of love, we miss the very point of living. When Jesus was questioned about the greatest commandment, He said, “You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.” Then He added that the second command is like it: “You shall love your neighbor as yourself” (Matt. 22:37, 39). This is God’s standard, but none of us can measure up. We simply cannot make ourselves love the Lord that fully or be that concerned for those around us. Let’s face it: Some people just rub us the wrong way or are downright unpleasant. However, the Lord knows we need help. That’s why He gave us the Holy Spirit—the one who helps us demonstrate God’s heart to the world.

Galatians 5:22-23 lists nine aspects of “fruit of the Spirit,” the first of which is love. In essence, we could say that all the others are descriptions of it: Joy is love delighting, peace is love resting, patience is love waiting, kindness is love reacting, goodness is love choosing, faithfulness is love keeping its word, gentleness is love empathizing, and self-control is love resisting temptation. And as we grow in faith, love becomes more deeply ingrained in us.

No matter how gifted, strong, or successful we are, without this essential emotion, life is empty and meaningless. If we never give it, we’ll become self-centered and demanding. If we never receive it, we’ll constantly strive for acceptance and approval. But when God’s love flows in and through us, we become more like His Son. And when others observe us, they will be drawn to the Savior, because God’s love never fails.

<https://www.intouch.org/read/magazine/a-word-from-dr-stanley/an-essential-emotion>

Healthy Recipe of the Month - Pan Roasted Pork Chops & Brussels Sprouts

Ingredients:

4 boneless pork loin chops (6 ounces each)	½ cup plus 2 tablespoons reduced-fat Italian salad dressing, divided
4 small potatoes (about 1-1/2 pounds)	½ pound fresh Brussel sprouts, trimmed and halved
½ cup soft bread crumbs	1 tablespoon minced fresh parsley
¼ teaspoon salt	⅛ teaspoon pepper
2 teaspoons butter, melted	

Directions:

Place pork chops and ½ cup salad dressing in a large bowl; turn to coat. Cover and refrigerate 8 hours or overnight. Refrigerate remaining salad dressing.

Preheat oven to 400°. Cut each potato lengthwise into 12 wedges. Arrange potatoes and Brussels sprouts in a 15x10x1-inch baking pan coated with cooking spray. Drizzle vegetables with remaining salad dressing; toss to coat. Roast 20 minutes.

Drain pork, discarding marinade. Pat pork dry with paper towels. Stir vegetables; place pork chops over top. Roast 15-20 minutes longer or until a thermometer inserted in pork reads 145°. Preheat broiler.

In a small bowl, combine bread crumbs, parsley, salt and pepper; stir in butter. Top pork with crumb mixture. Broil 4-6 inches from heat 1-2 minutes or until bread crumbs are golden brown. Let stand 5 minutes.

www.tasteofhome.com/recipes/pan-roasted-pork-chops-potatoes/