

# San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

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THURSDAY, OCTOBER 17, 2019

SAN LEANDRO • CALIFORNIA



PHOTO BY Tony Rotundo/WrestlersAreWarriors.com

Jacarra Winchester (left) goes after her opponent on her way to winning the world women's freestyle wrestling championship in Nur-Sultan, Kazakhstan on Sept. 18.

## Winchester Takes Women's Championship

By Mike McGuire  
San Leandro Times

Jacarra Winchester, former Arroyo High School wrestling star, took the World gold medal in women's freestyle wrestling on September 18 in Kazakhstan. She competed in the 55 kg. (121 lb.) weight class.

Winchester prevailed 5-3 over Japan's

Nanami Irie in the championships held at Nur-Sultan. Japan dominates women's wrestling internationally, and Irie had won two previous world titles.

"Everything I worked for just came true," Winchester said.

"I knew from the start I'd win. I was super-confident," she added.

Winchester became the first American wrestler to win an event at this world championships due to scheduling. Her victory helped inspire several more Americans to win their events over wrestlers from Japan and other countries.

Winchester, 26, now lives in Colorado  
see WINCHESTER, page 9

## Congresswomen Hold Tele-Town Hall on Impeachment

By Lynne Halle  
San Leandro Times

Congresswoman Barbara Lee was joined by Congresswoman Jackie Speier for a one-hour Tele-town hall on Wednesday evening, October 2, 2019, to answer questions by residents of her district (Alameda, Albany, Berkeley, Emeryville, Oakland, Piedmont, and San Leandro) on what an impeachment inquiry means for our district and for the nation.

"I strongly believe now is the time to move forward on impeachment," Lee wrote in her invitation email on Sept 27th. "I want to make sure that you know what this next chapter means and what to expect."

The call began at 6:00 p.m., with an introduction of Congresswoman Jackie Speier for California's 14th district (San Francisco through San Mateo County to East Palo Alto). Speier is also a member of the Intelligence Committee charged with overseeing the nation's intelligence agencies including the Departments of Defense, Homeland Security, Justice, State, Treasury and Energy.

"This is a very sober and challenging time," said Speier. "We are dealing with an outward assault on the Constitution of the United States." She explained that the next steps were to bring the charges to the Inspector General, then to the Director of National Intelligence and the White House attorneys.

Callers were given a summa-

ry explanation of the impeachment inquiry. The House of Representatives will determine if they will vote on impeachment and on what grounds. Six House committees (House Intelligence, Foreign Affairs, and Oversight committees) will submit what they consider evidence of impeachable acts to the Judiciary see IMPEACHMENT, page 16

## Marymount Survives Power Shutdown

By Mike McGuire  
San Leandro Times

While most of San Leandro kept its lights on during PG&E's recent power shutdown, among those who did lose power was the Marymount Villa assisted living center at 345 Davis St.

At Marymount, an extended power loss was potentially a serious problem for its elderly residents, some with specialized medical needs. Three of the 94 residents use oxygen, and two others require special air-filled mattresses designed to prevent bedsores. Some 50% of their residents experience dementia or other memory problems, and see MARYMOUNT, page 8

## Lights Go Off Across City During Outage

By Mike McGuire  
San Leandro Times

PG&E wants us all to know that power has been restored to everybody who lost it in San Leandro. But how many lost it to begin with?

PG&E doesn't know. Neither does City Hall nor the Police Department.

The Police Department is trying, however, to find that out from PG&E.

A PG&E spokesman said the utility kept track by county, but not by city, of how many customers were turned off. When asked how they knew which lines they disconnected but not

which customers those lines served, they declined to comment.

City Hall was quite literally left in the dark, as was the Police Department, but emergency generators quickly kicked in. Some hallway lighting was reduced to keep power consumption down, but staff were able to function normally otherwise as office lighting and computers got sufficient power from the generators.

Carlton Senior Living, directly across the street from the Police Department at 1000 East 14th St., never lost power.

A few blocks away, the Marymount Villa assisted living

center at 345 Davis St. went without power for 15 hours, relying on two smaller emergency generators to keep residents safe. (See separate story this page.)

Just west of City Hall, some but not other residential blocks lost power, according to neighborhood social media posts. There were reports in those same social media of outages on West Broadmoor Boulevard and Hyde Street, among others.

In downtown's San Leandro Plaza shopping center, it was location, location, location. Safeway and CVS, at the south end of the plaza, kept their power, as did Round Table Pizza, a quick

survey by the Times revealed.

The north end of the Plaza, nearer Davis Street, was not as lucky. The power was out Thursday morning and into the afternoon at such stores as McDonald's, the new 85°C Bakery, Nation's and Anytime Fitness.

Around the corner in the center, Bon Chon and the UPS Store lost power, but across the parking lot from them lights stayed on at San Leandro Plaza Dental, Pet Food express and Sizzler Steakhouse. Closer to East 14th Street, Comerica Bank, Dyrcean USA and Buffet Fortuna lost power, but not Dynasty see POWER, page 5

### INSIDE YOUR TIMES

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## MEETING SCHEDULES

### CITY COUNCIL

Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

### SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



## San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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## PETS OF THE WEEK



Walter

The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are Walter the pup and Nana the senior pup.

Walter is an incredibly cute and social, 7 yrs young Cocker Spaniel mix who loves to be around his family. He also likes to explore his surroundings, enjoys soft toys and may do well



Nana

with young children.

Nana is a sweet, laid back 9 yrs young German Shepherd pup who loves being near her people. She gets excited to meet new doggy friends for short play sessions. Nana should be OK with older kids.

For more information on Walter or Nana, call the Hayward Animal Shelter at 510-293-7200.



PHOTO BY LEO SHERIDAN

## Lady Falcons Wrap Up With a Win

John Muir Middle School girl's softball wrapped up their regular season with a win over cross town rival Bancroft Broncos. The Lady Falcons earned a berth in the playoffs and are scheduled to face Bohannon Middle School in the first round.

## Correction

In the story on the Washington Elementary Haunted House ("Washington Elementary Holds Annual Haunted House," Oct. 10, 2019) the carnival and haunted house will now run only on Friday, Oct. 18, 2019.

Are you someone who feels you aren't welcome at a gym because of your age, disabilities, or having a significant amount of weight to lose? Come join us for a walk and discussion about nutrition and goal setting!

**All abilities welcome!**

**FREE!!**

**SUNDAY, OCT 20**  
7:30-8:30AM START AT  
CROSSFIT SAN LEANDRO  
2450 ALVARADO ST.

## Take a Walk with Monarch Butterflies

Flying thousands of miles at speeds of up to 25 miles per hour and a mile high in the sky, Monarch butterflies return annually to the same trees at the San Leandro Marina and hunker down to spend the winter. Learn about the life cycle and mysterious migration of the Monarch butterfly from a butterfly expert.

After a brief talk, take a short walk to see large clusters of butterflies on the Eucalyptus trees. This is one of only two places in Alameda County to witness this natural phenomenon with a naturalist guide! Wear comfortable shoes that can get a bit dirty. We'll walk a few blocks to the site on paved surfaces, then

on grass to view the butterflies. Bring binoculars or borrow some of ours! Call 510-577-6085 for further details or email [monarchs@sanleandro.org](mailto:monarchs@sanleandro.org) Weekday school programs are available on a limited basis. Email for details. The overwintering site is NOT OPEN TO THE PUBLIC.

Participants must register in advance. Programs occur rain or shine, no refunds for inclement weather.

Go to [apm.activecommunities.com](http://apm.activecommunities.com) and use keyword "Monarch" to register. Resident Registration Fee: \$15 adults \$8 children

## HAPPY FALL!

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"Lovewell Team" is a dynamic, award-winning Real Estate team  
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## Step Forward to Cure TSC Walk Event

The Tuberous Sclerosis Alliance (TSC) will hold a 2-mile Step Forward to Cure TSC Walk Event on Saturday, Oct. 19, at the Marina Park- Seagull Picnic Area, 14001 Monarch Bay Drive. TSC causes tumors to

form in vital organs and is also the leading genetic cause of both epilepsy and autism.

Form a team or walk as an individual. For more information, go to [http://giving.tsalliance.org/site/TR?fr\\_id=1600&pg=entry](http://giving.tsalliance.org/site/TR?fr_id=1600&pg=entry)

## Cherry City Toastmasters Open House

Cherry City Toastmasters will host an Open House on October 22nd from 12:05 to 1:30, San Leandro Main Library 300 Estudillo Ave., in

the Trustees Room.

Come learn how to sharpen your public speaking skills in a casual yet informative group.

## Fall FAMILY FUN at Bayfair!

### BAYFAIR FARMERS' MARKET

- Every Saturday, 9am-1pm

### PICK OF THE PATCH PUMPKINS

- Daily thru October 31

### STORY TIME

- Every Tuesday at 11am at the Circle at Entry 1

### TRICK OR TREAT

October 31, 4pm-6pm

### FEAR OVERLOAD

thru November 2

## BAYFAIR

Visit [ShopBayfair.com](http://ShopBayfair.com) for specific event details

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# POLICE & FIRE

## Bank Robberies Suspect Arrested

Police have captured a suspect in two downtown San Leandro bank robberies in late September. Jeremy Morton, 30, of Stockton was arrested Oct. 3 by San Leandro Police detectives and was charged on Oct. 7 with the two robberies.

He is being held in lieu of \$1.45 million bail.

According to the police department, Morton allegedly passed a note demanding money to a teller on Sept. 26 at the Bank of the West on the 1500 block of Washington Avenue.

A few days later and only blocks away, they allege, he passed a similar note to a teller at

Fremont Bank on the 1400 block of East 14th Street.

Police responded to both robberies but were unable to immediately locate the suspect in either crime.

He allegedly made off with \$1,500 from Bank of the West and \$1,800 from Fremont Bank.

There was video surveillance at both banks, and together with other evidence the banks were able to provide, detectives concluded one person was responsible for both robberies. They were able to identify Morton as the suspect, and found him at a relative's residence in Stockton. He was arrested without incident.



PHOTO BY ALAMEDA COUNTY FIRE DEPT.

Firefighters battle a three-alarm fire at 400 Davis St. on Oct. 13 that forced 12 residents out pending repairs.

## Man Lying on Road Struck and Killed

A man lying down in the street on the 15300 block of Hesperian Boulevard was run over and killed shortly after 11 p.m. the night of Oct. 10.

He was identified as James Mozon, 43, of San Leandro.

A driver traveling north on Hesperian saw him in the road and unsuccessfully swerved to avoid hitting him. Several people called police, and emergency medical personnel treated him at the scene. He was taken to Eden Medical Center in Castro Valley, where he died from his injuries.

The driver cooperated with police and was not charged. Police spokesman Lieutenant Ted Henderson said the driver was not intoxicated and there was no sign he hit the deceased man

intentionally.

Police have not released the driver's name.

"We do not know why the pedestrian lay himself down in the roadway prior to this collision and we will not know if alcohol and/or drugs were factors until the Alameda County Coroner's Office has completed their investigation," said Henderson.

Police closed northbound Hesperian Boulevard between Drew Street and Springlake Drive for about an hour to investigate further.

The incident is still under investigation. Police ask that anybody with information about the incident contact the Traffic Division at 577-3208.

## Saturday Night Fire On Davis St.

Twelve residents were displaced temporarily by a three-alarm fire at 400 Davis St. on Saturday night, Oct. 12. Some 46 firefighters knocked down the blaze, which they limited to one unit. While property damage from the fire itself was limited and nobody was injured, there was some smoke and water damage. Before affected residents can move back in, electrical systems also need to be checked for safety since water was used to put out the fire.

Alameda County Fire Chief David Rocha said the cause has

not yet been determined, and that the premises need to be inspected for safety before people can move back in.

During the fire, residents took refuge across Davis Street at Marymount Villa assisted living center until the Red Cross could arrive to arrange temporary quarters for those affected. "The fire broke out after our residents had eaten dinner, so we had a large, empty dining room where we could welcome our neighbors for a little while," Marymount director Jasmine Seabourne said.

## Great Shakeout For Quake Preparedness on Oct. 17

By Mike McGuire  
San Leandro Times

Police Department and other city staff will be joining many others around the country on Oct. 17 in the Great Shakeout, the world's biggest earthquake drill. Marking the 30th anniversary of the 1989 Loma Prieta quake which did considerable damage around the Bay Area, staff will "drop, cover and hold on" at exactly 10:17 a.m., then evacuate the building once the "shaking" stops.

Schools, hospitals and non-profit groups in San Leandro and elsewhere are also participating. An estimated 567,228 Alameda County residents and 10.71 million Californians will take part.

San Leandro Emergency Services Specialist Catrina Christian said that, in the wake of a power shutoff, wildfire fears and a moderate earthquake a few days ago, it would be an excellent time for individuals, families and businesses to review their disaster preparedness.

In case of an earthquake, experts now suggest taking cover under a sturdy table or desk rather than attempting to run outside. They have found that many more injuries during earthquakes come from falling or flying objects than from a collapsing building. "Drop, cover and hold on" should be one's guide, according to Great Shake-Out sponsors. Drop to the ground, partly to avoid being flung to the ground, get cover under a sturdy piece of furniture, and hold on to it so you can move with it if it

should move.

Doorways, which many people see as safe, give no protection against falling or flying objects. Likewise, experts now advise against betting your safety on a "triangle of life" which you hope stays intact and which some websites continue to recommend.

Once shaking stops, one can assess the safety of one's dwelling and take steps to reunite one's family if not all are at home. For this reason, say experts, one should have a family earthquake plan for what different family members should do and go depending on where they are.

Alameda County Fire Department provides training for emergency preparedness. PEP training is 60 to 90 minutes of instruction in personal protection, while CERT training is longer and helps one assist neighbors as well as yourself and your family.

To sign up for either, or to get more information, contact Emergency Preparedness at (925) 833-3473 ext. 1721 or (510) 632-3473 ext. 1721 or via email at cert@acgov.org.

### CROSSWORD ANSWERS

H	O	L	M	T	A	P	S	P	E	W
A	S	E	A	W	O		H	O	M	E
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A	S	H	Y	Y	E	W	S	H	A	Y

**Get Ready to Shake Out.** October 17, 2019

**Shake Out**

[www.ShakeOut.org](http://www.ShakeOut.org)

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This free class at our Dublin office presents specific strategies to help those who are experiencing grief during the winter holiday season. Registration required.

**November 4**  
6 p.m.-7:30 p.m.

**December 9**  
4 p.m.-5:30 p.m.

(Same program, offered twice)

Please register by calling (925) 829-8770  
[HopeHospice.com/holiday-grief](http://HopeHospice.com/holiday-grief)

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**Info Session at San Lorenzo Public Library, 395 Paseo Grande, SLZ**  
10/24/19 4:30 - 5:30 PM

RSVP at: <http://bit.ly/teachslzUSD>

**Deadline for Fall Applications: November 11<sup>th</sup>**  
**Apply at: [www.aldergse.org/apply](http://www.aldergse.org/apply)**

For more information, contact: [skaplan@slzusd.org](mailto:skaplan@slzusd.org)

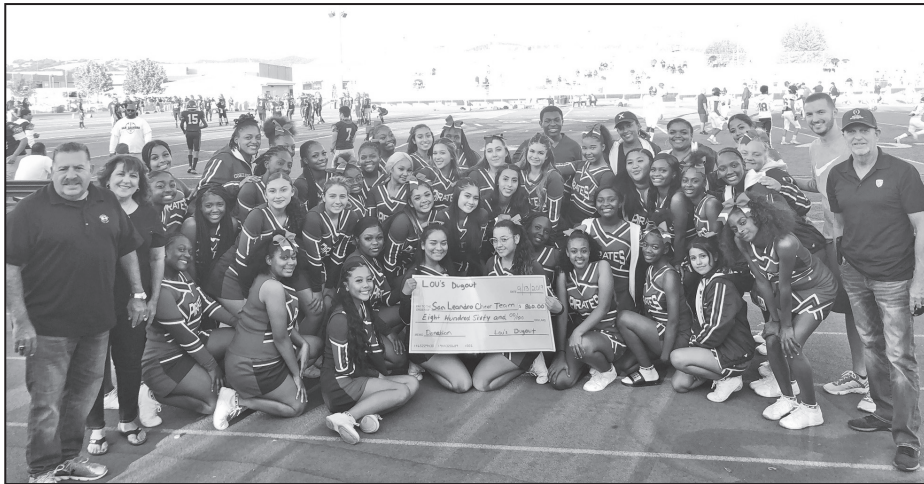
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## NEIGHBORS



## Thank You Lou's Dugout

Lou's Dugout board members Vic Munoz, and Ross Bigler, presented the San Leandro Cheer Team with a donation check for \$860. Also participating were former Raiderette Madalyn Munoz, San Leandro Athletic Director Nick Thomas, and Cheer Coach Nikki Bonadie.

## ARTS &amp; ENTERTAINMENT

### SL High School Performing Arts Center Ballet Performance

The Oakland Ballet Company and Ballet Folklorico Mexico Danza will present a family friendly production honoring the Day of the Dead on Wednesday, Oct. 23, at 7:30 p.m. at the San Leandro High School Performing Arts Center, 2250 Bancroft Ave. The performance will bring to San Leandro audiences the

choreography of Graham Lustig, a former dancer with the Dutch National Ballet; and Martin Romero, a ballet folklorico director trained in Mexico City. You're welcome to come in costume and embrace the spirit of Dia de Los Muertos. Tickets are \$25 for adults, \$20 for seniors 62 and up, and \$10 for youths 17 and under. Tickets can be purchased at the door or online at [www.oaklandballet.org](http://www.oaklandballet.org).

### Smalltown Society

*Next to Normal*, the award-winning Broadway rock musical about depression, anxiety and the mental health industry, will be presented by Plethos Productions Fridays through Sundays, Nov. 8 through the 24, at Smalltown Society, 22222 Redwood Road in Castro Valley, Fridays and Saturdays at 7 p.m., Sundays at 2 p.m. Seating is limited. Early bird tickets are \$15 before Nov. 1 at [plethos.org](http://plethos.org)

## City of SL Hosts Annual Senior Thanksgiving Luncheon

The City of San Leandro will host the 42nd Annual Senior Thanksgiving Luncheon on Wednesday, Nov. 27 from 11 a.m. to 1 p.m. at two sites: the Senior Community Center, 13909 East 14th St.; and the Marina Community Center, 15301 Wicks Blvd.

All those 50 years or older are invited to celebrate the Thanksgiving holiday at this heartwarming annual San Leandro tradition. Enjoy a traditional turkey dinner and the free raffle.

Reservations are \$7 per person for San Leandro residents, and \$9 each for non-residents. Reservations are available in-person at the Senior Community Center or Marina Community Center, or online at [www.sanleandrorec.org](http://www.sanleandrorec.org).

For more information, call Customer Service at 510-577-3462.

## COMMUNITY CALENDAR

Deadline for Calendar Items is Friday for the Following Week



### October Moon Festival

All Saints Church, 911 Dowling Blvd. in San Leandro, will hold a Moon Festival Spectacular on Saturday, Oct. 19, at 5:30 p.m. Enjoy delicious Asian cuisine, taiko drumming, a silent auction, raffle and more. Child care will be provided. For tickets and more info visit [tinyurl.com/SLMoonFest](http://tinyurl.com/SLMoonFest)

### Alta Mira Club Pancake Breakfast

The Alta Mira Club, 561 Lafayette Ave. in San Leandro, will have a pancake breakfast on Saturday, Oct. 19, from 8 a.m. to noon. Tickets are \$7 for adults and \$3 for children, free for children 5 and under. For tickets, call Susan Patrick at 510-569-1092 or purchase at the door.

### Trunk or Treat

The Principled Academy, PTO invites you to the annual Trunk or Treat festival on Saturday, Oct. 19, from 5 to 7 p.m. at the Principled Academy, 2305 Washington Ave. in San Leandro. Children will trick or treat from car trunk to car trunk. There will be food, a haunted house, a costume parade, Love All Pawz cat rescue and more. Come dressed in your costumes, visit the fun themed trunks and receive lots of goodies! Entrance is free, donations are accepted. \$5 unlimited play.

### Cabrillo Civic Club #11 Dance

Cabrillo Civic Club #11 is having a Baby Boomers Dance with the music of Chico and the Band on Sunday, Oct. 20, from 2 to 5 p.m. at the Ashland Holy Ghost Hall, 16490 Kent Ave. in San Lorenzo. Tickets are \$13. For more information, call Shirley at 510-329-1705.

### Help End Polio Worldwide

Rotary of San Leandro invites you to help end polio worldwide. Dine out at Sons of Liberty Alehouse (150 W. Juana) on Tuesday, Oct. 22, from 4 to 6 p.m. when 20% of your tab will be donated to Rotary International's global efforts to eradicate the polio virus. The Bill and Melinda Gates Foundation will then triple that donation. Reservations recommended, call 510-352-7652. For more information about Rotary's efforts, visit [www.endpolio.org](http://www.endpolio.org).

### Halloween Festival

The Manor Branch Library, 1241 Manor Blvd., will host a Halloween Festival on Saturday, Oct. 26, from 3 to 5 p.m. Come dressed in your Halloween costume to play games and win prizes. Featuring Mister Q's Music show. Don't miss this annual Manor Halloween event for all ages.

### Eden Garden Club

The next meeting of the Eden Garden Club will be Monday, Oct. 28, at 9:30 a.m. at the Moose Lodge, 20835 Rutledge Road in Castro Valley, with plants, gardening items, books, crafts, household items, baked goods and more. Silent Auction for special items. Exchange will be from 10 to 11:30 a.m. Funds raised will benefit local school gardening programs, reforestation and other environmental programs. Meetings are free and guests are welcome. For more information, call 510-397-1268.

**Apply for the Live Your Dream Award**  
Soroptimist International of the East Bay invites applications for the annual \$1,000 Live Your Dream Award. If you are a woman with financial responsibility for yourself and a dependent and enrolled in an undergraduate or technical training program please apply at:

[bit.ly/LYDA-apply](http://bit.ly/LYDA-apply) or contact Donna Whitehouse at 510-924-7622 or [rambosmom@comcast.net](mailto:rambosmom@comcast.net) for more information. The deadline for applications is November 15.

### Bingo Night at the Carpenters Hall

The Goodie Bag Lady is hosting a bingo night fundraiser on Saturday, Nov. 2, at 6 p.m. at Carpenters Hall, 1050 Mattox Road in Hayward. Cost starts at \$30. Adults only. Snack bar, enter to win prizes. No alcohol. The Baggie Lady makes goodie bags for needy children at local shelters.

### SL Readers Roundtable

The San Leandro Readers Roundtable meets on Saturday, Nov. 2, at 2 p.m. at the San Leandro Main Library, 300 Estudillo Ave., to discuss *One Station Away*, Olaf Olafsson's story of a neurologist and the three women who influence his life. All are welcome, and all books discussed are available for purchase in the Library's Booktique bookstore.

### I.D.E.S. Lunch & Bingo

I.D.E.S. St. John, 1670 Orchard Ave. in San Leandro, will have a Turkey & Bingo lunch on Saturday, Nov. 2, at noon. Tickets are \$15 per person. Lunch includes 4 bingo cards. Additional cards may be purchased for 25¢ each. For more information or tickets, call Darlene at 510-972-0366, Willie at 510-635-6326 or Frances at 510-886-1568.

### Buon Tempo Club Family Dinner

The Buon Tempo Club is having a family dinner on Tuesday, Nov. 5, at 7 p.m. at Mt. Tabor Hall, Transfiguration Church, 4000 E. Castro Valley Blvd. in Castro Valley. Everyone is welcome. Chef Joseph Sotello will be serving a five course family-style of Italian Roast Beef dinner. Red and white wine and soda are included. Happy hour is at 6 p.m. Cost is \$15 for members, \$20 for non-members. Make reservations by Friday, Nov. 1, by calling 510-483-6929 (option 1). For more information, visit our website at [www.buontempoclub.org](http://www.buontempoclub.org).

### 7th Annual Holiday Boutique

The Castro Valley Women's Club in partnership with Modern Woodmen Fraternal Financial will host the 7th Annual Holiday Boutique on Friday, Nov. 1, from 5 to 8 p.m. and on Saturday, Nov. 2 from 9 a.m. to 3 p.m. at the Castro Valley Clubhouse at 18330 Redwood Rd. in Castro Valley. The pick-your-prize drawing is back to give you a chance to win some great prizes from local businesses. Enjoy great food prepared by SOS/Meals award-winning Chefs. Unique hand-crafted items from local artists will be available to help you with your holiday shopping. For more information, visit [www.castrovalleywomensclub.weebly](http://www.castrovalleywomensclub.weebly). 100% of the net proceeds will go to SOS/Meals on Wheels serving local seniors.

### Nutrition Class & Cooking Demonstration

The San Leandro Main Library, 300 Estudillo Ave. invites residents to attend Fresh Approach's VeggieRX nutrition class and cooking demonstration on Thursday, Nov. 7, from 6 to 7 p.m. The class will include a cooking demonstration, where participants can taste delicious, tasty and healthy recipes made with seasonal fruits and vegetables. Learn a new recipe just in time for the holidays. Space is limited. Please register in-person or call the Main Library at 510-577-3971 to sign up for the class. For more information, call the Main Library Information Desk at 510-577-3971.

## HOROSCOPE by Salomé

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**ARIES (March 21 to April 19)** It might not be wise to pursue goals involving others, unless you can stop impulsively rejecting new ideas. Either open your mind or wait until next week, when this "ornery" mood passes.



**TAURUS (April 20 to May 20)** It's a good time for the Bovine to be creative and practical for yourself and your surroundings. Shop wisely, not impulsively, and keep your Bull's eye focused on quality, not quantity.



**GEMINI (May 21 to June 20)** You should feel more confident about moving ahead with plans that had to be delayed by an unexpected turn of events. Also, family matters might need more time than first anticipated.



**CANCER (June 21 to July 22)** Be considerate of others as you move into a new area in your professional life. Take time to meet people and discuss mutual goals. The more you get to know each other, the better.



**LEO (July 23 to August 22)** Creating a fuss could get your ideas noticed quickly. But it would be best to present your case, and then wait for a reaction to follow in due course, rather than try to force it to happen.



**VIRGO (August 23 to September 22)** Unkept promises might cause plans to go awry this week. You can either grumble about people "letting you down" or find a way to make the best of it and move on. The choice is yours.



**LIBRA (September 23 to October 22)** Putting off making a commitment early in the week could be a good move. It's best to act when you know you're making an informed decision. Expect more facts to emerge by the week's end.



**SCORPIO (October 23 to November 21)** A recent act of kindness on your part could take on special meaning this week. Also, look for signs of upcoming changes in both your personal and professional relationships.



**SAGITTARIUS (November 22 to December 21)** Many of the tougher communication barriers between you and others in the workplace or at home could begin breaking down this week. Expect some surprises to emerge.



**CAPRICORN (December 22 to January 19)** Your "tough love" attitude toward someone you care for could be misunderstood. Try to be less judgmental and show more consideration in the way you relate to that person.



**AQUARIUS (January 20 to February 18)** An unexpected workplace challenge could be daunting. But take what you know (and you know more than you realize) and apply it to the problem, and you should see positive results.



**PISCES (February 19 to March 20)** Recent relationship changes for both single and paired Pisces continue to influence much of your week. Keep your focus on developing the positive aspects as you move along.



# San Leandro Unified Delivers on Promise of Progress

On Friday, October 11, San Leandro Unified Superintendent Dr. Mike McLaughlin delivered his annual State of the District address to a packed house in the San Leandro High School gymnasium. With the current school year marking the end of a three-year improvement plan, McLaughlin’s speech featured impressive academic achievements and facilities enhancements.

“I am astonished at the transformations occurring in our schools,” said McLaughlin, “The awards we continue to win are shared wholly with my staff and our community, thanks to their commitment and collaboration.”

McLaughlin highlighted the work behind the awards, which

includes initiatives designed to increase student engagement, purposeful pathways to college and careers, and intentional learning spaces designed to support 21st-century students. Efforts towards effective employee retention, from recruitment through to retirement, have strengthened in the district, which has been a particular focus given the statewide educational employee shortage. Other successes included improved internal and external communication and a newly revamped food service program, with more meals made fresh and tailored to diverse tastes.

The event was held specifically in the high school gymnasium to showcase the need for

more improvements in SLUSD. Several architectural renderings for a potential new gymnasium were shared, while McLaughlin noted his projected work was far from finished. “Our initial inventory for our first strategic plan identified \$360 million in

need. Measure J1 brought \$104 million. We have much left to do, which will require significant community support.” Sustaining projected growth for the district, as well as continuing to raise test scores, will remain focus areas for SLUSD.

Over 200 attendees, including State Senator Nancy Skinner, State Assemblymember Bill Quirk, and Mayor Pauline Cutter, were treated to a performance by the SLHS marching band and breakfast prepared by the SLUSD Food Services

Department. After the address, SLHS Principal Dr. Reginald Richardson hosted a tour of facilities at the high school, including the Arts Education Center and broadcasting studio, the career technical education classrooms, and athletic facilities.

## Power: Who lost it?

*continued from front page*  
Pot nearby.

Traffic signals at several major intersections along East 14th Street went out, including those at Durant Avenue, Farrelly Drive, Broadmoor Boulevard, Davis Street/Callan Avenue, and Estudillo Avenue. Signals

also went out at Davis Street and Dan Niemi Way, one block west of East 14th Street. Stop signs were put in place, according to city Emergency Services Specialist Catrina Christian. Railroad crossing warning gates continued to work normally, she said.

## Legal Notices

Honorable Robert G. Olson  
Ninth Judicial District Court  
Pondera County, Montana  
226 – 1st Street South  
PO Box 822  
Shelby, MT 59474  
(406) 424-8360

MONTANA NINTH JUDICIAL DISTRICT COURT, PONDERA COUNTY

In the Matter of )  
)  
J. W. M. ) Case No. DN-18-02  
)  
YOUTH IN NEED OF CARE )

CITATION BY PUBLICATION

TO: ROBERT HENRY MATOS

**YOU ARE HEREBY NOTIFIED** that Petitions have been filed in the above-entitled Court by the Montana Department of Public Health and Human Services, Child and Family Services Division (hereinafter DPHHS), 300 North Virginia Street, Suite 320, Conrad, MT 59425, requesting termination of Parental Rights with the DPHHS’s right to consent to adoption.

**NOW, THEREFORE, YOU ARE HEREBY DIRECTED** to appear on the **4th day of November, 2019 at 11:00 o’clock a.m.**, Mountain Standard Time, in the courtroom of the Pondera County Courthouse, 20 4th Avenue SW, Conrad, Montana, then and there to show cause, if any you may have, why DPHHS’s request for relief should not be granted.

The Youth, J.W.M., was born in 2015. The Youth’s Birth Mother is Catherine Annette Tuell, a/k/a Catherine Annette Brown and his Birth Father is Robert Henry Matos.

You have the right to be represented by an attorney in these proceedings. If you are unable to afford an attorney, the Court will appoint an attorney to represent you.

Your failure to appear at the Hearing will constitute a denial of interest in the Child, which denial may result in, without further notice of this proceeding or any subsequent proceeding, a judgment by default being entered for the relief requested in the Petition.

A copy of the Petition hereinbefore referred to is filed with the Clerk of District Court for Pondera County, (406) 271-4026, and is hereby served upon you at this time.

WITNESS the Honorable Robert G. Olson, Judge of the above-entitled Court and the Seal of this Court this 30th day of September, 2019.

(SEAL) **Laurie Eisenzimer**  
Laurie Eisenzimer  
Clerk of District Court

By: \_\_\_\_\_  
Deputy Clerk

OCT 10, 17, 24, 2019  
0160-SLT

### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No: RG19031417  
Superior Court of California, County of Alameda. In the matter of the petition to change the name(s) of **Martin Torres**. Petitioner(s) **Martin Torres** has/have filed a petition with this court for a decree changing name(s) as follows: **MARTIN LUIS TORRES** to **MARTIN JOSEPH TORRES**. The court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. **1221 Oak Street Dept. 17, Oakland, CA 94612 on NOVEMBER 11, 2019 at 11:00 o’clock am.** A copy of this order to show cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county The San Leandro Times. The court orders that all persons interested in this matter are directed to make known any objection that they may have to the granting of the petition for change of name by filing a written objection, which includes the reasons for the objection, with the court at least two court days before the matter is scheduled to be heard and by appearing in court at the hearing to show cause why the petition for change of name should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**Dated: OCTOBER 11, 2019**  
**Wynne Carvill - Judge of the Superior Court**  
**OCT 17, 24, 31, NOV 07, 2019**  
**0170-SLT**

FILED  
AUGUST 30, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 562960  
**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930  
The name of the businesses:  
Vern Waskom Company located at 5011 Preston Avenue, Livermore, CA 94551, in Alameda County is hereby registered by the following owner(s): VW Golf, Inc, 5011 Preston Avenue, Livermore, CA 94551. This business is conducted by a corporation. This business commenced 8/30/19.  
/s/ VW Golf, Inc  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires AUGUST 30, 2024  
**SEPT 26, OCT 03, 10, 17, 2019**  
**0152-SLT**

FILED  
OCTOBER 07, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 564198  
**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930  
The name of the businesses:  
MYT Janitor Service located at 26775 Tyrrell Ave., Hayward, CA 94544, in Alameda County is hereby registered by the following owner(s): Melvin A. Aguilera Sanchez, 26775 Tyrrell Ave., Hayward, CA 94544. This business is conducted by an individual. This business commenced 10/07/2019.  
/s/ Melvin A. Aguilera Sanchez  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires OCTOBER 07, 2024  
**OCT 17, 24, 31, NOV 07, 2019**  
**0168-SLT**

FILED  
SEPTEMBER 11, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 563335  
**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930  
The name of the businesses:  
M.O.K. Transportation located at 390 Industrial Pkwy #5, Hayward, CA 94544, in Alameda County is hereby registered by the following owner(s): Avtar Kittaney, 390 Industrial Pkwy #5, Hayward, CA 94544. This business is conducted by an individual. This business commenced 11/2013.  
/s/ Avtar Kittaney  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires SEPTEMBER 11, 2024  
**SEPT 26, OCT 03, 10, 17, 2019**  
**0156-SLT**

FILED  
SEPTEMBER 20, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 563672  
**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930  
The name of the businesses:  
Alexis Robert located at 1350 Estudillo Ave., San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): OnClimate LLC, 1350 Estudillo Ave., San Leandro, CA 94577. This business is conducted by a Limited Liability Company. This business commenced N/A.  
/s/ OnClimate LLC  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires SEPTEMBER 20, 2024  
**OCT 17, 24, 31, NOV 07, 2019**  
**0169-SLT**

FILED  
SEPTEMBER 30, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 563984  
**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930  
The name of the businesses:  
Alameda County Equestrian located at 6671 Ebsenburg Lane, Dublin, CA 94568, in Alameda County is hereby registered by the following owner(s): (1) Dawn L. Benson (2) Greg Benson, 6671 Ebsenburg Lane, Dublin, CA 94568. This business is conducted by a married couple. This business commenced N/A.  
/s/ Dawn L. Benson, Greg Benson  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires SEPTEMBER 30, 2024  
**OCT 17, 24, 31, NOV 07, 2019**  
**0172-SLT**

FILED  
SEPTEMBER 20, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 563682  
**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930  
The name of the businesses:  
One Way Legal Administrative Solutions located at 320 Best Avenue, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Walter Lee Hill Jr., 320 Best Avenue, San Leandro, CA 94577. This business is conducted by an individual. This business commenced N/A.  
/s/ Walter Lee Hill Jr.  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires SEPTEMBER 20, 2024  
**OCT 03, 10, 17, 24, 2019**  
**0158-SLT**

FILED  
OCTOBER 02, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 564073  
**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930  
The name of the businesses:  
Guidos Carpet Care located at 237 E. Lewelling Blvd. Apt. A, San Lorenzo, CA 94580, in Alameda County is hereby registered by the following owner(s): Eliseo Guido, 237 E. Lewelling Blvd. Apt. A, San Lorenzo, CA 94580. This business is conducted by an individual. This business commenced 10/2/19.  
/s/ Eliseo Guido  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires OCTOBER 02, 2024  
**OCT 10, 17, 24, 30, 2019**  
**0162-SLT**

FILED  
OCTOBER 04, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 564138  
**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930  
The name of the businesses:  
Registration Express Services located at 2835 Miller St., San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Nhung Thanh Cao, 2835 Miller St., San Leandro, CA 94577. This business is conducted by an individual. This business commenced 10/03/2019.  
/s/ Nhung Thanh Cao  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires OCTOBER 04, 2024  
**OCT 10, 17, 24, 31, 2019**  
**0164-SLT**

FILED  
SEPTEMBER 25, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 563835  
**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930  
The name of the businesses:  
Rose Rosary located at 41 Astrida Drive, Hayward, CA 94544, in Alameda County is hereby registered by the following owner(s): Cathrine Cosmiano, 41 Astrida Drive, Hayward, CA 94544. This business is conducted by an individual. This business commenced N/A.  
/s/ Cathrine Cosmiano  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires SEPTEMBER 25, 2024  
**OCT 03, 10, 17, 24, 2019**  
**0159-SLT**

SEPTEMBER 30, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 563991  
**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930  
The name of the businesses:  
Iglesia Misionera Ebenezer Torre Fuerte located at 22370 Mission Blvd, Hayward, CA 94541 in Alameda County is hereby registered by the following owner(s): Cesar Aranda, 215 Parrot St., San Leandro, CA 94577. This business is conducted by an individual. This business commenced 09/30/19.  
/s/ Cesar Aranda  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires SEPTEMBER 30, 2024  
**OCT 10, 17, 24, 31, 2019**  
**0163-SLT**





## Got an old mattress? You've got options!

Getting rid of your old mattress is easy and FREE. Use one of these **3** easy ways and then rest easy, knowing your retailer, city or curbside waste collector may be using the Mattress Recycling Council's Bye Bye Mattress Program to recycle your old mattress.

- #1:** Ask your retailer. They should offer to take back your old mattress when your new one is delivered.
- #2:** Drop off the old mattress at any participating collection site or recycling facility. Visit [ByeByeMattress.com](http://ByeByeMattress.com) to find your closest facility.
- #3:** Contact your local government to learn how curbside pick up of a bulky item works in your area.



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## LIFESTYLE

## Meatless Meals Don't Mean Giving Up Great Taste

For those wishing to cut down on their intake of saturated fats and cholesterol, there's no shortage of meat substitutes these days in your local grocer's refrigerated section — everything from vegetarian "ground beef" and hot dogs to chorizo and chickenless nuggets.

Lighter, vegetable-based dinners are also easy to create at home. You might find that many of them become family favorites.

## SPINACH-STUFFED PORTOBELLOS

- 1 tablespoon olive oil
- 1 medium onion, chopped
- 1 medium tomato, chopped
- 1 (about 6-oz) bag fresh baby lettuce leaves
- 1 (10 3/4-oz) can Campbell's Cream of Celery Soup
- 4 large portobello mushrooms, stems removed
- 2 tablespoons grated Parmesan cheese
- 1 tablespoon bread crumbs, toasted

Heat oil in a 10-inch nonstick skillet over medium heat. Add the onion and cook until tender-crisp, stirring occasionally. Add the tomatoes and spinach and cook just until spinach is wilted. Stir in the soup and cook until the mixture is hot and bubbling. Stir the bread crumbs and cheese in a small bowl.

Place the mushroom caps onto a baking sheet. Spoon the spinach mixture into the mushroom caps.

Roast at 425°F for 15 minutes or until the mushrooms are tender. Remove the baking sheet from oven. Sprinkle with the bread crumb mixture.

Heat the broiler. Broil mushroom caps 4 inches from the heat until the bread crumb mixture is golden brown. Yields 4 servings.

## PASTA WITH ASPARAGUS

- 3 tablespoons olive oil
- 1 large clove garlic, minced
- 1-3/4 cups vegetable broth
- 1/2 teaspoon dried thyme leaves, crushed
- Half of a 1-pound package angel hair pasta
- 1 pound asparagus, trimmed and cut into 1-inch diagonal pieces
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/2 cup grated Parmesan cheese



PHOTO COURTESY OF CAMPBELL'S FOODS

Spinach-Stuffed Portobellos are hearty, satisfying and delicious, and ready in just 30 minutes.

Heat the oil in a 4-quart saucepan over medium-high heat. Add the garlic and cook for 30 seconds, stirring often. Stir the broth and thyme in the saucepan and heat to a boil.

Stir the pasta, asparagus, salt and pepper in the saucepan and cook for 5 minutes, or until pasta and asparagus are tender.

Stir in the cheese and serve immediately. Yields 4 servings.

## LIGHT EGGPLANT PARMESAN

- 1 large eggplant (2 pounds), sliced 1/2 inch thick crosswise
- 1 tablespoon olive oil
- Salt and ground pepper
- 1 cup fat-free (skim) milk
- 3 tablespoons flour
- 2 garlic cloves, minced
- 1 cup marinara sauce
- 1/2 cup grated part-skim Mozzarella cheese
- 1/3 cup grated Parmesan

Preheat oven to 450°F, with racks in upper and lower thirds.

Arrange eggplant on two rimmed baking sheets. Brush eggplant on both sides with oil, and season with salt and pepper. Bake until golden brown and very tender, 20 to 25 minutes, turning slices and rotating sheets halfway through.

Meanwhile, in a medium saucepan, whisk together 1/4 cup milk, flour, and garlic. Gradually whisk in remaining 3/4 cup milk and 1/2 cup marinara sauce. Bring to a boil; reduce to a simmer, and cook until pink sauce has thickened, 2 to 3 minutes.

Spread 1/4 cup marinara sauce in the bottom of a shallow 2-quart baking dish. Alternate layers of baked eggplant with pink sauce. Dollop with remaining 1/4 cup marinara sauce. Sprinkle with mozzarella and Parmesan. Bake on upper rack until browned and bubbling, 10 to 15 minutes. Yields 4 servings.

## TOFU STIR-FRY

- 1 pound firm tofu
- 2 tablespoons soy sauce, plus more for serving
- 1 tablespoon rice vinegar
- 1 teaspoon toasted sesame oil
- 1 tablespoon canola oil
- 2 small onions, cut in wedges
- 9 ounces button mushrooms, quartered
- 1 large red bell pepper, ribs and seeds removed, cut into 1-inch squares
- 1-1/4 pounds bok choy, cut

into 1-1/2 inch pieces, stem and green pieces separated

- 1/4 pound snow peas, trimmed
- 5 paper-thin slices fresh ginger
- 1 teaspoon cornstarch dissolved in 2 teaspoons cold water

Lime wedges, for serving

Halve tofu block lengthwise; slice each half into 8 rectangles. Arrange on a paper towel-lined baking sheet; top with more paper towels and another baking sheet. Weight with canned goods or a skillet. Refrigerate overnight or at least 20 minutes.

Transfer tofu to a shallow dish. In a bowl, whisk together soy sauce, vinegar, and sesame oil with 1 tablespoon water; pour over tofu. Marinate 5 minutes (reserve marinade).

Heat canola oil in a 12-inch nonstick skillet over high heat. Cook tofu until golden, 1 to 2 minutes per side. Set tofu aside.

Stirring constantly, cook onions in skillet over high heat until browned, 5 minutes. Add mushrooms; cook 2 minutes. Add red

pepper and bok choy stems; cook 3 minutes. Add peas and ginger; cook 1 minute. Add marinade, cornstarch mixture, bok choy greens, and tofu. Cook until heated through. Season with soy sauce as desired. Serve with limes. Yields 4 servings.

## ZUCCHINI 'CRAB' CAKES

- 2-1/2 cups grated zucchini
- 1 egg, beaten
- 2 tablespoons butter, melted
- 1 cup bread crumbs
- 1/4 cup minced onion
- 1 teaspoon Old Bay Seasoning
- 1/4 cup all-purpose flour
- 1/2 cup vegetable oil for frying

In a large bowl, combine zucchini, egg, and butter or margarine. Stir in seasoned crumbs, minced onion, and seasoning. Mix well.

Shape mixture into patties. Dredge in flour.

In a medium skillet, heat oil over medium high heat until hot. Fry patties in oil until golden brown on both sides. Serves 4-6.

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## "A Masquerade (WHODUNIT) Fundraiser"

OCTOBER 24TH, THURSDAY  
6:30 PM | \$50/PERSON

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Be a part of a masquerade affair.

Serving Alarming Appetizers and Dastardly Desserts

- Attendees will be part of the plot-including one murderer
- 1920's style attire (or other costume) encouraged
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- Raffle tickets for the daring
  - Cash Bar
  - Silent Auction

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(510) 876-5151

LIMITED SPACE - MUST RSVP

<https://bwc-fundraiser-masquerade-whodunit.eventbrite.com>

[bwcworld.com](http://bwcworld.com) and [dinejps.com](http://dinejps.com)

Fundraiser [bfwc.org](http://bfwc.org)



# Marymount: "We were ready."

*continued from front page*  
must be monitored to keep them from wandering out of the facility.

Their power went out at 12:14 a.m. and came back on just after 3:30 p.m. The facility is staffed 24 hours a day, but some of the managers had gone home at 10:15 a.m. when PG&E's promised advance notice if they were to lose power hadn't arrived. Sometime after 11:00 a.m., some of them had to head back when the "very, very last-minute" notice finally came, according to Executive Director Jasmine Seabourne.

Most residents were asleep when the power went out, Seabourne said, "which was perfect, because it gave me and my staff time to prepare for the day."

According to Seabourne,

everything worked out well. That is, if successfully carrying meals up 10 flights of stairs to some residents counts as "well," she said. There are two flights of stairs between each of Marymount's five stories.

Nobody was hurt, nobody required additional medical care, everybody was given all needed medications, and everybody got all scheduled meals, she added.

Marymount, Seabourne explained, lacks the huge backup generators hospitals use, and in fact under state law isn't even allowed to install those large generators.

That is because assisted living centers aren't legally considered health care facilities, she said, but still come under laws limiting pollution near schools and historical landmarks.

Both St. Leander's School and Casa Peralta, a historical landmark, are nearby. Thus, Marymount is limited to two smaller generators that can keep a minimal number of lights on and power the kitchen and medical devices, but not run the elevators at the same time.

"We had made sure all generators were ready," said Seabourne, and "we had discussed emergency procedures at every in-service meeting."

The generators worked perfectly and the staff dealt with the emergency efficiently and calmly, she said, adding "I couldn't be more proud of my people."

Residents who would have ordinarily used the elevators to come to the dining room instead were served meals in their rooms, and outside agencies providing care to residents were



PHOTO BY MIKE MCGUIRE

**Marymount Villa staff who helped residents get through 15 hours of a power cut-off gather in the dining room. Executive Director Jasmine Seabourne is 3rd from left.**

able to bring it to them.

"We were ready for three to four days without power," Seabourne said, "because that's what we had been warned might happen."

"Oddly, we were the only

ones on our block to lose power. Everybody else kept their power. Perhaps those buildings built before ours were and are on a completely different power line than we are," she added.

Meanwhile, directly across

the street from the Police Department and City Hall where power was lost, the power stayed on without interruption at Carlton Senior Living at 1000 East 14th St., another facility serving seniors.

## Women In Business

**Audra Elliott**  
Realtor®, Notary Public

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3811 E. Castro Valley Blvd., Castro Valley

**JENNY KIM HONG**  
IMMIGRATION ATTORNEY

*I am the owner of a small boutique immigration law firm in San Leandro. I focus my practice to 100% immigration law, as I am committed to providing my clients with high-level, attorney-driven representation, allowing us to provide an individualized solution and success-driven outcome. We pride ourselves on our 99% approval rate. I enjoy assisting families, employers and business owners obtain legal residence, citizenship or naturalization, as well as other nonimmigrant visas. I chose "Omega" as the name to represent the beginning and end solution to one's immigration needs. Having recently moved my business to San Leandro from the San Jose area, I am enjoying the variety of clientele from San Leandro, Castro Valley, Hayward, Oakland, and neighboring cities. Our services also include: free consultations and Spanish-speaking legal assistants.*



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# Winchester: "You have to keep working at it. Go to practice."

continued from front page

Springs, where she trains and wrestles for Team U.S.A. while looking forward to the upcoming Olympic team trials. As the World Champion, she is guaranteed a slot in those tryouts, which most wrestlers have to compete for, according to her former Arroyo coach Mauricio Tijero.

Her next goal is making the U.S. Olympic team and winning at the Beijing summer games in 2020.

Winchester was born in Oakland but came to the San Lorenzo schools by 6th grade. She ran track and cross country at Arroyo, and realized, she said, that there was always going to be someone taller (she stands 5'5") and faster.

"But wrestling seemed like a sport where you can develop your abilities and have more of

a chance."

Winchester started out in wrestling a year before there even was a state championship specifically for women, according to former Arroyo High School coach Tijero.

Women were, however, welcome to wrestle with men's teams at Arroyo and many other schools, he said.

Tijero knew coaches at other schools, and spotting early talent in Winchester, invited her to practice with other teams as well. She ended up practicing with several local coaches, learning from each of them, he said.

At one of those practices, legendary wrestling coach Mike Saenz was observing wrestlers. He was so impressed by Winchester's wrestling that he asked to be introduced to her afterward, Tijero said.

Saenz told her she could be a state champ if she kept practicing and learning, according to Tijero, who now coaches at Clayton Valley Charter High School.

Winchester was state champ the very first year the California Interscholastic Federation (CIF) held a women's tournament, in 2010.

Tijero heard that a local high school wrestling coach, Carl Murphree, was moving on to coach at Missouri Valley College in Marshall, MO. Tijero mentioned Winchester, who was about to graduate from Arroyo, to Murphree as an extremely promising wrestler.

She ended up attending Missouri Valley, majoring in accounting. In 2015 she became the Women's Collegiate Wrestling Association (WCWA)

nationals Champion.

Jacarra Winchester's mother, Roberta Winchester, who still lives here, said she was worried when Jacarra wanted to try wrestling. "You're too pretty," she told her. "You'll mess your face up."

The elder Ms. Winchester wasn't just being overprotective of her daughter. Jacarra's brother had been a wrestler, and he broke his nose in three places.

"But Jacarra was very ambitious," Roberta Winchester said, "so I said go for it."

Asked if she had any advice for young people trying to reach their goals, Winchester said "Believe in yourself. Don't let anybody tell you that you can't do something."

"People don't expect it to be so hard; they give up after a few defeats," she continued. "But

you have to keep working at it. Go to practice."

In the end, she said, "Wrestling makes you a better person."

## Senior Lunch Menu

Lunch provided by Spectrum Community Services

A low-cost senior lunch provided by Spectrum Community Services is served on weekdays at the San Leandro Senior Center, 13909 East 14th St.

Everyone age 60 and up can have lunch. A suggested donation is \$3.75, but no one is refused for lack of funds. (\$10 for those under 60.) Call 24 hours ahead to reserve a lunch (1-510-825-9793) or sign up at the Senior Center.

The menu for lunch next week, Oct. 21 to Oct. 25, is:

Monday – Spaghetti with

ground turkey sauce, garden salad, cauliflower, and fruit mix.

Tuesday – Pork carnitas, spinach salad with fruit and nuts, spanish rice & black beans, strawberries.

Wednesday – New Recipe! Chicken and leek pie, split pea soup, tossed vegetable salad, grapes.

Thursday – Baked cod on arugula w/ lemon yogurt sauce, vegetable bean soup, carrots, cantaloupe.

Friday – Glazed meatloaf, mashed potatoes & gravy, vegetable blend, banana.

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I am a genealogist with over 20 years of experience researching distant family members in the United States. I opened Blue Tree Legacy in 2015 to offer affordable professional genealogy to help clients find their ancestors, fill in family stories, and break through brick walls. I encourage you to call or email me for a free one-hour consultation.

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Shar is an experienced real estate professional with a BS Degree in Business Administration from the University of California. As a Bay Area native, Shar offers her clients a vast amount of knowledge on Bay Area neighborhoods and markets.

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## SENIORS

# Be Prepared for the Next Big Earthquake

The ground is shaking... drop, cover and hold on!

But what should you do if you can't drop? LIFE ElderCare has some tips.

"I remember what it felt like when the Big One hit" Aretha Johnson told us. "30 years ago I was able to drop down and take cover when my house started shaking; just the way Emergency Services tells us to do. But now I'm 75 and use a walker. What will I do when the next one comes?"

If you, like Aretha, have difficulty getting onto the ground, or cannot get back up again without help, do this when you feel an earthquake:

- If you are in a recliner or

bed: Cover your head and neck with your arms or a pillow until the shaking stops.

- If you use a cane or a walker: drop, cover, and hold on or sit on a chair, bed, etc. and cover your head and neck with both hands. Keep your cane near you so it can be used when the shaking stops.

- If you use a walker or wheelchair: LOCK your wheels (if able). If using a walker get as low as possible. Bend over and COVER your head/neck with your arms, a book, or a pillow. Then HOLD ON during shaking.

What about supplies? It is important to have sufficient water, food and other emergency items ready. Seniors can find help to go shopping through

LIFE ElderCare's assisted transportation services. Trained, screened drivers help seniors and those with disabilities navigate the community and accomplish tasks like shopping and appointments. Eligible adults (age 80+ or disabled) get two trips per week. Now through the end of the year, in honor of the 2019 Great California ShakeOut, they can get an extra trip to shop for emergency supplies. During the trip, the driver will also chat about ways to keep as safe as possible during an earthquake and distribute ShakeOut brochures.

If you – or a family member, friend, or neighbor – do not have someone to help and cannot navigate the community



alone, give LIFE ElderCare a call at 510-894-0370.

And please call LIFE ElderCare if YOU can be one of these drivers! Take an older adult out to an appointment or shopping once or twice a month. It is one of the best things you can do for your com-

munity and for yourself!

Take time to learn how to stay safe. The Great California Shakeout website ([www.shakeout.org](http://www.shakeout.org)) has an enormous amount of easy-to-understand information and resources in various languages on earthquake readiness.

LIFE ElderCare is an Alameda County non-profit that provides free services and support to help older adults get access to nutritious food, transportation, safety, socialization, and other resources to help them age at home with optimal health and connection.

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## Save Mom's Home While She's In Nursing Home on Medi-Cal

**Q** Our mother just moved into a nursing home for care and has qualified for a Medi-Cal subsidy to help with the cost. However, Medi-Cal wants all of mom's income to go to the nursing home as her "co-pay." That leaves nothing to cover her home expenses, including her mortgage, property taxes, insurance and upkeep.

We want to keep her home in the family, but we do not have the funds to make these payments. Is there anything we can do?

By Gene L. Osofsky, Esq.  
SPECIAL TO THE TIMES

**A** Yes, there is! But first a bit of background: Medi-Cal assumes that all of mom's care needs will be met in the nursing home, and that there is therefore no need to permit an income set-aside to pay for home expenses while she is not actually living there.

Indeed, with the exception of a very modest income set-aside, consisting of a \$35 Personal Needs Allowance and enough to pay her med-

ical insurance premiums, all of mom's income must go toward her nursing home bill as her "Share of Cost" ("SOC"), before Medi-Cal will pay the balance. This leaves nothing to pay for her house expenses.

Further, the option of selling the home would usually not be wise, as this would convert an exempt asset into a large amount of cash which would then likely terminate her Medi-Cal eligibility.

Still further, most Medi-Cal applicants prefer to keep their home, whether in the hope that they may one day be able to return home, or so that they can pass it on to their children as an inheritance.

But there are two solutions to the problem of finding monies

to pay these expenses:

(1) Physician's Certification: The first is where her doctor certifies in writing that it is likely that she will be able to return home within 6 months of entry into the nursing home.

If the doctor so certifies, then a portion of mom's income may be set aside to pay house expenses but only for that 6 month period.

While this option is theoretically available, as a practical matter it is rare that a physician is able to so certify, as most residents are chronically ill and not likely to return home. Further, even with a doctor's certification, the home upkeep allowance would currently be limited to only \$209/month.

(2) Rent Out the Home: The second circumstance is much more "doable." If, instead of keeping the home vacant, you rent out her home, then the rental income may first be used to pay home-related expenses, and only the excess after payment of these expenses (i.e., the net rental income) would go to the nursing home as mom's

SOC.

Note: If there is a mortgage, Medi-Cal only permits the use of mom's gross rental income to pay the interest portion of the monthly mortgage, but not the principal portion. Fortunately, however, the interest portion is usually the lion's share of most mortgage obligations, and in these situations, the family is usually able to muster the modest additional funds necessary to cover the smaller principal portion. And even though the net rental income, after payment of these expenses, will increase mom's SOC, this increase does not impose any real financial hardship upon mom, as it is essentially funded by the renter.

Renting out the home so it is not kept vacant may also reduce the risk of vandalism and the more probable risk that her homeowner's insurance may lapse.

Gene L. Osofsky is an estate planning and elder law attorney in Hayward. Visit his website at [www.LawyerForSeniors.com](http://www.LawyerForSeniors.com)

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## Raspberry Plant, But No Raspberries?

By Buzz Bertolero  
 Special to the Times

My raspberries are not producing any berries. They have lots of stems and leaves but no fruit. They get afternoon sun, plenty of water and I feed them in the spring. Each October I prune them back to about six inches off the ground. So what am I doing wrong?

The simple answer is, you're pruning them wrong.

Raspberry plants produce berries on second-year growth (canes). Once these canes produce, they never produce again and they're cut off usually at the ground.

Raspberries should be



growing on some type of trellis structure, but not a fence as they intrude into the neighboring property. The new growth develops at the bottom or base of the plant(s).

After harvesting the berries, the old fruiting canes are removed and the new growth replaces them on the trellis. Raspberries are unpredictable when started from seed.

What you should do now is nothing. This year's canes will fruit next year and you should prune them off then. If you've already pruned, then you'll need to wait two growing seasons for berries.

Everbearing raspberries

(*Rubus idaeus*) produce fruit in the spring and again in fall. Unlike summer-bearing varieties, which may have purple or black fruit, most everbearing varieties produce red berries.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is [www.dirtgardener.com](http://www.dirtgardener.com) and questions can be sent by email to [buzz@dirtgardener.com](mailto:buzz@dirtgardener.com) or on Facebook at [Facebook.com/Buzz.Bertolero](https://www.facebook.com/Buzz.Bertolero)



## REAL ESTATE REALITY

By Carl Medford, CRS  
 Special to the Times

GUEST COMMENTARY



## Financial Recourse For a Late Close of Escrow

As much as everyone hopes transactions proceed smoothly once they hit escrow, there is plenty of room for the unexpected.

When delays happen, schedules are stretched, plans are disrupted, unexpected costs accrue and sellers ask the same question:

"What recourse do we have?"

The answer is never easy and dependent on many things. Seller's, angry their transaction is not closing on time, typically focus on their financial ramifications, including additional mortgage and insurance payments, expenses related to redoing moving contracts and more.

It is particularly painful if the sellers have relocated and are paying two mortgages. Even more damaging are situations where delays cause contracts on seller's replacement homes to be jeopardized or canceled.

Transaction delays can typically be traced back to the lender. Lending institutions, memories of the financial collapse still fresh, have dramatically increased lending requirements and the level of scrutiny brought to every deal.

To ensure any loan they fund will be saleable to investors, underwriters scrub every aspect of a borrower's finances in a process akin to a financial colonoscopy. Any item found wanting causes unplanned

delays: even more so the later in the transaction they occur.

The answer to a seller inquiring about recourse is, in most cases, "It depends."

If instructions for any escrow delays were written into a purchase agreement (ie. per diem penalties for a late close), then it is a simple matter of following the contract. Most residential purchase agreements, however, do not contain clauses for penalties should a closing be delayed.

If all contingencies have been removed, a seller can issue a Demand to Close and, if the buyer is unable to comply, cancel the contract and go after the deposit.

Many sellers, however, are hesitant to follow this course, knowing they will have to go on the market again. In this scenario, the best case would be to use the threat of a Demand to Close as a negotiation tool to negotiate financial recourse to the seller.

If the loan contingency has not been removed, it is more difficult to negotiate since the buyer has the ability to cancel and get their deposit returned.

Many sellers do not want to lose an existing transaction: any financial recourse obtained would consequently be the result of good-faith negotiations between parties where the buyer is cognizant of the financial impact their delay is causing and is willing to ease the seller's pain.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.



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359 Bristol Boulevard	94577: \$835,000 3 BD - 1,451 SF - 1944
221 Cherrywood Avenue	94577: \$869,000 3 BD - 1,990 SF - 1926

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\$30 10 words (1 week)

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LANDLORDS – Advertise your units! A vacancy day is money lost forever ... R. Bowman

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For more info or to place an ad call 510-614-1558  
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California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State Law also requires that contractors include their license number on all advertising. Advertisers appearing on this page without a license number indicate that the contractor is not licensed. You can check the status of your licensed contractor at www.cslb.ca.gov or (800) 321-2752. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

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LANDLORDS - Advertise your units!  
– A vacancy day is money lost forever –  
R. Bowman

GARAGE SALES

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HUGE YARD SALE 10/19 & 10/20, 9am-5pm. Blue/ white Delft lost of it, furniture, vinyl records, DVD's, CD's, collector plates, knickknacks, paper weights, books, Xmas ornaments, etc. 22608 Madrone Street at "B" St., Hayward.

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IF YOUR GARAGE SALE IS RAINED OUT, WE'LL RUN YOUR AD AGAIN FOR NO EXTRA CHARGE. SLTimes

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Thank-You...

My Gardener for  
advertising with us for over 14 years!

MY GARDENER

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One-time Yard Cleanups  
Weekly, Monthly & Quarterly Services  
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We truly appreciate all  
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San Leandro Times / Castro Valley Forum

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CASTRO VALLEY FORUM  
San Leandro Times

HOME SERVICES DIRECTORY

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NEED Gardening Service? Check the advertisers in our "Home Servc Directory" and our "Classified Ads" for help!

GIVEAWAYS

VIEW the Classified Ads Online at [sanleandrotimes.com](http://sanleandrotimes.com) or [castrovalleyforum.com](http://castrovalleyforum.com) IT'S EASY! For more info call 614-1558

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HANDY PEOPLE. Any type of job. No job too small. 510-934-1251.

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HELP WANTED

GENERAL

Do you need some help at your business? To place an Help Wanted ad call 510-614-1558 Your ad will run in and the Castro Valley Forum on Wednesday and the San Leandro Times on Thursday. Find help and support your local newspaper at the same time! - Thank you -

  
The City of San Leandro is accepting online applications for:  
**Planner II (payroll title: Project Specialist II) - \$7,904.00 - \$9,607.00/monthly**  
**Recreation Leader / Recreation Specialist I (part-time) - \$14.35 - \$22.26/hourly**  
**Sr. Library Assistant (part-time) - \$26.00-\$31.62/hourly**  
For more detailed information, please visit [www.sanleandro.org](http://www.sanleandro.org) EOE

Private Hip Hop dance instructor needed. Call 510-289-5066.

Experienced housekeeper with organizational skills needed 2 days a week (hours 1pm-5pm). No agencies please. 510-895-9092.

Do you love helping people? Carlton Senior Living is the place for you! Now Hiring part-time Care Givers. Must be available weekends. Walk-ins welcomed. 1000 E. 14th Street or visit our website [www.CarltonSeniorLiving.com](http://www.CarltonSeniorLiving.com) to apply online.

HELP WANTED

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One-On-One Caregiver needed at Residential Care Home in San Leandro. Must speak English and have drivers License. Call 510-901-9131.

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HOME SERVICES GUIDE

Help for the homeowner means business for you! To Place an Ad ... Call 614-1558

MISC. FOR SALE

VARIOUS ITEMS

All private party ads are prepaid (paid in advance). Use your M/C, VISA or DISCOVER card, mail in your payment, or stop by our office to place an ad.

MISC. WANTED

WANTED: Reel to reel music tapes (blank tapes or recorded tapes). I am also looking for a used tape recorder. Call Patrick 510-517-3351.

PAINTING SERVICE

NEED PAINTING WORK? Check the TIMES & FORUM Home Service ads for help. We really appreciate our advertisers! Patrick V.

REAL ESTATE AGENTS

  
Are you interested in buying or selling a home or property? Would you like the help of a Professional Agent? For assistance call ...

\*SCOTT HARRISON - Realtor Coldwell Banker 510-388-4536

Advertise your Home for rent in the San Leandro Times & Castro Valley Forum DON'T LET ANOTHER WEEK SLIP BY! - A vacancy day is money lost forever - To place an ad call 510-614-1558

RENTALS

APARTMENTS

Castro Valley 2-bedroom, 1-bath, Walk to BART and Village. Gated, laundry, pool, fitness. \$2,495. 510-582-8389. [www.bartplazaapartments.com](http://www.bartplazaapartments.com)

Hayward 1-bedrooms \$1,575 - \$1,675, 2-bedrooms \$1,800 - \$1,950 (check availability). Patios, balconies, pool, parking, storage, spacious. 510-887-6633.

Hayward spacious 1-bedroom \$1,200+, 2-bedroom \$1,500+. Balcony, patio, pool. 510-581-4702.

LANDLORDS - Advertise your units! A vacancy day is money lost forever ... R. Bowman

RENTALS/ROOMS

Hayward room with house privileges, shared all utilities. \$750. 916-667-8267.

San Leandro room \$800. Private entrance. Kitchen privileges. Call 510-316-6326.

SERVICES

Need - HEATING / AC SERVICE? Check the HOME SERVICE ads at the bottom of this page for help!!

SELL YOUR CAR OR TRUCK with a Classified Ad For more info or to place an ad call 510-614-1558 San Leandro Times/Castro Valley Forum

NEED - Handyman Service? Check the Classified Ads under "HANDYMAN SERVICE" for help.

TREE SERVICE

\*A CAREFUL TREE SERVICE. Certified. Arborist. Lic.#694067. Trimming, Removals. FREE Estimates. Bonded. Call 510-581-7377.

YOUR INFO

Advertise your Home for rent in the San Leandro Times & Castro Valley Forum DON'T LET ANOTHER WEEK SLIP BY! - A vacancy day is money lost forever - To place an ad call 510-614-1558

CLASSIFIED AD DEADLINE: Monday 5:00 p.m.

LANDLORDS - Advertise your units! - A vacancy day is money lost forever - R. Bowman

NEED - MUSIC LESSONS or PIANO TUNING? Check the Classified Ads under "MUSICAL SERVICES" for help.

VIEW the CLASSIFIED Ads Online at [sanleandrotimes.com](http://sanleandrotimes.com) or [castrovalleyforum.com](http://castrovalleyforum.com) For help or for more info call 510-614-1558. E.B. Publishing

ATTENTION LANDLORDS

  
You may rent your property with a sign in the window or with an ad on the internet... But why not also advertise your rental in both the San Leandro Times & Castro Valley Forum for as little as \$25, and reach over 60,000 readers! TO PLACE AN AD, CALL 614-1558

Help for the homeowner means business for you!



ADVERTISE YOUR BUSINESS IN OUR HOME SERVICES DIRECTORY CALL 614-1558

Need Remodeling? How about a new kitchen or bath?



CHECK OUT OUR CLASSIFIED ADS & HOME SERVICES FOR HELP!

THANK-YOU for supporting the Castro Valley Forum and San Leandro Times!



We greatly appreciate our many advertisers who make it possible for us to publish these newspapers.

PLACE YOUR CLASSIFIED ADS ONLINE!

[CastroValleyForum.com](http://CastroValleyForum.com)

[SanLeandroTimes.com](http://SanLeandroTimes.com)



All real estate advertised in the CASTRO VALLEY FORUM and SAN LEANDRO TIMES is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination because of race, color, religion, sex, handicap, marital status, national origin or intention to make any such preference, limitation or discrimination.

EASTBAY PUBLISHING, INC. will not knowingly accept any advertisements for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

HOME SERVICES DIRECTORY

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**PEREZ Gardening & Maintenance**  
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Pruning, Topping, Removing, Synthetic Grass Installation, Planting, New Lawns & Lawn Care, Sprinkler Systems, Lots & Hill-sides Cleaned & Planted, Drainage/Gutters, Fences, Decks, Patios, Arbors, Concrete, etc.  
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ONE DISCOUNT PER HOUSEHOLD  
**LICENSED / BONDED / INSURED 2424 CLEMENT ST., ALAMEDA**  
**510-895-4433**

**Attention Classified & Home Services Directory Advertisers**  
Classified & Home Service ads run in both the Castro Valley Forum and San Leandro Times.

**TOTAL CIRCULATION 60,500**  
**Call Patrick at 614-1558** for details and rates.

**VIEW ALL CLASSIFIEDS ONLINE!**

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**We Specialize in Residential Roofing**  




# Teacher of the Year Awards

Kathleen Maier and Jess Vaughn go above and beyond for students

By Linda Sandsmark  
San Leandro Times

Music teacher Kathleen Maier was honored as San Leandro Unified School District's 2019 Teacher of the Year at a ceremony October 3. The awards program is in its 30th year and is sponsored by the Alameda County Office of Education.

Maier says her 40 years in public school education have brought her great joy.

"If you want to become a teacher, follow your passion and do it, because if you love teaching the children will love learning," she says.

Maier was one of 18 teachers from all over Alameda County to receive the award for their district. Nominations are submitted by other staff members, which often comes as a surprise to the nominee. This was the case with Maier, who teaches strings, woodwinds and brass at

McKinley Elementary School, and Orchestra at John Muir Middle School.

"It's very humbling to think that people I work with took the time to write such nice things that this honor would come to me," Maier says.

She dedicated her award to the teachers she had while growing up, and also to her students.

"My class is an elective, so the fact that they come back year after year means they're finding joy, and they're finding camaraderie, and they really want to be there," she says. "No matter where they come from, or what happened to them that morning before school...we start, and within two or three minutes they're playing. Music just does this for children. It just brings them together."

Besides just learning music, Maier says that children also share the excitement of being

part of a successful group.

"I don't know if they even realize I get paid for having this much fun every day," she says.

Maier goes above and beyond for her students, raising funds for their activities and writing orchestration for piano soloists at John Muir's Concerto Concert during the school's Open House each spring.

"I'm a teacher because teaching is my soul," says Maier. "Walt Disney said that the greatest natural resource we have is the minds of our children. It's truly awesome to be touching the future."

## SLZ Unified Teacher of the Year

Jess Vaughn, English/English Language Development teacher from Arroyo High School, was chosen as San Lorenzo Unified School District's Teacher of the Year for 2019.



Jess Vaughn was chosen as SLZ Unified School District's Teacher of the Year.

The awards program is in its 30th year and is sponsored by the Alameda County Office of Education.

In her statement at the county awards ceremony October 3, Vaughn said, "One thing I really try to teach is empathy. That comes easily to some people because of their upbringing, and



San Leandro Unified School District's 2019 Teacher of the Year, Kathy Maier, holds the award presented to her by the Alameda County Office of Education.

for others it doesn't. We read books and analyze different texts and I try to get them to understand what it's like to come from a different person's perspective, to live through another perspective than their own.

"I encourage them to share their own stories. I believe that empathy is something we're lacking in the world right now, so if I can bring that into my classroom and help students take that away, that's a big win."

## LOCAL DEATHS

**TIMES OBITUARIES** may be submitted online at [ebpublishing.com](http://ebpublishing.com), emailed to [obits@ebpublishing.com](mailto:obits@ebpublishing.com) or faxed to 510-483-4209. Please include your phone number. For assistance, call 510-614-1555.

**DAVIS, Shirley A.**  
**MICHELI, Lito A.**

■ **Shirley A. Davis** passed away peacefully surrounded by her family on October 13, 2019. Visitation will be held at Santos-Robinson Mortu-

ary on Monday, Oct. 21 from noon to 8 p.m. with a vigil beginning at 7 p.m. The Funeral Mass will be held on Tuesday, Oct. 22 at St. Leander Church beginning at 10 a.m. Burial to follow at Holy Sepulchre Cemetery.

## Lito A. Micheli

Our beloved father entered into eternal rest 10/4/19 at 93 years of age with his daughter and caregiver by his side. He suffered from 2 heart attacks, a stroke and atrial defibrillation but kept on pushing. He is survived by his son Lonnie Micheli, daughter Lorene Lee, granddaughter Stephanie Struempf and husband Andy, great-grandchildren Nicholas and Zachary Struempf, cousins Dario, Meegan, Dario Jr and Don (Buster) Rocci, Sue Rocci, Carol Ann Simas and many close & dear friends.

Lito was a Concrete Contractor with his cousin Don Rocci for approximately 35 years, an auto mechanic for Shepard Cadillac, Oakland and an airline mechanic for Pan American Airlines and worked on the China Clipper and one of the first Boeing airplanes.

He loved duck hunting, boating, Nascar races, the Outlaws sprint cars, and football.

Lito was a Veteran of the Army and served as a medic in the Korean War.

Our gratitude to his beloved caregiver, Fita who made him feel safe, secure and loved. She will always hold a very special place in our hearts. We are also grateful to everyone at Hospice for their constant support & commitment along with many dear friends who gave our family tremendous support.

There will be no services, we ask that you remember Lito for who he was and when he was healthy and happy. Remember how he touched your heart. Remember him complaining that you just can't find a decent prime rib sandwich, or how they burned his omelet!

Donations are welcomed to Continuum Care Hospice, 5994 West Las Positas Blvd., Ste 221, Pleasanton, CA 94588 (925) 398-7548 in Lito's memory.

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With Compassion and Service Excellence



## San Leandro Funeral Home

407 Estudillo Ave.,  
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FD 442

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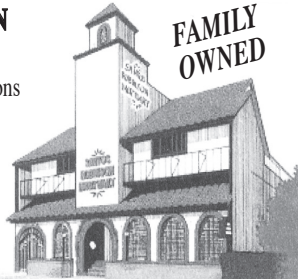
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## THE TIMES CROSSWORD

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# SL Museum Invites Public to Share Stories on Housing Discrimination

The San Leandro Museum and Historical Society invite African Americans who have helped integrate San Leandro into one of the most diverse cities in the East Bay to tell their stories.

The San Leandro History Museum is working with the San Leandro Historical Society to update its permanent exhibits to include the story of housing discrimination in San Leandro from its inception to the late 1980s. Residents, friends, and community members who have a story related to housing discrimination in San Leandro are invited

to share their experience.

The Museum is also interested in documents and photographs that pertain to housing discrimination. The documents or photographs can be scanned at the Museum and returned the same day.

The project will encompass recording these stories in order to share them with the community through an exhibit at the Museum.

In 1960, San Leandro had a population of 65,962 with only 17 African Americans, as the population was 99.3 percent white. The statistics stayed much the

same through every census until 1980 when the diversity of the city population began to change.

Today, government census estimates for 2018 show the population is 23.4 percent white, 33.4 percent Asian, 27.6 percent Hispanic or Latino, and 11.9 percent African American, with an estimated total population of 89,703.

The early census numbers were a result of policies of racial discrimination that kept non-whites, and in particular African Americans, from moving into the city.

For more information or to share stories or experiences,

contact Addie Silveira with the San Leandro History Museum at 510-577-3991 or asilveira@sanleandro.org.

## 'Day of Remembrance' on Friday

This Friday, Oct. 18, the Alameda County District Attorney Nancy O'Malley and the Alameda County Family Justice Center host the 17th Annual Day of Remembrance to pay tribute to the women, men and children who have lost their lives as a result of interpersonal violence, and to provide hope and resources to those struggling

through violence in the home.

The official ceremony will begin at 12:15 p.m. at the County Administration Plaza at 1221 Oak St. in Oakland.

While fall brings the beginning of holiday family gatherings for many, the season can also be fraught with stress and an increase in domestic violence. Domestic Violence Awareness

Month brings attention to the reality of domestic violence and also sheds light on resources and pathways available to victims and survivors.

This event calls for the community to come together now to stop domestic violence, as well as to empower women, children, and men who have survived domestic abuse.

## OPINION

### LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and **must be under 300 words**. We reserve the right to edit as necessary. E-mail letters to: [letters@ebpublishing.com](mailto:letters@ebpublishing.com) or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

#### Danger at Bancroft at 146th

Editor:

This is an open letter to Mayor Cutter and City Council.

Over 17 years of living on 146th Ave. next to the intersection of 146th Ave and Bancroft Ave., I have observed driver behavior becoming steadily worse.

I would like the Council to consider placing stop signs on Bancroft Ave. at 146th, making that intersection a 4-Way Stop, for the following reasons:

The section of Bancroft Ave between 148th and 142nd Ave is frequently treated as a drag strip, with drivers grossly exceeding the 30 mph speed limit.

Due to cars parked on Bancroft Ave., drivers trying to cross Bancroft Ave. at 146th Ave. cannot safely observe cross traffic on Bancroft Ave. without passing through the crosswalk and intruding into Bancroft Ave. This crossing is made especially dangerous when

cars speed on Bancroft Ave.

Drivers turning from Bancroft Ave. onto 146th Ave. often do so at speeds of 30 mph or higher.

The section of 146th Ave between Bancroft Ave and Wyman Ave is narrow and oncoming cars frequently drive in the middle of the avenue to avoid parked cars. This leads to many near-collisions when drivers turn off of Bancroft Ave. at high speed.

Drivers on Bancroft Ave. frequently fail to yield to pedestrians in the crosswalk across Bancroft Ave. at 146th Ave.

For those reasons, I believe that adding stop signs on Bancroft Ave. at 146th Ave. will make driving and walking safer in this residential neighborhood.

— Aaron Buchanan  
San Leandro

#### Abandoning the Kurds

Editor:

By abandoning the Kurds we

have left the door wide open for the Turks to come in and slaughter them. This is the second time we have abandoned them.

We did the same thing after the first Iraq war.

Once again the U.S. has proven it has no moral center.

The Senate is trying to lessen our betrayal of our allies with sanctions on Turkey — too late, but a step in the right direction.

We can not expect other countries to keep their promises when we don't keep ours.

— Nel O'Neil  
San Leandro

#### Opposes Minnesota Pipeline

Editor:

I am outraged that the Minnesota Public Utilities Commission approved a permit to the Embridge oil company to build Pipeline 3 through the territory of the Anishinaabe people in Minnesota.

It will threaten their way of life and culture if it gets into their wild rice and other territories that are sacred to them.

I urge Minnesota Public Utilities to reverse their position and deny Embridge a permit to build Line 3 through the Anishinaabe homeland.

— Billy Trice, Jr.  
Oakland

### BIGGEST FLOP IN BASKETBALL HISTORY...



## INQUIRING REPORTER

### What did you think about the recent public safety power shutoff?

— Asked around town

In this big nation and country, how could that have been possible? How could one company shut off power to so many people just like that?

**Teresa Carlos**  
San Leandro



My power wasn't turned off but I was prepared for it because of having a generator, water and supplies that we use for our trips to the delta. The shutoff was fine for me, but my son's household in Moraga was out for 36 hours.

**Ruth Lumley**  
San Leandro

The decision to shut down areas seemed bogus and a shame that a company would do something like that. We didn't realize what was happening at first because of a hospital stay [wife uses a breathing machine]. Thankfully, our power stayed on.

**Rodney Smith**  
Oakland



I thought it was absolutely horrible, though I can understand the need and purpose. The rollout seemed poorly handled and a big mess, especially for those in need. We all deserve better and I hope that constructive information helps moving forward.

**Robin Strom**  
San Lorenzo

We didn't lose power, but felt anxious about how to juggle home, work, and school if the power went out. My employer stayed home and fell and injured herself. There was a strange trickle-down effect that made us all feel out of sorts. It did open our eyes to seriously prepare for emergencies.

**Erica Agustin**  
San Leandro





SPORTS



PHOTO BY ANDREW JOSEPH

San Leandro's Michelle Tat serves the ball during the first set of her singles match on Tuesday.

San Leandro Tennis Falls Short Against Berkeley

By Andrew Joseph  
San Leandro Times

The San Leandro High girls tennis team lost 5-2 at home on Tuesday against Berkeley in a non-conference match.

There were four singles matches and three doubles matches played between the two teams. It was a non-conference match between the Pirates who play in the Shoreline Conference, and Berkeley who plays in the Foothill Conference.

"Preparing for today, I just practiced hard, maintained focus, and I didn't let any mistakes bother me," said singles player Michelle Tat.

Tat won her singles match convincingly against the Yellowjackets' Magda Frigo by a score of 6-1 in the first set and 6-2 in the second set. Tat's win was the only singles win of the day for San Leandro.

"I won my match today and I think I did pretty well," added Tat.

Tina Fang and Terry Chen won their doubles match against Berkeley's Clara Nettesheim and Talia Antell-Proulx by a score of 6-4 in both sets played. Their win was the only doubles win for San Leandro. Paula Chen and Jessica Tsubamoto started their match off strong by winning the first set 7-5, but lost the next two sets 4-6 and 2-6.

The Pirates hope to continue some of their momentum gained after beating Alameda in a huge upset win earlier this season on September 24.

"Beating Alameda was a big confidence booster, especially for our singles players because they won really close matches that day," said San Leandro head coach Lisa Maral. "We also beat Encinal twice this sea-

son, who we lost to both times last year. We're looking pretty good in terms of being able to win the Shoreline Division of the Western Alameda County Conference (WACC) this year which gives us an automatic entry into the North Coast Section (NCS) team competition."

Their season record is now 8-3 with hopes of playing in the WACC tournament later this year.

"We need to prepare for Castro Valley the way we did today - focus and play hard," added Tat. "To get ready for the WACC tournament we have to focus on hitting consistently and just serving well overall."

San Leandro plays its next match at home against Castro Valley today at 3:30. The WACC tournament will be held November 8-9 at Chabot College in Hayward.



PHOTO BY LEO SHERIDAN

NITRO Wins Championship in Nevada

The girls of San Leandro NITRO traveled to Sparks Nevada for a 12 and Under softball tournament. This was their second year traveling to Nevada.

Last year they returned as runner up in their division. This year was a different story. The girls put on an offensive display backed by solid pitching and superb fielding to finish as division Champions. The girls were excited to edge out many Nevada teams and bring home the trophy.

This was their second championship appearance in as many tournaments this fall season.

Impeachment: Facts and opinions.

*continued from front page*

committee which may then draw up charges, called articles of impeachment. If the inquiry leads to a vote on impeachment and the majority of representatives vote yes, then the president is impeached. However, to remove the president from office, the matter must then go to the Senate for a trial and two-thirds of senators must vote yes. Callers were reminded that President Clinton was impeached but not removed from office.

The discussion moved onto the facts. Democrats and Republicans generally agree that President Trump asked Ukraine and China to investigate an election rival, former Vice President Joe Biden, but the parties disagree on whether that action warrants impeachment.

Regarding the whistleblower complaint against President Trump, Congresswoman Joni Ernst (R-Iowa) in an interview after her Oct. 3 town hall said, "On its face value, I don't think there is anything there. The whistleblower report acknowledges this is second- and third-hand information."

Speier disagreed, and stated during the Oct. 2 tele-town hall, "This is first-hand information."

Some congressmen/women agree to the impeachment but want to slow down the process to gain more support.

Congressman Jared Golden (D-Maine) warned on his webpage, "The credible allegations in the whistleblower complaint are too serious to be cheered, rushed, or dismissed out of hand,

as many in Washington insist on doing."

Congresswoman Kendra Horn (Oklahoma) remarked on Twitter, on Sept 24th, "We need all of the facts. This should be a detailed and responsible investigation and not one conducted in a media circus."

As soon as the tele-town hall with Lee and Speier opened up to questions from callers, it became apparent that timing was a concern.

Milo of Oakland asked, "How quickly will it take to finalize the impeachment process?" and Kira of Oakland asked, "How long will it take before the vote for impeachment?" to which Speier answered that the impeachment inquiry will take four to six weeks before it goes to the Judiciary committee. It is unclear how long the next step will take.

Callers were also concerned about getting more support from Republicans.

Howard of Oakland asked, "If the House decided for impeachment, what is your concern about getting enough votes in the Senate?" Yuko of Berkeley asked, "Why not take the time to build consensus with the Republicans?" Anna of Oakland asked, "Are you going to get enough across-the-aisle votes to uncover the truth?" to which Lee responded, "We'll make the case. It will be difficult, but not impossible. The facts will be laid out." Lee stressed, "We will need the public to weigh in a big way in this course of action. The public support is everything

when it comes to protecting our democracy."

Congressman Collin Peterson (Minnesota) wrote in an email statement to the Detroit Lakes Tribune, "Without significant bipartisan support, impeachment proceedings will be a lengthy and divisive action with no resolution."

Other concerns of callers were protecting the whistleblower, including Vice President in the process, criminal charges against the President, and whether or not fines and subpoenas will have any effect or be honored.

Nearing 7 p.m., Lee said in closing that the only way to get more support is to convince people that Trump has a personality and a pattern for breaking the law. She restated that Trump has requested that other countries interfere in our elections, weakening our national security; he has violated his oath of office, when he promised to faithfully execute the laws of the office; and he has betrayed the American people.

"We have a president, not a king," Lee said.

In the meantime, the inquiry will not distract Congress from passing new bills as needed. Lee was proud to announce that between 50 and 60 bills have passed during this time. Lee reassured callers, "We're doing our jobs at the same time."

To learn more about future tele-town halls by Congresswoman Lee, visit [www.lee.house.gov](http://www.lee.house.gov) or call her Oakland office at (510) 763-0370 for more information.

OPEN HOMES

SAT. & SUN.  
OCT. 19 & OCT. 20

CITY	SAT	SUN	ADDRESS	PRICE	BDR./BA.	REALTOR	AGENT	PHONE
A	—	1-4	14435 Hemlock St.	\$657,950	3/1	Robert Jones & Assoc.	Matt Jones	510-357-0120
A	—	2-4	330 Beverly Ave.	\$899,000	4/2.5	Rinetti & Co. RE	Carrie Miles	510-735-5223
C	1-4	1-4	35687 Palomares Rd.	\$1,037,000	2/2	J. Rockcliff RE	Kristy Peixoto	925-251-2536
A	1-4	10-1	1725 Estudillo Ave.	\$1,499,000	4/4	Robert Jones & Assoc.	Matt/Akram	510-357-0120

One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25.

For more information and a listing form, Call 614-1558. DEADLINE: TUESDAY AT NOON.

CITY GUIDE

A = SAN LEANDRO • B = BERKELEY • C = CASTRO VALLEY • D = DANVILLE • F = FREMONT • H = HAYWARD  
L = LIVERMORE • M = MODESTO • S = SHEFFIELD VILLAGE • SLZ = SAN LORENZO • W = WALNUT CREEK • Z=ALAMEDA

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