

HAPPY NEW YEAR!

JANUARY
2021

2021

Well, we made it to 2021! Praise the Lord!!! We hope everyone enjoyed their Christmas Break and was able to reflect on its' true meaning! The devotion on the back of this newsletter is an oldie, but a goodie!! Check it out.



Curtis Wright
Photography

SMILE!

Everyone's favorite black and white photographer will be here on **Tuesday, January 26th** and **Wednesday, January 27th**. These are candid classroom photos and there's no need to dress up. You'll really love them!



Remember the Health Policy found in our Parent Handbook. Please do not send your child to preschool if he/she exhibits any of the following symptoms 24 hours prior to attending preschool:

Unexplained rash, vomiting, diarrhea, eye infection, heavy and discolored nasal discharge, fever of 100.4, or frequent deep cough

Your child must be free of fever or symptoms and/or taking antibiotics for at least 24 HOURS before returning to preschool. If a child becomes ill during the day, parents will be notified and will be asked to pick up the child as soon as possible. Medication is not administered by the staff, except in life-threatening emergency. Non-prescription diaper ointment and sunscreen can be brought from home and must be labeled with your child's name. If you do not provide diaper ointments or sunscreens, we reserve the right to use what we have on hand, unless you have indicated otherwise on your Enrollment Agreement.

TAXMAN!

Tuition statements for tax purposes will be sent home beginning on **Monday, January 11th**. If you would rather have a digital copy, please let Jenny know.



100 DAYS SMARTER!



Honestly, who knows when the 100th day of school even is after all our crazy COVID closures? We are just going with it! Our 100th day of school celebrations will be on **Monday, February 1st**. We will have yummy treats, dress-up days, and activities planned for this day, so stay tuned for more information!!



SCHOOL CLOSURE

LBP will be closed on **Monday, January 18th** to observe MLK Day. Enjoy your day off!

EXTRA CLOTHES AND COATS

Winter is here! Please make sure that the extra clothes you send to school in your child's backpack are appropriate for the season. It is also incredibly important that you leave a warm coat for your child for when we go outside. Even if they aren't wearing one while they are in the car, please make sure you are sending one in for their hook. Hats wouldn't hurt either! **REMEMBER TO LABEL EVERYTHING!**

MONTHLY MISSION PROJECT

The Giving Box at Lascassas is the creation of one our very own sweet LBP families! Located beside the playground at the Lascassas Lions' Club, this community-driven box is for families to glean from whenever a need arises. They accept all manner of non-perishable foods, laundry/cleaning supplies, and personal care items. For January, we are accepting the following items for this ministry:

breakfast and protein bars

canned meats (tuna, chicken, etc.)

snack packs



REGISTRATION BEGINS ON MONDAY, JANUARY 11TH

It is time for current students and church members to register for the summer and fall semesters at LBP! These forms will be sent home on **Monday, January 11th**. If you intend for your children to remain at LBP, it is **imperative** that you return these forms ASAP. All registration forms for current students are due by **Wednesday, February 10th**. We will offer any available spots for the summer and fall to those on our waiting list and to the public. Please do not delay.

wishlist

Kleenex

Lysol spray

Paper towels



February Sneak-Peek

Monday, February 1st

Wednesday, February 10th

Friday, February 12th

Monday, February 15th

Keeping Kids Safe Begins

Hatch-the-Chick Begins!

Valentine's Parties

Closed for President's Day

Lascassas Baptist Preschool Monthly Devotion

If you've been a parent at LBP in January before, you've seen this devotion more than once. It's just so GREAT! Read carefully and see how you can make a difference in your family's life.

Five New Year's Resolutions for a Christ-Centered Family

New Year's resolutions are worth pursuing, especially when it involves something as significant as your faith or your family. While resolutions themselves aren't mentioned in Scripture, the Bible does have a lot to say about second chances and new beginnings (Psalm 51:10-11). Here are five resolutions to put more focus on your family in a Christ-centered way:

1. Read the Bible with your child, each day. It's never too early to begin this, and there are plenty of board storybook Bibles for toddlers.
2. Get home from work earlier, each day. This one is for me. I'm as guilty as anyone of trying to do one more thing, send one more email, finish one more task. Those five-minute chores add up, and pretty soon, I'm leaving work 30 minutes late. For an entire week, that's two and a half hours of missed family time.
3. Say more positive words around your child, each day. Do you spend hours throughout the day telling your child what not to do—correcting them, reminding them, disciplining them? There are certainly moments when that's needed, but this year, try doing less of that. "Encourage one another and build one another up" (1 Thessalonians 5:11). Use positive words more each day. "Great job." "I'm proud of you." "Smile more. Laugh more. It's a guaranteed relationship-booster and it lessens stress.
4. Spend less time on your smartphone each day. A 2014 study by Ericsson predicted that by 2020, 90 percent of the world's population age 6 and older will have a cell phone. That's nothing to celebrate. Face it: Smartphones are addictive, delivering right into the palms of our hands nearly every temptation you and I deal with. Remember those hobbies you once enjoyed? They've been replaced by Facebook. This year, set boundaries. No smartphones at the kitchen table. No smartphones after a certain time. And no smartphones in bed. Your family will thank you.
5. Love your spouse more in front of your children, each day. Sadly, too many children in today's culture rarely see their own parents displaying godly love. And they definitely don't see godly love portrayed on television. The Bible says a marriage is to be the ultimate form of earthly love (Ephesians 5), but do my children see that love modeled in my home? This year, hug and kiss your spouse more and more in front of your kids. It can just be a "peck," and they'll think it's disgusting, but they'll walk away knowing that mommy and daddy love one another. And if you aren't married to your child's other parent, be very aware of what you say about that parent in front of them and how you treat that person when you have interaction with them. Take the high road every time - the view is better.

<https://michaelfoust.com/2015/01/09/5-new-years-resolutions-for-a-more-christ-centered-family/>

Healthy Recipe of the Month - Chicken Pot Pie Soup

Ingredients:

1 tablespoon olive oil	1 1/2 pounds diced boneless chicken breast	3 cups diced yukon gold potatoes
1/2 tablespoon olive oil	3 cups finely chopped cauliflower florets	1 white onion, chopped
2 large carrots, sliced	1 teaspoon dried thyme	2 cups milk
3 cups chicken broth	1/2 teaspoon salt, plus more to taste	Freshly ground black pepper
1 cup frozen peas		

Directions:

Place a large dutch oven or pot over medium high heat. Add in olive oil. Once oil is hot, add in diced chicken breast and generously season with salt and pepper. Cook chicken for 4-6 minutes or until thoroughly cooked and no longer pink. Remove chicken from pot and transfer to a large bowl; set aside for later. In the same pot, add in 1/2 tablespoon olive oil, chopped onion, sliced carrots, diced gold potatoes, diced cauliflower and thyme. Saute for a few minutes until onion begins to soften, then add in milk, chicken broth and salt and pepper. Allow mixture to simmer uncovered for 10 minutes or until potatoes are fork tender. Next remove 3 cups of the mixture from the pot and add to a blender. Blend until completely smooth then transfer puree back to the pot. Stir in cooked chicken and frozen peas. Allow mixture to simmer for 5-10 more minutes to thicken up a bit. Taste and add more salt and pepper, if necessary. Garnish with extra black pepper and fresh thyme, if desired.

<https://www.ambitiouskitchen.com/healthy-chicken-pot-pie-soup/>