



AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 34 • NO. 3 THURSDAY, JANUARY 18, 2024

**SAN LEANDRO • CALIFORNIA** 



PHOTOS BY MIKE McGUIRI

## Student Orators Honor Martin Luther King

About two hundred people came to the Titan Auditorium of the Marina Community Center to celebrate Dr. Martin Luther King Day on Monday. Above, elementary school entrants in the Oratorical Festival and Poetry Slam were greeted by event emcee and former City Councilwoman Surlene Grant. At right, the Sistahs of the Drum, who mix West African traditional music with African-American culture, perform at the ceremony. Elementary, middle school and high school students participated, presenting both well-known pieces and their own compositions.



## District Attorney's Office Starts Program To Help Protect Your Home from Fraud

By Michael Singer San Leandro Times

combat real estate fraud and don't need. protect homeowners.

or apply for a home loan with- in loans for homebuyers in contained fraud, about 1 in 134 out your knowledge, forging Northern California by creat- applications. The District Attorney's your signature on a deed, or ing false documents that they Office last Tuesday announced tricking you into paying for then submitted to residential Real Estate Fraud Notification a free program last week to real estate services that you mortgage companies.

identity to purchase a house, illegally obtaining \$55 million all US mortgage applications

Alameda County's new Program is part of the DA's Real estate information Consumer Justice Bureau. Real estate fraud is in- provider CoreLogic's 2023 It works like an automated Real estate fraud is any il- creasing. Last November, Annual Mortgage Fraud Re- notification you might get if legal activity affecting a home. four Bay Area real estate proport estimates in the last six you change your password It can include stealing your fessionals were charged with months of 2023, 0.75% of online or your bank notices see FRAUD, page 12

## **School District** Asks Voters to **OK New Bond**

Measure J on March ballot would fund building repairs, classrooms, faculty housing

> By Mike McGuire San Leandro Times

election.

library, student commons and of hazardous materials. music building at San Leandro High School and provide rooms would be for transiaffordable rental housing for tional kindergarten students, teachers and staff.

county Registrar of Voters, concerning ages for kinderthe bond would also fund such garten students. projects as constructing and equipping new classrooms;

The San Leandro Unified replacing or repairing roofs, School District is placing plumbing, sewer and gas lines, a \$174 million bond on the and electrical systems; and ballot for the March 5 primary making health and safety improvements, such as seismic Measure J would fund a reinforcements and removal

Some of those new classa new grade level created by In papers filed with the recent changes in state laws

> A more secure entrance see BOND, page 11

## **Test Scores Show** Some Progress; **Attendence Down**

By Mike McGuire San Leandro Times

School District made substantial progress in pulling up ing student groups in recently ing of the rest by several dif-

ferent means. That's according to Assistant Superintendent The San Leandro Unified for Educational Services Dr. Sonal Patel.

Perhaps the biggest imsome of the lowest perform- provement for students can be gained by simply having every released test results, and is child attend school every day, pushing to improve the learn- Patel said. While chronic ab-

see SCORES, page 12

## **INSIDE YOUR TIMES**

	■ HEALTH
	Dry January - stop drinking
	for your health. Page 2
,	■ RELIGION
l	Pastrami and rye with mus-
;	tard and a pickle. Page 3
	■ COMMUNITY

Rose Johnson retires from

38.500 EVERY THURSDAY

Davis Street.

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#### THURSDAY, JANUARY 18, 2024

# **MEETING**

#### **CITY COUNCIL**

Council meets on the first and third Monday of each month at 7:00 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro For more information, call the City Clerk at 577-3367.

#### ■ SAN LEANDRO SCHOOL BOARD

**Board meets on the second Tuesday** of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



### San Leandro Times

An independent hometown San Leandro, Ashland, San Lorenzo and Sheffield Village

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## Dry January and Beyond: How to Stop Drinking for Your Health

San Leandro Times

By Dr. Archana Dubey Special to the Times

Millions of people worlddrink alcohol for the month.

increasing their alcohol in- more clearly. take during Covid, so there is pandemic ended.

Health professionals redrinking habits, especially among women.

California ranks 34th in reporting that they drink in that may help. excess, according to United Health Foundation's 2023 annual America's Health Ranking Report.

People who consume al- your feelings cohol say improving their wellbeing is the main reason for drinking less.

#### The Health Rewards of **Drinking Less**

Keeping alcohol use to a wide are participating in the minimum allows good things health movement of Dry Jan- to start happening in your uary, simply choosing not to body. You may find that you sleep better, your mood im-Many Americans reported proves and you're able to think

Depending on the rest of concern that consumption has your diet, you may even shed remained high even after the a few pounds. You'll certainly lower your risk of several types of cancer, including port they are seeing increased throat, esophageal, breast and colorectal cancers, per the National Cancer Institute.

If reducing how much you the nation in excessive drink- drink is a personal goal, read ing, with 19 percent of adults on to learn tips and strategies

#### Tips and Strategies for **Drinking Less**

Keep a journal to track

Knowing when and why physical health and mental you reach for alcohol can help you figure out ways to cut back. But if you're unsure of

Bay-O-Vista

Yoga w/7 classes a week

group exercise classes

**New Initiation Fee (January Only)** 

W/40 classes per month of other



Dr. Archana Dubey

your reasons, keep a journal

When you feel the urge to pour a drink, jot down what is making you feel that way, whether physical or emotional. Loneliness and boredom are often big ones. You may also feel stressed, sad, anxious or irritable.

Review your journal at the end of the week and look for patterns. Once you find some common themes, you can brainstorm ideas for working around them.

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& outdoors gym

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#### **Drink Mindfully**

For many people, drinking alcohol is almost an uncon- count of four. scious habit - they drink without even thinking about count of four. it. For example, maybe you sip wine while cooking dinner for a count of four. or open a beer when you turn on the TV.

As you reach for that it, or is it just part of your to help you unwind. routine?

That's what mindful drinking is all about. If it's the latter, you can concentrate on changing the behavior pattern. If it's iting your alcohol at home, it the former, have the drink, but may be harder to stick to your stay present in the moment sit down and really savor it.

#### **Change Your Routine**

If you normally have your happy hour at 5 o'clock in the drink when you go out, or you evening, postpone it to 6:30 or 7 p.m. Distract yourself by the fact that you're consuming taking a walk, going to the less, order something nonalgym or flipping through your coholic that still looks like a favorite magazine.

You may feel the urge to practice.

#### **Try Breathing Exercises**

anxious or irritated, try dia- wiser. phragmatic breathing — also known as box breathing — action to drink less puts you before you pour a drink. This in control, so that if you do deep-breathing method calms decide to have a glass of wine the central nervous system and or a cocktail, it's a conscious can help you relax. Here's how decision, not a mindless habit. it works:

- slowly breathe out all the air effort, the health rewards from your lungs.
- 2.) Breathe in through your worth it. nose for a slow count of four. stomach, not just push out edHealthcare of California.

your chest.

- 3.) Hold your breath for a
- 4.) Exhale for another
- 5.) Hold your breath again
- 6.) Repeat the entire sequence three or four times.
- 7.) Once you're calmer and drink, give yourself a moment more relaxed, you may find to think. Do you really want that you no longer need a drink

#### **Swap Alcohol for Something Else**

Even if you do well limgoals when you socialize, especially if your friends, family and coworkers are all drinking.

If you feel pressured to don't want to draw attention to regular drink.

There are plenty of tasty drink at first, but breaking your nonalcoholic beverages to routine will help change your choose from. It can be somehabits over time. It just takes thing as simple as club soda with fresh lime, kombucha or even a nonalcoholic version of your favorite cocktail. You If you often turn to al- could order a virgin margarcohol when you're stressed, ita and nobody would be the

The bottom line: Taking

And while drinking less 1.) Sit or lie down and can take a bit of planning and for both body and mind — are

By Dr. Archana Dubey, Aim to fill your lungs and Chief Medical Officer, Unit-

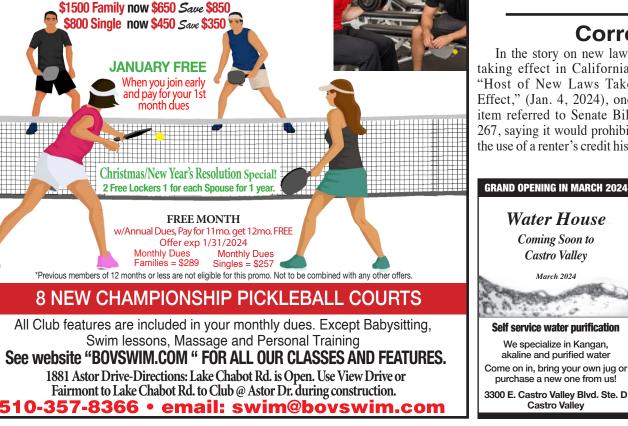
#### Correction:

the use of a renter's credit his- of their ability to pay.

In the story on new laws tory as part of the application taking effect in California, process, but it left out that the "Host of New Laws Take prohibition is just in the case Effect," (Jan. 4, 2024), one of a renter receiving a governitem referred to Senate Bill ment rent subsidy where the 267, saying it would prohibit renter can provide evidence







## **Community Calendar**

#### **Critter Quest**

See and touch live animals from Critter Quest on Thursday, Jan. 18, at 4 p.m. at the Manor Branch Library, 1241 Manor Blvd. in San Leandro. Discover why they were rescued and find out what you can do to help the animals around you. Great for school age children and their families. No registration needed.

#### **How to Spot Fake News**

The League of Women Voters along with the Contra Costa County Library and Contra Costa TV will present a free webinar called "Mis/disinformation: How to Recognize and Respond to It" on Thursday, Jan. 18, from 4 to 5:30 p.m. To register, go to https://bit.ly/4aIuBuD. This webinar will explore how falsehoods spread in today's information ecosystem and how we all can avoid them, respond and deepen our capacity for constructive civil discourse. Deanna Troust, founder of Truth in Common, will outline an approach for addressing this issue that each of us can employ. This webinar will have simultaneous Spanish and American Sign Language interpretation. Information on how to access the Zoom webinar will be sent to your email address 24 hours before the program. The library will provide closed captioning for this event. This program will be recorded and uploaded to the Library's YouTube channel after the event.

#### **Volunteer as an Adult Literacy Tutor** At the San Leandro Library

Volunteer as an Adult Literacy or ESL Tutor at the San Leandro Library. Training consists of a self-paced online orientation and three in-person workshops, which will be held Monday evenings from 6 to 7:30 p.m. at the San Leandro Main Library, 300 Estudillo Ave. The three training dates will be Jan. 22, Jan. 29, and Feb. 5. To sign up for this free training, or to be added to the mailing list for future trainings, email projectliteracy@sanleandro.org or call 510-577-3944.

#### Selma, a Docudrama

Join the library for a screening of Selma on Saturday, Jan. 20, from 1:30 to 4:30 p.m. at the San Leandro Main Library, 300 Estudillo Ave. The marches from Selma, Alabama to Montgomery secure voting rights for black Americans, shown in this docudrama set during the Civil Rights Movement which focuses on the actions of Martin Luther King, Jr. 128 minutes - Rated PG-13. A moderated dialogue will follow. For more information, call 510-577-3971.

#### Teen Programs at Both Main Library and Manor Branch Library

The Teen Lounge is open every Wednesday and Thursday from 2 to 4 p.m. at the San Leandro Main Library, 300 Estudillo Ave. And at the Manor Branch Library, 1241 Manor Blvd., Teen Zone is available every Wednesday from 12:30 to 2:20 p.m. Join the library for games, art, snacks, and fun. Open to teens in grades 6 through 12, no registration necessary.

#### **History for Kids: Redlining**

Join the San Leandro History Museum for an interpretive children's program on the history of redlining on Saturday, Feb. 3, from 1 to 3 p.m. at the San Leandro History Museum, 320 W. Estudillo Ave. This program is intended for children grades 1 through 12, however adults are welcome to join. Be prepared to actively participate in reading and movement during this program. Email historymuse um@sanleandro.org if you have any questions. Registration is required. Visit: http://tinyurl.com/redlininginslto register.

#### Friends of the San Leandro Library DVD Sale

The Friends of the San Leandro Library will host a DVD Sale on Saturday, Feb. 3, from 10 a.m. to 4 p.m.; and Sunday, Feb. 4, from 10 a.m. to 1:30 p.m. at the San Leandro Main Library, 300 Estudillo Ave. in San Leandro. Check out the large selection of DVDs at low prices. Buy 3 and get 1 for free. This sale is cash only. All proceeds benefit the San Leandro Library's programs and services.

## Chabad of San Leandro Presents NY Style Deli

## Place your order for a New York kosher deli experience

Coming back to San Leandro, Chabad of San Leandro invites you to enjoy an authentic New York Kosher Deli experience on Sunday, Jan. 28. You must pre-order by Wednesday, Jan. 24.

Corned beef or pastrami on rye with some mustard, a dill pickle on the side along with a bowl of hot chicken soup and a matzah ball. Add a potato knish and a fresh babka for and it is just heaven.



dessert with a Dr. Brown soda have been asking Rabbi Shma- The wait is almost over. ya and Sheina Shusterman

Since their last deli, people when it is happening again. to order, go to: www.jewish- chabadsleandro@gmail.com.

sanleandro.com/deli2024. If For more information and you have any questions, email

### American Legion Post 649 Monthly Meeting

American Legion Post 649 in Castro Valley meets month at 1800 (6 p.m.) for dinner, followed by the meetin Castro Valley. For more Estudillo Ave. information, call Jim Smith at 510-305-2280.

## San Leandro Democratic Club To Host Candidates' Forum

The San Leandro Dem- ballot and include those run-Lodge, 20385 Rutledge Road Leandro Main Library, 300 Court Judge Office #12, and Council.

appear on the March 5 election resentatives.

County Central Committee Candidates invited will 20th Assembly District Rep- Light refreshments will be

The people seeking the on the last Monday of every ocratic Club is sponsoring a ning for United States House District 1 seat on the San Candidate Forum on Saturday, of Representatives in District Leandro City Council are also Jan. 20, from 1:30 to 3:30 p.m. 12, State Senate District 9, As-invited, although that vacated ing at 6:30 p.m. at the Moose in the Karp Room of the San sembly District 20, Superior seat will be chosen by the City

The public is welcome.

## Volunteer for Meals on Wheels

SOS Meals on Wheels, service.

fun, and flexible, and meets a volunteers by route. pressing need in our commuand wellness check.

accordingly. We rely on our wise available. dedicated volunteer drivers to in need of service.

Each day, volunteers meet neighbors? the provider of home-deliv- either at the main kitchen keep up with the demand for Joe's on Redwood Road. Pre- or visit sosmow.org. packed coolers with chilled

The average route has 10 to nity of providing homebound 15 stops, and takes an average seniors with a nutritious meal of 1 to 2 hours, with a delivery window of 9:30 a.m. to 12:30 As seniors continue to be p.m. Routes can be driven at the fastest-growing population a frequency according to your in Alameda County, the need availability, such as once per for Meals on Wheels grows week, month, or when other-

Are you ready to join an allow us to take on new clients amazing community of volunteers who serve our older

ered senior nutrition in San on Polvorosa Avenue in San kel-Kludjian at 510-244-0165 isolation, with daily nutritious Leandro and Castro Valley, Leandro, or at the Castro Val- or via email at John@sosmow. meals, friendly visits, and conneeds more volunteers to ley delivery hub, near Trader org. For more information, call nection to support services. It

fosters the independence and ward, and Oakland.

dignity of older adults by Contact John Schin- reducing food insecurity and serves San Leandro, Castro SOS Meals on Wheels is Valley, San Lorenzo, Fremont, The work is rewarding, meals are distributed to these a 501c(3) organization that Newark, and Union City, Hay-

Adults learn to read free!



PROJECT LITERACY San Leandro Public Library 510-577-3944

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  Flexible hours
- One-on-one tutoring
  At the Library or online

## **Take Off Pounds Sensibly**

Pounds Sensibly) for the Street in Castro Valley. support you need to start ney. TOPS is a non-profit 299-7312. weight loss support group a.m. at the United Method- to lose?

Join TOPS (Take Off ist Church, 19806 Wisteria

For more information, your weight loss jour- call Sandy Montero at 510-

Join for fellowship and that meets on Fridays at 9 support. What do you have



San Leandro Times THURSDAY, JANUARY 18, 2024

# Creating Tomorrow's Leaders Today

# A Few Pointers for Parents on Handling Screen Time

(NAPSI)— Time off from school—but there are ways to school conjures images and feelings of warmth, comfort, and joy. In many families with children, however, parents worry about the amount of time their kids will spend online during time off from

address those concerns.

The same concerns occur to many parents as they look at their kids, eyes glued to their screens: "What exactly are they doing? Are they safe? Am I supervising them enough?"

"These are questions many parents ask, particularly during the holidays when the kids are home from school and have more time on their hands," said Tami Bhaumik, Vice President for Civility

at Roblox. "Understandably, there are a lot of parents who just aren't as familiar with the online world as their children are. They want their kids to have fun online, but they also want them to be safe."

According to Bhaumik,

there are simple things that parents can do to help keep their kids safe and to empower them by building digital literacy skills that will support them for the long term.

"Parents want to gain a better understanding about

their children's online experience, but many aren't sure where to start or what information to trust," said Dr. Michael Rich, founder and director of Boston Children's Hospital's Digital Wellness Lab (who worked with Bhaumik and Roblox, along with 100 global safety experts, researchers, and clinicians to author the white paper "Creating a Positive Foundation for Greater Civility Online Spaces").

The good news, according to Bhaumik and Rich, is that parents are not alone and there are a number of things parents can do to create an enriching, healthy online experience for their kids.

#### What You Can Do

Open Communication: Foster an open and non-judgmental line of communication with your children from a young age. Encourage them to share their online experiences, friends, and concerns with

• Stay Informed: Check out the latest online trends, apps, and games. Understanding the digital landscape will help you guide your children effectively.

• Set Clear Boundaries: Involve your kids in setting the rules for screen time, appropriate content, and their online behavior. Partnering with your children to set the rules can reduce friction.

• Use Parental Controls: Implement parental control settings on devices and apps to customize protections

see PARENTS, page 5

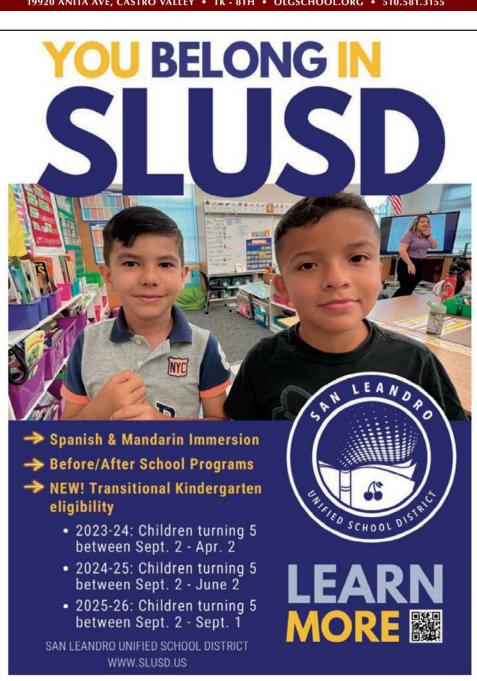


There's going to be "a whole lot of shakin' going on" at the Castro Valley Center for the Arts, 19501 Redwood Road, on Saturday, Feb. 3, at 7:30 p.m. as Jared Freiburg featuring the Spinouts returns by popular demand.

For tickets: cvartsfoundation.org or call 510-889-8961 Parking is free. Bart is in walking distance.

Jared and the Spinouts, a San Francisco-based 3-piece band, celebrate the big names of the '50s and '60s. They celebrate Elvis to Sinatra with a healthy serving of Jerry Lee Lewis and the Big Bopper.







#### **Castro Valley**

Elementary Campus 1st to 6th Grades

**Family Open House Elementary Prospective** Thurs., Feb. 1 · 6pm

2652 Vergil Ct. Castro Valley, CA 94546

#### Hayward

Secondary Campus 7th to 12th Grades

**Family Open House Secondary Prospective** Wed., Feb. 7 · 6pm

951 Palisade St. Hayward, CA 94542

(510) 370-3334

www.haywardtwinoaks.org



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PHOTO BY JOHN SMITH BEESON

## **Nice Golf Shot**

John Smith Beeson snapped this photograph last Wednesday at the Monarch Bay Golf Course in San Leandro where a little rain mixed with the sunlight.

#### On this Day in History – January 18

1943: To save on the costs of labor and equipment, the United States banned the sale of presliced bread during World War II.

## **CHILDREN'S MONTESSORI ADVENTURE**

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## Parents: Explore together

continued from page 4 around access to age-appropriate content, privacy protections, and spending limits.

- Explore Together: Engage in your children's online activities. Play video games with them, explore educational apps, and understand their social media platforms. This shared experience can strengthen your bond and allow you to guide them effectively.
- Balance Screen Time: Recognize that not all screen time is bad. Ask your children which online experiences make them feel happy or connected and make a plan together that encourages this meaningful screen time in balance with other activities.

• Be A Good Role Model: Not using your devices at the dinner table, putting your phone down when speaking with your children, and not taking your phone to bed help demonstrate healthy boundaries with tech.

In addition to these recommendations, Bhaumik counseled, "Helping your child navigate the online world is reinforcement of healthy habits. By staying involved, informed, and supportive, you digitalwellnesslab.org.

can help your kids develop a healthy relationship with the digital world and set them up for a positive future."

"Digital experiences present a ripe opportunity to engage with your kids," said Rich. "Kids love to share things and to teach adults. If it's something they can share with their parents, it makes the experience even more an ongoing process of positive enriching, which would be an extra gift for everyone."

For further civility, visit



# **WOODS SCHOOL**

. . . . . . . . . . . . . . . . . .

**Prospective Elementary Families** Open House For 2024-2025 School Year

#### **ELEMENTARY OPEN HOUSE**

Meet and Greet our Team of Teachers and Explore the Dynamic Curriculum, Lessons & Activities

Visit www.woodroewoods.org to complete an RSVP

Wednesday, January 31st 6:30PM Kindergarten and 1st Grade

Wednesday, January 31st 7:00PM Grades: 2nd/3rd and 4th/5th

Event will be held in the prospective classroom. **Adults only**, **please.** In addition to a first hand glimpse inside our classroom, we will have handouts detailing our curriculum, schedules and special programs.

750 Fargo Ave., San Leandro • 510.582.3273





### **Sunday, January 28th 12:00PM - 2:00PM**



If you are unable to attend Open House we will have a Parent Information Night on Thursday, February 22, 2024 at 6:00PM. For more information call the school office or visit our school website.

Call: (510) 351-4144 www.stleanderschool.org



### REDWOOD CHRISTIAN SCHOOLS

6-8pm | January 29th 19300 Redwood Road | Castro Valley

#### Please RSVP



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## Homes

# EAL ESTATE GALLERY



## REAL ESTATE REALI

**GUEST COMMENTARY** 



## Eastern Cities Show Potential Investment Opportunity

By Carl Medford, CRS Special to the Times

uyers struggling to buy a home in the San Francisco Bay Area may have a wait ahead of them: even though interest rates are projected to decrease slightly in the next few months, the

to buy will keep prices high. For those who want to own real estate but the current local conditions make it impossible, there may be another solution.

Zillow's annual housing trends report indicates they believe the markets with the highest buyer demand over

current lack of available homes the next few months will be as

- Buffalo, New York
- Cincinnati, Ohio
- Columbus, Ohio
- Indianapolis, Indiana
- Providence, Rhode Island
- Atlanta, Georgia

- Charlotte, North Carolina
- Cleveland, Ohio
- Orlando, Florida
- 10. Tampa, Florida

If this is true, then we can expect buyer demand to begin pushing values up. This would make these regions ideal for those looking to buy investment properties. For those who cannot afford local purchases, the cities listed above could be a great place to begin home ownership.

As an example, Realtor. com shows the following for Buffalo, NY:

'In December 2023, the median listing home price in Buffalo, NY was \$174.9K, trending up 12.8% year-overyear. The median listing home price per square foot was \$124. The median home sold price

was \$190K."

Not only are homes affordable, but the 12.8% gain last year is nothing to sneeze at. In contrast, Realtor.com states the following for San Leandro for the same period:

"The median listing home price in San Leandro, CA was \$749.5K in December 2023, trending down -4.2% yearover-year. The median listing home price per square foot was \$576. The median home sold price was \$800K."

The bottom line is this: if you cannot afford to get into the local market, you might qualify to buy a home in one of the markets shown above. While the thought of owning a home in another part of the country may be daunting, a

good property manager can effectively run the property for

The key to investments such as this is to ensure you have positive cashflow. You can work with area realtors to search for properties that meet these criteria and, instead of having your funds in low-return CDs or the like, you can get them working for you in real estate. At some point you can convert to a primary property or continue to build your portfolio.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Associa-





510.682.5665 julie@redoakrealty.com juliecuellas.com



**GREG NOVAK** 510.472.4770 greg@redoakrealty.com gregnovakrealtor.com



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## **Mortgage Rates Continue to Hover in** the Mid-Six Percent Range

Mortgage rates have not moved materially over the last three weeks and remain in the mid-six percent range, which has marginally increased homebuyer demand. Even this slight uptick in demand, combined with inventory that remains tight, continues to cause prices to rise faster than incomes, meaning affordability remains a major headwind for buyers. Potential homebuyers should look closely at existing state and local resources, such as down payment assistance programs, which can considerably help defray closing costs.

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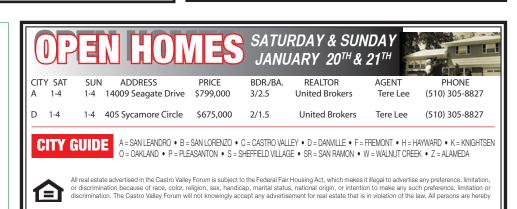
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## Senior Q&A: What Will Happen to My Medicare Premium If I Sell My House?

Q. I am in my 70's and receiving Social Security and Medicare. I am considering selling my home and moving into a Senior Living facility. I heard that the sale might affect < 200,000 Improvements; my Medicare premium and Social Security benefits. Can you shed any light on this?

By Gene L. Osofsky, Esq. SPECIAL TO THE FORUM

A. I believe so, and you heard correctly if you anticipate capital gain from the sale. Your Medicare premiums now adjust based upon your income, so if your income goes up, so does your Medicare premium. Medicare calls this the "Income-Related Monthly Adjustment Amount" and often refers to this by the acronym "IRMAA". The relevant income is called Modified Gross Income ("MAGI") on your tax return, and includes capital gain. As you may know, capital gain on the sale of your home is the difference between income affects the Medicare your net sales price and the following: your original cost plus improvements, less the \$250K per person exemption (assuming that you qualify for the exemption by having lived in the home at least 2 of the 5 years before sale). By way of example: If you purchased your home many years ago for, say, \$125K, put in \$200K in improvements, and your net proceeds from sale are \$1.4

million, here is a rough estimate of your capital gain:

\$1,400,000 Net sales price after selling expenses;

- < 125,000 Original Cost;
- < 250,000 Tax Exemption;

\$825,000 Capital Gain.

That gain would be included in your MAGI and reported on your tax return. Two years later, the Medicare folks would use that increased income and adjust your Medicare premium upward for one year. See the chart below. Since your Medicare premiums are deducted from your Social Security benefit, this adjustment would result in your receiving a reduced Social Security benefit each month.

But, it would likely only be for one year, starting two years after the year in which you report the gain on your tax return, and should therefore adjust back to your "true" income every year thereafter. Here is a chart showing how MAGI Part B and Part D premiums for a single individual in 2024, and for married persons filing a joint return (see box below).

Also note that switching from original Medicare to a Medicare Advantage Plan may lower your part B Premium, and therefore what you pay each month due to IRMAA, but switching means giving up certain benefits of Original Medicare, so consider

this trade-off carefully before making the switch. Further, if you believe that Medicare has



made a mistake in adjusting your premium, you can appeal based upon a significant Life Changing Event (such as death of a spouse). Search the social security website (SSA.Gov) for Form SSA-44 for more detail.

Before you list your home for sale, you might also review this issue with a financial planner to see whether other options may present in your situation. Good wishes.

Gene L. Osofsky is an elder law and estate planning attorney who has been helping East Bay families for over 30 years. Please visit his website at www.LawyerForSeniors.com or call: 510-247-2555.

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### Please join us for a Recreation and Parks Master Plan visioning workshop!

¡Por favor, únase a nosotros para un taller de visión del Plan Maestro de Recreación y Parques! 请加入我们娱乐和公园总体规划愿景研讨会!

# BETTER TOGETHER, OUTSIDE

The Parks Master Plan will set a vision for San Leandro's park system, aligning with the City's General Plan and core values. It aims to balance open space, enhance existing parks, diversify recreation, explore joint-use agreements for expanding acreage, and create memorable community spaces. Please join us for a drop-in open house workshop!

El Plan Maestro de Parques establecerá una visión para el sistema de parques de San Leandro, alineándose con el Plan General y los valores fundamentales de la ciudad. Su objetivo es equilibrar los espacios abiertos, mejorar los parques existentes, diversificar la recreación, explorar acuerdos de uso conjunto para ampliar la superficie cultivada y crear espacios comunitarios memorables. Por favor, únase a nosotros para un taller de puertas abiertas sin cita previa.

公园总体规划将为圣莱安德罗的公园系统设定愿景,与市的总体规划和核心价值 观相一致。它旨在平衡开放空间,增强现有公园,丰富娱乐活动,探索共用协议 以扩大占地面积,并创建令人难忘的社区空间。请加入我们的随时欢迎您的开放 日研讨会。

## **City-Wide Workshop** Taller a Nivel de la Ciudad

全市研讨会

Saturday, February 10th Sábado, 10 de febrero 10am - 1pm

10am - 1pm

二月十日星期六 上午10点 - 下午1点

Marina Community Center 15301 Wicks Blvd San Leandro, CA



#### Want to talk specifically about the future of Washington Manor Park? Join us for this drop-in open house:

Desea hablar específicamente sobre el futuro del Parque Washington Manor? Únase a nosotros para esta jornada de puertas abiertas sin cita previa: 想要专门讨论Washington Manor Park的未来吗? 请加入我们参加这个随时欢迎您的公开研讨会:

Saturday, January 27th Sábado, 27 de enero 一月二十七日星期六 上午10点 - 下午1点 10am - 12pm

Marina Community Center 15301 Wicks Blvd San Leandro, CA

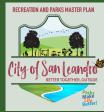
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<u>Patrick Vadnais</u> at 510-614-1560, Mon-Fri 9 a.m. - 1 p.m.

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# HOME SERVICES



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### LEGAL NOTICES

**MELISSA WILK** 

December 14, 2023 County Clerk ALAMEDA COUNTY , Deputy FILE NO. 602807

FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and **Professions Code** Sections 17900-17930 he name of the business(es):

COM Inc., located at 633 E 14th Street 100 San Leandro, CA 94577, Alameda ounty, is hereby registered by the folowing owner(s): Professional Commerial Office Management Inc., located at 33 E 14th Street #100 San Leandro, CA 4577. This business is conducted by a orporation. This business commenced

Alexander Lithgow his statement was filed with the Coun-Clerk of Alameda County on date inicated by file stamp above xpires December 13, 2028

**MELISSA WILK** 

:/Mei Chhun

December 15, 2023 County Clerk ALAMEDA COUNTY Deputy FILE NO. 602832

FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and **Professions Code** Sections 17900-17930

he name of the business(es): likker's Donuts, located at 1321 lacArthur Blvd., San Leandro, CA 4577. Alameda County, is hereby regtered by the following owner(s): Mei hhun., located at 611 Dolores Ave., an Leandro, CA 94577. This business conducted by a Limited Liability artnership. This business commenced 2/15/2023

his statement was filed with the Coun-Clerk of Alameda County on date inicated by file stamp above. xpires December 14, 2028

FILED MELISSA WILK

December 12, 2023 County Clerk ALAMEDA COUNTY -, Deputy FILE NO. 602728

**FICTITIOUS BUSINESS** NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Hottie Body, located at 2050 Eveleth Ave San Leandro, CA 94577. Alameda County, is hereby registered by the following owner(s): Ricki Davis, located at 2050 Eveleth Ave San Leandro, CA 9457. This business is conducted by An Individual. This business commenced

/s/Ricki M. Davis

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above Expires December 11, 2028

JAN 04 .11, 18, 25, 2024 1070-SLT

MELISSA WILK

December 1, 2023 County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 602400

FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and **Professions Code** Sections 17900-17930

The name of the business(es): Precise Built Construction, located at 829 Webster Street APT 505, Hayward CA 94544. Alameda County, is hereby registered by the following owner(s): Roberto A, Figueroa, located at 829 Webster Street APT 505, Hayward CA 94544. This business is conducted

menced N/A /s/Roberto A, Figueroa

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires November 31, 2028

by An Individual. This business com-

JAN 04,11, 18, 25, 2024

FILED MELISSA WILK

December 21, 2023 County Clerk ALAMEDA CÓUNTY -, Deputy FILE NO. 602952

FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Generations Notary Service, located at 62 Oakes Blvd #6 San Leandro, CA 94577 / P.O. Box 2355 San Leandro, CA 94577. Alameda County, is hereby

registered by the following owner(s): Jennifer Neira Heystek, located at 62 Oakes Blvd #6 San Leandro, CA 94577. This business is conducted by An Individual. This business commenced 12/21/23

/s/Jennifer Neira Heystek This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above

Expires December 20, 2028 December 21, 2023 MELISSA WILK

County Clerk ALAMEDA COUNTY FILE NO. 602953 FICTITIOUS BUSINESS

NAME STATEMENT Pursuant to Business and **Professions Code** Sections 17900-17930

The name of the business(es): Generations Midwifery Service, located at 62 Oakes Blvd #6 San Leandro, CA 94577 / P.O. Box 2355 San Leandro, CA 94577. Alameda County, is hereby registered by the following owner(s): Jennifer Neira Heystek, located at 62 Oakes Blvd #6 San Leandro, CA 94577. This business is conducted by An Individual. This business commenced

12/21/23 /s/Jennifer Neira Heystek This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires December 20, 2028

FILED MELISSA WILK

December 07, 2023 County Clerk ALAMEDA COUNTY -, Deputy

FILE NO. 602953 FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and

**Professions Code** Sections 17900-17930 The name of the business(es):

Wild Ladybug Creations, located at 62 Oakes Blvd #6 San Leandro, CA 94577 P.O. Box 2355 San Leandro, CA 94577. Alameda County, is hereby registered by the following owner(s): Jennifer Neira Heystek, located at 62 Oakes Blvd #6 San Leandro, CA 94577. This business is conducted by An Individual. This business commenced 12/01/23

/s/Jennifer Neira Heystek This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires December 06, 2028

JAN 11, 18, 25, FEB 01, 2024

FILED MELISSA WILK

December 29, 2023 County Clerk ALAMEDA COUNTY , Deputy FILE NO. 603102 **FICTITIOUS BUSINESS** 

NAME STATEMENT Pursuant to Business and **Professions Code** Sections 17900-17930

The name of the business(es): Yan&O, located at 197 Medford Ave Hayward, CA 94541. Alameda County, is hereby registered by the following owner(s): Oliverio Soto Linda, located at 97 Medford Ave Hayward, CA 94541. This business is conducted by An Individual. This business com-

/s/Oliverio Soto Linda This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above

menced 12/12/23

Expires December 28, 2028 JAN 11, 18, 25, FEB 01, 2024

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Fri., Jan. 19, 2024 7:00 PM



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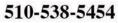
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### **ACROSS**

49

#### Essence Sprint

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Weed whacker Part of a French play

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17 Kanga's kid 18 Hindu hero 19 21 Mature, as fruit Laugh track sounds

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DOWN

"How frustrating!"

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Show to a seat, slangily

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Soccer star Mia

24 Priests' garments 27 Runner Sebastian

Moth repellent

Nobel-winning Mother Highland hat

Ran in the wash 40

45 Refusals

34 Vichy water

41 Nashville venue Outback bird

San Leandro Times THURSDAY, JANUARY 18, 2024

## Davis Street CEO Johnson Retires; Son Named New CEO

By Michael Singer San Leandro Times

Center CEO Rose Padilla together." Johnson retired last week,

It has been an honor and a privilege to lead Davis Street and work alongside such a talented team.

future.

a labor of love," Johnson said. mental disabilities. "It has been an honor and a privilege to lead Davis Street what can happen when you put and work alongside such a your heart and your head into

Davis Street Community what we have accomplished

Starting as a ministry of After 32 years of leading the San Leandro First Christian social services organization. Church on Davis Street, the But Johnson said the lead- founders established a 501(c) ership team she leaves behind (3) and a tiny staff in the will continue to provide for early 1990s to acquire federal people in need far into the funding. Johnson was hired as the non-profit's first CEO and built Davis Street into an organization with a \$24 million annual budget and more than one hundred employees.

The center serves more than 15,000 low-income families in the San Leandro and Eden Areas and surrounding communities. Programs include a Federally Qualified healthe center and clinic, providing medical, dental, and behavioral health services; Rose Padilla Johnson emergency food and clothing services; subsidized childcare; "I'm feeling a range of and referrals; four childcare emotions. Everything from centers; and programs for super excited to nervous. It's adults living with develop-

"Rose is a testament to talented team. I am proud of solving big problems," said





PHOTOS COURTESY OF DAVIS STREET

housing and utility assistance Daniel Johnson took the helm of the Davis Street Community Center last week after his mother, Rose Padilla Johnson retired.

Gordon Galvan, Chairman Leandro." of the Davis Street board of

In 2018, Johnson was emdirectors. "Her leadership, broiled in a public controversy resourcefulness, and calculat- when she accused then-San ed risk-taking are what made Leandro City Manager Chris Davis Street the essential Zapata of sexual harassment provider of services for San and of retaliation when he demanded that she repay a \$1.5 million city loan to Davis Street. But an investigation by a law firm hired by the city found the facts did not support Johnson's allegations.

> On the same day as her retirement, the board of directors named Daniel Johnson as Davis Street's new chief executive officer. Johnson, who is Rose's son, has served for the past seven years as Davis Street's director of operations, Deputy CEO.

porarily during the pandemic. true and an impact on so many site (www.davisstreet.org).

Coming into Davis

Street was a chance to use my skills and it's been a dream

come true.

Daniel Johnson

"I spent a lot of time volthen later as chief operating unteering at the center, and Johnson says he's now emofficer, and most recently as I thought about becoming barking on a listening tour of a teacher and even went to Among his many accom- school for a teaching credenplishments, Daniel Johnson tial, but I ended up getting a led the agency's response to job with Sutter Health's 'Care the COVID-19 emergency, at Home' program and focused where nurses at the center vac- on that instead," Johnson of the community," Johnson cinated some 14,000 people. said. "Eventually, coming into Johnson said by this summer, Davis Street full time was a he hopes to reopen the child chance for me to use my skills, center that was closed tem- and it's been a dream come munity Center, visit their web-

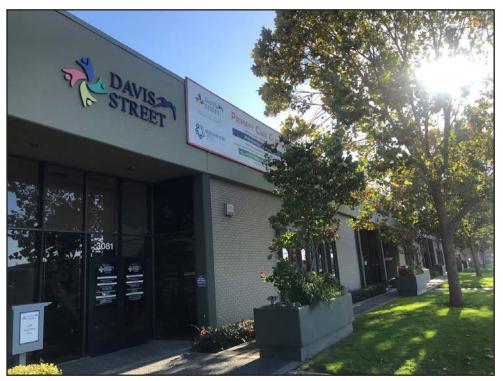
He recounts an interaction around 2006 during the center's annual holiday basket program where each family gets a turkey dinner and toys for their children.

"I was handing out these gifts to parents, and I remember this woman broke down in tears when I put a bicycle in her trunk," Johnson said. "I thought I made her sad, but she said it was tears of joy because she said she would not have otherwise been able to afford a bike for her child. I thought to myself that this person's life is completely different because of Davis Street."

With his new title as CEO, the community and improving all aspects of the services at Davis Street.

'We're here because of the community and exist because

For more information about the Davis Street Com-



Davis Street began in a small office on Davis Street and as it grew over the years it moved into much bigger quarters on Teagarden Street.

## Seniors Invited to **Fall Prevention Program**

Fall Prevention Program

Spectrum's Community Walk With Ease classes focus trumCS.org.

Calling All Seniors: Fall on self-motivated walking to into safety with Spectrum's boost strength and ease arthritis symptoms.

Classes run from Jan. 2 Services Fall Prevention Pro- to March 22 at the Chergram is accepting registration ryland Community Center, for its winter classes. The En- San Leandro Senior Center, hanceFitness classes offer ex- or virtually via Zoom. Call ercises addressing strength, 510-881-0300 (Option 6) or balance, and flexibility. The register online at www.Spec-

## Pets of the Week



Roscoe

The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are both dogs, a pitbull mix and a German shepherd mix.

Roscoe is a 1-year-old pitbull mix. He is looking for that sweet person who knows exactly how to handle a couch Hippo. Roscoe would benefit from confidence building and basic obedience. He would do best with



**Belinda** 

older kids and up.

Belinda is a 10-month-old German shepherd mix. She is compact, fun and full of energy. Belinda would love to go on hikes, runs, or any other adventure your family is game for. She would do well in a home with teens and up.

To meet or adopt Roscoe or Belinda, call the Hayward Animal Shelter at 510-293-7200.

San Leandro Times THURSDAY, IANUARY 18, 2024

## Bond: Mayor Juan Gonzalez and many other city leaders supports bond measure

continued from front page

reconfigured for safety would annually. also be funded if the bond measure passes.

\$343,472,019.

The ballot measure says community they serve. there will be "no increase in current estimated tax rates."

## League of Women **Voters Forum** On Fake News

The League of Women Voters along with the Contra Costa County Library and Contra Costa TV will present a free webinar called "Mis/ disinformation: How to Recognize and Respond to It" on Thursday, Jan. 18, from 4 to 5:30 p.m.

To register, go to https:// bit.ly/4aIuBuD.

This webinar will explore how falsehoods spread in today's information ecosystem and how we all can avoid them, respond and deepen our capacity for constructive civil discourse.

Deanna Troust, founder of Truth in Common, will outline an approach for addressing this issue that each of us can employ. This webinar will have simultaneous Spanish and American Sign Language interpretation.

Information on how to access the Zoom webinar will be sent to your email address 24 hours before the program. The library will provide closed captioning for this event.

This program will be recorded and uploaded to the Library's YouTube channel after the event.

#### Resolve to Lose Weight

Join TOPS (Take Off Pounds Sensibly) for the support you need to start your weight loss journey. TOPS is a non-profit weight loss support group that meets on Fridays at 9 a.m. at the United Methodist Church, 19806 Wisteria Street in Castro Valley.

For more information, call Sandy Montero at 510-299-7312.

to San Leandro High School per \$100,000 of assessed ber Lee Thomas, teachers bond measure isn't. and administrative offices valuation, raising \$12 million union President Tom Morse,

in a ballot measure argument

career education.

Similar ballot arguments

and former mayors Ellen Cor-Mayor Juan Gonzalez said bett and Stephen Cassidy.

Arguments against the The bond needs 55 per- in favor of the measure that measure were filed by the cent of votes to pass. The tax teacher and staff housing Alameda County Taxpayers would extend to 2055 and the would help the district stay Association, President Marcus estimated total repayment cost competitive in attracting ed- Crawley and Vice-President with interest its estimated to be ucators and would also let Thomas Ruben. They said faculty and staff live in the that inspectors had found no problems with current school He also wrote that the bond buildings, that some potential would let the district repair projects were only vaguely Though the measure would deteriorating roofs, plumbing described, that cumulative and electrical systems on property tax levels including buildings that are often quite from previous bond measures old, while funding the latest would be too high, and that technology for instruction and school districts should not be in the housing business.

> Crawley and Ruben argued were made by other back- that school bonds should only ers including several school be for school facilities, and board members, District 5 that while building teacher City Councilmember Xouhoa housing is legal, mixing it with

levy an average of \$37.28 Bowen, former Councilmem- school facilities in the same

They also argued that going so far into debt raised the amount that must be paid in interest, mostly benefiting banks and the construction industry rather than schoolchildren.

#### SANTOS-ROBINSON MORTUARY Supporting Local Churches and Families for Over 90 Years **FAMILY FUNERAL AND CREMATION** OWNED **PROFESSIONALS** Traditional Services • Cremation Options Pre-Arrangements Serving All Faiths and Cultures

### Walter Witkowski

**510-483-0123** 

www.santos-robinson.com

On December 2, 2023, Walter Witkowski passed peacefully from this world into the hands of God. Born in Trier, Germany, in 1930, he was the second oldest son of nine children. Being young during time of war in Germany was not easy but Walter helped support his family while still attending school. After the war ended, Walter left Germany with his brother Paul to go to Edmonton, Alberta Canada to pursue work opportunities. It was there in Canada, he married his one and only love, Gerlinde Beischlager. After many very cold winters in Edmonton, Walter and Gerlinde took their young son and followed Aunt Kathe to California.



They settled in San Leandro and made it their home for the rest of their lives, raising their son and daughter in Washington Manor. Walter was a master craftsman in woodworking and worked in the Carpenters Union many years. Walter retired early to enjoy his own cabinetry business, gardening, driving his Vespa and going on cruises with Gerlinde. He also was always into natural health and being a good neighbor. In his retirement, he also rediscovered his passion for table tennis. Going back to training and taking a class at Chabot College, Walter got into local and national tournaments, getting a personal coach, and traveling extensively for tournaments. Walter was the Senior Olympic Champion for his age group as well as the CA State Champion many years over and was never shy to show you, his medals. Walter loved being a part of the Senior Center in San Leandro and San Lorenzo. We are very proud of Walters accomplishments.

Sadly, after 63 years of marriage, he lost his wife in November 2023. 23 days after, Walter went to join his wife. He is survived by his son Walter Roy (Stephanie) and daughter Susan Kathe, his grandsons Matthew (Chandra) and Nathan (Katie) and 4 great grandchildren. He also leaves behind 2 sisters and a brother in Germany and Switzerland. Walter was deeply loved and will be missed very much.

There will be a rosary and mass celebration of life for Walter & Gerlinde on Friday January 19, 2024, at 11:30am. The celebration will be held at Holy Sepulchre in Hayward.

## Richard G. Covell

December 10, 1940 ~ December 29, 2023

Richard (Dick) Covell, resident of San Leandro and long-time resident of Castro Valley, passed away at home in San Leandro at the age of 83. A Navy Veteran and avid 49'er fan, Dick is survived by loving wife Sandi, children Dennis (Annalou), Heather (Monty), and Kevin. Beloved grandfather to Jimmy (Elizabeth), Brian, Sarah, Josh, Connor, and Alani.



Great grandfather to Isabella, Lucas, and Oliver. Dearly missed by loving family Mary, Linda, Susie, Mike, Frank, and Ron and Pat, many loving nephews and nieces, and friends too numerous

Services for Richard will be held Thursday, Jan. 25, at 1 PM at Chapel of the Chimes, Piedmont.

The Covell Family wishes to extend special thanks to Alameda Co. Fire Captain Steve O'Neill, Engine 13, and paramedics, and SLPD Officer May and Chaplain Sue Kuipers for their compassionate assistance to our family

## Gerlinde Beischlager Witkowski

Gerlinde Beischlager Witkowski was born in January 1939 in Vienna, Austria. The days of her youth were not easy, impacted by the war but blessed by a foster family who loved her and ensured her safety and schooling and her mother and father and her sisters who stayed in contact and followed her journey. She followed her Aunt Kathe to Edmonton Alberta Canada for job opportunities. In Edmonton, she also met her husband to be, Walter. Walter lived next door and knew Gerlinde was the one. After many cold winters in Edmonton and getting married and having their son, Walter Roy. They once again followed Aunt Kathe to San Leandro, CA. It was here in San Leandro that Gerlinde spent most of her life. They



welcomed a daughter, Susan and raised their family in Washington Manor. Gerlinde was a kind and generous person who had a great wealth of friends over the years. She was someone special to be around, with a warm heart and a contagious big smile.

Gerlinde truly enjoyed her family and friends. Her love of travel included trips home to Austria, visits to see her grandsons, cruises with her husband and road trips with her best friend in search of new scenery and Indian casinos. She loved bingo, baking, helping anyone she could and being a fantastic wife, mom, and Oma. She always had so much love in her heart, and we miss her very much.

After a long 17-year battle with MS, Gerlinde is now pain free and at peace. On November 9, 2023, God called Gerlinde home. She spent her final days surrounded by her loved ones. We are forever grateful for the care Gerline received by the staff at Hayward Healthcare and Kaiser Permanente in helping her be a Warrior!

Gerlinde was survived by her husband, Walter Witkowski. Walter joined his beloved Gerlinde 23 days after her passing on December 2nd. She is survived by her son, Walter Roy (Stephanie), daughter Susan Kathe, grandsons Matthew (Chandra), Nathan (Katie) and 4 great grandchildren. Also, her sisters Jutta and Eva and their spouses among other cousins in Austria.

There will be a rosary and mass celebration of life for Gerlinde on Friday January 19, 2024, at 11:30am. The celebration will be held at Holy Sepulchre in Hayward.

## Earl "Tom" Brown Jr.

September 30, 1947 ~ November 15, 2023

Earl "Tom" Brown Jr., 76, died peacefully at his home in San Leandro on November 15, 2023. Tom was a joyful, gifted, and creative man who will be missed by his children, grandchildren, sister, family and friends around the world. To read more about his life visit TheStoryofTom.com.



1960s Bay Area music scene, managing the Spyders and the first lineup of Tower of Power. Over his 40-year career, he owned nightclubs and restaurants like The Fabulous 50s, The Chili Bowl, and the Minnow, bringing acts like Otis Redding and Mary Wilson to East

A Celebration of Life with live music will be held February 18, 2024, 1:00 PM at the Hayward-Castro Valley Moose Lodge, 20835 Rutledge Rd, Castro Valley. In lieu of flowers, donate to muttville.org.

San Leandro Times THURSDAY, JANUARY 18, 2024

## Scores: 'When everybody's there, everybody learns more'

continued from front page missing more than 10 percent she said. of classes) dropped last year, pre-pandemic levels.

attendance," Dr. Patel said.

When the district has tial Assessment. looked into attendance prob-

added.

Efforts to help some very youth. challenged students learn betyear, she said.

their scores improving, and the year is quite unusual.

one that's left is the smallest senteeism (defined as a child of the five original groups,"

> Districts are required to services to raise test scores groups falling under Differen-

Based on 2021-22 test relems, they find that sometimes sults, the state had mandated families keep a child home Differential Assessment on toward a more case-manage- intendent said. for something pressing like students who were home- ment approach to look at those a medical appointment, but less, had a disability, were individual and family needs, sults were positive, Patel sometimes it's not very press- African-American or Pacific especially for foster youth" Islanders, and who were foster she said. "Research shows that youth. Academic improvewhen everybody is there, ev- ments moved each of those times several struggling chil- in math performance for each erybody learns more," Patel groups out of the category for this year, except for foster

Patel said at the January ter bore some fruit in the past 9 school board meeting that educators at the county and "We were able to move state level see moving one four out of five student groups student group out of that status with low test results out of a represents an achievement state-mandated Differential for that district, but moving Assessment category due to several groups out in a single

are the smallest of those needed outside appointment student groups," Patel said. for her own daughter, who "We're planning to get to attends San Leandro schools, it still isn't back down to provided special intensive know each of them very well." was ironically a good thing.

Individual circumstances "Everything starts with and boost learning for student matter for students having a there was something going hard time learning, but so do on at school she just couldn't family circumstances, accord- miss. We're striving to make

family, but may attend differapproach to their issues may particular school.

may have helped boost the test math. scores, Patel said. Summer student who thought it could would help were individually later on, she said. invited to attend.

helped students learn more we've known that in many affectively in their studies, schools, long before the pan-Patel said. So did teachers and staff doing "action research" as to what teaching methods grade. We haven't totally worked best with their particular group of students.

'This means letting teachers make their own decisions what might work better, and what wasn't working well and should be dropped, without they learn in their everyday requiring central approval," Patel said.

She said they also looked at what kept students from learning, both in their self-image and in issues out of the classroom, as well as what attracted them to school and

'We found that our peerto-peer counseling, or peacemaking, program helped reduce tensions among students that made some of them stav home sometimes," Patel said.

"We also found that everything had to work together to make kids want to come to school," she continued. "Even what's on the lunch menu that day can have an effect."

hooks that connect together

floor to make sure anything is learned, they also need a ceilstudents, she said.

'We need you here every the notification. day and we're going to do things every day, that would aware of the transfer can conmake you want to be there," said Patel.

"Fortunately, foster youth ing time she had making a

"Every day I brought up, all students feel like that, "We're trying to move though," the assistant super-

Not all the state test resaid. They showed that while San Leandro held its own Patel explained that some- against comparable districts dren come from the same grade, the percentage of students meeting state standards ent schools. A family-centered dropped with each successive grade. This wasn't only for be more effective than one San Leandro, but it does make involving only each child's the district want to know what is happening to block learning Some innovations last year as a student progresses in

Math learning is cumulaschool had been open to any tive, more so than some other subjects, and students missed help, but this year students gaining some skills during the who educators were sure it pandemic which hurt them

"But it's not the whole A push for early literacy explanation, either. For years demic, math learning begins to slow around fourth or fifth figured out why," said Patel.

"We tell the student that we use math, and science, every day just being human. We're always 'mathing,'" she said.

"We want them see what lives, getting excited and wanting to know more," Patel

## **Protesters Shut Down City Council Meeting**

By Jim Knowles

Leandro City Council.

ing, the council moved to (in another room)." another room at City Hall. Mayor Juan Gonzalez called cussing business but there for retreating to another room was more yelling from the after people began shouting audience. from the audience in the council chambers.

many people had spoken Gonzalez said. during the public comment in the war between Israel meeting continued via Zoom. and Hamas. Although such a proclamation would merely on to discuss the upcoming be a show of support - the selection of another council San Leandro City Council member to replace the seat doesn't have much authority vacated by Celina Reynes. over military operations in the Middle East.

bers said they understood the attend - the council memspeakers views on the war, but bers' voices were barely unadded that it's a very compliderstandable from the small cated issue.

period, the City Council began everyone. moving on to another item on

"We have to follow a pro- ference call on Zoom. cess, we have an agenda," Gonzalez told the audience. 16 meeting was canceled. The "No more disruptions. There next meeting will be on Feb. 5.

Protesters shut down the have been multiple disruptions January 2 meeting of the San in this meeting. If the disruptions continue, we will take a Halfway through the meet- vote to continue our meeting

The council resumed dis-

"Okay, at this point I take a motion to discontinue our Earlier in the meeting, meeting and meet elsewhere,"

The council voted yes to portion, calling for the counmeet elsewhere, and then the cil to make a resolution for council took a recess and met a ceasefire in the Gaza Strip in a smaller room where the

The City Council went

But for anyone who wanted to attend the meeting - and Some of the council mem- Zoom was the only way to room where the microphone After the public comments seemed to be a long way from

Reynes' council seat is the agenda. But some of the vacant. Councilwoman Bowen people in the audience kept attended the meeting by telecalling out for the council to conference call from Harrah's make a declaration on the war Lake Tahoe Hotel & Casino. And Councilman Bryan Aze-Gonzalez asked people to vedo was present earlier in keep down the noise so the the meeting but in the later council could conduct busi- half of the meeting was only ness. He asked several times. attending remotely by telecon-

The City Council's Jan.

## Fraud: Meet people face-to-face before doing business with them

continued from front page suspicious activity.

How it works: When the the transfer.

The letter also includes a ing of good things that attract copy of the first five pages of

Homeowners who are untact the District Attorney Real

"The goal of this program deal" for you. title of a property is trans- is to protect the most valuable ferred to another person, from asset a person in Alameda dividuals and companies on the filing of a Grant Deed or County can have, and that's the internet to see if they have Quitclaim Deed at the Ala- their home," said District complaints against them. meda County Clerk-Record- Attorney Pamela Price. "All 'We need a lot of little er's Office, a letter from the too often, white-collar thieves deals with cash. District Attorney's Office is target the equity earned by to bring people in," Patel said. automatically generated and seniors in our community who your payments can be traced While schools need a mailed to notify the owner of purchased their homes many if needed. years ago."

> The DA's Office also sugbe true, it probably is. gests the following to protect the document which triggered yourself from real estate fraud: Real Estate Fraud program

- people you've never met face- Chinese, and Farsi. to-face.
- Estate Fraud Unit to have the with strangers you meet on (https://www.alcoda.org/cew-Patel pointed to a frustrat- matter investigated, prosecut- the internet or at coffee shops, pd/real-estate-fraud/).

ed, and ultimately voided by stores, or church who tell you they have a "great business

- Check the names of in-
- Never pay for real estate

Pay with a check so that

• If it sounds too good to

Information on the DA's • Never do business with is also available in Spanish,

For more information, • Avoid doing business visit the DA's Office website

