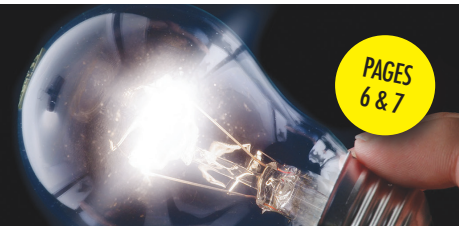


FALL HOME IMPROVEMENT
PROJECTS THAT WILL SAVE
MONEY ON UTILITY BILLS

BRIGHT IDEAS



CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 32

WEDNESDAY, SEPTEMBER 30, 2020

NO. 40

INSIDE YOUR FORUM

NEWS



Early Voting

Early voting for mail-in ballots will start on Monday, October 5

Page 2

LIVING



Going Noodles

Ravioli, spaghetti and other pasta dishes that you'll go noodles over

Page 4

NEWS



History of CV

The Hughes family has their names enshrined in local road names

Page 11

INDEX

| | |
|------------------------|----|
| Classified Ads | 8 |
| Crosswords | 9 |
| East Bay Living | 4 |
| Home Improvement | 6 |
| Homes | 5 |
| Horoscope | 11 |
| Obituaries | 10 |
| Opinions | 10 |
| Our Town | 3 |
| Weather | 2 |

PHONE: (510) 614-1560



ALAMEDA COUNTY FIRE DEPARTMENT PHOTOS

On the Front Lines

More than two dozen Alameda County firefighters are scrambling to help battle an onslaught of some 27 major wildfires burning across California in the worst fire season in the state's recorded history. They join over 18,000 others on the front lines of an inferno that has killed at least 29 people. The county has also deployed four fire engines and other heavy equipment to the Creek, North Complex and Glass fires in Sonoma and Napa counties, while maintaining full firefighting strength here at home. As of Tuesday, nearly 80,000 residents were being forced to evacuate their homes, as flames incinerated some 3.8 million acres and an untold number of houses and other structures. While weather conditions improved for firefighters yesterday, California is just entering the peak of its wildfire season.



Take Precautions Against COVID This Halloween

By Michael Singer
CASTRO VALLEY FORUM

Trick-or-treating will take on a whole new look and feel this year because of COVID-19. But parents can take precautions to reduce the risk of passing the virus from one person to another.

The Alameda County Public Health Department on Monday issued new guidance on keeping households safe against the coronavirus during Halloween and Dia de Los Muertos celebrations.

Among the safest activities recommended are practicing traditions on a small scale and with the people you live with. Decorating at home, carving pumpkins, virtual costume contests, or holding a scavenger hunt-style trick-or-treat search are highly recommended.

For those who want to go outside, health officials say visiting an outdoor pumpkin patch or partici-

pating in a neighborhood outdoor car or bike parade are great as long as distance precautions are taken.

Participating in one-way trick-or-treating where individually wrapped goodie bags are lined up for families to grab and go is considered safe. However, Public Health says hosting a trunk-or-treat where treats are handed out from trunks of cars lined up in large parking lots is prohibited.

see COVID on page 4

Castro Valley
Confirmed Cases = 538

Alameda County
Confirmed Cases = 21,240
Deaths = 406

California
Confirmed Cases = 805,263
Deaths = 15,608

as of September 28, 2020

PG&E: New Alerts Before PSPS Events

As Northern California continues to be bombarded by dangerous wildfire conditions, PG&E is enhancing notifications to its customers with more detailed information about when power is expected to go out during a Public Safety Power Shutoff, commonly referred to as a PSPS event.

Watch Alert

Whenever possible, an initial Watch notification will be sent two days in advance of a potential power shutoff, followed by an additional notification one day before the potential PSPS, notifying customers of the possibility of a blackout in their area based on weather forecasts.

Warning Alert

A PSPS Watch will be upgraded to a Warning when forecasts show that a shutoff will be needed, and that it is going to happen soon. Whenever possible, these Warning notifications will be sent four to 12

hours before the shutoff occurs.

Both notifications are tied to weather forecasts, which can change rapidly. They will be issued by automated calls, texts and emails.

The alerts have been enhanced since last year, tested with customers, and adjusted based on their feedback. Enhancements include providing your address so you'll know you're getting the accurate information for your home, the date and time when power is estimated to be shut off, and when it is expected to be restored.

When power is turned off, PG&E will provide updates to customers at least once a day until power is restored.

Customers are encouraged to update their contact information and indicate their preferred language for notifications by visiting www.pge.com/mywildfirealerts or by calling 1-800-742-5000.

Castro Valley Weather Sep 30 - Oct. 4, 2020



Wednesday
Mostly Sunny
High 87° Low 59°



Thursday
Mostly Sunny
High 89° Low 62°



Friday
Mostly Sunny
High 86° Low 56°



Saturday
Mostly Sunny
High 77° Low 57°



Sunday
Mostly Sunny
High 81° Low 57°

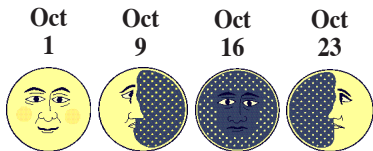
Almanac



Past Week's Rain: 00.00
Season To Date: 08.54
Normal To Date: 21.22
Season Average: 21.22

Sun sets at 6:54 p.m. today, rises at 7:05 a.m. Thursday.

Moon Phases



Got Your Castro Valley Forum, Got Your Coffee, Life is Good!

PUBLISHED EVERY WEDNESDAY

DELIVERED TO OVER 20,000 HOMES - TOTAL CIRCULATION 22,500

To advertise call

Mary Florence: 510-861-3270 or Linda Nakhai: 510-915-1513
2060 Washington Ave. • San Leandro, California 94577



GOT A NEWS TIP? CALL 510-614-1560
OR EMAIL: fredz@ebpublishing.com

COMMIT YOUR FAMILY TO BE FIT!

We Are Different From Other Fitness Clubs.
We Have A Family Atmosphere!

• Full Gym • Over 40 weekly Exercise Classes outdoors or ZoomFitness •
7 lanes per hour Lap Swimming • Aqua Aerobic Classes - 8 weekly • Swim
Lessons • Pro Tennis Lessons • Kids Pool • Pickleball Groups & Socials!

All Classes/Facilities require Reservations. We honor all Up to date Health Dept. Requirements/Change for your Safety= Masks, Hand Sanitizing, and Distancing.

Limited Time Offer

NO INITIATION FEE!*

Save \$400 - \$800

& SEPTEMBER FREE

**When you join early and pay your first 3 months dues.*

Subject to change without notice.

Offer exp. 9/30/20

Join Our Club Where
Everyone Knows Your Name.
Be A Part Of Something!

FREE
KID FIT CLASSES
after school!

YOU
SHOULD BE
HERE THIS
SUMMER!



LIMITED
AVAILABLE SLOTS

FREE TOURS-No Appointments

Check Us Out Our Website.
Look for All Features & Benefits.

WWW.BOVSWIM.COM

Monthly Dues for
Families = \$237

Monthly Dues for
Singles = \$228

Membership includes the whole family
up to 6 members. Lockers \$9.



Bay-O-Vista

Private Family Fitness,
Gym, Swim & Tennis Club

Located on corner of 1881 Astor Dr. & Lake Chabot Rd., San Leandro

510-357-8366 • swim@bovswim.com



Early Voting Starts Monday: All Voters to Receive Mail-In Ballot

By Jim Knowles
CASTRO VALLEY FORUM

Like everything else this year, voting will be a little different.

Every registered voter will receive a mail-in ballot, but in-person voting will still be available.

You can still take your ballot in and drop it off at a polling location, or at the ballot drop box at the Castro Valley Library, or right at the registrar of voter's office at the county courthouse.

For mail-in ballots, election officials recommend mailing your ballot at least a week before election day, Nov. 3. But as long as your ballot is postmarked by election day, it will be counted.

Early voting for mail-in ballots will start on Monday, Oct. 5.

Alameda County Registrar of Voters, Tim Dupuis, recently outlined the plans for election day.

"Those early results on election night, those are the ballots that were mailed in early," Dupuis said.

Voters can track the ballot they mail in through the U.S. Post Office



on the Registrar of Voters website (www.acvote.org) to make sure the ballot arrived.

If there is any problem with the ballot – legibility, a signature not matching – the registrar of voters office will contact the voter,

Dupuis said.

For longtime voters, sometimes a person's signature changes over the years. The registrar's office can take care of that.

If a person's signature is drifting over time, Dupuis said, his office will contact the voter so they can fill out a new voter's registration form with a new signature.

The signatures are all checked by a person looking at every signature, Dupuis said.

There will be a lot of ballots to count, too, since this year there are over 900,000 registered voters in Alameda County, and the total could possibly hit a million.

In past years, the record was 850,000 voters.

But there won't just be one election day, it will run for four days – Saturday, Sunday, Monday and Tuesday – when Accessible Voting Locations (AVLs) will be open. You can drop off your ballot at these locations.

Rather than an assigned polling place, a voter can go to any of the 100 Accessible Vote Location in the county.

Election officials hope that most people will simply bring in the ballot that was mailed to them. But for any snafus, or if someone had just moved, the locations will be able to allow a person to vote by touchscreen, which will then print the voter's ballot.

"All voters will be mailed a ballot and given the opportunity to vote by mail, but we will also have in-person voting," Dupuis said.

More ballot drop boxes will be installed in Alameda County, where ballots can be dropped off instead of mailed. The drop boxes are permanent metal boxes, bolted into the concrete.

Countywide the number of drop boxes will increase from 28 to 66, Dupuis said.

Ballots mailed on or before election day now have even more time to arrive at the Registrar of Voter's office, from three days after the envelope is postmarked to 17 days, which should leave enough time to mail an envelope to Siberia.

But remember, it still has to be mailed no later than election day.

Endorsements Announced

The 150-member Castro Valley Democratic Club, organized in 1994, has announced its endorsements of local candidates running for office in the Nov. 3 General Election.

Club President John Maher said interviews were open to all candidates and called the selection process "quite intense."

"The Club objectively evaluates the candidates and their platforms," said Maher. "Just because there might be two open seats, that doesn't mean we endorse two candidates."

The membership endorsed Dolly Adams and Lavender Whitaker for Castro Valley School Board, Pam Russo R.N. for the Eden

Township Healthcare District Board, Rick Hatcher and Peter Rosen for the Hayward Area Recreation District Board, and John McPartland for the BART Board.

Maher said the club hopes to expand its membership.

"We are always looking for new members and ways to stay informed and provide political education, especially to young people and new residents of the community," said Maher. "It's really about grass-roots opportunities and sharing information with the residents."

Those interested in joining should visit www.ebdir.net/cvemos/ or contact David Siegel at picchisiegel@sbcglobal.net.

CASTRO VALLEY FORUM

CASTROVALLEYFORUM.COM

ESTABLISHED: 1989 • CIRCULATION 22,500
© 2020 EASTBAY PUBLISHING CORPORATION - ALL RIGHTS RESERVED

Published every Wednesday by EastBay Publishing Corp.
2060 Washington Ave., San Leandro, CA 94577
Corporate Address: P.O. Box 2897, Alameda, CA 94501
Tel: 510-614-1560 • Fax: 510-814-9691

Fred Zehnder, Editor & Publisher
fredz@ebpublishing.com

Howard Morrison, Assoc. Publisher
howardm@ebpublishing.com

Kayla Steinorth, Advertising Design Mgr.
kayla@ebpublishing.com

Moxie Morrison, Layout Design
moxmore@yahoo.com

Claudette E. Morrison, Business Mgr.
cm@ebpublishing.com

Patrick Vadnais, Classified Ads / Obituaries
patrickv@ebpublishing.com

Mary Florence, Advertising Sales
861-3270 mpominville4582@aol.com

Linda Nakhai, Advertising Sales
lnakhai@comcast.net

Contributors:

Linda Sandsmark

Michael Singer

Amy Sylvestri

Jim Knowles

Gene Osofsky

Carl Medford

Terry Liebowitz

Debbie Tee

Linette Escobar

Thomas Lorentzen

Buzz Bertolero

Bruce Roberts



FILE PHOTO

Boat launching and fishing by boat reopened on September 10 at Lake Chabot.

Some Park Facilities to Reopen

After a six month closure for health concerns, limited day use camping and boating will return this Friday to Anthony Chabot Regional Park, as well as Quarry Lakes and Del Valle in the East Bay.

The park areas and facilities reopening on Oct. 2 will have capacity limitations with day-use entrance to vehicles provided on a first-come, first-serve basis.

Boat launching and fishing by boat opened earlier this month at Lake Chabot in Castro Valley.

All picnic areas, barbecues, and group campsites will remain

closed. Campgrounds will be open by reservation only.

The Anthony Chabot and Del Valle family campgrounds will be open at 50 percent capacity. A Cal-Fire Burn Ban is in effect due to extreme fire conditions. No open fires, campfires, wood-burning, or charcoal barbecues are allowed, however gas and propane-fueled stoves are permitted.

Camping reservations can be made online at www.ebparks.org/ Register or by phone at 1-888-327-2757, option 2: Monday through Friday, 10 a.m. to 3 p.m.

Boaters are required to prepay

boat inspection and boat launch at Del Valle and Quarry Lakes at www.ebparks.org/Register and bring proof with them.

Visitors should follow all social distancing guidelines. In particular, visitors should make sure they bring a mask or face covering to parks and wear it within six feet of others. No swimming is allowed at any designated East Bay Regional Park District swim facilities, which have remained closed due to the coronavirus pandemic. Swimming continues to be allowed at Crown Beach in Alameda and Keller Beach in Richmond.

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



Illegal Drug Paraphernalia

Sunday, September 27: at 1:07 p.m., Sheriff's deputies arrested a 26-year-old man from Castro Valley on suspicion of possession of illegal drug paraphernalia. The man was hanging out on Wilbeam Avenue near Kerr Street when deputies stopped him for questioning and discovered his stash. The man was taken into custody.

Domestic Assault

Saturday, September 26: at 9:53 p.m., a 911 call about a loud and aggressive-sounding argument sent deputies to a home on Baywood Avenue near Orange Avenue. There, they arrested a 27-year-old man from Castro Valley on suspicion of assault and battery on a family member and child endangerment. The man was taken into custody. The victims were treated at the scene.

Wanted Woman

Friday, September 25: at 11:22 a.m., deputies arrested a 35-year-old woman from Castro Valley as part of a warrant issued for her capture. The woman was previously charged with possession of stolen property. Deputies served the warrant in front of a business on Redwood Road near Jamison Way. The woman was taken to Santa Rita Jail pending bail.

Suspicious Person Call Ends in Arrest

Friday, September 25: at 8:45 a.m., a 45-year-old man with no permanent residence was arrested on suspicion of violating the terms of a court-issued restraining order. Deputies were dispatched to a church on Redwood Road near Modesto Street to investigate a suspicious person report. The man fitting the description was caught in the back parking lot. Deputies took the man into custody.

Public Intoxication

Friday, September 25: at 10:31 p.m., deputies arrested a 26-year-old man from Castro Valley on suspicion of public intoxication.

The man was hanging outside a business on Lake Chabot Road near Congress Way when deputies stopped him for questioning. The man failed his field sobriety test and was taken to a sobering center.

Public Indecency and Resisting Arrest

Friday, September 25: at 7:43 p.m., a 38-year-old man with no permanent residence was arrested on suspicion of public indecency and resisting arrest. Deputies responded to a call about a man exposing himself at Carlos Bee Park on Grove Way. The man initially refused to comply with deputies but was handcuffed and taken into custody.

Assistance with Energy Bills

Need help with energy bills? The Low Income Home Energy Assistance Program provides federally funded assistance in managing costs and savings associated with home energy bills, energy crises, and weatherization and energy-related minor home repairs.

Alameda County has received \$1.3 million in supplemental funding to prepare for and respond to home energy needs surrounding

the national emergency created by the coronavirus pandemic.

Priority funding will be given to households with members who received unemployment benefits anytime after January 2020.

If you or someone you know needs assistance or more information regarding eligibility, call Spectrum Community Services at 510-881-0300 or visit www.SpectrumCS.org.

Power Shutoffs Won't Affect Your Water Service

The East Bay Municipal Utility District (EBMUD) has stationed 40 portable generators and pumps at critical facilities in Alameda and Contra Costa counties to keep water flowing during PG&E pre-emptive power outages expected this fall.

The emergency equipment will remain in place through the fire season to maintain reliable water service for East Bay communities and fire departments during Public Safety Power Shutoffs (PSPS).

PG&E implements these power outages to prevent its equipment from igniting wildfires during high risk periods.

When fire danger is high and Red Flag Warnings are in effect, EBMUD fills neighborhood tanks so they are at maximum capacity for customers and firefighters.

EBMUD's wastewater facilities at the foot of the Bay Bridge are also ready for any PSPS and can

use onsite generators to treat and discharge wastewater safely.

While EBMUD doesn't anticipate water service disruptions, it will notify and ask customers in areas affected by PSPS to temporarily stop outdoor water use and minimize indoor use to preserve

supplies.

Residents should verify their contact information at ebmud.com/my-account so the utility can reach them in an emergency. During an event, go to ebmud.com/pmps to view a map showing affected areas.

Meatime, EBMUD recommends that all residents store back-up water supplies to prepare for earthquakes, storms and other emergencies.

To learn more about how to store emergency water visit ebmud.com/waterstorage.

DAVE'S TAVERN TAXI SERVICE

Mon - Sat 7am - 7pm
Off Sunday Airports & Amtrak Transportation Open 24 Hours



TO OAKLAND AIRPORT **Only \$30**

TO/FROM BART **\$600 - \$12**

TO SF or SJ AIRPORT **\$60**

510-303-3478

Successful Financial Education Workshops

Tom Nohr CFP®
Comprehensive Financial Planning
for Your Lifestyle in Retirement since 1986

20632 Redwood Road Ste. E, Castro Valley
www.tomnohr.com
510-888-7171

Securities offered through Registered Representatives of Cambridge Investment Research, Inc., a broker-dealer member FINRA/SIPC. Advisory services through Cambridge Investment Research Advisors, Inc., a Registered Investment Adviser. Cambridge and Successful Financial Education Workshops are not affiliated.

WE BELIEVE: "It is the right of every pregnant woman to give birth... and the right of every child to be born."

A non-profit CRISIS PREGNANCY CENTER helping women to identify life-affirming resources and receive guidance in planning for her and her baby's future.

• Free Pregnancy Tests
• Volunteer Opportunities
• Medical Referrals
• Housing Referrals
• Free Maternity / Baby Clothes (as available)
• Friendship for Life
24-HOUR HELPLINE
1-800-550-4900
1048 GRANT AVENUE • SAN LORENZO • 510-481-9677
Check us out at: www.birthrightofsanlorenzo.com
Text and Email: info@birthrightofsanlorenzo.com

Medicare Annual Enrollment Period is Here!

October 15 - December 7



DO YOU HAVE QUESTIONS
ABOUT MEDICARE?

Elise Hardman, CA License #0116236
(510) 410-4602

19131 Redwood Rd., #H • Castro Valley, CA 94546
elisehardman@sbcglobal.net

DELUXE ALASKA CRUISE TOUR JUL 23, 2021 - AUG 06, 2021 Escorted by Judy Ireland

Spend 6 nights on land visiting Fairbanks, Denali, Talkeetna, and Anchorage. Experience 3 rail journeys on the Wilderness Express glass-domed railcar.

Enjoy 2 meals a day and five included experience tours Complete your tour with a 7 night cruise, Seward to Vancouver, in a Concierge cabin on Celebrity Cruise's "Millennium." Bonus Amenities added per time of booking.

Included: Round trip air from Oakland
Land and cruise as shown above
Cancellation insurance

From \$6695.00 per person dbl. occupancy

JUDY'S TRAVEL
510 638 7181

CST#1005391-40

Celebrity **X** Cruises®
SAIL BEYOND®

14626 Cypress St., San Leandro \$648,950
3 BR, 1 Bath, 1076 Sq. ft. Built in 1953

Virtual tour: https://unbranded.youriguide.com/14626_cypress_st_san_leandro_ca

Showings by appointment only. Offers due 10/6
Coming Soon : 21228 Gary Dr. Hayward \$495,000
2 BR, 2 Bath, 1049 sq. ft. Built in 1982



Lovewell Team
(#00689931 & #01912817)

"Lovewell Team" is a dynamic, award-winning Real Estate team
Call 510-351-5555 or visit us at www.Lovewellteam.com
— A team you can love and trust —
Re/Max Accord Castro Valley



More than 5 million mattresses have been recycled in California since the program began.

Recycle an Old Mattress and Get Cash

The Mattress Recycling Council and the Habitat for Humanity ReStore in Oakland are offering a consumer incentive for recycling old mattresses.

Residents can receive either a \$3 cash payment or a \$5 in-store credit for each mattress, up to five per vehicle per day, in an effort to fight the persistent problem of ille-

gal mattress dumping. In addition to collecting mattresses, ReStore Oakland serves as both a donation center and a home improvement store, using proceeds from sales to help build affordable homes and stronger communities throughout the nation and the world.

In California, the program has recycled more than 5 million mat-

tresses.

The ReStore in Oakland is located at 9235 San Leandro Street. Visit BayAreaReStores.org for more information about the incentive offer and other household items eligible for donation. More information about mattress recycling in California is available at ByeByeMattress.com.

Rotary Names Rotarians of the Month

The Rotary Club of Castro Valley honored two Rotarians of the Month for September — Capt. Lance Brede of the East Bay Regional Park District Police and John McPartland, retired battalion chief of the Oakland Fire Department.

The recent days of darkness at noon, orange skies, and terrible air pollution provided another reminder that our beautiful community is at risk of wildfires. Preparation is critical.

“Lance and John worked collaboratively to quickly organize a virtual fire information meeting for the community that featured Aileen Theile, chief of the East Bay Regional Park District Fire Department, and Brian Centoni, public information officer for the Alameda County Fire Department,” said Rotary President Gary Howard. “The



John McPartland



Capt. Lance Brede

advice from both was the same: get prepared now! When a fire begins, it's too late. Many thanks to Lance and John for making this valuable event happen. We are fortunate to have both leaders as members of the Castro Valley community.”

The entire presentation can be viewed at vimeo.com/457291770.

The Rotary Club's next meeting, via Zoom, will be on Tuesday, Oct. 6, at 6 p.m. when Tim Dupuis, Alameda County Registrar of Voters, will describe how elections are conducted in the county.

Complete information on the club and its meetings is available at www.castrovalleyrotary.org.

COVID: Safeguarding this Halloween

continued from front page

Having a very small group, outdoor, open-air costume parade or movie night where people are distanced more than 6 feet apart and are wearing masks is great. Haunted houses or indoor mazes for any-

one outside of your family are not allowed in Alameda County.

“Parties are also high-risk because mixing among people who don't live in the same home introduces more opportunities for the virus to pass from one person

to another,” said Public Health spokesperson Neetu Balram. “Candy shouldn't be eaten while outside the home because that would require both removing the face mask and touching wrappers.”

Public health officials suggest avoiding wearing a costume mask over a protective cloth mask because it can be dangerous if the costume mask makes it hard to breathe.

The guidance comes as Alameda County was given Red or “Substantial” health status last Tuesday. The status means the County has improved its average between 4 to 7 new cases for every 100 thousand people with a positive testing rate of 8 percent or less.

East Bay Living

Pasta, Plain and Simple

Versatile pasta is one of the best bets for a quick, informal supper. Pasta-centered meals are not only easy to prepare, they also help tip the nutritional balance in a healthful direction.

Pasta contains almost no fat and a plain cup of cooked pasta has about 5 grams of protein, but only 160 calories.

Cook pasta according to package directions in a large quantity of boiling water, leaving plenty of room for it to move around as it boils. To help prevent sticking, add a splash of olive oil to the boiling water, then drop the pasta in slowly. Do not cover or it will boil over.

BAKED RAVIOLI

- 2 (25-ounce) packages frozen cheese ravioli
- 4 (14.5-ounce) cans diced tomatoes with juice
- 4 (8-ounce) cans tomato sauce
- 1 onion, chopped
- 2 tablespoons Italian seasoning
- 1 teaspoon salt
- 1 cup water
- 16 ounces shredded mozzarella cheese
- 1/2 cup grated Parmesan cheese
- 2 cloves garlic, minced

In a medium stock pot combine the diced tomatoes, tomato sauce, chopped onion, Italian seasoning, salt and water. Stir in the minced garlic in quantity desired. Allow mixture to simmer for 2 hours. If sauce seems dry add additional water.

In large pot of boiling salted water cook the ravioli until done. Drain. In a 9x13-inch pan layer sauce and cooked ravioli. Top with grated Parmesan cheese and grated mozzarella cheese.

Bake in a preheated 400°F oven for 30 minutes, or until light golden brown. Let cool 15 minutes before serving. Yields 6 to 8 servings.

PASTA WITH KALE, BACON & SUN DRIED TOMATOES

- 8 ounces small-shaped pasta
- 5 cups bagged prewashed kale
- 2 slices bacon
- 1/4 cup oil-packed sun-dried tomatoes, drained and roughly chopped
- 1/2 teaspoon crushed red pepper flakes
- 3 large garlic cloves, chopped
- 1/2 teaspoon black pepper
- 1/4 teaspoon salt
- 1 ounce Parmigiano-Reggiano cheese, shaved
- 2 tablespoons lemon juice

Cook pasta in boiling water 8 minutes or until almost tender. Add kale, and cook 2 minutes. Drain in a colander over a bowl, reserving 1/2 cup cooking liquid.

While pasta cooks, fry bacon in a large skillet over medium-high heat 4 minutes or until



crisp. Remove bacon from pan with a slotted spoon; crumble and set aside.

Reduce skillet heat to medium-low. Add sun-dried tomatoes, crushed red pepper, and garlic to bacon drippings and cook 1 minute, stirring frequently. Add pasta mixture, reserved 1/2 cup cooking liquid, black pepper, and salt to pan; toss to combine.

Top pasta mixture evenly with bacon and cheese; drizzle evenly with lemon juice. Serves 4.

ITALIAN SPAGHETTI WITH MARINARA

- 1/4 cup olive oil
- 1 clove garlic, minced
- 2 tablespoons minced parsley
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 3-1/2 cups cooked tomatoes
- 1 green pepper, minced
- Dash of red pepper
- 8 ounces spaghetti, cooked according to directions
- Freshly grated Parmesan

Simmer all ingredients about 1 hour in a heavy skillet. Pour sauce over hot, drained spaghetti on a hot platter. Sprinkle with grated cheese. Serves 6 to 8.

PASTA WITH OLIVES & SAUSAGE

- 1 cup chopped yellow onion
- 1 tablespoon olive oil
- 3/4 pound low-fat Italian turkey or chicken sausage
- 2 teaspoons chopped garlic
- 1 teaspoons crushed red pepper, optional
- 1 (28-ounce) can diced tomatoes in juice
- 1/4 cup tomato paste
- 1 cup drained large black ripe pitted olives
- 1 dried bay leaf
- 1 teaspoon dried basil
- 1/2 teaspoon each dried rosemary and oregano
- 1 pound farfalle (butterflies), penne or other pasta
- Finely shredded Parmesan

In large saucepan, cook onion in olive oil over medium-low heat

until soft, stirring occasionally. Remove sausage from casings and crumble into pan. Add garlic and crushed red pepper. Increase heat to medium-high; stir and cook until sausage is brown. Stir in tomatoes with liquid, olives, tomato paste and herbs. Bring to boil, cover, reduce heat and simmer gently 15 to 20 minutes.

Cook pasta in 6 quarts boiling, salted water just until tender. Drain well. Turn pasta into serving bowl and toss with sauce. Top with cheese. Makes 4 to 6 servings

Red Wine Sauce: If desired, add 1/2 cup red wine after browning sausage. Simmer 5 minutes, then proceed with recipe as directed.

Note: If using regular sausage, drain off excess fat after browning. Two teaspoons Italian herb seasoning can be used instead of basil, rosemary and oregano.

CHICKEN CORDON BLEU PASTA

- 8 ounces uncooked medium egg noodles
- 1/4 cup all-purpose flour
- 2 cups low-fat milk, divided
- 1 tablespoon Dijon mustard
- 1-1/2 cups shredded Jarlsberg cheese
- 2 cups chopped cooked boneless chicken breasts
- 1 cup frozen peas, thawed
- 1 cup diced deli ham
- 1/4 teaspoon black pepper

Cook noodles according to package directions.

While noodles cook, lightly spoon flour into a dry measuring cup, and level with a knife. Combine flour and 1/4 cup milk in a heavy saucepan, stirring with a whisk until smooth.

Place the pan over medium heat; whisk in 1-3/4 cups milk and mustard. Cook 6 minutes or until mixture begins to thicken, stirring frequently.

Reduce heat to low. Add the cheese, stirring until melted. Stir in the chicken, peas, ham, and black pepper.

When hot, serve over noodles. Serves 4.

The Entire Selection of Garden of Life Vitamins

25% OFF

On Sale in October

HEALTH UNLIMITED
—NATURAL FOODS—

San Leandro
182 Pelton Center
(510) 483-3630

Castro Valley
3446 Village Dr.
(510) 581-0220

REAL ESTATE GALLERY



18742 Center St. Castro Valley

Upper Valley one-level
with mid-century style

3 bdrm, 2 baths, 2 car
garage, approx. 1108 sq.
ft. Good floor plan with
lots of light, and spacious

kitchen adjacent to great room with fireplace & lots of windows. Private front courtyard offers a perfect spot for neighborly visiting plus a beautiful private backyard w/covered patio. Both baths nicely remodeled. Crown moulding, newer HVAC system with AC, dual-paned windows, Brick-trimmed driveway, & walkways on both sides of home. Wonderful neighborhood near Vannoy Elementary, freeway, BART, shopping, and Cull Canyon Recreation Area. Please contact the Brian Cooney Team for showings & additional information. **Listing price \$849,000**



The BRIAN COONEY Team

- CELEBRATING 30 YEARS OF BAY AREA REAL ESTATE EXCELLENCE -

Brian Cooney

REALTOR® CalBRE #00993258

RE/MAX ACCORD

510.690.1111 Office 415.470.6148 Cell/Text
Brian@BrianCooneyTeam.com



REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Forum

GUEST COMMENTARY



Closings Frequently Delayed - Closing Checklist for Sellers

Getting a home under contract is one thing – closing on time is something else altogether. Truth is, a significant part of a Realtor's commission is earned during escrow solving problems threatening to derail or delay transactions.

Due to current rock-bottom interest rates, lenders are clogged with refinance applications. Although lenders insist purchases have priority over refinances, we are seeing significant appraiser delays visiting properties and lenders getting funds to escrow on time. Consequently, delays have become the new reality causing concern, frustration and anger for sellers hoping to close and get to the next phase in their lives.

As the closing draws near, sellers need to be aware of the following:

- Solidify the closing date. Late closing dates add confusion – the better you plan

for delays the easier it will be. Confirm that your moving company has flexibility. If you are relocating directly to a subsequent purchase, they need to be kept in the loop to coordinate escrows.

- Confirm rent back (if applicable). Buyers are eager to get into their new home as soon as possible, so solidify when you can vacate.

- Ask about leaving building materials. Fresh paint, flooring and materials leftover from upgrading your home are often welcomed by buyers. Verify before leaving, and *do not* leave garbage.

- Reroute your mail. Use the post office's Change of Address kits and do them in advance so everything is in place.

- Change your mailing address on online retailer websites. It can be frustrating if parcels get delivered to your old address.

- Leave a welcome package. This includes keys, remote controls, appliance manuals, instructions on operating house

systems and more.

- Thoroughly clean the home. Covid-19 has elevated the level of cleanliness expected by buyers. If cleaning is not your forte, hire a cleaning company to come in after you leave.

- Vacate on time. If the contract states the buyers have possession by 2:00 p.m., that means you are out and cleaning finished by 2:00 p.m.

- Turn off utilities. Do it *after* receiving confirmation of recording. If you turn them off early, it can be tricky if you need them back on for a few more days.

- Cancel your homeowner's insurance. Do not cancel your insurance until you are certain you no longer own the property.

Plan everything carefully and, even if the closing is delayed, you should be good to go.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

Roses Will Grow Back Over Time

By Buzz Bertolero
Special to the Forum

My husband cut off an old rose bush. All that's left is a 12-inch high, six-inch diameter trunk with two to three branches below the cut. How do I prune the healthy new shoots, and is it possible to restore it to its former self?

Roses will take a lot of abuse even from a chain saw. It will take several growing seasons, but you should be successful in reestablishing the plant. That being said, your efforts may be a waste of time, but you'll need to wait until the next set of flowers

I'm assuming this was a named variety and had to be growing from a rootstock that is a different variety. What I'm concerned about is that the pruning point was below the bud union. The bud union is where a desirable variety is budded on to a rootstock. If the cut was below this point, the desirable pink variety is gone forever.

The rootstock produces long, rapidly growing shoots that have a cherry red flower. This flower has nine to ten petals and is about the size of a silver dollar. I'd cut off any of the red

flowering shoots and cultivate the desirable pink ones.

I'd encourage the new growth by feeding it often until next October. Besides being a heavy feeder, roses like plenty of water. After the rainy season concludes, you should water two to three times a week, depending on the temperatures and daily with temperatures over 90°F.

Pruning roses is a year-round activity. Anytime you remove a spent flower or pick fresh ones, you're pruning. The lateral shoots are located in the leaf buds below the pruning points. This is where a leaf attaches to a stem. These growth buds accelerate when the stem above is cut and results in a new flush of flowers.

Except for this winter, give your rose a severe pruning during the winter months. Besides reducing the bush's overall height, remove any dead wood and eliminate the rubbing and crossing branches.

The rest of the year, you're shaping the plant. This is done after each flush of flowers. At this time next year, you'll be surprised at how much your bush has recovered. To monitor the progress, use your smartphone or digital camera to record the progress throughout the year.

I had a sod lawn installed four months ago. Is it too late to fertilize it?

No, it's not too late to feed turf. One application in the fall as late as Thanksgiving is sufficient.

Contrary to public opinion, fall is the most crucial time of the year to feed grass, not in the spring. It's in the fall and early winter months when the new grass plants are formed. Another benefit is that the grass remains green during cold temperatures and doesn't turn that ugly yellow/brown color. From January through June, feed every eight to ten weeks, depending on the fertilizer, and skip the months of July and August.

Buzz Bertolero is an Advanced California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com and questions can be sent by email to buzz@dirtgardener.com.



Mortgage Rates Tick Up

Mortgage interest rates rose a little last week, according to Freddie Mac's nationwide survey.

Thirty-year fixed-rate mortgages averaged 2.90 percent last week, up from 2.87 percent a week earlier. A year ago at this time, the 30-year mortgage averaged 3.64 percent.

Fifteen-year fixed-rate mortgage averaged 2.40 percent, up from 2.35 percent.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged 2.90 percent, down from 2.96 percent.

The Esmeier Team

James, Rosalyn, Rachel & Jamie

Shamrock Realtors - Going Above and Beyond
James Esmeier, Broker Associate - DRE#01363681
(510) 909-8344

RECENT HOME SALES

Castro Valley

| | | | |
|-------------------------|--------------------|-----------------|-----------|
| 19983 Santa Maria Ave | 94546: \$656,000 | 1,498 SF | - 1979 |
| 21919 Verneti Way | 94546: \$670,000 | 2 BD - 1,172 SF | - 1959 |
| 18449 Vernon Court | 94546: \$700,000 | 3 BD - 1,437 SF | - 1952 |
| 5400 Briar Ridge Drive | 94552: \$700,000 | 1,619 SF | - 1979 |
| 20659 Maria Court | 94546: \$715,000 | 3 BD - 1,569 SF | - 1993 |
| 22061 Vergil Street | 94546: \$745,000 | 4 BD - 1,906 SF | - 1949 |
| 17218 President Drive | 94546: \$870,000 | 3 BD - 1,784 SF | - 1947 |
| 4119 Veronica Avenue | 94546: \$870,000 | 3 BD - 1,330 SF | - 1958 |
| 2734 Stanton Heights Ct | 94546: \$875,000 | 3 BD - 1,888 SF | - 1974 |
| 19116 Parsons Avenue | 94546: \$1,123,000 | 4 BD - 2,184 SF | - 1936 |
| 20382 Glenwood Drive | 94552: \$1,150,000 | 3 BD - 2,160 SF | - 1991 |
| 5876 Cold Water Drive | 94552: \$1,215,000 | 4 BD - 1,891 SF | - 1972 |
| 25671 Secret Meadow Ct | 94552: \$1,380,000 | 4 BD - 3,526 SF | - 1999 |
| TOTAL SALES: | 13 | | |
| LOWEST AMOUNT: | \$656,000 | MEDIAN AMOUNT: | \$870,000 |
| HIGHEST AMOUNT: | \$1,380,000 | AVERAGE AMOUNT: | \$897,615 |

San Leandro

| | | | |
|-------------------------|--------------------|-----------------|-----------|
| 16066 Carolyn Street | 94578: \$495,000 | 3 BD - 1,534 SF | - 1949 |
| 13755 Jib Road | 94577: \$540,000 | 2 BD - 1,062 SF | - 1978 |
| 1112 Dutton Avenue | 94577: \$564,500 | 2 BD - 680 SF | - 1925 |
| 14443 Flagship Street | 94577: \$570,000 | 2 BD - 1,346 SF | - 1984 |
| 15055 Alexandria Street | 94579: \$630,000 | 3 BD - 1,076 SF | - 1948 |
| 14422 Corvallis Street | 94579: \$654,000 | 3 BD - 1,459 SF | - 1951 |
| 1247 Benedict Court | 94577: \$663,500 | 3 BD - 1,491 SF | - 1955 |
| 15057 Dewey Street | 94579: \$670,000 | 3 BD - 1,020 SF | - 1950 |
| 1253 Lillian Avenue | 94578: \$670,000 | 3 BD - 1,317 SF | - 1947 |
| 1330 148th Avenue | 94578: \$690,000 | 2 BD - 1,592 SF | - 1939 |
| 927 Figueroa Drive | 94578: \$710,000 | 3 BD - 1,195 SF | - 1955 |
| 1723 Vining Drive | 94579: \$725,000 | 3 BD - 1,470 SF | - 1956 |
| 1209 Breckenridge St | 94579: \$735,000 | 3 BD - 1,207 SF | - 1958 |
| 16317 Ridgehaven Drive | 94578: | | \$757,000 |
| 1881 Washington Ave | 94577: \$790,000 | 4 BD - 1,809 SF | - 2003 |
| 318 Melven Court | 94577: \$805,000 | 2 BD - 1,110 SF | - 1928 |
| 16333 Ridgehaven Drive | 94578: | | \$806,000 |
| 22 Sunnyside Drive | 94577: \$810,000 | 2 BD - 1,192 SF | - 1927 |
| 140 Begier Avenue | 94577: \$900,000 | 3 BD - 1,266 SF | - 1940 |
| 737 Cary Drive | 94577: \$920,000 | 3 BD - 1,588 SF | - 1936 |
| 951 Collier Drive | 94577: \$1,160,000 | 4 BD - 2,313 SF | - 1936 |
| TOTAL SALES: | 21 | | |
| LOWEST AMOUNT: | \$495,000 | MEDIAN AMOUNT: | \$710,000 |

Wear Your Mask!

My mask protects you
and your mask
protects me!



Home Improvement Projects That Will Lower Utility Bills

Hundreds of millions of people have sheltered in place as governments issue executive orders to help slow the spread of the coronavirus. As a result, many homes are becoming a fortress against the virus, a makeshift school, an office outpost and a daycare facility.

As homeowners continue to spend more time at home with the appliances and lights on, they are looking for ways to optimize the efficiency of their homes.

The typical U.S. family spends at least \$2,200 a year on home utility bills, according to the U.S. Department of Energy. On average, that's 7% of a consumer's annual income. Utilities that used to be considered "optional," such as Internet and mobile phone service, are now considered essential during the coronavirus era, adding additional expense to a family's monthly budget.

So where can a homeowner look to cut back?

When thinking of a smart home, some people might just think of cool, connected gadgets that make life easier or more convenient. However, many smart-home solutions are becoming part of sustainable living, and they can save you money along the way.

Here are four ways you can

introduce smart-home solutions into your daily life, reducing the monthly strain of high utility bills.

Don't sacrifice efficiency for comfort — automate thermostats

Homes are a source of comfort and the temperature of your home should help you achieve that feeling. However, heating and cooling can account for nearly half of a family's monthly utility budget.

A smart thermostat, like the Honeywell Home T9 thermostat, can reduce this cost by tailoring to your temperature preferences during the day and at night.

By adding smart room sensors to your most popular rooms, you can deliver the right temperature to the right room at the right time. Look for trusted brands that are Energy Star certified. You'll be doing your pocketbook and the environment a favor.

Sign up for rebates

When a sudden heat wave or cold snap hits a large swath of the country, air conditioning systems and heaters in houses, apartments, hospitals and office buildings all crank on at once, and utility companies go into overdrive trying to meet their clients' demands.

This kind of short-term increased demand puts a strain on the electric grid and can even become

a public safety hazard if overloaded systems crash just when consumers most need them. To prevent this, utility companies implement a variety of voluntary energy-saving programs (known in the industry as demand response, or DR) that incentivize consumers to reduce their energy use during periods of peak demand.

Many utility companies offer a rebate for joining energy savings programs that connect to smart thermostats. You can search for rebates at Resideo.com/rebates.

Light up the room, but only when you're in it.

Parents can often tell the exact path their children have taken based on what lights have been left on throughout the house. Turning off lights is an easy thing to forget, even as adults. We've all accidentally left that closet light or bedroom lamp on all day. Consider installing automated and motion-activated lighting solutions. With easy DIY installation, a weekend lighting project can give you long-term energy savings. Interested to know how much energy and cost are associated with running various home appliances? You can find an energy calculator at Energy.gov.

see **PROJECTS** on page 7



The U.S. Energy Department estimates homeowners could save an average of at least \$250 yearly in heating costs by insulating basement walls.

You Have a Visitor, It's Mother Nature

The weather these days seems to be more volatile than ever — swinging from record-setting heat to unseasonable cold waves, seemingly from one day to the next.

With the weather more varied and unpredictable, homeowners nationwide have learned lessons from the past year and are taking steps to ensure their houses can efficiently withstand whatever Mother Nature dishes out.

It's all about keeping homes sealed tightly, so water and wind can't leak in and tempered air doesn't leak out -- causing heating and cooling bills to rise.

Beware of Foundation Cracks

Water is the enemy of your home's foundation. A change in moisture content of the soil around your home allows water to put pressure on the foundation, causing cracks and leaks.

Dry weather can cause the soil to shrink, while wet periods can cause it to soften. Poor drainage from your roof or improper ground slope around your home can funnel water against the foundation.

see **NATURE** on page 7

Tips to Make Painting Your Home Easier

Painting your home yourself? Don't be intimidated.

"Whether you're a rookie or an experienced do-it-yourselfer, anyone can produce professional-looking results efficiently with the right techniques and tricks," says home improvement expert Lou Manfredini, a regular contributor to NBC's Today Show.

Manfredini, who is passionate about home improvement, is offering seven tips to help make your home painting projects easier:

- Even a steady hand is liable to make mistakes and drip. Protect your furniture and flooring with drop cloths.

- Good masking is necessary for sharp, clean paint lines. Be sure to use painter's tape designed to remove cleanly from the particular surface you're using. They are specifically designed with appropriate adhesion levels to come off cleanly, creating super sharp paint lines without leaving behind residue or harming the surface.

- For a smoother finish, clean and dust the surfaces you're painting and sand them down before getting started.

- Don't forget to wear a respirator to protect your lungs from fumes and sanding particles as well as safety eyewear, especially if you are painting overhead.

- For wall repairs, skip traditional patching products as they're susceptible to water absorption and liable to shrink, crack and flash, or show through the finished painted wall.

- Paint separates over time, so always mix your paint when you open a can, and do so periodically as you go for better color and texture consistency. Always use higher quality paints for professional results. You get what you pay for.

- Load rollers and brushes with the proper amount of paint. Too little paint will make you inefficient and too much paint will have you dripping.

Find More Local News in the Forum



To Advertise Please Contact
Mary Florence at
510-861-3270

Linda Nakhai at
510-915-1513

**THE ONLY LOCALLY OWNED NEWSPAPER THAT
GOES TO 99% OF HOMES AND BUSINESSES
IN CASTRO VALLEY!**

PUBLISHED EVERY WEDNESDAY
(510) 537-1792 • FAX (510) 483-4209
Visit our website: www.castrovalleyforum.com

CASTRO VALLEY FORUM

Put Your Feet Up!

— CHAIRS MADE IN AMERICA —

- Rocker Recliners
- Power Chairs
- Lift Chairs
- Wall Huggers
- Big Man's Recliners



**EVERY
RECLINER NOW
ON SALE!**

Many Fabrics & Leather to Choose From

"Make your house a Dupree's home"
Dupree's
FURNITURE

EASY LAYAWAY & FINANCING AVAILABLE
48 Years Experience
1900 E. 14th St. • San Leandro
357-3000
www.Duprees-Furniture.com

OPEN TUESDAY - SATURDAY 10AM-5PM • CLOSED SUNDAY & MONDAY

**FENCE
LEANING?**
**Don't
Replace...**
**Repair &
Save!**

Reinforcement of existing fences is my only business, Rotted posts are my specialty!

FREE ESTIMATES
510-706-6189
Randy McFarland



Now that you have your checklist, it's time to roll up your sleeves while it's still nice outside. Whether you're a DIYer or prefer hiring a professional, crossing these projects off your to-do list will help ensure you're safe and secure before temperatures drop.

A Fall Maintenance Checklist

Although the East Bay will still have a few more hot days, winter is right around the corner. So use the good weather to take care of this fall maintenance checklist:

Porch, Deck, Patio

- Reset exterior light timers
- Put away outdoor furniture and grilling equipment
- Repair cracks in concrete walkways and replace loose bricks
- If the deck has been stained within the past three years, apply clear water-repellent sealer containing a preservative

Roof and Gutters

- Look for loose, damaged or missing shingles, tiles of shakes. Loss of the colored granules on asphalt shingles is a sign of aging.

- Clean gutters and check for leaky seams, unsecured hangers and improper drainage of downspouts. Make sure they direct runoff water away from the foundation for a minimum of 3 feet.

- Check the flashing around the chimney or where a roof meets a wall

- Check the chimney of loose mortar and caulk. Have the chimney cleaned and inspected by a professional.

Exterior Walls

- Check for missing or loose siding.
- Caulk joints and minor cracks.
- Look for deteriorating finishes. Minor problems can be patched to preserve the wood.

Yards

- Trim broken or diseased limbs on trees. Look for possible splitting of heavy limbs from tree trunks.

Windows and Doors

- Check for air leaks. Add weather stripping as needed.
- Clean and lubricate window channels for smooth sliding.

Heating System

- Clean permanent furnace filters, replace disposable filters. Do this monthly during the heating season.

Attic

- Look for signs of roof or flashing leaks on rafters and insulation.
- Check vent openings for nest or other blockages.

Do You Use Old Heating Equipment?

It is estimated that nearly half of all heating and cooling equipment in U.S. homes never performs to its advertised capacity and efficiency due to incorrect installation, according to U.S. government statistics.

And if you have an older system that was built before current efficiency standards, you could be spending more than needed on heating your home.

If you need to replace your system, be sure to have it properly installed by a professional, certified by North American Technician Excellence (NATE), the nation's largest independent, nonprofit certification body for heating and air conditioning technicians.

Beyond having an efficient heating system properly installed, there are several other steps you can take to make your home cool-weather friendly:

- Clean heating filters. Check them every couple of weeks and change them at least twice in the season, or as directed by the manufacturer.
- Turn down the thermostat or install a programmable thermostat to regulate temperature.
- Clean the furnace area. Don't keep chemicals or cleaning products near a heater, and don't store anything next to it that could impede ventilation.
- Keep vents and returns free of any obstructions.
- Dry air feels cooler than moist air, so install a humidifier. A simple humidifier may make the home feel five degrees warmer than a home with dry air.
- Look into geothermal heating systems. By using the earth's natural heat, these systems are among the most efficient and energy-conserving heating and cooling technologies currently available.

To find a qualified local contractor who employs certified technicians, look for the NATE logo or go to HVACRAAdvice.com.



Monitor and be aware of your water footprint to help reduce your monthly bill, while reducing strain on water supplies.

Projects: Monitor Water

continued from previous page

Get to know your water usage

Most of us don't think twice when turning on the faucet, flushing the toilet or running a warm bath, which takes energy to heat. Water is our planet's most precious resource, but it's something we take for granted because it's available at the turn of a tap. Monitoring and being aware of your water footprint can help reduce your monthly bill, while reducing

strain on water supplies. For example, your money goes down the drain when dishes are washed by hand — using up to 27 gallons per load — instead of using an Energy Star certified dishwasher that can use as little as three gallons per load.

Smart washing machines can help you optimize your laundry preferences - and can find the right wash cycle and water-temperature preferences suitable for that load.

Nature: Better Insulation, More Efficiency

continued from previous page

Make sure gutters are clean and that downspouts extend away from your home. Check that the soil, grass or pavement properly slopes away from your foundation.

Insulate Effectively

Upgrading a home's insulation is an effective, easy way to increase energy efficiency while decreasing heating costs. The attic is a great start, but to achieve maximum efficiencies, don't overlook areas such as basements and rim joists.

The U.S. Department of Energy estimates homeowners could save an average of at least \$250 yearly in heating costs by insulating basement walls. And by insulating crawl spaces and rim joists, the U.S. Environmental Protection Agency estimates homeowners can save up to 20 percent on energy bills.

Opting for stone wool insulation, which is made from a combination of natural basalt rock and recycled slag, may provide your home greater benefits than tradi-

tional fiberglass insulation. Another stone wool insulation product is well-suited for soundproofing interior walls and ceilings between rooms.

WORLEY'S

Home Design Center

"The One-Stop Decorating Store Since 1952"

Interior Design

- All types Window Coverings
- Custom Draperies
- Flooring of every type
- Custom Area Rugs
- Cabinets
- Countertops
- Base/Crown Moldings
- Wallpaper
- Custom Reupholstery
- Fireplace Refacing
- Cushion Replacement
- Carpet/Lino Remnants

510-582-6400

2751 Castro Valley Blvd., Castro Valley
www.Worleyshdc.com

30% OFF On Any Budget Blinds Products



Great Selection of Attractive Styles to Handle Light, Privacy and Energy Issues.

We have the Best Warranties in the Business!

Shutters • Draperies • Wood Blinds
Honeycomb Shades • Roller Shades
Vertical Blinds • Silhouettes®
Woven Woods

Professional Measuring and Installation.
Quality, Convenience, Value!

BUDGET® BLINDS

Style and service for every budget.™

FREE In-Home Consultation & Estimates • Locally Owned & Operated

925-216-4857
Lafayette, Moraga, Orinda,
Oakland, Berkeley,
Castro Valley & Hayward
www.budgetblinds.com

SHELTERING IN PLACE - PERFECT TIME FOR FALL CLEANING

Clean your garage and yard now, we'll provide an economical dumpster delivered to your driveway - call for your next day delivery. We also deliver rock, topsoil, and building materials - let us know what your project is

www.uploadwehaulusave.com



U-LOAD WE-HAUL U-SAVE \$
510-468-4285

R&S Overhead Garage Door Inc.
510-483-9700
www.rsdoors.com
WE CAN FIX IT TODAY!

Lic.# 321078

• Noisy Garage Door? • Dented Steel Sections?
• Rotten Wood Panels? • Broken Springs?

Tune-Up Special
\$89 New Customers Only
Exp. 12/31/20
With coupon. Not valid with any other offers.

• Complete Lubrication
• Tighten All Fasteners
• Operator Adjustment
• Adjust Springs
• Safety Check

LETTERS

TO THE EDITOR
FREDZ@EBPUBLISHING.COM



Attend Monday's General Plan Hearing

Editor:

In last week's Castro Valley Forum, there was a Notice of Public Hearing for the County of Alameda Planning Commission to consider a series of zoning and map amendments, as part of the Castro Valley General Plan Implementation.

One of the proposed changes is to limit the size of vehicles that can be stored on-site at Public Facilities to 14,000 pounds. Castro Valley Sanitary District (CVSan) has concerns with this proposed change, and so should the community.

CVSan currently has three vehicles that weigh more than 14,000 pounds when fully loaded with maintenance supplies. These vehicles are essential for maintaining the public sewer system and responding to sewer emergencies.

We usually respond in 30 minutes or less to any sewer emergency, many times catching a spill before it damages homes, businesses, and creeks.

This proposed zoning change for Public Facilities will require CVSan to store its current and future service vehicles outside of Castro Valley, leading to likely delays in service, and potentially leading to greater damage to public and private property in the event of a sewer emergency.

The General Plan does have an exemption for public safety equipment and vehicles to the 14,000-pound limitation, but this exemption does not apply to CVSan.

CVSan needs one of two solutions to this potential problem.

One, CVSan be afforded an exemption to the vehicle weight restriction due to its being regulated by the California Health and Safety Code, and its vehicles being public safety vehicles.

Two, excluding the 14,000-pound vehicle restriction to the General Plan.

We would appreciate your support for our position. Please consider attending the virtual Hearing for the Castro Valley General Plan Implementation on Monday, October 5th at 3:00 p.m. You may participate at: <https://us02web.zoom.us/j/95946946292>.

—Roland P. Williams, Jr.
CVSan General Manager

Calls Defunding the Police 'Anarchy'

Editor:

In response to Alejandro Schimmels ("Understanding 'Defunding'," *Letters*, Sept. 2), No, it is very clear what defund the police means. We do not need a translation or an interpretation of three simple English words.

Clear-thinking people are not "uninformed" because they oppose anarchy. And defund the police is just that: anarchy.

For those who want to start productive programs to prevent or lessen behaviors that our society has already determined are non-acceptable, then by all means let's talk about it. But one does not start a supplemental program by burning down existing foundational structures, so please do not tie ideas for improvement to caustic chants screamed by rioting mobs in the streets.

Also, it is time for all of us to reject every politician who supports the overt destruction of our country, and this defund the police train of thought is a clear dividing line between those who want to build and those who want to destroy.

—Gino Bossetto, Castro Valley

A Trump Coup?

Editor:

Trump not agreeing to accept the results of the election if Biden wins, and declaring the vote count as fraudulent with no basis in fact, should be a clear wake-up call to all Americans.

Whether you are Republican or Democrat,

Trump's attempt at sabotaging the election results should stir your conscience. We do not want to have a dictator at the helm. It is obvious, Trump is setting up for a coup.

—Robert Thomas, Castro Valley

Supports Kusiak for School Board

Editor:

I met Michael Kusiak whom is running for CVUSD School Board earlier this year. A small group of parents with kids in Special Education in our district "interviewed" him.

We asked him many questions and told him all our concerns. He listened and he heard us. He engaged with us. He wants to make Castro Valley Unified School District a place for *all*. I know that he will stand up for all students (including those in Special Education). He will listen to the people he is representing.

I hope that you all will give him your vote in November for CVUSD School Board Member.

—Nicolette Efstathiou, Castro Valley

Says Climate Change At Fault for Fires

Editor:

Peter Hauer's letter "*Blames Democrats for Wildfires*," (*Letters*, Sept. 9) is repeating Trump's rhetoric. Is it the Democrats fault that 58% of the forests in California are managed by the Federal government? Who is to provide the needed personnel?

The state owns just 3% of the forests, the rest are owned by private individuals or companies, or Native American groups.

Are the Democrats at fault for the fires in Oregon, Washington, Colorado and Australia? The hottest day on record in LA, Sept. 6, 2020, was 121 degrees. Death Valley on Aug. 16 was 130 degrees.

To inform the readers it is in the best interest to read the science. Check out the NASA web site, EPA, Australian Academy of Science. United Nations, UC Davis, Natural Resources Defense Council, National Geographic Society.

There are many more resources that document the change as in James Balog's, "Chasing Ice." How can you deny the evidence? If you were to go to the hospital for a broken hip would you trust the doctor? Who will trust the science on the best procedure to repair your hip? Would you tell the doctor it is a hoax?

This is real and you can believe it or not, but it does not change the facts. Inform yourself.

—Marilyn Anderson, Castro Valley

The Need for COVID Emergency Relief

Editor:

"Go for the much higher numbers," President Donald Trump said in a tweet on Sept. 16, 2020. I agree!

The Republican senators proposed a "skinny" package for COVID Relief that is woefully inadequate.

The pandemic will push an additional 96 million people into extreme poverty by next year, majority are women and girls, according to estimates by U.N. Women. This will bring the total number of women and girls worldwide living in extreme poverty (under \$1.90 per day) to 435 million.

The pandemic has disrupted vaccinations in 68 countries resulting in 80 million toddlers missing out on vaccines. Due to food insecurity worldwide, 6.7 million children are at risk of wasting, an acute form of malnutrition.

I'm calling on Senator Harris, Senator Feinstein and Rep. Swalwell Jr. to "go big" for COVID-19 Emergency Relief and push for \$20 billion in for-

eign aid to provide real global relief.

—Pat Payne, West Regional Leader
Dining for Women, Castro Valley

Isn't Education "Essential?"

Editor:

The biggest reason our schools are closed is because school kids don't have a union. That's why politicians don't care about the kids. Instead, politicians bow to the teachers' unions. (This dynamic also explains why most politicians oppose school vouchers.)

"Remote learning" (on-line education) has been a disaster for most kids. They are not learning much of anything, yet they are forced to stare into a glaring (but largely useless) computer screen.

And God help the children of recent immigrants, who often have minimal computer skills. And the same goes for all those single parents, trying to supervise two or three kids in different grades on different computers, all at the same time. And let's not forget countless parents who have had their work schedules destroyed by closing the schools.

Grocery store clerks work with the public every day, because food is essential. But isn't education also "essential?"

If some teachers need to avoid this virus, (due to old age, or pre-existing conditions) then let them stay home, where they can work on-line, supervising all of the kids who also want to stay home.

Likewise, the teachers who want to return to the classroom should be allowed back in the classroom, where they can teach all the kids who also want to be back in school. If his royal highness, Gavin, still insists on keeping schools closed, then the Castro Valley School District had better make their on-line learning more user-friendly. Because thousands of parents are watching their kids ride on a slow-moving train wreck.

—Mark Poland, Castro Valley

Ban Frog and Turtle Import Permits

Editor:

Senator Henry Stern's SB 1175 (live animal food markets) failed passage at the last minute, once again leaving environmental protection, animal welfare and the public health in the lurch. We've been fighting this battle since the mid-1990s.

California annually imports two million American bullfrogs, plus an estimated 300,000 freshwater turtles for human consumption. Most of the frogs are commercially-raised in China and Taiwan, the turtles are taken from the wild, depleting local populations. Non-natives all, these animals are routinely released into local waters, where they prey upon and displace our native species. Worse, the majority of the bullfrogs carry the dreaded chytrid fungus (or Bd), the cause of the extinctions of 200-plus amphibian species worldwide in recent years. Some 30 necropsies on the market frogs and turtles document that all are diseased and/or parasitized, though it is illegal to import and/or sell such products.

Where are the local health departments, pray? Or enforcement by the Dept. of Fish and Wildlife?

Despite major support for a ban, the department continues to issue the frog/turtle import permits, thereby endangering public health, the environment and animal welfare.

Write: Chuck Bonham, Director, DFW, 1416 9th St., Sacramento, CA 95841, email: director@wildlife.ca.gov; and Wade Crowfoot, Resources Secretary (same address), email: secretary@resources.ca.gov. All legislators may be written c/o The State Capitol, Sacramento, CA 95814.

—Eric Mills, Action for Animals, Oakland

Obituaries

CASTRO VALLEY FORUM OBITUARIES

may be emailed to: obits@ebpublishing.com or faxed to 510-483-4209. Include a phone number. For assistance, please call Patrick Vadnais at 510-614-1558

SARA L. ENNOR LAWYER

- Wills & Trusts
- Benefits, ERISA
- QDROs

510-633-9985

DEERCREEK TOP RATED CREMATION & BURIAL SERVICES

JC Spencer Jr.
Director
The Old Yellow House
Castro Valley
510-317-7890
FD 1505 FDK 651

Since 1965
Jess C. Spencer
Mortuary & Crematory
21228 Redwood Rd.,
Castro Valley
581-9133

Offering
Personalized
Memorial and
Cremation
Services.



FD 1168 CR49

Dolores Satterfield Johnson

It is with profound sadness that we announce the passing of Dolores Satterfield Johnson, a resident of San Leandro CA, on August 28, 2020 at Sonora, CA.

Born on September 30, 1929 in Fort Smith, AR to Agnes Douglas Broom and Daniel Boone Satterfield, the family moved to Oakland, CA in 1942.

Soon Dolores met Maurice Anthony Johnson. They married after his military service on November 30, 1947.

She is survived by three children, Maurice, Steven and Nancy (Cooper), and by eight grandchildren and ten great-grandchildren.

Dolores was an awesome wife, mother and friend to anyone who knew her. She will be greatly missed by all.

A private burial was held for her on September 9th at Chapel of the Chimes, Hayward, CA.



LETTERS TO THE EDITOR

must include writer's first and last names, phone number, city of residence, and must be under 300 words. Not all letters can be published. We reserve the right to edit as necessary. We do not withhold names or publish unsigned letters. Email letters to: fredz@ebpublishing.com or mail to: The Forum
P.O. Box 2897,
Alameda, CA 94501.

CROSSWORD PUZZLE ANSWERS

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | O | P | H | S | | I | N | K | | I | S | M |
| I | B | E | A | M | | M | O | O | | C | P | A |
| P | I | N | T | A | | P | E | N | C | I | L | S |
| | | G | E | R | B | I | L | | H | E | A | T |
| Y | O | U | | M | A | S | | P | A | R | T | S |
| E | R | I | E | | C | H | A | R | M | | | |
| S | E | N | D | A | K | | H | O | P | P | E | R |
| | | I | S | S | U | E | | S | E | G | A | |
| S | C | A | T | S | | N | A | B | | N | O | W |
| E | R | N | E | | E | I | D | E | R | S | | |
| P | E | N | D | A | N | T | | L | E | I | G | H |
| A | D | O | | L | I | E | | L | A | V | E | R |
| L | O | Y | | A | D | D | | E | P | E | E | S |

Celebrate Arts and History

By Bruce Roberts
SPECIAL TO THE FORUM

During the entire month of October, two worthwhile Hayward non-profits – the Hayward Arts Council and the Hayward Area Historical Society – will join forces to raise funds through an on-line auction.

The dazzling array of auction items includes original works of art by local artists, archival framed prints from the Historical Society collection, experiences such as barbecue, cooking, and art classes, virtual wine and tequila tastings, pet portraits, gift baskets, and gift cards to many local restaurants and businesses.

In addition, to help grow art and history in our community, both organizations will cheerfully accept donations of any size.

Businesses and individuals can become sponsors of the event, and be rewarded with valuable local advertising. Sponsors of the event so far include East Bay Community Energy, Sakura of America, Hayward Mayor Barbara Halliday, Ed and Esther Keller, Karen McHenry Smith, Supervisor Nate Miley, Lawrence and Kathleen Ratto, Bruce and Kathy Roberts, Guy Sandoval and Elisabeth Gieger, Robert and Sandy Simoni, Gerald and Winifred Thompson, and



Aran Mimran at Aran's Art Studio in Castro Village. During the Arts & History online fundraiser in October you can bid on Aran's virtual class to Paint Dot Mandalas in ceramics, an easy and fun step-by-step zoom class for five guests, materials included. Aran's is one of some 40 artist-donors and more than 20 sponsors of the auction. Check out the link to the online auction at haywardartscouncil.org or haywardareahistory.org

Vanderbilt Family Builders.

If you value the culture of art and history in the area, get involved and visit haywardartscouncil.org or haywardareahistory.org or go to the online auction at bit.ly/CelebrateArtsAndHistory during the month of October.

The Hayward Arts Council provides opportunities for artistic expression in six art venues and advocates and supports arts

education in our schools. HAHS connects people, experiences, and stories of the Hayward area.

For more information, contact Winda Shimizu at Hayward Arts Council at hac@haywardartscouncil.org, or Marcess at the Historical Society at marcess@haywardareahistory.org.

Bruce Roberts is Hayward Art Council Board Vice President and Hayward Poet Laureate.

CV's First American Family

Editor's Note: Castro Valley resident Rick Kelly recently started a new project that examines the history of Castro Valley from a different perspective, "Mapping the Evolution of Castro Valley: From Rancho to Ranch Homes." The first excerpt was published in the Forum on July 15, the second on Aug. 5. The author is hoping readers who have stories, artifacts or photos will add to the history. He has set up a website at tinyurl.com/y9uzwt0z that lists people in whom he is particularly interested. Here is Part 3.

By Rick Kelly
SPECIAL TO THE FORUM

Father Zachariah Hughes was a farmer and Methodist minister from Missouri. He left his family and journeyed to California for the Gold Rush in 1849. He is recorded living in a rooming house in Sacramento with a likely relative in the 1850 Census, identified as a "miner." This was impressive as Hughes was not the prototypical 18-25 year old '49er, he was already 54 years old.

In 1851, Hughes returned to Missouri and set out for California the following spring with his second wife and several children, traveling over the plains by wagon train. The family moved into the 448 acres farm he had purchased from Guillermo Castro, the first land sold to an American in Castro Valley history.

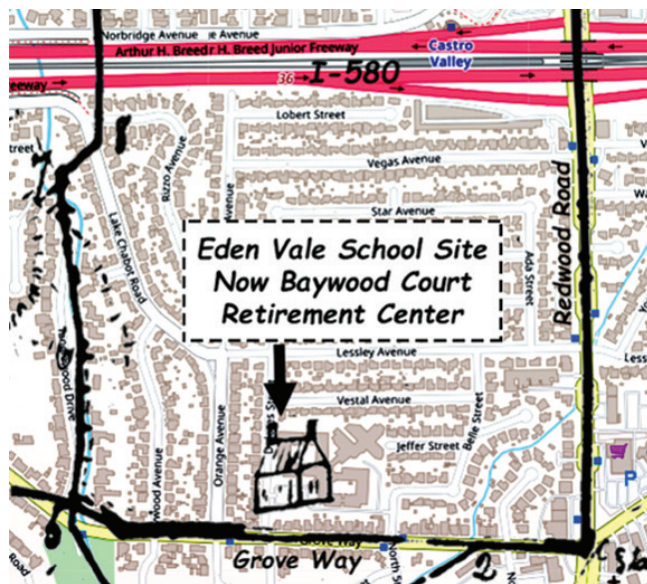
Hughes had a four-year mortgage, typical for that era, paying off the loan and receiving the deed in 1856.

Hughes and his brood appear in the 1852 state census, the first to include Castro Valley, then part of Contra Costa County. He purchased an additional 85 acres from his neighbor William Knox in 1862, bringing his total farm to 533 acres, one of the biggest farms in town history.

Father Hughes needed a church, see **FAMILY** on back page



Zachariah Hughes and his wife Parmelia and daughter Martha Jane ~1861



Hayward Extends Moratorium on Evictions

The Hayward City Council voted last week to extend, through the end of January 2021, an emergency moratorium that bars evictions of commercial tenants for non-payment of rent because of the pandemic.

The action amends a moratorium that was scheduled to end today prohibiting evictions of

both residential and commercial tenants, as well as homeowners, in which coronavirus was a factor in failure to make rent or mortgage loan payments.

The amended legislation extends Hayward's eviction protections for commercial tenants only. A statewide moratorium on residential evictions had already

been enacted in August which also ends on Jan. 31. Nothing in the Hayward ordinance relieves commercial tenants of an obligation to pay rent, and unpaid back rent still accumulates. It bars evictions only while the moratorium is in place and during a 180-day repayment period following the moratorium's expiration.

HOROSCOPE by Salomé

© 2019 King Features Synd., Inc.



ARIES (March 21 - April 19): A workplace change doesn't seem to have turned out quite as you'd hoped. Never mind: Just treat yourself to a healthy dollop of that Aries self-confidence, and you'll soon view things differently.



TAURUS (April 20 - May 20): Some of the support you might have hoped for in a difficult situation might not be there. But you have the strength to rely on your own capabilities if you must. Good luck.



GEMINI (May 21 - June 20): A disagreement with a longtime friend can be painful, but it also can be a learning lesson. Insist on a full and complete airing of views. You'll both come away the better for it.



CANCER (June 21 - July 22): A stalled relationship can be restarted with some give and take on both sides. And while it could take more time than you expect, don't rush it. Be patient, and let it happen naturally.



LEO (July 23 - August 22): An opportunity to move a long-stalled project from concept to construction might be opening up for the Big Cat. Meanwhile, be prepared to spend more time dealing with family matters.



VIRGO (August 23 - Sept. 22): Use your Virgo organizational skills to line up support to help you deal with a sticky workplace problem. A personal matter also might be helped with friendly intervention.



LIBRA (Sept. 23 - October 22): Trying to resolve a workplace problem with a longtime associate can be difficult. Consider bringing in an impartial third party to help you both reach a mutually acceptable solution.



SCORPIO (October 23 - November 21): This is a good time to assess your current career situation. Consider whether you have a chance to move up where you are now, or if you should look elsewhere.



SAGITTARIUS (Nov. 22 - Dec. 21): With education being a dominant part of this week's aspect, one of the things you might want to think about is taking courses to enhance your career opportunities.



CAPRICORN (Dec. 22 - Jan. 19): You might have a problem trying to stay focused on a matter you'd rather not deal with. But the sooner you do, the sooner it will be resolved and out of the way.



AQUARIUS (Jan. 20 - Feb. 18): An unforeseen complication creates a difficult problem. But things get resolved once you use your ability to turn negative situations into positive experiences.



PISCES (Feb. 19 - March 20): The Pisces penchant for doing the right thing at the right time helps you deal with a particularly troublesome situation. Consider your best option, and act accordingly.

STOP THE SPREAD

WEAR YOUR MASK

FILED
AUGUST 10, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 572105

FICTITIOUS BUSINESS NAME STATEMENT
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): Lornel Logistics LLC located at 1135 Jefferson Street, San Leandro, CA 94577, in Alameda County, is hereby registered by the following owner(s): Lornel Logistics LLC, 1135 Jefferson Street, San Leandro, CA 94577. This business is conducted by a limited liability company. This business commenced N/A. /s/ Lornel Logistics LLC
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires AUGUST 10, 2025
SEPT 09, 16, 23, 30, 2020
284-CVF

FILED
SEPTEMBER 01, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 572565

FICTITIOUS BUSINESS NAME STATEMENT
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): ANGLIN, TODD DOUGLAS located at 2877 Grove Way, Castro Valley, CA 94546, in Alameda County, is hereby registered by the following owner(s): Todd Douglas Anglin, 3316 Monika Lane, Hayward, CA 94541. This business is conducted by an individual. This business commenced N/A. /s/ Todd Douglas Anglin
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires SEPTEMBER 01, 2025
SEPT 23, 30, OCT 07, 14, 2020
285-CVF

FILED
SEPTEMBER 01, 2020
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 572587

FICTITIOUS BUSINESS NAME STATEMENT
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business(es): BED ZONE located at 3959 East Castro Valley Blvd., Castro Valley, CA 94552, in Alameda County, is hereby registered by the following owner(s): MMM ZONE INC., 2140 Cristina Way, Brentwood, CA 94513. This business is conducted by a corporation. This business commenced N/A. /s/ MMM ZONE INC.
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.
Expires SEPTEMBER 01, 2025
SEPT 30, OCT 07, 14, 21, 2020
289-CVF

ATHLETES OF THE WEEK

Madelyn and Jessica Sage

This week's Athlete of the Week are Madelyn and Jessica Sage. The sisters are both playing club water polo in the East Bay.

Madelyn graduated from Castro Valley High School in 2020 and was on the inaugural Varsity Girls Water Polo team where she played all four years. She is currently playing for the Alameda Neptunes and hopes to play for her current school— UC Santa Barbara— when the sport reopens.

Jessica is a Junior at CVHS and is on the SoAC Water Polo Club in Union City.



Madelyn



Jessica

CASTRO VALLEY INDEPENDENT SPORTS LEAGUE



Youth Baseball and Flag Football Programs
www.CVSPORTSLEAGUE.org



Dolly Adams

Castro Valley School Board

Vote for Dolly Adams for Castro Valley School Board by November 3rd!

I moved to Castro Valley because of the schools, then I worked for Castro Valley Unified School District because it is a great district to work for, and now I would love to shape policy for the schools that make Castro Valley a great place to thrive.



Qualifications and Dedication to Service

- Teacher with a Master's of Science as an Education Specialist and 29 years of experience in education, with 21 years teaching in the Castro Valley Unified School District.
- Resident of Castro Valley for over 30 years with experience on several boards such as the Castro Valley Municipal Advisory Council and the Castro Valley Teachers Association where I have been open, responsive, and adaptive to the community's concerns.
- Current public school teacher implementing distance learning and wrote my master's thesis on computerized learning.
- I believe in equity and high quality education for all, maintaining excellent college preparation, and improving career and technical education beyond our exemplary ROP.

Endorsed by Castro Valley Teachers Association, Assemblyman Bill Quirk, Supervisor Nate Miley and many community leaders, teachers and parents

DollyAdams4kids.com

FPPC#: 1425676

CV Adult School Offers Online Classes to Help You Thrive While Sheltered in Place

By Linette Escobar
SPECIAL TO THE FORUM

It's been a long year. Most people are struggling with the restrictions the pandemic has made on normal life.

Castro Valley Adult & Career Education (CVACE) has pivoted its in-person model to offer virtual and hybrid classes that will help you to stay healthy, relax, start a new hobby or up your career skills.

We've been given the gift of time, how will we use it?

For your health. Now more than ever we are aware how important it is to be physically and mentally healthy. CVACE offers affordable access to nutrition and fitness experts. Learn how a 3-week eating and lifestyle plan can revitalize body, mind and spirit in "Detox with Whole Foods."

Take a Zumba class and bring some music and energy into your house. If you're looking to slow down, the school offers an array of yoga classes for every fitness level including "Chair Yoga" so that even folks with mobility issues can join in.

Dallis Wright-Morash, the Fitness Director at Bay-O-Vista, offers her always full Pilates, Power and Posture. Now's your chance to get off the wait list!

Engage your brain. Have you watched Netflix A-Z yet? How about learning a language instead?

Learn Italian while you are waiting to travel again. New this fall, CVACE offers Beginning Drawing and Watercolor Basics to feed your creativity.

Prepare for your future. If you've been meaning to get around to planning your estate, now is the time. There is even a new class on estate planning when you have a special needs child.

If you've been dreaming of a career in the medical field, our Medical Academy is offering a hybrid program where you learn online then come to school with every precaution in place to practice hands on skills. Mandatory registration is October 6. CVACE also offers many skill-building classes from Microsoft Office Skills to such certificate courses as

Digital Marketing. There's even a one-day class to become a notary public.

Help your kids get through this. As a Community Service, the Adult School is offering a series of parenting classes to help caregivers support their children through distance learning and the stress of the pandemic.

Whatever your interest or motivation, there is an affordable class that helps you make the most of your time during this difficult season. Visit www.cvadult.org or contact Castro Valley Adult & Career Education at (510) 886-1000 to learn more or sign up for classes before they fill.

Linette Escobar is Marketing Chair of Castro Valley Adult & Career Education.

Annual 10K on the Bay Now Underway as Virtual Event

The Hayward Shoreline Interpretive Center's 17th Annual 10K on the Bay Race/Walk is underway as a virtual event this year.

You can race anywhere, anytime, or use the defined course at the Hayward Shoreline, which has remained open during the pandemic.

Visit www.10konthebay.org to register or for more information. The event continues through Sunday, Oct. 11.

The registration fee is \$20 per person. You will receive an event t-shirt that can either be mailed to you for a nominal fee or picked up after the race.

This is a great opportunity to get out of the house, compete with friends and support your local nature center. Awards will be given to the fastest overall male and female runners in each age category.

Family: Names Enshrined in Local Roads

continued from page 11

and the growing number of children in the area needed a school so, working with Castro Valley neighbor William Mattox and San Lorenzo squatter Robert Farrelly, he built the first schoolhouse/church in Castro Valley history in 1855, named after his farm, Eden Vale School.

The one room building was constructed of redwood lumber hauled down from the sawmills working the redwood forests by Moraga. It served all the children for miles around.

The school was depicted on a map of Hughes farm made in 1856, and by superimposing this map with a modern map, it is apparent that Eden Vale was at the site of the current Baywood Court Retirement Center.

Local citizens wished to move the schoolhouse closer to Hayward, making it more accessible for the children of that area, but Hughes wasn't interested. About 1858 it was moved to the corner of Hughes property, at the current site of Keith's Transmission on Redwood Road.

Legend has it that it was then moved into Hayward secretly in the middle of the night on the Fourth of July of 1864. It is hard to know if this midnight raid really happened or is a tall tale, but if a fable it is an old one, as it was recorded twice over 120 years ago by two men who were present.

One way or another, the school-

house was moved to Hayward in 1864, leaving Castro Valley without a local school for nine years.

Zachariah Hughes died in 1867, but his son Watson Hughes and stepsons John William and James Jamison continued to farm in Castro Valley for years. John William Jamison lived in the area until he

died in 1901, and his children were responsible for much of the early suburban subdivision of town.

Three of their names are enshrined in local road names — Jamison Way, Lorena Avenue and Mable Avenue. Family photo provided by the Hughes' great, great granddaughter.

ADOPT-A-PET



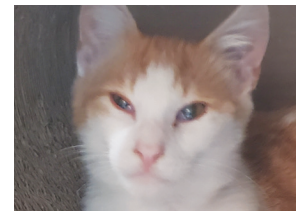
CHAPO is a 4 year old male who loves going on walks. He would like to go to a home with older children, other dogs okay too. Hayward Animal Shelter, 510-293-7200.



PABLO is a 4 year old male who loves playing with toys, especially tennis balls. He would like a home with older children, other dogs okay too. Hayward Animal Shelter, 510-293-7200.



MARISSA is a 5 month old gray and white tabby who loves to snuggle. Marissa is spayed, chipped, vaccinated and FIV/FELV negative. Email Loveallpawzrescue@gmail.com.



REX is a playful and friendly 6 month old orange and white tabby. He is neutered, vaccinated, chipped and FIV/FELV negative. Email Loveallpawzrescue@gmail.com.