

# San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

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SAN LEANDRO • CALIFORNIA

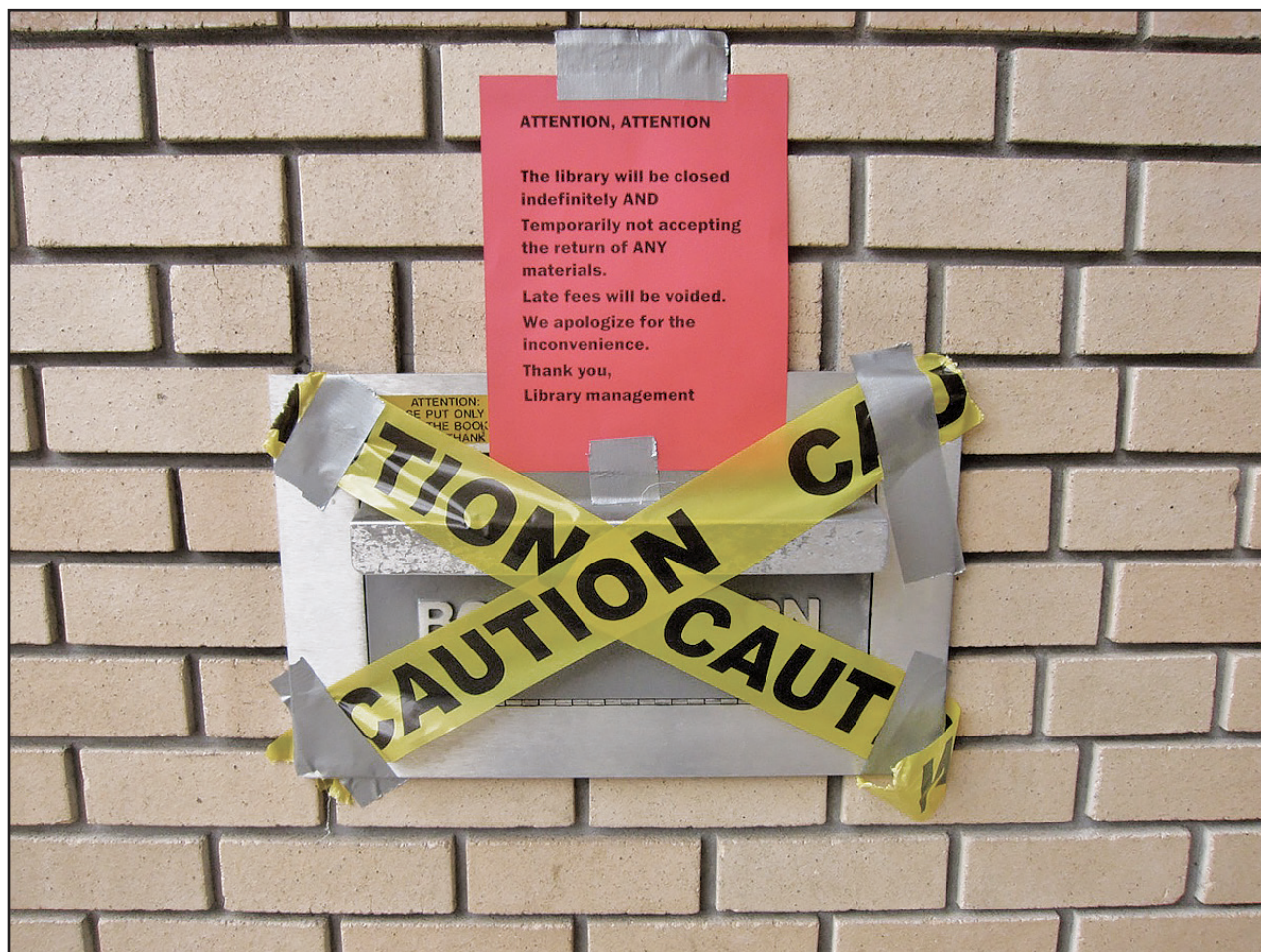


PHOTO BY JIM KNOWLES

The San Leandro public libraries closed on Monday, including the Main Library on Estudillo Avenue where it wasn't even possible to return a book in the outdoor slot. Below, shoppers crowd the downtown Safeway.

## San Leandro Shuts Down

By Jim Knowles  
San Leandro Times

Well, Safeway is doing a heck of a business. The Clorox company's stock is soaring. And if you're a kid, you don't have to go to school. So it isn't all bad.

San Leandro went into shutdown mode this week, along with the rest of the country.

The San Leandro school district announced the schools will close until April 6. Though there is no guarantee that the spread of the coronavirus will be any less in April.

On Monday afternoon, Alameda Coun-

ty ordered a "shelter in place" to slow the spread of the coronavirus (COVID-19).

Readers walked up to the San Leandro Main Library on Monday and found the doors locked and a sign that read "Closed."

"I'm sad, because the schools are closed, too," said Lorraine Rocha of San Leandro with her young daughter in tow. "Now I think we're going to go to a bookstore and buy some books, if a bookstore is still open."

The City of San Leandro closed all non-essential services starting Monday,

see SHUTS DOWN, page 3



## Businesses Hit by 'Shelter in Place' Order

By Mike McGuire  
San Leandro Times

Restaurants and bars were among the businesses shut down, with bars shutting down just in time for St. Patrick's Day, as all Alameda County residents were ordered to shelter in place for the next three weeks under an order issued Monday afternoon by county Health Officer Dr. Eric Pan.

Restaurants will still be able to sell food for take-out.

Many of San Leandro's restaurants had been struggling before the order, while supermarkets had long lines.

This past weekend was slow at many businesses, even if one considered the unusually cold and rainy weather.

One business that usually does well in bad weather is Pho Ma-Ha at East 14th Street near Estabrook Street, according to the manager. Its business was down 50 percent, and even take-out business was down.

One of the city's popular pizzerias saw business way down, while at another across town customers kept coming in and calling.

Porky's Pizza in Washington Manor has seen a drop in business, according to owner Gary Valenziano. On a Sunday, there are usually about 100 customers on hand, but there were only about a half-dozen people in the restaurant on Sunday, another eight in the take-out line.

"If this continues more than a couple of weeks, we'll be cutting

our staff in half," Valenziano said. "But we'll keep delivery people on."

At Bluebird Pizza, on East 14th Street on the north side of town, owner Fran Leidy said they see BUSINESS, page 2

## Swalwell to Host Tele-Town Hall On COVID-19

Congressman Eric Swalwell announced he will host a telephone town hall for 15th Congressional District residents on Thursday, March 19, with special guests Dr. Arthur Reingold and Dr. Michael Anderson to discuss the COVID-19 outbreak.

"As new cases of the coronavirus appear in the Bay Area and across the nation, it is more important than ever to stay informed," said Swalwell. "I am thrilled to be joined by two esteemed professors of public health to provide my constituents with the most up-to-date information on prevention and preparedness during these uncertain times."

The telephone town hall will take place at 6:30 p.m. on Thursday, see TOWN HALL, page 6

## A Message to our Readers

The rapidly spreading coronavirus disease has changed our world in a way we couldn't have imagined only a month ago. And respected health officials tell us that the worst is still ahead.

At this time, we have no idea how this outbreak will impact our newspaper staff, or the people who print the Times, or the people who deliver it.

If you do not receive a copy of the San Leandro Times next Thursday, please visit our website: sanleandrotimes.com for information.

What's most important now is for all of us to protect ourselves, our families, our friends and our neighbors by following the instructions of state and local officials.

—Fred Zehnder, Editor & Publisher

## SL City Council Declares Emergency

By Mike McGuire  
San Leandro Times

The San Leandro City Council unanimously declared a citywide state of emergency at Monday's meeting, making City Manager Jeff Kay the city's emergency services director in the weeks ahead.

Kay reported that most city buildings are closed, not only

to the public but to employees. But essential services are being provided.

City employees able to work from home will be doing so, and others will be placed on emergency leave and will continue to be paid.

Efforts to have additional city employees work from home see EMERGENCY, page 3

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## MEETING SCHEDULES

### CITY COUNCIL

Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

### SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



## San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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# Two Men Shot and Killed Business: Some doing okay

Two men in their 20s were shot and killed on Friday night in the 2100 block of East 14th Street.

Police arrived after getting reports of shots being fired at about 11 p.m. and found two victims suffering from gunshot wounds seated in a vehicle, according to the San Leandro police.

One man was pronounced dead at the scene. The other man was taken to a hospital where life-saving efforts continued but he died of his injuries, police said.

The identities of the victims are being withheld pending con-

firmation that their families have been notified.

Preliminary information revealed that there was some type of verbal exchange between the victims and the suspect right before the gunshots were fired, according to police.

Police said that the motive for the homicides remains unclear, but that the investigation is ongoing.

Anyone with information about this case is asked to call the San Leandro Police Department at 510-577-2740.

## Exchange Student Program Looking for Host Families

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*continued from front page*  
were still busy with a bit more take-out than usual.

At Saigon House on Manor Boulevard owner George Lam said "business is OK." At the 7-11 a few doors down, business was slow, but hand sanitizer sales were brisk, said the manager.

At Clancy's Ice Cream in between those two businesses, owner Chau Lin said business was slow, but only because it always is when the weather is cold and wet. She was optimistic that business would rebound with warmer days.

At Tito's Mexican Restaurant, on East 14th Street, owner Mike DeMiguel said that while take-out business is up slightly this weekend, business had been cut in half.

"Our staff is still on and we spend all our time cleaning," he said.

Many long-time customers keep coming in, but he's worried about the downturn eventually hurting the staff, many of whom have been with the business an equally long time,

DeMiguel said.

At Ana Rosa's Mexican Restaurant, at East 14th Street and Estabrook Street, owner Natalia Jimenez said customers were deliberately spaced farther apart than usual and they had stopped using silverware. "Everything is sanitized," she said.

### Restaurant Take-Out Business Doing Well

But the restaurant was lively at lunchtime on a Monday. Jimenez said that Mondays were often quite busy, due to standing orders from some businesses and government offices. They were having more to-go orders than usual, she said.

Take-out business is normal, but dining-in was dropping at Boulevard Burger on MacArthur Boulevard, according to owner Desi Montoya. At lunchtime on Monday, several parties were eating lunch there, but the restaurant was not crowded.

Estudillo Produce's Julie Pearson, whose family owns the business at the corner of Estudillo Avenue and MacArthur Boule-

vard, said business was up.

"Like at a lot of food stores, people are buying lots of food. People still have to eat," she said. At lunchtime on Monday, there was a line for food purchases, but one could walk up to the sandwich and deli counter, sometimes crowded then.

Next door at Slikker's Donuts, owner Mei Chun said business was "okay." They had been busy Sunday, but it was slow that Monday.

"Monday is usually a slow day, though," she said.

Monday at lunch found only a few tables occupied at Sizzler Steak House, in the downtown plaza. A manager said in-person business had been low, but take-out was doing well, adding that Sizzler does do take-out orders.

At Taqueria Los Pericos in Pelton Center, the manager said business was lower overall, but lunch on Monday was good. The restaurant was about half-full, with short lines to place one's order.

Fernando said take-out business at Los Pericos was good.

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# Shuts Down: Ale House owner hopeful we will pull through this

continued from front page

shutting down the libraries, community centers, aquatic facilities and City Hall. Essential services of police and fire departments continue to operate as normal.

In downtown San Leandro, they were putting up the chairs in the middle of the day at Peet's Coffeehouse at the corner of East 14th Street and Juana Avenue. It was coffee to-go only.

The barista asked customers if they wanted coffee beans to take home.

You know, just in case the store had to close you wouldn't want to be without the necessities.

But Cuhna's Cocktails in Pelton Center was still open, at least on Monday, though with just two customers and one was a Cuhna's off-duty bartender.

"It was slowing down over the past week but the regulars were still coming in," said bartender Greg Castro, who said they would shut down when the order came in.

The Cooler brew pub just around the corner was closed by Monday. And Baskin-Robbins was open but no longer giving

ice cream samples.

## "Sunday, that was an eye-opener"

A few patrons were having lunch at the Sons of Liberty Ale House in the Downtown Plaza where the owner said the slow-down just hit this past weekend.

"Friday was good, and Saturday, but on Sunday that's when we noticed it – that was an eye-opener," said Sons of Liberty owner Tom Lawrie.

Lawrie said they had a staff meeting last week to discuss the possibility of a shutdown. At lunchtime Monday, he was expecting a county order to shut down that afternoon.

Lawrie said people will get through this, though younger people haven't seen a real crisis before, nothing like the Depression in the 1930s.

"Young people have just seen good times," Lawrie said. "Even in 2009 and 2010, you could find a job. Hopefully, people who are sick will stay home and take care and this will turn out okay."

"I'm sure it will turn out all right, and this will be just a little

blip in the road."

The Port of Oakland announced Monday that both the shipping port and the airport would stay open since they are essential services. Even though airline travel might have a little to do with the spread of the coronavirus.

## Safeway in Need of More Workers

But on the bright side, Safeway announced openings for 2,000 new jobs to meet the increased demand, and business has been booming at Costco.

Many of the events planned in San Leandro were canceled.

The music concert at Bancroft Middle School that was scheduled for this Sunday has been canceled. The Friends of the Library canceled their Spring Book Sale that was set for April 4 and 5. American Legion Post 117 canceled its March and April fourth Sunday breakfasts.

Just about all gatherings that usually appear in the weekly calendar have been nixed.

And the Oakland Zoo closed until the order is lifted.



PHOTO BY JIM KNOWLES

Shoppers find the shelves are bare in the toilet paper aisle at the downtown Safeway.

## City to Update Website for Emergency

The City of San Leandro will be posting COVID-19 updates on

its website, [www.sanleandro.org](http://www.sanleandro.org), resources to help get through the emergency, said City Manager Jeff Kay.

Short updates will also be provided on the city radio station (Channel 99 on AT&T, and Chan-

nel 15 on Comcast) plans to give more detailed information. They both broadcast around the clock.

Additional information can be found on Alameda County's website: [www.acgov.org](http://www.acgov.org) and then following the links to their COVID-19 webpage.

## Emergency: Mayor to hold fireside chats

continued from front page

will continue, Kay said. But the Alameda County declaration at 1 p.m. Monday sent employees home on short notice before all work-from-home arrangements could be made.

The city is also considering a local moratorium on evictions and rent increases at a time of unusual economic stress.

Mayor Cutter called upon San Leandrans to help out in the community as volunteers during the emergency. People were needed to hand take-out meals to seniors and schoolchildren, she said. City Council members Pete Ballew and Ed Hernandez both said the Alameda County Food Bank needs volunteers.

The City Council itself did the social distancing health experts are recommending during the coronavirus epidemic, sitting a seat apart.

Councilwoman Deborah Cox participated remotely from home as a health precaution. She is well, she said.

The relatively few members of the public at the meeting were advised by signs on seats to sit at least six feet apart.

City Manager Kay said they were switching as many city

services to online as possible. Some kinds of permits would be included in this, along with the filing of some police reports.

"Everybody's going to be short of resources, everybody will be short-staffed," Kay said. "Today is one of the most challenging days we've ever had. Where we are this afternoon is very different from what it was when we came into work this morning."

Councilwoman Corina Lopez said we should avoid creating any more of a housing crisis at a time when many people are under economic stress due to the virus. Lopez called for a moratorium on both evictions and rent increases while the coronavirus emergency is in effect. An emergency declaration by Governor Newsom

cleared the way for cities to do so.

He also said that the city could consider such an ordinance by teleconference in light of the current emergency making in-person meetings problematic.

Mayor Cutter announced she was re-convening the Disaster Council, consisting of herself and council members Ballew and Lopez, to coordinate the city's

response.

Cutter said she also wants use the city's emergency radio station (1610 AM) and the city's television station (Comcast 15), to give out useful information during the emergency.

The mayor said she hopes to give a modern version of Franklin Roosevelt's "fireside chats" on the radio to calm fear and impart information.

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# NEIGHBORS



Farrelly Pond neighbors came together to connect with each other and share their experiences working in the association.

## A Friendly Meet and Greet With Neighbors

Farrelly Pond neighbors had a meet and greet on March 10 at San Gaspar Restaurant to get together and reinvigorate the neighborhood association.

Despite concerns of public gatherings in these times, approximately 40 neighbors came out, pointing out the need for community connection. Neighbors practiced caution in washing their hands and avoiding physical contact while still being friendly to one another.

Prior FPNA board members shared about

their past experiences – from cooking for a local women and children shelter, donating to local scholarship funds, hosting National Night Out and emergency preparedness events for the neighborhood.

The next FPNA meeting will be on Tuesday, April 14. For more information, call Mary Jo Kneuen at 510 677-0193 or for more information. Accommodations can be made for neighbors that are elderly or immune compromised to join by phone or video.

## ARTS & ENTERTAINMENT

### ❖ Douglas Morrisson Theatre *Cinderella*

East Bay Children's Theatre presents a fresh and funny take on the classic *Cinderella* at 7 p.m. on Sunday, March 22, at the Douglas Morrisson Theatre, 2231 N. Third Street, San Leandro.

Tickets are \$12 to \$22. For tickets or more information, visit [www.ebctOnline.org](http://www.ebctOnline.org).

❖ Castro Valley Community Arts Center will perform a concert on Sunday,

March 29, at 2 p.m. at The Castro Valley Community Arts Center, 9501 Redwood Road in Castro Valley. The orchestra will feature a soloist, classical music, "Morceau de Concert," and Franz Schubert's "Tragic" Symphony #4, and "A Song of Hope for the Refugees," by composer and orchestra violist, Thomas Baker, and perhaps a surprise or two. Tickets are available at the Castro Valley Adult School offices, 4430 Alma Ave. Phone: 510-886-1000. Tickets are only \$10 (\$5 for students with ID) or on the day of the concert for \$14 and \$8. There will be a silent auction at the concert.

## HOROSCOPE

by Salomé

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**ARIES (March 21 - April 19):** A pesky health problem should clear up soon. Meanwhile, travel -- both for personal as well as for business reasons -- is strong in the Aries aspect this week, and well into the next.



**TAURUS (April 20 - May 20):** Look for Bovines to be on the move this week, whether it's traveling for fun or for business. Other "moves" include workplace adjustments and, for some, relationship changes.



**GEMINI (May 21 - June 20):** Geminis who have just gone through a hectic period involving job and/or family matters might want to take some well-earned time out to relax and restore those drained energy levels.



**CANCER (June 21 - July 22):** A romantic situation seems to have stalled, just when the Moon Child was expecting it to go forward. Could that be a bad case of miscommunication going on. Talk it over openly and honestly.



**LEO (July 23 - August 22):** Showing a genuine interest in something that's important to a friend, family member or colleague could open a communication line that had been pretty much shut down for a while.



**VIRGO (August 23 - Sept. 22):** Making a potentially life-changing decision takes as much knowledge as you can gather, plus determination and patience. Take your time working it out. Don't let anyone rush you.



**LIBRA (Sept. 23 - October 22):** You should be back on schedule and heading in the right direction after clearing up a misunderstanding. But there could still be some setbacks. If so, correct them immediately.



**SCORPIO (October 23 - November 21):** A business matter keeps you pretty busy, but try to squeeze in time to be with family as well as close friends. You need the good vibrations you get from people who care for you.



**SAGITTARIUS (Nov. 22 - Dec. 21):** Investing in an attractive prospect (business or personal) with little or no information can be risky. Avoid future problems by getting all the facts before you act.



**CAPRICORN (Dec. 22 - Jan. 19):** Someone close to you might have an unexpected reaction to a decision you feel you're prepared to make. Listen to his or her point of view. It could prove to be surprisingly helpful.



**AQUARIUS (Jan. 20 - Feb. 18):** Don't give up yet. That once warm, personal relationship that seems to be cooling off fast could recover with some tender, loving care, and who better than you to provide it?



**PISCES (Feb. 19 - March 20):** Career matters are strong this week. You might want to enter a training program to enhance your skills. Also, consider getting professional help in preparing a brilliant resume.

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## COMMUNITY CALENDAR

Due to the number of events that have been postponed or canceled because of the shelter in place order, the calendar will not be running this week. The calendar will return in the future.

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# REAL ESTATE GALLERY



## REAL ESTATE REALITY

By Carl Medford, CRS  
Special to the Times

GUEST COMMENTARY



## Bay Area Realtors Grappling with Spreading Coronavirus

With the spread of COVID-19, amidst obvious concerns for those infected by the virus, questions are emerging about the health of the housing market. While still too soon to state definitively, it appears we are beginning to see some effects.

The primary concern is how to avoid contact with anyone potentially infected. With the CDC recommending a six-foot distance between others at gatherings, major events are being cancelled across the country and the State of California is asking that non-essential meetings be limited to 250 people or less.

In a statement from the Governor's office, issued 03/11/2020, Governor Newsome declared, "Changing our actions for a short period of time will save the life of one or more people you know. That's the choice before us. Each of us has extraordinary power to slow the spread of this disease. Not holding that concert or community event can have cascading effects — saving dozens of lives and preserving critical health care resources that your family may need a month from now." He continued, "The people in our lives who are most at risk — seniors and those with underlying health conditions — are depending on all of us to make the right choice."

Bay Area Realtors are wrestling with the new realities. Realty offices are asking agents and employees to work from home and regional marketing meetings are cancelled. Agents showing homes have been urged to carry hand sanitizer and wipes. While it is currently generally agreed that, with proper precautions, there should be no issue showing or holding open houses for vacant properties, concerns are being raised for homes currently occupied, especially by seniors or those with weakened immune systems.

Washington State's King

County has been a hotspot for virus activity and Seattle-based Redfin CEO Glenn Kelman stated in a recent blog that he had noticed a "significant drop in demand" from area sellers and buyers. Bay Area Realtors are not currently seeing significantly decreased activity, however a few transactions have cancelled due to buyer concerns over the plummeting stock market and a few sellers are keeping their homes off the market. Some buyers have seen down payments reduced by lower stock

prices. Others indicate concern over how the stock market's gyrations may effect housing values.

Realtors across the region are urging calm. We have weathered crises in the past and, with common sense and adequate precautions, we will navigate this one as well.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

## Should I Be Worried About That Condensation on My Windows?

If you take a look at your home's windows and doors in winter, you may notice condensation. As temperatures drop, it often appears on the inside and outside of these surfaces.

Here's what you need to know about why condensation occurs, when it matters and what you can do about it:

### Interior Condensation

When the heat is on inside the home in wintertime, a certain amount of humidity feels good — we breathe easier, our skin is less dry and there's less static in the air. This is fine usually, but when temperatures outside get extremely low, problems can arise. Under these circumstances, humidity can generate condensation on your windows — whether they're old or new — and this should be managed.

While there's no problem with condensation on the window glass itself, (except for the fact that visibility can be obscured) that condensation could affect wood trim around the windows and lead to mold and rot. Perhaps even worse, it could be an indicator that condensation is also occurring within your walls, which can lead to unhealthy mold.

### Exterior Condensation

Exterior condensation occurs when the dew point temperature approaches the outside air temperature. When the air is saturated and can't hold any more moisture, water vapor forms droplets on surfaces — including your roof, siding, windows and doors.

If you have energy-efficient windows, you may notice exterior condensation occur more than you did when you had older, less energy-efficient windows that allowed warmth from inside the home to reach the outside glass pane and dissipate the condensation. Unlike with interior condensation, there's nothing to worry about in the case of exterior condensation. Moisture on the outside pane of glass is normal and a good sign that your windows are functioning correctly

to prevent warmth from reaching the outside glass. The condensation will dissipate when the outside air temperature rises.

### Next Steps

If there's no condensation on the exterior of your windows but there's moisture on adjacent exterior surfaces, this would be a good indicator that it's time for new windows. Also, if you get constant internal condensation on your windows in very cold weather and your humidity is low, then upgrading to a more thermally efficient window would be a good idea.

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### Castro Valley

21463 Orange Avenue 94546: \$650,000 2 BD - 1,022 SF - 1943  
19201 Stanton Avenue 94546: \$730,000 3 BD - 1,414 SF - 1952  
3886 Lorena Avenue 94546: \$980,000 3 BD - 2,171 SF - 1935  
19040 Helton Street 94546: \$1,012,000 5 BD - 2,234 SF - 1975  
TOTAL SALES: 4  
LOWEST AMOUNT: \$650,000 MEDIAN AMOUNT: \$855,000  
HIGHEST AMOUNT: \$1,012,000 AVERAGE AMOUNT: \$843,000

### San Leandro

15941 Cambrian Drive 94578: \$90,000 3 BD - 1,984 SF - 1960  
16714 Rolando Avenue 94578: \$565,000 3 BD - 1,410 SF - 1963  
TOTAL SALES: 2  
LOWEST AMOUNT: \$90,000 MEDIAN AMOUNT: \$327,500  
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## Alameda County Health Dept. Tips

The Alameda County Health Officer Dr. Erica Pan joined six other Bay Area public health jurisdictions to issue an order for all Alameda County residents to shelter in place to slow the spread of novel coronavirus (COVID-19) and preserve critical health care capacity across the region.

The Alameda County Public Health Department recommends these precautions to limit the spread of the coronavirus:

- If possible, avoid close contact with people who are sick
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Avoid touching your eyes, nose and mouth before thoroughly washing your hands
- Wash your hands often with soap and water for at least 20 seconds using normal household cleaners

- Frequently clean and disinfect touched objects and surfaces
- Stay at home when you are sick except to get medical care
- Use alternatives to shaking hands, like an elbow bump or wave

If you are experiencing symptoms of COVID-19, may have had contact with a person with COVID-19, or recently traveled to countries with apparent community spread, call your health care provider or local public health department first before seeking medical care so that appropriate precautions can be taken.

## PETS OF THE WEEK



Gaby

The Pets of the Week at the Hayward Animal Shelter are Gaby the cat and Molly the kitten.

**Gaby** is a beautiful, shy 2-year-old girl. She is hoping for a patient family, willing to give her TLC to help build her self confidence and uncover her loving purr-sonality. Spayed.



Molly

**Molly** is a sleek black, playful 7-month-old kitten who just loves to be loved. She's small for her age, is a big fan of balls and toy mice, and is known to emit little chirps of joy and satisfaction.

For more information on Gaby or Molly, call the Hayward Animal Shelter at 510-293-7200.

## Town Hall: Phone-in

*continued from front page*

day, March 19. The toll-free, call-in number is (855) 962-1059.

The town hall is free and call-ins are open to all residents of California's 15th Congressional District, which includes San Ramon, Dublin, Pleasanton, Livermore, Sunol, Hayward, Union City, Castro Valley, San Lorenzo, Cherryland, Ashland and Fairview as well as parts of Fremont and Danville.

Professor Arthur L. Reingold, MD, is Division Head of Epidemiology and Biostatistics at the University of California, Berkeley, School of Public Health. He has worked for over 40 years on the prevention and control of infectious diseases both at the national level, including eight years at the US Centers for Disease Control and Prevention, as well as with numerous developing countries around the world.

Dr. Michael R. Anderson is President of University of California, San Francisco (UCSF) Benioff Children's Hospitals and Senior Vice President, Children's Services for UCSF. Anderson is a nationally renowned authority on children's health policy, pediatric disaster preparedness, system quality and physician workforce.

As President George W. Bush's appointee, Anderson served as Vice Chair of the National Commission on Children and Disasters. He has testified before the U.S. Senate and the President's Commission on Bioethics. He has chaired an Institute of Medicine Committee on Pediatric Disaster Response and Recovery and is a consultant to the Centers for Disease Control and Prevention and the U.S. Department of Health and Human Services' (HHS) National Disaster Medical System.

# Women In Business

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*I attended Golden Gate University in San Francisco, where I received my J.D., M.B.A., and L.L.M. degrees. I hold a black belt in Karate and I'm an avid runner.*

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## LIFESTYLE

## Time to Spring for Some Lamb

Although high-quality California lamb is available year-round, sales more than double this time of year for Easter and Passover feasts.

A culinary bridge across cultures, lamb is a common staple of spring cooking that dates back to ancient times and is rooted in a number of religious traditions.

It is the most popular meat consumed worldwide, but in this country it still ranks below beef, pork and poultry.

Lamb is simple to cook.

One way to prepare leg of lamb is by sprinkling the outside with granulated garlic, black pepper, leaf thyme and a little

rosemary; another way is with a Dijon mustard sauce. The lamb is baked at about 350°F for 30 minutes to the pound.

Probably the worst thing people do to lamb is overcook it or to smother it in mint jelly.

Lamb should not be cooked past an internal temperature of 150°F. Mint jelly overpowers the taste of the meat. Instead, try serving lamb with Mint Sauce that's much lighter than the jelly.

Health-wise, lamb contains very little marbling, so the fat can easily be trimmed.

It has about the same number of calories as beef and it is high in B vitamins, niacin, zinc and iron.

## LEG OF LAMB

2/3 cup olive oil  
1/3 cup wine vinegar  
1 medium onion, sliced  
2 cloves garlic, slivered  
1 teaspoon ginger spice  
1 teaspoon salt  
1/4 teaspoon black pepper  
1 (4- to 5-pound) leg of lamb

In bowl, combine oil, vinegar, onion, garlic, ginger, salt and pepper and mix well. Pour over lamb in shallow dish and refrigerate 6 hours or overnight, turning lamb occasionally. Drain lamb, reserving marinade, and place meat on rack in shallow roasting pan.

Roast at 325°F for about 2-1/2 hours or until done as desired,

basting frequently with marinade. Makes 6 to 8 servings.

## MINT SAUCE

1 cup very finely chopped fresh mint leaves, washed, dried  
2 tablespoons sugar  
4-6 tablespoons balsamic vinegar  
1-3 tablespoons white wine vinegar

Combine sugar with 1/4 cup of balsamic vinegar and 1 tablespoon of white wine vinegar in a small nonreactive saucepan with 1/4 cup water. Heat over medium-low heat until the sugar dissolves, 2 to 3 minutes. Pour over mint and toss well. Taste and add more sugar or vinegar as needed.



A roast Leg of Lamb is budget-friendly.

## Renee Rettig

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# East Bay Trails Provide Relief for the Cooped Up

By Jim Knowles  
San Leandro Times

If you're feeling cooped up like a prisoner in solitary confinement, take a hike.

It's all right to go hiking on a trail away from crowds, easily keeping 6-feet of distance between other people. Marina Park in San Leandro and Chabot Park in the hills are not far away.

The East Bay Regional Park District closed all of its visitor centers and rental facilities in response to the coronavirus outbreak. But the park district's trails are open.

Hikers can walk for hours, seeing just a few people along the way. The fresh air is a welcome relief from the stuffy confinement of staying at home. The grand expanse of nature can be a relief from the small world of online chatter.

The East Bay Regional Parks District just reminds visitors to bring their own water and hand sanitizer. The park district's closed facilities will remain closed until April 12.



The East Bay Regional Parks closed its visitors centers but the trails are open for hiking throughout the park district.

“The Earth has music for those who listen.”  
— William Shakespeare

## LOCAL DEATHS

### Mike Gail

Mike Gail passed away in February of natural causes. He was 63.

He was preceded in death by his daughter Staci who died in 2010. He is survived by his sister Sherry, brother-in-law Jim, his special friend Ashley and his loving dog "Louis Vuitton". Mike will be missed by all.

No Services will be held at his request.

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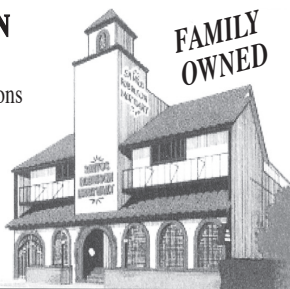
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## LEGAL NOTICE

FILED  
FEBRUARY 13, 2020  
MELISSA WILK  
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By-----, Deputy  
FILE NO. 568556

### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business(es):  
Beefront Studio located at 16470 Foothill Blvd., San Leandro, CA 94578 in Alameda County, is hereby registered by the following owner(s): Andrew Yu, 16470 Foothill Blvd., San Leandro, CA 94578. This business is conducted by an individual. This business commenced N/A.  
/s/ Andrew Yu

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 13, 2025

FEB 27, MAR 05, 12, 19, 2020  
0234-SLT

FILED  
FEBRUARY 11, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 568469

### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business(es):  
JPS Drafting LLC located at 77 Estabrook St. Apt. #303, San Leandro, CA 94577 in Alameda County, is hereby registered by the following owner(s): JPS Drafting LLC, 77 Estabrook St. Apt. #303, San Leandro, CA 94577. This business is conducted by a limited liability company. This business commenced N/A.  
/s/ JPS Drafting LLC

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 11, 2025

MAR 05, 12, 19, 26, 2020  
0236-SLT

FILED  
FEBRUARY 20, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 568742

### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business(es):  
Clancy's Ice Cream Parlor located at 1234 Manor Blvd., San Leandro, CA 94579, mailing address 14011 Corvallis St., San Leandro, CA 94579 in Alameda County, is hereby registered by the following owner(s): (1) Jack Lin and (2) Chau Tang, 14011 Corvallis St., San Leandro, CA 94579. This business is conducted by a married couple. This business commenced 2015.  
/s/ Jack Lin, Chau Tang

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 20, 2025

MAR 05, 12, 19, 26, 2020  
0237-SLT

FILED  
FEBRUARY 25, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 568932

### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business(es):  
JAlchemi Productions located at 15501 Oceanside Way, San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): Joshua Siapno, 15501 Oceanside Way, San Leandro, CA 94579. This business is conducted by an individual. This business commenced N/A.  
/s/ Joshua Siapno

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 25, 2025

MAR 05, 12, 19, 26, 2020  
0238-SLT

FILED  
FEBRUARY 11, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 568476

### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business(es):  
RSH SERVICES located at 15397 Norton St., San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): (1) Alvan Phillip and (2) Victoria Phillip, 15397 Norton St., San Leandro, CA 94579. This business is conducted by a married couple. This business commenced January 4, 2000.  
/s/ Alvan Phillip, Victoria Phillip

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 11, 2025

MAR 05, 12, 19, 26, 2020  
0240-SLT

FILED  
MARCH 03, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 569210

### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business(es):  
Derrick's Trucking Inc. located at 15327 Ruggles Street, San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): Derrick's Trucking Inc., 15327 Ruggles Street, San Leandro, CA 94579. This business is conducted by a corporation. This business commenced 01/02/2020.  
/s/ Derrick's Trucking Inc.

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 3, 2025

MAR 12, 19, 26, APR 02, 2020  
0245-SLT

FILED  
MARCH 04, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 569320

### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business(es):  
A&A CPA Accountancy located at 14651 Juniper Street, San Leandro, CA 94579, in Alameda County, is hereby registered by the following owner(s): Guozhong Lu, 14651 Juniper Street, San Leandro, CA 94579. This business is conducted by an individual. This business commenced N/A.  
/s/ Guozhong Lu

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 4, 2025

MAR 12, 19, 26, APR 02, 2020  
0246-SLT

FILED  
MARCH 03, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 569245

### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business(es):  
Sterling Scalp located at 1515 Aurora Drive Suite 102D, San Leandro, CA 94577, in Alameda County, is hereby registered by the following owner(s): Vinh Nguyen, 2605 14th Ave., Oakland, CA 94606. This business is conducted by an individual. This business commenced N/A.  
/s/ Vinh Nguyen

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 3, 2025

MAR 12, 19, 26, APR 02, 2020  
0247-SLT

FILED  
FEBRUARY 24, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 568870

### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business(es):  
Street Mode Specialist located at 22355 Fuller Ave., Hayward, CA 94541, in Alameda County, is hereby registered by the following owner(s): Bianca Mayorga, 22355 Fuller Ave., Hayward, CA 94541. This business is conducted by an individual. This business commenced 2/13/2020.  
/s/ Bianca Mayorga

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires FEBRUARY 24, 2025

MAR 19, 26, APR 02, 09, 2020  
0249-SLT

FILED  
MARCH 11, 2020  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 569521

### FICTITIOUS BUSINESS NAME STATEMENT

Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business(es):  
Studio Lafayette located at 1271 Washington Ave., San Leandro, CA 94577, in Alameda County, is hereby registered by the following owner(s): MGN Lafayette, LLC, 572 Lafayette Ave., San Leandro, CA 94577. This business is conducted by a limited liability company. This business commenced 2/4/20.  
/s/ MGN Lafayette, LLC

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.

Expires MARCH 11, 2025

MAR 19, 26, APR 02, 09, 2020  
SLT



# OPINION

## LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and **must be under 300 words**. We reserve the right to edit as necessary. E-mail letters to: [letters@ebpublishing.com](mailto:letters@ebpublishing.com) or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

### Let's Do Our Best

Editor:

The order issued on Monday by the public health officers of the SF Bay Area counties for all non-essential businesses to close and for residents to stay home as much as possible will cause financial ruin for many businesses and individuals.

No public health officer would ever give such an order, and it would not be supported by elected officials, if these persons did not believe that COVID-19 posed a serious risk of mass deaths. In less than a month the number of persons infected could jump from about 400 today in California to over 100,000 persons if the virus continues to grow at the rate it has.

We have trouble thinking in exponential terms. Consider the virus like boiling water. At first you see nothing when you turn on the heat under the pot of water. But the water is heating. Come back in 5 minutes and the water is boiling.

The exponential growth in infected persons is what the public health officer order is intended to slow down. It is vital that we as a community take the order seriously.

San Leandro is blessed to have two full service hospitals. For everyone's safety and particularly the seniors of our community, let's do our best to keep them from becoming swamped with virus patients as has occurred in northern Italy.

—**Stephen Cassidy**  
Former Mayor of San Leandro

### First Priority: Fix Our Roads

Editor:

Pauline Cutter was the first Mayor in San Leandro's history to oversee the sinking of the city, just like the Titanic. The city went from operating in the black to operating in the red under her regime and there is no way out of this downward spiral per the city manager. The business community would tell her to hit the road after achieving this unbelievable milestone.

She is the newly elected Chair of the County Transit Commission that oversees \$200 million per year in transportation projects – commissioners should watch their backs. She noted (San Leandro Times 2/6/20) that her top priorities include ensuring safe mobility options for bicyclist and pedestrians, safe routes to schools, affordable student transit pass programs and closing gaps in the trails network, whatever that means.

It's not surprising that these "top" priorities come from a former pre-school teacher. Has she also sided with Governor Newsom who wants to siphon off our transportation dollars to help fund the homeless problem, say what? The only link between the homeless and transportation would be putting new wheels on their shopping carts. Her number one priority should be fixing our roads and not fixing the Hallelujah Trail with our transportation dollars.

—**Brent Heath**  
San Leandro

### Hurray for PG&E

Editor:

Since our home was built in 1943 we

had to do some remodification in upgrading to today's acceptable standards. What that included what happened today at a little after 8:30 a.m.

The PG&E servicemen, moved, updated, upgraded our gas meter and regulator from inside our garage to outside of our home. They were prompt, efficient, done the work expertly. But besides all of that, they were quick to notice a neighboring 3-year-old-boy was crying, as he found himself accidentally apart from his grandfather. These servicemen quickly ran over, one had led the little boy to the boy's home, the other got the attention of his grandfather. Hurray for PG&E!

—**Antonio Gonzales**  
San Leandro

### Trump Aids Utah Indian Tribes

Editor:

Before Billy Trice Jr. makes silly proclamations, perhaps he should know what he is talking about.

I donate money to the Indian tribes in the area of Utah he is speaking of. These people are so poor that even education for their children is a vast financial undertaking.

Obama and his proclaiming these areas oil production-free stabbed the tribes of that area in the back. It took away a possible source of wealth that could make them independent or even wealthy.

That Trump restored that to these people and that someone has the unmitigated gall to criticize this is exactly what I have come to expect from Californians.

When will people who have no knowledge cease to offer outlandish opinions?

—**Tom Kunich**  
San Leandro

### Election Year Fake News?

Editor:

It gives me a great satisfaction to know that there are so many intolerant people waiting anxiously for the San Leandro Times to read my letters.

This bunch of intolerant individuals fall in the same category as the Antifa goons, they want to ban my letters (John Quillen). Yes, just like the Vatican and the Inquisition banned Galileo from talking about the movement of stars and planets.

Then there's the distorter John Clouston who accuses me of bringing up "gun deaths," though the word "gun" is never used in my letter. I talk about murderers and guns are very good for stopping murderers because police are almost never in the presence of a murder. "Gun" is your Fake News card.

In the line of the San Leandro NIM-BYs, Clouston also is against subsidy for senior housing and doesn't give a hoot for the homeless either: The Democrats have full political control of the government in California, the homeless encampments fall on their lap.

The flu killed 30,000 last year? So, Clouston, why didn't we hear this brouhaha in the Fake News then? Let me help you – this is an election year.

Fake News has decided that the Coronavirus and "Climate Change" are

the ticket to the White House for the Democrats. Aren't you fed up with hour after hour of Coronavirus on ABC, CNN, CBS, NBC, Pacifica Radio, etc.? This comes after they brought the high school girl from Sweden to lecture governments around the world about "Climate Change." That's your level of intellect.

You lost the election in 2016, your impeachment failed miserably and, to make worse, you are left with two unstable candidates who don't have a prayer in hell to get to the White House. So prepare for four more years of penance.

—**Leo T. West**  
San Leandro

### Fear as Motivation

Editor:

Two weeks ago, there was an opinion piece from Mr. West. He opened with a statement: "Catastrophism has been long practiced by the Fake News to divert the attention of the viewers..." The terminology he used here is current, to say the least, but his broader point stands well in a historical and psychological light.

Fear is the most motivating human emotion. If you are in the business of persuading people to act a certain way, then fear should be your primary tool.

The left is quick to point out that Trump used fear of immigrants to fuel his 2016 campaign; they aren't wrong. Of course, ironically, fear of Trump has been used to fuel the left's base for the past four years.

I take issue with the claim that Coronavirus has not killed in the States; it has. However, I appreciate Mr. West's ultimate rejection of this alleged catastrophe. We've been through H1N1, Sars, Ebola, and the Avian Flu.

To those afraid of the virus: what good does the fear do you? The measures for preventing it are identical to the flu: don't touch your face, wash your hands, and avoid the sick.

Historically, there have been countless charades to distract the common people from the machinations of the upper class. These include wars, organized religions, drugs, hoarding of goods, and yes, even environmental catastrophism. You will notice that four of these five measures involve striking fear into people.

It is foolish to believe that this doesn't happen today, and even more-so to laugh it off as Trump and Fox News exclusives. The only real threat to the environment is sustained exponential population growth.

—**Aaron Baldwin**  
San Leandro

### Climate Change Called Hoax

Editor:

To Leo West: The measure of your success in sharing your opinion can be the extent that those opposing you criticize you in such unfair terms. The global climate change-alarms last week are personally attacking you that you are "ignorant, ranting, lacking critical thinking skills, slept through science class."

They reveal the weakness of their viewpoint by attacking you.

The first law of debating is when you don't have a substantive argument you insult the opposing speaker and call into question his intelligence and facts. This is exactly what John Clouston, Jim Mehner, and others did last week when they attacked you, Leo, because they have no decent argument to back up their facts. They resort to name calling.

So let me educate them. Regarding hu-

man-caused global warming: There is no sea level rise due to warming or any other event. Antarctica is getting colder. Arctic bears are more plentiful than ever.

We have the cleanest air and water on Earth here in the U.S. The claim 97% scientists agree that we are the cause of global warming is fraudulent; there are thousands of scientists who quibble with those few left who are arguing we have anything to do with that.

There is not enough space here to fully argue the facts, but humans are not responsible for whatever environmental change is happening. That whole argument is political, not scientific. This hoax is perpetrated by those who want power

and money, that's all.

As for the Times granting opinion space to us, Leo, it is a free country and we are allowed, even encouraged, to express our opinions, just like the crowd that was rude to you can express their opinions. But their rancorous rhetoric exposes them for what they are, which is angry partisan political operatives, not scientists, or even polite debaters.

So Times, I applaud you for allowing for divergent opinions, even if there are some who abuse the privilege in writing them.

—**Corey Anderson**  
San Leandro

## INQUIRING REPORTER

### Has the coronavirus changed your plans?

— Asked downtown

Everything is slower. Everybody's more self-conscious and looking more suspiciously at each other. And it's taken the focus off the election.

**Angelo Smith**  
San Leandro



I just went grocery shopping and it's mayhem in there. They're out of stock on macaroni and toilet paper. I used to go shopping three or four times a week. Now I just go once and stock up, because this is crazy.

**Mike Paoletti**  
San Leandro



Yes, because we can't find water or paper or hand soap. They're all sold out, just dish soap. We went to four different stores.

**Joyce Henriquez**  
San Leandro



It wasn't until about 10 minutes ago when I was planning to buy toilet paper. I had to buy Kleenex instead.

**Patrick Liddell**  
Oakland



I think so. I'm stocking up on food, frozen food, cat food, kitty litter. I'm not taking any chances.

**Liz Ross**  
San Leandro





# EBMUD Assures Public on Water

## Treatment plants assure water safe

The East Bay Municipal Utility District (EBMUD) assured customers that critical water and wastewater services will continue uninterrupted.

The announcement came this week as the East Bay and the state work to slow the spread of coronavirus.

EBMUD water treatment plants are designed to eliminate pathogens including viruses and bacteria, the utility said this week. The coronavirus does not affect EBMUD's drinking water supply. All EBMUD tap water remains safe.

### No Disconnections

EBMUD will not disconnect customers' water service due to billing/payment issues during this health emergency. It's important that all customers have access to clean water, in particular for hand washing.

If your water has been shut off due to non-payment, please call EBMUD Customer Service at 1-866-403-2683 to make arrangements to restore service.

In addition, EBMUD's Customer Assistance Program helps reduce bills for customers facing economic hardships. For more information, go to [www.ebmud.com/cap](http://www.ebmud.com/cap).

Note that planned construc-

tion or maintenance may result in minor water service interruptions for no more than four hours.

### Change in Meetings

In-person community meetings with more than 10 people are being cancelled, postponed, or will be held virtually to respect current public health guidelines.

Board of directors meetings will continue to be held every second and fourth Tuesday, at 375 11th St. in Oakland until further notice. EBMUD provides audio and videos of past meetings, and will provide real-time audio streaming beginning with the March 24 regular board meeting. Visit [www.ebmud.com/board-meetings](http://www.ebmud.com/board-meetings).

EBMUD employees are sworn civil servants and disaster workers who work around the clock -- including during emergencies. Many crews are on the ground, continuing to install and maintain vital infrastructure.

For the time being, EBMUD is limiting employees' direct contact with customers where possible and instituting telecommuting, virtual meetings and social distancing where appropriate.

"I'm grateful for EBMUD staff who work around the clock to provide great quality water. It's one less thing our customers have to worry about during this difficult time," said EBMUD Board President Marguerite Young.



PHOTO BY JIM KNOWLES

Rasputin's Music on Hesperian Boulevard has shut down.

## Rasputin's Closes

Rasputin Music in San Lorenzo has closed.

The store that had it all -- records, CDs, tapes, movies -- shut down its store last week at 15590 Hesperian Blvd.

A sign on the door said another location will be opening,

but didn't say where or when, other than to check the website [rasputinmusic.com](http://rasputinmusic.com) for updates.

Rasputin still has other stores in Berkeley and Pleasant Hill, along with Campbell, Modesto and Fresno.

— By Jim Knowles



DATE: NEW DATE TO BE DETERMINED  
TIME: TO BE DETERMINED

## SHREDDING & TECHNO TRASH RECYCLING EVENT

### SHREDDING EVENT REQUIREMENTS:

- Limit - 4 record boxes (12" x 10" x 15") per household (approx. 40 lbs. total weight)
- All paper documents accepted (**no** binders/notebooks)
- Envelopes & manila file folders ok
- Paper clips & staples ok (**no** large binder clips)
- Picture ID with City of San Leandro address



### ITEMS TO CONSIDER SHREDDING:

- Bank statements
- Credit card statements & preapproved credit card applications
- Tax returns & legal documents
- Employment records (W2s, pay stubs, etc.)

City of San Leandro Residents Only

~  
No Businesses

### WHAT YOU CAN BRING TO RECYCLE:

- CDs, DVDs, and floppy disks
- Jewel cases
- Audio & video tapes
- Cell phones & cell phone chargers

Shredding and Techno Trash  
Must be Packaged Separately



No Computers, Monitors, Printers, TVs, VCRs, Stereos, etc.

For more information:

Web: [www.RecycleSanLeandro.org](http://www.RecycleSanLeandro.org) • Email: [Recycle@SanLeandro.org](mailto:Recycle@SanLeandro.org)



### Job Opportunity —

### ADVERTISING SALES REPRESENTATIVE

East Bay Publishing, the publisher of the San Leandro Times & Castro Valley Forum newspapers, is seeking a highly motivated, career-oriented account executive. Experienced and college degree preferred.

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