

ALMOST TIME TO
VOTE
TUESDAY, NOV. 8



Fall Back

DAYLIGHT SAVINGS TIME
ENDS AT 2 A.M. SUNDAY

CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 28

WEDNESDAY, NOVEMBER 2, 2016

NO. 44

INSIDE YOUR FORUM

OUR TOWN



Seeking Justice

Gun dealers face suit in
2013 death of prominent
Castro Valley woman

Page 3

LIVING



Choosing Sides

Traditional Thanksgiving
side dishes get a new
twist

Page 5

SENIORS



Safe Drivers

CHP to conduct a Senior
Driver Safety Seminar
next week at CV Library

Page 7

INDEX

Agents in Action	10
Classified Ads	12
Community Calendar ...	4
Crosswords	14
East Bay Living	5
Homes	9
Obituaries	14
Seniors	6
Sports.....	8
Weather	2

PHONE: (510) 537-1792



PHOTO BY NOAH BERGER

Billy Bradford was honored by Metropolitan Transportation Commission last week for his services.

Activist Bradford Honored with Major Community Service Award

Billy Bradford acknowledges that acquiring old bikes, repairing them in his Castro Valley garage, and then giving them away for free is a "bad business model," but it's what he loves doing.

Bradford was this year's recipient of the Metropolitan Transportation Commission's Miriam Gholikely Public Service Award during ceremonies held last week in San Francisco.

The award, named for a longtime MTC advisor and community activist, recognizes extraordinary accomplishments in the field of community service, volunteerism, advocacy, leadership or minority affairs.

"This is a labor of love from one person who extends his benevolence to the greater community," said Ellen Griffin, the MTC official who nominated Bradford for the prestigious award.

Bradford, by day the senior office technology manager for a large global law firm based in San Francisco, devotes much of his weekend and some weeknights to his project.

"I can't fix all the problems (of the world), but I can fix bikes," he says. "Life is short. Have fun."

Bradford publicizes his request for donated bicycles, parts and helmets
see AWARD on page 15

NEW COUNTY LAW

Plastic Bags On Way Out Of All Stores

A greatly expanded reusable bag ordinance that will affect an additional 13,000 businesses in Alameda County next year was approved by the Alameda County Waste Management Authority last week.

The new law will apply to all stores and restaurants in the county, and will go into effect in the spring of 2017 for retail stores and next fall for restaurants.

The county's original reusable bag ordinance went into effect in January 2013 and applied to some 1,300 stores that sell packaged food such as grocery, drug and liquor stores. Those stores can only supply reusable bags or paper bags made of recycled content, and they must charge at least 10 cents per bag, itemized on the receipt. The 10 cents goes to the store to offset the purchase cost of bags.

The expansion will include all retail outlets and restaurants. Retail stores will have the same requirements as stores already covered by the original ordinance.

Restaurants would not be required to charge customers if supplying recycled content paper bags, but must charge at least 10 cents for a reusable bag.

Cities in Alameda County will have a chance to opt out of the expanded requirements if they do so by Dec. 9, 2016. However, all cities must continue participating under the current ordinance, which covers stores that sell packaged food and liquor.

see BAGS on back page

Flood of Trick-or-Treaters Invades the Village



They came by the hundreds – space aliens, walking skeletons, super heroes, historical figures, even a Rubik's Cube and a Maytag washing machine, as Castro village merchants hosted their annual invasion of costumed kids and their parents. Although the possibility of rain had been predicted, the afternoon turned out perfect for the happy crowd who went home lugging bags heavy with Little Snickers, Tootsie Rolls, and even some healthy treats.

Castro Valley Weather Nov. 2 - 6, 2016



Wednesday
Mostly Sunny
High 69° Low 49°



Thursday
Sunny
High 73° Low 51°



Friday
Mostly Sunny
High 73° Low 50°



Saturday
Partly Sunny
High 71° Low 58°



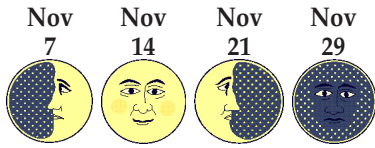
Sunday
Mostly Cloudy
High 67° Low 48°

Almanac



Past Week's Rain: 02.18
Season To Date: 05.19
Normal To Date: 01.63
Season Average: 21.22

Moon Phases



Sun sets at 7:29 p.m. today; sun rises at 6:18 a.m. Thursday.

Michele Markovich Antiques
20407 Santa Maria Ave. and 2510 San Carlos Ave.
michele.estatesales@gmail.com

ESTATE LIQUIDATION
Estate Sales & Consignments
Cell- 882-3242

CHABOT ELEMENTARY AWARDED

'Champion Creatively Alive Children' Grant

Chabot Elementary School was one of 20 elementary schools in the U.S. to receive a "Champion Creatively Alive Children" grant last month.

Crayola, best known for its crayons, and the National Association of Elementary School Principals together selected Chabot Elementary to receive \$2,500 in cash and \$1,000 in Crayola products.

The grants are intended to help schools build creative capacity, nurture children's creativity and inspire other schools to do the same.

Local artist and Chabot parent Jason Engelund, and School Principal Vivienne Paratore, were credited with winning the grants for the school.

"Chabot Elementary School serves as an excellent model for

enhanced arts education in elementary schools," School Superintendent Parvin Ahmadi said in a statement. "Chabot's staff is to be commended for efforts in increasing art education in elementary school."

The grants will fund innovative programs aimed at fostering children's critical thinking, creativity, collaboration, and communication skills.

Smith Holland, CEO and president of Crayola, said his company believes that for students to reach their full potential, their creativity and critical thinking skills must be nurtured.

"We believe children develop these 21st Century skills when educators ignite their imaginations through art infused education."

Weekend Voting Hours Announced

The Alameda County Registrar of Voters office will be open next weekend to allow expanded early voting for the Nov. 8 General Election.

The office, in Room G-1 at the County Court House, 1225 Fallon St., Oakland (use the 12th St. entrance), will be open from 9 a.m. to 3 p.m. on both Saturday and Sunday, Nov. 5-6.

The office is open for voting Monday through Friday, 8:30 a.m. to 5:00 p.m. On Election Day the office will be open from 7 a.m. to 8 p.m.

For more information about early voting, please visit: acvote.org or call the Registrars' office at 510-272-6973.

Castro Valley teachers support Lee, Thomas & Whitaker!



Lavender Whitaker, Tojo Thomas and Monica Lee

Elect these parents, school volunteers, and community leaders to CV school board

REMEMBER TO VOTE ON NOV. 8!

Paid for by Castro Valley Teachers Association PAC ID # 1348896. 14895 E 14th Street Ste 450, San Leandro 94578. Roger Kim, president. Paid political advertisement.



VOTE FOR DR. CHIKE UDEMEZUE Oro Loma Sanitary District 2016 Board of Directors

MY GOALS AS A BOARD MEMBER:

- To insure rates do not go up
- To work for a cleaner environment
- To work for fiscal responsibility
- To improve customer service
- To be a committed public servant
- To modernize the equipment

MY QUALIFICATIONS & EXPERIENCE:

Ph.D in Applied Management, Claims Examiner for Calif. • Shop Steward for Service Employees International Union (SEIU), Member of San Leandro Recreation and Parks Commission • Member of Bayfair Transit Oriented Development Committee
Member of San Leandro School District's LCAP Parent Advisory Committee
Member of the John Muir Middle School Site Council • Financial Analyst and Author

PARTIAL LIST OF ENDORSEMENTS:

Nate Miley - Alameda County Supervisor
Donald White - Alameda County Treasurer/Tax Collector
Elisa Marquez - Councilmember - City of Hayward
John Faria - Former Mayor - City of San Leandro
Surlene Grant - Former Vice Mayor - City of San Leandro
Corina Lopez - Councilmember - City of San Leandro
Mike Katz - Former President- Board of Trustees - S.L. Unified School Dist.
Diana Prola - Trustee - S.L. Unified School Dist.
Monique Tate - Trustee - S.L. Unified School Dist.
Ed. Shapiro - City Commissioner - Appointed by S.L. Unified School Dist.
Robert Fox - Parks Commissioner - City of San Leandro
Pete Ballew - Retired Police Captain - City of San Leandro
Ezra Strange - Regional Director - John Stewart Company

Leo Sheridan - Trustee - San Leandro Unified School Dist.
Katherine Ward - Retired Educational Administrator - Oakland School Dist.
Mario Tusciano - Local Business Leader
Enrique Ahumada - Local Business Leader
Chika Mbakogu - Local Business Leader
Building and Construction Trades Council of Alameda County
International Brotherhood of Electrical Workers Local 595
Plumbers and Steamfitters Union Local 342
Carpenters Union Local 713
Laborers Union Local 304
Sprinklers and Fitters Local 483
Sheetmetal Workers Union Local 104
Operating Engineers Local 3
Evolve Inc.,

Paid Political Ad by Vote Dr. Chike Udemezue for Oro Loma Sanitary Dist. 2016* P.O. Box 3139, San Leandro *FPPC ID #1381366

RE-ELECT DAVE SADOFF FOR CASTRO VALLEY SANITARY DISTRICT BOARD



Over 30 years experience in project management as a professional geologist and environmental consultant.

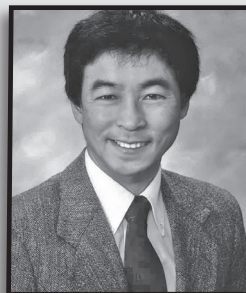
- ✓ I am dedicated to providing the best service at the lowest rates possible.
- ✓ I am committed to listening to the public and our community.
- ✓ I will continue to promote Castro Valley Sanitary District's award winning, cutting edge programs to reduce waste and provide for greater District efficiencies.
- ✓ I would appreciate your vote on November 8th.

"Dave brings a unique skill set and is a great asset to our Board."

-Ralph Johnson, President, Castro Valley Sanitary District Board of Directors.

Paid Political Advertisement by Dave Sadoff, Castro Valley

RE-ELECT DANIEL AKAGI FOR CASTRO VALLEY SANITARY DISTRICT BOARD



Re-electing me, Dave Sadoff, and Tim McGowan, will maintain one of the strongest and most functional boards I have served on in 21 years. Each of us brings strengths to the Board as recognized by our individual and/or combined endorsements from:

Democratic Party
Castro Valley Democratic Club
South Alameda County Young Democrats Club
Teamsters Local 70
AFSCME Local 2019
Asian Pacific American Democratic Caucus
Ralph Johnson, Current CV San Board Member
Melody Appleton, Current CV San Board Member
Nate Miley, Alameda County Supervisor
Dennis Waespi, East Bay Regional Park Dist. Board Member
Bill Quirk, Assembly Member
Frank Melon, EBMUD Board Member

For details and additional information on endorsements and all the candidates, check the website supported by the League of Women Voters: votersedge.org

Exercise your right to vote.

Paid Political Advertisement by Daniel Akagi, Castro Valley

Our Town

Gun Dealers Face Suit Over 2013 Slaying of Prominent CV Woman

The family of a prominent Castro Valley woman who was slain in Southern Oregon three years ago has reached a financial settlement with the murder suspect's mother who has also agreed to help the family sue the gun dealers who allegedly sold the weapon used in the killing.

Kirsten Elaine Englund was found shot to death on Sunday, April 28, 2013 near her car on Highway 101 on the southern Oregon coast.

Englund, 57, was a retired auditor who had been an active volunteer in a number of local organizations including the Castro Valley Arts Foundation and the Proctor Elementary and Creekside Middle School PTA.

She had been driving north to visit family members after visiting a son at Humboldt State University.

Her body was discovered about three miles south of Reedsport, Oregon, at a popular Pacific Ocean lookout spot.

The chief suspect was a mentally ill man, Jeffrey Boyce, 30, of North Bend, Oregon. He was

arrested the next day after fleeing to California and carjacking 2 people. He committed suicide in jail before formal charges could be brought.

Englund's family members filed a wrongful death lawsuit in January against the suspect's mother, Diane Boyce, and two gun dealers, J&G Sales, an Arizona online retailer, and World Pawn Exchange, alleging Diane Boyce had purchased multiple guns for her son — including the one that killed Englund — in violation of state and federal laws.

Lawyers said Jeffrey Boyce could not legally buy firearms because he was a convicted felon.

The settlement, announced last Thursday, calls for Diane Boyce to pay \$400,000 to Kirsten Englund's family and to provide documents, information and testimony to support the Englund family's ongoing claims that the retailers' negligence led to Kristen Englund's death.

J&G Sales has asked a judge to dismiss the suit. A hearing in the case is scheduled for Nov. 16 in Multnomah County Circuit Court.



Kirsten Englund



Jeffrey Boyce

Annual 'Meet in the Street' and Light Parade Coming Nov. 12

The 5th Annual Meet in the Street, along Castro Valley Blvd. is coming up from 3 to 9 p.m. on Saturday, Nov. 12.

Sponsored by the Castro Valley Eden Area Chamber of Commerce in partnership with the County Community Development Agency, the free celebration includes live entertainment, vendors, and the Eclectic, Electric Light Parade, all taking place between San Mi-

guel Ave. and Redwood Road.

Performance areas will be highlighting local music talent, while local merchants will offer special discounts on merchandise, food and services during the event. Wandering the boulevard after the festivities will be the Dancing Christmas Trees.

To celebrate the coming holidays early, the Light Parade will feature floats from local service

organizations, antique vehicles, Powell's Irish Dancers, service dogs, motorcycles and a sneak visit from Mr. & Mrs. Claus.

Light Parade participants as well as local artisans and vendors interested in participating in this event, should register at cvmeetinthestreet.org.

For more information, call 537-5300 or email info@castrovalley-chamber.org.

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • SPECIAL TO THE FORUM



Wanted Man

Sunday, October 30: at 11:00 p.m., Sheriff's deputies arrested a 40-year-old man from Hayward on suspicion of possession of illegal narcotics. The man also had an outstanding warrant issued for his arrest. Deputies stopped the man for questioning on Castro Valley Boulevard near Strobbridge Avenue when they made the connection on the warrant. The man was taken to Santa Rita Jail pending \$2,500 in bail.

Petty Theft

Sunday, October 30: at 3:20 p.m., a 64-year-old man with a record of shoplifting was arrested on suspicion of petty theft from a grocery store on Redwood Road near Castro Valley Boulevard. Store security asked deputies to intervene after they observed the man walk out with an unspecified amount of merchandise. The man was taken into custody.

Women with Hot Wheels

Sunday, October 30: at 1:19 p.m., deputies arrested two women for auto theft related charges following a traffic stop at the end of Castro Valley Boulevard near the westbound entrance to Interstate 238. The driver, a 29-year-old with no permanent address, was additionally charged with possession of false identification. The passenger, a 30-year-old with no permanent address was also charged with possession of a false ID as well as possession of illegal narcotics, and violating the terms of her parole. The women were taken into custody.

Wouldn't Leave Hospital

Saturday, October 29: at 1:03 p.m., a 56-year-old man with no permanent address was arrested on suspicion of refusing to leave a business despite being asked to leave. Deputies responded to a call

by hospital security to escort the man off the Eden Medical Center campus following an undisclosed incident. The man was taken into custody.

Drug Possession

Saturday, October 29: at 4:33 a.m., deputies arrested a 25-year-old woman from Castro Valley on suspicion of possession of illegal narcotic drugs and drug paraphernalia. The woman was hanging outside a home on Seven Hills Road near Lamson Road when deputies stopped her for questioning and discovered her stash. The woman was taken into custody.

Theft, Domestic Assault And Illegal Drugs

Friday, October 28: at 11:45 p.m., a 26-year-old man from Castro Valley was arrested on suspicion of theft, assault on a family member, possession of illegal drugs and drug paraphernalia, violating a court-issued restraining order and violating the terms of his parole. Deputies were called to an apartment on Castro Valley Boulevard near Center Street to investigate a suspicious person. The man was also found to have a warrant issued for his arrest. Deputies took the man to Santa Rita Jail pending \$197,500 in bail.

Wanted Petty Thief

Saturday, October 29: at 2:33 p.m., deputies arrested a 25-year-old man with no permanent address on suspicion of robbery and four counts of petty theft for merchandise of value of less than \$50. The man also had an outstanding warrant issued for his arrest. Deputies were called to a parking lot on Castro Valley Boulevard near Redwood Road following a silent alarm. The man was handcuffed and taken to Santa Rita Jail pending \$140,000.

Spousal Assault

Thursday, October 27: at 5:01 p.m., a 911 call about a loud and aggressive-sounding argument sent deputies to an apartment on Center Street near Grove Way. There, they arrested a 31-year-old man from Castro Valley on suspicion of assault on his spouse. Deputies took the man into custody. The victim was treated at the scene.

Driving Drugged

Thursday, October 27: at 1:12 p.m., a 19-year-old man with no permanent address was arrested on suspicion of driving under the influence of drugs, possession of marijuana drugs and driving with *see REPORTS on page 6*

Health Day Spa

FACIAL\$35

HOT STONE 60 minutes....\$50

FOOT & BODY TREATMENT 70 minutes....\$40 • 90 minutes....\$45

510-889-0268 • 10am - 9:30pm Daily
20660 Redwood Rd., Castro Valley
(Wells Fargo Plaza)

Bring In Ad Get **\$5 Off** On All Services over \$30

Cannot be combined with any other offers. Exp. 11/8/16

Thinking of selling or buying a home?
Call Louise Lovewell to get the job done!
Over 38 years of experience in Real Estate



Lovewell Team
(#00689931 & #01912817)
"Lovewell Team" is a dynamic, award-winning Real Estate team
Call 510-351-5555 or visit us at www.Lovewellteam.com
— A team you can love and trust —
Re/Max Accord Castro Valley

Tender Loving Care Pet Grooming

25 years Experience

Walk-Ins Welcome

DOG GROOMING: Just
Sm. Dog \$40 / Med. Dog \$45 / Lrg. Dog \$55
Includes: Bath, Haircut, Ear Cleaning, Anal Cleaning, Nail Trimming, Brush Teeth

BATH: Only
Sm. Dog \$25 / Med. Dog \$30 / Lrg. Dog \$40
Nail Trimming Only, \$5 to \$8

CAT GROOMING: \$55 (Exp. 11/30/16)

16242 E. 14th Street, San Leandro

To make an appointment call:
510-589-6801
Sat. - Thur.: 9am-5pm
Closed Friday

O'BRIEN AFTER-HOURS URGENT CARE

NEW EXTENDED HOURS: M,T,TH,F 10AM-9PM • W 6-9PM • S/S 2-6PM

Private, Personal Care
(We don't store your records on the internet)
Sorry, no insurance contracts

20100 Lake Chabot Road • Castro Valley
510-914-0854 Across the street from Eden Hospital

Village Barber Shop

Made In The U.S.A
An Old Fashioned Barber Shop

In The Village Shopping Center
3372 Village Dr., Castro Valley
881-9555
Just Walk In
Open: Tuesday-Friday 9am - 5:30pm
Saturday 8am - 4pm
www.villagebarbershop.com

Vote Dan Walters

Oro Loma Sanitary District

- Protect San Francisco Bay
- Keep Rates Low
- Stay Debt Free

- Current Director/Secretary
- Business Owner
- Chemical Engineer/MBA
- Chair, Alameda County Workforce Development Board
- Chair, LINKS Shuttle
- Vice Chair, CA Small Business Association
- Board, CA Collaboration for Youth

PROVEN DEDICATION TO LEADERSHIP AND COMMUNITY SERVICE
www.facebook.com/DanWaltersOroLoma

The Week Ahead

● Wednesday, November 2: Measure G Oversight Committee

The first meeting of the Measure G Citizens' Bond Oversight Committee will be held this evening at 5 p.m. in the Board Room of the Castro Valley School District at 4400 Alma Avenue. The Committee will be actively involved in gathering bond-related information and advising the Castro Valley Unified School District Board of Education on all bond-related matters.

● Thursday, November 3: Parkinson's Support Group

The San Leandro Parkinson's Support Group will hold its next meeting tomorrow at 10 a.m. at the San Lorenzo Community Church at 945 Paseo Grande. Karen Marshall from Community Resources for Independent Living will be the speaker. For information call Lona White at 510-276-3119.

● Friday, November 4: CVEF's Dynamic Dinner

Enjoy an evening of dining and dancing at the Castro Valley Educational Foundation's Annual Dynamic Dinner while helping raise funds for classroom grants, at 6 p.m. this Friday at Transfiguration Church, 4100 E. Castro Valley Blvd. For tickets (\$50 advance, \$60 at the door), visit www.cvef.org or email info@cvef.org

● Friday-Saturday, Nov. 4-5: Women's Club Holiday Boutique

The Castro Valley Women's Club will hold its 4th Annual Holiday Boutique from 5 to 8 p.m. this Friday, and from 9 a.m. to 3 p.m. Saturday at the Club House, 18330 Redwood Road. Choose hand-crafted items by local artists and homemade baked goods. Drawings for prizes provided by local businesses. All proceeds fund Club projects benefiting the community. The public is invited.

CASTRO VALLEY FORUM

ESTABLISHED: 1989 • CIRCULATION 22,500

© 2016 EASTBAY PUBLISHING CORPORATION - ALL RIGHTS RESERVED

Published every Wednesday by EastBay Publishing Corp.
2060 Washington Ave., San Leandro 94577
Corporate Address: P.O. Box 2897, Alameda, CA 94501
Tel: 510-537-1792 • Fax: 510-814-9691

Fred Zehnder, Editor & Publisher
fredz@ebpublishing.com

Claudette E. Morrison, Business Mgr.
cm@ebpublishing.com

Howard Morrison, Assoc. Publisher
howardm@ebpublishing.com

Patrick Vadnais, Classified Ads / Obituaries
patrickv@ebpublishing.com

Helen Burkett, Advertising Design Mgr.
helenb@ebpublishing.com

Mary Florence, Advertising Sales
861-3270 mpominville4582@aol.com

Moxie Morrison, Layout Design
moxmore@yahoo.com

Linda Nakhai, Advertising Sales
lnakhai@comcast.net

Contributors:

Amy Sylvestri, News
amys@ebpublishing.com
510-614-1561

Thomas Lorentzen
Winda Shimizu
Linda Sandsmark

Jim Carrizo, Sports
jimcvsports@gmail.com
510-967-3759

Linette Escobar
Terry Liebowitz

Trevin Smith
Simon Wong

Carl Medford
Michael Singer

Submissions to The Forum

To submit Calendar listings or news stories for possible publication, send information by the prior Friday in an email, or attach a document with photos to: fredz@ebpublishing.com, or fax information to 510-814-9691.

● Friday, November 4: Eden Area Village

Eden Area Village is developing a non-profit membership based neighborhood "Village" that will help people in the Castro Valley, Hayward, and the San Lorenzo areas stay in their homes as they age. Public outreach meetings are held the first Friday of each month at 2 p.m. at Hayward City Hall. Next meeting is this Friday.

● Saturday, November 5: Available Pets

Dusty Paws Rescue will be showing dogs, cats, kittens available for adoption this Saturday from 10 a.m. to 1 p.m. at Pet Food Express, 3385 Castro Valley Blvd. Visit www.dustypawsrescue.org/ for more.

● Saturday, November 5: Eagles Auxiliary Autumn Tea

Fraternal Order of Eagles Eden Auxiliary No. 1139 holds its Autumn Tea from 11 a.m. to 1 p.m. on Nov. 5 at the Eagles Hall, 21406 Foothill Blvd. in Hayward. Proceeds go to benefit five local charities at Christmastime. Call Glenda at 510-584-1568 for reservations or info.

● Saturday, November 5: Hill & Valley Scholarship Bazaar

Early bird shoppers with a keen eye for a bargain will not want to miss the Hill & Valley Women's Club Annual Scholarship Bazaar from 9 a.m. to 2 p.m. this Saturday at 1808 B St. in Hayward. Shoppers can pick from an assortment of hundreds of well-priced wares: homemade jam, baked goods, homemade candies, assorted books, seasonal wreaths, floral centerpieces, vintage jewelry, gently-used housewares and more. Proceeds go to support scholarships for college-bound seniors enrolled in local high schools.

● Saturday, November 5: Art, Pottery & Crafts Fair

If you're looking for that special gift, stop by and do some shopping at the Holiday Fine Art, Pottery & Crafts Fair at the Aitken Senior and Community Center, 17800 Redwood Road, from 9 a.m. to 3 p.m. this Saturday. All items are handmade one-of-kind pieces at extremely affordable prices – wood crafts, jewelry, knitted and crochet items. For more info, call 510881-6778; for directions call 510-881-6738.

● Saturday, November 5: Chabot – Garin Nature Hike

Sulphur Creek Nature Center invites you to hike through an environmental zone that's a home to songbirds, hawks, lizards and native plants this Saturday from 12:30 to 3 p.m. Meet on Redwood Road just east of the Redwood Canyon Golf course. Advance registration required (\$18) at www.haywardrec.org or by calling 510-881-6700.

● Monday, November 7: Diabetes Support Group Meeting

"Healthy Food Choices and Meal Planning" will be discussed at the next meeting of the support group at 5 p.m. Nov. 7 at the San Leandro Surgery Center, 15035 East 14 Street. Admission is complimentary and the public is invited.

● Tuesday, November 8: Friends of the CV Library Meeting

The annual meeting of Friends of the Castro Valley Library will be held at 6 p.m. Tuesday in the Chabot/Canyon Room at the library. The agenda includes voting for four 2-year board positions, approval of revised by-laws and presentation of fiscal year 2016 financial results and the coming year's proposed budget.

● Wednesday, November 9: Sons In Retirement Meeting

SIRS, an organization of retired men, meets the 2nd Wednesday of the month in the Wedgewood Center at the Metropolitan Golf Links, 10051 Doolittle Drive in Oakland. Happy hour at 11 followed by a noon lunch with great speakers. Guests are welcome. For more info, call Mel at 510-357-0601.

● Thursday, November 10: School Board Meeting

The Castro Valley Board of Education will hold a regular meeting at 7 p.m. tomorrow in the Board Room at 4400 Alma Avenue. The agenda and board packet are available at: bit.ly/CVUSDBoardMeetings

● Thursday, November 10: Senior Driver Seminar

The CHP will hold a Senior Driver Traffic Safety Seminar at 1 p.m. on Nov. 10, covering age-related changes and tuning-up driving skills. On completion, participants will receive a certificate which may entitle them to a discount on their car insurance. To register (required) for this free program, call 510-667-7900.

● Friday, November 11: TOPS Health Faire

Come and see how we Take Off Pounds Sensibly at the annual Health Faire and Open House from 9:30 to 10:30 a.m. on Nov. 11 at TOPS of Castro Valley in Room 5, United Methodist Church, 19806 Wisteria Ave. in Castro Valley. For info, call Bernice 510-537-0699 or Val at 510-886-3585.

● Saturday, November 12: New ACT / SAT Combo Test

Teens are invited to learn about the new changes to the ACT and SAT and partake in a free ACT/SAT combo practice test administered by Kaplan Test & Prep Admissions at the Castro Valley Library from 10 a.m. to 2:30 p.m. on Nov. 12 at the Castro Valley Library. This 4-1/2 hour workshop will offer teens a glimpse into the new changes made to the ACT and SAT tests. Participants will also be provided with test taking tips, strategies and a practice test in order to ready them for the real thing.

Arts & Entertainment

CASTRO VALLEY CENTER FOR THE ARTS

Tickets for CFA events listed below are available online at www.cvartsfoundation.org; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. phone 889-8961; or at the CV Adult School, 4430 Alma Ave.

● **Fall Concert** will be presented by the Castro Valley Adult School Orchestra at 2 p.m. on Sunday, November 6. *For tickets (\$5-\$10) see above.*

● **The Oakland Youth Orchestra** will present a concert at 8 p.m. on Saturday, November 12. *General admission tickets are \$20 at the door.*

● **San Francisco Girls Chorus** will be presented by the Castro Valley Arts Foundation at 2 p.m. on Sunday, November 13. Jump-start the holiday season with the San Francisco Girls Chorus, recognized as one of the world's most widely known and respected vocal ensembles for youth. *For tickets (\$17-\$30) see above.*

● **California Beach Boys Concert**, originally scheduled for this past October 15, has been rescheduled for Saturday, March 11, 2017 at 7:30 p.m. Tickets are now on sale.

THEATRICAL & MUSICAL PERFORMANCES

● **"Spending the End of the World on OkCupid,"** a world premier theatre production written by Jeffrey Lo, will be presented by the Ohlone College Department of Theatre & Dance at 8 p.m. on Nov. 4, 5, 10, 17, 18, 19 at Smith Center at Ohlone College, 43600 Mission Blvd. in Fremont. For tickets, \$10-\$12 (parking \$4), visit smithcenter.com

● **Lost Romantic Symphonies** will be presented by the Oakland Symphony joined by guest violinist Kelly Hall-Tompkins and members of the acclaimed Oakland Symphony Youth Orchestra Friday, Nov. 18, at 8 p.m. at the Paramount Theatre. For tickets (\$25-\$80), visit www.oaklandsymphony.org or call 510-444-0802.

● **"It's a Wonderful Life: A Live Radio Play"** will be presented by the Douglas Morrison Theatre at 8 p.m. on Dec. 1, 2, 3, 8, 9, 10, and at 2 p.m. on Dec. 3, 4, and 11, at the DMT Theatre, 22311 North 3rd Street in Hayward. An Opening Reception will be held on Thursday, Dec. 1. For tickets (\$27-\$29), visit www.dmtonline.org or call 510-881-6777. Enjoy the holiday classic that puts the "heart" in heartwarming.

ART GALLERIES & EVENTS

● **Day of the Dead 2016:** Explore the various stages and symbolism of the celebration of Día de los Muertos (Day of the Dead) through the artwork of more than 25 local artists through Nov. 13 at the HAHS Museum of History & Culture, 22380 Foothill Blvd., Hayward.

● **Seascape Painting Demonstration** will be presented by award-winning oil and acrylic artist Donald Neff at the next meeting of the San Leandro Art Association at 7 p.m. Tuesday, Nov. 15 at the Main San Leandro Library, 300 Estudillo Avenue. Admission is free.

● **39th Area Artists' Annual Open Show**, open to all artists living or working or taking classes in the HARD area, is on exhibit through Nov. 19 at the Adobe Art Center Gallery in Castro Valley.

CASTRO VALLEY WOMEN'S CLUB

HOLIDAY BOUTIQUE Come Join Us!

18330 Redwood Rd., Castro Valley
Opening Night Friday, Nov. 4
From 5 to 8 p.m. and
Saturday, Nov. 5
From 9 a.m. to 3 p.m.

Unique Hand Crafted Items from
Local Artists and Tasty Treats!

BRING A FRIEND
& COME EARLY
FOR BEST SELECTION

PRIZES PROVIDED BY LOCAL BUSINESSES

Drawing Proceeds will go to the CV Women's Club projects benefiting our community.

Ad Sponsored By:

Margaret Kosiba, Realtor® • J. Rockcliff Realtors
510-301-1286 • www.GreaterEastBayRealty.com

WE SELL CERTIFIED DIAMONDS AT WHOLESALE PRICES

- Purchase Fine Jewelry Up to 30% Off Retail
- We Work with Clients to Design the Perfect Engagement Rings
- 12 Month Interest Free Financing (upon approval)
- Lay-a-way Program available

GENT JAY
JEWELRY

We Provide Immediate Cash For:
Gold & Platinum Jewelry & Diamonds



(510) 614-1919

20641 Rustic Drive, Castro Valley CA 94546
Open Mon: 10am - 5:30pm • Sat: 11am - 4pm
Located in the Castro Village Shopping Center



Thanksgiving Sides with a Twist

In most families, there'd be open rebellion if your Thanksgiving dinner (just over 3 weeks away) didn't include such traditional ingredients as yams and cranberries along with the roast turkey.

But here are some really good variations on the old themes that you might want to try.

TOMATO DROP BISCUITS

- 1 medium tomato, seeded and finely chopped
- 2 cups all-purpose flour
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 1 cup low-fat plain yogurt
- 1/3 cup olive oil
- 2 tablespoons finely chopped scallion
- 1 tablespoon finely chopped sun-dried tomato

Preheat oven to 450°F. Lightly coat baking sheet with nonstick cooking spray. Drain chopped fresh tomato on paper towels.

In medium bowl, combine flour, baking powder, and salt. In small bowl combine yogurt and oil and stir into flour mixture until evenly moistened.

Stir fresh tomato, scallion, and sun-dried tomato into flour mixture. Drop dough, 1/4 cup at a time, onto prepared baking sheet, for total of 12 biscuits.

Bake until tops are golden brown, about 12 minutes. Serve warm. Serves 12.

AMARETTO YAMS

- 3 pounds yams, peeled and sliced
- 1/2 cup hot water
- 1 small green apple, peeled, cored and thinly sliced

- 1/2 cup Amaretto (almond liqueur)
- 1-1/2 teaspoons cornstarch
- 1/4 cup brown sugar
- 2 tablespoons butter, melted
- 1 teaspoon cinnamon

Place yams and water in a 9-inch square baking dish and cover with plastic wrap. Microwave on HIGH for 8 minutes; let cool slightly. Fold over one corner of plastic wrap and carefully drain off all water; remove wrap and place apple slices on yams. Preheat oven to 350°F. Dissolve cornstarch in amaretto in a small bowl; stir in brown sugar, butter and cinnamon. Pour over yams and apples and bake for 30 minutes. Makes 8 servings.

GREEN BEANS WITH CARAMELIZED ONION

- 4 teaspoons olive oil
- 2 large sweet onions, such as Vidalia, thinly sliced
- Salt and pepper
- 2 pounds green beans, trimmed
- 4 teaspoons chopped fresh tarragon leaves

In a large nonstick skillet, heat 1 tablespoon oil over medium-high. Add onions and season with salt and pepper. Cook, stirring often, until softened and just beginning to brown, about 10 minutes.

Reduce heat to medium; cook, stirring occasionally, until onions are deep golden brown and very soft, 30 minutes.

Meanwhile, in a large pot of boiling salted water, cook green beans until crisp-tender and bright green, about 6 minutes. Drain and toss with tarragon and 1 teaspoon oil; season with salt and pepper. Transfer beans to a platter and top with onions. Serves 8.

CRANBERRY SAUCE EXTRAORDINAIRE

- 1 cup water
- 1 cup granulated sugar
- 1 (12-ounce) bag fresh cranberries
- 1 orange, peeled and puréed
- 1 apple and 1 pear, both peeled, cored and diced
- 1 cup chopped dried mixed fruit
- 1 cup chopped pecans
- 1/2 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/2 teaspoon grated nutmeg

In a medium saucepan, boil water and sugar until the sugar dissolves. Reduce the heat to simmer, and stir in cranberries, puréed orange, apple, pear, dried fruit, pecans, salt, cinnamon, and nutmeg. Cover, and simmer for 30 minutes, stirring occasionally, until the cranberries burst. Remove from heat, and let cool to room temperature. Makes 12 servings.

BAKED MASHED POTATOES WITH PARMESAN

- 1 tablespoon butter
- 4 pounds russet potatoes, peeled, cut into 1-inch pieces
- 1 cup whole milk
- 1/2 cup (1 stick) melted butter
- 1-1/2 cups grated Mozzarella
- 1 cup grated Parmesan

Salt and ground black pepper
2 tablespoons dry bread crumbs

Preheat the oven to 400°F. Coat a 13 by 9 by 2-inch baking dish with 1 tablespoon of butter and set aside.

Cook the potatoes in a large pot of boiling salted water until they are very tender, about 15 minutes. Drain; return the potatoes to the same pot and mash well. Mix in the milk and melted butter. Mix in the mozzarella and 3/4 cup of the Parmesan. Season, to taste, with salt and pepper.

Transfer the potatoes to the prepared baking dish. Stir the bread crumbs and remaining 1/4 cup of Parmesan in a small bowl to blend. Sprinkle the bread crumb mixture over the mashed potatoes. Recipe can be prepared up to this point 6 hours ahead of time; cover and chill.

Bake, uncovered, until the topping is golden brown, about 20 minutes. Serves 6 to 8.

SWEET POTATO & TURNIP GRATIN

- 3 medium turnips, peeled, cut into 1/4-inch-thick rounds
- Salt and pepper
- 1/4 cup all-purpose flour
- 2 medium sweet potatoes, peeled and cut into 1/4-inch-thick rounds
- 2 tablespoons butter, cut into pieces
- 3/4 cup vegetable broth
- 1/4 cup dry white wine
- 1 cup grated Gruyere cheese

Preheat oven to 350°F.

In an 8-inch square baking dish, arrange a single layer of turnips and sweet potatoes, overlapping slightly. Season with salt and pepper and sprinkle with one-third of the flour. Repeat to make three more layers, sprinkling with salt, pepper, and flour between layers.

Dot top layer with butter, then slowly pour broth and wine into dish, keeping layers intact. Cover with foil and bake until vegetables are tender when pierced with a knife, 45 minutes.

Increase oven temperature to 425°F. Remove foil and sprinkle cheese over dish. Bake until cheese is golden and bubbling, 12 to 15 minutes. Let gratin sit 10 minutes before serving. Serves 8.

COUNTDOWN TO THANKSGIVING Next Week: Desserts

HOROSCOPE by Salomé

© 2016 King Features Synd., Inc.



ARIES (March 21 - April 19): The pitter-patter of all those Sheep feet means that you're out and about, rushing to get more done. That's fine, but slow down by the weekend so you can heed some important advice.



TAURUS (April 20 - May 20): You're in charge of your own destiny these days, and, no doubt, you'll have that Bull's-eye of yours right on target. But don't forget to make time for family events.



GEMINI (May 21 - June 20): Be prepared for a power struggle that you don't want. Look to the helpful folks around you for advice on how to avoid it without losing the important gains you've made.



CANCER (June 21 - July 22): Congratulations! You're about to claim your hard-earned reward for your patience and persistence. Now, go out and enjoy some fun and games with friends and family.



LEO (July 23 - August 22): The Big Cat might find it difficult to shake off that listless feeling. But be patient. By week's end, your spirits will perk up and you'll be your perfectly purring self again.



VIRGO (August 23 - Sept. 22): A problem with a co-worker could prove to be a blessing in disguise when a superior steps in to investigate and discovers a situation that could prove helpful to you.



LIBRA (Sept. 23 - October 22): This is a favorable time to move ahead with your plans. Some setbacks are expected, but they're only temporary. Pick up the pace again and stay with it.



SCORPIO (October 23 - November 21): Your creativity is recognized and rewarded. So go ahead and claim what you've earned. Meanwhile, that irksome and mysterious situation soon will be resolved.



SAGITTARIUS (Nov. 22 - Dec. 21): A new associate brings ideas that the wise Sagittarian quickly will realize can benefit both of you. Meanwhile, someone from the workplace makes an emotional request.



CAPRICORN (Dec. 22 - Jan. 19): It might be a good idea to ease up on that hectic pace and spend more time studying things you'll need to know when more opportunities come later in November.



AQUARIUS (Jan. 20 - Feb. 18): A relatively quiet time is now giving way to a period of high activity. Face it with the anticipation that it will bring you some well-deserved boons and benefits.



PISCES (Feb. 19 - March 20): Go with the flow, or make waves? It's up to you. Either way, you'll get noticed. However, make up your own mind. Don't let anyone tell you what choices to make.

B Beauty Salon & Day Spa

15100 Hesperian Blvd. • #102 • San Leandro • 510-481-7888
10-MINUTE DRIVE FROM CASTRO VALLEY

Services: Skin Care, Hair Cut, Color, Highlights, Perm, Permanence Straightening, Waxing, Pedicure, Manicure, Shellac, Fake Nails, Foot Reflexology, Body Massage, Body Scrub



OUR CUSTOMERS' #1 CHOICES:

- Oil Body & Shoulder Massage & Stone Foot Massage \$50 (90 minutes) • \$65 (120 minutes)
You can also request warm stones for your whole back
- Sea Salt Body Scrub & Stone Foot Massage • \$60 (90 minutes)
- Deluxe Pedicure & Warm Stone Massage • \$35

Trimming, shaping and cuticle grooming. Paraffin treatment with mask and warm towels. Nourishing, buffing and polishing. Callous treatment with sugar scrub or sea salt. Hot stone massage and warm lotion massage.



- Basic Facial:\$50/70 minutes
- Men's Haircut:\$12 & up
- Women's Haircut:\$20 & up
- Eyebrow Wax:\$10 & up
- Basic Pedicure & Manicure:\$30/person
- Gel Manicure (Shellac Manicure):\$25/set

PRICES MAY CHANGE AT ANY TIME

www.BeautySalonNdaySpa.com • www.sanleandrofootspa.com

This Week's Special!

Nature's Way

25% OFF

HEALTH UNLIMITED
— NATURAL FOODS —
San Leandro
182 Pelton Center
(510) 483-3630

Castro Valley
3446 Village Dr.
(510) 581-0220

Artisan Place

We're MOVING!

GRAND Re-Opening Party
Saturday, Nov. 5
from 10am to 7pm
20451 Redwood Rd.
In the Safeway Shopping Center

Refreshments & Candy Tastings

FREE GIFT
With purchase of \$20 or more.

Manor Grill

BREAKFAST • LUNCH • DINNER
BREAKFAST SERVED ALL DAY

\$3.00 Off Breakfast or Lunch
WITH THE PURCHASE OF 2 DRINKS
Buy any breakfast or lunch entrée, Get a second entrée of equal or lesser value for \$3.00 Off.
Valid 7:00am-2:00pm. Excluding holidays. One coupon per table. Not valid with any other offer. Expires 11-30-16. — Manor Grill —

\$3.00 Off Dinner
Buy any dinner entrée, Get up to \$3.00 Off your second entrée of equal or lesser value
WITH THE PURCHASE OF 2 DRINKS
Valid 4:00pm-9:00pm. Excluding holidays. One coupon per table. Not valid with any other offer. Expires 11-30-16. — Manor Grill —

526 Manor Boulevard • San Leandro • 510-969-7354
Open 7 Days 7am-9pm

COUPON ONLY VALID IN-HOUSE

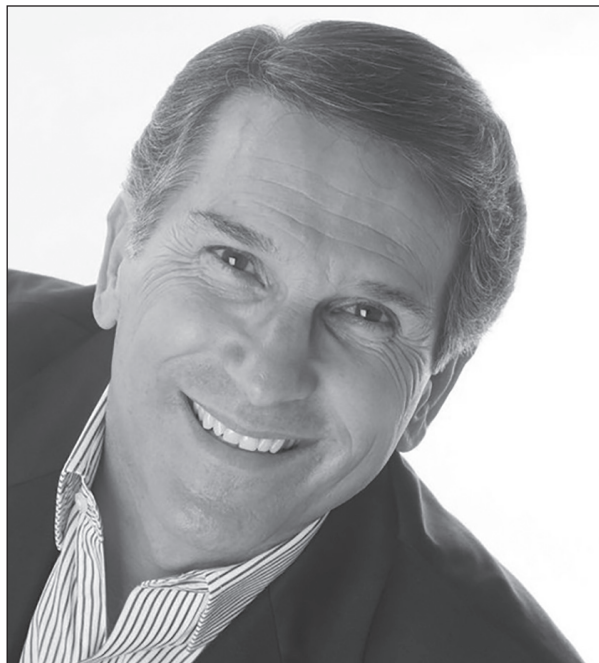
Night of Food, Entertainment: Kiwanis Pasta Dinner Nov. 12

Long-time Bay Area entertainer Laurie De Seguirant will be featured performer at the annual Kiwanis Pasta Dinner on Saturday, Nov. 12 in Castro Valley.

De Seguirant, noted for his in-the-moment wit and injecting vibrant life into the swing standards of yesterday and the ballads of today, is the founder and CEO of "Luv'n Liv'n," a rapidly expanding senior fitness experience. He is an accomplished artist, published author and award-winning actor.

The dinner, which will feature spaghetti, Fettuccini Alfredo, raviolis with pesto sauce, salad, garlic bread and dessert, is the annual community fundraiser for the Hayward-Castro Valley Kiwanis Club. It will begin at 5:30 p.m. at the Kenneth C. Aitken Senior Center at 17800 Redwood Road.

For tickets (\$20 adults, \$10 children ages 10 to 16, under 10 free), call David Wilhite 510-886-1100 or Gerry Cockrill 510-889-5885.



Laurie De Seguirant, who has entertained Bay Area audiences for more than 25 years, will be featured performer at the annual Kiwanis Pasta Dinner on Nov. 12 in Castro Valley.

How to Assist Physically Impaired Persons to Sign Legal Documents

Q My husband suffered a stroke and is essentially paralyzed. I need him to sign a Power Of Attorney so that I can take care of our financial affairs. Is there any way to do this?

By Gene L. Osofsky, Esq.
SPECIAL TO THE FORUM

A Yes. Where a person has sufficient mental capacity to understand the nature of the document he or she proposes to sign, and where the only limitation is a physical inability to perform the act of signing, the law provides alternative methods of obtaining a legally valid signature.

Signature by Mark: If the person is unable to sign his or her full name, he might make a mark, such as an "X", on the desired document. The signing must be witnessed by two disinterested witnesses, each of whom must also sign the document reciting that they watched the principal place his mark, and one of the witnesses must actually sign the principal's name adjacent to his mark.

If the individual does not have use of his arms, a pen might be placed between his teeth to enable him to mark the legal document. However, care must be taken so that the actual mark or "dot" on the paper is the act of the principal.

Signature by Amanuensis: Where a person is totally paralyzed and would not even be able to clench a pen in his teeth, but is able to speak and give instruction, there is another procedure called signing by amanuensis.

In legal parlance, an "amanuensis" is an assistant who copies or writes from the dictation of another. Thus, if your husband is totally

immobile, but if his mind is clear and he can speak or otherwise give direction, he could direct someone to sign his own name on a legal document.

The actual signer should be a disinterested person, other than yourself, and the signing should occur in your husband's presence.

It would be best if a notary were also present to notarize the document.

Note: most notaries will be unfamiliar with this procedure, and so you may wish to involve a knowledgeable attorney who can explain the process to the notary and supervise the signing.

In some situations, the paralyzed individual may have also



lost the power of speech. Yet, if he retains some method of communication, such as by eye movements, the process of signing by amanuensis could be modified to accommodate that limitation.

At a minimum, the attorney supervising the process would verify the particular eye movements signifying "yes" and "no," review the desired legal document line by line to confirm the individual's understanding, and invite him to give direction to a disinterested amanuensis to sign the document for him, using the principal's own name. In this situation, it would be important to also have at least one witness verify the principal's understanding and directive. It might also be helpful to video the signing process.

see SIGN on page 7

Reports: Can't Stay Away; Assault; Public Intoxication

continued from page 3

a suspended license. Deputies pulled the man over on Grove Way near Center Street after observing the man driving much slower than the posted speed limit. The man was taken into custody.

Domestic Disturbance On Almond Road

Thursday, October 27: at 3:57 a.m., deputies arrested a 51-year-old man from Castro Valley on suspicion of assault on a family member. An anonymous call about an altercation at a home on Almond Road near Seven Hills sent deputies to the scene. The man was taken into custody. The victim was treated at the scene.

Can't Stay Away

Wednesday, October 26: at 9:16 p.m., a 37-year-old man from San Francisco was arrested on suspicion of violating a court-issued restraining order and possession of illegal drug paraphernalia. The man also had an outstanding warrant for his capture. Deputies spotted the man hanging around a business parking lot on Castro Valley Boulevard near Redwood Road. The man was taken to Santa Rita Jail pending \$22,500 in bail.

Drunken Assault

Tuesday, October 25: at 10:34 p.m., deputies arrested a 39-year-old woman from San Ramon on suspicion of public intoxication and assault on her spouse. The woman was at a home on Chester Street near Castro Valley Boulevard when deputies responded to a 911 call about an altercation. The woman's blood-alcohol level registered three times the legal limit. She was taken to a sobering center. The victim was treated at the scene.

Drunken Deadly Threats

Tuesday, October 25: at 11:26 a.m., two people with no permanent address were arrested on suspicion of refusing to leave a business despite being asked to go by the manager. Deputies were called to the address on Castro Valley Boulevard near Redwood Road after the owner asked for help with the unruly customers. A 45-year-old man was charged on suspicion of four counts of public intoxication, violating a court-issued restraining order, and making deadly threats. The man also had an outstanding warrant issued for his arrest. Deputies took the man to Santa Rita Jail pending \$27,500 in bail. A 47-year-old woman traveling with the man was charged with failing to leave. She was taken into custody.

DO YOU HAVE CRACKED OR DAMAGED CARTS?

HAVE THEM REPLACED FREE OF CHARGE



- CVSan residents are entitled to one free replacement of the recycling, organics, or garbage cart if any cart becomes cracked or damaged beyond repair from May 1, 2009- April 30, 2019.
- Residents will not be charged for replacement carts, nor will it affect their rates. This service is provided under CVSan's agreement with Waste Management of Alameda County, Inc. (WMAC).
- To request a repair or replacement cart, call WMAC at (510) 537-5500 and the new carts will be delivered on the next regularly scheduled collection day.
- Hinged lids, wheels, and axles will be repaired or the cart will be replaced.

CASTRO VALLEY SANITARY DISTRICT

Effective Environmental Services since 1939

510-537-0757 | www.cvsan.org

This ad was funded by WM Pub Ed.



CROSSWORD PUZZLE ANSWERS

A	C	M	E	C	H	A	S	T	U	N
S	O	A	R	L	A	C	E	R	N	E
A	M	Y	G	R	A	N	T	A	I	D
P	A	S	A	S	K	S	N	O	O	T
H	I	P	N	A	H					
F	E	T	E	D	J	A	M	A	I	C
A	M	E	N	G	A	P	Y	O	U	R
Q	U	A	R	T	E	R	T	E	N	E
Y	A	M	D	O	S					
S	H	I	F	T	L	E	O	C	H	E
T	Y	R	O	L	I	V	T	Y	L	E
O	D	O	R	A	N	I	E	U	R	O
P	E	N	D	G	E	L	W	E	D	S

WINKLER LAW OFFICES

Living Trusts &
Trust Administration
Probate • Wills
Real Estate • Litigation

— Give Us a Call —
Most Initial Consultations
Are Free

(510) 357-3403
1883 East 14th Street
San Leandro

FREE In-Home Consultation!



We help you improve your home
entertainment and home automation
systems one step at a time.

"Quality Home Theater
at a Reasonable Price"

510-473-2887
Castro Valley

brian@nextstepae.com | www.nextstepae.com



NextStep
AUDIO ENHANCEMENT

Automatic Medicare Advantage Enrollment Causes Confusion

Q I'll be 65 in a few months and I recently pre-enrolled in original Medicare. But last week, I received a member card in the mail for a Medicare Advantage plan that I did not enroll in. What's going on? Medicare is so confusing with all the different choices, and now it seems like I'm getting automatically enrolled in a plan I didn't even choose. Is this a scam?

By Jim Miller
SPECIAL TO THE FORUM

A It's not a scam, but it is a growing problem the Centers for Medicare and Medicaid Services needs to resolve. Here's what you should know.

• Automatic Enrollment?

When Americans first become eligible for Medicare – typically at age 65 – they can choose to enroll either in original Medicare, or they can opt for a Medicare Advantage plan, which is offered by private insurance companies. But some people, like yourself, are being enrolled in a Medicare Advantage plan without your knowledge.

Here's how it's happening.

Before becoming eligible for Medicare, many people are covered by a commercial or a Medicaid health care plan run by a private health insurance company. These insurers often operate Medicare Advantage plans too.

Under a little-known rule authorized by the federal government, some insurers can shift their beneficiaries who are turning 65 to their own Medicare Advantage plan. It's a process called "seamless conversion enrollment," and all it requires is that the insurance company send a letter to the beneficiary explaining the new coverage, which takes effect unless the member opts out within 60 days.

The idea is to preserve continuity for those who want to stay with the same company.

But some seniors are unaware that they've been signed up, in part due to the flood of mail they get around their 65th birthday from insurers marketing their Medicare plans. This makes it easy to miss a notice of seamless conversion or fail to understand the letter.

Things you can do to protect yourself from unrequested Medicare enrollment

It can also have serious financial consequences. Medicare Advantage plans tend to be HMOs and PPOs with limited provider networks. If you unknowingly get enrolled in a Medicare Advantage plan and receive treatment from a doctor who's not in the network your medical bills may go uncovered.

Consumer advocate groups like the Medicare Rights Center is pushing for a change in the rules. They want it set up so beneficiaries must respond to the letter/invitation before they're enrolled, versus having to opt out of automatic enrollment.

In the meantime, here are some things you can do to protect yourself from unrequested Medicare enrollment.

• Self Protection

Every one approaching age 65 should carefully read all mail received from your current health insurance provider. If you come across anything suggesting that the insurance company intends to enroll you in a Medicare Advantage

plan that you do not wish to have, contact the insurer and decline to be enrolled.

Also, to be safe, about a month prior to Medicare eligibility, call your current insurer to confirm that you are not being automatically enrolled in a Medicare Advantage plan.

If you are enrolled in a Medicare Advantage plan against your wishes, call Medicare at 800-633-4227. People in this situation have been allowed to convert to traditional Medicare without having to wait until the next open-enrollment period, or enroll in a different Medicare Advantage plan that they choose.

It even might be possible to be retroactively enrolled in Medicare so that out-of-network expenses already incurred are covered.

If you need help with your Medicare enrollment, contact your State Health Insurance Assistance Program (SHIP), which provides free one-on-one Medicare counseling in person or over the phone. For contact information visit SHIPtacenter.org, or call the eldercare locator at 800-677-1116.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org.



Senior Driver Safety Seminar Next Week

The California Highway Patrol will conduct a Senior Driver Safety Seminar from 1 to 3 p.m. Thursday, Nov. 10, at the Castro Valley Library. The session will include such topics as: Compensating for age-related changes; Tuning up driving skills; Rules of the road; Safe driving tips. On completion of the seminar, participants will receive a certificate for completing the course which may entitle them to an automobile insurance discount! Registration is required for this free program. To register, or for more information, call the Library Information Desk at 510-667-7900.

Sign: Best Ways to Get A Signature

continued from previous page

Blind Signer: If the principal is blind, but otherwise has the use of his limbs, I would recommend that the entire document be read to him, word for word, and his understanding confirmed.

A ruler or "cut out" template might be used to guide the placement of his hand so that he signs at the appropriate place on the document. I would also recommend that the entire process be videoed. A witness might also certify the principal's understanding and/or a notarization should be arranged.

By Court Order If Incapacitated: If the principal also lacks mental capacity, then a petition could be made to the Superior Court for an order authorizing creation of a power of attorney pursuant to the Substituted Judgment Procedure in the California Probate Code, so named because the judge's order would substitute for the principal's consent and signature.

In your case, with patience and some thought, the need for your husband's signature can probably be met.

Gene L. Osofsky is an elder law and estate planning attorney in Hayward. Visit his website at www.LawyerForSeniors.com.

Tojo Thomas

Deputy Probation Officer For
DISTRICT SCHOOL BOARD



- ✓ MAINTAIN QUALITY EDUCATION IN OUR SCHOOLS
- ✓ SUPPORT OUR EXCELLENT TEACHERS
- ✓ PROVIDE A SAFE & SECURE ENVIRONMENT FOR LEARNING

MAJOR ENDORSEMENTS

ERIC SWALWELL, US CONGRESS
CASTRO VALLEY TEACHERS ASSOCIATION
CASTRO VALLEY DEMOCRATIC CLUB
FRANK MELLON, EAST BAY MUD DIRECTOR
MICHELLE PARNALA,
PRESIDENT, NEW HAVEN UNIFIED SCHOOL BOARD

Landmark Villa

Senior Residential & Assisted Living



- 24 Hour Care • Socializing
- Activities • Chef Prepared Meals
- Housekeeping • Laundry
- Quality of Life • Independence
- Legacy

Apartments - Starting at: Shared \$1550 / Private \$2150

Call today for a Free

Lunch & Tour
510-276-2872

License#015601501



Yes, we are
Pet Friendly!

21000 Mission Blvd., Hayward CA 94541

MEMORY DAYBYDAY A NEW MODEL OF CARING

Your Memories Are Fragile.
I Promise To Hold Them Gently.

Services Offered:

- Memory Screening
- Mental Activities & Support Groups for Early Dementia
- Memory Cafe in San Leandro (Call 931-9336 for more info.)

FREE*
Memory Screening!
*1st 10 people are Free.

111 Jackson St., Hayward • 876-5880

tricia@memorydaybyday.org • www.memorydaybyday.org

Reverse Mortgage

Live more comfortably today, and
be better prepared for tomorrow.



HIGHTECHLENDING
THE NEW WORLD OF MORTGAGE BANKING

If you (or your spouse) are 62 years or older, a reverse mortgage can be used to provide greater financial flexibility, such as:

- Turn Home Equity into Cash
- Pay off existing Mortgage(s) and Other Debt
- No Monthly Mortgage Payments
- FHA Insured and HUD Regulated



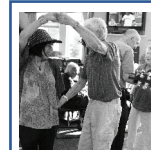
510-583-8123

Lori Reifelt

Reverse Mortgage Consultant

NMLS #291773

"I pledge to provide straight forward information and excellent service."
HighTechLending, Inc. Licensed by the Department of Business Oversight under the California Residential Mortgage Lending Act. NMLS #7147. Licensed in CA# 4130937. 2030 Main Street #350, Irvine, CA 92614. NMLS Consumer Access: www.nmlsconsumeraccess.org



Independent
Living

Assisted
Living

Memory
Care

live your life

Beauty
Salon

Garden
Courtyard



Happy
Hour



Scratch
Cooking

Exercise
Class

Themed
Parties

Call us at 510-636-0660 for a personal tour

Carlton
SENIOR LIVING

Lic#: 015600341

1000 East 14th Street,
San Leandro
CarltonSeniorLiving.com

A Five Star Skilled Nursing Facility Committed to Individualized Care

- Caring & Stable Staff
- Warm, Home-Like Environment
- High Customer Satisfaction Scores
- Excellent Clinical & Rehabilitative Outcomes



Please call
510-889-7000
for more information

ST. JOHN KRONSTADT

HEALTH CARE CENTER

4432 James Avenue, Castro Valley, CA 94546
www.StJohnKronstadt.com

Salvation Army to Kick Off Its Red Kettle Season Wednesday

SALVATION ARMY Lieutenants Kyna and John Kelley will kick-off the Hayward Corps' 126th Red Kettle Campaign Season at a noon luncheon next Wednesday at the Veterans' Memorial Building at 22737 Main Street.

The special event, which will include performances by the world-famous Golden Gate Boys Choir and Handbells, is an opportunity to celebrate lives that have been changed and to be a part of a Christmas tradition while helping to raise awareness of the importance of The Salvation Army's Red Kettle campaign.

The affair will include auctions, prize drawings, giveaways and the ringing of the Opening Bell of the 2016 Red Kettle Season by Hayward Mayor Barbara Halliday.

Table and ticket reservations for Wednesday's luncheon are still available as well as sponsorship



Most people can easily identify the Salvation Army by the red kettle and hand bell but do you know how the iconic red kettle came to be?

opportunities and advertising in the Souvenir Program by contacting Amy Mefford (Amy.Mefford@usw.salvationarmy.org) or Lt. John Kelley (John.Kelley@usw.salvationarmy.org) or by calling 510-581-6444. Individual tickets are \$35, or \$250 for a table of eight.

THE HISTORY BEHIND ICONIC RED KETTLE

THE ICONIC RED KETTLE debuted at Christmas 1891 in San Francisco in the guise of a crab pot. Salvation Army Captain Joseph McFee resolved to provide a free Christmas dinner for 1,000 poor and destitute but had to fund the project.

He recalled his days as a mariner in Liverpool, England. As boats docked at Stage Landing, passers-by would toss a coin or two in a large iron kettle called "Simpson's Pot" to help the poor.

McFee placed a similar pot, with a sign that read "Keep the Pot Boiling," at the Oakland Ferry Landing at the foot of Market Street and soon had the money for festive fare for the needy.

By 1897, collection kettles had reached the East Coast and the nationwide effort provided 150,000 Christmas meals. In 1901, kettle contributions in New York City enabled the first mammoth sit-down dinner in Madison Square Garden, a custom that continued for many years.

McFee's kettle idea has become a global tradition. Today, Kettles are used to receive donations in Korea, Japan, Chile and many European countries. Eighty-three cents of every dollar raised goes directly to program funding.

To volunteer to help take care of the venue for this event and prepare and serve food, please sign-up at <http://bit.ly/2eZfvJ8>.

ATHLETES OF THE WEEK



Z MATA's Competition Kids Team

This week's Athletes of the Week are the competition kids team from Z Martial Arts Training Academy (Z MATA).

This kids team shared the honor of taking home the first place team trophy at the twenty-first U.S. Open Brazilian Jiu-Jitsu Championships over the weekend of October 22, 23, at the Kaiser Event Center in Santa Cruz. The tournament had over

100 different martial arts academies, with more than 1600 competitors from all over the nation. The kids from Castro Valley placed first with 26 gold medals, 15 silver and 2 bronze, giving them a total of 281 team points. The second place team had a total of 149 team points with 10 gold medals. Congratulations to this hard working group of kids that represented Castro Valley.

CASTRO VALLEY INDEPENDENT SPORTS LEAGUE

Youth Baseball and Flag Football Programs
www.CVSPORTSLEAGUE.org

Palomares Hills Holiday Boutique
Over 30 Local Artisans
Saturday & Sunday - Nov. 12th & 13th
from 10 a.m. until 5 p.m.
Palomares Hills Clubhouse
6811 Villareal Dr., Castro Valley
Gourmet Foods, Handcrafted Jewelry, Fashions, Bath & Body, Home Decor and Unique Gifts
Daily Drawing for Amazing Gift Baskets!

Volleyball

NorCal Top Gun Girls Volleyball Club is having tryouts for the 2017 club season for U17 girls on Saturday, November 5, from 10 a.m.-12 p.m. and on Sunday, November 6 from 3-5pm. Tryout fee is \$20 per player. No open gym scheduled for Top Gun. For registration and tryout locations, please contact Kathy Yao at bgyao@meyao.net or visit <http://norcaltopgun.com>.

Baseball

Castro Valley Little League will be having live registrations for the Spring 2017 Season, at Creekside Middle School, in the Multi-Purpose Room, at 19722 Center Street. Sign-ups are for Boys and Girls Ages 4 to 16, on the following dates: Thurs., Nov. 10 6:30-8:30 p.m.; Thurs., Dec. 1, 6:30-8:30 p.m.; Thurs., Dec. 29 6:30-8:30 p.m. Sign up by Satur-

day, Dec. 3, and save \$15. Fees range anywhere from \$130 to \$250. Fee includes: Registration and Insurance, Jerseys, Opening and Closing Day Ceremonies, Trophies or Medals and basic Photograph Package. One Time \$50 Family Discount if two or more players from the same household are registered at the same time. For more, visit our website at: www.castrovalleylitttleleague.org/

COME PLAY WITH US!
ASSUMPTION CATHOLIC SCHOOL

PARENTS OF FOUR-YEAR-OLDS:
YOU ARE INVITED TO A SPECIAL KINDERGARTEN FAMILY FUN NIGHT

Assumption Catholic School welcomes you to our Kindergarten Family Fun Night. Learn about our kindergarten program and the Assumption School community.

- Meet our kindergarten teacher and our school principal.
- Bring your whole family to interact and play at various fun kindergarten stations.
- Meet Assumption School kindergarten families in a relaxed setting.

November 15, 2016 – 5:30 to 7 p.m.
Pizza and Refreshments will be served.

1851 136th Avenue
San Leandro, CA 94578
<http://www.assumptionschool-sl.org/>
510-357-8772

CROSS COUNTRY

Sat., Nov. 5, 12 p.m. CV is in the Western Alameda County Conference Championships at Hayward H.S.

FOOTBALL

Thurs., Nov. 3, 4 p.m. Freshman vs. Berkeley at CVHS
Friday, November 4, 4 p.m. JV vs. Berkeley away

DINETTE SALE!

This 5-piece dining set makes a great fit for a smaller dining area. The transitional feel of this group comes from the richly hued faux marble table top and the minimalistic design of the dark-brown bi-cast vinyl chairs. The table and chairs are constructed of metal in a black finish. Table measures 30"x48"x30". Also available with table top in a solid finish.

ON SALE NOW FOR ONLY \$239⁰⁰



SAVINGS IN ALL DEPARTMENTS!

Dupree's FURNITURE
"Make your house a Dupree's home"
43 Years Experience
1900 E. 14th St. • San Leandro
357-3000
www.Duprees-Furniture.com
OPEN MONDAY-FRIDAY 10AM-6PM • SATURDAY 10AM-5PM • CLOSED SUNDAY

REAL ESTATE GALLERY



REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Forum

GUEST COMMENTARY



Today's Homes Get Smart

Appliances, security systems and more can all be controlled remotely

As the couple pulls up to their home, the driveway lights spring into life and the garage door automatically opens, welcoming them home.

Cued by visual recognition technology, the alarm system deactivates itself and cameras discretely turn themselves off.

Inside, interior lights register their entrance and anticipate their movements from room to room. The fireplace springs into life, the blinds shut and soft music fills the air. The auto-climate controls activate to ensure the rooms are the correct temperature for the mood. A movie appears on the large flat-screen TV, accompanied by the sounds of cocktails mixing. The lights dim, the surround sound increases in volume and...

You get the idea.

Once the stuff of fiction, today's Smart Homes are not only real, they are moving into the mainstream. While some upscale features are still out of the reach of average homebuyers, Smart Home technology is readily available to enhance normal lifestyles.

What is a Smart Home? It's not a home with a Nest thermostat stuck on a wall. While a great beginning, it takes more to make a home "smart."

SmartHomeUSA.com states, "Smart Home is the term commonly used to define a residence that has appliances, lighting, heating, air conditioning, TVs, computers, entertainment audio and video systems, security, and camera systems that are capable of communicating with one another and can be controlled remotely by a time schedule, from

any room in the home, as well as remotely from any location in the world by phone or internet."

Most homeowners start with their heating and cooling systems. Products like Nest's Learning Thermostat provide local or remote control and monitor energy usage so you can manage expenses.

Next for many is a security system. Companies like Comcast have entered the space and bundle their security systems with offerings such as cable and internet to save money.

In addition to basic security, the key to all these systems is the ability to visually monitor the home remotely. Someone rings your doorbell? You can see

and interact with them from your smartphone and, with electronic locks, even provide access, regardless of your location.

Add in remotely controlled lights, window shades, audio systems and baby monitoring and you are on your way! Safety is also increased with smart smoke and CO detectors, moisture intrusion alarms and more.

Even better, most of these products are DIY, which makes them even... smarter.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association at www.ccmgtoday.com.

RECENT HOME SALES

Castro Valley

20785 Baker Road	94546	\$900,000	N/ABD - 2,214 SF - 1925
22041 Betlen Way	94546	\$569,000	3 BD - 1,312 SF - 1954
5296 Camino Alta Mira	94546	\$805,000	3 BD - 2,122 SF - 1967
18428 Center Street	94546	\$930,000	4 BD - 2,450 SF - 1958
4304 Circle Avenue	94546	\$800,000	3 BD - 1,853 SF - 1953
17525 Dorson Lane	94546	\$885,000	4 BD - 1,506 SF - 1945
19100 Karris Lane	94546	\$605,000	3 BD - 2,210 SF - 1977
4635 Mira Loma Street	94546	\$710,000	3 BD - 1,738 SF - 1955
2500 Miramar Ave #307	94546	\$360,000	2 BD - 1,148 SF - 1982
21484 Orange Avenue	94546	\$585,000	3 BD - 1,200 SF - 1948
18837 Sandy Road	94546	\$710,000	3 BD - 1,538 SF - 1947
21003 Wilbeam Avenue	94546	\$490,000	3 BD - 1,314 SF - 1956
5356 Briar Ridge Drive	94552	\$585,000	3 BD - 1,619 SF - 1978
20056 Mollie Court	94552	\$910,000	4 BD - 2,520 SF - 1991

TOTAL SALES:	14		
LOWEST AMOUNT:	\$360,000	MEDIAN AMOUNT:	\$710,000
HIGHEST AMOUNT:	\$930,000	AVERAGE AMOUNT:	\$703,143

San Leandro

1272 Begier Avenue	94577	\$780,000	3 BD - 1,977 SF - 1940
319 Best Avenue	94577	\$232,000	3 BD - 1,190 SF - 1930
1920 Bradhoff Avenue	94577	\$612,000	2 BD - 1,154 SF - 1947
592 Lewis Avenue	94577	\$505,000	2 BD - 906 SF - 1927
2480 Longview Drive	94577	\$840,000	3 BD - 2,188 SF - 1961
1173 Sandelin Avenue	94577	\$785,000	3 BD - 2,516 SF - 1971
13741 Seagate Drive #266	94577	\$415,000	1 BD - 990 SF - 1988
1509 137th Avenue	94578	\$380,000	2 BD - 811 SF - 1970
1670 164th Avenue	94578	\$366,000	2 BD - 1,165 SF - 1980
444 Calliente Drive	94578	\$375,000	2 BD - 1,060 SF - 1980
16006 East 14th St #202	94578	\$275,000	2 BD - 811 SF - 1987
16723 Hannah Drive	94578	\$465,000	2 BD - 1,032 SF - 1964
1614 Russ Avenue	94578	\$558,500	2 BD - 1,018 SF - 1948
1591 Burkhart Avenue	94579	\$535,000	3 BD - 1,329 SF - 1957
720 Fargo Avenue #5	94579	\$420,000	2 BD - 840 SF - 1965
15265 Laverne Drive	94579	\$520,500	3 BD - 1,169 SF - 1959
1788 Lawndale Avenue	94579	\$550,000	3 BD - 1,154 SF - 1957
2261 Snipe Court	94579	\$653,000	4 BD - 1,544 SF - 1999

TOTAL SALES:	18		
LOWEST AMOUNT:	\$232,000	MEDIAN AMOUNT:	\$512,750
HIGHEST AMOUNT:	\$840,000	AVERAGE AMOUNT:	\$514,833

San Lorenzo

961 Bevilacqua Street	94580	\$372,000	2 BD - 848 SF - 1949
944 Lynn Court	94580	\$552,500	3 BD - 1,432 SF - 1950
663 Via Acalanes	94580	\$610,000	3 BD - 1,000 SF - 1944
879 Via Bregani	94580	\$550,000	3 BD - 1,348 SF - 1957
17271 Via Carmen	94580	\$550,000	3 BD - 1,127 SF - 1953
70 Via Diego	94580	\$565,000	3 BD - 1,024 SF - 1950
17052 Via Media	94580	\$520,000	3 BD - 1,051 SF - 1947
1094 Via Palma	94580	\$430,000	3 BD - 1,476 SF - 1949

TOTAL SALES:	8		
LOWEST AMOUNT:	\$372,000	MEDIAN AMOUNT:	\$550,000
HIGHEST AMOUNT:	\$610,000	AVERAGE AMOUNT:	\$518,688



17844 Center St., Castro Valley • CUSTOM HOME!

You can see the Bay and Coyote Hills from this home at the top of Center St. Great for entertaining! Built in 1987, this fabulous 3 Bd., 2.5 Ba. home with approx. 3400 sq ft is gorgeous. Huge family room, master suite with balcony, huge redwood deck, 2 fireplaces, laundry room, a/c. Move in by Christmas! **Asking \$1,250,000.**

Coldwell Banker Real Estate

Call Trish Radovich: 510-367-7999/calltrish@comcast.net
21060 Redwood Rd. Ste. 100, Castro Valley



Judy Grubb



Sale Pending

910 Collier Dr., San Leandro • \$729,000

Beautiful 3 bedroom, 2 bath home in Estudillo Estates. Wonderful historic features such as arched windows and doorways, gorgeous hardwood floors and vaulted ceilings. Chefs will love the updated kitchen with stainless steel appliances, gas 5-burner stove and pantry. Formal dining room, plus a spacious breakfast nook with built-in corner cabinets. Large Master Bedroom with its own balcony for early morning coffee time. Conveniently located near transportation, freeways, shopping, dining, and entertainment with a walk score of 71.



RESIDENTIAL BROKERAGE

For more information please call...

Judy Grubb, Broker Associate Lic. #01367593

Direct 510-888-6388

Judy.Grubb@CAMoves.com | www.TheGrubbTeam.com

Realtors - Advertise in our Weekly

Real Estate Gallery

- Recent Home Sales
- Open Homes
- Latest Mortgage Rates
- Market Trends
- Rentals & Commercial Properties



Next Issue - Nov. 9th

If you would like to be a part of this exciting advertising opportunity, call your Account Executive today!



Mary Florence

510-861-3270

Castro Valley

mpominville4582@aol.com



Linda Nakhai

510-915-1513

Castro Valley

lnakhai@comcast.net



Claudette Morrison

510-614-1559

San Leandro

ClaudetteM@ebpublishing.com

Water Stress Sends Cherry Tree into Early Dormancy

By Buzz Bertolero
The Dirt Gardener

Q My Van cherry tree is acting strangely. It was bought last spring but we haven't gotten around to planting it. The leaves are drying up and falling off. Yet, there are new leaves forming and it is flowering again. Is this common with cherry trees?

A Yes, this occurs periodically in the landscape but it is a more frequent

occurrence with container fruit and flowering trees.

Water stress from irregular watering is the primary cause of the leaves drying up and falling off. They should be watered every other day or daily to avoid having problems.

The rate that a plant loses water is affected by the temperature and wind, along with the container which heats up in the afternoon sun. All of these factors contribute to a plant suffering from water stress throughout

the growing season.

It starts in the leaves along the outer edges and top of the plant where they turn brown and get very crinkly. If the tree dehydrates completely, it dies.

Cherry trees start to go dormant naturally in the early fall. Water stress increases the leaf drop forcing an earlier-than-normal dormancy.

With mild temperatures, shorter days and moisture, the tree awakens from dormancy, flowers and begins a new growth

cycle. Although, all of this is short-lived.

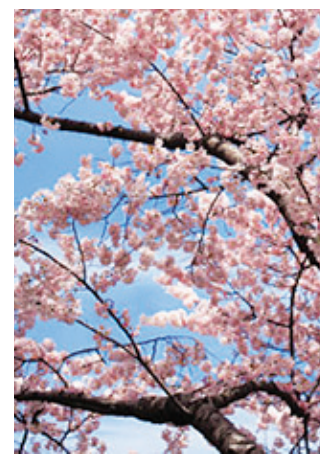
With cooler days and nights, the tree will go back into dormancy and that stops the growth. The tree will drop any of its new leaves and the rest of the older ones. However, there is no permanent damage done to the tree.

Next spring, it will awaken again.

Fruit trees should not be carried over into a second growing season in the same container. So, I'd plant it in the ground or

a larger container by the end of February. There just isn't enough room for all their roots.

Buzz Bertolero is an Advanced California Certified Nursery Professional and the Senior Gardening Professional at Sloat Garden Centers. His web address is www.dirtgardener.com. Send questions by email to dirtgardener@aol.com or on Facebook at [Facebook.com/Buzz.Bertolero](https://www.facebook.com/Buzz.Bertolero).



Cherry trees blossom in the spring and go dormant in the fall.

FOR EXPERT ADVICE CONTACT ONE OF OUR LOCAL...

AGENTS IN ACTION



Kristy Peixoto
J. Rockcliff Realtors
kpeixoto@rockcliff.com
925-251-2536



Leslie Peterson
ReMax Accord
leslie@lesliepetersonsonteam.com
www.lesliepetersonsonteam.com
510-697-1208



Trish Radovich
Top Selling Agent • Lic. since 1975
Coldwell Banker Realty
510-367-7999



Cathy Brent
Berkshire Hathaway
Home Services
510-381-1065



Wayne Licsak
Berkshire Hathaway
Home Services
510-303-7765



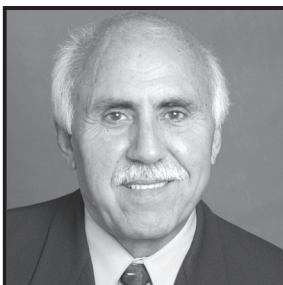
Kathi Townsend
Berkshire Hathaway
Home Services
510-333-9404



Graig Cahill, Broker/Owner
CAHILL & CO. REAL ESTATE
graig@cahillandco.com
510-881-7500



Lisa Ferraris, GRI
Turning Houses
into Homes
510-304-1271
J. Rockcliff Realtors



Masoud Dehdari
Berkshire Hathaway
Home Services
www.askmasoud.com
510-909-0507



Marilyn & Bill Swisher
Re/Max Accord REALTY
www.homesbyswisher.com
510-888-3300



Ted Von Roll & Liz Dunbar
ReMax Accord
Von Roll Real Estate Group
tedvonroll@gmail.com
510-919-1234



David & Matt Wilhite
Broker® CalBRE#00759835
Intero Real Estate Services
www.DavidandMattWilhite.com
510-329-0728



Sharon Luther
Senior's R.E. Consultant
ReMax Accord
Sharon.Luther@comcast.net
510-435-8842



Lynn Levin
Berkshire Hathaway Home Services
(Formerly Prudential)
www.lynnlevin.com
510-593-7377



Jill Gregori
Gregori Group RE, Inc.
Realtor®/Owner
510-909-4888
GregoriGroup.com



Don Morris
30 Years Experience
Re/Max Accord
510-220-7796



Kenneth A. Kremer
Results Guaranteed!
There is no substitute for experience.
Kremer & Company, Realtors®
510-301-1957



Liz Lucero, Realtor
Senior Real Estate Specialist
Coldwell Banker
lizzilucero@sbcglobal.net
510-583-5444



Mario A. Reyes
Coldwell Banker
www.marioreyesrealtor.com
mario.reyes@cbsnorcal.com
510-329-7644



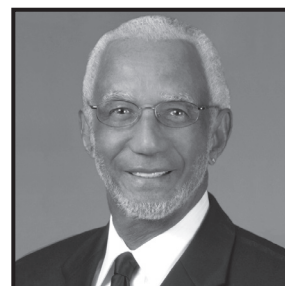
Carrie Miles
Realtor®
RINETTI & CO. REALTORS
milescarrie@yahoo.com
510-735-5223



Brian Cooney
Listing Specialist, C.V. Team
Re/Max Accord
Brian@ReMaxAccord.com
510-690-1111



Nick Asturias Realtor®
Coldwell Banker Realty
www.NickAsturias.com
925-344-5506



Willie M. Campbell
Coldwell Banker Realty
Real Estate Broker DRE#00546586
wmc0030@sbcglobal.net
510-888-6326



To Advertise Call:
Mary Florence
510-861-3270
Linda Nakhai
510-915-1513



WEEKEND GARDENER

Transition of Seasons

November is a time of transition for your gardens. As one growing season comes to a close, another will begin in just a few months. Now is the time to clear out exhausted summer plants, to prepare for frosty nights and to plan and plant for spring.

Prevent Erosion

If your gardens are on slopes, as many in the East Bay hills are, make sure you have enough plants there to keep the hillside from washing away if rains are heavy this winter. Sow seeds of wildflowers and a perennial grass, such as blue wild rye.

OPEN HOMES SATURDAY & SUNDAY NOVEMBER 5TH & 6TH



CITY	SAT	SUN	ADDRESS	PRICE	BDRMS/BATHS	REALTOR	AGENT	PHONE
A	—	1-4	964 Estudillo Avenue	\$749,976	3+1.5	R.E. eBroker Inc.	Antonio	326-4263
C	—	1:30-4:30	2403 Austin Court	\$775,000	4/2.5	Berkshire Hathaway	The Brent Team	333-9404
C	1-4	1-4	5014 Vannoy Avenue	\$789,000	3/3	Berkshire Hathaway	The Brent Team	333-9404

One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25. For more information and a listing form, call 614-1558. DEADLINE: TUESDAY AT NOON.

CITY GUIDE

A = SAN LEANDRO • B = SAN LORENZO • BW = BRENTWOOD • C = CASTRO VALLEY • D = DUBLIN • E = EMERYVILLE • F = FREMONT • H = HAYWARD • K = BERKELEY • L = LIVERMORE
N = NEWARK • O = OAKLAND • P = PLEASANTON • PH = PLEASANT HILL • S = SHEFFIELD VILLAGE • SR = SAN RAMON • U = UNION CITY • W = WALNUT CREEK • Z = ALAMEDA



All real estate advertised in the Castro Valley Forum is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, marital status, national origin, or intention to make any such preference, limitation or discrimination. The Castro Valley Forum will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

FAX YOUR OPEN HOME LISTINGS 24-HOURS A DAY

483-4209 CONTRACTED DISPLAY ADVERTISERS RECEIVE OPEN HOME LISTINGS AT NO CHARGE. CALL PATRICK AT 614-1558 FOR FURTHER DETAILS.



FOR EXPERT ADVICE CONTACT ONE OF OUR LOCAL...

AGENTS IN ACTION



Wayne A. Blackard
Berkshire Hathaway
Home Services
www.homesbywblackard.com
510-888-9466



Tere Lee, CRS
"Trust A Professional Who Cares"
United Brokers Real Estate
www.tereleehomes.com
(510) 305-8827



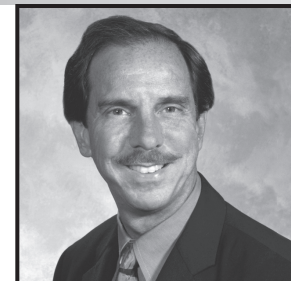
Maribeth Delucchi
Venture Sotheby's
International Realty
mdelucchi@venturesir.com
510-209-5837



Sam Chiu 趙
Active in the East Bay since 1989
Berkshire Hathaway
Home Services
510-305-5767



Bob Frey
Broker Associate
Re/Max Accord
BobFreyHomes@gmail.com
510-220-8459



Craig Ragg
CRAIG RAGG REAL ESTATE
www.craigraggre.com
craggre@pacbell.net
510-889-7709



Otto Catrina CRS, GRI, SRES
Catrina Real Estate & Investments
email:otto@ottocatrina.com
Fax: 510-373-8226
510-507-8226



Cindy Goodman, Realtor
Senior Real Estate Specialist
Coldwell Banker
cindygoodman@comcast.net
510-697-9400



Judy Rose-CRS, SRES
ReMax Accord
Serving the East Bay 38 Years
judy@judyrose.com
510-220-6206



Stuart Anderson
Berkshire Hathaway
Home Services
stuart.anderson@bhhsdrysdale.com
(510) 421-8200



Evelyn Boyd
Berkshire Hathaway
Home Services
Broker-29 Years Experience
510-387-3310



Murline Monat Realtor®
Paragon Realty Group, Inc.
www.murlinemonat.com
Mmonat@paragon-re.com
925-523-9852



Michael Otto
Berkshire Hathaway
Home Services
Drysdale Properties
Cell 510-432-0517



Susan Jones
Re/Max Accord
Teamjoneslistings.com
Jsusan984@comcast.net
510-690-9690



Tim Fiebig
Re/Max Accord
Realty
www.timfiebig.com
510-728-2900



Tim Ambrose
Certified Probate Real
Estate Specialist
www.timambrose.com
510-258-8909



Lannie Mok 莫太
Intero Real Estate Services
Executive's Circle Award
Lannie.Mok@gmail.com
510-889-6888



Michael Tacconi, NMLS 241403
BAY EQUITY
www.michaeltacconi.com
Your Local Lender on Redwood Rd.
510-838-0595



Thomas Stafford
Thomas Stafford Properties Inc.
Residential Sales/Property
Management
510-581-4935



Linda Neff
Berkshire Hathaway
Drysdale Properties
linda@lindaneff.com
510-557-9185



Peter Wardhana
RE/MAX Accord
Castro Valley Specialist
www.FiveCanyons.com
510-701-6789

Realtors... Your Picture could be here!

This Monthly Section will run the first Wednesday and Thursday of every month in the Castro Valley Forum and the San Leandro Times.

For information about advertising call:

**Mary Florence: 510-861-3270 or
Linda Nakhai: 510-915-1513**

www.castrovalleyforum.com



ADVERTISE WITH EAST BAY PUBLISHING AND REACH OVER 65,000

TO PLACE A CLASSIFIED AD

CALL 510-614-1558
FAX 510-483-4209
EMAIL Classifieds@ebpublishing.com

TO VIEW THE CLASSIFIED ADS

Visit our Websites 24 hours a day
www.sanleandrotimes.com
www.castrovalleyforum.com
2060 Washington Ave., San Leandro, CA 94577

CLASSIFIED AD DEADLINE

New ads, cancellations or ad changes:
MONDAY BY 5:00 P.M.
Call 510-614-1558 (Mon. - Fri., 9 a.m - 5 p.m.)
VISA, MASTERCARD & DISCOVER ACCEPTED

AUTOS / TRUCKS

\$30 10 words
(3 weeks)

GARAGE SALES

\$25 10 words
(1 week)

HELP WANTED

\$30 10 words
(1 week)

MISC. FOR SALE

\$25 10 words
(3 weeks)

RENTALS

\$30 10 words
(1 week)

SERVICES

\$25 10 words
(1 week)

ALL CLASSIFIED ADS ALSO RUN FREE ONLINE! • AD MUST BE PREPAID WITH CASH, CHECK OR CREDIT CARD • ADDITIONAL WORDS ARE \$1.00 EACH
CLASSIFIED ADS RUN EVERY WEDNESDAY IN THE CASTRO VALLEY FORUM AND EVERY THURSDAY IN THE SAN LEANDRO TIMES

ANNOUNCEMENTS

HANDYMAN & HOME REPAIRS
Painting, Cleanups, Weed Whacking, Maintenance, etc.
Jose Cruz 510-294-9017

AUTOMOBILES/TRUCKS CYCLES/TRAVEL TRAILERS

1971 Pontiac T-37, auto. \$1,500.
Call 510-575-6780.

1996 SUBARU Outback, salvaged, repaired & now clean inside & out. Runs excellent. Needs smog. \$1,850 o.b.o. Call 510-909-3470.

2007 Nissan Sentra, 145K miles, \$1,500 o.b.o. Call 510-582-3822.

Advertise your Home for rent in the San Leandro Times & Castro Valley Forum **DON'T LET ANOTHER WEEK SLIP BY!**
— A vacancy day is money lost forever —
To place an ad call 510-614-1558

CONCRETE SERVICE

CV CONCRETE. FREE Estimates. Excellent Quality Work for over 25 years. Lic.#870781. 510-772-2537.

MP CONCRETE. Driveway, Patio, Retaining Wall, Asphalt, Hauling. Lic.#1004427. Milo 510-502-9336.

**Need Remodeling?
How about a new
kitchen or bath?**



**CHECK OUT OUR
CLASSIFIED ADS
&
HOME SERVICES
FOR HELP!**

CONTRACTOR SERVICE

NOTICE TO READERS

California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State Law also requires that contractors include their license number on all advertising. Advertisers appearing on this page without a license number indicate that the contractor is not licensed. You can check the status of your licensed contractor at www.cslb.ca.gov or (800) 321-2752. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

**VIEW the CLASSIFIED Ads
Online at
sanleandrotimes.com or
castrovalleyforum.com**
For help or for more info call
510-614-1558. E.B. Publishing

ELECTRICAL SERVICE

RABBOTT POWER COMPANY
"Residential & Electric Wall Heater Specialist." CA-Lic.#571675. Call 510-582-8556, 7:00am-7:00pm.

EMPLOYMENT WANTED

Experienced Accountant/ Bookkeeper with GAAP, Quickbooks, Microsoft, Outlook experience available immediately. Call 510-334-3516.

LOOKING FOR WORK?

(Some restrictions may apply)
Limited Time Offer! You can run a FREE 15 word "Employment Wanted" ad. Ad runs in the San Leandro Times & Castro Valley Forum. Call 510-614-1558 to place an ad or for more info. We really hope you find work!

**HOPE YOU FIND just the
job you are looking for!**

FENCES/DECKS

A.T. WOOD FENCES & DECKS
Fence, Concrete, Tree, Lawns, Painting, Cleanups. 510-507-1457/ 510-507-0968.

FENCE LEANING? Don't replace... repair and save! Call Randy 510-706-6189.

GARAGE SALES



GARAGE SALES

CASTRO VALLEY

BACKYARD GARAGE SALE Fri. 11/4 & Sat. 11/5, 8am-4pm. Xmas items and miscellaneous. 4578 Sargent Avenue, Castro Valley.

SAN LEANDRO

HOLIDAY BOUTIQUE 11/3 & 11/4, 10am-5pm and 11/5, 10am-4pm. 1555 - 141st Avenue, San Leandro.

HOLIDAY BOUTIQUE 11/5, Noon-6pm. Rain or Shine. Xmas cards, purses, hats, perfume, Jewelry, spa baskets, etc. 1350 Lake Chabot Rd., San Leandro.

YARD SALE 11/5, 9am-4pm. Baby & children's clothes, women large size clothing, 8 1/2M shoes, household, and misc. items. 938 Fulton Avenue, San Leandro.

**Rent it FAST with a TIMES
WANT AD ... 614-1558**

HOME SERVICES DIRECTORY

REACH OVER 60,000 READERS

Call today for ad rates and availability.



HOME SERVICES DIRECTORY
Call 614-1558

Earthquake Retrofitting

AVANT-GARDE

Your Local FEMA
Trained Earthquake
Brace + Bolt Specialist

Also Additions
Remodels &
New Construction

FREE ESTIMATES
510-881-6573

LICENSE #1005420

www.Avant-GardeCE.com

Fences/Decks

**Randy's Fence
&
Gate Repair**
I can save you money!

Repair of the existing fence or
gate is my specialty.

**CALL NOW FOR YOUR
FREE ESTIMATE!**
510-706-6189

Gardening / Tree Service

PEREZ
Gardening &
Maintenance
TREE SERVICE

Pruning, Topping, Removing, Synthetic
Grass Installation, Planting, New Lawns &
Lawn Care, Sprinkler Systems, Lots & Hill-
sides Cleaned & Planted, Drainage/Gutters,
Fences, Decks, Patios, Arbors, Concrete, etc.

CALL 510-385-2122

FREE ESTIMATES

EXCELLENT REFERENCES / SINCE 1994
INSURED / ALL WORK GUARANTEED / UNLICENSED

HOME SERVICES DIRECTORY

Utilize the best tool in your box...
Advertise!
Reach over 60,000 readers for one low price!

CASTRO VALLEY FORUM
San Leandro Times

For more
information
on how to
advertise in
this section,
call Patrick
at 614-1558.



★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

Thank-You...

**Ridout Roofing for advertising
with us for over 13 years!**

**RIDOUT
ROOFING CO.**
~ SINCE 1922 ~

ALL TYPES OF ROOFING & GUTTERS
P.V. SOLAR / SKYLIGHTS

**FREE ESTIMATES
SENIOR DISCOUNTS**

VISA (510) 351-1922 MasterCard

621-A WILLIAMS • SAN LEANDRO
STATE CONTRACTORS LICENSE NUMBER 260176

**We truly appreciate all
of our advertisers!**

San Leandro Times / Castro Valley Forum

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

Heating & A/C

**NORTH PACIFIC
HEATING AND A/C**
Since 1994

- Duct Repairs
- Mechanical
- Replacement
- Central Heating
- New Additions
- Floor & Wall Heaters



A/C & Furnace Repair

510-715-9382

LIC. #885035

Roofing

Lic. #311818

K REED ROOFING
Complete Residential & Commercial
Roof Systems

(510) 357-5116

**Call Now For A Free Written
Roof Analysis & Estimate**

Serving San Leandro & The Entire
Bay Area. For Those Who Demand
Superior Personalized Attention.

SINCE 1975 / FULLY INSURED

House Cleaning

Tender Loving Care

House Cleaning Service
Family Owned Since 1980

WEEKLY • BI-WEEKLY • MONTHLY

EMPLOYEES
COVERED BY
WORKERS'
COMP. STATE
DISABILITY
INSURANCE

Specializing
in detailed
cleaning tailored
to your home

FREE ESTIMATES

Email: PATTYATTLIC@AOL.COM

www.tlc-housecleaning.com

510-481-9193

BONDED & INSURED • ALL TAXES PAID

Roofing / Gutters / Solar

**RIDOUT
ROOFING CO.**
~ SINCE 1922 ~

ALL TYPES OF ROOFING & GUTTERS
P.V. SOLAR / SKYLIGHTS

**FREE ESTIMATES
SENIOR DISCOUNTS**

VISA (510) 351-1922 MasterCard

621-A WILLIAMS • SAN LEANDRO
STATE CONTRACTORS LICENSE NUMBER 260176



Whatever your specialty, the place
to advertise is in the...

HOME SERVICES DIRECTORY

Delivered to 32,736 homes in
San Leandro, over
20,000 homes in
Castro Valley, and
another 8,264 are
delivered to
businesses and
libraries.



GARDENING

****D.A.'s LANDSCAPING****
Landscape Design/Installation, Irrigation, Drip System, Concrete, Cleanup, etc. Bus. Lic.#30229. Dominic 510-478-2448.

***ANY YARD WORK.** Cleanups & Maintenance. Free Estimates. Call 510-798-1833.

***BEAUTY GARDEN LANDSCAPING**
Design - Construction - Maintenance. Cleanups, New Lawn, Irrigation, Patios, Pathways, Brick, Stone, Concrete Fence/Decks. Free Estimates! Lic.#925130. 510-691-8852

***NAVA'S COMPLETE LANDSCAPING:** Mowing, trees, cleanup/hauling. FREE estimates. 510-512-5857/ 510-356-8166.

JAIME'S GARDENING
Maintenance, Trimming, Cleanups, Hauling, Sprinkler Repair/Timers. FREE Estimates. Insured. 510-299-9583

LUIS GARDENING & HAULING SERVICE. Maintenance, Mowing, Weeding, Cleanups, Hauling, etc. Insured. Unlicensed. 510-499-5453

GIVEAWAYS

Firewood - Scrap wood from construction (good for firewood). Call 7am - 3pm, 7 days a week at 510-909-6182, San Lorenzo. Will not accept restricted phone numbers.

FREE - 6 drawer dresser in good condition (blonde wood). Call Ray 510-303-6113.

FREE - BALDWIN Organ in good condition. Also free piano (just needs tuning). Also free office chair and white wicker chest of drawers. 510-677-7127.

GIVEAWAYS

FREE - Pallets for firewood. Call 510-909-6182, San Lorenzo. Will not accept restricted phone numbers.

HANDYMAN SERVICE

A to Z HOME REPAIRS/ RE-MODELING. Kitchen/ Bathrooms, etc. Reliable. Lic.#1016019. Miguel 510-557-5768.

A.A. REPAIRS, retired teacher serving seniors. Homes, businesses, appliances, carpentry, doors, locks, electrical, furnace, maintenance, plumbing, gutters, walls, windows. Bus-Lic.#30466. 510-703-6682/ 510-888-9343.

ABEL'S HANDYMAN SERVICE. Hardwood floors, tile, painting, gardening, cleanups, hauling. Excellent references. Fast service. 510-358-0307. Unlicensed.

HONEST RELIABLE HANDYMAN. Everything from garden prep to tile work. Deck refinishing a specialty. 510-385-1544.

KING CONSTRUCTION, a Father & Sons Remodeling and Plumbing Company since 1972. Construction and Plumbing Specialists. Room Additions, Baths, Kitchens, Decks, Seismic Retrofits, Furnace, Hot Water Heaters, and ALL Home Repairs. Lic.#273546. Bonded/Insured. Call George King 510-483-7126 or 510-882-5169. gwkonstruction@gmail.com

Semi-retired contractor w/ 45 years experience seeks work. All Phase Construction... small jobs appreciated. Lic.#762750. Ron 510-677-9290.

TORRES, A PERFECT HANDYMAN
•Honest •Dependable •Responsible
Painting, Plumbing, Retaining Walls, Fences, Tiles, etc. FREE Estimates. 510-305-3205

HAULING SERVICE

***SMALL/LARGE JOBS.** Wood, trash, concrete, furniture. Low rates. 510-268-1412/ 510-328-8616

HAULING: Small and Big Jobs. Furniture, Concrete, Wood, Trash, Metal, etc. 510-715-1578.

HELP WANTED

GENERAL

Newspaper carriers wanted early morning, 7 days a week. Delivery area San Leandro. \$800 - \$1200 per month. Call Paul at 209-482-8404.

Hawaiian Ocean Transport is a trusted and reliable ocean transportation and logistics company providing services to Hawaii and Guam. We are looking for a Terminal Manager for our San Leandro facility. Please visit <http://www.hawaiianocean.com/> for employment for more details.

Customer Service Rep/ Family Fitness Club needed to meet, greet and sign in customers, office work, etc.

Also: **Club Attendant / DSR** needed to Observe and Maintain facility for Members, etc.

Also: **Babysitters** needed part-time to full-time. You must be experienced, reliable, responsible and be 18 or older. Required background check.

Apply in person at
1881 Astor Drive, San Leandro
or get application at:
www.BOVSWIM.com employment

We REAAALLLY appreciate our many Readers who support our Advertisers! Patrick V.

HOUSE CLEANING

***CONNIE'S NATURAL CLEANING**
Licensed/ Insured/ Bonded
Make Your Home a Pleasant and Healthy Environment
www.conniesnatural.com
Call 510-506-5053

Cristina House Cleaning, free estimates, senior discount. Bus.-Lic. #121121. 510-825-0459.

WALTON'S JANITORIAL
Licensed / Bonded / Local
For a **SPARKLE CLEAN OFFICE** or Home
Windows • Floors
• Carpets • Restrooms
Phone 352-7948
Member of S.L. Chamber of Comm.

LOST & FOUND

FOUND - Orange & white male cat. Also found female calico cat (between Butti Court & Hillside) in Castro Valley around 10/6/13. Call 510-582-1175.

MISC. FOR SALE

APPLIANCES

FREE - Convection Oven in good condition. Also free box spring & mattress. Call 610-733-5271.

BABY/CHILDREN

Baby changing table (white) good condition. \$50. Call 510-614-2254.

FURNITURE

Childcare Facility Furniture; Large Lakeshore Shelves, ABC Rug, Wooden Changer w/stairs, Bookcase, Cubbies, Table w/chairs. Call 510-430-9034.

Duncan Phyfe style dining set with 6-chairs. Needs repair. \$100. Call 510-483-5860 between 3pm-8pm.

MISC. FOR SALE

Duncan Phyfe style dining set with 6-chairs. \$100. Call 510-483-5860 between 3pm-8pm.

Vibrating Massacre Chair (heavy duty from head to toe) ... Built to last a lifetime. \$100 o.b.o. Call 510-258-6537.

ESTATE/ MOVING SALE. Selling Everything! Call 510-258-6537 or 510-407-1533 for appointment.

Light walnut China cabinet w/glass doors 60"x 84"x 18"D. Excellent condition. \$250 o.b.o. 510-357-5577.357-5577

HEALTH & FITNESS

Women's exercise bike \$30. Call at 610-733-5271.

PETS

Aquatic turtles. \$25 each to good home. Call 510-407-1533.

SCOOTERS

PRIDE Ultra X Go-Go scooter, has basket, charger, and new batteries. \$600 o.b.o. Call 510-352-5801.

SPORTS

Oakland Raider white Albert Lewis #29 jersey (size 42). 510-276-4110.

VARIOUS ITEMS

Swiss Army Wenger analog (new) wrist watch. \$50 o.b.o. 510-813-6550.

MISC. WANTED

Wanted: Spanish tutor, after school for my second grade child. Call 951-660-5392, etambora@yahoo.com

WANTED: Used acoustic electric guitar. Call 510-517-3351.

MUSICAL SERVICES LESSONS

EAST BAY MUSICIAN - Lessons, Good with Kids. Call 510-427-3955.

REAL ESTATE AGENTS



Are you interested in buying or selling a home or property?

Would you like the help of a Professional Agent?

For assistance call ...

***SCOTT HARRISON** - Realtor
Coldwell Banker 510-388-4536

RENTALS

CWP

Property Management
510-352-6310
www.cwpmgmt.com

198 Juana Avenue, S.L.
Need a rental property before the holidays?

We can assist you!
FREE RENTAL LISTINGS
FREE Online Tenant/Owner Access

APARTMENTS

Castro Valley 2-bedroom, 1-bath, Walk to BART and Village. Gated, laundry, pool, fitness. \$1,795. 510-582-8389.
www.bartplazaapartments.com

Hayward 1-bedrooms \$1,245 - \$1,345, 2-bedrooms \$1,545 & up (check availability). Patios, balconies, pool, ample parking, storage, spacious. 510-887-6633.

Hayward spacious 1-bedroom \$1,100+, 2-bedroom \$1,400+. Balcony, patio, pool. 510-581-4702.

LANDLORDS - Advertise your units! A vacancy day is money lost forever ... R. Bowman

RENTALS/ROOMS

San Leandro room, near S.L. BART. Background check required. 510-693-1193.

Rent it FAST with a TIMES WANT AD ... 614-1558

SERVICES

SELL YOUR CAR OR TRUCK with a Classified Ad
For more info or to place an ad call 510-614-1558

San Leandro Times/Castro Valley Forum

TREE SERVICE

***A CAREFUL TREE SERVICE.** Certified. Arborist. Lic.#694067. Trimming, Removals. **FREE** Estimates. Bonded. Call 510-581-7377.

YOUR INFO

Advertise your Home for rent in the San Leandro Times & Castro Valley Forum
DON'T LET ANOTHER WEEK SLIP BY!
- A vacancy day is money lost forever -
To place an ad call **510-614-1558**

CLASSIFIED AD DEADLINE:
Monday 5:00 p.m.

LANDLORDS - Advertise your units!
- A vacancy day is money lost forever -
R. Bowman

VIEW the CLASSIFIED Ads Online at
sanleandrotimes.com or
castrovalleyforum.com
For help or for more info call
510-614-1558. E.B. Publishing

Need Remodeling?
How about a new kitchen or bath?



CHECK OUT OUR CLASSIFIED ADS & HOME SERVICES FOR HELP!

Help for the homeowner means business for you!



ADVERTISE YOUR BUSINESS IN OUR HOME SERVICES DIRECTORY
CALL 614-1558

ATTENTION LANDLORDS



You may rent your property with a sign in the window or with an ad on the internet... But why not also advertise your rental in both the San Leandro Times & Castro Valley Forum for as little as \$25, and reach over 60,000 readers!
TO PLACE AN AD, CALL 614-1558

THANK-YOU for supporting the Castro Valley Forum and San Leandro Times!



We greatly appreciate our many advertisers who make it possible for us to publish these newspapers.

HOME SERVICES DIRECTORY

REACH OVER 60,000 READERS

Advertise your services in both of our newspapers... at one low price!

CASTRO VALLEY FORUM
San Leandro Times

HOME SERVICES DIRECTORY

For More Information, Call 614-1558



Handyman

HANDYMAN SERVICES

Serving Castro Valley & San Leandro for 28 Years

Big or Small — We Do It All!
(925) 548-4202

Hardwood Flooring

FERREIRA'S HARDWOOD FLOORING

Sand • Install • Refinish
Glist • Oil Base
25 Years Experience

FREE ESTIMATES
Call Jeff Today!
510-366-6491
Lic. #803455

Plumbing

Service 4 Plumbing

www.service4plumbing.com

(510) 614-5887

Bonded & Insured • CA License #1004766
24-Hour Service

FREE ESTIMATES • Se Habla Español



Low Water Pressure?
25 Years in Business!

MEMBER Re-Piping Old Galvanized Pipes With Copper Type "L"

MENTION THIS AD AND RECEIVE 15% OFF YOUR NEXT PLUMBING SERVICE

Roofing

BANNER ROOFING CO.

★ New Roofs ★ Re-Roofs ★ Roof Repairs ★

ROOFING TYPES

ASPHALT SHINGLES
FIREPROOF TILE & SLATE
CEDAR SHINGLES
METAL ROOF SYSTEMS
TAR & GRAVEL
SINGLE-PLY SYSTEMS

RESIDENTIAL & COMMERCIAL

ALL TYPES OF ROOF REPAIRS
PROFESSIONAL WORKMANSHIP

GUTTER TYPES

SEAMLESS ALUMINUM, PREPAINTED IN 20 COLORS
GALVANIZED 5", 6" & 7"
COPPER GUTTER SYSTEMS
SHEETMETAL FABRICATION
OVERHANG SOFFIT & FASCIA
CLEANING & REPAIRS

LICENSED / BONDED / INSURED • 2424 CLEMENT ST., ALAMEDA

LIC # 657692 **FREE ESTIMATES** SENIOR DISCOUNTS

895-4433

Painting

Diego Painting

- Residential/ Commercial
- Interior/ Exterior
- Power Washing



FREE ESTIMATES

Lic. #855054 • diegopainting@comcast.net
www.diegopainting.com

(510) 331-6152

Plumbing

CAPELLI PLUMBING & DRAIN CLEANING

Compare Our Prices!

FREE ESTIMATES
24/7 SERVICE



Military & Senior Discounts
Family Owned & Operated

510-969-4358
LIC. #904794

Roofing



FAMILY OWNED & OPERATED
Over 25 Years Experience
Reroofs • Repairs • Inspections
Dry Rot Repair • Seamless Gutters
(Pre-painted)
FREE ESTIMATES



\$200.00 OFF
COMPLETE REROOFING WITH TEAR-OFF
One Coupon Per Customer • Expires 12/31/16

(510) 538-1530

We Specialize in Residential Roofing



Letters to the Editor must include writer's first and last names, phone number, city of residence, and must be under 300 words. Email Letters to: fredz@ebpublishing.com, or mail to: The Forum, P.O. Box 2897, Alameda, CA 94501.

LETTERS

TO THE EDITOR

FREDZ@EBPUBLISHING.COM



CVSan Board Member 'Compelled to Set the Record Straight' in Response to Mellon Letter

Editor:

As a Castro Valley Sanitary District Board member with first-hand knowledge of these issues, I am compelled to respond to Frank Mellon's letter to the Forum last week and to set the record straight regarding his comments about a limited pilot program the District is conducting.

In his letter, Frank states that two incumbent CVSan Board members are committed to every other week garbage pickups, and that they would not reduce garbage rates accordingly.

This is patently false. No board member has expressed any such opinion.

Here are the facts. CVSan is conducting a voluntary less than weekly garbage pickup pilot study using a few pickup routes to see if less than weekly garbage is even feasible (recycling and organic pickups would remain weekly). Customers in those trial routes may still put their garbage out weekly if they want to.

If the trial is unsuccessful, the less than weekly pilot will cease and no further action will be taken. If it's successful, the District will consider whether or not to make a change with input from the public.

The pilot was funded by StopWaste.org, an agency dedicated to reducing waste going to the landfill.

—Melody Appleton
CVSan Board Member

Supports Maher for CVSan Board – Says it's 'Time for a Needed Change'

Editor:

It is time for a needed change on the Castro Valley Sanitary District Board. I hope you will vote for John Maher for the CVSan Board.

The current Board increased our sewer service rates over the last two years by 25% from \$303 in 2015 to \$380 currently (Board Minutes, 6/16/2015, Item No. 7).

The current Board gave the General Manager a 15.53% raise in 2015 (Board Minutes, 4/7/2015, Item No. 17). The General Manager currently makes a base salary of \$208,000 with an overall compensation package costing the ratepayers over \$300,000 to run a 20 person district.

The current Board purchased the Caltrans property on Center Street for \$1,500,000, without any public input (Committee Minutes, 8/27/2015). The current Board is contemplating spending up to \$16,000,000 for a new office building on that property (Committee Minutes, 8/27/2015).

Keeping rates as low as possible has never been a priority with the current Board of Directors. Please vote for John Maher.

—Ken Owen, Castro Valley

Calls for Re-Election of Jo Loss to School Board for 'Her Knowledge and Commitment'

Editor:

I am honored to know and have worked with Jo Loss over the many years that she has served on the Castro Valley Unified School District Board of Education, and I wholeheartedly endorse her re-election.

The Castro Valley Unified School District has enjoyed an extraordinary and well-earned reputation for having school board members who dedicate their talent, energy and countless hours to quality education for the children of Castro Valley.

During my many years working with the Castro Valley Unified School District and volunteering with the Castro Valley Arts Foundation, I have come to appreciate the knowledge and commitment needed for serving on a school board.

Jo's energy and experience with the district and her perspective and understanding of the long view, will provide critical help to new school board members.

Jo Loss has given tirelessly of herself for the students of Castro Valley and California, both on our school board, as a parent in our district and PTA member, and serving as the California State PTA president.

I strongly urge you to vote for Jo Loss for Board of Trustees.

—Erma Smith, Castro Valley

Urges 'Yes' Vote on HARD Measure F1

Editor:

As a longtime resident of Hayward, I have always appreciated the variety of programs offered by the Hayward Area Recreation District (HARD). And the number of parks and facilities that HARD maintains is astounding. Kennedy Park, with its train, carousel, and petting zoo, is a great place to have children's birthday parties or family gatherings.

The Sulphur Creek Nature Center and Hayward Shoreline Interpretive Center, offer wonderful nature programs and camps, and host hundreds of school field trips each year.

HARD residents are also fortunate to have a quality community theater, Japanese gardens, rodeo grounds, golf courses, several swimming pools, ball fields, skate parks, many community centers, art galleries

and parks of all sizes. There's no doubt the 72 year old District has much to offer its residents.

Then, in 1996, when I was elected onto the HARD board, I was surprised to learn that since 1992, the State had been siphoning a good portion of HARD's property tax revenue to help fund public education. Because HARD has lost over 200 million dollars to the State since 1992, the District doesn't have the capital improvement dollars needed to keep up its aging and well used facilities or to build new parks for its growing population.

HARD has done a good job despite the State's take away, thanks in part to partnering with other public agencies whenever possible. Still, the HARD board and staff are very eager to properly address its growing deferred maintenance, expand services, and improve the safety, quality, cleanliness, and attractiveness of all its parks and facilities.

This Nov. 8th voters can help make great changes to their local park district, by voting YES on Measure F1.

Visit www.yesonf1forbetterparks.com for more information.

—Minane Jameson, Hayward

Says We Can't Risk Electing Trump Head

Editor:

We need a person with the highest ethics to serve our Country, not someone like Donald Trump. We can't risk electing a candidate who puts his profits ahead of the needs of working families. Let's vote to ensure working men and women get the support we deserve.

—Paul Morse, Walnut Creek

Calls Clinton 'Most Corrupt Presidential Candidate Since Aaron Burr'

Editor:

Because the left wing media has overwhelmed us with anti-Trump gossip, it appears we are about to elect a felony criminal as the first woman president. Hillary is the most corrupt presidential candidate since Aaron Burr.

Hillary has committed at least 66,010 felonies. She used a private server for official government business 33,000 times. That means she violated Title 18, Section 793, (f) 33,000 times. Then she used a computer "bleaching service" to destroy the emails. Every deleted email is also a violation of Title 18 Section 1519 (destruction of evidence).

And let's add in the nine blackberry devices which her aides pounded into dust with hammers. Finally add in the perjury Hillary committed when she lied under oath to Congress, denying that she had destroyed any "business related" emails. That's 66,010 felonies.

Remember "Travelgate?" Hillary fired government workers just to give that work to a friend in Arkansas. Remember (back in 1994) how Hillary magically (illegally) turned a thousand dollars into 100,000 dollars (in just 10 months) with her fraudulent trades in cattle futures?

Remember the four brave Americans who died in Benghazi while Hillary refused to authorize sending help for 13 horrible hours? Remember how afterwards Hillary lied to us about the reason for the Benghazi attack? Remember her pay per play dealings at the state Department? Remember how some of her foundation employees were simultaneously employees of the State Department? Remember Hillary's total incompetence as Secretary of State?

No, just forget about all of these things. Instead, pay attention to the next "big story" about Trump brushing his hand over some woman's butt ten years ago. According to the left wing media, that's much more important.

—Peter Hauer, Castro Valley

Creekside Student Urges a Vote for Hillary

Editor:

In July, Charles Scott wrote to the editor of the Forum, with a complaint: many reasons have been given in opposition of Trump but few are given to vote for Clinton.

Charles Scott brings up a good point. The following are several reasons to vote for Hillary, and why it is essential to keep her opponent far from the White House.

Hillary's experience in politics makes her more than qualified to serve as President. She was the New York Senator from 2001 to 2009, and the United States Secretary of State from 2009 to 2013.

She is a bridge builder who wants a system that works for all Americans, of any race or social class. She promised to introduce a comprehensive immigration reform, including a full path to citizenship for immigrants, in the first hundred days in office.

Hillary's education policy also qualifies her for the office. Her platform decided at the convention includes tuition free admission to all community colleges.

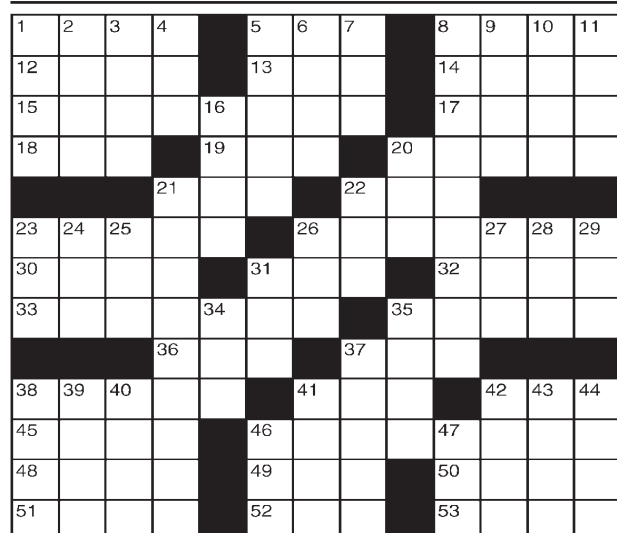
Donald Trump, in contrast, has no experience in politics whatsoever, and is unqualified to serve in the Oval Office. He has been a large corporation businessman and television star most of his life. Trump is, compared to the democratic nominee, a wall-builder and divider. He has said that as president he would force Mexico to pay for a wall on the U.S./Mexico border.

His education policy is remarkably different than Hillary's. He told Fox News Sunday host Chris Wallace that, as president, he might completely eradicate the Education Department.

It is the right and obligation of every American citizen to vote. This year, I strongly urge every American to vote for Hillary Clinton as president of the United States of America.

—Rafi Overton, 8th grader, Creekside Middle School

THE FORUM CROSSWORD



ACROSS

- 1 High point
- 5 Dance syllable
- 8 Flabbergast
- 12 Fly high
- 13 Fond du ___
- 14 Sea eagle
- 15 Multi-Grammy-winning gospel singer
- 17 Helps
- 18 Faux ___
- 19 Inquire
- 20 Snob
- 21 With it
- 22 "Unh-unh"
- 23 Threw a party for
- 26 Kingston's island
- 30 Prayer ending
- 31 Space
- 32 Thy
- 33 Commemorative coin, maybe
- 35 Doctrine
- 36 Thanksgiving veggie
- 37 Two, in Tijuana
- 38 Capital letter key
- 41 Zodiac cat
- 42 Ernesto Guevara
- 45 Novice
- 46 "Lord of the Rings" cast member
- 48 Smell
- 49 Blackbird
- 50 Franc replacement
- 51 Hang in the balance
- 52 Solidify
- 53 Marries

DOWN

- 1 Now, on a memo
- 2 Prolonged sleep
- 3 Baseball's "Say Hey Kid"
- 4 Work unit
- 5 Necklace fastener
- 6 Yarn bundle
- 7 Performance
- 8 "Will & Grace" actor
- 9 Small combo
- 10 Loosen
- 11 Egg container?
- 16 Incursion
- 20 Muppet eagle
- 21 Founder of a major auto company
- 22 Siesta
- 23 Online help page
- 24 Ostrich's cousin
- 25 Afternoon social
- 26 Cookie holder
- 27 Charged bit
- 28 Pool stick
- 29 Illustrations
- 31 Jewel
- 34 Tit for ___
- 35 Hit the horn
- 37 Beelzebub
- 38 Put an end to
- 39 Stevenson villain
- 40 De-crease?
- 41 Queue
- 42 Hint
- 43 Group of cattle
- 44 Cupid's alias
- 46 Trail the pack
- 47 Evergreen type

ANSWERS ON PAGE 6

Obituaries

Since 1965
Jess C. Spencer
Mortuary & Crematory
21228 Redwood Rd.,
Castro Valley
581-9133

Amelia Sidello
Ontiveros
FUNERAL
Thursday, Nov. 10, 2016
at 11 a.m. at
Jess C. Spencer Mortuary
Castro Valley

Carol Ann Nelson
MEMORIAL
Saturday, Nov. 12, 2016
at 11 a.m.
3 Crosses Church,
20600 John Dr.,
Castro Valley
FD 1168 CR49

CASTRO VALLEY FORUM OBITUARIES

may be emailed to:
obits@ebpublishing.com or
faxed to 510-483-4209. Include a
phone number.
For help, call Patrick Vadnais at
510-614-1558

SARA L. ENNOR
LAWYER

- Wills & Trusts
- Benefits, ERISA
- QDROs

510-633-9985

Award: Bike Restorations

continued from front page
through social media. He also scours yard sales, Craigslist and eBay for inexpensive bikes he can buy and rehab.

After restoring them in his garage that's packed with bicycles and parts, he puts out the word again on social media that the bikes are available to those in need (on a Facebook page titled "Bad Business Model Bikes").

Lucky recipients then stop by Bradford's garage, often pose for a photo with their new bike, and ride off, happy to be mobile.

Self-trained in the art of bicycle mechanics, he prefers to work alone, and seeks no funding for the enterprise, although he gets unsolicited monetary donations from fans locally and even abroad. Sales of T-shirts branded with the Bad Business Model Bikes logo also help finance the modest workshop.

Bradford does little bookkeeping, and he has no idea how many bikes he has rehabbed and given away, although if the traffic on his Facebook page is any indication, they number in the dozens over the past year.

"One person is making a real difference," said the MTC's Griffin. "Saving old bicycles from the landfill, and giving people who need transportation the means to be mobile. Billy's Bad Business Model produces beautiful results."

The MTC is the transportation planning, financing and coordinating agency for the nine-county San Francisco Bay Area.



PHOTO BY CATHY BRESLOW OF BRESLOW IMAGING

Long-time RCS supporter Bud Fix receives his Lifetime Achievement Award at the Redwood Christian Schools Annual Dinner. Pictured from left are Superintendent Al Hearne II, Bud Fix, daughter Cythnia Fix, and Board Member Charlie Beck.

RCS Holds 47th Annual Dinner

Redwood Christian Schools held its 47th Annual Dinner at Canyon View in San Ramon on Monday, October 24.

Featured guests included RCS alumnus Nick Costanzo (Class of 2011), who serves as a California Highway Patrol officer for the Oakland office.

Lifetime Achievement Awards were presented to two families of long-time supporters: Bud and Ethel Fix, by Board Member Charlie Beck (awarded to Ethel Fix posthumously), and Bruce and

Sherrie Barnes, and their daughter Kristi of Bancroft Uniforms, by Board Member April Nunez.

Also honored were Erin McGrath, who received the RCS Steward Award in recognition for her outstanding service to the students of RCS, and elemen-

tary teachers Cheryl Bicker and Cortney Marcus, who received the RCS Inspirational Leadership Award for their leadership roles in implementing the Redwood Christian Elementary Growth Mindset Initiative.

—Mike Kady, RCS

CV Teachers Support Education Measures

Castro Valley teachers have voted to endorse three state ballot measures related to education: Prop. 51, Prop. 55 and Prop. 58.

Prop. 51 would authorize a \$9 billion bond for upgrades and new construction at K-12 schools and community colleges.

Prop. 55 would extend the current state income tax rate for those earning more than \$250,000 per year for 12 years, through 2030. The measure would raise at least \$4 billion per year to support K-12 schools, community colleges and health care for low-income people.

"Both measures will help provide schools and students with the support they deserve and need to succeed," said Roger Kim, president of CV Teachers Association.

Prop. 58 would allow schools to establish dual-language immersion programs, overturning a 1998 initiative that strictly limited bilingual education regardless of school districts' and parents' preferences.

Castro Valley teachers also voted to endorse Prop. 56, which would increase cigarette taxes by \$2 per pack, raising around \$1 billion per year to support health care and anti-smoking programs.

Tobacco companies have claimed in advertising that the measure would deprive schools of tax revenue. Teachers consider that claim shamefully false, as the measure does not affect education in any way.

"Prop. 58 will reduce tobacco use, promote health and protect youth from addictive and cancer-causing products," Kim said. "All four of these measures deserve the public's support."



Avoid Probate **LIVING TRUST**
GIVE MORE TO YOUR LOVED ONES!

Single Trust: \$595 - Couple Trust: \$695
Grant Deeds - Power of Attorney - Wills & Trust Services

DP LEGAL SOLUTIONS
2016 Lewelling Blvd., San Leandro, CA 94579
(510) 346-5686 | www.dplegalsolutions.com

We are a Legal Document Preparation Firm, providing self-help services at your direction. We are not attorneys and don't provide legal advice. Alameda LDA# 134

INFANT/ PARENT CLASSES DAILY

NOW DOING GROUPS OF THREE! \$15 PER STUDENT

PATTI'S SWIM SCHOOL
VOTED BEST SWIM CLASSES BY BAY AREA PARENTS & PARENTS' PRESS

Where Swimming Happens

- Indoor Swim during Fall & Winter
- Ages 6 Months thru Adult
- Ideal for Children with Learning Differences
- Weekly and Intensive Lessons

NOW REGISTERING FOR FALL

(510) 331-6610 • (510) 220-4293
4621 JAMES AVE. • CASTRO VALLEY • (OFF REDWOOD ROAD)
WWW.PATTISWIMSCHOOL.COM

FRIENDS OF SAN LEANDRO CREEK PRESENT THE 2016 ENVIRONMENTAL FORUM
Saturday, November 12 **FREE ADMISSION**

SAN LEANDRO MAIN LIBRARY
LECTURE HALL, 300 ESTUDILLO AVE.

Local experts will discuss the Flood Control's tree policy in San Leandro Creek

10:00 - 10:45 AM: Mini Environmental Expo
11:00 AM - 1:00 PM: Speakers:

- Dave Brown, Supervisor Wilma Chan's Chief of Staff
- Sally Barros, City of San Leandro Sustainability Manager
- Jim Browne, Alameda County Flood Control Environmental Compliance Specialist (and Arborist)

FREE NACHO BAR LUNCH AFTER THE PROGRAM!

For more information, call Susan at 510-577-6069 or email slevenson@sanleandro.org

THE FRIENDS OF SAN LEANDRO CREEK

cleanwater PROGRAM

Flood Control & Water Conservation DISTRICT

CITY OF SAN LEANDRO

EDUCATION IS MY PASSION!

Vote for Suresh Gupta November 8th

Candidate for Castro Valley School Board

My Interests Are:

- Education is my Passion
- Diversity - Ethnicity & Income
- Community Involvement
- Financial - Better Education for Low Income & Special Needs Students
- Safety of Students & Staff

As a member of the Board I will commit the time and effort needed to nurture this unique opportunity to ensure its success. I respectfully ask for your vote!

Paid Political Advertisement by Suresh Gupta, Castro Valley
FPFC# 1391511 • www.GUPTAforCV.com

East Bay NATURE
...enjoy nature!

FREE Gift Bag of Pure Patio Mix Bird Seed with any purchase
Not valid with other offers. Please use before 11/30/16

Interested in BIRD WALKS?

Visit our schedule at:
www.EastBayNature.com

November Seed Sale! 15% OFF All Seed & Suet
No Coupon Required

Dublin
7186 Regional St.
925-479-0044

Walnut Creek
1270-A Newell Ave.
925-407-1333

AMADOR VALLEY BLVD.
ALMOND PLAZA

S. MAIN ST.
MACY'S

BROADWAY
SAFEWAY

LET US HANDLE THE MAINTENANCE ON YOUR SUBARU

CASTRO VALLEY AUTOHAUS

70th Anniversary
June 1, 1946

SERVICE & REPAIR ON
SUBARU LEXUS NISSAN
TOYOTA ACURA INFINITI
HONDA MAZDA HYUNDAI

In Business Serving Castro Valley

CASTRO VALLEY AUTOHAUS
20697 Park Way, Castro Valley
Call for appointment:
510-581-4525



'Party On'

"Party On," is one of 16 acrylic paintings by Carol Jones Brown on display at the Castro Valley Center for the Arts through November 15.

Women's Hall of Fame Nominations Accepted

Nominations are now being accepted for the 24th Annual Alameda County Women's Hall of Fame.

Ceremonies will be held next spring in Oakland to honor extraordinary local women and to celebrate their contributions to the community.

Nominations are being accepted in 12 categories: Business and Professions; Community Service; Culture and Art; Education; Environment; Health; Justice;

Non-Traditional Careers; Science, Technology, Engineering; Sports and Athletics; Philanthropy and Youth.

Since its inception in 1993, over 200 women have been inducted into the Alameda County Women's Hall of Fame.

The deadline to submit nominations is Jan. 20, 2017.

Visit www.acgov.org/caol/hall-offame/ to submit an online nomination or to obtain more information, or call 510-272-6984.

Bags: Ordinance Expands

continued from front page

"Expanding the ordinance to all stores will further protect our local environments and waterways," said Authority Board President Dan Kalb in a press statement. "The original ordinance proved to be a success, and we expect the expanded ordinance to make a positive impact as well on litter reduction in our communities."

The outcomes of the two State Propositions (65 and 67) that deal with shopping bags and revenue from them will not affect Alameda County's ordinance since it was originally adopted before the state law adoption in 2014.

More information on the reusable bag ordinance for Alameda County is available at www.ReusableBagsAC.org.

ADOPT-A-PET



KIRBY is 10 years old and super affectionate. He loves people and gets along well with other dogs. He'd do great with kids of all ages. Info: Hayward Animal Shelter: (510) 293-7200.



TABITHA is a young, curious and friendly tortie girl. She'll meow for attention, loves behind-the-ear scratches and playing with toys. Info: Hayward Animal Shelter: (510) 293-7200.



WILHELM is a big boy, the most outgoing. He is always first to the food dish and he loves to wrestle with his siblings. Complete an application at www.dustypawsrescue.org



BELLA is a dainty 3-year old tabby with ticked markings and white paws. She came to us from a family that was splitting up. For more info visit: www.dustypawsrescue.org

(PAID ADVERTISEMENT)

YES ON BOND MEASURE F1! YES ON ANIMAL WELFARE!

Sponsored by the Hayward Recreation & Park District (H.A.R.D.), Measure F1 on the November 8 ballot requires a two-thirds majority for passage, so every vote is important. The measure would provide funding to upgrade aging facilities and develop new recreation areas in the District. Only H.A.R.D. residents can vote on F1: Hayward, Castro Valley, San Lorenzo, Ashland, Cherryland and Fairview.



WILD COW MILKING



MUTTON BUSTING

After the election, urge H.A.R.D. to ban the cruel and dangerous "wild cow milking contest" and the children's "mutton busting" events at the annual Rowell Ranch Rodeo in Castro Valley. H.A.R.D. has received more than 300 letters in support of this humane proposal.

CONTACT: Paul McCreary, General Manager, and the H.A.R.D. Board of Directors, 1099 "E" Street, Hayward, CA 94541; email - mccp@haywardrec.org; tel. 510/881-6700. Board members are: Minane Jameson, President; Paul Hodges, Lou Andrade, Carol Pereira and Rick Hatcher.

SUPPORTERS: East Bay SPCA, Hayward Friends of Animals, Ohlone Humane Society, Humane Society of Silicon Valley, Marin Humane Society, Humane Society Veterinary Medical Association, In Defense of Animals, Humane Farming Association, PETA, Animal Legal Defense Fund and hundreds of concerned individuals.

INFO: ACTION FOR ANIMALS, P.O. Box 20184, Oakland, CA 94620; email - afa@mcn.org

MEMBERSHIPS NOW AVAILABLE!



Year End Special!

3 Months FREE

Nov., Dec. & Jan.

Don't Pay Until Feb., 2017

Exp. Nov. 30, 2016

ONE TIME INITIATION FEE

Family - \$300 up to 6 members

Single - \$150

Best Deal for Families & Singles in the EastBay

Previous Members of 12 months or Less are Not eligible for this Promo. Can't be combined with other offers.

NEW YOUTH & ADULT SWIM LESSONS PROGRAMS (Members Only)

No long-term Contracts



Visit Our Website for more information and Watch the Video.
WWW.BOVSWIM.COM

- 5 Aqua-Aerobic Classes Weekly
- Yoga & Pilates Classes
- 50 Fitness Classes Weekly
- Personal Training
- New Pickleball Courts!
- Massage Therapy
- Sauna & Hot Tub, Steam Room
- Spin-Cycle Classes
- Family Orientated
- GYM
- \$1 Hour Babysitting



FREE TOURS

*Come on down!
No Appointment Needed!
Sign Up After Tour!*



Bay-O-Vista

Family Group Fitness, Gym, Swim & Tennis a Private Club

510-357-8366 • Fax 510-357-1009 • Email: swim@bovswim.com

Corner of 1881 Astor Dr. & Lake Chabot Rd, on the Castro Valley, San Leandro Border