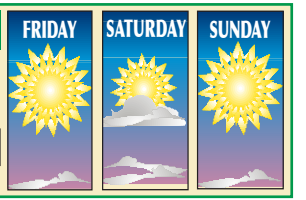
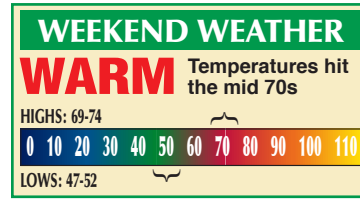




**Artfest 2018**  
SAN LEANDRO ART  
ASSOCIATION'S ANNUAL  
SHOW AT THE LIBRARY..... 2



**Parents Guide**  
STRESS ISN'T THE SAME FOR  
ALL CHILDREN. IT IMPACTS  
EVERYONE DIFFERENTLY.... 8-9



# San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 28 • NO. 16

THURSDAY, APRIL 19, 2018

SAN LEANDRO • CALIFORNIA



PHOTO COURTESY ALAMEDA COUNTY FIRE DEPARTMENT

## Estudillo On-ramp Fire Put Down

The Alameda County Fire Department put out a fire in a pickup truck that spread to the grass on the hillside at the Estudillo Avenue on-ramp of I-580 on Monday. There were no injuries.

## 75 Years Later... Lamata Gets Medal

Filipino veterans of World War II finally recognized for valor

By Jim Knowles  
San Leandro Times

Al Lamata recently got a Congressional Gold Medal for playing a part in the liberation of the Philippines as a member of the United States Army.

"It only took 75 years," Lamata said.

The medal recognizes Filipino and Filipino-American veterans of World War II.

Lamata attended a ceremony on April 7 at the Presidio in San Francisco to mark the 76th anniversary of the Bataan Death March and to honor those who received the Congressional Gold Medal – for those who couldn't make it to the ceremony last October in Washington, D.C.

Lamata, who says he's "only 94," just regrets that a lot of the veterans who deserve a medal have already passed away.

Lamata was younger than a lot of the soldiers in his regiment. The average age was 28 but he was 18.

"I was just a kid then," Lamata said.

The four major campaigns are inscribed on the back of the medal – Bataan & Corregidor, Luzon, Leyte, and the Southern Philippines.

A goal of the Filipino veterans group, FilVetRep, is to educate the American public on the

see MEDAL, page 16



PHOTO BY JIM KNOWLES

Al Lamata displays the Congressional Gold Medal he received for his part in the liberation of the Philippines.

## Farrelly Pool Fix Still Years Away

City Council votes to design new pool; won't open before at least 2020

By Amy Sylvestri  
San Leandro Times

The Farrelly Pool will remain closed this summer, for the third year in a row.

But the City Council took the first steps toward reopening the popular recreation spot on Monday night, voting to spend \$277,000 to hire an architectural firm to design a replacement for the nearly 80-year-old swimming pool.

Built in 1940, the pool's fiberglass lining was set to be replaced a couple of years ago. But when the city started on that project, they discovered that Farrelly is no longer up to county code because an internal wall in the pool separates the deep end from the shallow end.

In order to get up to code, either the wall would have to be removed and the pool re-graded to create a slope or two separate pools would have to be created with at least six feet of space between them. Either option would cost up to \$3.5 million, according to the city's engineering director Keith Cooke.

Farrelly Pool is owned by the school district and is on the property of Roosevelt Elementary. The city leases the pool from the school district for a token dollar a year fee, but the lease agreement will end during the next ten months and needs to be renegotiated.

Council member Ed Hernandez questioned whether the city should pay the \$277,000 design fee, let alone another \$3 million before getting something down

see POOL, page 5

## Lake Chabot Road Closed

By Amy Sylvestri  
San Leandro Times

A portion of Lake Chabot Road from Chabot Terrace to Astor Drive was closed this week for the first steps in a road stabilization project.

The road will reopen Friday morning to through traffic.

The city of San Leandro has paid Cal Engineering and Geology \$200,000 to design improvements to the road and eventually plans on spending \$3 million to \$5 million to shore up the hillside.

The hill could shift and cause the road to become impassable in the event of an earthquake or heavy rain, according to city

see ROAD, page 16

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Fire chars garage and attic in San Lorenzo. Page 3

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Salads are back in season for spring. Page 7

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HARD making upgrades to its parks. Page 14

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## San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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## Pets of the Week



**Rugby**

The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are Rugby the dog and Clifford the dog.

**Rugby** is a smart pup who knows "sit" and "lay down." He enjoys walking with other dogs and being near his person for pets and attention. He's neutered and



**Clifford**

okay with kids of all ages.

**Clifford** is a sweet 5-year-old boy who's neutered. He likes playing fetch, getting back scratches, staying near his person and playing with other dogs. Okay with kids of all ages.

For more information on Rugby or Clifford, call the Hayward Animal Shelter at 293-7200.

## Swalwell to Host Town Hall Meeting at Arroyo High

Congressman Eric Swalwell will host a town hall meeting for residents of the 15th Congressional District this Saturday from 1 to 2:30 p.m. at Arroyo High School, 15701 Lorenzo Ave., in San Lorenzo.

The Congressman will provide a brief update on what's happening in Washington, D.C. in the first months of this year, including President Trump's missile strike on Syria and the ongoing investigation of Russia's interference in our election, and then will answer constituents' questions.

vide a brief update on what's happening in Washington, D.C. in the first months of this year, including President Trump's missile strike on Syria and the ongoing investigation of Russia's interference in our election, and then will answer constituents' questions.

## Rent Review Board to Meet

The City of San Leandro's Rent Review Board will meet on Tuesday, April 24, at 7 p.m.

at City Hall, 835 East 14th St. A hearing will be held about an apartment at 1399 Pacific Ave.

## San Leandro Art Association Invites Public to Artfest 2018 at the Library

*By Ginny Milo*  
*Special to the Times*

The San Leandro Art Association's (SLAA) Spring Gallery Show 2018 is running through April 29 at the San Leandro Main Library, 300 Estudillo Ave.

The SLAA welcomes the public to ARTFEST 2018 in the library's Trustee Room and the area outside on Friday, April 20, from 10 a.m. to 3 p.m.; and on Saturday, April 21, from 10 a.m. to 4 p.m.

SLAA will showcase fine art by its member artists which cover a variety of mediums including acrylic, colored pencils, computer graphics, graphite, mixed media, oil, pastel, photography, sculpture and watercolor.

Buy original pieces of fine art which includes hanging art, mini art, unframed art and notecards. Watch and learn from artist demonstrations for two days and enter a prize drawing.

A portion of proceeds from your purchase of art supports the San Leandro Art Association's Dorothy Cunningham Fund which in turn supports art programs at San Leandro schools.

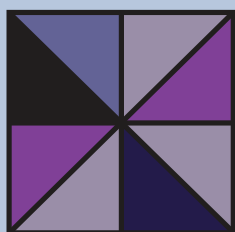
Membership in the SLAA is open to all individuals, businesses, professionals, teachers, high school and college students interested in the fine arts. Check



An oil painting by Ed Ortman of a street scene near his home will be one of the pieces on display at Artfest 2018 this Friday and Saturday at the San Leandro Main Library, 300 Estudillo Ave.

out the website: [www.slartassociation.org](http://www.slartassociation.org) and our Facebook page for more information.

*Ginny Milo is an artist and member of the San Leandro Art Association.*



# SAN LEANDRO Connect Monthly



## San Leandro City Council

Mayor Pauline Russo Cutter

Vice Mayor Deborah Cox, District 1

Ed Hernandez, District 2

Lee Thomas, District 3

Benny Lee, District 4

Corina N. López, District 5

Pete Ballew, District 6

Interim City Manager Jeff Kay

To receive City Council and Commission agendas and meeting materials, press releases, quarterly newsletters and City sponsored information, you can subscribe at [sanleandro.org/mycity](http://sanleandro.org/mycity).

Para Asistencia en Español  
如需中文協助:  
(510) 577-3351

## SAVE THE DATE! • SAVE THE DATE!

## District Town Halls

Mayor Cutter, Vice Mayor Deborah Cox, Council Member Ed Hernandez and Council Member Corina López invite the public to an upcoming Town Hall meeting for residents of their districts. The interactive event will include updates on City-led projects, and open time for questions from the public on any topics concerning the City. City Staff from all departments will be in attendance.

## Districts 1, 2 &amp; 5 Town Hall

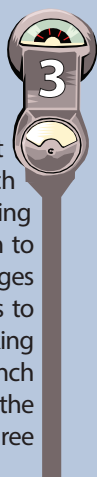
Monday, May 14th 7:00pm - 8:30pm

Senior Community Center

13909 E. 14th St

## On-Street Downtown Parking Extended to 3 Hours

The City is standardizing all on-street public parking to 3-hour limits, which is an increase in many areas. Existing 24-minute parking stalls will remain to allow for shorter visits. These changes are part of the City's broader efforts to improve the downtown parking experience, including the recent launch of mobile payment options via the ParkMobile app, and creation of three parking zones.

Bike to Work/  
Bike to School Day  
Set for Thursday, May 10

The City of San Leandro is again partnering with communities across the Bay Area to host this fun annual event that encourages the public to ride their bikes to work or school. More than 130 energizer stations offering free coffee, juice, snacks, and goodies will be set up at hubs throughout the East Bay from 7:00am - 9:00am. The Mayor and/or City Councilmembers will also lead a bike ride at 8:00 am from Memorial Park to downtown BART, with energizer stations at both locations. For more information, visit [www.bikeeastbay.org/btwd](http://www.bikeeastbay.org/btwd).

## City Wrapping Up Over \$3 Million in Road Repairs

Construction is now nearing completion on over \$3 million in street repaving & repair work that took place over the past year. A total of six street sections were reconstructed throughout the northern half of the City, equating to 3.8 lane miles of streets, 1.6 miles of new bike lanes and 28 curb ramps.

Over the next year, the City expects to complete over \$13 million of further road work, representing triple the past annual expenditures. This street work is made possible thanks to Measures HH & BB, and SB1.

## Celebrate Cinco de Mayo

Friday, May 4, 6:00pm  
Marina Community Center  
15301 Wicks Blvd.



The public is invited to the City's 20th annual Cinco de Mayo celebration. This popular event will feature mariachi music, regional Mexican Aztec dances, and performances by the Ballet Folklórico Costa De Oro. Fun arts and crafts activities for children will be provided.



## Keep In Touch With The City!

Twitter @CitySanLeandro

Instagram @CityofSanLeandro

Facebook City of San Leandro



[www.sanleandronext.com](http://www.sanleandronext.com)







PHOTO COURTESY OF SLPD

San Leandro police animal control officer Kris Herrera (pictured with a furry friend) and her department are helping organize "Pawsitively San Leandro" pet fair this Saturday.

## SLPD to Host a Pet Fair on Saturday

The San Leandro police department is hosting their first ever "Pawsitively San Leandro" pet fair this Saturday, April 21, from 10 a.m. to 2 p.m. at police headquarters at 901 East 14th Street.

There will be low-cost vaccinations provided by "Cheap Shots," micro-chipping for \$5 (cash only), City of San Leandro dog licensing, and specialty vendors.

This event will be fun for the whole family. All pets must be on leash.

Dress your four-legged friends up in their favorite costume and enter them in the best dressed pet contest.

For more information, call animal control officer Kris Herrera at 577-3210.

### CROSSWORD ANSWERS

KAY	FAIR	AFRO
ICE	AMOS	FLOW
ERA	CONVOLUTE	
VERDI	PRO	
	EATS	BALLS
CONFLATE	TOOL	
ONE	SLOTS	KOO
GIRL	CONTRITE	
STOOL	PAIN	
	GOA	PALMS
CONJUGATE	YEA	
IDEA	ERIN	RAW
DEEM	SEND	ENS

## Fire Burns Converted Garage and Attic

A house fire broke out at a home on the 17200 block of Via San Ardo in San Lorenzo last Saturday, April 14, at just after 6:30 p.m.

Alameda County firefighters battled the one-alarm blaze as it spread from a converted garage and extended into the attic.

No one was injured and the cause of the fire is under investigation.

### Want a PG&E Free Tree?

In celebration of Arbor Day, PG&E is offering free trees to residents of San Lorenzo, San Leandro and Castro Valley. Trees will be available to the first 625 PG&E customers who sign up by visiting [www.arborday.org/pg](http://www.arborday.org/pg) and will be delivered in the mail.



PHOTO COURTESY OF ACFD

Firefighters got on the roof of a home on Via San Ardo to put out a fire last Saturday.

## Woman Injured in Purse-Snatching

A man has been charged with robbery and resisting arrest after allegedly knocking a woman to the ground in a purse snatching last week.

The victim was walking on West Juana Avenue near the San Leandro BART station on April 11 at around 7:30 a.m. when the suspect approached her and attempted to take the bag off her shoulder, according to Lt. Isaac Benabou of the SLPD.

The woman was knocked to the ground and the suspect proceeded to kick her and wrestle for the bag until the purse strap broke.

The suspect fled the area on foot with the victim's purse. Witnesses called 911 with information on the suspect's location as he was running, Benabou said.

Officers were able to corner the suspect in the neighborhood and eventually located him as he attempted to flee again. The suspect – identified by police as a 23-year-old Oakland man – was taken into custody, and the victim's purse was recovered.

The victim sustained minor injuries from the assault/robbery and was treated at the scene.

"Thanks to the quick re-

sponse by citizens who called 911," said Benabou. "This was a real sign of a community looking out for each other."

The suspect remains in custody at Santa Rita Jail in Dublin in lieu of \$50,000 bail with a plea hearing scheduled for later this month.



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 SATURDAY, APRIL 21ST - 7:30PM  
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 Family Pack (2 Adults + 2 Students) - \$40  
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## NEIGHBORS



PHOTO BY JIM KNOWLES

## April Showers

April showers brought water to San Leandro over the past week and brought out the umbrellas downtown on East 14th Street.

## ARTS &amp; ENTERTAINMENT

### ❖ SL Players Present *Death by Design*

The San Leandro Players present *Death by Design*, a comedy/mystery with surprising twists, running through May 6 at the San Leandro Museum/Auditorium, 320 West Estudillo Ave. in San Leandro. Show times are Saturdays at 8 p.m. and Sundays

at 2 p.m., plus two Friday shows at 8 p.m. on April 27 and May 4. Tickets are \$20 general, \$15 seniors, TBA members, under 12, students. For more information or reservations call 895-2573 or online at [www.slplayers.org](http://www.slplayers.org).

### ❖ Chanticleers Theatre *Little Women The Musical*

*Little Women, The Musical*, an all-new Broadway high-energy musical adaptation, will be presented by Chanticleers Theatre, 3683 Quail Ave. in Castro Valley, on Friday and Saturday nights at 8 p.m. and at 2 p.m. on Sundays till May 6. For tickets (\$25, \$20), visit [chanticleers.org](http://chanticleers.org) or call 733-5483.

❖ **San Leandro Performing Arts Center**  
*Legally Blond, The Musical*  
*Legally Blond, The Musical*, the story of a sorority girl who enrolls at Harvard Law School to win back her ex-boyfriend, will be presented by San Leandro High School Dramatic Arts on Friday, April 20, at 7:30 p.m. and on the Sunday, April 22, at 2 p.m. at the San Leandro Performing Arts Center, 2200 Bancroft Avenue. Tickets are \$8 and \$15 and can be purchase on-line at [www.sanleandropac.com](http://www.sanleandropac.com)

## HOROSCOPE by Salomé

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**ARIES (March 21 to April 19)** Don't waste your time and energy fretting over remarks you consider unnecessary or unkind. Best advice: Ignore them, and just keep doing your usual good job.



**TAURUS (April 20 to May 20)** Getting that new perspective on a workplace situation could lead to a solution everyone will accept. Meanwhile, make time to keep up with your creative pursuits.



**GEMINI (May 21 to June 20)** Those changes you planned to implement in early summer might need to be reassessed. But don't make any moves until you've discussed this with someone you trust.



**CANCER (June 21 to July 22)** Your aspects favor harmony, making this a good time to work out problems in relationships -- whether personal or professional, big or small. An old friend comes back.



**LEO (July 23 to August 22)** While you're still riding that high-powered beam, you might begin to lose focus by week's end. Could be that you'll need to do a little cat-napping to restore your spent energies.



**VIRGO (August 23 to September 22)** An unexpected development creates a lot of excitement. Where it takes you is your decision. Check out the possibilities, then decide if you want to go with it or not.



**LIBRA (September 23 to October 22)** Although your supporters help you squash an unfair claim against you, don't let this go unchallenged. You need to learn more about the motives of those behind it.



**SCORPIO (October 23 to November 21)** There still are some tasks to clear up by midweek. Then you can welcome the new month on a high note. A friend brings surprising but very welcome news.



**SAGITTARIUS (November 22 to December 21)** You might want to change your plans before they're set in cement. Consider advice from colleagues. But remember that, ultimately, it's your choice.



**CAPRICORN (December 22 to January 19)** A difficult situation is working itself out. Lingering problems should be resolved by week's end, allowing the Goat to enjoy a calmer, less stressful period.



**AQUARIUS (January 20 to February 18)** Be careful not to move so quickly that you miss possible warning signs that could upset your plans. Slow down. Your supporters will continue to stand by you.



**PISCES (February 19 to March 20)** Your generosity in sharing your time and wisdom with others leads to an intriguing development that could have you considering some interesting choices.

## COMMUNITY CALENDAR

### ❖ Forum on Prop.-13

Helen Hutchison, president of the League of Women Voters of California, and Ben Grief, campaign director and spokesperson for Evolve, will speak at a forum on The California Schools and Local Communities Funding Act of 2018, a ballot initiative designed to change Prop 13, today, April 19, from 6 to 7:30 p.m. at Hayward City Hall, 777 B St. in Hayward. The forum is sponsored by the League of Women Voters Eden Area, and is free and open to the public. For more information, contact Rita Duncan, program co-chair, League of Women Voters Eden Area, at [freemyheart@yahoo.com](mailto:freemyheart@yahoo.com).

### ❖ Artfest & Reception at the SL Library

The San Leandro Art Association (SLAA) welcomes the public to Artfest 2018 at the San Leandro Main Library, 300 Estudillo Ave., on Friday, April 20, from 10 a.m. to 3 p.m.; and on Saturday, April 21, from 10 a.m. to 4 p.m. Browse or buy fine art in a variety of mediums on display both inside and outside the library. Watch and learn from artist demonstrations and enter a prize drawing. Also, the SLAA will host a reception on Wednesday, April 18, from 6 to 7 p.m. with beverages and viewing the art in the gallery. A portion of proceeds supports the San Leandro Art Association's Dorothy Cunningham Fund which in turn supports art programs at San Leandro schools.

### ❖ Community of Faith Breakfast

Bay Area Family Church, 2305 Washington Ave. in San Leandro, will hold its monthly Community of Faith Breakfast on Saturday, April 21, from 8:30 to 10:30 a.m. with speaker Dr. Louann Scwager Tung, a Ph.D. in nuclear engineering who worked at Lawrence Livermore National lab and who empowers teachers and parents to nurture self motivation in their students to lead them to a fulfilling and successful life. For the past 10 years she has been to on a spiritual journey that has taken her to India, Cambodia, and Thailand.

### ❖ Earth Day Cleanup at SL Creek

The Friends of San Leandro Creek will host an Earth Day cleanup on Saturday, April 21, from 9:30 a.m. to noon on San Leandro Creek at Hegenberger Road in Oakland, a site the group has adopted. The site is next door to HegenBurgers restaurant at 280 Hegenberger Road. Park on Hegenberger Road or across the street at the San Leandro Creek Staging Area parking lot. Bring gloves, wear heavy shoes and clothing. Trash bags and vinyl gloves will be provided. For more information, call Susan at 577-6069.

### ❖ Free Women's Lifestyle Coaching

"Celebrate You Coaching" expert Phoebe Jue offers a free 1-hour lifestyle coaching session about "What Matters Most in Our Everyday," on Tuesday, April 24, from 7 to 8 p.m. at the San Leandro Main Library, 300 Estudillo Ave. Space is limited. To register, call 577-3971.

### ❖ Our Revolution San Leandro Meeting

Our Revolution San Leandro will host a discussion of SB-827, housing, the Costa-Hawkins Rental Housing Act and state versus local control on Wednesday, April 25, at 7 p.m. at the Sheet Metal Workers Local 104 Union Hall, 1720 Marina Blvd. in San Leandro. Our Revolution is a political organization that spun out of Senator Bernie Sander's 2016 presidential campaign.

### ❖ Viewing of *An Inconvenient Sequel*

The San Leandro Democratic Club and Our Revolution San Leandro will host a viewing of Al Gore's *An Inconvenient Sequel: Truth to Power* on Thursday, April 26, at 6:30 p.m. at the San Leandro Main Library, 300 Estudillo Ave. The guest speaker will be Chris Tiedeman, California Environmental Protection Agency deputy secretary of law.

### ❖ 2018 FESCO Shuffle Walkathon

Join FESCO (Family Emergency Shelter Coalition) in its efforts to end family homelessness in Alameda County by attending the 21st Annual FESCO Shuffle Walkathon on Saturday, April 28, at the San Leandro Marina Park, 14001 Monarch Bay Dr. in San Leandro. Check-in starts at 8:30 a.m. at the Seagull Picnic Site and the walk begins at 10 a.m. You can walk as a team or as an individual in this family-friendly, dog-friendly event along this beautiful path. Come and enjoy morning refreshments, lunch, entertainment and a drawing. Sign up to walk or to donate at [www.firstgiving.com/21524/21st-annual-fesco-shuffle](http://www.firstgiving.com/21524/21st-annual-fesco-shuffle).

### ❖ San Leandro Historical Society Talk

The San Leandro Historical Society will host a talk on Saturday, April 28, from 2 to 3 p.m. at The Little Brown Church on the grounds of Casa Peralta, 384 W. Estudillo Ave. in San Leandro. City of San Leandro Watershed Coordinator Susan Levenson will give a free presentation on the history, secrets and current state of the 48-square-mile San Leandro Creek watershed, "A Pictorial Journey through the San Leandro Watershed."

### ❖ Aswat Men's and Women's Choir

In celebration of Arab American Month, the Aswat Men's and Women's Choir will give a free performance on Saturday, April 28, at 2 p.m. at the San Leandro Main Library, 300 Estudillo Ave. Aswat is an ensemble for classical and folk Arabic music. It performs Muwashahat (Arabic poetry, sung in the tradition of Andalusia, Spain) as well as traditional and contemporary songs from the Arab World.

### ❖ Annual Dahlia Tuber and Cutting Sale

San Leandro Dahlia Society will host its Annual Dahlia Tuber and Cutting Sale on Saturday, April 28, from 9 a.m. to noon at Root Park, 1033 East 14th St. in San Leandro. For spectacular summer color, it's time to plant dahlia tubers or cuttings (small plants). Dahlias come in many sizes, shapes, and colors (except blue). Try different ones. Many dahlia lovers will be there to answer questions about planting. More information is available at: [sanleandrodahliasociety.org](http://sanleandrodahliasociety.org) or SLDS.club.

### ❖ PhotoCentral Spring Exhibition

Hayward Area Recreation District's PhotoCentral, 1099 E St. in Hayward, presents the Annual PhotoCentral Spring Exhibition, opening with a reception on Saturday, April 28, from 2 to 5 p.m. and running through June 11. This eclectic group show is an annual event for PhotoCentral and features a wide variety of works from over 50 artists. Vote on your favorite pictures. The upstairs gallery is open Monday through Friday from 9 a.m. to 5 p.m., and the downstairs gallery hours are Monday 5 to 10 p.m., Tuesday and Thursday 10 a.m. to 1 p.m. and by appointment. For more information, please contact PhotoCentral at 510-881-6721 and [info@photocentral.org](mailto:info@photocentral.org).

## WATCH BATTERIES DONE RIGHT

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Calendar items should be submitted at least one week prior to the desired edition of the Times, which is published Thursdays. Space limitations require we print items of the most general interest. Only Non-Profit Organizations should submit calendar items.



## The San Leandro Times And Castro Valley Forum Loyal Reader Subscribers

Below is a continuation of last week's list of those who have joined our Loyal Readers Subscriber campaign. Some are names that were accidentally omitted from last week's list, others arrived too late to be included. Thanks to all for your support.

—Fred Zehnder, *Publisher*

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If you subscribed and your name hasn't appeared, please let us know at [fredz@ebpublishing.com](mailto:fredz@ebpublishing.com) and we will include your name in an upcoming issue. Also, let us know right away if your Times doesn't arrive on Thursday mornings, whether or not you are a Loyal Reader Subscriber.

## Pool: City leases pool from school district

*continued from front page*  
in writing for a long-term lease agreement.

"I don't want to stop the project, but I want to be prudent, given that we are looking at this looming crisis," said Hernandez.

Hernandez is referring to the city's budget projections which show it will be in the red for at least the next decade, beginning with a \$4.4 million shortfall this fiscal year.

But Mayor Pauline Cutter, a former school board member, said she's been on both sides of joint-use agreements between the city and schools and said she was "confident" in paying for the design without an long-term agreement in place.

Hernandez said the mayor's confidence was enough to have him support the design contract and the City Council voted unanimously to approve it.

The city estimates that up to 10,000 people visit the pool each summer. During the time that Farrelly Pool has been closed, city



TIMES FILE PHOTO

**Farrelly Pool was a popular summer swimming pool but it will be closed again this summer for the third year.**

swim lessons and other recreation programming usually offered at Farrelly is available at other sites around town, including lessons at the San Leandro High School aquatic center.

Cooke said that the public will have an opportunity to offer feedback on the design for the new pool. He said that it will likely shrink from 33 yards long to 25 yards, which is standard for

lap swimming. The city estimates that design and construction will take at least 20 months, so there won't be any swimming at Farrelly Pool until at least 2020.

# Saturday, May 19

## Neighborhood Cleanup Day

### EVENT FEATURES

#### Citywide Garage Sale ~ 8am - 1pm

Host a garage sale at your home. The City will provide free advertising, including a map and listing in the May 17 edition of the *San Leandro Times*.

#### Spring Cleaning Event ~ 10am - 3pm

Bring appliances, mattresses, electronics, scrap metal, clean wood/yard trimmings, tires household batteries and fluorescent lamps. Residents may also drop off cell phones, chargers, CDs, DVDs and audio and video tapes for recycling.

Keep your neighborhood clean and green! Pull out your old, unused items from the attic in preparation for San Leandro's annual Citywide Garage Sale and Spring Cleaning Event.



### SIGN UP TO PARTICIPATE

You can sign up online or complete and submit this form by May 9th to receive free garage sale advertising and/or access to the recycling event.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I would like to participate in:  
(check all that apply)

- ☐ Citywide Garage Sale  
☐ Spring Cleaning Event

**SUBMIT TO:** City of San Leandro Recycling Program  
14200 Chapman Road  
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**Email** [Recycle@SanLeandro.org](mailto:Recycle@SanLeandro.org)



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### TITLE VI INDIAN EDUCATION Public Hearing

**Thursday, April 26, 2018  
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## SENIORS

## WORKSHOP

## Difficult Talks as We Age

It's no secret that aging comes with its share of challenges. Whether we are experiencing these issues first-hand or seeing them in our elderly parents, these topics can be difficult to talk about.

Get help with having these sensitive conversations at a workshop from 6:30 to 8 p.m. on Thursday, April 26 in Room 15 at Castro Valley Adult and Career Education, 4430 Alma Avenue.

Both seniors and interested family members will learn ways to engage in conversations regarding real and imagined challenges all of us may encounter after age 65.

Topics will include future health considerations, re-marriage and blended families, when it is time to stop driving, and making sure our end-of-life wishes are honored.

Honest exploration of values and quality of life concerns will be encouraged. The cost is \$15 per person. Register by April 23. For more information, call 510-886-1000.

## How to Appeal Medicare Prescription Drug Denial

By Gene L. Osofsky, Esq.

Special to the Times

**Q** My Medicare Part D drug plan just denied coverage for my medication. Can I appeal its decision?

**A** Yes. If your Medicare drug plan denies coverage for a drug you need, you don't have to simply accept it. There are steps you can take to appeal the decision.

Background: The insurers offering Medicare drug plans choose the medicines – both brand-name and generic – that they will include in their plan's "formulary," the roster of drugs the plan covers.

This can change from year-to-year. If a drug you need is not in the plan's formulary or has been dropped from the formulary, the plan can deny coverage.

Also, plans may charge more for a drug than you think is fair, or may deny coverage if it believes you do not need that particular drug. If any of these things happen, you can appeal the decision.

Before you can start the formal appeals process, you must file an Exception Request with your plan. This usually will involve a statement from your doctor explain-



If your Medicare drug plan denies coverage for a drug you need, you don't have to simply accept it.

ing your need for the drug. The plan must then respond within 72 hours, or within 24 hours if your doctor explains that you need an expedited decision for health reasons.

If your exception is denied, the plan will send you a written denial-of-coverage notice, and the five-step appeals process then begins.

1. The first step is to ask the insurer for an internal Redetermination, following the instructions it provides you. Submit the state-

ment from your doctor explaining why you need the drug, along with supporting medical records. If your doctor informs the plan that you need an expedited decision for health reasons, the plan must respond within 72 hours. Otherwise, it must reply within seven days.

2. If the redetermination is not satisfactory, you then have 60 days to request Reconsideration by an independent board. Again, follow the instructions on the written redetermination notice you received

from your plan.

An Independent Review Entity (IRE) will review your case and issue a decision either an expedited decision within 72 hours, or a standard decision within seven days. If you receive an adverse decision, you can continue the appeal process.

3. The third level of appeal is to make a timely request for hearing before an Administrative Law Judge (ALJ), which will allow you to present your case either over the phone or in person. To request a hearing the amount in controversy must be at least \$160 (in 2018).

Your request for a hearing must be sent in writing to the Office of Medicare Hearings and Appeals (OMHA). [Phone: 1-844-419-3358]. Following hearing, the ALJ will issue an expedited decision within 10 days or a standard decision within 90 days.

4. If the ALJ rules against you, the next step is to request review

within 60 days by the Medicare Appeals Council. [Phone: 1-202-565-0100]. The appeals council will issue an expedited decision in 10 days, or a standard decision within 90 days.

5. The final step is to seek judicial review in Federal District Court within 60 days of the adverse decision by the Appeals Council. To qualify for judicial review, the amount in controversy must be at least \$1,600 (in 2018), and you may need to engage an attorney for help.

For more information, visit [www.Medicare.Gov](http://www.Medicare.Gov) and go to "Claims and Appeals", and [www.HHS.Gov](http://www.HHS.Gov) and go to "Appeals Process".

Gene L. Osofsky is an Elder Law and Estate Planning attorney in Hayward. Visit his website at [www.LawyerForSeniors.com](http://www.LawyerForSeniors.com). Appreciation to Harry Margolis of MA for permission to revise and use this article.

## Best Senior Living Options

As we age, our needs, income and priorities may change, which can affect where we choose to live. What worked for us as a 30-year-old may no longer feel comfortable and we find ourselves debating with ourselves and family members about our senior-living options and their family members.

Whether you are experiencing

these changes first-hand, or are supporting a loved one, you will be given lots of helpful information at a workshop on Wednesday, May 2, from 6:30-8 p.m. in Room 15 at Castro Valley Adult and Career Education, 4430 Alma Avenue. The cost is \$15 per person. Register by April 27. For information or to register, call 510-886-1000.

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# PARENTS GUIDE

## Ways to Support Your Child & Address Issues at School

Children and teens experience some of the most important moments of their lives at school. It's where they spend two-thirds of their waking hours. Of course, school can be stressful, too – and not just because of pop quizzes and science projects.

"Stress isn't the same for all children, and it impacts every one differently," says Dr. Cheryl S. Al-Mateen, medical director of the Virginia Treatment Center for Children. "In fact, in some cases this stress can even be traumatic. If left unnoticed, it can lead to real mental health concerns, including depression, anxiety, self-harm and even substance abuse."

Everyone deserves to feel comfortable talking about mental health – it plays an important role in a child's overall health. Sometimes, however, topics around mental health can feel overwhelming or confusing for parents.

Many may find it difficult to spot the difference between traditional school stress and the possibility of potential trauma.

Fortunately, there are many resources available to help. As a start, Dr. Al-Mateen has five rec-

ommendations to support parents in understanding school issues, helping children cope and tackling potential problems.

- Check in about school. It can be difficult in our go-go-go world, but give your child your undivided attention for 5 to 10 minutes every day.

Talk about their friends, teachers and classes. Open yourself to hearing the good and the bad, and ask what they find difficult – like feeling too nervous to talk or being teased for talking too much.

These conversations help you identify problems as they arise, teach your child problem-solving skills and reinforce how deeply you care about their wellbeing.

- Strengthen your lines of communication. Your child may be more open about school if you have frequent conversations about other things as well.

Talk to them about the little stuff, and they'll be more apt to tell you about the big stuff. Listen without judging, and be ready to engage them in an activity if that makes them more comfortable.

Braiding your child's hair, shooting a few baskets in the driveway

or working a puzzle can lead to a great conversation.

- Work with your school. If your child is showing signs of stress that concern you, don't be afraid to reach out to their teacher(s) or school principal. Your child's teacher may be able to shed light on what's causing the stress and, if nothing else, can help watch out for your child during the school day.

- Establish a routine at home. Children thrive in stable, consistent environments. Creating a predictable schedule is helpful, if you can, but sometimes that's just not possible.

Make a big family calendar and keep it where everyone can access it. This empowers children to know what's coming up and helps provide the solid foundation they crave at home. They'll be better prepared to deal with changes and unexpected situations they may face at school.

- Seek help when you need it. How do you know if your child needs help beyond what you or the school can provide? Look for warning signs.

For example, young children



**STRENGTHEN YOUR LINES OF COMMUNICATION:** Your child may be more open about school if you have frequent conversations about other things as well.

may complain about stomachaches and headaches that have no physical explanation. When depressed, a child may say that they're angry, rather than sad, so listen for both – especially when their eating or sleeping patterns also change dramatically, they

seem to have low energy or they aren't taking pleasure in things they enjoyed before. These may be signs of a larger problem that needs to be addressed immediately with help from mental health professionals.

The school years are exciting,

important times for your children, but they can be tough. Check in with your child daily and don't downplay the stress they may feel. Recognizing potential issues quickly can help prevent larger problems down the road.

—BrandPoint

## Promote Literacy at Home and Beyond with Great Books

What was your favorite childhood book? Chances are, you can come up with a title right away. That's because books create powerful memories of stories and characters that inspire kids' imaginations and will be treasured for a lifetime.

Unfortunately, some children grow up with limited access to books, meaning they're unable to

create those memories so many people take for granted.

A lack of books in the home is also linked to lower reading scores and less success in school, according to research by the Family and Community Engagement Research Compendium. Even more concerning, a report found students who can't read proficiently by third grade are four times more

likely to leave school without a diploma than proficient readers.

Society as a whole pays a high price for low literacy. It costs the U.S. at least \$225 billion each year in non-productivity in the workforce, crime and loss of tax revenue due to unemployment, according to the National Council for Adult Learning.

Here's the good news: this

problem does have a solution. Having books in the home has been proven to improve children's reading performance, cause them to read more frequently and for longer lengths of time, and improve overall attitudes toward learning.

It's clear that promoting literacy in your home and in your community are worthwhile investments of

your time and money. Wondering where to start?

Build reading into the routine: When the kids are small, it's easy for many parents to create the nightly ritual of story time.

Don't stop just because they've started school and are reading on their own. Commit to sitting down every night to read together. Or, make reading into an event the

whole family can enjoy by reading a chapter book out loud. When the kids see you reading books too, you set a great example.

Ask questions: Asking children questions while you read together helps them develop critical thinking skills. For example, you might ask, "How is the family in this book like our family?" or "The girl in this book likes to swim. What do you like to do?"

Give books as gifts: The next time you celebrate a holiday or child's birthday, consider giving the gift of a book – especially a title or two that you loved growing up. Be sure to make time to read at least one of them together. It's a great way to bond.

Share, share, share: One way to spread literacy is to help make books more available in your community. Every year or so, go through your book collection with the kids and decide which titles should be given a new home.

—BrandPoint

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# How Happiness Skills Help Teens' Lives

How would you describe happiness? You may have trouble putting it into words, but you know you want it for yourself and your loved ones.

One thing that's harder than describing it for many people is knowing how to achieve it.

Researchers studying social emotional well-being define happiness as a balance: the combination of how frequent and robust your positive emotional experiences are, how gracefully you recover from difficult experiences, and how meaningful and worthwhile you feel your life is overall.

"Happiness is the ability to consistently recognize that life is good, even if it's difficult," says Dr. Emiliana Simon-Thomas, Ph.D., science director of the Greater Good Science Center at the University of California Berkeley. "It's being able to identify and enjoy the positive times but also have resiliency to bounce back from the hard times."

This is particularly important for youth. Research shows two out of three American teens are stressed and many don't know how to cope.

When school is in session, teens are the most stressed group in the country. The inability to reduce and cope with stress and anxiety can negatively impact different facets of a teen's life including their health, friendships, relationships with parents and academic performance.

To help further the idea that happiness skills must be learned, Simon-Thomas identified six Sustainable Happiness Skills which provide the foundation for a new initiative called Life's Good: Experience Happiness, which helps bring scientific, evidence-based tools and sustainable happiness skills directly to young people across America.

Backed by 70 years of scientific research showing that happy people are healthier, live longer, earn more and do better in school and life, the platform aims to reach, teach and increase sustainable happiness.



**Happy people are healthier, live longer, earn more and do better in school and life. Additionally, teens who identify as happy are more creative, helpful and sociable.**

Happiness is associated with several positive health effects, according to the Journal of Happiness Studies, including less insulin resistance, better sleep, higher HDL cholesterol levels and less reactivity to stress.

Additionally, teens who identify as happy are more creative, helpful and sociable.

Research has also shown that happy kids do better in school. Happy learners remember information better and happiness is positively associated with GPA.

The research also shows that schools that teach happiness skills outperform schools that don't, and typically experience dramatic drops in bullying, absenteeism and discipline issues. They also see impressive gains in student engagement, optimism, test scores and executive functioning skills that are key to future success.

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**Mindfulness:** Being aware of your thoughts and feelings in the present moment, without judging those thoughts or feelings as admirable, shameful or anything in between.

**Human connection:** Building and sustaining relationships with significant others, friendships and social engagement with peers, which is the most reliable, enduring predictor of happiness in life.

**Positive outlook:** Harnessing the ability to imagine a fruitful outcome and maintain a readiness to pursue and experience the opportunity in any circumstance.

**Purpose:** Understanding your ability to make a difference in the world, at work, school or for a team leads to a refined sense of purpose and increases your sense of happiness.

**Generosity:** Helping and giving to others can increase one's own happiness. According to a study overseen by Harvard University, people who donated time or money were 42 percent more likely to be happy when compared to those who didn't.

**Gratitude:** The simple act of appreciating and thanking others for the goodness they contribute to your life helps foster happiness.

To learn more about these six skills, find tools you can use to teach happiness skills to your children and start your own journey to sustainable happiness, visit [www.LGExperienceHappiness.com](http://www.LGExperienceHappiness.com).

—BrandPoint



**Students from Spain will be spending a month in the Bay Area this summer to experience life with a host family in an American home.**

## Host Families Sought For Visiting Students

A group of students from Spain will be visiting the Bay Area this summer and are hoping to find host families in Castro Valley.

The students, ranging in age from 14 to 17, speak English, are responsible for their own expenses and are fully insured.

Host families provide the students with their own bed, meals and a place to keep their belongings.

Their four-week stay begins Friday, June 29, and continues through Friday, July 27.

They will take several week-day excursions, including visiting

vs. A's baseball game, a trip to Alcatraz and sailing on the Bay. Host families may participate at discount group rates.

Weekends are for host families activities.

A Spanish adult group leader will accompany the group and will be available for support. No prior exchange student host experience is necessary.

An effort will be made to place students according to age, gender and interests.

For more information, please contact Jan Garcia, program coordinator, at 510-749-7061 or by email at: [garciapuccini@aol.com](mailto:garciapuccini@aol.com)

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July 9-13 Fairy Tales kings and queens, pigs and porridge, Mother Goose and other favorites

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# REAL ESTATE GALLERY



## REAL ESTATE REALITY

By Carl Medford, CRS  
Special to the Times

GUEST COMMENTARY



## Earthquakes? There's An App or That

Those who have lived in California a long time are accustomed to the ground moving beneath us and seldom give it a second thought.

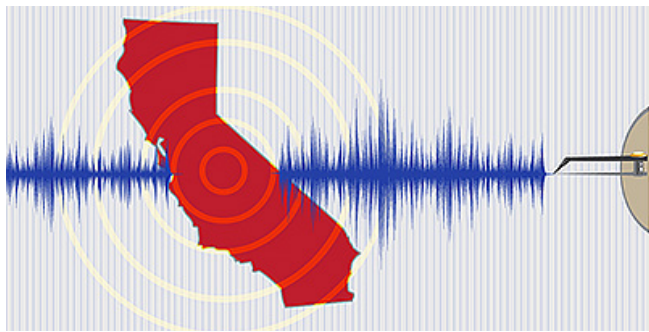
We look at other parts of the country that routinely suffer severe floods, hurricanes, tornados, bomb cyclones and other natural disasters and think, "Why would anyone live there?"

Ironically, they think the same about us.

While we have grown quasi-comfortable with the frequent jostling of the tectonic plates below us, many moving into the area have significant concerns.

I am frequently questioned about earthquakes and their implications when buying a home. I recently had a buyer tell me, "We are willing to buy a home as long as it's not in a liquefaction zone." I had to bite my tongue: they currently live right on top of the Hayward fault.

For buyers concerned about earthquakes and whether the home they are interested in is in a fault or liquefaction zone, we have good news.



There's an APP for that.

Tim McCrank, supervising engineering geologist at the California Geological Survey, in a recent interview with KCBS's Megan Goldsby, stated, "There's been a problem in the past for people to determine whether a property is in the zone or not and that's led to the cottage industry of disclosure companies who try to figure that out."

He added, referring to the app they have just released, "What we've done now (with this new app) is married our hazard zones with the statewide parcel database and created some tools that allow people to use the location feature of their mobile device or to type in an address and see if this particular property or parcel is in one of our hazard zones or not."

It's called EQ Zapp, and it stands for Earthquake Hazard Zone Application.

The State of California Depart-

ment of Conservation's website describes it as "an online map that allows anyone with a computer, tablet or smartphone to conveniently check whether a property is in an earthquake hazard zone."

You can access the app by going to [www.conservation.ca.gov/cgs/Pages/SH\\_EQZ\\_App.aspx](http://www.conservation.ca.gov/cgs/Pages/SH_EQZ_App.aspx)

Want more information about temblors in general? If you are looking for a quick source of worldwide earthquake alerts and want data after a shaker, you can download the free QuakeFeed Earthquake Alerts app. For a fee, you can purchase Earthquake 3D, which provides comprehensive data and 3D modeling anywhere on the planet.

Advance warnings? They're still working on that.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

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## Ants in Your Plants

By Buzz Bertolero  
Special to the Times

**Q** My lemon produces lots of lemons every year and has been trouble free. However, this year the bush is just crawling with ants. What can I safely spray to control them?

**A** It's highly unlikely that ants would damage your lemon or any other plant. They do not cause leaves to turn yellow nor do they create holes or chew on the leaves.

Instead, ants make a nuisance out of themselves searching for sugary-based proteins. On citrus, they're primarily looking for food in the flower nectar, from the secretions of insects or both. For nectar, their activity is centered on the flowers.

If it's insects, they're throughout the canopy. They're feeding on the clear, sticky residue called Honey Dew produced by Aphids, Scale and

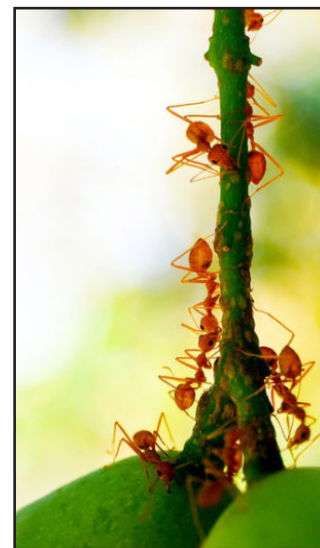
maybe Mealybugs.

Ants have been known to ferry Aphids around from plant to plant to sustain their dietary needs. Aphids are present in the spring on the new emerging growth while Scale is found year round.

Scale is the raised areas or bumps located on leaves, stems, and branches. They could be mahogany, brown, tan or black.

Mealybug is a white fuzzy material on stems of leaves, but they're not your problem. It's not necessary to spray for ants. Instead, you eliminate their incentive to be in the plant by controlling the insects.

All Season Oil or similar product controls both Aphids and Scale, and it is safe to use on edibles. Insecticidal Soap is another control for the Aphids. You do not want to spray while the citrus is in bloom as it disrupts pollination and affects the



fruit set.

Once the ants are out of the canopy, you can prevent them from returning by applying a two-inch band of Tanglefoot or Pest Barrier on the trunk about two feet off the ground. Tanglefoot/Pest Barrier is a sticky resin that traps the ants so they can't proceed upward. Periodically, you scrape off the old material and reapply a new barrier.

**Q:** I'm having a problem with my beets. The foliage is lush and green, but the beets were tiny. I grew them last year without a problem. What has happen?

**A:** Undersize or small beets, carrots, radishes, etc. are caused primarily by an excessive amount of Nitrogen. Nitrogen is one of the primary element for plant growth that produces green growth. The Nitrogen forces the plant into a growing-spurt which gives you lots of top growth and little to no roots. So the edible portion never fully develops as the plant is too busy growing.

I'd plant again, but first review the amount of vegetable food and or animal manure you are using and reduce it significantly. A second reason can be overcrowding. The beet seedlings need to be thinned to one to three inches apart and space the rows a foot apart. This allows sufficient space for them to develop.

## Step Up Your Game!

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# It's Spring Planting Season: Select The Right Tree for Your Property

Selection of trees for planting in a home landscape depends on the desired effect and the purpose the trees will satisfy in the landscape. Will they attract birds, shade a patio, screen an unsightly view, enhance a home's entrance?

Trees can provide contrast and relief from surrounding buildings and create seasonal interest in areas near the home.

The Tree Care Industry Association advises homeowners to consider these factors when selecting a tree:

- Hardiness (ability of the plant to survive extremes of winter cold and summer heat)

- Mature height and spread
- Growth rate
- Cleanliness
- Type of root system
- Moisture requirements
- Space available above ground and below ground

- Maintenance requirements
- Availability
- Ornamental effects, such as branching habit, texture, and color of bark, flower, fruit and foliage; and whether the tree is evergreen or deciduous

A local nursery can help you determine which tree species both performs well in your local area and is suited to your desired planting site. Arborists often do a close analysis of the specific planting site to determine the susceptibility or resistance to environmental conditions, such as disease and insect problems, soil conditions and drainage, the location of utilities, and the re-

## Mortgage Rates Holding Steady

Average mortgage rates continued to hold steady last week, according to Freddie Mac.

The 30-year fixed-rate mortgage averaged 4.42 percent, up from 4.40 percent a week earlier. A year ago at this time, the 30-year rate averaged 4.08 percent.

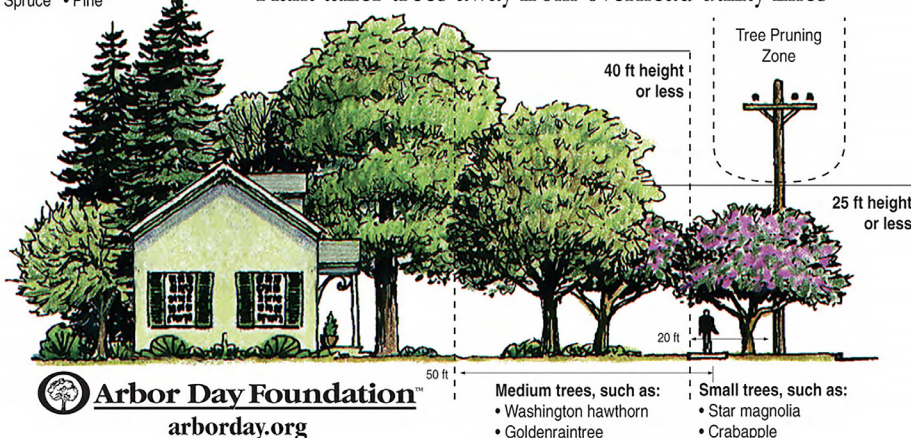
Fifteen-year home loans averaged 3.87 percent last week, unchanged from the week before.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.61 percent, down from 3.62 percent.

Tall trees, such as:  
• Maple • Oak  
• Spruce • Pine

## Plant the right tree in the right place

Plant taller trees away from overhead utility lines



**Arbor Day Foundation**  
arborday.org

Medium trees, such as:  
• Washington hawthorn  
• Goldenrain tree

Small trees, such as:  
• Star magnolia  
• Crabapple

lationship of the plant to roads, walkways and security lighting. Is there enough space to plant a tree?

Do not plant trees that will grow 25 feet or taller under or near overhead power lines, and don't forget the underground utilities. Call 811 for the national "Call before you dig" hotline before selecting a planting site. Permanent plantings such as trees should be spaced to allow utility service.

Where to plant

County and city ordinances may restrict planting of trees near parking strips, street lights, sewers, traffic control signs and signals, side-

walks and property lines. Permits may be required for trees planted on city or county property.

A professional arborist can as-

sess your landscape and work with you to determine the best trees and shrubs to plant. For more information, visit [www.treecaretips.org](http://www.treecaretips.org).

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### Do't Hold Back

Everything goes into the ground now! Plant trees, ground cover and shrubs. Sow or transplant vegetables, annuals, perennials and herbs. Transplant early-maturing beans, cucumbers, eggplants, peppers, squash and tomatoes. Plant summer-time-blooming bulbs and corms including caladiums, calla and canna lilies, dahlias and day lilies. Make sure irrigation drip lines, soaker hoses and sprinklers are in place before root systems get too large.

### Shady Characters

Fibrous begonias, lobelia and impatiens will liven up those shady areas in your garden. They're available now in nurseries and garden centers.

### Fruit Thinning

Start thinning excess fruit set on trees and vines.

## RECENT HOME SALES

### San Leandro

1364 Benedict Drive	94577: \$699,000	3 BD - 1,570 SF - 1941
1997 Charlotte Avenue	94577: \$500,000	3 BD - 1,028 SF - 1944
1011 Greenbrier Court	94577: \$785,000	3 BD - 1,775 SF - 2007
2096 Hillside Circle	94577: \$915,000	4 BD - 2,089 SF - 1975
868 Linwood Way	94577: \$720,000	3 BD - 1,355 SF - 1947
329 Suffolk Drive	94577: \$673,000	3 BD - 1,471 SF - 1943
2175 167th Avenue	94578: \$721,000	3 BD - 1,769 SF - 1977
301 Caliente Drive	94578: \$390,000	2 BD - 1,060 SF - 1980
16006 East 14th Street	94578: \$370,000	1 BD - 811 SF - 1987
15675 Liberty Street	94578: \$693,000	3 BD - 1,600 SF - 2014
432 Linnell Avenue	94578: \$663,000	4 BD - 1,278 SF - 1952
1932 Manchester Road	94578: \$525,000	2 BD - 1,520 SF - 1948
2016 Manchester Road	94578: \$785,000	2 BD - 969 SF - 1947
14702 Midland Road	94578: \$675,000	3 BD - 1,454 SF - 1948
16363 Saratoga Street	94578: \$388,000	2 BD - 947 SF - 1981
1432 Hubbard Avenue	94579: \$700,000	4 BD - 1,749 SF - 1953

TOTAL SALES: 16

LOWEST AMOUNT: \$647,500 MEDIAN AMOUNT: \$900,000

HIGHEST AMOUNT: \$1,065,000 AVERAGE AMOUNT: \$868,700

### Castro Valley

5072 Elrod Drive	94546: \$647,500	2 BD - 1,102 SF - 1949
18807 Sydney Circle	94546: \$910,000	4 BD - 1,901 SF - 1991
5728 Cold Water Drive	94552: \$821,000	3 BD - 1,944 SF - 1966
5644 Greenridge Road	94552: \$900,000	4 BD - 1,842 SF - 1960
7803 Pineville Circle	94552: \$1,065,000	4 BD - 2,340 SF - 1996

TOTAL SALES: 5

LOWEST AMOUNT: \$520,000 MEDIAN AMOUNT: \$960,500

HIGHEST AMOUNT: \$6,075,000 AVERAGE AMOUNT: \$2,128,750

### San Lorenzo

2134 Bockman Road	94580: \$755,000	3 BD - 1,269 SF - 1956
1376 Via Faisan	94580: \$760,000	4 BD - 1,414 SF - 1955
17273 Via San Ardo	94580: \$599,000	3 BD - 1,031 SF - 1951

TOTAL SALES: 3

LOWEST AMOUNT: \$599,000 MEDIAN AMOUNT: \$755,000

HIGHEST AMOUNT: \$760,000 AVERAGE AMOUNT: \$704,667



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## City of San Leandro's Home Earthquake Strengthening Course

The City of San Leandro is again offering its nationally recognized and award-winning Home Earthquake Strengthening Course to homeowners. This is a "do-it-yourself" course geared towards owners of older, raised-floor homes. Homeowners will be shown how to identify and strengthen structural weaknesses in their homes. Upon completion of this four-day course, each homeowner will have a customized blueprint for their seismic project.

If you own a hillside home, please contact the Division of Building & Safety at (510) 577-3405.

**When: May 3, 8, 10 and 15**

This is a four-day course.

**Where: South Office Conference Room @  
City Hall 999 East 14th St.**

**Time: 6:00 to 8:00 p.m.**

**Cost for City of San Leandro Residents:**

\$30.00 for single / \$35.00 for couples

**Cost for Non-Residents / Unincorporated**

**San Leandro: \$50.00 for single / \$60.00 for couples**

Class size is limited.

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CITY	SAT	SUN	ADDRESS	PRICE	BDRMS/BATHS	REALTOR	AGENT	PHONE
C	—	1-4	22175 Dolores St.	No Price	2/1	Re/Max Accord	The Lovewell Team	510-351-5555
A	—	1-4	2228 Buena Vista Ave.	\$589,000	2/1	Coldwell Banker	Laurie Pfohl	510-851-3551
A	—	1-4	84 Begier Ave.	\$669,000	2/1	Varos Real Estate	Terry Martinez	510-772-3746
A	—	1-4	820 Estudillo Ave.	\$799,000	3/2	Varos Real Estate	Terry Martinez	510-772-3746
K	1-4	1-4	5518 Langford Ct.	\$799,950	4/2	J. Rockcliff RE	Lisa Ferraris	925-251-2583
A	—	2-4	407 Broadmoor Blvd.	\$899,000	4+/2.5	Rinetti & Co. Realtors	Perry Vittoria	510-326-0378
C	—	1-4	35600 Palomares Rd.	\$1,275,000	4/3	J. Rockcliff RE	Kristy Peixoto	925-251-2536

### CITY GUIDE

A = SAN LEANDRO • B = SAN LORENZO • C = CASTRO VALLEY • D = DUBLIN • F = FREMONT • H = HAYWARD • K = CONCORD  
O = OAKLAND • P = PLEASANTON • S = SHEFFIELD VILLAGE • SR = SAN RAMON • W = WALNUT CREEK • Z = ALAMEDA



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# HARD Outlines Plans to Upgrade Its Many Parks

By Amy Sylvestri  
San Leandro Times

The Hayward Area Recreation District (HARD) will be making a variety of upgrades to their 95 parks over the next few years.

In 2016, voters approved a \$250 million bond for HARD to upgrade and expand its parks in Castro Valley, San Lorenzo, Ashland, and Cherryland and the district is now developing a "master plan" for the next decade. HARD presented the plan at Monday night's Castro Valley Municipal Advisory Council (MAC) meeting.

A recent survey of the parks showed just 28 percent of the parks to be in "good" condition and the rest fair to poor. The bond money will be used to make repairs at the poorly rated parks, according to HARD.

In addition to improvement

and repairs to the parks, the bond will fund several larger capital improvement projects over the next several years, including:

## Major Upgrade to Kennedy Park On Hesperian

- \$31 million to renovate Kennedy Park
- \$4 million for the Fairmont Terrace Park expansion
- \$2 million for a new 2-acre park at 18470 Via Toledo in San Lorenzo
- \$1.3 million to renovate the Hayward Plunge
- \$1 million to expand the parking lot of the Meek Estate
- \$222,000 for upgrades to the Sulphur Creek Nature Center,
- \$94,000 to renovate the Kenneth Aitken Senior Center in Castro Valley
- \$90,000 to upgrade Rowell Ranch

HARD has a basic goal of having every resident be within walking distance of a park or playground. So they prioritize their "areas of need" where the population is more dense and parks are farther away.

HARD has identified most of Ashland, parts of Cherryland, western Castro Valley, and the area around Grove Way as needing more park access.

## Plans for Trail to Run Along San Lorenzo Creek

The MAC also heard preliminary plans for a major undertaking that HARD would be part of – a trail to run along the San Lorenzo Creek.

The Friends of the San Lorenzo Creek – a non-profit founded in 2002 dedicated to preserving and supporting the creek and surrounding nature – want to



PHOTO COURTESY OF HARD

Some work will be done on the Meek Mansion in Cherryland as part of the Hayward Area Recreation District improvement project.

construct a bicycle and pedestrian trail from the Don Castro Reservoir in Castro Valley to the Bay. The trail would run by several parks along the way.

"Imagine being able to bike from Cull Canyon to the Japanese Gardens," said Rick Hatcher who belongs to the Friends of the San Lorenzo Creek, and is vice president of the HARD board of directors.

But there is no funding in place for the project and it would also involve getting dozens of property owners along the creek to agree to construction.

"I think it's a great idea but getting all those property owners could be difficult," said MAC member Chuck Moore. "There sure are some challenges ahead of you."

Matt Tuner, Supervisor Nate Miley's constituent liaison, said for grants this spring in order to try to get the project off the ground.



A new neighborhood park, Via Toledo Park, will begin construction at the end of this year. The park will have basketball, picnic areas and a multi-purpose lawn.

## THE FORUM CROSSWORD

1	2	3		4	5	6	7		8	9	10	11
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### ACROSS

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- 4 Equitable
- 8 Frizzy hairdo
- 12 Hockey surface
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- 14 Circulate
- 15 Historic time
- 16 Twist
- 18 "Aida" composer
- 20 Expert
- 21 Food
- 24 Poolroom supply
- 28 Bring together
- 32 Hammer or sickle
- 33 Inseparable
- 34 Casino machines
- 36 "Kitchy- --!"
- 37 Young female
- 39 Remorseful
- 41 Milkmaid's place
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- 44 -- long way
- 46 Fortunetellers' reading matter?
- 50 Recite a verb's forms
- 55 Verily
- 56 Notion
- 57 "-- Brockovich"
- 58 Uncooked
- 59 Consider
- 60 Transmit
- 61 Type measures

### DOWN

- 1 Ukraine's capital
- 2 Farm measure
- 3 Once around the sun
- 4 Salon treatments
- 5 I love, to Livy
- 6 Charged bit
- 7 Answer an invite
- 8 Showing buoyancy
- 9 Winter bug
- 10 Deteriorate
- 11 Have bills
- 17 Sphere
- 19 Dict. info
- 22 Body powder
- 23 Urban hangout
- 25 Mischievous Norse god
- 26 Swag
- 27 -- gin fizz
- 28 Gear teeth
- 29 Not procrastinating
- 30 Pianist Peter
- 31 Sicilian spouter
- 35 Grad student's income
- 38 Blockage of a sort
- 40 Genetic letters
- 42 "Skip to My --"
- 45 Quite some time
- 47 Muse's instrument
- 48 Intend
- 49 Cutting implements
- 50 "El --"
- 51 Praise in verse
- 52 Born
- 53 Exist
- 54 Can matter

ANSWERS ON PAGE 10

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### Armida Smith

Our kind, generous and loving mom and resident of San Lorenzo, passed away on April 12, 2018.

She is survived by son Dan, daughters Tracie and Julie. Armida was one of 15 Valenzuela children. She was an active member of the Moose and Eagles Lodge. The family is grateful of the care that her friends, especially Beverly and Randy provided. Her love of Penguins will not be forgotten.

Arrangements pending.

### SAN LEANDRO TIMES OBITUARIES

may be submitted online at [ebpublishing.com](http://ebpublishing.com), emailed to [obits@ebpublishing.com](mailto:obits@ebpublishing.com) or faxed to 510-483-4209. Please include your phone number. Brief death notices are published free. Longer-length notices, including pictures, are available for a fee. For assistance, call 510-614-1555.

### Joseph Edward Schiavello

Joseph Edward Schiavello passed away on Tuesday, April 10, 2018 in Pullman, Washington at the age of 93. Previously, he lived in California and New York.

Joseph was a veteran of WWII where he served as a combat corpsman with the Fleet Marine Force in the Pacific Theatre. He also served stateside during the Korean Conflict. Joseph was a loving husband, father, grandfather and great-grandfather.

Joseph will always be remembered as an avid American patriot who was proud and honored to be given the privilege of serving the country he loved so dearly.

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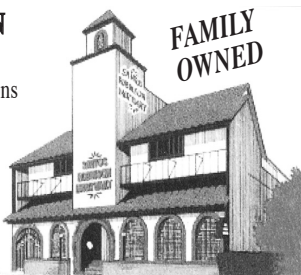
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# San Leandro Players Present Comedy-Mystery at SL Museum Theater

The San Leandro Players present *Death by Design*, a comedy/mystery with surprising twists, running through May 6 at the San Leandro Museum/Auditorium, 320 West Estudillo Ave. in San Leandro.

Show times are Saturdays at 8 p.m. and Sundays at 2 p.m., plus two Friday shows at 8 p.m. on April 27 and May 4.

Tickets are \$20 general, \$15 seniors, TBA members, under 12, students. For more information or reservations call 895-2573 or online at [www.slplayers.org](http://www.slplayers.org).

## Retro Juke Box Band To Play All the Big Hits

In celebration of Older Americans Month, the Retro Juke Box Band will perform at the San Leandro Main Library, 300 Estudillo Ave., on Saturday, May 5, from 2 to 3 p.m. Admission is free. Retro JukeBox Band is a top dance band with an immense repertoire covering multiple genres including timeless 1920s to 1960s jazz, blues, Motown and retro versions of today's hits.



Joanna Eisenberg, Sukanya Aynakus, and Terry Guillory appear in the San Leandro Players production of *Death by Design*, now running at the San Leandro Museum/Auditorium, 320 West Estudillo Ave.

## OPINION

### LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and **must be under 300 words**. We reserve the right to edit as necessary. E-mail letters to: [letters@ebpublishing.com](mailto:letters@ebpublishing.com) or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

#### Hopes Other Homeowners Have Better Luck with Their Appeals

Editor:

Filing the failed appeal to rescue my home from shadow cost me \$3,797.18 to pay all city expenses associated with it. I felt I had to file it, in the hope of reducing the proposed degradation of my quality of life at home.

Fortunately, the cost of the appeal did not use all the \$5,000 deposit I was required to initially provide, and it took only 18 days after the appeal for the city to refund the unused balance.

The entire City Council was surprised at the cost of the appeal and stated they would put it on some future agenda, to discuss making the process more affordable to simple homeowners.

I truly hope this happens, considering the vast number of single family homes in the Transit Oriented District (check city zoning maps at [goo.gl/28gFdN](http://goo.gl/28gFdN) to see if it affects you), this will no doubt happen to another homeowner. I wish them better luck than me.

Eden Housing contacted me mentioning several, as yet, undeveloped ideas as to how to reduce the impact on my home. The only concrete offer they have made so far is to pay me the cost of the appeal. I have shared with them that I do not see where that is necessary.

I was personally assured by council member Ballew (as he handed me his business card) that he would work on getting the money I spent on the appeal back to me. I hope he was sincere, however with the current city deficits, I am dubious.

Since that contact with Eden Housing, I have heard nothing further. I keep hoping I will experience the kindness of San Leandro of which Mayor Cutter has spoken, but aside from that which council member Corina Lopez provided me, it has not been seen.

—James W. Blaine III  
San Leandro

#### City's Deficit: Why Didn't the Council Put on the Brakes Three Years Ago?

Editor:

So the City of San Leandro is projecting to be operating in the red for the next ten years and nothing has been done to control the cost, so the City Council decided to spend another \$50,000 to hire a financial forecast advisor just to tell them that we're upside down and don't see anyway out of it, "check please."

How is it possible that the costs have increased 30% in the past three years while revenue only increased 18% and no one on the Council put the brakes on this problem three years ago?

As noted, the average salary and benefits for city employees is \$130,000, while the average salary and benefits for police officers is \$270,000. Where do I sign up for one of these jobs?

My questions: What are the other cities in the East Bay paying their employees? Are they also operating in the red? If not, what are they doing that we should have been doing years ago?

—Brent Heath  
San Leandro

#### Observing Earth Day

Editor:

With the 50th observance of Earth Day on April 22nd, each of us can contribute by reducing our driving, use of electric energy, and consumption of animals. Yes, that.

Last Fall Oxford University's prestigious Food Climate Research Network and Germany's Heinrich Bolle Foundation concluded that solving the global warming catastrophe requires massive shift to a plant-based diet. A 2010 United Nations report blamed animal agriculture for 70% of global freshwater use, 38% of land use, and 19% of greenhouse gas emissions.

Carbon dioxide is emitted by burning forests to create animal pastures and by operating farm machinery to grow animal feed. The more damaging methane and nitrous oxide are released from digestive tracts of cattle and from animal waste cesspools, respectively.

Moreover, meat and dairy production dumps more animal waste, crop debris, fertilizers, pesticides, and other pollutants into our waterways than all other human activities combined. It is the driving force behind wildlife habitat destruction.

In an environmentally sustainable world, meat and dairy products in our diet must be replaced by vegetables, fruits, and grains, just as fossil fuels are replaced by wind, solar, and other pollution-free energy sources.

Let's celebrate the 50th observance of Earth Day at our supermarket.

—Dennis Roth  
San Leandro

#### Glad to Be Getting The Times

Editor:

Thank you so much for delivering San Leandro Times.

We really enjoy reading San Leandro Times, and hoping to have the paper every week.

—Kinuko Nakamura  
San Leandro

## Creek Cleanup for Earth Day

The Friends of San Leandro Creek will host an Earth Day cleanup this Saturday from 9:30 a.m. to noon on San Leandro Creek at Hegenberger Road in Oakland, a site the group has adopted.

The site is next door to HegenBurgers restaurant at 280 Hegenberger Road.

Park on Hegenberger Road or across the street at the San Leandro Creek Staging Area parking lot.

Bring gloves, wear heavy shoes and clothing. Trash bags and vinyl gloves will be provided. For more information, call Susan at 577-6069.

## Earth Day at Mulford Gardens

As part of this year's Earth Day, the Mulford Garden Neighborhood Crime Watch Group will distribute a few mature cherry trees and earthquake preparedness kits at Mulford Garden Park this Saturday at 5 p.m. to neighborhood residents who have been picked on a

first-come, first served basis.

The trees were purchased by a Be Prepared grant from the City of San Leandro.

For more information, email [rob-trabert@gmail.com](mailto:rob-trabert@gmail.com) or [bellacomelo@hotmail.com](mailto:bellacomelo@hotmail.com).

## INQUIRING REPORTER

Are you an early bird or a night owl?

— Asked around town

An early bird. I trap and rescue cats and we have to get them to the vet early. We see that they get fixed and get shots.

**Barbara Krauss**  
San Leandro



A night owl. I'm not an early bird. I would rather stay up late.

**Olivia Hernandez**  
San Leandro

An early bird. I'm an old man. That's what we do. I used to be a night owl, but that's what happens.

**Rick Turner**  
Union City



I'm a night owl, because Nancy Grace says nothing good happens after midnight. I disagree with Nancy Grace on just about everything she says.

**Derek Hurst**  
Sacramento

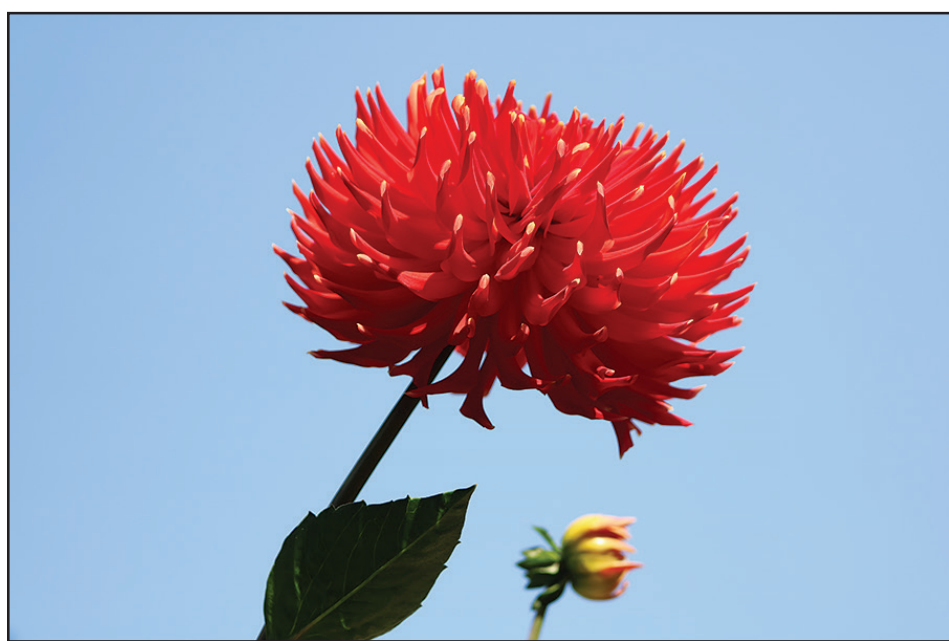


I'm an early bird. I always feel more energized in the morning, at the start of the day in the peace and calm before the bustle of work and activities, and I like to do yoga in the morning.

**Jennifer Eran**  
Alameda







Dahlias on many colors and shapes will be available at Root Park on April 28.

## Dahlia Day Coming on April 28

San Leandro Dahlia Society will host its Annual Dahlia Tuber and Cutting Sale on Saturday, April 28, from 9 a.m. to noon at Root Park, 1033 East 14th St. in San Leandro.

For spectacular summer color, it's time to plant dahlia tubers or cuttings (small plants).

Dahlias come in many sizes, shapes, and colors (except blue).

Try different ones. Many dahlia lovers will be there to answer questions about planting. More information is available at: [sanleandrodahliasociety.org](http://sanleandrodahliasociety.org) or [SLDS.club](http://SLDS.club).



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PHOTO BY AMY SYLVESTRI

A portion of Lake Chabot Road was closed this week so an engineering company could plan a project to stabilize the road, which has been slowly shifting down the hillside.

## Road: After the road survey is finished, hillside will be stabilized

*continued from front page*  
engineer Nick Thom.

"Lake Chabot Road is not your typical San Leandro street," said Thom. "Unlike most streets in town it was cut into a hillside and there are steep slopes both above and below the road."

Thom said that most of the road is supported by bedrock, but at some locations the downhill edge of the road is on fill and over the past 20 years or so, the

city's engineering department has seen those portions that are on fill slowly shifting down the hillside.

After the road survey is completed this week, the next step will likely be drilling into the bedrock and pouring in concrete to make it more stable, said Thom.

A similar project was completed on two I-580 San Leandro exits back in 2016. CalTrans shored up the Benedict Drive

and 150th Avenue exits after the pavement cracked due to slippage on the hillside.

Thom said that a more precise budget and construction timeline for the Lake Chabot Road project will be able to be determined after Cal Engineering shares the findings with the city. He said that the road will be closed again during the construction but when that might happen depends on when funding is available.

## Medal: 'Our guys with their radios could see their ships coming'

*continued from front page*  
history and sacrifice made by the veterans, the interminable cost of their mission and brutal ordeal to defend the United States and the Philippines.

Lamata was part of an army counter-intelligence group that planted radio operators in the Philippines to send back information on the Japanese army. Lamata later landed in the Philippines, though he says he can't say much

about it because he doesn't know if it's been de-classified.

The radio operators on the islands are the reason the U.S. Navy won the battle of the Philippine Sea, Lamata said.

"Our guys could see their ships coming, they were stationed on different islands with their radios," he said. "And some of our guys were houseboys for Japanese generals."

When the Japanese army

overran the Bataan Peninsula, they transferred soldiers on a forced march of 70 miles in one week without adequate food or water, now known as the infamous Bataan Death March where 700 American soldiers and an estimated 6,000 to 10,000 Filipinos perished during the journey.

The mobilization of forces to retake the Philippines included 9,000 Filipinos and Filipino Americans in the United States Army 1st and 2nd Filipino Infantry Regiments, including Lamata, who was in the Second Filipino Infantry Regiment that trained at Fort Ord, California.

The Congressional Gold Medal has been awarded to many famous Americans, including Walter Reed, Bob Hope, Robert Frost, Lady Bird Johnson, Howard Hughes, the Navajo Code Talkers, and George Washington.

"The first one to get it was George Washington," Lamata said. "So we're in pretty good company there."

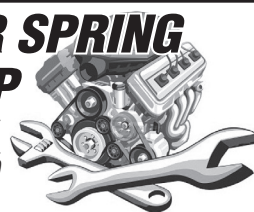
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