

# MAY

## NEWSLETTER

### HELLO

May has arrived, bringing with it the excitement of warmer days and the anticipation of summer break. This month, we will be focusing on wrapping up our lessons, preparing for end-of-year activities, and celebrating all the hard work our students have put in throughout the school year. Thank you for your continued support and encouragement!

### BIBLE

May 5- Praise Him with Music!

- "Let everything that has breath praise the Lord." Psalm 150:6

May 12- Wise Sayings: God/Wisdom

- "All wisdom comes from the Lord." Proverbs 2:6

May 19- Wise Sayings: Honesty

- "Truth lives on forever." Proverbs 12:19

May 26- A Time for Everything

- "There is a time for everything." Ecclesiastes 3:1

### HEALTHY RECIPE OF THE MONTH: HEALTHY BANANA MUFFINS

#### Ingredients:

- |   |                                   |
|---|-----------------------------------|
| 2 cups rolled oats (blended into a flour) |                                   |
| 2 tsp baking powder                       | 1 large egg                       |
| 1 large banana                            | $\frac{1}{4}$ cup almond milk     |
| $\frac{1}{4}$ cup coconut oil             | $\frac{1}{4}$ cup chocolate chips |
| $\frac{1}{4}$ cup raw sugar               | $\frac{1}{4}$ cup honey           |

#### Directions:

1. Preheat oven to 350 degrees F.
2. Blend the rolled oats into a flour-like texture.
3. Hand mix the baking powder into the rolled oat flour.
4. In a separate bowl, mash a ripe banana with a fork.
5. Mix in the coconut oil, sugar, honey, almond milk, and egg.
6. Add in the rolled oat flour and baking powder mixture.
7. Mix until everything is evenly blended.
8. Mix in the chocolate chips and pour into a muffin or cupcake pan.
9. Bake for about 20-25 minutes (or until a toothpick comes out clean).

10. Serve and enjoy or store for later throughout the week!

<https://www.jaroflemons.com/healthy-banana-chocolate-chip-oatmeal-muffins/#wprm-recipe-container-18696>

### IMPORTANT DATES

- May 5-9: Teacher Appreciation Week
- May 15: Muffins with Mom (7:30-8:30)
- May 21: LBP Graduation (10 am)
- May 26: Memorial Day- NO SCHOOL
- May 27&28: End of year Class Parties!
- May 28: Last day of Spring Semester
- May 29&30: Teacher Summer planning meetings
- June 2: Summer Program starts!
- June 9-13: LBC VBS! (LBP Closed)
- June 17&18: Bike Day!
- June 23&24: Waterball Toss/Sprinkler and Ice Cream day!
- July 4: Closed for Independence Day!

### HEALTHY TIPS: AVOIDING DOG BITES

Any breed of dog might bite. Just because a dog is small or seems friendly doesn't mean it can't hurt someone. Even the nicest, best-trained family dog may snap if it's startled, scared, threatened, angry, or hungry. No matter how well you think you know the dog, always supervise your kids around animals. To reduce the risk of bites, teach kids these safety guidelines:

- Always ask the owner if it's OK to pet the dog.
- Let the dog see and sniff you before petting it.
- Do not run toward or away from a dog.
- If an unfamiliar dog approaches you, stay calm, don't look it directly in the eye, and stand still or back up slowly.
- If knocked over by a dog, roll into a ball, cover your face, and lie still.

Read more at: [www.kidshealth.org/en/parents/dog-bites.html](http://www.kidshealth.org/en/parents/dog-bites.html)

"THERE IS A TIME  
FOR EVERYTHING."  
ECCLESIASTES 3:1



# May

# Calendar

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Tues

Wed

Thurs

Fri

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♥ TEACHER APPRECIATION WEEK ♥

Jack's Birthday!

Lilly's Birthday!

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Chase's Birthday!  
(11)

Muffins with Mom!  
(7:30-8:30)

MUFFINS  
with  
MOM

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LBP  
GRADUATION!  
10 AM



MEMORIAL DAY!



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Shep's Birthday!

Happy Last Day  
of  
SCHOOL

Teacher  
Planning Days!

