



# San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

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SAN LEANDRO • CALIFORNIA



PHOTO COURTESY SAN LEANDRO SPORTS FOUNDATION

Inductees at the San Leandro Hall of Fame Wall are (left to right) Charles Leno Jr, Brian Bream, Marviel Underwood, Pat Carvalho, Madeleine Briones, Leslie Fouche-Munoz, Sam Cheatham, Jack Gilmete, Jarrad Page, and Rich Kerr. Also inducted posthumously were Art "Tappy" Larson, Jerry Lyons, and Fenton Mole.

## San Leandro Athletes Honored

Thirteen new members were inducted into the San Leandro Sports Foundation Hall of Fame on Friday in a ceremony at the Zero Net Energy building with over 300 people in attendance.

The 2019 inductees in the photo are:  
Jerry Lyons – City of San Leandro, Contributor  
Brian Bream – Marina High School,

Class of 1968, Athlete Football  
Leslie Fouche-Munoz – Pacific High School, Class of 1974, Athlete Softball  
Jack Gilmete – Pacific High School, Class of 1981, Athlete Football  
Rich Kerr – Marina High School, Class of 1971, Coach/Athlete Baseball  
Pat Carvalho – Pacific High School, Class of 1971, Athlete Football/Baseball

Charles Leno – San Leandro High School, Class of 2009, Athlete Football  
Jarrad Page – San Leandro High School, Class of 2002, Athlete Football/Baseball  
Sam Cheatham – San Leandro High School, Class of 2003, Athlete Football  
Art "Tappy" Larson – City of San Leandro, see HALL OF FAME, page 14

## Council Renews Red Light Cameras

By Amy Sylvestri  
San Leandro Times

The City Council renewed a contract for red light cameras at five San Leandro intersections, but also expressed "concerns" with the company they are contracting with.

The city's current contract with red light camera company Redflex was due to expire in April and the council voted to renew it for another two years. The cameras are leased from Redflex at a flat rate of \$5,200 per month no matter how many tickets are issued.

With an average of just over 10,000 red-light violations annually at \$475 a pop, the total fines assessed is around \$5 million. But the City of San Leandro receives just 9 percent of the ticket fine, with county and court costs taking the rest.

So the city gets a total of about \$615,000 annually from the tickets, but the total cost of the program is \$432,500 (which includes \$312,000 for the Redflex equipment plus the cost of employing two part-time retired police officers and one part-time clerk to review the violations). The net revenue the city receives is \$183,000 per year.

The vote to renew the contract was 6-1, with Councilman Victor Aguilar dissenting. Aguilar cited a \$20 million lawsuit Redflex settled with the city of Chicago over a bribery scheme as a reason not to do business with the company.

Mayor Pauline Cutter also

said she thought it might be best for the city to sever ties with Redflex because the cost of renting cameras doesn't make financial sense. She told city staff to look

see CAMERAS, page 16

## Cutter Speech Calls for Sustainability

By Amy Sylvestri  
San Leandro Times

"Sustainability" was the buzzword at Mayor Pauline Cutter's State of the City speech this week, and she wasn't just speaking about San Leandro's efforts to go green.

Cutter said that the concept of sustainability must be applied to everything from the city's infrastructure, to housing and finance in order to face the future effectively.

A standing-room-only crowd including the City Council, Chamber of Commerce officials, school board members, and representatives from the Oro Loma Sanitary District listened to Cutter's speech at the Senior Community Center on Monday night.

see SPEECH, page 16

## Bernie Stops in San Leandro...for Coffee

By Jim Knowles  
San Leandro Times

Presidential candidate Bernie Sanders stopped in San Leandro on Sunday.

But there wasn't a rally or a crowd of thousands to see him as there was later in the day at Ft. Mason in San Francisco.

Sanders apparently just stopped in San Leandro for coffee. The independent senator from Vermont chatted with people on Bancroft Avenue for a few minutes while his campaign people ran into Zocalo Coffeehouse to get a few cups to-go. Then

Sanders and his entourage climbed back into an SUV.

So Sanders had some coffee roasted in San Leandro and a short time later fired up the crowd in San Francisco.

"I got here at noon and it was all the talk in here," said Zocalo barista Jacqueline Arrieta.

Arrieta said she talked with



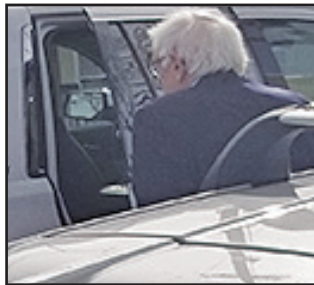
Senator Bernie Sanders

people who were there when the Sanders' campaign stopped by but that no one was exactly sure why Sanders decided to stop for coffee in San Leandro.

Meanwhile, a local politician happened to see Sanders as he was passing by and pulled over to meet another campaigner.

"He told me about his campaign and I told him about my campaign," said Bryan Azevedo who has already started running for City Council in the 2020 election.

Sanders' West Coast campaign swing made stops in San



Sanders climbed back into his car on Bancroft Avenue.

Francisco, Los Angeles and San Diego where he spoke to enthusiastic crowds.

## INSIDE YOUR TIMES

### ART

PhotoCentral spring show starts Saturday. Page 2

### CRIME

Police arrest man for assaulting girlfriend. Page 3

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Whip up some blueberry muffins. Page 7

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## MEETING SCHEDULES

### CITY COUNCIL

Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

### SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



## PETS OF THE WEEK



Pongo



Cookie

The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are Pongo the bunny and Cookie the dog.

Pongo is a gorgeous English Spot bunny with soft fur and interesting markings. She enjoys timothy hay, greens, and an occa-

sional small treat of banana.

Cookie is an energetic young pup, working on obedience skills. He loves squeaky toys and people. Okay with teens or family with big dog or pit bull experience.

For more information on Pongo or Cookie, call the Hayward Animal Shelter at 293-7200.

## PhotoCentral Spring Exhibition to Run Jointly with Adobe Art Center

PhotoCentral's annual spring photography exhibition will be held jointly with the Adobe Art Center this year, in honor of the 75th anniversary of the Hayward Area Recreation Department (HARD).

The exhibition will run from March 30 to May 11 at both galleries – PhotoCentral, 1099 E St. in Hayward; and the Adobe Gallery, 20395 San Miguel Ave. in Castro Valley.

A reception will be held at both galleries on Saturday, March 30 – at PhotoCentral from 2 to 5 p.m., and at the Adobe Gallery from 1 to 3 p.m.

See over 200 inspiring works in this eclectic group show featuring a wide variety of works from over 70 artists in two exciting galleries. Vote on your favorite pictures. Award, prizes, fun and gorgeous photographs, paintings, sculpture, fiber arts and works on paper. Celebrate and take home some great art and memories.

Gallery hours at PhotoCentral are Monday through Friday from 9 a.m. to 5 p.m. at the upstairs gal-



Larry Chan's photo, "Quiet Corner at Company Party" is among the images on display at the spring exhibition.

lery. Downstairs gallery hours are Monday from 5 to 10 p.m., Tuesday and Thursday from 10 a.m. to 1 p.m. and by appointment.

Hours at the Adobe Art Center are Thursday, Friday and Saturday from 11 a.m. to 3 p.m. and by appointment.

## County Surveying Older Adults

The Area Agency on Aging (AAA) is conducting a survey for older adults.

This survey is to help gain perspective on what community components are important for the development of the Countywide Plan for Older Adults.

The information collected will be used to shape future programs and services. If you are age 55 and older, and reside in Alameda County, please take a few minutes to fill out the online survey at: <https://www.surveymonkey.com/r/HD7W82M>.

## San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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## Art and Music Event Coming To Station SL on April 6

A hands-on art and music gathering, First Saturday Art in San Leandro, will be held at Station SL, 1455 Hays St. in downtown San Leandro on Saturday, April 6, from 6 to 8 p.m.

San Leandro artist Andrea Guskin has organized this new community art experience that explores and honors our collective routes and paths to the Bay Area, and specifically, to San Leandro.

The program also features

flamenco guitar by Gabriel Navia with percussionist Robert Wallace, a look at contemporary wood paintings, and the opportunity to create and add a piece to an interactive wood map painting that will be exhibited as part of a larger event later this summer.

Light refreshments will be served. Space and materials are limited so the artist requests people to R.S.V.P. if possible at [caseforconnection@gmail.com](mailto:caseforconnection@gmail.com).

## Join Cherry City Cyclists Community Bike Ride on Saturday

Join Bike Walk San Leandro and Cherry City Cyclists for a relaxed-paced no-drop community bike ride from the downtown San Leandro BART station to the Alameda Harbor Bay Ferry Terminal on Saturday, April 6.

Meet and greet at 9:30 a.m. and get rolling at 10 a.m. Enjoy

the preserves and marshes cycling along Oyster Bay and the Martin Luther King Shoreline Regional Trails. The loop is approximately 2 hours or 23 miles on mostly flat terrain. Join Bike Walk San Leandro on Facebook to see more details and other upcoming events.



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# POLICE & FIRE

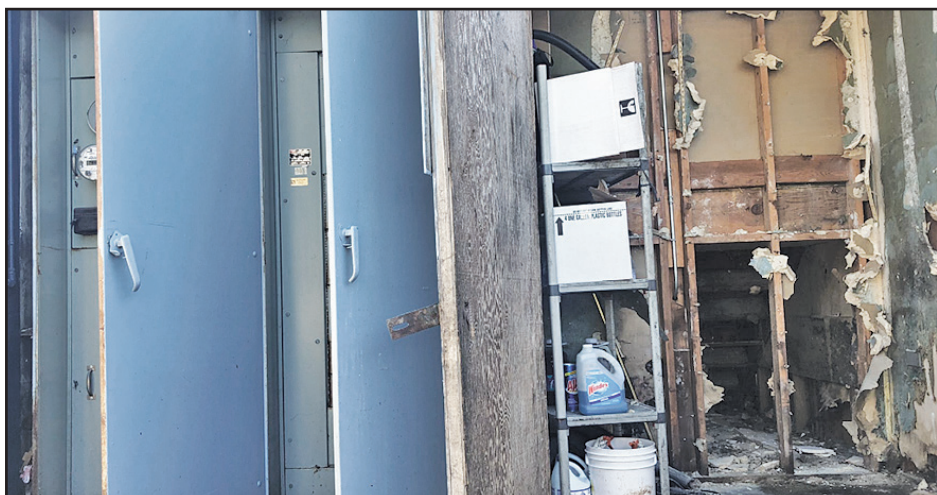


PHOTO COURTESY OF ACFD

## Small Fire at Horatio's

Alameda County Fire Department crews responded to Horatio's restaurant at 60 Monarch Bay Drive at 12:45 p.m. last Thursday and found light smoke coming from an electrical panel. As a safety precaution, all guests and employees inside the restaurant were evacuated and the power was shut off, which temporarily closed the restaurant. There were no reports of injuries.

## SL Man Injures Himself and His Girlfriend During Standoff

San Leandro police had a standoff with a man undergoing a mental health issue at the Springlake Village Apartments on Sweetwater Drive last week.

Officers were called to the apartment at around 3 p.m. on March 21 based on reports that a man was behaving erratically and throwing objects from his second floor balcony, according to a San Leandro police press release.

The man refused to talk to officers or leave his home.

Police said the man seemed confused and distraught and he eventually started throwing large furniture items over the balcony.

Police found out that the man was not taking prescribed medication for his mental health issue, according to Lt. Isaac Benabou of the San Leandro police.

Officers contacted the man's girlfriend, who was not at home,

who confirmed the man was alone inside his apartment and that no one was at risk of harm.

Benabou said that police tried to speak with the man for hours but eventually decided to walk away, because the man's erratic behavior had subsided and technically no crime had been committed.

A few hours later, just before midnight, officers were called back to the apartment by the girlfriend who said she had been assaulted by the man.

When officers arrived, they found the girlfriend outside suffering from injuries to her head and face.

The man could be heard in his apartment yelling and again began throwing large items out of the apartment, including the appliances.

The man would not talk to

police or surrender and the SWAT and hostage negotiation teams were called to the scene, Benabou said.

Police attempted for several hours to talk the man into leaving the apartment on his own, but he would not and at around 5 a.m. on Friday morning, the SWAT team entered the apartment.

A police dog was used to find the man, who had barricaded himself in the bathroom. He hit the dog with a stick, police said.

By the time officers got into the bathroom, the man used a piece of glass to cut his own neck but the officers were able to stop him from further harming himself and a medic provided first aid.

The man, a 42-year-old whose name isn't being released by police, was taken to the hospital for treatment and psychological evaluation.

## Fraudulent \$3 Credit Card Charge Leads To Cold Case Murder Arrest

A fraudulent \$3 credit card charge in Utah over the weekend helped catch a suspect in a cold case in Castro Valley.

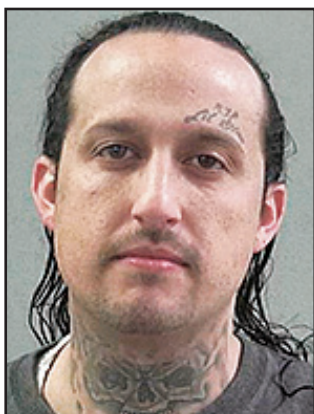
Cody Tripp, 33, had been on the Alameda County Sheriff's Office Most Wanted list for the

slaying of 29-year-old Hayward resident Jordan Vigil.

Vigil's body was found in Tripp's home on the 4300 block of Omega Avenue back on May 14, 2012. Vigil's murder was discovered when Alameda County Sheriff's deputies were doing a probation check at Tripp's home and found Vigil dead in the garage.

Tripp was on the run and using a false name when he allegedly used a stolen credit card at a convenience store in Ogden, Utah.

Ogden police Det. Rachel Walker discovered that the credit card had been reported stolen by the rightful owner during a move and traced the card back to the moving company and discovered fake immigration documents



Cody Tripp

which were eventually tied to Tripp.

Tripp was arrested at his apartment near Salt Lake City and is awaiting extradition back to California.

## Man Arrested Downtown for Possession of Assault Rifle

San Leandro police investigating a fraudulent credit card at a paint store downtown wound up discovering a felon in possession of an assault rifle.

When officers arrived at the store to speak with the woman who was using the credit card, they found her with a friend identified as Daniel Lamar, a 30-year-old Oakland resident, according to a press release from the San Leandro police.

Lamar was on probation for a previous firearm violation, so officers were able to search his car. Inside they found a subcompact assault rifle with a high-capacity magazine loaded with 39 rounds

of ammunition.

Lamar is a convicted felon with a criminal history in four counties in California and is currently on probation for a weapons-related arrest last year here in Alameda County, according to Lt. Isaac Benabou of the San Leandro police.

The Alameda County District Attorney charged Lamar with three felony crimes and one enhancement charge. Lamar remains in custody at Santa Rita Jail in Dublin.

The woman involved in the case was not arrested as the business declined to press charges.

## Hygiene Product Donation Drive

The Alameda County Commission on the Status of Women is partnering with women-owned businesses in San Leandro to raise donations of menstrual hygiene products to serve women and girls in Alameda County.

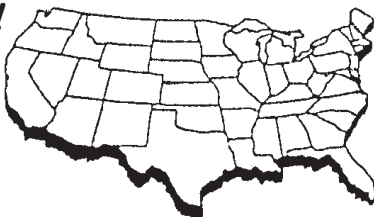
Come support these local businesses and bring your donations of packaged, unopened menstrual hygiene products. A donation bin will be at the following locations over the next four weeks: March 30 through April 5 at Sons of Liberty Alehouse; April 6 and 7 at As Kneaded Bakery; April 8 through April 15 at Zocalo's; and April 16 through April 21 at Crossfit San Leandro.

### CROSSWORD ANSWERS

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# NEIGHBORS



Some of the people who visited the National Chavez Center were, Andres Chavez, grandson of Cesar and Helen Chavez; Lorena Rosas, president of San Lorenzo High's La Raza Club; Karina Lopez, vice president of San Lorenzo High's La Raza Club; Elena Solis, teacher and club advisor; Paul F. Chavez, son of Cesar and Helen Chavez and President of the Chavez Foundation.

## Students Visit National Chavez Center

Fifty students from San Lorenzo High School traveled to the National Chavez Center in Keene, California Wednesday, March 13 to participate in a day of service for and celebration of the life of Cesar Chavez.

Included in the day were opportunities for service, celebration and a chance to meet

with and talk to members of the Chavez family. Andres Chavez, grandson of Cesar Chavez, gave the students a personal tour of the facility. The students had a chance to talk with Paul F. Chavez, sixth child of Cesar and Helen Chavez.

This was an experience, not to be forgotten by all that participated.

## IN THE SERVICE

U.S. Air Force Airman 1st Class **Jhon Paulo M. Espiritu** graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training also earn four credits toward an associate in applied sci-



Airman 1st Class  
Jhon Paulo M. Espiritu

ence degree through the Community College of the Air Force.

Espiritu earned distinction as an honor graduate.

He is the brother of **Ma Cecilia E. Quineri** and **John Emmanuel M. Espiritu** and son-in-law of **Napthali Quineri** of San Leandro.

The airman is a 2011 graduate of Maryhill College, New York, New York.

### HOROSCOPE by Salomé

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- ARIES (March 21 to April 19)** A suggestion from a colleague on how to work out a problem might not sit too well with you. But before you suspect his or her motives, why not just accept it as a friendly gesture?
- TAURUS (April 20 to May 20)** An associate might seek your counsel on a workplace dispute with another co-worker. Listen to what she or he has to say, but withhold advice until you've heard the other side of the story.
- GEMINI (May 21 to June 20)** Use your Twin gifts for creativity and practicality to score points in landing an opportunity that could open doors to a new career. Someone returns after a long absence.
- CANCER (June 21 to July 22)** Although things are pretty hectic through much of the week, some quiet time with loved ones helps restore balance. An unexpected visitor brings welcome news about a mutual friend.
- LEO (July 23 to August 22)** Getting used to change isn't always easy for the Big Cat. But make the adjustments gradually, and soon you'll hardly remember when things were any different from how they are now.
- VIRGO (August 23 to September 22)** Continue to stay the course you've chosen, and avoid distractions that could throw you off track. Some knowledgeable folks are happy to provide guidance if you need it.
- LIBRA (September 23 to October 22)** Although you earned plaudits from most co-workers for your recent stand on a workplace situation, you also raised the envy quotient among others. Tread carefully for now.
- SCORPIO (October 23 to November 21)** You feel more positive about that delayed project, and you're ready to pick it up on a moment's notice. However, you might need to re-motivate those who have since lost interest.
- SAGITTARIUS (November 22 to December 21)** Some welcome news should be coming your way. In the meantime, use that Sagittarius charm to convince some still-reluctant colleagues that your ideas have merit.
- CAPRICORN (December 22 to January 19)** Don't wait for a misunderstanding to work itself out. Instead, ask for a chance to explain the circumstances before those bruised feelings lead to an irreversible break.
- AQUARIUS (January 20 to February 18)** A physical problem should be checked out in order to avoid it going from just being a nuisance to something more serious. Your social life takes an unexpected but not unwelcome turn.
- PISCES (February 19 to March 20)** Yours might be the wisest sign in the Zodiac. But you still could benefit from the wisdom of a close friend who has suggestions on how to handle a perplexing personal problem.

## WATCH BATTERIES DONE RIGHT

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## COMMUNITY CALENDAR



### ❖ Joint LeTip Mixer

The San Leandro, Oakland and the Hayward Castro Valley LeTip Chapters are holding a joint mixer to share the success of LeTip membership tonight, March 28, from 5:30 to 7:30 p.m. at The Vine Wine and Tapas, 135 Parrott St. in San Leandro. LeTip is a professional organization whose purpose is the exchange of business leads. Come see how LeTip can help your business sales grow. For more information, call Robert at 912-0555 or Aaron at 283-3760.

### ❖ Meeting of the SL Democratic Club

The San Leandro Democratic Club will have its monthly meeting tonight, March 28, from 6:30 to 8 p.m. in the Trustee Room of the San Leandro Main Library, 300 Estudillo Ave.

### ❖ Stand-up Comedy at the Englander Pub

Michael D. Booker and Plethos Production present *That's What She Said*, an evening of standup comedy at The Englander Pub, 101 Parrott St. in downtown San Leandro, on Saturday, March 30, at 7 p.m. The show is a benefit for Plethos Production's Women's Empowerment Nonprofit group. Tickets are \$10 by calling 582-4092.

### ❖ Film Screening and Discussion

Join in the celebration of Cesar Chavez's birthday on Saturday, March 30, at 2 p.m. at the San Leandro Main Library, 300 Estudillo Ave. with a film screening of *Viva la Causa*. There will be a short discussion after the film. Refreshments will be provided. Free, no registration. *Viva la Causa* tells the story of how the powerless stood up to the powerful and gained their victory, not by violence and weapons, but by their will.

### ❖ Buon Tempo Club Anniversary Dinner

The Buon Tempo Club is having its 61st Anniversary Dinner on Tuesday, April 2, at 7 p.m. (happy hour at 6 P.M.) at Transfiguration Church 4000 E. Castro Valley Blvd. in Castro Valley. The dinner is open to everyone. Chef Joseph Sotello and his crew will be serving a five course roast beef and potatoes family style dinner, including red and white wine, sodas, and dessert. The cost is \$15 for members, and \$20 for non-members. Make reservations by Friday, March 30 by calling the Buon Tempo Dinner line at 483-6929 or for more information, go to the website at [www.buontempo.org](http://www.buontempo.org).

### ❖ SL Parkinson's Support Group Meeting

The San Leandro Parkinson's support group will meet on Thursday, April 4, at 10:30 a.m. at the San Lorenzo Community Church, 945 Paseo Grande in San Lorenzo. The speaker will be Barbara Blaze from Magnolia Wellness. For more information, call Lona White at 276-3119.

### ❖ Gypsy at SLHS Performing Arts Center

The musical *Gypsy* will open on Friday, April 5, at the San Leandro High Performing Arts Center, 2250 Bancroft Ave. featuring students from San Leandro High School as well as several children from elementary schools. Loosely based on the life of Gypsy Rose Lee, the show features singing and dancing that will send you home humming. The show runs Fridays and Saturdays at 7:30 p.m. and Sundays at 2 p.m. the first two weekends in April (April 5, 6 and 7, and again on April 12, 13 and 14).

### ❖ San Leandro Readers Roundtable

The San Leandro Readers Roundtable meets Saturday, April 6, at 2 p.m. at the San Leandro Main Library, 300 Estudillo Ave., to discuss *Killers of the Flower Moon*, David Grann's true account of greed, serial murder, and racial injustice. All are welcome, and all books discussed are available for purchase in the Library's Booktique bookstore.

### ❖ SLHS Crab Feed and Silent Auction

The annual SLHS Crab Feed with Silent Auction will be held on Saturday, April 6, beginning at 6 p.m. at the Senior Community Center, located at 13909 E. 14th Street. This is the biggest fundraiser of the year for SLHS athletics and the United Parents group. There will be a DJ, plus loads of crab, pasta, and salad. No-host wine and beer. A portion of your ticket price will go towards the team or parent group of your choice. Tickets must be purchased in advance at [www.slhsunitedparents.com](http://www.slhsunitedparents.com)

### ❖ San Leandro Library Spring Book Sale

The Friends of the San Leandro Library will hold the Spring Two-Day Book Sale on Saturday and Sunday, April 6 and 7, at the San Leandro Main Library, 300 Estudillo Ave. with over 10,000 books at bargain prices. The sale runs from 11 a.m. to 4 p.m. on Saturday. On Sunday, books will be on sale from noon to 3 p.m. for \$2 per bag. Friends of the Library members are allowed in to the members preview from 9 to 11 a.m. on Saturday. Membership is \$10 per person or \$15 for a family. You may register or renew your membership at the door on the day of the sale or you can pick up a membership application at the Main Library. For more information, call the San Leandro Library information desk at 577-3971.

### ❖ San Leandro Art Association's Meeting

The San Leandro Art Association's monthly meeting will be on Tuesday, April 9, at the San Leandro Main Library, 300 Estudillo Ave. Snacks and beverages will be served at 6:30 p.m., a short meeting begins at 7 p.m., and an art demonstration starts at 7:30 p.m. Beckie R. Underwood will demonstrate the Donna Dewberry Method of one-stroke painting where you blend, shade and highlight with one stroke of the brush. The public is welcome.

### ❖ Feng Shui Class at Manor Library

Find out what Feng Shui is all about on Wednesday, April 10, from 6 to 7:30 p.m. at Manor Library, 1241 Manor Blvd. in San Leandro. Learn how to apply Traditional Feng Shui principles to your home, business, and life. Manu Butterworth, founding director of Golden Gate Feng Shui School in Oakland, will be presenting.

### ❖ You Can't Take It With You

The San Leandro Players will present *You Can't Take It With You*, one of America's best loved classic comedies, at the San Leandro Museum/Auditorium, 320 West Estudillo Ave., running until April 14. The show runs Saturdays at 8 p.m. and Sundays at 2 p.m., plus two Fridays at 8 p.m. on April 5 and April 12. Tickets are \$20 general, and \$15 for seniors TBA members, under 12 and students. For information or reservations call 895-2573, or order tickets online at [www.slplayers.org](http://www.slplayers.org).

Calendar items should be submitted at least one week prior to the desired edition of the Times, which is published Thursdays. Space limitations require we print items of the most general interest. Only Non-Profit Organizations should submit calendar items.



Shred Documents for Free at Public Works

The City of San Leandro Recycling Program is hosting a free document shredding and techno trash recycling event on Saturday, April 6, from 9 a.m. to 1 p.m. at the Public Works Service Center, 14200 Chapman Road.

Bring paper documents free of binder clips, plastic report covers and binders. Small paper clips, envelopes and manila file folders will be accepted. Participants are limited to four record boxes (12"x10"x15") or the equivalent.

Service will be on a first come, first served basis and limited to the capacity of two com-

mercial-sized shredding trucks. All documents will be securely shredded onsite and recycled.

Residents may also bring techno trash such as floppy disks, CDs, DVDs, audio and video tapes, jewel cases and toner cartridges for recycling. Techno trash should be kept separate from documents to be shredded.

E-waste including computers, monitors, printers televisions, VCRs, and stereos will not be accepted.

For more information, visit [www.RecycleSanLeandro.org](http://www.RecycleSanLeandro.org) or call the City's Recycling Hotline at 577-6026.

SL Hospital Auxiliary Healthcare Scholarships

The San Leandro Hospital Volunteer Auxiliary is now accepting applications for its annual healthcare scholarship program.

Each year, the Auxiliary awards scholarships to college students and graduating high school seniors pursuing medical careers.

To be eligible, these students must live in San Leandro or San Lorenzo and enrolled in health-care-related studies. Scholarships will be awarded in June for studies starting in the fall.

Since 1972, the San Leandro Hospital Auxiliary volunteers have donated more than \$512,000 in scholarships. Past scholar-

ship recipients have gone on to become physicians, nurses and health professionals.

Applications are available at the information desk or in the gift shop in the lobby at San Leandro Hospital, 13855 East 14th Street. Students can also request an application from a career counselor at San Leandro or Arroyo high schools. The deadline to apply is April 12.

For more information about the San Leandro Hospital Auxiliary scholarship program or if you are retired and interested in volunteering at the hospital, call 667-4501 between 10 a.m. and 4 p.m. Monday through Friday.

Friends of SL Library to Host Spring Book Sale on April 6

The Friends of the San Leandro Library will hold the Spring Two-Day Book Sale on Saturday and Sunday, April 6 and 7, at the San Leandro Main Library, 300 Estudillo Ave. with over 10,000 books at bargain prices.

The sale runs from 11 a.m. to 4 p.m. on Saturday. On Sunday, books will be on sale from noon to 3 p.m. for \$2 per bag.

Friends of the Library members are allowed in to the members preview from 9 to 11 a.m. on Saturday. Membership is \$10 per person or \$15 for a family. You may register or renew your membership at the door on the day of the sale or you can pick up a membership application at the Main Library. For more information, call the San Leandro Library information desk at 577-3971.

LEGAL NOTICE

FILED  
FEBRUARY 22, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 555608

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
Rose Garden Restaurant located at 15754 E. 14th Street, San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Wei Zhong Guo, 1383 Chapel Avenue, San Leandro, CA 94579. This business is conducted by an individual. This business commenced on 06-01-2002.  
/s/Wei Zhong Guo  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires FEBRUARY 22, 2024  
**MAR. 7, 14, 21, 28, 2019 0023-SLT**

FILED  
FEBRUARY 27, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 555765

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
Alameda County Appliance located at 2039 Juneau Street, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): 1. Michael J. Herrera and 2. Edelmira Herrera, 2039 Juneau Street, San Leandro, CA 94577. This business is conducted by a married couple. This business commenced in 2000.  
/s/Michael J. Herrera, Edelmira Herrera  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires FEBRUARY 26, 2024  
**MAR. 7, 14, 21, 28, 2019 0024-SLT**

FILED  
FEBRUARY 26, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 555751

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
Nate's Electrical Services located at 812 Adeline Street, Hayward, CA 94544, in Alameda County is hereby registered by the following owner(s): Nate Munoz, 812 Adeline Street, Hayward, CA 94544. This business is conducted by an individual. This business commenced on 05-20-09.  
/s/Nate Munoz  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires FEBRUARY 26, 2024  
**MAR. 7, 14, 21, 28, 2019 0025-SLT**

FILED  
FEBRUARY 26, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 555755

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
East Bay Frame & Axle located at 1366 Doolittle Drive #3, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): EBF Holdings, LLC, 15768 Washington Avenue, San Lorenzo, CA 94580. This business is conducted by a Limited Liability Company. This business commenced on N/A.  
/s/EBF Holdings, LLC  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires FEBRUARY 26, 2024  
**MAR. 7, 14, 21, 28, 2019 0026-SLT**

FILED  
FEBRUARY 13, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 555165

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
Star Transit located at 16859 Train Station Court, Lathrop, CA 95330, in San Joaquin County is hereby registered by the following owner(s): Goswami Son's Inc., 16859 Train Station Court, Lathrop, CA 95330. This business is conducted by a corporation. This business commenced on N/A.  
/s/Goswami Son's Inc.  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires FEBRUARY 13, 2024  
**MAR. 7, 14, 21, 28, 2019 0027-SLT**

FILED  
FEBRUARY 19, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 555434

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
BD Consulting Services located at 961 Lee Avenue, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Bettina Sanchez Barreal, 961 Lee Avenue, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on N/A.  
/s/Bettina Sanchez Barreal  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires FEBRUARY 19, 2024  
**MAR. 7, 14, 21, 28, 2019 0028-SLT**

FILED  
FEBRUARY 21, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 555539

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
EDUCARE Educational Childcare located at 1362 Carpentier Street, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Nelida Ricardo, 1362 Carpentier Street, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on N/A.  
/s/Nelida Ricardo  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires FEBRUARY 21, 2024  
**MAR. 14, 21, 28, APR. 4, 2019 0029-SLT**

FILED  
MARCH 06, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 556067

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
M&R Apartments located at 2424 94th Avenue, Oakland, CA 94603, in Alameda County is hereby registered by the following owner(s): (1) Irma Ramirez and (2) Jose Mata, 1769 140th Avenue, San Leandro, CA 94578. This business is conducted by a married couple. This business commenced in 2000.  
/s/Irma Ramirez, Jose Mata  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires MARCH 06, 2024  
**MAR. 14, 21, 28, APR. 4, 2019 0030-SLT**

FILED  
FEBRUARY 14, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 555305

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
Aniki's Sushi located at 3810 Mowry Avenue, Fremont, CA 94538, in Alameda County is hereby registered by the following owner(s): White on White, INC., 3810 Mowry Avenue, Fremont, CA 94538. This business is conducted by a corporation. This business commenced in 01-02-19.  
/s/White on White, INC.  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires FEBRUARY 14, 2024  
**MAR. 14, 21, 28, APR. 4, 2019 0033-SLT**

FILED  
MARCH 11, 2019  
STEVE MANNING  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 556294

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
Melissa Michelle Grooming located at 1109 MacArthur Blvd, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Melissa Tillman, 875 Begier Avenue, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on N/A.  
/s/Melissa Tillman  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires MARCH 11, 2024  
**MAR. 21, 28, APR. 4, 11, 2019 0032-SLT**

FILED  
FEBRUARY 11, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 555154

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
Red Lion Plumbing and Rooter located at 824 Williams Street, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Luis Martinez, 824 Williams Street, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on N/A.  
/s/Luis Martinez  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires FEBRUARY 11, 2024  
**MAR. 21, 28, APR. 4, 11, 2019 0034-SLT**

FILED  
FEBRUARY 13, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 555208

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
Al's Detailing located at 15785 Washington Avenue, San Lorenzo, CA 94580, in Alameda County is hereby registered by the following owner(s): Alan Quisenberry, 281 Juana Avenue, Apt. 305, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on 02-06-12.  
/s/Alan Quisenberry  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires FEBRUARY 13, 2024  
**MAR. 21, 28, APR. 4, 11, 2019 0035-SLT**

FILED  
FEBRUARY 26, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 555717

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
The New Fairmont Beauty Salon located at 1596 150th Avenue, San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Violante Pereira, 593 Grove Way, Hayward, CA 94541. This business is conducted by an individual. This business commenced on 2-1-2010.  
/s/Violante Pereira  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires FEBRUARY 26, 2024  
**MAR. 21, 28, APR. 4, 11, 2019 0036-SLT**

FILED  
NOVEMBER 02, 2018  
STEVE MANNING  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 551524

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
Carrie's Learning Space located at 1471 166th Avenue, San Leandro, CA 94578, in Alameda County is hereby registered by the following owner(s): Carrie Banks, 1471 166th Avenue, San Leandro, CA 94578. This business is conducted by an individual. This business commenced on 4/20/2018.  
/s/Carrie Banks  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires NOVEMBER 02, 2023  
**MAR. 21, 28, APR. 4, 11, 2019 0037-SLT**

FILED  
MARCH 14, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 556520

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
Bay Du Acupuncture Herbs located at 237 Estudillo Avenue #202, San Leandro, CA 94577, in Alameda County is hereby registered by the following owner(s): Jia Zhong Du, 400 Springlake Drive, San Leandro, CA 94578. This business is conducted by an individual. This business commenced on 10/09/2018.  
/s/Jia Zhong Du  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires MARCH 14, 2024  
**MAR. 28, APR. 4, 11, 18, 2019 0048-SLT**

FILED  
MARCH 21, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 556826

**FICTITIOUS BUSINESS NAME STATEMENT**  
Pursuant to Business and Professions Code Sections 17900-17930

The name of the business:  
WAVZ ULTRASOUND located at 17257 Via La Jolla, San Lorenzo, CA 94580, in Alameda County is hereby registered by the following owner(s): Raymond Zeng, 17257 Via La Jolla, San Lorenzo, CA 94580. This business is conducted by an individual. This business commenced on N/A.  
/s/Raymond Zeng  
This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above.  
Expires MARCH 21, 2024  
**MAR. 28, APR. 4, 11, 18, 2019 0050-SLT**

**Public Notice Registered Assumed Name**

State, California, Alameda County

Please be advised that Comeaux, Julian, living at 1159 Sandelin Ave, San Leandro, CA [94577], is Executor/Beneficiary/Name holder of the business now being carried on at 1159 Sandelin Ave, San Leandro, CA [94577], in the following assumed name, to wit: JULIAN COMEAUX; and the nature of the said business is commerce

File Number: 1073184100023,  
Date Filed: March 7, 2019  
Status: Active/Good Standing.  
**MAR. 14, 21, 28, APR. 4, 2019 0031-SLT**

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# HEALTH & FITNESS

## After Stroke Strikes, What Comes Next?

The American Heart /Stroke Association, the world's leading voluntary health organization devoted to fighting cardiovascular disease and stroke, wants stroke survivors to know that while life may be different after a stroke, rehabilitation can help them regain some independence, decrease chances of another stroke and provide new goals to work toward.

Worldwide, stroke is the No. 2 cause of death and is a leading cause of long-term disability. Stroke is more disabling than it is fatal.

However, stroke is largely beatable through high-quality rehabilitation and patient support and implementation of the Association's Rehabilitation Guidelines.

"Rehabilitation is key to recovery after stroke," said Olajide Williams, M.D., of the Clinical Neurology Columbia University Medical Center and an American Stroke Association volunteer. "But up to a third of people who have

a stroke do not participate in a rehab program."

Stroke rehabilitation can help patients build their strength, capabilities and confidence, potentially regaining skills and returning to independent living.

Rehab can also help patients better manage other conditions they have, which may affect daily living or their risk for a second stroke.

"Stroke recovery begins the moment you suspect a stroke," said Williams. "The sooner a person can be treated for stroke, the more likely he or she is to have a successful outcome."

He advises everyone to be ready to respond F.A.S.T. if they suspect a stroke.

The acronym "F.A.S.T." represents the most common stroke warning signs and stands for:

- Face Drooping—Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven?
- Arm Weakness—Is one

arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

- Speech Difficulty—Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple sentence, like "The sky is blue."

- Time to Call 9-1-1—If someone shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get to a hospital immediately. (Tip: Check the time so you'll know when the first symptoms appeared.)

Education about F.A.S.T. is a part of the American Stroke Association's Together to End Stroke initiative, nationally sponsored by Medtronic. Together, the two organizations aim to help people to easily recognize the most common stroke warning signs to improve stroke outcomes.

For more information and a full list of the stroke warning signs, visit [www.StrokeAssociation.org/](http://www.StrokeAssociation.org/)



## At Risk for Hepatitis? Medicare Can Help

By Greg Dill  
Special to the Times

Viral hepatitis, an inflammation of the liver, causes more than a million deaths per year worldwide — about the same number of deaths caused by tuberculosis and HIV combined.

Fortunately, Medicare can help protect you from Hepatitis B and Hepatitis C, the most common types of viral hepatitis in the U.S.

Hepatitis is contagious. The Hepatitis B virus, for example, spreads through contact with the blood or other body fluids of an infected person. People can also get infected by coming in contact with a contaminated object, where the virus can live for up to 7 days.

Hepatitis B can range from being a mild illness, lasting a few weeks (acute), to a serious long-term illness (chronic) that can lead to liver disease or liver cancer.

Medicare Part B covers Hepatitis B shots, which usually are

given as a series of 3 shots over a 6-month period. You need all 3 shots for complete protection.

Medicare covers these shots for people at medium or high risk for Hepatitis B.

Risk factors include hemophilia, end-stage renal disease, diabetes, if you live with someone who has Hepatitis B, or if you're a health care worker and have frequent contact with blood or body fluids.

Check with your doctor to see if you're at medium or high risk for Hepatitis B.

You pay nothing for Hepatitis B shots if your doctor or other qualified health care provider accepts Medicare payment.

Medicare also covers a one-time Hepatitis C screening test if your primary care doctor or practitioner orders it and you meet one of these conditions:

- You're at high risk because you have a current or past history of illicit injection-drug use;
- You had a blood transfusion before 1992;
- You were born between

1945 and 1965.

Medicare also covers yearly repeat screenings for certain people at high risk.

Medicare will only cover Hepatitis C screening tests if they're ordered by a primary-care doctor or other primary-care provider. You pay nothing for the screening test if the doctor or other qualified health care provider accepts Medicare payment.

Hepatitis shots and screening are among the many preventive-health services that Medicare helps pay for. These screenings and tests help detect preventable and chronic diseases early, in their most treatable stages.

Here are some other preventive-health measures Medicare covers:

- Alcohol misuse screening and counseling;
- Bone mass measurement (This test checks whether you're at risk for broken bones);
- Breast cancer screening (mammograms);
- Cardiovascular disease screening (This includes blood tests that help detect conditions that may lead to a heart attack or stroke);
- Cervical and vaginal cancer screening;
- Colorectal cancer screening (This helps find precancerous growths or cancer early, when treatment is most effective);
- Diabetes screening and diabetes self-management training;
- Flu and pneumococcal shots;
- Glaucoma tests;
- HIV screening;
- Lung cancer screening;
- Obesity screening and counseling;
- Prostate cancer screening;
- Smoking and tobacco-use cessation counseling (to help you stop smoking or using tobacco products).

You pay nothing for most Medicare-covered preventive services if you get the services from a doctor or other qualified health care provider who accepts Medicare payment.

However, for some preventive services, you may have to pay a deductible, coinsurance, or both. These costs may also apply if you get a preventive service in the same visit as a non-preventive service.

Greg Dill is Medicare's regional administrator for California.



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## LIFESTYLE



Betty Crocker's Blueberry Muffins

## Muffins: A Springtime Favorite

Few things warm a spring table better than a basket of homemade muffins. But who has the time?

Almost anyone, actually.

Dependable modern leavenings and ovens make baking relatively easy.

Muffins rely on their leavening agents (baking powder, baking soda) to rise. Unlike the creaming method that you would use to make cookies, which aerates the mixture, muffins do not.

So it's important that your leavening agents are fresh and have not expired.

To test your baking soda: add 1 teaspoon to a 1/4 cup of vinegar. If it bubbles, it's good to use. If it doesn't, throw it out!

To test your baking powder: add 1 teaspoon to 1/4 cup of hot water. If it bubbles, then it's good to use. If it doesn't, throw it out!

Because you want to mix as lightly as possible, it's better

to make muffins by hand than to use your mixer. By mixing your muffins by hand you will ensure that you do not over mix them.

A simple spatula will do to bring the wet and dry ingredients together.

As a general rule, first combine your dry ingredients in one bowl and simply whisk to combine. In a second bowl, combine your wet ingredients (milk, oil or melted butter, eggs). Then create a well in your dry ingredients, add your wet ingredients and combine them.

**BETTY CROCKER'S BLUEBERRY MUFFINS**

Cooking spray to grease muffin cups

1 cup fresh or frozen blueberries  
1 cup milk  
1/4 cup vegetable oil  
1/2 teaspoon vanilla  
1 large egg

2 cups all-purpose flour  
1/3 cup granulated sugar  
3 teaspoons baking powder  
1/2 teaspoon salt

Heat oven to 400°F. Spray just the bottoms of 12 regular-size muffin cups with the cooking spray.

Rinse fresh blueberries with cool water, and discard any crushed ones. If using frozen, *do not thaw*. Pull off any stems from blueberries.

In a large bowl, beat the milk, oil, vanilla and egg with a fork or wire whisk until well mixed. Stir in the flour, sugar, baking powder and salt all at once just until the flour is moistened. The batter will be lumpy. If the batter is mixed too much, the muffins will have high peaks instead of being rounded.

Carefully stir in the blueberries. Spoon the batter into the muffin cups, dividing batter evenly.

Bake 20 to 25 minutes or until golden brown. Let stand about 5

minutes in the pan, then remove muffins from pan to a cooling rack. If baked in paper baking cups, immediately remove muffins from the pan to a cooling rack. Serve warm or cool. Yields 12.

**FRESH ORANGE MUFFINS**

*Orange Glaze (Optional)*  
2/3 cup powdered sugar  
2 tablespoons orange juice  
1 teaspoon orange zest

Mix well to a pourable consistency. Add a few more drops of juice or increase sugar if needed to achieve right consistency.

*Muffins*

Orange pulp from 2 tangerines  
3/4 cup orange juice  
1 egg plus 1 egg yolk  
2 tablespoons orange zest  
1-1/2 sticks butter at room temperature  
1-1/4 cups sugar  
2-1/2 cups flour  
1 teaspoon baking soda  
1 teaspoon baking powder  
1/4 teaspoon salt

Preheat oven to 190°F. Spray or line a muffin tin with paper liners.

Sift flour, baking powder and salt and set aside.

In a bowl, beat butter and sugar until light and fluffy. Add eggs and orange zest and beat well. Add the orange pulp and juice and mix well. Add the flour in two to three batches and fold it in with a spatula. Do not over beat. Divide equally into 16 muffin cups or fill cups 3/4 full.

Bake for 18-20 minutes or until a toothpick inserted in the center of the cupcake comes out clean.

Sprinkle with orange glaze if desired. Yields 16 muffins.

**PRUNE & WALNUT SPICED MUFFINS**

1 cup whole-wheat flour  
1 cup all-purpose flour

2 tablespoons brown sugar  
1 tablespoon baking powder  
1/2 teaspoon allspice  
1/2 teaspoon salt  
3/4 cup finely chopped pitted prunes  
2/3 cup chopped walnuts  
2 eggs  
1/2 cup melted butter  
1-1/3 cups milk

Preheat oven to 400°F. Liberally grease 12 muffin cups.

Combine flours, sugar, baking powder, allspice and salt in mixing bowl. Stir in prunes and walnuts, toss to coat.

Beat together the eggs, butter and milk. Stir the liquid ingredients into the dry ingredients, mixing just enough to moisten everything.

Spoon the batter into the muffin cups. Bake for 18 to 20 minutes, or until the tops are lightly browned and a toothpick comes out clean when inserted into the center of a muffin. Yields 12 muffins.

*Per serving: 195 cal., 6g protein, 23g carb., 10g fat, 49mg chol., 230mg sodium, 2g fiber.*

**PUMPKIN-APPLESAUCE MUFFINS**

Non-stick spray for greasing tins

3-1/3 cups flour  
2 teaspoons baking soda  
1/2 teaspoons baking powder  
2 teaspoons cinnamon  
1/2 teaspoon ground cloves  
1/2 teaspoon ground nutmeg  
1 teaspoon salt  
1/2 cup (1 stick) butter, softened  
2 cups sugar  
4 large eggs  
1 cup applesauce  
1 cup canned pumpkin puree  
1 teaspoon vanilla extract  
2/3 cups apple juice or cider  
1-1/2 cup raisins

Preheat oven to 375°F. Lightly coat 22 muffin cups with non-stick spray or grease with soft butter.

Sift together flour, baking

soda, baking powder, cinnamon, cloves, nutmeg and salt. Set aside.

With electric mixer, beat butter and sugar about 2 to 3 minutes, scraping down sides if needed. Add eggs, applesauce, pumpkin and vanilla; beat just until combined, scraping down sides as needed.

Mix in some of the dry ingredients, then some juice or cider. Repeat, mixing after each addition until smooth. Fold in raisins.

Spoon batter into muffin cups, filling each 2/3 full. Bake in middle of preheated oven 20 to 25 minutes or until a toothpick inserted in center comes out clean. Cool 5 minutes, then turn out onto rack. Serve warm or at room temperature. Makes about 22 muffins.

**CHEESE-APPLE MUFFINS**

1-1/2 cups flour  
1/2 cup yellow cornmeal  
1/2 cup diced dried apples  
1/4 cup firmly packed brown sugar  
1 tablespoon baking powder  
3/4 teaspoon cinnamon  
1 cup milk  
2 eggs, beaten  
1/2 cup cream-style cottage cheese  
1/4 cup butter, melted  
1/2 cup (2 ounces) shredded Cheddar cheese

Preheat oven to 400°F.

Combine flour, cornmeal, apples, sugar, baking powder and cinnamon in a large mixing bowl.

Combine milk, eggs, cottage cheese and butter in small mixing bowl. Stir liquid ingredients into dry ingredients just until combined. Stir in Cheddar cheese. Fill greased muffin cups 2/3 full. Bake 20 to 25 minutes, or until toothpick inserted in center comes out clean. Cool 5 minutes. Remove muffins from pan and cool slightly on wire rack. Makes 18 muffins.

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# SPRING HOME IMPROVEMENT



## Spring into Action

Spring is a season of renewal and a reminder to homeowners that warmer weather and more hours of sunshine each day are an invitation to get your house and yard ready for summer.

Smart home improvement projects deliver both cosmetic and utilitarian value. They can include anything from spring cleaning to remodeling your kitchen or putting in a new driveway.

So take a stroll through—and around—the house with paper and pencil in hand and jot down what needs doing. And don't forget the garage (or basement, if you have one) either. Those out-of-sight, out-of-mind places are often the most in need of attention.

On the following pages you'll find more ideas and important information for home improvement projects large and small.



## Home-Maintenance Checklist for Spring

✓ Examine roof shingles to see if any were lost or damaged during winter. If your home has an older roof covering, you may want to start a budget for replacement. Shingles that are cracked, buckled or loose or are missing granules need to be replaced. Flashing around plumbing vents, skylights and chimneys need to be checked and repaired by a qualified roofer.

✓ Examine the exterior of the chimney for signs of damage. Have the flue cleaned and inspected by a certified chimney sweep.

✓ Re-seal your driveway. Look for cracks and movement in your concrete and asphalt driveway. Fill cracks with a crack filler or sealer to prevent water from getting underneath your driveway. Re-seal your driveway to give it a fresh, new look.

✓ Use a screwdriver to probe the wood trim around windows, doors, railings and decks. Make repairs now before the spring rains do more damage to the exposed wood.

✓ Remove firewood stored near the home. Firewood should be stored at least 18 inches off

the ground at least 2 feet from the structure.

✓ Have a qualified heating and cooling contractor clean and service the outside unit of the air conditioning system. Clean coils operate more efficiently, and an annual service call will keep the system working at peak performance levels. Change interior filters on a regular basis.

✓ Check your gas- and battery-powered lawn equipment to make sure it is ready for summer use. Clean equipment and sharp cutting blades will make yard-work easier.

✓ Clean your gutters. It's that time again to remove all the branches and leaves from your gutters.

✓ Check for any holes in your siding and overhangs. These holes become the nesting points of various forms of wildlife. Over time the nests become deeper and more damaging as the animals make themselves more comfortable.

✓ Remember to clean or replace filters. Check and clean the dryer vent, air conditioner, stove hood, and room fans. Keep heating and cooling vents clean and free from furniture and draperies.



## Five Musts for a Low-Stress Home Improvement Project

Owning your own home is a life accomplishment for many adults, and keeping it looking sharp and adding your personal touches brings a sense of pride.

It seems there are always things you want to improve, so don't let a limited budget or lack of know-how hold you back from dreaming. There are plenty of ways to enhance a room or remake a space without breaking the bank, along with many resources out there to show you how.

With a little research and a weekend or two of elbow grease, your budget and your abilities are more than enough to take on many smaller jobs.

When you're done, the satisfaction you'll experience from a successful DIY project will give you plenty of motivation to start the next improvement.

Before you launch your plans, here are a few tips for an affordable and stress-free DIY project.

### 1. Map it out

Prioritize the projects you'd like to tackle first. Whether it's painting the living room, replacing the kitchen countertops or retiling the bathroom, the project will be much less stressful when you have solid planning behind it.

Set a realistic schedule, gather your supplies in advance and be

sure and review instructions before starting.

If you're making an improvement for a special event or out-of-town guests, give yourself ample time to complete it so you're not adding stress to the project.

### 2. Find ways to cover costs

Make a budget for your project that includes a list of expected expenses and add padding for the unexpected. Assess what funds you have available, and if you don't have enough, consider a savings plan so you can avoid paying interest and fees on a credit card.

### 3. Find available resources

If you're like most DIYers, you'll find online videos and home improvement websites are great sources for how-to tips and information. And if you're a novice, take advantage of the vast information that's available at your fingertips and review several sources so that you completely understand the process and are confident before you dive in.

Don't be afraid to tap friends, family members and neighbors who have completed similar projects, as they can be good advisers and may even offer to help! You can reward them by inviting them back to your newly improved home to just relax and enjoy.

### 4. Keep it light

Doing DIY projects with a spouse or a family member can be fun if you take the right approach. When working alongside each other, it's all too easy to take a frustration out on each other. Two-thirds of those surveyed in a recent survey said they do projects with others in their household, and 65 percent said they got into a disagreement during a home DIY project.

Minimize tension by creating clear expectations and give everyone a defined role. Take needed breaks and acknowledge accomplishments along the way. Keeping things calm and positive ensures everyone feels good about their contribution.

### 5. When mistakes are made

Most homeowners are not professional contractors and projects can — and do — go wrong.

If you make a mistake, do your best to correct it and don't beat yourself up. Focus on the fact you're making progress in getting your house just the way you want it and saving money by doing it yourself. Next time, you will be that much more proficient!

According to the survey, 90 percent of homeowners say they feel a sense of pride after completing a DIY project. Pat yourself on the back and plan your next DIY endeavor!

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# Spring Cleaning

For many, spring cleaning is something of a tradition, a ritual. But things have changed. The days of dipping an old mop into a tin bucket filled with gray water belong to another era. In the age of smart cars and smartphones, cleaning has become smarter as well.

Here are a few smart innovations that will make your spring cleaning routine much more efficient and thorough.

1. Breathe easy. It's easy to spend the lion's share of your time trying to tackle the stains, dust and smudges in your home. However, one of the most important parts of your home to clean is the part you can't see. We're talking about air quality, of course.

Opening windows and placing plants around your home is a good way to start, but if you really want to get serious, put an air purifier to work. With sensors to monitor the air quality, these new, cutting-edge purifiers are perfect for anyone who suffers from allergies.

2. Multi-task like never before. By now, most of us are

familiar with robot vacuums. Having one of these zoom around your home on cleaning days frees you up to do other things, saving you time and making manual vacuuming a thing of the past.

Over the years, the technology has advanced so that nowadays these nifty cleaning assistants are quieter than ever before — some even come equipped with a camera to monitor your home while you're away!

3. Use the power of light. The battle against germs is a year-round endeavor. This spring, instead of repeating the old routine of a rag and some harsh cleaner, which often can spread more germs than it kills, try a UV sanitizing wand.

These simple devices use a powerful ultraviolet light to kill odor-causing bacteria and germs on hard surfaces. It's the same technology used in many hospitals and is perfect for bathrooms, kitchens, even cleaning your kids' toys.

4. Let your appliances do more work. Have you ever wondered whether your oven, dishwasher and refrigerator could be doing a little more to reach their full potential? If so, you probably have yet to use the new generation of smart appliances. Many are Wi-Fi enabled, allowing you to monitor dishwashing and laundry cycles, remotely clean the oven or even check the air quality at home from your phone or computer while you are out of the house.

Far from being a chore, spring cleaning is a celebration, a chance to chase away the stuffiness of winter and bring a fresh, revitalizing feeling into your house. With the help of new technology, it's even easier to get a start on this season of growth and regeneration.



# SPRING HOME IMPROVEMENT



## Paint Like a Pro

Preparation is 90 percent of a successful paint job. Cover and protect furniture and floors with drop cloths, take some time to fill holes and cracks with spackle and then sand the area smooth.

Make sure to spot prime the spackled areas with paint-plus-primer in one and allow to dry. Next, wipe down all the surfaces with a damp cloth and apply painter's tape, such as Scotch-Blue Painter's Tape, to prevent paint from bleeding onto windows, doors and trim.

After prepping the space properly, you're ready to paint. Start by giving your paint a good long stir with a stirring stick until the paint is uniform in thickness and appearance.

When using a paintbrush, start by holding the metal band around the brush securely. Don't be timid and only dip the tip, but dip the brush about a third into the paint. Tap the brush lightly inside the can or bucket to prevent dripping.

Next, paint the wall with horizontal and vertical strokes in approximately 2-foot square sections at a time.

Brush from unpainted areas into freshly painting ones so that all the sections blend invisibly together.

Long, smooth strokes produce a better finish than short, choppy ones. Finish each stroke with a light, lifting motion toward the last wet edge to help prevent brush marks. Remember, brushing the paint out too thinly can reduce proper hiding qualities. As the brush begins to run out of paint, refill it.

For a roller, fill a tray with about one-half inch of paint and dip the roller into the paint, using short strokes to ensure all areas of the roller are covered. Then, in three- to four-foot sections, apply the paint in a "W" pattern. Always finish with light vertical strokes.

## 7 Ways to Prevent a Renovation Disaster

A recent survey revealed that more than 3 out of every 4 home owners (76%) would rather renovate their current home than dive into the tight, expensive housing market.

And half of homeowners on Houzz planned to begin or continue renovations in 2019 (51%), with a median planned spend of \$10,000.

Kitchens (1st) and Living Rooms (3rd) are two of the three most popular areas to renovate, but are also loaded with expensive furniture and appliances that must be cared for in a renovation.

Homeowners have become more deliberate in planning for renovations, as reflected in budgeting, project and hiring trends.

If you are planning a major renovation this spring, here are some useful tips:

• Clean-out by Category: Instead of decluttering room-by-room, think of your things in categories because stuff you find in the bedroom could also be found in the living room.

So, for example, store all electrical cords together, not in different drawers all over the house.

• Five Categories to Tackle: Clothes, books, documents, miscellaneous items, mementos. And if you think you need to hang onto those books, when's the last time you read a book twice?

• Pile It On: To truly clean out and store, take every single item out and put it in a pile. Hold each item in your hand and determine if it truly brings you joy. If it doesn't, toss it. Say "thank you" and throw it out.

If you can't make a decision, that means it's not bringing you enough joy, so it must go, too. When you're done, neatly fold all the remaining items or hang them up and allow them space to breathe!

• Store and Stack Upright:

When storing stuff before a big remodel, fold and stack your clothes and other stuff upright so you can easily see everything.

• Consider the Calendar: Spring and summer are busy renovation seasons in our area, so if you want to have a remodel done in time for a big event like a July 4 picnic, choose a finish date and work backwards so you know when to start.

• Choose Good Renovation Partners: Talk to friends and neighbors, look on trusted sites like the National Association of the Remodeling Industry and check with other partners for recommendations.

• Your Temporary Setup: Think about how a renovation will disrupt your daily routine, then craft temporary setups in order to minimize the mess. You don't want to pack up your entire kitchen only to realize you still need to eat! Think about where you can keep some things temporarily, such as a refrigerator and a microwave along with some plates and cups.

Pack like you're moving: Store breakables with protective packing material. Make sure you have plenty of boxes for smaller items and room for larger items in an area in your home that's not being renovated.

For a whole-house renovation, think about how you want to store all your belongings and if you want them to remain in a container on site outside your home or stored off-site in a secure warehouse.

Portable storage companies bring the container to you and set it in a convenient, ground-level location so you can load stuff at your own pace. Once the container is ready to go, the portable storage company moves the container to store it in their climate-controlled warehouse.

## Hiring a Contractor? Here's What You Need to Know

In California, there must be a written contract for all home improvement projects over \$500.

A home improvement contract and any changes made to that contract must be in writing, be legible, be easy to understand, and inform the consumer of their rights to cancel or rescind the contract.

If you are promised something orally make sure that it is included

in writing.

• Hire only licensed contractors. Check a contractor's license number online at [www.cslb.ca.gov](http://www.cslb.ca.gov) or call: (800) 321-CSLB (2752).

• Get at least three bids.

• Get three references from each bidder and review past work in person.

• Make sure all project expectations are in writing and only sign

the contract if you completely understand the terms.

• Confirm that the contractor has workers' compensation insurance for employees.

• Never pay more than 10% down or \$1,000, whichever is less.

Don't pay in cash.

• Don't let payments get ahead of the work.

• Don't make the final payment until you're satisfied with the job.

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# REAL ESTATE GALLERY

## REAL ESTATE REALITY

By Carl Medford, CRS  
Special to the Times

GUEST COMMENTARY



## Realtors Support State Housing Initiatives

It is no secret California is facing a housing crisis, especially in the arena of affordable housing. There is also a growing divide between those who own property and those who do not.

State Legislators are seeking solutions, and the California Association of Realtors (C.A.R.), in a statewide communique to Realtors from C.A.R. President Jared Martin, recently announced its sponsorship or support of legislation to address California's housing woes.

Quoting from President Martin, "among the measures intended to increase housing construction that C.A.R. is championing are:

- SB 50 (Sen. Scott Wiener) Housing Development Around Transit: Boosts housing and apartment development in and around major transit hubs and employers and provides developers with a 'density bonus' — authority to build additional units in exchange for building below-market units — and other incentives or concessions.
- AB 1568 (Asm. Kevin

McCarty) Housing Accountability: Holds local governments accountable by withholding gas tax revenue if counties do not meet home building benchmarks verified by the California Department of Housing and Community Development.

- AB 1074 (Asm. Tyler Diep) Accessory Dwelling Units: Increases housing supply by selling bonds to provide loans to homeowners to construct accessory dwelling units (ADUs).
- AB 1020 (Asm. Jacqui Irwin) State Housing Agency: Establishes a state Housing Agency with a cabinet-level Secretary of Housing to oversee all housing-related initiatives and activities throughout the State of California.

- SB 509 (Sen. Anthony Portantino) Affordable Housing License Plate Program: Establishes a housing crisis awareness program through the issuance of a specialty license plate by the California Department of Motor Vehicles. The license plate would generate revenues for affordable housing programs throughout the state."

In his President's Monthly Message, Martin continued, stating, "C.A.R. is also backing Gov. Gavin Newsom's \$1.75 billion housing crisis package to address the housing shortage.

"His proposals call for higher short-term statewide housing goals established by the California Department of Housing and Community Development, \$250 million to help cities and counties with planning, \$500 million in housing production incentive grants for local governments, \$500 million for expanding the State Housing Tax Credit Program to spur middle-class hous-

ing production and modernizing long-term Regional Housing Need Allocation (RHNA) goals by 2022.

"The plan would also provide necessary accountability by withholding SB 1 gas tax funds from jurisdictions that are not compliant with the updated RHNA goals."

Local Realtors are committed to finding real solutions and anticipate that our endorsement of statewide initiatives will help pave the way.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.



Enjoy effortless living in this open and airy 3 bed/2 bath single level home. During an extensive 2018/2019 remodel, the owner's utilized a keen eye for functionality while reimagining the space. Thoughtful design choices and stylish colors were added in just the right places! Significant upgrades include remodeled bathrooms, a Chef's kitchen featuring a breakfast bar, quartz counters, stainless steel appliances and ample cabinet and counter space. The master suite is appealingly located away from the formal rooms and features a private bathroom, walk-in closet and outside access through French doors. **Offered at \$798,000.**

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## Closet Door Sticks, Scrapes the Floor

Samantha Mazzotta  
Special to the Times

A common problem in many homes is a closet door that scrapes the floor when it swing open or shut, and sometimes sticks when it's closed.

Chances are the door just needs a bit of adjustment. Over time, as houses settle and temperature or humidity changes warp the wood of a door or its frame, the door doesn't open or shut just right. Grab a helper and a prybar or hammer, and prepare to fix this door.

First, check the overall condition of the door, its frame and the surrounding hardware (the doorknob and latch, hinges and the hinge plates where they're screwed into the door frame).

Make sure all of the hardware is screwed in properly and not loose or tearing away from the

frame. Make sure there is no visible damage or warping of the door or frame -- usually there isn't, unless the door suffered a serious calamity such as flood damage.

If the overall condition checks out as good, adjusting the hinges or shiming the door so it swings freely again is the likely course of action.

Shimming is a way of very slightly changing the angle at which a door is hung. You do this by adding a shim behind a door's hinge to lift it slightly -- and then adjusting that angle up or down. Shim kits also are available at home-improvement stores.

Since the door's angle has shifted slightly downward, first try adjusting the top hinge on the door-frame side by simply screwing all the hinge screws in a half-turn or so. This alone may



lift the door just enough to even it out.

If that doesn't work, you can either unscrew the top hinge and carefully shave away a paper-thin amount of the wooden frame in order to set the hinge slight back. Or, if you don't want to damage the frame, shim the lower hinge in order to lift the door upward.

Unscrew the frame side of the bottom hinge, as your helper holds the door steady. Insert a very thin shim piece (the kits are usually cut to size, or you can use a wafer-thin piece of plywood or even a playing card to shim, and trim yourself) and

place the hinge over the shim, using a power drill to drive the hinge screws through the shim into their usual place.

Shimming or adjusting the angle can take time and a few attempts. Be patient, and you'll soon have your door swinging freely.

*Home Tip:* For doors that slightly scrape the floor as they open, place a rough piece of sandpaper underneath the sticky area and open and close the door several times -- this might smooth out the bottom of the door just enough to end the scraping.

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## Wait Till Fruit Sets to Thin Apricots

By Buzz Bertolero  
SPECIAL TO THE TIMES

**Q** I've been told that I can increase the size of my apricots if I took off some of the blooms. Is this a good idea? Would this also apply to apple trees?

**A** Yes, Apricots and Apples — along with pears, peaches, nectarines, and plums — should be thinned. But it would be very labor intensive to thin the blossoms. It would also be somewhat hazardous dodging the pollinating bees.

It's easier to thin the fruit after it sets. Thin apricots in April and May while the

other varieties can be thinned through June. Remove the fruit out at the ends of the branches. The weight of the maturing fruit can break the limbs.

Next, remove the fruit that's close together for proper spacing. The appropriate spacing should be equal to twice the diameter of the mature fruit.

Apricots will form on both sides of a branch so thin each side independently. With cluster fruits like apples, you'll need to thin each cluster to just two or three apples.

Don't be alarmed by the number of fruits you remove. Fruit trees do produce more fruits than it can support. The trees will naturally drop the excess in June.



Time to thin apricots.

## Shaping Japanese Maple Takes Time

**Q** I have a beautiful, mature Japanese Maple. It had a beautiful canopy until we removed the tree next to it. Now it's lopsided. Can I prune this tree to shape it and how aggressive should I be?

**A** Unfortunately, this happens way too often as plants are planted too close to one another. By the time the problem is recognized the remaining plant has a hole in its canopy.

The gap won't fill in overnight, so expect it to take several growing seasons to fill in. Right now, I'd reduce the top growth and sides, but it's still going to be lopsided.

The amount you remove is a judgment call on your part. The next step is to

encourage new growth with nutrients. Happy Frog Japanese Maple Fertilizer from Foxfarm is one of several organic fertilizers blended for maples.

One-half cup of fertilizer per two feet of growth is applied monthly through October. As the new growth develops, remove any shoots that are growing in the wrong direction. This can be done at any time of the year. And finally, I'd also record the progress with the digital camera or smartphone.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is [www.dirtgardener.com](http://www.dirtgardener.com) and questions can be sent by email to [buzz@dirtgardener.com](mailto:buzz@dirtgardener.com) or on Facebook at [Facebook.com/Buzz.Bertolero](https://www.facebook.com/Buzz.Bertolero)



## WEEKEND GARDENER

### Roses

Feed roses heavily to ready them for their long blooming season. Water first, then apply the fertilizer, then water again. As soon as they begin blooming, prune spent blossoms down to the first five-part leaf to gently shape the plant. Continue to feed lightly and water through the summer. Apply a thick mulch to conserve water and to keep the plant healthy.

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DATE: Saturday, April 6, 2019

TIME: 9:00 am - 1:00 pm

LOCATION: City of San Leandro ~ Public Works  
14200 Chapman Rd, San Leandro

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### San Leandro

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13844 Rose Drive	94578: \$560,000	4 BD - 2,117 SF - 1981
1725 137th Avenue	94578: \$593,000	2 BD - 945 SF - 1948
15298 Upton Avenue	94578: \$615,000	4 BD - 1,760 SF - 1952
930 Dolores Avenue	94577: \$620,000	3 BD - 1,644 SF - 1946
1119 Melcher Street	94577: \$630,000	3 BD - 1,039 SF - 1944
15203 Edgemoor Street	94579: \$645,000	3 BD - 1,020 SF - 1950
14582 Birch Street	94579: \$650,000	3 BD - 1,076 SF - 1953
284 West Broadmoor Blvd	94577: \$659,000	3 BD - 1,469 SF - 1926
2125 166th Avenue	94578: \$820,000	3 BD - 2,285 SF - 1949
771 Dolores Avenue	94577: \$905,000	3 BD - 1,997 SF - 1948

TOTAL SALES: 11

LOWEST AMOUNT:	\$470,000	MEDIAN AMOUNT:	\$630,000
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# Hall of Fame: Top SL athletes inducted

continued from front page

Leandro, Athlete Tennis

Madeleine Briones – San Leandro High School, Class of 2004, Athlete Wrestling

Marviel Underwood – San Leandro High School, Class of 2002, Athlete Football

Fenton Mole – City of San Leandro, Contributor

The San Leandro Sports Foundation (SLSF) was founded in 2009 by Martin Capron as a non-profit corporation to support sports and health and fitness programs in the San Leandro Unified

School District.

The SLSF hosts large, family oriented events – 5K Fun Run and Fitness Festival, Spaghetti Feed and Ice Cream Social, Celebrate Burrell Field – The Last Game and the annual Citywide Youth Track and Field Meet.

The San Leandro Sports Foundation's Sports Hall of Fame was created in 2016 to honor the athletes and athletic programs in the City of San Leandro and insure that future generations of aspiring athletes have these same opportunities.



PHOTO COURTESY SAN LEANDRO SPORTS FOUNDATION

San Leandro High football coach Brad Bower, known as Coach Boom, received a gift from All-Pro Chicago Bears tackle and San Leandro High grad Charles Leno, Jr. at the San Leandro Hall of Fame induction ceremony.

# Gypsy to Open Next Week at SLHS Performing Arts Center

The musical *Gypsy* will open on Friday, April 5, at the San Leandro High Performing Arts Center, featuring students from San Leandro High School as well as several children from elementary schools.

The show is about family, powerful women, and an "ugly duckling" who becomes a swan.

*Gypsy* is loosely based on the life of Gypsy Rose Lee, an exotic dancer in the '30s and '40s. The musical tells the story of Rose, the overbearing "stage mother." She pushes her daughters, June and Louise, into show business, hoping they can have the stardom that she wanted for herself.

They performed in Vaudeville shows until eventually, they ended up in a burlesque house. It was there that Louise, the no talent, introverted daughter, found her calling. She became one of the classiest strippers of all time, teasing the audience while using her sense of humor.

Professional directors and

designers work with the students, who build sets, run the stage crew, light board and spot lights, help with fast changes, and of course, perform.

Critically acclaimed, the book was written by Arthur Laurents with the music created by Jule Styne and Steven Sondheim. On Broadway, the show has starred Ethel Merman, Patti LuPone, Angela Lansbury, Tyne Daly, Bernadette Peters, and Bette Midler.

The music is wonderful, the characters are diverse, the talent is amazing, and the dancing and singing will send you home humming.

The show runs Fridays and Saturdays at 7:30 p.m. and Sundays at 2 p.m. the first two week-ends in April (April 5, 6 and 7, and again on April 12, 13 and 14).

Tickets are \$15 for adults, \$10 for seniors, and \$8 for students. Tickets at the door, or advance tickets on sale at [www.sanleandropac.com](http://www.sanleandropac.com).

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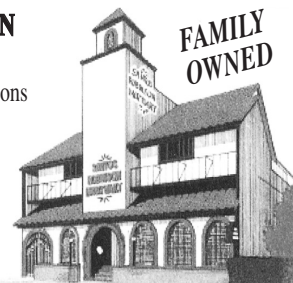
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## THE TIMES CROSSWORD

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### ACROSS

- Jewel
- Appointment
- Con job
- Boxing legend
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- Major
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- "lazy river ..."
- Extreme
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- Lummox
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- Needlefish
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- Graham of "Monty Python"
- Bay State sch.
- Humdinger
- Alternatives to station wagons
- Israeli airline
- Carbon compound
- Where (Lat.)
- Roll up
- Almost black
- Knock

### DOWN

- Leg, slangily
- Yale student
- Little details
- Break off
- Spring mo.
- Layer
- Brilliance
- Older spelling for a South American country
- Gator's cousin
- Largest continent
- Shoppers' mecca
- Hot tub
- Pooch
- Lotion additive
- Expression
- Sedona automaker
- Expert
- Labyrinth beast
- Addict
- Carry
- Humorous hoax
- Playground game
- Aries
- Kin
- Japanese noodles
- Actress Ullmann
- Staff leader?
- Streaming video giant
- Winged
- 1492 craft
- Penultimate mo.
- Cagers' org.
- Try the tea

ANSWERS ON PAGE 3

## LOCAL DEATHS

### Donald Wayne Pedersen (Don Pedersen)

January 20, 1953 - March 12, 2019

Don Pedersen entered into rest after 46 wonderful years of marriage to his high school sweetheart Connie Pedersen whom entered into rest December 17, 2018. He is survived by his blessed children, son Christopher Pedersen and daughter April Diaz and his beloved grandson Kevin Diaz.

Don leaves behind his father Henry Pedersen, his brother Ronald Pedersen, sister Jerrie Clemens and many nieces and nephews.

Don recently retired from his skilled career as an injection molding technician. He loved to go fishing in the Bay, Lake Chabot, Pyramid Lake, Klamath River, New Hogan Reservoir and Alaska. He also enjoyed watching old western movies and spending time with his family.

Don is loved by many and will be missed dearly. A celebration of lives will be announced at a later date.

Arrangements taken care of by Santos-Robinson Mortuary, San Leandro, 510-483-0123.

**TIMES OBITUARIES** may be submitted online at [ebpublishing.com](http://ebpublishing.com), emailed to [obits@ebpublishing.com](mailto:obits@ebpublishing.com) or faxed to 510-483-4209. Please include your phone number. A fee will apply depending on the length. A photo can be added for an additional cost. For further assistance, call 510-614-1555.

### Barbara Lou Clark

April 24, 1928 - March 15, 2019

On Friday, March 15, 2019, Barbara Lou Clark passed away at the age of 90. Barbara was born on April 24, 1928, in Flint, Michigan to Richmond and Madelon Friday. She received her Bachelor of Science Degree from Michigan State Normal College, June 17, 1950.

She retired from teaching 2nd grade in the San Leandro School District after 35 years. She lived by "The Golden Rule." Barbara was a likeable person because she looked for the good in everyone and had a positive view of life in general.

Barbara was preceded in death by her only child, David, who passed away January 31, 2019.





## Local Developer Teams Up with San Leandro Education Foundation

Local Developer Maximus Antonio Alvarado LLC (Maximus) and the San Leandro Education Foundation (SLED) are teaming up to fund citywide science, technology, engineering, art, and math (S.T.E.A.M.) - as well as local history - curriculum with a \$36,000 contribution from Maximus to the community education group.

Maximus' donation of \$12,000 per year to SLED begins this year

and will continue annually through 2021. The recurring funds will go to support programs across San Leandro and at Woodrow Wilson Elementary School, the city's largest K-5 school next to BART in heart of San Leandro's Transit-Oriented Development Strategy Zone for Downtown, where Maximus' transit-centric housing project at 899 Alvarado is taking shape.

"By partnering with SLED, Max-

imus is making a strong statement about their desire to be an integral part of our community," said SLED Executive Director, Morgan Mack-Rose. "Moreover, their multi-year commitment signifies that they are making a long-term investment not just in our Transit-Oriented Downtown, but in San Leandro as a whole."

SLED is the only community organization that supports all fourteen

schools in the San Leandro Unified School District. The ongoing community investment with SLED funds breakthrough curriculum such as new S.T.E.A.M lab classrooms for K-5 students and the celebrated city-wide San Leandro History Museum field trip for third and fourth grade students—among other programs.

"Communities are not just buildings where people live—they're where families live, work, grow, go

to school, and thrive," said Rogelio Foronda Jr., Project Manager at Maximus Partners. "SLED plays a central role in San Leandro that we are inspired by and are proud to support as part of that same community."

"We are looking forward to working with Maximus in the coming years and welcoming the many new families who will be coming to San Leandro with this development," said Mack-Rose.

## OPINION

### LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and must be under 300 words. We reserve the right to edit as necessary. E-mail letters to: [letters@ebpublishing.com](mailto:letters@ebpublishing.com) or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

#### Upset Over Loss of Millions in Funding for Urban Shield Program

Editor:

I was upset to read of the loss of funding for Urban Shield.

To have three supervisors (Chan, Carson and Valle) lose a \$5.5 million grant from Homeland Security by changing the shift from training and SWAT anti-terrorism preparedness to generalized community readiness is insane!

Urban Shield has been a helpful training tool for all local police and fire departments. Teams from all over the U.S. as well as other countries have attended this amazing training opportunity.

Why would anyone want less training for those who will answer the call when needed. Talk about attempting to "walk back in time" by making this foolish change. Next let's take away police guns and patrol cars and give everyone a nice beat cop with a night stick.

Wake up, people. Such an outrageous loss of preparedness for attacks, natural disasters, mass casualties and other critical incidents is wrong on so many levels.

Thank you to Supervisors Nate Miley and Scott Haggerty of dissenting votes. We must do what we can to change those three supervisors and get back to helping all our first responders be prepared for what lies ahead.

—Janet Gebhardt  
San Leandro

#### Wonders if Leo West is a Socialist or Capitalist

Editor:

Leo West doesn't know what he wants again or realize that he is a closet socialist. ("Leo West: 'The System is Rigged,'" Letters, March 21).

In his latest letter, Mr. West supports Trump (pro-Trump/Capitalism) but then demands access to government-regulated, low income housing (Socialism) and if he isn't at the front of the line the system must be rigged (Conspiracy). Wow. What a mind. I can't believe the SLT publishes these letters.

Parking Meters in San Leandro: Now at Pelton there are always 3 or 4 spots available. I think the freeloaders moved on. Also who needs to park at the Safeway/CVS for more than 2 hours unless you are freeloading on private property?

Unlike housing (above), parking is not a social program. If they were treated

as a shared resource we'd be able to continue like it was the 1950s. Now they are abused by the few and ruined for the rest of us.

I feel for the businesses that had to take this step. Support them by paying the 50 cents. Or maybe try walking, it's good for you.

—John Clouston  
San Leandro

#### No Sense in Making New Cars Primarily Fueled by Gasoline

Editor:

I admire the enthusiasm of Arroyo High School students (*San Leandro Times*, Page 1, March 21) rallying to curb emissions by supporting the New Green Deal (NGD).

The problem with the NGD is it doesn't directly attack the main source of CO2 emissions, gasoline, emitting 3.5 trillion lbs/yr of net CO2.

The solution that would work is for Governor Newsom and the CARB to ban the sale of new light duty (LD) vehicles in California that burn gasoline as the primary fuel after a certain date. We would suggest the 2023 model year. Leave existing vehicles alone to live out their natural lives burning gasoline.

The key is not to specify what would take gasoline's place, but to leave that choice up to the auto companies and consumers. Right now they have their choice of electric, natural gas, hydrogen or ethanol. You want to leave all options open, but eliminate the problem - gasoline for new vehicles.

Since U.S. consumers buy 17 million LD vehicles per year, we would have 170 million low CO2 emitting vehicles after

10 years of doing this. This would stop global warming in its tracks by reducing gasoline usage 8.5 billion gallons per year.

Currently there is no pressure on the auto companies to eliminate gasoline engines. A ban on selling new vehicles powered by gasoline puts that pressure on them.

This would be similar to what we did with DDT. We did not specify what would take its place nor did we say "put a tax on DDT and people will stop using it."

We simply banned its use over a period of time. We can't ban gasoline since we depend on it to power our economy, but there is no sense in continuing to make new cars available that burn gasoline as the primary fuel.

—Don Siefkes  
San Leandro

#### Times Should Take More Care With its Headlines

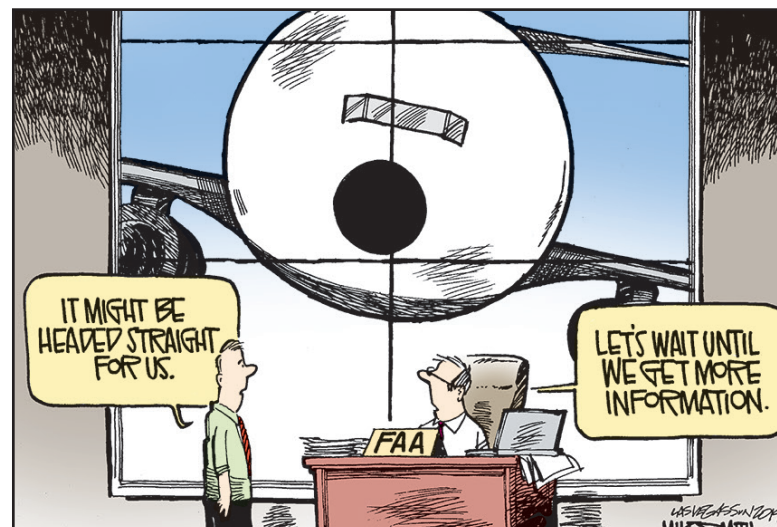
Editor:

Please take more care when putting headlines on your articles. I am referring primarily to the article titled "*San Leandro Shoplifter Shot and Killed by ASCO Deputies*."

The article itself seems informative and balanced, but the title impugns the police for what sounds like an unjust killing of a harmless shoplifter. A more accurate and gripping title would be "Threatened ASCO Deputies Kill Homicidal Maniac Resisting Arrest."

The altercation had little to do with the shoplifting; the dangerous individual could just as well have used another pretext to violently resist arrest given his criminal record. With all the rhetoric about social justice and the criticism of police in this country recently I think we would all be better off by being more respectful of officers when they are carrying out their duties correctly.

—Joe Lorencz  
San Leandro



### INQUIRING REPORTER

#### Who was your favorite of the Beatles?

— Asked at the Main Library

George. I liked the way he played the guitar.  
**Carlos Cisneros**  
Hayward



Ringo. I saw them in person at Candlestick Park. My father took me. Kids were jumping the fence to get closer to the stage, and my father was yelling, "Go, man, go!" I was like, "I don't even know this man."

**Laura Osborn**  
San Leandro



Ringo Starr. He got to kiss Raquel Welch in a movie. I played drums as a child, so he just seemed to be cool.

**Kevin Clemons**  
Oakland



Paul. Maybe it's the hair, or maybe all the conspiracy theories about him. I like the way he plays. I like his solo songs.

**Zelma Naranjo**  
Hayward



Ringo. He seemed to go with the flow, especially with the fun side of things. And he's still going.

**John Merchant**  
San Leandro





# Cameras: Drivers just need to stop and look before turning right on red

continued from front page

into the cost of buying cameras that the city would own outright or taking bids from Redflex competitors.

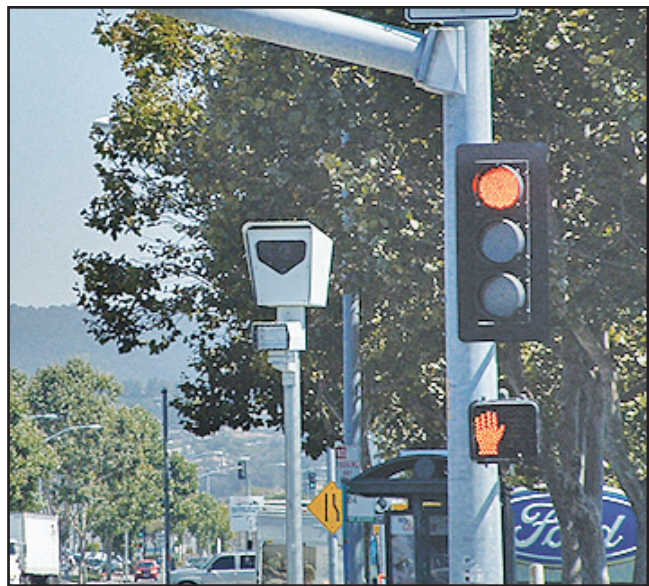
When the Redflex contract previously came up for renewal eight years ago, Cutter voted against it. She said she changed her mind about the cameras after speaking with two pedestrians who almost got struck by cars running red lights.

Councilmember Deborah Cox agreed that there is an issue in town with drivers running lights.

"I walk a lot in this city and never step off the curb right after the light turns green," said Cox.

Police Chief Jeff Tudor asked the council to continue with the red light cameras, because he said his traffic unit is understaffed so the cameras are a "force multiplier" that helps cover intersections police can't always monitor.

Tudor told the council that 83 percent of red light camera tickets issued in the city are given to people who live outside of San Leandro, so that indicates that locals are aware of



TIMES FILE PHOTO

**The San Leandro Police Department issues 10,000 tickets a year generated by red light cameras.**

the cameras and aren't running the lights.

"That tells me that San Leandro drivers' behavior patterns have changed," said Tudor.

Police statistics say 14,432 violations were captured on camera in 2017 and 10,163 citations were issued after the footage was reviewed. Of those, 88 percent

were right-turn violations.

The costly \$475 ticket – the same as if it were issued by an officer – does seem to be an effective deterrent, as fewer than 5 percent of citations were issued to repeat offenders, according to a city report.

The red light cameras have been in use in San Leandro since

2005. The intersections that currently have cameras are Fairmont Drive and East 14th Street, Davis and East 14th streets, Marina Boulevard and Teagarden Street, and at two approaches at the intersection of Washington Avenue and Floresta Boulevard and Halcyon Avenue.

These are busy intersections but not the most dangerous.

According to a report commissioned by the city when the red light cameras were first considered, the intersections

with the most collisions were Williams and Hayes streets, San Leandro Boulevard and Castro Street, Washington Avenue at Estabrook Street, Washington Avenue at Castro Street, and San Leandro Boulevard at Broadmoor Boulevard.

Red light camera critic Mike Katz-Lacabe spoke at Monday night's meeting, saying that because the cameras are not at the most dangerous intersections in the city, but instead at the intersections with the most potential

for right-on-red violations, that means money – not public safety – appears to be the priority.

"We have a nice revenue stream for Redflex, but it's not reducing collisions," said Katz-Lacabe.

Former Mayor Stephen Cassidy also spoke up against the cameras. When he was on the City Council, he voted against the Redflex contract.

"I think the red light program creates a 'got ya' state," said Cassidy.

## Speech: City expenditures going up

continued from front page

"It's all of us working together that makes San Leandro the special place that it is," said Cutter.

Though the State of the City speech usually plays like a high-light reel for the city, Cutter did acknowledge that San Leandro

**"Our revenue has grown, but our costs have grown even faster."**

— Mayor Pauline Cutter

faces huge challenges with looming pension costs and skyrocketing rents.

"Our (city) revenue has grown, but our costs have grown even faster," said Cutter.

Cutter blamed poor investment on the part of CalPERS for putting a pension strain on San Leandro and other cities, but she said the city has set aside \$17 million to fund projected pension liabilities in a special savings account.

But that \$17 million is a fraction of the city's projected \$210 million in unfunded pension liabilities that will come due in future years.

"We are committed to not kicking the can down the road,"



PHOTO BY AMY SYVESTRI

**Mayor Pauline Cutter outlined the city's strengths and weaknesses at the annual State of the City speech.**

said Cutter. "By holding on to revenue in the good times, it's easier to survive the down times."

And down times do appear to be on the horizon, with budget deficits predicted for each of the next 10 years by city finance staff.

To remedy the budget strain, the City Council is in the midst of considering some possible tax measures.

Around 56 percent of the city budget (\$64 million) is devoted to the police and fire departments, so Cutter acknowledged that the

city is considering a parcel tax to fund public safety. The city is also considering a separate transfer tax on properties sold.

Job growth has outpaced housing, with 6,000 new jobs and just 300 new apartments in San Leandro in the past decade. Cutter said some of that problem will be mitigated with new developments, including a 687-unit apartment complex that was recently approved to be built at 699 Alvarado St.

The mayor went on to promote the city's new "smart" parking meters, the expansion of the fiber optic loop, and a commitment to reducing green house gases, among other subjects.

Infrastructure is one of the things people come to speak with her about the most, Cutter said. To that end, the city has set aside \$24 million in dedicated funding to repair city roads. The city has also purchased a \$2 million paver to use on small street repairs.

Finally, Cutter repeated her slogan for San Leandro: "a city where kindness matters" and thanked everyone for working together to make San Leandro a better place.

"I ask each and every one of you to consider how you can give back to the city," said Cutter. "Without you – our residents, our businesses, and those who care about San Leandro – we wouldn't be where we are today with such ambitious plans for the future."



Singers Baila Hyman and Shaina Hecht

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