TOTAL INDEPENDENT COMMUNITY INCLUSION ADULT DAY PROGRAM



INDEPENDENT LIVING IS...

Happiness begins when one of our trained staff transports your loved one from home to program site. Your loved one will be welcomed with a healthy breakfast then have the chance to chat with new and old friends in our great room.

We have a wonderful trained staff with years of experience, ready to assist with all goals and needs. Our nursing staff monitors individuals' health and care staff works with your loved ones on their wants for the day.

WE OFFER...

- Programs that are more physically active
- The use of technology to a greater extent
- Engagement that supports continued good health and healthy lives
- More opportunities for access to the community and volunteering
- Participation in all forms of media and communication.

Total Independent Community Inclusion NJ 24 Linden Avenue Irvington NJ 07111 862-235-6559 www.ticommunityinclusion.com

Both in design and implementation, the goal for each consumer is to increase functional ability in order to develop, maintain and improve independent.

TOTAL INDEPENDENT COMMUNITY INCLUSION ADULT DAY PROGRAM





Personal choice and individual decision making are always emphasized.

THE PROGRAM...

The program offers a variety of activities designed to enhance essential life skills and satisfy the interest of the group. We offer recreational, socialization, and training activities for each person based on the individual's capabilities and expressed interest.

Socialization will be accomplished and encouraged by promoting interactions between consumers, the staff, community service providers, volunteers, and the public. Staff engages consumers in discussions of topics of interest, the weather, news, and sports, encouraging individuals to think about the world outside the home and their program.

This service also includes an academic setting which allows consumers to acquire skills to increase language, communication skills, hand-eye coordination and occupational therapy techniques.



WHAT WE DO...

Staff will explore opportunities to provide continuing education to our consumers. Institutions in the community and other providers will be approached to determine any course or services available to our consumers.

The individuals that are ineligible for traditional vocational services are expected participate in vocational support and opportunities for work in the community through job shadowing and volunteering.

Connections for vocational opportunities are established through the agency community outreach program.

MORE TO KNOW...

- Don't worry about transportation. We pick up and drop off every day. Special transportation is available when needed to medical appointments and community related services.
- Our **facility** is designed to promote a sense of well-being. It is a safe and easy to navigate home setting to nurture life skills and work toward independence.
- Chosen **activities** are meant to stimulate the mind and muscles. Activities also include daily living and career simulations.
- Our **nursing** staff prepares a detailed care plan to address individual need, including evaluations, medication management and general health monitoring.
- Healthy and hearty breakfasts, lunch and snacks are supplied daily. We also provide dietary monitoring, counseling and **nutrition** education programs.
- We offer on-and off-site healthcare services, including physical, occupational and speech therapy, podiatry, dental and vision care and prescription services.