



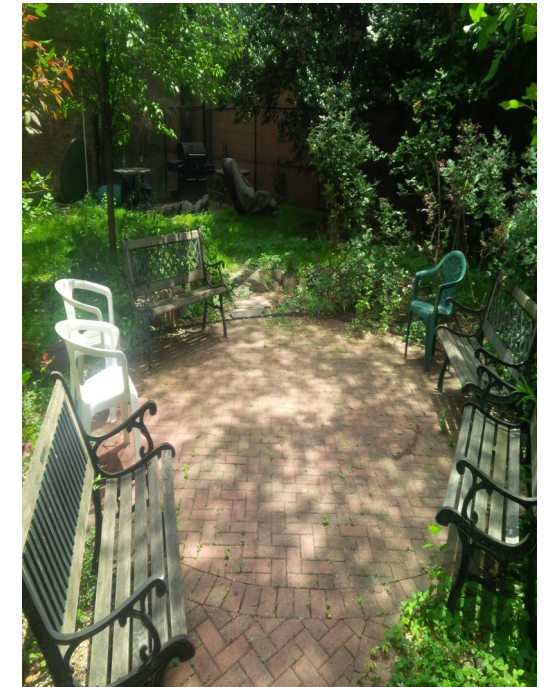
“ACMH, Inc. promotes the wellness and recovery of persons with mental illness living in New York City.”



## Garden House Respite

*Feel Better,  
Feel Ready*  
We know  
how it feels,  
we've been  
there.

Garden House Respite provides an alternative to hospitalization in a home-like setting that is staffed by Peer Counselors. Our work is to assist guests in achieving their personal recovery goals.



165 East 2nd Street  
New York, NY, 10009  
To make a referral:  
Kearyann Austin  
Phone: 212-253-6377 x406  
Fax: 212-253-8679  
Kaustin@acmhny.org



### ACMH: Garden House Respite

ACMH is a member of a Crisis and Transitional Housing network across New York State designed to prevent hospitalizations and emergency room visits. Located in the East Village, Garden House Respite provides crisis respite, with round-the-clock staffing that includes trained peer counselors who have lived experience of mental health services.

### WHAT IS RESPITE?

Garden House Respite provides a home-like place for a short-term stay during a psychiatric crisis. Garden House Respite accommodates three guests at a time, with individualized services. We provide 24/7 support by peer staff with lived experience as consumers of mental health services. If a room is available, guests may stay the same day, for up to 7-14 days.

During their stay guests are encouraged to continue with their usual routines, including going to work, school, appointments. Collaboration between Garden House Respite staff and treatment providers is encouraged, with the guest's consent. Guests may choose to participate in a variety of activities organized by Garden House Respite staff, such as meals and groups.

### LEAVING THE HOSPITAL?

Stay with Garden House Respite to get ready for going home, or while your home gets ready for you.

Be successful: strengthen your skills and abilities after a psychiatric hospitalization if you are not quite ready to return home.

### SERVICES & AMENITIES

- Peer Support
- Groups
- TV and Wi-Fi
- Eat-in kitchen for private and community meals
- Convenient community activities and resources
- Self-service laundry, on site
- Stay is typically 1-14 days
- Close to public transportation

### ELIGIBILITY REQUIREMENTS

- 18 years of age, or older.
- Stable housing to return to.
- A resident of NYC.
- Currently experiencing a psychiatric crisis.
- Not an imminent danger to oneself or others.
- Medically stable.
- Voluntarily using Respite Services.
- Without dementia or traumatic brain injury (TBI).