

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Selection of cereals, Toast with spreads, Yoghurts and Fruit					
Morning snack: Fresh Fruit, Vegetable sticks, Bakes and Biscuits					
Lunch Main	Tomato & Herb Pasta Bake, Peas & Sweetcorn DA G E	Chicken & Leek Pie, Baby Potatoes & Green Beans DA G SY	Sausage, Mash & Baked Beans DA G SU	Lasagne & Garlic Bread DA G E SY	Lamb Meatballs In Tomato Sauce & Bulgur Wheat SU (G)
Plant Based/Vegetarian Main	Tomato & Garlic Pasta, Peas & Sweetcorn G	Meat Free No-Chicken Pieces & Leek Pie, Baby Potatoes & Green Beans G SY	Linda McCartney Sausages, Mash & Baked Beans G SY SU	Meat Free Mince, Tomato Pasta & Peas G SY	Meat Free Meatballs In Tomato Sauce & Bulgur Wheat G SY
Dessert	Fruity Fromage Fraiss DA	Iced Lemon Cake DA G E (N)	Strawberry Angel Delight DA	Peach Slice In Fruit Juice DA G	Orange & Blackcurrant Jelly DA G E (SY)
Afternoon Tea	Cream Crackers & Cream Cheese, Fruit & Veggie Sticks DA G	English Toasted Muffins, Fruit & Veggie Sticks G SY	Sandwiches – Jam, Lemmon, Cheese, Chicken, Ham Fruit & Veggie Sticks DA G E SY	Ryvita's & Tzatziki, Fruit & Veggie Sticks DA G	Mini Pancakes, Fruit & Veggie Sticks DA G E (SY)

Allergens Code

DA-Dairy **G**-Gluten **E**-Egg **SY**-Soya **F**-Fish **N**-Nuts **C**-Crustacean
M-Molluscs **PN**-Peanuts **CE**-Celery **MU**-Mustard **SE**-Sesame **SU**-Sulphates **LU**-Lupin **SF**-Shellfish



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Selection of cereals, Toast with spreads, Yoghurts and Fruit					
Morning snack: Fresh Fruit, Vegetable sticks, Bakes and Biscuits					
Lunch Main	Chicken Korma, Basmati Rice & Naan DA G	Sweet Potato Cottage Pie with Cabbage DA G	Roast Gammon, Roast Potatoes, Parsnips, Yorkshire Pudding, Carrots & Gravy DA G E	Fish Fingers, Oven Chips & Peas G F	Jacket Potato, Baked Beans & Cheese DA
Plant Based/Vegetarian Main	Meat Free No-Chicken Pieces Free From Korma, Basmati Rice & Naan G SY	Meat Free Mince Sweet Potato Cottage Pie with Cabbage G SY	Meat Free No-Chicken Pieces, Roast Potatoes, Parsnips, Carrots & Gravy G SY	Plant Based Veggie Fingers, Oven Chips & Peas G	Jacket Potato, Baked Beans DA SY (N)
Dessert	Flapjack Bites DA G (E SY N)	Mandarin Segments In Fruit Juice DA	Banana & Custard DA	Mini Blueberry Muffin DA G E SY (N)	Choc-Ice DA SY (N)
Afternoon Tea	Beans On Wholemeal Toast, Fruit & Veggie Sticks G SY	Margherita Pizza Slices, Fruit & Veggie Sticks DA G	Croissants, Fruit & Veggie Sticks DA G E (SY SE)	Bagels, Fruit & Veggie Sticks G (SE)	Rolls – Jam, Lemmon, Cheese, Chicken, Ham Fruit & Veggie Sticks DA G E SY (SE)

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Selection of cereals, Toast with spreads, Yoghurts and Fruit					
Morning snack: Fresh Fruit, Vegetable sticks, Bakes and Biscuits					
Lunch Main	Spaghetti Bolognese G	Sausage Casserole & Mash DA G SY MY SU (E CE)	Spanish Chicken & Vegetable Couscous (CE MU)	Ham & Cheese Pizza, Wedges & Spaghetti Hoops DA G (E F CE MU SY)	Macaroni Cheese, Broccoli & Cauliflower DA G E
Plant Based/Vegetarian Main	Meat Free Mince Spaghetti Bolognese G SY	Linda McCartney Sausage Casserole & Mash G SY SU	Meat Free No-Chicken Pieces Spanish Chicken & Vegetable Couscous G S (CE MU)	Linda McCartney Dippers, Wedges & Spaghetti Hoops G SY	Tomato & Garlic Pasta, Broccoli & Cauliflower G
Dessert	Rice Pudding DA	Shortbread Bites DA G	Mango & Grapefruit In Fruit Juice	Rocket Lolly	Vanilla Cheese Cake DA G E (N)
Afternoon Tea	Crumpets, Fruit & Veggie Sticks G (DA SY)	Sandwiches – Jam, Lemmon, Cheese, Chicken, Ham, Fruit & Veggie Sticks DA G E SY	Rice Cakes, Fruit & Veggie Sticks (SY)	Tortilla Tringles & Guacamole G SU	Hot Dogs, Fruit & Veggie Sticks G SY (DA E CE MU)

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Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Selection of cereals, Toast with spreads, Yoghurts and Fruit					
Morning snack: Fresh Fruit, Vegetable sticks, Bakes and Biscuits					
Lunch Main	Toad In The hole, Mash, Brussel Sprouts & Gravy DA G SU	Tomato, Mushroom, Pepper & Courgette Penne pasta G	Fish Cake, New Potatoes & Baked Beans G F	Sweet & Sour Chicken, Noodles & Prawn Crackers G E C (N)	Turkey Con Cane, Long Grain Rice & Tortilla Chips G SY
Plant Based/Vegetarian Main	Linda McCartney Sausages, Mash, Brussel Sprouts & Gravy G SY SU	Tomato Mushroom, Pepper & Courgette Penne pasta G	Plant Based Veggie Fingers, New Potatoes & Baked Beans G	Meat Free No-Chicken Pieces Sweet & Sour With Rice G SY	Meat Free Mince Con Cane, Long Grain Rice & Tortilla Chips G SY
Dessert	Raspberries & Pineapple DA G E (SY SE)	Brownie & Ice-Cream DA G E SY (N)	Blackcurrant & Apple, Apricot & Strawberry Jam Tarts G SU (N)	Fruit Yoghurts DA	Swiss Roll & Custard DA G E SY (N)
Afternoon Tea	Pains Au Chocolat, Fruit & Veggie Sticks DA G E (SY SE)	Wholemeal Pitta Bread, Hummus, Fruit & Veggie Sticks G SE	Sausage Rolls, chicken Bites & Cocktail Sausages, Fruit & Veggie Sticks DA G	Rolls – Jam, Lemmon, Cheese, Chicken, Ham Fruit & Veggie Sticks DA G E SY (SE)	Spaghetti Hoops On Wholemeal Toast, Fruit & Veggie Sticks G SY

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