Sabbath Reforms

Bible Background: Nehemiah 13:4-31 Printed Text: Nehemiah 13:15-22 KJV/NLT Devotional Reading: Mark 2:23-27

Aim for Change:

- *KNOW* and *UNDERSTAND* that the Sabbath is to be honored.
 - 1. How well do I **KNOW** and **UNDERSTAND** that the Sabbath is to be honored?
- **SHARE** with others the importance of honoring the Sabbath.
 - 2. How often do I **SHARE** with others the importance of honoring the Sabbath?
- **PLAN** to honor the Sabbath.
 - 3. How can I better **PLAN** to honor the Sabbath?

The People, Places, and Times:

• Am I living for the Lord as He structured in His word? How does knowing His words help me not repeat the mistakes of my ancestors or myself?

Background:

- In what areas do I need spiritual reshaping?
 - Reading and studying His word **Rev 1:3**
 - o Confessing my sins one to another Jas 5:16
 - o Repentance Mark 1:15

- o Servitude Matt 20:1-16
- o Tithes/Offerings Deu 12:11; Mal 3:8
- Worship **Psalm 95:1-6**

Devotional Reading: Thursday: The Lord of the Sabbath - Mark 2:23-27

- (v. 24) Am I so focused on the words that I miss their intent?
- (v. 27) Do I not honor the Sabbath because I don't understand its purpose outside of rest?

Focal Verses – Restoring the Sanctity of the Sabbath – Nehemiah 13:15-22

1. Sabbath Observance (vv. 15-18)

- How many divisions are there in the Mosaic Law pertaining to the Sabbath? Am I doing anything outside of worship, acts of mercy, or necessity on the Sabbath? Exodus 20:3-18; 31:13-14; Leviticus 23:3
- (vv. 15-16) How were the people of Judah/Jerusalem different than the people of today?
- (vv. 17-18) Is my lack of reverence to God the Father on the Sabbath keeping me in my own captivity? Are my struggles self-inflicted due to ignorance and disobedience?

2. Keeping the Sabbath (vv. 19-22)

- What are the purpose(s) of why our Father instituted the Sabbath to be maintained? Mark 2:23-27; Col 2:12-19
- (v. 19) Do I take the necessary steps to ensure the sanctity of the Sabbath?
- (vv. 21-22) Am I convicted to keep the Sabbath holy as the Father preordained or only holy enough out of convenience?