

SPRING
BEGINS
TODAY!



WOMEN
IN BUSINESS



CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 31

WEDNESDAY, MARCH 20, 2019

NO. 11

INSIDE YOUR FORUM

OUR TOWN



Desserts First

Pie for breakfast was the inspiration for this Castro Valley catering service

Page 3

LIVING



Spring Lamb

Nothing says the arrival of Spring quite like a roasted lamb dish

Page 5

NEWS



Drug Talk

Community meeting on drug overdose this Friday at Castro Valley Library

Page 10

INDEX

Classified Ads	12
Community Calendar ...	4
Crosswords	7
East Bay Living	5
Homes	11
Horoscope	7
Obituaries	14
Seniors	9
Sports	8
Weather	2

PHONE: (510) 537-1792

SAN LORENZO STUDENTS JOIN INTERNATIONAL STUDENT WALKOUT



PHOTO BY JIM KNOWLES

Several hundred Arroyo High School students gathered in the quad at lunchtime on Friday to call attention to climate change, part of an international student walkout that day that took place in more than 100 countries. Student organizers got on a bullhorn to call everybody to the outdoor stage where four students took turns speaking to the crowd, reminding them that the adults of the world haven't cut emissions so students must take the reins for the sake of their future. "California is the biggest state, so it will make a substantial difference if we get things started right here," said student James Molina. At the end of the speeches, Molina said that this isn't a one-and-done. It's something that has to be followed up on. About the need to control emissions for the future of the planet.

Feds Revoke Funding for Urban Shield

By Amy Sylvestri
CASTRO VALLEY FORUM

The U.S. Department of Homeland Security revoked a \$5.5-million public safety grant to Alameda County for the Urban Shield exercise after the Alameda County Board of Supervisors' made major changes to the regional emergency preparedness event.

Those changes shifted the focus of the training from anti-terrorism and SWAT exercises to community emergency preparedness in response to criticism that Urban Shield promoted the militarization of local police departments.

The board voted 3-2 on Tuesday to make changes to the program despite the threat of losing the money. Supervisors Wilma Chan, Kieth Carson, and Richard Valle voted for the changes while Supervisors Nate Miley and Scott Haggerty dissented.

"I am not going to take any action to jeopardize the funding," said Miley at last Tuesday's board meeting.

Alameda County Sheriff Greg Ahern had warned that the elimination of anti-terror exercises would violate the county's current agreement with the U.S. Dept. of Homeland Security and jeopardize the grant.

Ahern met with the Bay Area Urban Areas Security Initiative (UASI) on Thursday and, as he predicted, they took back the funding which ended Urban Shield.

see *SHIELD* on page 5

CV Team Qualifies for State Science Olympiad Tourney

A Creekside Science Olympiad team will compete against 28 of the best teams in Northern California next month for the first time in the six-year history of the Castro Valley program.

On March 2nd, 135 students on nine teams from Creekside, Canyon, and Castro Valley High schools competed in the Regional Tournament at Cal State East Bay, against a thousand students from across the Bay Area, with the top four teams advancing.

Students spent months preparing for this competition, experiencing the collaborative and explorative nature of science, in the same ways they would in college and in life.

Challenged with the intricacies of thermodynamics, anatomy, forensics, astronomy, and computer programming, they worked together to build such devices as mousetrap-and-battery-powered

vehicles, gliders, structures, roller coasters and musical instruments.

Three teams from Creekside placed 4th, 13th, and 15th overall, and Canyon teams placed 10th, 17th, and 19th in their division. The three teams from CVHS placed 7th, 11th, and 24th.

Collectively, Castro Valley teams earned a record 40 medals in the 46 events, with 70 Top-10 finishes.

Of particular note, Castro Valley teams swept medals in the "cantilevered beam build" event at both the middle school (1st, 2nd, and 4th for Creekside) and high school levels (1st, 2nd, and 3rd for CVHS).

In Anatomy, Aparna Anandkumar and Leah Biruk earned gold for CVHS, while Adim Rai & Tony Mei earned silver and Sean Chen and Terry Deng claimed 5th place for Creekside.

see *SCIENCE* on page 2

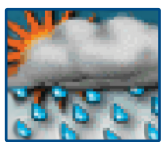


Derek Huie (left) and Giorgos Sotiras took 1st Place in the Boomilever category at the Science Olympiad Regional Championships at Cal State East Bay on March 2.

Castro Valley Weather March 20 - 24, 2019



Wednesday
Rain & Drizzle
High 68° Low 52°



Thursday
Showers
High 61° Low 45°



Friday
Showers
High 59 Low 47°



Saturday
Cloudy, Showers
High 61° Low 44°



Sunday
Partly Sunny
High 68° Low 45°

Almanac



Past Week's Rain: 00.00
Season To Date: 18.97
Normal To Date: 19.60
Season Average: 21.22

Moon Phases



Mar 20



Mar 27



Apr 5



Apr 12

Sun sets at 7:22 p.m. today, rises at 7:10 a.m. Thursday.

Michele Markovich Antiques
20407 Santa Maria Ave. and 2510 San Carlos Ave.
michele.estatesales@gmail.com

ESTATE LIQUIDATION
Estate Sales & Consignments
Cell- 882-3242

GOT A NEWS TIP? CALL (510) 537-1792
OR EMAIL: fredz@ebpublishing.com

COMMIT YOUR FAMILY TO BE FIT!

We Are Different From Other Fitness Clubs.
We Have A Family Atmosphere!

Full Gym • Over 40 Group Exercise Classes • Lap Swimming Year-round
Aqua Aerobics • Swim Lessons • Pro Tennis Lessons • \$1 Babysitting

NO INITIATION FEE!*

Save \$400 - \$800
& MARCH FREE

*When you join early and pay your first 2 mo. dues. Subject to change without notice. Offer exp. 3/31/19

82 degree Lap Swimming
Pool Year Round!
86 degree Kids Pool!

New
PICKLEBALL
COURTS

1 FREE
Pro Tennis Lesson
for Child/Adult

Join Our Club Where
Everyone Knows Your Name.
Be A Part Of Something!

Bay-O-Vista



Private Family Fitness,
Gym, Swim & Tennis Club

Check Us Out on Facebook or Our Web-
site. Look for All Features & Benefits.
WWW.BOVSWIM.COM

LIMITED
AVAILABLE
SLOTS

FREE* 20 Hour
Babysitting Card
With New Mar. Membership

Monthly Dues for
Families = \$218

Monthly Dues for
Singles = \$212

Membership includes the whole family
up to 6 members. Lockers \$9.

Located on corner of 1881 Astor Dr. & Lake Chabot Rd., San Leandro

510-357-8366 • swim@bovswim.com



School Waste Audits Begin

As a part of CVSan's Green Ribbon Schools Program, Sterling Education and Stanton Elementary completed the first two waste audits of the 2018/19 school year.

School teams of students, staff, parent volunteers, and CVSan staff sorted through one day's worth of garbage from the schools to determine which items could have been placed in the recycling or organics carts.

Students at Stanton found that out of 52.9 gallons of garbage from the day before, 83.2% was actual garbage and therefore only 18.8% could have gone in the recycling or organics.

This year's audit results show that both schools have reduced their garbage over the years.

BMW OWNERS
NOW REPAIRING & SERVICING BMW'S WITH
FACTORY TRAINED & CERTIFIED TECHNICIAN.

We Repair & Specialize in:
Acura • VW • Honda • Toyota • Mazda
Hyundai • GM • Ford • Chrysler

510-537-7415

Complete Auto Repair • A/C Repair & Service

Valley Auto Repair

38 Years Experience Servicing All Foreign & Domestic Cars
2769 Castro Valley Blvd, Castro Valley



Science: CV

continued from front page

Hudson Lim and Nathan Jew took the silver medal in Thermodynamics for Canyon. Vilus Staraitis & Andy Ng claimed gold in Battery Buggy for Creekside, while Yuri Overton & Yang-Jie Qin from CVHS took gold in Sounds of Music and Geologic Mapping.

Justin Lui and Jessica Lu from CVHS took 2nd place for their Wright Stuff gliders.

"Science Olympiad exposes students to science and engineering subjects that they might not have considered before, and challenges them through the excitement of competition," said Science Olympiad Club founder Garland Dughi.

Castro Valley Science, a non-profit organization promoting STEM education, is run by parent volunteers and high school students, building competitive teams at the elementary, middle, and high school levels, as well as hosting community science talks by world-class scientists.

Find out more at CVscience.us

Dori Anne Veils

Full Service Bridal Salon

Closeout!

50%
To
90%
OFF

Designer Wedding,
Evening & Prom
Gowns!

Bonus:
Shoes, Veils
& Jewelry
\$10 and up

HURRY
Final 10 Days!

Call or Text: 510-690-0100
4270 Seven Hills Rd., Castro Valley
www.DoriAnneVeils.com

Tutoring

Is

Caring



Rediscover
the joy of
learning

• Math • Reading • Writing
• Study Skills • Confidence
• Learning Disabilities
• Children & Adults

Esther Nevarez • Castro Valley
510-733-0467

Pie for Breakfast was Inspiration For this Castro Valley Company

By Linda Sandsmark
CASTRO VALLEY FORUM

When Amanda Rose was a youngster, her grandfather often let her eat pie for breakfast because "it had fruit." That was the inspiration for her Castro Valley company, "Desserts First," which creates and sells tasty, unique pastries.

(You can sample their wares at "A Taste of Castro Valley" at the Moose Lodge tomorrow, March 21, from 5:30 to 7:30 p.m. (free admission) sponsored by the Castro Valley/Eden Area Chamber of Commerce.)

"My grandpa always believed in eating desserts first," says Amanda.

The same grandfather made peanut butter fudge with her every Christmas, each year giving her more and more responsibility. The last Christmas they shared together, she made the entire recipe on her own.

Amanda always loved cooking, especially baking. While doing a project on careers as a sophomore at Castro Valley High (class of 2008) she discovered the vast options of the culinary world and realized she could do something she loved for a living.

In 2012 she started Desserts First with a friend, working with an Oakland commissary that featured their products at a presidential campaign event held by President Obama.

Desserts First bakes everything from cupcakes and bars to cookies and wedding cakes. A gallery of



Amanda in her kitchen on Monday.

their cakes and other goodies can be found online at dessertsfirstbakingandcatering.com.

In addition to running the company, Amanda also teaches culinary arts at a high school.

A few years ago Desserts First joined the Castro Valley-Eden Area Chamber of Commerce. The Chamber connected her to the

"Food Truck Mafia" which brings a variety of food trucks to events around the Bay Area.

Working with these groups see *PIE* on page 5

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • CASTRO VALLEY FORUM



Family Fight

Sunday, March 17: at 7:45 p.m., Sheriff's deputies arrested a 24-year-old man from Castro Valley on suspicion of assault on a family member. An emergency call about a loud and aggressive-sounding argument sent deputies to an apartment on Redwood Road near Somerset Avenue. A woman at the scene showed deputies the injuries to her wrists sustained by the man. Deputies took the man into custody.

Wanted for Petty Theft

Sunday, March 17: at 4:46 p.m., a 20-year-old man from Castro Valley was arrested as part of a warrant issued for his arrest on a prior conviction of petty theft. Deputies stopped the man for questioning at the intersection of Norbridge Avenue and Castro Valley Boulevard. The man was taken to Santa Rita Jail pending \$5,000 in bail.

Wanted Man Tries to Outrun the Law

Saturday, March 16: at 1:40 a.m., deputies pulled over and arrested a 55-year-old man from Castro Valley on suspicion of evading arrest. The man was wanted as part of a warrant issued for his arrest. Deputies spotted the man driving on Strobbridge Avenue and chased him to Vivian Street after he sped away. The man was taken to Santa Rita Jail and held without bail.

Back to Jail

Friday, March 15: at 10:51 p.m., a 27-year-old man from Oakland was arrested as part of a warrant issued for his arrest. Deputies stopped the man for questioning in the parking lot of CV High School on Redwood Road after making a positive ID for his warrant. The man became combative with deputies during questioning and was charged with resisting arrest. Deputies took the man to Santa Rita Jail and held him without bail.

Shoplifter Caught

Friday, March 15: at 6:25 p.m., deputies arrested a 46-year-old man from Oakland on suspicion of shoplifting from a grocery store on Redwood Road near the Boulevard. The man was detained by store management after he walked out with unpaid merchandise. Deputies took the man to Santa Rita Jail pending \$2,500 in bail.

Beware the Fence of March

Friday, March 15: at 8:40 p.m., a 911 call about a dispute between neighbors sent deputies to a home on Palomares Road south of Ewing Terrace. There, they arrested a 48-year-old CV man on suspicion of violating a court-issued restraining order. The man had gotten into a verbal altercation with a neighbor and even attempted to hit him with a piece of fencing. Deputies took the man into custody.

Wanted Woman

Friday, March 15: at 10:12 a.m., deputies arrested a 57-year-old woman as part of a warrant issued for her capture. The woman was previously charged with vandalism of private property near her home on Lamson Road and Almond Road. Deputies arrived at the home to serve the warrant and took the woman to Santa Rita Jail.

see *REPORTS* on page 10

Ruby's Place Moving to CV

Ruby's Place, Alameda County's largest shelter for survivors of human trafficking and domestic violence, is moving its business office to Castro Valley today, March 20, having outgrown its home in

Hayward for the past 47 years.

The new address for the non-profit agency is 20880 Baker Road, Castro Valley.

For more information, visit www.rubysplace.org.

Happy Spring to Everyone!



Lovewell Team

(#00689931 & #01912817)

"Lovewell Team" is a dynamic, award-winning Real Estate team

Call 510-351-5555 or visit us at www.Lovewellteam.com

— A team you can love and trust —
Re/Max Accord Castro Valley

Sofa & Love Seat Sale!



NOW ONLY
\$749
BOTH PIECES

Available in 9 colors, 8 different ways and 72 combinations

ASHLEY
FURNITURE INDUSTRIES, INC.

"Make your house a Dupree's home"
Dupree's
FURNITURE

EASY LAYAWAY & FINANCING AVAILABLE
44 Years Experience
1900 E. 14th St. • San Leandro
357-3000
www.Duprees-Furniture.com

OPEN MONDAY-FRIDAY 10AM-6PM • SATURDAY 10AM-5PM • CLOSED SUNDAY

INTERO REAL ESTATE SPOTLIGHT Castro Valley Small Business Of The Week



Kiwanis

PANCAKE BREAKFAST

Saturday, March 23, from 8:00 - 11:00 a.m.

Kenneth Aitken Senior Center, 17800 Redwood Rd., Castro Valley

Proceeds go to Community Projects & Scholarships

(\$10 per person) (\$30/family of four) (\$5/ 5-10 years old)

Come enjoy the fun: Breakfast, Cake Walk, Basket Raffles, Silent Auction and Door Prizes

For info call: **510-886-1100** or check out the Facebook page of the Kiwanis Club of Hayward-Castro Valley

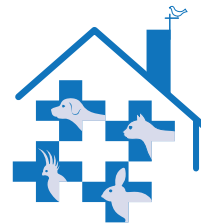
FULL SERVICE REALTOR INTERO REAL ESTATE SERVICES DAVID S. WILHITE

SERVING CASTRO VALLEY AND SURROUNDING COMMUNITIES FOR OVER 38 YEARS

510.886.1100



DRE#00759835



CASTRO VALLEY
**COMPANION
ANIMAL
HOSPITAL**
Welcomes

Dr. Melissa Hardy



Castro Valley Companion Animal Hospital has a new addition to our team!

Introducing Dr. Melissa Hardy. A graduate of Purdue University in 2010, Dr. Hardy has a big heart and deep love for animals. In her free time she volunteers for several East Bay organizations focused on animal welfare. She is an avid dental care enthusiast and has a soft spot for French Bull dogs.

Come on in and meet our newest veterinarian!

2509 Lessley Ave., Castro Valley, CA
510-582-6311 • www.cvcah.com
Serving Our Community Since 1987

The Week Ahead

● Wednesday, March 20: East Bay Rose Society Meeting

Master Rosarian Dave Coop, President of the Sacramento Rose Society, will discuss how to enjoy your roses and garden through photography — another way of bringing roses inside your home all year round. He will cover evaluating the best photos. The meeting is at 7:30 p.m. today at the Lakeside Garden Center, 666 Bellevue, Oakland.

● Thursday, March 21: Taste of Castro Valley

Cuisine, culture and commerce are all brought together at tomorrow's "Taste of Castro Valley" from 5:30 to 7:30 p.m. at the Moose Lodge, 20835 Rutledge Road, sponsored by the Castro Valley / Eden Area Chamber of Commerce. Restaurants, caterers and home-based food businesses will be showcasing their wares. Free entrance, tasting and raffle tickets available for purchase at the door.

● Thursday, March 21: Lap Harp Demonstration

The Aitken Senior Center at 17800 Redwood Road will host a Lap Harp Demonstration from 1:15 to 2 p.m. tomorrow, March 21. Seniors are invited to check out this possible new class and see what is all about. The 45-minute demo is for a beginning music class on an easy to learn lap zither (zithers provided) that provides beautiful, soothing music. Seniors with arthritis or limited mobility are encouraged to attend. If we get enough interest we will plan on offering this class in the future. For more information please call 510-881-6738.

● Friday, March 22: Opioids: Healing Our Community

You are urged to join a community conversation about the drug overdose epidemic in our community and throughout the U.S. Drug overdose deaths involving all drugs rose to 70,237 in 2017, and 47,600 were

from opioids. No family is immune to this epidemic. This educational presentation will cover what families need to know; parent empowerment; current local drug trends and initiatives; drug dangers and impact; and a Naloxone training and free overdose rescue kit. The program is free and no advanced registration is required.

● Saturday, March 23: Kiwanis Pancake Breakfast

Kiwanis of Hayward & Castro Valley invite you to a pancake breakfast from 8 to 11 a.m. this Saturday, March 23 at the Kenneth Aitken Senior Center, 17800 Redwood Road. For tickets (\$10 per person, \$30 per family of four, \$5 for kids 5-10). For more info, call Dave Wilhite at 510-886-1100.

● Monday, March 25: Conscious Living, Conscious Aging

Conscious Living, Conscious Aging meets on the 2nd and 4th Monday of every month from 1 to 2:30 p.m. at the Kenneth Aitken Senior Center, 17800 Redwood Road, Castro Valley. The drop-in fee is \$2. This class is a meaningful conversation exploring issues and adventures of aging as we experience them. A small caring community moving to connection, wholeness and laughter. For more info, please call 510-881-6738.

● Monday, March 25: Eden Garden Club Meeting

Colette Castellino, a Master Gardener and member of our club, will do a presentation on perennial herbs and how to make the best use of what you grow, at the next meeting at 9:30 a.m. on March 25 at the Moose Lodge, 20835 Rutledge Road, Castro Valley. Meetings are free and guests are always welcome. Call 510-397-1268 for further information.

● Monday, March 25: Municipal Advisory Council Meeting

The Castro Valley MAC will hold a land-use meeting at 6 p.m. on Monday at the Castro Valley Library. The agenda includes an application to reopen a service station including a convenience store and liquor outlet at Stanton Ave. and Castro Valley Blvd., and a storage facility for RV's at 8555 Dublin Canyon Road. Visit acgov.org/bc/cvmac for the complete agenda.

● Tuesday, March 26: Pool Tournament

Join the fun at the Aitken Senior Center's 4th Annual Spring Pool Tournament beginning at 9:30 a.m. on March 26 at 17800 Redwood Road. All skill levels are welcome and winners' names will be added to the perpetual plaque. Cost to enter is \$5 per person. Players must be registered by this Friday, March 22. Call 510-881-6738 to register or for more information.

● Tuesday, March 26: Rotary: Insurance Options

Club member Todd Anglin will help us to understand insurance exposure and options at the next meeting of the Rotary Club of Castro Valley on March 26. A buffet lunch and program take place at Redwood Canyon Golf Course, 17007 Redwood Road, from noon to 1:30 p.m. The cost of lunch is \$15 and reservations must be made by 9 p.m. this Sunday, March 24, by contacting Rotary at cvrotary@icloud.com or 510.402.5123. More information is available at castrovalleyrotary.org

● Tuesday, March 26: Start Smart Teen Driver Safety Class

The California Highway Patrol and the Castro Valley Library present "Start Smart," a teen-driver safety class at 6 p.m. on March 26, at the Library for new and future licensed teenage drivers between the age of 15-19 and their parents. CHP officers will talk about traffic collisions, their causes and avoidance techniques, seat-belt usage and driver responsibilities. To register, call 510-581-9028 (CHP) or 510-667-7900 (Library).

● Wednesday, March 27: Mothers Club Learn & Share

Essential oil enthusiast Annabel Kandiah will speak about how to use essential oils and how they can enrich our lives, at the next meeting at 6:30 p.m. on March 27 at Keller William office space, 3160 Castro Valley Blvd. (next to CV Yoga).

● Thursday, March 28: Fremont High School Alumni

The Fremont High Alumni will hold their next twice-a-year luncheon on March 28, with social hour at 11 a.m. and lunch at 12:15 p.m. at the Castro Valley Moose Lodge, 20835 Rutledge Road. For reservations (required), call Ruth Malfatti 510-471-2052.

● Saturday, March 30: Plethos Standup Comedy Show

Enjoy five fierce fabulous female comics as they take the stage for a night of comedy, along with delicious food, wine and beer at the "That's What She Said: Stand Up Comedy Show" at the Englander Pub in San Leandro. Get tickets now (\$10) at plethos.org

● Tuesday, April 2: Buon Tempo Celebrates 61 Years

The Buon Tempo Club is having its 61st Anniversary Dinner, open to everyone, on April 2. If you enjoy good Italian food and friendly company, you're invited! Chef Joseph Sotello and his crew will be serving a five-course Roast Beef and Potatoes family-style dinner, including red and white wine, sodas, and dessert. Dinner is at 7 p.m. with happy hour at 6, at Transfiguration Church 4000 E. Castro Valley Blvd. The cost is \$15 for members, and \$20 for non-members. Buon Tempo supports numerous worthwhile causes, donating more than \$12,000 to the George Mark Children's Hospice in San Leandro. Make reservations by March 30 by calling the Buon Tempo Dinner line at 510-483-6929 (option 1). For more info, see our website at www.buontempo.org

Arts & Entertainment

CASTRO VALLEY CENTER FOR THE ARTS

Tickets for Center for the Arts events listed below are available online at www.cvcfa.com; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. (phone 889-8961), or at the Castro Valley Adult School, 4430 Alma Avenue.

● **"Mamma Mia!"** The Musical, will be presented by Castro Valley High School at 7 p.m. on March 22, 23, and at 2 p.m. on March 24 at Center for the Arts. This smash hit, based on the songs of ABBA, follows the adventures of Sophie, a young woman who wants to discover the identity of her father. Bring the whole family and be prepared to have the time of your life! *For tickets (\$18-\$21) see above.*

● **"Pasquale Esposito Celebrate Enrico Caruso,"** a journey in music from the Amalfi Coast, will be presented by the Castro Valley Arts Foundation at 7:30 p.m. on Saturday, March 30, at the Center for the Arts, 19501 Redwood Road. *For tickets, see above.*

OTHER THEATRICAL & MUSICAL PERFORMANCES

● **"Spring Concert: Broadway and the Movies,"** will be presented by the Morrisson Theatre Chorus under the direction of César Cancino at 8 p.m. on Friday and Saturday, March 29-30, and at 2 p.m. on Sunday, March 31, at the Douglas Morrisson Theatre, 22311 N. Third St., Hayward. For tickets (\$18 adult, \$15 adult HARD resident, \$15 under 30/over 60, \$12 youth/student) visit www.dmtonline.org or call 510-881-6777.

● **"Umi: Ode to Minamata and Confluence,"** a World Premiere, presented by OnenessButoh and Rain Ensemble from 7:30 to 10 p.m. on Saturday, March 23, and from 2 to 4:30 p.m. on March 24 at the Douglas Morrisson Theatre, 22311 N. Third St. in Hayward. Ode to Minamata is a Butoh dance production performed in collaboration with Rain Ensemble, a Taiko drumming group. Paying homage to the resilient spirit of the Japanese residents of a small seaside fishing village in Minamata, Japan, Ode to Minamata shines a spotlight on a catastrophic environmental disaster. For tickets (\$25-\$30) cash only at the door, or go online to www.brownpapertickets.com/event/4061458. For more info, visit onenessbutoh.wixsite.com/onenessbutoh/current-productions-umi

ART GALLERIES & ART INSTRUCTION

● **Acrylic & Oil Painting Class**, will be held at the Adobe Art Center in Castro Valley for 10 weeks beginning March 28 on Thursday mornings from 10 a.m. to 12:30 p.m. or Thursday evenings from 6:30 to 9 p.m., or beginning March 29 on Friday mornings from 10 a.m. to 12:30 p.m. Discover the qualities and versatility of acrylic and oil paints as you create your own unique works. Learn techniques to create strong compositions while practicing the elements and principles of design. No previous experience is necessary. You can participate in either one of classes, if you miss a session. To register, visit www.HaywardRec.org (age 60-plus ask for 25% discount). For more info, call 510-881-6700.

● **PhotoCentral Spring Exhibition: "Celebrating HARD,"** March 30-May 11 at two locations: (1) HARD District Office, 1099 E St. in Hayward, Upstairs Gallery Monday-Friday 9 a.m. to 5 p.m. and Downstairs Monday 5-10 p.m., Tuesdays and Thursday from 10 a.m. to 1 p.m., and (2) Adobe Art Gallery, 20395 San Miguel Ave., Castro Valley, open 11 a.m. to 3 p.m.. Public receptions will be held on March 30 from 2-5 p.m. at HARD in Hayward, and from 1 to 3 p.m. at the Adobe in Castro Valley. For more info, contact PhotoCentral - Geir Jordahl, 510-881-6721 or email info@photocentral.org

CASTRO VALLEY FORUM

ESTABLISHED: 1989 • CIRCULATION 22,500

© 2019 EASTBAY PUBLISHING CORPORATION - ALL RIGHTS RESERVED

Published every Wednesday by EastBay Publishing Corp.
2060 Washington Ave., San Leandro, CA 94577
Corporate Address: P.O. Box 2897, Alameda, CA 94501
Tel: 510-537-1792 • Fax: 510-814-9691

Fred Zehnder, Editor & Publisher
fredz@ebpublishing.com

Howard Morrison, Assoc. Publisher
howardm@ebpublishing.com

Helen Burkett, Advertising Design Mgr.
helenb@ebpublishing.com

Moxie Morrison, Layout Design
moxmore@yahoo.com

Claudette E. Morrison, Business Mgr.
cm@ebpublishing.com

Patrick Vadnais, Classified Ads / Obituaries
patrickv@ebpublishing.com

Mary Florence, Advertising Sales
861-3270 Maryflorence798@gmail.com

Linda Nakhai, Advertising Sales
510-915-1513 lnakhai@comcast.net

Amy Sylvestri, News
amys@ebpublishing.com
510-614-1561

Jim Carrizo, Sports
jimcvsports@gmail.com
510-967-3759

Contributing Writers:

Linda Sandsmark

Michael Singer

Gene Osofsky

Carl Medford

Terry Liebowitz

Amy Ramos

Linette Escobar

Thomas Lorentzen

Buzz Bertolero

RECENT HOME SALES

San Leandro

1570 165th Avenue	94578: \$310,000	1 BD - 546 SF - 1987
1201 147th Avenue	94578: \$350,000	2 BD - 996 SF - 1974
15683 Cranbrook Street	94579: \$567,500	3 BD - 1,084 SF - 1958
327 West Broadmoor Blvd	94577: \$625,000	2 BD - 1,074 SF - 1930
806 Moraga Drive	94578: \$637,500	3 BD - 1,114 SF - 1954
15352 Sunnyhaven Street	94579: \$643,000	5 BD - 2,361 SF - 1956
1398 Manor Boulevard	94579: \$678,000	5 BD - 1,558 SF - 1951
946 Kenyon Avenue	94577: \$700,000	2 BD - 1,497 SF - 1948
15210 Andover Street	94579: \$710,000	3 BD - 1,706 SF - 1950
522 Mitchell Avenue	94577: \$720,000	3 BD - 1,291 SF - 1926
928 Maud Avenue	94577: \$747,000	3 BD - 1,352 SF - 1946
13921 Tahiti Road	94577: \$760,000	3 BD - 1,128 SF - 1961
1591 Carpentier Street	94577: \$800,000	2 BD - 1,123 SF - 1986

TOTAL SALES: 13

LOWEST AMOUNT: \$310,000 MEDIAN AMOUNT: \$678,000

HIGHEST AMOUNT: \$800,000 AVERAGE AMOUNT: \$634,461

Castro Valley

20153 Forest Avenue	94546: \$495,000	2 BD - 1,044 SF - 1986
3115 Grove Way	94546: \$525,000	2 BD - 726 SF - 1953
3093 Grove Way	94546: \$690,000	3 BD - 1,931 SF - 1951
19716 Redwood Road	94546: \$764,000	3 BD - 1,392 SF - 1984
4830 Lodi Way	94546: \$895,000	3 BD - 1,682 SF - 1954
18057 Joseph Drive	94546: \$935,000	3 BD - 1,921 SF - 1957
19216 Masterson Place	94552: \$1,000,000	3 BD - 2,228 SF - 1985
20974 Manter Road	94552: \$1,030,000	3 BD - 2,628 SF - 1965
7991 Pineville Circle	94552: \$1,050,000	4 BD - 2,340 SF - 1995

TOTAL SALES: 9

LOWEST AMOUNT: \$495,000 MEDIAN AMOUNT: \$895,000

HIGHEST AMOUNT: \$1,050,000 AVERAGE AMOUNT: \$820,444

Edward Jones®

Rosalyn Antonio

Financial Advisor

510-886-3636

Founded in 1922 • Member SIPC
Personalized Financial Service

- Retirement Planning
- Insurance Protection
- Education Savings
- Wealth Strategies
- Seminars & Workshops

20640 Patio Dr., Castro Valley
www.edwardjones.com/rosalyn-antonio

CROSSWORD PUZZLE ANSWERS

S	U	B		H	A	T	E		L	A	I	R
U	R	L		E	M	I	L		A	B	L	E
E	G	O		B	O	L	L		Y	W	O	O
R	E	C	U	R		Y	A	M				
				K	E	R	N		W	E	D	G
S	H	E	R		W	O	O		N	E	O	N
C	A	N		S	U	M	O	S		C	G	I
A	V	O	W		E	A	S	T		W	O	O
R	E	L	I	C		N	E	A	R			
				E	A	T		R	Y	D	E	R
G	R	A	N	T		W	O	O		A	L	E
A	O	N	E		A	F	R	O		U	S	E
P	E	A	R		S	T	E	M		B	E	D



A roast Leg of Lamb is budget-friendly and can feed a crowd.

The Staple of Spring Roasts

A culinary bridge across cultures, lamb is a common staple of spring cooking that dates back to ancient times and is rooted in a number of religious traditions.

It is the most popular meat consumed worldwide, but in this country it still ranks below beef, pork and poultry.

Lamb is simple to cook. One way to prepare leg of lamb is by sprinkling the outside with granulated garlic, black pepper, leaf thyme and a little rosemary; another way is with a Dijon mustard sauce. The lamb is baked at about 350°F for 30 minutes to the pound.

Probably the worst thing people do to lamb is overcook it or to smother it in mint jelly.

Lamb should not be cooked past an internal temperature of 150°F. And mint jelly just overpowers the taste of the meat. If you must have mint, try a mint-raspberry glaze that's much lighter than mint jelly.

Healthwise, lamb contains very little marbling, so the fat can easily be trimmed. It has about the same number of calories as beef and it is high in B vitamins, niacin, zinc and iron.

MARINATED LEG OF LAMB

2/3 cup olive oil
1/3 cup wine vinegar
1 medium onion, sliced
2 cloves garlic, slivered

1 teaspoon ginger spice
1 teaspoon salt
1/4 teaspoon black pepper
1 (4- to 5-pound) leg of lamb

In bowl, combine oil, vinegar, onion, garlic, ginger, salt and pepper and mix well. Pour over lamb in shallow dish and refrigerate 6 hours or overnight, turning lamb occasionally. Drain lamb, reserving marinade, and place meat on rack in shallow roasting pan.

Roast at 325°F for about 2-1/2 hours or until done as desired, basting frequently with marinade. Makes 6 to 8 servings.

LAMB SHANKS WITH LENTILS

1 pound dried lentils, rinsed
2 medium carrots, chopped
1 onion, chopped
4 sprigs thyme or 1 teaspoon dried thyme
1 tablespoon minced garlic
2 bay leaves
1 bottle red wine
4 lamb shanks
Salt and pepper to taste

Heat oven to 400°F. Combine first 7 ingredients in roasting pan or casserole and stir; bring to a boil on top of stove, then nestle lamb shanks among lentils, cover pan and put in oven. Lower heat to 350°F and let cook, undisturbed, for about an hour. Uncover and stir lentils gently; season with salt and pepper. Recover and cook about an

hour more, until lentils are very tender and meat begins to pull away from bone. Don't worry about overcooking the lentils. When lamb is tender, uncover pan, raise heat to 400°F and cook for another 15 minutes, just to brown top of shanks a bit. Makes 4 servings.

LAMB CHOPS WITH ROSEMARY

4 (1-1/2 inch thick) lamb chops
1-1/2 tablespoons olive oil
1 tablespoon minced rosemary leaves
2 teaspoons minced parsley
1/4 cup red wine
3 tablespoons butter
Salt and freshly ground pepper

Brown chops in hot oil in large skillet. Turn heat to low and cook to desired doneness, about 7 minutes on each side for medium. Remove to warm platter.

Add rosemary, parsley and wine to skillet, heat to boiling and reduce slightly. Add butter and stir in. Return lamb to pan and coat with sauce. Season to taste with salt and pepper and serve at once. Makes 4 servings.

LAMB BURGERS WITH YOGURT SAUCE

1/2 pound ground lamb
1/4 teaspoon ground cumin

1/4 teaspoon paprika
Salt and freshly ground pepper
2 tablespoons goat cheese
1 tablespoon butter
Yogurt Sauce
1 pita bread, toasted and split in half, optional

Mix together lamb, cumin and paprika. Season to taste with salt and pepper. Form mixture into 2 large, flat patties. Place 1 tablespoon goat cheese in center of each. Fold each over to form semicircle, then shape into ovals that completely cover cheese.

Melt butter in skillet over medium-high heat. Add burgers and cook, about 5 minutes per side, until completely cooked through. Meanwhile, prepare Yogurt Sauce. Serve burgers plain or place each in 1/2 or toasted pita bread. Spoon in sauce to taste. Serves 2.

For the Yogurt Sauce, combine 1/2 cup plain yogurt with 2 tablespoons minced green onions, a few drops of Tabasco, salt and ground white pepper. Stir to blend. Makes 2 servings.

LAMB STEW WITH DILL

2 pounds boneless lamb from shoulder or breast, cut into roughly 1-1/2 inch chunks
8 shallot, peeled
12 very small new potatoes, washed
Salt and pepper
2 carrots, diced
1 cup frozen green peas
8 scallions, trimmed and cut into 2-inch sections
1/2 cup snipped dill leaves (or more, to taste)
Lemon wedges

Put lamb in a broad skillet over high heat; let sear, undisturbed, about 2 minutes, or until underside is nicely browned. Stir and add shallots and potatoes. Cook a couple of minutes longer, and add salt and pepper and a cup of water. Stir, scraping bottom if necessary to loosen any meat bits that are sticking.

Turn heat to low, cover and simmer about 45 minutes, stirring once or twice.

Uncover and add carrots; stir once, re-cover and let simmer about 15 minutes more, or until lamb and potatoes are tender.

Uncover, add peas and scallions. Raise heat to boil away excess liquid. Taste and adjust seasoning.

Serve garnished with dill and accompanied by lemon wedges. Makes 4 servings.

Shield: Sheriff's Office Has Been Vocal About Program

continued from front page

UASI instead gave the county \$800,000 for equipment and the wireless emergency alert system. The remainder of the grant money will likely be redistributed to other Bay Area counties including Santa Clara, San Francisco, and San Mateo, who are all expected to apply to stage similar training events next year.

The changes approved by the board included:

- No longer calling the event "Urban Shield" after an ad hoc committee deemed the term to be combative and not reflective of a community preparedness approach to training.

- Eliminating SWAT competitions in favor of more community disaster preparedness type training.

- Eliminating the vendor expo at the County Fairgrounds during Urban Shield that advertised such products as drones, guns, cameras, "smart" TASERS, body armor, and

"Peacekeeper" brand expandable batons.

The Sheriff's Office had been vocal about keeping Urban Shield as it is, accusing opponents of making false statements about the program in order to undermine the police.

"This is very concerning because a great deal of misinformation has been spread," wrote Sgt. Ray Kelly in a press release. "First responders know the elimination or reduction of this program will make our region much less safe in responding to terror attacks, natural disasters, mass casualties and other critical incidents."

Urban Shield had been held each September since 2007 with over a hundred agencies responding to staged scenarios at sites all over the county. Past Urban Shield exercises have included SWAT teams responding to a terrorism incident at the Oakland Airport and an active shooter on a BART train.

Pie: Desserts First Pastries

continued from page 3

brought her to Oakland A's games and Fanfest. Desserts First is also a "concierge bakery," taking custom orders and bringing the pastries directly to customers.

Amanda's mother now helps out, though her friend went on to another endeavor. Eventually Amanda built up the business enough to get her own trailer to bring to events.

"After a long struggle and a lot of patience we received the trailer in July (2018) and debuted it at the Castro Valley Fall Festival this past year," says Amanda. "And that is why I now say, 'When life gives you lemons, make lemon tarts.'"

Here in Castro Valley, Desserts First has also participated in the holiday Light Parade and Street Eats (held April-October).

Amanda says she loves this field because of the major role food plays in significant occasions of people's lives.

"In my family, whether it's a celebration or a loss, there is food. It is an honor to be a part of those occasions. To help someone through a sad or joyous occasion and ease the stress of their situation is an amazing experience," she says.

Desserts First may be reached by phone at 510-733-6941. For more information, visit dessertsfirstbakingandcatering.com.

B Beauty Salon & Day Spa

15100 Hesperian Blvd. • #102 • San Leandro • 510-481-7888
10-MINUTE DRIVE FROM CASTRO VALLEY

Services: Skin Care, Hair Cut, Color, Highlights, Perm, Permanence Straightening, Waxing, Pedicure, Manicure, Shellac, Fake Nails, Foot Reflexology, Body Massage, Body Scrub

OUR CUSTOMERS' #1 CHOICES:

- Oil Body & Shoulder Massage & Stone Foot Massage \$50 (90 minutes) • \$65 (120 minutes)
You can also request warm stones for your whole back
- Sea Salt Body Scrub & Stone Foot Massage • \$60 (90 minutes)
- Deluxe Pedicure & Warm Stone Massage • \$35

Trimming, shaping and cuticle grooming. Paraffin treatment with mask and warm towels. Nourishing, buffing and polishing. Callous treatment with sugar scrub or sea salt. Hot stone massage and warm lotion massage.



- Basic Facial:\$50/70 minutes
- Men's Haircut:\$12 & up
- Women's Haircut:\$20 & up
- Eyebrow Wax:\$10 & up
- Basic Pedicure & Manicure:\$30/person
- Gel Manicure (Shellac Manicure):\$25/set

PRICES MAY CHANGE AT ANY TIME

www.BeautySalonNdaySpa.com • www.sanleandrofootspa.com

On Sale in March
Nature's Way

Nature's Way Herbs

25% OFF



Since 1969

— NATURAL FOODS —
San Leandro

182 Pelton Center
(510) 483-3630

Castro Valley
3446 Village Dr.
(510) 581-0220

Health Day Spa

FACIAL\$40

HOT STONE
60 minutes....\$50

FOOT & BODY TREATMENT
70 minutes....\$40 • 90 minutes....\$45

510-889-0268 • 10am - 9:30pm Daily
20660 Redwood Rd., Castro Valley
(Wells Fargo Plaza)

Bring In Ad Get
\$5 Off
On All Services
over \$35
Exp. 3/26/19

Cannot be combined with any other offers.

Tenor Pasquale Esposito Celebrates Caruso at Center for the Arts

By Terry Liebowitz
SPECIAL TO THE FORUM

Pavarotti, Il Divo, Bocelli: Who can resist the thrilling sound of the Italian tenor?

Our own Italian tenor, Pasquale Esposito comes to the Castro Valley Center for the Arts, Saturday, March 30 at 7:30 p.m. in the closing concert of the Castro Valley Arts Foundation 2018-2019 Series.

Pasquale brings his PBS special "Pasquale Esposito Celebrates Enrico Caruso" live to our

stage, accompanied by his quintet. Pasquale pays homage to Caruso by highlighting the life, career and songs that made Caruso an international star.

The brilliance of Enrico Caruso's voice remains a legend today. His 25-year career (1895-1920) included 893 appearances at the New York Metropolitan before he died at the age of 48.

He was the first Italian Tenor to achieve global media celebrity through phonograph records, newspapers, books, magazines, cinema, the telephone and the



Pasquale Esposito

telegraph. He has a star on the Hollywood Walk of Fame and was posthumously awarded a Grammy

Lifetime Achievement Award in 1987.

Pasquale and Caruso share the same hometown of Naples, Italy. Pasquale immigrated to the U.S. in 1998 to attend school and pursue his vocal career. He began touring with his first musical revue: "Naples...That's Amore" in 2005 and has since released 7 albums.

Pasquale debuted with the San Francisco Opera in 2015 with the premier of Maro Tutino's Two Women. The San Francisco Chronicle described Esposito as "a charismatic and dulcet-toned

singer."

In Spring 2018, Esposito released his second Public TV Special on PBS Stations: "Pasquale Esposito Celebrates Italian Piazas." Esposito was accompanied by the Orchestra Talenti Napoletani conducted by Maestro Adriano Peninno.

This docu-concert is a unique musical journey of culture, art, and tradition where Esposito dedicates a song to each of the beautiful piazzas (squares) performed in the prestigious Piazza del Plebiscito in Naples, Italy.

Presently, Esposito is arranging and recording a Christmas album that will be featured in his next Public Television Special Celebrating the true meaning of Christmas. It is set for release in December 2019.

Esposito travels nationally to major universities and colleges offering Master Classes in vocal technique and also provides private instruction in his San Jose studio. He lives in San Jose with his wife and two children. For ticketing information, visit www.cvartsfoundation/shows

WOMEN in BUSINESS

Audra Elliott

Realtor®, Notary Public

Buying or selling a home is an important decision that's about so much more than just the price tag.

As a member of Cathy Brent's Team at Berkshire Hathaway Home Services Drysdale Properties, your real estate needs are my number one priority. Whether you're looking for your dream home, or your next big investment, contact me today to request more information or to schedule a consultation.



Berkshire Hathaway Home Services • 909-4858
3811 E. Castro Valley Blvd., Castro Valley

Debbie Pfisterer

CEO

With a love for business management and marketing, and all things food related, I have enjoyed building relationships with my customers as well as imparting my community minded values to my staff for over 25 years. Each event we do is a chance to create perfection and my company does that simply with a vision of community and soulful, honest food.

Visit our website for information on The Cannery Kitchen & Tap anchor restaurant at the new multi million dollar Castro Valley Marketplace! Investors needed! Email me at info@blueheroncatering.com.



Blue Heron Catering, Inc. • (510) 533-0781
www.blueheroncatering.com
www.haywardareahistory.org/cafe/

Dee-Anna Ramirez

REALTOR®
BRE # 01987602

I love the public service opportunities that real estate brings. As your committed Realtor®, I can demystify the complex and sometimes bewildering process of buying and selling. I find it a rich and rewarding experience to bring my clients' dreams of homeownership to fruition. As a homeowner in San Leandro for twenty years, I combine personal experience with professional training to help guide buyers and sellers in the local market, or to recommend an architect, contractor, and other tradespeople. I am a relationship-based realtor, and my commitment to my clients extends beyond any transaction. Truly, it is a labor of love to make all my clients feel at home with my stellar services.



Rinetti & Co. Realtors • (510) 384-2298
www.RinettiCo.com • ramirezdeeanna@gmail.com

JENNY KIM HONG

IMMIGRATION ATTORNEY

I am the owner of a small boutique immigration law firm in San Leandro. I focus my practice to 100% immigration law, as I am committed to providing my clients with high-level, attorney-driven representation, allowing us to provide an individualized solution and success-driven outcome. We pride ourselves on our 99% approval rate. I enjoy assisting families, employers and business owners obtain legal residence, citizenship or naturalization, as well as other nonimmigrant visas. I chose "Omega" as the name to represent the beginning and end solution to one's immigration needs. Having recently moved my business to San Leandro from the San Jose area, I am enjoying the variety of clientele from San Leandro, Castro Valley, Hayward, Oakland, and neighboring cities. Our services also include: free consultations and Spanish-speaking legal assistants.



Omega Immigration Law, APC • (510) 567-4646
14895 E. 14TH ST., SUITE 240 • SAN LEANDRO, CA 94578
(same parking lot as Western Dental building and Mel's Diner)

Dr. Joy L. Johnson

Psychologist, PSY28452 (Hablo español)

With over 15 years' experience as a mother and as a professional, Joy provides Tools and Peace of Mind to successfully accomplish the monumental task of raising a Family - a task that comes without an instruction manual and has changes at every turn.

We PLAY. We HEAL. We GROW.
Together.

dr.joy.l.johnson@gmail.com | www.drjoyljohnson.com



Dr. Joy Johnson • 510-470-3540
20212 Redwood Rd. #104, Castro Valley

Judy Rose

Realtor®
CRS, SRES • CA BRE# 00633313

- Over 35 Years Serving the Needs of Sellers and Buyers with Integrity.
- Certified Residential Specialist (only the top agents in the country earn this designation).
- Senior Real Estate Specialist Serving the needs of Seniors and their Families.
- Accredited Staging Professional and Design Consultant.



Offering Free Consultation for Sellers to Maximize your profits. Email: judy@judyroose.com

RE/MAX Accord • 510-220-6206
3327 Castro Valley Blvd., Castro Valley, CA 94546

Karin Johnson

Owner

- I have over 20 years baking experience in Santa Barbara, St. Helena, Livermore, Oakland and now Castro Valley.
- Over ten years selling pastries at Farmers Markets in Castro Valley, Palo Alto and Menlo Park.
- Four years brick and mortar bakery in Lucky's Shopping Center on Redwood Road.
- Pastry Training at CIA Greystone and cooking school at Santa Barbara City College.
- We focus on using ingredients from small family farms within 150 miles of Castro Valley



Karin Johnson Specialty Cakes & Pastries
20865 Redwood Rd., Castro Valley • 329-5980

Katy Del Rio

Owner & Operator

Katy has been in business for over 37 years, 24 of which have been in Castro Valley. She is well-known for artistic styles, bridal, and special up-dos. Her knowledgeable staff updates their education to make sure they keep their clients in style. Some of the many services offered are facial microdermabrasion, eyebrow and eyelash dyeing, hair coloring including highlighting, multicolors, permanent waves, ear piercing, waxing and massage.

Katy has been doing permanent make-up for 20 years and is continually taking updated classes to make sure she gives her clients a "natural" look. She has a staff of 12 stylists to help you with your beauty and skin care needs. Come in and let us give you a complete make-over.



N-V-Us Looks • 886-6887
20408 San Miguel Ave., Castro Valley

KRISTY PEIXOTO

Realtor® GRI, CRS
DRE#01256255 Associate with J. Rockcliff Realtors

The Kristy Peixoto Team is a partnership of experts who have a unique strategy with Buyers and Sellers to achieve their Estate, Ranch and Land of their Dreams in Castro Valley, Pleasanton, Sunol, Danville, Livermore. Kristy Peixoto, Nancy Valett, Kimberly Coleman Stanley, Ranie Greer and Dannie Baker are excited to work with you side by side to achieve your Real Estate dreams. Our Specialties are Estate, Ranch, Land and Single Family Homes with Larger Lots. We would love to help you or someone you know with any of your real estate needs. The Kristy Peixoto Team has been in business for over 19 years. This Team is known for being #1 or the #2 Agents in the Pleasanton office and Top 3% at J. Rockcliff Realtors.



The Kristy Peixoto Team • 925-251-2536
TheKristyPeixotoTeam.com • KPeixoto@rockcliff.com

WOMEN in BUSINESS

Lynnette Bailey Registered Tax Preparer & Owner



Bailey's Bookkeeping Plus offers a 'One Stop' personalized service to small businesses. Different from other bookkeeping offices, by providing a fast and efficient service, at very reasonable rates. We prepare payroll, tax forms, sales tax reporting and filing. Furnishing financial statements, managing accounts payables and receivables. Quick Books Pro Advisor. Lynnette is also a State Registered Tax Preparer (Individual, Partnership, Corporate, Fiduciary) and Notary Public NNA Certified Signing Agent. Lynnette has over 30 years experience within a San Leandro CPA firm. She started her career in London, England, as assistant to the Financial Director of a UK Blue Chip Company. www.BaileysBookkeepingPlus.com

Bailey's Bookkeeping Plus • 281-0701 ext. 1
123 Estudillo Ave. #225, Best Building, San Leandro

Lynn Levin "Getting the job done right!"

Real Estate Salesperson



Lynn is a multi-million-dollar producer with a focus on service and real estate with "a personal touch". She brings over 30 years of experience selling residential real estate in this area. She has been awarded the Bay East Association of Realtors' Grand Master Award and is a consistent Top Producer in her area. Lynn has been the President of Soroptimist International of the East Bay and currently is their Membership Chair. A few years ago she served as the district's Fellowship Director, awarding over \$100K to women completing their doctorates. Soroptimist is a worldwide group founded in Oakland in 1921 and dedicated to helping women and children locally and throughout the world. At the local level, the group's focus is on helping raise money for the indigent, battered and elderly members of the community. A recent addition is helping at-risk women become free from trafficking in the East Bay. Born in New York City in 1947 to an Italian-American family, Lynn attended Hunter College and then went on to own her own ethnic music store in Greenwich Village, "The House of Musical Traditions." She was an accomplished craftsman, building dulcimers, and later did music management. Lynn has one son who she home schooled and who graduated from Dominican College on a tennis scholarship with a degree in business. And, of course, saving the best for last — 10 years ago, she was blessed with a beautiful granddaughter.

Berkshire Hathaway Home Services - Drysdale Properties • 510-593-7377
Email: lynnlevin@aol.com • Website: www.lynnlevin.com

Kim Bercovitz, D.V.M. Owner of Companion Animal Hospital



Dr. B, as her clients affectionately call her, just celebrated her first anniversary of new ownership at Castro Valley Companion Animal Hospital. During this exciting year she has been busy remodeling the interior with the addition of a new spacious exam room, created a stylish new doctor's office, added her personal touch to the exterior with refreshed landscaping, and created a separate break room for staff to enjoy.

Her growing staff now includes Dr. Melissa Hardy, Michelle McDaniel, RVT, and Isabel Ramirez, veterinary technician. You will still be happy to see familiar faces as Dr. Karen Harper and Dr. Rene Gandolfi still fondly call CVCAH their home.

She is available 5 days a week providing superior care with the support of a growing team in a family oriented environment.

Companion Animal Hospital • 582-6311
2509 Lessley Ave., Castro Valley • www.cvcah.com

Veronica Benedick Owner / Operator



I have learned the tire business from my husband who owns and operates Brake and Wheel Center in San Leandro, along with interacting with my expert employees. My philosophy is providing great customer service, fair pricing, and quality products.

I change tires and help with mount and balancing tires when needed.

We sell and service: Michelin, BFGoodrich, Uniroyal and most major brands—all at competitive prices.

SPECIAL OFFER: \$40.00 OFF with your purchase of four new tires.
Must present coupon at time of purchase.
Offer expires April 30, 2019

Mel's Tires • (510) 351-8855
2154 Washington Avenue, San Leandro
Veronicabenedick@yahoo.com

Serean Kimmel, Realtor® ReMax Accord, CA DRE#01770629



Serean has been by the far a hard-working realtor. She tries her hardest to find you a home that will fit your needs and that will leave you satisfied. I've only bought a house once prior and by far she is more attentive and caring. She made us feel like we mattered to her and that we were more than just business. It was by chance that we met but I am firm believer that God puts certain people in your life at the right time. My family and I are beyond happy and satisfied with her service. She is a passionate individual that will fight her hardest for her clients. Serean fights for her clients and does her best for them in this case us. I would recommend her to my friends and family.

—The Navas Family

ReMax Accord • www.sereankimmel.com
serean@sereankimmel.com • 510-512-2145

Terry Martinez Realtor® / Partner VPSL / Notary



So much of Real Estate is relationships. San Leandro has been my home for 17 years. Being local gives me more than just a competitive edge... it also means I have a vested interest in our community. I have worked hard at establishing my career as a Realtor in the same community where I live, shop and am raising my five children! I get great pleasure from seeing past clients at community events, and knowing that business can evolve into friendship. In January 2013, Village Properties opened a beautiful second office, furthering my investment in San Leandro. It has been said that it is not work if you love what you do. That is exactly how I feel! As always, see you in the neighborhood!

Village Properties • 510-772-3746
1031 MacArthur Blvd., San Leandro • BRE # 01726031

Tianne Rinetti-Vittoria REALTOR® / Owner



Born and reared in San Leandro, I was exposed to Real Estate my entire life, as my father, Al Rinetti, opened the doors to Rinetti & Co in 1970! I joined the family business in 1999 and now, 20 years later, I find myself appreciating everything that I have been taught, learned and loved doing on a daily basis is still very much alive within me. We have a fantastic team of professional associates, both family and friends that have made the success of my father's business survive and thrive for many years beyond his mentoring. We continue to make a difference in our community by helping sellers with the difficulties in selling their homes and buyers navigate through the stresses of entering into the market. This career is much more than a business to me, it is a life I chose to dedicate my time, love, patience and professionalism to.

Rinetti & Co. Realtors • (510) 568-6171
(510) 329-4158 • www.RinettiCo.com • trineti@sbcglobal.net

Kathleen Robinson Golf Professional - Business Owner US Kids Top 50 Coach 2018



I am the Owner & Director of Instruction at the KMR Golf Academy at Skywest Golf Course in Hayward. I love helping players of all levels meet and exceed their golf expectations. My programs are designed to help refine techniques, gain skills, practice more effectively, create a golf mindset and seamlessly transition from practice to play. KMR Golf Academy offers coaching programs, group lessons, private lessons and more for adults and juniors. If you want to understand, improve and enjoy your golf game, be sure to check out the KMR Golf Academy.

Special Offer: Buy a Private Lesson and Get One FREE! (One-person, 30- or 60-minute session). Free lesson can be gifted to another golfer. Call for additional details.

KMR Golf Academy • (202) 630-7739
www.kmrgolfinc.com • kmrgolfacademy@gmail.com

HOROSCOPE by Salomé

© 2018 King Features Synd., Inc.



ARIES (March 21 to April 19) Putting yourself in someone else's shoes isn't easy for you. But if you do it, you'll gain a better perspective of what you need to do to achieve your goals. Be open to new ideas.



TAURUS (April 20 to May 20) There are still some problems you might have to deal with before moving on to your next project. It's a good idea to accept help from those who share your objectives.



GEMINI (May 21 to June 20) It's time to recognize the difference between those who are truly concerned for you and those who simply plan to use your good nature to their advantage. New ideas become increasingly attractive.



CANCER (June 21 to July 22) Depending on a promise made becoming a promise kept could be more than a mite unwise at this time. It's best to proceed on your own rather than wait for aid that might never arrive.



LEO (July 23 to August 22) A recently revitalized relationship might not be quite what the Big Cat expected. But give yourself more time to deal with the changes. A little flexibility can go a long way. Good luck.



VIRGO (August 23 to September 22) A major change could prompt more adjustments. Some of them might be difficult to deal with at first. But hang in there, and before you know it, you'll be coasting to your next goal.



LIBRA (September 23 to October 22) Your sense of justice prompts you to speak out against an unfair situation, even if you seem to be the only one who feels that way. But you soon learn that many others agree with you.



SCORPIO (October 23 to November 21) Creating a fuss is not usually your style. But that doesn't mean you should tolerate an ill-mannered attitude. Speak up for yourself, and you'll earn the respect of others.



SAGITTARIUS (November 22 to December 21) You might have a few loose ends to tie up before you can stamp your project as complete. But once that's done, you might want to celebrate with someone special in your life.



CAPRICORN (December 22 to January 19) Disappointment darkens the Goat's mood. But close friends rally to pull you through with words of encouragement. Use their confidence in you to rebuild your own self-esteem.



AQUARIUS (January 20 to February 18) An upcoming decision might be more difficult with inaccurate information. Best to recheck the data you have at hand right now to be sure it won't mislead you later.



PISCES (February 19 to March 20) An offer you previously turned down might no longer be available. But if you do some checking around, you could find something else that would suit you just fine.

THE FORUM CROSSWORD

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15				16					17			
18			19				20					
			21		22	23		24		25	26	27
28	29	30					31		32			
33				34				35		36		
37			38		39				40			
41				42		43						
			44		45			46		47	48	49
50	51	52				53	54			55		
56					57					58		
59					60					61		

ACROSS

- 1 Long sandwich
- 4 Loathe
- 8 Den
- 12 Web address
- 13 Pianist Gilels
- 14 Competent
- 15 Swelled head
- 16 India's movie industry
- 18 Happen again
- 20 Thanksgiving veggie
- 21 "Show Boat" composer
- 24 Club used in sand traps
- 28 Robin Hood's forest
- 32 Night light
- 33 Tin container
- 34 Japanese wrestlers
- 36 Movie trickery, for short
- 37 Declare
- 39 Actor Clint
- 41 Archaeologist's find
- 43 Approach
- 44 Chow down
- 46 Actress Winona
- 50 "American Gothic" painter
- 55 Hearty quaff
- 56 Top-notch
- 57 Spherical do
- 58 Work with
- 59 Bosc or Bartlett
- 60 Goblet feature
- 61 Foundation

DOWN

- 1 Litigious one
- 2 Incite
- 3 United nations
- 4 New Testament book
- 5 I love (Lat.)
- 6 Up to
- 7 May Clampett
- 8 Marshals et al.
- 9 Blood-group letters
- 10 Dockworkers' org.
- 11 Roulette bet
- 17 Deviate off course
- 19 Kiev's country (Abbr.)
- 22 Libertine
- 23 "___ is an island"
- 25 Erte's style
- 26 Full of energy
- 27 Oklahoma city
- 28 "The Lion King" villain
- 29 Own
- 30 Organic compound
- 31 Amount of medicine
- 35 Fame
- 38 Hot dog
- 40 Like some humor
- 42 Feline
- 45 "___ the night before ..."
- 47 Smear
- 48 Otherwise
- 49 Clarinetist's need
- 50 Space
- 51 Fish eggs
- 52 Santa ___ winds
- 53 Frequently, in verse
- 54 Raw rock

ANSWERS ON PAGE 4

ATHLETES OF THE WEEK



This week's Athletes of the Week are the members of the Canyon Middle School's eighth grade girls basketball team.

The team completed their league play with a perfect 10-0 record and will begin playoffs at Canyon Middle School this evening at 6:30 p.m.

If Canyon wins, they will move on to the

Championship game, which will be held at Edendale Middle School on Friday, at 3:45pm.

Pictured: Top row: Dymonique Maxie (C), Tabitha Aloo (C), Coach Matt Christiansen, Naomi Sachs, Kiera O'Dwyer. Middle row: Nicole Guzman, Amaya Jiao, Kathy Nguyen, Alexa Murphy, Julia Bailey. Bottom row: Kaelyn Gee, Cynthia Lee, Katie Tanaka (C).

Lifeguards Sought by Park District

The East Bay Regional Park District is currently recruiting up to 60 new lifeguards for the 2019 swim season at 11 lakes, lagoons, and pools in the East Bay. The pay ranges from \$16.15 to \$18.64 an hour.

All new lifeguard positions are seasonal, full-time positions May through September. Anyone age 16 and over by April 20 is encouraged to apply.

There are six testing dates scheduled on Saturdays and Sundays the last three weekends in March (see below). Participants will be asked to swim 550 yards in under 10 minutes, carry a rescue board 50 feet, retrieve three dive rings under 4-7 feet of water, tread water for two minutes using only their legs, and retrieve a 10-pound brick from under water.

There will also be a short interview after successful completion of the swim test.

Testing Schedule (1 p.m.): March 16, Buchanan Pool, Pitts-



As many as 60 new fulltime lifeguards will be hired by the East Bay Regional Park District for 2019 swimming season.

burg; March 17, Roberts Pool, Oakland; March 23, Livermore High School Pool; and March 24, 30, 31 all at Roberts Pool, Oakland.

Participants who pass the tests will be invited to the District's Lifeguard Academy where they will receive paid training and certification in open water lifeguard-

ing. The Academy takes place over five weekends in April and May, with the swim season beginning in May for most facilities.

For more information about how to become a lifeguard call 510-544-2154 or visit www.eb-parks.org/activities/swimming/lifeguard.htm.

WILDCATS WIN CHAMPIONSHIP!



PHOTO COURTESY OF NOLAN LOUIE

The fourth grade Transfiguration Wildcats boys basketball (black) team of the Catholic Youth Organization National League/Southern Alameda County finished their regular season with a 9-1 record and 2-0 in the playoffs to complete their Championship season. PICTURED: Front row from left: Justin Reed, Nico Tinti, Tristan Ayllon, and Clayton Tang. Back row: Coaches Nolan Louie and Greg Mclean, Ryan Lin, Brett Crozier, Heath Louie, and Head Coach Adrian Ayllon. Missing from the picture is Elio Doherty.

CASTRO VALLEY INDEPENDENT SPORTS LEAGUE



Youth Baseball and
Flag Football Programs

www.CVISPORTSLEAGUE.org



Canyon Staff vs. Creekside Staff Basketball

March Madness is here, and it's time again to watch your favorite Middle Schools' Staffs shoot some hoops; this year they're changing things up with a Basketball Staff Battle of the Valley!

Instead of the traditional students versus staff game, the Can-

yon Middle School staff will be playing against the staff at Creekside Middle School.

All students, families, and former Condors and Wildcats are encouraged to come watch the fun. The basketball game will be held in the Canyon gym at 6:00 p.m. on

Friday, March 22. Pre-sale tickets will be available for \$5 at each site and \$7 at the door that evening, so mark your calendars now.

Don't miss the biggest basketball match-up of the year and support Middle Schools' Athletics and Boosters.

Is Your Store
Empty when
Others are
Full?

Advertise in the
Castro Valley Forum

THE ONLY LOCALLY OWNED NEWSPAPER DELIVERED FREE
TO 99% OF HOMES AND BUSINESSES IN CASTRO VALLEY!

Call: Mary Florence: 861-3270 or Linda Nakhai: 915-1513

CASTRO VALLEY FORUM

www.castrovalleyforum.com



PHOTO COURTESY OF JIM BRAZIL

The Creekside Middle School's wrestling team participated in the Bronco Classic Wrestling Tournament and at the end walked away with 21 medals, at San Leandro High School Saturday, March 9.

The following Creekside wres-

tlers were place winners: Champions-Mason Yamat, Devin Willets, Jacob Oh, Dylan Irby, Zean Ylaya, Kaitlynn Dorland-Clements, Victoria Greene, and Natalia Perez. Second place: Cooper Matthews, Gustavo Barrera, Justin

Santos-Duncan, and Bea Hayes. Third Place: Evan Joelsson, Caleb Yi, Evan Paasche, Bibiana Lazares, and Giselle Quintero. Fourth place: Sebastian Nunes, Jacob Cook, Teofani Navarez and Mari-ah Montano.

Americans were hit with 26.3 billion robocalls in 2018, a whopping 46 percent increase from the year before.



How Seniors Can Stop Robocalls

By Jim Miller
SPECIAL TO THE FORUM

Robocalls make up around 50 percent of all phone calls today, and it's only getting worse.

Americans were hit with 26.3 billion robocalls in 2018, a whopping 46 percent increase from the year before. Fortunately, there are a variety of tools available today that can help you greatly reduce them.

• Register Your Numbers

If you haven't already done so, your first step to limiting at least some unwanted calls is to make sure your home and cell phone numbers are registered with the National Do Not Call Registry.

To sign up, visit DoNotCall.gov or call 888-382-1222.

While this won't stop illegal robocalls, it will stop unwanted calls from legitimate for-profit businesses who are trying to sell you something. But be aware that political organizations, charities and survey takers are still permitted to call you, as are businesses you've bought something from or made a payment to in the last 18 months.

• Home Landline Tools

To stop calls on your home phone, set up the "anonymous call rejection" option. This is a free landline-calling feature available from most telephone companies. It lets you screen out calls from callers who have blocked their caller ID information – a favorite tactic of telemarketers.

To set it up, you usually have

to dial *77 from your landline, though different phone services may have different procedures to set it up. Call your telephone service provider to find out if they offer this feature, and if so, what you need to do to enable it.

Another solution is to sign up for Nomorobo, which is a free service for landline phones (if you have a VoIP landline carrier). *see ROBOCALLS on back page*

New Law Makes Organ Donations Easier

Q. My wife and I are about to prepare Advance Health Care Directives, with an option to donate our organs. I hear there is a new law that touches on this. Do you know anything about this?

By Gene L. Osofsky, Esq.
SPECIAL TO THE FORUM

A. Yes. The new law is AB 3211, effective January 1, 2019, and designed to make it easier for persons who use the statutory form Advance Health Care Directive ("Directive") to donate organs upon death.

If you use the basic statutory form, the law simplifies the check-off-the-box choices, reducing them from six down to only two.

It provides that — unless you opt out of organ donations — the default directive is that you have consented to same. It also clarifies that your failure to opt for organ donation in the Directive, does not prevent your election to do so on your DMV Driver's License.

The purpose behind the new law is to increase the number of available organs for life-saving transplantation. Reportedly, there are 23,000 Californians awaiting lifesaving organ transplantations.

However, the most significant feature of the new law is to authorize the temporary medical procedures necessary for doctors to evaluate and/or maintain your organs and/or tissues for harvesting

and transplantation.

This change was, I believe, designed to address the apparent inconsistency in a Directive, whereby an individual might opt not to prolong life if he/she were comatose, but whereby that same person had opted for organ donation.

Now, without violating your choice not to artificially prolong your life, it can nevertheless be temporarily prolonged just for the limited purpose of evaluating and maintaining your organs for transplantation.

To me, this makes good sense and avoids the medical-legal dilemma that the transplant team might otherwise face.

Notwithstanding the new law, you may still opt out of organ donations, and you can also still specify for what purpose your organs may be used, i.e. transplant, therapy, research, or education.

Note: if you do not wish to make organ donations, you must specifically opt out on the form. If you fail to specifically opt out, but do not otherwise indicate that you do not wish organ donations, then an "authorized individual" on your behalf may still opt for organ donation after your passing.

An "authorized individual" would usually include a spouse or a Domestic Partner (as defined in

the Family Code). However, apart from the decision to authorize organ donations, even a spouse or Domestic Partner may not be able to consent to the withdrawal of life-sustaining treatment; instead there must be "clear and convincing evidence" of your own wishes, and the decision as to whether that standard has been met would likely be up to a judge in the context of a legal proceeding brought for that purpose.

To be sure, the new law does not require that you use the statutory form. You may still prepare, or ask your attorney to prepare, a customized Directive suitable to your specific wishes.

So, if you and your wife wish to authorize organ donations, and you opt to use the new statutory form, be sure to verify that it complies with the new law, fill it out completely and make your wishes clear on the form.

To those readers who have already prepared Directives, I suggest that you review them to make sure your wishes are clear, and make it a point to discuss them with your designated Health Care Agents.

Gene L. Osofsky is an estate planning and elder law attorney in Hayward. Visit his website at www.LawyerForSeniors.com

WILLOW CREEK

Alzheimer's & Dementia Care

22424 Charlene Way
Castro Valley, CA 94546
510-889-1300

RCFE#015601256

Helping Our Seniors Find a Meaningful Day.
www.the-creeks.com



- All Inclusive Pricing
- Fully Furnished Suites
- Monthly Support Group

Call for a Tour Today.

LIVE LIFE TO THE FULLEST!

A Reverse Mortgage may be able to help you Live life more comfortably today, and be better prepared for tomorrow.

HighTechLending

If you (or your spouse) are 62 years or older, a reverse mortgage may be used to provide greater financial flexibility, if you qualify, for things such as:

- Turn Home Equity into Cash
- Pay off existing Mortgage(s) and possibly Other Debt
- No Monthly Mortgage Payments

Serving the Bay Area!

Borrower to remain current on their property taxes and homeowners insurance and HOA fees, occupy home as primary residence and maintain property.



TO REQUEST A FREE QUOTE
510-583-8123

Lori Reisfelt NMLS ID 291773
Licensed Loan Originator

"I pledge to provide straight forward information and excellent service."
Licensed by the Department of Business Oversight under the California Residential Mortgage Lending Act. #4130937 NMLS#7147. Equal Housing Lender. NMLS Consumer Access: www.nmlsconsumeraccess.org. This Material is not from HUD for FHA, and was not approved by HUD, FHA or any other government agency.

SARA L. ENNOR LAWYER

- Wills & Trusts
- Benefits, ERISA
- QDROs

510-633-9985

JORDAN LAW WINKLER LAW

Living Trusts & Trust Administration
Probate • Wills
Real Estate • Litigation

— Give Us a Call —
Most Initial Consultations Are Free

(510) 357-3403
1883 East 14th Street
San Leandro

Landmark Villa

Senior Residential & Assisted Living



- 24 Hour Care • Socializing
- Activities • Chef Prepared Meals
- Housekeeping • Laundry
- Quality of Life • Independence
- Legacy

Private and Shared Apartments Available!

Call today for a Free
Lunch & Tour
510-276-2872

License#015601501



Yes, we are
Pet Friendly!

21000 Mission Blvd., Hayward CA 94541

We Believe...
in Best Friends
... at Any Age



At Casa Sandoval, you can have the independence & time to pursue the things you love to do & more!

Make New Friends. Laugh. Learn. Explore New Interests.
Enjoy a full, active and independent lifestyle!

Casa Sandoval is a full-service retirement community
Providing the best in comfort, care and service

- Independent & Assisted Living Community
- Social, Cultural & Educational Programs
- Outdoor Adventures & Scenic Drives
- Fine Dining, Housekeeping & Laundry Service
- Spacious Apartments with Private Balconies & Patios

Schedule a Personal Tour Now!

Casa SANDOVAL

A Place to Live Life to the Fullest
510.727.1700

1200 Russell Way in Hayward
www.casasandoval.com

RCFE #015600073

OAK CREEK

Call for
a Tour Today.
510-889-7515

6127 E. Castro Valley Blvd.
Castro Valley, CA 94552
RCFE#015601507

The Community that Remembers the Joy of Living.
www.the-creeks.com

- All Inclusive Pricing
- Engaging Activities
- Monthly Support Group

CV Empty-Nester Redefines the Word 'Mom' with Dog Training

Laurie Berberian of Castro Valley sent her youngest child to college last fall. In spite of full time work as a school psychologist — and more time to spend with her husband — she found herself with extra time on her hands.

She began to look into the complex world of dog shows and realized that she could be an effective owner and handler of a show dog.

Berberian found a reputable breeder of show dogs and purchased Evie. When the pup was just 12 weeks old it began conformation classes at the San Lorenzo Dog Training Club in San Leandro on a drop-in basis.

After graduating from the club's puppy socialization club and earning an AKC S.T.A.R. puppy title, Evie won Best of Opposite Sex in the Labrador 4-6 month class in the Golden Valley Kennel Club show in San Joaquin County.

At 6 months, she won the Na-



Laurie Berberian of Castro Valley with her puppy "Evie" at the San Lorenzo Dog Training Club in San Leandro.

tional and International Baby Champion titles at the International All Breed Canine Association dog shows in Santa Rosa.

Understanding that showing dogs is a business for some and a

full time job for others, Berberian is taking this a step at a time.

All awards aside, the lifelong bond between Laurie and her "new child" makes Evie a winner everyday of the year.

PHOTO BY DEBBIE TEE

Reports: Disturbing the Peace; Drugs

continued from page 3

Disturbing the Peace

Friday, March 15: at 5:50 a.m., a 26-year-old man from CV was arrested at a McDonald's restaurant on Stanton Avenue after store managers filed a criminal complaint. Deputies report the man was causing a disturbance with store staff and refused to leave when asked repeatedly. Deputies also found the man in possession of illegal drug paraphernalia before taking him to Santa Rita Jail.

Shopping Intoxicated

Thursday, March 14: at 12:57 a.m., deputies arrested a 42-year-old man from CV on suspicion of pub-

lic intoxication. The man was seen mumbling to himself and roaming the aisles of a grocery store on Redwood Road near Castro Valley Boulevard. The store manager reported the man smelled of alcohol and would not leave the store. The man failed his field sobriety test and was taken into custody.

Stun Gun and Drugs

Tuesday, March 12: at 4:42 p.m., two male teenagers from Castro Valley were arrested at the Adobe Skate Park on San Miguel Avenue related to illegal possession of drugs and a stun gun. Deputies stopped the pair for questioning and discovered the 19-year-old

had an illegal amount of marijuana wrapped for sale, smoking pot in a space designated as non-smoking, and resisting arrest. An 18-year-old with him was charged with illegal possession of a stun gun. The pair were taken into custody.

Busted for Methamphetamine

Tuesday, March 12: at 3:20 a.m., deputies arrested a 32-year-old CV woman on suspicion of possession of methamphetamine drugs, illegal narcotics, and drug paraphernalia. The woman was traveling on Norbridge Avenue when deputies stopped her and discovered her stash. Deputies handcuffed the woman and took her into custody.

Community Meeting on Drug Overdose

Drug overdose deaths in the U.S. involving all drugs rose to 70,237 in 2017, and 47,600 were from opioids. No family is immune to this epidemic.

An empowering community conversation about the overdose

epidemic locally and throughout the country titled "Dose of Action: Healing Our Community" will be held from 7 to 8:30 p.m. this Friday, March 22, at the Castro Valley Library.

This educational presentation

will cover what families need to know, parent empowerment, current local drug trends and dangers, and will include Naloxone training and a free overdose rescue kit.

The program is free and no advance registration is required.

Starting a New Business?

File your Fictitious Business Name Statement with us Today.
Stop by or call Patrick V. at (510) 614-1558
2060 Washington Ave, San Leandro, CA 94577

FILED FEBRUARY 13, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 555246	FILED FEBRUARY 28, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 555856	FILED MARCH 08, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 556208
<p>FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930</p> <p>The name of the business: Chabot Car Wash located at 20735 Lake Chabot Road, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Daryl Strom, 18416 Center Street, Castro Valley, CA 94546. This business is conducted by an individual. This business commenced on 03-01-2010. /s/Daryl Strom This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires FEBRUARY 13, 2024 MAR. 6, 13, 20, 27, 2019 0006-CVF</p>	<p>FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930</p> <p>The name of the business: Jazzercise located at 18631 Stanton Avenue, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Jan K. Hoehn, 18631 Stanton Avenue, Castro Valley, CA 94546. This business is conducted by an individual. This business commenced in 1979. /s/Jan K. Hoehn This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires FEBRUARY 28, 2024 MAR. 13, 20, 27, APR. 3, 2019 0007-CVF</p>	<p>FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930</p> <p>The name of the business: Dilly Dally Dollhouse located at 18417 Crest Avenue, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Rita Mariani, 18417 Crest Avenue, Castro Valley, CA 94546. This business is conducted by an individual. This business commenced on 01/19/2019. /s/Rita Mariani This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires MARCH 08, 2024 MAR. 20, 27, APR. 3, 10, 2019 0008-CVF</p>

FILED JANUARY 29, 2019 STEVE MANNING County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 554582	FILED FEBRUARY 27, 2019 STEVE MANNING County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 555757	FILED FEBRUARY 19, 2019 MELISSA WILK County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 555426
<p>FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930</p> <p>The name of the business: H11 Group located at 25537 Foggy Glen Drive, Castro Valley, CA 94552, in Alameda County is hereby registered by the following owner(s): Thomas Hauschild, 25537 Foggy Glen Drive, Castro Valley, CA 94552. This business is conducted by an individual. This business commenced on N/A. /s/Thomas Hauschild This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires JANUARY 29, 2024 MAR. 6, 13, 20, 27, 2019 0003-CVF</p>	<p>FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930</p> <p>The name of the business: Chabot Smog located at 20747 Lake Chabot Road, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): 1. Emran Hassan and 2. Sabana Hassan, 2728 Barlow Drive, Castro Valley, CA 94546. This business is conducted by a married couple. This business commenced on 10-16-2013. /s/Emran Hassan, Sabana Hassan This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires FEBRUARY 27, 2024 MAR. 6, 13, 20, 27, 2019 0004-CVF</p>	<p>FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and Professions Code Sections 17900-17930</p> <p>The name of the business: Love, Art and Beauty by Vera located at 21060 Redwood Road #200 Suite #17, Castro Valley, CA 94546, in Alameda County is hereby registered by the following owner(s): Vera Jaene Astorga, 659 Black Pine Drive, San Leandro, CA 94577. This business is conducted by an individual. This business commenced on N/A. /s/Vera Jaene Astorga This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires FEBRUARY 19, 2024 MAR. 6, 13, 20, 27, 2019 0005-CVF</p>

THE EDEN AWARDS

Saturday April 6th, 2019
Our Lady of Grace Catholic Church
3433 Somerset Ave, Castro Valley, CA 94546
6:00pm-10:00pm

First Responder of the Year— Aisha Knowles
CVUSD Teacher of the Year— Barbara Andersen
SLZUSD Teacher of the Year— Ann Villegas
Business Person of the Year— Janet Lemmons
Volunteer of the Year— Ted Riche

REAL ESTATE GALLERY

REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Forum

GUEST COMMENTARY



New Round of IPOs Could Reshape Real Estate Landscape

What do Airbnb, Lyft, Pinterest, Postmates, Slack and Uber have in common? All headquartered in San Francisco, they are planning to go public with much anticipated IPOs, creating an unprecedented wave of new millionaires.

The question is, "What to do with all that money?"

Nellie Bowles of The New York Times writes, "They want cars. They want to open new restaurants. They want to throw bigger parties. And they want houses."

Companies around the Bay Area are already planning to capitalize on the massive influx of newly minted wealth. San Francisco bike shops are gearing up their inventory of electric bicycles, many boasting prices of \$7,000 and more.

Party and private entertainment companies are preparing for the onslaught of celebratory gigs. Ice sculptors are sharpening their tools to carve ice chairs with company logos, full-sized cars and anything

else someone with more money than they know what to do with might imagine.

With San Francisco housing prices already amongst the highest on the planet, it is hard to imagine what a flood of new money might do to home values.

With minimal new construction to meet demand, many believe existing home values will soar, prompting numerous San Francisco homeowners to pull their homes off the market, hoping to capitalize once the IPO windfalls hit the street.

When tech firms such as Facebook and Google went public, home prices went up around the entire Bay Area. It is no secret, however, that employees of San Francisco tech firms want to live in the City and get as close to their companies as possible.

It is also a fact that the City does not have enough inventory to meet demand, so cities close are hoping to benefit as well.

Oakland has profited tremendously from San Francisco's housing woes. From a low average home price of \$286,000 in 2009, prices soared to a peak of \$984,000 in 2018, a jump of 344%.

In contrast, for the same period, San Leandro average prices increased 217%, San Lorenzo saw a bit larger increase at 231% while Castro Valley lagged behind at 191%.*

While San Francisco will be affected the most by the impending IPOs, Central County homeowners are hopeful that the trickle-down effect will enhance their values as well. It is hard to imagine that, while the rest of the state is seeing decreasing prices, we may still be in for a boost in 2019.

*Data from Trendgraphix
Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

Mortgage Rates Drop Further

The 30-year fixed-rate mortgage dropped to 4.31 percent last week, according to Freddie Mac's weekly survey.

"At 4.31 percent, the average 30-year fixed mortgage rate is at its lowest since February of last year," said Sam Khater, Freddie Mac's chief economist. "While these low rates will certainly get the attention of prospective homebuyers, the supply of homes for sale remains stubbornly low."

A year ago at this time, the 30-year fixed averaged 4.44 percent.

Fifteen-year home loans averaged 3.76 percent, down from 3.83 percent.

Five-year hybrid adjustable-rate mortgages (ARMs) averaged 3.84 percent, down from 3.87 percent.



Sellers if you have been thinking of selling
Now is the Time!



Please call me for a **FREE**,
no obligation market evaluation today!

Coldwell Banker Real Estate
Call Trish Radovich: 510-367-7999
calltrish@comcast.net

21060 Redwood Rd. Ste. 100, Castro Valley



PONATOWSKI LEDING PARIKH
LAW CORPORATION

**CASTRO VALLEY'S
FULL SERVICE
LAW FIRM**

**Business
Real Estate • Trusts
Family Law**

510-881-8700 + WWW.PONLAW.COM



The Esmeyer Team
James, Rosalyn, Rachel & Jamie
Shamrock Realtors - Going Above and Beyond
James Esmeyer, Broker Associate - DRE#01363681
(510) 909-8344

Luxury awaits you in this custom estate home in the upper Hayward Hills. There are beautiful panoramic views of the San Francisco Bay from almost every room, this home is unique on 1.14 Acre of usable land. There are 4 Bedroom, 3 1/2 Baths, over 4500 sq. ft. of custom living and so many custom features with 3 levels of comfortable living space. The main house level offers a nice custom front door entrance, office with a fireplace and a beautiful circular stairway. Step down to the lovely living room with high ceilings, beautiful custom formal dining area, a great chef style kitchen with lots of nice stainless-steel appliances and beautiful granite counter tops. This room offers beautiful views. Next, you go upstairs to the fabulous large master bedroom suite with a private bathroom. There is a beautiful manicured Japanese botanical style garden area. 3 car garage. Near Bart & major freeways. Very Private with amazing views.



3906 Arbutus Court, Hayward
Open Sunday March 24th from 1-4 PM

Give the Kristy Peixoto Team a call for more information at 925-251-2536

THE KRISTY PEIXOTO TEAM
Estates, Ranches and Small Real Estate
925-251-2536 | www.thekristypeixototeam.com
J. Rockcliff REALTORS
Kristy Peixoto | Nancy Valett | Kimberly Stanley | Rannie Greer | Dannie Baker
Serving the San Francisco Bay Area
LEVERAGE GLOBAL PARTNERS LUXURY REAL ESTATE

WEEKEND GARDENER

Flowers

Sow or transplant perennials such as coralbells, coreopsis, delphiniums, foxgloves, hollyhocks, lupines and Iceland poppies. A good selection of perennials is available in six-packs, 4-inch pots and one-gallon cans at local nurseries and garden centers.

OPEN HOMES SAT. & SUN. MARCH 23rd & 24th

CITY	SAT	SUN	ADDRESS	PRICE	BDRM./BA.	REALTOR	AGENT	PHONE
SH	2-4:30	2-4:30	30 Marlow Dr.	\$749,000	3/2	Marvin Gardens RE	Greg Novak	510-472-4770
H	1-4	1-4	3246 Bridle Dr.	\$749,000	3/2	Compass RE	Michelle Miller	510-701-3442
A	—	1-3	954 Lee Ave.	\$899,000	3/1.5	Robert Jones & Assoc.	Matt Jones	510-357-0120
C	1-4	1-4	18750 Walnut Rd.	\$1,025,000	3/3	J. Rockcliff RE	Lisa Ferraris	510-304-1271
H	1-3	1-4	3906 Arbutus Ct.	\$1,750,000	4/3	J. Rockcliff RE	Kristy Peixoto	925-251-2536

CITY GUIDE A = SAN LEANDRO • B = BERKELEY • C = CASTRO VALLEY • D = DANVILLE • F = FREMONT • H = HAYWARD • L = LIVERMORE
M = MODESTO • O = OAKLAND • P = PLEASANTON • SLZ = SAN LORENZO • Z = ALAMEDA • SH = SHEFFIELD VILLAGE

All real estate advertised in the Castro Valley Forum is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, marital status, national origin, or intention to make any such preference, limitation or discrimination. The Castro Valley Forum will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

To All Women!

...women who start their own companies, who work for a company, who live to lead people, who love being the breadwinner, who are passionate about their jobs, and to those for whom work is just a means to pursue other passions and goals! And... to all the men around them who are such an important part of their life!

I'm grateful to all of the families who I can help find their place in the world — all of those dinner tables, breakfast nooks, family game nights and late-night conversations.



MURLINE MONAT
Realtor® | DRE 01824992
510.406.0114
murline.monat@compass.com
murlinemonat.com

ADVERTISE WITH EAST BAY PUBLISHING AND REACH OVER 65,000

TO PLACE A CLASSIFIED AD

CALL 510-614-1558
FAX 510-483-4209
EMAIL Classifieds@ebpublishing.com
ONLINE www.ebpublishing.com

TO VIEW THE CLASSIFIED ADS

Visit our Websites 24 hours a day
www.sanleandrotimes.com
www.castrovalleyforum.com
2060 Washington Ave., San Leandro, CA 94577

CLASSIFIED AD DEADLINE

New ads, cancellations or ad changes:
MONDAY BY 5:00 P.M.
Call 510-614-1558 (Mon. - Fri., 9 a.m. - 5 p.m.)
VISA, MASTERCARD & DISCOVER ACCEPTED

AUTOS / TRUCKS

\$35 10 words
(3 weeks)

GARAGE SALES

\$30 10 words
(1 week)

HELP WANTED

\$35 10 words
(1 week)

MISC. FOR SALE

\$30 10 words
(3 weeks)

RENTALS

\$35 10 words
(1 week)

SERVICES

\$30 10 words
(1 week)

ALL CLASSIFIED ADS ALSO RUN FREE ONLINE! • AD MUST BE PREPAID WITH CASH, CHECK OR CREDIT CARD • ADDITIONAL WORDS ARE \$1.00 EACH

CLASSIFIED ADS RUN EVERY WEDNESDAY IN THE CASTRO VALLEY FORUM AND EVERY THURSDAY IN THE SAN LEANDRO TIMES

PLACE YOUR CLASSIFIED AD ON OUR WEBSITE AND SAVE \$5 PER WEEK OFF THE ABOVE PRICES!

ANNOUNCEMENTS

LANDLORDS - Advertise your units! A vacancy day is money lost forever ... R. Bowman

NEED - MUSIC LESSONS or **PIANO TUNING?**
Check the Classified Ads under "MUSICAL SERVICES" for help.

AUTOMOBILES/TRUCKS CYCLES/TRAVEL TRAILERS

1986 Ford Jamboree F350 Class C Motorhome. Runs good, low mileage, good condition, selling as is, asking \$4,500 o.b.o. Contact Grady Edwards 510-258-1563, 8am - 5pm.

2000 Saturn SL2, auto, 4-dr, 4-cyl, white, A/C, excellent condition, very reliable, runs good. \$1,800 o.b.o. Smogged. Call Patrick 510-517-3351

AUTOMOBILES/TRUCKS CYCLES/TRAVEL TRAILERS

2006 Hyundai Sonata automatic, 6-cyl, 93,706 miles. \$4,000 o.b.o. 510-786-3960.

SELL YOUR CAR OR TRUCK with a Classified Ad
For more info or to place an ad call 510-614-1558
San Leandro Times/Castro Valley Forum

CLASSES/TRAINING

LSAT PREPARATION - Affordable classes start April 15 and May 27. Call 510-866-9991 for details.

CONCRETE SERVICE

***MP CONCRETE.** Driveways, Patio, Retaining Walls, Stamped Concrete, Asphalt, Hauling. Lic.#1004427. Milo 510-502-9336.

CONTRACTOR SERVICE

NOTICE TO READERS

California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State Law also requires that contractors include their license number on all advertising. Advertisers appearing on this page without a license number indicate that the contractor is not licensed. You can check the status of your licensed contractor at www.cslb.ca.gov or (800) 321-2752. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

Need Contractor Service?
Check our HOME SERVICE & CLASSIFIED ads for help!
Castro Valley Forum/San Leandro Times

To Place an Ad call 614-1558

EMPLOYMENT WANTED

*LOOKING FOR WORK?

Check the **Help Wanted** ads on the next page of this newspaper. Also: **Limited Time Offer!** You can run a 15 word "Employment Wanted" ad. Ad runs in the San Leandro Times & Castro Valley Forum. Call 510-614-1558 to place an ad or for more info. (Some restrictions may apply)

FENCES/DECKS

FENCE LEANING? Don't replace... repair and save! Call Randy 510-706-6189.

IF YOUR GARAGE SALE IS RAINED OUT, WE'LL RUN YOUR AD AGAIN FOR NO EXTRA CHARGE. SLTimes

GARAGE SALES



SAN LEANDRO

*SPRING CLEANUP!!!

Time to clean out your Attic, Garage, Basement (House)!!!
Get your items together and place a **GARAGE SALE** ad in the San Leandro Times and the Castro Valley Forum for as little as \$30.
To place an ad Call 510-614-1558

GARAGE SALES

SELL YOUR CAR OR TRUCK with a Classified Ad
For more info or to place an ad call 510-614-1558
San Leandro Times/Castro Valley Forum

THANK-YOU for supporting the Castro Valley Forum and San Leandro Times!



We greatly appreciate our many advertisers who make it possible for us to publish these newspapers.

HOME SERVICES DIRECTORY

Concrete

CONCRETE WARRIOR LOCAL CONCRETE

Driveways • Sidewalks
Bricks • Stamp • Fence
Drainage • Decks
Asphalt & More!
Prodeck
(510) 387-8276
Lic. #1024814

Construction

GOLDEN GATE ENTERPRISES, INC. GENERAL CONTRACTOR

Additions / Remodels
Kitchens / Baths • French Drains
Foundations / Dry Rot / Stucco
Retaining Walls / Patios
Decks / Construction & Repair

(510) 909-8552
FREE ESTIMATES Lic. #818840
www.bayareacontractor.com

Construction



510-557-5768
FREE ESTIMATES
Bonded & Insured
Lic. #1016019

www.EastBayContractor.com

Fences/Decks

Fence Leaning? Don't Replace... Repair & Save!

*Reinforcement of existing fences is my only business, Rotted posts are my specialty.

FREE ESTIMATES!
510-706-6189
Randy McFarland

Gardening/Landscaping

LANDSCAPING, MAINTENANCE & TREE SERVICE

- General Cleanup & Maintenance
- Lawn Mowing, Edging & Weeding
- Tree Removal, Topping & Trimming
- Hillside Cleanup, Hauling & Shaping
- Fence Repair, Flower Beds and Painting

CALL FOR A FREE ESTIMATE
Unlicensed
510-712-4318

Gardening / Tree Service

PEREZ Gardening & Maintenance TREE SERVICE

Pruning, Topping, Removing, Synthetic Grass Installation, Planting, New Lawns & Lawn Care, Sprinkler Systems, Lots & Hill-sides Cleaned & Planted, Drainage/Gutters, Fences, Decks, Patios, Arbors, Concrete, etc.

CALL 510-385-2122
FREE ESTIMATES
EXCELLENT REFERENCES / SINCE 1994
INSURED / ALL WORK GUARANTEED / UNLICENSED

Thank-You...

Aris Painting for
advertising with us for over 3 years!

LIC. #880049
Aris Painting
SOLID EXPERIENCE SINCE 2006

Our experience, combined with the highest quality paints and materials will provide your home with a durable finish that will last for years to come.

Call today for a free estimate!
(510) 685-1152

We truly appreciate all of our advertisers!

San Leandro Times / Castro Valley Forum

House Cleaning



WEEKLY • BI-WEEKLY • MONTHLY
EMPLOYEES COVERED BY WORKERS COMP. STATE DISABILITY INSURANCE
Specializing in detailed cleaning tailored to your home
FREE ESTIMATES
Email: PATTYATL@AOL.COM
www.tlc-housecleaning.com
510-481-9193
BONDED & INSURED • ALL TAXES PAID

Painting



- Residential & Commercial
- Interior & Exterior Painting
- Drywall
- Home Restoration
- Custom Finishes

510-919-7903
Coastbrushworks.com
Lic. #662915

Painting

Diego Painting

- Residential/ Commercial
- Interior/ Exterior
- Power Washing

FREE ESTIMATES
Lic. #855054 • diegopainting@comcast.net
www.diegopainting.com
(510) 331-6152

Painting • Int./Ext.

Aris Painting LIC. #880049

SOLID EXPERIENCE SINCE 2006

Our experience, combined with the highest quality paints and materials will provide your home with a durable finish that will last for years to come.

Call today for a free estimate!
(510) 685-1152

REACH OVER 60,000 READERS

Advertise your services in both of our newspapers... at one low price!

CASTRO VALLEY FORUM
San Leandro Times

HOME SERVICES DIRECTORY

For More Information, Call 614-1558

Roofing

Lic. #311818
K REED ROOFING
Complete Residential & Commercial Roof Systems
(510) 357-5116

Call Now For A Free Written Roof Analysis & Estimate
Serving San Leandro & The Entire Bay Area. For Those Who Demand Superior Personalized Attention.
SINCE 1975 / FULLY INSURED

Roofing & Painting

San Leandro Painting & Roofing

Family Owned Since 1966 • Bonded & Insured • Lic. #883326
• Residential and Commercial Roofing • Re-roofing • Certified Roof Inspections
• Roof Repair • Rain Collection Systems • Attic Ventilation
• Gutter Installation and Cleaning
• Painting
510-798-9674



GARAGE SALES

SHEFFIELD VILLAGE

GARAGE/ESTATE SALE Fri. 3/22, 3:00-7:00; Sat. 3/23, 8:00-4:00; Sun. 3/24, 10:00-4:00. **RAIN or SHINE** 3428 Revere Avenue, above Sheffield Village, off Dutton/ 580. Retro clothes, toys, Christmas; tools, books, antiques, collectibles, miniatures. A little bit of everything.

GARDENING

***ANY YARD WORK.** Cleanups and Maintenance. Free Estimates. Call 510-798-1833.

***BEAUTY GARDEN LANDSCAPING** Design - Construction - Maintenance. Cleanups, New Lawn, Artificial Grass, Irrigation, Patios, Pathways, Brick, Stone, Concrete Fence/Decks. Free Estimates! Lic.#925130. 510-691-8852.

***NAVA'S COMPLETE GARDENING:** Mowing, trees, cleanup/hauling. FREE estimates. 510-512-5857

JAIME'S GARDENING Maintenance, Trimming, Cleanups, Hauling, Sprinkler Repair/ Timers. FREE Estimates. Insured. 510-299-9583

Katsura Landscaping. Professional hand pruning. Landscape design/ install/ consultation. Garden clean-up and redesign. Call Mike 510-828-4854. Contr. Lic.#858145 M/C & Visa Accepted

NEED Gardening Service?

Check the advertisers in our "Home Servc Directory" and our "Classified Ads" for help!

CLASSIFIED AD DEADLINE:
Monday 5:00 p.m.

GIVEAWAYS

VIEW the Classified Ads
Online at
sanleandrotimes.com or
castrovalleyforum.com
IT'S EASY!
For more info call
614-1558

HANDYMAN SERVICE

ENRISA CONSTRUCTION. Remodeling, Kitchens, Baths, Drainage, Foundations, Retaining Walls, Painting/ Landscaping. Lic.#1022942. FREE Estimates. Hablamos Español. Juan 510-798-2959 EnrisaConstruction@gmail.com

HANDY PEOPLE. Any type of job. No job too small. 510-934-1251.

HOME IMPROVEMENT. FREE Estimates. Residential Interior/ Exterior. Roofing, Painting, Concrete, Sheetrock, Fencing, Ceramic Tile, Texturing, Decks, Siding Repair, Bathrooms/ Kitchens, Remodeling, Carpentry, Hauling, Cleanups, etc. Jose Cruz 510-294-9017. Unlicensed.

Specializing in Window & Door repair. Also Painting. Call 510-934-1251.

TORRES, A PERFECT HANDYMAN
•Honest •Dependable •Responsible
Painting, Plumbing, Retaining Walls, Fences, Tiles, etc. FREE Estimates. 510-305-3205

Advertise your Home for rent in the San Leandro Times & Castro Valley Forum
DON'T LET ANOTHER WEEK SLIP BY!
— A vacancy day is money lost forever —
To place an ad call **510-614-1558**

HAULING SERVICE

***SMALL/LARGE JOBS.** Wood, trash, concrete, furniture. Low rates. 510-268-1412/ 510-631-5463.

HAULING: Small and Big Jobs. Furniture, Concrete, Wood, Trash, Metal, Demolition. Also house inside/ outside cleanups. 510-715-1578.

HELP WANTED

GENERAL

Do you need some help at your business?

To place an Help Wanted ad call **510-614-1558**
Your ad will run in and the Castro Valley Forum on Wednesday and the San Leandro Times on Thursday.
Find help and support your local newspaper at the same time!
- Thank you -



The City of San Leandro is now accepting online applications for:

Police Service Technician I/II (2 full-time and 1 part-time positions)
- \$26.67 - \$35.72/hour

For more detailed information, please visit www.sanleandro.org EOE

Experienced Laborers Needed. Part time for excavating/ concrete work \$30 - \$35.00/hour depending on experience. Leave message or email your information and work experience at: 510-537-6550 or acapilla@comcast.net

HELP WANTED

Do you love helping people? Carlton Senior Living is the place for you! Now Hiring Care Givers & On-Call Cook. Walk-ins welcomed. 1000 E. 14th St. or visit our website www.CarltonSeniorLiving.com to apply online.

Compañía Necesito Choferes para transportar mercaderías y ayudantes llamar a Maria 510-693-1193 o Miguel 510-693-0666.

SELL YOUR CAR OR TRUCK with a Classified Ad
For more info or to place an ad call 510-614-1558

San Leandro Times/Castro Valley Forum

HEALTH CARE

HealthCare for quadriplegic male. Work - personal care. Week nights: Mon, Wed, Fri.: 7pm. - 10pm. Weekend mornings: Saturday: 8am and 10am. Sunday: 8am - 11am total=14 hours \$18.00/hr. Near Oakland Zoo. 510-636-1582 - Glenn or Brenda.

HOUSE CLEANING

***CONNIE'S NATURAL CLEANING** Licensed/ Insured/ Bonded Make Your Home a Pleasant and Healthy Environment www.conniesnatural.com Call 510-506-5053

Cristina House Cleaning, free estimates, senior discount. Bus.-Lic. #121121. 510-825-0459.

EDITH'S HOUSE CLEANING Excellent references. Free estimates. Low rates. 510-314-7030.

HOUSE CLEANING

VICTORIA'S HOUSE CLEANING Excellent references. Free estimates Reasonable rates. 510-715-1578 VictoriaGutierrez140@gmail.com

WALTON'S JANITORIAL Licensed / Bonded / Local For a **SPARKLE CLEAN OFFICE** or Home
Windows • Floors
• Carpets • Restrooms
Phone 352-7948
Member of S.L. Chamber of Comm.

LOST & FOUND

FOUND - Cat, female, cream, in San Leandro (Washington Manor area). Call 510-606-2121.

LOST - White gold wedding ring, around 2/5/19, in San Leandro. **REWARD.** 510-351-8984.

LOST: Small Beagle Shepherd Mix. Last seen 3/13 Proctor School. Call 510-512-4030. Has tags. Shy.

MISC. FOR SALE

Working refrigerator \$50, 7' sofa in good condition \$50. 925-297-9541.

AUTOMOBILES

2000 Saturn SL2, auto, 4-dr, 4-cyl, white, A/C, excellent condition, very reliable, runs good. \$1,800 o.b.o. Smogged. Call Patrick 510-517-3351

PETS

2 Terrariums (20 & 40 Gallon). Also Dog/Cat Kennel. 510-480-5025.

VARIOUS ITEMS

All private party ads are prepaid (paid in advance). Use your M/C, VISA or DISCOVER card, mail in your payment, or stop by our office to place an ad.

MISC. WANTED

I pickup televisions and reusable houseware items for **free!** 510-830-5825.

MUSICAL SERVICES LESSONS

EAST BAY MUSICIAN - Lessons, Good with Kids. Call 510-427-3955.

PAINTING SERVICE

NEED PAINTING WORK? Check the TIMES & FORUM Home Service ads for help. We really appreciate our advertisers! Patrick V.

PERSONALS

Dearie - Happy 10th Anniversary!
I Love You
- Dearie

REAL ESTATE AGENTS



Are you interested in buying or selling a home or property?

Would you like the help of a Professional Agent?

For assistance call ...

***SCOTT HARRISON** - Realtor
Coldwell Banker 510-388-4536

REAL ESTATE WANTED

Single parent with Castro Valley roots looking for permanent family home near CV High School. Cash private sale preferred. Please contact castrovalleyhome@gmail.com if interested in selling within next 3-5 months.

RENTALS

San Leandro 1-bedroom Bachelor Apt near BART. Credit check. \$1,300. 510-357-5797.

APARTMENTS

Castro Valley 2-bedroom, 1-bath, Walk to BART and Village. Gated, laundry, pool, fitness. \$2,295. 510-582-8389.
www.bartplazaapartments.com

Hayward 1-bedrooms \$1,425 - \$1,525, 2-bedrooms \$1,695 - \$1,795 (check availability). Patios, balconies, pool, ample parking, storage, spacious. 510-887-6633.

Hayward spacious 1-bedroom \$1,200+, 2-bedroom \$1,500+. Balcony, patio, pool. 510-581-4702.

LANDLORDS - Advertise your units! A vacancy day is money lost forever ... R. Bowman

RENTALS/ROOMS

San Leandro room \$700. Female only. Share home of partially disabled women. Includes laundry and kitchen privileges, utilities, Internet. Please call Patti at 510-468-1454.

RENTALS/WANTED

WANTED: Senior woman and adult male seeking affordable room(s) to rent. 510-919-8231.

CLASSIFIED AD DEADLINE:
Monday 5:00 p.m.

SERVICES

SELL YOUR CAR OR TRUCK with a Classified Ad
For more info or to place an ad call 510-614-1558

San Leandro Times/Castro Valley Forum

NEED - Handyman Service? Check the Classified Ads under "HANDYMAN SERVICE" for help.

TREE SERVICE

***A CAREFUL TREE SERVICE.** Certified. Arborist. Lic.#694067. Trimming, Removals. **FREE Estimates.** Bonded. Call 510-581-7377.

YOUR INFO

Advertise your Home for rent in the San Leandro Times & Castro Valley Forum
DON'T LET ANOTHER WEEK SLIP BY!
— A vacancy day is money lost forever —
To place an ad call **510-614-1558**

CLASSIFIED AD DEADLINE:
Monday 5:00 p.m.

LANDLORDS - Advertise your units! — A vacancy day is money lost forever —
R. Bowman

NEED - MUSIC LESSONS or PIANO TUNING? Check the Classified Ads under "MUSICAL SERVICES" for help.

VIEW the CLASSIFIED Ads **Online at**
sanleandrotimes.com or
castrovalleyforum.com
For help or for more info call **510-614-1558.** E.B. Publishing

THANK-YOU
for supporting the Castro Valley Forum and San Leandro Times!



We greatly appreciate our many advertisers who make it possible for us to publish these newspapers.

HOME SERVICES DIRECTORY

Handyman

HANDYMAN SERVICES

Serving Castro Valley & San Leandro for 28 Years

Big or Small —
We Do It All!
(925) 548-4202

Hardwood Flooring

FERREIRA'S HARDWOOD FLOORING

Sand • Install • Refinish
Glista • Oil Base

25 Years Experience

FREE ESTIMATES

Call Jeff Today!

510-366-6491

Lic. #803455

HAVE SERVICES? CALL US

REACH OVER
60,000
READERS BY
ADVERTISING
IN THE



HOME SERVICES DIRECTORY

Roofing

BANNER ROOFING CO.

★ New Roofs ★ Re-Roofs ★ Roof Repairs ★
RESIDENTIAL & COMMERCIAL

WE CONTROL YOUR RAIN!

★★★★

ALL TYPES OF ROOF REPAIRS

★★★★

PROFESSIONAL WORKMANSHIP

★★★★

FREE ESTIMATES

SENIOR DISCOUNTS

LIC # 657692 BBB A+

ROOFING TYPES

- ASPHALT SHINGLES
- FIREPROOF TILE & SLATE
- CEDAR/SHAKE SHINGLES
- METAL ROOF SYSTEMS
- TAR & GRAVEL
- SINGLE-PLY SYSTEMS

GUTTER TYPES

- SEAMLESS ALUMINUM.
- PREPAINTED IN 20 COLORS
- GALVANIZED 5", 6" & 7"
- COPPER GUTTER SYSTEMS
- SHEETMETAL FABRICATION
- OVERHANG SOFFIT & FASCIA
- CLEANING & REPAIRS

20% OFF

20% OFF ANY OF OUR ROOFING & GUTTER SERVICES
20% OFF ANY COMPLETE OR PARTIAL ROOFING JOB
20% OFF ANY COMPLETE OR PARTIAL GUTTER JOB
20% OFF ANY ROOFING OR GUTTER REPAIR JOB
— ONE DISCOUNT PER HOUSEHOLD —

LICENSED / BONDED / INSURED 2424 CLEMENT ST., ALAMEDA

510-895-4433

Plumbing

CAPELLI PLUMBING & DRAIN CLEANING

Compare Our Prices!

FREE ESTIMATES
24/7 SERVICE

BBB Military & Senior Discounts
Family Owned & Operated
510-969-4358
LIC. #904794

REACH OVER 60,000 READERS

Call today for ad rates and availability.



HOME SERVICES DIRECTORY
Call 614-1558

Roofing

Wonderlin
ROOFING SYSTEMS
Castro Valley Lic. #642517 Insured/Bonded

FAMILY OWNED & OPERATED
Over 25 Years Experience
Reroofs • Repairs • Inspections
Dry Rot Repair • Seamless Gutters (Pre-painted)
FREE ESTIMATES



\$200.00 OFF
COMPLETE REROOFING WITH TEAR-OFF
One Coupon Per Customer Expires 4/30/19

(510) 538-1530

We Specialize in Residential Roofing



Castro Valley Mobil Gas Station
Must Present Coupon At The Time Of Write-Up.
18950 Lake Chabot Rd., Castro Valley
510-888-1334
\$10.00 OFF
STAR Certified
6 Days/Week
Mon-Sat 8:30am-5:30pm
SMOG TEST
Free Retest
5¢ OFF EVERY WED.
Quality Gas At OFF BRAND PRICES!
Regular Unleaded Gas

Obituaries

Elaine Chang Jue

September 9, 1936 – February 26, 2019

Elaine Chang Jue went home to be with her Lord and Savior, Jesus Christ, on February 26, 2019. Elaine peacefully passed at the age of 82 at her home in Castro Valley, after her illness with kidney disease.

Born September 9, 1936, in San Francisco to David and Mary Chang, Elaine was a beautiful and caring individual who touched the lives of all who knew her. Elaine was the beloved wife and best friend of Daniel Jue since 1962 and raised two loving children.

Dan and Elaine enjoyed traveling all over the world serving as missionaries in Argentina, China, Laos, and other countries. Elaine was very involved in the churches she attended, and in other ministries like Bible Study Fellowship (BSF).

Elaine is survived by her husband, Daniel / her son and his wife, Brian and Arlene / her son-in-law, Kevin / and her grandchildren, Lauren, Daniel, Kayla, Micah, Samantha, and Brandon. She is preceded in death by her daughter, Sharon.

A Celebration-of-Life service will be held for Elaine at Castro Valley First Baptist Church on Saturday, March 23 at 11am.



Elizabeth "Betty" Souza

October 6, 1921 - March 11, 2019

Resident of Castro Valley

Imelda Elizabeth "Betty" Kamena was born in Oakland, CA on October 6, 1921. She passed away in her sleep on the morning of March 11, 2019. Betty was a long time resident of San Lorenzo, where she and her husband, Joe Souza, raised 4 children. In 2003, Betty moved to Castro Valley to live with family, and eventually moved in 2013 to Eden Villa senior residence living community (now the Villa at Castro Valley).

Betty was met in heaven by her husband, Joe, daughter JoeAnn, son John, daughter Kathy, and granddaughters Claudia and Dawna. She is survived by her son, Mike Souza and his wife Jan of San Leandro, her son-in-law, Rick Doerr and his wife Babs (Suzanne) of Castro Valley, 9 grandchildren and dozens of great and great-grandchildren.

Betty lived a long, healthy, adventure-filled life. She and her husband traveled extensively, their favorite destination being the Hawaiian Islands. Betty continued to travel after Joe's passing and frequented Disneyland more times than anyone can recall! Her love of the theme park was captured permanently on her 75th birthday, when she had Mickey Mouse tattooed on her arm.

Betty's love of music continued right up until she left this life. In her younger years, Betty taught piano and sang in church choirs. Many San Leandro and San Lorenzo residents remember Betty best as the singer of "Elvira" and "Bill Bailey" with the banjo band at Porky's Pizza Palace every Thursday night, taking her final curtain call on February 28th of this year.

Services will be held Thurs., March 21 at Santos-Robinson Mortuary in San Leandro, viewing from 4 p.m. - 8 p.m., with vigil service at 7 p.m. Funeral Mass to be held Fri., March 22 at 9:30 a.m. at Transfiguration Catholic Church in Castro Valley, to be followed immediately by burial procession to Lone Tree Cemetery in Hayward. In addition, there will be a celebration of life Thurs., March 28 at Porky's Pizza Palace in San Leandro. Arrangements taken care of by Santos-Robinson Mortuary, 510-483-0123.

LETTERS to the Editor

Why Vaccinations are Vital

Editor:

Unvaccinated children become adults with no immunity. If they are exposed they may become infected because their immune systems are not strong.

In the 1970s Pertussis (Whooping Cough) caused illness and death in the Bay Area. Mumps can cause sterility in males, Chicken Pox may cause scars and Shingles. Diphtheria may lead to death. Your children will not thank you when they become adults at risk.

—Val Giles RN, PHN,
Castro Valley

Letters continue on page 15

Obituaries

CREMATION SERVICES DEERCREEK

FUNERAL SERVICE

1700 Norbridge Ave., Castro Valley

Please Call for Appointment

510-317-7890

www.DeerCreekCremation.com



John Kurilich, Jr.

February 3, 1928 – March 14, 2019

John Kurilich passed away peacefully in Castro Valley, surrounded by his loving family who knew him as Dad, Johnny, Cuz, Uncle John, Grandpa, and Grandpa John. He lived 91 years filled with laughter, family, and friends.

John was born in Oakland, CA, graduating from Fremont High. He served for two years in the Army, and then attended U.C. Berkeley. He graduated from the pharmacy school of the University of Albuquerque at New Mexico, thus beginning his 45-year career as a pharmacist. He was the owner of Bayside Pharmacy in San Leandro for years, before moving to Fremont Rexall Drug and eventually to Thrifty Drugs.

John loved making friends, and made so many with his faithful attendance at the Ligure Club that he was voted in as a full-fledged (non-Italian) member. He was also a member of SIRS, the Fremont High Alumni, and the California Pharmacist Association (CPhA). An avid sports fan who cheered for Cal, the Warriors, the A's, and the Giants, he also loved horse-racing, jogging, and shooting craps.

His family will never forget the sight of him on his 90th birthday, on such a hot streak at the craps table that fellow players were pelting him with twenty-five-dollar chips.

John cherished his family. For many years, he was a devoted care-giver to his aunt, his mother, and his wife, Betty. With the time afforded by his retirement, John immersed himself in the activities of his grandchildren. He loved nothing more than spending time with them and attending their sporting events.

John was preceded in death by Betty, his wife of 47 years, as well as his parents, John and Eleanor Kurilich, and his sisters, Diana Munson and Marie Granzella. He will be deeply missed by his children, Sharon Cramer (Jim), Kevin Kurilich (Jeanne), and Kimberly Conti (Louis), his grandchildren Dean Kurilich, Curtis Conti, and Melanie Conti, his nephews and nieces, and his cousin and best friend, Pete Dragoni.

His many friends will always remember his humor, and his warm friendship.

The viewing and vigil were held at Grissom's Chapel and Mortuary on Tuesday, March 19, 2019.

All are welcome to the Funeral Mass celebrating His life beginning at 10:30 a.m. on Wednesday, March 20, at Our Lady of Grace Catholic Church 3433 Somerset Avenue, Castro Valley, followed immediately by a reception at the church hall. Burial will be at 2:00 p.m. at Holy Sepulchre in Hayward 26320 Mission Blvd., Hayward. In lieu of flowers, donations may be sent to a charity of your choice. Grissom's Mortuary (510-278-2800, grissomsmortuary.com).



Since 1965
Jess C. Spencer
Mortuary &
Crematory
21228 Redwood Rd.,
Castro Valley
581-9133

Offering
Personalized
Memorial and
Cremation
Services.



FD 1168 CR49

CASTRO VALLEY FORUM OBITUARIES

may be emailed to:
obits@ebpublishing.com
or faxed to:
510-483-4209.

Please include a phone number.

Brief notices are published free. Longer obituaries, including pictures, are available for a fee.

For help, call Patrick Vadnais at 510-614-1558.

The Forum is delivered to more than 99% of homes in Castro Valley.

Lillian "Lil" Wright

January 17, 1926 - March 12, 2019

Lillian (Delcré) Wright, age 93, passed away in her Castro Valley home of 67 years surrounded by her immediate family.

Lillian was born on January 17, 1926 to Mary and Henry Delcré and raised in Oakland as part of a large Italian immigrant family. After living for a short time in Boston's Italian North End, she returned to the Bay Area where she graduated from Oakland Tech High School. Lillian fell in love with Loren Wright after they met at the Fratellanza Club in Oakland. Following their marriage in 1951, they purchased a home in Castro Valley where Lillian and Loren lovingly raised their three children: Loren, Linda and Renée.

She worked for the Food Services Department of the Oakland Unified Public School District for many years. Lillian had a wonderful sense of humor, especially when placing the "Italian curse" on any team that opposed her beloved Golden State Warriors. In addition to her passion for the Warriors, she loved to garden, paint, sew, and create great Italian cuisine. She could also be found enjoying excessive amounts of Peets Coffee while reading the San Francisco Chronicle. A glass of moscato seemed to regularly accompany her delicious pasta dinners. As recently as last year, Lil took the dare to drink vodka-honey shots with her "grandkids."

Linda compassionately and patiently cared for Lillian on a daily basis over the past decade, allowing Lillian to enjoy her senior years to the utmost.

Her gracious and compassionate demeanor was a part of her everyday makeup, and that is why, Lil, your family and friends will miss you terribly and always cherish the enjoyment of simply being around you.

In addition to her three children, Lillian leaves behind Claire Wright (daughter-in-law), Dean Chapman (son-in-law), and "adopted" grandkids, Evan, Brita, Spencer and Rachel.

A gathering in Lil's honor will be held in the near future.

In Lillian's memory, donations may be made to: Hope Hospice, Inc., 6377 Clark Avenue, Suite 101, Dublin, CA 94568



LETTERS to the Editor

continued from page 14

The Importance of Children Learning from their Mistakes

Editor:

I currently have on the wall in my classroom a sign that reads:

(F)irst (A)ttempt (I)n (L)earning

This reminds students and parents alike that everyone fails and with such failures come valuable lessons.

As a veteran teacher, I am concerned that some parents don't share this belief and am encountering more and more such parents. As a middle school teacher, I feel it is important to be clear about rules and consistent with consequences.

Students need (and want) these guidelines. When mistakes are made and no consequences are issued, the student learns a different lesson.

Perhaps parents feel that by defending their child's poor choices, they are showing love/support. When this happens, however, the child misses out on a wonderful (& "affordable") learning opportunity.

I am proud to say that here at Creekside most students exhibit R.O.A.R. behavior (Respect Ownership Acceptance Responsibility). Encourage your children to take ownership of their choices, both good and bad, so as to learn from them. In doing so, it will send them into adulthood with the necessary tools to meet with success and better equip to deal with the inevitable failures.

—Ms. Gail Swartzendruber, English/History Creekside Middle School

Jewish Community Stands with their Muslim Friends

Editor:

The Tri-Valley Cultural Jewish Community extends love to — and stands with — our Muslim friends at this time of grief and mourning in the wake of the terrorist attacks on New Zealand mosques.

No matter how far away a tragedy like this happens, we are all one human body, and this injury has been inflicted on us all. The wound is fresh now, and scars will remain, but we seek to help with treatment.

Not only in healing but in continuing to campaign against hate and violence and show love to all.

Reach out to Muslim friends and neighbors now and show them they have your support. And consider donating to one of the organizations designed to help the families of the victims of this terrorism.

A body that hurts itself is one that does not function for long. A body in harmony is healthy. Caring for others is to care for oneself. This is how we, humanity, survive.

—Scott Pepper, Board of Directors, Tri-Valley Cultural Jews

Says Rodeo Critic Should 'Quit with the Misleading Letters'

Editor:

In response to the opinion of Eric Mills who is still at it in the never-ending letter writing career to shut down the Rowell Ranch Rodeo. Didn't he see the message, "No Hate in Castro Valley?"

The Rowell Ranch Rodeo is an upstanding event with years of experience in handling and caring for animals. I have attended the rodeo for many years, and the Cowboy Experience. I have asked questions of the cowboys and officials with the event.

It is clear that only the best care is given to all livestock as well as concern for the safety of the children. Maybe Eric should talk to the rodeo and get his information from those who know, and quit with the misleading letters and comments.

Mr. Mills is just another bully in a long line of bullies who feel it is their business to tell others what to do, when to do it, and how to do it.

He should really use his energy to help the homeless and the hungry in the Bay Area. Long Live Cowboys!

—Marjorie Engelage, Castro Valley

Calls on Supervisors to Ban More Rodeo Activities

Editor:

I attended and spoke at the Jan. 15 Alameda County Board of Supervisors' meeting. No. 3 on the Agenda was a proposal to ban several rodeo events.

Supervisor Chan proposed to ban "Mutton Busting" based on

presentations as well as ASPCA's website condemning all "children's rodeo events such as goat tying, calf riding and sheep riding ("mutton busting"), which do not promote humane care and respect for animals."

Voting was 4-1 to ban "Mutton Busting," Mr. Haggerty the only "no." Had they read the website further, "Wild Cow Milking" and electric prods should be included in the ban: ASPCA also condemns "all rodeo events that involve cruel, painful, stressful and potentially harmful treatment of animals, not only in performance but also in handling, transport and prodding to perform."

The Board previously received numerous letters from organizations including Alameda County Veterinary Medical Association and the East Bay SPCA and many concerned citizens.

Supervisors Miley and Haggerty indicated their view that they do not equate the sentient qualities and ability to feel pain of ranch animals with that of companion animals.

Video evidence including forcefully yanking a calf's head backwards several times, the animal obviously in fear and pain, left them saying they were not clear these animals were feeling anything; judging animal advocates as having no ranch experience. (Speaking for myself, the opposite is true.)

To these two, please research, spend time at an animal sanctuary, read the stance of countless DVM's, Pope Francis, writings of St. Francis of Assisi, and much other material available.

Thankfully, Mr. Miley voted to ban "Mutton Busting" based on the ASPCA website. Please add "Wild Cow Milking" and electric prods to that ban!

—Marcy Schantz, Castro Valley

LETTERS TO THE EDITOR must include writer's first and last names, phone number, city of residence, and must be under 300 words. We reserve the right to edit as necessary. Email Letters to: fredz@ebpublishing.com, or mail to: The Forum, P.O. Box 2897, Alameda, CA 94501.

WHAT'S NEW

Bicycle Maintenance

The Whys, Whats and Hows of Mindfulness

Digital Marketing Certificate (online)

Celebrate Spring with Cupcakes!

Watercolor Flowers



SUMMER FUN

Pre-K to 5th Grade* Summer Enrichment

June 17 - July 12, 2019 • Monday - Friday

(no class July 4 and 5)

Held at Independent Elementary School



Enrollment begins March 19!

* Including students entering 6th grade in fall

**Spring,
A NEW
START!**

GET FIT

Zumba® and Basic Zumba®

Nice & Easy Movement

Yoga

Pilates

Basketball



WHY NOT NOW?

Special Ed Paraprofessional

Wastewater Treatment Operator

Google Tools for the Workplace

English as a Second Language

High School Diploma or GED



For a complete list of classes, check out our brochure or visit our website!



Castro Valley
Adult & Career Education
Learn • Grow • Achieve



510.886.1000



www.cvadult.org

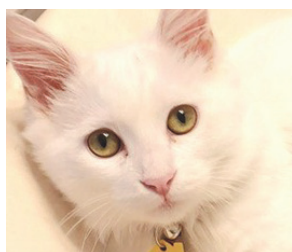
ADOPT-A-PET



LUIGI is a handsome 4 yr old who's easygoing, friendly and leans in for pets, ear rubs, and chin scratches. He doesn't like loud noises. He's OK with being picked up and carried and makes "air biscuits" when he's content. Info: Hayward Shelter, 510-293-7200.



SCARLETT is a sweet, 2 yr old who wants nothing more than to be your lifelong companion. She's calm, yet playful, when playing fetch. She plays well with both humans and dogs. May be OK with families with younger kids. Info: Hayward Shelter, 510-293-7200.



VALKYRIE is a beautiful 10 month old girl with big green eyes and soft fur. She's sweet and very friendly with people and children. She's looking for a home without dogs. Spayed, vaccinated, chipped and FIV/FelV negative. Email Loveallpawzrescue@gmail.com.



BAYO is a handsome, 4-yr-old boy with long fur who's looking for a lap to warm. He needs a calm home where he can stretch out in a sunny window or curl up in a lap. OK with older kids and adults. Neutered, vaccinated, and chipped. Email Loveallpawzrescue@gmail.com.

Become a Booklegger

Do you like kids and books? If you're looking for a flexible volunteer opportunity, consider becoming at Castro Valley Booklegger.

Bookleggers make magic! These trained volunteers visit K to 5 classrooms in the Castro Valley Unified School District to share books, from exciting adventures to suspenseful mysteries to eye-popping nonfiction.

Bookleggers have presented to classrooms in every school across the District, sharing their love of reading with the next generation.

The Orientation Meeting will take place on Monday, April 8 from 10 a.m. to 11 a.m. At the meeting you will hear from current Bookleggers and why they love to volunteer. You will learn about the training program and understand the commitment necessary to be an outstanding Booklegger.

During the training, which starts the following week on April 15, you'll learn booktalking and storytelling skills. You'll pair those skills with your talents and passion to connect kids and books.

Please RSVP for the Orientation Meeting by emailing croos@aclibrary.org

The Castro Valley Booklegger Project is a partnership of the Castro Valley Unified School District and the Alameda County Library.



Yiann will be performing at Pampa's Cafe on March 30

THIS WEEK At Smalltown

● **Thursday, March 28: The Lab: Songwriter and Poet Showcase & Workshop.** Sign-ups for performances by email only: info@smalltownsociety.com.

The Lab is evolving into a monthly gathering that allows songwriters and poets to workshop and collaborate on new and existing pieces through exercises and brief performances, in front of and among friends. Everyone is welcome!

This month's featured artist is Ted (Brother Theodore) Gould from 7 to 9 p.m.

● **Saturday, March 30: Pampas Cafe Presents: Smalltown Society Art Sessions.** Join Smalltown and Pampas Cafe in the parking lot at Pampas, highlighting local art and the music of singer/songwriter Yiann Chou. Free. 10 a.m. to 1 p.m.

More details on these events and others visit www.smalltown-society.com or text "Smalltown" to 797979. Smalltown Society is located at 22222 Redwood Road, Castro Valley

Robocalls: Block Them

continued from page 9

Nomorobo uses a "simultaneous ring" service that detects and blocks robocalls on a black list of known offender numbers. It isn't 100 percent foolproof, but it is an extra layer of protection. To sign up or see if Nomorobo works with your phone service provider, visit Nomorobo.com.

• Cell Phones Tools

To stop unwanted robocalls and texts to your cell phone, ask your carrier about caller ID options that help identify, filter or prevent callers that aren't legitimate.

For example, AT&T provides their subscribers a free app called "AT&T Call Protect" that has automatic fraud-blocking and suspected spam-warnings, and you can manually block unwanted calls.

Starting this month, Verizon is offering free spam alerting and call blocking tools to their users. T-Mobile offers free "Scam ID" and "Scam Block" to combat robocalls and spam. And Sprint customers can sign up for its "Premium Caller ID" service for \$2.99 per month to guard against robocalls and caller ID spoofers.

• Call Blocking Apps

Another way to stop nuisance robocalls on your smartphone is with call blocking apps. These can identify who is calling you and block unwanted calls that show up on a crowd-sourced spam and robocaller lists.

Some top call blocking app for iPhones and Androids include Nomorobo (Nomorobo.com), Hiya Caller ID and Spam Blocker (Hiya.com) and Truecaller (Truecaller.com).

Nomorobo cost \$2 per month, while Truecaller and Hiya apps are free to use, but offer upgraded services for \$2 and \$3 per month.

• Spam Proof Phones

There are also phones you can buy, like the Samsung Galaxy S, Samsung Note, or Google Pixel phone that have built-in spam and robocall protection in place.

Samsung's Smart Call feature flags calls it suspects are spam, while Google Pixel phones have built-in spam call protection. With this feature, users with Caller ID enabled will get a warning if a suspected spam call or robocall is received.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org.

Student Honors

Julia Wehe of Castro Valley was named to the President's List for the fall 2018 semester at Capital University, a private undergraduate institution and graduate school in Columbus, Ohio.

To be named to the President's List, the highest level of academic distinction, students must have achieved a grade point average of at least 3.85.

CASTRO VALLEY/EDEN AREA
CHAMBER OF COMMERCE
Serving Ashland, Castro Valley, Cherryland, and San Lorenzo

THE CASTRO VALLEY/EDEN AREA
CHAMBER OF COMMERCE PRESENTS

THE TASTE OF CASTRO VALLEY & BUSINESS EXPO

Free Entrance | Food | Giveaways
Music | Drinks | Prizes | More!

Thursday, March 21, 2019 | 5:30pm-7:30pm

The Hayward- Castro Valley Moose Lodge
20835 Rutledge Rd, Castro Valley, CA

Purchase Tasting Tickets at the door or on the Event page
of the Castro Valley/Eden Area Chamber website

For more information on becoming a vendor, becoming a sponsor, or attending:
www.EdenAreaChamber.com
info@CastroValleyChamber.com
(510) 537-5300

**PROGRESSIVE
URGENT CARE**

**New in Castro Valley!
NOW OPEN!
9am- 9pm Daily!**

We provide quality
care for non
emergency services
with or without an
appointment.

**22101 Redwood Rd., #B
510-605-5330**

To make appointment go online to:
www.progressiveurgentcare.org

Most major
insurance
plans accepted.
We offer a low
cost self pay rate.

For life threatening emergencies, call 911
or go to the nearest emergency room.