



## Autism Screening

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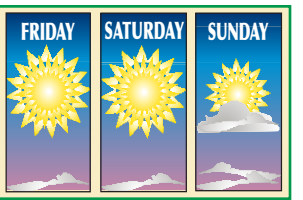


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## WEEKEND WEATHER

**HOT** High temps on Friday give way to fairer weather on Sunday  
HIGHS: 80-85  
0 10 20 30 40 50 60 70 80 90 100 110  
LOWS: 56-61



# San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

VOL. 29 • NO. 37

THURSDAY, SEPTEMBER 12, 2019

SAN LEANDRO • CALIFORNIA



PHOTO BY JIM KNOWLES

Judging the dahlias at the show on Saturday are Quamrun Eldridge and Beverly Dahlstedt of the San Leandro Dahlia Society, and Lena Marsden of the Monterey Bay Dahlia Society.

## Dahlias on Display in Living Color

By Jim Knowles  
San Leandro Times

A big room at the library blooms every year when the San Leandro Dahlia Society holds its show, as it did over the weekend.

Dahlias come in all shapes and sizes, from a foot in diameter to little flowers the size of a dime. The people who know all about this flower were on hand to talk dahlias, which happens to be San Leandro's official flower.

Groups of judges with clip-

boards hovered over flowers with a critical eye, looking for that perfect bloom.

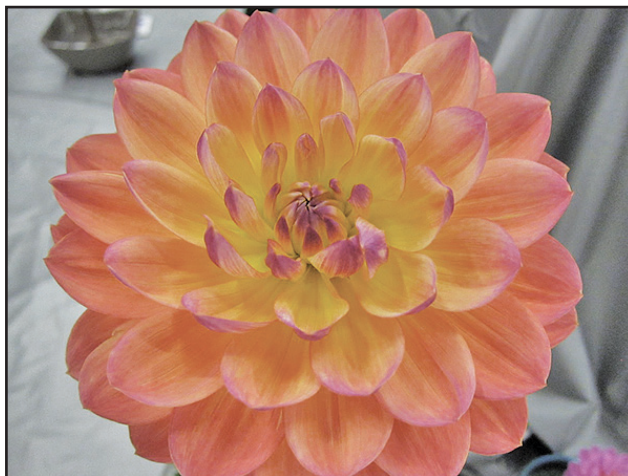
"We're looking for form and color," said Beverly Dahlstedt of the San Leandro Dahlia Society.

Some of the flowers were in groups, three or five to a vase.

"For the threes and fives we look for symmetry of the dahlias, the same size, color and openness," Dahlstedt said.

The show was open to the

see DAHLIA, page 8



## City Remodels Park for Dogs

By Jim Knowles  
San Leandro Times

About the happiest place to be in town is down at the dog park.

"I love this park," said Linda Kotler as she and her husband Norman watched their rat terrier Monique run around like crazy. "It's just good people and good dogs."

The Kotler's last dog passed away at age 15 and they got their

new dog about six weeks ago from the shelter in Dublin. On Tuesday, the Kotler's came to see the ribbon cutting for the newly remodeled dog park along the shore by Marina Park.

Mayor Pauline Cutter said a few words before cutting the ribbon with fellow Council members Corina Lopez and Pete Ballew. But first Cutter announced that there would be treats afterwards

see DOGS, page 5



PHOTO BY JIM KNOWLES

A 650 foot long mural decorates the renovated dog park.

## SL Man Among Suspects in Cell Phone Robberies

DA's office, police make arrests in string of robberies of Fed-Ex and UPS drivers

The District Attorney's office charged twelve people last week, including a San Leandro man, in a widespread crime ring that targeted UPS and Federal Express drivers delivering cell phones to cellular telephone stores.

The defendants stand charged with multiple separate robberies and grand thefts. An extensive investigation that spanned four months and involved 31 cities and ten counties throughout Northern and Central California culminated in a coordinated search and arrest operation conducted on Aug. 29, in Oakland, San Leandro, and Pittsburg.

Eight men and women were arrested. Six guns were seized including an assault rifle, along with two illegal ammunition magazines, stolen property from the thefts, and other physical evidence.

### Drivers Robbed While Delivering to Cell Phone Stores

Beginning in December of 2018, UPS and Fed-Ex delivery drivers were preyed upon as they delivered merchandise to cellular telephone stores. The suspects would rush the drivers as they approached the stores with boxes of merchandise, grab the boxes and run to vehicles that displayed paper dealer plates. In some cases, force or fear was used in

the crimes.

Beginning in May of 2019, the Alameda County District Attorney's Office Special Prosecution Unit met with UPS and Fed-Ex security representatives

see ROBBERIES, page 8

## San Leandro To Join Coastal Cleanup Day

The City of San Leandro's annual Shoreline Cleanup will be next Saturday, Sept. 21, from 8 a.m. to noon along the San Leandro Shoreline.

The cleanup day is part of the broader California Coastal Cleanup Day, as well as an international effort to clean up the coasts and protect the world's oceans.

In San Leandro, people are invited to meet in one of the two staging areas: the Monarch Bay Drive Bridge (at the end of Marina Park); and the Heron Bay entrance to the shoreline trail at the end of Lewelling Boulevard.

The Heron Bay entrance has

see CLEANUP, page 15

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Assumption School starts year with remodeled gym. **Page 3**

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Turn vegetables into a delicious meal. **Page 7**

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## San Leandro Times

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San Lorenzo and Sheffield Village

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## Pets of the Week



**Jacob**

The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are Jacob the kitten and Cheech the senior dog.

**Jacob** arrived at the shelter as a scared, tiny furball. Now at 4 months old, he's blossomed into to a playful, confident kitten. Neu-



**Cheech**

tered, microchipped, vaccinated.

While **Cheech**, a 9-year-old chi mix, is shy and a bit of a loner, he truly deserves a second chance with a loving family. He loves tennis balls and squeaky toys.

For more information on Jacob or Cheech, call the Hayward Animal Shelter at 510-293-7200.

## SL Demo Club to Meet Sept. 26

The San Leandro Democratic Club will meet on Thursday Sept. 26, from 6:30 to 8 p.m. at the San Leandro Main Library, 300 Estudillo Ave.

Guest speaker Casey Farmer,

executive director of the Alameda County Complete Count Committee, will talk about the 2020 Census and what Alameda County can do to prepare for a complete count.

## Redwood 4-H Open House

The Redwood 4-H Club is having an informational open house tonight (Thursday) at 7 p.m. at Canyon Middle School, 19600 Cull Canyon Road in Castro Valley, in the cafeteria. Many projects can be viewed, along with fun and food, so see what 4-H is all about.

Club projects for the 2019-20 year will include vet science, rabbits, camping, hiking, archery, horse, dog training/agility, sheep, baking/cooking, poultry, needle crafts and more. Every year is different, based upon adult volunteers who help guide the club.

4-H is for boys and girls, ages 5-19, empowering young people with the skills to lead for a lifetime, through hands-on projects, leadership opportunities and mentoring.

For more information, contact Karen Sherman at (510) 566-3672 or email [kranedude@aol.com](mailto:kranedude@aol.com) or log onto [www.redwood4h.org](http://www.redwood4h.org). There is also a display case at the Castro Valley Library for the month of September showcasing Redwood 4-H.

4-H started over 100 years ago and has become our nation's largest developmental non-profit organization for boys and girls, ages 5-19. It empowers young people with the skills to lead for a lifetime, through hands-on projects, leadership opportunities and mentoring.



4-H provides skills that will last a lifetime. The Redwood 4-H Club will host an open house tonight at Canyon Middle School in Castro Valley.

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Come to the  
Baby Boomers  
Dance on Sunday

Come join the fun at the Baby Boomers Dance to The Magic Notes Band on Sunday, Sept. 15, from 2 to 5 p.m. at Cabrillo Civic Club #11, Ashland Holy Ghost Hall, 16490 Kent Ave. in San Lorenzo. Wear your '60s/'70s outfits. Prizes given for best outfit. Prizes given for dance contest winners. Cost is \$13. All ages welcome. For more information, call Shirley at 510-329-1705.

## Senior Lunch Menu

Lunch provided by Spectrum Community Services

A low-cost senior lunch provided by Spectrum Community Services is served on weekdays at the San Leandro Senior Center, 13909 East 14th St.

Everyone age 60 and up can have lunch. A suggested donation is \$3.75, but no one is refused for lack of funds. (\$10 for those under 60.) Call 24 hours ahead to reserve a lunch (1-510-825-9793) or sign up at the Senior Center.

The menu for lunch next week, Sept. 16 to Sept. 20, is:  
Monday – (New recipe!)

Southwestern chicken, salad, orange.

Tuesday – Open faced hot turkey sandwich with gravy, sweet potatoes, lemon seasoned broccoli, peaches.

Wednesday – Spinach lasagna, tossed vegetable salad, whole wheat rolls, honeydew melon.

Thursday – Apricot glazed pork, mashed potatoes with gravy, carrots, applesauce.

Friday – Baked southwestern cod, split pea soup, cooked spinach, brown rice, strawberries.

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# Assumption School Unveils Renovations on Gymnasium

Assumption Catholic School rolled out the red carpet for the new school year to unveil improvements to the school's gymnasium and to celebrate the school's new sports logo.

During the summer, the 30-year-old hardwood floor in the gym was resurfaced and painted. New windows, wall safety padding, lighting and improved wireless access were installed.

During a student assembly,

**“This new CYO logo represents many things... pride, strength, endurance, optimism.”**

— Assumption Principal Lana Rocheford

the school held a fashion show to introduce a new logo design for student uniforms, and to reveal the new Trojan athletics logo painted on the center of the refurbished gymnasium floor.

“This new CYO logo represents many things we hope participants feel when they play sports at Assumption - pride, strength, endurance, optimism. It was a lot of fun to get the students excited about sports and school,” said Lana Rocheford, who began the school year as the new principal. “Being a part of Assumption has been a blessing. Over the years as Assumption's 8th grade teacher, I have seen students graduate and succeed in high school and beyond. As principal, I see that we are continuing to build that excellence with our energetic and passionate faculty and staff.”

The recent updates to the gymnasium have special meaning for one Assumption family. On Thursday, Aug. 22, Assumption alumni (Class of 1999) Lauren (LaPlante) Sugayan, walked her 5-year-old son across campus for his first year in Assumption's T-K class.

“My family isn't new to Assumption School. My brothers and I went to Assumption between the years of 1984 to 1999,” explained Sugayan. “Shortly after my older brother started As-

sumption, my dad, Ron La Plante, took over as Athletic Director.

He coached and organized the teams from 1986-1996. The school was built in the 1950s, and by the late '80s, the gym was very outdated. The kids were struggling to get excited about sports. So, my dad not only replaced the gym floor, he put in basketball backboards, updated the uniforms, and started an awards program. Thirty years ago, all of those changes were quickly able to get the kids excited about team sports.”

Catholic Youth Organization (CYO) coordinates league play for grades K-8 youth at Catholic parochial schools throughout the San Leandro, San Lorenzo and Castro Valley areas. Girls and boys team sports include cross country, basketball, volleyball, track and field, and sand volleyball programs.

“We have dedicated volunteer coaches who have helped the students with their skills and game strategy. Last year, several of the Assumption student teams went on to compete in the Oakland Diocese CYO Playoffs and Championship level games against East Bay CYO teams. We're proud of our team players and program,” said Nathaniel Fripp, Assumption CYO Athletic Director.

Ms. Sugayan went on to commend the school's Dad's Club and Mr. Fripp for their leadership to bring Assumption School a new gym floor. “I'm sure that, just like my dad did many years ago, the work that they do today to give



PHOTO COURTESY OF ASSUMPTION SCHOOL

Assumption School unveiled their new gymnasium floor and new CYO Athletics logo during a student assembly in August.

our neighborhood kids a positive sports environment will also have a lasting impact on them for the rest of their lives.”

CYO enrollment is open to any elementary or middle school student who resides within the church parish boundary for each of the San Leandro-area Catholic elementary schools. Proof of

residency is required to determine which CYO school program the student is eligible to enroll. A date of birth document is also

required for grade-level sports team placement. To participate in the Assumption School CYO program, September to May 2020,

contact, CYO Athletic Director Nathaniel Fripp at [mrfrripp13@gmail.com](mailto:mrfrripp13@gmail.com) or [slassumption@sbcglobal.net](mailto:slassumption@sbcglobal.net).

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9/14	The Simms Band	Sat. 6pm
9/15	The Mark Banning Band	Sun. 3pm
9/20	Otis Redding Legacy	Fri. 8pm
9/21	3 O'Clock Jump	Sat. 1pm
9/21	Luv Bomb	Sat. 6pm
9/22	Up Close and Personal	Sun. 3pm
9/27	Re-wind, That 80's Band	Fri. 8pm
9/28	Mas Mojo	Sat. 6pm
9/29	Fault Line Blues Band	Sun. 3pm
10/4	Dee Coco & Co.	Fri. 8pm
10/5	Touch of Class Band	Sat. 6pm
10/6	South County Blues Band	Sun. 3pm

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## CROSSWORD ANSWERS

A	R	K	M	O	O	S	S	L	A	Y
P	O	I	O	B	O	E	C	O	V	E
P	I	N	T	S	I	Z	E	A	G	O
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A	P	E	W	A	G	E	R	S		
D	A	C	T	Y	L	S	W	A	S	
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O	R	E	O	E	R	I	E	Z	E	D
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# NEIGHBORS



PHOTO BY MASS COMMUNICATION SPECIALIST 2ND CLASS JACKSON BROWN

## SL Native Serves with High-Tech U.S. Navy Helicopter Squadron

"I wanted to see the world and not be stuck in an office," Leonard Wong said. Now, eight years later, Wong serves with the Scorpions of Helicopter Maritime Squadron (HSM) 49, working with one of the Navy's most advanced helicopters at Naval Air Station North Island, San Diego. "It's easier than a ship," said Wong. Wong, a 2003 graduate of San Leandro High School, is a logistics specialist with

HSM 49, a versatile squadron that's capable of completing a number of important missions for the Navy with the MH-60R Seahawk helicopter. "I'm responsible for taking care of sailors and making sure that operations are running smoothly," said Wong. Wong credits success in the Navy to many of the lessons learned in San Leandro. "I learned to finish things," said Wong.

## ARTS & ENTERTAINMENT

### ❖ Douglas Morrisson Theatre *The Three Musketeers*

The Douglas Morrisson Theatre, 22311 N 3rd St. in Hayward will present *The Three Musketeers* through Sept. 29. Steve Mutter-spough directs Ken Ludwig's

adaptation of the classic swash-buckling Alexandre Dumas story of heroism, treachery, close escapes, and above all, honor. The play begins in 1625 with D'Artagnan setting off for Paris in search of adventure. Along

with D'Artagnan goes Sabine, his sister. Soon after reaching Paris, they encounter Athos, Porthos, and Aramis, the famous musketeers. They join forces to defend the King and Queen against the most dangerous man in Europe, Cardinal Richelieu, and the deadliest woman in Europe, Milady, the Countess de Winter. Preview night is on tonight, Sept. 12 at 8 p.m. Showtimes are 8 p.m. on Fridays, Sept. 13, 20 & 27, Saturdays, Sept. 14, 21 & 28 at 8 p.m. and Sundays, Sept. 15, 22 & 29 at 2 p.m. Tickets are \$26 - \$29 for adults, \$22 - \$25 for adults under 30 or over 60 or H.A.R.D. resident, \$15 for students with ID, and \$10 on preview night. To purchase tickets, call 881-6777.

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**ARIES (March 21 to April 19)** An offer to help with a stalled project should reassure you that you have a workable plan in spite of the problems in getting it up and running. The week's end brings more positive news.



**TAURUS (April 20 to May 20)** A past problem about a workplace situation re-emerges early in the week. Talking things out helps ease tensions by midweek, but some hurt feelings could linger a few more days.



**GEMINI (May 21 to June 20)** Optimistic aspects dominate your efforts. However, expect to confront some criticism, some of which might be valid, so keep an open mind. But overall, it's your views that will count.



**CANCER (June 21 to July 22)** Social interaction with new people, especially on the job, could be a bit strained in the early part of the week. But the awkwardness passes as you get to know each other better.



**LEO (July 23 to August 22)** Expect news about a follow-up to a workplace change that could make a difference in your career path. Meanwhile, new friends widen the circle for all you Social Lions who love to party.



**VIRGO (August 23 to September 22)** Enjoy your well-earned plaudits for a job well done. But be aware that some people might not share your colleagues' admiration, and you might have to work harder to win them over.



**LIBRA (September 23 to October 22)** It's a good week to recheck your probably already overlong "to do" list and decide what to keep and what to discard. Lose the clutter and focus your energy on what's really important.



**SCORPIO (October 23 to November 21)** This is a good time to take a new perspective on what you've been offered. Expanding your view could help to uncover any pluses or minuses that weren't apparent at first.



**SAGITTARIUS (November 22 to December 21)** Applying the usual methods to this week's unique challenges might not work too well. Instead, use your creativity to find a way to resolve any impasse that develops.



**CAPRICORN (December 22 to January 19)** So what if fate throws some obstacles in your path this week? Just keep in mind that the sure-footed and resolute Goat can get past any barrier by focusing on the goals up ahead.



**AQUARIUS (January 20 to February 18)** This week calls for better communication with people in both your private life and the workplace. Start by asking questions, and then pay close attention to the answers.



**PISCES (February 19 to March 20)** Potentially beneficial workplace changes could be closer than you realize. Make sure you know what's going on so that you're not left high and dry when the good things happen.

## COMMUNITY CALENDAR



### ❖ Meeting of the Libertarian Party

The Libertarian Party of Alameda County will be having its monthly meeting tonight, Sept. 12, from 7:15 to 9:15 p.m. at The Englander Pub, 101 Parrott St. in San Leandro. This meeting will include a discussion of the annual Wine & Liberty event in October. Membership not required to attend. Free admission, but purchase your own food and beverage at the venue.

### ❖ Video Game Concert at SL Library

The San Leandro Public Library invites the community to celebrate National Video Game Day with a Video Game Concert tonight, Sept. 12, from 8 to 8:30 p.m. at the San Leandro Main Library, 300 Estudillo Ave. Intermission Orchestra at Berkeley is a student-run orchestra founded by Daniel Lee and Zemei Zeng in Fall 2017 that plays music from anime, video games, and films. Visit their Facebook page for more information: <https://www.facebook.com/IntermissionBerkeley/>. Admission is free and no registration is required. For more information, call the Information Desk at 510-577-3971.

### ❖ SLED Gala

Support San Leandro public schools while enjoying a beautiful view of the bay, Southern Comfort Kitchen cuisine, a hosted bar, and live music at SLED's Annual Gala "An Evening in the Blue Bayou, Where Dreams Come True!" on Friday, Sept. 13, from 5:30 to 9:30 p.m. at the iconic Snow Building, 9777 Golf Links Road in Oakland. All proceeds benefit programs supporting teachers and students in San Leandro Unified School District schools. Tickets and "Winner's Choice" vacation raffle tickets available at [www.sledfund.org](http://www.sledfund.org) or by calling 510-618-4483.

### ❖ Kiwanis Club Pancake Breakfast

The Kiwanis Club of Hayward-Castro Valley will host a family pancake breakfast for the entire family at the Hayward Area Senior Center, 22325 North Third St. in Hayward, on Saturday, Sept. 14, from 8:30 to 11 a.m. Pancakes, eggs, sausage, juice and coffee. Tickets available at the door: \$5 for adults, \$3 for children under 12, and free for seniors 60 and over. The Sulphur Creek Nature Center will be at the event from 10 to 11 a.m. to share some wild critters.

### ❖ Talk by Author Rachel Fong

A talk by author and Youtube sensation Rachel Fong will be held Saturday, Sept. 14, from 2 to 4 p.m. at the San Leandro Main Library, 300 Estudillo Ave. Fong is the author of *Kawaii Sweet World, 75 yummy recipes for baking that's (almost) too good to eat*. Fong's Youtube channel has over 1.2 million followers and she was recently featured on the *Today* show. Admission is free.

### ❖ Hearing Loss Association Meeting

The Hearing Loss Association Meeting will be on Saturday, Sept. 14, at the Oakland Kaiser Hospital, Fabiola Bldg., 3801 Howe St., lower level, room G26. Refreshments at 9:30 a.m. with the program beginning at 10 a.m. Three HLAA-EB board members attended the June National Convention in Rochester, New York; they will share their experiences and what they learned which all may find useful. Parking is free on Saturdays at the garage on Howe Street. For more information, call 510-221-6080 or email [info@hearinglosseeb.org](mailto:info@hearinglosseeb.org).

### ❖ Celebrate Hispanic Heritage Month

In celebration of Hispanic Heritage Month,

the Academia De Tango Argentino will offer a lecture about the historical origins of tango on Tuesday, Sept. 17, from 6 to 8 p.m. at the San Leandro Main Library Lecture Hall, 300 Estudillo Ave. The Academia De Tango Argentino will perform a demonstration of tango, a traditional dance that has shaped the culture of Argentina. The public is invited to this free cultural event. Argentine tango has fascinated the world for more than 100 years. Guest lecturer Jurek Mazur has taught tango for 20 years and has created a unique teaching method for learning tango. Light refreshments will be served.

### ❖ Meeting of the East Bay Rose Society

The East Bay Rose Society's monthly meeting will be on Wednesday, Sept. 18, at 7:30 p.m. at the Lakeside Garden Center, 666 Bellevue Ave. in Oakland. The speaker will be Burling Leong, a hybridizer, who has successfully introduced miniature and miniflora roses. Her well-illustrated talk will show the process, from parent selection, through pollination and hip and seed harvesting, to the final stage of choosing which seedlings to introduce. Burling is the owner of Burlington Roses in Visalia and for 23 years she was the production supervisor for Ralph Moore at Sequoia Nursery. Come and enjoy snacks, people who talk roses, and enjoy the show. For more information, visit [www.eastbayroses.org](http://www.eastbayroses.org).

### ❖ Sound Therapy Meditation

Wind down your week with a session of sound therapy meditation with Melissa Felsenstein on Thursday, Sept. 19, from 6:30 to 7:30 p.m. at the Manor Branch Library, 1241 Manor Blvd. in San Leandro. Sound therapy meditation uses specially tuned, high-quality meditative instruments to create an immersive and soothing sensory concert of sound and vibration to relax you. Admission is free and no registration is required. For more information, call the Manor Information Desk at 510-577-7971.

### ❖ SL Art Association ArtFest

The San Leandro Art Association invites you to its art show hanging in the Main Library Gallery, from September 3 through 30, it will include a pop-up art show to preview their upcoming ArtFest, September 20 through 21, also at the Main Library, 300 Estudillo Avenue. Artwork and greeting cards on display will be available for purchase. Members will also be displaying artwork for the Artist of the Month contest. The public is welcome to participate in this free event.

### ❖ "Pick of the Patch" at Bayfair Center

Bayfair Center invites the community to visit "Pick of the Patch," a colorful fall pumpkin patch at the shopping center between Sept. 20 and Oct. 31 in the parking lot opposite Kohl's. Pumpkins galore and photo opportunities for the whole family, a paintball range (beginning Oct. 1) and a variety of inflatables to run and play with for give children ages 2 through 12. With tours available, the pumpkin patch - located in the parking lot opposite Kohl's at Bayfair Center - is also a great idea for birthday parties, school groups, non-profit get-togethers, and Mommy & Me groups. The pumpkin patch is open to the public, and admission and parking are free. Paintball costs \$5 per cup, and the use of the inflatables ranges from \$13 per child for 30 minutes to \$17 per child for one hour of fun. For more information, visit the pumpkin patch event page on the Bayfair Center website at <http://ow.ly/IafY30pqucA>.

Calendar items should be submitted at least one week prior to the desired edition of the Times, which is published Thursdays. Space limitations require we print items of the most general interest.



# Dogs: Dog mural painted on 650-foot long fence at new park

continued from front page  
for both humans and dogs.

The city dog park first opened in 2011 but improvements were made to make it better, Cutter said.

“We learned a lot and we put money into it and made it more dog friendly and people friendly,” Cutter said.

“It all makes San Leandro a kinder city, a place to live, work and play,” Cutter added, not forgetting to include her patented catch phrase.

A few other people made short remarks but by then the dogs were getting restless. One hound started to howl, possibly he was a dog heckler.

So the humans let their dogs loose in the park where a lot of new play equipment awaited them – bridges to walk over, hoops to jump through, pipes to crawl through, and space to just run around which is just about all a dog needs. Except for water, and the park has faucets to take care of that.

For the humans, the park has picnic benches covered with roofs for shade, a view of the bay and the dogs playing, which is about all a human needs.

The City Council appropriat-

“We like to do the walk. We love it here.

— Fran Cassaro at the park with her dog J.J.

ed up to \$300,000 for the project which came in under budget at \$266,000, according to Deputy City Manager Eric Engelbart.

The dog play equipment (\$70,000) resists corrosion in the salt air and is designed for longterm durability, the fence was \$56,000, site preparation was \$25,000, and surfacing was \$115,000, the biggest expense. Engelbart said the resurfacing

required the removal of former hard soil and installation of a specialized decomposed granite that’s not too hard on a dog’s paws.

Some pet owners like to take the walk along the shore and then come to the dog park.

“We like to do the walk, we love it here,” said Fran Cassaro who came to the park with J.J., a Belgian Malinois dog.

The fence along the entire length of the dog park facing the bay is now painted with a dog-themed mural, the work of Sorell Raino-Tsui and Ernest Doty of ABG Art Group.

Raino-Tsui said they were overwhelmed when they found out the length of the mural, 650 feet. “That’s two football fields,” said Raino-Tsui. “We were, oh, what have we got here?”

But the artist said they got it done because it’s something they wanted to do.

Said Raino-Tsui, “It’s my two favorite things, dogs and art.”



PHOTOS BY JIM KNOWLES

Fran Cassaro brought her dog J.J. to the ribbon cutting for the remodeled dog park at the San Leandro Marina Park on Tuesday.



Mayor Pauline Cutter watches her dog Vella check out the new play equipment at the dog park.



Norman Kotler plays with Monique at the dog park reopening.

## LEGAL NOTICE

FILED  
AUGUST 08, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 562083-4

**FICTITIOUS BUSINESS  
NAME STATEMENT**  
Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business:  
(1) J'AVON H. WILLIAMS (2) J'AVON HAI-  
LEY WILLIAMS located at 2386 107th Ave.,  
Oakland, CA 94603, in Alameda County is  
hereby registered by the following owner(s):  
Ja'von H. Williams Trustee of, 2386 107th  
Ave., Oakland, CA 94603. This business is  
conducted by a Trust. This business com-  
menced N/A.

Ja'von H. Williams Trustee of  
This statement was filed with the County  
Clerk of Alameda County on date indicated  
by file stamp above.

Expires AUG 08, 2024  
**AUG 29, SEPT 05, 12, 19, 2019**  
**0142-SLT**

FILED  
AUGUST 16, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 562417

**FICTITIOUS BUSINESS  
NAME STATEMENT**  
Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business:  
Funny Papers located at 1160 Oakes Blvd.,  
San Leandro, CA 94577, in Alameda County  
is hereby registered by the following owner-  
er(s): (1) Mari Parsnick, (2) Todd Parsnick,  
1160 Oakes Blvd., San Leandro, CA 94577.  
This business is conducted by a married  
couple. This business commenced August  
1, 2019.

/s/ Mari Parsnick, Todd Parsnick  
This statement was filed with the County  
Clerk of Alameda County on date indicated  
by file stamp above.

Expires AUGUST 16, 2024  
**AUG 29, SEPT 05, 12, 19, 2019**  
**0143-SLT**

FILED  
AUGUST 26, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 562769

**FICTITIOUS BUSINESS  
NAME STATEMENT**  
Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business:  
OT Electrical located at 1975 Warren Ave.,  
Oakland, CA 94603, in Alameda County is  
hereby registered by the following owner(s):  
Tevita Okusi, 1925 Warren Ave., Oakland,  
CA 94603. This business is conducted by an  
individual. This business commenced N/A.

/s/ Tevita Okusi  
This statement was filed with the County  
Clerk of Alameda County on date indicated  
by file stamp above.

Expires AUGUST 26, 2024  
**SEPT 05, 12, 19, 26, 2019**  
**0144-SLT**

FILED  
AUGUST 27, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 562782

**FICTITIOUS BUSINESS  
NAME STATEMENT**  
Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business:  
SugarScrubsByTricia located at 15360  
Beatty Street, San Leandro, CA 94579, in  
Alameda County is hereby registered by the  
following owner(s): Tricia Underwood, 15360  
Beatty Street, San Leandro, CA 94579. This  
business is conducted by an individual. This  
business commenced N/A.

/s/ Tricia Underwood  
This statement was filed with the County  
Clerk of Alameda County on date indicated  
by file stamp above.

Expires AUGUST 27, 2024  
**SEPT 05, 12, 19, 26, 2019**  
**0145-SLT**

FILED  
AUGUST 16, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 562420

**FICTITIOUS BUSINESS  
NAME STATEMENT**  
Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business:  
P3Kingdom Fitness located at 15017 Flem-  
ing St., San Leandro, CA 94579, in Alameda  
County is hereby registered by the following  
owner(s): Vanessa Gonzalez, 15017 Fleming  
St., San Leandro, CA 94579. This business  
is conducted by an individual. This business  
commenced N/A.

/s/ Vanessa Gonzalez  
This statement was filed with the County  
Clerk of Alameda County on date indicated  
by file stamp above.

Expires AUGUST 16, 2024  
**SEPT 05, 12, 19, 26, 2019**  
**0146-SLT**

FILED  
SEPTEMBER 03, 2019  
MELISSA WILK  
County Clerk  
ALAMEDA COUNTY  
By-----, Deputy  
FILE NO. 562996

**FICTITIOUS BUSINESS  
NAME STATEMENT**  
Pursuant to Business and  
Professions Code  
Sections 17900-17930

The name of the business:  
North Coast Enterprises, Inc. DBA Nor Cal  
Tires and Wheels located at 42240 Fre-  
mont Blvd., Fremont, CA 94538, in Alameda  
County is hereby registered by the following  
owner(s): North Coast Enterprises, Inc., 863  
N. Main St., Fort Bragg, CA 94537. This  
business is conducted by a corporation. This  
business commenced 08-01-19.

/s/ North Coast Enterprises, Inc.  
This statement was filed with the County  
Clerk of Alameda County on date indicated  
by file stamp above.

Expires SEPTEMBER 03, 2024  
**SEPT 12, 19, 26, OCT 03, 2019**  
**0149-SLT**



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OPTION 1



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Call (510) 357-7282 for zips 94577, 94578, 94579

## BRING IT TO A PARTICIPATING COLLECTION SITE

OPTION 2

**Habitat for Humanity ReStore**  
9235 San Leandro Blvd., Oakland, CA 94603  
**Omega JV, Inc.**  
3449 Enterprise Ave., Hayward, CA 94545  
**Hayward Transfer Station**  
3458 Enterprise Ave., Hayward, CA 94545  
**Fremont Transfer and Recycling**  
41149 Boyce Rd., Fremont, CA 94538  
**City of Berkeley Transfer Station**  
1201 Second St., Berkeley, CA 94710



**Pleasanton Transfer Station**  
3110 Busch Rd., Pleasanton, CA 94566  
  
Hours of operation and unit limits vary.  
See website for details.

## TAKE IT TO AN UPCOMING COLLECTION EVENT

OPTION 3

<b>Cherryland Recycling Event</b>	<b>Sept. 21, Oct. 19, Nov. 16, Dec. 21</b>	<b>Oakland Bulky Block Parties</b>	<b>Sept. 28, Oct. 26, Nov. 30, Dec. 28</b>
Every 3rd Saturday	8am - 2pm	Every last Saturday	9am to 1pm
On the corner of Mission and Hampton	20095 Mission Blvd. Hayward, CA 94541	Proof of residency required	7101 Edgewater Dr. Oakland, CA 94621



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## LIFESTYLE



Roasted fresh vegetables

## Mom Was Right: Eat Your Vegetables!

If there is one generalization that can be made about the average American diet, it would seem to be that we consume too much fat and cholesterol, and not enough fresh fruits and vegetables.

Many studies have shown links between vegetarian diets and fewer cases of heart disease, high blood pressure, adult-onset diabetes, obesity and several forms of cancer.

While part of the reason for those healthy results may come from the lifestyles of vegetarians (they probably smoke less, exercise more, etc.), eating more fresh vegetables seems like a good plan for almost anyone.

### MARINATED FRESH VEGETABLE SALAD

- 2 cups fresh small broccoli florets
- 1/2 teaspoon crushed red pepper
- 1 small yellow summer squash, halved lengthwise and sliced
- 1 small zucchini, cut into bite-size strips
- 1/3 cup white balsamic vinegar
- 2 tablespoons olive oil
- 1 tablespoon lemon juice
- 1 teaspoon sugar

Cook broccoli, covered, in me-

dium saucepan in small amount of boiling, lightly salted water for 3 to 4 minutes or just until it is crisp-tender. Drain and immediately plunge cooked broccoli into ice water. When chilled, drain.

In large bowl, combine broccoli, yellow squash, zucchini and crushed red pepper.

In glass measuring cup, combine vinegar, oil, lemon juice and sugar.

Pour over broccoli mixture; toss gently to coat. Cover and chill for 2-4 hours, stirring occasionally.

### OVEN-ROASTED VEGETABLES

- 1 pound new potatoes
- 1 pound yams

- 3 large carrots
- 2 medium onions
- 1 large green pepper
- 1 medium red pepper
- 1 bunch radishes
- 2 tablespoons olive oil
- 1 teaspoon thyme
- 1 teaspoon oregano

Preheat oven to 400°F. Cut potatoes into 1 inch pieces. Peel yams, cut into 1 inch pieces. Cut carrots into 1 inch pieces. Cut onions into 1/2 inch wedges. Cut peppers into 1 inch pieces. Trim ends from radishes.

In roasting pan, toss vegetables with oil and herbs. Roast 1 hour until tender, stirring occasionally.

### MOROCCAN VEGETABLE STEW

- 1-1/2 cups chopped onions
- 3 garlic cloves, pressed
- 1/3 cup olive oil
- 1 teaspoon dried thyme
- 3 cups cubed potatoes
- 1 cup chopped green beans
- 1 red bell pepper, chopped
- 2 cups cubed fresh tomatoes
- 3 cups vegetable stock
- 1 (13-ounce) can artichoke hearts, drained (save the brine), halved
- 1/2 cup pitted black olives, halved

- Pinch of saffron
- 1/4 cup fresh lemon juice
- 1/4 cup chopped fresh parsley
- Salt and pepper to taste
- Toasted chopped almonds

Sauté onions and garlic in olive oil until onions are translucent. Add thyme, potatoes, green beans, bell pepper and tomatoes and cook on medium-high heat for three minutes, stirring occasionally.

Add the vegetable stock and the brine from the artichoke hearts and simmer, covered, until vegetables are tender, about 20 minutes. Stir in halved artichoke hearts, the black olives and a pinch of saffron. Continue to simmer gently for another

8 minutes. Add lemon juice, parsley and salt and pepper.

Serve over steamed couscous or other pasta. Serves 4 to 6.

### HERB ROASTED CORN ON THE COB

- 1/3 cup balanced margarine, softened
- 1-1/2 tablespoons minced fresh parsley leaves
- 1-1/2 tablespoons snipped fresh chives
- 1-1/2 tablespoons minced scallion
- 1 teaspoon fresh lemon juice
- 8 ears fresh corn

Combine all ingredients except corn in a bowl. Cover and chill at least an hour or overnight. Remove from refrigerator an hour before using to assure spreading consistency.

Peel back, but do not remove, the husks from the corn and discard the silk.

Spread each ear with 2 teaspoons of herb butter, wrap the husks carefully around the corn and wrap each ear in foil.

Roast the corn on a grill over hot coals, turning occasionally, for about 20 minutes or until the kernels are tender. Unwrap corn, remove husks and serve hot. Makes 8 servings.

### FRESH ASPARAGUS RISOTTO

- 1/4 teaspoon white pepper
- 3 cups water

- 2 cups chicken broth
- 3 tablespoons margarine, divided
- 1 pound fresh asparagus spears, diagonally sliced into 1-inch pieces
- 1/2 cup chopped onion
- 1 cup uncooked Arborio rice
- 1/3 cup dry white wine
- 1/2 cup heavy cream
- 1/4 cup grated Parmesan cheese
- 1/2 teaspoon salt

Heat water and broth in 2-quart saucepan over medium heat until it comes to a simmer. Reduce heat to low and keep warm. Meanwhile, melt 2 tablespoons butter in large saucepan over medium heat; add asparagus and cook until tender crisp.

Remove asparagus; set aside. In same saucepan, cook onion in remaining 1 tablespoon butter until soft. Add rice and stir 2 to 3 minutes. Add wine; stir until absorbed. Increase heat to medium-high; stir in 1 cup water-broth mixture.

Cook uncovered, stirring frequently, until liquid is absorbed. Continue stirring and adding remaining water-broth mixture 1 cup at a time, allowing each cup to be absorbed before adding another. Cook until rice is tender and mixture has a creamy consistency, approximately 25 to 30 minutes. Stir in asparagus, cream, cheese, salt and pepper. Stir until mixture is creamy, about 2 to 3 minutes. Serve immediately. Makes 6 servings.



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**DEADLINE FOR SPACE RESERVATIONS & AD COPY IS FRIDAY, SEPTEMBER 20, AT 5 P.M.**

**September 18<sup>th</sup> - Weekly Theme:  
MADE IN SAN LEANDRO**

**This week's Frequent Shopper picks:  
HONEY - Double R Bees**

**TOMATOES - Jacob's Farm, J&J Ramos Farm,  
Mova's Farm, J&M Farms**

**Frequent Shopper Grand Prize:  
BIG BASKET OF PRODUCE**



# Dahlia: ‘I just let the bees pollinate and I take all the credit’



PHOTOS BY JIM KNOWLES

Dahlias in many shapes and sizes were beautifully displayed last weekend in the Karp Room of the Main Library as judges (at right) took note.

*continued from front page*  
public and you could take a shot at judging for yourself. On one table, 11 dahlias were lined up and you could cast your vote for your favorite and drop it into a little box.

The dahlia growers came from all around the Bay Area and Monterey. One of the top prize-winners, Lou Paradise, has won many awards for his dahlias, and has hybridized new dahlias.

But as Paradise puts it, he’s not the one doing the work.


“I just let the bees pollinate and I take the seeds – I take all the credit,” Paradise said.

Paradise grows flowers in the Dahlia Garden in Golden Gate Park in San Francisco. He’s developed around 30 new dahlias, but he says he doesn’t keep exact count.




The San Leandro Dahlia Society has members from beginners to experts who share their knowledge and joy in growing dahlias, a flower that is originally

from Mexico.  
More information on the San Leandro Dahlia Society can be found at [www.sanleandrodahlia.org](http://www.sanleandrodahlia.org).



## Neighborhood Cleanup Event

**Saturday, October 19 • 10 am to 3 pm**



The San Leandro Recycling Program will host a **FREE** drop off event for San Leandro residents. Register to receive complete details, including event location. Items accepted include:

• Appliances	• Household Batteries
• Tires	• Cell Phones & Chargers
• Mattresses	• CDs & DVDs
• Electronics	• Audio & Video Tapes
• Scrap Metal	• Fluorescent and Incandescent Lights
• Yard Trimmings & Clean Wood	

### SIGN UP TO PARTICIPATE

Registration must be received by October 1st

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

SUBMIT TO:

City of San Leandro Recycling Program  
14200 Chapman Road  
San Leandro, CA 94578

Phone: (510) 577-6026 Email: [Recycle@SanLeandro.org](mailto:Recycle@SanLeandro.org)

Register online: [www.RecycleSanLeandro.org](http://www.RecycleSanLeandro.org)

# Robberies: Palm print led to arrest

*continued from front page*  
to review the cases and hosted meetings with multiple police agencies that had similar incidents in their respective jurisdictions.

In the course of its own investigation, Pleasant Hill P.D. was able to obtain a palm print left at one of the thefts by a suspect. Following the identification of the initial suspect, the Alameda County District Attorney’s Of-



Twelve people were arrested for the robberies of UPS and FedEx drivers as they made deliveries to cellular telephone stores.

“These bold robberies endangered the victims as well as the communities in which they took place.”

— District Attorney Nancy O’Malley

fice, in conjunction with Oakland P.D., CHP-Investigative Services Unit, Fremont P.D., Sacramento P.D., San Leandro P.D., Tracy P.D. and Union City P.D. dedicated resources to conduct the investigation to identify others involved in these crimes.

An additional 11 individuals were identified to be involved in

the scheme. The loss from the robberies and grand thefts, including some crimes not charged, total approximately one million dollars.

“These bold robberies endangered the victims as well as the communities in which they took place. I am dedicated to ensuring that each participant in this criminal enterprise is brought to justice,” said District Attorney O’Malley. “The investigation and operation were professional and well executed and I thank all our partner agencies for their hard work and dedication.”

The defendants arrested in the Bay Area are: Ahlayah Thompson, 24, of Ripon (arrest-

ed in Santa Maria); Cornelius Ronnell Brown, 25, of Alameda; Cedric Thomas, 28, of Pittsburg; Yamonte Tyrell Cross, 24, of Oakland; Ciera Craig, 26, of Oakland; Alisa Bobino, 25, of Oakland and Diamond Jones, 24, of San Leandro.

Those seven defendants were arraigned in Alameda County Superior Court on Sept. 3.

Defendant Isaiah Langley, 23, was taken into custody in Lake Forest, Illinois and is expected to be brought to Alameda County for arraignment at a future date.

There are active warrants for the arrest of four additional defendants, and felony charges are forthcoming:

Fard Collins, 24, of Oakland; D’Anthony Larks, 24, of Oakland; Marquis Lewis, 23, of Oakland; and Julius Smith, 23, of Discovery Bay.

The Alameda County District Attorney’s Office led the arrest and search operation, working alongside the Oakland Police Department, and CHP-Investigative Services Unit, Berkeley PD, San Leandro P.D., Tracy P.D., Union City P.D., Alameda P.D., and Santa Maria P.D.

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# HEALTH & FITNESS

## Importance of Early Screening for Autism

Autism affects an estimated one in every 59 children. Though early intervention can make a lifetime of difference, far too many children are not diagnosed early enough.

### What Is Autism?

Autism, or autism spectrum disorder (ASD), refers to a broad range of conditions characterized by challenges with social skills, repetitive behaviors, speech and nonverbal communication.

There is not just one kind of autism but rather many subtypes, and each person with autism can have unique strengths

and challenges. A combination of genetic and environmental factors can influence the development of autism.

Though ASD can be reliably diagnosed as early as age 2, the average age of diagnosis in the United States is between 4 and 5.

Furthermore, the reported prevalence among white children is 7 percent higher than for African American children and 22 percent higher than for Hispanic children—suggesting missed or delayed diagnoses in those groups.

For young children on the

spectrum, early intervention is crucial; it can translate to a lifetime of impact by supporting healthy development, improving communication, decreasing challenging behaviors and leading to positive outcomes later in life.

### What You Can Do

1. Learn the Signs: Parents can learn to recognize the early signs of autism. Not all children with autism show all signs of autism. That's why all children should be screened. A diagnosis is the first step toward supporting your children to help them fulfill their potential. Here are

some possible signs of autism:

- No big smiles or eye contact at 6 months
- No babbling, back and forth gestures such as pointing, and little response to their name at 12 months
- Very few words at 16 months
- No two-word phrases at 24 months
- Restricted interests
- Repetitive behaviors
- Unusual and intense reactions to sounds, smells, tastes, textures, lights or colors
- Loss of speech or social interaction at any age.

2. Take Action: If your child displays any of these signs, ask your pediatrician or family doctor for an evaluation right away. While every child develops differently, early screening improves outcomes.

Studies show, for example, that early intensive behavioral intervention improves learning, communication and social skills

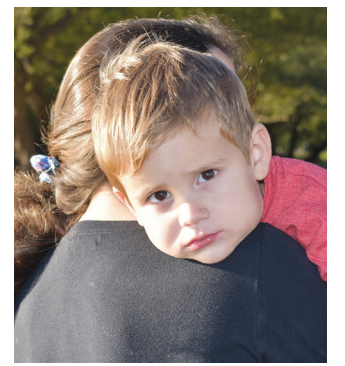
in young children with autism spectrum disorders.

### What Others Are Doing

The nonprofit Autism Speaks is dedicated to empowering parents to help children with autism live their best possible lives, while working to increase understanding and acceptance for the 70 million people worldwide with autism.

"We hope to give families the tools they need to identify early signs, feel empowered to get their children screened and seek support if they need it," said Autism Speaks President and CEO Angela Geiger. "Autism Speaks is committed to closing the diagnosis gap so all children receive support as early as needed."

If you think your child may be on the autism spectrum or if a child you know is on the autism spectrum, you can get personalized support and answers to questions about autism from the organization's Autism Response Team in English at (888)



AUTISM2 and en Español at (888) 772-9050 or by e-mail at [familyservices@autismspeaks.org](mailto:familyservices@autismspeaks.org).

### Learn More

At [ScreenforAutism.org](http://ScreenforAutism.org) and [DeteccionDeAutismo.org](http://DeteccionDeAutismo.org), families can access resources to learn the signs of autism, use an autism screening tool, and find nearby service providers and supports for before, during and after an autism diagnosis.

—North American Precip Synd., Inc.

## Preparing for Disaster: 9 Things You Can Do Now

Are you prepared if a disaster were to hit? If you aren't, making sure to prioritize this initiative for you and your family is smart. Disasters don't plan ahead, but you can.

Here are nine things you can do now to ensure you are prepared:

- Sign up for alerts and warnings. Utilizing your mobile device or computer, you are able to download weather apps that alert you each time there is an emergency in your area.

- Build a personal and family plan. Communicate with your family the importance of a plan in the case of a disaster. Ready.gov has a template for you to get started, such as, practicing family drills (how to escape your home if there was a fire) and establishing a reunification point (where to meet up if you get separated).

- Touch base with neighbors. Involve your close neighbors in your family and disaster plan. Discuss the skills you may have that would help in an emergency and help one another by sharing resources and ways you can support each other.

- Gather supplies, also known as a go-bag, which has emergency items that could potentially save your life in an emergency.

- Safeguard documents. Ensure that all important and critical documents are kept safe in a waterproof and fire prevention safe. Scan or take pictures of important documents and email them to yourself for safe-keeping in an email folder or in a cloud account. Documents such as your Social Security card, driver's license, medical insurance card, homeowners or rental insurance policy should be put away for safety.

- Participate in a preparedness class. FEMA has disaster preparation courses that are available online and in a loca-

tion near you. Visit the FEMA website to find more information on these courses.

- Check your insurance policy. Review your coverage and talk to your insurance provider if you have any questions beforehand.

- Make sure your property is safe. Check your property for any improvements that can be made to reduce potential injury or property damage. Ensure all outdoor furniture is moved to a safe area and that you take the

proper precautions based on the type of weather.

- Be aware of fraud. Unfortunately, there are fraudsters taking advantage of disasters to prey on those in need. Some of the most common approaches include rehab scams, FEMA support scams or an increase in phishing emails. Stay aware and check out FEMA's website for more information.

For more on ways you can prepare visit [USAA.com/help](http://USAA.com/help).

—Brandpoint

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# REAL ESTATE GALLERY



## REAL ESTATE REALITY

By Carl Medford, CRS  
Special to the Times

GUEST COMMENTARY



## Frustrations Grow As Housing Market Shifts

The August numbers are in and across Alameda County we are seeing the signs of a classic shifting market: pendings and closed sales are down, average prices are declining, the price-per-square foot is dipping and days on the market is rising.

While all the indicators signal a slowing market with decreasing prices and sales, one thing is up significantly:

Frustration.

Beginning in February of 2001, the market rose in meteoric fashion for seven-and-one-half years. Finally cresting in May, 2018, the overheated seller's market has been gradually cooling ever since.

There is a problem, however: the prolonged seller's market effectively trained both buyers and sellers and locked in mind-sets and behaviors. Now that we are in a different market, old habits are very hard to break, especially for sellers.

Watching previous sellers

"have their way" with the market, current homeowners looking to sell are finding it difficult to deal with the new realities.

Instead of prices going up, they need to shift expectations downward. Instead of short days on the market, they are faced with longer periods of time.

Instead of offers with no contingencies, they are encountering contracts with the loan, appraisal and inspection contingencies intact. Instead of 'AS-IS' offers, they are being confronted with requests for repairs. Instead of buyers making up appraisal shortfalls, sellers are being asked to lower contract prices to appraised values. And on and on.

Consequently, many sellers, expectations unmet, are frustrated and even downright angry. Looking for a scapegoat, they frequently lash out at their listing agents. The angst does not stop there, however.

Buyers, having been effectively trained that homes on the market more than a week have something seriously wrong with them, are throwing out lowball offers thinking they can score big.

Vexation sets in when sellers do not respond as anticipated. Consequently, at a time when it should be easier to buy, some buyers are exercising tactics that are actually keeping them from landing a home. Other buyers, offering full list price, are exasperated when the sellers come back and ask for more than list price even when they only have one offer in hand.

Agents, fielding seller frustrations, are also struggling as buyers, seeing more inventory, are taking longer to make decisions with the result that homes are sitting on the market even longer.

In the immortal words of Bill Griffith's character Zippy the Pinhead, "Are we having fun yet?"

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.



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## Blackberries a Hassle to Remove; Birch Roots Won't Resurface

By Buzz Bertolero  
Special to the Times

**Q** Birds have been planting blackberry vines throughout my back yard. The plants are coming up through the Escallonias and are a pain to get to. I thought I had eradicated the plants last year, but they came back more vigorously this year. After hearing different advice from various "helpful" friends, I need to know what are the most effective methods of getting rid of these plants for good.

**A** I'm not sure what specific advice you have received, so I can't give any pros and cons on the suggestions. I'll address the problem from an overall

perspective.

First off, there are no quick or "one and done" answers to this problem. Your options of eradicating undesirable plants growing among desirable plants are minimal. There's no chance of eradicating the problem this year as the growing season is nearing an end.

There is a very good chance you'll be dealing with this problem next year at this time. It's a war of attrition. Blackberries spread rapidly by rhizomes both above and below ground. That makes them difficult to control.

I'd manually remove any shoots near the crown of the Escallonias or base of the Escallonias or primary surface roots. For the rest, I'd repeatedly spot treat the new shoots with the herbicide, Brush Killer,

being careful not to spray the Escallonias. You have to be very persistent in resolving this issue.

**Q** Last year I chopped down a birch tree that was infested with termites. The tree stump was ground down, but I noticed that there are still roots in the ground, and the ground is sinking. Will the roots grow back? A home improvement center recommended a chemical that kills roots in pipes. It says it will kill new root growth. Also, should I fill in the potholes with sand and rock? The uneven surface makes it difficult to mow the lawn.

**A** Birch trees are not known to send up sucker so I wouldn't be concerned.

It's a bad idea to apply a liquid "root killer" to the open ground. The chemicals are very caustic chemicals and made for enclosed cylinders where water can wash them away.

The old roots are not going to rejuvenate themselves. They'll continue to decom-

pose over time. Filling in the holes is pretty straightforward, however I wouldn't use sand. In time it will filter through the soil layers creating another depression.

You could use the rock as filler in the larger holes and then finish off with potting soil, planting mix, or homemade compost. You should first moisten the material and then tamp it down several times. You want a substantial base.

Also, I'd use a two-by-four to grade the high and low spots to help with unevenness.

Once the area has been leveled and graded, you can then reseed the bare spot with Scott's E-Z Seed, a combination of seed, fertilizer, and absorbent growing material. Reseeding has never been this easy.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is [www.dirtgardener.com](http://www.dirtgardener.com) and questions can be sent by email to [buzz@dirtgardener.com](mailto:buzz@dirtgardener.com) or on Facebook at [Facebook at Buzz.Bertolero](https://www.facebook.com/Buzz.Bertolero)



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# Plotting the Course for a New Garden

By Buzz Bertolero  
Special to the Times

**Q** I'm trying to turn a small six-by-ten-foot plot into a garden. The soil is hard and full of rocks. I hate to buy a tiller, so what should I use? Also, paint has been spilled in one area. How would I go about cleaning up the mess?

**A** For a 60-square-foot space, I wouldn't buy a tiller either. Instead, I'd consider renting one. Check the Yellow Pages or go online, you should be able to find a rental shop in your area.

But first, I'd invest in a

heavy-duty shovel and remove the rocks. I'd pre-moisten the soil (but don't turn it into mud) a week before beginning and then remove as many rocks as you can.

The soil contaminated with paint should be scooped out and disposed of.

This is the hardest part of the task as it is all manual labor, but it doesn't all have to be completed in one day. Once you've removed the majority of the rocks, you're ready to add the soil amendments, and it's at this point that I'd consider renting the tiller to blend the material into the soil.

I'd make several passes over the area, mixing a portion of the

amendment/organic matter each time. It's very similar to folding the ingredients of a cake batter.

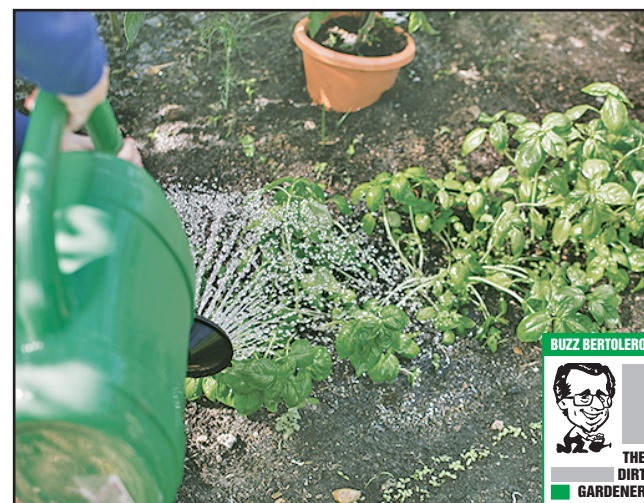
You can use homemade compost or any of the blended organic mixes from your favorite garden center and a limited amount of animal manure. You should be very generous, as the soil needs to be replenished, but it will not be necessary to take a second mortgage on your home to fund it.

Four or five bags of amendments and a bag of manure should be sufficient. Also, add four to five pounds of an organic fertilizer — the additional microbes that your soil is missing. The microbes break down the inorganic and organic

compounds in the soil, making the nutrients available to the plants.

Now, you are ready to plant. The nursery professional at your favorite garden center is an excellent resource. If you decide to plant edibles, it's recommended that you continue to add new amendments with each new planting to replenish those nutrients used up by the harvested crops.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is [www.dirtgardener.com](http://www.dirtgardener.com) and questions can be sent by email to [buzz@dirtgardener.com](mailto:buzz@dirtgardener.com) or on Facebook at [Facebook.com/Buzz.Bertolero](https://www.facebook.com/Buzz.Bertolero)



# Revive Overcrowded and Struggling Perennials

By Melinda Myers  
Special to the Times

Fall is the best time to divide spring and summer blooming perennials that are overcrowded, dead in the center, failing to flower or flopping open. Wait until spring to dig and divide fall or summer blooming perennials that were not moved the previous fall.

These are guidelines that increase success, but most gardeners have found that the best time to divide is when you have the time and can provide good, proper post-transplanting care.

Use a sharp-edged shovel to dig the perennial, roots and all, out of the ground. Lift the clump out of the soil and use a linoleum, garden knife or drywall saw to cut the plant into smaller sections.

Some gardeners prefer to use two garden forks placed back to back in the center of the clump and then pry the perennial apart into two pieces. Continue the process until the desired size and number of divisions is achieved.

Discard and compost the dead center. Divide the remaining plant into four, six or eight pieces. The smaller the divisions, the longer it will take for the plants to reach mature size. Larger divisions may quickly grow, fill the space and need to be divided sooner.

You can plant one of the divisions back into its original location. Use the others to fill voids, expand existing gardens or start a new bed or border. Just make sure to match the plant with its desired growing conditions.

No matter how you plan on using the divisions you should prepare the soil first. Add compost, peat moss or other organic matter to the top 8 to 12 inches of soil. Plant the divisions at the same depth they were growing in the garden. Water thoroughly at planting and throughout the fall or subsequent growing season

whenever the top few inches of soil starts to dry. Spread a layer of shredded leaves, evergreen needles or other organic mulch over the soil surface. Be careful not to bury the stems. Mulch helps moderate soil temperatures, conserves moisture, suppresses weeds and improves the soil as it breaks down.

Regular dividing can also help eliminate other garden tasks like dead-heading, staking and replacement. Divide repeat blooming daylilies every few years to keep them blooming throughout the season. Do the same for threadleaf coreopsis.

Divide asters every year or two in the spring to keep them vigorous and control their spread as needed. Increase the vigor and compactness of Shasta daisies by dividing them every 2 to 3 years.

Peonies, on the other hand, seldom need dividing. They can remain in the ground undisturbed and blooming profusely for decades. Fall is the time to dig and divide peonies if you need to move or want to divide them to make more plants (propagate).

Don't be alarmed if your peony or other perennials fail to bloom the year after transplanting. The transplant often spends the first year establishing a healthy root

system instead of flowering. Just be patient and you will be rewarded with flowers the following year.

Take advantage of the warm soil and cool air of fall to dig, divide and transplant overcrowded and struggling perennials. Your efforts will be rewarded with better looking and more floriferous gardens.

Melinda Myers has written

more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses How to Grow Anything DVD series* and the nationally syndicated *Melinda's Garden Moment TV* and radio segments. Myers' website, [www.MelindaMyers.com](http://www.MelindaMyers.com), features gardening videos, podcasts, audio tips and monthly gardening checklists.

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# LOCAL DEATHS

## Eloise Gleeson

On Saturday, August 3, 2019, Eloise Gleeson, our loving mother, grandmother, great-grandmother and friend, passed away peacefully surrounded by her family. She was 97 years old.

We would like to sincerely thank the Baywood Health Center staff and the Vitas Healthcare staff for the care and support they provided Eloise and our family.

Family and friends are invited to share in a celebration of Eloise's life on Saturday, September 14th at 1:30 p.m. at: Baywood Court Retirement Community, 21966 Dolores Street, Castro Valley, CA 94546. Donations in her memory can be sent to: Lions KidSight USA Foundation, P.O. Box 833, Corning, NY 14830.



## SAN LEANDRO TIMES OBITUARIES

may be submitted online at [ebpublishing.com](http://ebpublishing.com), emailed to [obits@ebpublishing.com](mailto:obits@ebpublishing.com) or faxed to 510-483-4209. Please include your phone number. A fee will apply depending on the length. A photo can be added for an additional cost. For assistance, call 510-614-1555.

## Kathleen Marie LeVine

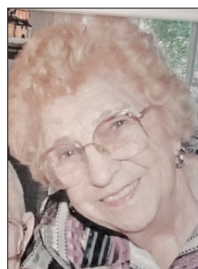
June 24, 1924 - September 9, 2019

Kathleen Marie LeVine entered peacefully into rest surrounded by her beloved family on September 9, 2019. She was 95 years old.

Kay was born in Shaunavon, Sask., Canada on June 24, 1924 to Emmanuel & Adeline Hesch. She met and married her first husband, Alexander Peluso, and they would make their home in San Lorenzo until his passing in 1968. Kay was a devoted mother who always put her family first. She worked in the school district and enjoyed interacting with her children and their friends. Kay would meet and marry her second husband, Clifford LeVine and they would enjoy 37 years of marriage prior to his passing in 2014. Kay was an avid dancer, who belonged to Five Spot Dance Club. She and Clifford were also members of Five Spot Camping Club, traveling extensively through the United States in their retirement. Kay was a treasure to all who knew her and will be deeply missed.

She is survived by her devoted children, Madeline Gould, Arlene Duthie, Kenneth Peluso, Judy Shafiee and Cathy Farrow; grandchildren, Christine, Keri, Darcey, Kevin, Lindsay, Sara, Jennifer, David, Michael and Kyle; 12 great grandchildren and many cherished extended family and friends.

Visitation for Kay will be 9 am to 10 am on Monday, September 16, 2019 at Grissom's Chapel & Mortuary, 267 E. Lewelling Blvd., San Lorenzo. Funeral services begin at 10 am. Kay will be laid to rest at Holy Sepulchre Cemetery.



## In Remembrance

## Evelyna LeBlanc

September 14, 1979 ~ November 6, 1994

Happy Heavenly 40th Birthday from all of us.

We miss your hugs, kisses and loving presence. There is a hole in our souls. Life without you is not the same. We miss you more than words can express. Love you Evie. Mommy, Toi, and Ulysses.

You will forever be my best friend. I love and miss you. Always, Emmanuel.

Though the four of us never met you, you live in our hearts. Love, Evan, Elon, Edrees and Howard.

We think and speak of you often, recalling your beautiful, bright smile and gentle soul. Our memories of you will last a lifetime. Forever in our hearts. Love, Aunt Sharon, Tiffany and Julie.



## Shaun David Ramos

May 5, 1983 - August 27, 2019

Shaun David Ramos, passed away peacefully surrounded by his family on August 27, 2019 in Modesto, California.

Born May 5, 1983, Shaun was a graduate of San Lorenzo High School in 2001, where he was a key player on their football team. Shaun was very charismatic and a huge fan of the Oakland A's where him, Jennifer and Laylah could often be seen tailgating and cooking during a home game. Everyone there knew him for his extreme generosity and friendship. He loved to work out and go on a run with his dogs, who he adored. He was a staple at Terrace Market in San Leandro, where he started at an early age making sandwiches. He loved his time at Terrace and would often go back to visit and could often be seen getting behind the counter helping out.

He is survived by his adoring daughters, Laylah and Victoria Ramos, his mother, father, and sister, grandparents, numerous aunts and uncles, cousins, and many others who loved him.

Shaun's "I got this" remembrance party will be held at the big Picnic area toward the back at Chabot Park, 1698 Estudillo Avenue, off Estudillo Ave and Sylvian Cir, San Leandro, on Sunday October 6, 2019 from 11am - 3pm. We hope that you can come join us in a celebration of Shaun's life. If attending, please email us at [shaunDramos@gmail.com](mailto:shaunDramos@gmail.com). We'd also love to hear your stories and see your pictures. You can send them to the email address provided.

In lieu of flowers, we have set up a go fund me page for Laylah and Victoria at [gofundme.com/4nbdh-laylah-and-victoria-ramos](http://gofundme.com/4nbdh-laylah-and-victoria-ramos)



## Fay L. Daily

February 15, 1934 - August 23, 2019

Beloved wife of Donald and loving mother to Debby (Jim) Nisleit, Pam (Bill) Kirley, and Laurie Daily. Fay will be missed by her grandchildren James and Eric Nisleit, Jillian and Jennifer Sutherlin, Jocelyn and Alex Kirley, as well as her great-grandchildren Demetrius Sutherlin and Matthew, Nadia, and Ashlyn Nisleit and great-great-grandson Micah Nisleit. Fay also had several "adopted" children and was "Grandma" to anyone in need.

Fay was born in Bruneau, Idaho. She and Don met in San Diego where he was stationed in the Marines. Don and Fay were happily married 60 years and lived in San Leandro, CA for almost 49 years. Fay retired after more than 30 years with the United States Postal Service and enjoyed spending time with family, friends, and her community. She was an avid bowler, enjoyed camping trips and picnics, traveling, quilting, "bedazzling," and tending to her garden.

Fay passed away peacefully on August 23rd surrounded by her loving family. Family and friends will celebrate her life on September 21, 2019 at 2 p.m. at the Castro Valley United Methodist Church. A light lunch and time of sharing will be held in the church Fellowship Hall immediately following the service. Please contact the church for Memorial Flower delivery- (510) 581-3486.

Arrangements by Santos-Robinson Mortuary 510-483-0123.



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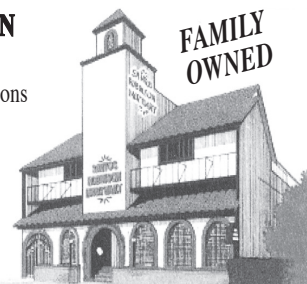
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ANSWERS ON PAGE 3



# Cleanup: Most litter along shore washes down from the streets

*continued from front page*

limited onsite parking, so you're encouraged to ride bikes or walk as parking is expected to be limited at Marina Park.

All necessary equipment for the cleanup event will be provided with Alameda County Industries donating dumpsters for debris disposal. Drinking water also will be available. Please bring reusable water containers.

California Coastal Cleanup

Day, now in its 35th year, is held the third Saturday each September, and includes cleanup efforts throughout California's coastal communities that beautify and protect the coastline.

Most of the trash along the coast comes from litter on the street that runs down a storm drain and into the bay and the ocean. So just picking up litter on the street or sidewalk is one way of helping keep the coast and

ocean clean.

## Picking Up Litter Keeps Ocean Cleaner

It's estimated that about 80 percent of pollution in the marine environment comes from land. By removing debris from inland areas, it helps keep the beaches and waterways clean.

Single-use plastics are a major local and global source of coastal litter, according to data from the annual Coastal

Cleanup Day. Top items found are cigarette butts, plastic food wrappers, plastic beverage bottles and caps. Other items are plastic bags, plastic straws and stirrers, plastic lids, and plastic and foam take-out containers.

Students from the local high schools will receive certificates of service for participation. In past years, the KIPP Academy, the Washington Manor Middle School, Boy Scout Troop 722,

and Girl Scouts of Northern California along with several church organizations have joined in for the San Leandro Shoreline cleanup. In past years, as many as 500 volunteers helped in the coastal cleanup in San Leandro.

"We are excited to be taking part of this annual event again in San Leandro with community members," said Mayor Pauline Cutter. "Environmental sustainability is a priority for us and

we encourage all volunteers to participate in this family-friendly event. I believe it is important to teach our children and leave something for the next generation. Thank you in advance to everyone participating in the 2019 San Leandro Shoreline Cleanup."

For more information, to volunteer or pre-register groups of 10 or more, call Marina Manager Delmarie Snodgrass at 510-577-3490.

## OPINION

### LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and **must be under 300 words**. We reserve the right to edit as necessary. E-mail letters to: [letters@ebpublishing.com](mailto:letters@ebpublishing.com) or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

#### Rodeo's 'Tools of Torture'

Editor:

This summer, the Coalition for a More Humane Alameda County shared informational leaflets on rodeo animal cruelty with patrons at Rowell Ranch, Livermore and Bill Pickett Rodeos.

Many people attending the Rodeo, previously unaware of the suffering that rodeo animals endure, agreed that inflicting pain and fear should not be acceptable forms of entertainment. Here is one of numerous comments we received from a patron attending the Bill Pickett Rodeo.

"Forgive my ignorance! I was invited to attend the Black Rodeo in Castro Valley recently. Representatives from your organization were passing out flyers about the animal cruelty of rodeos. I had never been to a rodeo before and only went because a friend had always wanted to go to one."

Calf Roping is one of the cruelest events of all. Terrified calves burst out of the gate at speeds approaching 30 miles per hour to escape electric shocks and handlers who twist and yank their tails.

Cowboys lasso the calves around the neck snapping their heads back to an abrupt halt. Their bodies are slammed to the ground, the wind knocked out of them as their legs are tied together.

Many suffer serious neck and back injuries, such as torn ligaments, broken bones, severed spinal cords and trachea, while others die from internal hemorrhaging. These very young calves are tormented in this way over and over again.

Flank straps and spurs are cruel devices used to inflict pain on "bucking" animals. A flank or bucking strap is cinched tightly around the flank of horses' or bulls' flank, creating pain and severe discomfort, which causes the animals to buck. When the strap is released, the animal stops bucking. Filed-down spurs are worn on the riders boots and used on the horse or bull's sensitive neck to create pain.

Calf Roping, and the use of flank straps and spurs, are terribly abusive to normally docile animals. These events and/or "tools of torture" should be banned immediately! Please don't attend Rodeos!

—Michelle Lang, San Leandro  
Coalition for a More Humane  
Alameda County

#### In Support of 'His Excellency'

Editor:

A collection of Trumphobic letters have been printed in the San Leandro Times, a trend. Also, a big display of hate and distortions. The most rabid drivel was written by Ken Kellogg who writes about Trump that "He lost to a woman..."

Obviously, Kellogg considers a woman a lesser human, therefore, Trump's "loss" is more humiliating. Well, it's very likely that history will repeat itself since Pocahontas will, most likely, be the next one and Kellogg will be left fuming for five more years.

Kellogg also wants to change the rules of the game after the loss and, as all of the others, engages in a twisted Monday morning quarterbacking, like a crybaby.

The truth is that more than two third of the states chose Trump. Kellogg finishes the letter with a display of hatred with a long list of epithets against His Excellency, the President of the United States, Donald J. Trump.

Then we have Thomas Joseph who writes about "the compassionate Democratic party." Oh yes, the one that runs California and New York, positioned first and second in homeless population, with those beautiful

views of shacks and tents under the BART tracks in Oakland; and these two states are the most expensive states to live in. Very "compassionate!"

I leave for last Orin Hite, who presents the classic Trumphobic argument: "Trump taking credit for things he inherited is his specialty!" The U.S. workers heard Trump's message; nobody at the highest level has the courage to denounce that "The system is rigged" and tell the workers "The illegals are taking your jobs" against the interests of the corporations. You all are going to be licking your wounds for a much longer time.

—Leo T. West  
San Leandro

#### Pentagon and Trump's 'Dirty work'

Editor:

It is a shame that the Pentagon is doing President Trump's dirty work by securing million of dollars from the military in order to fund the border wall on the southern border between this country and Mexico. What the majority of Americans do not realize is that Indigenous Peoples known as the Tohono O'odhams live on the border between the two countries.

Their homelands are stretched between the Gila River in Arizona and Sea of Cortez in Mexico. The Tohono O'odhams have existed way before the United States purchased the southern border in 1853 under the Gadsden Purchase. By using military money to fund the border wall, the Pentagon is supporting President Trump's human rights violations toward the Tohono O'odhams.

—Billy Trice Jr.  
Oakland

Authorities issued a warning to young people not to vape marijuana or products bought on the street...

Only become addicted to brands you know...



## INQUIRING REPORTER

### What's your comfort food?

— Asked along Victoria Avenue

I really, really love Thai food. One of my favorite places is Mai Thai, off Doolittle, where I get my "rama" — it's my super-power food. When I'm sick, that's my favorite thing to eat.

**Michelle Doppelt**  
San Leandro



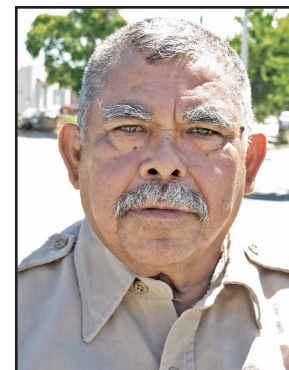
I like basically all fruits and vegetables. My appetite for produce stems from when I worked at Oakland Produce Market by Jack London Square.

**Richard Sotelo**  
San Leandro



I like fish. I could have fish like red snapper or halibut for breakfast, lunch and dinner. I'm 66 and I'm still a strong guy.

**Julio Perez**  
Hayward



Avocados, spaghetti, baked potatoes. I like just about anything. The rare times that I get sick, I eat homemade chicken noodle soup.

**Catherine Schneider**  
San Leandro



Right now it's tomatoes because I have a garden full of them and there's nothing like the taste of homegrown tomatoes. I put them in every kind of salad. Tomatoes are the best late-summer food. The prolific plants I have right now were from the Broadmoor neighborhood garden exchange.

**Pamela Pasti**  
San Leandro





## SPORTS

## Arroyo High Defense Shuts Down Visiting American, 6-0

By Andrew Joseph  
San Leandro Times

The Arroyo High Dons football team beat the American High Eagles, 6-0, at home on Friday evening in a non-conference game.

The Dons rushing game proved to be efficient all evening with running backs Preston Morales and David House gaining the outside edge on American's defensive line multiple times for positive yardage. Morales finished with 11 carries for 46

to capitalize and put points on the scoreboard. The game remained scoreless at the end of the first half.

"American held us up pretty good in the first half and that made it hard for me to make completions," said Arroyo quarterback Ronnie Yalung.

By the end of the third quarter Arroyo got things going when cornerback Demarcus Smith intercepted the Eagles on the American 20-yard line. That set up a catch on the next offensive drive for a first down by Smith, who also plays wide receiver, to the 12 yard-line to end the third quarter.

Smith finished the game with five receptions for 114 yards, including one catch for a game high of 41 yards.

"From the third quarter to the fourth quarter our offense had a momentum changing drive," said coach Dace. "Since we were positioned on the left hash we ran a flare to the wide side to let Demarcus work in space and his natural God-given ability did the rest of the work."

The Dons were finally able to take advantage of the red-zone situation to start the final quarter when Smith caught a pass from Yalung and ran into the end zone for a touchdown to take the lead. The point-after was no good, but Arroyo was in control of the game.



PHOTO BY ANDREW JOSEPH

Arroyo starting running back David House runs through the Eagles' defensive line for a first down in the second quarter. Below, Dons' wide receiver Demarcus Smith catches a touchdown pass in the fourth quarter to give Arroyo a 6-0 lead.

Yalung finished the evening completing 7 of 16 passes for a total of 155 yards.

"I told my coach before that touchdown that it's a wide field—just throw the ball to me and I got it," said Smith about that scoring play.

But the Dons were in danger of losing the lead in the final minutes. American put a great drive together on their final possession that started at their own 35 yard-line with less than three minutes left in the game.

The Eagles converted on a crucial fourth down to keep their drive alive with time running out. But another fourth down came up for the Eagles with just 31 seconds remaining in the contest when Smith intercepted an American pass intended for the end zone.

"We watched a lot of film on the Eagles so lining up on that



play I already knew what they were planning to do," said Smith. "Their running back John Wu was out from an earlier injury so I knew they were going to throw to their tight end, which is when I cut in on the play and made the interception."

Arroyo's offense then went into victory formation as the seconds on the clock wound down and they walked away with another win.

"After today's game we know that we can go into a dogfight and hold our own," added coach Dace.

In the last two seasons combined Arroyo totaled just two wins, which already equals their win tally this season alone as they are now undefeated at 2-0.

"We have to keep this season's momentum going and not

get complacent," said Yalung. "To beat Oakland Military Institute we just have to perform well in practice, keep the same mental toughness that we've had so far and be prepared."

Arroyo plays their next game at home on Friday at 4 p.m. against the Grizzlies of Oakland Military Institute in a conference game at 4 p.m.

### Correction

Last week's story on the San Leandro vs. Freedom football game ("San Leandro Football Steals Win in Home Opener," Sept. 5, 2019) incorrectly said that Tytrell Celestine scored the first touchdown to make the score 6-0, but it was Osaro Aihie who scored that touchdown.

**“After today's game we know we can go into a dogfight and hold our own.”**

— Arroyo head coach  
Mikel Dace

yards and House finished with 5 carries for 18 yards.

"Getting ready for today's game we wanted to be committed to the fundamentals and breaking everything down to its basic elements," said Arroyo head coach Mikel Dace. "Football is primarily played with the heart and mind—we proved that today."

Arroyo's defense came up with some great plays in the first half, but the offense was unable

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