

CASTRO VALLEY FORUM

A COMMUNITY NEWSPAPER SERVING CASTRO VALLEY SINCE 1989

YEAR 28

WEDNESDAY, OCTOBER 19, 2016

NO. 42

INSIDE YOUR FORUM

LIVING



Eyes on the Pies

Flaky crusts and rich, flavorful fillings. Is your mouth watering yet?

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SENIORS



Handyman Help

Don't worry about finding a good handyman. Just Follow these tips

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NEWS



All Shook Up

Tomorrow is 'ShakeOut Day.' Designed to save lives during earthquakes

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STORM CAN'T STOP A HAWK-A-THON: Despite Friday's downpour, Kindergarteners tore through a breakaway banner and ran the first ceremonial lap by themselves during Palomares Elementary School's Annual Hawk-A-Thon. More than a hundred kids ran a total of about 4,300 laps (538 miles) in about 2-1/2 hours to raise funds for art, music and science programs, and extracurricular activities. This year's was the first Hawk-A-Thon on the school's new running track.

First Storm of the Season Hits

By Mike Pechner
CASTRO VALLEY FORUM

Last weekend's storm effectively put an end to this year's fire season in Northern California south to the Santa Cruz Mountains.

Rainfall from Friday through Sunday was more than twice the normal for this date. Castro Valley recorded three inches. Last year at this time we

had only around a tenth of an inch.

Almost a foot of rain fell at the 2,200-foot level on Loma Prieta above Los Gatos. In the Sierra, Blue Canyon – at 5,280-foot elevation along I-80 – recorded almost 8 inches of rain.

The medium range forecast shows warming everyday through the end of this week, with highs around ten degrees above normal and readings

climbing to the low 80s. Cooler weather is expected this weekend. Some forecast models show dry and mild weather through Halloween.

Another thing to notice this week is the winter grass that will start to sprout. By mid-November, a green carpet will cover the hillsides.

The next rain for the East Bay is likely to come late in the first week in November.

ETHD Getting Strong Backing

By Amy Sylvestri
CASTRO VALLEY FORUM

Several local elected officials say they want the Eden Township Healthcare District (ETHD) dissolved, calling it obsolete and pointing to an Alameda County Grand Jury report that said the district "failed in its mission."

But at a special Town Hall meeting hosted by the Alameda Local Agency Formation Commission (LAFCo) at the Castro Valley library Monday night, the public strongly supported keeping ETHD running as-is.

Since its creation 1948, the district has owned and overseen various properties in Castro Valley, San Leandro, Hayward and the unincorporated areas. It formerly owned Eden Hospital and others, but now just manages three office buildings while giving out grants and scholarships.

The Grand Jury found that 88 percent of the district's budget goes to real estate, staff, and legal fees, leaving around \$500,000 annually to distribute to various causes. If the district is dissolved, its assets would go to the county's health department.

Assemblyman Bill Quirk, Supervisor Wilma Chan, and the San Leandro City Council have called to disband the district, saying it is no longer serving the community efficiently.

A big part of the district's financial problem is a \$20 million lawsuit Sutter Health successfully brought against ETHD for forcing Sutter to keep the unprofitable emergency room at San Leandro Hospital open.

Eventually, Sutter gave San Leandro Hospital to the county at a loss and sued the district, which is now making \$2-million payments annually to Sutter.

Many speakers at Monday's meeting said that the attempt to end the district isn't a move toward efficiency, it's an attempt for the county to get some money.

Speaker Elke Sommer said it's a "no-brainer" to continue to support the district and that dissolution is "a thinly-veiled cash-grab by county partisan groups."

Roxanne Lewis, an elected member of the Health District Board, said that eliminating the ETHD is "short-sighted" because the county would spend its assets within a couple of years. But if the ETHD continues, she said it could continue to sustain itself for many years to come and will eventually be able to expand its charitable work after Sutter lawsuit is paid off.

Many speakers said the benefit of the district is its elected board, which holds the interests of Eden area residents in mind when acting. If the county is in control of the funds, they will likely not be spent specifically within Castro Valley, San Leandro, and San Lorenzo.

Speaker Phyllis Moroney, a former employee of the county health system, was the only one of about a dozen speakers who supported dissolving the district, calling it "obsolete" and saying that too much money is being spent on salaries and debt.

A second LAFCo meeting on the future of the ETHD took place Tuesday in Hayward and a third meeting is scheduled for Nov. 7 at 5:30 p.m. at San Leandro City Hall, 835 East 14th Street.

Once the meetings have been conducted, the community input and a draft report based on the findings of a consultant will be presented to the LAFCo board. Sometime next month there will likely be another public meeting followed by a final report and eventually a determination by LAFCo, which could dissolve the district, to leave it as-is, or decide on any number of other options, including putting the matter on the ballot.

Grabbing A Snack

Just part of the herd of 900 goats that were grazing on East Bay Regional Park District land near Lake Chabot Road last week. This most effective method of getting rid of dry grass from hillsides is a service of a unique family-owned Orinda business called Goats-R-Us. The company, which started 25 years ago, has about 10,000 goats at various spots in California and takes pride in the fact that their livestock is never slaughtered. The goats live out their entire lives with full medical care as "part of the family."



PHOTO BY PATRICK VADNAIS

Castro Valley Weather Oct. 19 - 23, 2016



Wednesday
Sunny
High 68° Low 53°



Thursday
Sunny
High 70° Low 62°



Friday
Sunny
High 70° Low 50°



Saturday
Sunny
High 70° Low 61°



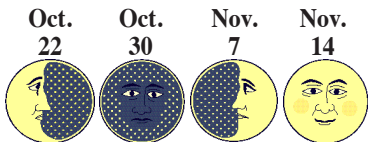
Sunday
Partly Cloudy
High 69° Low 51°

Almanac



Past Week's Rain: 03.00
Season To Date: 03.01
Normal To Date: 00.73
Season Average: 21.22

Moon Phases



Sun sets at 6:25 p.m. today; sun rises at 7:23 a.m. Thursday.

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CV EDUCATIONAL FOUNDATION AWARDS

Dynamic Dinner Funds Support Grants to Enrich CV Classrooms

By Winda Shimizu
SPECIAL TO THE FORUM

ONCE A YEAR, the Castro Valley Educational Foundation awards grants to Castro Valley School District's teachers for programs, supplies or projects that extend and enrich the classroom lessons.

The application for these grants is available now at www.cvef.org with the deadline for submission of 11:59 p.m. on Tuesday, Nov. 1.

The Castro Valley Educational Foundation's grants complement classroom instruction throughout the school year and are carefully coordinated with educators to focus on specific high-impact

activities. A maximum of \$1,500 can be allocated to each grant application.

The foundation's annual Dynamic Dinner, which provides funds to the grants program, is coming up on Friday, Nov. 4, at 6 p.m. at Transfiguration Church Hall, 4100 E. Castro Valley Blvd.

It will be an evening of dining, dancing, and great company while raising funds to support school projects, teacher grants, and the foundation's mission of promoting excellence in Castro Valley schools.

"Since the Castro Valley Educational Foundation was founded over 30 years ago, its primary mission was to raise funds to pay

for expenditures that had been cut from the State Budget," said Matthew Kaser, foundation program chair. "Under many successful presidents, board members and volunteers, our signature fundraiser – the annual Dynamic Dinner – and our many generous donors have contributed over \$285,000 to our schools' grant program."

There is still time to donate, volunteer, or contribute new ideas.

For tickets to the Dynamic Dinner (\$50 now, \$60 at the door), or to apply for the school grants program, visit www.cvef.org or email info@cvef.org

Winda Shimizu is a Castro Valley Educational Foundation Board Member.

Rubik's Cube 'Rumble' Saturday in Hayward

Elite "cubers" in the Bay Area will be returning to Hayward City Hall this Saturday to show off their cube-solving skills at "Rubik's Rumble 2016," sponsored by Friends of Speed Cubers and the City of Hayward.

Spectators are welcome and admission is free for non-competitors.

At the first competition last year, about a thousand competitors and spectators were on hand to witness the jaw-dropping competition.

The first place finisher, Riley Woo, solved the cube in just 9.08 seconds with second place competitor, Richard Jay Aparar, Jr., at 9.63, just fractions of a second behind.

The 2016 Rubik's Rumble will be a family-friendly event with elements of breakneck competition, community generated art, and education. The event has been expanded to include more aspects designed to enrich the imagination



Since its U.S. launch in 1980, Erno Rubik's ingenious 1974 invention has twisted and turned its way into over 350 million hands worldwide, and has continued to fascinate, bewilder and challenge millions of people.

of young people, including the display of a cube solving LEGO robot and 3D printer demonstrations.

"Hayward has been supportive of not only the competition, but also by promoting cube solving to

kids as a welcome respite from a world dominated by cell phones and other electronic devices," said April Chan, founding board member of Friends of Speed Cubers.

The Rumble, sanctioned by the World Cube Association, will feature a heated speed-solving competition in which speed cubers – some as young as eight – push themselves to solve the cube as quickly as possible.

Competitors will solve different types of cubes (2x2 and 3x3) and will also solve the cube one-handed and blindfolded.

The event begins at 10:30 a.m. at Hayward City Hall. Finals will be at 5:30 p.m. in the City Hall Rotunda.

Those interested in competing will find instructions at www.cubingusa.com/rubiksrumble2016. For more information, see www.facebook.com/rubiksrumble2016. Learn more at YouCanDoTheCube.com

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Of Local Tax Measures, Only BART Bond Gets Argument

By Amy Sylvestri
CASTRO VALLEY FORUM

Just one of the four local tax measures on the Nov. 8 ballot has drawn any opposition. Only Measure RR, a \$3.5-billion bond proposed by BART has received an argument against it which will appear on the ballot.

The BART board of directors say the Measure RR money would be used to upgrade 90 miles of worn tracks, repair tunnels damaged by water intrusion, and enhance the 44-year-old train control system.

But opponents – including the Alliance of Contra Costa Taxpayers and the Kersten Institute for Public Policy – who wrote the rebuttal argument, say that BART squanders its money and the life of the bond is far too long.

“BART doesn’t deserve your trust” the ballot argument states. “BART isn’t underfunded, it’s reckless.”

The argument states that despite the fact BART says the money will go to repairs and expansion of the system, it may indirectly fund salaries and the average compensation of a BART employee including benefits is almost \$132,000 annually. It further argues that BART mishandled labor agreements following the 2013 strikes that snarled the Bay Area commute.

see BART on back page



PHOTO BY JIM KNOWLES

BART says Measure RR, a \$3.5 billion bond, would upgrade its tracks, repair tunnels and replace the 44-year-old train control system. Opponents say BART squanders its money, the life of the bond is too long, and the money might indirectly go to salaries.

SHERIFF'S REPORTS

COMPILED BY MICHAEL SINGER • SPECIAL TO THE FORUM



Death Threats

Sunday, October 16: at 5:55 p.m., a 911 call about a man making death threats sent deputies to a home on Brickell Way near Elrod Drive. There, they arrested a 63-year-old man from Castro Valley on suspicion of making death threats. The man was taken into custody.

Can't Stay Away

Sunday, October 16: at 10:55 a.m., a 55-year-old woman with no permanent address was arrested on suspicion of violating a court-issued restraining order against her. Deputies responded to a suspicious person report outside a home on Ewing Road near High Pine Way. The woman fitting the description was identified and taken into custody.

Driving Drunk, Drugged

Sunday, October 16: at 1:00 a.m., deputies pulled over and arrested a 43-year-old man from Castro Valley on suspicion of driving under the influence of drugs and alcohol. The man was traveling on Castro Valley Boulevard near Rutledge Road when deputies noticed him weaving in traffic. The man tested positive for both drugs and alcohol and was taken into custody.

Fire Department Assists Man Down

Saturday, October 15: at 1:30 p.m., an emergency call from the Alameda County Fire Department

sent deputies to the intersection of San Miguel Avenue and Castro Valley Boulevard. First responders reported a 32-year-old man from Castro Valley had been stumbling past their fire station when he collapsed near the corner. Deputies confirmed the man had slurred speech and smelled of alcohol. The man was charged with public intoxication and taken to a sobering center.

Family Fight and Child Endangerment

Saturday, October 15: at 6:59 p.m., deputies arrested a 36-year-old man from Castro Valley on suspicion of assault on a family member and child endangerment. An anonymous tip about a loud and aggressive-sounding argument sent deputies to a home on Kevin Court near Seaview Avenue. The man was handcuffed and taken into custody. The victims were treated at the scene.

Unwelcome Patron at Convenience Store

Friday, October 14: at 10:31 p.m., a 26-year-old man with no permanent address was arrested on suspicion of refusing to leave a business after repeated instructions by the store manager. Deputies were called to a convenience store at the intersection of Grove Way and Redwood Road after reports that the man would not leave. The suspect also had an outstanding warrant issued for his arrest. Deputies took the man to Santa Rita Jail pending \$5,000 in bail.

Parolee with Burglar Tools

Friday, October 14: at 2:18 a.m., deputies arrested a 33-year-old man from Castro Valley on suspicion of possession of stolen property, possession of burglary tools, violating a court-issued restraining order against him, and violating the terms of his parole.

see REPORTS on page 11

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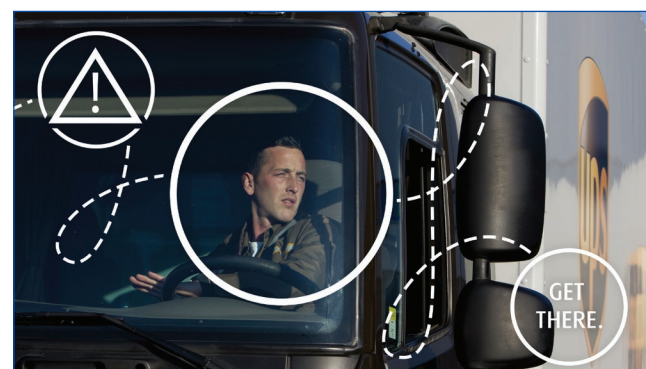
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The Week Ahead

● Wednesday, October 19: Women's Club/Chanticleers Talk

Barbara Perry will be program speaker at the next meeting of the Castro Valley Women's Club, 18330 Redwood Road, at 1 p.m. today. Perry will be sharing her story of Chanticleers Theatre – its history and journey – as an actress and director. Vintage photos will be on display. The public is invited. For info, visit castrovalleywomensclub.weebly.com/facebook or call 510-461-7692.

● Thursday, October 20: Fairview Town Hall: MAC Discussed

The first of 2 Town Halls sponsored by Supervisor Nate Miley to discuss a Municipal Advisory Council for Fairview will be held at 7 p.m. tomorrow evening at Fairview Elementary School. A second meeting will be at 9:30 a.m. this Saturday at East Ave. Elementary School. Fairview residents will have an opportunity to ask questions and voice their opinions. For more info, call 670-5717 or email matt.turner@acgov.org

● Friday & Saturday, Oct. 21-22: Shrouded Tales–McConaghy

Learn about true tales of tragic ends, Victorian death traditions and superstitions all sprinkled with a touch of the paranormal. New stops and stories as you tour the historic McConaghy House, 18701 Hesperian Blvd. in Hayward at either 7 p.m. or 9 p.m. on Oct. 21 or Oct. 22. Tickets (\$15 general, \$10 HAHS members, seniors and students) are limited and must be purchased in advance. To book, call 510-581-0223 or visit www.haywardareahistory.org. Proceeds go toward maintenance and restoration efforts.

● Saturday, October 22: Teach-Ins on Important Bond Issues

Supervisor Nate Miley will conduct a Teach-In on the measure that would fund creation of affordable rental housing in the county, and Starr

King Church of Hayward will conduct a Teach-In on the measure that will fund upgrading of existing facilities operated by Hayward Area Recreation District, starting at 1 p.m. this Saturday, Oct. 22, at the Castro Valley Library. For more info, email Frank Burton at frank.burton.now@gmail.com or call 510.276.1631.

● Monday, October 24: Eden Garden Club Fall Bazaar

Plants, garden items, books, crafts, household items, baked goods, silent auction items and more will be available from 10 to 11:30 a.m. at the Eden Garden Club's annual Bazaar on Monday at the Moose Lodge, 20635 Rutledge Road, behind Burger King in Castro Valley. Guests are welcome. Proceeds go to support school gardens. For more info, call 510-397-1268.

...and Beyond

● Wednesday, October 26: Toastmasters Open House

All are welcome at Toastmasters' Open House in Bayfair Mall in San Leandro at 1 p.m. next Wednesday. Enter through Door 5 facing Century Theaters and go to the meeting room – signs will be posted. Learn the art of public speaking. Refreshments will be served. For more information, call Wayne Hankins at 510-407-0048.

● Wednesday, October 26: Reformation Book Fair & Festival

Stop by our book fair sale featuring over 30 books up to 50% off with free shipping, and stick around for free family-friendly activities, games, and more from 4 to 8 p.m. next Wednesday at Faith Lutheran Church, 20080 Redwood Rd in Castro Valley. For more information, visit www.flccv.org/refo500 or call 510-582-0818.

● Wednesday, October 26: Parkinson's Support Group

Karen Marshall, from Community Resources for Independent Living, will be the speaker at the San Leandro Parkinson's Support Group's monthly meeting next Wednesday, Oct. 26 at 10 a.m. at the San Lorenzo Community Church, 945 Paseo Grande in San Lorenzo. For information call Lona White at 510-276-3119.

● Saturday, October 29: Halloween Festival & Costume Parade

Bayfair Center Certified Farmers' Market at East 14th & Fairmont in San Leandro will hold its Halloween Harvest Festival, and Costume Parade and Contest from 9 a.m. to 1 p.m. Oct. 29. Family farmers bring local produce and heirloom variety fruits and vegetables that they grow themselves. Guess the weight of the Giant Pumpkin, with a \$50 prize.

REGULAR GOVERNMENT MEETINGS

- Castro Valley Municipal Advisory Council (MAC) meets on land-use issues on the 2nd and 4th Mondays of the month, and holds general purpose meetings on most 3rd Mondays. Meetings are at 6 p.m. at the Castro Valley Library Chabot Room, 3600 Norbridge Avenue.

- Castro Valley School Board usually meets at 7 p.m. on the second and fourth Thursdays of the month at 4400 Alma Ave.

- Castro Valley Sanitary District (CVSan) meets at 6:30 p.m. on the first Tuesday of the month at the District Headquarters, 21040 Marshall St.

- Alameda County Board of Supervisors meets every Tuesday at 10:45 a.m. in the Supervisors Chambers at the County Administration Bldg., 1221 Oak St. in Oakland.

● Saturday, October 29: Meals on Wheels Bike Ride

Join Meals on Wheels of Alameda County for the 7th Annual Wheels for Meals Ride on four supported routes through the Livermore Valley to help fight senior hunger, returning for a BBQ lunch. Advance registration closes at 6 p.m. on Oct. 28 or when 1,200 cyclists are registered. For details, visit www.wheelsformealsride.com

● Monday, October 31: Halloween Haunt

Join the Wilfongs at their Home Haunt on Charter Oaks Drive on Halloween night from 5:30 to 9 p.m. Walk through display, photo ops, and trick or treats for all ages. They will be accepting donations to the local pet shelter. Come have some spooky fun and help abandoned animals!

● Tuesday, November 1: Buon Tempo Six-Course Dinner

The Buon Tempo Club (the name means "good times"), will have a six-course Dinner at 7 p.m. on Nov. 1 at Transfiguration Church at 4000 East Castro Valley Blvd. Everyone is invited. For reservations (\$15 members or \$20 guests), call 510-483-6929. The deadline for reservations is Friday, October 28. Buon Tempo, a social welfare organization, celebrates Italian food and culture. Over the years Buon Tempo has donated over \$160,000 in scholarships to East Bay high schools and students, and has also donated frequently to the George Mark Children's Hospice in San Leandro.

● Tuesday, November 1: Rich Wicker Annual Pool Tournament

The Kenneth C. Aitken Senior & Community Center, 17800 Redwood Road in Castro Valley, will host the 7th Annual Rich Wicker Pool Tournament at 10 a.m. Nov. 1, in memory of the Center's dear friend, Rich Wicker. All skill levels are welcome. The cost to enter is \$5 per person and prizes will be awarded to the top players in each bracket (Beginner/Advanced). Light refreshments will be served. Players must register by Thursday, Oct. 27. Call the Senior Center for more details at 881-6738.

Arts & Entertainment

CASTRO VALLEY CENTER FOR THE ARTS

Tickets for CFA events listed below are available online at www.cvarts-foundation.org; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3-5 p.m. phone 889-8961; or at the CV Adult School, 4430 Alma Ave.

- San Francisco Master Chorale will perform at 6:30 p.m. on Sunday, Oct. 30. Tickets are \$20 at the door.

ART GALLERIES & EVENTS

- Day of the Dead 2016: The celebration of Día de los Muertos (Day of the Dead) focuses on the belief that the spirits of lost loved ones return from another world to be with their friends and family for one night. Explore the various stages and symbolism of the celebration through the artwork of more than 25 local artists through Nov. 13 in the Community Gallery at the HAHS Museum of History & Culture, 22380 Foothill Blvd., Hayward.

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2060 Washington Ave., San Leandro 94577
Corporate Address: P.O. Box 2897, Alameda, CA 94501
Tel: 510-537-1792 • Fax: 510-814-9691

Fred Zehnder, Editor & Publisher
fredz@ebpublishing.com

Claudette E. Morrison, Business Mgr.
cm@ebpublishing.com

Howard Morrison, Assoc. Publisher
howardm@ebpublishing.com

Patrick Vadnais, Classified Ads / Obituaries
patrickv@ebpublishing.com

Helen Burkett, Advertising Design Mgr.
helenb@ebpublishing.com

Mary Florence, Advertising Sales
861-3270 mpominville4582@aol.com

Moxie Morrison, Layout Design
moxmore@yahoo.com

Linda Nakhai, Advertising Sales
lnakhai@comcast.net

Contributors:

Amy Sylvestri, News
amys@ebpublishing.com
510-614-1561

Thomas Lorentzen
Winda Shimizu
Linda Sandsmark

Jim Carrizo, Sports
jimcvsports@gmail.com
510-967-3759

Linette Escobar
Terry Liebowitz

Trevin Smith
Simon Wong

Carl Medford
Michael Singer

Submissions to The Forum

To submit Calendar listings or news stories for possible publication, send information by the prior Friday in an email, or attach a document with photos to: fredz@ebpublishing.com, or fax information to 510-814-9691.

CASTRO VALLEY WOMEN'S CLUB

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CHICKEN POT PIE

- 1 pound skinless, boneless chicken breast halves, cubed
- 1 cup sliced carrots
- 1 cup frozen green peas
- 1/2 cup sliced celery
- 1/3 cup butter
- 1/3 cup chopped onion
- 1/3 cup all-purpose flour
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 teaspoon celery seed
- 1-3/4 cups chicken broth
- 2/3 cup milk
- 2 (9-inch) unbaked pie crusts

Preheat oven to 425°F. In a saucepan, combine chicken, carrots, peas, and celery. Add water to cover and boil for 15 minutes. Remove from heat, drain and set aside. In the saucepan over medium

heat, cook onions in butter until soft and translucent. Stir in flour, salt, pepper, and celery seed. Slowly stir in chicken broth and milk. Simmer over medium-low heat until thick. Remove from heat and set aside.

Place the chicken mixture in bottom pie crust. Pour hot liquid mixture over. Cover with top crust, seal edges, and cut away excess dough. Make several small slits in the top to allow steam to escape.

Bake in the preheated oven for 30 to 35 minutes, or until pastry is golden brown and filling is bubbly. Cool for 10 minutes before serving. Makes one 9-inch pie.

COUNTRY BEEF POT PIE

- 1 box Pillsbury refrigerated pie crusts, softened as directed on box
- 1 tablespoon oil
- 3/4 pound boneless beef sirloin steak, cut into 1/2-inch cubes
- 1 medium onion, chopped
- 1 (12-ounce) jar beef gravy
- 1 tablespoon cornstarch
- 2 teaspoons sugar

- 1/8 teaspoon pepper
- 2 cups frozen mixed vegetables
- 2 cups frozen southern-style hash-brown potatoes (from 32-ounce package)
- Sesame seed, if desired

Heat oven to 400°F. Prepare pie crusts as directed on package for two-crust pie using 9-inch glass pie pan.

Heat oil in large skillet over medium-high heat until hot. Add beef and onion; cook and stir until beef is browned. Drain.

In small bowl, combine gravy, cornstarch, sugar and pepper; mix well. Add to beef in skillet. Stir in vegetables and potatoes. Cook about 5 minutes or until vegetables are thawed, stirring occasionally.

Spoon mixture into pie crust-lined pan. Top with second crust; seal edges and flute. Cut slits in several places in top crust; sprinkle with sesame seed.

Bake at 400°F for 35 to 45 minutes or until golden brown. Let stand 10 minutes before serving. Yields 6 servings.

VEGETARIAN POT PIE

- 1 tablespoon butter

- 2 small heads fennel, finely chopped (about 3 cups)
- 1/2 medium yellow onion, finely chopped
- 2/3 cup peeled and finely chopped carrots
- 12 ounces white button mushrooms, sliced (5 cups)
- 1 small russet potato, peeled and diced small
- 1/4 cup all-purpose flour
- 1 cup vegetable broth
- 1 cup whole milk
- 1 cup frozen baby green peas
- 1/4 cup thinly sliced fresh chives
- 1/4 cup parsley
- 1 tablespoon white vinegar
- 1 large egg yolk
- 7 ounces store-bought puff pastry or pie dough (defrosted if frozen)

Heat the oven to 400°F and arrange a rack in the middle.

Melt butter over medium heat in a 3- to 4-quart Dutch oven or heavy bottomed saucepan. When it foams, add fennel, onions, and carrots, and cook until just soft and onions are translucent, about 2 minutes.

Add mushrooms and potato, season well with salt and freshly ground black pepper, and stir to coat. Cook, stirring rarely, until mushrooms have let off water and are shrunken, about 6 minutes.

Sprinkle flour over vegetables, stir to coat, and cook until raw flavor is gone, about 1 to 2 minutes. Carefully add broth and milk, stirring constantly until mixture is smooth. Bring to a simmer over medium heat and cook until slightly thickened, about 5 minutes.

Remove from heat, add peas, herbs, and vinegar, and stir to coat. Season well with salt and freshly ground black pepper. Turn filling into an 8 by 8-inch baking dish.

Whisk egg together with 2 teaspoons water and a pinch of salt until evenly mixed. Set aside.

With kitchen shears, cut dough to fit over the baking dish. Place dough over filling and tuck into the edges of the dish. Brush dough with egg wash and cut slits in the top to vent.

Place on a baking sheet and bake until crust is golden brown and mixture is bubbling, about 25 to 30 minutes. Let sit at least 5 minutes before serving. Yields about 8 servings.

HOROSCOPE by Salomé

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ARIES (March 21 - April 19): You're moving from a relatively stable situation to one that appears to be laced with perplexity. Be patient. You'll eventually get answers to help clear up the confusion around you.



TAURUS (April 20 - May 20): A vexing situation tempts you to rush to set it all straight. But it's best to let things sort themselves out so that you can get a better picture of the challenge you're facing.



GEMINI (May 21 - June 20): Financial matters could create some confusion, especially with a torrent of advice pouring in from several sources. Resist acting on emotion and wait for the facts to emerge.



CANCER (June 21 - July 22): That goal you've set is still in sight and is still in reach. Stay with the course that you're on. Making too many shifts in direction now could create another set of problems.



LEO (July 23 - August 22): It might be time to confront a trouble-making associate and demand some answers. But be prepared for some surprises that could lead you to make a change in some long-standing plans.



VIRGO (August 23 - Sept. 22): Congratulations. You're making great progress in sorting out all that confusion that kept you from making those important decisions. You're on your way now.



LIBRA (Sept. 23 - October 22): A difficult experience begins to ease. That's the good news. The not-so-good news is a possible complication that could prolong the problem awhile longer.



SCORPIO (October 23 - November 21): Your self-confidence gets a much-needed big boost as you start to unsnarl that knotty financial problem. Expect some help from a surprising source.



SAGITTARIUS (Nov. 22 - Dec. 21): Congratulations. Any lingering negative aftereffects from that not-so-pleasant workplace situation are all but gone. It's time now to focus on the positive.



CAPRICORN (Dec. 22 - Jan. 19): Your self-confidence grows stronger as you continue to take more control of your life. Arrange for some well-earned fun and relaxation with someone special.



AQUARIUS (Jan. 20 - Feb. 18): As usual, you've been concerned more about the needs of others than your own. You need to take time for yourself so that you can replenish all that spent energy.



PISCES (Feb. 19 - March 20): Stronger planetary influences indicate a growing presence of people eager to help you navigate through the rough seas that might mark your career course.

THE FORUM CROSSWORD

	1	2	3	4	5		6	7	8	9	10	
11							12					13
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16				17		18				19		
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51							52					
	53						54					

ACROSS

- 1 Salk vaccine target
- 6 Frizzy coils
- 11 Mom or pop
- 12 Censoring sounds
- 14 Majestic
- 15 Reddish brown
- 16 Masseur's workplace
- 17 Nervous
- 19 Through
- 20 Southern st.
- 22 "Go, team!"
- 23 Get ready
- 24 Fiery crime
- 26 Audience
- 28 Jazz style
- 30 Payable
- 31 Risk
- 35 Skewered entree
- 39 Boring
- 40 Petrol
- 42 Pleasant
- 43 Greek vowel
- 44 Kentucky senator McConnell
- 46 Poolroom need
- 47 Writer
- 49 Foreign domestic
- 51 Hispanic chap
- 52 Says impulsively
- 53 Lousy car
- 54 Didn't act

DOWN

- 1 Impoverished one
- 2 Liver, spleen, etc.
- 3 Romanian money
- 4 "Meet Me ___ Louis"
- 5 Playful water critter
- 6 Embarrassed
- 7 Chimney channel
- 8 CSA soldier
- 9 Body of work
- 10 More agile
- 11 Trattoria fare
- 13 Breaks suddenly
- 18 "Unh-unh"
- 21 Dynamite inventor
- 23 Hog the mirror
- 25 Neither mate
- 27 Arctic bird
- 29 Refinery input
- 31 Perfect
- 32 ___ funds
- 33 Nebraska river
- 34 Long. crosser
- 36 Antacid reducer, for short
- 37 Keenness
- 38 Happy hour orders
- 41 Wound covers
- 44 One (Pref.)
- 45 Island dance
- 48 That guy
- 50 Deposit

ANSWERS ON PAGE 5

A	B	L	V	S		N	O	W	E	T			
S	I	R	N	T	B		O	N	I	V	T		
H	I	V	E	N	V		H	O	H	L	N	V	
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Can Property Tax Loan Program Help Us Remain in Our Home?

Q Our property taxes are due soon and we worry that we may not be able to pay them, as my wife and I had large care expenses this year. Are there any programs that we might turn to for help?

By Gene L. Osofsky, Esq.
SPECIAL TO THE FORUM

A Yes. California lawmakers have reinstated a program called the "Senior Citizens and Disabled Citizens Property Tax Postponement (PTP) Program" to provide property tax relief, in the form of a deferment, for qualifying seniors over age 62 and for persons with a disability.

Background: The program was originally created in 1976 and operated successfully for approximately 32 years until it was

suspended in 2009 due to state budget cuts.

During that interim, it helped approximately 6,000 seniors and persons with disabilities remain in their homes, while generating an estimated \$41-million in revenue for the state General Fund.

More recently, and with bipartisan support and the approval of the governor, the program was reinstated and revised.

How it Works:

The PTP operates as a loan program. To qualify, an applicant must meet these five conditions: (1) be age 62 or older on or before December 31, 2016, or be blind or disabled at the time of application; (2) must own and occupy



the home as his/her principal residence; (3) have total household income which did not exceed \$35,500 for calendar year 2015; (4) have equity in the home of at least 40% of the home's fair market value; and (5) must not have a Reverse Mortgage on the home.

The application filing period began October 1, 2016 and runs through February 10, 2017.

Since there is limited funding for the program, applications are processed on a first-come first-served basis.

Once approved, the State Controller's Office will offer a loan to the applicant at 7% simple interest, place a lien on the home to secure the loan, and will then pay the current property tax due to the applicant's county tax collector.

The loan will be due when the applicant moves from the proper-

ty, sells or transfers the home, dies (unless a spouse or other qualified individual continues to reside in the home), falls delinquent on future property taxes or other senior liens, or upon refinancing or placing a Reverse Mortgage on the property.

Unfortunately, the program cannot be used to pay for any delinquent property taxes. Further, if an applicant wishes to use the program in following years, he or she must reapply and re-establish eli-

gibility for each succeeding year.

The program is intended to be self-funding, with succeeding years' loan pool supported by fees and repayments collected from prior loans. So, securing the loan in the first year does not necessarily assure that a loan will be available in succeeding years. Also, one can apply for a loan to cover all, or part, of the current tax due.

For seniors and persons with a disability in need of property tax deferment, it is a program worth

considering. Loans are processed in the order received, and since the application period just opened on October 1, it is important to apply right away.

For an application or for more information, call the State Controller at 1-800-952-5661, or visit the Controller's website at: www.sco.ca.gov.

Gene L. Osofsky is an elder law and estate planning attorney in Hayward. Visit his website at www.LawyerForSeniors.com.

How Much Does a Funeral Cost?

By Jim Miller
SPECIAL TO THE FORUM

It definitely pays to know what charges to expect when pre-planning a funeral. Most people don't have a clue. Here's a breakdown of what you can expect.

Funeral Prices

The first thing you need to be aware of is that funeral costs will vary considerably depending on your geographic location, the funeral home you choose and the

funeral choices you make.

With that said, here's a breakdown of what an average funeral costs, nationwide, according to recent data from the National Funeral Directors Association.

- Professional services fee: This is a basic non-declinable fee that covers the funeral provider's time, expertise and overhead. \$2,000

- Transfer of the remains: This is for picking up the body and taking it to the funeral home. \$310

- Embalming and body preparation: Embalming is usually mandatory for open-casket viewing, otherwise it's not required unless the body is going to be transported across state lines. Embalming costs \$695. Other body preparations, which includes hairdressing and cosmetics runs \$250.

- Funeral viewing and ceremony: If the viewing and funeral ceremony is at the funeral home, you'll be charged for use of the chapel and any necessary staff. Costs: \$420 for viewing, and \$495 for funeral ceremony.

- Metal casket: Markups can be as much as 300 percent over the wholesale price. \$2,395.

- Funeral transportation: Use of hearse and driver \$318 to transport the body to the cemetery. Use of a service car/van \$143.

- Memorial printed package: This includes printed programs and memorial guest book. \$155.

In addition to these costs, there are a number of other related expenses such as flowers for the funeral (around \$200 to \$400), the newspaper obituary fee (\$100 to \$600 or more), the clergy honorarium (\$200 to \$300) and extra copies of the death certificate (\$5 to \$35 per copy depending on the state).

And, a number of large cemetery costs like the plot or mausoleum fee, the vault or grave liner that's required by most cemeteries, and the opening and closing of the grave, all of which average between \$2,000 and \$4,000; and the gravestone, which typically costs between \$1,000 and \$3,000.

All told, the average cost of a total funeral today is around \$11,000 or more.

see FUNERAL on page 7



Stepping On

Building confidence and reducing falls

For many seniors, the experience or threat of a fall can be a barrier to safely doing all the things they want to do.

"Stepping On" is a falls prevention program that focuses on simple and fun balance and strength training, how medication can contribute to falls, selecting safe footwear, checking your home for safety and more.

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Finding and Hiring a Good Handyman or Contractor

By Jim Miller
SPECIAL TO THE FORUM

Hiring a good home repair handyman can be a bit of a crapshoot. How do you find someone who will return your calls, show up on time, do the job right and finish it, all at a fair price?

Here are some tips that can help.

✓ Who to Call

While it may seem obvious, whom you call on for help will depend on what you need done.

If, for example, you have a small home repair or improvement project that doesn't require a lot of technical expertise, a handyman may be all you need. But if you have a job that involves electricity, plumbing, or heating or cooling systems, you're better off going with a licensed tradesman.

Bigger jobs like home renovations or remodeling may require a general contractor.

Whatever type of work you need, the best way to find it is through referrals from people you trust.

If your friends or family don't have any recommendations turn to professionals in the field like local hardware or home improvement stores, or even real estate agents.

The Internet can also help. Websites like HomeAdvisor.com can put you in touch with prescreened, customer-rated service professionals in your area for free.

Or try AngiesList.com, a membership service that will connect



Don't risk it when it comes to your home: Whatever type of work you need, the best way to find a good handyman or contractor is through referrals from people you trust.

you with contractors and service companies with various types of expertise for free. They provide ratings and reviews of local professionals who've done work for other members in your area, plus details about the type of work they've done, prices, professionalism and timeliness. They also offer an upgraded silver or gold membership for \$25 or \$100 per year, which offers discounts, a magazine, complaint resolutions and more.

Another option for finding handyman services is through a local or national service company like MrHandyman.com, HouseDoctors.com or HandymanConnection.com.

You'll probably pay more going through a company than you would with an independent handyman, but service companies typically promise professional workers who are screened, licensed, bonded and insured.

To find local handyman services

in your community check your yellow pages, local publications or go to any Internet search engine and type in "handyman" plus your city and state.

✓ Things to Know

Once you've located a few candidates, your next step is to get written estimates that list the materials, costs and details of the project. It's a good idea to get at least three estimates from different sources to be sure you're getting a fair deal.

Funeral: A Few Ways to Lower Cost

continued from previous page
Ways to Save

If you can't afford this, there are ways to save. For starters, you should know that prices can vary significantly by funeral provider, so it's wise to shop around.

There are also free websites you can turn to, like Parting.com that lets you compare prices, and also FuneralDecisions.com that will provide estimates from local funeral homes based on what you want.

When evaluating funeral providers, be sure you get an itemized price list of services and products so you can accurately compare and choose what you want.

But, the most significant way to save on a funeral is to request a "direct burial" or "direct cremation."

With these options the deceased would be buried or cremated shortly after death, which skips the embalming and viewing. If a memorial service is desired, you can have it at the graveside or at her place of worship without the body. These services usually run between \$600 and \$2,000, not counting cemetery charges.

Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

Before hiring someone, check out his or her work history with your state consumer protection agency (go to usa.gov/state-consumer for a list) and the Better Business Bureau (bbb.org/council).

You can also search the Web using the company or individual's name and such words as "reviews" and "complaints."


You also need to find out if your candidates have an approved contractor or tradesman license. Using an unlicensed worker in a state that requires a license is dangerous – you'll have little legal recourse if the job goes bad.

With a few exceptions, all businesses or individuals who work on any building, road, parking facility, excavation, or other structure in California must be licensed by the California Contractors State License Board if the total cost of one or more contracts on the project is \$500 or more.

To find out if a contractor is licensed in California, visit: <https://www2.cslb.ca.gov/>

Also, ask to see their proof of insurance, which covers any damages they may cause while working on your home, and ask for several references from past jobs and check them.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070.



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CVHS SPORTS SCHEDULE

CROSS COUNTRY

- Saturday, October 22, 8:00 a.m.
CV is participating in the Mt. SAC Invitational held at Mt. San Antonio College

FOOTBALL

- Thursday, October 20, 4:00 p.m.
Freshman vs. Hayward at Sunset
- Friday, October 21, 4:00 p.m.
JV vs. Piedmont at CVHS
- Friday, October 21, 7:00 p.m.
Varsity vs. Piedmont at CVHS

GIRLS TENNIS

- Thursday, October 20, 3:30 p.m.
CV vs. Alameda away
- Tuesday, October 25, 3:30 p.m.
CV vs. Arroyo away

GIRLS VOLLEYBALL

- Thursday, October 20, 4:00 p.m.
JV vs. Encinal at CVHS
- Thursday, October 20, 5:15 p.m.
Varsity vs. Encinal away
- Tuesday, October 25, 4:30 p.m.
JV vs. San Leandro away
- Tuesday, October 25, 5:45 p.m.
Varsity vs. San Leandro away

CVHS Tennis Results (Singles and Doubles)

CV 5 vs. O'Dowd 2 • Wed., Oct. 12

Singles

1. Rachel Dong (CV) - Sarah Craney 6-2, 6-4
2. Elena Lottich (CV) - Emily Lecocq 6-1, 6-0
3. Gabby Zakas (CV) - Madison Lenoir-Irwin 7-5, 6-2
4. Anya Mortensen (CV) - Jenny Cheng 6-2, 6-1

Doubles

1. Evian Jiang / Alexis Gillian (BOD) - Angela Ho / Victoria Vitton 6-1, 6-3
2. Gaby Madison / Riley Powers (CV) - Milian McCroden 6-3, 3-6, 5-7
3. Geneva Lum / Paige Cason (CV) - Sam Jifing / Gill 7-5, 6-2

Piedmont 6 Castro Valley 1 • Tues., Oct. 11

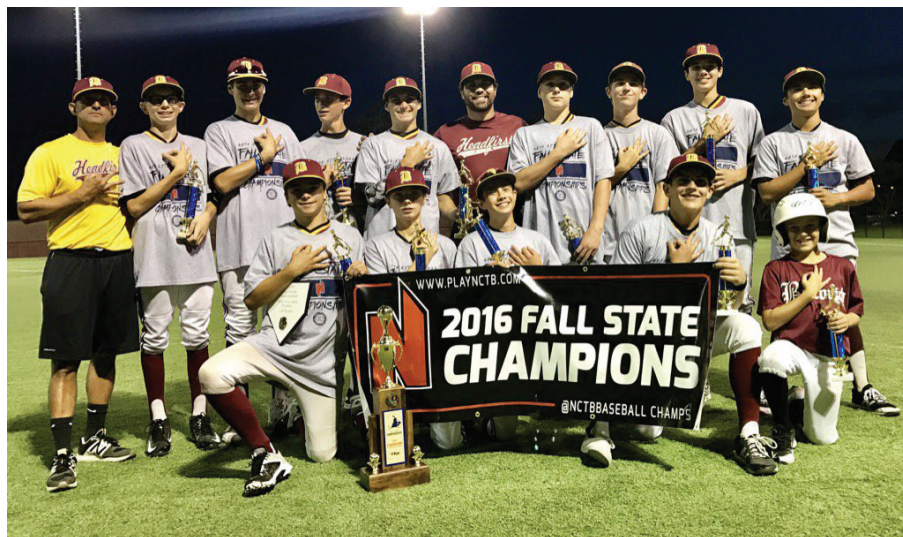
Singles

1. Angela Huang (P) - Rachel Dong 6-4, 6-2
2. Elena Lottich (CV) - Hanna Marcus 6-1, 6-2
3. Cara Puscasio (P) - Anya Mortensen 6-1, 6-2
4. Sophia Landes (P) - Angela Ho 7-5, 6-2

Doubles

1. Noreen Auyoung / Kiana Kasrovi (P) - Victoria Vitton / Gaby Madison 6-0, 6-4
2. Madison Aikawa / Lauren Young (P) - Riley Powers / Samantha Cheung 7-5, 6-2
3. Megan Chueh / Emily Becker (P) - Paige Cason / Geneva Lum 4-6, 6-2, 6-3

ATHLETES OF THE WEEK



Members of the 14U Bercovich Team

This week's Athletes of the Week are the members of the 14U Bercovich team which has remained undefeated for the entire Fall season.

Their latest Tournament win came at Twin Creeks during the 14U Majors Fall State Championship, held over the weekend of Oct. 8 and 9.

The Bercovich team dominated, winning 8-4 against TFE Black and 10-2 against E.J. Sports on Saturday at Wilcox High School. Then, as one of the top seeds, the team beat Team Kado Elite 15-0 in a semi-final game on Sunday.

This moved Bercovich into the Championship game vs. the Extreme Hurricanes, which they won 3-2, in their closest game of the tournament at the Twin Creeks Sports Complex.

Top row from left, Assistant Coach Dave Eastman, Bobby Brown, Blaze Hill, Ben Levinson, Caleb Chance, Manager Mike Barakat, Dylan Baxter, Chaptin Gritz, Matt Robillard and Benny Siguenza; bottom row, Austin Overton, Caede McMahon, Mason Eastman, Jayden Payne, and bat boy Zach Payne.

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Volleyball

NorCal Top Gun Girls Volleyball Club is having tryouts for the 2017 club season for U17 girls on Saturday, November 5, from 10 a.m.-12 p.m. and on Sunday, November 6 from 3-5pm. Tryout fee is \$20 per player. No open gym scheduled for Top Gun. For registration and tryout locations, please contact Kathy Yao at bgiao@meyao.net or visit <http://norcaltopgun.com>. Top Gun is also looking for a few passionate volunteer coaches to coach some younger age groups. If you are interested, please email Kathy.

Baseball

Castro Valley Little League will be having live registrations for the Spring 2017 Season, at Creekside Middle School, in the Multi-Purpose Room, at 19722 Center Street. Sign-ups are for Boys and Girls Ages 4 to 16, on the following dates: Thurs., Nov. 10 6:30-8:30 p.m.; Thurs., Dec. 1, 6:30-8:30 p.m.; Thurs., Dec. 29 6:30-8:30 p.m. Sign up by Saturday, Dec. 3, and save \$15. Fees range anywhere from \$130 to \$250. Fee includes: Registration and Insurance, Jerseys, Opening and Closing Day Ceremonies, Trophies or Medals and basic Photograph Package. One Time \$50 Family Discount if two or more players from the same household are registered at the same time. For more, visit our website at: www.castrovalleylittleleague.org/

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Corner of 1881 Astor Dr. & Lake Chabot Rd, on the Castro Valley, San Leandro Border



PHOTO COURTESY OF HEARING LOSS ASSOCIATION

Kayakers were dwarfed by U.S. Navy ships off Alameda.

A Kayak Adventure to Remember

By Sue Getreuer
SPECIAL TO THE FORUM

Five of us — all members of the Hearing Loss Association — gathered on October 2nd at the Encinal boat ramp in Alameda for a big adventure.

Our instructor, Joseph Stack, owner of Stacked Adventures, was sensitive to the hearing loss of the participants — he has a mild hearing loss similar to mine.

He spoke to us regarding safety, do's and don'ts, and paddling technique. Then, off came our hearing aids, watches — whatever should

not get wet.

Communication on the water was primarily by hand signals. We donned life jackets and “skirts” that fit over the open part of the kayaks where we sit. I lucked out and sat in the front of the kayak with the instructor.

We had all dressed warmly, but despite horrible weather reports, it did not rain while we were out there. Our excursion (about 2 hours of on-water time) took us out on the Bay, along a rock wall with lots of birds, including brown pelicans, seagulls and cormorants, and up close to the Navy ships that

seemed huge.

Our instructor was vigilant, stopping if either of the other kayakers got too far from us to make sure everyone was okay.

He told us that in the spring, brown pelicans come to the rock wall in large numbers as part of their migration route. I think I'd like to go kayaking again then, to see this!

A big thanks to the organizers. This was fun, safe, and good exercise.

Sue Getreuer is a member of the East Bay Chapter of the Hearing Loss Association.

Monday Bomb Scare Closes Blvd. Briefly

Parts of Castro Valley Boulevard were briefly blocked of Monday afternoon after a suspicious package was spotted near a homeless encampment in the creek behind the Kentucky Fried Chicken restaurant, which prompted the bomb squad to be called.

A passerby reported a bag that was making a noise to the Alameda County Sheriff's Office around 2 p.m.

The bomb squad arrived and “rendered the package safe,” according to Sheriff's Sgt. Ray Kelly who said it appears the package

did not contain dangerous materials and that the report of explosives is likely “unfounded.” He added that police should always be called if a suspicious item is spotted.

“I'm glad we were called in,” said Kelly. “We need people to do the right thing and be vigilant.”

Tomorrow's Big 'ShakeOut Day' Practice Designed to Save Lives

Tomorrow is “International ShakeOut Day” and at 10:20 a.m. local time millions of people worldwide will practice how to “Drop, Cover, and Hold On” during an earthquake.

The Great ShakeOut began in California in 2008 and since then has been organized in many states and countries. This year, more than 40 million people will participate in regional ShakeOut drills, more than 1,722,000 in the Bay Area alone.

If you lived in the Bay Area 27 years ago, you'll know this is serious business. At 5:04 p.m. on Oct. 17, 1989, a 6.9 earthquake rocked the Bay Area for 15 seconds. Sixty-seven people perished, more than 3,000 others were injured as a result.

Taking the proper actions, such as “Drop, Cover, and Hold On,” can save lives and reduce the risk of injury. Everyone, everywhere, should learn and practice what to do during an earthquake, whether at home, work, school or traveling.

In most situations, you will reduce your chance of injury if you:

- **Drop** onto your hands and knees where ever you are. This position protects you from being knocked down and also allows

you to stay low and crawl to shelter.

- **Cover** your head and neck with one arm and hand. If a sturdy table or desk is nearby, crawl underneath it for shelter. If no shelter is nearby, crawl next to an interior wall (away from windows). Stay on your knees; bend over to protect vital organs

- **Hold On** until shaking stops. Be ready to move with your shelter if it shifts.

It is important to think about what you will do to protect yourself, wherever you are, when the earth begins to shake. What if you are driving, in a theater, in bed, at the beach?

Persons with Disabilities: See EarthquakeCountry.org/disability for recommendations for people who use wheelchairs, walkers, or are unable to drop to ground and get up again without assistance.

If Indoors: Avoid exterior walls, windows, hanging objects, mirrors, tall furniture, large appliances, and kitchen cabinets with heavy objects or glass. However, do not try to move more than 5 to 7 feet before getting on the ground.

Do not go outside during shaking! The area near the exterior

walls of a building is the most dangerous place to be. Windows, facades and architectural details are often the first parts of the building to break away.

If seated and unable to drop to the floor: bend forward, Cover your head with your arms, and hold on to your neck with both hands.

In bed: Do not get out of bed. Lie face down to protect vital organs, and Cover your head and neck with a pillow, keeping your arms as close to your head as possible, while you hold on to your head and neck with both hands until shaking stops. You are less likely to be injured by fallen and broken objects by staying where you are.

In a store: Drop, Cover, and Hold On. Getting next to a shopping cart, beneath clothing racks, or within the first level of warehouse racks may provide extra protection. For more details, download a simple PDF fact sheet about Earthquake Safety in Stores.

Outdoors: Move to a clear area if you can safely do so; avoid power lines, trees, signs, buildings, vehicles, and other hazards. Then Drop, Cover, and Hold On. This see **PRACTICE** on page 11

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TUESDAY, OCTOBER 25, 2016
11:15 am – NOON

HAYWARD SENIOR CENTER
22325 North Third St.
Hayward



Chirag R. Patel, MD

Ophthalmologist, Medical Director, Turner Eye Institute

The risk of low vision and blindness increases significantly with age. According to the National Eye Institute, glaucoma is one of the top age-related eye diseases in the U.S. It is insidious and can often cause significant and irreversible loss of vision before people develop symptoms. While there is no cure, early diagnosis and treatment is key to preventing further advancement of the disease and maintaining vision.

Learn how glaucoma is diagnosed, the signs and symptoms, and current treatments available, including the new and exciting technologies that are now available, including laser treatments and minimally invasive glaucoma surgery (MIGS). Hear what the future holds in promising innovations such as advancements in intraocular pressure monitoring and new medications.



FREE VISION SCREENING
From 10-10:45 a.m. (First come, first serve. Limited to time availability.)

Register for this free program,

CALL (510) 538-2031, ext. 205

Space is limited!

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We will be collecting eyewear for the Lions International “Recycle for Life” program at this event.

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Can Outdoor Furniture Outlast Winter?

By Samantha Mazzotta
Special to the Forum

Cedar outdoor furniture is desirable to many people. It's a durable wood, doesn't easily warp or rot, and re-

sists insects.

Unfinished cedar furniture starts out as a natural reddish color, which over time fades to gray as wind and weather season the wood. Owners who prefer the

warmer reddish color can apply a wood sealer, or enhance the color using a wood stain.

Paint or finishing oils aren't typically used with cedar furniture, since they can trap moisture, encouraging rot.

You can clean cedar furniture a few times a year with soap and water, but avoid using a pressure washer or harsh solvents. If you're concerned about temperature extremes or ice on the furniture, you can cover it or store it during the winter.

Home Tip: Clean mildew from unfinished wood furniture using a very mild bleach and water solution; rinse well, and make sure the wood dries completely.

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REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Forum

GUEST COMMENTARY



Student Loan Debt Delays Millennial Move Outs

While it's no surprise that record high price tags for Bay Area homes are keeping many buyer wannabes from purchasing, this is especially true of Millennials.*

It's not just the staggering cost of homes putting on the brakes, however. It's that PLUS the extremely high outlay required for something else:

Education and the resulting student loans.

In a recent national survey of Millennials by LendingTree, 46.31 percent of respondents revealed that their high monthly student loan payments are actually delaying the homebuying process.

Further, the results revealed that 53.27 percent were putting travel plans on hold, 38.07 percent were postponing retirement savings and

44.74 percent were even delaying the purchase of new wheels.

With a degree deemed necessary for Millennials seeking good-paying jobs, there is no good news on the horizon for this problem. It's no secret that the cost of higher education is soaring.

To corroborate, LendingTree's report points out that while many survey participants had been accepted to highly ranked colleges and universities, they deemed that the associated costs were too high and, consequently, ended up settling for lower-ranked, more affordable schools. Further, the report declares that this trend "suggests student debt may not only obstruct Millennial spending, but may be negatively influencing college and career choices and restricting economic growth."

And, it appears, hampering the housing market as well.

Millennials, in an attempt to get ahead, are not only *not* buying homes, they are also avoiding the rental market in record numbers. Evading conventional logic that assumes they have a choice between paying rent or making mortgage payments, they have chosen a third option: living with mom and dad.

A Pew Research Center paper, released in May, points out that, for the first time since 1880, more than 50 percent of Millennials are still living at home.

Historically, those staying at home have typically been college grads that have yet to secure a job. While that is still true to a point, the trend is changing with higher numbers of those fully employed still camping on their parents' good will.

One last trend is also keeping Millennials from diving into the housing market: the increasing delay in getting married. No marriage, no pressure to set up a household; no pressure to set up a household, no need to get off the parents' couch.

It's a fine pickle, and one that does not appear to moving out any time soon.

*Those born between 1982 and 2004.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association at www.ccmgtoday.com.

Mortgage Rates Tick Higher

Average fixed mortgage rates followed Treasury yields last week and moved higher.

The 30-year fixed-rate mortgage averaged 3.47 percent, up from 3.42 percent a week earlier. A year ago at this time, the 30-year rate averaged 3.82 percent.

Fifteen-year loans averaged 2.76 percent, up from 2.72 percent.

Five-year hybrid adjustable-rate mortgages (ARMS) averaged 2.82 percent, up from 2.80 percent.

RECENT HOME SALES

Castro Valley

18953 Almond Road	94546	\$900,000	3 BD - 2,206 SF - 1939
3016 Barlow Drive	94546	\$635,000	3 BD - 1,020 SF - 1951
17777 Camelot Lane	94546	\$980,000	2 BD - 3,041 SF - 1988
21317 Kahlert Street	94546	\$586,000	3 BD - 1,301 SF - 1958
18999 Lamson Road	94546	\$710,000	3 BD - 1,746 SF - 1940
4796 Malabar Avenue	94546	\$685,000	2 BD - 1,771 SF - 1948
2505 Miramar Ave #232	94546	\$390,000	2 BD - 887 SF - 1988
2293 Vestal Avenue	94546	\$570,000	2 BD - 1,018 SF - 1948
5235 Winifred Drive	94546	\$799,000	3 BD - 1,316 SF - 1956
5738 Cedar Brook Court	94552	\$1,010,000	4 BD - 2,776 SF - 1985
25318 Gold Hills Drive	94552	\$960,000	4 BD - 2,357 SF - 1996
6160 Mt. Diablo Court	94552	\$1,000,000	3 BD - 2,462 SF - 1989

TOTAL SALES: 12
LOWEST AMOUNT: \$390,000
HIGHEST AMOUNT: \$1,010,000
MEDIAN AMOUNT: \$754,500
AVERAGE AMOUNT: \$768,750

San Lorenzo

1882 Bandoni Avenue	94580	\$550,000	3 BD - 1,252 SF - 1955
15747 Paseo Largavista	94580	\$500,000	3 BD - 1,000 SF - 1944
16103 Silverleaf Drive	94580	\$648,500	4 BD - 1,948 SF - 1997
15719 Via Sorrento	94580	\$580,000	3 BD - 1,164 SF - 1957

TOTAL SALES: 4
LOWEST AMOUNT: \$500,000
HIGHEST AMOUNT: \$648,500
MEDIAN AMOUNT: \$565,000
AVERAGE AMOUNT: \$569,625

Sheffield Village

3177 Middleton Street	94605	\$608,000	3 BD - 1,460 SF - 1951
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One-Line Open Home Listings run Wednesdays in the Castro Valley Forum (22,500 circ.) and Thursdays in the San Leandro Times (38,500 circ.) for \$25. For more information and a listing form, call 614-1558. DEADLINE: TUESDAY AT NOON.

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Celebration For the Arts In Hayward

By Gerald & Winnie Thompson
SPECIAL TO THE FORUM

Hayward Arts Council's annual Celebration for the Arts fundraiser will be held in the Hayward City Hall Rotunda on Friday, Nov. 4, from 5:30 to 8:30 p.m.

Tickets are \$45 each in advance, \$60 at the door. Ticket price includes hosted wine and beer happy hour, dinner buffet, live and silent auctions, and entertainment.

Entertainment includes Charlie Chaplin impersonator, Mt. Eden String Orchestra, poetry reading by Bruce Roberts, folk dancers lead by Linda DeNike, and music throughout the evening.

Auction prizes include four Warrior tickets, a full box at A's game, tickets to a Raider's game, donated by supervisors Nate Miley and Richard Valle; vouchers for Stonebrae Golf; tickets to Disneyland, the S.F. Ballet, Disney Museum, Buffalo Bill's, Niles Canyon Railroad, CV Village Bowl, Arthur Murray Dance Lessons, Chanticleers' Theater, Eko Cafe, Hayward Car Wash, Worthington Photography Classes, El Taquito No. 1, Animal Art Auction and more.

Proceeds from the Celebration for the Arts support the Hayward area by encouraging interest and participation in all kinds of art.

The Hayward Arts Council maintains five galleries at the see ARTS on back page



A building in the Marina District at Beach and Divisadero settled onto its buckled garage supports after the 1989 Loma Prieta earthquake.

Practice: 'ShakeOut Day'

continued from page 9

protects you from any objects that may be thrown from the side, even if nothing is directly above you.

Driving: Pull over to the side of the road, stop, and set the parking brake. Avoid overpasses, bridges, power lines, signs and other hazards. Stay inside the vehicle until the shaking stops, then proceed carefully by avoiding fallen debris, cracked or shifted pavement, and emergency vehicles. If a power line falls on the car, stay inside until a trained person removes the wire.

In a stadium or theater: Drop to the ground in front of your seat or lean over as much as possible, then Cover your head with your arms (as best as possible), and Hold On to your neck with both hands until shaking stops. Then walk out slowly, watching for anything that could fall during aftershocks.

Near the shore: Follow instructions above for your particular location. Then as soon as shaking reduces such that you are able to stand, walk quickly to high ground or inland as a tsunami may arrive soon. Don't wait for officials to issue a warning. Walk, rather than drive, to avoid traffic, debris, and other hazards.

Reports: Wanted Man; Shoplifter; Drugs

continued from page 3

The man was parked outside a fast food restaurant on Castro Valley Boulevard near Stanton Avenue when deputies approached him and made the identification. Deputies took the man to Santa Rita Jail pending a bail hearing.

Heroin & Dirty Needles

Wednesday, October 12: at 8:41 p.m., a 28-year-old man from Livermore was arrested on suspicion of possession of heroin narcotics and illegal drug paraphernalia. Deputies stopped the man for questioning outside a fast food restaurant on Castro Valley Boulevard near Stanton Avenue. The man admitted that he was carrying needles used for heroin injections. Deputies took the man to Santa Rita Jail pending \$5,000 in bail.

Stolen Property

Thursday, October 13: at 4:41 a.m., deputies arrested a 56-year-old man with no permanent address on suspicion of possession of stolen property. The man was hanging outside a business in the Castro Village Shopping Center when deputies approached him and discovered his stash. The man was taken into custody.

Drinking Buddies

Wednesday, October 12: at 7:55 a.m., two men from the area were arrested on suspicion of public intoxication outside an apartment on Center Street near Grove Way. Deputies responded to the scene following a tip. A 33-year-old man

from San Leandro and a 37-year-old man from CV were arrested and taken to a sobering center.

Breaking and Entering

Thursday, October 13: at 2:34 a.m., deputies arrested a 46-year-old man with no permanent address on suspicion of breaking and entering a vehicle on Redwood Road near Emily Court. The man was caught on the north side of the home business trying to access something inside a truck on the property. The man was also wanted as part of a warrant for his arrest. Deputies took the man to Santa Rita Jail pending \$5,000 bail.

Traffic Stop Ends in Arrest

Monday, October 10: at 9:42 p.m., a 43-year-old man with no permanent address was arrested on suspicion of possession of stolen property, violating noise ordinances, illegal narcotics, and illegal possession of evidence to be used in a court case. Deputies spotted the man driving on the Boulevard near Redwood Road with the radio blasting when they decided to pull him over. A subsequent search revealed other illegal possessions. The man was also wanted as part of an active warrant for his arrest. The man was taken to Santa Rita Jail pending \$6,000 in bail.

CV Student Receives Award

Morgan Harries of Castro Valley was included in Who's Who Among Students at Azusa Pacific University, one of the most highly regarded and long-standing honors

programs in the nation.

Harries, a Communication Studies major, is honored for outstanding campus leadership, academics, and volunteerism.

FACING CANCER TOGETHER



You're Invited

Cooking for Cancer

When: Wednesday, October 26, 6 to 8 p.m.

Where: Eden Medical Center
Medical Office Building, 2nd Floor
20103 Lake Chabot Road
Castro Valley

Enjoy this FREE workshop on healthy food, healthy living for cancer patients, survivors and family members. Includes a cooking demonstration, food and exercise tips. (Rescheduled from September 14)

To register, please call 925-933-0107



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THE ADVENTURE'S FALL FESTIVAL

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Saturday October 29TH
10:00am - 1:00pm

Activities include: **Petting Zoo, Pony Rides, Pumpkin Patch, Dunk Tank, Inflatables & Games!** Kids can come in costume (no scary costumes please!) Pumpkins and snacks are for sale, but everything else is free! Located in the back parking lot (or in the gym if it is raining)

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LETTERS TO THE EDITOR



Says CV Residents are 'Greatly Diminished' By Loss of Open Space for Housing

Editor:

The one thing the Forum report neglected to mention in the article about the 21-home project at "Boundary Creek/Roberts Ranch" property is the complete annihilation of a precious and unique resource, a pristine urban forest.

We, as Castro Valley residents, are greatly diminished by the loss of this treasured open space once teeming with life. A space that just last summer became the nesting place for a pair of golden eagles. And now, our Great Blue Heron who has called this land home for at least a decade wanders through the gaping maw left in the wake of backhoes and bulldozers, daily, looking for his nest.

Shame on the MAC for allowing themselves to be bullied by a smooth talking developer into thinking that this project was their only choice for this property.

Shame on the Alameda County Planning Commission that rejected this project 12 years ago but knuckled under pressure lured by the promise of "viewing fences" to protect the wildlife habitat that has now been clear cut to build these few luxury homes.

Shame on the Alameda County Board of Supervisors who delayed their meeting for at least two hours and then pushed this agenda item to the end of the meeting to accommodate the crowd of people there to discuss the issue of fracking.

And, we should all be ashamed for not fighting harder to protect such a precious and rare piece of Castro Valley history.

—Debi Barnes, Castro Valley

A MAC for Fairview? Have Your Say at Meetings This Week

Editor:

I'm encouraging Fairview residents to attend one of two Town Halls this week on the subject of a proposed Fairview Municipal Advisory Council.

Sponsored by Supervisor Nate Miley, the Town Halls will be at 7 p.m. on Oct. 20 at the Fairview Elementary School, and Saturday Oct. 22 at 9:30 a.m. at East Avenue Elementary School.

The Fairview MAC is proposed as a significant way to give us Fairview people a greater voice in local governance. It would provide a forum for Fairview people to vet Fairview issues and make recommendations to the Board of Supervisors or the Planning or Public Works agencies. A Fairview MAC would be a huge step in giving us a great voice in the affairs that affect us directly. I hope many of us will attend one of the two Town Halls to learn more.

—Dale Silva, Fairview

Why the Push for Medical Pot Stores, But Not for Sprouts Market?

Editor:

After reading Andrew Duncan's letter ("Marijuana Dispensary Issue: Taxpayers Not Getting a Say In What Goes On in Their Community," Letters, Oct. 12), I just had to write and also wonder why Nate Miley is such an advocate of pot dispensaries in Castro Valley, and did not appear to do much to support Castro Valley citizens and the developer who wanted Sprouts to be developed where the run-down Rite Aid store currently is.

I went to the overflow crowd MAC meeting discussing the successful blocking of the Sprouts development with a trumped up environment preservation lawsuit brought on by a union employee of the Castro Valley Lucky's Supermarket. During this meeting (right before the last election), Nate Miley gave a speech that said basically nothing definitive on the need for more grocery choice in Castro Valley. Not only did we lose Sprouts to the hardball tactics of the grocers' union, they also blocked the remodeling of Rite Aid (anyone seen how nice the Estudillo Plaza Rite Aid is in San Leandro?).

Now he is vigorously in favor of providing a place for people to get their pot in Castro Valley.

Maybe he is getting financial support from the pot interests? He certainly gets support from the unions which might explain a lot regarding Sprouts?

—Bill Moore, Castro Valley

Urges 'Yes' Vote on HARD Measure F1: Expands Local Projects to Benefit All

Editor:

This year, our ballots are filled with more propositions and bond measures than ever before. The last one on your ballot, Measure F1, the Hayward Recreation District's Safe, Clean, Local Parks measure, deserves special consideration.

If passed, it will improve and upgrade parks all over the area. It will expand senior citizen and disabled access to the parks, sports fields, swim areas and recreational areas. The bond spells out several specific local projects that would benefit all of us. The biggest is the new 23-acre site that was recently acquired near Sydney (Valley View Park) and can be something amazing for the area. In order to do this, it will cost money.

HARD has lost local funding to the State over the last few years, (last year this was over \$10 million). In over 70 years of operation, this is the first time that HARD has ever asked for bond money from the community. HARD has a well deserved reputation for getting projects done on time and under budget, and this bond would do the same.

All of this money is staying local, and is for infrastructure and facilities *only*. There will be mandatory annual financial and performance audits and it is subject to an Independent Citizens Oversight Committee.

I trust HARD to spend this additional money in a manner that would serve our community very well. You should vote for this bond. This one is different than all the other measures on your ballot and I encourage you to make this critical investment in our community.

—Peter Rosen, Castro Valley

Thanks Teachers Association for Donation And Support of School Bond Measure G

Editor:

I would like to extend my thanks and gratitude to the Castro Valley Teachers Association for its most recent support of the Measure G campaign with a generous \$500 donation to help pay our outstanding campaign costs.

In June, nearly 70 percent of Castro Valley voters supported Measure G, a \$123 bond measure that will renovate and rebuild our Castro Valley schools. Castro Valley's teachers knocked on doors and staffed our phone banks to ensure Measure G's passage. This people power was supplemented by financial support from CVTA and donors like you.

Please consider a donation to help us close the books on the Measure G campaign. Donations can be sent to Committee for 21st Century Schools for Castro Valley, PO Box 20493, Castro Valley, CA 94546. Any amount of support would be appreciated.

My thanks again to CVTA, our teachers, and our community for supporting Measure G.

—Michael Kusiak, Chair

Committee for 21st Century Schools for CV

'Trap, Neuter, Return' the Humane Way to Reduce Feral Cat Population

Editor:

While I appreciate Dan Dalton's recommendation to keep cats indoors (Letters, Oct. 12)), he is misinformed regarding feral cats.

Feral cats turned into a shelter are not adoptable; they are euthanized. Irresponsible people who do not spay/neuter their pets, and abandon their cats to survive in "nature" are the main reasons for the overpopulation of cats.

Feral cats who are fed can be trapped, spayed/neutered and monitored on release to their territory. Ferals that are fed are also less likely to prey on birds and other small animals.

TNR (trap, neuter and return) is a humane way to reduce cat populations together with education and access to low cost spay and neuter clinics. I have watched 2 local colonies of spayed/neutered ferals reduce from 30 cats to 4 and 29 cats to 10 through attrition. Those who feed cats and need help in getting them spayed or neutered can contact Fix Our Ferals for assistance.

—Nel O'Neil, Castro Valley

Thanks EBMUD for Quick Water Restoration

Editor:

Last week we returned home at night and saw two trucks at the corner and wondered if the electricity was off. We turned the corner and we had lights (so I could watch the baseball playoffs!) However, we got into the house, and we had no water.

I am not sure how long it was off, but it was on before we went to bed. It reminded me how so often we take for granted those who are ensuring we are being cared for even without our knowing it at times.

So thanks so much to the team from EBMUD as well as Frank Mellon and the rest of the EBMUD Board and their tremendous staff!

—Bruce D. Johnson, Castro Valley

Catching Up on the Forum's Back Issues

Editor:

Until today I have not had an opportunity to read my Forums for 3 months and would hope you will give me the privilege of informing my CV neighbors of 77 years on these past subjects:

1) Yes, Eric Brooks is "my hero" too, Maureen

Obituaries

Audrey (Babe) Despain

Audrey (Babe) Despain, a longtime resident of Castro Valley, passed away peacefully on October 5, 2016.

Audrey was born in Minocqua, Wisconsin in 1922 and moved to Castro Valley in 1951. She was active in the Miss Hayward pageant, American Legion Auxiliary and Freedom's Foundation.

A service celebrating her life will be held at 11 a.m. on Sunday, Oct. 23, at the Unity Church, 20121 Santa Maria Ave., in Castro Valley.

She will be buried at Mountain View Cemetery next to her beloved husband, Dale. In lieu of flowers, the family asks that donations be made to St. Jude Children's Research Hospital.



Donald R. Luebckeman

Don, age 91, a loving husband, father, grandfather, devoted Christian and genuinely nice guy, joins Beatrice, his wife of 64 years, in eternal rest.

A native Californian, Don enlisted in the U.S. Army Air Corps, initially with the U.S. Army Air Corps band and later serving in the Army Air Corps Combat Engineers Battalion.

After WWII, Don attended Pharmacy School at Idaho State University. After graduation, he returned to California to begin his career as a registered pharmacist, which he continued well into his 80s. Don lived in Castro Valley for 65 years.

Don was part of America's Greatest Generation — growing up during difficult times, helping win the country's wars and quietly enduring every hardship. He was always interested in people and curious about their life and background.

He is survived by his 5 children, Theodore Luebckeman of Redding, Kurt Luebckeman of Vancouver, Washington, Carla Mill of Castro Valley, Joel Luebckeman of San Francisco and Lynda Luebckeman of Castro Valley; and 6 grandchildren.

Services will be held on Sunday, Oct. 23, at 2 p.m. at Chapel of the Chimes, 32992 Mission Blvd., in Hayward, with a reception to follow.

SARA L. ENNOR LAWYER

- Wills & Trusts
- Benefits, ERISA
- QDROs

510-633-9985

Since 1965 Jess C. Spencer Mortuary & Crematory 21228 Redwood Rd., Castro Valley • 581-9133

Glenn Lee von Berner
Resident of San Leandro
Oct. 5, 1942 ~ Oct. 9, 2016

VISITATION

Saturday, Oct. 22 at 11 a.m.

FUNERAL SERVICE

Saturday, Oct. 22 at Noon

Both services to be held at
Jess C. Spencer Mortuary

Marian Cota
Resident of Hayward
April 15, 1930 ~ Oct. 11, 2016

MEMORIAL SERVICE

Friday, Oct. 21 at 2 p.m.
Jess C. Spencer Mortuary

FD 1168 CR49

Barbara Ann Schoningh Giacomini Leo "Lucca" Domenic Giacomini

(1924 – 2016)

Barbara Ann Schoningh Giacomini passed away peacefully to be with our Heavenly Father while surrounded by loved ones on Tuesday, October 11.

Continuing a love story of 69 years, Leo Domenic Giacomini passed away just 18 hours later to join his beloved wife and their family before them.

This lifelong relationship began in Petaluma, California while both attended the St. Vincent schools and continued upon reuniting during WWII. Barbara and Leo married on May 17, 1947, following Leo's honorable service with the United States Navy. With great joy, they raised their three dearly loved children, Lynn (Roy) Giacomini Pardini of Plano, Texas, Gary (Sharon) Giacomini of Castro Valley and Joseph (Sue) Giacomini of Danville, in Castro Valley.

In partnership with his cousins, Leo owned the popular Lucca Delicatessens in Castro Valley, San Leandro and Oakland for over 35 years, and became lovingly known to friends, family and community as "Mr. Lucca."

Barbara and Leo were dedicated members of Our Lady of Grace Catholic Church, and Leo was a proud founding member of The Buon Tempo Club. Together, they enjoyed traveling, bocce ball and, above all, time with their family and friends. They were forever grateful for the love and entertainment received from their 6 grandchildren and 11 great-grandchildren.

Leo is also survived by his brother, Erwin Giacomini of Petaluma, California; and preceded by his brother, William Giacomini of Grants Pass, Oregon.

A celebration of their lives will be held at a later date still to be determined. The family prefers memorials be made to Sutter Hospice, 1900 Powell St., Suite 300, Emeryville, CA 94608, or to a charity of your choice.

CASTRO VALLEY SCHOOL BOARD

Five Candidates are vying three seats on the Board of Education



SURESH C. GUPTA is a retired nuclear engineer.

Education is my passion. I believe in strong education in math and science balanced by a curriculum that includes sports, art and music. I have two grandchildren attending public schools in Castro Valley. I regularly witness the positive impact a strong school community makes on students and leads them to a path of success. It is the diversity that provides both opportunities and challenges. I have been volunteering in classrooms and in PTA at Jensen Ranch Elementary School for four years. My goal is to ensure best decisions are made about administrative positions, teacher relations, parental involvement, facility developments and their financial obligations. As a board member, I will commit time and effort needed to ensure the growth and success of students; I will encourage better communication with the community, seek funds to improve student learning for all student populations. I have been participating in Palomares Hills HOA safety and common areas committees. I respectfully ask for your vote.



MONICA LEE currently works for a law firm. She holds both a law degree and a BS in Business Administration from the University of California, Berkeley.

Monica Lee, the mother of a sophomore at Castro Valley High, has been active as a parent volunteer in the Castro Valley schools for over 10 years. She has served as PTA President, Vice President, Secretary, and Parliamentarian of the Jensen Ranch Elementary School PTA. She has served on the school site councils for both Jensen Ranch and Creekside Middle School, on the Superintendent's Parent Leadership Group, and on the Superintendent's Committee regarding overcrowding in the elementary schools in the eastern part of Castro Valley. She has spent countless hours volunteering in the classroom. Monica believes that serving on the Castro Valley School Board is the natural extension of her commitment to Castro Valley schools. She hopes that by serving on the Board, she can insure that Castro Valley continues to provide an excellent education for its students.



JO A.S. LOSS is President, CVUSD Board of Education; President, California State PTA; VP of Leadership; VP of Education; President, Castro Valley Education Foundation; Coach – Soccer, T-Ball, Softball

I have served on the Castro Valley School Board for 21 years and am proud of our schools and the School Board's positive impact. CVUSD has become a "district of choice" where families seek to enroll their children and is a source of pride for our whole community. In June, the community approved a \$123 million investment in their schools, a great vote of confidence in the Board of Education. Institutional knowledge will be a critical component to building CVUSD's future governance team. I have demonstrated a thoughtful and through approach as a trustee and worked diligently to ensure outstanding educational programs for students and a quality environment for teachers. I have a proven track record as a champion for public education. I believe that my experience, knowledge and passion for public education are exceptional credentials to ask you for your vote for Jo Loss.



TOJO THOMAS has been a Deputy Probation Officer (15 years), BS in criminal justice and an MA in counseling psychology. Executive VP of Independent Elementary PTA, father of three children in CV schools.

Education and public service are the top priorities for me. All three of my children are students in the Castro Valley School District, which provides our children with excellent educational opportunities in a safe, diverse learning environment. Taking care of our teachers in Castro Valley is essential, as they are the lifeblood for the future success of our children. I am the proud son of a mother who spent 22 years as a teacher. As a deputy probation officer in Alameda County, my job is to protect our diverse community and to rehabilitate the offender. As a trustee of the Castro Valley Unified Board of Education, I promise to be honest, fair, and transparent, and to work tirelessly to improve the educational standards of our children. I will use my experience in the legal system and dedication to public service, to give each child an equal opportunity to excel in our schools.



LAVENDER WHITAKER holds a bachelor's degree from U.C. Davis in Environmental Policy. She is an environmental supervisor at PG&E and has a daughter attending CVHS.

My late husband, Nick "Dubb" Whitaker, was Castro Valley High School's student activities director. He believed strongly in our teachers and in our students, and like many teachers he put in countless hours to ensure his students received the best education possible. I am running to continue his work and to improve transparency and diversity and to ensure that everyone has a seat at table during the decision making process. I'm the proud mother of a 14 year old Freshman at CVHS and work as an Environmental Supervisor for PG&E. I graduated from UC Davis, where I am currently a MBA candidate. I have the endorsement of the Castro Valley Teachers Association and of the Alameda County Democratic Party and would be honored to have your vote on November 8th. For more information, visit www.whitakerforCV.com

CASTRO VALLEY SANITARY DISTRICT

Four Candidates are vying for three seats on the CVSan District Board

DANIEL AKAGI has been a CVSan resident 25 years. BS and MS degrees Civil/Sanitary Engineering from U.C. Berkeley, coxswain for Cal Men's Crew Team 1976-1979; married with 2 adult children.

CVSan Board member for 21 years, Professional Civil Engineer 34 years. Member Sierra Club, Calif. Association of Sanitation Agencies, and Chi Epsilon Civil Engineering Honor Fraternity. Protected CVSan's long term health by working with other board members to meet regulatory requirements, improve practices to deliver services, retain award winning staff, expand customer education, and maintain low and equitable service fees. CVSan faces new requirements in wastewater collection and treatment, and landfill diversion. These challenges include controlling nitrogen, phosphorous, medical wastes and emerging pollutants, winter flows, sea level rise, seismic stability, and recover resources from solid waste. I will continue supporting policies to retain award winning staff, pursuing innovative methods and technology, securing grant funding, and increasing customer education efforts to meet future challenges. I will maintain CVSan's long term health, make the difficult and necessary decisions to meet future challenges, continue maintaining financial health through reasonable and equitable service fees.



JOHN MAHER has been a resident of Castro Valley for over 40 years and an active community volunteer. My community service includes three years on the CVSan Advisory Committee.

The biggest challenge facing CVSan now is the control of expenses related to the decision to acquire a new site for the CVSan office and the construction of the new CVSan office building. I will work to review decisions related to construction and operation of this new office. Contract awarding must be given to the most cost effective contractors and suppliers, and I would encourage all local contractors to participate in this new effort. CVSan provides a necessary service to CV businesses and residents. A continued working partnership between CVSan and the community is necessary to continue CVSan service at the most responsive level. I will support a working relationship between CV SAN and the community by chairing regular meetings, and I believe the CV Library is the proper venue for such meetings. With the entire CVSan Board I would work to create this service. I am also vigorously against any reduction in pick-up service. I will work to maintain weekly collection service.



TIMOTHY MCGOWAN is a current board member of the Castro Valley Sanitary District and a senior civil engineer at the East Bay Municipal Utility District.

As a board member of the Castro Valley Sanitary District, I am asking for your vote so that I can continue to provide quality service, reasonable rates and proper long-term management of our resources. I am proud of maintaining the second lowest sewer rates in Alameda County, reducing the amount of trash sent to the landfill by 16,000 tons a year, and continuing to be a leader in educating our community on the 4Rs (Reduce-Reuse-Recycle-Rot). If re-elected my number one priority will be to continue weekly trash collection as I believe that "Less Than Weekly Garbage Service" is counter to our mission to protect public health. I will work to constraint the cost of our new administration building and continue our progress towards zero waste in the trash bin. I will use my engineering experience to manage our infrastructure and most importantly I will keep Castro Valley clean.



DAVE SADOFF is a Castro Valley resident of 24 years, a professional geologist specializing in environmental and hydrogeology issues for the past 30 years.

As a member of the Board of Directors of the Castro Valley Sanitary District for the past five years, I have been committed to serving the public interests of Castro Valley through safe, efficient, and cost effective wastewater and solid waste management. During my service to you, CVSan has been recognized as an efficient and innovative agency, and has been the recipient of numerous awards. With your vote, I will continue to help guide CVSan's commitment to excellence. We face significant challenges in the next 4 years, including negotiating a new hauler contract. I bring a unique skill set to the Board – expert in environmental affairs and a past business owner - which benefits the District and its' ratepayers. Above all, I will always remember that I work for you, and will continue to strive to make sure that the Castro Valley Sanitary District provides you with the best possible service at the lowest possible rates. I respectfully ask for your vote.



- ✓ Register by next Monday, October 24 (Visit: sos.ca.gov/elections/voter-registration)
- ✓ If voting by mail, request a ballot by Tuesday, November 1
- ✓ Vote weekdays now until November 8 at the Alameda County Registrar's office, in Room G-4 at 1225 Fallon St. in Oakland
- ✓ Vote 7 a.m. to 8 p.m. Nov. 8 at your Polling Location

Arts: Council

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Foothill Gallery, John O'Lague Galleria in Hayward City Hall, at the Chamber of Commerce, the Hayward Senior Center, and the Alameda County Law Library-Hayward Branch.

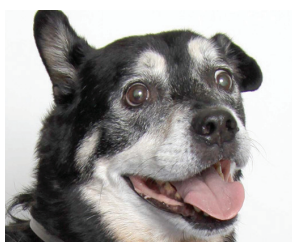
The Council provides scholarships to the Hayward La Honda Music Camp and local high school and college students. It supports the Band and Orchestra Festival; the Art IS Education exhibits with the Hayward Unified School District, and exhibits featuring work from Cal state East Bay and Chabot College students.

It collaborates with many organizations, including Sun Gallery, Hayward Area Historical Society, A.R.T., Inc., Photo Phantom, Rotary Club, Hayward Animal Shelter, Literacy Plus, and more.

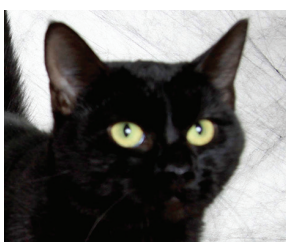
Join the Hayward Arts Council to keep the arts alive in our area by attending our Celebration for the Arts Fundraiser. Visit www.haywardartscouncil.org, call 510-538-2787 or email hac@haywardartscouncil.org.

Gerald and Winnie Thompson are Co-Presidents of the Hayward Arts Council.

ADOPT-A-PET



TAZ is an extremely gentle soul. This 12 years young boy is kind, soft and attentive. Taz doesn't ask for much, however gives back tons of love. Info: Hayward Animal Shelter. (510) 293-7200.



CINDERS has blossomed into a complete love bug and lap kitty. She'll cuddle with you and keep you warm this winter! Info: Hayward Animal Shelter. (510) 293-7200.



ANGEL is 1-2 years old, is a super friendly, sweet-tempered, talkative cat who loves to have company and basks in attention and affection. More info, visit: www.dustypawsrescue.org



TONKA the tank is a Lab/Terrier mix who needs a big lap to sit on. Loves to play and is good with everyone. For more information, please visit: www.dustypawsrescue.org

Local Artist to Show Watercolors At CV Women's Club Fundraiser

By Gloria Johanson
SPECIAL TO THE FORUM

Artist Shannon Whitney's colorful watercolors won 2nd Place at the Alameda County Fair this summer, the second year her submissions won honors.

The subjects of her current works are animals. She takes a standard photograph of an animal and tweaks the angle of their head and nose, giving the impression they are talking to you.

Big eyes are common in her paintings because they tell a story. The expressions are the focus, with a style all her own. They are colorful, humorous and, of course, they definitely have *attitude!*

Her primary goal is to make you smile and chuckle, or just laugh out loud when you view her work.

"If that happens, I've done my job well," she says.

Shannon and her prize-winning colorful critters will be at the Castro Valley Women's Club Holiday Fundraiser on Friday and Saturday, Nov. 4-5.

Shannon's passion for her subjects is a reflection of her personal experiences. She earned a degree in Biology from UCLA in 1990 and travelled to Tanzania for a year with the Peace Corps. There, the experiences of having wild animals look at her directly had a powerful effect, a feeling which



Two examples of Shannon Whitney's prize-winning watercolors that will be on display at the Castro Valley Women's Club annual fundraiser on November 4-5.

she tries to capture in her work.

Shannon had hoped to see a lot more of those beautiful wild creatures, but her two-year Peace Corps commitment was interrupted by a muscular dystrophy diagnosis. She was 25 at the time and had to change her life plans of doing field research in Africa.

Shannon had taken watercolor classes through the Hayward Area Recreational Department and when she decided to leave the work force due to the progression of the MD, she picked up the brushes again.

She is currently in Ron Pratt's

class and continues to paint with René Clair during her open studio each week.

"I'm always trying new styles and techniques," she says. "I want to step out of my comfort zone and paint with a looser style, more abstract. So far, the animals are still my favorite!"

Shannon is also a member and Publication Chair of the Castro Valley Women's Club and an avid Bridge player at the club's monthly Bridge Fundraisers. Her work may be seen at: slwhitney.com

Gloria Johanson is publicist for the Castro Valley Women's Club.

BART: Measure RR Faces Opposition

continued from page 3

The BART bond would be assessed at about \$17.50 per \$100,000 of assessed property value through 2036 if it receives two-thirds voter approval.

If Measure RR passes, the estimated total cost including principal and interest over the life of the

bond would be \$6.8 billion.

For the other measures on the Nov. 8 ballot, no argument against the measures have been submitted and none will appear on the ballot.

Those other measures are a \$500 million affordable housing bond from the county, a \$96 annual parcel tax from AC Transit,

and a \$250 million bond from the Hayward Area Recreation District.

If all the measures pass and you are the owner of a property assessed at a value of \$500,000, you will be paying an additional approximately \$400 more in annual property taxes.

CHANGE
YOUR OWN
MOTOR OIL?

OPTIONS FOR PROPER RECYCLING:

1. CVSan single-family residents can place their used motor oil (up to 3 gallons) and oil filters (up to 3) between their carts at the curb for collection. Call WMAC at (510) 537-5500 if you need a motor oil and filter recycling kit. Or pick up a kit at CVSan's main office (21040 Marshall Street).



2. Single-family and multi-family residents can drop off used motor oil and used motor oil filters at the following Certified Collection Centers (CCCs) located in or near Castro Valley:

- O'Reilly Auto Parts, 2990 Castro Valley Blvd (510) 881-0761
- Castro Valley Autohaus, 20697 Park Way (510) 581-4525
- Jiffy Lube, 2492 Castro Valley Blvd (510) 582-7677
- Boulevard Auto, 3940 Castro Valley Blvd (510) 247-9700
- O'Reilly Auto Parts, 15604 Hesperian Blvd (510) 276-7822



These CCCs accept only used motor oil:

- Certified Tire & Service Ctr, 3430 Castro Valley Blvd (510) 886-9500
- Kevin Hinkley Auto Tech, 5269 Crow Canyon Rd (510) 881-1052

REDUCE REUSE RECYCLE ROT

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This ad was funded by a grant from CalRecycle



Castro Valley teachers support
Lee, Thomas & Whitaker!



Lavender Whitaker, Tojo Thomas and Monica Lee

"Castro Valley teachers are thrilled to endorse parents who support the best interests of our students." - Roger Kim, teacher

Elect these parents, school volunteers,
and community leaders to CV school board

Paid for by Castro Valley Teachers Association PAC ID # 1348896. 14895 E 14th Street Ste 450, San Leandro 94578. Roger Kim, president. Paid political advertisement.