

**JOIN  
LIFEBRIDGE HEALTH  
TELE-LEARNING PROGRAM  
FEATURING  
IT'S ALL ABOUT DIABETES  
EVERY WEDNESDAY**

**WITH**

**Pam Xenakis: Certified Diabetes Care & Education Specialist  
Nurse Amy Bocala: Diabetes Medical Home Extender Program**

**2:00 to 3:00 pm**

**CALL:**

**1-646-741-5292**

**Access Code: 111 1059 1175**

<b>April 7</b>	<b>Vaccine &amp; Frequently Asked Questions</b>
<b>April 14</b>	<b>Gut Health &amp; Gastro Disorders</b>
<b>April 21</b>	<b>Diabetes Etiquette</b>
<b>April 28</b>	<b>Mindful Eating Follow-Up</b>

**Contact Our Nurses every Wednesday with questions  
8:30 AM – 10:00 AM**

**Nurse Terrie: 443-618-7443 or Sister Seton: 410-259-8083**

**For more information contact:  
Program Coordinator  
Marsha Green: 443-618-8781**

 **LIFEBRIDGE HEALTH®**

**CARE BRAVELY**