

Assisted Living Services & Amenities

The benefits of living at Belfair of McAlester include:

A beautifully elegant and comfortable setting specifically designed with seniors in mind. Unlimited access to amenities such as private dining room, beauty and barber shop, crafts and activity room, walking paths, and courtyard as well as the items listed below are all part of the experience at Belfair.

- Breakfast, lunch, dinner and healthy snacks
- Utilities (except telephone service)
- Life enrichment activities
- Social, educational and spiritual programs
- Transportation to medical appointments, shopping and outings
- Beauty salon and barber shop
- Concierge services
- Trained team members available 24 hours per day
- Emergency call system
- Nursing medical professional

Life enrichment activities are carefully selected to create a program of wellness and variety of entertainment to engage residents and families.

A comprehensive initial assessment as well as ongoing assessments will ensure residents receive the proper level of care. Individual care plans are billed separately.

We are a senior living community unlike any other in the area, bringing in a new level of gracious hospitality and expert health care services.



Pricing

Monthly fees vary according to style and size of apartment at

Belfair of McAlester.

Effective Date- January 1st, 2019

<u>Assisted Living</u>	<u>Starting At:</u>
STUDIO	\$2,595
ONE BEDROOM	\$3,195
TWO BEDROOM	\$3,995

<u>Memory Care</u>	<u>Starting At:</u>
PRIVATE SUITE	\$4,495
SHARED SUITE	\$3,695

Care Plans & Fees:

Care Plan- Level I	\$600
Care Plan- Level II	\$1,050
Care Plan- Level III	\$1,260
Community Fee	\$1,250
Second Person Fee	\$750/\$1,500
Pet Deposit	\$500



BELFAIR
of McAlester
Senior Living's New Standard of Excellence

802 Windsong Way • McAlester, OK 74501 • 918-423-7020 • BelfairOfMcAlester.com



Memory Care Services & Amenities

The benefits of Memory Care at Belfair of McAlester include:

Memory support and specialized life enrichment activities designed to aid those with memory-related conditions and optimize the spiritual, mental and physical wellbeing of residents as well as the items listed below.

- Breakfast, lunch, dinner and healthy snacks
- Daily housekeeping, weekly linen and laundry service
- Therapeutic life enrichment activities
- Art, music and pet therapy
- Transportation to medical appointments, shopping and outings
- Beauty salon and barber shop
- Life skills stations
- Trained team members available 24 hours per day
- Emergency call system
- Utilities (except telephone service)
- Secure environment
- Nursing medical professional

An enclosed secure neighborhood, beautifully landscaped courtyard, planting beds, light and airy décor, life skills stations and participatory kitchen make Belfair's Memory Care a unique and supportive environment to live in.

Our residents are encouraged to create, explore and connect in every aspect of life.



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Belfair Club

Only a select few will get the opportunity to become part of this exclusive group. Be recognized for your contributions in shaping the community as one of the original Belfair Pioneers. Be the first to meet your neighbors, make new friends and establish a feeling of belonging as you stake your claim in our new setting, as well as receive the following benefits:

- No rent increase for 24 months
- Personalized apartment plaque
- Group portrait
- Community ambassadorship
- 5 Beauty Salon/Barber Shop coupons
- House warming party, catered by our Chef (for up to 8 guests)
- Private dinner with the Executive Director
- Resident profile featured in monthly newsletter

Available to the first 15 depositors

Don't miss your opportunity for membership in this exclusive club.

Join today!





Levels of Care

Belfair, LLC provides four different levels of personal assistance and care, depending on the resident's needs. These levels are as follows:

Basic

Basic ADL Care/Service

1. Ambulation- Ambulates without assistance, may use cane for security.
2. Activities of Daily Living- Requires prompting or little assistance with ADL's (dressing, bathing, grooming, etc.).
3. Orientation- Has good mental awareness, makes friends and attends programs on own. Exhibits normal behavior.
4. Transfer- Transfers independently.
5. Medications/Healthcare- Able to take own medication or medications dispensed by attendant for convenience. Illnesses are short term, resolved in one week or less.
6. Safety Awareness- Good
7. Dining/Diet Needs- Usually able to dine in main dining room, needs preparation and service of three meals per day.
8. Continence- Uses restroom independently.

Level I

Low Intensity of Care/Service

1. Ambulation- Uses walker or prong cane. Needs transportation help for long distances and to activities and dining.
2. Activities of Daily Living- Needs assistance with showers or whirlpool bath, dresses self with some cueing and assistance.
3. Orientation- Has some memory loss or cognitive impairments, responds well to cueing. Needs assistance or reminder to attend programs and meals. Some depression or anxiety present.
4. Transfer- Able to transfer but may prefer presence of staff for added security. Responds well to cueing.
5. Medications/Healthcare- Unable to take medication properly without assistance. Has chronic problems, required monitoring of vital signs and assessment for nursing interventions.
6. Safety Awareness- Needs reminders of safety hazards. Assessment of utilization of in-room appliances need to be monitored by staff.
7. Dining/Diet Needs- Needs mild assistance with food at table. May continue to be a candidate for main dining room, on a case-by-case basis.
8. Continence- Wears incontinence products, manages on own with attendants managing supply and disposal.

Level II

Moderate Intensity of Care/Service

1. Ambulation- Needs assistance to monitor safety and resident sense of security.
2. Activities of Daily Living- Assistance needed in most ADLs. Unable to bathe or shower without total assistance or monitoring.
3. Orientation- Needs assistance due to memory loss or poor comprehension, may exhibit inappropriate behavior, possible wandering.
4. Transfer- Must maintain ability to assist in transfer from bed to chair, but may need additional staff assistance due to instability.
5. Medications/Healthcare- Medications dispensed by attendant.
6. Safety Awareness- Possible danger to self (i.e. wet floors, wandering without destination, etc.).
7. Dining/Diet Needs- Requires plate orientation and prompting.
8. Continence- Incontinent and able to be managed by staff.

Level III

High Intensity of Care/Service

1. Ambulation- Needs assistance in all aspects of daily ambulation.
2. Activities of Daily Living- Assistance needed in all ADLs. Unable to bathe, shower, dress or perform personal hygiene without total assistance.
3. Orientation- Needs constant assistance and redirection due to memory loss or poor comprehension, may exhibit inappropriate behavior, wandering, calling out or attempts to leave secure areas.
4. Transfer- Requires staff assistance for all transfers.
5. Medications/Healthcare- Medications dispensed by attendant in excess of 4 times per day or 12 different prescribed medications. Medications which require the assistance of a licensed professional to determine proper need or that may require special techniques for dispensing such as inhalers, nebulizers, eye drops, blood glucose monitoring, or injections.
6. Safety Awareness- Requires assistance with all environmental management for the purpose of safety and provision of a safe living environment. Resident exhibits behaviors that would be a danger to self or others without staff intervention.
7. Dining/Diet Needs- Requires plate orientation and prompting, continued redirection to complete meals, special diets, or assistance with feeding.
8. Continence- Incontinence of bowel and bladder otherwise unmanageable without constant and regular interventions by community staff.

Prior to the resident's admission to Belfair, LLC, the staff will perform a comprehensive assessment of his or her needs.