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# San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

THURSDAY, FEBRUARY 13, 2025

**SAN LEANDRO • CALIFORNIA** 



The crowd mingled at the Best of San Leandro awards at the Net Zero Energy Center, hosted by the San Leandro Chamber of Commerce.

# Chamber Honors Outstanding Businesses

By Mike McGuire San Leandro Times

The San Leandro Chamber of Comand organizations on Thursday, Jan. the San Leandro Boy's & Girl's Club. 30, at the Net Zero Energy Center on Catalina Drive.

The awards were presented in six cat-cus performers, and a deejay.

egories, based on a community survey. The winners were: Minuteman Press, Griego welcomed the crowd and said All Steele Fitness, LemonAD Media, merce honored San Leandro businesses Danny Murry's Irish Pub, Torani and

people who enjoyed a light dinner, cir- the Business Services category.

Chamber President and CEO Emily it had been a successful year for the chamber and for San Leandro businesses. She kicked off the event with The evening drew several hundred the first winner, Minuteman Press in

see BUSINESSES, page 11

# **City Council OKs Bridge Cost Overruns**

Cost of removing Haas Avenue-Cary Drive Pedestrian Bridge increases to \$575,000

> By Michael Singer San Leandro Time:

The cost to remove the replanting of the rebuilt slopes the cost overruns.

The City Council unanimously approved the extra expenditures at its Feb. 3 collapsed in the creek and meeting.

cluded erosion control and

damaged Haas Avenue-Cary (\$38,803), a steel barrier that Drive Pedestrian Bridge was added where the sidewalk jumped to \$575,000, an in- on Cary Drive ends at the top crease of \$136,268 from the of the creek bank (\$2,347), previous cost estimate, as the and a buried storm drain man-City Council voted to approve hole that was uncovered and found to be filled with rubble (\$15,466).

"If you recall, the bridge was covered by eucalyptus The unforeseen costs in- trees," Public Works Director

see BRIDGE, page 10

# **Jones Dickson Named District Attorney**

By Mike McGuire San Leandro Times

The Alameda County 2028. Board of Supervisors picked current Superior Court Judge 2022 to a four-year term, but Ursula Jones Dickson to be the in March 2024 voters changed county's new interim district some county office terms to attorney on Jan. 28.

the remainder of the term of

recently recalled D.A. Pamela Price, which goes through

Price had been elected in align presidential election Jones Dickson will serve years, which extended Price's until the next general election term by two years. However, in 2026, and can then run for voters then recalled Price last

see JONES DICKSON, page 12

# **SLHS Class of '48 Holds Reunion**

By Jim Knowles San Leandro Times

a reunion recently, though Myers. over the years the ranks have thinned out a little.

Grass Valley to have lunch for their 75th class reunion. with Jean (Warren) Cooper and hold their 77th class re- time talking about the old union.

"As far we know, Jean and I are the last two standing," said Berven.

ermore. He and his oldest son, David, drove up to Grass

The San Leandro High Valley and met with Jean and School, Class of 1948 held her youngest daughter, Terri

The held their 77th reunion at the same restaurant where Dale Berven drove up to they met a couple of years ago

> "It was a most enjoyable days," Dale said.

They reminisced about the old San Leandro High campus, which stood where Bancroft Berven now lives in Liv- Middle School is today.



PHOTO COURTESY OF DALE BERVEN

Dale and Jean still have Dale Berven and Jean Cooper recently held the SLHS see REUNION, page 12 Class of '48 reunion.

#### **INSIDE YOUR TIMES**

#### COMMUNITY

Nominate someone to the Women's Hall of Fame. Page 3

#### CALENDAR

Catch the Alta Mira Club's Mystery Tea. Page 3

#### **HEALTH**

Park district issues

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San Leandro Times THURSDAY, FEBRUARY 13, 2025

# **MEETING SCHEDULES**

#### CITY COUNCIL

Council meets on the first and third Monday of each month at 7:00 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro For more information, call the City Clerk at 577-3367.

#### SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Zaira Duncan at 667-3522.



#### San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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# **County Women's** Hall of Fame **Extends Deadline**

The Alameda County Environment, Health, Jus-2025 inductees.

The new nomination dead-Monday, Feb. 17.

be submitted online in the archives. following categories: Busi-

Victoria Orozco of San fall 2024 semester at Hofstra University to earn a spot on the Dean's List. Victoria's major is Television Production & Studies.

Women's Hall of Fame is tice, Non-Traditional Careers, ed to League of extending the deadline for Philanthropy, Science-Technominations for its class of nology-Engineering, and Sports & Athletics.

The Hall of Fame was cacy Committee line is the end of the day on established in 1993 to honor local women who make a The inductee nominations meaningful impact in the can be submitted online at diverse communities of Alahttps://www.acgov.org/whof/. meda County and to preserve Inductee nominations can their legacies in the county

Up to 12 inductees and ness & Professions, Culture four youth scholarship re-& Art, Community Service, cipients will be selected by a Education, Emerging Leaders, panel of judges and honored at a special luncheon and awards Orozco Named to Dean's List ceremony on Saturday, April 26, at The Club at Castlewood, Leandro excelled during the in Pleasanton. The Alameda County Women's Hall of Fame raises funds to support local organizations that serve women and families throughout Alameda County.

# **Xouhoa Bowen Named to League of Cities Committee**

City Councilmember Bowen appoint-Cities Human Development Advo-

San Leandro City Councilmember Xouhoa Bowen has been appointed to the National League of Cities (NLC) 2025 Human Development Federal Advocacy Committee.

Councilmember Bowen, and guidance for NLC's federal advocacy agenda and policy priorities on workforce development, education, early childhood, public health, mental health, substance use, veterans, seniors, immigration and more.



who is also vice mayor of Xouhoa Bowen was San Leandro, was elected named to a committe to a one-year term and will that voices the needs of provide strategic direction cities to decision-makers in Washington.

in San Leandro.

"From workforce develop- go, North Dakota.

ment and education to public health and services for children and seniors, these issues directly impact the lives of San Leandro residents and families across the country," Bowen said. "I look forward to collaborating with local and federal leaders to advance meaningful solutions that create a more inclusive, equitable, and thriving future for all."

"NLC's federal advocacy committees are vital for uplifting the voices and needs of America's 19,000 cities, towns, and villages to decision-makers in Washington," said National League of Cities President Steve Patterson, Mayor of Athens, Ohio.

The leadership of this Bowen will play a key role year's committee will consist in shaping NLC's policy posi- of Chair Kim Norton, mayor tions and advocate on behalf of Rochester, Minnesota; Vice of America's cities, towns and Chair Michael O'Connor, villages before Congress, with mayor of Frederick, Marythe administration and at home land; and Vice Chair John Strand, commissioner of Far-

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# **VITA Offers Free Tax Preparation**

come Tax Assistance (VITA) p.m. at the Senior Community tion to qualified taxpayers who the following dates: Feb. 18, earn \$67,000 or less annually Feb. 27, March 11, March 20 (applies to both the individual and April 1. and households), persons with glish-speaking people.

able by appointment on or by calling at (510) 271-Wednesdays from 5:30 to 9141. 8:30 p.m. through April 15

In addition, services will the City of San Leandro.

The IRS's Volunteer In- be available from 5:30 to 8:30 will offer no-cost tax prepara- Center, 13909 East 14th St. on

To make your appointdisabilities, and limited En- ment at either site or for more information contact VITA by The service will be avail- email at vita.eitc@acgov.org

This service is possible at the Marina Community thanks to a partnership with Center, 15301 Wicks Blvd. in the Alameda County Social Services Agency, VITA, and

#### Correction

public comments about Lake other projects priority.

In the story about the City Chabot Road implied that the Council's planning session speakers favored reopening (City Council Wish List Will the road as soon as possible, Require Money," Feb. 6, but that was not the case. The 2025), the description of the commenters favored giving





**February 21, 28** & March 8

**AGES 4-17** 

For more information visit: www.DrowningDarryls.com

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# **Community Calendar**

#### **Downtown Celebration for Black History Month**

Celebrate Black History Month on Saturday, Feb 15, from noon to 6 p.m. at 222 Davis St. as Downtown San Leandro and West Coast Makers bring together our community to support all of our wonderful local small businesses. Great food trucks, beer, and cocktails, and cultural dancers all to the beat of club DJ. Fabulous Art, and there will even be a fashion show with prizes.

#### Alta Mira Club Mystery Tea Luncheon

The Alta Mira Club, 561 Lafayette Ave. in San Leandro, will host a Mystery Tea Luncheon on Monday, Feb. 17, at noon, featuring popular mystery writers Jennifer Morita, Karen Phillips and Simon Wood. Salad bar luncheon, followed by the program. Tickets \$25. All proceeds benefit scholarships. Limited seating. Email or call for reservations: Nancyfong@aol.com or 510-483-1018.

#### San Leandro Garden Club to Meet

The San Leandro Garden Club will meet on Tuesday, Feb. 18, at 10:30 a.m. at the Marina Community Center, 15301 Wicks Blvd. in San Leandro. The speaker this month will be Daniele Fogel, Ph.D. and owner of Yervika. She will be doing a workshop on the importance of herbs for garden ecosystems.

#### Auletta to Speak at **Washington Home Owners Meeting**

The Washington Home Owners Association will host its monthly meeting on Wednesday, Feb. 19, at 6:30 p.m. at the Marina Community Center, 15301 Wicks Blvd. The speaker will be City of San Leandro Parks and Landscaping Manager Jennifer Auletta. Hear about the newly adopted Master Tree Plan and ask questions and get answers about the trees in Washington Manor and the rest of the city. Washington Manor residents and the general public are encouraged to attend. If you have any questions, visit the association's website at : www.whoasl.com or call Bob Glaze at 510-352-2058.

#### **Epiphany Lutheran's Closing Worship Service**

Epiphany Lutheran Church, 16248 Carolyn St. in San Leandro, invites everyone to celebrate the life and ministry of the church on Sunday, Feb. 23, at 3 p.m. Gather at this closing worship service in gratitude and faith as we give thanks for Epiphany Lutheran's impact and legacy.

#### Join the "Book It 2025 Reading Challenge"

Push the boundaries of your reading by joining the San Leandro Library's "Book It 2025 Reading Challenge," open to teens and adults, starting Jan. 10. Stop by any branch library to pick up a gameboard, or join online at sanleandrolibrary.beanstack.org

#### Women's History Month Tiny Art Show at the San Leandro Public Library

The San Leandro Public Library is celebrating Women's History Month with its 4th Annual Tiny Art Show. Pick up a mini art kit (3"x3" canvas, paint, brushes) starting 02/03 at the Main Library to create a masterpiece inspired by women artists. Return by February 27 to be featured in the March Tiny Art Show display. Kits available while supplies last.

#### **SLHS United Parents Crab Feed**

The San Leandro High School United Parents are having a crab feed on Saturday, March 1, from 6 to 9 p.m. at the San Leandro Boys & Girls Club, 2200 San Leandro Blvd. Fresh Dungeness crab, pasta, meatballs, salad, French bread. No host bar and dessert bar. Raffle, auction items. Pre-sold tickets only: https://forms.gle/AS5EKaobyMxiZt1w7 Order by Feb. 22. Tickets are \$85 and \$15 of each ticket donated to a sports team or student organization of your choice.

#### **Become a Bicycle and Pedistrian Commissioner**

Help make San Leandro a community where walking and biking are safe, equitable, and enjoyable for all ages and abilities. Become a member of the Bicycle and Pedestrian Advisory Commission. As a commissioner, you'll advise on biking and walking conditions and help create a more accessible San Leandro. Apply now: SanLeandro.org/Boards

# Resolve To Lose Weight By Joining **TOPS**

Resolve to lose weight in 2025. Join TOPS (Take Off Pounds Sensibly) for the support you need to start your weight loss journey.

TOPS is a non-profit weight loss support group that meets on Fridays at 9:30 a.m. at the United Methodist Church, 19806 Wisteria Street in Castro Valley.

For more information, call Sandy Montero at 510-299-7312. Join for fellowship and support. What do you have to lose?



# **Rainy Days**

We got plenty of rain last week as the water came down in a parking lot just off San Leandro Boulevard. The forecast calls for rain today and cloudy through the weekend.

#### **Applications for the 2025 Cherry Festival & Parade**

Last year, over 20,000 people enjoyed the parade and festival. The festival is seeking vendors with high-quality products, unique experiences, professional attitudes, community non-profits, and performers to help make this the best Cherry Festival yet. If you're interested in applying, visit sanleandrocherryfest.com for more information. The 2025 Cherry Festival and Parade will be on Saturday, June 7.

#### **Spectrum Community Services Fall Prevention Classes**

to help older adults improve camaraderie among classmates. their strength, mobility, and

510-876-8809.

remain accessible to all.

p.m. January 14 – March 4 (8 vating techniques.

Spectrum Community Ser- weeks). Through group disvices will hold its Winter 2025 cussions, practical exercises, fall prevention programs: A and expert tips, participants Matter of Balance and Walk will learn to overcome the with Ease, hosted at the San fear of falling, strengthen their Leandro Senior Center, 13909 balance, and enhance home E 14th St. in San Leandro. safety. Each session includes a These classes are designed nutritious hot lunch, fostering

Walk with Ease: Mondays, confidence, enabling them to Wednesdays, and Fridays maintain their independence. from 9 to 10 a.m. and from 1 To register or learn more, to 2 p.m. January 3 – March visit SpectrumCS.org or call 21, 2025 (12 weeks). This one-hour program combines No one will be turned away guided walking sessions with for inability to pay, ensuring fall prevention education. these life-changing programs Participants will build stamina, improve balance, and A Matter of Balance: Tues- loosen stiff muscles and joints days from 10 a.m. to 12:30 through practical, self-moti-

## **Financial Wellness** Workshops at the Library

Take steps toward your Leandro Main Library, 300 Goals" on Feb. 27. Estudillo Ave.

financial advisor.

Two sessions remain: "Unfinancial wellness with a free derstanding Asset Accumulaworkshop series on Thursdays tion Strategies" on Feb. 20; from 6 to 7:30 p.m. at the San and "Fulfilling Long-Term

Register for any or all Learn planning and sav- sessions by calling 510-577ings tools from Youngky Her- 3971 or visiting the library's manto, CLTC, a registered website at www.sanleandrolibrary.org

# Events at the Library

#### Taste of Legacy: Exploring Black History through Food and Oakland's Culinary Experience

Discover Oakland's vibrant Black culinary history with Chef Wanda Blake on Tuesday, Feb. 18, from 6:30 to 7:30 at the San Leandro Main Library, 300 Estudillo Ave. Learn how the Great Migration shaped the community, from the Pullman Porters at the West Oakland train station to Slim Jenkins' restaurant, Housewives Market, and the Black Panther's free breakfast program. Explore the traditions that built businesses and supported families. Light refreshments will be served.

#### **How To Digitize & Document Your Family History**

Learn how to preserve your family history with AI and multimedia storytelling on Saturday, Feb. 22, from 1:30 to 3:30 p.m. at the San Leandro Main Library, 300 Estudillo Ave. Learn tools for oral histories, photo restoration, and creating a lasting digital heritage library. Explore case studies, free resources, and best practices for legacy preservation. Led by Ron Chan, founder of the Bay Area Chinese Genealogy Group, this session offers innovative techniques to bring your ancestral stories to life.

#### **Meditation Mondays**

Relax at a free drop-in relaxation practice on the first Monday of the month from 6 to 7 p.m. at the San Leandro Main Library, 300 Estudillo Ave. Calm your stress with meditation, gentle stretching, breath work, and poetry. For age 18 and older. Call 510-577-3971 to reserve a spot of just drop in. Future Meditation Mondays will be on Feb. 3 and March 3.

#### Homework Center at the Manor Branch Library

Need help with your homework? Come to the Manor Branch Library, 1241 Manor Blvd., for after-school homework help on Tuesdays and Thursdays from 3:30 to 5 p.m. This is for students in grades 1 through 5. Registration needed at bit.ly/4fD096R or call 510-577-7971.

#### Adults learn to read free!



- · Work at your own pace · Flexible hours
- One-on-one tutoring
   At the Library or online

# Made With **Love**: Valentine Recipes That Say'I Love You'... and 'I Love Me'

Valentine's Day is this Friday, and whether you're planning a romantic dinner for two, a cozy night in with friends, or simply want to treat yourself, nothing says "I love you" (or "I love me!") quite like something delicious and homemade. Forget overpriced chocolates and predictable roses this year! Instead, let's get into the kitchen and whip up some unforgettable treats that are guaranteed to impress.

This article is packed with easy-to-follow recipes, complete with ingredient lists and amounts, designed for cooks of all skill levels. We'll be covering a range of delectable desserts, from classic chocolate indulgences to lighter, fruitier options, ensuring there's something for everyone to enjoy. So, put on your apron, turn up the music, and let's get baking!

#### **CHOCOLATE LAVA CAKES FOR TWO**

Is there anything more romantic than sharing a warm, gooey chocolate lava cake with your sweetheart? These individual desserts are surprisingly simple to make and deliver a huge wow factor. The molten

HOROSCOPE by Salomé

share of the responsibilities.

holding back your efforts for some reason.

need the pertinent facts before making a decision.

approach is unreasonable or even impossible.

might take more time to do so, but the payoff is worth it

everyone to suggest what they would like to see done.

position just in case you need to produce them quickly.



A DESSERT TO FALL FOR: Ever wondered why chocolate lava cake is the go-to dessert for date night? It's more than just the rich, chocolatey flavor. The warm, gooey center that oozes out with every bite is the secret. This contrast between the slightly firm, cake exterior and the molten interior creates a textural delight, making it a truly sensual experience.

chocolate center is pure

6 ounces bittersweet chocolate, chopped 6 tablespoons unsalted butter, cut into pieces 2 large eggs

2 large egg yolks

ARIES (March 21 to April 19): Having second thoughts could be a good thing, even if you're determined to go through with your plans. You might find it worthwhile to take a fresh look at how things have been set up.

TAURUS (April 20 - May 20): Financial matters could continue to be a problem until you're able to straighten out some of the more pesky situations. Once this happens, the rest should be easier to unsnarl.

GEMINI (May 21 to June 20): Family matters once again take center stage and

CANCER (June 21 - July 22): Your creative pursuits seem to be running into a

roadblock. But rather than blame outside factors, look within to see if you might be

LEO (July 23 - August 22): Keep your keen Cat's Eye focused on relevant aspects of this new situation in your life. Don't be distracted by trivial matters. You

VIRGO (August 23 - Sept. 22): As much as you prefer doing things on your own, continue to accept help if you still need to resolve the problem that affects

**LIBRA (Sept. 23 - October 22):** While you might begrudge the added time it will take to get your project from point A to B to C, etc., you could benefit from the facts that will emerge over this expanded time span.

SCORPIO (October 23 - November 21): Regarding your workplace suggestions, be prepared to produce the facts to counter reactions from skeptics who feel like your

SAGITTARIUS (Nov. 22 - Dec. 21): Savvy Sagittarians will look for work-

related answers on their own rather than relying on unproved assumptions. It

CAPRICORN (Dec. 22 - Jan. 19): Your aspects continue to favor family issues,

with a special emphasis this week on changes in and around your home. Get

AQUARIUS (Jan. 20 - Feb. 18): A matter you thought had been settled still

might produce surprises. Best advice: Continue to gather facts to bolster your

PISCES (Feb. 19 - March 20): While your instincts are usually right when disceming 'twixt truth and deception, you could benefit from doing more research on the new "prospect" that you've been pitched.

your project. Meanwhile, some cheerful news is about to come your way!

should be dealt with competently and quickly. Again, insist that others take on their fair

1/4 cup granulated sugar 2 tablespoons all-purpose flour

Pinch of salt Powdered sugar, for dusting (optional) Fresh raspberries, for garnish (optional)

Preheat your oven to 425°F (220°C). Grease and flour two ramekins (6-ounce size). Make sure to coat them well to prevent sticking. You can use butter or cooking spray for greasing, and flour or cocoa powder for dusting.

In a heatproof bowl set over a saucepan of simmering water (or in the microwave in 30-second intervals), melt the chocolate and butter together, stirring occasionally until smooth. Be careful not to let the bottom of the bowl touch the water. If using the microwave, stir frequently to avoid burning the choc-

together the eggs, egg yolks, and sugar until pale will take about 2-3 minutes. until the mixture thickens A hand mixer or stand mixer will speed up the process, but a whisk works

Gently fold the melted chocolate mixture into the egg mixture until just combined. Be careful not to overmix, as this can result in a tougher cake.

Add the flour and salt and fold until just incorporated. Again, avoid overmixing.

Divide the batter evenly between the prepared ramekins.

Bake for 12-15 minutes, or until the edges are set but the center is still slightly soft. The exact baking time will depend on your oven, so keep a close eye on them.

Let the cakes cool in the ramekins for a minute or two before inverting them onto plates.

Dust with powdered sugar and garnish with fresh raspberries, if desired. Serve immediately and enjoy the ooey-gooey goodness!

1/4 cup granulated sugar baking sheet and spread it 1 tablespoon cornstarch 1 tablespoon lemon juice 1 egg, beaten Coarse sugar (optional)

Preheat your oven to 375°F (190°C). Line a baking sheet with parchment paper.

In a medium saucepan, In a separate bowl, whisk combine the strawberries, sugar, cornstarch, and lemon juice. Cook over mediand slightly thickened. This um heat, stirring constantly, and the strawberries are soft (about 5-7 minutes). Let cool slightly.

> Unroll the pie crusts on a lightly floured surface. Use a heart-shaped cookie cutter to cut out as many hearts as possible. You can re-roll the scraps to get more hearts.

Place half of the heart cutouts on the prepared baking sheet. Spoon a small ened cocoa powder amount of the strawberry filling onto the center of each heart.

Top with the remaining heart cutouts. Use a fork to sealing the filling inside. This will also prevent the filling from leaking out during baking.

Brush the tops of the pies with the beaten egg and sprinkle with coarse sugar, if desired.

Bake for 15-20 minutes, or until golden brown.

Let cool slightly before serving. These are delicious served warm or at room temperature.

**RASPBERRY WHITE** 

**CHOCOLATE BARK** 

This Raspberry White

Chocolate Bark is not only

visually stunning but also

a perfect last-minute treat

or a beautiful addition to a

Valentine's Day gift basket.

chocolate, chopped

raspberries, crushed

sprinkles, chopped nuts

Line a baking sheet with

Melt the white chocolate

in a heatproof bowl set over

a saucepan of simmering

in 30-second intervals),

water (or in the microwave

stirring occasionally until

smooth. As with the lava

Pour the melted white

cakes, be careful not to

burn the chocolate.

1/2 cup freeze-dried

mini chocolate chips,

Optional toppings:

parchment paper.

12 ounces white

incredibly easy to make. It's

#### refrigerator. RED VELVET CUPCAKES WITH

**CREAM CHEESE FROSTING** 

into an even layer.

into the chocolate.

late is firm.

Sprinkle the crushed

any other desired toppings over the chocolate.

freeze-dried raspberries and

Gently press the toppings

Refrigerate for at least 30

minutes, or until the choco-

Break the bark into

pieces and enjoy! Store in

an airtight container in the

Ingredients (Cupcakes): 1 1/2 cups all-purpose

- 1 cup granulated sugar 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1 teaspoon salt 1 tablespoon unsweet-
- 1 cup buttermilk 1/2 cup vegetable oil
- 1 large egg 2 tablespoons red food coloring
- crimp the edges of each pie, 1 teaspoon vanilla extract 1 teaspoon white vinegar *Ingredients (Frosting):* 
  - 8 ounces cream cheese, softened
  - 1/2 cup (1 stick) unsalted butter, softened
  - 3 cups powdered sugar 1 teaspoon vanilla extract *Instructions (Cupcakes):*

Preheat your oven to 350°F (175°C). Line a muffin tin with cupcake liners.

In a large bowl, whisk together the flour, sugar, baking soda, baking powder, salt, and cocoa powder.

In a separate bowl, whisk together the buttermilk, oil, egg, red food coloring, and vanilla extract.

Add the wet ingredients to the dry ingredients and mix until just combined.

In a small bowl, combine the vinegar and baking soda. The mixture will fizz. Add this to batter and mix until just combined.

Fill the cupcake liners about 2/3 full. Bake for 18-20 minutes, or until a toothpick inserted into the center comes out clean. Let the cupcakes cool completely before frosting. *Instructions (Frosting):* 

In a large bowl, beat the cream cheese and butter together until smooth and creamy. Gradually add the powdered sugar, beating until smooth. Stir in the vanilla extract.

Frost the cooled cupcakes with the cream cheese frosting. You can use a piping bag for a more decorative look, or simply spread the frosting chocolate onto the prepared with a knife.

#### **STRAWBERRY HEART HANDS**

These adorable heartshaped hand pies are a delightful and easy way to celebrate Valentine's Day. They are especially perfect if you're short on time or looking for a fun activity to do with kids.

1 box (14.1 ounces) refrigerated pie crusts 1 cup fresh strawberries, hulled and chopped



(510) 581-0220

San Leandro Times THURSDAY, FEBRUARY 13, 2025



# **SL Historical Society Seeks Hosts for Home Tour**

By Cindy Simons San Leandro Times

properties.

Does your home have in-

tory-loving residents.

wants to reveal the hidden featuring their home. The San Leandro His- gems and variety of San Leantorical Society will host its dro's architecture and homes. Home Tour books on the San 4th annual Architecture & Architecture and home tours Leandro Historical Society Home Tour on May 10, a build community and teach website to see examples of the curated exploration of San Le- us the value of preserving and full color photos and descripandro's historically significant restoring homes to maintain a tions of tour sites. (www.sancity's character.

teresting architectural features have been delighted with their and then "Past Architecture & or a story that speaks to the tour experience. They appre- Home Tour Booklets.") city's history or culture? Is it ciate the Historical Society' the tour. They treasure the Ar- tour coordinator.

The Historical Society chitecture & Home Tour book

View past Architecture & leandrohistory.org, then click Past tour site homeowners on "San Leandro History'

The Historical Society a typical example of a neigh-research of their home and would be happy to tell you borhood, style, and time in the architectural historian's about the tour and answer any San Leandro's development? description of its style. They questions if you're curious Please reach out about enjoy the discussions sparked about being a host. Email sansharing your piece of San and sometimes meeting for-leandrohistory@gmail.com or Leandro history with its his- mer residents on the day of call 510-910-3215 to reach the

# **HEALTH & FITNESS**

FITNESS BEYOND THE PHYSICAL

# The Positive Effects of Fitness On Neurodiverse Populations

By Jagmeet Kaur Sangha SPECIAL TO THE FORUM

or many, fitness goals revolve around losing weight or reducing body size; however, exercise and consistent fitness routines offer many benefits beyond just physical well-being.

Recently, there is growing recognition of the positive impact that regular exercise can have on everyone, including individuals with neurodiverse conditions such as autism, ADHD, and other cognitive differences.

Studies indicate that exercise can help manage symptoms often associated with neurodiversity, including anxiety, restlessness, and difficulty with focus. For instance, a 2024 review in Sports Psychiatry found that physical activity improved mood and behavior for children with autism. It also highlighted the additional benefits of improving sleep, enhancing self-esteem, happiness, communica-

tion, social functioning, and emotion control. Exercise is believed to stimulate the production of

brain chemicals like dopamine and serotonin, which are crucial for mood regulation, focus, and emotional control as well as executive functioning.

Some neurodivergent individuals face barriers such movement help release as stigma, fear of exclusion, deficits in coordination, or limited communication. By customizing fitness routines to address their specific needs and preferences, we can create an empowering and inclusive space for physical activity that offers a wealth of behavioral, emotional, and social benefits. Here are some beneficial behavioral factors to consider:

Social/Emotional

Physical activities provide structured opportunities that encourage social skills without the anxiety that may arise from more traditional social situations. Group activities also help develop cooperative skills and practice social cues in a safe environment.

Routine-Based

Neurodivergent individuals, especially those with autism spectrum disorder, often thrive in structured environments where routines are predictable. Establishing a regular fitness routine provides a comforting sense of predictability.

Experiences

Exposure to New

zone. For individuals with limited exposure to new experiences, trying different physical activities can help expand sensory, cognitive, and social boundaries in a controlled manner.

Emotional Regulation For neurodivergent individuals who may struggle with sensory overload or emotional outbursts, regular exercise can help regulate mood and behavior. Cardio activities or even mindful tension, improve focus, and create a sense of calm, all of which aid in emotional self-regulation.

> Confidence and *Self-Awareness*

Participating in fitness activities promotes a sense of accomplishment and helps boost confidence. The progress made through consistent effort helps individuals build confidence and sometimes helps identify hidden strengths and talents.

Inclusive fitness programs tailored to the needs of neurodiverse individuals can lead to better outcomes for mental health, well-being, and social integration for all. Making physical activity a part of daily life can indeed be a game changer for those in the neurodiverse community at all ages.

Jagmeet Kaur Sangha is a board-certified Behavior Analyst who lives in Castro Valley. Her organization, Behavior Pivot Consulting, partners with organizations to cultivate neuro-inclusive environments that understand brain-based differences and promote men-Fitness routines encourage tal wellbeing. For more info, stepping out of one's comfort visit: www.behaviorpivot.com

# **Park District Issues Mushroom Warning**

During the rainy winter season, wild mushrooms pop up in great numbers throughout East Bay Regional Parks.

Mushrooms are an ecologically important part of the parklands and can look beautiful—but some of them contain dangerous toxins. The death cap (Amanita phalloides) and western destroying angel (Amanita ocreata) are two of the world's most toxic mushrooms, and both can be found in Regional Parks during the rainy season.

The death cap and western contain amatoxins, molecules that are deadly to many animals. Symptoms may not as severe gastrointestinal dis-

It can progress to liver and not sought immediately.





The park districts warns people not to pick mushrooms in the parks, which destroying angel mushrooms include the poisonous Death Cap mushroom and the Western Destroying Angel.

can be lethal to humans and any mushrooms in East Bay poisonous mushroom species appear until up to 12 hours should contact a veterinarian after consumption, beginning immediately if they suspect their pet may have eaten a toxic mushroom.

kidney failure if treatment is ed with oak trees and can be are consumed by humans the stem, and a large white sac

pets if consumed. Pet owners Regional Parks is not allowed. when encountering them in

#### How to Recognize **Poisonous Mushrooms**

They are mainly associat- to ensure that no mushrooms white gills, a white ring around found growing anywhere oak or pets. As an added safety at the base of the stem. Both of these mushrooms roots are present. Collecting measure, learn to recognize

Regional Parks.

The death cap is a medium to large mushroom that typi-The best way to stay safe is cally has a greenish-gray cap,

see WARNING, page 12



# Homes

# EAL ESTATE GALLERY



COMPASS

# ESTATE REAL

By Carl Medford, CRS Special to the Times

**GUEST COMMENTARY** 



# Days on the Market Under Attack

By Carl Medford, CRS Special to the Times

s if real estate has not been turbulent enough, it appears we have another issue may profoundly affect the data displayed online for homes for sale.

Days on the market

(DOM).

Currently, when a listing goes live, an automatic counter displays the number of days (DOM) the home has been active. DOM has been considered critical information and is used by buyers to gauge a home's activity. If homes in a neighborhood remain live only a few days, it is

reasonable to assume it is a hot neighborhood. Should a buyer wish to buy a home in that locale, logic dictates they make a strong offer sooner than later, especially if there is an offer deadline.

Adversely, buyers looking at a home with a large DOM might assume something is wrong: the price could be too high, there might be condition issues or it is in a poor location. Consequently, a buyer might consider writing an offer below list price. Additionally, their offer could potentially be the only one on the table, providing room for negotiation.

Some sellers, hoping to hide the reality their home has a high DOM, take their property off the market and then relaunch it (called 'churning') hoping, since it shows up as a 'new listing' once again, buyers will approach it differently.

Ironically, even though it might show up on the Multiple Listing Service (MLS) as a new listing, any buyer using a site such as Zillow can immediately see the previous DOM, revealing it is not really a new listing. As a result, some sellers have been lobbying for the complete removal of DOM

information so buyers have no idea how long any given home has been on the

2269 Croyden Place

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While I understand the logic on one level, there are problems. California leads the nation with its disclosure laws, mandating that sellers provide extensive information so buyers can make informed decisions. As such, in my opinion, DOM is critical and should be disclosed, since it can dramatically influence the type of offer a buyer is willing to write. The simple fact is that if a home lingers on the market a long time, sellers should not be able to hide this fact.

It is similar to buying a used car: sites like CAR-FAX provide detailed information so buyers can make intelligent decisions: why should home selling be any different?

Carl Medford is a



market.

licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

#### RECENT HOME SALES

#### **Castro Valley**

21608 Orange Avenue 94546: \$925,000 [3 BD - 1,197 SF - 1948 20640 Woodside Way 94546: \$1,115,000 [3 BD - 1,124 SF - 1952 3461 Lenard Drive 94546: \$1,266,000 [3 BD - 1,479 SF - 1957 18862 Sydney Circle 94546: \$1,330,000 [4 BD - 1,901 SF - 1993 20673 Forest Avenue #C 94546: \$1,395,000 [6 BD - 2,139 SF - 1962 5764 Cold Water Drive 94552: \$1,410,000 [3 BD - 1,452 SF - 1966 19011 Gliddon Street 94546: \$1,450,000 [5 BD - 1,936 SF - 1953 TOTAL SALES:

LOWEST AMOUNT: \$925,000 MEDIAN AMOUNT: HIGHEST AMOUNT: \$1,450,000 **AVERAGE AMOUNT:** \$1,270,142

#### **SAN LEANDRO**

13517 Aurora Drive #113 94577: \$620,000 [3 BD - 1,270 SF - 1982 117 Breed Avenue 94577: \$680,000 [2 BD - 1,100 SF - 1930 15332 Edgemoor Street 94579: \$765,000 [2 BD - 851 SF - 1950 407 Lloyd Avenue 94578: \$848,000 [3 BD - 1,344 SF - 1952 14459 Birch Street 94579: \$867,000 [3 BD - 1,076 SF - 1952 663 Arthur Avenue 94578: \$875,000 [3 BD - 1,484 SF - 1942 16373 Paparamir Way 94578: \$900.000 [3 BD - 1,084 SF - 1954 16373 Panoramic Way 94578: \$900,000 [3 BD - 1,084 SF - 1954 1287 View Drive 94577: \$1,020,000 [3 BD - 2,081 SF - 1955 643 Woodland Avenue 94577: \$1,150,000 [2 BD - 1,222 SF - 1924

**TOTAL SALES:** LOWEST AMOUNT: \$620,000 MEDIAN AMOUNT: \$867,000 HIGHEST AMOUNT: \$1,150,000 AVERAGE AMOUNT: \$858.333

#### **SAN LORENZO**

15917 Via Arroyo 94580: \$662,500 [3 BD - 1,062 SF - 1946 1699 Bandoni Avenue 94580: \$720,000 [3 BD - 1,316 SF - 1952 1865 Corte Breve 94580: \$725,000 [3 BD - 1,539 SF - 1955 1094 Via Coralla 94580; \$755,000 [2 BD - 868 SF - 1949 15803 Via Nueva 94580: \$760,000 [3 BD - 1,131 SF - 1955 15814 Paseo Largavista 94580: \$775,000 [3 BD - 1,050 SF - 1944

2051 Luna Avenue 94580: \$888,000 [2 BD - 1,608 SF - 1956 **TOTAL SALES:** 

LOWEST AMOUNT: \$662,500 MEDIAN AMOUNT: \$755,000 HIGHEST AMOUNT: \$888,000 AVERAGE AMOUNT: \$755,071

looming on the horizon that

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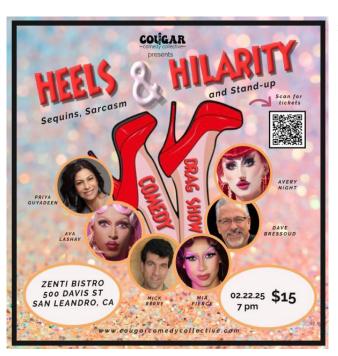
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# **CROSSWORD PUZZLE ANSWERS**

Α	١	G	U	Α		E	L	F		В	Α	S	Е
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# \* Dental Days & Low-Cost Pet Vaccinations Clinic at Wiggle Rumps ReTaiL! 🐾

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# Root Bougainvilleas from Stems, Leaves

By Buzz Bertolero The Dirt Garden

would I go about doing it? don't disturb the roots.

cuttings. Softwood pre-moistened potting soil. cuttings are taken in the spring and summer while with the petiole still at-months. hardwood cuttings are tak- tached. The petiole is the

of the year, the rooting procedure is the same.

four to five inches long, ing upward. cut on an angle, and should include four leaf nodes or

Also, take three times the house. I'd like to take some number of cuttings as you and try to root them. When Be careful to space them take place. is the best time, and how far enough apart so you

Leaf cuttings are tak-Bougainvilleas are en from the middle of a

Regardless of the time taches the leaf to the stem.

in the soil with the petiole ful when transplanting The cuttings should be buried and the leaf point- them.

Cover the container Advanced

and remove any flowers. forming a mini-green-

It should then be placed cuttings from my need so you can transplant in a warm, lighted area of bougainvillea plant the most vigorous ones. morning sun for rooting to

> Add more water as needed when the soil appears dry.

Softwood and leaf cuteasily rooted by stem not the tip. You need tings take root in three taking stem or leaf a shallow tray filled with months or less while hardwood cuttings take lon-Next, remove the leaves ger to root, three to four

en in the fall and winter. long narrow tissue that at-bougainvilleas is high when the roots are dis-The leaf is then placed turbed; so, again, be care-

Buzz Bertolero is an California with a plastic bag to trap Certified Nursery Pro-They're then inserted the heat and moisture, and fessional and the Senior three to four inches into add some small sticks to Gardening Professional at pre-moistened potting soil, support the plastic. You're Sloat Garden Centers. The



Dirt Gardener's website and questions can be sent aol.com or at Facebook. The mortality rate with is www.dirtgardener.com by email to dirtgarden@ com/Buzz.Bertolero.

**CROSSWORD** 



All real estate advertised in the Castro Valley Forum is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination because of race, color, religion, sex, handicap, marital status, national origin, or intention to make you such preference, limitation or discrimination. The Castro Valley Forum will not knowingly accept any advertisement for real estate that is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.



Bv Rvan A. Berenz

- 1. This relief pitcher won World Series titles with the 1969 New York Mets and the 1980 Philadelphia Phillies. His son is a country music star. Who is he?
- 2. Who did Muhammad Ali defeat in a hard-fought unanimous decision to retain the undisputed heavyweight championship at New York City's Madison Square Garden on Sept. 29, 1977?
- 3. Name the motorsports driver, engineer, designer and businessman from New Zealand who was killed in 1970 while testing a new racecar in England.
- 4. Center Will Perdue won three NBA championships with the Chicago Bulls from 1991-93 and won his fourth title with what team in 1999?
- 5. Pro Football Hall of Fame wide receiver Calvin Johnson, who played for the Detroit Lions from 2007-15, was nicknamed after what "Transformers" character?
- 6. Atlanta Drive GC, Boston Common Golf, Jupiter Links GC and The Bay Golf Club are among the teams in what indoor/virtual golf league?
- 7. Name the Hall of Fame jockey who won the Kentucky Derby riding Sea Hero in 1993 and Grindstone in 1996.

#### Answers

- 1. Tug McGraw (his son is Tim McGraw).
- 2. Earnie Shavers.
- 3. Bruce McLaren.
- 4. The San Antonio Spurs.
- 5. Megatron.
- 6. TGL Golf.
- 7. Jerry D. Bailey. (c) 2025 King Features Syndicate, Inc.

This issue of the San Leandro Times contains the East Bay Regional Park District March - April 2025 Activity Guide.

If your copy of the Times does not include the EBRP Activity Guide, call 510-614-1555 or stop by the Times office (2060 Washington Avenue, San Leandro, CA 94577) between 9:00 a.m. and 5:00 p.m. Monday through Friday to obtain one.



# YEERD

#### **Sowing Seeds**

It's not too early to sow some flower seeds outdoors, including cosmos, sweet alyssum, sweet peas, California poppies and larkspur. Start seeds indoors in flats for summer vegetables, including tomatoes, squash and peppers.

#### Perennials

Plant perennials now for early spring bloom. English primroses, day lilies, Shasta daisies and phlox are all good bets.

#### Don't Wait

If you haven't pruned roses, fruit trees and grapes, do it now. New growth has already started to appear, but better late than not at all. Also, February is your last chance for dormant spraying. Dormant spraying controls insects that hibernate during the winter and fungal diseases such as peach-leaf curl.

#### Pests

Pull weeds before they bloom and spread seeds. Handpick snails and slugs by sprinkling the garden in late afternoon, then using a flashlight to catch the little devils just after dark.

#### Be prepared before the next power outage.



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#### MISC. FOR SALE

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(1 week)

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HELP WANTED

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For more detailed information please visit www.sanleandro.org EOF

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10 words

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#### HELP WANTED

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Please TENOLIA JACKSON be advised and put on notice that a Limited Civil lawsuit in the amount of \$10,060.38 for move out and property damage charges has been filed on February, 22, 2024 in the county of Alameda against Tenolia Jackson for her contract of renting at the premises of 1555 164th Ave. apartment number 39 by the Plaintiff, San Leandro Ashland LLC, with the defendant being Tenolia Jackson case number 24CV065026. This notice is to serve as publication of service as per the order granted and dated January 13, 2025 to run in this newspaper for four consecutive weeks. Contact Plaintiff at Ashland Office located at 1555 164th Ave

San Leandro, CA 94578, 510-278-3920, Ashlandmanor@jleproperties.com

#### MISC. FOR SALE

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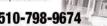
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#### LEGAL NOTICES

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February 10, 2025 FILED County Clerk ALAMEDA COUNTY y-----, Deputy FILE NO. 612396

**FICTITIOUS BUSINESS** NAME STATEMENT Pursuant to Business and **Professions Code** Sections 17900-17930

The name of the business(es): Mudroom Clay Studios located at 1311 Park Street #1281 Alameda, CA 94501 Alameda County, is hereby registered by the following owner(s): Orange Blossom Arts LLC, located at 1311 Park Street #1281 Alameda, CA 94501. This business is conducted by a Limited Partnership. This business commenced

N/A /s/Melissa O'Kane

This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires February 09, 20230 FEB 13, 19, 26, MAR 06, 2025

1935 - SLT

#### LEGAL NOTICES

**MELISSA WILK** 

January 21, 2025 County Clerk ALAMEDA COUNTY By-----, Deputy FILE NO. 611885

FICTITIOUS BUSINESS NAME STATEMENT Pursuant to Business and **Professions Code** Sections 17900-17930

The name of the business(es):

Chrys & Bib Innovations located at 724 Lewelling Blvd. #328 San Leandro, CA 94579 Alameda County, is hereby registered by the following owner(s): Anne Happy, located at 724 Lewelling Blvd. #328 San Leandro, CA 94579. This business is conducted by An Individual. This business commenced N/A

/s/Anne Happy This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires January 20, 2030

JAN 23, 30, FEB 06, 13, 2025 1916 - SLT

Keep your out-of-town friends and family informed with a subscription to the Forum!

■ Did you know that the Forum will mail the paper to anyone in the continental United States?



# Call 614-1555 for details!

# THE TIMES CROSSWORD

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#### ACROSS

- Water, in Mexico
- Sprite
- Pedestal
- Like holiday decorations
- Ogled
- D.C. veteran 16 Ms. Moore
- Pentagon gp. Mild cheese
- Singer Mann "-- Las Vegas"
- Not that
- Verbal attack rr. parts
- Some latte sizes
- Cut the lawn
- Italian cornmeal recipe
- 32 34 Race finish
- 35 36 37 Rapscallions Word list, for short
- Goldberg on "The View" -- Lingus

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- Honker
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- 49 Holler
- "Mayday!" 50
- Taxpayer IDs

# **ANSWERS ON PAGE 6**

#### DOWN

- Venomous viper Earth (Pref.)
- "Friendly skies" co. Stage comments
- Oklahoma city
- Fond du -Fleet of ships
- Pandemonium
- Pro votes
- 10 Big rig
- Tend texts Oklahoma tribe 19 Currier's partner
- 20 \$ dispenser
- Denny's rival
- Japanese soup
- Battery measures Primitive flutes
- Apple desktop
- Club in a Manilow song
- 29 Office part-timer Charlotte's creation
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- Bridal cover 36
- Curds' partner
- Great expectation
- Swiss peaks
- Tic-tac-toe loser
- 45 Poetic dusk
- Hurler Hershiser
- Storefront sign abbr.
- Hot wok sound

# 1. Petitioner: Ines C. Barbosa et al filed a petition with this court for a

decree changing names as follows: (Present name) Quetzalli Victoria Rodriguez (Proposed name) Quetzalli Victoria Rodriguez Barbosa

Ines C. Barbosa et al, Petitioner

2. THE COURT ORDERS: That all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

LEGAL NOTICES

SUPERIOR COURT OF California COUNTY OF ALAMEDA

Wiley W. Manuel Courthouse

1225 Fallon St.

Oakland, CA 94612

PETITION OF: Ines C. Barbosa et al

FOR CHANGE OF NAME

Case No 24CV086797

ORDER TO SHOW CAUSE

FOR NAME CHANGE

TO ALL INTERESTED PERSONS:

NOTICE OF HEARING DATE: 03/21/2025 Time: 09:30 AM Dept: 103 The address of the court is: Wiley W. Manuel Courthouse 1225 Fallon St.

Oakland, CA 94612

A copy of this Order to Show Cause must be published at least once each week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation: printed in this county: San Leandro Times

Date: February 6, 2025

/s/ Sandra Bear JUDGE OF THE SUPERIOR COURT

FEB 06, 13, 20, 27, 2025 1925 - SLT

FILED MELISSA WILK

County Clerk ALAMEDA COUNTY FILE NO. 612394

February 10, 2025

**FICTITIOUS BUSINESS** NAME STATEMENT Pursuant to Business and

Sections 17900-17930 The name of the business(es): Blackmen "Safe Space" Padcast located at 29212 Harpoon Way, #401 Hayward, CA 94544 Alameda County, is hereby registered by the following owner(s): Martin L. Sharp, located at 29212 Harpoon Way, #401 Hayward, CA 94544. This business is conducted by An Indi-

**Professions Code** 

vdual. This business commenced N/A /s/Martin L. Sharp This statement was filed with the County Clerk of Alameda County on date indicated by file stamp above. Expires February 09, 2030

1930 - SLT

FEB 13, 20, 27, MAR 06, 2025 CALL 510-409-4250

# Historic **Bal Theatre**

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San Leandro Times **10** THURSDAY, FEBRUARY 13, 2025

# Bridge: FEMA to pay for most of the cost of removing bridge

continued from front page in our jurisdiction and not an at the site. area that we would normally lot of water in the creek that the creek. needed to be removed. The ry agencies."

trees to replace those damaged Marquises said. by the heavy-duty vehicles, creek.

of San Leandro Creek fell noise. and destroyed the pedestrian

Sheila Marquises told the \$250,000 contract for dem-could not be determined at the Council. "This creek is not olition and removal services time of the original estimate.

was a lot of vegetation and a to help reinforce the sides of repairs.

repave the roadway and plant midway through the project,"

The staff report noted

McGuire & Hester the initial damage to the slope, which

The report also states that In July 2024, the city add- the city is initially responsible understand what is included ed Terraphase Engineering for the \$575,000 cost of cleanin the infrastructure. There to the project for \$188,732 ing up the site and making

The funds have already "Another of the require- been allocated as part of the project also required us to get ments from the water board FY2024-2025 adopted budseveral permits from regulato- is that we implement ero- get. The Federal Emergency sion control and replanting Management Agency (FEMA) Marquises also pointed of those slopes, so that was is anticipated to reimburse San out that the city would pay to something that was added Leandro for approximately \$500,000 of the cost of the bridge removal.

While the cost to build trucks, and cranes that pulled that removing water from the and install a new bridge the damaged bridge out of the bridge site was over budget is not yet determined, an by \$26,903 because additional anonymous donor has given In March 2023, a pair of work was done to shield the the project a head start. Last eucalyptus trees on the banks neighborhood from generator September, the Cary Drive-Haas Pedestrian Bridge bridge that links Haas Avenue over budget by \$48,374 be-million to reconstruct the and Cary Drive. In Septem- cause the fallen trees and bridge using steel girders, a fencing like the previous ber 2023, the City awarded bridge hid the extent of the concrete deck, and tubular structure.



PHOTO BY JIM KNOWLES

Restoring the slopes was Association donated \$5 The broken pedestrian bridge at the end of Haas Avenue has been removed.

The City Council unani- and its terms on September mously approved the donation 9, 2024.

# OPINION

# LETTERS to the EDITOR

Letters must include the writer's name, address and phone number, and must be under 300 words. Letters can be edited for clarity or length. Letters are the views of the author and not necessarily the views of the newspaper or its advertisers. E-mail letters to: letters@ ebpublishing.com or send by mail to: The Editor, San Leandro day that God will raise up seven Times, 2060 Washington Ave., San Leandro, CA 94577.

#### For God's Sake, Don't Follow Dirt Gardner's Advice Dear Editor,

For the sake of the humans, bees, butterflies and all living things on our planet, please do not follow Mr. Buzz Bertolero's advice in the recent Dirt Gardener column.

He recommended Bonide Systemic Drench and Bayer Advanced All-In-One for Roses. These are systemic pesticides that are absorbed through the roots into the tissues of plants, including the pollen and nectar that are then ingested by the bees and butterflies and other pollinators that we need to pollinate the plants that we depend upon for food.

Systemic insecticide are believed to be one of the major causes of the drastic decline in bees, butterflies and other pollinators according to The Xerces Society, Natural Resources Defense Council, and many other sources. If Editor, your roses or other plants have rust, mildew or black spot,

these are plant diseases. You do not need a product that kills insects to treat a plant diseases.

Furthermore, these systemic products can get into the food you and your neighbors are growing in your gardens. If your neighbor puts this into the soil around their ornamental plants, do you think the chemical will stop at the fence line and not be absorbed into the lemons or tomatoes you are growing on your side of the fence? Nope!

It will be poisoning not only the pollinators, but possibly you too. It is well known these chemicals migrate in the soil, are very persistent in the environment, and have toxic effects on many forms of life. Even if you are not an organic gardener, please do not use systemic insecticide and fungicides. Do some research about the dangers. Much less toxic alternatives are available.

Castro Valley

#### **Divine Intervention**

Many of us are experiencing dismay and anxiety over the actions being taken by the current administration. Because Republicans hold the majority in both

houses of Congress, Democrats have not been able to challenge the president's reckless decisions in that body. Our nation needs a few Republican senators and representatives of integrity (I know there are many) who are willing to stick their necks out and take a stand for what is right.

I have started praying every Republicans in each house to speak up for what is right. We need fewer than seven in each chamber to tip the scales, but the number seven symbolizes completeness, perfection, and even divine intervention. Also, seven may be just enough to help the few courageous ones feel that they are not alone.

I will pray for this outcome every day and up the ante on Mondays when I will be fasting until dinnertime to amplify the weight of this prayer. I am praying that God's Spirit will create an "Esther" moment for the Republicans that are open to His voice – that they will ask themselves whether they have come to power "for such a time as this." I am praying that God will imbue them with the courage to put the good of the country (and especially its marginalized people) ahead of their personal security and **Lynne Jensen**, career ambitions.

> Will you join me in this prayer endeavor? This is not to replace attending protests, contacting your elected officials, and doing what you can to mitigate the harm being perpetrated by the current administration. But I want to encourage you to add fervent prayer to your efforts. Let's do this together.

San Leandro

#### **Trust the Experts**

Editor,

At this month's City Council meeting, opponents of reopening Lake Chabot Road repeated the mantra: "Trust the experts," referring to city staff and the fire captain, who offered this confusing message: the road is safe for emergencies—except when it isn't.

Apparently, first responders would be stationed at the fence to determine which type of emergency allows road use. Does that make any sense?

If you want to "Trust the Experts," trust the 2022 Kittelson Report. The city hired Kittelson to assess emergency preparedness. Their report warned that neighborhoods east of I-580 face "significant evacuation risks," with Benedict Drive and I-580 already over capacity. This was before city staff shut down Lake Chabot Road—a route identified as crucial for emergency evacuations.

City staff claim that "half the road is missing" in places, yet vehicles can still drive on it for an emergency. Does that make any

Some council members opposing the reopening claimed, "Everyone here cares about public safety." Really? Most opponents of reopening are residents directly benefiting from the closure, living immediately below the barricade. Meanwhile, their neighbors above the barricade face real danger of being trapped in an emergency evacuation. Is that

Judy Square caring about public safety?

If safety were truly a priority, why does the road have this barricade with lockable gates instead just bollards? When asked, the city manager defensively claimed the fences are to block "big rigs." But if a fire engine can fit, so can a big rig. When pressed further, she sarcastically said, "Well, if the council wants to open the road to big rigs..." Disgraceful.

Trust the experts: Reopen Lake Chabot Road.

> **Greg Novak** San Leandro

#### **Money Making Ideas**

Editor,

Michael Singer's front page story (Feb. 6) on the City Council's wish list shows that council members have expertise in ways to spend money but seldom think of ideas to raise money. Here are some suggestions:

1. Congestion Tax: People driving on East 14th Street must pay 2 bucks to enter the city.

2. Increase Traffic Fines: A \$10 tax on each traffic violation within city limits will encourage safer driving and help pay current revenue.

3. Increase Investment: Encourage hedge funds to invest in San Leandro.

By the way, I urge Mayor Gonzalez to remove his tie every so often. When I removed my own tie, I was able to think more creatively, especially about ways to raise money.

> George Z. Banks San Leandro

# Businesses: 'We have never felt as much a part of a community as right now'

continued from front page

store at 14278 East 14th Street, Eddie. expressed gratitude that so operation just over a year.

Owner and coach Heather a Taco Bell, but never was." Steele said the goal of the ger." She said business has music. been good and they will soon

in food and beverage photog- Leandro 10 years ago. raphy, which makes them popof the local economy.

Ben Issertis, owner of the love's been returned," said right now."

support for his business, in Murry's Irish Pub at 1680 category. Washington Ave. Run by Jym

14760 Wicks Blvd., is "em- each week, for whiskey tast- expanding their network. powering women to be stron- ing, trivia, karaoke and live

ular with a growing segment rani's General Manager - In- themselves. ternational, said "We have

into the community, and the a community as right here,

The Boys & Girls Clubs The winner in the Food of San Leandro won in the many people had expressed & Drink category was Danny Home, Family & Community

While their main facility All Steele Fitness repeated Murry and Jazmin Cedillos, is at 2200 San Leandro Blvd., last year's win in the Beauty, who call their pub, "the build- they have built up a consid-Health & Wellness category. ing that looks like it had been erable presence with 25 sites, including all San Leandro Danny Murry's Irish Pub and San Lorenzo elementary woman-owned business, at has several dedicated nights and middle schools, and are

'We work for every teen and child who walks through The Best Large Business the door with the belief that be moving to a larger building. award went to Torani, at they can be great, serving LemonAD Media won in 2000 Marina Blvd. The syrup 5,000 kids a day," said the the Small Business category. and flavorings business was club's CEO Kim Pace. She Owners Yellie and Eduardo founded in San Francisco 100 thanked their fellow nom-(Eddie) Gonzalez specialize years ago, and moved to San inees, who she said are the people the club calls if they Stacy Cooper Dent, To- can't meet all a child's needs

Other business and orga-"We've put ourselves out never felt as much a part of nizations nominated for Best



Winners in each of the six categories took the stage at the Best of San Leandro awards on Thursday, January 30, hosted by the San Leandro Chamber of Commerce.

# The Weather and You

# Rainfall Above Average

By Mike Pechner Special to the Times

A series of Atmospheric inches. River storms aimed at the North Bay made up for a very cast models show a cold storm ner, SF CBS News Bureau, is a dry January.

Rainfall is at or above normal from San Francisco northward into Marin, Napa Sonoma and Solano counties. You don't have go very far south to see a sharp contrast in the average rainfall to this date.

In fact, Oakland, just 6 miles across the bay from San Francisco has received only 6.21 inches of rain which is only 57 percent of the average for this date of 10.87 inches. By contrast, downtown San Francisco has received 14.54 inches or 107 percent of the average to this date.

The South Bay has a long away to go to catch up to average with 4.10 inches of rain or a paltry 55 percent of the season average to date.

The flooding and mudslides in Sonoma County this past week are a reflection of the heavy rainfall which has boosted the average precipitation at Santa Rosa to 166 percent and Napa 119 percent.

All of the reservoirs in Marin County are full and spilling. In the mountains, the Central Sierra Snow Lab reports the average total precipitation from rain and snow is 102 percent of the yearly average to date.

Despite recent rains in the Los Angeles basin, downtown L.A. has only received .78

inches so far this season. The that my affect Southern Califor-

The medium range fore-

average for this date is 3.98 nia with rain, and snow in the mountains.

Meteorologist Mike Pechfor Northern Calif next week Climate and Weather Specialist.

# Michael L. Bennardo

1948-2024

Mike's light was extinguished unexpectedly on December 27, 2024. A native of San Francisco, and a graduate of San Leandro High School, Mike was proud of his Bay Area roots.

Mike served in Viet Nam and as a firefighter/paramedic with Alameda County Firefighters Local 55. His free time was spent on his Arlen Ness chopper, surfing in Santa Cruz, or rooting on the SF

Giants. He was a force of nature who lived life to the fullest with no regrets. His rebel spirit and snarky humor was a balm in a troubled world.

He and his wife, Lori, shared many happy times in Italy. As Cal Berkeley grads, they were avid Bears football fans. Known as the 'Mike and Lori Show,' they exited life's stage only a few short weeks apart.

Mike is survived by his sons Brennan Bennardo (Annie) of San Jose and Devin Bennardo (Benazeer) of Pleasanton (and their mother, Linda Bennardo of Pleasanton); four granddaughters: his sister, Kathryn Padro (Alfred) of Castro Va ley; and his sister-in-law Sheri Jensen of Concord. Contact family members for further information. Memorial gifts: World Central Kitchen (www.wck.org) for their support of firefighters/victims of the LA fire.





Goodfellas Barbershop, Es- Eric F. Anderson, Inc., Asian Waste Management, Alatrella's Beauty Salon, Pallen's Health Services, Families meda County Industries, Da-Martial Arts, DC Dance Stu- United, Davis Street Commu- vis Street, City of San Leandro dio, Bottom Line Accounting, nity Center, San Leandro Edu- and F.H. Dailey Chevrolet.

Fleurs D'Amour and Joy, Garage Door, Ancestors Cafe,

of San Leandro were: Fastest Afaf Translation, Talbot Team cation Foundation, Broadmoor Labs of San Leandro, Fresh Real Estate, Budget Blinds of Preschool, and Bold Property Auto Collision San Leandro, San Leandro, R & S Overhead Restoration.

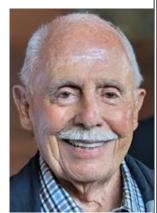
Sponsors of the competi-Curious Finance, Moonstone San San Tea House, Roccab's tion and event were the Port of Skincare Studio, Bloom Yoga, Cafe, Porque no? Tacos, Oakland, Kaiser Permanente,

# **Kent William Myers**

February 23, 1941 ~ February 6, 2025 Resident of San Leandro

Kent William Myers, passed away peacefully at his home on February 6, 2025, surrounded by his loving family. He leaves behind his beloved wife, Michal. Kent will be deeply missed by his sons, Timothy and Troy; daughters-in-law, Brenda and Yvonne; cherished grandchildren, Karina, Morgan, Micaela, and Logan; and a wide circle of dear friends.

A dedicated public servant, Kent served his community in numerous leadership roles, including Vice Mayor and Council Member of San Leandro, Board Chairman of Eden and San Leandro Hospitals, Chairman of the San Leandro Police Chief's Advisory Board, and Commodore of Spinnaker Yacht Club. His distinguished 45-year career as CFO of D.W. Nicholson continued into his retirement with service on their board.



Kent will be dearly missed by all who knew and loved him. May he rest in peace.

Friends and family are invited to the following events in celebration of his life and

- Visitation at Santos-Robinson Mortuary on Tuesday, February 18, 4:00 PM to 8:00 PM.
- Funeral service at St. Felicitas Church in San Leandro on Wednesday, February 19, from 11:30 AM to 12:30 PM.
- Luncheon reception to follow at St. Felicitas Church.
- Interment at Holy Sepulchre Cemetery in Hayward at 2:30pm

Flowers are welcome, and donations may be made to the charity of your choice in

The Myers family deeply appreciates your kindness, loyalty, love, and support during this difficult time.

Condolences may be offered to the family, and further details may be found in Kent's online obituary at https://www.santos-robinson.com/.



San Leandro Times **12** THURSDAY, FEBRUARY 13, 2025

# Jones Dickson: New district attorney vows to improve DA's office

continued from front page

convicted criminals.

start rebuilding the office, Tam said. "She will also bring which suffered several key an understanding of the needs a meda For resignations during Price's of victims and their families to E v e r y o n e time as D.A. Dickson also the criminal justice system." promised to get rid of restricprosecutors.

Leandro, San Lorenzo, Ala- rected toward Asians, told mein an email that Jones Dickson Jones Dickson's selection. will improve the D.A.'s office.

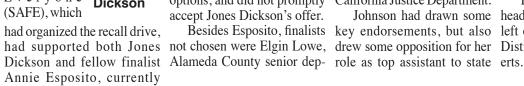
will bring balance in carrying been murdered November, with her detrac- out the duties of the office, while working tors charging she was overly and help restore the training as a securilenient toward defendants and programs to develop the pros- ty guard for ecutorial skills of a new gen- KRON 4 tele-Jones Dickson vowed to eration of district attorneys," vision news.

Some prominent recall tions on charging crimes, supporters told media outwhich critics said hampered lets they were happy Jones Dickson had been selected. District 3 supervisor Lena Co-chair Carl Chan, a leading Tam, who represents San activist against hate crimes di-

Also pleased with the se-

Reunion: Taught at CV High

Save A1-



assistant district attorney in

Contra Costa County. The same two finalists meda and part of Oakland, said dia outlets he was happy with had also been endorsed by the Peace Officers Research Association of California,



**Judge Jones Dickson** 

enforcement officers.

being selected, Jones Dickson County deputy district attor- earlier served as an Alameda said she would ask Esposito ney; LaTricia Louis, deputy County prosecutor and as to join her at the D.A.'s office counsel for Alameda County; chief assistant to Contra Costa as a top assistant. Esposito and Venus Johnson, chief dep- County district attorney Diana said she was still considering uty attorney general with the Becton. options, and did not promptly California Justice Department. accept Jones Dickson's offer.

had supported both Jones not chosen were Elgin Lowe, drew some opposition for her District Attorney Royl Rob-

Besides Esposito, finalists key endorsements, but also left office by Chief Assistant

but also unfriendly toward law uty district attorney; Yibin Attorney General Rob Bonta. Shen, Alameda City Attor- This made her an "outsider" to Almost immediately after ney; Jimmie Wilson, Alameda some critics, though she had

> The D.A.'s office had been Johnson had drawn some headed temporarily after Price

#### "Judge Ursula Jones Dick- lection was Virginia Nishita, which saw Price as not only continued from page 5 son, our new district attorney, whose husband Kevin had too lenient toward criminals

continued from front page

one in that year's class.

Dale can be reached at one knows the whereabouts coach and athletic director. of any member of the Class of 1948.

back in their high school days Bakery in San Leandro. She other occupations. when the school auditorium worked as a secretary while was the site of the "Shuffle Bob finished college at San Jean nor I have heard from Inn" in Friday nights where Jose State. you could dance to all the latest hit records.

ven went into the navy and built a marina, The Driftwood someone would contact us."

Scan the QR code,

or visit SanLeandroRecycles.com/

newservices for more information.

During his 33 years at dberv1@gmail.com if any- CVHS, Berven was a teacher, mates that he's aware of went

flew jets off aircraft carri- Marina, where she and Bob hope that a few of the 76 grads ers, including the U.S.S. did a variety of jobs. Eventuof the class of 1948 are still Hornet. He later became ally, they had enough of the around. They thought they one of the original teach- work and moved up north. might hear from a relative or ers at Castro Valley High Bob passed away in 2002 and friend in San Leandro of any- School, the year the school Jean now resides in Grass Valley.

Berven said other classon to careers as executives, After high school, Jean some went into education, and married Bob Cooper whose one became a county super-Dale and Jean remember family owned Homekraft intendent of schools, among

"Unfortunately, neither any relative or friend of the The couple raised three other 76 grads if any classchildren and later sold the mate is still alive," Dale said. After high school, Ber- bakery, moved to Antioch and "We would be appreciative if

SAN LEANDRO

# Warning: Several kinds of mushrooms are poisonous

was accidentally introduced white sac at the base. to North America on the roots not native to California.

The western destroying an-

Although the death cap is room that usually has a creamy mushrooms are responsible mainly associated with oak white cap, white gills, a white for most cases of mushroom trees, it has been found grow-ring around the stem that can poisonings in California, ing with other hardwoods. It disappear with age, and a thin deadly toxins can also be

of European cork oaks and into spring. It is associated occur in the Bay Area. For is now slowly colonizing the exclusively with oaks. Unlike more information about toxic West Coast. The death cap is the death cap, it is a native mushrooms, visit ebparks. California mushroom.

While the death cap and rooms.

gel is a medium to large mush- western destroying angel found in Galerina and Lepiota It fruits from late winter mushroom species, which also org/safety/trails/toxic-mush-

# **Kid- and Pet-Friendly Indoor Gardening**

By Melinda Myers Special to the Times

Creating an indoor oasis of greenery can help lift your spirits, reduce stress and improve your overall wellbeing.

Challenges arise when growing indoor plants with kids and pets in the house. Keep them safe by selecting pet- and kid-safe plants and pest management strategies.

Increase your indoor gardening success by selecting overwater your plants, grow toxic or too tempting. moisture-loving plants or opt neglect.

vention of Cruelty to Animals reduce the risk of tipping. (ASPCA) website for a list of pet-safe and toxic plants.

control center.

Display any toxic plants out of the reach of curious brighter light within two feet kids and pets. This can be of the window. Those that pre-



Prayer plant (Maranta leuconeura) is a tropical plant with beautiful, unique foliage that's non-toxic to pets and people.

plants suited to your home's and climbing. With so many growing conditions and gar- beautiful houseplants, play it

for more drought-tolerant cidental tipping by inquisitive to dislodge pests like aphids plants if you practice benign pets and kids with mounting and mites. putty. A couple of pieces on Once you have your list, the bottom of the pot will help like gnats are too annoying double-check their people reduce the risk of spilled plants to tolerate, consider manand pet toxicity. Consult with and soil. Invest in pots with aging them with a Bacillus your veterinarian and visit the wider bases for floor plants or thuringiensis israelensis prod-American Society for the Presecure several pots together to uct like Summit Mosquito

the list, place your kid- and controlling fungus gnat larvae If you suspect your pet pet-friendly plants where they and is non-toxic for people, or child has ingested a toxic will receive the necessary pets, and plants. plant, you'll have the proper amount of sunlight. An east- or plant name when contacting west-facing window provides ongoing care will help keep your veterinarian or poison enough light for most indoor your indoor plants healthy plants.

Keep those that need child is skilled at jumping near a north-facing window or Gardener's Handbook.

up to six feet back or off to the side of an east- or west-facing

Enlist children in the ongoing care of your indoor plants. This will help them gain respect for the plants and may instill a love of gardening.

Give kids a hand lens and go on an indoor pest hunt. Children often find bugs more interesting than plants. Have them place yellow sticky traps like in various pots to help monitor and trap insect pests.

Always look for kid- and dening style. If you tend to safe and avoid those that are pet-friendly options when intervention is needed. Start Secure plants against ac- with a strong blast of water

> And if those tiny fruit-fly-Bits. (SummitResponsibleS-Once you narrow down olutions.com). It's labeled for

> > Proper plant selection and and children and pets safe from harm.

Melinda Myers has written more than 20 gardening challenging if your cat or fer lower light can be grown books, including the Midwest

