

Below are listed some of the volunteer roles within Farnham ASSIST, along with a note of the main duties involved, and the key skills and attributes we are looking for in volunteers:

Role	Main duties	Key skills & attributes
One-to-one Befriender	Visit a housebound elderly person at home regularly for a chat and a cup of tea, or to write letters/read to them	Caring nature Good listener Enjoys chatting to people
Car Driver	As part of a team of drivers, provide transport for over 60s attending regular and one off events run by Farnham Assist.	Car driver holding full UK licence, with own car insurance cover
Cook / Food Preparation Assistant	<i>For monthly weekend lunches for the over 60s:</i> the Cook agrees the menu with the Lunch Coordinator, oversees the cooking and serving of the food and clears up the cooking area The Food Preparation Assistants help the cook prepare the vegetables etc, serve the lunch and clear the cooking area	Experience and enjoyment of cooking (particularly for the role of Cook) Enjoys company Works well in a team Cooks must hold a food hygiene certificate (training for this will be provided by Farnham ASSIST, if necessary)
Dining Room Assistant	<i>For monthly weekend lunches for the over 60s:</i> carry the meals to the tables, clear the tables, help with the washing up, clear up the dining room and the kitchen	Works well in a team
Minibus Driver	Drive minibus to provide transport for older people from the central Farnham area, to and from our monthly Sunday lunches. May also drive minibus for one-off events on an occasional basis.	Must be over 21 with a clean licence, which includes category D1 MIDAS driver accreditation is also required (training for this will be provided by Farnham ASSIST, if necessary)
Praise & Worship Helper	As part of a team, help to run short Christian services in local care homes and day centres, for the over 60s There are a variety of roles, including leading services, giving a short Biblical message, doing readings, leading prayers and playing the piano	Christian beliefs Speaking & presentation skills* Ability to teach the Bible simply* Enjoys chatting to older people* Piano player* <i>(*Not all these skills are necessary for every volunteer, as different team members perform different roles)</i>
Understanding Computers Tutor	Provide one-to-one computer training to the over 60s, from those who have never used a computer before to those looking to pick up new skills The emphasis is always on fun, friendly tuition	Good communicator Understanding of the basics of how to use a PC and the ability to explain this in everyday language