

Sundown on
Tuesday, Oct. 8,
Ends sundown on
Wednesday, Oct. 9

THE DAY OF ATONEMENT

YOM KIPPUR



WEEKEND WEATHER												FRIDAY	SATURDAY	SUNDAY
HOT Mostly clear skies and warm air all weekend														
HIGHS: 78-83														
0	10	20	30	40	50	60	70	80	90	100	110			
LOWS: 51-56														

San Leandro Times

AN INDEPENDENT HOMETOWN NEWSPAPER SERVING SAN LEANDRO, ASHLAND, SAN LORENZO AND SHEFFIELD VILLAGE

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THURSDAY, OCTOBER 3, 2019

SAN LEANDRO • CALIFORNIA



PHOTO BY JIM KNOWLES

Mike Heller went up high to brush up the Truth Is Beauty statue by the OSIssoft building.

Statue Brushed Up

By Jim Knowles
San Leandro Times

Mike Heller got a better view than most people of the Truth Is Beauty statue.

Heller works for Marco Cochrane, the artist who created the sculpture. He was given the job of cleaning and polishing the 55-foot-tall statue. He went up to the top,

starting on her fingertips like a manicurist and worked his way down.

The modern day Statue of Liberty needs an occasional touch up to keep her gleaming just like new. Heller got the job done, going up six stories high on Friday, Sept. 20, at the statue's home at the OSIssoft building near the San Leandro BART Station.

Artist Marco Cochrane built the 13,000-pound statue and first put it on display at the 2013 Burning Man art festival in Nevada. The stainless-steel statue came to San Leandro in 2016. It has 2,500 LED lights that can be programmed to create light shows.

see STATUE, page 16

SLHS Football Game Called Off Due to Threats

Police notify school of threats before game against McClymonds

By Andrew Joseph
San Leandro Times

The San Leandro High football game last Friday against McClymonds was cancelled for "safety reasons" because of threats of violence to take place during the game.

The Oakland Police Department informed the San Leandro Police Department on Thursday of word that something was going to happen at the game and the game was called off, according to the San Leandro school district.

"To our knowledge the source of the threat is still under investigation by the Oakland Schools Police Department, who is the agency who alerted the San Leandro Police Department," said San Leandro Unified School District spokeswoman Keziah Moss. "The school district was told that the threat originated from individuals outside of both school communities. Specifics regarding the nature of the threat are not being released at this time."

Pirates' head coach Brad Bowers said he is concerned about the threat.

"Our initial reaction to the game being cancelled was that we were upset because we just wanted to play football, but there are things more important that football like staying safe," said Bowers. "As a coaching staff we

tell our players that once you step on the field there is nothing you can do about anything outside the game."

San Leandro players feel let see CANCELED, page 16

SL Schools Cooler Now That AC Is Installed

By Mike McGuire
San Leandro Times

Just in time for a heat wave, Washington Elementary School on Dutton Avenue got air conditioning for the first time in its 103-year history. So did all the other schools in the district, which had gone without air-conditioning until after voters passed Measure J1 in November 2016.

The San Leandro Unified School District celebrated the milestone with an official ribbon-cutting on Tuesday, Sept. 24 at Washington School.

Student body president Kamiya McClure welcomed local officials and the press inside for see SCHOOLS, page 14

West Recalls Long Struggle for Better Life

By Jim Knowles
San Leandro Times

Many people in San Leandro disagree with Leo West's letters to the editor but West is unlikely to run from the criticism.

He spent five years as a political prisoner in Argentina for working to unionize a metal plant. He says he was beaten regularly.

"The guards always told you to run, but we would never run," West said. "So they beat you with their clubs."

West spent the first 16 years of his life in a little house on a farm. He says he's disappointed to say that today the dwelling is

used as a pigsty.

He got his first job at a Swift plant, the giant American meat processor, where 5,000 workers slaughtered the cattle from the vast ranch lands of Argentina.

West said his work to have a more just union got him fired, and he got another job at a metal shop. In his view, the unions were corrupt with leaders out for their self-interest, not to benefit the worker. That was in 1969 when the workers movement in Argentina under the military dictatorship exploded.

see WEST, page 5



PHOTO COURTESY OF LEO WEST

Leo West visited his boyhood home on a trip to Argentina which he said he's sorry to say is now used as a pig sty.

INSIDE YOUR TIMES

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City to re-write aggressive panhandling law. Page 3

FOOD

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MEETING SCHEDULES

CITY COUNCIL

Council meets on the first and third Monday of each month at 7 p.m. in City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call the City Clerk at 577-3367.

SAN LEANDRO SCHOOL BOARD

Board meets on the second Tuesday of each month at 7 p.m. in the City Council Chambers, City Hall, 835 E. 14th St., San Leandro. For more information, call Michelle Mayfield at 667-3522.



San Leandro Times

An independent hometown newspaper serving San Leandro, Ashland, San Lorenzo and Sheffield Village

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Pets of the Week



Knoxville

The Pets of the Week at the Hayward Animal Shelter, 16 Barnes Court in Hayward, are Knoxville the kitten and Samuel the bunny.

Knoxville, a sweet 4-month-old kitten, has sleek black fur and golden-orange eyes. He's super



Samuel

playful with his condo-mate Edward so would likely do well in a home with other cats. Neutered.

Samuel is a handsome bunny with salt-and-pepper fur and big brown eyes. He's sweet, easy going and allows you to pick him up and brush his fur. He would love to be a part of a loving family.

For more information on Knoxville or Samuel, call the Hayward Animal Shelter at 510-293-7200.

Friends of Library to Host Book Sale this Weekend

The Friends of San Leandro Library Fall Book Sale will be held Saturday and Sunday, October 5 and 6, at the Main

Library, 300 Estudillo Ave. in San Leandro.

Saturday sale hours, from 9 to 11 a.m., are held for members of the Friends of the Library, and then open to the public from 11 a.m. to 4 p.m.

On Sunday, from noon to 3 p.m., it's the All-Day Bag Sale at \$2 a bag.

Thousands of quality books, CDs, DVDs and LPs are available at rock-bottom prices. Come early for best selection. All proceeds benefit San Leandro Library programs and services.

Correction

The story "City Hires New Sustainability Manager" (Sept. 26, 2019) included an incorrect email address to reach the sustainability manager. The correct email address is sustainableSL@sanleandro.org.

Copeland to Perform *The Waiting Period* on Saturday

Brian Copeland's solo show, *The Waiting Period*, is as timely as ever with the nationwide concern about guns.

Copeland uses his own struggles with depression and suicidal thoughts in this moving show with riveting insights that's also funny, in keeping with Copeland's style.

The show comes to the Douglas Morrison Theatre in Hayward on Saturday, Oct. 5, at 8 p.m. Tickets are \$35. For tickets, visit www.dmtonline.org.

This deeply moving and surprisingly funny work outlines Copeland's own struggles with depression and is presented to everyone for entertainment and to remove all barriers for those who may be struggling with depression themselves.

The solo show is written and performed by Brian Copeland and directed by David Ford.

This drama looks at a turning point in Copeland's life – the mandatory 10-day waiting period before he could lay his hands on the newly purchased gun with which he planned to take his own life.

Laced with surprisingly funny moments that serve as a buffer against the grim reality of his intentions, Copeland hopes this very personal, and ultimately redemptive, story will reach people who struggle with depression—often called the last stigmatized disease—as well as their families and loved ones.

As critic Sam Hurwitt put it



San Leandro resident Brian Copeland will perform his solo show *The Waiting Period*, a timely piece amid the nationwide concern over guns.

in *The Idiolect*: "It's a play I'd strongly recommend to anyone who is now or has ever been depressed or who knows someone in that situation. But honestly, it's such a strong piece that I'd recommend it just as heartily to anyone who's ever been human."

Copeland's other theatrical works includes *Not a Genuine Black Man*, the longest-running one-man show in San Francisco history, *The Scion*, a tale of privilege, murder, and sausage, which received its World Premiere at The Marsh in January 2014, and the critically acclaimed Christmas classic, *The Jewelry Box*.

His next solo play is *Grandma & Me: An Ode to Single Parents*. Copeland and Charlie Varon

are touring *The Great American Sh*t Show*, monologues in the age of Trump.

David Ford (director) has been collaborating on new and unusual theater for three decades. The San Francisco press has variously called him "the solo performer maven," "the monologue maestro," "the dean of solo performance," and "the solo performer's best friend."

SLZ Adult School Resource Fair

San Lorenzo Adult School, 820 Bockman Road in San Lorenzo, will hold a Resource Fair on Tuesday, Oct. 8, from 9:30 to 10:30 a.m.; and Thursday, Oct. 10, from 6:30 to 7:30 p.m. in the Multipurpose Room.

Eden I&R, Davis Street, Meals on Wheels, Rubicon Programs (AJCC), San Lorenzo Library and Tiburcio Vasquez Health Center are a few confirmed guests.

This event is open to the public. To register for this event, visit <https://tinyurl.com/SLZAS-RF>.

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PHOTO BY STEVE ZELTZER

Picketers Support GM Strikers

United Public Workers For Action members show their support for striking General Motors workers on Sept. 28 in front of the F.H. Dailey Chevrolet dealership on Davis Street. It was part of a day of protests at General Motor dealerships nationwide. Dailey sells GM cars, but is not involved in the current strike by the United Auto Workers against the big carmaker.

San Leandro Repeals Its Panhandling Law

By Mike McGuire
San Leandro Times

San Leandro is currently without any sort of prohibition on aggressive panhandling, after the City Council voted unanimously on September 16, without debate, to repeal the city's ordinance passed in 2002.

City staff are working on drafting a new ordinance that would be narrower in its prohibitions and would focus on clear safety issues like panhandling in roads and on median strips.

Other laws to protect the public's safety remain in effect and can be used to block some of the abuses sometimes associated with panhandling, such as blocking sidewalks or outright assault, according to City Attorney Richard Pio Roda.

The Council action came after a court banned enforcement in May of a Sacramento ordinance similar to San Leandro's.

The Council action followed the recommendation of a report by Pio Roda and Assistant City Manager Elizabeth Warmerdam.

The council's Rules Committee had previously voted to support those recommendations.

Sacramento, banned from enforcing its law due to an injunction issued by a federal district court judge, revoked its ordinance rather than appeal further.

The ordinance had banned

asking people for money near banks, ATMs, store entrances and store driveways.

The appeal centered on a man who had been holding up a sign asking for money every day in front of a food co-op. There was no allegation he had been violent or aggressive.

In granting the injunction, sought by the man, a homeless group and the American Civil Liberties Union, federal district Judge Morrison C. England said all the restrictions Sacramento placed on panhandling were improper.

San Leandro's ordinance resembled Sacramento's, banning activity the judge in Sacramento specifically said should not be banned.

City Attorney Pio Roda said in his report to the City Council that San Leandro's ordinance would probably be overturned if challenged in court.

Interestingly, a state law

against begging in public remains in effect.

Safety issues raised by people panhandling on road medians, such as at Costco, remain and will be the focus of the forthcoming ordinance, said Assistant City Manager Warmerdam.

She also said guidance coming to local governments from the state has stressed dealing with panhandling as a social service issue, not a criminal matter.

Asked if the city has considered contacting individual homeless people, some of whom panhandle, to see what problems the city can help them resolve, Warmerdam said this has been done more than many people realize.

The city's social services and housing staffs are in touch with San Leandro's homeless, and the police department has a specific homeless liaison.

"We know most of the homeless," Warmerdam said.

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POLICE & FIRE

Pot Dispensary Robbers Captured In East Oakland

Four thieves using two vehicles who had robbed the Blüm marijuana dispensary on Fairway Drive on Sept. 22 by prying open its back door were tracked down and captured in East Oakland by San Leandro police.

The dispensary lost cannabis products and an undisclosed amount of cash, according to San Leandro police spokesman Lieutenant Isaac Benabou.

Police, alerted by an alarm and surveillance cameras, were on their way as the suspects finished their heist and fled.

The police did, however, get a license plate number from one vehicle, which they located the following day and put under surveillance.

The suspects committed three more burglaries, including one in Oakland where a safe was taken.

San Leandro detectives located the suspects at a house in East Oakland, conducted a search and arrested them. The safe was found at the house, damaged from unsuccessful attempts to open it.

Investigation revealed that one of the arrestees had rented a storage locker in San Leandro. Police obtained a search warrant.

Inside it they discovered nearly \$40,000 in cash in various denominations and a weapons arsenal.

Weapons found included semi-automatic handguns and assault rifles, along with high-capacity magazines and over 1,000 rounds of ammunition.

"This is still very much an ongoing investigation," said Benabou.

He added that detectives still need to put together several



PHOTO BY MIKE MCGUIRE

The Blüm cannabis dispensary at 1500 Fairway Drive was robbed by four people using two vehicles on Sept. 22.

pieces of the crime before presenting it to the District Attorney for review.

"However, we're satisfied knowing several deadly weapons have been taken off the streets and out of the hands of dangerous criminals," he said.

The four suspects remain in

custody.

They were arraigned September 25 at the East County Hall of Justice in Dublin.

They were identified as 25-year-old Terrell Gibson, 26-year-old Darrian Williams, 29-year-old Jaime Kilgore and 21-year-old Quinn Edwards.

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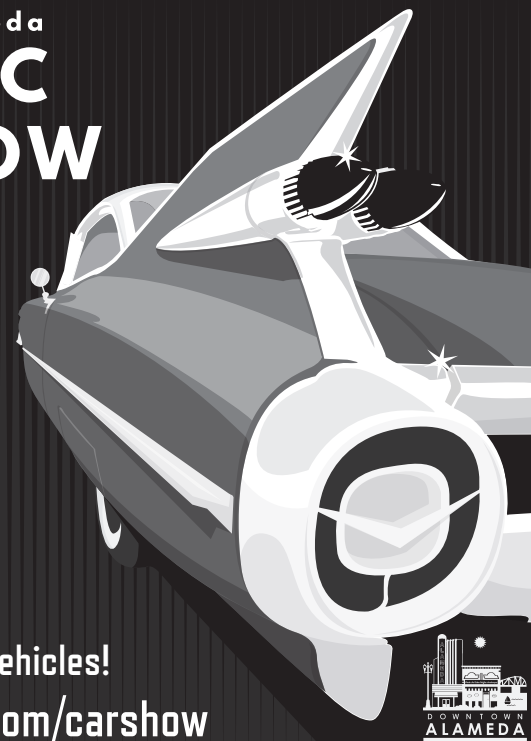
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NEIGHBORS



PHOTO BY JIM KNOWLES

Shoreline Cleanup

Les and Tricia Svenningsen of San Lorenzo pitched in to help clean up debris on the shoreline in San Leandro on Saturday, Sept. 21. Volunteers scoured the rocks and picked up lots of plastic and other types of litter. The local cleanup is part of the annual California Coastal Cleanup day.

ARTS & ENTERTAINMENT

❖ Douglas Morrisson Theatre
The Waiting Period

Brian Copeland's award-winning solo show will be presented on Saturday, Oct. 5, at 8 p.m. at the Douglas Morrisson Theatre, 22311 N. 3rd St., Hayward. Brian outlines his own struggles with depression and suicidal thoughts while featuring humorous and poignant insights. Tickets

are \$35 and can be purchased at DMTicketing@haywardrec.org

❖ Bal Theatre

A House Party Concert

The Bal Theatre, 14808 East 14th St. in San Leandro, will present Ralph Tresvant and Friends, Full Force & Force MD's *It's A House Party Concert* together for one

night of classic R&B hits on Saturday, Oct. 5, at 8 p.m. Doors open at 7 p.m. Tickets available at www.BALTheatre.com and the box office number is 510-614-7700.

❖ Center for the Arts

You've Got a Friend

The Carole King Songbook, *You've Got a Friend*, will be presented on Saturday, Oct. 12, at 7:30 p.m. at the Center for the Arts, 19501 Redwood Road in Castro Valley. This production will feature the stylish vocals and harmonies of The Rhythm Method 4 — *Up on the Roof*, *Will You Still Love Me Tomorrow?*, *A Natural Woman*, *I Feel the Earth Move* and more. Tickets are \$38 to \$40 and are available at www.cvfca.com; or at the Center Box Office, 19501 Redwood Road, Thursdays and Fridays 3 to 5 p.m. or call 510-889-8961, or at the Castro Valley Adult School, 4430 Alma Ave. in Castro Valley.

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COMMUNITY CALENDAR



❖ Hayward High Mega Raffle

Hayward High, 1633 East Ave. in Hayward, will host an alumni "Mega Raffle Friday Night Lights II" event on Friday, Oct. 4, with a tailgate party at 3 p.m. followed by a football home game at 7 p.m. Money raised will go toward student sports, academics, clubs and support services. Tailgate barbecue meal tickets are \$20 each. Raffle tickets are \$10 each, or three for \$25. Raffle prizes include golf at Blackhawk and Stonebrae courses, four plane tickets anywhere Alaska or Southwest flies, a Gary Clark original painting and more. Raffle items may be donated through Linda Veon at 510-504-3833 or Greg Olberg at 510-258-2113. Donations of food or beverages for the tailgate may be arranged with Frank Haro at 510-909-4040. More information and tickets at Facebook: [haywardhighalumfridaynightlights](https://www.facebook.com/haywardhighalumfridaynightlights) and Instagram: [haywardhighalum](https://www.instagram.com/haywardhighalum) or email haywardhighalum@gmail.com.

❖ Readers Roundtable

The San Leandro Readers Roundtable meets Saturday, Oct. 5, at 2 p.m. at the San Leandro Main Library, 300 Estudillo Ave., to discuss *An American Marriage*, Tayari Jones' chronicle of three people bound together and separated by forces beyond their control. All are welcome, and all books discussed are available for purchase in the Library's Booktique bookstore.

❖ Learning Squared-Liberia

The 2nd International Fundraising Summit will be on Saturday, Oct. 5, from 6 to 10 p.m. at the San Leandro Senior Community Center, 13909 East 14th St. The summit will bring together over 100 guests from North American and Liberia, including policy makers and academic leaders on the issues of empowering rural children with innovation and education and the tools to build a better future. Tickets are \$25. Find more information on the Learning Squared Liberia website www.learningsquaredlib.org.

❖ Wine Tasting at Assumption Church

Church of the Assumption, 1100 Fulton Ave. in San Leandro, invites you to a Bishop's Vineyard wine tasting on Sunday, Oct. 6, at 1 p.m. with wine, hors d'oeuvres, live music, and great fellowship. RSVP to fayeclements@yahoo.com, or call 510-882-5002.

❖ SL Art Association Meeting

The San Leandro Art Association's monthly meeting will be held on Tuesday, Oct. 8, at the San Leandro Main Library, 300 Estudillo Ave. Snacks and beverages will be served at 5:45 p.m. At 6:15 p.m. a short meeting takes place and at 6:35 p.m. a free art demonstration will start. The demonstrator, Shawn HibmaCronan, creates large scale artworks using various traditional and state of the art craft techniques. He was recently commissioned to create an installation at the upcoming Maximus Real Estate project on Alvarado Street. Members will also display artwork for the Artist of the Month Contest. The public is welcome.

❖ Sons in Retirement Meeting

SIR Branch #26 meets on the second Wednesday of each month at the Fairview Event Center at Metropolitan Golf Course, 10051 Doolittle Drive, Oakland, CA. Social Hour starts at 11 a.m., followed by lunch at noon. Steve Johnson, a National Parks Volunteer, and a Member of Sons of Union Veterans of the Civil War, will be the guest speakers at our SIR Luncheon Meeting on Oct. 9, 2019 and the topic will

be: "The Importance California played during the U.S. Civil War". To become a "Sponsored guest" and attend, call Ken at 510-537-480 for details. The cost for the October luncheon is \$25, payable in advance. Checks should be made payable to SIR Branch #26.

❖ Movie *Frida* at the Manor Branch Library

Come celebrate Hispanic Heritage Month with the movie *Frida* (Rated R) on Thursday, Oct. 10, from 5:30 to 7:30 p.m. at the Manor Branch Library, 1241 Manor Blvd. in San Leandro. Come and watch this Oscar winning film about the Mexican artist Frida Khalo. Free, no registration required. Light refreshments will be served.

❖ SL Unified School District Annual Address

Join the San Leandro Unified School District at the annual State of the District address on Friday, Oct. 11, from 8:30 to 9:30 a.m. in the San Leandro High School gym. Superintendent Dr. Mike McLaughlin will talk about plans for the district. An optional school tour will follow. RSVP on the SLUSD website at www.slusd.us to reserve your space today.

❖ Hearing Loss Association Meeting

The Hearing Loss Association Meeting will be on Saturday, Oct. 12, at the Oakland Kaiser Hospital, Fabiola Bldg., 3801 Howe St., lower level, room G26. Refreshments at 9:30 a.m. with the program beginning at 10 a.m. The speaker, Dr. Pragati Mandikal, research audiologist and hearing scientist, will discuss the latest advances in correcting hearing loss. Parking is free on Saturdays at the garage on Howe St. For more information, call 510-221-6080 or email info@hearinglosse.org.

❖ SLZ Library Fundraiser

Friends of the San Lorenzo Library, 395 Paseo Grande in San Lorenzo, will hold a fundraiser weekend book sale on Saturday, Oct. 12, from 10 a.m. to 4 p.m.; and Sunday, Oct. 13, from 1 to 4 p.m. Lots of books, CDs and DVDs for sale. Most book prices range from 10 cents to \$1 with some specialty books priced individually. No charge for admission. For more information, email kwebb1956@gmail.com.

❖ Tacos and Art Party

In honor of Hispanic Heritage Month (Sept. 15-Oct. 15), the San Leandro Public Library invites the residents to a fun and colorful Taco Tuesday with tacos and an art party with the Arts Council of San Leandro on Tuesday, Oct. 15, from 5 to 8 p.m. at the Main Library, 300 Estudillo Ave. Free traditional arts and crafts session for all ages. For more information, call the Main Library Information Desk at 510-577-3971.

❖ SL High School Reunion Class of 1999

The San Leandro High School Class of 1999 will hold its 20th reunion on Saturday, Oct. 19, from 7 to 11 p.m. at Playt, 1036 B Street in Hayward. Tickets are \$75. For more information, email slhsclassof1999@gmail.com or visit Facebook: San Leandro Class of 1999.

❖ Kiwanis Club Welcomes Visitors

Find out what the volunteers of Kiwanis are all about. Join them at one of their weekly lunch meetings and consider becoming a member on Tuesdays from 12:10 to 1:30 p.m. at The Englander, 101 Parrott St. in downtown San Leandro. A portion of each meeting is dedicated to a community speaker.

Calendar items should be submitted at least one week prior to the desired edition of the Times, which is published Thursdays. Space limitations require we print items of the most general interest.

HOROSCOPE by Salomé

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ARIES (March 21 to April 19) A changing situation calls for a change in plans. Although you might prefer the schedule you had already worked up, you could do better by agreeing to make the needed adjustments.



TAURUS (April 20 to May 20) That once seemingly rock-solid proposition you favored might be hiding some serious flaws. Take time to check it more carefully and question anything that seems out of kilter.



GEMINI (May 21 to June 20) Finish up those lingering tasks so that you can then arrange to spend some time in quiet reflection. This will go a long way in restoring both your physical and spiritual energies.



CANCER (June 21 to July 22) A family situation could heat up and boil over unless you deal with it as soon as possible. Try to persuade other family members to work with you to help cool things down.



LEO (July 23 to August 22) Cheer up, Kitty Cat! That low feeling will begin to ebb by midweek, and you should be back in the social swirl in time for the weekend. A long-postponed deal could be starting up again.



VIRGO (August 23 to September 22) Going too fast and too far on too little knowledge could be risky. Best to slow down and check for any gaps in your information. It's what you don't know that could hurt you.



LIBRA (September 23 to October 22) Trying to make peace among quarreling family members, friends or colleagues can be tough. Expect some resistance, maybe even some expressions of resentment. But stay with it.



SCORPIO (October 23 to November 21) Changing your mind doesn't have to be a problem once you realize that you might have good and sufficient cause to do so. Make your explanations clear and complete. Good luck.



SAGITTARIUS (November 22 to December 21) An unkept promise can be irksome and easily raise the Archer's ire. But instead of getting into a confrontation, take time to check why someone you relied on came up short.



CAPRICORN (December 22 to January 19) A new workplace distraction creates an unnecessary delay. The sooner you deal with it, the better for all concerned. A personal matter also should be attended to as soon as possible.



AQUARIUS (January 20 to February 18) Once again, the Aquarian's gift for applying both practical and creative methods to resolve a situation makes all the difference. Personal relationships thrive during the weekend.



PISCES (February 19 to March 20) A relationship appears to be losing its once-strong appeal for reasons that might be different from what you think. An open and honest talk could lead to some surprising revelations.

West: 'When the guards shut the windows, we talked through the drainpipes'

continued from front page

"In Cordoba, the metal workers, auto workers, light and power workers took over the plants and started to take over the city," West recalls. "It started happening all over the country."

The government brought in mounted police with clubs to put down the rallies. But the metal plant workers had a trick up their sleeve, ball bearings.

"They flooded the street with ball bearings and the police went down with their horses," West said. "The workers started to beat them with sticks and the police ran away."

But the victory was short-lived, he said. Next, the government sent in the army and the workers retreated. Later, he said the workers struck and forced the government to have elections but the leaders were mostly corrupt.

"In 1974, the tide started to change against us," West said. "They started organizing death squads."

West said that his group at the metal plant knew they might be sought out by the death squads.

"My plant organized self defense of buses transporting workers to and from work," he said. "And we took self-defense measures, not to sleep in the same house twice. And we didn't lose one worker."

The conflict went on but in 1975 the government arrested the union leadership at his metal plant. West was jailed for five years before he got out, due to the work of humanitarian groups, funded by the Quakers in Berkeley, he said.

But the time behind bars was put to good use and he learned a lot from other prisoners, he said.

"We didn't waste time," West said. "We had professors, lawyers, they gave lectures through the windows of the cells. When the guards shut the windows, we talked through the drain pipes."

The lectures were on politics, law, religion. The only book they were allowed was the Bible, and they studied every page, West said.

The prisoners all stayed loyal to each other, always refusing the guards' orders to run, taking a beating instead, he said.

"Nobody runs," he said. "They tell you to run, but we never ran. So they beat you."

West said his father was in touch with human rights groups and helped get the U.S. ambassador to send an envoy to the jail. Eventually the human rights commission of the United Nations came and started compiling information on the jail.

West had been held all that time with no charges against him.

"I had to wait four or five months more, and then one day they said, 'Come out with everything.'"

West was taken to the airport with a one-way ticket on Braniff Airways to the United States. He said the police watched to make sure he left the country.

West smiled, recalling that he found it funny, since a famous protest song in South America goes, "Braniff...fly to happiness."

West came to the Bay Area since the groups that helped free

him were in Berkeley. He went back to work in a machine shop and other blue-collar jobs, and retired in 2004.

As West sees it, the same problems he saw in Argentina exist in the United States. He points out he was jailed for 5 years when the constitution of Argentina says you can't be held for longer than 48 hours without charges.

That's one reason West said he agreed with Donald Trump when he said the system is rigged.

"No American presidential candidate has ever had the guts to say that," West said.

He agrees with Trump on that point, and on illegal immigration, but says he disagrees with other Trump ideas, including tax breaks for the rich. West believes people have mischaracterized him by stereotyping him based on his letters to the editor.

He says the workers are getting a bad deal under the so-called progressive leadership in the Bay Area, which has a severe housing shortage, record numbers of people who are homeless, and the highest gasoline prices in the country.

"I play soccer with a neighborhood team, I play cards, I like action movies," he said. "I'm not just this rabid political guy, you know."

West made two requests — that his current picture not appear because of the hateful phone calls and letters he gets from people who don't like his political views.



PHOTOS COURTESY OF LEO WEST

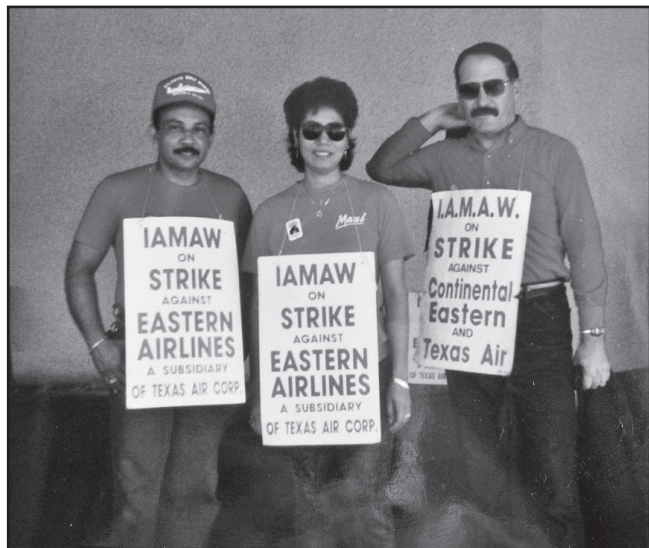
Leo West after he came to America poses for a photo on his Honda Nighthawk motorcycle. Below is the prison where West spent five years, though never charged with a crime.



He showed a letter calling him bitter, among other adjectives, as an example of the mail he gets, always from some anonymous person. And he doesn't pick up the phone anymore unless he knows the caller.

West's other request was that the story include a quote that he wrote down.

"In Argentina, I was just one more fish in a big ocean. In the United States, the ocean is missing. It's a very lonely struggle."



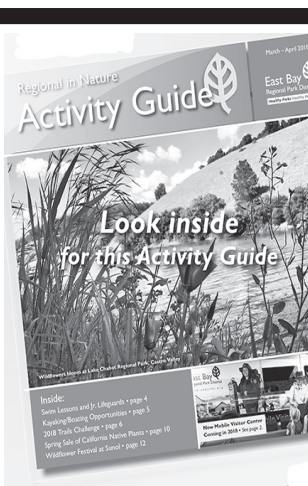
Leo West, right, joined Eastern Airlines workers when they went on strike in Miami in the '80s.

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St. Felicitas Catholic School

St. Felicitas Harvest Festival & Parade
Celebrating 60 years of Faith and Family
Saturday, October 5th
PARADE STARTS 8AM @ WASHINGTON PARK
FESTIVAL 9:30AM-9PM @ ST FELICITAS SCHOOL
OUTDOOR MULTILINGUAL MASS STARTS @ 4:30PM
Games Raffles Food Trucks Live Entertainment
1650 Manor Blvd, San Leandro, Ca

This issue of the San Leandro Times contains the East Bay Regional Park District Nov - Dec 2019 Activity Guide.

If your copy of the Times does not include the EBRP Activity Guide, call 510-614-1555 or stop by the Times office (2060 Washington Avenue, San Leandro, CA 94577) between 9:00 a.m. and 5:00 p.m. Monday through Friday to obtain one.



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LEGAL NOTICE

FILED
SEPTEMBER 03, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 562996

**FICTITIOUS BUSINESS
NAME STATEMENT**
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the business:
North Coast Enterprises, Inc. DBA Nor Cal
Tires and Wheels located at 42240 Fremont
Blvd., Fremont, CA 94538, in Alameda
County is hereby registered by the following
owner(s): North Coast Enterprises, Inc., 863
N. Main St., Fort Bragg, CA 94537. This
business is conducted by a corporation. This
business commenced 08-01-19.
/s/ North Coast Enterprises, Inc.

This statement was filed with the County
Clerk of Alameda County on date indicated
by file stamp above.

Expires SEPTEMBER 03, 2024
SEPT 12, 19, 26, OCT 03, 2019
0149-SLT

FILED
AUGUST 27, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 562794-796

**FICTITIOUS BUSINESS
NAME STATEMENT**
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the businesses:
(1) Hospice Audit & Charting (2) Hospice
Patient Care (3) Patient Compliance Audit located
at 4061 East Castro Valley Blvd. Suite 116,
Castro Valley, CA 94552, in Alameda
County is hereby registered by the following
owner(s): Matthew Bennett, 1420 Cliff Swallow
Dr., Patterson, CA 95363. This business
is conducted by an individual. This business
commenced N/A.
/s/ Matthew Bennett

This statement was filed with the County
Clerk of Alameda County on date indicated
by file stamp above.

Expires AUGUST 27, 2024
SEPT 19, 26, OCT 03, 10, 2019
0151-SLT

FILED
AUGUST 30, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 562960

**FICTITIOUS BUSINESS
NAME STATEMENT**
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the businesses:
Vern Waskom Company located at 5011
Preston Avenue, Livermore, CA 94551, in
Alameda County is hereby registered by the
following owner(s): VW Golf, Inc, 5011
Preston Avenue, Livermore, CA 94551. This
business is conducted by a corporation. This
business commenced 8/30/19.
/s/ VW Golf, Inc

This statement was filed with the County
Clerk of Alameda County on date indicated
by file stamp above.

Expires AUGUST 30, 2024
SEPT 26, OCT 03, 10, 17, 2019
0152-SLT

FILED
SEPTEMBER 11, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 563335

**FICTITIOUS BUSINESS
NAME STATEMENT**
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the businesses:
M.O.K. Transportation located at 390 Industrial
Pkwy #5, Hayward, CA 94544, in
Alameda County is hereby registered by the
following owner(s): Avtar Kittaney, 390
Industrial Pkwy #5, Hayward, CA 94544. This
business is conducted by an individual. This
business commenced 11/2013.
/s/ Avtar Kittaney

This statement was filed with the County
Clerk of Alameda County on date indicated
by file stamp above.

Expires SEPTEMBER 11, 2024
SEPT 26, OCT 03, 10, 17, 2019
0156-SLT

FILED
SEPTEMBER 20, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 563682

**FICTITIOUS BUSINESS
NAME STATEMENT**
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the businesses:
One Way Legal Administrative Solutions
located at 320 Best Avenue, San Leandro,
CA 94577, in Alameda County is hereby
registered by the following owner(s): Walter
Lee Hill Jr., 320 Best Avenue, San Leandro,
CA 94577. This business is conducted by an
individual. This business commenced N/A.
/s/ Walter Lee Hill Jr.

This statement was filed with the County
Clerk of Alameda County on date indicated
by file stamp above.

Expires SEPTEMBER 20, 2024
OCT 03, 10, 17, 24, 2019
0158-SLT

FILED
SEPTEMBER 25, 2019
MELISSA WILK
County Clerk
ALAMEDA COUNTY
By-----, Deputy
FILE NO. 563835

**FICTITIOUS BUSINESS
NAME STATEMENT**
Pursuant to Business and
Professions Code
Sections 17900-17930

The name of the businesses:
Rose Rosary located at 41 Astrida Drive,
Hayward, CA 94544, in Alameda County is
hereby registered by the following owner(s):
Cathrine Cosmiano, 41 Astrida Drive, Hay-
ward, CA 94544. This business is conducted
by an individual. This business commenced
N/A.
/s/ Cathrine Cosmiano

This statement was filed with the County
Clerk of Alameda County on date indicated
by file stamp above.

Expires SEPTEMBER 25, 2024
OCT 03, 10, 17, 24, 2019
0159-SLT

Recycle Your Mattress it's FREE and EASY!

BRING IT TO A PARTICIPATING COLLECTION SITE

OPTION 1

Habitat for Humanity ReStore

9235 San Leandro Blvd.
Oakland, CA 94603

Omega JV, Inc.

3449 Enterprise Ave.
Hayward, CA 94545

Hayward Transfer Station

3458 Enterprise Ave.
Hayward, CA 94545

Fremont Transfer and Recycling

41149 Boyce Rd.
Fremont, CA 94538

City of Berkeley Transfer Station

1201 Second St.
Berkeley, CA 94710



Pleasanton Transfer Station

3110 Busch Rd.
Pleasanton, CA 94566

Hours of operation and unit limits vary.
See website for details.

TAKE IT TO AN UPCOMING COLLECTION EVENT

OPTION 2

Cherryland Recycling Event

Every 3rd Saturday
On the corner of
Mission and Hampton

Oct. 19, Nov. 16,
Dec. 21

8am - 2pm
20095 Mission Blvd.
Hayward, CA 94541

Oakland Bulky Block Parties

Every last Saturday
Proof of residency
required

Oct. 26, Nov. 30,
Dec. 28

9am to 1pm
7101 Edgewater Dr.
Oakland, CA 94621



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LIFESTYLE

Baking Contests Gave Us Many Favorite Recipes

In 1949, the Pillsbury Bake-Off began as the "Grand National Recipe and Baking Contest," set in the elegance of New York City's Waldorf-Astoria Hotel.

It became the granddaddy of all cooking contests and a bellwether of what's going on in America's kitchens.

Over the past 70 years, cooking and baking contest recipes have been printed in dozens of cookbooks and have become family favorites. Here are some samples.

GREEK QUESADILLAS

Dipping Sauce:

- 2/3 cup plain yogurt
- 1 tablespoon chopped fresh dill weed
- 1 teaspoon extra-virgin olive oil
- 1 teaspoon lemon juice
- 1 clove garlic, finely chopped

Quesadillas:

- 1 cup crumbled feta cheese
- 1 cup shredded Mozzarella cheese
- 1 cup peeled and diced cucumber
- 1 large tomato, finely chopped
- 1/2 cup chopped pitted kalamata olives
- 1/8 teaspoon salt
- 1/8 teaspoon pepper
- 8 8-inch flour tortillas

In small bowl, mix yogurt, dill weed, oil, lemon juice and garlic; set aside.

In large bowl, mix feta cheese, mozzarella cheese, cucumber, tomato, olives, salt and pepper.

Heat 12-inch nonstick skillet over medium heat. Sprinkle 1/2 cup cheese mixture onto half of each tortilla. Fold untopped half of each tortilla over cheese mixture; gently press down with pancake turner.

Cook 3 quesadillas at a time in hot skillet about 2 minutes on each side, gently pressing down with pancake turner, until tortillas are light brown and crisp and cheese is melted. Remove from skillet; place on cutting board. Cut each quesadilla in half. Serve warm with yogurt mixture.



Greek Quesadillas

DOUBLE CHOCOLATE ORANGE SCONES

Scones:

- 2 cups all-purpose flour
- 1 cup granulated sugar
- 1/3 cup Hershey's baking cocoa
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- 1/3 cup cold butter, cut into 1/2-inch pieces
- 3/4 cup whipping cream
- 1/4 cup sweet orange marmalade
- 1 teaspoon vanilla extract
- 1 cup Hershey's semi-sweet chocolate chips
- 2 ounces Hershey's semi-sweet baking chocolate

Orange Butter:

- 1/2 cup butter, softened
- 1/4 cup powdered sugar
- 2 tablespoons orange marmalade

Heat oven to 375°F. Line

large cookie sheet with cooking parchment paper. In large bowl, mix flour, granulated sugar, cocoa, baking powder and salt. Cut in 1/3 cup cold butter, using pastry blender or fork, until mixture looks like coarse crumbs.

In small bowl, gently stir cream, 1/4 cup marmalade and vanilla until mixed. Make a well in center of crumb mixture; add cream mixture to well. Stir with fork until crumb mixture is moistened and dough is sticky. Gently stir in 1 cup chocolate chips. Form dough into a ball.

On well-floured surface, roll or pat dough into 9-inch round, 3/4 inch thick. Using knife dipped in flour, cut round into 12 wedges. Place 1 inch apart on cookie sheet. Sprinkle with sugar. Bake 14 to 18 minutes or until edges are set. Remove from cookie sheet to cooling rack. Cool 30 minutes.

In small microwavable bowl,

microwave baking chocolate uncovered on High 30 seconds until softened; stir until smooth. Drizzle diagonally over scones.

In small bowl, beat 1/2 cup butter and powdered sugar with fork until light and fluffy. Stir in 2 tablespoons marmalade. Serve with scones. Makes 12 scones.

PESTO-QUINOA-SPINACH QUICHE

- 1 9-inch single pie crust
- 1 cup provolone cheese, shredded
- 1 cup water
- 1/2 cup uncooked quinoa, rinsed, well drained
- 1/4 cup basil pesto
- 1/4 cup pine nuts, toasted*
- 1 (9-ounce) pkg frozen chopped spinach, thawed and squeezed to drain

- 1-1/4 cups grated Parmesan
- 4 eggs
- 1-1/2 cups half-and-half
- 1/4 teaspoon salt
- 1/8 teaspoon black pepper
- 2 tablespoons thinly sliced fresh basil leaves, if desired

Heat oven to 425°F. Place pie crust in 9-inch deep-dish glass pie plate; flute edge. Bake 5 minutes. Remove from oven. Sprinkle provolone cheese over partially baked crust. Reduce oven temperature to 350°F.

Meanwhile, in 2-quart saucepan, heat water to boiling over high heat. Stir in quinoa; reduce heat to low. Cover; simmer 12 to 15 minutes or until water is absorbed. Remove from heat. Fluff with fork. Stir in pesto, pine nuts, spinach and 1 cup of the Parmesan cheese. In large bowl, beat eggs, half-and-half, salt and pepper with wire whisk until well blended. Gently fold quinoa mixture into eggs. Pour filling into crust. Sprinkle with remaining 1/4 cup Parmesan cheese.

Bake at 350°F for 30 to 35 minutes longer or until knife inserted in center comes out clean and edge of crust is golden brown. Sprinkle with basil. Let stand 10 minutes before serving. Makes 8 servings.

*To toast pine nuts, cook in ungreased heavy skillet over medium heat 5 to 7 minutes, stirring frequently until nuts begin to brown, then stirring constantly until light brown. Remove from

skillet to plate to cool.

TUNNEL OF FUDGE CAKE

- 1-3/4 cups butter, softened
- 1-3/4 cups granulated sugar
- 6 eggs
- 2 cups powdered sugar
- 2-1/4 cups flour
- 3/4 cup cocoa powder
- 2 cups chopped walnuts
- Cocoa Glaze (recipe follows)

Beat butter (or margarine) and granulated sugar in large bowl until light and fluffy. Add eggs, 1 at a time, beating well after each addition. Gradually add powdered sugar, blending well. By hand, stir in flour, cocoa and walnuts, until well blended.

Spoon batter into greased and floured 12-cup fluted tube pan or 10-inch angel-food tube pan.

Bake at 350°F for 58 to 62 minutes. Cool in pan on cooling rack 1 hour. Invert cake onto serving plate and allow it to cool completely.

Spoon Cocoa Glaze over top of cake, allowing some to run down sides. Makes 16 servings.

Cocoa Glaze

- 3/4 cup powdered sugar
- 1/4 cup unsweetened cocoa powder
- 1-1/2 to 2 tablespoons milk

Combine sugar, cocoa and milk in small bowl until well blended.

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St. Leander School



Preschool Information Meeting

(Currently Enrolling 3 & 4-year-olds)

Tuesday, October 15, 2019

Prospective parents, please join us for an opportunity to meet the teachers and learn about our preschool program.

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DOWN TOWN
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FARMERS' MARKET
Wednesdays • 4PM - 8PM
MAR 27TH - OCT 9TH
PARROTT ST. & E. 14TH ST.

October 9th is the last day of the season for the Downtown San Leandro Farmers' Market!

Thank you for making 2019 yet another successful year for local farmers, businesses, and community. We wish you a cosy, safe, and joyful winter. We can't wait to see you next spring for the 2020 farmers' market season!

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Blue Angels Coming to North Field, Prepare for Jet Engine Noise

Navy jet aircraft, the Blue Angels, will arrive on Sunday (Oct. 6) for the upcoming Fleet Week that runs through Oct. 14, so expect to hear more jet engine noise than usual in San Leandro.

The Blue Angels will be

stationed at the North Field of Oakland Airport.

The approach to the North Field runway, where the smaller airplanes land, goes right over San Leandro.

The Blue Angels will conduct

publicity flights and practice through the week before the air shows Oct. 11 through Oct. 13 at about noon each day.

For the Blue Angels general schedule, visit our website at www.flyquiotoak.com

Aircraft noise concerns may be directed to the Fleet Week Info Line at 415-306-0911.

You may also contact the Oakland International Airport's Noise Hotline at 510-563-6463.

OAK Main Runway Closure

The Oakland International Airport will be closing Runway 12-30 on Sunday, Oct. 6, from 10:30 p.m. to 6 a.m. for scheduled rubber removal.

The North Field runways will be used during this time for jet

departures and landings. Aircraft may overfly residential areas and residents may experience unusual aircraft noise.

The Port of Oakland apologizes in advance for any disturbances. Aircraft noise concerns may be directed to Noise Hotline at 510-563-6463.

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Senior Lunch Menu

Lunch provided by Spectrum Community Services

A low-cost senior lunch provided by Spectrum Community Services is served on weekdays at the San Leandro Senior Center, 13909 East 14th St.

Everyone age 60 and up can have lunch. A suggested donation is \$3.75, but no one is refused for lack of funds. (\$10 for those under 60.) Call 24 hours ahead to reserve a lunch (1-510-825-9793) or sign up at the Senior Center.

The menu for lunch next week, Oct. 7 to Oct. 11, is:

Monday – Barbecued chicken, hearty vegetable soup. Ital-

ian seasoned green beans, whole wheat roll, oranges.

Tuesday – Beef burger on wheat bun with tomato, pickle and onion, lentil and black bean soup, strawberries.

Wednesday – Mock crab and egg salad over Romaine lettuce with tomato, whole wheat bread, fruit mix.

Thursday – Turkey lasagna, tossed vegetable salad, whole wheat rolls, grapes.

Friday – Teriyaki chicken, mushroom barley soup, lemon seasoned broccoli, rice, honeydew melon.

Art Association October Meeting

The San Leandro Art Association's monthly meeting will be held on Tuesday, Oct. 8, at the San Leandro Main Library, 300 Estudillo Ave. Snacks and beverages will be served at 5:45 p.m. At 6:15 p.m. a short meeting takes place and at 6:35 p.m. a free art demonstration will start.

The demonstrator, Shawn HibmaCronan, creates large scale artworks using various traditional and state of the art craft techniques.

Members will also display artwork for the Artist of the Month Contest. The public is welcome.

San Lorenzo High School to Host College Night 2019 on October 10

San Lorenzo High School, 50 E. Lewelling Blvd. in San Lorenzo, will host College Night 2019 on Thursday, Oct. 10, from 5 to 7 p.m. in the West Gym.

Over 45 universities, commu-

nity colleges, and related organizations committed to promoting a college-going culture will be in attendance. Open to all students in grades 6 through 12 and their families.

Manor Branch Library to Screen *Frida* Next Thursday

Celebrate Hispanic Heritage Month with the movie *Frida* (Rated R) on Thursday, Oct. 10, from 5:30 to 7:30 p.m. at the

Manor Branch Library, 1241 Manor Blvd. Come and watch this Oscar winning film about the Mexican artist Frida Khalo.

Hayward High to Host Mega Raffle on Friday Night

Hayward High, 1633 East Ave. in Hayward, will host an alumni "Mega Raffle Friday Night Lights II" event on Friday, Oct. 4, with a tailgate party at 3 p.m. followed by a football home game at 7 p.m.

Money raised will go toward student sports, academics, clubs and support services. Tailgate barbecue meal tickets are \$20 each. Raffle tickets are \$10 each,

or three for \$25.

Raffle prizes include golf at Blackhawk and Stonebrae courses, four plane tickets anywhere Alaska or Southwest flies, a Gary Clark original painting and more.

More information and tickets at Facebook: [haywardhighalum-fridaynightlights](https://www.facebook.com/haywardhighalum-fridaynightlights) and Instagram: [haywardhighalum](https://www.instagram.com/haywardhighalum) or email haywardhighalum@gmail.com.

SENIORS

Disability Benefits If Unable to Work

By Jim Miller
Special to the Times

Getting Social Security disability benefits when you're unable to work can be challenging. Last year, more than 2 million people applied for Social Security disability benefits, but two-thirds of them were denied, because most applicants fail to prove that they're disabled and can't work.

Here are some steps you can take that can help improve your odds.

Get Informed

The first thing you need to find out is if your health problem qualifies you for Social Security disability benefits.

You generally will be eligible only if you have a health problem that is expected to prevent you from working in your current line of work (or any other line of work that you have been in over the past 15 years) for at least a year or result in death.

There is no such thing as a partial disability benefit. If you're fit enough to work part-time, your application will be denied.

You also need not apply if you still are working with the intention of quitting if your application is approved, because if you're working your application will be denied.

Your skill set and age are factors too. Your application will be denied if your work history suggests that you have the skills to perform a less physically demanding job that your disability does not prevent you from doing.

To help determine if you are disabled, visit SSA.gov/planners/disability/qualify.html and go through the five questions Social Security uses to determine disability.

How to Apply

If you believe you have a claim, your next step is to gather up your personal, financial and medical information so you can be prepared and organized for the application process. You can apply either online at SSA.gov/

applyfordisability or call 800-772-1213 to make an appointment to apply at your local Social Security office, or to set up an appointment for someone to take your claim over the phone.

The whole process lasts about an hour. If you schedule an appointment, a "Disability Starter Kit" that will help you get ready for your interview will be mailed to you. If you apply online, the kit is available at SSA.gov/disability/disability_starter_kits.htm.

It takes three to five months from the initial application to receive either an award or denial of benefits. The only exception is if you have a chronic illness that qualifies you for a "compassionate allowance" (see SSA.gov/compassionateallowances), which fast tracks cases within weeks.

If Social Security denies your initial application, you can appeal the decision, and you'll be happy to know that roughly half of all cases that go through a round or two of appeals end with

benefits being awarded.

But the bad news is with a backlog of around 800,000 people currently waiting for a hearing, it can take 12 to 24 months to get one.

Get Help

You can hire a representative to help you with your Social Security disability claim. By law, representatives can charge only 25 percent of past-due benefits up to a maximum of \$6,000 if they win your case.

It's probably worth hiring someone at the start of the application process if your disability is something difficult to prove such as chronic pain.

If, however, your disability is obvious, it might be worth initially working without a representative to avoid paying the fee. You can always hire a representative later if your initial application and first appeal are denied.

To find a representative, check with the National Organization of Social Security Claimants'



The first thing you need to find out is if your health problem qualifies you for Social Security disability benefits.

Representatives (NOSSCR.org, 845-682-1881) or National Association of Disability Representatives (NADR.org, 800-747-

6131). Or, if you're low-income, contact the Legal Services Corporation (LSC.gov/find-legal-aid) for free assistance.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org.

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REAL ESTATE GALLERY



REAL ESTATE REALITY

By Carl Medford, CRS
Special to the Times

GUEST COMMENTARY



Changing Needs Into Wants

With local home prices at stratospheric levels, some buyers are struggling to find homes they can afford that include the amenities they desire.

Adding to the distress is a common disconnect between what buyers think they "must" have vs. what they actually need. This disparity increases frustration levels for buyers and agents alike.

Some buyers seem to have lost sight of the primary benefits of homeownership: a roof over their heads, significant tax benefits and a pathway to building wealth.

Instead, they focus on stone countertops, remodeled bathrooms, laminate floors and more.

A significant group of buyers, hoping to score their favorite amenities, have adopted the practice of writing lowball offers on homes priced above their affordability range hoping the sellers will drop to the level of their limitations.

A listing agent recently questioned a buyer's agent as to why their client had written a low offer. The buyer's Realtor responded, "That is as high as they can go." The listing agent's

reply? "Then have them write offers on homes they can actually afford."

Since the ultimate goal is home ownership, a solution is to change the perceived 'needs' into "wants." A need is something you cannot live without: a want is something that would be nice if possible.

Here are 5 suggestions:

- *Modify your size requirements.* While four bedrooms and 2,000 sq/ft might be nice, can you survive with three? Do you need both a living room and family room? How about 1,500 sq/ft?

- *Consider homes with smaller yards.* Some of my favorite childhood memories come from a home that had a very small yard. We looked forward to visits to the park on weekends.

- *Amend your 'must have' list.* While stone counters are nice, they also add to the home's price, as do stainless steel appliances, remodeled bathrooms and laminate floors. Millions of kitchens around the world work just fine with tile counters, older appliances and linoleum floors.

You can make changes after you have lived there a while.

- *Reconsider your school requirements.* While top-rated school districts are great, many individuals have succeeded in life without attending top-ranked schools.

- *Do not overlook condos, townhouses or duets.* Remember that the initial goal is to get into a home, not to get the home of your dreams. Thousands in the Bay Area have used condos or townhouses as their first step in the homeownership journey.

Carl Medford is a licensed Realtor with Keller Williams Realty and a licensed general contractor. This article is sponsored by the Central County Marketing Association.

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Located in the Oakland Hills neighborhood of Sheffield Village, this home was thoughtfully built to accentuate the million-dollar views from this updated three bedroom, two and one-half bath home. The split-level floor-plan is perfect for entertaining and flows easily from the formal rooms to the outside - where an expansive deck runs the width of the home. The spacious kitchen takes full advantage of the panoramic Bay views and features granite counters, a large breakfast bar and abundant cabinet space. Additional amenities include two bonus rooms and a master suite with double closets. The terraced back yard features fruit trees, walking paths and plenty of room for gardening. The attached two-car garage has interior access and lots of storage. **Offered at \$949,000.** For more information, contact **Michelle R. Miller, Associate Broker, of Compass at 510-701-3442. BRE# 01012751**



COMPASS

Bougainvilleas Need More Light to Bloom

By Buzz Bertolero
Special to the Times

Q We bought bougainvilleas last year with beautiful pink flowers. But by August, it had not bloomed. It is facing the west side of the home.

A Bougainvilleas need lots of light — at least six hours — in order to bloom. They're much like a Poinsettia. The color portion of the plant is a modified leaf called a bract. The bracts need lots of bright light in order to turn color.

The actual flower is the

structure in the center of the bracts. With bougainvillea, the flower is the white structure that looks like a cross or circular disk. It's referred to as an incomplete flower as it has no sepals or petals.

The western exposure should be perfect. However, if it's planted under an eave or is shaded by a building or large tree, it might not be getting enough sun. So, I can't tell you for sure what the cause is but the problem is with the light.

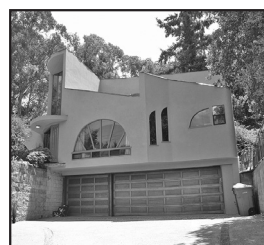
Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com and questions

can be sent by email to buzz@bookatfacebook.com/Buzz.dirtgardener.com or on Facebook.com/Buzz.dirtgardener.com



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S	2-4:30	2-4:30	11733 Cranford Wy.	\$949,000	3/2.5	Compass RE	Micheal Miller	510-701-3442
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Avoid Porch Damage

By Buzz Bertolero
Special to the Times

Q I'd like to plant a couple of tall, deciduous trees to shade a southwest porch as well as a second-story window. My first choice is the Liquidambar for its leaf shape and fall color. The Sunset Western Garden Book mentions that the tree puts out surface roots. I plan to dig a hole four to five feet deep and as wide. Will this alleviate the root problem? It would be an expensive mistake if the roots tore up my porch.

A Unfortunately, increasing the size of the planting hole isn't going to solve the surface root problem.

Liquidambar roots more than likely will come to the surface but not anytime soon. It will occur sooner with surface watering and you prolong it by using a deep root irrigator to water during the summer months.

So, I wouldn't risk planting a Liquidambar tree and damaging the porch. Instead, I suggest that you consider planting a crape myrtle or flowering pear (not the evergreen pear). Typically these trees do not have

a columnar shape, as they're more "vase" shape.

With a little pruning you can straighten out the sides and have them grow as you want. Depending on the variety, crape myrtles bloom July through September, while flowering pears bloom in February and March. They both have marvelous fall color but don't have a maple like leaf.

Another option is the deciduous saucer magnolias. They have elegant flowers in the spring, but no fall color. Magnolia soulangiana or soulangiana Jurmag are two varieties available from Monrovia to consider.

For more information go online to monrovia.com. Their availability is limited at this time of the year. February through April is when I'd check with your favorite garden center.

Buzz Bertolero is an Advance California Certified Nursery Professional. The Dirt Gardener's website is www.dirtgardener.com

and questions can be sent by email to buzz@dirtgardener.com or on Facebook at [Facebook.com/Buzz.Bertolero](https://www.facebook.com/Buzz.Bertolero)



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San Leandro

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51 Cornwall Way	94577: \$626,000	3 BD - 1,659 SF - 1979
15039 Norton Street	94579: \$630,000	3 BD - 1,029 SF - 1948
14657 Midland Road	94578: \$700,000	4 BD - 1,508 SF - 1942
3753 Lamoureux Street	94578: \$725,000	1,517 SF - 1978
14586 Juniper Street	94579: \$725,000	3 BD - 1,096 SF - 1953
990 Castle Street	94578: \$738,000	3 BD - 1,344 SF - 1954
1282 Alder Creek Circle	94577: \$750,000	3 BD - 1,773 SF - 2002
763 Joaquin Avenue	94577: \$769,000	1 BD - 810 SF - 1917
547 Kenilworth Avenue	94577: \$825,000	3 BD - 1,202 SF - 1920
1206 Victor Avenue	94579: \$868,000	2,191 SF - 1951
2422 Lakeview Drive	94577: \$1,015,000	4 BD - 2,064 SF - 1963

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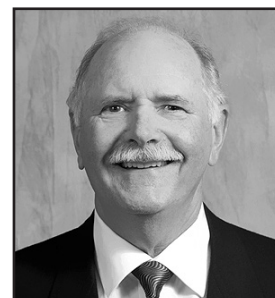
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This issue of the Castro Valley Forum contains the East Bay Regional Park District Nov - Dec 2019 Activity Guide.
If your copy of the Forum does not include the EBRP Activity Guide, call 510-614-1555 or stop by the Forum office (2060 Washington Avenue, San Leandro, CA 94577) between 9:00 a.m. and 5:00 p.m. Monday through Friday to obtain one.

Regional Nature Activity Guide
Look inside for this Activity Guide
Inside:
• San Leandro and J. L. Liguori's page 4
• Keweenaw Island page 5
• 2018 Fall Calendar page 6
• Spring Sale of California Native Plants page 10
• Wildflower Festival at Sausalito page 12

Schools: New ventilation and AC installed in all of the schools

continued from front page

the ribbon-cutting. It was noticeably cooler inside the school than on the lawn outside, even at 8:30 a.m. Temperatures rose to more than 90 degrees in San Leandro later in the day.

McClure welcomed the educators, officials and her fellow student officers Naomi Ortega and Jonah Dietrich to a ribbon-bedecked HVAC (heating,

“It’s dreadful when it’s hot and kids can’t focus. It’s not so good for teachers either.”

— Stephen Cassidy

air conditioning and ventilation) machine in the school library. She thanked the community for its support.

It took a relatively quick 1-and-a-half years to install air conditioning in all the schools in the district. Several speakers noted that the construction project came in on time and under budget.

Speaking to the assembled educators, officials and student body officers, Assistant Superintendent of Schools Kevin Collins said that building needs typically draw little state aid, leaving it up to local districts to fund them.

“We got nothing from the state for this project,” he said,

thanking district taxpayers for approving the \$104 million bond issue.

Principal Elisa Alvarez, now in her fifth year at the school, also thanked community members for their support of the students and staff.

“It’s dreadful when it’s hot and the kids can’t focus. It’s not so good for the teachers, either,” said Stephen Cassidy, former mayor and school board member. He said that the J1 bond measure followed on the heels of several other bond measures funding different needs for the schools.

Cassidy had co-chaired the drive for Measure J1. His fellow co-chair, Melinda Bradford, also thanked the taxpayers for their support.

Superintendent Mike McLaughlin had been a teacher in Sacramento earlier in his career, and he remembered students literally passing out from the capital’s heat before schools there were air-conditioned.

Principal Alvarez, joined by School Board President Leo Sheridan, cut the ribbon on the HVAC unit in the library. Each room in the school has its own unit, so temperatures can be set according to an individual room’s needs.

This was especially welcome in the library, School Librarian Marissa Scobee said later. A row of windows there overlooking Dutton Avenue have kept the



PHOTO BY MIKE MCGUIRE

Washington School Principal Elisa Alvarez (center left, holding scissors) cuts the ribbon on the HVAC unit in the school’s library, helped by school board President Leo Sheridan, government officials and student leaders.

library bright but sometimes very warm until now.

Alvarez, joined by the student leaders, led a tour of the school’s campus after the ribbon-cutting. The visitors got to see first-grade and kindergarten bilingual immersion classes, an art class that used an interactive big screen students could touch, and one classroom where students were taking a test online.

Principal Alvarez assured the visitors that assessment takes about twenty minutes and is done about once a month.

“We want to know what they’re learning, but we don’t want to take up a lot of time with

it,” she said.

A number of relatively gleaming new portable classrooms are in use, bought with J1 bond money, and the group passed by some older, visibly worn portables which the district hopes to replace from the same bond money.

Alvarez invited the entire community to attend Washington School’s Halloween Haunted House on Friday, Oct. 18, from 5 to 9 p.m.

“It’s the scariest haunted house around and it sure scared me the first time I went into it. It still does. But we have a lights-on, no-jumping-out tour we can give for younger kids, too,” she said.

LOCAL DEATHS

TIMES OBITUARIES may be submitted online at ebpublishing.com, emailed to obits@ebpublishing.com or faxed to 510-483-4209. Please include your phone number. For assistance, call 510-614-1555.

Elizabeth “Ms. Liz” Schultz

March 18th, 1952 – September 26th, 2019

Liz was born in Twin Falls, Idaho and raised on her parent’s, Herb & Helen Bamesberger, farm along with her three older sisters Emily Rainey, Susan Bamesberger, and Becky Boe, and her younger brother Paul Bamesberger (deceased).

She is survived by her husband of 41 years, Larry Schultz of San Leandro, her son Tim Schultz (wife Nadia Schultz and granddaughter Persephone Schultz) of Fort Collins, Colorado and her daughter Katie Schultz of San Diego.

Liz’s calling was always in service to others that she expressed through teaching and art. She taught parochial school at St. Peter’s Lutheran (K – 2nd grade) for 7 years, had an at-home daycare for 7 years, was the Director of a Senior Daycare Center for 2 years, and a Pre-School teacher for 21 years. Most people around town remember her as Ms. Liz.

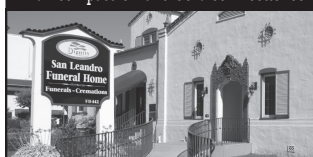
She was a member at St. Paul’s Lutheran Church in Oakland and on the Worship, Art and Music Committee where she shared her artistic gifts for the church.

Liz was a kind and caring woman with a sense of humor in everything she did. She was a second mom to many people and will be lovingly remembered.

A private memorial service will be held later this month. Donations in Liz’s memory can be made to the Worship, Music and Arts Fund at St. Paul Lutheran Church in Oakland.



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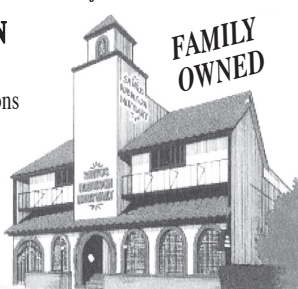
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ANSWERS ON PAGE 3

Thriller Double Feature at History Museum

The changing of the weather and arrival of pumpkin spice lattes mean it is time to indulge in classic, black and white horror films. The San Leandro History Museum, 320 W. Estu-dillo Avenue, will be screening “House on Haunted Hill” and “The Innocents” on Saturday, Oct. 5.

The first film will begin

at 11:15 a.m. with “House on Haunted Hill” featuring Vincent Price. A 1959 American supernatural horror film directed by William Castle, “House on Haunted Hill” set the standard for the classic survive-the-night horror story. Price plays an eccentric millionaire who has invited five people to a mansion for a “haunted house”

party. The guests are promised \$10,000 as long as they stay the entire night in the house after the doors are locked at midnight. As the night progresses, the guests find themselves trapped in the house with an assortment of terrors. “Campy and creepy in equal measures, House on Haunted Hill deserves its status as a horror

classic,” writes reviewer Eric Beldin. The film is 1 hour and 15 minutes long.

Stay for more thrills with “The Innocents” showing at 2 p.m. Based on the Henry James story “The Turn of the Screw,” this 1961 film is a psychological thriller about a young woman who takes a job as a governess for two orphans in a dark and

eerie country estate. Outwardly the children seem sweet. But the governess soon grows disturbed by the children’s odd behaviors and secretiveness, ultimately believing they are possessed by malicious spirits — the souls of their previous governess and estate manager who are dead. With a shocking conclusion and sinister effects, the film “catch-

es an eerie, spine-chilling mood right from the start” (Variety) that never lets up. This film is 1 hour and 40 minutes long. Both films are Not Rated.

Admission is free and no registration is required. Be sure to bring your favorite movie snacks and a pillow to hide behind. For more information please call 510-577-3991.

OPINION

LETTERS to the EDITOR

Letters must include the writer’s name, address and phone number, and **must be under 300 words**. We reserve the right to edit as necessary. E-mail letters to: letters@ebpublishing.com or fax to: 510-483-4209, or send by mail to: The Editor, San Leandro Times, 2060 Washington Ave., San Leandro, CA 94577.

Less Kindness, More Cleanliness

Editor:

This is a response to “Ballistic Over Graffiti” by Gary Langbhen (Letters, Sept. 19). Finally someone has the guts to put this in your paper for everyone in San Leandro to read.

We also went with pictures to Mayor Pauline Cutter and the city manager to show how dirty our downtown area is. It went on deaf ears. The day of the Cherry Festival, we were ashamed of the condition of our downtown. There was no place to sit, eat or rest. It was, and is, dirty.

The San Leandro Improvement Association (SLIA) is not doing its job. They appear to be in it for their own financial growth, and now they want more. Nothing is clean. If anything, it has become worse. The city needs to remind the members of the SLIA why this special tax was put upon us business owners in the downtown area, above and beyond normal property taxes and business taxes to do this work.

The SLIA was formed to replace the redevelopment funds to keep San Leandro clean, the sidewalks, graffiti cleaning, leaf blowing, planting, removing garbage, power washing, the list is endless. That special tax money was to be kept and spent in San Leandro, never happened. It is being run from San Diego and there is no accountability. We have high costs for a dirty downtown.

They need to be audited. No quarterly or any accounting was ever sent to the business owners paying for this special tax. We were told to go online. Who is overseeing this organization?

We are destroying San Leandro with “kindness.” Take the council members for a tour around the downtown area and look.

—Dee Kerry
San Leandro

Keeping Our Community Clean

Editor:

Awesome to see folks, young and old, in San Leandro, Ashland, and Cherryland coming out to clean up our neighborhood on Saturday, September 28th, the week-end after the annual coastal clean up day.

Keeping our community clean cannot take place just annually or few times a year. Could you imagine cleaning our homes just a few times each year? Our homes would be a mess. Unfortunately, that is what parts of our community look

like; litter and dumped trash in our streets and parks.

Why should our kids grow up thinking trash and litter are the norm when other more affluent areas have pristine clean neighborhoods? No reason at all. Why should some folks think it’s OK to litter because City or County staff will just pick up after us? Wrong.

There are also a few leaders I would like to recognize for focus and dedication in helping to make our San Leandro/Ashland/Cherryland areas (we are all connected — litter doesn’t recognize city limits): Bryan Azevedo (running for City Council District 2 in 2020, #Azevedocares), Nate Miley (Alameda County Supervisor District 4 running for reelection in 2020), Chas Pisano (Ashland Community Leader), Laura Andrade (Padres Unidos de Cherryland Leader) and Cindy Towles (Cherryland Community Association President).

Though I am a recently elected Oro Loma Sanitary District Board Member and a City of San Leandro Senior Commissioner, I am writing this as a 23 year private citizen of San Leandro and father of two young children where keeping our community clean for young and old is a passion I would like to see continue to spread. votefredsimon.com

—Fred Simon
San Leandro

Greatest Kindness to Dogs: Adopt Them From a Shelter

Editor:

Wally Conron, the man considered responsible for setting off the “designer dog” craze by breeding the first Labradoodle, recently admitted that creating Labradoodles was one of his “life’s regrets.” In an interview with the Australian Broadcasting Corporation, Conron said, “I opened a Pandora’s box and released a Frankenstein’s monster.”

With all the sweet, affectionate dogs waiting in animal shelters for good homes—about 25 percent of whom are purebreds—there is never a reason to breed more animals. In a previous interview, Conron spoke out against bringing more Labradoodles into the world, reminding people that “there are a lot of unhealthy and abandoned dogs out there.” He also said that “instead of breeding out the problems, they’re breeding them in,” referring to the many genetic disorders that purebred and “designer” dogs are prone to.

Breeders’ routine practices of inbreeding and selective breeding for distorted physical features cause many dogs to suffer from epilepsy, blindness, heart defects, difficulty breathing, crippling hip dysplasia, cancer, and many other health problems that diminish their quality of life.

The kindest thing that anyone can do for dogs is to adopt them from a shelter—and make sure that they are spayed or neutered.

—Paula Moore, The PETA Foundation
Norfolk, Virginia

The Thrilling Message of Youth

Editor:

I am greatly inspired by the youth speaker we had at Lake Chabot on Sept. 21 as part of International Peace Day. She is 17 years old, a senior in high school and a leader in the youth strike the day before in San Francisco.

As a member of Youth vs. the Apocalypse, she led crowds of students and their supporters through the streets at designated targets. The San Francisco action was part of a global student walkout of 4 million people.

Our young speaker explained the causes of the climate crisis. Scientists attribute the global warming trend, observed since the mid-20th century, to the human expansion of the “greenhouse effect”—warming that results when the atmosphere traps heat radiating from Earth toward space.

The Intergovernmental Panel on Climate Change, an international group of scientists and climate experts, has warned that humans have fewer than 12 years to radically reduce our carbon output before a global temperature rise of 3.6 degrees Fahrenheit causes a collapse of ecosystems across the globe, including sea-level rise, the melting of polar ice caps, and changes in ocean currents and weather systems worldwide.

Already “100-year” storms, floods, and wildfires are becoming annual events. Droughts and crop failures are causing food insecurity leading to mass human migrations, causing a rise in nationalist, anti-immigrant events world-wide. Increasing global temperatures are expected to exacerbate these problems, along with mass extinctions of animal and plant life.

The goal of the youth movement is to push the climate crisis into the center of the 2020 Presidential debate and propel the bold vision of a Green New Deal in Congress and across the country.

I was thrilled to listen to the message of youth. I am impressed by their thoughtfulness, their intelligence and their organizing ability. I’m so glad we got to experience our young speaker in Castro Valley!

—Rita Sklar
Castro Valley

INQUIRING REPORTER

How do you de-stress?

— Asked at the Main Library

I stay away from people who are negative, look at things that are positive, and find the good in the bad.

Joan Atillo
San Leandro



I play soccer. I also go running to distract my mind.

Eric Aguado
with son, Noah
San Leandro

I take several deep breaths. I focus on my breathing and imagine life coming into me and then going out into the world. When people fight me, I imagine all the good I have in my life.

Andrew Johnston
San Leandro



I like to do gardening or sitting down outside reading. Also, I have a dog. That really helps.

Chris Margolin
San Leandro



When I’m upset, I try to let it out by shouting in the car to myself to just let out a burst of frustration. Otherwise, I like sitting in a park, being by the water and looking out at the bay, or watching airplanes take off and land.

Lance Hebert
Oakland



SL Museum Invites Public to Share Stories on Housing Discrimination

The San Leandro Museum and Historical Society invite African Americans who have helped integrate San Leandro into one of the most diverse cities in the East Bay to tell their stories.

The San Leandro History Museum is working with the San Leandro Historical Society to update its permanent exhibits to include the story of housing discrimination in San Leandro from its inception to the late 1980s. Residents, friends, and community members who have a story related to housing discrimination in San Leandro are invited to share their experience.

The Museum is also interested in documents and photographs that pertain to housing discrimination. The documents or photographs can be scanned

at the Museum and returned the same day.

The project will encompass recording these stories in order to share them with the community through an exhibit at the Museum.

In 1960, San Leandro had a population of 65,962 with only 17 African Americans, as the population was 99.3 percent white. The statistics stayed much the same through every census until 1980 when the diversity of the city population began to change.

Today, government census estimates for 2018 show the population is 23.4 percent white, 33.4 percent Asian, 27.6 percent Hispanic or Latino, and 11.9 percent African American, with an estimated total population of 89,703.

The early census numbers were a result of policies of racial discrimination that kept non-whites, and in particular African Americans, from moving into the city. Redlining, restrictive covenants, agreements by homeowner associations, apartment owners and realtors all resulted in keeping black people from renting or buying property in San Leandro.

It was not until two television exposes, *The Suburban Wall* and *The Invisible Wall*, aired that change began to happen. Today, San Leandro is proud to celebrate the city's diversity.

For more information or to share stories or experiences, contact Addie Silveira with the San Leandro History Museum at 510-577-3991 or asilveira@sanleandro.org.

Statue: Sculpture challenges the viewer to see past the physical form

continued from front page

Cochrane designed the sculpture based on singer and dancer Deja Solis with the goal of creating art that challenges the viewer to see past the physical form of the female body to the human being. He hopes to inspire people

to end violence against women.

The sculpture was chosen by the developer of the building, Westlake Urban, a real estate company in San Mateo.

When the sculpture was first announced it got mixed reactions. Some people thought it wouldn't

fit in with San Leandro after seeing an image of the statue lit up at night in the desert at the Burning Man festival. Though critical responses are the best publicity a work of art can hope for.

But once the statue was in place everybody seems to like it.



PHOTO BY ANDREW JOSEPH

San Leandro players practiced on Monday at San Leandro High School to prepare for tomorrow's home game against Piedmont.

Canceled: Game called off

continued from front page

down that the matchup against the Warriors has been called off because they already had a bye week the Friday before and were focused on preparing to play, but instead went on a two-week hiatus from competing.

"I feel disappointed because we were really looking forward to playing last Friday's game and had been preparing all week for that," said San Leandro starting

quarterback DJ Bryant.

Moss said in her statement on Monday that under the current administration tenure, something of this nature has never occurred before.

"San Leandro High School administrators and coaches have been collaborating with Oakland Unified School District since the threat was brought to everyone's attention last week to determine if the SLHS vs. McClymonds game could be played safely under different circumstances," added Moss. "To our knowledge, if the game is unable to be replayed, it will be recorded as a 'no contest' decision."

Coach Bowers said that this is an event that they will have to move forward from, although it's tough to miss out on playing a game in the short span of a 10-game season. The Pirates are currently .500 on the season at a 2-2 record and all of their remaining five games are conference matchups.

"We train nine months during the offseason to play a 10-week season — every week is precious and to have one taken away is heartbreaking," added Bowers. "For some reason in past years our issues of violence at games have only happened when we play Oakland schools. These issues are taking away the enjoyment of the game, which is sad."

Moss also said on Monday that the district works in extremely close collaboration with SLPD on safety protocols to protect their students, their families and

the community at all of their extracurricular activities. She also added that they are always exploring new avenues to increase safety across the district.

For senior Pirates' running back Osaro Aihie the rematch against the Warriors was something he's been looking forward to since last year's 16-0 shutout loss at McClymonds in Oakland, a chance that has now been taken away. He knows that there were

"These issues are taking away the enjoyment of the game."

— San Leandro High head coach Brad Bowers

going to be multiple college scouts at the game and the possibility of one of the players being given an opportunity for a free college education from one of those scouts is now gone.

"I really wanted to play that game because of the way that we lost to them last year and I feel we were more prepared this time to come out with a win," said Aihie. "This is my senior year and it's taken away from a season that's already going by fast. We just have to put this behind us, move on and focus on Piedmont now because we have a good chance to win our league this year."

The Pirates play the Piedmont Highlanders tomorrow at home in a Western Alameda County Conference game at Burrell Field at 7 p.m.

SLHS Class of 1999

The San Leandro High School Class of 1999 will hold its 20th reunion on Saturday, Oct. 19, from 7 to 11 p.m. at Playt in Hayward. Tickets are \$75. For more information, email slhsc-lassof1999@gmail.com.



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